

25 accelerates aging-related bone loss. This study identifies Sciadopitysin could reverse
26 this process by targeting YBX1.

27

28 **Abstract**

29 Senescence and change of differentiation direction in bone marrow stromal cells
30 (BMSCs) are two of the most important causes of age-related bone loss. As an
31 important post-transcriptional regulatory pathway, alternative splicing (AS) regulates
32 diversity of gene expression. However, the role of AS in BMSCs during aging
33 remains poorly defined. Here we identify AS in specific genes disrupt gene expression
34 pattern and result in age-related debility of BMSCs. We demonstrate the deficiency of
35 splicing factor Y-box protein 1 (YBX1) result in mis-splicing in genes such as *Fnl*,
36 *Taz*, *Sirt2* and *Sp7*, further contributing to senescence and shift in differentiation
37 direction of BMSCs during aging. Deletion or over-expression of YBX1 in BMSCs
38 accelerate bone loss or stimulate bone formation in mice. Notably, we identify a small
39 compound sciadopitysin which attenuate the degradation of YBX1 and attenuate bone
40 loss in old mice. Our study demonstrates elaborately controlled RNA splicing governs
41 cell fate of BMSCs and provides a potential therapeutic target for age-related
42 osteoporosis.

43

44 **Introduction**

45 Alternative splicing of precursor mRNA (pre-mRNA) is an important
46 post-transcriptional regulatory pathway of more than 90% of multiexon
47 protein-coding genes in mammals, enabling cells to generate abundant transcript and
48 protein diversity from a limited number of genes¹. Most of human genes undergo
49 alternative splicing² in a variety of physiological and pathological process such as

50 mesenchymal stem cell differentiation, tissue and organ development, aging and
51 tumorigenesis³⁻⁷. Dysregulation of pre-mRNA splicing is associated with aging and a
52 large proportion of age-related changes in alternative splicing are associated with
53 alternations of the expression of splicing factors⁸⁻¹⁰.

54 Bone marrow stromal cells (BMSCs) have the ability to differentiate into a variety
55 of cell types including osteoblasts, adipocytes and chondrocytes¹¹⁻¹³. With age,
56 BMSCs become more inclined to differentiate into adipocytes rather than osteoblasts,
57 resulting in bone marrow fat accumulation and bone loss¹⁴⁻¹⁷. However, the molecular
58 mechanism which regulates age-associated BMSCs lineage shift remains elusive. In
59 BMSCs, the expression of genes related to senescence such as *P53/P16*, or key
60 transcriptional factors related to differentiation such as *Runx2* or *Ppargγ* could be
61 regulated by alternative splicing¹⁸⁻²¹. Changes of splicing factors and variable of AS
62 events in BMSCs genes may be critical in BMSCs senescence and fate determination
63 during aging.

64 Y-box binding protein 1 (YBX1) is a multifunctional protein known to participate
65 in a wide variety of DNA/RNA-dependent events including DNA reparation and
66 transcription, pre-mRNA splicing, mRNA stability and translation²²⁻²⁴. YBX1 has
67 been reported to control the expression of pluripotency-related genes in embryonic
68 stem cells²⁵. YBX1 also could regulate multiple biological activities including cell
69 proliferation, differentiation, senescence, apoptosis, and tumor development²⁶⁻²⁹. It
70 has been reported that YBX1 restrained cellular senescence by directly binds to the
71 *p16^{INK4A}* promoter and repressed the transcription of *P16^{INK4A}*²⁸. In the past decades,
72 as a splicing factor, the role of YBX1 in alternative splicing has been studied³⁰⁻³⁴.
73 Jayavelu AK et al reported that YBX1 mediated pre-mRNA splicing is the key
74 mechanism of persistence of JAK2-mutated myeloproliferative neoplasms³³. Ma, S.

75 et al. demonstrated that YBX1 decreased with aging in six tissues (bone marrow,
76 brown adipose tissue, white adipose tissue, aorta, skin, liver) and participated in
77 adipose stem cell maintenance in white adipose tissue³⁵. However, whether YBX1
78 regulates the fate of BMSCs via alternative splicing is unclear.

79 In the present study, we observed altered pre-mRNA splicing and changed gene
80 expression pattern in BMSCs during aging and we further find that the expression of
81 splicing factor YBX1 in BMSCs is decreased with aging in mice and human. YBX1
82 can stimulate osteogenic differentiation and restrain senescence of BMSCs by
83 regulating a cluster of genes including *Fnl1*, *TAZ*, *Sirt2* and *Sp7* as a splicing factor.
84 Moreover, we discover a natural small compound, sciadopitysin, which can restrain
85 the degradation of YBX1 and attenuate age-related bone loss. Our results demonstrate
86 elaborately controlled RNA splicing regulates differentiation and senescence of
87 BMSCs and suggest that YBX1 is a potential therapeutic target for age-related
88 osteoporosis.

89

90 **Results**

91 **1. Dysregulated pre-mRNA alternative splicing and altered gene expression** 92 **pattern in BMSCs during aging**

93 Aging related decline in bone formation is closely associated with the debility of
94 BMSCs. BMSCs isolated from 24-month-old mice showed significant higher level of
95 senescence indicated by β -Gal staining and lower osteogenic differentiation potential
96 indicated by Alizarin Red staining after osteogenic induction compared with BMSCs
97 isolated from 2-month-old mice (Figure 1 A-C). Dysregulation of pre-mRNA splicing
98 directly contribute to cell dysfunction and senescence. To investigate the splicing
99 events and gene expression pattern in BMSCs during aging, we performed whole

100 transcriptome resequencing and alternative splicing analysis in BMSCs isolated from
101 2-month-old and 24-month-old mice (Figure 1 D). We evaluated changes in
102 pre-mRNA splicing by calculating “percentage spliced in”(ΔPSI) values of several
103 major alternative splicing events with $\Delta\text{PSI} > 0.1$ and P value < 0.05 (Figure 1 E).
104 pre-mRNA splicing in BMSCs upon aging showed changes in alternative first exon
105 event (35.98%), alternative 5' splice site (15.09%), exon skipping (14.76%), intron
106 retention (13.93%), alternative last exon (11.44%) and alternative 3' splice site
107 (8.46%) (Figure 1 E). Gene Ontology (GO) analysis showed that those alternative
108 splicing events involved genes related with osteoblast differentiation and cellular
109 senescence (Figure 1 F). Meanwhile, the BMSCs isolated from 24-month-old mice
110 exhibit increased expression of a cluster of senescence and adipogenic differentiation
111 related genes and decreased expression of a cluster of osteogenic differentiation
112 related genes with at least a 2-fold change when compared with BMSCs isolated from
113 2-month-old mice (Figure 1 G). To investigate the potential splicing factor might be
114 responsible to the altered splicing events in BMSCs during aging, we identified 92
115 RNA splicing proteins whose expression level changed with at least a 2-fold between
116 BMSCs isolated from 2-month-old mice and 24-month-old mice, by combine
117 analyzing RNA sequencing data with RNA binding proteins and RNA splicing
118 proteins datasets (Figure 1 H, I). These differentially expressed splicing factors form a
119 regulatory network whose functions are mainly enriched in terms related to various
120 RNA metabolic processes (Figure 1 J). We further screen out 50 differentially
121 expressed proteins with function enriched in mRNA splicing or regulation of RNA
122 splicing (Figure 1 J, K)

123 The changed splicing factors and pre-mRNA altered splicing events might play an
124 important role in the functional debility of BMSCs during aging.

125 **2. Splicing factor YBX1 regulated the fate decision and senescence of BMSCs**
126 **and showed decreased expression during aging**

127 Among these changed RNA splicing factors, YBX1, inactivation of which has been
128 reported inducing apoptosis in mouse and primary human cells and cause regression
129 of the malignant clones in vivo³³, displayed significantly lower expression in the
130 BMSCs isolate from the older mice compared with that from young ones (Figure 1 H).
131 We confirmed the lower expression level of YBX1 in BMSCs isolated from
132 24-month-old mice related to 2-month-old mice by immunofluorescence staining
133 (Figure 2 A-C), western bolt (WB, Figure 2 D) and qPCR (Figure 2 E) analysis. As
134 YBX1 performs its pre-mRNA splicing function mainly in nucleus, we further
135 confirmed the lower YBX1 level in nucleus in BMSCs isolated from 24-month-old
136 mice (Figure 2 D). The YBX1 level was also lower in cultured primary BMSCs from
137 late passage (Supplemental Figure 1 A-C). Nestin positive cells in bone marrow
138 represent a subset of messenchymal stem cell^{16,36}. Co-immunofluorescence staining
139 of Nestin and YBX1 on the bone marrow confirmed the lower number of Nestin⁺
140 BMSCs and YBX1⁺ cells in metaphysis area in femur of 24-month-old mice (Figure 2
141 B, C). Similarly, the YBX1 level in human BMSCs was also negatively correlated
142 with age (Figure 2 F). These results indicated that slicing factor YBX1 might play
143 roles in the altered splicing events in BMSCs during aging.

144 Reduced osteogenic differentiation tendency and enhanced adipogenic
145 differentiation tendency are the characteristics of aging BMSCs. We found that the
146 RNA and protein level of YBX1 up-regulated during osteogenic induction and
147 down-regulated during adipogenic induction (Figure 2 G-J). To further investigate the
148 role of YBX1 in BMSCs differentiation and senescence, we used adenovirus mediated
149 shRNA to knock down YBX1 in BMSCs and verified the knockdown efficiency by

150 WB tests (Supplemental Figure 1 D). BMSCs with depletion of YBX1 showed lower
151 osteogenic capacity after osteogenic induction indicated by alizarin red staining
152 (Figure 2 K, L) and higher adipogenic differentiation ability after adipogenic
153 induction indicated by Oil Red O staining (Figure 2 M, N). In addition, BMSCs with
154 depletion of YBX1 had higher percentage of β -Gal positive senescence cells
155 compared with the control group (Figure 2 O, P). RNA-Seq analysis also showed that
156 osteogenic differentiation related genes were down-regulated but adipogenic
157 differentiation and senescence related genes were up-regulated in BMSCs with
158 depletion of YBX1 in comparison with the control group (Figure 2 Q-T). Taken
159 together, these results suggested that YBX1 play a role in the regulation of BMSCs
160 senescence and fate decision.

161 **3. Depletion of YBX1 in BMSCs resulted in accelerated bone loss and bone** 162 **marrow fat accumulation**

163 To further investigate the role of YBX1 on the fate decision and senescence of
164 BMSCs in vivo, we crossed *Prx1-cre* transgenic mice with *YBX1^{fllox/fllox}* mice to
165 specifically knock out YBX1 in BMSCs (*YBX1^{Prx1-CKO}*). We confirmed the knockout
166 efficiency in BMSCs by qRT-PCR analysis (Supplemental Figure 1 E). RNA-Seq
167 analysis and GO analysis suggested that BMSCs isolated from *YBX1^{Prx1-CKO}* mice had
168 altered genes expression which mainly enriched in osteoblast differentiation, bone
169 mineralization, bone/skeletal system development and fat cell differentiation in
170 comparison with the control group (Supplemental Figure 1 F).

171 Micro-computed tomography (μ CT) analysis of the distal femur metaphysis
172 revealed that bone volume was significantly lower in *YBX1^{Prx1-CKO}* male mice relative
173 to their *YBX1^{fllox/fllox}* littermates at 3 months and 12 months old (Figure 3 A, B).
174 Additionally, depletion of YBX1 in BMSCs reduced the trabecular thickness and

175 number, while increased the trabecular separation (Figure 3 C-E). Histochemistry and
176 immunohistochemical analysis showed that *YBX1^{Prx1-CKO}* mice had significantly
177 higher number of adipocytes in the bone marrow (Figure 3 F, G), but lower number of
178 osteoblasts on the trabecular bone surfaces (Figure 3 H, I). Calcein double labeling
179 revealed that *YBX1^{Prx1-CKO}* mice had significant lower trabecular bone mineral
180 apposition rates (MAR) compared with their *YBX1^{fllox/fllox}* littermates (Figure 3 J, K).
181 Constantly, the bone volume, trabecular thickness and number was also significantly
182 lower while the trabecular separation was significantly higher in *YBX1^{Prx1-CKO}* female
183 mice relative to their *YBX1^{fllox/fllox}* littermates at 3 months old (Supplementary Figure 2
184 A-E). These results suggested that depletion of YBX1 accelerating bone loss and
185 stimulating bone marrow fat accumulation.

186 **4. Over-expression of YBX1 attenuated fat accumulation and promoted bone** 187 **formation in aged mice**

188 Next, we investigated whether elevated the level of YBX1 could attenuated the
189 senescence of BMSCs and stimulated its osteogenic differentiation. BMSCs with
190 over-expression of YBX1 showed enhanced osteogenic differentiation indicated by
191 Alizarin Red staining (Figure 4 A) and restrained adipogenic differentiation indicated
192 by Oil Red O staining (Figure 4 B). Over-expression of YBX1 also reduced BMSCs
193 senescence indicated by β -Gal staining (Figure 4 C). Western blot analysis showed
194 that BMSCs with over-expression of YBX1 had higher level of osteogenic related
195 protein SP7, lower level of adipogenic related protein PPAR γ and lower level of
196 senescence related protein P16 (Figure 4 D).

