Title: Vitamin D constrains inflammation by modulating the expression of

key genes on Chr17q12-21.1

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38   **Abstract:** Vitamin D possesses immunomodulatory functions and vitamin D deficiency has been

39   associated with the rise in chronic inflammatory diseases, including asthma (1). Vitamin D

40   supplementation studies do not provide insight into the molecular genetic mechanisms of vitamin

41   D mediated immunoregulation. Here we provide evidence for vitamin D regulation of two human

chromosomal loci, Chr17q12-21.1 and Chr17q21.2, reliably associated with autoimmune and chronic inflammatory diseases (2–4). We demonstrate increased vitamin D receptor (VDR) expression in mouse lung CD4+ Th2 cells, differential expression of Chr17q12-21.1 and Chr17q21.2 genes in Th2 cells based on vitamin D status and identify the IL-2/Stat5 pathway as a target of vitamin D signaling. Vitamin D deficiency caused severe lung inflammation after allergen challenge in mice that was prevented by long term prenatal vitamin D supplementation. Mechanistically, vitamin D induced the expression of the *Ikzf3* encoded protein Aiolos to suppress IL-2- signaling and ameliorate cytokine production in Th2 cells. These translational findings demonstrate mechanisms for the immune protective effect of vitamin D in allergic lung inflammation with a strong molecular genetic link to the regulation of both Chr17q12-21.1 and Chr17q21.2 genes and suggest further functional studies and interventional strategies for long-term prevention of asthma and other autoimmune disorders.

One Sentence Summary: Vitamin D regulates two human chromosomal loci, Chr17q12-21.1 and Chr17q21.2, that are associated with autoimmune and chronic inflammatory diseases.

INTRODUCTION

The vitamin D receptor was genetically associated with asthma in 2004 (5) and high intake of vitamin D by pregnant women is associated with about a 50% reduction in asthma risk in the mother's offspring (6, 7). Together, these exciting findings led to a comprehensive theory about how vitamin D deficiency could influence asthma occurrence through its effects on lung and immune system development and that progressive decreases in vitamin D intake from 1946 onward could be contributing to the epidemic of allergic and autoimmune diseases (1). Vitamin D

deficiency is the most common vitamin deficiency in the world today and is particularly prevalent

in pregnant women where the fetal lung and immune system are developing (8–10).

To determine the impact of vitamin D supplementation, we performed a clinical trial, the Vitamin

D Antenatal Asthma Trial (VDAART) in pregnant women who either had allergies or asthma or

had family members with these conditions. The participants were given either 4400 IU of vitamin

D3 or 400 IU and were followed throughout their pregnancy and for the first six years of the life

of the child (11). The results of the trial were not statistically significant using conventional intent

to treat analysis (12, 13) but the reasons were complex, as is often seen when the effects of nutrients

are studied. Most importantly, unlike conventional drug trials where one compares drug to no drug

or alternative drug, in nutrient trials there is nutrient already present in the placebo group. This

creates misclassification that can reduce trial power. When we performed a meta-analysis of the

two pregnancy related trials of vitamin D, we got a statistically significant reduction in asthma in

the offspring of women who had the higher vitamin D intake during pregnancy and, when we

adjusted for the baseline level of vitamin D in the meta-analysis, we got a reduction in asthma risk

of 50 percent, exactly what we saw in the observational studies performed previously (14, 15).

To link the results of the VDAART trial directly to the chr17q12 locus we genotyped SNP,

rs12936231, in ZPBP2, the gene adjacent to ORMDL3, and stratified the VDAART trial results

by maternal genotype at this locus and found that the vitamin D effect in the trial was significantly

influenced by genotype with the GG genotype exhibiting a protective effect on asthma risk in the

child and the CC or GC genotype not being responsive to vitamin D, additionally this result was

related to sphingolipid production with the children protected from asthma having higher

sphingolipid production (3).

This SNP (rs12936231) is one of two SNPs (the other being rs4065275) that alter the chromatin

state of a regulatory domain, specifically two CTCF binding sites, in the chr17q12-21.1 locus that

are correlated with the expression of ORMDL3 (16, 4). 4C-seq assays previously demonstrated

that the ORMDL3 promoter interacts with a long-range enhancer in IKZF3 that promotes (or

represses) transcription of ORMDL3 in cells expressing both genes and the binding of CTCF per

the G allele of rs12936231 in ZPBP2 blocks this interaction resulting in reduced transcription of

ORMDL3 on haplotypes with the rs12936231-G allele (4). If rs12936231 is not activated then

there is activation of the other CTCF binding site (rs4065275) intronic to ORMDL3 thus favoring

the expression of ORMDL3 and increased asthma risk (4).

Mouse models have contributed to our understanding of ORMDL3 function as mice expressing

the ORMDL3 transgene exhibit spontaneous increases in airway hyper responsiveness, the

essential feature of asthma. This increase in AHR was associated with airway remodeling and peri

bronchial fibrosis without airway inflammation (17). ORMDL3 is pleotropic, influencing Ca++

signaling, and the unfolded protein response. Most importantly, increased expression of ORMDL3

inhibits the enzyme serine palmityl-transferase, the rate limiting step in the production of

sphingolipids and ORMDL3 TG mice have reduced levels of sphingolipids (18). What has been

unclear is how ORMDL3 is controlled.

In the current manuscript we provide evidence for vitamin D regulation of two human

chromosomal loci, Chr17q12-21.1 and Chr17q21.2, reliably associated with autoimmune and

chronic inflammatory diseases. We demonstrate increased vitamin D receptor (VDR) expression

in mouse lung CD4+ Th2 cells, differential expression of these Chr17q12-21.1 and Chr17q21.2

genes in Th2 cells based on vitamin D status and identify the IL-2/Stat5 pathway as a target of

vitamin D signaling. Vitamin D induced the expression of the *Ikzf3* encoded protein Aiolos to

suppress IL-2- signaling and ameliorate cytokine production in Th2 cells thus demonstrating a

mechanism for how vitamin D influences autoimmunity.

MATERIALS AND METHODS

In silico analysis of VDR binding sites on Chr17q12-21

For our *in-silico* analysis, we focused on two genomic regions that are known to harbor variants

associated with asthma and autoimmune disease susceptibility. The first one is a 240 kb region

that covers parts of the 17q12 and 17q21.1 loci and contains IKZF3, ZPBP2, ORMDL3, GSDMA

and GSDMB (chr17: 37,899,254–38,139,253; hg19) and the second one is a 420 kb region in the

17q21.2 locus that includes STAT3, STAT5A and STAT5B (chr17: 40,330,000-40,750,000;

hg19). When selecting these genomic ranges, our criterion was to make the window inclusive of

any potential enhancer regions targeting the above genes of interest. We used the GeneHancer (19)

track in the UCSC Genome Browser (http://genome.ucsc.edu) to determine predicted enhancer-

target gene interactions. We obtained VDR, IKZF3, CTCF and Vitamin D-sensitive CTCF binding

sites from (20–23), converted their genomic coordinates to hg19 if a different genome build was

used in the original publication, and added them as custom tracks on the Genome Browser. We

retrieved the known disease and trait associations in these loci from the NHGRI-EBI GWAS

Catalog (downloaded on 7/26/2021) (24) and retained all hits that were deemed significant ($p<10^{-5}$

). We downloaded significant single-tissue eQTLs for IKZF3 and PSMCIP3 in all tissues from

the Common Fund (CF) Genotype-Tissue Expression Project (GTEx) Analysis Release V8

(dbGaP Accession phs000424.v8.p2), through the GTEx Portal

(https://www.gtexportal.org/home/) in July 2021. We calculated linkage disequilibrium (LD)

using the NCI LDmatrix Tool (https://ldlink.nci.nih.gov/?tab=ldmatrix), and by selecting all

available populations.

Gene expression analysis in VDAART cohort

To understand the putative mechanism linking IKZF3 expression and Vitamin D to asthma risk

we considered umbilical cord blood (CB) RNA-seq data from the VDAART trial. Total RNA was

isolated from cord blood using the QIAGEN PAXgene Blood RNA Kit (Qiagen) according to the

manufacturer's protocol. Quality was assessed using the Nanodrop 8000 spectrophotometer

(ThermoFisher Scientific). Sequencing libraries were constructed with the TruSeq® Stranded

Total RNA Library Prep Globin Kit (Illumina) and the NEXTflex Small RNA sequencing Kit v3

(Boo Scientific). Sequencing was performed using a NextSeq 550 instrument (Illumina). Trimmed

reads were mapped to The GRCh38 reference genome using STAR (25). Read counts were

computed with htseq (26). The data includes 443 expression profiles of pregnant women with and

without asthma undergoing measurements of Vitamin D levels in their CB. Each sample is

matched with the observed patterns of wheezing and asthma in the newborn. We filtered all the

samples where information about Vitamin D levels, asthma/wheezing patterns or other covariates

were missing, obtaining 393 expression profiles. Data was normalized with the voom function of

the edgeR R package (27), and Vitamin D levels were binarized using 30 ng/ml as threshold. We

performed logistic regression of asthma status as a function of the expression levels of IKZF1 and

IKZF3, including their interaction term and the interaction between IKZF3 and Vitamin D. Since

IKZF3 forms homodimers and heterodimers with IKZF1, we included IKZF1 in the model. We

adjusted the model for maternal asthma status and child race.

