Mesopredator-mediated trophic cascade can break persistent

phytoplankton blooms in coastal waters

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Abstract

Managing eutrophied systems only bottom-up (nutrient decreases) can be economically and

ecologically challenging. Top-down controls (consumption) were sometimes found to effectively

control phytoplankton blooms. However, mechanistic insights, especially on possible trophic

cascades, are less understood in brackish, species-poor coastal waters, where large cladocera are

absent. In this study, we set-up large mesocosms for three consecutive years during growth season.

One set of mesocosms was controlled by mesopredator (gobies and shrimp), whereas the other

mesocosms had no such mesopredator present. The results were standardized to monitoring data

of the ecosystem to denote possible differences between treatments and the system. We found that

mesopredator mesocosms showed lower turbidity, phytoplankton biomass, and nutrients compared

to no-mesopredator mesocosms and the ecosystem. This decrease allowed macrophytes to colonize

water depths only sparsely colonized in the ecosystem. Rotifer biomass increased in mesopredator

mesocosms compared to the ecosystem and no-mesopredator mesocosms. Likewise, copepod

biomass that potentially grazes upon rotifers and other microzooplankton decreased in

mesopredator mesocosms. No-mesopredator mesocosms were colonized by an omnivorous

mesograzer (*Gammarus tigrinus*), potentially creating additional pressure on macrophytes and

increasing grazing-mediated nutrient release. Zooplankton was not able to control the non-nutrient

limited phytoplankton. We propose a new mechanism, where a higher mesopredator density will

increase grazing on phytoplankton by promoting microzooplankton capable of grazing on

picophytoplankton. This proposed mechanism would contrast with freshwater systems, where a

decrease of zooplanktivorous fish would promote larger phytoplankton grazer like cladocera.

Biomanipulation in such species-poor eutrophic coastal waters may be more successful, due to less

trophic pathways that can cause complex top-down controls. Stocking eutrophic coastal waters

with gobies and shrimps may be an alternative biomanipulative approach rather than selectively

remove large piscivorous or omnivorous fish from eutrophic coastal waters.

Keywords

food web, mesocosm, top-down control, eutrophication, grazing, phytoplankton, goby

Introduction

One of the biggest challenges in ecosystem restoration is restoring deteriorated aquatic ecosystems

back to an undisturbed state in the coming decades. One factor that still affects ecosystems until

nowadays is eutrophication. The main approaches developed to control eutrophication have been

to reduce the influx of elements, like Nitrogen, and Phosphorus (Schindler 1977, Vitousek et al.

1997, Schindler et al. 2016). These decreases worked mostly for deep lakes, where pre-

eutrophication Chlorophyll concentrations were reached after three decades, but with different

plankton species compositions than before eutrophication (Jochimsen et al. 2013). Larger bodies

of water, like the Baltic Sea would not reach pre-disturbed phosphate concentrations within the

next 100 years, at the current rate of nutrient concentration decrease, due to insufficient inflow

decrease in some areas (HELCOM 2014). Shallow aquatic ecosystems are even more affected, as

they lack the water depth for long-term nutrient sequestration. Lake Tegel, a shallow German lake

reached pre-disturbed ecosystem states through large external measures, like diverting and treating

inflowing waters, within a little more than 30 years (Chorus et al. 2020). Such approaches aimed

at bottom-up control can become unfeasible, especially, if management practices do not improve

within the surrounding catchment area. For example, still increasing phosphorus stocks in soils

(van Dijk et al. 2016), can cause ongoing phytoplankton growth in shallow coastal waters through

nutrient flushing (Berthold et al. 2018a). However, shallow lagoons are very important, globally,

as they make up 10% of the global coastline (Dürr et al. 2011), and locally act as a nutrient filter

for the Baltic Sea (Asmala et al. 2017).