197 To investigate whether recovering of YBX1 expression could further alleviate
198 aged-associated bone loss in vivo, we constructed AAV serotype 8 with CMV
199 promoter for gene delivery of YBX1 (rAAV8-YBX1-GFP) to over-express YBX1 in

200 BMCSs. We treated 14-month-old mice with rAAV8-YBX1-GFP by intra-bone
201 marrow injection. One months after, YBX1 expression level in BMSCs isolated from
202 mice infected with rAAV8-YBX1-GFP was much higher than that from control mice
203 (Figure 4 E), μ CT analysis showed higher bone volume, trabecular number and lower
204 trabecular separation in YBX1 over-expression mice compared to the control group
205 (Figure 4 F-J). rAAV8-YBX1-GFP treated mice had significant lower bone marrow
206 fat accumulation (Figure 4 K, L) and more osteoblasts on the trabecular bone surfaces
207 (Figure 4 M, N). These results suggested that recovering of YBX1 expression
208 restrained age-related bone loss and bone marrow fat accumulation in old mice.

209 **5. YBX1 regulated the fate of BMSCs through regulating the splicing of** 210 **pre-mRNAs critical for differentiation and senescence**

211 To further investigate the role of splicing factor YBX1 in BMSCs, we evaluated
212 changes in pre-mRNA splicing between BMSCs isolated from *YBX1^{Prx1-CKO}* mice and
213 their *YBX1^{fllox/fllox}* littermate controls by calculating “percentage spliced in” (Δ PSI)
214 values of major alternative splicing events (Supplementary Figure 3 A, B). There were
215 234 pre-mRNAs showed altered splicing with Δ PSI>0.1 and P value<0.05. The
216 change in pre-mRNA splicing upon YBX1 deletion was alternative first exon
217 (45.53%), alternative 5' splice site (17.45%), exon skipping (13.62%), intron
218 retention (10.21%), alternative 3' splice site (9.79%) and alternative last exon (3.4%)
219 (Supplementary Figure 3 B). We next performed mass spectrometry (MS) following
220 immunoprecipitation in BMSCs to identify YBX1 interaction partners
221 (Supplementary Figure 3 C). Proteomic network analysis showed that YBX1
222 interacted with a number of proteins related to ribosome, ribosome biogenesis and
223 spliceosome complex (Supplementary Figure 3 D, E). Protein correlation analysis
224 indicated that YBX1 and its related protein form a regulatory network whose

225 functions are mainly enriched in various RNA metabolic processes including
226 spliceosome and ribonucleoprotein complex assembly, snRNA processing, alternative
227 mRNA splicing and RNA splicing (Supplementary Figure 3 E, F). Among these
228 YBX1 interaction partners, a cluster of ribonucleoproteins, mRNA splicing factors
229 and ribosomal proteins were significantly enriched to take part in spliceosome
230 assembly reaction to form a mature mRNA (Supplementary Figure 3 G, H), which
231 also indicated the core role of splicing factor YBX1 in pre-mRNA altered splicing
232 event.

233 To further investigate the mechanism by which splicing factor YBX1 regulating the
234 differentiation and senescence of BMSCs, we identified genome-wide targets of
235 YBX1 in BMSCs by anti-YBX1 ultraviolet crosslinking immunoprecipitation (CLIP)
236 analysis using BMSCs cell line (Figure 5 A). CLIP analysis identified 7890
237 YBX1-binding sites and approximately 51.69% of them were distributed in exons
238 (Figure 5 B), with obvious preferential occupancy of CLIP sequence (Figure 5 C). By
239 combine RNA sequencing and anti-YBX1 CLIP analysis, we identified 66
240 pre-mRNAs in BMSCs with YBX1-binding sites showed alternative splicing upon
241 YBX1 deletion (Figure 5 D). Among those mRNAs, BMSCs osteogenesis related
242 genes *Fn1* and *Sp7*, BMSCs senescence related gene *Sirt2*, and BMSCs differentiation
243 transcriptional modulate gene *Taz*³⁷, were identified as direct YBX1-mRNA binding
244 targets and went through mis-splicing, including alternative first exon of *Fn1*, exon
245 skipping of *Sirt2*, *Sp7* and *Taz* upon YBX1 deletion (Figure 5 E-H). We constructed an
246 RNA map for YBX1-dependent splicing regulation and found that repression and
247 activation related binding occurred at almost completely different sites (Figure 5 I).
248 Semi-quantitative PCR validated the exon skipping of *Sirt2*, *Sp7* and *Taz* in BMSCs
249 isolated from 24-month-old mice and *YBX1*^{*Prx1*-CKO} mice (Figure 5 J-M). To further

250 investigated whether those mis-splicing would affect BMSCs differentiation, we
251 transfected the different mRNA isoforms of *Taz*, *Sp7* or *Sirt2* into BMSCs which
252 underwent osteogenic or adipogenic induction. The long isoform of *Sp7* mRNA
253 (without skipping of e2) had better promoting effect on osteogenic differentiation in
254 BMSCs (Figure 5 O), the long isoform of *Taz* mRNA (without skipping of e9) had
255 better promoting effect on osteogenic differentiation and better suppression effect on
256 adipogenic differentiation in BMSCs (Figure 5 N, P) and the long isoform of *Sirt2*
257 mRNA (without skipping of e2) had better suppression effect on senescence of
258 BMSCs (Figure 5 Q).

259 In order to evaluate whether those altered splicing events in pre-mRNA would
260 result in a variation in protein level, we performed WB test and demonstrated a
261 decreased expression in FN1, TAZ, SIRT2 and SP7, which pre-mRNA had direct
262 YBX1-mRNA binding target and went through mis-splicing, in BMSCs isolated from
263 *YBX1^{Prx1-CKO}* mice (Figure 5 R). TAZ was reported to form a transcriptional complex
264 with RUNX2 that drives osteogenic differentiation of BMSCs, coordinately represses
265 adipocyte differentiation in a transcriptional repressor of PPAR γ ^{14,37}. Our previous
266 research suggested that YBX1 could directly bind to the promoter and repress the
267 expression of P16 in hypothalamic neural stem cells²⁷. We also detected a decreased
268 expression in RUNX2 and increased expression level of P16 and PPAR γ in BMSCs
269 isolated from *YBX1^{Prx1-CKO}* mice (Figure 5 R).

270 In nucleus, YBX1 mainly performs its pre-mRNA splicing function, meanwhile
271 YBX1 also could bind to the 3'UTR region of mRNA to maintain its stability in
272 cytoplasm²⁶. We also detected many binding sites of YBX1 in 3'UTR region of
273 mRNA in BMSCs (Figure 5 B). The protein level of YBX1 was also lower in
274 cytoplasm of BMSCs isolated from older mice and in cultured primary BMSCs from

275 later passage (Figure 2 D and Supplemental Figure 1 B). By combine RNA
276 sequencing and anti-YBX1 CLIP analysis, we identified 89 mRNAs in BMSCs with
277 YBX1-binding sites on 3' UTR region showed altered expression upon YBX1 deletion
278 (Supplemental Figure 4 A, B). Among those mRNAs, senescence related gene *Nrp2*,
279 osteogenesis related genes including *Bgn*, *Colla2* and *Thbs1* with its downstream FAK
280 signaling, showed decreased expression upon YBX1 deletion (Supplemental Figure 4
281 C-E),

282 As an RNA binding protein, YBX1 also could bind to the promoter regions of
283 genes and regulated their expression^{28,38}. To investigate whether YBX1 regulated
284 those senescence and osteogenesis genes of BMSCs at transcriptional level, we
285 performed YBX1 chromatin immunoprecipitation sequencing (ChIP-seq) and found
286 that only 2.69% peaks located at the promoter region (Supplemental Figure 5 A) and
287 there was no significant difference between the enrichment of YBX1 and input at the
288 transcription start sites TSSs (Supplemental Figure 5 B). Additionally, there was no
289 significant binding of YBX1 to promoter region of *Bgn*, *Colla2*, *Nrp2*, *Thbs1*, *Fn1*, *Taz*,
290 *Sirt2*, and *Sp7* genes (Supplemental Figure 5 C, D).

291 Taken together, these results suggested that YBX1 regulated the expression level of
292 osteogenic differentiation, adipogenic differentiation and senescence related genes in
293 BMSCs by controlling pre-mRNA alternative splicing and mRNA stability.

294 **6. Sciadopitysin bind to and inhibited ubiquitin degradation of YBX1**

295 To search the potential therapeutic strategy to restrain the age-related debility of
296 BMSCs by targeting YBX1, we performed molecular docking to screen the natural
297 small molecular compounds that interacted with mouse YBX1 as previously reported
298²⁷. We chose 9 top-ranked small molecules which are related to anti-oxidation,
299 anti-inflammation, anti-aging and bone metabolism (Figure 6 A). Among these

300 candidates, 5 compounds including theaflavin-3-gallate, eriocitrin, sciadopitysin,
301 isoginkgetin and bilobetin showed no adverse effect on BMSCs proliferation
302 evaluated by CCK8 assay (Figure 6 B) and all of these 5 compounds had no effects on
303 the transcription of *YBX1* (Figure 6 C). Only sciadopitysin and theaflavin-3-gallate
304 could promote osteogenic differentiation, inhibit adipogenic differentiation and
305 attenuate senescence of BMSCs, between them, sciadopitysin showed better effects
306 (Figure 6 D-G). So, we choose sciadopitysin for further study. The structure and
307 binding mode of sciadopitysin and YBX1 showed that sciadopitysin could enter into
308 the pocket-like structure of YBX1 (Figure 6 H). Different dose of sciadopitysin
309 increased the protein level of YBX1 in BMSCs in a graded manner (Figure 6 I).
310 Sciadopitysin treatment could also increase the expression of FN1, TAZ, SP7, THBS1
311 in BMSCs at the protein level (Figure 6 I).

312 To investigate the means by which sciadopitysin treatment increased the protein
313 level of YBX1, we blocked the protein synthesis in BMSCs by cycloheximide (CHX)
314 and found that sciadopitysin treatment slow down the degradation of YBX1 (Figure 6
315 J). YBX1 was demonstrated to be degraded through ubiquitination³⁹. Therefore, we
316 further tested whether sciadopitysin treatment affected YBX1 ubiquitination and
317 found that sciadopitysin significant decreased the ubiquitination level of YBX1
318 (Figure 6 K). Previous studies reported that ubiquitin ligase FBXO33 could bind to
319 and mediate the ubiquitination of YBX1³⁹. To confirmed the interaction between
320 FBXO33 and YBX1 and investigate which region of YBX1 protein could bind to
321 FBXO33, we generated a series of YBX1 plasmid mutants, transfected them into
322 BMSCs and performed co-IP assay. The results showed that deletion of the amino
323 acid cites 128-322 (C-terminus) and the amino acid cites 42-53 (pocket area) of
324 YBX1 impaired the interaction between YBX1 and FBXO33, suggesting that the

325 C-terminus and the pocket area is crucial for YBX1 binding to FBXO33 (Figure 6 L).
326 We further confirmed the interaction between FBXO33 and YBX1 in BMSCs by IP
327 test, and the interaction was suppressed by sciadopitysin treatment (Figure 6 M).
328 Notably, sciadopitysin treatment could decreased the expression level of FBXO33 in
329 BMSCs (Figure 6 N). These results suggested that sciadopitysin inhibit ubiquitination
330 degradation of YBX1 both by decreased the level of ubiquitin ligase FBXO33 and
331 prevent YBX1 from combining with FBXO33. Furthermore, sciadopitysin treatment
332 also could partially restrain the exon skipping of *Sirt2*, *Sp7* and *Taz* in BMSCs
333 isolated from 24-month-old mice (Figure 6 O), which indicated that sciadopitysin
334 could alleviate age related mis-splicing of destiny genes in aged BMSCs.

335 **7. Sciadopitysin treatment ameliorated age-related bone loss in mice**

336 To further investigate whether sciadopitysin administration could alleviate
337 age-related bone loss, 13-month-old C57/BL6J mice were administrated with
338 sciadopitysin at 40mg/kg body weight per day or with vehicle for 2 months (Figure 7
339 A). μ CT analysis showed that sciadopitysin treated mice had higher bone volume,
340 trabecular thickness, trabecular number and lower trabecular separation compared to
341 vehicle treated and control mice (Figure 7 B-C). Sciadopitysin treated mice had
342 significantly higher number of osteoblasts on the trabecular bone surfaces, as
343 compared with control and vehicle-treated mice (Figure 7 D). Moreover, calcein
344 double labeling analysis showed that sciadopitysin treated mice had significantly
345 higher trabecular bone mineral apposition rates (MAR) compared with control and
346 vehicle-treated mice (Figure 7 E). The number of adipocytes were also decreased by
347 the treatment of sciadopitysin (Figure 7 G). However, the number of osteoclasts and
348 adipocytes were not affected by the treatment of sciadopitysin (Figure 7 F). These
349 results suggested that mice treated with sciadopitysin increased bone formation in old

350 mice.

351 Taken together, we demonstrated that RNA binding protein YBX1 can stimulate
352 osteogenic differentiation and restrain senescence of BMSCs by regulating a cluster of
353 genes including *Fnl1*, *Taz*, *Sirt2*, *Sp7* as a splicing factor in nucleus and regulating *Bgn*,
354 *Colla2*, *Nrp2* and *Thbs1* as mRNA stabilized protein in cytoplasm. The decreased
355 expression level of YBX1 during aging contribute to the debility of BMSCs including
356 increased senescence and reduced osteogenesis. Moreover, we identified a natural
357 small compound, sciadopitysin, which can delay the degradation of YBX1 and
358 attenuate age-related bone loss (Figure 7H).