Mice

All animal studies were approved by the institutional animal care committee. Mice were maintained in a virus- and parasite-free animal facility under a 12-h light, 12-h dark cycle. C57BL6/J wild type (WT) mice were bred and housed at the MGH animal facility. Vitamin D-deficient mice (C57BL6/J) were bred and maintained in a UV-free environment and weaned onto a similar diet lacking vitamin D metabolites (TD97340; Harlan Teklad) that results in undetectable circulating 25-hydroxyvitamin D levels (28). VDR$^{-/-}$ mice (Vd$^{rtm1Mbd/J}$), on C57BL6/J background, were bred and housed at the MGH animal facility, weaned at 18 d on a diet that maintains normal mineral ion homeostasis in the absence of VDR signaling (2% calcium, 1.25% phosphorus, 20% lactose supplemented diet, TD96348; Harlan Teklad, Madison WI) (29). BALB/c male and female mice were purchased from Charles River Laboratories at 6–8 weeks of age and fed with diets supplemented with varying amounts of vitamin-D3 (TD97340 was used as base diet and supplemented with either 400 IU vitamin D/kg, 1000 IU vitamin D/kg or 4000 IU vitamin D/kg). Mice were bred on the specific diets for two generations to assure stabilization of vitamin D levels. Resulting F2 litters were used for the experiments. Mice were housed under standard conditions with free access to rodent chow and water. All animal experiments were carried out in accordance with NIH Guidelines for the Care and Use of Laboratory Animals as well as guidelines prescribed by the Institutional Animal Care and Use Committee (IACUC) at Brigham and Women's Hospital (2016N000357), Massachusetts General Hospital (2004N000113) and Harvard Medical Area (05115) (AAALAC 1729).

House dust mite induced-airway inflammation

Mice were exposed to D. pteronyssinus extracts (Greer Laboratories, 10.52 EU/mg endotoxin) via the intranasal application of HDM (25 μg in saline) on days 1,2,3, 8 to 15. Control mice received

175   equal volumes of saline (Hospira Inc., Lake Forest, IL, USA). Twenty-four hours after the final

176   challenge, mice were sacrificed, and specimens sampled.

Bronchoalveolar Lavage

178   Bronchoalveolar Lavage (BAL) was performed with 2 × 1 mL of PBS/0.02% bovine serum

179   albumin (BSA). The total number of leukocytes was determined using a TC20 Automated Cell

180   Counter (BioRad Systems). To differentiate cell types, cytospins were prepared and stained with

181   Kwik-Diff solutions as per manufacturer's instructions (Fisher Scientific) and 200 immune cells

182   per slide were counted.

Histological staining

184   Lungs were perfusion fixed with zinc fixative (BD Pharmingen, San Diego, CA) Tissues were

185   paraffin embedded, divided into sections, and stained with hematoxylin and eosin by MGH

186   DF/HCC Specialized Histopathology Services Core Histology Core. After paraffin embedment, 3-

187   μm sections were stained with hematoxylin and eosin.

Measurements of serum immunoglobulins

189   Blood samples were collected 24 hours after the final aerosol challenge and serum was prepared.

190   Total IgE levels were measured by ELISA (Chondrex) according to manufacturer's instructions.

Dissociation of mouse tissues, in vitro polarization of CD4 Th-subsets and flow cytometry analyses

Lungs were perfused via the right heart ventricle with PBS, excised, and digested with collagenase

D (2 mg/ml; Roche) in RPM 1640 (Sigma-Aldrich) for 30 minutes at 37°C. The cell suspension

was washed twice with PBS. Erythrocytes were removed by hypotonic lysis. Cells were washed

twice with PBS and sieved with 30-μm cell strainers (Miltenyi Biotec). The resulting single cells

suspension was used to detect leukocyte populations (CD45 BV421 [clone: 104; Biolegend], CD4

PerCPeFluor710 [RM4-5; eBioscience], CD8a APC-Cy7 [53-6.7; Biolegend], CD19 PE-Cy7

[6D5; Biolegend]) and CD4+ Foxp3+ Treg (CD45 BV421, CD4 PerCPeFluor710, Foxp3 PE [FJK-

16s; Thermo Fisher]), VDR AlexaFluor647 (D2K6W; Cell Signaling Technologies), Aiolos PE

(8B2; Biolegend) and cytokine production by Th-cells (see below). Spleens were excised and

mononuclear cells were isolated using a syringe plunger and 100-μm cell strainers. Red blood cells

were removed by hypotonic lysis. Tonicity was restored by the addition of RPMI 1640 (Sigma

Aldrich). The resulting cell suspension was washed twice with PBS and used for the isolation of

naïve CD4+ T cells according to the manufacturer's instructions (Naive T Cell Isolation Kit II;

Miltenyi Biotec). Naive CD4+ T cell purity was assessed by staining for CD4 PerCPeFluor710

(clone: RM4-5), CD44 FITC (IM7), and CD62L PE (mel-14). Naïve T cells were activated with

plate bound anti-CD3ε (5 μg/ml, clone: 145-2C11, BD Biosciences) and soluble anti-CD28 (0.5

μg/ml, clone: 37.51, BD Biosciences). Th-subset polarization was induced by exposing naïve

CD4+Tcells to following culture conditions for 3 days. Th1 cells: recombinant murine IL-12

(rmIL-12) (10 ng/mL; Peprotech), anti–IL-4 (5 μg/mL; BD Biosciences); Th2 cells: rmIL-4 (20

ng/mL; Peprotech), anti–IFN-γ (5 μg/mL; BD Biosciences), and anti–IL-12 (5 μg/mL; BD

Biosciences); Treg: rmTGFβ1 (2 ng/mL; Peprotech), anti–IL-4 (5 μg/mL), anti–IFN-γ (5 μg/mL)

for 3 days. Proliferation of Th1 and Th2 cells was induced using rmIL-2 (20 ng/mL; Peprotech) in

the presence of Th-polarizing reagents for an additional 2 days. Polarization efficiency was

verified by staining for intracellular cytokines (please see below) or Foxp3 expression (see above).

For intracellular cytokine staining, cells were stimulated with phorbol 12-myristate 13-acetate

(PMA)/ionomycin and brefeldin A (Cell Stimulation Cocktail; Tonbo Biosiences) for 4 hours.

Cells were fixed with Fixation Buffer (Biolegend). Cells were permeabilized using 0.3% saponin

in FACS buffer (0.5% FBS in PBS). Antibody staining was performed for 30 minutes in the dark

using CD4, IFN-γ (XMG1.2-FITC), IL-10 (JES5-16E3-PE), IL-13 (eBio13A-eFluor660), IL-17A

(TC11-18H10.1-PE-Cy7). Cells were washed twice with permeabilization buffer and suspended

in FACS buffer. For analysis, 30,000 counts (in the CD4+ gate) were recorded on a FACSFortessa

(BD Biosciences) and analyzed with FlowJo software (v10; Tree Star).

Western blot analyses

Cells were lysed in 50 mmol/L Tris/HCl (pH 7.5), 150 mmol/L NaCl, 1% NP-40, and 1× protease

and phosphatase inhibitor mix (both Roche) for 15 minutes on ice. Lysates were clarified, and total

protein concentrations were measured with BCA (Pierce). Proteins (20 µg) were separated on

gradient gels (Mini-PROTEAN® TGX; BioRad) and transferred on a Immun-Blot PVDF

membrane (BioRad). Unspecific binding was blocked using 5 % milk powder in TBST for 30 min.

Anti-VDR (D2K6W, 1:1000; Cell Signaling Technologies, CST) was incubated in 0.5 % milk

powder in TBST overnight at 4° C. Membranes were washed 3 times with TBST and incubated

with secondary anti-rabbit IgG, HRP-linked Antibody (#7074; CST) for 2 hours. To control for

equal loading, membranes was probed for β-actin (AC-15; 1:10,000; Sigma-Aldrich) expression

for 2 hrs. at RT. Protein bands were visualized with Luminol reagent (Pierce) using the ChemiDoc

XRS+system (BioRad).

Immunofluorescence staining for confocal microscopy

In vitro polarized Th2 cells (see above) were stimulated with 100 nm calcitriol (in ethanol) or

ethanol [equal v/v] for the final 24 hrs of culture. Cells were washed twice with PBS and spun onto

poly-L-lysine coated glass slides. After drying, cells were fixed with 4 % PFA in PBS for 15 min.

