

1 RatXcan: Framework for translating 2 genetic results between species via 3 transcriptome-wide association 4 analyses

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35

36 **Abstract** We developed a framework for identifying trait-associated genes in
37 rats and facilitating the transfer of polygenic evidence across species by
38 expanding the transcriptome-wide association (TWAS) approach to rats. Our
39 analysis successfully trained transcript predictors for over 8000 genes in each of
40 the five brain regions of rats, revealing several shared properties of gene
41 regulation with humans. Moreover, mirroring trends observed in humans, our
42 findings showed that sparse predictors using variants in cis are more effective
43 than polygenic predictors and that gene expression prediction in rats is highly
44 correlated across brain regions. Importantly, our analysis also identified a
45 significant overlap between genes associated with rat and human body length
46 and BMI, indicating rat models may be useful for studying the genetic basis of
47 complex traits in humans. RatXcan represents a valuable tool for uncovering
48 shared biological mechanisms of complex traits across species, with potential
49 applications in a wide range of research fields.

50

51 Introduction

52 Over the last decade, genome-wide association studies (GWAS) have identified
53 numerous genetic loci that contribute to biomedically important traits [*Visscher*
54 *et al.*, 2017]. GWAS have demonstrated that most traits have a highly polygenic
55 architecture, meaning that numerous genetic variants with individually small ef-
56 fects confer risk [*Loos*, 2020]. However, translating these results into meaning-
57 ful biological discoveries remains extremely challenging [*Lewis and Vassos*, 2020,
58 *Martin et al.*, 2019, *Alliance et al.*, 2021].

59 Model organisms provide a system in which the effect of genotype, genetic
60 manipulations, and environmental exposures can be experimentally tested. Whereas
61 the tools for using model organisms to study *individual* genes are well established,
62 there are no satisfactory methods for studying the *polygenic* signals obtained
63 from GWAS in model organisms.

64 To start addressing this problem, we extend the TWAS framework [*Gamazon*
65 *et al.*, 2015] to rats so that the unit of analysis are genes rather than rats. We
66 call this approach RatXcan. Following our human pipeline, we investigate the ge-
67 netic architecture of gene expression traits in rats and compare them to humans.
68 Then, we train genetic predictors of gene expression traits in rats and perform
69 association between the latter and rat body size traits.

70 Results

71 Experimental setup

72 To build a framework for translating genetic results between species, we followed
73 the experimental setup illustrated in Fig. 1. In the *training stage* (Fig. 1a), we inves-
74 tigated the genetic architecture of gene expression and built prediction models
75 of gene expression in rats. We used genotype and transcriptome data from five
76 brain regions sampled from 88 heterogeneous stock (HS) rats, generated by the
77 [NIDA Center for GWAS for Outbred rats](#) (Fig. 1a). We selected HS rats because
78 they are a well characterized, outbred mammalian population for which dense
79 genotype, phenotype, and gene expression data are available in thousands of
80 subjects [*Solberg Woods and Palmer*, 2019, *Chitre et al.*, 2020, *Keele et al.*, 2018,
81 *Crouse et al.*, 2022]. In the *association stage* (Fig. 1b), we used genotype data
82 to predict the transcriptome in a non-overlapping *target set* of 3,407 rats. We
83 tested for associations between the genetically predicted gene expression and
84 body length by adapting the PrediXcan software, which was originally developed
85 for use in humans [*Gamazon et al.*, 2015], to rats ('RatXcan').

86 Genetic Architecture of Gene Expression across Brain Tissues

87 To inform the optimal prediction model training, we examined the genetic archi-
88 tecture of gene expression in HS rats by quantifying heritability and polygenicity

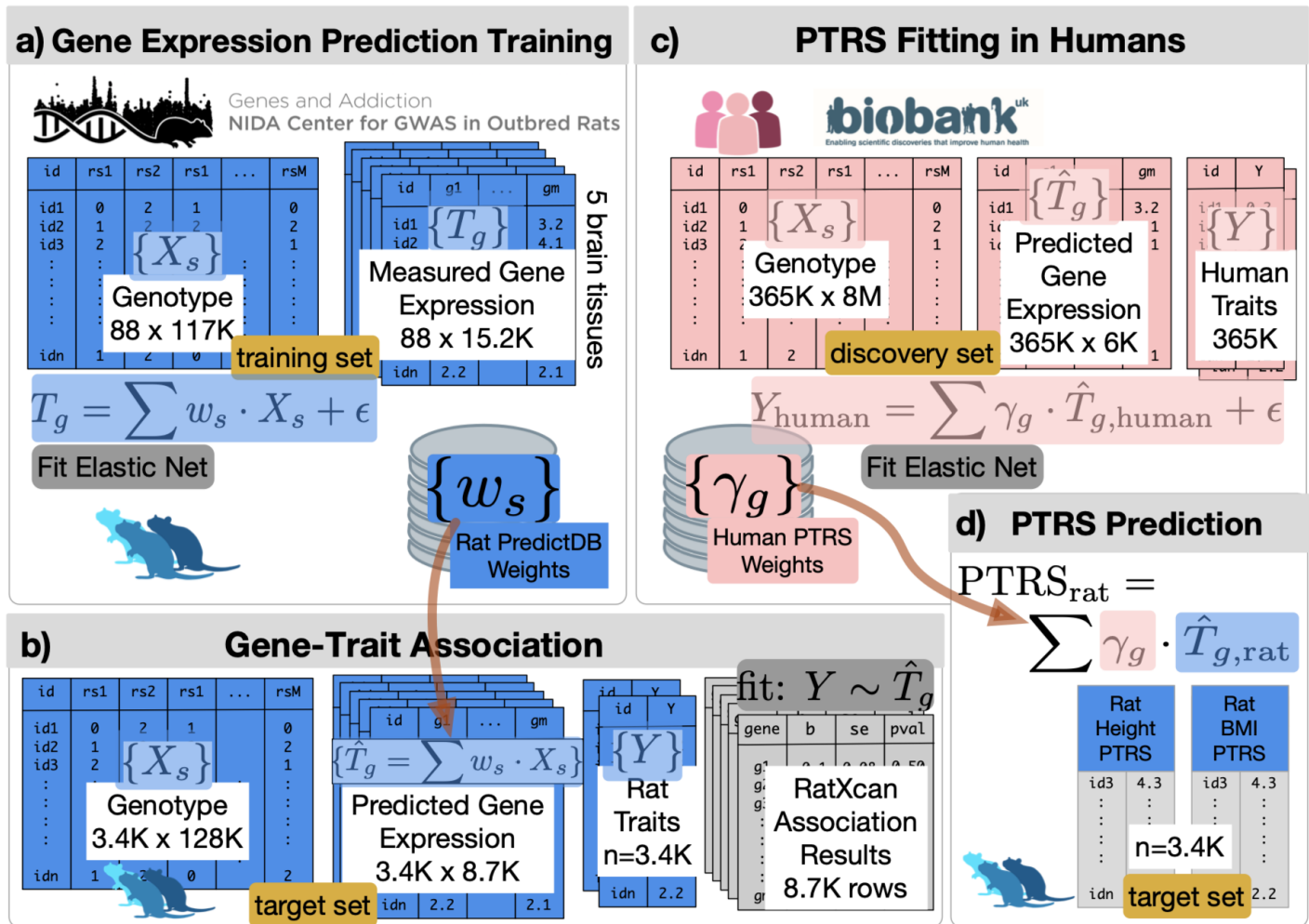


Figure 1. Schematic representation of cross-species polygenic translation framework.