359 Discussion

360 Age-related dysfunction of BMSCs such as lineage switching between osteogenic
361 and adipogenic fates and acceleration in senescence are critical in age-associated
362 osteoporosis. Alternative splicing, as an important regulation pathway of gene
363 translation, has a wide range of biological functions. Disruption in alternative splicing
364 can lead to dysfunction or disease⁴⁰. Aberrant of alternative splicing can accelerate
365 cellular senescence⁴¹, disrupt the differentiation of mesenchymal stem cells¹⁸⁻²⁰. It has
366 been reported that MSC from old and young donors have different alternative splicing
367 events⁴². However, whether aberrant of alternative splicing take part in the aging
368 related dysfunction of BMSCs and how does it work remains unclear. In the present
369 study we observed altered splicing events and changed gene expression pattern of
370 BMSCs in mice during aging by whole transcriptome resequencing analysis and
371 alternative splicing analysis. We further demonstrated that the deficiency of splicing
372 factor YBX1 might be responsible for mis-splicing on BMSCs destiny genes and
373 further result in senescence and change of differentiation direction in aged BMSCs.

374 As well-known transcriptional and translational regulator, YBX1 take part in

375 variety of RNA-dependent events, including pre-mRNA transcription and splicing,
376 mRNA packaging, mRNA stability and translation^{23,43}. At the cell level, the activities
377 of YBX1 involve in the regulation of multiple processes of cellular biology, such as
378 cell proliferation, differentiation, stress response, and malignant cell
379 transformation^{29,33,38,43}. In this study, we found the expression level of YBX1 in
380 BMSCs was decreased during aging, and further demonstrated that BMSCs
381 osteogenesis related genes *Fnl1* and *Sp7*, senescence related gene *Sirt2*, and *Taz* which
382 has been reported both involved in osteogenic and adipogenic differentiation of
383 BMSCs^{14,37}, were identified as direct YBX1-mRNA binding targets and went through
384 altered splicing. As a multifunctional RNA binding protein, YBX1 not only act as a
385 splicing factor but also through other ways to regulate BMSCs fate decisions. Our
386 previous research suggested that YBX1 could directly bind to the promoter and
387 repress the expression of *P16*, and thus controlling the senescence of hypothalamic
388 neural stem cells²⁸. In this study we also identified 89 mRNAs in BMSCs, including
389 several osteogenesis related genes and senescence related genes with YBX1-binding
390 sites on 3' UTR region which showed altered expression upon YBX1 deletion. These
391 results suggested that beside pre-mRNA alternative splicing, YBX1 also could
392 regulate BMSCs fate decisions by directly regulating the transcription of specific
393 genes or maintaining the stability of mRNAs. YBX1 involving the regulation of
394 BMSCs fate decide during aging, and pre-mRNA alternative splicing is one of the
395 important regulatory approaches.

396 Through further research, we found that BMSC specific YBX1 knockout mice had
397 accelerated bone loss and bone marrow fat accumulation than the control mice,
398 over-expression of YBX1 in bone marrow with AAV8-CMV-YBX1-GFP attenuated
399 bone loss and bone marrow fat accumulation, which further confirmed that YBX1 is a

400 critical factor in orchestrating lineage commitment of BMSCs during aging. Our
401 finding indicated that restore the level of YBX1 in BMSCs during aging might be a
402 therapeutic strategy to alleviate age-associated osteoporosis.

403 Sciadopitysin is an amentoflanove-type biflavonoid, which is contained in taxus
404 chinensis. Eun Mi Choi et al. using MC3T3-E1 cell lines demonstrated that
405 sciadopitysin protect osteoblast function via upregulation of mitochondrial biogenesis.
406 ^{44,45}. In our study, we identified sciadopitysin that could bind to YBX1 to attenuate its
407 ubiquitination degradation, and further increase osteogenic differentiation and inhibit
408 senescence of BMSCs. Treatment of sciadopitysin could attenuate age-related bone
409 loss in mice and we also observed that sciadopitysin treatment could partially restrain
410 the exon skipping of *Sirt2*, *Sp7* and *Taz* in BMSCs isolated from aged mice. All these
411 results indicated that sciadopitysin perform its protection effect on bone mass partly
412 through YBX1. In this study we didn't investigate other mechanisms involved and
413 couldn't exclude the effect of sciadopitysin outside of YBX1, and the efficacy and
414 safety of sciadopitysin need to be further evaluated in larger animals. We believe that
415 sciadopitysin could act as a major candidate compound when designing of new
416 anti-osteoporosis drugs.

417 Taken together, our study demonstrated that YBX1 worked as an alternative
418 splicing factor in regulating BMSCs senescence and fate decisions and could be a
419 potential therapeutic target for the treatment of age-related osteoporosis.

420

421 **Materials and Methods**

422 **Animals**

423 *YBX1*^{fllox/+} mice were purchased from Cyagen Biosciences. *Prx1-cre* transgenic
424 mice were purchased from the Jackson Laboratory. We mated *YBX1*^{fllox/+} male mice

425 with *YBX1^{fllox/+}* female mice to obtain *YBX1^{fllox/fllox}* mice. We crossed *prx1-cre* mice
426 with *YBX1^{fllox/fllox}* to obtain *prx1-cre;YBX1^{fllox/+}* mice. By mating *prx1-cre;YBX1^{fllox/+}*
427 male mice with *YBX1^{fllox/fllox}* female mice, we obtained *prx1-cre;YBX1^{fllox/fllox}* mice as
428 homozygous conditional YBX1 knockout mice. The littermate *YBX1^{fllox/fllox}* mice were
429 used as controls.

430 All the mice used in this study were bred under specific-pathogen-free conditions
431 of Laboratory Animal Research Center at Central South University. All the mice were
432 kept in a C57BL/6 background. All animal care protocols and experiments were
433 approved by the Medical Ethics Committee of Xiangya Hospital of Central South
434 University. Approval number: 2019030350.

435 **Intra-bone marrow injection of adeno-associated virus**

436 Intra-bone marrow delivery of virus was performed as previous reported ¹⁴.
437 Recombinant adeno-associated serotype 8 virus with CMV promoter for YBX1
438 overexpression (rAAV8-YBX1-GFP) was purchased from Hanbio Biotechnology Co
439 (Shanghai, China). The virus was diluted with sterile PBS and the viral titer used in
440 the study was 5×10^{12} vg/ml. We used rAAV8-GFP as control. 5 μ l of either
441 rAAV8-YBX1-GFP or rAAV8-GFP was delivered into the femoral medullary cavity
442 through periosteal injection twice a month for 2 months.

443 **Compound treatment**

444 Sciadopitysin (T5S2129), Eriocitrin (T6S0221), Isoginkgetin (T4S21320),
445 Bilobetin (T4S2128), Theaflavin3-gallate (T3051), Punicalin (T4S1718), Ginkgetin
446 (T4S2126), Cepharanthine (T0131) and Hinokiflavone (T4S0181) were purchased
447 from TargetMol. For in vivo studies, sciadopitysin was treated by oral gavage at
448 40mg/kg body weight/day for 2 months. For in vitro experiment, sciadopitysin,
449 eriocitrin, isoginkgetin, bilobetin, theaflavin3-gallate, punicalin, ginkgetin,

450 cepharanthine and hinokiflavone were dissolved in DMSO and treated at the
451 concentration of 10uM unless specified otherwise.

452 **Primary mouse BMSC isolation and culture**

453 Primary mouse BMSCs were isolated as previously reported¹⁵. We flushed bone
454 marrow cells from the tibia and femora of male mice and incubated the cells with
455 anti-Sca-1-PE (108108; BioLegend), anti-CD29-FITC (102206; BioLegend),
456 anti-CD45-PerCP (103132; BioLegend), and CD11b-PerCP (101226; BioLegend) for
457 20 minutes at 4°C. For human BMSCs, human bone marrow cells were collected and
458 incubated with FITC-, APC-, and PE-conjugated antibodies that recognized human
459 Stro-1 (BioLegend, 340106), CD45 (BioLegend, 304012), and CD146 (BioLegend,
460 361008) at 4°C for 30 minutes. The acquisition was conducted on a
461 fluorescence-activated cell sorting (FACS) Aria model (BD Biosciences). FACS
462 DIVE software version 6.1.3 (BD Biosciences) was used for the analysis.

463 The sorted mouse Sca-1⁺CD29⁺CD45⁻CD11b⁻ BMSCs and human
464 CD146⁺Stro-1⁺CD45⁻ BMSCs were cultured for about 1 week to reach 80%–85%
465 confluence. Then, first-passage BMSCs were digested with trypsin for about 1min and
466 seeded in culture dishes for the enrichment of cell populations.

467 **Cell culture, transfection, differentiation and senescence assay**

468 BMSCs were cultured in α -MEM supplemented with 10% fetal bovine serum
469 (Gibco), 100 μ g/ml streptomycin (Gibco) and 100 units/ml penicillin (Gibco) at 37 °C
470 with a humidified atmosphere of 5% CO₂.

471 For YBX1 knock down, adenovirus particles of shYBX1 and shControl were
472 obtained from Hanbio Biotechnology Co (Shanghai, China). BMSCs were infected
473 with adenovirus for 8 hours before proceeding to perform further experiments. For
474 YBX1 over-expression, mYBX1 pcDNA3.1 was purchased from Youbio Biological

475 Technology. The mYBX1 plasmid and negative control were transfected into BMCSs
476 using Lipofectamine 2000 (Invitrogen) for 6 hours before proceeding to perform
477 further experiments.

478 For osteogenic differentiation assay, BMSCs were cultured in 6-well plates at a
479 density of 1.0×10^6 cells per well with osteogenic induction medium (10 mM
480 β -glycerol phosphate, 0.1 μ M dexamethasone, and 50 μ M ascorbate-2-phosphate) for
481 3 weeks. Then, we stained the cells with 2% Alizarin Red (Cyagen Biosciences) to
482 detect the cell matrix calcification. Alizarin Red was extracted from the matrix with
483 cetyl-pyridinium chloride solution and quantified using spectrophotometry at 562 nm.

484 For adipogenic differentiation assay, BMSCs were plated in 6-well plates at a
485 density of 2.5×10^6 cells per well with adipogenic induction medium (1 μ M
486 dexamethasone, 5 μ g/ml insulin and 0.5 mM 3-isobutyl-1-methylxanthine) for 10
487 days. Culture medium was changed every 3 days. Lipid droplets in mature adipocytes
488 were detected by Oil Red O staining according to the manufacturer's instruction
489 (Cyagen Biosciences). Oil Red O was extracted from the matrix and quantified using
490 spectrophotometry at 492 nm.

491 For cellular senescence assay, BMSCs were seeded in 6-well plates at a density of
492 1.0×10^6 cells per well for 24 hours. Senescent cells were stained using a β -Gal
493 staining kit (Solarbio Science Technology) according to the manufacture' instructions.

494 **Histochemistry analysis**

495 Histochemistry analysis was performed as previously described^{14,15}. Briefly, After
496 the mice were euthanized, bones were harvested, fixed in 4% paraformaldehyde
497 (PFA) for 24 hours at 4°C, decalcified in 10% EDTA for 3 weeks at 4 °C, embedded in
498 paraffin. 4- μ m-thick longitudinal bone sections were made and stained with TRAP
499 (Sigma-Aldrich) and HE (Servicebio) according to the manufacturer's instructions.

500 **Immunohistochemical staining**

501 Immunohistochemical staining was performed as previously reported ⁴⁶. Briefly,
502 after antigen retrieval, bone sections were blocked in 5% bovine serum albumin
503 (BSA) for 1 hour at room temperature and incubated with primary antibody to
504 osteocalcin (Takara, M173) at 4°C overnight. Then the bone sections were incubated
505 with appropriate secondary antibody at room temperature for 1 hour. Finally, we
506 detected the immunoactivity with an HRP-streptavidin detection system (Dako), and
507 counterstained the slides with hematoxylin.

508 **Calcein double-labeling assay**

509 To evaluate dynamic bone formation ability, mice were administrated
510 intraperitoneally with calcein (25 mg/kg, SigmaAldrich) at 8 and 2 days before
511 euthanasia. After fixation in 70% ethanol, the samples were dehydrated in gradient
512 ethanol. Then the calcein double labeled bones were embedded in methyl
513 methacrylate. 5- μ m-thick longitudinal bone sections were made using a microtome
514 and observed under a fluorescent microscope.

515 **Immunofluorescence staining**

516 Cultured BMSCs were fixed with 4% PFA for 15 minutes at room temperature.
517 Then the cells were blocked with 5%BSA for 1 hour at room temperature, and
518 incubated with YBX1 antibody (Cell Signaling Technology, 4202, 1:100), nestin
519 antibody (Millipore, MAB353, 1:100) over night at 4°C. After that, the cells were
520 incubated with Alexa 488 (Invitrogen, A21106) and Alexa 555 (Invitrogen, A21422)
521 conjugated secondary antibodies and the nucleus were stained with Dapi.

522 For bone sections, after antigen retrieval, bone sections were blocked with 5%
523 BSA for 1 hour at room temperature. Then the bone sections were incubated with
524 YBX1 antibody (Cell Signaling Technology, 4202, 1:100), nestin antibody (Millipore,

525 MAB353, 1:100) over night at 4°C. Next, the bone sections were incubated with
526 Alexa 488 (Invitrogen, A21106) and Alexa 555 (Invitrogen, A21422) conjugated
527 secondary antibodies and the nuclear were stained with Dapi.

528 **RNA sequencing and analysis**

529 Total RNAs were extracted from shYBX1 and shControl infected BMSCs using
530 Trizol reagent. The NanoPhotometer[®] spectrophotometer (IMPLEN, CA, USA) was
531 used to check RNA purity. RNA integrity was evaluated by the RNA Nano 6000
532 Assay Kit of the Bioanalyzer 2100 system. NEBNext[®] Ultra[™] RNA Library Prep
533 Kit for Illumina[®] (NEB, USA) was used to generate sequencing libraries according to
534 manufacturer's recommendations. We controled the quality of RNA-seq data by
535 removing low quality reads, reads containing ploy-N, reads containing adapter from
536 raw data. We mapped clean data to the reference genome using Hisat2 v2.0.5. The
537 DESeq2 R package (1.16.1) was used to perform differential expression analysis of
538 two groups. The gene expression is considered to be significantly different if
539 displaying ≥ 1.5 fold change and P value < 0.05 . Event level differential splicing was
540 calculated with the EventPointer package²⁵ in R.

