

1 **Semi-field and surveillance data define the natural diapause timeline**
2 **for *Culex pipiens* across the United States**

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21 **Abstract**

22 *Culex pipiens* is a globally-distributed mosquito of medical and veterinary importance,
23 serving as a primary vector of West Nile virus (WNV). To survive winter, female *Cx.*
24 *pipiens* mosquitoes undergo adult reproductive diapause initiated by photoperiod and
25 temperature cues. While well-studied under laboratory conditions, the environmental
26 signals that promote *Cx. pipiens* diapause induction in natural settings are less
27 understood. Here, we evaluate *Cx. pipiens* in laboratory and semi-field studies to examine
28 diapause induction, defining an approximate timeline beginning in late-August where
29 mosquitoes become receptive to diapause. Using gravid (reproductive) mosquito
30 surveillance data as a proxy for adult diapause incidence for locations across the United
31 States (California, Colorado, Connecticut, Illinois, Iowa, Minnesota, Pennsylvania, and
32 Virginia), we demonstrate consistent population declines coinciding with periods of
33 diapause receptivity except in hybridization zones where *Cx. quinquefasciatus* is present,
34 suggesting that *Culex* population genetics can significantly impact end-season population
35 trends. Together, this study defines a window for diapause induction across the United
36 States, shaped by temperature, latitude, elevation, and mosquito population genetics.
37 Coinciding with the cessation of WNV activity, these data can have important implications
38 for mosquito control, where targeted efforts prior to diapause induction can decrease
39 mosquito populations and WNV overwintering to reduce mosquito-borne disease
40 incidence the following season.

41 **Introduction**

42 Insects are one of the most diverse lifeforms on the planet, relying on a myriad of
43 evolutionary adaptations to survive adverse ecological environments and climate
44 conditions. This includes a state of dormancy known as diapause that is used to facilitate
45 overwintering survival in temperate regions (1, 2), which depending on species can occur
46 during the egg, larval, or adult stages (3).

47 The northern house mosquito, *Culex pipiens*, is an important vector of mosquito-borne
48 pathogens such as West Nile virus (WNV) and Saint Louis encephalitis virus (SLEV), and
49 serves as an important model to understand diapause physiology in insects (3–5).
50 Evidence suggests that the immature life stages (larvae and pupae) respond to
51 photoperiod and temperature cues to promote facultative diapause in adult female
52 mosquitoes following eclosion (6–8), where the resulting females forego blood-feeding
53 (9, 10) and remain in an arrested reproductive state characterized by small primary
54 ovarian follicles (3, 11, 12). Additional physiological changes to the cuticle (13, 14) and
55 reduced diuresis (15) protect against desiccation, while alterations to host metabolism
56 increase lipid and glycogen storage (16–20) to help sustain overwintering survival.

57 Photoperiod and temperature are long-established components of mosquito facultative
58 diapause induction, where short day lengths and cool temperatures promote this
59 physiological state (6, 8). Previous studies with *Cx. pipiens* suggest that day lengths
60 under 15 hours can elicit the diapause under laboratory conditions using cool
61 temperatures (18–22°C) (6, 8). Evidence suggests that diapause induction is stronger with
62 shorter photophases and lower temperatures, where ~100% of a colony can be induced
63 under 12 hours of day light and at 18°C (6). However, higher temperatures can revert
64 diapausing individuals or suppress diapause entry, even at lower photophases (5, 7, 21),
65 demonstrating the combined importance of photoperiod and temperature in defining the
66 diapause state.

67 Laboratory experiments to induce diapause using a short photoperiod (9:15) and cool
68 temperature (19°C) have produced significant insights into the hormonal regulation (4,
69 18, 22, 23) and molecular physiology of *Cx. pipiens* diapause (17, 24–26), yet these

70 experimental conditions in the laboratory do not capture the natural fluctuations in daily
71 temperature that encompass the realistic end-season conditions that promote diapause
72 induction. Limited studies have addressed the diapause induction timeline in natural
73 populations of *Cx. pipiens*. Semi-field experiments in Ontario, Canada, recorded diapause
74 incidence as early as July, with peak rates in mid-August (21), while field-collected
75 mosquito samples in Boston, USA revealed low levels of diapause incidence beginning
76 in mid-August, with peak incidence in late September/early October (27). In addition,
77 evidence suggests that there is annual variation in diapause induction, with peak periods
78 of induction varying by approximately two weeks between years (27). Together, this
79 geographic and yearly variability in diapause incidence highlight our limited understanding
80 of *Cx. pipiens* diapause under natural conditions.

81 Herein, we perform laboratory and semi-field studies to examine diapause induction in a
82 laboratory population of *Cx. pipiens*, confirming the requirements of both photoperiod and
83 temperature on diapause induction, as well as provide temporal evidence of the natural
84 seasonal conditions that promote diapause in central Iowa, USA. To place these data in
85 the context of diapause incidence in natural mosquito populations, we leverage gravid
86 *Cx. pipiens* population data from Iowa and multiple locations across the United States to
87 serve as a proxy for diapause incidence. These data suggest that temperature, latitude,
88 elevation, and *Culex* population genetics significantly impact natural diapause ecology.
89 Together, our data provide significant new insight into the complexity of *Cx. pipiens*
90 diapause induction and its influence in end-of-season mosquito population trends. These
91 results have important public health implications for mosquito-borne disease
92 transmission, and increase our understanding of how a globally changing climate may
93 extend mosquito activity and influence mosquito overwintering.

94 **Results**

95 **Diapause induction requires both short day lengths and cool temperatures**

96 With the intention to use a laboratory colony of *Culex pipiens* originally isolated from
97 Ames, Iowa and maintained for ~16 years in the laboratory (without selection for the
98 diapause state), we first wanted to demonstrate diapause induction in this *Cx. pipiens*
99 population through laboratory experiments. To approach this question, we reared *Cx.*

100 *pipiens* from first instar larvae to adults under different laboratory conditions (**Figure 1A**)
101 to examine the influence of temperature alone (cold; 16:8 L:D, 19°C), photoperiod alone
102 (dark; 9:15 L:D, 25°C), and the combined effects of temperature and photoperiod
103 (diapause; 9:15 L:D, 19°C) to promote adult diapause (10, 18, 28).

104 Using arrested ovarian development as a proxy for diapause induction (29), we examined
105 ovarian follicle length in individual female adult mosquitoes 6-8 days post-eclosion (6, 7)
106 from each experimental condition (**Figure 1B**). Interestingly, autogenous mosquitoes
107 (displaying follicle maturation without a blood meal) were detected in all experimental
108 conditions (**Figure S1**), suggesting that low rates of autogeny exist in our laboratory
109 colony of *Cx. pipiens*. Across experimental conditions, average follicle size was
110 comparable under the cold and dark conditions with standard laboratory rearing
111 conditions (control), yet were significantly reduced under diapause conditions (**Figure**
112 **1B**). Using a strict follicle size cutoff of $\leq 50 \mu\text{m}$ to designate individuals in diapause (29),
113 only the cool temperatures and short photoperiod of the “diapause condition” produced
114 individuals in the diapause state (**Figure 1B**), as demonstrated by the arrested follicle
115 morphology in diapausing individuals (**Figure 1C**). This confirms that diapause induction
116 in our laboratory colony of *Cx. pipiens* requires both short photoperiod and cool
117 temperatures similar to previous studies (6, 11).

