1
2 **Dynamic decoupling of salience and default mode networks by optogenetic manipulation of**
3 **anterior insular cortex**
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30
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Abstract

The salience network (SN) and default mode network (DMN) are among the most widely
investigated networks in the human brain. The SN, anchored in the anterior insular cortex (AI), is
thought to play a critical role in stimulus-driven suppression of DMN nodes. However, the causal
neural mechanisms underlying DMN suppression and SN-DMN interactions are poorly
understood. Here we combine feedforward optogenetic AI stimulation with fMRI and
computational modeling to dissect the causal role of AI in dynamic functional interactions
between SN and DMN nodes in the rat brain. Optogenetic stimulation of Chronos-expressing AI
neurons in rats suppressed DMN activity and decreased AI-DMN and intra-DMN functional
connectivity. Our findings demonstrate that feedforward optogenetic stimulation of AI neurons
induces dynamic suppression and decoupling of the DMN and elucidates previously unknown
features of rodent brain network organization. Our study advances foundational knowledge of
causal mechanisms underlying dynamic cross-network interactions and brain network switching.

Introduction

Dynamic interactions between the salience network (SN) and default mode network (DMN) play a critical role in human brain function and dysfunction (1, 2). First identified from imaging data on the basis of task-related profiles of activation and deactivation during behavior, the SN is activated during attentionally demanding tasks while the DMN is typically suppressed (3-6). Additionally, these activity changes are accompanied by concurrent increases in SN intra-network connectivity and decreased connectivity between SN and DMN (2, 4, 7). These networks have since been implicated in a wide range of cognitive tasks (3, 8). Specifically, the SN is a paralimbic-limbic network which plays a crucial role in identifying the most salient external events for adaptively guiding attention and behavior and for integrating cognitive, homeostatic, motivational, and affective signals (2, 7). In contrast, the DMN is a large-scale network anchored in cortical midline structures which is essential for internally oriented cognitive processes such as daydreaming, memory retrieval, future planning, and for integrating social information (9). Dysfunctional interactions between the SN and DMN are prominent in a wide range of psychiatric and neurological disorders including autism, attention deficit hyperactivity disorder, substance use disorder, depression, schizophrenia, and obsessive compulsive disorder (8, 10-12). Consequently, characterization of the neural mechanisms underlying DMN-SN interactions has significant clinical and translational relevance.

Non-invasive *in* vivo fMRI has played an important role in our understanding of the macroscopic functional organization of the SN and DMN. Computational analyses of causal dynamics in human fMRI data has suggested that the anterior insular cortex (AI), a key node of the SN, exerts the strongest inhibitory causal outflow to the DMN (4). However, whether the AI directly suppresses the DMN, and influences dynamic interactions between the SN and DMN has not been empirically validated *in vivo* due to inherent constraints of human imaging, such as the unavailability of tools for selectively manipulating neuronal activity and network interactions. Furthermore, a lack of integration across scales and model systems has severely limited our understanding of how mesoscale neural processes influence macroscopic functional brain networks. Thus, to address these critical knowledge gaps, we use animal models and take advantage of invasive optogenetic tools, which provide versatile control of brain-circuit function by selective manipulations (13-15).

Causal manipulation of brain circuits with simultaneous whole-brain recordings has the potential to advance our understanding of the functional organization of large-scale brain networks in ways that resting-state fMRI alone cannot. Notably, a number of contradictory and inconsistent findings have been reported in the literature with respect to the intrinsic functional organization of the rodent SN and DMN (16-28). While analysis of functional connectivity using resting-state fMRI has identified a rodent DMN anchored in the retrosplenial cortex (RSC) (17, 23), analogous to the human posterior cingulate cortex and extended posterior medial cortex, there is less agreement about inclusion of medial prefrontal cortex (mPFC) DMN nodes, such as the cingulate cortex (Cg) and prelimbic cortex (PrL) (20, 22-24, 26, 27). Indeed, in a recent study characterizing the rodent SN, Cg and PrL were implicated as nodes of the SN in addition to their putative roles in the DMN (17). Recent imaging studies have also paradoxically assigned individual subdivisions of the RSC and medial prefrontal cortex to both the SN and DMN (17, 29-32). Furthermore, the RSC is one of the largest cortical regions in rodents, and there is

100 growing evidence for functional heterogeneity along its anterior/posterior (A/P) axis (16). It
101 follows that to accurately identify and model DMN-SN functional interactions, it is necessary to
102 directly probe the functional involvement of Cg, PrL, as well as multiple RSC subdivisions in
103 these networks. An important step in that direction is to probe circuit dynamics directly by
104 selective manipulation of individual brain regions.
105
Here we leverage optogenetic-fMRI technology (13, 14, 28, 33-42) and recent advances in
computational modeling of brain-circuit dynamics (43) to characterize the causal role of the AI
in dynamic functional interactions between putative nodes of the rat SN and DMN including the
AI, Cg, PrL, and multiple subdivisions of the RSC. We selectively applied feedforward
optogenetic stimulation to Chronos-expressing neurons in the AI of experimental rats (hereafter
referred to as Chronos rats) and enhanced yellow fluorescent protein-expressing neurons in the
AI of control rats (EYFP rats) (**Figure 1A**). We then used a Bayesian Switching Dynamic
Systems (BSDS) state-space algorithm (43) to determine stimulation-induced changes in
dynamic functional brain circuits associated with the SN and DMN (**Figure 2A**). BSDS
implements a hidden Markov model and unsupervised learning algorithm for determining latent
brain states and dynamic switching processes from observed time-series data (43). BSDS
belongs to a class of latent space switching models (44, 45) which go beyond traditional methods
for recovering the structure of non-stationary time-varying organization of neural circuits (43,
46, 47). Notably, BSDS does not require arbitrary sliding windows nor does it impose temporal
boundaries associated with predefined task conditions (43). BSDS applies a hidden Markov
model to latent dynamic processes resulting in a parsimonious model of generators underlying
the observed data, which is in contrast to approaches that apply a hidden Markov model directly
to the observed fMRI data (48) (See also *Supplementary Information: Methods*). We used BSDS
to evaluate the temporal dynamic properties of brain states, including probability of occurrence
of individual brain states, state transition probabilities, as well as time-varying activation and
functional connectivity induced by AI stimulation (**Figure 2B**).
127
We hypothesized that feedforward optogenetic stimulation of the AI would produce detectable
brain states corresponding to periods with and without AI stimulation, each with a distinct
pattern of activity and functional connectivity among putative SN and DMN nodes (**Figure 2C**).
We further predicted that AI stimulation would result in suppression of RSC activity
(deactivation), decreased connectivity of the AI with the RSC, together with enhanced Cg and
PrL activity and connectivity indicative of their differential roles in SN and DMN function and
network dynamics. Based on prior findings of latent brain state dynamics during human
cognition (43), we hypothesized that a state-space model-based approach would uncover
dynamic brain circuits associated with SN and DMN interactions, including transient states
which occurred between periods on and off AI stimulation. This allowed us to uncover brain
state dynamics which were not time-locked to experimental task conditions and not detectable by
conventional analyses.
140
141 Our findings demonstrate that feedforward optogenetic AI stimulation induces dynamic
142 suppression and decoupling of specific RSC subdivisions of the DMN, clarify causal
143 mechanisms underlying dynamic cross-network interactions between the SN and DMN, and
144 advance our understanding of rodent brain network organization.
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Results