The workflow was divided into 4 stages: a) gene expression prediction training, b) gene-trait association, c) PTRS fitting in humans, d) PTRS prediction. a) In the gene expression prediction training stage, we used genotype (117,155 SNPs) and gene expression data (15,216 genes) from samples derived from 5 brain regions in 88 rats. The prediction weights (rat PredictDB weights) are stored in predictdb.org. Rats used in this stage constitute the training set. b) In the gene-trait association stage, we used genotype and phenotype data from the target set of 3,407 rats (no overlap with training set rats). Predicted gene expression (8,567 genes for which prediction was possible) was calculated for all the 3,407 target set rats, and gene-trait associations were tested using RatXcan (N=1,463-3,110). We queried human gene-level associations from PhenomeXcan to estimate enrichment levels with our rat findings. c) Human PTRS weights were fitted using elastic net regression of height on predicted whole blood gene expression levels (7,002 genes) in the UK Biobank (N=356,476). d) The human PTRS weights will be used for complex trait prediction in rats. Prediction performance of PTRS will be used to calculate as the correlation (and partial correlation) between the predicted scores in rats and the observed traits. Analyses in rats are shown in blue and analyses in humans are shown in pink.

89 for five areas of brain tissue. Because the results for each tissue are similar, in
90 the main text we summarize results for all tissues, highlighting the results for
91 nucleus accumbens core; we present the remaining tissues in more detail in the
92 supplement.

Brain Region	# Rats	# Genes Predicted	Average R^2	Average cis h^2
Nucleus Accumbens Core (NAcc)	78	8,567	8.51%	9.82%
Infralimbic Cortex (IL)	83	8,856	8.87%	9.77%
Lateral Habenula (LHb)	83	8,244	7.78%	8.86%
Prelimbic Cortex (PL)	81	8,315	9.33%	10.12%
Orbitofrontal Cortex (OFC)	82	8,821	9.13%	9.82%

Table 1. Summary of heritability and prediction performance in rats. The table shows the number of rats used in the prediction, number of genes predicted per model, the average prediction performance R^2 , and average cis-heritability cis h^2 , for all gene transcripts.

93 We calculated the heritability of expression for each gene by estimating the
94 proportion of variance explained (PVE) using a Bayesian Sparse Linear Mixed
95 Model (BSLMM) [Zhou et al., 2013]. We restricted the feature set to variants within
96 1 Mb of the transcription start site of each gene since this is expected to capture
97 most cis-eQTLs. Among the 15,216 genes considered, 3,438 genes were herita-
98 ble (defined as having a 95% credible set lower boundary greater than 1%) in the
99 nucleus accumbens core. The mean heritability ranged from 8.86% to 10.12% for
100 all brain tissues tested (Table 1). Fig. 2a shows the heritability estimates for gene
101 expression in the nucleus accumbens core, while Fig. S1 shows heritability esti-
102 mates for other tissues. We identified a similar heritability distribution in humans
103 (Fig. 2b, Fig. S2) based on whole blood samples from GTEx.

104 Next, to evaluate the polygenicity of gene expression levels, we examined
105 whether predictors with more polygenic or sparse architecture correlate better
106 with observed expression. We fitted elastic net regression models using a range
107 of mixing parameters from 0 to 1 (Fig. 2c). The leftmost parameter value of 0
108 corresponds to ridge regression, which is fully polygenic and uses all cis-variants.
109 Larger values of the mixing parameters yield more sparse predictors, with the
110 number of variants decreasing as the mixing parameter increases. The rightmost
111 value of 1 corresponds to lasso regression, which yields the most sparse predic-
112 tor within the elastic net family.

113 We used the 10-fold cross-validated Pearson correlation (R) between predicted
114 and observed values as a measure of performance (Spearman correlation yielded
115 similar results). We observed a substantial drop in performance towards the