118 Additional previously defined physiological features of diapause (10, 18, 30) were also
119 explored to further validate diapause induction in our laboratory colony. This includes
120 increased lipid accumulation (**Figure 1D**) (18, 31), a larger body size (**Figure 1E**) (30) ,
121 and reduced blood-feeding behavior (**Figure 1F**) (10), which together confirm the
122 diapause state. Moreover, we demonstrate that our non-diapause rearing conditions can
123 have additional influence on mosquito physiology, most notably the independent effects
124 of temperature and short photoperiod on body size (**Figure 1E**), and decreased feeding
125 behavior under cool temperature conditions (**Figure 1F**).

126 **Evaluating natural diapause induction in semi-field experiments**

127 While laboratory studies are required to understand the physiological aspects of mosquito
128 diapause, the environmental conditions used to promote diapause induction in the

129 laboratory do not accurately depict the natural end-of-season conditions in temperate
130 climates where temperatures are variable and photoperiods are less extreme than the 9-
131 hour photoperiod typically used in laboratory studies of mosquito diapause (**Figure 2A**).
132 In an effort to better understand the natural diapause conditions for *Cx. pipiens*, we
133 performed a two-year semi-field study in Ames, Iowa, USA (**Figure 2B**) enabling a
134 structured approach to examine the life history conditions that result in diapause under
135 natural conditions. To approach this question, we reared *Cx. pipiens* from our laboratory
136 colony at semi-field locations (**Figure S2**) from first instar larvae to adults at different
137 timepoints according to epidemiological week from July through late-September (**Figure**
138 **2B**). Initially in 2020, groups of lab-reared first instar *Cx. pipiens* larvae were placed
139 outside every three weeks from week 30 to week 39 (July to late-September; **Figure 2B**),
140 with each group representing an approximate one-hour difference in photoperiod (**Figure**
141 **S3**) ranging from ~15 to 12 hours of daylight at the onset of larval development. A similar
142 approach was employed in 2021, with experimental groups deployed at weeks 30, 33,
143 34, 37, 38, and 39 (**Figure 2B, Figure S3**) to provide further resolution into the natural
144 diapause induction timeline.

145 To determine which mosquitoes had entered diapause, we examined ovarian follicle size
146 as in **Figure 1**. In 2020, a total of 193 adult female mosquitoes were examined from four
147 experimental groups, of which diapause was detected in mosquitoes with a rearing onset
148 initiated during weeks 36 and 39 (early- and late-September; **Figure 2C, Table S1**).
149 Similar results were obtained in 2021, where 115 mosquitoes across six experimental
150 groups were examined, with diapause detected in groups with a rearing onset as early as
151 week 34 (late August) and increasing in intensity through the remainder of the
152 experimental timepoints initiated in September (**Figure 2D, Table S1**). For both years,
153 diapause induction was strongest ($\geq 50\%$ of mosquitoes in diapause) after week 38 (late-
154 September; **Figure 2E**), when immature mosquito development occurred with ~12 hours
155 of daylight and an average temperature of 15°C (**Figure 2F**), yet was readily detected in
156 groups reared under 13.5 hours of daylight and ~20°C (**Figure 2F**).

157 To further examine this receptive period able to promote diapause induction, we placed
158 lab-reared pupae under semi-field conditions each week from weeks 36-40 (September

159 to early-October) and evaluated their ability undergo reproductive diapause. While the
160 transfer of lab-reared pupae to artificial diapause conditions (9:15 L:D, 19°C) results in
161 nearly 100% diapause induction (6), under our semi-field conditions diapause induction
162 was inefficient, with diapause only detected in low frequency (6-17%) from pupae placed
163 outside in weeks 39 and 40 (**Figure S4**). This corresponds to the approximate
164 environmental conditions in mid-to late-September that result in $\geq 50\%$ diapause induction
165 in our larval groups (**Figure 2E**), suggesting that the environmental signals during late-
166 September may be driving diapause induction in our semi-field conditions. In addition, the
167 low frequency of diapause induction at the pupal stages is suggestive that the cumulative
168 exposure over immature developmental stages may enhance diapause induction as
169 previously suggested (7).

170 Based on our results (**Figure 1**) and other previous studies (6, 11), temperature is an
171 important, yet complex variable in the context of diapause induction. When examined
172 between years, there is slight variation in diapause induction (**Figure 2E**), likely the result
173 of temperature differences shifting the timing of diapause induction between years
174 (**Figures S3 and S5, Table S1**). In addition, our data highlight the potential importance
175 of diurnal fluctuations in temperature that occur during periods of diapause receptivity
176 (**Figure S6**), where daily low temperatures may be able to sustain diapause induction
177 signals even during the exposure to high daily temperatures ($>30^\circ\text{C}$) in our semi-field
178 studies that would typically “break” diapause induction (6). Temperature also had a
179 significant influence on mosquito development and survival as temperatures declined in
180 late-summer/early-fall. As the season progressed, our experimental groups displayed
181 increased developmental times, most notably slowing larval and pupal development,
182 ultimately influencing adult eclosion (**Figure S3**). Moreover, in both years of our semi-
183 field study, larvae placed outside in late September (weeks 38 and 39) experienced
184 significant mortality in immature stages due to suboptimal temperatures for mosquito
185 development and survival, resulting in the low numbers of individual mosquitoes that
186 contributed to our analysis of reproductive diapause (**Figure 2C** and **Figure 2D**).

187 **Mosquito surveillance data inform diapause induction in Iowa field populations**

188 While our semi-field study provides valuable new insight into the conditions and timing of
189 natural diapause induction (**Figure 2**), these experiments were performed using a
190 laboratory-derived population of *Cx. pipiens* and may not fully capture diapause induction,
191 such that natural field populations of mosquitoes may be more receptive to photoperiod
192 and temperature. To measure the natural diapause timeline in populations of *Cx. pipiens*,
193 we utilized long-term mosquito surveillance data from central Iowa to capture adult *Cx.*
194 *pipiens* population trends in natural field settings.

195 Using different trap types to estimate general mosquito abundance (New Jersey light trap;
196 NJLT) or blood-fed/reproductive mosquito populations (grass infusion-baited gravid traps;
197 gravid), we examined *Cx. pipiens* population dynamics in central Iowa (**Figure S7**) from
198 2016-2021 as a proxy for diapause induction in natural field populations. NJLT data
199 demonstrate early-season peaks (May/June) in *Culex pipiens* group (32–34) abundance,
200 which taper mid-summer (July) before a late-season rise in September (**Figure 3A**). In
201 contrast, gravid *Cx. pipiens* populations peak mid-summer (week 32), then decline by
202 61% by week 40 (**Figure 3B**). Comparisons of NJLT and gravid population trends using
203 a linear regression of annual slope values over weeks 30-40 were significant ($P=0.0079$),
204 supporting that only reproductive gravid *Cx. pipiens* populations are declining during the
205 late-summer (**Figure S8**). When placed in the context of diapause induction established
206 in our semi-field experiments (**Figure 2**), gravid adult field populations experience
207 significant declines during September, corresponding with the approximate
208 environmental signals able to promote diapause in our semi-field studies. Moreover, the
209 cessation of mosquito surveillance after week 40 (October) tightly corresponds with the
210 high rates of diapause in our semi-field groups suggesting that after the beginning of
211 October most emerging females will be in diapause (**Figure 3B**).

212 ***Cx. pipiens* diapause incidence shares similar timelines across the United States**

213 Based on our observations of *Cx. pipiens* diapause induction in semi-field (**Figure 2**) and
214 natural field conditions in Iowa (**Figure 3**), we wanted to similarly examine potential
215 diapause timelines across the United States. To approach this question, mosquito
216 surveillance data was collected from across the country (California, Colorado,

217 Connecticut, Illinois, Minnesota, Pennsylvania, and Virginia) to examine adult *Cx. pipiens*
218 population dynamics, similar to that described in Iowa (**Figure 3**).