Optogenetic stimulation of AI and analysis of brain state dynamics

We applied feedforward optogenetic stimulation in an eight-epoch design to the right AI of nine
Chronos rats and seven EYFP rats during cerebral blood volume (CBV) contrast-enhanced fMRI
and extracted time-series data from nine regions of interest (ROIs) in the brain (**Figure 1A** and
Figure S1 and S2). In each rat, the success of Chronos or EYFP viral vector expression was
confirmed by histology (**Figure 1B**), and optical fiber placement was determined to be within the
right AI by high-resolution anatomical T2-weighted MR images and individual locations were
transcribed onto the Paxinos and Watson rat brain atlas, 6th edition (49) (**Figure 1C**), validating
our manipulation locations. We confirmed the AI response to stimulation in the raw time-series
data extracted from the AI ROI in ChR2 rats (**Figure 1D**), and did not observe any qualitative
changes to stimulation in the AI signal from EYFP controls (**Figure 1E**).

We used BSDS to investigate dynamic changes in SN-DMN interactions associated with
canonical nodes of the SN and DMN. We chose anatomically-defined SN and DMN nodes in the
AI, PrL, Cg, and RSC based on a wide range of published studies (16, 17, 20, 22-27) (**Figure 1F**
and **Table 1;** see also *Supplementary Information: Discussion*). Notably, these regions have been
the focus of investigations of the functional organization of the rodent SN and DMN. Based on
prior reports of functional heterogeneity within the RSC (16, 25, 50), we divided this node into
six subdivisions, spaced in 1 mm intervals along the anterior-to-posterior axis, allowing us to
determine which subdivisions were most strongly coupled or decoupled with the AI during
stimulation. Additionally, this facilitated identification of heterogeneous responses and
connectivity along the AP axis of the RSC. BSDS was applied to ROI time-series data to identify
brain states and determine their spatiotemporal properties associated with AI stimulation,
including time-varying posterior probabilities and occupancy rates of each state, and transition
probabilities between states (**Figure 2A, B**). Finally, we examined the pattern of activation and
functional connectivity among ROIs corresponding to each stimulation-related brain state in
order to investigate dynamic functional interactions between putative nodes of the rat SN and
DMN **(Figure 2C)**. Notably, BSDS allowed us to capture dynamic circuit properties that are
missed by conventional approaches (see **Figure S1** and *Supplementary Information: Discussion*
for details).

**Differentiation of brain states associated with optogenetic stimulation of AI in Chronos
versus EYFP rats**

Optogenetic stimulation of the AI in Chronos rats induced five distinct latent brain states defined
by their unique spatiotemporal properties. In each rat, BSDS estimated the posterior probability
of each latent brain state at each time point (**Figure 3A, top**), and the latent brain state with the
highest posterior probability was chosen as the dominant state at that point for that subject
(**Figure 3A, bottom**). Each latent brain state showed distinct moment-by-moment changes in
posterior probability across time blocks with stimulation, and without stimulation, hereafter
referred to as stimulation ON blocks and stimulation OFF blocks, respectively (**Figure 3A**). In
contrast, while three distinct latent brain states were detected in EYFP rats, these did not show
stimulation-dependent changes in posterior probability (**Figure 3B**).

To further determine whether latent brain-state dynamics differentiate AI stimulation conditions,
we conducted multivariate classification analyses using a Linear Support Vector Machine
(LSVM) algorithm and leave-one-out cross-validation (LOOCV) (see *Supplementary*
Information: Materials and Methods for details). Classification models trained on posterior
probabilities of latent brain states in Chronos rats accurately predicted stimulation ON blocks on
unseen data with 74.7% accuracy, which significantly exceeds the chance level of 50% (p =
0.002, permutation test) (**Figure 3C**). The classification analyses using the same approach on the
posterior probabilities of latent brain states in the EYFP rats showed only a chance-level
classification accuracy of 50% (**Figure 3C**). These results demonstrate that the posterior
probabilities of latent brain states distinguish stimulation ON from stimulation OFF blocks in
Chronos, but not EYFP rats, thus providing evidence for specificity of brain states induced by AI
stimulation.

Temporal properties of latent brain states corresponding to stimulation ON and
stimulation OFF blocks

We next examined occupancy rates of latent brain states during the stimulation ON and OFF
blocks. Occupancy rate quantifies the fraction of time a given state is most likely to occur.
Examination of AI stimulation effects on the temporal properties of each state revealed that State
1 has a significantly higher occupancy rate than other states during stimulation OFF blocks (all
$ps < 0.05$, two-tailed t-test, FDR-corrected, **Figure 3D**). Furthermore, the occupancy rate of State
1 was significantly higher during stimulation OFF compared to stimulation ON blocks ($p < 0.05$,
two-tailed t-test, FDR-corrected, **Figure 3D**), suggesting that State 1 is the dominant state
associated with the stimulation OFF blocks (hence, the OFF state). In contrast, State 2 had a
significantly higher occupancy rate than other states during stimulation ON blocks (all $ps < 0.05$,
two-tailed t-test, FDR-corrected, **Figure 3D**). Furthermore, the occupancy rate of State 2 was
significantly higher during stimulation ON compared to stimulation OFF blocks ($p < 0.05$, two-
tailed t-test, FDR-corrected, **Figure 3D**), implying that State 2 is a dominant state associated
with the stimulation ON blocks (hence, the ON state). In EYFP rats, a single state (i.e., State 1)
dominated both stimulation ON and OFF blocks (all $ps < 0.05$, two-tailed t-test, FDR-corrected,
Figure 3E). Additional analyses using 10 s sub-blocks from the stimulation paradigm confirmed
the predominance of States 1 and 2 across stimulation ON and OFF blocks, respectively (**Figure**
S3, see *Supplementary Information: Results for further details*). Additional analyses revealed
that the latent ON and OFF states have a mutually inhibitory influence on each other (**Figure S4,**
see *Supplemental Information: Results* for further details). Taken together, these results
demonstrate that stimulation ON and OFF blocks are dominated by distinct latent brain states in
Chronos rats, but not in EYFP rats (**Figure 3F**).