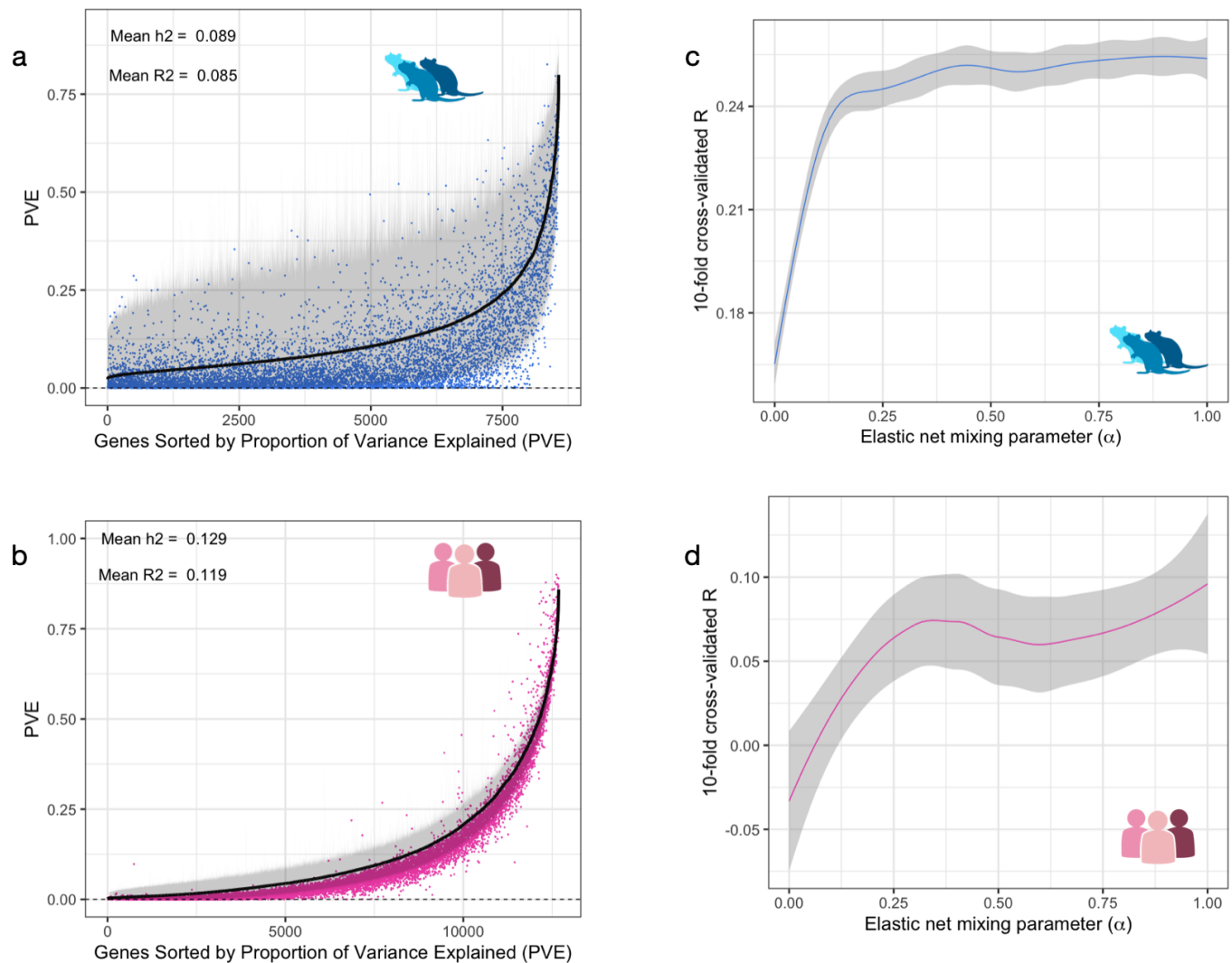


Figure 2. Heritability and sparsity of gene expression in both rats and humans. a) cis-heritability of gene expression levels in the nucleus accumbens core of rats calculated using BSLMM (black). We show only genes ($N = 10,268$) that have an equivalent ortholog in the GTEx population. On the x-axis, genes are ordered by their heritability estimates. 95% credible sets are shown in gray for each gene. Blue dots indicate the prediction performance (cross validated R^2 between predicted and observed expression). b) cis heritability of gene expression levels in whole blood tissue in humans from GTEx. We show only the same 10,268 orthologous genes. On the x-axis, genes are ordered by their heritability estimates. 95% credible sets are shown in gray for each gene. Pink dots indicate the prediction performance (cross validated R^2 between predicted and observed expression). c) Cross validated prediction performance in rats (Pearson correlation R) as a function of the elastic net parameter ranging from 0 to 1. d) Cross validated prediction performance in humans (Pearson correlation R) as a function of the elastic net parameter ranging from 0 to 1.

116 more polygenic end of the mixing parameter spectrum (Fig. 2c). We observed
117 similar results using human gene expression data from whole blood samples in
118 GTEx individuals (Fig. 2d). Overall, these results indicate that the genetic architec-
119 ture of gene expression in HS rats (detectable with the currently available sample
120 size) is sparse, similar to that of humans [*Wheeler et al., 2016*].

121 **Generation of Prediction Models of Gene Expression in Rats**

122 We trained elastic net predictors for all genes in all five brain regions. Based
123 on the relative performance across different elastic net mixing parameters, we
124 chose a parameter value of 0.5, which yielded slightly less sparse predictors than
125 lasso but provided robustness to missing or low quality variants; this is the same
126 value that we have chosen in the past for humans datasets [*Gamazon et al., 2015*].
127 The procedure yielded 8,244-8,856 genes across five brain tissues from the avail-
128 able 15,216 genes (Table 1). The 10-fold cross-validated prediction performance
129 (R^2) ranged from 0 to 80% with a mean of 8.51% in the nucleus accumbens core.
130 As shown in Table 1, mean prediction R^2 was consistently lower than mean her-
131 itability for all tissues, as is expected since genetic prediction performance is re-
132 stricted by its heritability. Prediction performance values followed the heritability
133 curve, confirming that genes with highly heritable expression tend to be better
134 predicted than genes with low heritability in both HS rats and humans (Fig. 2a-b).
135 Interestingly, we identified better prediction performance in HS rats than in hu-
136 mans (Fig. S3), despite heritability of gene expression being similar across species
137 (Fig. 2a-b).

138 In Fig. 3a-b, we show the prediction performance of the best predicted genes
139 in HS rats (*Mgmt*, $R^2 = 0.72$) and humans (*RPS26*, $R^2 = 0.74$). Across all genes,
140 we found that the prediction performance in HS rats was correlated with that of
141 humans ($R = 0.061$, $P = 8.03 * 10^{-6}$; Fig. 3c). Furthermore, performance per gene
142 in different tissues was similar in both HS rats (Fig. 3d) and humans (Fig. 3e),
143 namely, genes that were well-predicted in one tissue were also well-predicted
144 in another tissue. Correlation of prediction performance across tissues ranged
145 from 58 to 84% in HS rats and 42 to 69% in humans.

146 Having established the similarity of the genetic architecture of gene expres-
147 sion between rats and humans, we transitioned to the *association stage*.

148 **PrediXcan/TWAS Implementation in Rats (RatXcan)**

149 To extend the PrediXcan/TWAS framework to rats, we developed RatXcan. We
150 used the predicted weights from the *training stage* to estimate the genetically reg-
151 ulated expression in the *target set* of 3,407 densely genotyped HS rats. We then
152 tested the association between predicted expression and body length in the tar-
153 get set.