219 For locations with both NJLT and gravid trap types, linear regressions of annual slopes
220 by trap type confirm that gravid trends were distinct from general population trends (NJLT)
221 from weeks 30 to 40 at each location (Iowa, $P < 0.01$; California, $P < 0.001$; Colorado,
222 $P < 0.05$; Connecticut, $P < 0.0001$) (**Figure S8**). When historical gravid trapping data were
223 used to compare end-season (weeks 30-40) across the country, there was a consistent
224 decline in *Cx. pipiens* gravid populations from mid-summer (July, week 30) to late-
225 summer/early-fall across the United States (**Figure 4A**), with the exception of gravid
226 populations from Suffolk, Virginia which displayed a slightly increased trend in *Cx. pipiens*
227 abundance (**Figure 4A**). These observations coincide with the decline of gravid
228 populations in Iowa over August and September (**Figure 3**), where gravid populations in
229 most location undergo notable declines in gravid *Cx. pipiens* populations from week 30
230 to 40 ranging from ~32 to 90% (**Figure 4B**).

231 Lower latitude sites (Suffolk, Virginia and California) (**Figure S9**) had less pronounced
232 population declines (and even increased *Cx. pipiens* gravid populations; **Figure 4B**),
233 highlighting the significant influence ($R^2 = 0.69$, $P = 0.01$) of latitude on end-of-season *Cx.*
234 *pipiens* dynamics (**Figure 4B**). This coincides with similar effects of latitude and
235 photoperiod on diapause induction in other insects (35, 36) and mosquito species (37,
236 38). Moreover, in both Virginia and California, evidence suggests that these regions are
237 within hybridization zones between *Cx. pipiens* and *Culex quinquefasciatus* (39–41)
238 (**Figure 4C**), a morphologically identical species that does not undergo diapause (8, 30,
239 42). As a result, the absence or low incidence of diapause in these locations may be due
240 to the respective misidentification of *Cx. quinquefasciatus* as *Cx. pipiens*, the
241 hybridization of these species resulting in intermediate diapause phenotypes (8, 30), or
242 the potential that these could be populations of *Cx. pipiens* f. *molestus* that do not undergo
243 reproductive diapause (43).

244 To make comparisons of diapause-relevant environmental factors across sites, average
245 weekly day length and average temperature values were compiled from each location (or

246 comparably close locations) (**Figure S10**). Temperatures across all study sites noticeably
247 declined over the 10-week period, with Minnesota (Minneapolis/St. Paul) and Colorado
248 (Larimer County) having the coldest average temperature (~10 °C) at week 40 (**Figure**
249 **S9**). Connecticut, Illinois (Chicago), and Pennsylvania displayed comparable average
250 temperatures (~15 °C) at week 40 (**Figure S10**), similar to the average temperatures in
251 Iowa at this timepoint (**Figure 2F**). Of note, the two locations (Northern California; Suffolk,
252 VA) with the smallest changes in gravid trap numbers (**Figure 4B**), which suggest little to
253 no diapause, had much higher temperatures across the entire 10-week period, with week
254 40 averages of ~20 °C (**Figure S10**). Although average day lengths varied slightly at the
255 start (week 30), with the highest latitude location (Minnesota) having slightly longer day
256 lengths, all included locations converged to near identical levels (~12 hours) by the fall
257 equinox (week ~38).

258 Our nationwide gravid trap data also allude to the influence of elevation in *Cx. pipiens*
259 diapause induction, where surveillance data from Colorado display sharp declines in
260 gravid populations beginning in late-August (week 34) and the termination of surveillance
261 activities only weeks later (week 37; **Figure 4A**). This accelerated timeline suggests that
262 the high altitude of Larimer County, CO (**Figure S9**) enhanced the environmental signals
263 that promote diapause induction, similar to that described in other mosquito species (37,
264 44).

265 **Discussion**

266 Although diapause is a critical component to the success of *Culex pipiens* overwintering
267 survival in temperate regions, our understanding of the environmental signals that
268 promote diapause induction under natural conditions has thus far been limited. Using
269 laboratory and semi-field experiments to inform historical mosquito surveillance trends
270 from across the county, we provide a definitive diapause induction timeline broadly shared
271 in true *Cx. pipiens* populations across the United States. While temperature and
272 photoperiod are integral components of diapause induction in laboratory and field
273 conditions, our data suggest that latitude and elevation can further amplify the effects of
274 temperature and photoperiod under natural conditions, as well as highlight the importance
275 of the influence *Culex* population genetics in defining diapause incidence (**Figure 5**).

276 There are many physiological and behavioral changes associated with diapause (10, 11,
277 13, 31, 45), yet the key feature to confirm reproductive diapause in *Cx. pipiens* is an
278 arrested ovarian development phenotype (11, 46, 47). Morphologically this corresponds
279 to arrested ovarian follicle development, in which follicles lack yolk granulation and
280 become stunted in size (48). Arrested ovarian development has also been quantified
281 using either direct measurements of the primary follicle (5, 18, 25, 29, 30), or the size
282 ratio of the primary follicle to the secondary follicle (6, 42, 46, 49) to establish diapause.
283 In our experiments, we relied on measurements of the primary follicle to determine
284 reproductive diapause. Previous experiments have defined diapause using this
285 methodology with follicle lengths ranging from 30-70 μm (5, 18, 25, 29, 30, 49). However,
286 our *Cx. pipiens* colony produced primary follicle lengths of $\sim 75 \mu\text{m}$ in under standard
287 rearing conditions. As a result, a more conservative cutoff of $\leq 50 \mu\text{m}$ was used to confirm
288 reproductive diapause in our lab colony at the risk of potentially excluding some individual
289 mosquitoes that did not meet these strict criteria in our laboratory and semi-field
290 experiments.

291 In laboratory experiments using an established colony of *Cx. pipiens*, we observed a
292 relatively low frequency of diapause induction when we applied our strict criteria for
293 ovarian arrest. Although diapause is genetically determined [reviewed in 48], our colony
294 of *Cx. pipiens* has been maintained in artificial laboratory conditions after its initial
295 colonization (~ 2005) without re-invigoration from wild-caught specimens or artificial
296 diapause cycling (29). As a result, our laboratory colony may have become desensitized
297 to the thermal and photoperiod cues required to promote diapause, similar to the influence
298 of artificial rearing conditions on diapause incidence in other insect species (51, 52). In
299 addition, our laboratory diapause induction experiments used a fluorescent light source,
300 which previous studies have suggested is less efficient than incandescent light at
301 promoting diapause in *Cx. pipiens* (8). While at present we cannot provide a clear
302 explanation for the low rates of diapause induction in our laboratory experiments, the
303 same lab colony was used in our semi-field experiments where diapause incidence
304 reached in excess of 50%, suggesting that the predisposition for diapause remains in our
305 *Cx. pipiens* colony. Factors such as the length of crepuscular periods, more extreme low

306 daily temperatures, or diurnal temperature fluctuations may be important natural variables
307 that can overcome diapause de-sensitivity resulting from long-term colonization.