Biomanipulation through top-down control has been proposed as an additional sustainable method

to support restoration efforts (Jeppesen et al. 2007). Top-down control can include stocking of

piscivorous fish (pike, sander), which in turn control zooplanktivorous fish, favoring

phytoplankton consumption by zooplankton. There are a wide variety of top-down

biomanipulative studies published, either conducted in mesocosms, or in whole lakes (Jeppesen et

al. 1990, Søndergaard et al. 2007). Most studies have described an effective decrease of

phytoplankton biomass, depending on the ratio of zooplanktivorous to piscivorous fish, and the

amount of large cladocera as unselective filter feeders. The majority of experiments focused on

shallow, limnic systems, but shallow coastal waters are similarly impacted by eutrophication. Such

brackish systems show rarely, if any large cladocera, and as such grazing rates on phytoplankton

can be low in certain lagoons of the Baltic Sea (0.2 - 6% of pelagic primary production, Heerkloss

et al. 1984, Schiewer 2007). However, there are studies describing potential trophic cascades in

coastal waters (Compte et al. 2012) and metabarcoding has revealed new trophic pathways

between zooplankton-phytoplankton of various size classes in the Baltic Sea (Zamora-Terol et al.

2020, Novotny et al. 2021). Coastal waters are furthermore connected to limnic and marine

systems and are hatching points for migratory fish species, like herring and perch (Aro 1989). A

total removal of one fish species like in enclosed systems (lakes) is therefore not possible. Such

prerequisites make biomanipulative top-down approaches in shallow coastal waters challenging.

Nonetheless, those approaches need to be explored, if nutrient decreases by point sources cannot

be lowered any further.

Furthermore, the Baltic Sea is already more impacted by increased sea surface temperature,

compared to other areas in the world (Reusch et al. 2018). This temperature, and nutrient condition

acts upon the functioning of the food web, by promoting a decrease in body size of every

compartment of the food web (Peter and Sommer 2013, Liénart et al. 2021). If increasing

temperatures decrease the cell size of phytoplankton (Sommer et al. 2017), than the food web

would equally respond selecting smaller individuals (Liénart et al. 2021). Such small

phytoplankton is problematic, as it may pass zooplankton grazing (Lürling 2020), therefore

lowering food web efficiency. One such system with perennial dominance of picophytoplankton

is the Darß-Zingst lagoon system (DZLS, Albrecht et al. 2017), which is located at the southern

Baltic Sea coast of Germany. The DZLS is a typical lagoon system of the southern Baltic Sea and

acts as a model ecosystem, due to its salinity and trophic gradient (salinity of 0 - 13 PSU, highly

eutrophic - mesotrophic, Schiewer 2007). This system is 90% dominated by cyanobacteria,

showing simultaneously a high TN:TP of 35:1, and no available dissolved inorganic P during

summer (Berthold 2016, Berthold et al. 2018b, Schumann et al. 2019). There is a fluctuating

dominance of copepods over rotifers throughout the year (Feike et al. 2007), and grazing of

zooplankton is assumed to be only around 3% of the gross primary production (based on mean,

Heerkloss et al. 1984). In theory, such low grazing rates would point to a missing top-down control

within the ecosystem, where the amount of planktivorous fish is too high. However, there have

been increasing amounts of reports, that such food web interactions are too simple. For example,

grazing on copepods can act as switch within trophic cascades (Stibor et al. 2004). Strong grazing

on copepods can support ciliates, which graze upon small phytoplankton, whereas weak grazing

on copepods promotes their grazing on ciliates and large algae favoring small phytoplankton

(Stibor et al. 2004). Smaller phytoplankton is in turn more efficient at lower nutrient concentrations

shifting the overall plankton community composition (Schmidt et al. 2020). Such trophic cascades

can change the composition of micro- and mesozooplankton communities (Zöllner et al., 2009),

ultimately affecting a zooplankton-mediated top-down control on phyto- and bacterioplankton

(Zamora-Terol et al. 2020). In the case of the DZLS, such a possible trophic cascade has been

observed, with grazing of *Eurytemora affinis* on eggs and adults of the rotifer *Keratella cochlearis*

(Feike and Heerkloss 2009). However, rotifers such as *K. cochlearis* are known to graze upon

bacterioplankton (Haukka et al. 2006), but also on filamentous cyanobacteria (Novotny et al.