Cells were permeabilized using 0.2% Triton X-100 in PBS for 20 min. Cells were washed 3 times

for 5 min with PBS and incubated with Image-iT FX Signal Enhancer (Thermo Fisher Scientific)

for 30 min at RT. After three consecutive washes with PBS, unspecific binding was blocked using

blocking buffer (PBS/5 % goat serum/0.3 % Triton X-100) for 60 min at RT. Primary antibodies

directed against CD4-FITC (clone; 1:100, BD Biosciences), VDR (D2K6W; 1: 200, CST) were

incubated in a humidified chamber over night at 4° C. After 3 washes with PBS, slides were

incubated with the secondary reagent, anti-rabbit-Cy3 (1:500; Thermo) for 30 min at RT in the

dark. After three more washes with PBS, slides were mounted with ProLong Gold with DAPI

according to manufacturer's instructions (Invitrogen). Images were acquired in a single z-plane

using a Zeiss immunofluorescence microscope with a 40x objective.

Total RNA isolation, quality control, and RNA-sequencing analysis

Total RNA was isolated using TRIzol™ Reagent (Invitrogen) according to the manufacturer's

instructions. Quality was assessed using the Nanodrop 8000 spectrophotometer. Sequencing

libraries were constructed with the TruSeq® Stranded Total RNA Library Prep Globin Kit

(Illumina). Sequencing was performed using a HiSeq. 2500 instrument (Illumina). Trimmed reads

were mapped to the GRCm38 reference genome using STAR (25). Read counts were computed

with htseq (26). Data were normalized and differential expression was analyzed with the R package

DESeq2 (v.1.34.0) (30) using a false discovery rate (FDR) < 0.05.

Pathway enrichment, Overrepresentation and Gene Set Enrichment analysis

KEGG pathway, overrepresentation and gene set enrichment analyses were performed with the

"enrichKEGG", "enrichr" and "GSEA" function in the R package "clusterProfiler" (v.3.10.1) with

default settings (31). P-values were adjusted using the BH-FDR correction and enriched terms with

a p-adj.<0.05 selected.

Network analysis

RNA-Sequencing data extracted from murine Th2 cells were analyzed using the R package

DESeq2 (v.1.22.2) (30). Raw counts were normalized and transformed for variance stabilization

using the DESeq2 function rlog (regularized-logarithm transformation). Batch effects were

removed using the function removeBatchEffect of the R package LIMMA (32). Gene with counts

lower than 5 in at least one sample were removed for downstream analyses. Differential expression

analysis was performed between control Th2 cells versus calcitriol stimulated Th2 cells using

DeSeq2 (30). The design matrix was built to consider batch effects derived from the RNA isolation

process. DESeq2-independent filtering was applied (30) and P values were corrected for multiple

hypothesis testing by using the Benjamini-Hochberg (BH)-FDR adjustment (33).

The PPI network used in our network analysis was developed by Silverbush et al. (34). As

described in the original paper, this human PPI network was reconstructed by integrating large

scale PPI databases, drug response repositories, and cancer genomics data. Only the largest

connected component of the network was considered, resulting in an interactome of 15,500

proteins and 234,585 consensus-oriented interactions. Conversion between murine and human

gene IDs was performed using the BioMart conversion tool (35). We also assumed a one-to-one

correspondence between genes and their protein products in the entire analysis.

To identify the active signaling paths in control and calcitriol stimulated Th2 cells, we modelled

the transmission of the molecular signal as a sequential path on the PPI network (called a network

path) that starts from a receptor, connects the receptor to multiple intermediate proteins, and leads

to a transcription factor. Receptors and transcription factors were selected from a predefined list

based on their role in Th2 cell biology and IL-2 expression (**Figure 4-table supplement 1**). CD3,

CD28, IL-4R, IL-13R were selected based on their role in Th2 differentiation. The IL-2R complex

was included due to being a target of vitamin D signaling. TGFβRs were selected based on the

immunomodulatory activity of this signaling path in CD4+ T cells. role in mediating

immunoregulation. Using this subset of receptors and transcription factors as input for the

implementation of our network analysis, we computed all the shortest paths connecting each

receptor-transcription factor pair on the PPI network. For both control and calcitriol stimulated

Th2 cells, we ranked each network path based on the average expression of the path's nodes. The

top selected paths represent the most active downstream processes in Th2 cells in each condition.

mRNA isolation, reverse transcription, and real-time RT-PCR

Total RNA from in vitro polarized Th2 cells was isolated with the RNeasy Mini Kit (Qiagen).

First-strand cDNA synthesis was performed with the Omniscript kit (Qiagen). Quantitative real-

time PCR was performed with the SsoFast EvaGreen Supermix Kit (BioRad) on a AriaMx Real-

time PCR System (Agilent) as per manufacturer's instructions. Primers sequences used in this

study are: Gsdma (sense: 5'-TGC TGT CAA AGG ACG CTA TG-3'; antisense: 5'-TCA ACC

AGC TTC AGT TGC AC-3'), IL-2 (sense: 5'-CCC ACT TCA AGC TCC ACT TC-3'; antisense:

5'-ATC CTG GGG AGT TTC AGG TT-3'), Ikfz3 (5'-TGT CAC CTC TGC AAC TAC GC-3'; 5'-

TTC CGC AGA ACT CAC ACT TG-3'), Ormdl3 (sense: 5'-CAC ACG GGT GAT GAA C AG

TC-3'; antisense: 5'-CTT TGC CTT GGT CTG GAG TC-3'), Stat3 (sense: 5'-GAG GAG CTG

CAG CAG AAA GT-3'; antisense: 5'-TCG TGG TAA ACT GGA CAC CA-3'), Stat5a (sense: 5'-

TAC ATG GAC CAG GCT CCT TC-3'; antisense: 5'-GTC AAA CTC GCC ATC TTG GT-3'),

Stat5b (sense: 5'-TGT GGA TAC AGG CTC AGC AG-3'; antisense: 5'-TGG GTG GCC TTA

ATG TTC TC-3'). Relative gene expression levels were calculated with the $2^{-\Delta\Delta Ct}$ method, with

normalization to the murine ribosomal L32 as the housekeeping gene. Data are presented as fold

induction over the respective control groups (vehicle or WT). All standard procedures were

performed according to the manufacturer's instructions.

Quantification and statistical analysis

For each figure the number of replicates per experiment is indicated in the corresponding figure

legend. In the figures, mean and standard error of the mean (s.e.m.) are presented and error bars

represent the mean ± s.e.m. Two group comparisons were analyzed using unpaired two-tailed

Student's t-tests (parametric data) and Mann–Whitney U-test (non-parametric data). Multiple

group comparisons were analyzed with Kruskal-Wallis and One-way ANOVA test with Tukey's

post hoc analysis. *In vivo* experiments were analyzed using Mixed-effect analysis or Two-way

ANOVA test with Holm-Šidák's post-hoc analysis (factors: genotype & exposure, diet &

exposure). Prism 9.2 (GraphPad Software) was used to calculate statistics. P values of less than

0.05 were considered statistically significant.

RESULTS

To address the genetic and molecular mechanisms by which vitamin D can influence asthma,

allergic and autoimmune disease risk, we studied the genetic loci of two chromosome regions of

interest: 1) the 17q12-21.1 region, that includes the well-known asthma-associated *ORMDL3* gene

(36), and 2) the 17q21.2 region, that includes the *STAT5* gene, known to be extensively associated

with autoimmune diseases (37, 38). We first examined the entire set of significant disease and trait

associations in the Chr17q12-21.1 (181 associations) and Chr17q21.2 (100 associations) loci using

the NHGRI-EBI GWAS Catalog (24). Both regions had multiple Th1 and Th2 diseases

associations with at least one significant SNP. Chr17q12-21.1 had the highest number of

associations related to Th2 diseases (**Figure 1***A*) and 17q21.2 had the highest number of

associations related to Th1 diseases (**Figure 1-figure supplement 1***A*). To address the possible

link to vitamin D intake, we next investigated a potential overlap of these SNPs with VDR binding

sites. Out of the 169 VDR binding sites on Chr17, seven were located in the 17q12-21.1 locus,

concentrated in two bands on or near *IKZF3* and *ZPBP2* (**Figure 1*B***). These VDR binding sites

also overlapped with RXRA binding sites (**Figure 1*B***). To assess their functional relevance, we

searched for eQTLs in these VDR binding regions. We found that four cis-eQTLs control *IKZF3*

expression in whole blood and EBV-transformed lymphocytes: rs2941522 and rs12946510 in the

enhancer region targeting *ORMDL3* and *IKZF3*, and rs1453559 and rs35564481 in the enhancer

region targeting *ORMDL3*, *GSDMA* and *GSDMB* (**Figure 1*B***). Rs1453559 and rs2941522 have

previous GWAS associations with both asthma and autoimmune diseases (39–41), rs12946510 has

previous GWAS associations with autoimmune diseases (42, 43), and rs35564481 has no known

GWAS associations. For the 17q21.2 locus, the only VDR binding site resides near the gene

PSMC3IP in an enhancer site targeting *STAT5A* (**Figure 1-figure supplement 1*B***). PSMC3IP

expression is controlled by three eQTLs overlapping with this VDR binding site (rs4793244,

rs62078362 and rs111708606), none of which have any known disease associations. These results

suggest that vitamin D binding is critical in this genomic region.