308 While short photoperiod (9:15 L:D) and cool temperatures (19°C) are traditionally used to
309 initiate diapause in the laboratory (26, 28, 53), these experimental conditions do not
310 accurately reflect the natural onset of diapause in the field. Photoperiod values only
311 vaguely provide a timeline of diapause potential between the summer solstice (15 hours
312 of light) where low-level diapause is possible (6, 21) and the winter solstice (9 hours of
313 light) where temperatures prove impossible for mosquito survival and development in
314 temperate climates. Similarly, as temperatures can subvert diapause induction (6), the
315 potential for natural fluctuations in the end-season may affect presumed diapause
316 timelines derived from stable lab combinations of photoperiod and temperature. However,
317 only a limited number of studies have examined *Cx. pipiens* diapause in field or semi-field
318 settings (21, 27, 49).

319 Through our semi-field studies conducted over a two-year period (2020-2021), we
320 systematically reared mosquitoes over weeks 30-40 to capture the natural conditions that
321 promote diapause induction in *Cx. pipiens*. From these experiments, we define a timeline
322 of brood receptivity to diapause beginning in late-August (week 34) when immature
323 mosquitoes have the potential to emerge in adult diapause. With increasing diapause
324 incidence as the season progresses, our data support that there is a critical field
325 photoperiod in mid-September (week 38) where ~50% of the immature *Cx. pipiens*
326 population reared at this time emerged in the adult diapause state. This closely coincides
327 with the results of a previous semi-field study in Boston, USA, where peak diapause
328 incidence occurred in late September and early October (27). While diapause can be
329 induced in pupae under artificial diapause conditions (6), the low occurrence of pupal
330 diapause in our semi-field study during these peak periods of diapause induction
331 suggests that cumulative environmental signals experienced over all immature stages
332 may enhance diapause incidence as previously proposed (7).

333 While our semi-field experiments are informative in exploring natural diapause induction,
334 factors such as the gaps between experimental cohorts and the reliance on a laboratory

335 colony of *Cx. pipiens* are known limitations. To overcome this, we employed the use of
336 *Cx. pipiens* surveillance data as a proxy for adult diapause incidence (21). Through the
337 use of a multi-year data set that captured long-term weekly adult abundance, we
338 demonstrate that gravid female mosquito populations begin to decline in August until they
339 are effectively depleted by October. Although some of these trends will be in part from
340 encroaching cold temperatures that reduce blood-feeding behavior, as was demonstrated
341 in the laboratory, these observations closely align with the natural diapause conditions
342 defined in our semi-field study. Initially focused on surveillance data from Iowa, additional
343 data from across the country provided an opportunity to study diapause timelines in a
344 larger context, where surveillance data at the national scale revealed that latitude,
345 elevation, and *Culex* population genetics may influence *Culex* diapause incidence in
346 addition to temperature and photoperiod.

347 When our data are placed in the context of the wide geographic range within the United
348 States, the importance of latitudinal patterns on diapause incidence begin to emerge for
349 *Cx. pipiens*, where we identify a gradient in the effects of latitude and elevation on
350 diapause incidence, similar to that described in mosquito species (37, 44, 54, 55).
351 Moreover, our data suggest that *Culex* population genetics may also have significant
352 influence on diapause induction where *Cx. pipiens* hybridization with the morphologically
353 indistinguishable *Cx. quinquefasciatus* may result in intermediate diapause phenotypes
354 (30). Together with the potential of non-diapausing *Cx. pipiens* f. *molestus* populations,
355 the genetics of local *Culex pipiens* s.l. populations may contribute to the absence or low
356 incidence of diapause in a given location, where only genetically pure populations of *Cx.*
357 *pipiens pipiens* enter reproductive diapause (6, 49). However, only limited studies have
358 examined *Cx. pipiens* s.l. population genetics in the United States (39, 56–62),
359 highlighting the important need to better define these important vector species. Of note,
360 few pure *Cx. pipiens pipiens* were detected in northern California (57, 63), which may
361 account for the weak population declines observed in the gravid trap data from California.
362 This coincides with previous observations in northern California that *Cx. pipiens* s.l. do
363 not enter diapause (49). The population genetics of *Cx. pipiens* s.l. in Virginia have not
364 been previously examined, yet due to the geographic location, there is likely hybridization

365 within the *Cx. pipiens* complex that may similarly partially account for the observations in
366 the gravid trap data.

367 Although temperature is considered an important signal for diapause induction, its
368 contributions to diapause have primarily been evaluated under stable conditions in the
369 laboratory, with little insight into weekly temperature variability and daily temperature
370 fluctuations that occur in nature. As a result, identifying periods of diapause-receptivity to
371 temperature alone is difficult, especially when temperature can influence *Culex* species
372 immature development times (64, 65), as well as adult survival, blood-feeding, and
373 fecundity (65). Similar to these experiments, we observed extended larval development
374 times with cooler average temperatures, which may allow for the increased accumulation
375 of lipids in subsequent diapausing adults (18). However, as temperatures continue to drop
376 in late-summer and early-fall when developing larvae can emerge in diapause, there is a
377 tight balance between accumulating enough resources to enter diapause and not being
378 able to survive temperatures that do not allow for further development. As such,
379 temperature can be a highly confounding variable, one that likely accounts for small
380 variations in the timing of diapause induction between years.

381 An additional, often overlooked aspect of temperature is the influence of daily temperature
382 fluctuations on mosquito physiology. In *Aedes aegypti*, large diurnal temperature ranges
383 negatively impact mosquito development (66), adult female fecundity (66), and vector
384 competence (67). Given that diurnal temperature ranges are largest in temperate climates
385 during the late-summer and early-fall when mosquitoes are receptive to diapause, we
386 hypothesize that these daily temperature fluctuations may similarly influence *Culex*
387 physiology and diapause induction. Moreover, daily temperature fluctuations may protect
388 the commitment to diapause if diapausing adults are exposed to higher temperatures that
389 would regularly break reproductive diapause under laboratory conditions (5).

390 Although long inferred, the relationship of diapause induction to the cessation of West
391 Nile virus (WNV) activity has yet to be fully explored. Our data provide strong support that
392 the diapause incidence in the late-summer/early-fall coincides with the dramatic decline
393 of human WNV cases and mosquito infection rates in late-September and early-October

394 in temperate regions of the United States (32, 68, 69). Moreover, since diapausing
395 females do not blood feed (10), it argues that the overwintering of WNV in *Cx. pipiens*
396 (70–73) occurs via vertical transmission as previously suggested (74, 75). Coincidentally,
397 the period of diapause receptivity in the late-summer and early-fall also corresponds the
398 peak of WNV mosquito infection rates (32). Although vertical transmission is an inefficient
399 process (70–73), the increased prevalence of WNV infection in mosquito populations
400 during the approximate time when conditions are favorable for diapause induction may
401 enhance WNV overwintering in diapausing female mosquitoes. As a result, measures to
402 control *Culex* populations prior to diapause induction may not only reduce mosquito
403 populations in the following spring as previously suggested (76), but also limit WNV
404 overwintering and subsequent disease burdens in the following season.

405 In summary, our findings provide a definitive examination of diapause induction in *Cx.*
406 *pipiens* supported by laboratory, semi-field, and field-collected surveillance data from
407 across the United States. We demonstrate the dynamic nature of diapause ecology
408 influenced by yearly variation in temperature, as well as the effects of latitude, elevation,
409 and mosquito population genetics that ultimately determine the overall end-season
410 population structure of *Cx. pipiens* and its role in WNV transmission. Taken together,
411 these data demonstrate the importance of mosquito diapause in defining periods of
412 mosquito-borne disease transmission in the United States. With evidence suggesting that
413 rising global temperatures can alter diapause incidence (77), the effects of climate change
414 may extend transmission seasons and increase the incidence of mosquito-borne disease
415 in temperate regions throughout the world (77–79).