154 We identified 90 Bonferroni significant genes ($P(0.05/5388) = 9.28 * 10^{-6}$) in 57

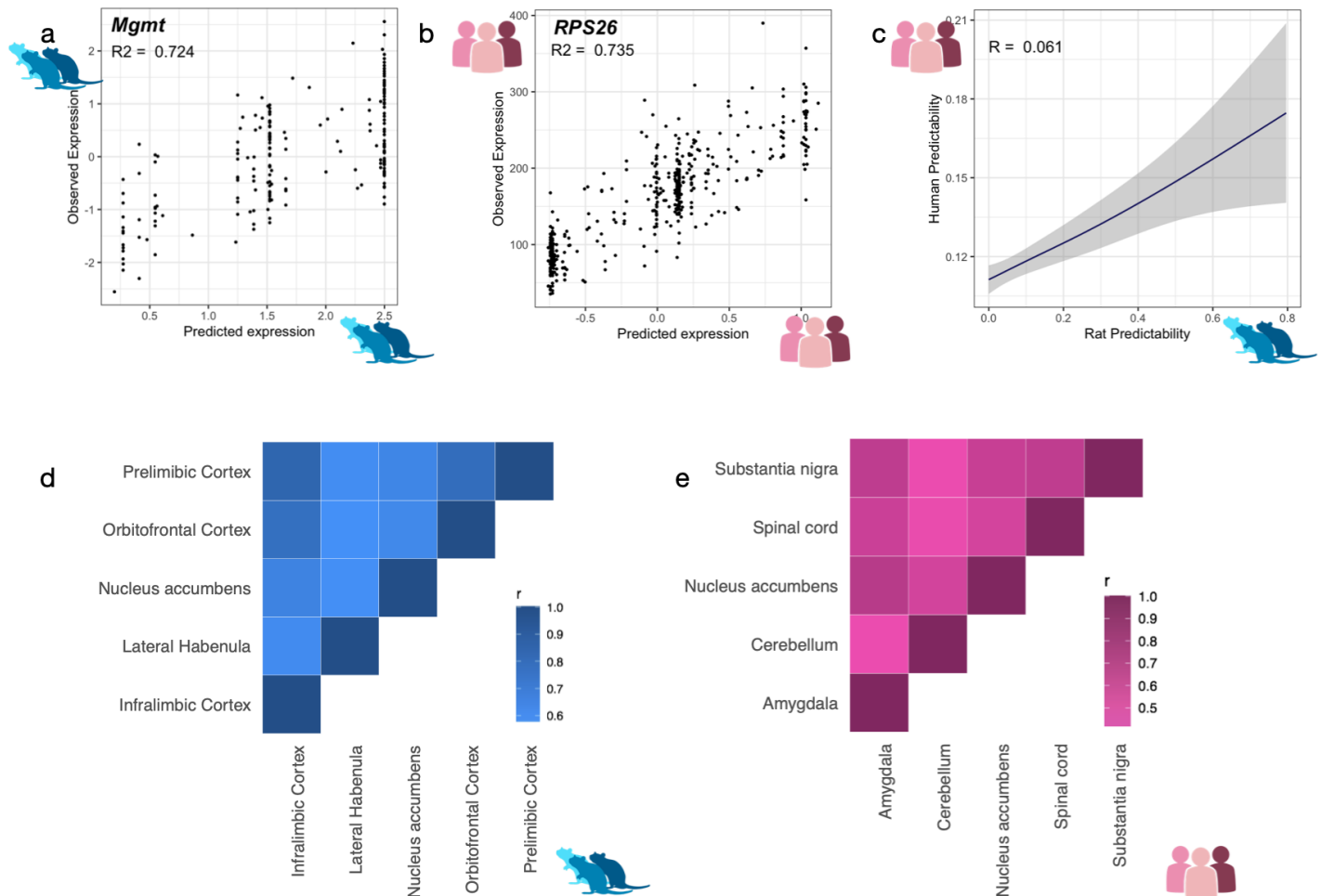


Figure 3. Shared genetic architecture of gene expression in rats and humans a) Comparison of predicted vs. observed expression for a well predicted gene in rats (*Mgmt*, $R^2 = 0.72$, $R = 0.65$, $P < 2.20 \times 10^{-16}$). b) In humans, predicted and observed expression for *RPS26* were significantly correlated ($R^2 = 0.74$, $R = 0.86$, $P < 2.20 \times 10^{-16}$). c) Prediction performance was significantly correlated across species ($R = 0.06$, $P = 8.03 \times 10^{-06}$) d-e) and across all five brain tissues tested in rats and humans. In rats, within tissue prediction performance ranged from ($R = [0.58 - 0.84]$, $P < 2.20 \times 10^{-16}$). In humans, the range was [$R = 0.42 - 0.69$, $P < 2.20 \times 10^{-16}$].

155 distinct loci separated by ± 1 Mb for rat body length (Fig. 4a; Supplementary Ta-
156 ble 1). Among the 90 significant genes, 30.46% had human orthologs previously
157 associated with height in GWAS. For example, *Tgfa*, which is related to growth
158 pathways, including epidermal growth factor, was associated with body length in
159 rats ($P = 1.18 \times 10^{-9}$) and nominally associated with height in humans [**Comuzzie**
160 **et al., 2012**] ($P = 8.00 \times 10^{-6}$). To evaluate whether trait-associated genes identi-
161 fied in HS rats were more significantly associated with the corresponding traits
162 in humans, we performed enrichment analysis. Specifically, we selected genes
163 that were nominally associated with HS rat body length ($P < 0.05$) and compared
164 the p-value from the analogous human trait (height) against the background dis-
165 tribution of height-associated genes identified in GWAS. Given the large sample
166 size of human height GWAS, we expected the p-values for of height-associated
167 genes (shown in pink, Fig. 4b) to depart substantially from the identity line (in
168 gray). The subset of genes that were associated with rat body length (in blue,
169 Fig. 4b) showed a major departure from the background distribution, indicating
170 that body-length genes in rats were more significantly associated with human
171 height than expected. To quantify the enrichment, we compared the p-value dis-
172 tribution of all the genes with the distribution of the subset of genes that were
173 nominally significantly associated with rat body length ($P = 6.55 \times 10^{-10}$).

174 Discussion

175 Overwhelming evidence demonstrates that most complex diseases are extremely
176 polygenic; however, there is an unmet need for methods that translate polygenic
177 results to other species.

178 A critical first step to achieve the transfer of polygenic scores is the develop-
179 ment of RatXcan, which is the rat version of PrediXcan [**Gamazon et al., 2015**], a
180 well-established statistical tool that is used in human genetics. We showed that
181 the genetic architecture of gene expression in rats is broadly similar to humans:
182 they are heritable, sparse, and the degree of heritability is preserved across tis-
183 sues; some of these observations are consistent with another recent publication
184 that mapped eQTLs in HS rats [**Munro et al., 2022**]. Interestingly, despite the
185 smaller sample sizes used to train our prediction models, rats showed better
186 prediction than humans. This might reflect the fact that HS rats have a prepon-
187 derance of common alleles [**Chitre et al., 2020**] whereas humans have numerous
188 rare alleles that influence gene expression but are difficult to capture in predic-
189 tion models. The superior prediction may also reflect the longer haplotype blocks
190 that are present in HS rats relative to humans [**Chitre et al., 2020**], which reduces
191 the multiple testing burden when mapping cis-eQTLs and likely facilitates predic-
192 tor training.