2021), which provide a large fraction of total biovolume in the DZLS (Albrecht et al. 2017,

Berthold and Schumann 2020). The DZLS shows a food web with few trophic levels, a high

redundancy (Paar et al. 2022), and a dominant energy- and matter flow within the microbial loop

(Schiewer et al. 1990, Schiewer 2007). An increased grazing pressure by rotifers and ciliates may

disrupt the microbial loop, by lowering the picoplankton compartments that otherwise turn over

nutrient pools through enzymatic activity within hours (Berthold and Schumann 2020).

We therefore questioned if restoration measures focusing on nutrient decrease were not successful,

because a trophic cascade prohibited an efficient grazing on phytoplankton, especially if a trophic

cascade than promotes small phytoplankton, which is potentially grazing resistant and highly

competitive in a low-nutrient environment. We hypothesized that the removal of large predators,

such as piscivorous fish (trophic level 3) leads to increased abundance of mesopredator such as

gobies and shrimp (trophic level 3). Thus, higher abundances of mesopredator can potentially

increase the consumption of mesograzer such as herbi- and omnivorous amphipods and isopods

(trophic level 2) and zooplankton (copepods, cladocera). This increased consumption would cause

a disruption of the pelagic and benthic nutrient recycling, ultimately promoting a clear water state

by favoring smaller zooplankton grazing on smaller phytoplankton. Contrarily, if mesopredator do

not create this postulated trophic cascade, a complete exclusion of all mesopredator would lead to

very high numbers of zooplankton, promoting a clear water state. The exclusion of mesopredator

would be equal to an efficient grazing control by large piscivorous fish like pike. The ecosystem

would be used as control for the annual development of all monitored variables (nutrients,

phytoplankton, zooplankton) in mesocosms. The main contrasting hypotheses can be formulated

as follows:

i)   Mesopredator presence will disrupt the microbial loop in a eutrophic lagoon through

131   an intra-zooplankton trophic cascade, causing a clear water state.

132   ii)   Absent mesopredator will liberate zooplankton of grazing pressure, increasing grazing

133   rates on phytoplankton, causing a clear water state.

We used large *ex-situ* mesocosms for this biomanipulation and replicated them three years in a

row, to catch possible interannual effects. Monitoring of the ecosystem and the mesocosms

allowed to follow the seasonal development of all pelagic compartments.

Material and Methods

Experimental Set-up

The mesocosms were set-up on the premises of the Biological Station Zingst near the DZLS on

the southern Baltic Sea coast. A general experimental set-up can be found in Berthold (2018).

Briefly, mesocosms were 2200-liter glass fiber containers (dimensions: internal height 92 cm,

internal width at base 119 cm, internal length at base 182 cm) and were embedded in the ground

to allow for passive temperature control by the surrounding soil. Mesocosms stood on an

unobstructed field without interference of any structure that would impact wind, precipitation, or

sunlight. We followed design suggestions made by Raffaelli and Moller (1999) regarding

replicates, independence and ecosystem comparability (see following points). The mesocosms

were started in 2015, and were repeated in 2016, and 2017 for a total of five replicates per treatment

over these three years. Each year, mesocosms were filled with new habitat sediment (5 cm total

height) and habitat water in late spring. Mesocosms with and without mesopredator were assigned

randomly to avoid pseudo-replicates (Raffaelli and Moller 1999). Habitat water was pumped in

unfiltered from the surface water of the near-by lagoon system (50 m away) once at the start of

each years' experiment. We did not add additional habitat water to compensate for evaporated

water to avoid increasing salinities. Water levels were near constant with evaporation being almost

equal to precipitation during that time. We used three internal water pumps (pump capacity – 300

L h^{-1}, Co. Neptun) to imitate the polymictic characteristics of the DZLS and prevent stratification

within the mesocosms water columns. The upper 5 – 10 cm of sediment was collected each year

at a water depth of 50 – 100 cm from a nearby ecosystem site (Grabow, Bodstedter Bodden) with

known macrophyte colonization to guarantee a macrophyte diaspore bank allowing possible

macrophyte sprouting. The sediment was thus not sieved. Thus, infauna was present in the

mesocosms but not quantified. The mesocosms ran for a whole growth season, starting in April,

and ending in September of each year, to include the annual macrophyte growth season. After the

end of each season, mesocosms were emptied and cleaned. All biomass (pelagic, benthic) was

collected and quantified (see below). Mesocosms of the first year were equipped with two optodes

at two depths (surface ~5 cm, and close to bottom at 70 cm) to test stability of primary production

and effects of sediment respiration. Fish and shrimp were collected with a beach seine right before

each experimental start. The beach seine had an opening of 3.5 m and was pulled along 100 m in

a water depth from 1.5 – 0.5 m. Some further methodological remarks can be found in the

Supplement section under "Methodological remarks on a possible "bottle effect" within the

mesocosms".