541 **CLIP**

542 BMSCs (1×10^8 cells) were treated with 4-thiouridine (100 μ M) for 16h. After 16 h
543 incubation, cells were washed twice with 10 ml of ice-cold PBS and then were UV
544 irradiated at 150 mj/cm² on ice. Cells were collected with a clear cell scraper and
545 transferred into a new 15 ml centrifuge tube and then pelleted at 1,000 g for 5min at
546 4°C. The supernatant was discarded and the cell pellet was re-suspended with 12 mL
547 $1 \times$ cell lysis buffer containing 120 μ L 100 \times DTT and 120 μ L 100 \times Protease inhibitor
548 and incubated on ice for 10min. Cell lysates were centrifuged at 14,000 g for 15
549 minutes at 4°C and transfered supernatant into a new 15 ml centrifuge tube. For CLIP

550 procedure, 8ml supernatant was incubated with 5 μ g YBX1 antibody (Cell Signaling
551 Technology, 4202) and 4ml supernatant was incubated with 2 μ g IgG antibody
552 overnight at 4°C. The next day, CLIP samples were further incubated with 40 μ L
553 ProteinA/G magnetic beads for 3h at 4°C. The magnetic beads were washed twice
554 with 1 \times IP wash buffer and subsequently resuspended in 60 μ L 1 \times IP wash buffer
555 containing 6 μ L RNase T1. The magnetic beads were incubated at 22°C for 60min and
556 at ice for 5min and then washed twice with 1 \times IP wash buffer. Next, the magnetic
557 beads were resuspended in 100 μ L 1 \times IP wash buffer containing 20 μ L DNase I and
558 incubated at 37°C for 15min and at ice for 5min. The beads were Place on the
559 magnetic separator then washed twice with 1 \times IP wash buffer. Finally, the magnetic
560 beads were resuspended in 1 \times 100 μ l Proteinase K and incubated at 55°C for 30min. To
561 remove the beads by a magnetic separator, and transfer the supernatant into a new
562 1.5ml centrifuge tube. An equal volume acidic phenol: chloroform: isoamylalcohol
563 (25:24:1) and equal volume chloroform was used to clear the supernatant. After, the
564 clear supernatant was added with 2 volumes of ethanol and one microliter of glycogen
565 and then precipitated at -20°C for 2h. The supernatant was centrifuge at 14,000 rpm
566 for 30 minutes at 4°C and discarded the supernatant. The precipitate was washed
567 twice with 75% ethanol and re-suspended with 10 μ L RNase-free water. The
568 recovered RNA was used to perform the high-throughput sequencing with Illumina
569 NextSeq 500 system under the help of ABLife Inc and Wuhan Igenebook
570 Biotechnology Co.,Ltd.

571 **Liquid chromatography (LC)–MS/MS measurement**

572 We used Q-Exactive mass spectrometer (Thermo Fisher) connected online to an
573 Easy-nLC 1000(Thermo Fisher) to analyze the LC-MS/MS. Separation of peptides
574 was conducted using Zeba Spin columns (Pierce) in a gradient from 5–65% in buffer

575 B (0.1% formic acid, 84% acetonitrile). The columns temperature was kept at 50 °C in
576 an oven. We analyzed the peptides using a full scan (300-1,600 m/z, R = 60,000 at
577 200 m/z) with 3e6 ions as the target. Then we performed high energy collisional
578 disassociation for fragmentation of top 20 most rich isotype patterns with a charge ≥ 2
579 MS/MS scan. All data were collected with X-caliber software (Thermo Fisher).

580 **ChIP-seq**

581 BMSCs were crosslinked with 1% formaldehyde for 10 min at room temperature
582 and nuclei were extracted, lysed and sheared on ice. Chromatin was diluted with ChIP
583 buffer, cleared and incubated with 5ug YBX1 antibody (Cell Signaling Technology,
584 4202) overnight at 4°C. The antibody/chromatin complex was immunoprecipitated
585 with protein G beads. Then the antibody/chromatin complex was extensively washed,
586 eluted and de-crosslinked. After purification, ChIP DNA was used to prepare
587 ChIP-sequencing libraries with SimpleChIP[®] ChIP-seq DNA Library Prep Kit for
588 Illumina[®] and subjected to sequencing on an Illumina NextSeq platform under the
589 help of Seqhealth Technology Co., LTD (Wuhan, China).

590 **qRT-PCR analysis**

591 We used Trizol reagent (Invitrogen) to isolate total RNA from cells based on the
592 standard protocol. We conducted reverse transcription with 1ug total RNA with Evo
593 M-MLV RT Kit with gDNA Clean for qPCR AG11705 (Accurate Biotechnology
594 (Hunan) Co., Ltd). Quantitafication of mRNA was detected by qRT-PCR with
595 SYBR[®] Green Premix Pro Taq HS qPCR Kit (Rox Plus) AG11718
596 (Accurate Biotechnology(Hunan) Co., Ltd).

597 **Western blot**

598 Western blot was performed as previously described ⁴⁷. The antibodies used for
599 western blot are: YBX1 (D2A11) (Cell Signaling Technology, 9744, 1:1000), β actin

600 (Origene, TA811000, 1:5000), GAPDH (Origene, TA802519, 1:5000), PCNA
601 (BOSTER Biological Technology, BM0104, 1:5000), PPARG γ (81B8)(Cell Signaling
602 Technology, 2443, 1:1000), P16 (Sigma-Aldrich, SAB5300498, 1:1000), Fibronectin
603 (Santa Cruz, sc-8422, 1:500), TAZ (E8E9G) (Cell Signaling Technology, 83669,
604 1:1000), Sirt2 (Abcam, ab211033, 1:1000), FBXO33 (Novus Biologicals,
605 NBP1-91890, 1:1000), Thrombospondin 1 (Santa Cruz, sc-393504, 1:500), Colla2
606 (Santa Cruz, sc-393573, 1:500), NRP2 (Santa Cruz, sc-13117, 1:500), FAK (Cell
607 Signaling Technology, 3285, 1:1000), Phospho-FAK (Tyr397) (Cell Signaling
608 Technology, 3283, 1:1000), Phospho-FAK (Tyr576/577) (Cell Signaling Technology,
609 3281, 1:1000), Phospho-FAK (Tyr925) (Cell Signaling Technology, 3284, 1:1000),
610 RUNX2 (Abcam, ab23981, 1:1000), SP7 (Abcam, ab22552, 1:1000).

611 **Co-immunoprecipitation assays**

612 For endogenous co-IP, BMSCs were treated with sciadopitysin or vehicle. We
613 incubate total cell lysates overnight at 4°C with YBX1 antibody (4202, Cell Signaling
614 Technology) or IgG as control. We used Dynabeads Protein G to collect the
615 antigen-antibody complexes. After three times washes, the complexes were subjected
616 to immunoblotting with appropriate antibodies.

617 For exogenous co-IP, BMSCs were transfected with a series of HA-tagged mutated
618 YBX1 plasmid and His-tagged FBXO33 plasmid using Lip2000. Two days after
619 transfection, total cell lysates were collected and incubated with antibody (ab9108;
620 anti-His tag antibody; Abcam) overnight at 4°C. Dynabeads Protein G was used to
621 collect the antigen-antibody complexes. After three times washes, the complexes were
622 subjected to immunoblotting with appropriate antibodies.

623 **Molecular docking**

624 Molecular docking was conducted as previously described²⁷. Briefly, the structure

625 of mouse YBX1 was modeled on the basis of structure of human YBX1 (PDB
626 code:1H95) using MODELER software for their high homology as previously
627 described²⁷. We performed virtual screening between the natural small compounds
628 library (Target Mol, US, Boston) and YBX1 through Autodock Vina and Dock
629 6.7. We used the autodock tools (ADT) to set the virtual screening parameters. A small
630 number of top-ranked compounds were purchased from Target Molecule Corp and used
631 as candidates for further study.

632 **Micro-CT analysis**

633 The femurs were fixed in 4% paraformaldehyde for 24 hours, then scanned and
634 analyzed by high-resolution μ CT (VIVACT 80; SCANCO Medical AG, Switzerland).
635 Scanner was set at a current of 145 μ A and a voltage of 55 kV with a resolution of 15
636 μ m per pixel. The image reconstruction software (NRecon, version 1.6, Bioz), data
637 analysis software (CT Analyser, version 1.9, Bruker microCT) and 3-dimensional
638 model visualization software (μ CT Volume, version 2.0, Bruker microCT) were used
639 to analyse the BV/TV, Tb. Th, Tb. N, and Tb. Sp of the distal femoral metaphyseal
640 trabecular bone. The region of interest was defined as 5% of femoral length below the
641 growth plate.

642 **Study population.**

643 Human bone marrow samples were obtained from patients undergoing knee joint
644 replacement because of osteoarthritis, undergoing hip joint replacement because of
645 femoral neck and/or femoral head fractures or undergoing open reduction internal
646 fixation because of tibia or femur shaft fractures. Human bone marrow aspiration and
647 collection were conducted by the Orthopedic Surgery Department at Xiangya Hospital
648 of Central South University. A total of 60 patients (30 male and 30 female) were
649 selected on the basis of the inclusion and exclusion criteria. All subjects were

650 screened using a detailed questionnaire, disease history, and physical examination.
651 Subjects were excluded from the study if they had conditions affecting bone
652 metabolism or previous pathological fractures within 1 year or had received treatment
653 with glucocorticoids, estrogens, thyroid hormone, parathyroid hormone, fluoride,
654 bisphosphonate, calcitonin, thiazide diuretics, barbiturates, antiseizure medication.

655 **Statistics**

656 The data are expressed as mean \pm SEM. The data is normally distributed,
657 Two-tailed Student's t test is used to compare between two groups. One-way analysis
658 of variance (ANOVA) is used to compare the difference between multiple groups. The
659 statistics is applied by SPSS 20.0. Statistical differences were supposed to be
660 significant when $P < 0.05$.

661

662 **Supplementary Materials: Including Supplementary Figure 1-5**

663

664 **Author Contribution**

665 Y.X designed the experiments and generated data; Y.X and G.P.C carried out
666 majority of the experiments; X.F, Q.G, T.S, Y.H and C.J.L contributed to acquiring
667 data; X.H.L, Y.J.Z and M.Y co-advised the study; G.P.C and M.Y wrote the manuscript;
668 Y.J.Z and M.Y is the guarantor of this work and has full access to all the data in this
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670

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842 **Figure legends**

843 **Figure 1 Dysregulated pre-mRNA alternative splicing and altered gene**
844 **expression pattern in BMSCs during aging**

845 (A) Schematic diagram of isolating and culture of BMSCs from 2-month-old and
846 24-month-old mice. (B) Representative images of β -Gal staining (left panel) and
847 quantification of β -Gal positive cells (right panel) of BMSCs isolated from
848 2-month-old and 24-month-old mice. Scale bar: 50 μ m. (C) Representative images of
849 Alizarin Red staining at 21 days of osteogenic induction (left panel) and

850 quantification of calcification (right panel) of BMSCs isolated from 2-month-old and
851 24-month-old mice by detecting the amount of Alizarin Red extracted from the matrix.
852 (D) Schematic diagram of experimental process of alternative splicing analysis. (E)
853 Histogram of the differentially spliced events between BMSCs isolated from
854 2-month-old and 24-month-old mice. (F) GO analysis of differentially expressed
855 genes between BMSCs isolated from 2-month-old and 24-month-old mice. (G) Heat
856 map of differentially expressed genes between BMSCs isolated from 2-month-old and
857 24-month-old mice. (H-I) Heat map of differentially expressed genes of RNA splicing
858 proteins (H) and Venn diagrams of overlapping genes between differentially expressed
859 genes, RNA binding proteins and RNA splicing proteins datasets (I) between BMSCs
860 isolated from 2-month-old and 24-month-old mice. (J) Enrichment network
861 representing the top 10 enriched terms of differentially expressed RNA splicing
862 proteins between BMSCs isolated from 2-month-old and 24-month-old mice.
863 Enriched terms with high similarity were clustered and rendered as a network, while
864 each node represents an enriched term and is colored according to its cluster. Node
865 size indicates the number of enriched genes, and the line thickness indicates the
866 similarity score shared by two enriched terms. (K) The list of differentially expressed
867 RNA splicing proteins between BMSCs isolated from 2-month-old and 24-month-old
868 mice whose functions were clustered in mRNA splicing and regulation of RNA
869 splicing. Data shown as mean \pm SEM. **, $P < 0.01$; ***, $P < 0.001$; Student's t test.