416 **Materials and methods**

417 *Mosquito rearing*

418 A laboratory colony of *Cx. pipiens* mosquitoes originally isolated from field collections in
419 Ames, Iowa has been constantly maintained in Iowa State University's Insectary at 25 °C,
420 85% RH, and 16:8 (L:D) on 10% sucrose *ad libitum* since approximately 2005. Larvae
421 were fed using a 50/50 mix of crushed Milk-Bone® and Tetramin® fish food, while
422 commercial sheep blood (Hemostat Laboratories) was used for egg production.

423 *Laboratory diapause induction experiments*

424 Laboratory experiments to examine diapause induction were performed by placing newly
425 hatched first instar mosquitoes in Percival incubators where they were reared under
426 different experimental conditions (*Control*: 25°C, 16:8 (L:D); *Cold*: 19°C, 16:8 (L:D); *Dark*:
427 25°C, 9:15 (L:D); *Diapause*: 19°C, 9:15 (L:D)) to examine the independent and combined
428 influence of temperature and photoperiod on diapause induction. Experimental conditions
429 were selected based on previous studies (10, 26, 30) in which diapause was induced by
430 a short photoperiod (9:15) and cool temperatures (19°C).

431 *Confirmation of reproductive diapause*

432 Ovaries were dissected from females aged 6-8 days in 1% PBS solution and mounted
433 with Aqua-Poly/Mount (Polysciences Inc). To confirm reproductive diapause, primary
434 follicle lengths were measured under 200x magnification using an Olympus BX40
435 compound microscope according to ovary morphology as previously defined (28, 29). Ten
436 measurements per ovary were recorded to calculate an average follicle length per
437 individual. Individuals with average follicle size under 50 µm were defined as being in
438 diapause (29).

439 *Wing length measurements*

440 Measurements of wing length served as a proxy for mosquito body size (80, 81), where
441 the right wing was dissected and measured from the alula to the most distal tip of the wing
442 under 10x magnification using a dissecting microscope and Nikon imaging software (NIS
443 Elements D 3.2).

444 *Blood-feeding behavior*

445 Approximately 20-30 adult females (6-8 days post-eclosion) from each experimental
446 rearing condition as described above, were challenged with defibrinated sheep blood
447 (Hemostat Laboratories) using an artificial membrane system. After approximately one
448 hour, the number of mosquitoes with a visible blood meal were recorded (of the total) to
449 calculate the percentage of mosquitoes taking a blood meal. Experiments were performed
450 in three independent biological experiments.

451 *Lipid staining*

452 Nile Red (Thermo Fisher Scientific) was used to visualize differences in lipid stores of
453 adult females (6-9 days old) reared under diapause (19 °C, 9:15 L:D) and control
454 conditions (25 °C, 16:8 L:D). Fat bodies were dissected in 4% paraformaldehyde, and
455 stained using a 1:100 PBS dilution of 500 µg/ml Nile Red powder in acetone stock as
456 previously described (18, 31). After incubating tissues for 10 minutes, samples were
457 imaged using a Nikon 50i fluorescent microscope and processed with Nikon imaging
458 software (NIS Elements D 3.2).

459 *Semi-field studies of diapause induction*

460 To examine diapause induction in a natural setting, first instar larvae from our laboratory
461 colony were placed at three locations in Ames, Iowa in 2020 and two locations in 2021
462 (**Figure S2**) to mimic the emergence of mosquito populations at different timepoints
463 throughout the season. In 2020, batches were placed outside every three weeks
464 according to epidemiological week, from week 30 (July 19th) to week 39 (September
465 20th), approximately corresponding to a one-hour loss in daylight between each group.
466 In 2021, batches were again placed outside at weeks 30, 33, and 39 to replicate
467 experiments from the previous year. Unfortunately, larvae were not available to repeat
468 the week 36 timepoint in 2021, however additional groups were included from weeks 34,
469 37, and 38 to provide additional resolution to diapause induction. Larval density in each
470 batch was approximately 300-400 per tray in 1L of distilled water. Mosquitoes were fed
471 daily with 50 mg of a 50/50 mixture of Milk-Bone® mix and Tetramin® fish food. Upon
472 pupation, pupae were placed into mosquito breeder eclosion chambers (BioQuip), with
473 adults were provided with 10% sucrose *ad libitum* for 6-8 days before collections to
474 determine diapause incidence. In addition, lab-reared pupae were placed outside in
475 mosquito breeder eclosion chambers in 2021 from weeks 37-40 to compare diapause
476 induction rates between mosquito life stages.

477 *Mosquito population trends in Iowa*

478 Mosquito surveillance was performed in two central Iowa counties (Polk, Story) by Iowa
479 State University personnel or local public health partners from mid-May (week 20) through
480 the first week of October (week 40). Mosquito collections were performed using infusion-
481 baited Frommer Updraft Gravid Traps (John W. Hock Company) targeting gravid adult

482 female mosquitoes at 16 sites over a six-year period (2016-2021; **Figure S6**). In addition,
483 a total of 14 New Jersey light traps (NJLTs) were used to measure mosquito abundance
484 (2016-2021). Trapping sites (gravid or NJLT) with less than three years of mosquito data
485 were excluded from the study. All mosquito samples were identified using morphological
486 keys (40, 82) where possible. Due to damage to morphological features that help to define
487 *Culex* species (83), mosquito identifications of *Culex pipiens* and *Culex restuans* from
488 NJLT traps were defined as *Culex pipiens* group as previously (32, 34). Gravid trap
489 specimens were identified to species (*Culex pipiens*) (82). To normalize trapping efforts,
490 raw mosquito counts were converted to a trap index (defined as
491 the number of mosquitoes collected / number of trapping nights) and then averaged by
492 week.

493 *Iowa Climate and Photoperiod data*

494 Daily temperature data (°C) was collected and averaged into weekly values by year using
495 the Iowa Environmental Mesonet (<https://mesonet.agron.iastate.edu>) for the Southeast
496 Ames station (IA0203). Photoperiod data for the duration of the study period was collected
497 as hours of daylight for Des Moines, Iowa from daylight tables provided from an online
498 Sunrise and Sunset table (www.timeanddate.com).

499 *National trends in diapause induction, temperature, and Culex species hybridization*

500 Mosquito surveillance data were provided from additional locations across the United
501 States (California; <https://vectorsurv.org/>, Colorado, Connecticut, Illinois, Minnesota,
502 Pennsylvania, and Virginia) representing the temperate range of *Cx. pipiens* in the United
503 States (40). The years included from each data set are as follows: California (2005-2020),
504 Colorado (2015-2020), Connecticut (2006-2020), Illinois (2016-2020), Minnesota (2016-
505 2020), Pennsylvania (2007-2017), and Virginia (2010-2020). To reflect the end-of-season
506 population trends, data was trimmed to reflect weeks 30-40 where applicable (Colorado
507 ends at week 37, Chicago ended most weeks at 39), with raw mosquito counts normalized
508 using trap index averages to account for differences in trapping efforts (number of
509 mosquitoes / numbers of trapping nights) as previously performed for the Iowa dataset.
510 Data from Illinois and Minnesota represents *Culex pipiens* group (a combination of the

511 morphologically similar *Culex restuans* and *Cx. pipiens* species) (32, 33), while records
512 from other states were morphologically identified as *Cx. pipiens*.