Fish and shrimp were kept in aerated habitat water containers, and their length determined before

setting in mesocosms. We used the gobiid species *Pomatoschistus microps* and *P. minutus*, as well

as the shrimp species *Palaemon elegans*. These species are abundant within the DZLS, and graze

as mesopredator on larger zooplankton and mesograzer (amphipods, isopods) (Gagnon et al., 2021;

Pasquaud et al., 2010; Pihl et al., 2006). *P. microps/minutus* were 2 – 3 cm long at the start of each

experiment, which is a normal length during spring (Zander and Hartwig 1982). We added 10

gobies (1 – 1.5 g fresh mass m^{-2}) and 10 shrimps (0.5 – 1 g fresh mass m^{-2}) per mesocosm each

year. The added amount of fish is within the range for similar estuaries based on abundance (5 -

20 individuals m^{-2}, Ythan estuary, Healey 1971, Jaquet and Raffaelli 1989) or fresh mass (~ 1 g

fresh mass m^{-2}, island of Sylt, Zander and Hartwig 1982). The added shrimp biomass is within the

range of other coastal water bodies in the Baltic Sea (Jephson et al. 2008, Moksnes et al. 2008).

For simplicity, mesocosms with fish and shrimp added are labelled as mesopredator mesocosms

throughout, whereas mesocosms without added fish and shrimp are labelled as no-mesopredator

mesocosms.

Mesocosm monitoring

Mesocosms were sampled frequently (biweekly) for abiotic and biotic parameters from their

surface. Abiotic parameters included turbidity (optical density at 720 nm, m^{-1}), dissolved inorganic

phosphorus (DIP, $\mu mol \ L^{-1}$), and dissolved inorganic nitrogen (DIN, sum of nitrate, nitrite,

ammonium, $\mu mol \ L^{-1}$), total phosphorus (TP, $\mu mol \ L^{-1}$), and total nitrogen (TN, $\mu mol \ L^{-1}$), and

oxygen saturation (%). DIN and DIP was analyzed according to Hansen and Koroleff (1999). TN

and TP were analyzed with an adjusted protocol using a sub-boiling extraction with potassium

persulphate (Berthold et al. 2015). Determination limits were 0.26 $\mu mol \ L^{-1}$ for nitrate, 0.6 for

ammonium, 0.05 $\mu mol \ L^{-1}$ for DIP, 3 $\mu mol \ L^{-1}$ for TN, and 0.22 $\mu mol \ L^{-1}$ for TP.

Water samples were filtrated onto glass fiber filters to determine Chlorophyll *a* concentrations

(Chl *a*). Chl *a* was determined with a cold EtOH extraction overnight (Strickland and Parsons

1972) and Chl content was calculated following the standard HELCOM procedure (HELCOM

2013). Phytoplankton samples were taken weekly in the ecosystem, and at the end of each

experiment in the mesocosms. Samples were preserved in Lugol (5 drops per 20 mL) and in

glutaraldehyde (1% final concentration glutaraldehyde per sample) for later species determination

and cell count using light and epifluorescence microscopy. Samples were refrigerated in the dark.

We used sedimentation chambers (volume 1 mL, depth 3 mm) and a laboratory light microscope

(Euromex, magnification 256x, 16x ocular, 16x objective) to count phytoplankton colonies and

eukaryotic phytoplankton. Smaller phytoplankton and bacterioplankton, especially

picocyanobacteria (<2 μm) were counted by epifluorescence microscopy (Olympus BX51).