870 **Figure 2 Splicing factor YBX1 regulated fate decision and senescence of BMSCs**
871 **and showed decreased expression during aging**

872 (A) Representative images of immunofluorescence staining of YBX1 (green) in
873 primary BMSCs. Scale bar: 100 μ m. (B-C) Representative immunohistochemical
874 staining image of YBX1 (green) and Nestin (red) (B) and quantification of YBX1⁺

875 Nestin⁺ cells number (C) in femoral bone marrow. Scale bar: 100 μ m. (D) Western
876 blot analysis of the expression of YBX1 in BMSCs isolated from mice with different
877 age. (E) qRT-PCR analysis of the expression of *Ybx1* and *P16* in BMSCs isolated
878 from mice with different age. (F) Age-associated changes of YBX1 levels in human
879 BMSCs from 30 males (up panel) and 30 females (down panel). (G) Western blot
880 analysis of the expression of YBX1 in cultured BMSCs during osteogenic
881 differentiation and adipogenic differentiation. (H and I) qRT-PCR analysis of the
882 expression of *Ybx1* in cultured BMSCs during osteogenic differentiation (H) and
883 adipogenic differentiation (I). (J) Representative images of immunofluorescence
884 staining of YBX1 (green) in BMSCs during osteogenic and adipogenic differentiation.
885 Scale bar: 100 μ m. (K and L) Representative images of Alizarin Red staining (K) and
886 quantification of calcification (L) by detecting the amount of Alizarin Red extracted
887 from the matrix in BMSCs transfected with adenovirus driven control and YBX1
888 shRNA at 21 days of osteogenic induction. (M and N) Representative images of Oil
889 Red O staining (M) and quantification of lipid formation by detecting the amount of
890 Oil Red O extracted from the matrix (N) in BMSCs at 10 days of adipogenic
891 induction. Scale bar: 50 μ m. (O and P) Representative images of β -Gal staining (O)
892 and quantification (P) of β -Gal positive cells in BMSCs. Scale bar: 50 μ m. (Q) Heat
893 map of differentially expressed genes between BMSCs transfected with adenovirus
894 driven control and YBX1 shRNA. (R-T) Relative FPKM level of the expression of
895 osteogenic differentiation related genes (R), adipogenic differentiation related genes
896 (S) and senescence related genes (T) between BMSCs transfected with adenovirus
897 driven control and YBX1 shRNA. Data shown as mean \pm SEM. #, no significant
898 difference; *, $P < 0.05$; **, $P < 0.01$; ***, $P < 0.001$; Student's t test for C, E, R-T and
899 One-way ANOVA for H-I, L, N, P.

900 **Figure 3 Depletion of YBX1 in BMSCs results in accelerated bone loss and bone**
901 **marrow fat accumulation.**

902 (A-E) Representative μ CT images (A) and quantitative μ CT analysis of trabecular
903 bone microarchitecture (B-E) in distal femora from 3- and 12-month-old male
904 *YBX1^{Prx1-CKO}* mice and *YBX1^{fllox/fllox}* mice. (F) Representative images of HE staining
905 in distal femora. Scale bar: 300 μ m. (G) Quantification of the number of adipocytes
906 related to tissue area (N. adipocytes/T.Ar). (H) Representative images of osteocalcin
907 (OCN) immunohistochemical staining in distal femora. Arrows point to osteocalcin
908 positive cells. Scale bar: 150 μ m. (I) Quantification of osteocalcin positive cells in
909 bone surface. Number of OCN⁺ cells per bone perimeter (N. Ocn⁺/B.Pm). (J)
910 Representative images of calcein double labeling of trabecular bone. Scale bar:
911 150 μ m. (K) Quantification of mineral apposition rates (MARs). Data shown as
912 mean \pm SEM. #, no significant difference; *, $P < 0.05$; **, $P < 0.01$; ***, $P < 0.001$;
913 One-way ANOVA.

914 **Figure 4 Over-expression of YBX1 attenuated fat accumulation and promoted**
915 **bone formation in aged mice**

916 (A) Representative images of Alizarin Red staining (left panel) and quantification of
917 calcification (right panel) by detecting the amount of Alizarin Red extracted from the
918 matrix in BMSCs transfected with control or YBX1 plasmid at 21 days of osteogenic
919 induction. (B) Representative images (left panel) and quantification (right panel) of
920 Oil Red O staining in BMSCs transfected with control or YBX1 plasmid at 10 days of
921 adipogenic induction. Scale bar: 50 μ m. (C) Representative images of β -Gal staining
922 (left panel) and quantification (right panel) of β -Gal positive cells in BMSCs
923 transfected with control or YBX1 plasmid. Scale bar: 50 μ m. (D) Western blot
924 analysis of the expression of YBX1, SP7, PPAR γ and P16 in BMSCs. (E) qRT-PCR

925 analysis of the expression of YBX1 in BMSCs from mice with AAV8-YBX1-GFP or
926 AAV8- GFP transfection. (F-J) Representative μ CT images (F) and quantitative μ CT
927 analysis of trabecular bone microarchitecture (G–J) in distal femora from
928 15-month-old mice with AAV8-YBX1-GFP or AAV8- GFP transfection. (K)
929 Representative images of HE staining in distal femora. Scale bar: 300 μ m. (L)
930 Quantification of the number of adipocytes related to tissue area (N. adipocytes/T.Ar).
931 (M) Representative images of osteocalcin immunohistochemical staining in distal
932 femora. Arrows point to osteocalcin positive cells. Scale bar: 150 μ m. (N)
933 Quantification of osteocalcin positive cells in bone surface. Number of OCN⁺ cells
934 per bone perimeter (N. Ocn⁺/B.Pm). Data shown as mean \pm SEM. #, no significant
935 difference; *, $P < 0.05$; **, $P < 0.01$; ***, $P < 0.001$; Student's t test.

936 **Figure 5 YBX1 regulated the fate of BMSCs through regulating the splicing of**
937 **pre-mRNAs critical for differentiation and senescence**

938 (A) Schematic diagram of experimental process of anti-YBX1 CLIP analysis. (B)
939 Genomic distribution of YBX1 CLIP-seq peaks. (C) Enriched motifs for YBX1
940 binding. Inset shows consensus sequence, deduced from the top ten motifs. (D)
941 Venn diagrams of overlapping genes targeted by YBX1 and showed alternative
942 splicing upon YBX1 deletion. (E-H) RNA-seq read coverage across *Fnl1* (E), *Sirt2*
943 (F), *Sp7* (G) and *Taz* (H) from BMSCs isolated from *YBX1^{Prx1-CKO}* mice and
944 *YBX1^{lox/lox}* mice. (I) Mean CLIP density near exons repressed (blue), activated (red)
945 by YBX1. (J-M) Semi-quantitative PCR showed the different isoforms of *Taz* (J), *Sp7*
946 (K), *Sirt2* (L) and reference genes *Gapdh* (M) between BMSCs isolated from
947 2-month-old or 24-month-old mice and from *YBX1^{Prx1-CKO}* mice or *YBX1^{lox/lox}* mice.
948 (N-O) Representative images of Alizarin Red staining (left panel) and Quantification
949 of calcification by detecting the amount of Alizarin Red extracted from the matrix

950 (right panel) in BMSCs transfected with different isoforms of *Taz* (N) or different
951 isoforms of *Sp7* (O). (P) Representative images (left panel) and quantification of Oil
952 Red O staining (right panel) in BMSCs transfected with different isoforms of *Taz* with
953 10 days of adipogenic induction. (Q) Representative images of β -Gal staining (left
954 panel) and quantification (right panel) of β -Gal positive cells in BMSCs transfected
955 with different isoforms of *Sirt2*. (R) Western blot analysis of the expression of YBX1,
956 FN1, TAZ, SIRT2, P16, PPARG γ , SP7 and RUNX2 in BMSCs isolated from
957 *YBX1^{Prx1-CKO}* mice and *YBX1^{lox/lox}* mice. Data shown as mean \pm SEM. #, no
958 significant difference; *, $P < 0.05$; **, $P < 0.01$; ***, $P < 0.001$; One-way ANOVA.

959 **Figure 6 Sciadopitysin bind to and inhibited ubiquitin degradation of YBX1.**

960 (A) The homology modeling structure of mouse YBX1 and 9 top-ranked candidates.
961 (B) Cell proliferation rate was assessed by CCK8 assay with administration of
962 different compounds. (C) qRT-PCR analysis of *Ybx1* expression in BMSCs with
963 administration of different compounds. (D) Representative images of Alizarin Red
964 staining (up panel), Oil Red O staining (middle panel, scale bar: 50 μ m.) and β -Gal
965 staining (bottom panel, scale bar: 50 μ m.) in BMSCs treated with different
966 compounds. (E-G) Quantification of calcium mineralization based on Alizarin Red
967 staining (E), quantification of Oil Red O based on Oil Red O staining (F) and
968 quantification of β -Gal positive cells based on β -Gal staining in BMSCs treated with
969 different compounds (G). (H) The molecular structure of sciadopitysin and model of
970 interaction between sciadopitysin and mouse YBX1. (I) Western blot analysis of
971 TAZ, THBS1, FN1, SP7, YBX1 expression in BMSCs treated with different
972 concentration of sciadopitysin. (J) Western blot analysis of YBX1 in sciadopitysin
973 pre-treated BMSCs with treatment of cycloheximide CHX. (K) Western blot
974 analysis of YBX1 related ubiquitination in sciadopitysin pre-treated BMSCs with

975 Mg132. (L) Co-IP of His-FBXO33 with HA-YBX1 and serious of mutant
976 HA-YBX1 following transfection into BMSCs. (M) Co-IP of FBXO33 withYBX1
977 with or without administration of sciadopitysin. (N) Western blot analysis of
978 FBXO33 and YBX1 expression in BMSCs treated with different concentration of
979 sciadopitysin. (O) Semi-quantitative PCR showed the isoforms of *Sirt2*, *Sp7* and *Taz*
980 in cultured BMSCs isolated from 2-month-old or 24-month-old mice then treated with
981 or without sciadopitysin. Data shown as mean \pm SEM. #, no significant difference; **,
982 $P < 0.01$; ***, $P < 0.001$; One-way ANOVA.

983 **Figure 7 Sciadopitysin treatment alleviates aging-related bone loss in mice.**

984 (A) Schematic of the time of oral treatment of sciadopitysin in mice. (B and C)
985 Representative μ CT images (B) and quantitative analysis of trabecular bone
986 microarchitecture (C) in distal femora of 15-month-old mice with administration of
987 sciadopitysin or vehicle. (D) Representative images (left panel) and quantification
988 (right panel) of osteocalcin positive cells in distal femora of 15-month-old mice with
989 administration of sciadopitysin or vehicle. Number of Ocn^+ cells per bone perimeter
990 (N. $Ocn^+/B.Pm$). Arrows point to osteocalcin positive cells. Scale bar: 150 μ m. (E)
991 Representative images (left panel) of calcein double labeling of trabecular bone and
992 quantification (right panel) of mineral apposition rates (MARs) of 15-month-old mice
993 with administration of sciadopitysin or vehicle. Scale bar: 150 μ m. (F)
994 Representative images (left panel) and quantification (right panel) of Trap positive
995 cells in distal femora of 15-month-old mice with administration of sciadopitysin or
996 vehicle. Number of $Tarp^+$ cells per bone perimeter (N. $Trap^+/B.Pm$). Scale bar: 300 μ m.
997 (G) Representative images of HE staining in distal femora (left panel) and
998 quantification of the number of adipocytes related to tissue area (right panel, N.
999 adipocytes/T.Ar) in distal femora of 15-month-old mice with administration of

1000 sciadopitysin or vehicle. Scale bar: 300 μ m. (H) RNA binding protein YBX1
1001 regulate cluster of genes including *Fnl1*, *Taz*, *Sirt2*, *Sp7* as a splicing factor in nucleus
1002 and *Bgn*, *Colla2*, *Nrp2* and *Thbs1* as mRNA stabilized protein in cytoplasm, which
1003 further stimulate osteogenic differentiation and restrain senescence of BMSCs. The
1004 decreased expression level of YBX1 during aging contribute to the debility of BMSCs
1005 including increased senescence and reduced osteogenesis. Sciadopitysin can delay the
1006 ubiquitination degradation of YBX1 by preventing YBX1 from binding to ubiquitin
1007 ligase FBXO33. (Model based on data from previous figures.) Data shown as mean
1008 \pm SEM. #, no significant difference; *, $P < 0.05$; **, $P < 0.01$; ***, $P < 0.001$;
1009 One-way ANOVA.