Differences in regional activation between the ON and OFF brain states

We examined the effects of AI stimulation on activation and deactivation of each ROI during the
ON and OFF brain states estimated by BSDS (**Figure 4A, B,** see *Supplementary Information:*
Materials and Methods for details). BSDS model-based analysis identified strong evoked
responses in the AI in Chronos rats (**Figure 4A**). Notably, AI stimulation in Chronos rats

resulted in suppression of multiple sections of the RSC spanning its anterior-to-middle
subdivisions from –2.90 to -5.90 mm AP (**Figure 4A, B**, all *ps* < 0.05, two-tailed *t*-test, FDR
corrected). In addition, this analysis revealed significant activation of the AI, PrL, and a posterior
node of RSC at –6.86 mm AP (**Figure 4A, B**, all *ps* < 0.05, two-tailed *t*-test, FDR corrected), but
no change in Cg activity. These results demonstrate the causal influence of AI stimulation on
suppression of the DMN, identify the RSC area from –2.90 to –5.90 mm AP as a critical DMN
node, and point to the involvement of the AI and PrL in the SN.

Differences in regional functional connectivity between the ON and OFF brain states

We then examined changes in dynamic functional connectivity associated with the ON and OFF
brain states derived by the BSDS model in Chronos rats. Univariate link-specific analysis was
conducted to determine unique functional connectivity patterns that differentiate the ON and
OFF states (see *Supplementary Information: Materials and Methods* for details). This analysis
revealed that the ON state has unique connectivity patterns compared to the OFF state (all *ps* <
0.05, two-tailed *t*-test, FDR corrected). Notably, the ON state showed decreased connectivity
between AI and an anterior RSC region (-2.90 mm AP), suggesting decoupling between SN and
DMN (**Figure 4C** and **4D**). In addition, the ON state also showed increased connectivity
between the PrL and Cg, and the PrL and a middle RSC subdivision (-5.90 mm AP; **Figure 4C**
and **4E**), but decreased connectivity between the PrL and posterior RSC (-7.82 mm AP; Figure
4C and **4E**) and between anterior and posterior RSC subdivisions (**Figure 4C** and **4F**). Direct
estimation of functional connectivity using data from time-points corresponding to the BSDS-
derived ON and OFF states yielded convergent results and validated our findings (**Figure S5 and**
S6; see *Supplementary Information: Results* for details). Collectively, these results suggest
functional involvement of the PrL and Cg and functional heterogeneity within the RSC
underlying SN-DMN dynamics.

Transient latent brain states induced by optogenetic stimulation in Chronos rats

BSDS also uncovered a third state (State 3, **Figure 3D**) in Chronos rats. We used BSDS-derived
state switching probabilities to investigate the functional role of this state at the boundary
between the OFF and ON stimulation blocks (i.e., the Transition state, see **Figure S7** and
Supplementary Information: Results for details). Our analysis revealed that, at the OFF→ON
stimulation boundary, the switching probabilities from the OFF to Transition state (i.e.,
$P_{OFF \to Transition}$) and from Transition to ON state (i.e., $P_{Transition \to ON}$) were both significantly higher
than the switching probabilities from the OFF to ON state (i.e., $P_{OFF \to ON}$) (all *ps* < 0.001, two-
tailed *t*-test, FDR-corrected, **Figure 5A**). Similarly, at the ON→OFF stimulation boundary, the
switching probabilities from the ON state to Transition state (i.e., $P_{ON \to Transition}$) and from the
Transition state to OFF state (i.e., $P_{Transition \to OFF}$) were both significantly higher than the switching
probability from the ON to OFF state (i.e., $P_{ON \to OFF}$) (all *ps* < 0.001, two-tailed *t*-test, FDR-
corrected, **Figure 5A**). Further analysis of counting switching paths between the OFF and ON
states at the stimulation boundaries in each rat revealed that these states first pass through the
Transition State rather than switching directly (all *ps* < 0.001, two-tailed *t*-test, **Figure 5B**). Two
other states (States 4 and 5) had low occurrence (**Figure 3D**), and did not function as transition
states between the OFF and ON states. Together, these results demonstrate that switching
between OFF to ON states occurs via a robust Transition state (**Figure 5C**).

Comparison of activation and functional connectivity during the Transition state compared to the OFF state

Leveraging the power of latent brain models, we sought to determine changes in putative rat DMN and SN node activation and functional connectivity between the OFF and Transition brain states, as this is an intermediate step in the dynamic transition from the OFF to the ON state. Notably, in comparison to the OFF state, the Transition state following AI stimulation in Chronos rats showed suppression of multiple subdivisions of the RSC spanning its anterior to mid-regions (–2.90 to –4.86 mm AP), but activation of posterior subdivisions (-6.86 and –7.82mm AP) (**Figure 6A, B,** all *ps* < 0.05, two-tailed *t*-test, FDR corrected). Further, while the AI was also activated *(p* < 0.05, two-tailed *t*-test, FDR corrected)*, Cg and PrL did not exhibit significant activity changes during the Transition state **(Figure 6A, B)**.

We next examined differences in functional connectivity between the Transition and OFF states. Our analysis revealed that, compared to the OFF state, the Transition state was characterized by stronger functional connectivity between the AI and a mid-region of the RSC (-5.90 mm AP), but reduced intra-RSC connectivity between anterior (-2.90 and –3.86 mm AP) and mid-posterior subdivisions of RSC (-5.90 and -6.86 mm AP) (**Figure 6C,** all *ps* < 0.05, two-tailed *t*-test, FDR corrected). There were no significant differences involving Cg and PrL nodes. Taken together, these results demonstrate that AI stimulation in rats results in transient brain states characterized by heterogenous profiles of deactivation, activation and connectivity along the anterior-posterior axis of the RSC.

Comparison of activation and functional connectivity during the ON state compared to the Transition state

We then sought to determine how regional activation levels associated with AI-stimulation change from the Transition state to the ON state. Our analysis revealed significant increases in AI, PrL, and Cg activation during the ON state, compared to Transition state. In contrast, the posterior subdivisions of RSC (-5.90 mm and -6.86 mm AP) were suppressed during the ON compared to the Transition state (**Figure 6D, E**, all *ps* < 0.05, two-tailed *t*-test, FDR-corrected). Analysis of differences in regional functional connectivity between the ON and Transition states revealed decreased connectivity in the ON state between the AI and an anterior RSC subdivision (-2.90 mm AP), suggesting decoupling between SN and DMN. In addition, the ON state also showed increased connectivity between the PrL and Cg, but decreased connectivity between the anterior-middle RSC subdivisions (-3.86 mm, -4.86 mm AP) and posterior RSC (-6.86 mm, -7.82 mm AP) subdivisions (**Figure 6F**, all *ps* < 0.05, two-tailed *t*-test, FDR-corrected). Overall, the results from comparison of the ON state to the Transition state are in agreement with those from comparison of the ON state to the OFF state. Direct estimation of functional connectivity using data from time-points corresponding to the BSDS-derived Transition, ON and OFF states yielded convergent results and validated our findings (**Figure S8**). Collectively, these results provide further evidence for the functional involvement of the PrL and Cg nodes in SN-DMN dynamics, and suppression of RSC nodes of the DMN as well as functional heterogeneity within the RSC underlying SN-DMN interactions.