Plankton sub-samples (0.5 – 1 mL) were filtered onto Irgalan-black stained polycarbonate Track-

Etch membranes (Sartorius 0.2 µm pore size, 25 mm). Filters were stained with DAPI solution for

5 minutes (1 mL, 92 µmol DAPI L^{-1}, pH = 7.6) and cells were subsequently counted under the

epifluorescence microscope (green excitation, U-MWG2 filter cube, UPlan FL 100 NA 1.3 oil

objective). Biovolume of chlorophytes and heterokontophytes were calculated based on published

cell sizes according to HELCOM (Olenina et al. 2006, HELCOM 2013). Cell sizes for

picophytoplankton were based on electron microscopy cell sizes (Schumann, unpublished data).

Zooplankton was sampled at least four times over the course of each experiment fixating 1 L of a

water sample with formaldehyde (4 % final concentration). The 1 L of full sample sedimented 24

h, 900 ml of supernatant were removed, and the sample was taken up in the remaining 100 ml.

These were analyzed in total or in parts of at least 10 ml, depending on zooplankton abundances.

An inverse microscope or Kolkwitz chambers were used for counting. Abundance numbers of

occurring species were transformed to biomass (fresh mass µg L^{-1}) using average geometric

equivalents of individual body volumes according to a list by Heerkloss et al. (1991). This list also

accounts for different size stages in copepods based on their life stage.

Animals and plants biomasses were collected at the end of each replicate run in September.

Animals were counted and weighed. All animals were euthanized according to the regulations of

the University of Rostock and the experiments were supervised by the animal welfare officer. We

found three notable exceptions in our mesocosms at the end of the experiment. Three individuals

of the invasive crab *Rhithropanopeus harrisii* were found in a mesopredator mesocosm in 2015,

and one invasive goby *Neogobius melanostomus* was found in one mesopredator mesocosm in

2016. No-mesopredator mesocosms were colonized by gammarids (mostly *Gammarus tigrinus*)

throughout all years (see Results, Discussion and Supplement for more information). Macrophyte

biomass was harvested by hand, determined on genus level, blotted dry and wet-weighed. Biomass

was then dried at 90 °C for 24 hours and re-weighed. Water content (%) was calculated based on

differences between wet and dry mass. Fresh mass is reported throughout, but we used water

content to confirm that fresh masses stated here are within the range of literature values and our

own field sampling.

We further used the experimental and monitoring data to model seasonal dynamics of dissolved,

and total nutrients, Chl *a*, turbidity, and zooplankton species. The monitoring station is situated at

the Zingster Strom (54°25'47.0'' N 12°41'14.5'' E), right in the middle of the DZLS. Samples at

this station were taken every day throughout the year for more than 40 years. Prior to modelling,

we log-transformed and standardized our data. We chose to log-transform our data to make

assumptions about relative changes within each year and treatment. Furthermore, we standardized

our experimental data with the respective ecosystem monitoring data (daily measurements from

Julian day 120 to 270, years 2015 – 2017) to make our data directly comparable to ecosystem

trends (see Supplement Figure 1 for ecosystem averages of years 2015 – 2017). Standardization

was carried out with the *scale* function of R (R Core Team 2018), which calculates a z-score of

the respective data set. Zooplankton monitoring data was only available until December 2013 (see

Supplement Figure 2 for ecosystem average per zooplankton group) and was only sampled once

per week. We therefore used data from the last three available years (2011 – 2013) for

standardization with our mesocosm data (2015 – 2017). We chose a generalized additive mixed

model (GAMM, *gamm* function, R package *"mcgv"*, Wood 2011, Gaussian distributional

assumptions, variable knots depending on data availability, k = 4 – 20, sampling year as random

factor), as the best model to reflect the experimental data. A GAMM allowed us to include the

sampling year as random factor in our analyses. We used the GAMM to predict the seasonal

development as function of sampling date in both mesocosm experiments and the ecosystem.

Furthermore, we were able to compare GAMM smooths for different treatments by including an

ordered factor (treatment – ecosystem, mesopredator mesocosms, non-mesopredator mesocosms)

to our models. We set the ecosystem data as reference level and calculated the difference smooths

between reference level smoother (ecosystem) and treatment levels (mesocosms). We were thus

able to describe statistically if the smooth terms per treatment and variable were significantly

different from each other (Simpson 2017), that means ecosystem against mesocosms and the

mesocosms treatments to each other.