We next examined the linkage disequilibrium (LD) pattern between the Th1/Th2-associated SNPs

and the SNPs in the VDR binding sites (**Figure 1*C***). Out of the seven SNPs with VDR binding

sites identified in 17q12-21.1 and 17q21.2, the first four in 17q12-21.1 (rs2941522, rs12946510,

rs35564481, rs1453559) were in a high-LD block with many other Th1-Th2 associated SNPs in

the same region. These same four SNPs in 17q12-21.1 were also in high-LD with two SNPs in

ZPBP2 and *ORMDL3* (rs12936231 and rs4065275, respectively) that were previously shown to be

functionally relevant to asthma (3, 4, 16). Additionally, two of the three SNPs with VDR binding

sites in 17q21.2 (rs4793244 and rs62078362) were in strong-LD with three other Th1-Th2

associated SNPs in the17q21.2 region (rs11871801, rs2006141, rs4793090). Overall, these results

highlight strong statistical association between vitamin D binding sites and multiple genotypic

variations linked to asthma, autoimmune and allergic diseases.

Two SNPs in *ZPBP2* and *ORMDL3* (rs12936231 and rs4065275, respectively) that were

previously shown to be functionally relevant to asthma (3, 4, 16), were also in high linkage

disequilibrium with the four SNPs that we identified in the VDR binding regions of the 17q12-

21.1 loci (**Figure 1C**). Importantly, in both the 17q12-21.1 and 17q21.2 regions, the VDR binding

sites coincide with CTCF and IKZF3 binding sites, as well as H3K27ac peaks indicating active

enhancer sites (**Figure 1B, Figure 1-figure supplement 1B**). In particular, the two enhancer sites

in 17q12-21.1 (GH17J039753 and GH17J039859) were both predicted to interact with the

ORMDL3 promoter region (**Figure 1B**), and the enhancer site in 17q21.2 (GH17J042576) was

predicted to interact with the *STAT5A* promoter region (**Figure 1-figure supplement 1B**). This

suggests a similar mechanism to the one described in (4), whereby SNPs in LD with each other in

these enhancer sites affect VDR and CTCF binding, the co-dependence of which in turn could

modulate *ORMDL3* and *STAT5A* expression. Although it has been shown that CTCF binding sites

can be vitamin D-sensitive (7), no such sites were found in our genomic regions of interest (**Figure**

1B, Figure 1-figure supplement 1B).

Next, we investigated cord blood gene expression data in the Vitamin D Antenatal Asthma

Reduction Trial (VDAART) (see Methods) and looked at the genes of interest in the 17q12 and

17q21 regions and their interaction with cord blood vitamin D levels as predictors of

asthma/wheeze risk at age 3 year of age. After adjusting for relevant covariates (see Methods), the

baseline expression term of *IKZF3* was not found to be significantly associated with asthma risk,

while the interaction between vitamin D and *IKZF3* was statistically significant (p-val. < 0.05),

suggesting that the association of *IKZF3* expression with asthma risk was mediated by vitamin D

levels in the cord blood (**Figure 1- table supplement 1**).

Based on our bioinformatic analysis of the Chr17q12 and 17q21 regions, we hypothesize that low

vitamin D tissue levels is associated with decreased *IKFZ3* expression and increased expression

of *ORMDL3*, *STAT3*, *STAT5A*, *STAT5B*, and *IL2*.

Vitamin-D receptor (VDR) is expressed in Th2 cells in allergic airway inflammation

To test our hypothesis of vitamin D activity at the Chr17q12-21 locus we utilized a mouse model

of allergic airway inflammation and identified vitamin D responsive leukocyte subsets in house

dust mite (HDM)-sensitized and challenged mice using flow cytometry (**Figure 2*A***, **Figure 2-**

figure supplement 2*A-C*). VDR expression was significantly induced in HDM sensitized and

challenged mice and almost absent in leukocytes isolated from control (vehicle) lungs (**Figure 2-**

figure supplement 2*C*) but. Within the CD45+ population, VDR expression was high in CD4+ T

cells (p= 0.0357), while only very few CD8+ T cells and CD19+ B cells expressed VDR (**Figure**

2*B*, **Figure 2-figure supplement 1*C* HDM**). Within the CD4+ T cell population, highest VDR

expression was detected in Gata3+ Th2 cells (p= 0.002 vs Tbet+ and p< 0.0001 vs Foxp3+ T cells).

VDR expression was very low in Tbet+ Th1 and CD4+ Foxp3+ Treg cells (Fig. 2b). The

differential expression of VDR in Th2 cells was further validated by western blot analysis using

naïve CD4+ T cells immediately after isolation (0hrs), after activation with CD3/CD28 for 48 hrs

and in *in vitro* polarized Th1, Th2 and iTreg cells with well-defined culture conditions (**Figure 2-**

figure supplement 2*A*, see Methods section). VDR expression appeared as early as day 1 of Th2

culture conditions and gradually increased during the polarization process (**Figure 2-figure**

supplement 2*B*). In the absence of the VDR ligand vitamin D, VDR expression localized to the

cytoplasm of Th2 cells. Addition of the VDR ligand calcitriol led to a strong translocation of VDR

into the nucleus, suggesting functionality of the expressed receptor in the presence of its ligand

(**Figure 2-figure supplement 2C**). These results identify Th2 cells as vitamin D targets in allergic

airway inflammation.

Vitamin D status regulates the expression of key genes on Chromosome17q12-21.1 and

Chr17q21.2

Taking cell type specific gene expression and selective expression of VDR in Th2 cells into

account, we next analyzed the expression of genes encoded on Chr17q12-21.1 and 17q21.2 loci in

WT and vitamin D deficient Th2 cultures as well as in Th2 cells post calcitriol stimulation.

Vitamin D deficiency differentially regulated the expression levels of several Chr17q12-21.1

encoded genes, with lower expression of *Ikzf3*, *Ormdl3* and *Gsdma* (all p=0.0286) (**Figure 2D**).

Conversely, stimulation with calcitriol induced the expression of the same genes (all p=0.043)

(**Figure 2E**). Expression of the Chr17q21.2 genes *Stat3*, *Stat5a* and *Stat5b* was not affected by

vitamin D deficiency (**Figure 2F**). However, after calcitriol stimulation *Stat5a* (p=0.0082) and

Stat5b (p=0.003) genes were strongly suppressed and *Stat3* (p= 0.0048) expression was increased

in Th2 cells. (**Figure 2G**). These results hint to a protective role of vitamin D in allergic airway

inflammation, by regulating the expression of the IL-2 downstream signaling molecules *Stat5a*

and *Stat5b*.

Deficiency in vitamin D signaling augments allergic airway inflammation

To decipher the protective role of vitamin D signaling in allergic airway inflammation, we

employed vitamin D deficient and VDR$^{-/-}$ mice (**Figure 3A**) (28). HDM sensitization of vitamin

D deficient mice led to a stronger reaction to the allergen resulting in more prominent peri-

bronchial and perivascular leukocytic infiltrates (**Figure 3*B***). This phenotype was accompanied

by lower VDR expression in CD4+ T cells isolated from HDM-exposed lungs compared to WT

(**Figure 3*C***). Vitamin D deficiency led to a robust increase in total immunoglobulin (Ig)E levels

(**Figure 3*D***). Histological findings were associated with higher total BAL leukocyte (p= 0.0008)

(**Figure 3*E***), eosinophil (p= 0.0002) (**Figure 3*F***) and lymphocyte (p= 0.0023) (**Figure 3*G***)

numbers in vitamin D deficient mice. Th2 cell numbers (p= 0.0127) were also higher in the HDM

exposed mice (**Figure 3*H***) in a manner that was independent of T helper cell skewing (**Figure 3-**

figure supplement 1*A, B*). Differentiation and recruitment of Th17 and IL-10 producing CD4+ T

cells was not affected by vitamin D deficiency (**Figure 3-figure supplement 1*A, B***). To validate

these findings from vitamin D deficiency, we next employed VDR$^{-/-}$ mice (see Methods). As with

the vitamin D deficient mice, HDM sensitization and challenge of VDR$^{-/-}$ mice led to an increased

Th2 immune response. The lung phenotype in the VDR$^{-/-}$ mice was marked by dense leukocytic

infiltrates around and mucus plugs in the airways (**Figure 3*B***). The augmented systemic and local

immune response increased total IgE titers (p= 0.0489), and total BAL (p< 0.0001 vs WT HDM

and p= 0.003 vs Vit D deficient HDM), eosinophil (p< 0.0001 vs WT HDM and Vit D deficient

HDM), total lymphocytes (p=0.0194 vs WT HDM and p= 0.0421vs Vit D deficient HDM) and

Th2 cells (p= 0.0009 vs WT HDM) (**Figure 3*D-H***). VDR$^{-/-}$ did not significantly affect recruitment

of Treg and Th17 cells (**Figure 3-figure supplement 1*A, B***).