193 Using RatXcan, we tested gene-level associations of body length, which had

194 been previously measured in rats. We chose height because of the availability of
195 large human GWAS, relatively large genotyped HS rat cohort in which body length
196 was known, and relatively unambiguous similarity between humans height and
197 rat body length. We found substantial enrichment of trait-associated genes among
198 orthologous human trait-associated genes.

199 There are several limitations in the current study. The sample size of the refer-
200 ence transcriptome data in rats was limited. We would expect better predictabil-
201 ity estimates in our elastic-net trained models with larger sample sizes. Further-
202 more, we used gene expression data from human blood and rat nucleus accum-
203 bens core because they were convenient datasets, but these tissues are not likely
204 to be major mediators of height or body length. Second, we suspect that in
205 both humans and rats, some gene-level associations may be confounded by link-
206 age disequilibrium contamination and co-regulation. This problem is likely to be
207 more serious in model organisms where even longer range LD exists. Finally, in-
208 tegration of other omic data types (e.g., protein, methylation, metabolomics) and
209 the use of cell-specific data may improve prediction accuracy and cross-species
210 portability. It is worth noting that while we have shown success with humans and
211 HS rats, it is still not clear whether more distantly related species, such as non-
212 mammalian vertebrates or even insects, might also lend themselves to ortholog
213 analysis and ultimately a cross-species transcriptome-based polygenic risk score.

214 Despite these limitations, we have developed a methodology for effectively
215 and efficiently identifying orthologs between rats and humans, which should sup-
216 port new and transformative experimental designs involving model organisms
217 and enable the future development of a transcriptome-based polygenic risk score
218 that is portable across species. Moreover, the RatXcan methodology provides a
219 method to empirically validate traits that are intended to model or recapitulate
220 aspects of human diseases in model systems. While the validity of these animal
221 models has been a source of passionate debate, empirical evidence has been lim-
222 ited. Our polygenic approach provides an empirical approach to this debate that
223 has been urgently needed.

224 **Methods**

225 **Resource availability**

226 **Lead contact**

227 Requests for further information, resources, and reagents should be directed to
228 and will be fulfilled by one of the lead contacts, Hae Kyung Im (haky@uchicago.edu)
229 or Abraham Palmer (aapalmer@ucsd.edu)

230 **Material availability**

231 This study did not generate new unique reagents.

232 **Experimental model and subject details**

233 The rats used for this study are part of a large multi-site project focused on ge-
234 netic analysis of complex traits (www.ratgenes.org). N/NIH heterogeneous stock
235 (HS) outbred rats are the most highly recombinant rat intercross available and
236 are a powerful tool for genetic studies ([*Solberg Woods and Palmer, 2019*]; [*Chitre*
237 *et al., 2020*]). HS rats were created in 1984 by interbreeding eight inbred rat
238 strains (ACI/N, BN/SsN, BUF/N, F344/N, M520/N, MR/N, WKY/N and WN/N) and
239 been maintained as an outbred population for almost 100 generations.

240 **Method details**

241 Genotype and expression data in the training rat set

242 For training the gene expression predictors, we used RNAseq and genotype data
243 pre-processed for *Munro et al. [2022]*. We used 88 HS male and female adult rats,
244 for which whole genome and RNA-sequencing information was available across
245 five brain tissues [nucleus accumbens core (NAcc), infralimbic cortex (Il), prelim-
246 bic cortex (PL), orbitofrontal cortex (OFC), and lateral habenula (Lhb); Table 1].
247 Mean age was 85.7 ± 2.2 for males and 87.0 ± 3.8 for females. All rats were group
248 housed under standard laboratory conditions and had not been through any pre-
249 vious experimental protocols. Genotypes were determined using genotyping-by-
250 sequencing, as described previously in [*Parker et al., 2016*], [*Chitre et al., 2020*]
251 and [*Gileta et al., 2020*]. Bulk RNA-sequencing was performed using Illumina
252 HiSeq 4000 with polyA libraries, 100 bp single-end reads, and mean library size of
253 27M. Read alignment and gene expression quantification were performed using
254 RSEM and counts were upper-quartile normalized, followed by additional quality-
255 control filtering steps as described in *Munro et al. [2022]*. Gene-expression levels
256 refer to transcript abundance for reads aligned to the gene's exons using the En-
257sembl Rat Transcriptome.

258 For each gene, we inverse normalized the TPM values to account for outliers
259 and fit a normal distribution. We then performed PEER factor analysis [*Stegle*
260 *et al., 2010*]. We regressed out sex, batch number, batch center and 7 PEER fac-
261 tors from the gene expression and saved the residuals for all downstream analy-
262 ses.

263 Genotype and phenotype data in the target rat set

264 We used genotype and phenotype data from 3,407 HS rats (i.e., target set) re-
265 ported in *Chitre et al. [2020]*. We used phenotypic information on body length
266 (including tail), and fasting glucose. For each trait, sex, age, batch number and
267 site were regressed out if they were significant and if they explained more than
268 2% of the variance, as described in [*Chitre et al., 2020*].

269 Querying human gene-trait association results

270 To retrieve analogous human gene-trait association results, we queried PhenomeX-
271 can, a web-based tool that serves gene-level association results for 4,091 traits
272 based on predicted expression in 49 GTEx tissues [*Pividori et al., 2020*]. Ortholo-
273 gous genes (N = 22,777) were mapped with Ensembl annotation, using the *biomart*
274 R package and were one to one matched.

275 Estimating gene expression heritability

276 We calculated the cis-heritability of gene expression from the training set using a
277 Bayesian sparse linear mixed model, BSLMM [*Zhou et al., 2013*], as implemented
278 in GEMMA. We used variants within the ± 1 Mb window up- and down-stream of
279 the transcription start and end of each gene annotated by Gencode v26 [*Frankish*
280 *et al., 2021*]. We used the proportion of variance explained (PVE) generated by
281 GEMMA as the measure of cis-heritability of gene expression. We then display
282 only the PVE estimates of 10,268 genes that were also present in the human gene
283 expression data.

284 Heritability of human gene expression, which was also calculated with BSLMM,
285 was downloaded from the database generated by *Wheeler et al. [2016]*. Genes
286 were also limited to the same 10,268 as above.

287 Examining polygenicity versus sparsity of gene expression

288 To examine the polygenicity versus sparsity of gene expression in rats, we iden-
289 tified the optimal elastic net mixing parameter α , as described in *Wheeler et al.*
290 *[2016]*. Briefly, we compared the prediction performance of a range of elastic net
291 mixing parameters spanning from 0 to 1 (11 values from 0 to 1, with steps of 0.1).
292 If the optimal mixing parameter was closer to 0, corresponding to ridge regres-
293 sion, we deemed gene expression trait to be polygenic. In contrast, if the optimal
294 mixing parameter was closer to 1, corresponding to lasso, then the gene expres-
295 sion trait was considered to be more sparse. We also restricted the number of
296 genes in the pipeline to the 10,268 orthologous genes.