Results

Pelagic elemental composition

Dissolved nitrogen (DIN) concentrations within mesocosms tended to increase above average in

both treatments until June and would decrease below average in September (Figure 1A). Average

values based on median can be found in Table 1. Concentrations within the ecosystem were rather

stable throughout this period, with only a small decrease during August. The DIN smooths of both

treatments were significantly different to the ecosystem for mesopredator ($p < 0.0001$) and no-

mesopredator mesocosms ($p < 0.0001$). However, both treatments did not differ significantly to

each other ($p = 0.6$). This development points to a higher DIN availability in both mesocosm

treatments compared to the ecosystem. On the contrary, DIP concentrations in both mesocosm

treatments, dropped during the month of June, with mesopredator mesocosms showing even lower

concentrations compared to no-mesopredator mesocosms (Figure 1B). Contrary to the mesocosms,

DIP concentrations within the ecosystem did not show any trends throughout the observational

period. The DIP smooths of both treatments were significantly different to the ecosystem for

mesopredator ($p < 0.001$) and no-mesopredator mesocosms ($p = 0.024$). However, both treatments

did not differ significantly to each other (p = 0.64). Nonetheless, DIP concentrations were mostly

close to the determination limit, pointing to overall low DIP concentrations.

Table 1 Median values of monitored parameters in the ecosystem and the mesocosms. Range of
values (minimum – maximum) and number of observations is given in parentheses. DIN –
dissolved inorganic nitrogen, sum of nitrate, nitrite and ammonium; DIP – dissolved inorganic
phosphorus; TN – total nitrogen; TP – total phosphorus; Chl a – Chlorophyll a; Turbidity –
measured at 720nm; Phytoplankton – sum of biovolume per sampling date, only available for
end of experiments; Zooplankton – biomass based on geometric conversion (Heerkloss et al.
1991).

	Ecosystem	Mesopredator mesocosms	No-mesopredator mesocosms
DIN (μmol L^{-1})	1.9 (0.4 – 10, n = 297)	3.6 (1.2 – 29, n = 47)	4.2 (0.6 – 12, n = 47)
DIP (μmol L^{-1})	0.06 (0 – 1.8, n = 69)	0.06 (0 – 0.6, n = 47)	0.05 (0 – 0.6, n = 47)
TN (μmol L^{-1})	146 (30 – 305, n = 85)	152 (87 – 285, n = 18)	230 (95 – 447, n = 18)
TP (μmol L^{-1})	3.7 (1.8 – 7.1, n = 82)	3 (1.1 – 10, n = 33)	3.3 (1.2 – 14, n = 34)
Chl a (μg L^{-1})	58 (16 – 141, n = 348)	23 (5.1 – 80, n = 46)	37 (7 – 300, n = 46)
Turbidity (m^{-1})	4 (1.1 – 10.1, n = 202)	2.4 (0.5 – 4.9, n = 43)	3.1 (1.4 – 16, n = 39)
Phytoplankton (mm^3 L^{-1})	33 (9 – 83, n = 16)	17 (4 – 30, n = 4)	76 (60 – 93, n = 4)
Zooplankton (μg fresh mass L^{-1})	754 (42 – 4348, n = 131)	325 (9 – 9600, n= 37)	223 (15 – 2800, n = 37)

Total nitrogen (TN) concentrations within mesocosms developed differently in both treatments

already from the start. TN concentrations in mesopredator mesocosms remained around average.

TN concentrations in no-mesopredator mesocosms increased throughout the observational period

in all years compared to start and end of the experiments as well as the ecosystem (Figure 2A).