Figure 1

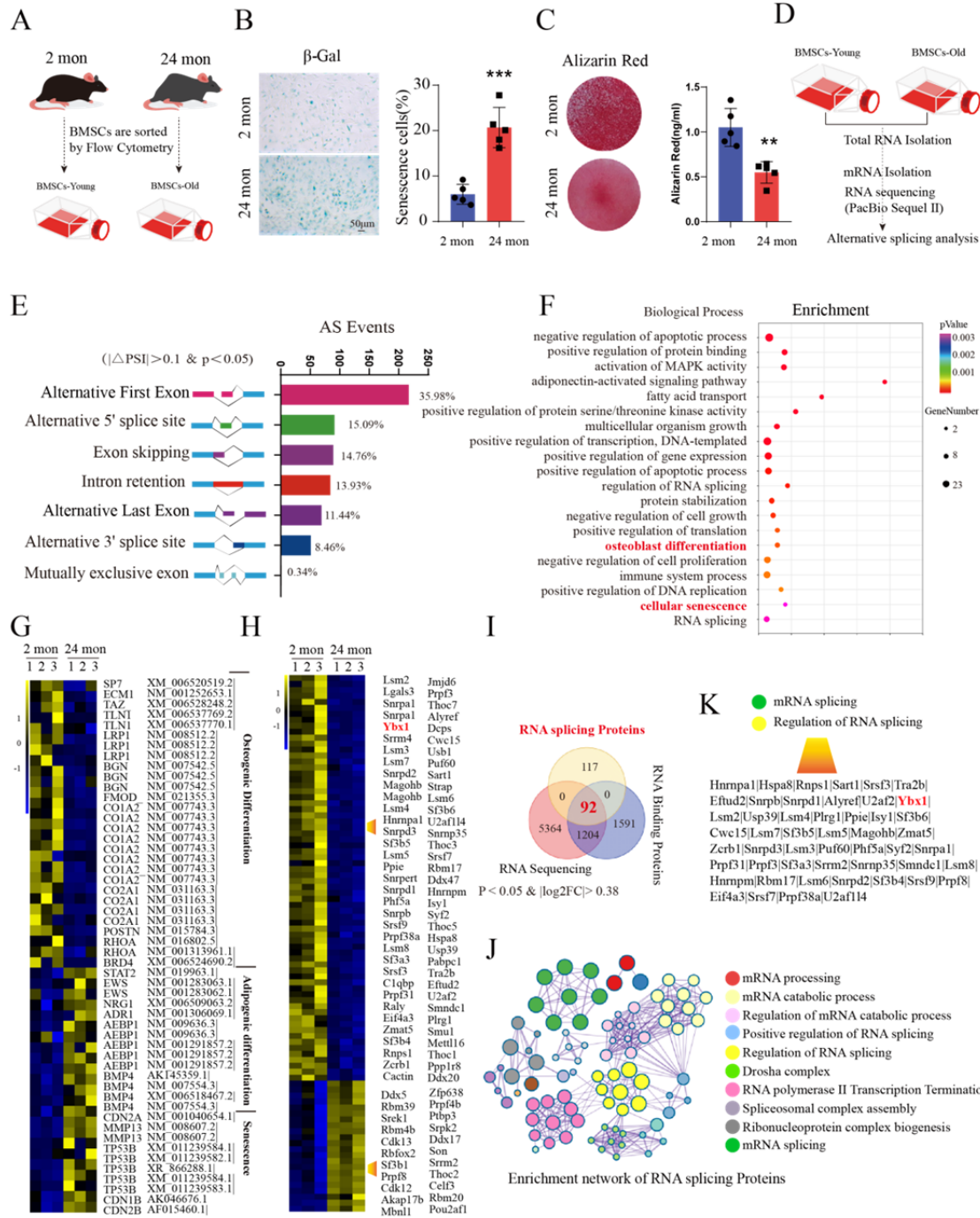


Figure 2

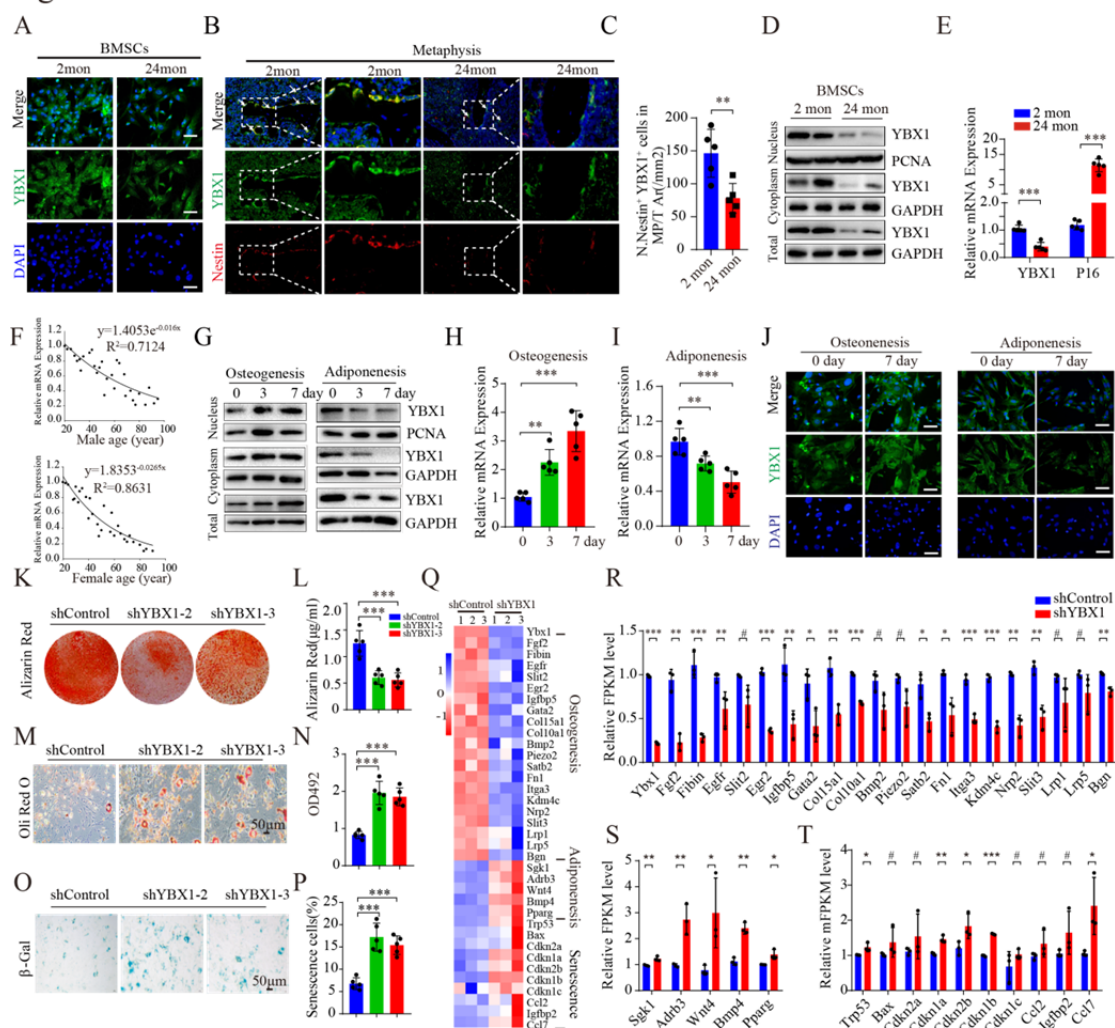


Figure 3

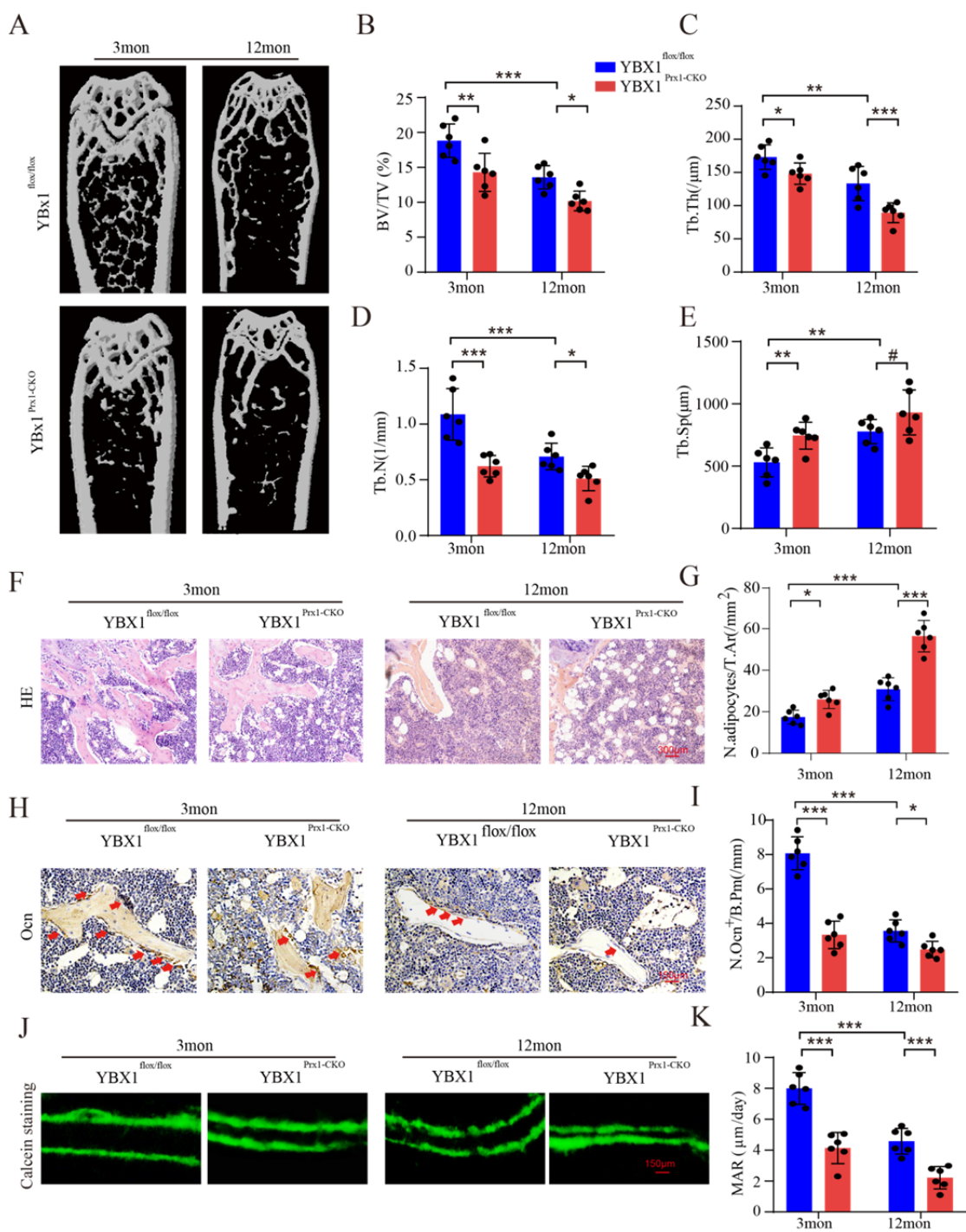


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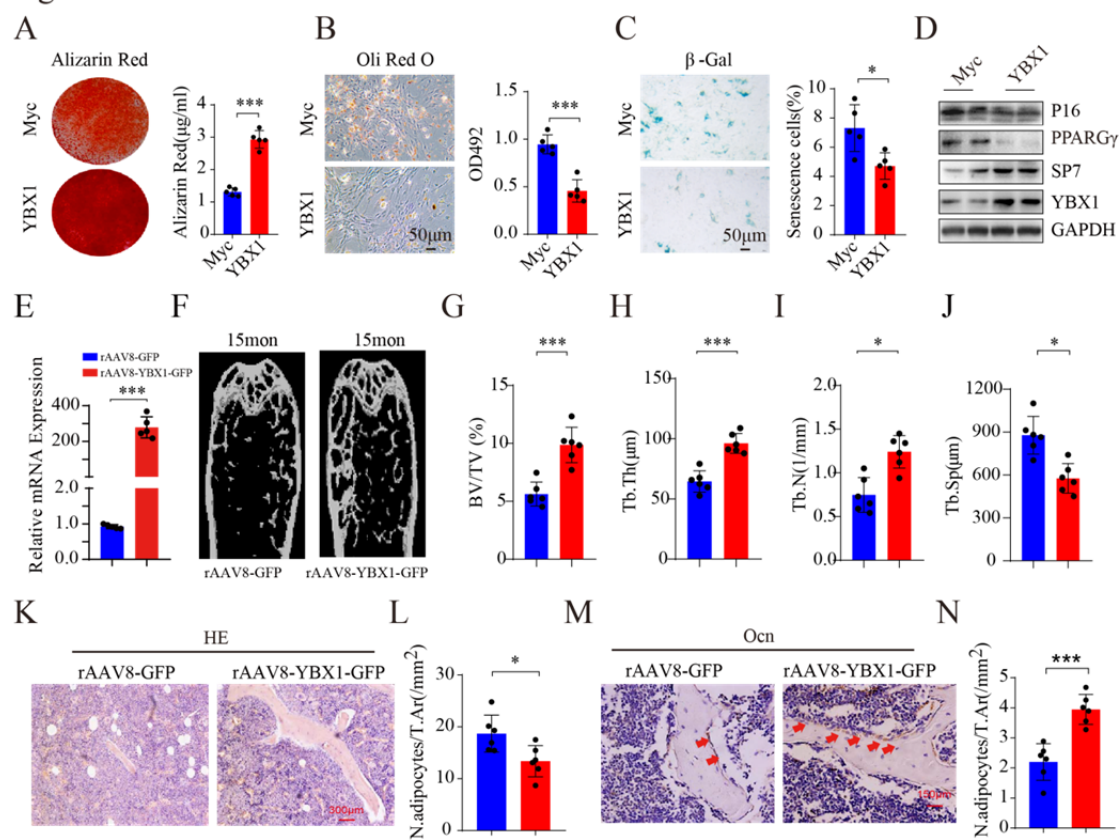