297 Training gene expression prediction in rats

298 To train prediction models for gene expression in rats, we used the training set
299 of 88 rats described above and followed the elastic net pipeline from predictdb.org.
300 Briefly, for each gene, we fitted an elastic net regression using the *glmnet* package
301 in R. We only included variants in the cis region (i.e., 1Mb up and downstream of
302 the transcription start and end). The regression coefficient from the best penalty
303 parameter (chosen via *glmnet's* internal 10-fold cross validation [*Zou and Hastie,*
304 *2005*]) served as the weight for each gene. The calculated weights (w_s) are avail-
305 able in predictdb.org. For the comparison of number of predictable genes across
306 species, we ran the same cross-validated elastic net pipeline in four GTEx tissues
307 with sample sizes similar to that of the rats: Substantia Nigra, Kidney Cortex,

308 Uterus and Ovary. To ensure fair comparison, we used the same number of
309 genes that were orthologous across all four human tissues and rat tissues.

310 Estimating overlap and enrichment of genes between rats and humans
311 For human transcriptome prediction used in the comparison with rats, we simply
312 downloaded elastic net predictors trained in GTEx whole blood samples from
313 the PredictDB portal, as previously done in humans [*Barbeira et al., 2021*]. This
314 model was different from the ones used in the UK Biobank for calculating the
315 PTRS weights (See Calculating PTRS in a rat target set).

316 We quantified the accuracy of the prediction models using a 10-fold cross val-
317 idated correlation (R) and correlation squared (R^2) between predicted and ob-
318 served gene expression [*Zou and Hastie, 2005*]. For the rat prediction models,
319 we only included genes whose prediction performance was greater than 0.01 and
320 had a non-negative correlation coefficient, as these genes were considered well
321 predicted.

322 We tested the prediction performance of our elastic net model trained in nu-
323 cleus accumbens core in an independent rat reference transcriptome set. We
324 predicted expression in the reference set of 188 individuals and compared to
325 observed genetic expression in the nucleus accumbens core.

326 **Quantification and Statistical Analysis**

327 **Implementing RatXcan**

328 We developed RatXcan, based on PrediXcan [*Gamazon et al., 2015*] [*Barbeira*
329 *et al., 2018*] in humans. RatXcan uses the elastic net prediction models generated
330 in the training set. In the prediction stage, we generated a predicted expression
331 matrix for all genes in the rat target set, by fitting an additive genetic model:

$$332 \quad Y_g = \sum_k w_{k,g} X_k + \epsilon$$

333 Y_g is the predicted expression of gene g , $w_{k,g}$ is the effect size of marker k for
334 gene g , X_k is the number of reference alleles of marker k , and ϵ is the contribution
335 of other factors that determine the predicted gene expression, assumed to be
336 independent of the genetic component.

337 We then tested the association between the predicted expression matrix and
338 body length. We fitted a linear regression of the phenotype on the predicted
339 expression of each gene, which generated gene-level association results for all
340 gene trait pairs.

341 Estimating overlap and enrichment of genes between rats and humans
342 We queried PhenomeXcan to identify genes associated with human height. Phe-
343 nomeXcan provides gene-level associations aggregated across all available GTEx
344 tissues, as calculated by MultiXcan (an extension of PrediXcan) [*Barbeira et al.,*
345 *2019*]. To this aim, we adapted MultiXcan to similarly aggregate our results across

346 the 5 tested brain tissues in rats. We used a Q-Q plot to inspect the level of enrich-
347 ment across rat and human findings. To quantify enrichment, we used a Mann-
348 Whitney test as implemented in R to discern whether the distribution of the p-
349 values for genes in humans was the same for the genes that were and were not
350 nominally significant in rats.

351 Calculating PTRS weights in the UK Biobank

We calculated human-derived height PTRS weights using elastic net with a mixing parameter of 0.5, as described in *Liang et al. [2022]*. We predicted expression levels in 356,476 UK Biobank unrelated participants of European descent using whole blood prediction models trained in GTEx. We used the prediction models trained with UTMOST based on grouped lasso, which borrows information across tissues to improve prediction performance [*Barbeira et al., 2020, Hu et al., 2019*]. The predicted expression was generated using high quality SNPs from Hapmap2 [*McCarthy et al., 2016*]. We performed elastic net regression with height as the predicted variable and the predicted expression matrix from 356,476 UK Biobank unrelated individuals of European descent. More specifically, for each regularization parameter λ , we selected weight parameters γ_g that minimized the mean squared difference between the predicted variable Y and prediction model $X\gamma + \gamma_0$ where $\hat{T}_g \in \mathbb{R}^{N \times 1}$ is the standardized predicted expression level of gene g across N individuals and $\hat{C}_l \in \mathbb{R}^{N \times 1}$ is the the observed value of the l th standardized covariate:

$$\gamma^{EN} = \underset{\gamma}{\operatorname{argmin}} \frac{1}{N} \overbrace{\|Y - X\gamma - \gamma_0\|_2^2}^{\text{loss:ly}} + \lambda\alpha\|\gamma\|_1 + \lambda_a(1 - \alpha)(\|\gamma\|_2)^2$$
$$X := [\hat{T}_1, \dots, \hat{T}_m, C_1, \dots, C_L]$$

352 where γ_0 is the intercept, m the number of genes, L is the number of covariates,
353 $\|B\|_2^2$ is the l_2 norm and the $\|B\|_1$ is the l_1 norm of the effect size vector. α de-
354 notes the elastic net mixing parameter and λ is the regularization parameter. 37
355 different λ 's were used, generating 37 different sets of predictors. Covariates in-
356 cluded age at recruitment (Data-Field 21022), sex (Data-Field 31), and the first 20
357 genetic PCs. For more details, see *Liang et al. [2022]*. The values of the regulariza-
358 tion parameters were chosen in a region likely to cover a wide range of sparsity
359 in the resulting models, from very sparse, containing a couple of genes, to dense,
360 containing all genes *Liang et al. [2022]*.