This development contrasts the DIN development and indicates free DIN was incorporated into

other fractions instead. Ecosystem concentrations would decline from June onwards. The TN

smooths of the mesopredator treatment was not significantly different to the ecosystem ($p = 0.17$),

but for the no-mesopredator mesocosms ($p < 0.0001$). Interestingly, the difference in TN between

both treatments was not significant ($p = 0.22$). The trends in both mesocosm treatments points to

a higher (no-mesopredator mesocosms), or stable (mesopredator mesocosms) availability of N

compared to the ecosystem. Comparable to TN, TP in both mesocosm treatments increased

steadily, but mesopredator mesocosms reached average concentrations only at the end compared

to no-mesopredator mesocosms (Figure 2B). Ecosystem concentration of TP would start to

decrease in July until the end of the observational period. No-mesopredator mesocosm showed an

increase of TP starting in July, which indicates a steady P accumulation and is consistent with the

DIP increase starting in August. The TP smooths of both treatments were significantly different to

the ecosystem for mesopredator ($p = 0.03$) and no-mesopredator mesocosms ($p = 0.0001$), as well

as both mesocosm treatments to each other ($p = 0.03$). Mesopredator-mesocosm showed no TP

trend from start to end of the experiments, whereas DIP increased from August until the end of

September. The DIP:TP remained around 5 – 10% in all mesocosms and the ecosystem

(Supplement Figure 3A). The DIN:DIP ratio dropped after August in mesocosms, indicating that

DIP was maybe growth limiting during May to June (Supplement Figure 3B). The ratio of TN:TP

was highest in mesopredator mesocosms (on average up to 120:1 TN:TP) during July, compared

to no-mesopredator mesocosms (on average up to 90:1 TN:TP). Interestingly, the ecosystem

showed lowest TN:TP ratios during summer (50:1 TN:TP, Supplement Figure 3C).

Figure 1 Seasonal development of standardized dissolved inorganic nitrogen (Panel A, sum of

nitrate, nitrite, and ammonium = DIN [µml L^{-1}]), and standardized dissolved inorganic phosphorus

(Panel B, DIP [µml L^{-1}]) in mesopredator (blue) and no-mesopredator (green) mesocosm and the

ecosystem (orange) for the days 120 – 275 of the years 2015 to 2017. Data points represent

independent measurements and were not averaged. The development of both nutrient fractions

(points) was modelled (generalized additive model) depending on day of the year (April – October,

x-axis) with all replicates being pooled. The solid line represents the mean and the dotted line the

95 % confidence interval. Values of mesocosms and the ecosystem were log-transformed and

standardized (z-score), to enable a direct comparison of the ecosystem with mesocosms.

Figure 2 Seasonal development of standardized total nitrogen (Panel A, total N [µml L^{-1}]), and

standardized total phosphorus (Panel B, total P [µml L^{-1}]) in mesopredator (blue) and no-

mesopredator (red) mesocosm and the ecosystem (orange) for the days 120 – 275 of the years 2015

to 2017. Data points represent independent measurements and were not averaged. The

development of both nutrient fractions (points) was modelled (generalized additive model)

depending on day of the year (April – October, x-axis) with all replicates being pooled. The solid

line represents the mean and the dotted line the 95 % confidence interval. Values of mesocosms

and the ecosystem were log-transformed and standardized (z-score), to enable a direct comparison

of the ecosystem with mesocosms.

Development of planktonic compartments

Chl *a* concentration decreased in both mesocosm treatments below ecosystem average from April

until June, when both treatments started to develop independently from each other (Figure 3A).

Mesopredator mesocosms remained below average towards the end. Contrary, no-mesopredator

mesocosms showed a strong increase of Chl *a* from July until the end of the experiment in

September. This pattern coincides with steady nutrient increases in no-mesopredator mesocosms

(Figure 3). The ecosystem showed decreasing Chl *a* concentration after the initial spring bloom in

April until July. There was a possible small increase of Chl *a* in August suggesting a bloom, which

decreased again until the end of September. The Chl *a* smooths of both treatments were

significantly different to the ecosystem for mesopredator ($p = 0.016$) and no-mesopredator

mesocosms ($p < 0.0001$), as well as both mesocosm treatments to each other ($p < 0.0001$).

Phytoplankton community composition in the ecosystem was dominated by cyanobacteria across

cell volume classes $0.5 - 100$ μm^3 at the start of each experiment (see Supplement Figure 4A).

Cyanobacteria were dominated by *Limnothrix* spp., *Synechococcus* spp., and *Aphanothece* spp..