To explore the mechanisms underlying the augmented Th2-phenotype in the lungs of vitamin D

deficient and VDR$^{-/-}$ mice after HDM allergen challenge, we analyzed the transcriptional profiles

of in vitro polarized Th2 cells from WT and vitamin D deficient mice (**Figure 3*I***). Differential

expression and enrichment analysis revealed dysregulation of several pathways implicated in Th2-

cell activation, cytokine production, proliferation, and survival with prominent changes in the IL-

2/ STAT5 - pathway in vitamin D deficient Th2 cells (p= 0.0014) (**Figure 3*J*, Figure 3-table**

supplements 1, 2). The effects of impaired vitamin D signaling on these pathways was confirmed

by qRT-PCR and flow cytometry. Baseline expression of IL-2 was markedly increased at both the

RNA (p= 0.0286)) and protein levels (p= 0.0079) in vitamin D deficient and VDR$^{-/-}$ Th2 cells

(**Figure 3*K, L***). In Vitamin D deficient and VDR$^{-/-}$ Th2 cell *in vitro* incubation, the elevated IL-2

levels were accompanied by a sharp increase in IL-13 production (VitD deficient: p< 0.0001; VDR^{-}

$^{/-}$: p= 0.0141) (**Figure 3-figure supplement 2**).

Taken together, these results indicate a critical role for vitamin D/VDR signaling in regulating type

2 inflammation and identify the IL-2/ Stat5 pathway as a downstream target of vitamin D in Th2

cells.

Vitamin D suppresses the activation of the IL-2/Stat5 pathway and cytokine production in

Th2 cells

To ascertain the vitamin D dependent regulation of the IL-2/Stat5 pathway and the impact on the

effector program of Th2 cells, we first analyzed the transcriptional profile of WT Th2 cells exposed

to calcitriol during differentiation (**Figure 4*A***). Gene ontology enrichment analysis of biological

processes revealed regulation of several processes impacting inflammatory responses, including

chemotaxis and activation of cells (**Figure 4-table supplement 1**). Calcitriol stimulation of Th2

cells affected several immune related disease pathways, including asthma (**Figure 4-figure**

supplement 1, Figure 4-table supplement 2). Gene set enrichment analysis (GSEA), performed

on the differentially expressed genes, highlighted the negative regulation of IL-2/Stat5 pathway in

Th2 cells by calcitriol (**Figure 4*B*, Figure 4-table supplement 3**). Calcitriol stimulation

suppressed the expression of *Il2* (p<0.0001), *Stat5a* (p<0.0008) and *Stat5b* (p<0.0008) genes

(**Figure 4C**). Concordantly, levels of activated Itk (phospho-Itk) (p= 0.029) and expression of the

IL2Rβ (CD25) (p= 0.0441) were reduced on a per cell basis (**Figure 4D**).

Next, the impact of calcitriol stimulation on the effector function of Th2 cells was assessed by

flow cytometric analysis for the T2 cytokine IL-13. Activation of the vitamin D/VDR pathway led

to significant suppression of IL-13 production in CD4+ T cells (p= 0.0012) (**Figure 4E**).

To further delineate the molecular impact of vitamin D on Th2 cell biology, we integrated the

murine transcriptional profile with a recently developed human Protein-Protein Interaction (PPI)

database (34) . By modeling the signal transduction process as a sequential path on the PPI network

that starts from a receptor and propagates downstream to a transcription factor via multiple

intermediate proteins (for details see Methods section, **Figure 4-figure supplement 2A**), we

inferred the active signaling flow in Th2 cells for control (vehicle) and calcitriol stimulated Th2

cells. As input of our network analysis, we selected a subset of receptors and transcription factors

that are known to be involved in CD4+ T cell activation, Th2 cell differentiation, and cytokine

production (**Figure 4-table supplement 4**). For clarity of the figure, we display the gene names.

Corresponding protein names are attached in **Figure 4-table supplement 5**. In control Th2 cells,

our network analysis revealed the engagement of a variety of receptors including IL4R, IL2RA,

CD28, and TNF-receptors. Downstream to these receptors, the most active signaling paths

highlighted the activation of STAT3, STAT5A/B, NFkB1, and IKZF1 transcription factors

(**Figure 4-figure supplement 2B**) via multiple adapter proteins of the TRAF and JAK family.

Interestingly, these transcription factors are known to be involved in differentiation and activation

pathways in Th2 cells Conversely, after calcitriol stimulation, signal from IL4R, CD28 and

TNFSF8 propagated over different interaction partners (**Figure 4*F***). Calcitriol specific edges are

highlighted in orange color. Molecular mediators included the cytoskeletal proteins VAV1 and

RACK1 and emphasized activation of the transcription factors AP-1 (FOS/JUND dimer) and

NFATC1.

Our network analysis highlighted a central role of the transcriptional repressor IKZF1 (IKAROS)

upon calcitriol stimulation, which was targeted by multiple downstream mediators including

IKZF3 (AIOLOS). Notably, the IKZF3 gene encodes for the AIOLOS protein, a direct interaction

partner of the IKZF1-encoded IKAROS. Both transcription factors, as homo- and heterodimers,

suppress IL-2 expression on the transcriptional levels in mouse and human lymphocytes (44).

Calcitriol increased the number of edges connecting intermediate proteins to the transcriptional

repressor IKAROS. Among the connecting proteins, AIOLOS interaction with IKAROS was

implicated in repression of IL-2 expression in Th2 cells by vitamin D.

Absence of STAT5A/B mediators in the active signaling paths of calcitriol stimulated Th2 cells

further suggested repression of the Th2 cell STAT5 pathway with calcitriol compared to control

(**Figure 4-figure supplement 2*B***).

Taken together, these results indicate that the specific suppression of the IL-2/Stat5 pathway by

vitamin D results in reduced cytokine production by Th2 cells. Our findings suggest that this

suppression was mediated by the vitamin D dependent regulation of IKAROS (IKZF1) through

the induction of AIOLOS (IKZF3).

Vitamin D supplementation alleviates the allergic phenotype in the lung by suppressing type 2 cytokine production in a dose dependent manner

To test if vitamin D supplementation prevents the development of T2 driven allergic inflammation in the lung, custom rodent diets with select vitamin D doses were used: 400 IU/kg chow (400 IU; low), 1000 IU/kg chow (1000 IU; regular) and 4000 IU/kg chow (4000 IU; high) (**Figure 5- figure supplement 1*A*,** see Methods section). The 1000 IU group was used as the control group, as it contains the average amount of vitamin D fortified in standard rodent chow. HDM exposure led to recruitment of leukocytes into the lung tissue and BAL (**Figure 5*A, B***), with a predominant eosinophilic and lymphocytic infiltrate as well as high numbers of IL-13+ Th2 cells (**Figure 5*C-E***). There were trends for higher cellular infiltration in the airways when mice were supplemented with the low vitamin D doses (400 IU), but these inflammatory responses were not significantly different from the phenotype observed with 1000 IU. Lung and airway pathology were similar between these dosing groups, with similar numbers and frequencies of the different leukocyte populations. In sharp contrast, dietary supplementation with the higher vitamin D dose (4000 IU) decreased the inflammatory phenotype in HDM exposed mice compared to the 400 IU and 1000 IU dosed animals. Concordant with the histological findings, BAL leukocytes (p< 0.0001) were decreased with marked reductions in BAL eosinophil (p=0.0016) and lymphocyte numbers (p=0.026) (**Figure 5*B, D***), and the frequency of IL-13+ Th2 cells was significantly reduced in the lungs with 4000 IU of vitamin D (p= 0.0066 vs 400 IU HDM; p=0.0011 vs 1000 IU HDM) (**Figure 5*E***). Of note, dietary supplementation with high vitamin D levels, increased VDR expression in CD4+ T cells from HDM exposed lungs (p< 0.0001) (**Figure 5- figure supplement 1*B***).

To ascertain that dietary supplementation with vitamin D specifically altered mouse Th2 cell differentiation and the effector program, splenic naïve CD4+ T cells from 400 IU and 4000 IU

mice were studied. Of interest, naïve CD4+ T cells did not express VDR until they were exposed

to Th2 polarizing conditions. Gata3 expression on per cell basis was lower in 4000 IU Th2 cells

(p= 0.0286) (**Figure 5- figure supplement 2***A*). This was accompanied by higher VDR protein

expression (p= 0.0286) (**Figure 5- figure supplement 2***B*). The expression of IL-2 (p= 0.0004)

and the Th2 cytokines IL-13 (p= 0.0159) and IL-5 (p= 0.0159) were lower in 4000 IU Th2 cultures

(**Figure 5- figure supplement 2***C-E*).

To explore the specific induction of Aiolos expression for vitamin D mediated suppression of IL-

2 production in Th2 cells, Aiolos expression was monitored throughout Th2 differentiation. Aiolos

expression gradually increased under Th2 polarizing conditions in CD4+ T cells, starting as early

as day 1 of in vitro culture (**Figure 5***F*). Simultaneous exposure to calcitriol further increased

Aiolos protein levels compared to vehicle in Th2 cells (p= 0.0079) (**Figure 5***G*).