361 Code and Data Availability

362 The code used for this work is available at [https://github.com/hakyimlab/Rat_Genomics_](https://github.com/hakyimlab/Rat_Genomics_Paper_Pipeline)
363 [Paper_Pipeline](https://github.com/hakyimlab/Rat_Genomics_Paper_Pipeline). Genotype and expression data are available through [*Munro et al.,*
364 *2022*]. Prediction models for gene expression in all five brain tissues in rats are
365 available at predictdb.org

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373 Author contributions

374 A.A.P. and H.K.I. conceived the cross species PTRS and supervised the work. N.S.
375 and Y.L. performed a large portion of the analyses. N.S. and S.S-R. analyzed and
376 interpreted the results and wrote the initial draft of the manuscript. MP and FN
377 performed analysis of some of the PTRS results. S.M., D.M., A.C., D.C., L.S-W, and
378 O.P. pre-processed and analyzed the RNAseq, genotype, and phenotype data.
379 R.C., J.G., A.M.G., A.G., K.H., A.H., C.P.K., C.L.S-P., J.T., T.W., H.C., S.F., K.I., P.M., L.S.
380 were involved in various aspects of the collection of the rat physiological traits.
381 All authors read, edited and approved the final version of the manuscript.

382 Competing interests

383 The authors declare no conflict of interest.

384 Ethics declaration

385 Not applicable.

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468 **Supplementary information**

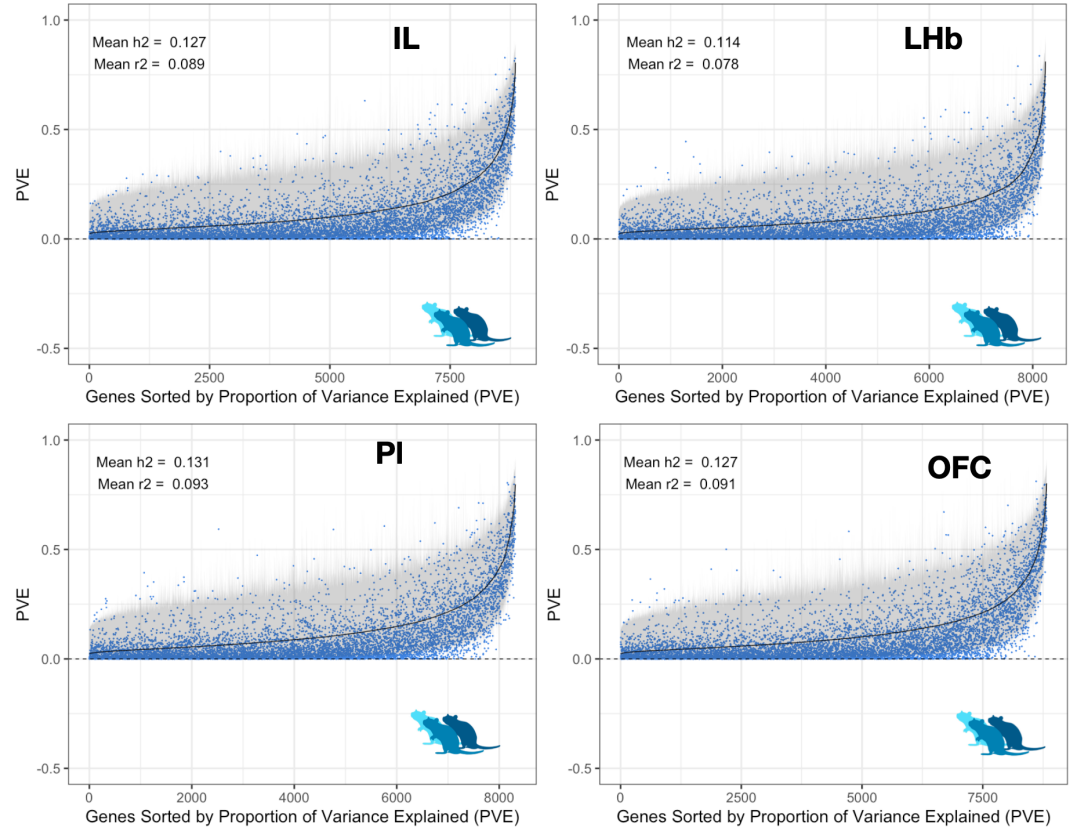


Figure S1. Gene expression was heritable [8.86-10.12%] and comparable across several brain tissues tested (Infralimbic Cortex, IL; Lateral Habenula, LHb; Prelimbic Cortex, PL; Orbitofrontal Cortex, OFC) in rats. We refer to heritability (h^2 , cis-heritability within 1Mb) as the proportion of variance explained (PVE). Across all brain tissues tested, heritability estimates were significantly correlated ($R = [0.58 - 0.83]$, $P < 2.20 \times 10^{-16}$).

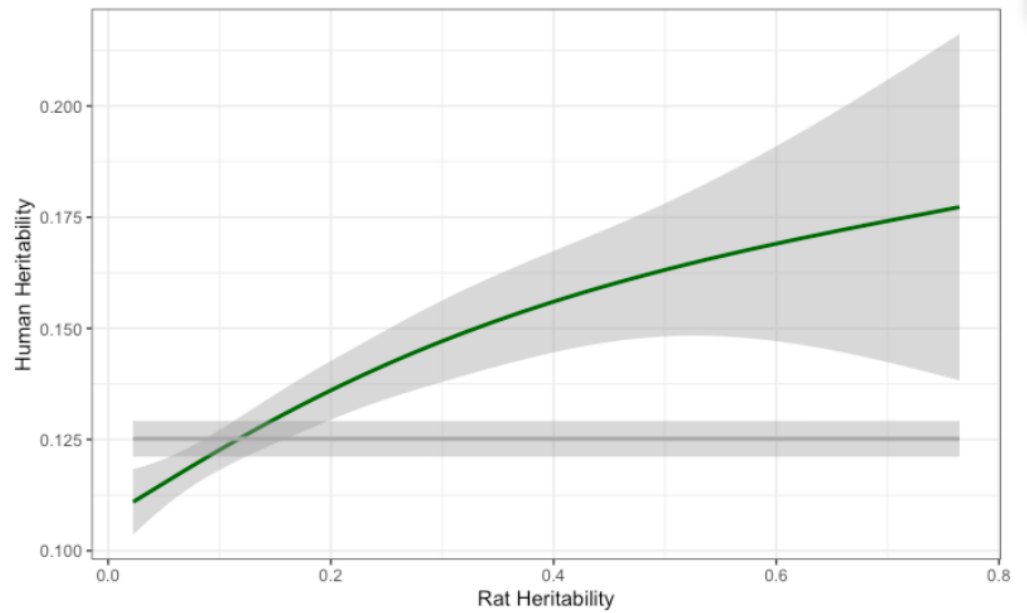


Figure S2. Heritability of gene expression was correlated between rats and humans. We found a significant correlation ($R = 0.07$, $P = 4.34 \times 10^{-12}$) between heritability estimates in rats and humans. Confidence intervals are represented as gray bars. The gray line represents the null distribution.