Replication of findings using extended SN and DMN ROIs

To determine the robustness of our findings with respect to ROI selection, we conducted additional analyses by incorporating amygdala and hippocampus nodes, which are known to be part of SN (17) and DMN (23), respectively (**Figure S9**). All major findings were replicated with this more general resting-state network-derived choice of ROIs (see *Supplemental Information: Results* for details). All major findings were also replicated when striatal and medial temporal lobe (MTL) ROIs, uncovered by conventional general linear model analysis (**Figure S1**), were included with the original SN and DMN nodes (**Figure S10**). These findings suggest that the putative SN and DMN nodes originally selected to test our *a priori* hypotheses are representative of these networks, and provide replicable information to capture the latent brain states underlying dynamic SN-DMN interactions induced by optogenetic stimulation of the AI.

Control analyses using ROIs located outside the SN and DMN

To further investigate the specificity of our findings with respect to ROI selection, we used BSDS to identify brain states from nodes in the auditory, visual, and motor cortex (**Figure S11**). We found that none of the main findings reported above were observed with the latent brain states estimates from this analysis (see *Supplementary Information: Results* for details). Taken together, these results demonstrate the specificity of our findings with respect to canonical SN-DMN ROIs.

Discussion

We combined selective feedforward optogenetic manipulation with simultaneous fMRI to determine the causal role of the AI in a potentially antagonistic relationship between the SN and DMN in the rat brain. Our computational approach using state-space modeling revealed five key findings associated with AI feedforward stimulation: (1) Distinct stable brain states of patterned activity corresponding to periods with and without AI stimulation; (2) DMN suppression of specific subdivisions of the RSC; (3) Activation of the AI and PrL; (4) Decreased AI connectivity with RSC, increased PrL and Cg connectivity, and decreased connectivity between RSC subdivisions; and (5) A transition state corresponding to the periods between stimulation conditions, characterized by a heterogenous profile of RSC suppression and activation, as well as increased AI to RSC and decreased intra-RSC connectivity. These findings were specific to stimulation of Chronos-expressing neurons in experimental rats and were not observed in EYFP-expressing control rats.

Our study demonstrates that AI stimulation induces dynamic suppression of the DMN and decoupling of the DMN from the SN. In addition, PrL activation and enhanced PrL-Cg coupling during AI stimulation indicates that these regions, commonly included in the rodent DMN, also have a functional role in the SN (17). Furthermore, AI stimulation-induced heterogenous deactivation and connectivity patterns along the AP axis of RSC, which were particularly apparent during the brief transition state, point to the existence of distinct functional modules within the rodent RSC. Our findings reveal circuit mechanisms underlying suppression of the DMN and demonstrate a causal role for the AI in network switching. Findings also identify

374 several dynamical aspects of the functional organization of the SN and DMN in the rat brain and
375 help clarify conflicting findings in the literature.
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AI stimulation of Chronos-expressing neurons in experimental rats, but not EYFP controls,
induced robust ON and OFF brain states characterized by distinct patterns of activity and
connectivity between the AI, PrL Cg, and multiple nodes spanning the anterior-posterior axis of
the RSC. Comparison of these states revealed that AI stimulation suppressed neuronal responses
in the RSC, and reductions were observed in multiple subdivisions of the RSC spanning its
anterior-posterior axis (**Figure 4**).
383
Importantly, our analyses also revealed heterogeneous activity changes in response to AI
stimulation with a prominent role for the anterior to middle, but not posterior, aspects of the RSC
in the rat DMN (**Figure 4A, B**). Convergent with our findings at the anterior RSC, Ferrier et al
recently used single-slice functional ultrasound imaging in the mouse brain and reported that
somatosensory sensory stimulation induces cerebral blood volume suppression in the anterior
RSC (51). Our results also parallel findings from Fakhraei et al. who measured local field
potentials in multiple rat brain areas and found suppression of anterior RSC during a behavioral
inhibition task (50). Interestingly, suppression of the anterior RSC was linked with improved
task performance, similar to findings previously reported in humans (52). Our results showing
higher activation levels of anterior RSC in the OFF state than the ON state are in agreement with
these studies, and highlight the role of RSC activation and deactivation in maintenance and
suppression of the DMN. Crucially, these findings advance our knowledge by revealing a casual
mechanism specifically tied to direct feedforward stimulation of AI neurons.
397
AI stimulation also decreased functional connectivity between the AI and anterior RSC (**Figure
4C**) as well as decoupling of the anterior from posterior RSC (**Figure 4C**), demonstrating a
causal mechanism underlying decoupling of the SN and DMN networks. Taken together, these
results identify AI-induced focal suppression of RSC connectivity in rats which is consistent
with observations of task-related decoupling of the SN and DMN in the human brain (2, 4, 7).
This finding represents a critical step towards the use of rodent models for understanding the
circuit mechanisms of dynamic network switching processes observed in the human brain (2, 8).
405
Direct stimulation of the AI provides clarification of circuit dynamics beyond resting-state fMRI,
much like task-based activation studies and causal network analysis have provided in the context
of human fMRI studies (8). Pertinent here is the question of the functional organization and
distinctness of SN and DMN in the rodent brain, especially with respect to the PrL and Cg in the
medial prefrontal cortex which have been variously assigned to both networks (17, 32). No clear
distinctions from the viewpoint of intrinsic functional network-level organization have emerged,
and maps based on independent component analyses have emphasized SN and DMN overlap in
both the PrL and Cg (23). Indeed, while early studies of the DMN have suggested that the PrL
and Cg might constitute its anterior node (17, 20, 32), anatomical tracer studies have pointed to
direct pathways linking the PrL and Cg with the AI (17, 53) a pattern supporting our findings
here. Further evidence supporting the involvement of these regions in the SN was recently
described by Tsai et al., showing increased AI-Cg functional connectivity during naloxone cue-
induced conditioned heroin withdrawal (17).
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In this context, it is noteworthy that AI stimulation selectively suppressed activity and
connectivity with the RSC, but not the PrL or Cg. Instead, in parallel with decreases in AI
connectivity with the RSC, the PrL showed increased connectivity with Cg and decreased
connectivity with the posterior RSC. Thus, stimulation related patterns suggest a state-specific
alignment of the PrL and Cg more consistent with the SN, rather than the DMN. This finding
should not be surprising as the PrL and Cg have been implicated in frontal control of memory,
attention and reward processing in the rodent brain (54). The PrL has also been implicated in
processing information from the environment, including drug cues (55, 56). Consistent with this
view, a recent study using whole brain fMRI in rats found that novelty preferences and cocaine-
associated cues influence PrL association with the SN (57). It is also possible that the functional
distinctions of these medial frontal regions are not as well aligned into an SN-DMN dichotomy
as observed in the human brain, consistent with reports of divergent rodent and primate medial
frontal cortex functional connectivity(58). Indeed, while chemogenetic suppression of Cg has
been shown to reduce RSC activity and overall DMN connectivity (27, 59), a recent study by Tu
et al. showed that such manipulation also increases the centrality of RSC and promotes the
emergence of the RSC hub of DMN (60). Consistent with our findings, these results may suggest
that Cg and PrL are involved in both SN and DMN, and these networks might be less segregated
in rodents than in primates. Further research with manipulations of PrL and Cg with whole brain
fMRI is required to clarify circuit mechanisms of network organization and function across
species.
440
An important question raised by our findings is whether AI stimulation induces DMN
suppression via direct or indirect pathways. Our observation that AI stimulation modulates RSC
activity and connectivity in the rat is intriguing given the lack of evidence for direct anatomical
connections between the two structures in rodents (61-64). Although it is tempting to assume that
functional connectivity implies direct anatomical connectivity, it has long been established that
the relationship between the two is far more complex; as such, even sparse indirect connections
can be sufficient to induce changes in functional connectivity (65, 66). We suggest that
information flow between AI and RSC may rely on one or more intermediary nodes in the
mPFC. Indeed, rodent tract-tracing studies reveal that the AI is connected to Cg and PrL (17, 19,
63, 67), which in turn are connected to the RSC via the cingulum bundle (63). The PrL is also
directly connected to Cg, and given that RSC has relatively dense connectivity with Cg
compared to other prefrontal regions, a multi-node pathway for information flow from
AI→PrL→Cg→RSC is also plausible. In addition, the claustrum may be an alternative
intermediary node for AI-RSC connectivity, as it is bidirectionally connected with AI, prefrontal
regions, and RSC (63), and recent evidence supports a role for this structure in SN-DMN
interactions (68, 69). Characterizing the functional and causal role of these putative information
flow pathways in SN-DMN dynamics is an important goal for future studies. Because the
temporal resolution of fMRI limits inferences about directionality of communication via
intermediary nodes, electrophysiological studies may be required to delineate multi-node
pathways.
461
Our computational analysis also revealed a short-lived, but stable, state that occurred during the
transition between the OFF and ON states. Analysis of this state, which could not have been
identified using conventional general linear models, revealed that transitions from the OFF to
ON states likely occur by passing through this third, transition, state (**Figure 5**). No such state