To test if vitamin D exerts its inhibitory effect on IL-2 production via Aiolos induction, $Ikzf3^{-/-}$

mice were employed, exposed to Th2 polarizing conditions and assessed for IL-2 production after

calcitriol exposure. IL-2 production in control $Ikzf3^{-/-}$ Th2 cultures was significantly higher

compared to WT Th2 cells. Calcitriol significantly reduced IL-2 levels in both, WT (p= 0.0001)

and $Ikzf3^{-/-}$ Th2 cells (p= 0.0001) (**Figure 5***H*); however, the suppressive effect of calcitriol on IL-

2 production was significantly higher in WT Th2 cells (~ 65% inhibition) compared to $Ikzf3^{-/-}$ Th2

cells (~40% inhibition) (p= 0.0001) (**Figure 5***H*).

Taken together, these results indicated that vitamin D can regulate Aiolos expression and

suggested a role for Aiolos as a downstream effector for selectively fine-tuning Th2 cell IL-2

production by vitamin D.

DISCUSSION

We utilized human genetics to identify SNPs on chromosome 17q12-21.1 and 17q21.2 that were

within GWAS regions for Th1 and Th2 autoimmune diseases. Of note, many of these SNPs were

within VDR binding sites. We then determined by eQTL analysis of the genes in these two

genomic regions that IKZF3 expression was controlled by four cis-eQTLs in the enhancer region

targeting ORMDL3 and IKZF3, and in the enhancer region targeting ORMDL3, GSDMA and

GSDMB. Next, we demonstrated that two SNPs in CTCF binding sites were in strong LD with

these 4 eQTL SNPs and that the two enhancer sites in 17q12-21.1 were both predicted to interact

with the ORMDL3 promoter region, and the enhancer site in 17q21.2 was predicted to interact

with the STAT5A promoter region thus, suggesting a plausible human molecular genetic

mechanism by which vitamin D could activate IKZF3 to repress ORMDL3 and immune system

development. Finally, we leveraged bulk RNAseq in the cord blood of the VDAART trial to show

that an interaction for vitamin D level and IKZF3 expression that was associated with reduced

asthma risk at 3 years of age.

To confirm our human molecular genetic findings, we chose to utilize mouse models of allergic

lung inflammation. We show strong VDR expression in CD4+ Th2 cells and alterations in

chr17q12-21.1 and 17q21.2 gene expression induced by vitamin D status. Expression of VDR has

been reported for airway epithelial cells and different immune cell types present in the lung (45).

In lymphocytes, *ex vivo* and *in vitro* studies describe low baseline VDR transcript expression levels

that were transiently increased by activating signals and calcitriol stimulation (46). Here, we report

a differential VDR expression pattern in CD4+ T cell subsets in allergic inflamed lungs and post

lineage specific cytokine stimulation *in vitro*, with strongest expression in Th2 cells. Activation of

VDR suppressed IL-2, IL-5, and IL-13 production by Th2 cells. The expression of VDR in

Gata3+Th2 cells in the lung might represent an endogenous control mechanism to curb the

pathogenic cell activity and cytokine production after repetitive allergen contact. *Ex vivo* and *in*

vitro Th1, nTreg and iTreg cells expressed low VDR protein levels at baseline. It remains to be

determined whether other Th-subsets described in allergic inflammation express VDR at baseline

and if either calcitriol or other secondary signals, specific for each subset, could induce VDR

expression during inflammation.

Vitamin D deficiency that had been introduced over two generations and impaired vitamin D

signaling led to an augmented allergic phenotype in the lung after allergen exposure with a

dominating Th2-signature locally and systemically. This had likely been due to specific

deregulation of Th2 cells instead of Th cell skewing, since neither Th17 nor Treg development

and recruitment had been significantly affected. In contrast, in mice supplemented with high

vitamin D doses over two generations, VDR expression and consequently vitamin D

responsiveness was higher in CD4+ T cells from the animals' lungs, almost abrogating the

inflammatory process in the lung after allergen challenge. While the vitamin D dose had been

chosen to replicate the VDAART trial in the mouse, the duration of supplementation was adopted

to the protocol of generating vitamin D deficient mice. Both factors might influence the outcome

here compared to prior rodent studies with inconclusive results.

Differentiation of Th2 cells is driven by IL-4 induced Gata3 expression in naïve CD4+ T cells.

This process depends on a positive feedforward loop by IL-2 and its downstream STAT5 signaling

pathway for the effective expression of IL-4 (47). Therefore, either interfering with Gata3

expression or the IL-2 pathway represents a promising strategy to finetune Th2-driven immunity.

Our data highlight the specific regulation of the IL-2/STAT5 pathway by vitamin D. Vitamin D

deficiency and impaired VDR signaling caused elevated IL-2 production by Th2 cells, mounting

in high IL-13 production. Elevated IL-13 levels *in vivo*, could amplify the local T2 responses in

the lung. In sharp contrast, exposure of polarizing Th2 cells to calcitriol was able to suppress IL-2

production, expression and activation of STAT5A/B and therefore IL-13 production by Th2 cells.

The transcription factor AIOLOS has previously been shown to suppress IL-2 expression on the

transcriptional level(44). We report here a vitamin D mediated induction of Aiolos expression in

Th2 cells, which is impaired by vitamin D deficiency. High Aiolos expression coincided with

lower IL-2 production, ameliorated STAT5A/B expression, and IL-13 production in Th2 cells. *In*

vitro Th2 polarization of naïve CD4+ T cells isolated from mice supplemented with higher vitamin

D levels, without further exogenous calcitriol stimulation, developed a weakened Th2 phenotype,

characterized by lower IL-2, IL-5, and IL-13 production. Since naïve CD4+ T cells do not express

VDR, these results implicate changes in chromosomal accessibility by high vitamin D in the

developing immune system, which needs further investigation.

Experiments here with Ikzf3$^{-/-}$ mice demonstrated significant reductions in vitamin D mediated

control of Th2 cell cytokine production, but the vitamin D response was not completely impaired,

suggesting additional mechanisms for vitamin D regulation of Th2 cells – several possibilities

were uncovered by our PPI analyses. These will be the subject of future research. In addition, we

only investigated a Th2 mouse model of asthma and have not extended our mouse work to Th1

models of autoimmunity. We have still to consider other genes that might be linked to these two

genetic loci and there are likely other VDR binding sites of importance in both asthma and Th1

autoimmunity. More work to determine the exact levels of vitamin D that confer this protective

effect would also be worthy of further investigation.

In summary, we have leveraged clinical trial data, molecular genetic bioinformatic data and mouse

model data to outline for the first time, a comprehensive molecular genetic mechanism for how

vitamin D influences not only asthma, but both Th1 and Th2 autoimmune disease. The significance

of these findings relates to the high prevalence of vitamin D deficiency, especially during

pregnancy, and the strong possibility that the epidemic of asthma and autoimmunity might be

significantly reduced if vitamin D levels were elevated worldwide.

List of Supplementary Materials

Fig S1 to S11

Tables S1 to S9

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A.K. and S.T.W. jointly supervised this work. A.K. and S.T.W. designed the experiments,

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N.K. and R.E.A performed experiments. A.H., E.M., M.D.M. and R. C. analyzed data. M.D. and

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Data and materials availability: All data are available in the main text or the supplementary

materials.

Figure legends

Figure 1. VDR binding sites on Chr17q12 and q21.1 overlap with open chromatin signatures.

A, Significant disease and trait associations in 17q12-21.1 (y-axis), retrieved from the NHGRI EBI

GWAS Catalog, with at least one significant SNP (x-axis) in Chr17q12-21.1. Colored bars denote

autoimmune diseases mapped to Th1 (red bars) or Th2 (blue bars) driven immunity. *B*, University

of California Santa Cruz (UCSC) Genome Browser tracks showing chromosomal location,

common dbSNPs, VDR-, RXR-, CTCF- and IKZF3-binding sites and H3K27Ac marks present in

the Chr17q12-21.1 locus. VDR binding sites overlapping with active regulatory elements are

highlighted by colored boxes. *C*, Linkage disequilibrium (LD) between the significant SNPs in the

Chr17q12-21.1 (magenta) and 21.2 (green) region, highlighting Th1/Th2 associated SNPs (red and

blue, respectively), eQTLs in the VDR binding regions in Chr17q12 21.1 and 21.2 (yellow), and

functional asthma SNPs from the literature (cyan).

Figure 1-figure supplement 1. *A,* Significant disease and trait associations in 17q21.2 (y-axis),

retrieved from the NHGRI-EBI GWAS Catalog, with at least one significant SNPs (x-axis) in

Chr17q21.2. Colored bars denote autoimmune diseases mapped to Th1 (red bars) or Th2 (blue

bars) driven immunity. **B,** University of California Santa Cruz (UCSC) Genome Browser tracks

showing chromosomal location, common dbSNPs, VDR-, RXR-, CTCF- and IKZF3-binding sites

and H3K27Ac marks present in the Ch17q21.2 locus. VDR binding sites overlapping with active

regulatory elements are highlighted by colored boxes.