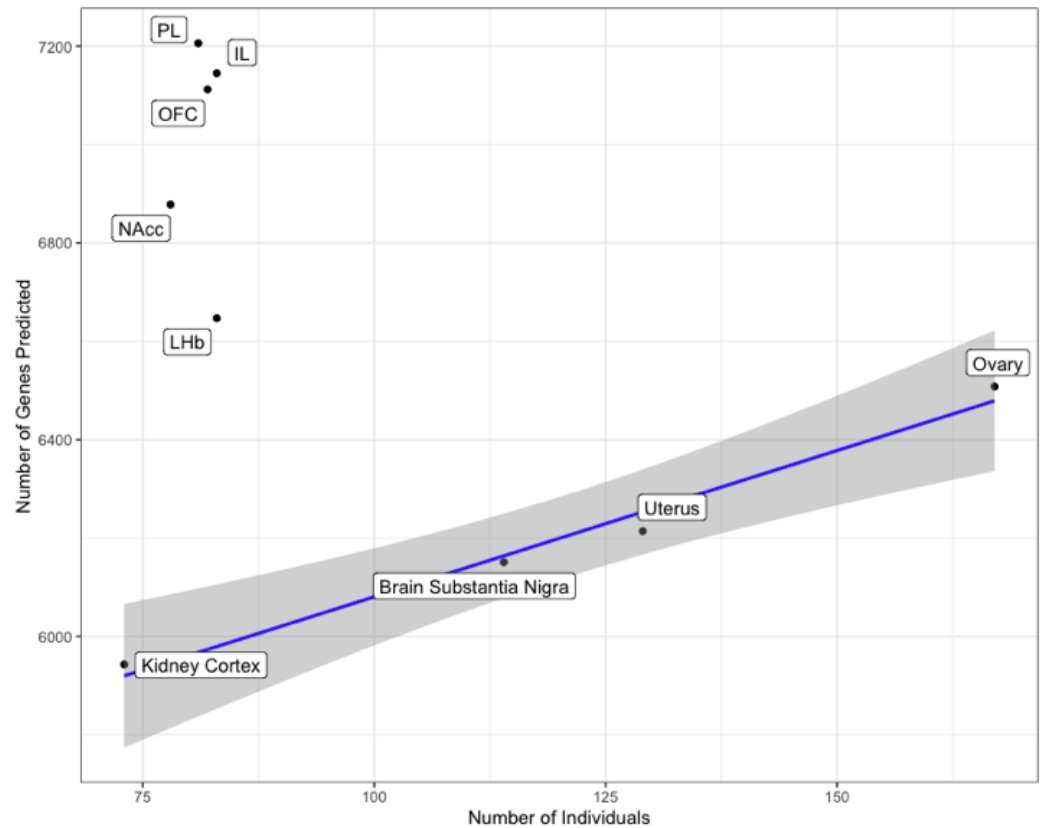


Figure S3. Prediction was greater in rat tissues than that in human GTEx tissues. The number of predicted genes across all five rat tissues was greater than those in GTEx human tissues with similar sample size. To ensure fair comparison, we included the same subset of genes that were orthologous across all tested tissues. Nucleus Accumbens Core (NAcc) Infralimbic Cortex (IL) Lateral Habenula (LHb) Prelimbic Cortex (PL) Orbitofrontal Cortex (OFC)

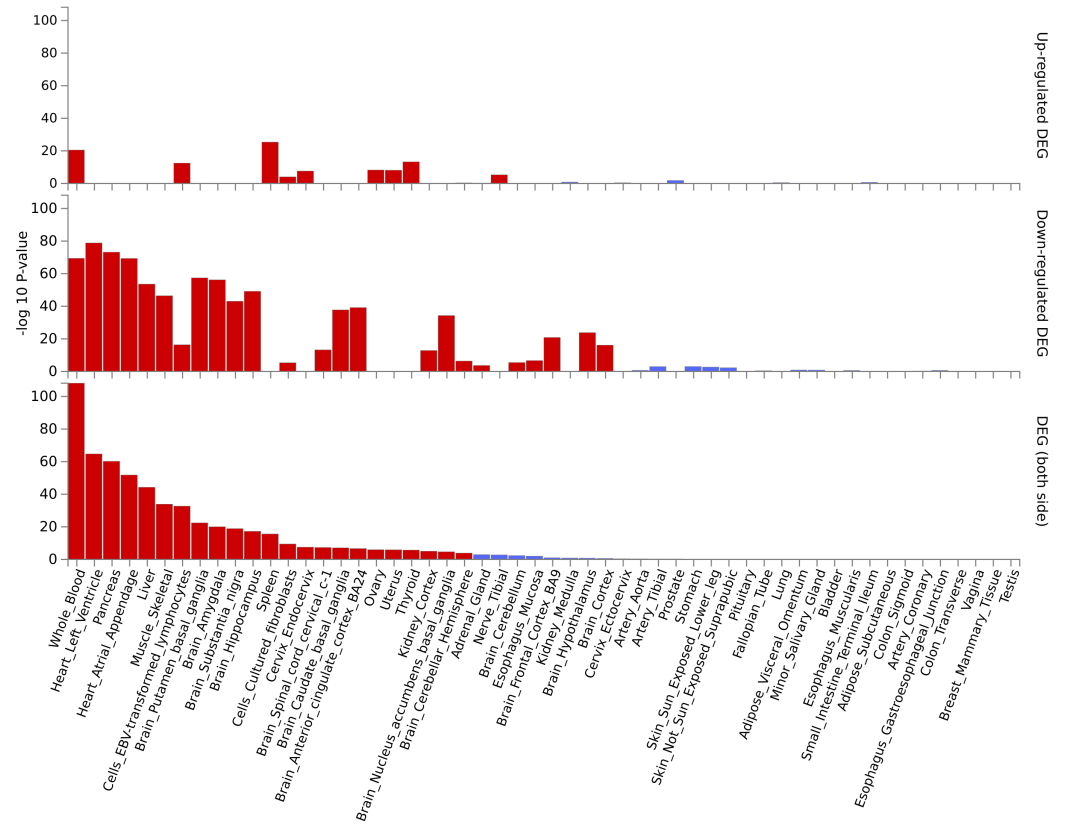


Figure S4. Tissue analysis revealed substantial enrichment in multiple relevant tissues, including heart, pancreas, muscle, liver, and central nervous system. Significantly enriched sets ($P < 0.05$) are highlighted in red.