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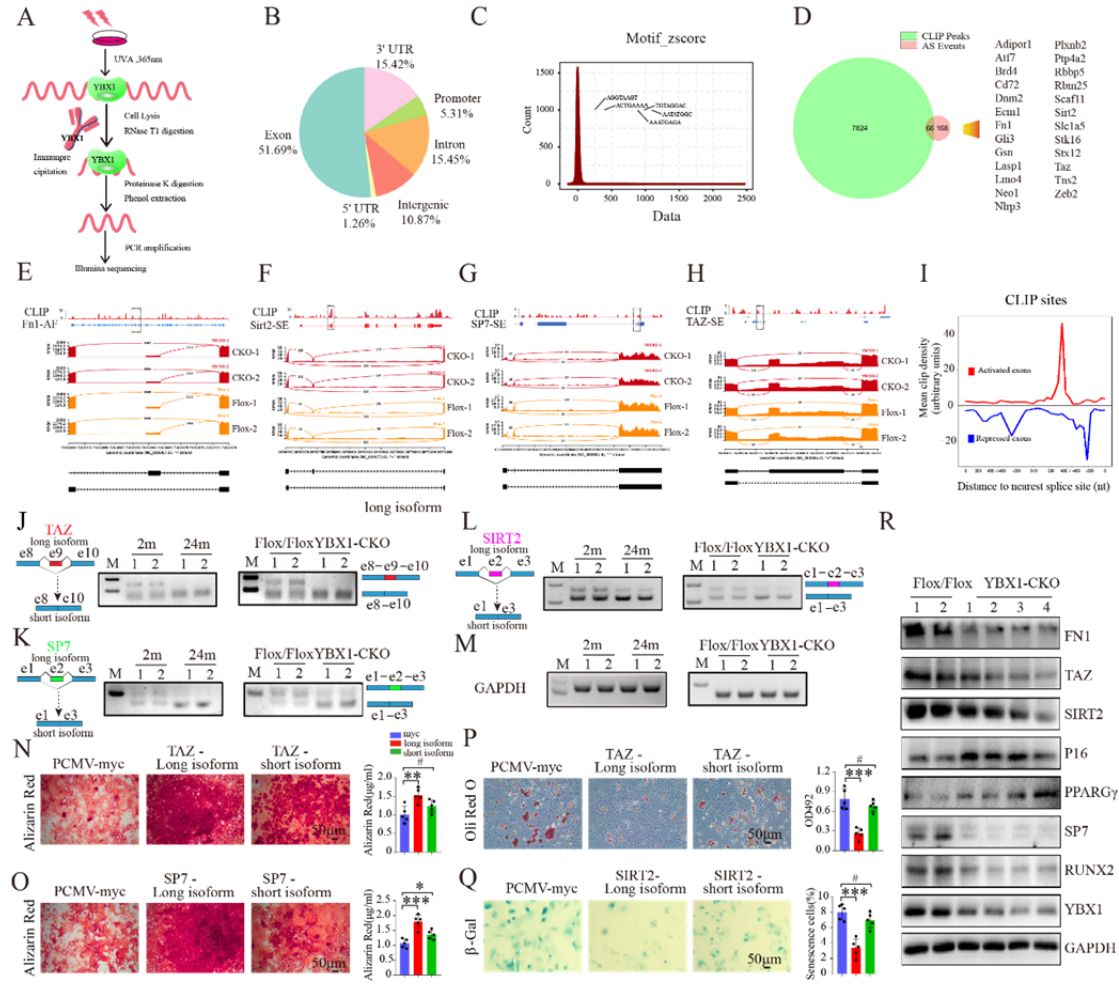


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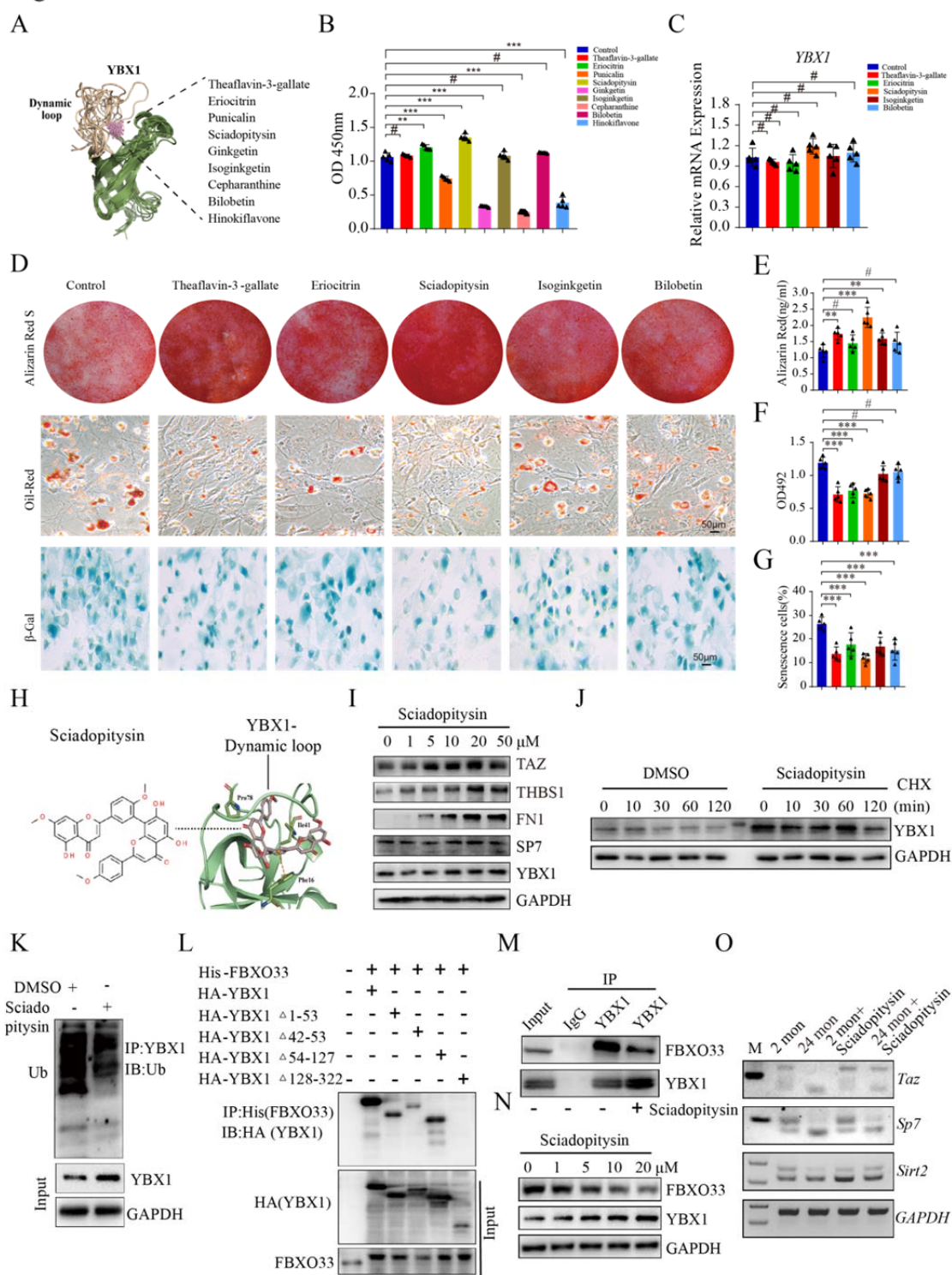
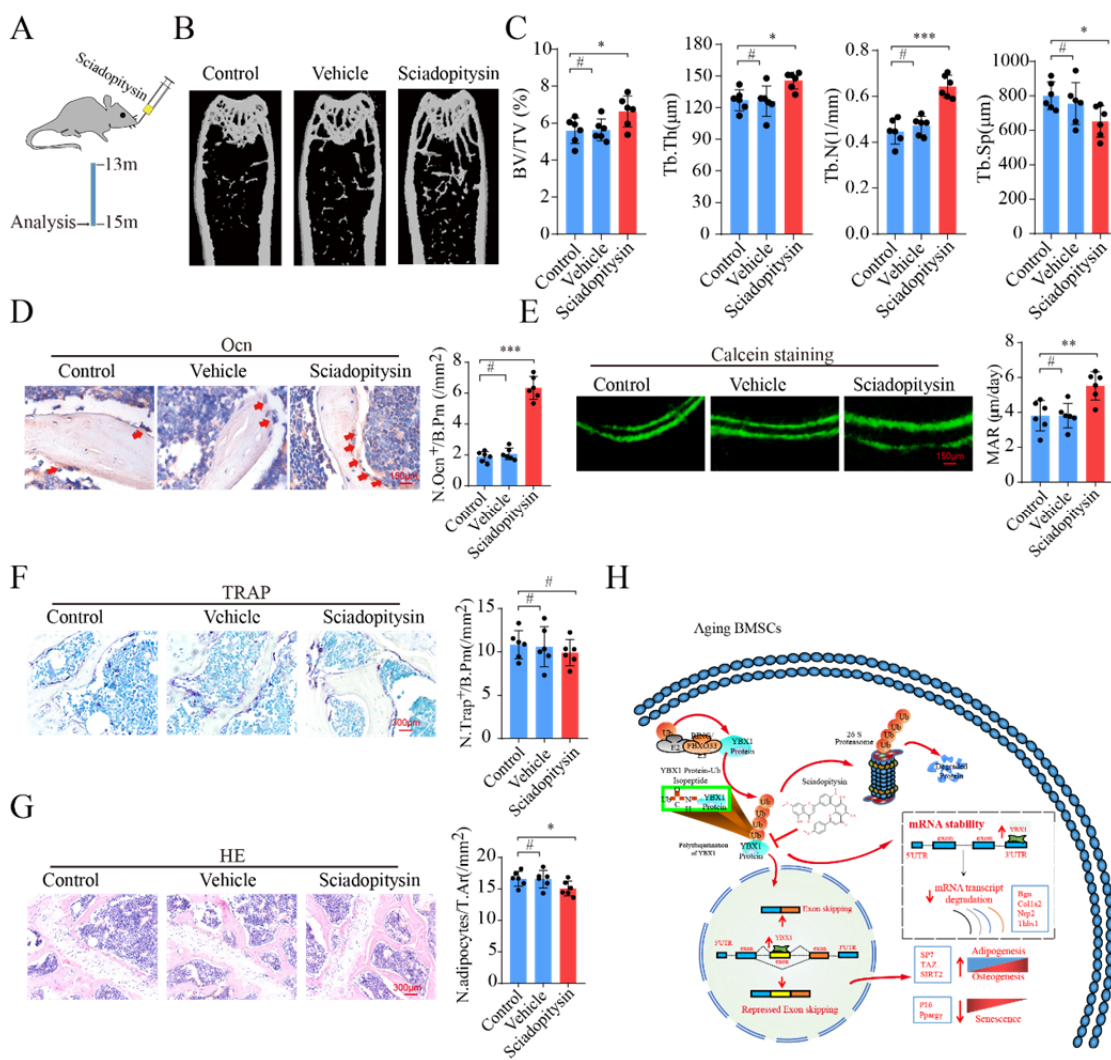


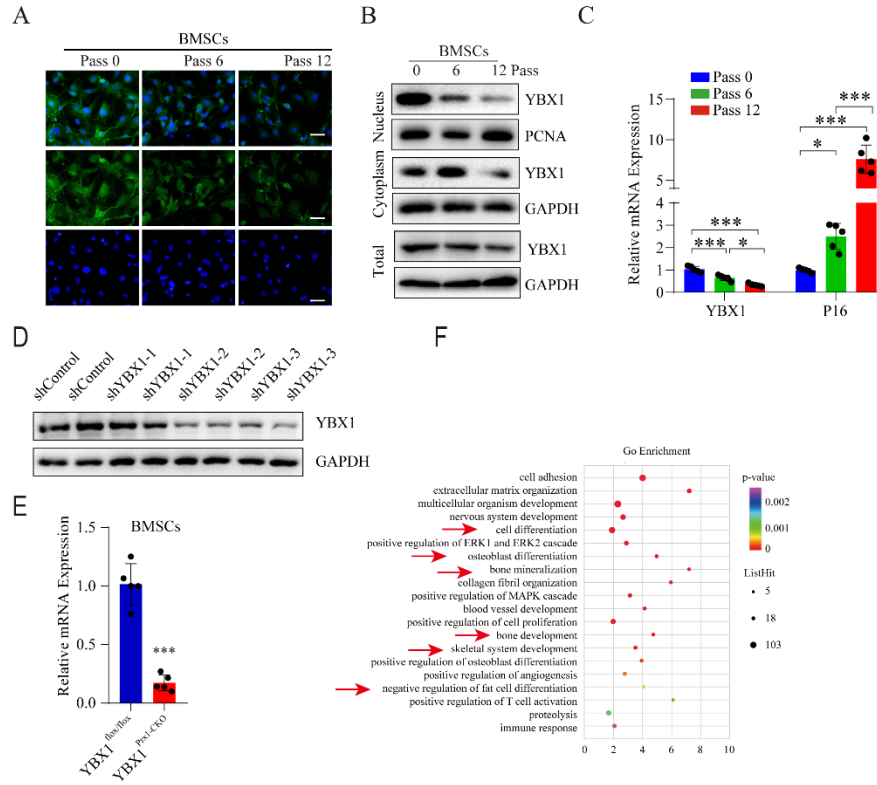
Figure 7



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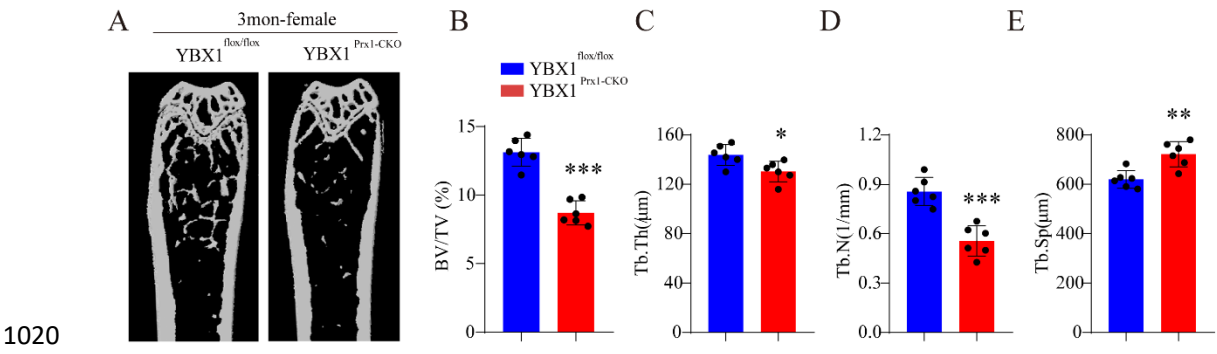
1017 **Supplementary Materials: Including Figs. S1 to S5**
 1018