513 Daily high and low temperatures for all site locations were compiled using the Iowa
514 Environmental Mesonet (<https://mesonet.agron.iastate.edu>). All locations reflect 10-year
515 averages (2010-2020) where environmental data were paired to trapping locations as
516 follows: California (Sacramento, CATSAC), Connecticut (statewide average, CT0000),
517 Colorado (east Fort Collins, CO3006), Illinois (Chicago O'Hare International airport,
518 ILTORD), Minnesota (Minneapolis-St. Paul, MNTMSP), Pennsylvania (southeastern PA,
519 PAC003), and Virginia (Suffolk, VA8192). Photoperiod data was collected from an online
520 Sunrise and Sunset table (www.timeanddate.com) for field locations in California
521 (Sacramento), Colorado (Fort Collins), Connecticut (New Haven), Illinois (Chicago),
522 Minnesota (Minneapolis), Pennsylvania (Philadelphia), and Virginia (Chesapeake) for
523 2021.

524 Elevation data for all site locations are provided as a county-level average value collected
525 using <https://en-gb.topographic-map.com/>.

526 The proposed ranges of *Cx. pipiens* and *Culex quinquefasciatus*, as well as proposed
527 areas of hybridization, were created in ArcGIS, adapted from Darsie and Ward (40).

528 *Data and Statistical Analyses*

529 Laboratory comparisons comparing ovarian follicle size, wing length, and the percent
530 blood-feeding across experimental groups were analyzed using a one-way ANOVA with
531 a Tukey post-hoc analysis using GraphPad Prism 7.0. Average weekly temperature data
532 were visualized using loess smoothing in R (version 3.6.3). Gravid and NJLT population
533 trends for weeks 30-40 were examined for the Iowa dataset and other locations where
534 NJLT data was provided using yearly slope values and negative binomial regressions
535 with an unpaired *t*-test to demonstrate significant differences in the dynamics of gravid
536 populations. Mosquito population trends were also evaluated by calculating the difference
537 in the average trap index at weeks 30-33 and week 40, and displaying these trends as a
538 percent change $((\text{week40} - \text{week 30-33}) / \text{week 30-33}) \times 100$ value to demonstrate

539 changing temporal trends in gravid populations from mid-season to end-season time
540 points.

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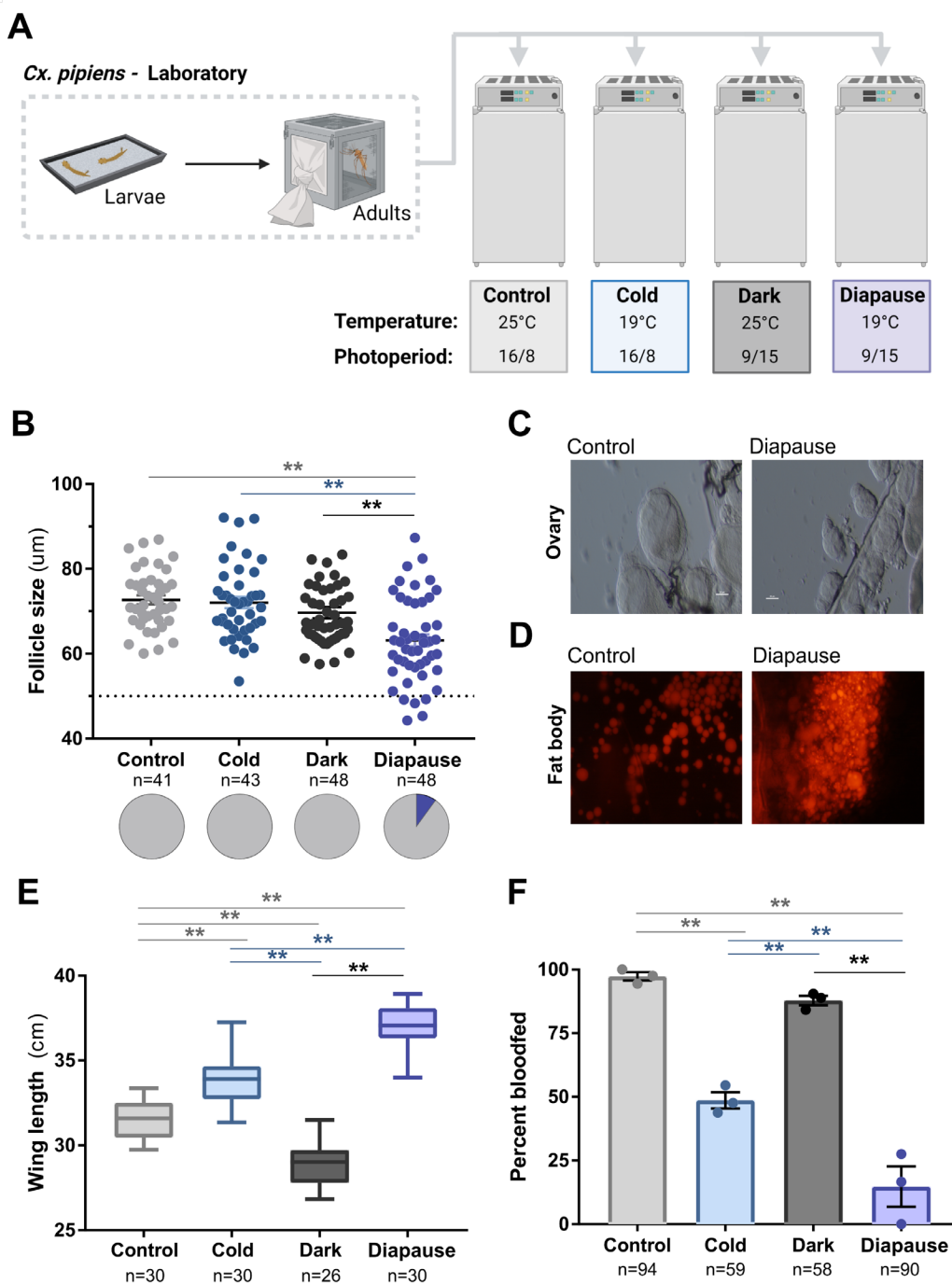
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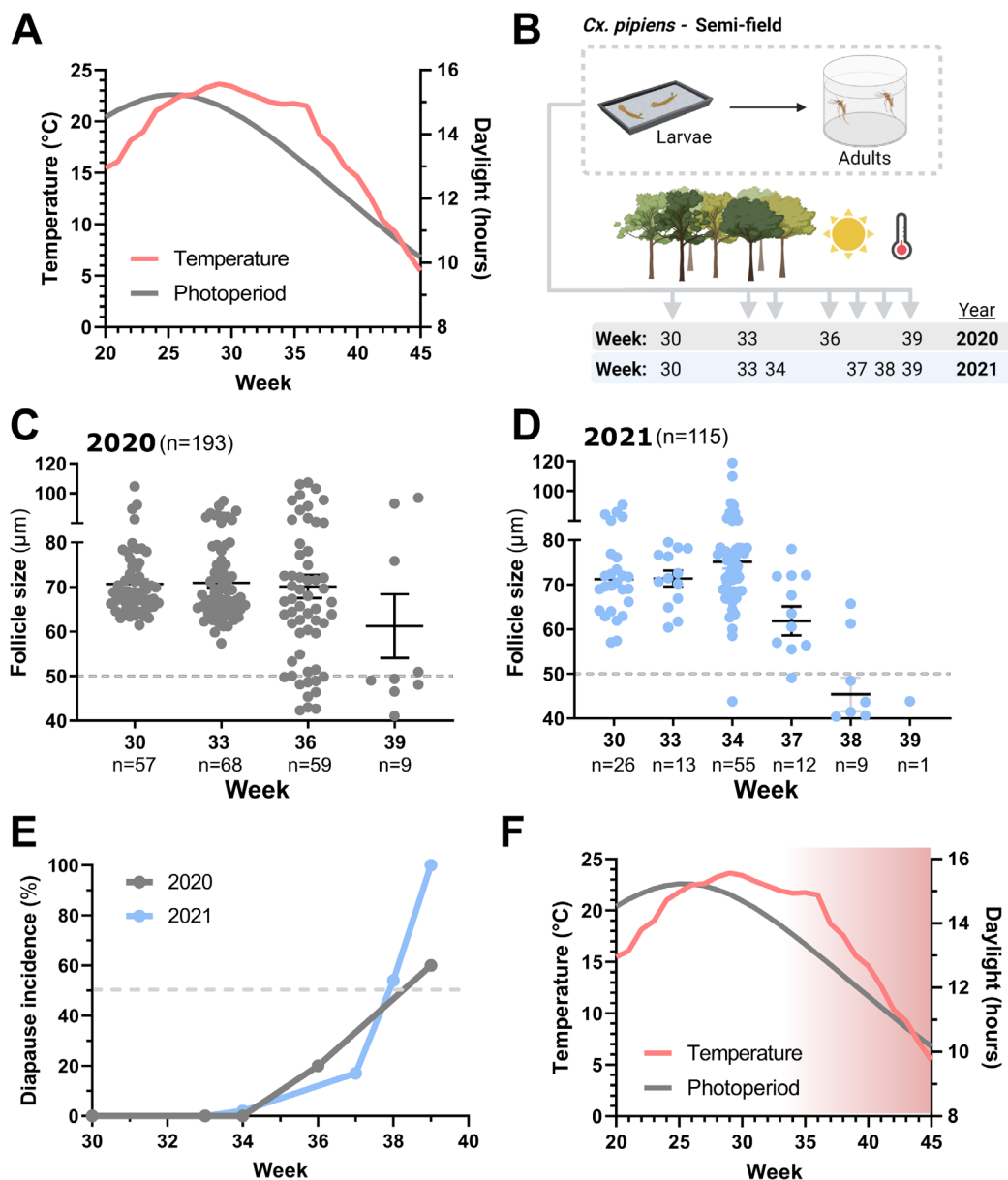
782 **Figures**