was present in EYFP rats. Thus, our computational methods not only uncovered AI stimulation-
induced brain states, but also transition states and their temporal boundaries. A particularly
powerful feature of our modeling approach is therefore the ability to capture transition states
which can carry information about short-lived changes that can be missed by conventional
approaches. This allowed us to uncover several important facets of SN-DMN circuit dynamics.
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Further analysis of the transition state revealed four features of activation and connectivity
changes in the RSC associated with AI stimulation (**Figure 6**). First, the transition state was
characterized by strong suppression of anterior to middle RSC subdivisions in Chronos rats, with
levels higher than those seen between OFF and ON states. Thus, this state captures a large
change in fMRI response properties that occur during the transition from the OFF to ON states.
Second, there was a transient increase in posterior RSC activity with AI stimulation. Third,
during the transition state, AI connectivity with a specific middle RSC subdivision increased
above levels observed in the OFF state. Fourth, the transition state was characterized by
decreased connectivity between anterior and middle RSC subdivisions. Collectively, these results
demonstrate that dynamic state changes induced by AI stimulation in the rat brain begin with a
heterogenous pattern of node-specific transient suppression along the AP axis of the RSC, in
parallel with short-lived subregion-specific AI-RSC coupling and intra-RSC decoupling. These
findings further reveal heterogenous profiles of changes in functional circuits and hint at
inhibitory processes that may serve to transiently create distinct functional boundaries within the
RSC such as those observed during various stages of memory formation in the rodent brain (16).
487
The RSC is involved in a variety of cognitive tasks including memory, navigation, and
prospective thinking, yet the precise role of the rodent RSC and the functional differences
between its subdivisions remain elusive (25). Our analyses revealed AI-stimulation-induced
heterogeneity within RSC consistent with recent reports about its functional organization along
the anterior-posterior axis (16). While rodent resting-state fMRI studies have treated the RSC as
a homogeneous region, electrophysiological and optogenetic studies suggest that the RSC
contains multiple cytoarchitectonic divisions (16, 25). Consistent with our findings, optogenetic
inhibition of neuronal activity in the anterior and posterior RSC revealed divergent impacts on
behavior evoked by conditioned stimuli (16). Taken together, these findings suggest that the
RSC comprises distinct functional modules, consistent with our finding of clear differences in
connectivity patterns associated with stimulation of AI. Further studies with behaviorally
relevant salient stimuli in awake rodents, whole-brain imaging, and causal circuit manipulations,
including inhibition of the AI, mPFC nodes and RSC, will advance our understanding of RSC
functional heterogeneity. It is noteworthy here that heterogeneity along the anterior/posterior axis
of the posterior cingulate cortex is also a prominent feature of the human DMN (70), and
optogenetic manipulations with whole-brain imaging have the potential to inform the underlying
causal circuit mechanisms.
505
In summary, our study demonstrates that feedforward optogenetic stimulation of the AI
suppresses activation of the DMN and dynamically decouples SN and DMN. These findings
parallel reports of decreased connectivity between SN and DMN observed during working
memory and other cognitively demanding tasks in humans (2, 4, 7). Notably, direct stimulation
of neurons allowed us to address limitations of prior noninvasive studies and probe the direct
effects of manipulation of neuronal activity in the AI. Our study elucidates causal mechanisms