Supplementary Figure 1

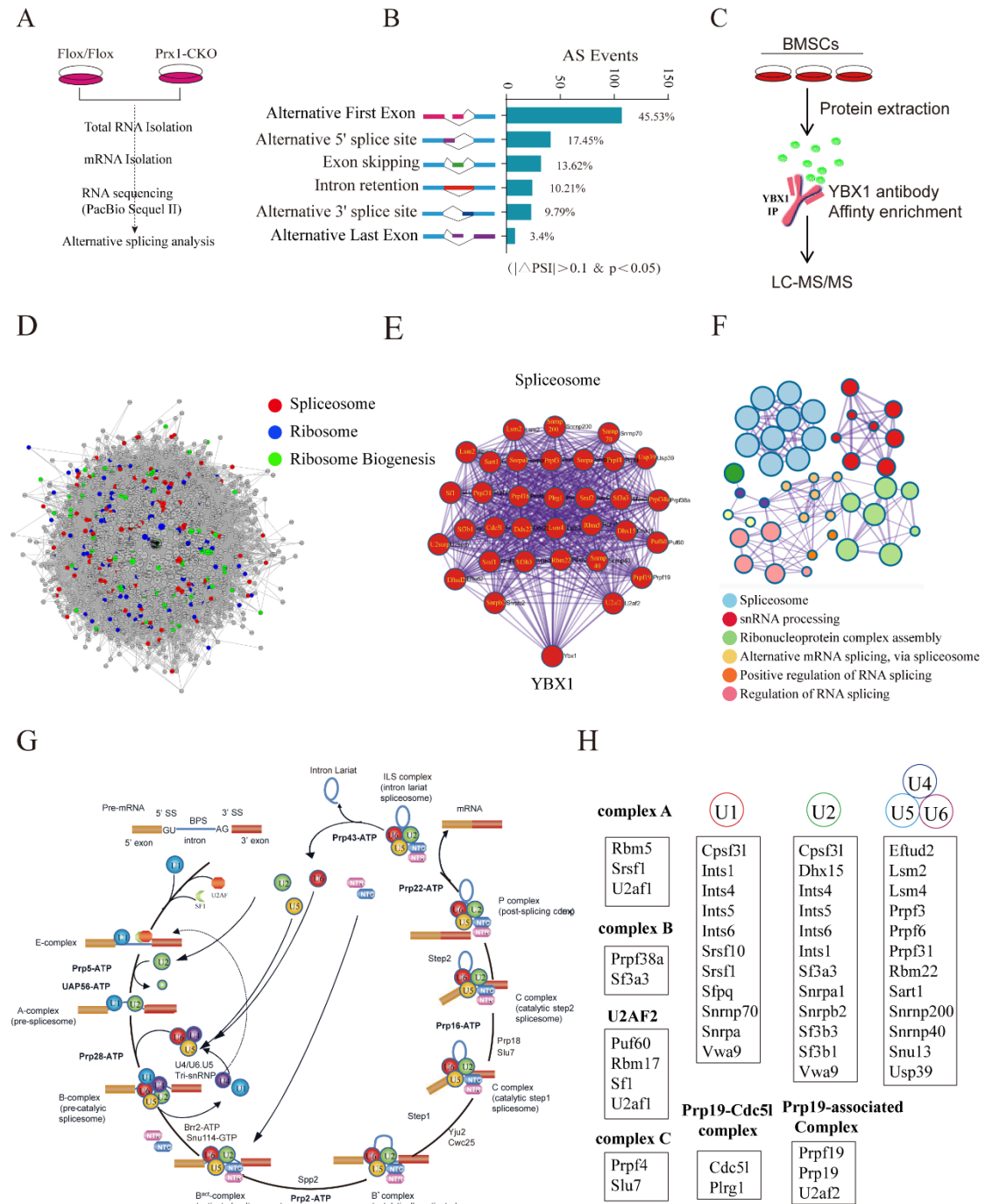


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Supplementary Figure 2

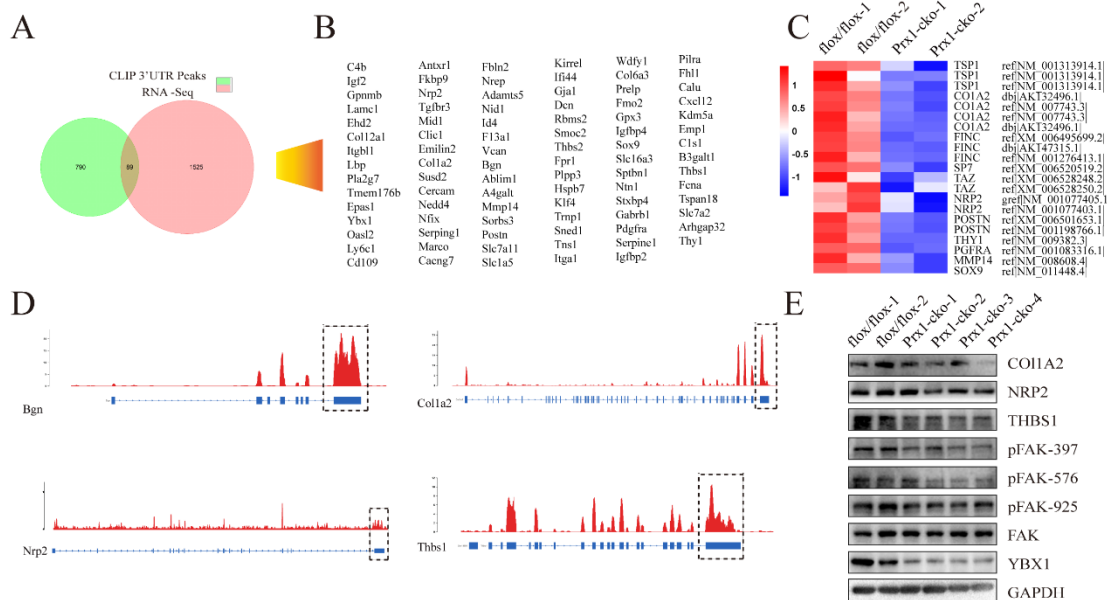


Supplementary Figure 3



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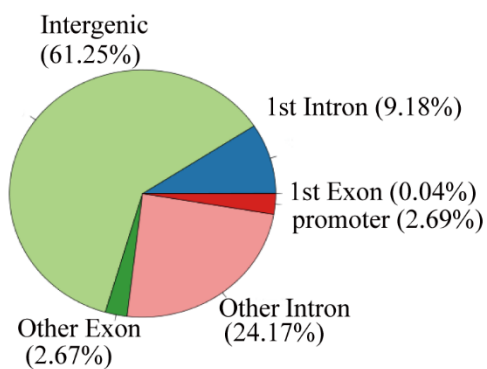
Supplementary Figure 4



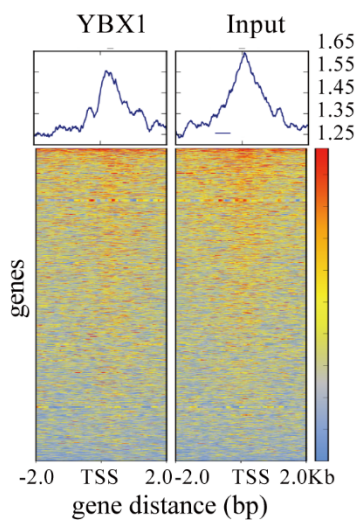
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Supplementary Figure 5

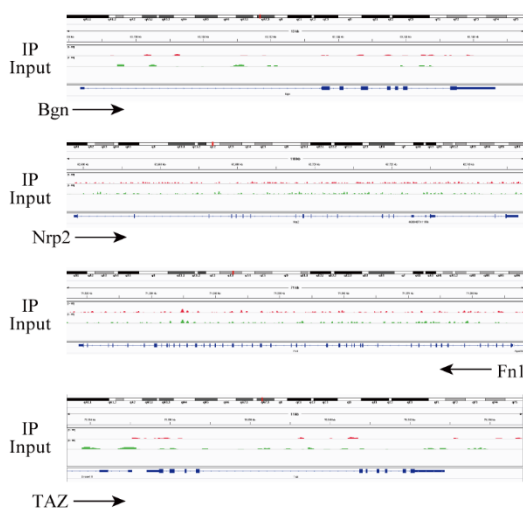
A



B

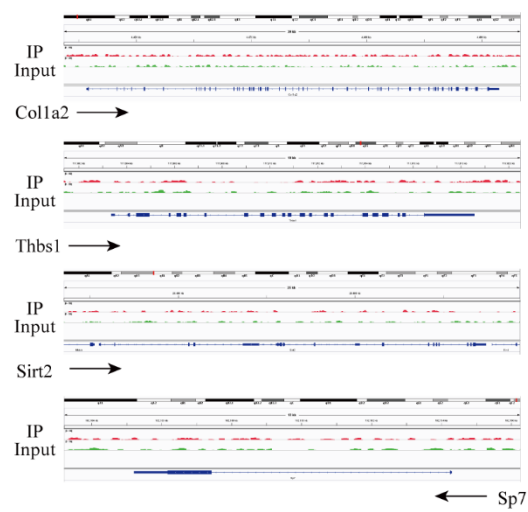


C



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D



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1024 **Supplementary figure 1 YBX1 level was lower in cultured primary BMSCs from**
1025 **late passage**

1026 (A) Representative images of immunofluorescence staining of YBX1 (green) in
1027 primary BMSCs isolated from passage 0, passage 6 and passage 12. Scale bar: 100 μ m.
1028 (B) Western blot analysis of the expression of YBX1 in BMSCs from passage 0,
1029 passage 6 and passage 12. (C) qRT-PCR analysis of the expression of *Ybx1* and *P16* in
1030 BMSCs from passage 0, passage 6 and passage 12. (D) Western blot analysis of the
1031 level of YBX1 in BMSCs transfected with adenovirus driven control and YBX1
1032 shRNA. (E) qRT-PCR analysis of the levels of *Ybx1* in BMSCs isolated from
1033 *YBX1^{Prx1-CKO}* mice and *YBX1^{lox/lox}* mice. (F) GO analysis of differentially expressed
1034 genes in BMSCs isolated from *YBX1^{Prx1-CKO}* mice and *YBX1^{lox/lox}* mice. Data shown
1035 as mean \pm SEM. *, $P < 0.05$; **, $P < 0.01$; ***, $P < 0.001$; One-way ANOVA for C;
1036 Student's t test for E.

1037

1038 **Supplementary figure 2 Depletion of YBX1 in BMSCs results in accelerated bone**
1039 **loss in female mice**

1040 (A-E) Representative μ CT images (A) and quantitative μ CT analysis of trabecular
1041 bone microarchitecture (B-E) in distal femora from 3-month-old female *YBX1^{Prx1-CKO}*
1042 mice and *YBX1^{lox/lox}* mice. Data shown as mean \pm SEM. #, no significant difference; *,
1043 $P < 0.05$; **, $P < 0.01$; ***, $P < 0.001$; Student's t test.

1044

1045 **Supplementary figure 3 YBX1 interacted with spliceosome components and**
1046 **YBX1 deficiency altered pre-mRNA splicing in BMSCs**

1047 (A) Schematic diagram of experimental process of alternative splicing analysis. (B)
1048 Histogram of the differentially spliced events between BMSCs isolated from

1049 *YBX1^{Prx1-CKO}* mice and *YBX1^{flx/flx}* mice. (C) Study design of mouse YBX1
1050 interactomes. YBX1 interactomes are analyzed by LC-MS/MS. (D) The network
1051 represents the proteins interacting with YBX1 in BMSCs. Specific color of the node
1052 indicates spliceosomal, ribosomal and ribosomal biogenesis proteins. (E) Network
1053 representation of YBX1 interacting spliceosomal proteins in BMSCs. (F)
1054 Enrichment network representing the top 10 enriched terms of YBX1 related proteins.
1055 Enriched terms with high similarity were clustered and rendered as a network, while
1056 each node represents an enriched term and is colored according to its cluster. Node
1057 size indicates the number of enriched proteins. (G) Spliceosome proteins interacting
1058 with YBX1 participate in spliceosome assembly reaction in a stepwise manner to form
1059 a mature mRNA. (H) Summarizing important YBX1 interacting spliceosomal proteins
1060 based on their spliceosome complex.

1061

1062 **Supplementary figure 4 YBX1 alters mRNA stability by binding to 3'UTR.**

1063 (A) Venn diagrams of overlapping genes targeted by YBX1 on 3'UTR are and
1064 showed altered expression upon YBX1 deletion. (B) Genes targeted by YBX1 on
1065 3'UTR are and showed altered expression upon YBX1 deletion. (C) Heat map of
1066 differentially expressed genes in BMSCs isolated from *YBX1^{Prx1-CKO}* mice and
1067 *YBX1^{flx/flx}* mice. (D) RNA-seq read showed YBX1 binding the 3'UTR area of *Bgn*,
1068 *Colla2*, *Nrp2* and *Thbs1* mRNA in BMSCs. (E) Western blot analysis of the
1069 expression of YBX1, NRP2, THBS1, FAF and phosphorylation of FAK in BMSCs
1070 isolated from *YBX1^{Prx1-CKO}* mice and *YBX1^{flx/flx}* mice.

1071

1072 **Supplementary figure 5 YBX1 do not bind to the promoter regions of *Bgn*, *Colla2*,**

1073 ***Nrp2*, *Thbs1*, *Fn1*, *Taz*, *Sirt2*, and *Sp7* in BMSCs.**

1074 (A) Distribution of YBX1 ChIP-seq peaks in the genome. (B) Heatmap of YBX1 and
1075 input ChIP-seq peaks in BMSCs. The signal is displayed within 2 kb of
1076 transcriptional start site. (C) ChIP-seq profile for YBX1 in BMSCs at *Bgn*, *Nrp2*, *Fnl*
1077 and *Taz*. (D) ChIP-seq profile for YBX1 in BMSCs at *Colla2*, *Thbs1*, *Sirt2*, and *Sp7*.