Figure 2. VDR expression is elevated in Th2 cells and vitamin D regulated expression of genes

on Chr1q12 and Chr17q21. *A*, Scheme of the house dust mite (HDM) induced airway

inflammation protocol. *A,* Flow cytometric analysis and cell frequencies of VDR expression in

CD45+ CD4+ T cells in the respective groups (n=4-5). *C,* Flow cytometric analyses and cell

frequencies of VDR expression in Th1 (Tbet+), Th2 (Gata3+) and Treg (Foxp3+) cells in the

respective groups (n=4-7). Quantitative RT-PCR analysis of relative mRNA expression levels of

genes encoded on Chr17q12-21.1 in (*D*) Th2 cultures of WT and vitamin D deficient mice and (*E*)

control and calcitriol stimulated cultures. Quantitative RT-PCR analysis of relative mRNA

expression levels of genes encoded on Chr17q21.2 in (*F*) Th2 cultures of WT and vitamin D

deficient mice and (*G*) control and calcitriol stimulated cultures. Gene expression levels were

normalized to the house keeping gene L32 and are expressed relative to the expression level in

WT (*D, F*) or WT-vehicle (*E, G*) Th2 cells. (n ≥ 4 per group). Each symbol represents one mouse.

Numbers in flow plots indicate percentages. Error bars indicate the s.e.m. Statistical tests: two-

tailed Mann-Whitney U test (***B, C***). *P < 0.05, **P < 0.01, ***P < 0.001. Data summarize results

from two independent experiments.

Figure 2-figure supplement 1. Baseline VDR expression is confined to the CD4+ Foxp3- Teff

cell population. *A*, Gating strategy for the analysis of VDR expression in different leukocyte

populations in the lung. ***B,*** Flow cytometric analysis and cell frequencies of VDR expression in

CD45+, CD4+, CD8+ and CD19+ in the respective groups (n=4-5). ***C,*** Representative flow plots

of lung CD45+ CD4+ T cells isolated from saline and HDM- immunized and -challenged mice for

the co-expression of Foxp3 and VDR. Each symbol represents one mouse. Numbers in flow plots

indicate percentages. Error bars indicate the s.e.m. Statistical tests: two-tailed Mann-Whitney U

test. *P < 0.05. Data summarize results from two independent experiments.

Figure 2-figure supplement 2. VDR expression is induced during CD4+ Th2 cell

differentiation. ***A,*** Representative immunoblot for VDR expression in freshly isolated (0 hrs) and

activated CD4+ CD62L+ CD44- naïve T cells (48 hrs.) and in vitro polarized Th1, Th2 and iTreg

cells. Kidney samples of WT and VDR-/- mice were used as controls. ***B,*** Representative

immunoblot for VDR expression in polarizing Th2 at the indicated days of in vitro culture. ***C,***

Representative image of VDR localization in in vitro polarized Th2 cells stimulated with vehicle

(EtOH, [% v/v]) or calcitriol.

Figure 3. Vitamin D deficiency augments allergic airway inflammation. *A,* Schematic

presentation of the different mouse strains used. ***B,*** Representative H&E-stained lung sections

from saline and HDM-exposed wild type (C57/BL6; WT), vitamin D deficient and VDR-/- mice

(x 10 magnification). Black arrows point to the peri bronchial infiltrate. *C,* Representative flow

plots assessing VDR expression in lung CD4+ T cells from the indicated groups. *D,* Total IgE

levels detected in the sera of respective groups. *E-G,* Absolute numbers of (*E*) leukocytes, (*F*)

eosinophils, and (*G*) lymphocytes in the airways of the respective groups. *H,* Frequencies of IL-

13 producing Th2 in the lung. Data summarize results from two or three independent experiments

with n>8 per group. *I,* Heat map showing differentially expressed genes between WT and vitamin

D deficient Th2 cultures identified by RNA-Sequencing analysis. Analysis and visualization were

performed with DESeq2. *J,* Overrepresentation analysis of Hallmark gene sets in the differentially

expression gene set. The x-axis represents the gene ratio in the respective gene set. Dot sizes denote

the number of genes in the respective pathway. The dot color indicates the FDR-adjusted p-value.

Analysis and visualization were performed with the clusterProfiler package. *K,* Quantitative RT-

PCR analysis of Il-2 mRNA expression in Th2 cultures from the respective groups (n=4 per group).

Gene expression levels were normalized to the house keeping gene L32 and are expressed as fold-

induction compared to WT Th2 cells. *L*, Flow cytometric analysis and cell frequencies of IL-2

production in WT and VDR-/- Th2 cultures (n=5 per group). Each symbol represents one mouse.

Error bars indicate the s.e.m. Statistical significance was determined with: Mixed-effect analysis

with Holm-Šidák's post-hoc analysis (*D –H*), two-tailed Mann-Whitney U test (*K, L*). *P < 0.05,

**P < 0.01, ***P < 0.001, ****P < 0.0001. Data summarize results from two or three independent

experiments with n>8 per group.

Figure 3-figure supplement 1. Vitamin D deficiency does not alter CD4+ IL-10 and IL-17A

expression allergic airway inflammation. Frequencies of IL-10 (*A*) and IL-17A (*B*) CD4+ T

cells. Each symbol represents one mouse. Error bars indicate the s.e.m. Data summarize results

from two or three independent experiments with n>8 per group.

Figure 3-figure supplement 2. Vitamin D deficiency increases IL-13 expression in Th2 cells.

Flow cytometric analysis and frequencies of IL-13 expression in WT, vitamin D deficient and

VDR-/- Th2 cultures (n=5-9 per group). Each symbol represents one individual sample and data

summarize the results from two or three independent experiments. Error bars indicate the s.e.m.

Statistical tests: Kruskal- Wallis Test with Dunn's post-hoc analysis. *P < 0.05, **P < 0.01, ****P

< 0.0001.

Figure 4. Vitamin D stimulation of polarizing Th2 cells suppresses the IL-2/Stat5 pathway.

A, Heat map of differentially expressed genes between vehicle (EtOH [% v/v]) and calcitriol

treated WT Th2 cells. Analysis and visualization were performed with DESeq2. *B*, Gene set

enrichment analysis (GSEA) of differentially expressed genes. Analysis and visualization were

performed with the clusterProfiler package. *C*, Quantitative RT-PCR for Il-2, Stat5a and Stat5b

mRNA expression in Th2 cells exposed to either vehicle or calcitriol. Gene expression levels were

normalized to the house keeping gene L32 and are expressed as fold-induction compared to control

cells. *D*, Flow cytometric analysis and mean fluorescence intensities of Itk and Il2rβ expression in

indicated groups. *E*, Flow cytometric analysis and quantification of IL-13 expression in respective

groups. *F*, Network analysis to visualize vitamin D induced molecular changes in the molecular

interactome of calcitriol stimulated CD4+ Th2. Predefined set of cell membrane receptors were

set as starting points (orange nodes) and annotated transcription factors were set as ending points

(blue). All intermediate proteins on the PPI are visualized as grey nodes. Molecular interactions

only overrepresented in calcitriol stimulated cells are shown as orange arrows. Each symbol in the

bar graphs represents one individual sample and data summarize the results from two or three

independent experiments with n≥ 5. Error bars indicate the s.e.m. Statistical test: two-tailed

Student's t-test (**C, E**) and two-tailed Mann-Whitney U-test (D). *P < 0.05, **P < 0.01, ***P <

0.001.

Figure 4-figure supplement 1. KEGG pathways analysis post vitamin D stimulation. List of

KEGG pathways enriched (p-adj. < 0.05) in DE genes after calcitriol stimulation. The x-axis

indicates the number of genes annotated to each pathway. The bar colors indicate the FDR-adjusted

p-value based on the colormap on the right side of the figure. The R package clusterProfiler was

used for the enrichment analysis and visualization.

Figure 4-figure supplement 2. Active signaling pathways in Th2 cells. *A*, Schematic

representation of the network analysis employed. ***B***, Network analysis to visualize active signaling

paths in control stimulated Th2 cultures. Predefined set of cell membrane receptors were set as

starting points (orange nodes) and annotated transcription factors were set as ending points (blue).

All intermediate proteins on the PPI are visualized as grey nodes. Molecular interactions only

overrepresented in control stimulated cells are shown as purple arrows.