underlying neuronal perturbation of cross-network interactions involving the SN and DMN and
converges on previous reports in human fMRI studies implicating the AI in network switching
(8). Our findings also suggest that PrL and Cg, commonly included in the rodent DMN, may also
have a functional role in the SN, pointing to lower levels of network segregation in rodents than
in primates. More generally, our dynamical systems approach and findings address critical gaps
in our understanding of the cellular organization of brain networks (71, 72) and provide a
translational model for investigating aberrant network switching in psychiatric disorders (73, 74).
Finally, our innovative computational tools and analytic approach will be useful for
investigations of latent processes underlying brain function and dysfunction.
521
522 **Materials and Methods**
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524 *Data Acquisition*
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Surgical preparation of rats for optogenetic manipulation: Sixteen Male Sprague Dawley rats
weighing ~300 g at time of surgical preparation were separated into experimental (Chronos, n =
9) and control (EYFP, n = 7) groups for these studies. During stereotactic surgery, rats were
isoflurane anesthetized (4% induction, 2% maintenance) and all procedures conducted using
sterile techniques. After exposing the skull, a craniotomy was drilled above the right AI and a 30
G infusion cannula preloaded with virus was slowly lowered into the right AI at the following
coordinate from skull at Bregma according to the Paxinos and Watson rat brain atlas, 6th edition:
2.75 mm AP, 3.75 mm medial-lateral, –6.00 mm dorsal-ventral. After allowing the brain tissue to
settle, the cannula was raised 0.1 mm and 1 ul of AAV5-hSyn-Chronos at a flow rate of 0.1 was
infused at a flow rate of 0.1 ul/min into the right AI of Chronos rats. Following the virus
infusion, ten minutes were given to allow virus diffusion before the infusion cannula was
retracted.
538
Chronos was chosen for selective feedforward control of AI neurons because of its superior
spiking fidelity (75) and efficiency in recruiting axonal feedforward activity during repetitive
stimulation compared to conventional channelrhodopsin-2 (76). The pan-neuronal hSyn
promoter was chosen for its high transduction efficiency in cortex (77), and because further
neuronal specificity was not required as the AI sends exclusively excitatory projections to other
brain regions (67). Control rats received the same preparation, but with a AAV5-hSyn-EYFP
control vector to express only EYFP instead of Chronos. The required vectors were prepared and
packaged with a titer of ~10^{12} vg/ml by the UNC Vector Core at UNC Chapel Hill.
547
During the same surgery, following virus infusion, an optical fiber (200 µm core, .22 NA) was
implanted just above the infusion site at DV –5.70 mm to enable light delivery to the right AI for
optogenetic stimulation. Thereafter, 3 or 4 MR-compatible brass screws were secured into the
skull near the lateral ridges without damaging brain tissue. Dental cement was then spread over
the exposed skull surface to firmly secure the optical fiber in place with MR-compatible brass
screws serving as anchor points. Surgical implantation accuracy of optical fibers was verified
with anatomical MRI scans (T_2-weighted RARE sequences) at the beginning of fMRI sessions
(**Figure 1C**) (14, 78).
556

Following fMRI scanning, subjects were deeply anesthetized and transcardially perfused with
saline, followed by 4% paraformaldehyde, to affix brain tissue for histological verification of
viral vector expression. Brains were postfixed in 4% paraformaldehyde for 24□h and transferred
to 30% sucrose for 48□h before sectioning into 40 µm coronal slices by cryostat. Sections
spanning the AI were then mounted and coverslipped with Fluoroshield with DAPI (Sigma
Aldrich). Finally, mounted brain sections were visualized using an Olympus MVX10 wide field
scope with 5x objective to confirm virus expression in AI, and obtain representative images.

Preparation of rats for fMRI scanning: Approximately thirty-minutes prior to fMRI scanning,
rats were anesthetized with 2% isoflurane in medical air (4% for induction), orotracheally
intubated and mechanically ventilated, and outfitted with an intravenous tail-vein catheter. Next,
rats were secured in a custom MRI cradle and a fiber optic patch cable (200 µm core, .22 NA, 7
m long), set to deliver blue light from a solid-state laser, was connected to the implanted fiber in
each rat for optogenetic stimulation of the AI. Subsequently, rats were positioned in the MRI
bore, anatomical scans were completed, then a functional scan was acquired during which the
CBV contrast agent Feraheme (30 mg/kg intravenous) was administered to augment detection
sensitivity and measure CBV-weighted signal changes (41, 79-81). Finally, rats were switched to
a well-established sedation protocol combining low dose (0.5%) isoflurane with a cocktail of
intravenous dexmedetomidine (0.05 mg/kg/hr) and pancuronium (0.5 mg/kg/hr), and allowed 30
minutes for their physiological parameters to stabilize before optogenetic-fMRI scanning.
Importantly, this light sedation protocol has been shown to preserve neurovascular coupling for
functional connectivity studies (82-87). Throughout fMRI scanning procedures, animal
physiology was continuously monitored and maintained within physiologically desirable limits,
including a 3.0±0.3% end-tidal CO_2, 250-320 bpm heart rate, 93±5% oxygen saturation (SpO_2),
and 37.5 ± 1 °C core temperature.

MRI acquisition protocols: fMRI studies were performed on a Bruker 9.4-Tesla/30-cm scanner
with a BGA9-S gradient insert in the Center for Animal Magnetic Resonance Imaging at UNC
Chapel Hill. A homemade surface coil (1.6 cm inner diameter), designed to not obstruct optical
fibers, was used as the RF transceiver. Magnetic field homogeneity was optimized by global
shim followed by local first- and second-order shims using the standard FASTMAP protocol
(88). All MRI acquisitions were in anisotropic resolution with 12 coronal slices, 1 mm thick and
1 mm apart, aligned on the AP axis such that the fifth-most anterior slice was centered on the
anterior commissure (corresponding to -0.36 mm AP) for each rat. fMRI scans were acquired
with a single shot, gradient echo-EPI sequence optimized for the Feraheme CBV contrast agent
with the following parameters: spectral width = 300 kHz, TR/TE = 1000/8 ms, FOV = 2.56 x
2.56 cm^2, matrix size = 80x80. Anatomical images were acquired using a T2-weighted RARE
sequence with the following parameters: spectral width: 47 kHz, TR/TE = 2500/33 ms, FOV =
2.56 x 2.56 cm^2, matrix size = 256 x 256, RARE factor = 8, averages = 8. The initial Feraheme
infusion fMRI scan was 300 s in duration and included a minimum of 60 s before and after the
infusion to acquire the pre- and post-Feraheme image intensities, respectively. CBV contrast was
confirmed for each rat by comparing pre- and post-Feraheme image intensities. Optogenetic-
fMRI scans were acquired in a single 1160 s run for each animal, beginning with a stimulation
OFF resting period for the initial 360 s followed by an 800 s period of repeated stimulation
blocks described below.