783

784 **Figure 1. Laboratory conditions to explore *Culex* diapause induction.** *Culex pipiens*
 785 first-instar larvae were either maintained under standard insectary conditions (control) or
 786 transferred to rearing conditions to examine the effects of cold temperature (cold), short
 787 photoperiod (dark), or known conditions to promote diapause (A). Adult females were
 788 collected from these respective conditions 6-8 days post-eclosion for downstream

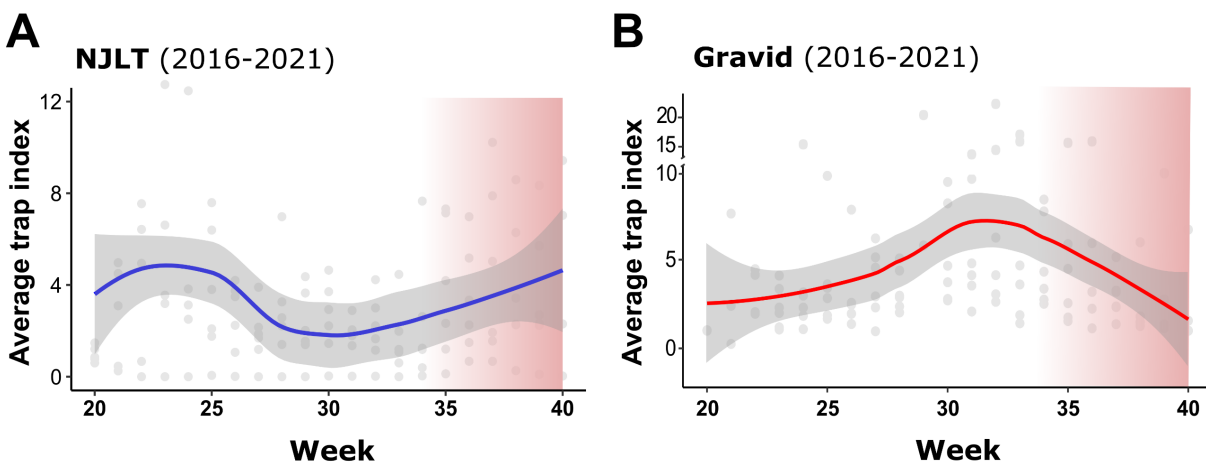
789 experiments. **(B)** Ovary dissections were performed on adult mosquitoes from each
790 rearing condition to determine the average primary follicle size to confirm reproductive
791 diapause. Average primary follicle size is depicted for each individual mosquito, with an
792 average follicle size was $<50 \mu\text{m}$ (dotted line) used to confirm reproductive diapause.
793 Solid black lines represent the median values for each experimental condition, while pie
794 charts display the percentage of mosquitoes in diapause under each condition. Additional
795 confirmations of mosquito diapause were performed by examining differences in ovarian
796 follicle morphology **(C)** and fat body lipid staining with Nile Red **(D)** between mosquitoes
797 reared under control or diapause conditions. **(E)** Wing length measurements on adult
798 females were performed as a proxy body size for each condition. **(F)** Blood-feeding
799 behavior was evaluated in adult female mosquitoes from each treatment by challenging
800 with an artificial membrane feeder containing sheep blood. Significance was determined
801 in follicle size, wing length, and blood-feeding experiments using a one-way ANOVA test
802 and Tukey post-hoc comparisons to compare between experimental treatments.
803 Asterisks denote significance (** $P < 0.01$). n, number of individual mosquitoes examined.