Figure 5. Prenatal vitamin D supplementation protects from asthma development. *A*, H&E

staining of representative lung sections of indicated experimental groups. Arrowheads point to peri

bronchial infiltrates. ***B-E*,** Absolute numbers of total BAL (***B***) leukocytes, (***C***) eosinophils, (***D***)

lymphocytes, and (**E**) lung IL-13+ Th2 cells. **F,** Flow cytometric analysis of Aiolos expression in

differentiating Th2 cells at indicated time points. **G**, QRT-PCR analysis of Ikzf3 transcripts in

respective groups. Expression levels were normalized to the house keeping gene L32 and are

expressed as fold change expression over the control samples WT-vehicle/ WT. **H**, Flow

cytometric analysis of Aiolos expression in control and calcitriol stimulated Th2 cells. **I,** Flow

cytometric analysis and frequencies of IL-2+ cells in WT and Ikzf3-/- cultures post indicated

treatment. Each symbol represents and independent sample (n= 9 per group). Flow cytometric

analysis and quantification of VDR expression in lung CD4+ T cells of the respective groups. Each

symbol represents one individual mouse and data summarize the results from two to three

independent experiments with n>8 per group. Error bars indicate the s.e.m. Statistical significance

was determined with Mixed-effect analysis with Holm-Šidák's post-hoc analysis (**B-E**), two-tailed

Mann-Whitney U-test (**G, H**) and One-way ANOVA with Holm-Šidák's post-hoc analysis (**G**). *P

< 0.05, **P < 0.01, ***P < 0.001, ****P < 0.0001.

Figure 5-figure supplement 1. Prenatal vitamin D supplementation increases VDR

expression in CD4+ T cells. *A*, Schematic presentation of the dietary intervention protocol and

breeding scheme with vitamin D. ***B***, Flow cytometric analysis and quantification of VDR

expression in lung CD4+ T cells of the respective groups. Each symbol represents one individual

mouse and data summarize the results from two to three independent experiments with n>8 per

group. Error bars indicate the s.e.m. Statistical significance was determined with One-way

ANOVA with Holm-Šidák's post-hoc analysis. *P < 0.05, **P < 0.01, ***P < 0.001, ****P <

0.0001.

Figure 5-figure supplement 2. Prenatal vitamin D supplementation mitigates Th2 development and cytokine production in vitro. *A-E*, Representative flow plots and cell frequencies of (*A*) Gata3, (*B*) VDR, (*C*), IL-2, (*D*) IL-13, (*E*) IL-5 expression in indicated groups. Each symbol represents one individual sample and data summarize the results from two to three independent experiments (n= 4-5 per group). Error bars indicate the s.e.m. Statistical test: two-tailed Mann-Whitney U-test (**a – e**). *P < 0.05, **P < 0.01, ***P < 0.001.

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Appendix 1

Primer sequences

Gene	species	sequence
Gsdma antisense	mouse	5'-TCA ACC AGC TTC AGT TGC AC-3'
Gsdma sense	mouse	5'-TGC TGT CAA AGG ACG CTA TG-3'
Ikzf3 sense	mouse	5'-TGT CAC CTC TGC AAC TAC GC-3'
Ikzsf3 antisense	mouse	5'-TTC CGC AGA ACT CAC ACT TG-3'
IL-2 antisense	mouse	5'-ATC CTG GGG AGT TTC AGG TT-3'
IL-2 sense	mouse	5'-CCC ACT TCA AGC TCC ACT TC-3'
Ormdl3 antisense	mouse	5'-CTT TGC CTT GGT CTG GAG TC-3'
Ormdl3 sense	mouse	5'-CAC ACG GGT GAT GAA C AG TC-3'
Stat3 antisense	mouse	5'-TCG TGG TAA ACT GGA CAC CA-3'
Stat3 sense	mouse	5'-GAG GAG CTG CAG CAG AAA GT-3'
Stat5a antisense	mouse	5'-GTC AAA CTC GCC ATC TTG GT-3'

Stat5a sense	mouse	5'-TAC ATG GAC CAG GCT CCT TC-3'
Stat5b antisense	mouse	5'-TGG GTG GCC TTA ATG TTC TC-3'
Stat5b sense	mouse	5'-TGT GGA TAC AGG CTC AGC AG-3'

947 **Appendix 2**

948 **Antibodies**

Antibody	clone	Vendor	catalog #
Aiolos PE	8B2	Biolegend	653204
CD122 (IL2Rβ) APC	5H4	Biolegend	5H4
CD19 PE-Cy7	6D5	Biolegend	115520
CD4 FITC	RM4-5	Biolegend	100510
CD4 PerCPeFluor710	RM4-5	eBioscience	46-0042-82
CD44 FITC	IM7	Biolegend	103006
CD45 BV421	104	Biolegend	109832
CD62L PE	MEL-14	Biolegend	104408
CD8a APC-Cy7	53-6.7	Biolegend	100714
Foxp3 PE	FJK-16s	Invitrogen	12-5773-82
Gata3 PE	16E10A23	Biolegend	653804
IFNg FITC	XMG1.2	Biolegend	505806
IL-10 Pacific Blue	JES5-16E3	Biolegend	505020
IL-13 eFluor660	eBio13A	eBioscience	50-7133-82
IL-13 PE	eBio13A	molecular probes	A18492

IL17A PE-Cy7	TC11-18H10.1	Biolegend	506922
IL-2 PE-TexasRed	JES6-5H4	Biolegend	503840
monoclonal b-actin-Peroxidase	AC-15	Sigma-Aldrich	A3854
Phospho-BTK/ITK	M4G3LN	eBioscience	12-9015-42
Tbet PE	4B10	Biolegend	644809
VDR	D2K6W	Cell Signaling Technology	12550S
VDR AlexaFluor647	D2K6W	Cell Signaling Technology	custom order

950 **Appendix 3**

Reagent	Vendor	catalog #
anti-mouse CD28 (37.51)	BD Biosciences	553294
anti-mouse CD3e (145-2C11)	BD Biosciences	553057
b-mercaptoethanol	gibco	21985-032
calcitriol	Sigma-Aldrich	D1530
collagenase D	Roche	11088866001
Kwik-Diff soultion	Shandon	9990700
DMSO	Sigma-Aldrich	D2438
ProLong gold Anitfade Mountant with DAPI	ThermoFisher Scietific	P36935
rat anti-mouse anti-IFNg	BD Biosciences	554430
Anti-Mouse CD16/CD32 (Mouse BD Fc Block	BD Biosciences	553141
hamster anti-mouse anti-IL-4 (11B11)	BD Biosciences	554433
L-Glutamin	Sigma- Aldrich	G7513
LS columns	Miltenyi	130-042-401

microRNeasy	Qiagen	74004
naive CD4+ T cell isolation kit	Miltenyi	130-104-453
MEM non-essential amino acid solution (100x)	Sigma- Aldrich	M7145
Penicillin/Streptomycin	Sigma- Aldrich	P4333
Cell stimulation Cocktail (500x) phorbol myristate acetate (PMA)/Ionomycin	Tocris	TNB-4975
phosphate buffered saline	Gibco	14190-144
recombinant human TGFb1	Peprotech	100-21C
recombinant mouse IL-12	Peprotech	210-12
recombinant mouse IL-13	Peprotech	210-13
recombinant mouse IL-2	Peprotech	212-12
recombinant mouse IL-33	Peprotech	210-33
recombinant mouse IL-4	Peprotech	214-14
recombinant mouse IL-6	Peprotech	216-16
recombinant human IL-2	Peprotech	200-02
RPMI1640	Sigma-Aldrich	R8758
STAT3 inhibitor III WP1066	Sigma-Aldrich	573129
STAT5 inhibitor	EMD Millipore	573106
AS1517499 (STAT6 inhibitor)	Millipore-Sigma	SML190
U0126	CellSignaling Technologies	9903S
LY294002	CellSignaling Technologies	9901S

SsoFast Eva Green	Bio-Rad	1725201
10x zink fixative	BD Pharmingen	552658
Tris-Glycine-SDS Running Buffer	Boston Bioproducts	BP-150
Transfer buffer	Boston Bioproducts	BP-190
Tris Buffered Saline with Tween 20	CellSignaling Technologies	9997S

Figure 1

A

B

Figure 1-figure supplement 1

Figure 2

Figure 2 - figure supplement 1

A

naive   CD4+

VDR

β-actin

B

VDR

β - actin

C

Figure 3

A

IL-17A$^+$ CD4 T$^+$ cells (%)

saline   HDM

B

IL-10+ CD4+ T cell (%)

saline   HDM

WT
Vitamin D def
VDR$^{-/-}$

Figure 3 - figure supplement 1

Figure 3 - figure supplement 2

Figure 4

Figure 4 - figure supplement 1

A

B

Figure 4 - figure supplement 2

Figure 5

Figure 5 - figure supplement 1

Figure 5 - figure supplement 2

Loading order:
1- marker
2- empty
3- WT kidney sample: positive control
4- VDR-/- kidney sample: negative control
5- CD4+ CD62L+CD44- naïve T cells fresh
6- Th0 cells (24 h CD3 & CD28 stimulation)
7- in vitro Th1
8- in vitro Th2
9- in vitro iTreg
10- WT kidney sample: positive control
11- VDR-/- kidney sample: negative control

Source data-Figure 2 - figure supplement 2A

VDR

β - actin

Loading order:
1- marker
2- empty
3- CD4+ CD62L+CD44- naïve T cells fresh
4- in vitro differentiating Th2 day 1
5- in vitro differentiating Th2 day 2
6- in vitro differentiating Th2 day 3
7- in vitro differentiating Th2 day 5
8- empty
9- WT lung sample: positive control
10- VDR-/- lung sample: negative control

Source data-Figure 2 - figure supplement 2B