Optogenetic stimulation: Stimulation was delivered in a repeated epoch design, consisting of 8
repetitions of a 20 s "ON" block of pulsed 473 nm blue-light delivery via the chronically-
implanted optical fiber in AI followed by an 80 s "OFF" block without stimulation to allow
recovery of neuronal activity to baseline. Based on the extant literature (41, 89), stimulation light
pulses were delivered at 20 Hz (10 mW power at fiber tip, 5□ms pulse width).
608
609 *Data Analysis*
610
fMRI preprocessing: All MRI images were preprocessed using AFNI
(http://afni.nimh.nih.gov/afni/). Briefly, a group template based on individual T2-weighted
images was generated using procedures described by Kazemi et al (90). Individual subject fMRI
data were then slice-timing corrected and realigned to the mean image to correct head-motion.
Six degree of freedom motion parameters were estimated through the realignment step. Aligned
images were then co-registered to the T2-weighted anatomical scan followed by spatially
normalization to the T2-weighted group template using linear affine registration. The normalized
functional images were resampled from 0.32 x 0.32 x 1 mm voxel size to 0.5 mm isotropic voxel
size. Nuisance removal including detrending with 3rd order polynomial fitting, a high-pass filter
with frequency cut at 0.01 Hz and regressing out the head motion parameters. Finally, a 1 mm
FWHM Gaussian kernel was applied for spatial smoothing.
622
ROI time series: To test our hypotheses related to dynamic changes in the SN and DMN induced
by optogenetic stimulation of the AI, and to avoid circularity arising from bias in selection (91),
we used nine anatomically-defined canonical salience (SN) and default mode network (DMN)
nodes encompassing the AI, PrL, Cg, and RSC (16, 17, 20-28). The precise locations of these
nodes were based on a wide range of published studies in rodents (16, 17, 20-28). Because of its
relatively large size, and growing evidence for functional heterogeneity of the RSC along its
anterior/posterior axis (16), we demarcated six ROIs along the A/P axis of the RSC. Spherical
ROIs 1 mm in diameter were placed at the center of mass within the anatomical boundaries of
each region based on the Paxinos and Watson rat brain atlas, 6th edition (49), after co-registration
to a group-template image space. **Table 1** shows the coordinates of each ROI used in the main
analyses. Next, CBV-weighted time-series data were extracted from each ROI (noncontiguous
bilateral ROIs were averaged) by inverting raw fMRI signal following intravenous
administration of feraheme and displayed in percent raw signal changes (79). Finally, time
courses were normalized for use in computational modeling and group comparisons. Control
analyses were conducted using anatomically-defined ROIs in the (i) amygdala, hippocampus, (ii)
striatum and MTL, and (iii) auditory, visual, and motor cortices (**Figure S9A**, **S10A, and S11A)**.
639
640 *Bayesian Switching Dynamic Systems model:* We used BSDS, based on a hidden Markov
641 process model, to uncover latent brain states associated with optogenetic stimulation of AI. A
642 detailed explanation of the model is in *Supplementary Information: Materials and Methods*. Key
643 measures extracted from BSDS include posterior probability, occupancy rate, and covariance of
644 latent brain state.
645
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647
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656

657   Competing interest

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659   The authors declare no competing interests.
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Figure 1. Optogenetic stimulation of the AI with simultaneous fMRI in rats. (A) We applied

feedforward optogenetic stimulation to neurons of the right AI during fMRI in Chronos-

expressing rats (n = 9) and EYFP-expressing controls (n = 7), and extracted time-series data

from ROIs corresponding to putative DMN and SN nodes. **(B)** Representative histological

confirmation of EYFP viral vector expression (green) in the right AI (white) in coronal brain

slices at 2.64 mm and 3.64 mm anterior to Bregma. (**C**) Optical fiber placement was confirmed

by anatomical MRI to be within the right AI (green) between 2.64-3.64 mm anterior with respect

to Bregma in both Chronos and EYFP-expressing rats. **(D)** Averaged AI response relative to

optogenetic AI stimulation blocks in Chronos rats. **(E)** Averaged AI response relative to

stimulation blocks in EYFP controls. Data are presented as mean and standard error of the mean.

(F) Sagittal rat-brain cartoon highlighting regions of interest (ROIs) used for fMRI time-series

extraction, comprising the right AI, Cg, prelimbic cortex PrL, and six subdivisions located at

intervals of 1 mm along the anterior-posterior axis of the bilateral RSC, spanning from anterior

RSC (aRSC) to posterior RSC (pRSC).

Figure 2. Overall data analysis approach for identifying AI-stimulation induced dynamic

decoupling of the SN and DMN in rats. **(A, B)** We applied a novel BSDS model to time-series

data extracted from individual ROIs corresponding to putative rat SN and DMN nodes to

investigate brain state dynamics, and their temporal properties, associated with feedforward

optogenetic stimulation of the AI. **(C)** We then examined dynamic changes in activation in each

ROI and functional brain circuit connectivity associated with stimulation-related brain states.

Figure 3. Temporal properties of latent brain states associated with optogenetic stimulation

of the AI in Chronos rats and EYFP controls. (A) Time-varying posterior probabilities of

brain states identified in Chronos rats by the BSDS model across the AI stimulation protocol

(top). Temporal evolution of the brain states identified in Chronos rats (bottom). **(B)** Time-

varying posterior probabilities of the brain states in EYFP controls across the AI stimulation

protocol (top). Temporal evolution of brain states identified in EYFP controls (bottom). **(C)**

Classification analysis based on a linear Support Vector Machine classifier. Time-varying

posterior probabilities of the latent brain states in Chronos rats distinguished stimulation ON and

OFF blocks with a classification accuracy of 74.7%. In contrast, time-varying posterior

probabilities of the latent brain states in EYFP controls distinguished the stimulation condition

only at chance level (indicated by the black dashed line at 50%). Data are represented as mean

and standard error of the mean. *$p < 0.05$, two-tailed *t*-test, FDR-corrected. **(D)** Occupancy rates

of latent brain states in Chronos rats. The occupancy rate of State 1 was significantly higher

during stimulation OFF blocks compared to stimulation ON blocks. In contrast, the occupancy

rate of State 2 was significantly higher during stimulation ON blocks compared to stimulation

OFF blocks. Data are represented as mean and standard error of the mean. *$p < 0.05$, two-tailed

t-test, FDR-corrected. **(E)** Occupancy rates of brain states in EYFP controls. State 1 dominated

both stimulation ON and stimulation OFF blocks. Data are represented as mean and standard

error of the mean. *$p < 0.05$, two-tailed *t*-test, FDR-corrected. **(F)** Schematic illustrating

stimulation-dependent brain state dynamics in Chronos rats. Stimulation OFF blocks and
stimulation ON blocks are dominated by State 1 and State 2, respectively.

Figure 4. Comparison of dynamic functional connectivity patterns in stimulation ON and
OFF brain states in Chronos rats. (A, B) AI stimulation resulted in activation of AI and PrL
and suppression of multiple subdivisions of the RSC in the ON, compared to the OFF, state (* p
< 0.05, two-tailed t-test, FDR-corrected). **(C)** Specific links that showed significant differences
in functional connectivity between the stimulation ON and OFF states (all $ps < 0.05$, two-tailed t-
test, FDR-corrected). Functional connectivity significantly decreased between the AI and an
anterior subdivision of the RSC (-2.90 mm AP), within the RSC (between subdivisions at -2.90
and -3.86, and at -6.86 mm AP), and between the PrL and a midRSC subdivision (–5.90 mm
AP). Furthermore, functional connectivity increased between the PrL and Cg, and the PrL and
posterior RSC (-7.82 mm AP). **(D-F)** Functional connectivity changes between AI, PrL, and
posterior RSC (-6.86 mm AP) with other ROIs during the ON and OFF states (*$p < 0.05$, two-
tailed t-test, FDR-corrected).