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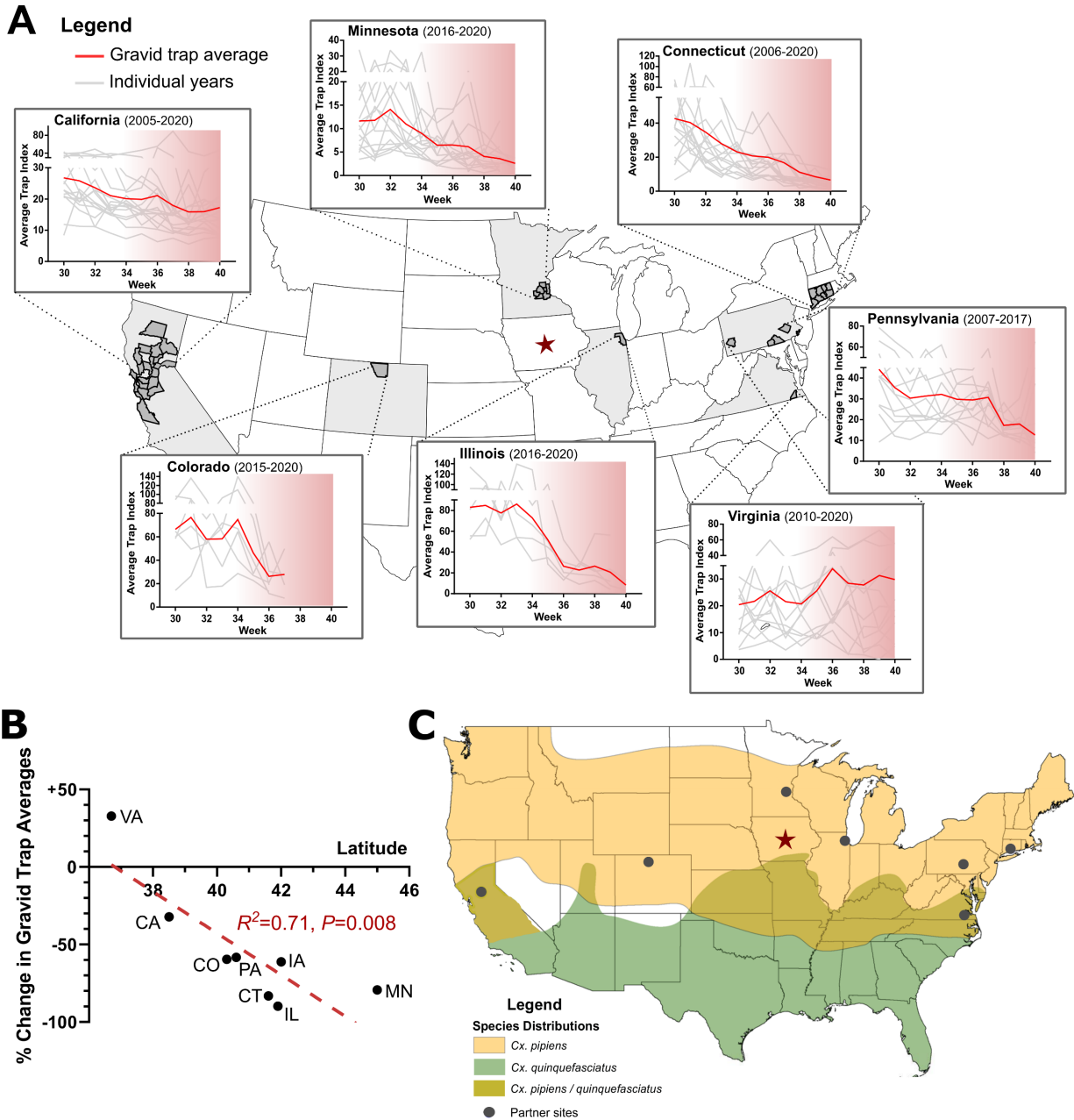
805 **Figure 2. Examining the natural diapause timeline in semi-field experiments.** (A)
 806 Temperature (°C) and photoperiod (daylight) averages (2009-2019) are displayed for the
 807 study site location (Ames, IA) over the mosquito season (weeks 20-45). (B) Overview of
 808 the semi-field experiments performed in 2020 and 2021 where first-instar larvae from a
 809 lab colony of *Cx. pipiens* were placed outside at weekly timepoints (between week 30 and
 810 39). Larval groups were reared in a semi-field environment, with resulting adult females
 811 used for downstream experiments 6-8 days post-eclosion. A total of 193 adult female
 812 mosquitoes were collected in 2020 (C) and 115 adult females from 2021 (D) to determine
 813 if mosquitoes were in reproductive diapause. For C and D, each dot represents the
 814 average follicle size for an individual mosquito, with a 50 µm threshold (dotted line) used
 815 to determine individuals in the diapause state. The mean follicle size (+/- SEM) is
 816 displayed for each experimental cohort. n, number of individual mosquitoes examined.

817 (E) The percentage of adult diapause incidence recorded by larval onset week is
818 summarized for 2020 and 2021. The dashed line corresponds to when 50% of the
819 mosquitoes in a given larval onset week result in reproductive diapause. From our
820 experiments, we define an approximate period of diapause receptivity (F), where larval
821 development under temperature and photoperiod conditions of 13.5 hours of daylight and
822 average temperatures under 20 °C may give rise to adult reproductive arrest, resulting in
823 increasing diapause incidence (red gradient) as these environmental conditions continue
824 to decrease over the course of the season.



825

826 **Figure 3. Iowa mosquito surveillance data confirms the natural diapauses timeline.**
827 Mosquito surveillance from central Iowa display mosquito populations trends that
828 examine general population abundance (A) or represent only reproductive populations
829 (B). Data in A represent *Cx. pipiens* group abundance measured using New Jersey Light
830 Traps (NJLT) from 14 sites in central Iowa, while data in B display Gravid trap data from
831 16 sites in central Iowa that monitor reproductive female *Cx. pipiens* populations. For both
832 A and B, collections were performed from 2016-2021 from weeks 20 to 40. Individual
833 grey dots represent yearly trap index averages by week, with the blue (NJLT) or red
834 (Gravid) lines representing the loess-smoothed mean and 95% confidence intervals (grey
835 shaded area). The approximate period of diapauses receptivity (as defined by our semi-
836 field experiments) is displayed by the red gradient.

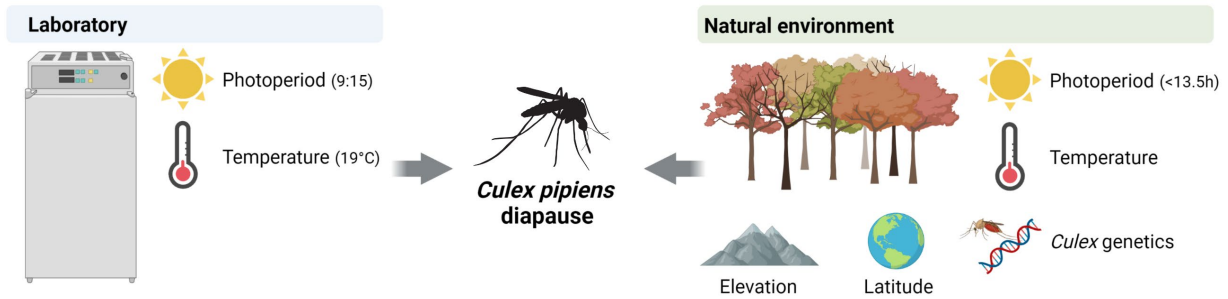


837

838 **Figure 4. Gravid population trends from across the United States provide insight**
 839 **into the biotic and abiotic factors that influence *Cx. pipiens* diapause. (A)** End-of-
 840 **season *Cx. pipiens* gravid trap data (weeks 30-40) provided by locations across the**
 841 **United States. States included in our analysis are denoted in light grey, with individual**
 842 **county-level data included in the statewide analysis shown in dark grey. Iowa is denoted**
 843 **by the red star. For each state, red lines represent the loess-smoothed mean of the gravid**
 844 **(reproductive) population abundance, while grey lines display data from an individual year**
 845 **included in our analysis. The approximate period of diapause receptivity (as defined by**
 846 **our semi-field experiments) is displayed by the red gradient. (B)** Sites at higher latitudes

847 demonstrated more pronounced declines in gravid trap averages from the weeks 30-33
848 to week 40. (C) Map of the reported distributions of *Cx. pipiens* (yellow), *Cx.*
849 *quinquefasciatus* (green), and areas of potential genetic hybridization between these
850 species (olive). Site locations providing gravid trap data are shown by the grey dots, while
851 Iowa is denoted by the red star.

852



853

854 **Figure 5. Overview of the factors that influence *Cx. pipiens* diapause in the**
855 **laboratory and under natural conditions.** The combination of short-day lengths and
856 low temperatures form the basis for diapause induction in laboratory studies of *Cx.*
857 *pipiens*, yet additional ecological factors (latitude, elevation, population genetics)
858 influence diapause dynamics in natural settings.