Figure 5. Identification and spatiotemporal properties of a Transition state in Chronos
rats. (A) State switching probability of latent brain states at stimulation boundaries identified in
Chronos rats. State switching probability is defined as the probability that a latent brain state at
time instance (*t)* switches to other states at time instance (*t + 1)*, or remains in the same state. At
the OFF→ON stimulation boundary, the switching probability from the OFF to ON state (i.e.,
$P_{OFF \rightarrow ON}$) was significantly lower than the switching probabilities from the OFF to State 3 (i.e.,
$P_{OFF \rightarrow State3}$) and from State 3 to the ON state (i.e., $P_{State3 \rightarrow ON}$), respectively (all $ps < 0.001$, two-
tailed t-test, FDR-corrected). Furthermore, at the ON→OFF stimulation boundary, the switching
probability from the ON to OFF state (i.e., $P_{ON \rightarrow OFF}$) was significantly lower than the switching
probabilities from the ON state to State 3 (i.e., $P_{ON \rightarrow State3}$) and from the State 3 to OFF state (i.e.,
$P_{State3 \rightarrow OFF}$), respectively (all $ps < 0.001$, two-tailed t-test, FDR-corrected). **(B)** Analysis of state
switching matrices revealed that state transitions between the OFF state (State 1) and the ON
state (State 2) first passes through a Transition state (State 3) (** $p < 0.001$, two-tailed t-test). **(C)**
Schematic illustrating the most likely state switching path from stimulation OFF to stimulation
ON blocks.

Figure 6. Comparison of dynamic functional connectivity patterns of the Transition state
with stimulation ON and OFF states in Chronos rats. (A, B) Regional activation levels during
Transition and OFF states. AI stimulation resulted in a Transition state characterized by
suppression of multiple anterior to mid-region RSC subdivisions, and activation of AI and
multiple posterior RSC subdivisions (* $p < 0.05$, two-tailed t-test, FDR-corrected). **(C)** Specific
links that showed significant differences in functional connectivity between Transition and OFF
states (all $ps < 0.05$, two-tailed t-test, FDR-corrected). Functional connectivity between AI and
posterior RSC (-5.8 mm AP) significantly increased, while connectivity within RSC decreased
between anterior and posterior subdivisions in the transition state, compared to the stimulation

OFF state (all $ps < 0.05$, two-tailed t-test, FDR-corrected). **(D, E)** Regional activation levels during Transition and ON states. AI stimulation resulted in activation of AI, PrL, and Cg, and suppression of middle and posterior RSC (-5.8 and -6.8 mm AP) in the ON state, compared to the Transition state (*$p < 0.05$, two-tailed t-test, FDR-corrected). **(F)** Specific links that showed significant differences in functional connectivity between the ON and Transition states (all $ps < 0.05$, two-tailed t-test, FDR-corrected). Functional connectivity significantly decreased between the AI and anterior RSC (-2.9mm AP), and between anterior-middle and posterior subdivisions within the RSC. Furthermore, functional connectivity increased between the PrL and Cg.

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1020   **Tables**
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Table 1. Salience and default mode network nodes and their coordinates. Coordinates are based
on the Paxinos and Watson rat brain atlas (6th edition) coregistered to a group-template MR
image space and represent the center of mass for each ROI. A-P, D-V, and M-L indicate
millimeters from the skull at Bregma in anterior–posterior, dorsal–ventral, and medial–lateral
directions, respectively. M-L coordinates were positive to the right and negative to the left of the
midline. ± denotes center of mass in each hemisphere for bilateral ROIs.
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#	Region	Brain atlas coordinates		
		M-L	D-V	A-P
1	Prelimbic cortex (PrL)	±0.0	-3.3	+3.32
2	Anterior insular cortex (AI)	+3.8	-5.0	+3.32
3	Cingulate cortex (Cg)	±0.6	-2.4	+1.32
4		±0.6	-1.3	-2.90
5		±0.7	-1.3	-3.86
6	Retrosplenial cortex (RSC)	±0.8	-1.3	-4.86
7		±0.9	-1.3	-5.90
8		±1.0	-1.3	-6.86
9		±1.1	-1.3	-7.82

A Manipulation of neurons in AI using optogenetic stimulation

Chronos rats
AAV5-hSyn-Chronos-GFP

EYFP controls
AAV5-hSyn-eYFP

Optogenetic stimulation protocol

Stimulation ON block
20

Stimulation OFF block
80
Time (sec)
×2

AI

ROI time-series of rats
Rat 1
Rat *S*
Time
● :ROIs

B 3.64   2.64

C 3.64   2.64

Chronos
EYFP

D AI response in Chronos rats

CBV-weighted signal change (%)

: Stimulation block

Time (s)

E AI response in EYFP controls

CBV-weighted signal change (%)

: Stimulation block

Time (s)

F Regions of interest

Position relative to Bregma

-2mm   -8mm
aRSC   pRSC

CG
PrL
AI

1. PrL   4. RSC (-2.90 mm)   Anterior
2. AI   5. RSC (-3.86 mm)
3. Cg   6. RSC (-4.86 mm)   respect to Bregma
           7. RSC (-5.90 mm)
           8. RSC (-6.86 mm)
           9. RSC (-7.82 mm)   Posterior

A Application of BSDS to ROI time-series of rats

Bayesian Switching Dynamical System

BSDS

y_t^s : Observed vector of ROI time series at time t for rat s
x_t^s : Latent space variables
z_t^s : Latent brain state

ROI time-series of rats

Rat 1
⋮
Rat S
Time

Stimulation-dependent temporal evolution of latent brain states

Rat
1
n
Time(s)

Stim.ON
Stim.OFF

State 1   State 2   ⋯   State N

B Characterization of latent brain state dynamics underlying AI stimulation

Time-varying posterior probabilities of latent brain states

Posterior probability
Time(s)

State 1
State 2
⋮
State N

Occupancy rates during stimulation OFF/ON blocks

Percentage (%)

State 1
State 2
⋮
State N

Stimulation OFF block   Stimulation ON block

Transition between latent brain states

State 1 (OFF State)
State 2 (ON State)
State N

C Investigation of dynamic transient decoupling of SN and DMN

Dynamic functional connectivity patterns associated with each latent brain state

State 1 (OFF State)   State 2 (ON State)   ⋯   State N

Stimulation induced SN-DMN circuit dynamics

ON State vs. OFF State

ROIs
ROIs

OFF
AI
ON
AI

DMN-SN cross-network interaction
SN intra-network interaction

A Time-varying posterior probabilities of latent brain states (Chronos rats)

Temporal evolution of latent brain states

B Time-varying posterior probabilities of latent brain states (EYFP controls)

Temporal evolution of latent brain states

C Classification of stimulation condition (Stim. ON vs. Stim. OFF)

D Occupancy rates of latent brain states (Chronos rats)

E Occupancy rates of latent brain states (EYFP controls)

F Identification of stimulation-dependent latent brain states in Chronos rats

A Regional activation levels of OFF State and ON State

B Regional activation levels: ON State *vs.* OFF State

C Functional connectivity: ON State *vs.* OFF State

D Functional connectivity between AI and other ROIs

E Functional connectivity between PrL and other ROIs

F Functional connectivity between RSC (-6.86mm AP) and other ROIs