There was an increasing biovolume of larger Chlorophyta (mostly *Scenedesmus* spp.), but median

biovolume values were almost one order of magnitude smaller compared to cyanobacteria.

Biovolume per size classes changed only slightly in the ecosystem until the end of the experiment

(see Supplement Figure 4B). Interestingly, mesopredator mesocosms showed a slightly different

phytoplankton community composition with small cyanobacteria still dominating but at a lower

biovolume compared to the start of the experiment. Furthermore, other phyla occurred in larger

quantities and across size classes, most notably dinoflagellates (for example *Gymnodinium* spp.)

and heterokontophytes (*Stephanodiscus* spp.). No-mesopredator mesocosms showed the same

phytoplankton community composition as the ecosystem at the end of the experiments but with

higher total biovolume. The increased biovolume in no-mesopredator mesocosms corresponds

with the higher Chl *a* concentrations also found in those treatments. Heterotrophic bacterial cell

count varied widely from 1 to $24 \cdot 10^6$ cells mL^{-1} and corresponded with overall phytoplankton

biomass, that means more phytoplankton, more heterotrophic bacteria. Mesopredator mesocosms

showed 30% less bacterial cells mL^{-1} in the available years 2016 and 2017 years compared to no-

mesopredator mesocosms. However, a seasonal bacterial development is missing, as counts were

only conducted at the end of each experiment.

Likewise, turbidity within both mesocosm treatments decreased initially, but split again after June

(Figure 3B). Mesopredator mesocosms continued to show below average turbidity. No-

mesopredator mesocosms increased their turbidity in a similar pattern as with Chl *a*. It was not

possible to discriminate with the current data set if Chl *a* increased due to increased amounts of

particles (abiotic and biotic), or if turbidity increased due to increased Chl *a* (attenuating

phytoplankton biomass). Ecosystem turbidity was highest during May and steadily declined

afterwards until it was comparable to mesopredator mesocosms turbidity in September. The

turbidity smooths of both treatments were significantly different to the ecosystem for mesopredator

($p = 0.03$) and no-mesopredator mesocosms ($p < 0.0001$), as well as both mesocosm treatments to

each other ($p < 0.0001$).

Figure 3 Seasonal development of standardized Chlorophyll *a* (Panel A, Chl *a* [µg L^{-1}], proxy for phytoplankton biomass), and standardized turbidity (Panel B, absorption at 720 nm [m^{-1}], proxy for light attenuation) in mesopredator (blue) and no-mesopredator (red) mesocosm and the ecosystem (orange) for the days 120 – 275 of the years 2015 to 2017. Data points represent independent measurements and were not averaged. The development of both particulate fractions (points) was modelled (generalized additive model) depending on day of the year (April – October,

x-axis) with all replicates being pooled. The solid line represents the mean and the dotted line the

95 % confidence interval. Values of mesocosms and the ecosystem were log-transformed and

standardized (z-score), to enable a direct comparison of the ecosystem with mesocosms.

Zooplankton biomass (as µg FM L^{-1}) per zooplankton class showed different developments within

both mesocosm treatments and compared to the ecosystem (Figure 4). Cladocera biomass

remained above average in both mesocosm treatments. However, cladocera (*Bosmina* and *Alona*

spp.) were rarely detected in the ecosystem, indicating inconclusive trends. The cladocera smooths

of both treatments were thus not significantly different to the ecosystem for mesopredator (p =

0.43) and no-mesopredator mesocosms (p = 0.34), as well as not significantly different to each

other (p = 0.12). Copepod biomass in mesopredator mesocosms declined steadily after May.

Interestingly, the decline of copepod biomass from July on coincides with an increase of

Monogononta biomass. Monogononta biomass was average from May until June, reaching above-

average biomass during the end of the experiment, contrary to the ecosystem and no-mesopredator

mesocosms. No-mesopredator mesocosms showed overall average copepod biomass during the

first part of the experiment and a comparable peak like in the ecosystem around in July and August.

The copepod smooths of both treatments were significantly different to the ecosystem for

mesopredator (p < 0.0001) and no-mesopredator mesocosms (p < 0.0001). However, copepod

smooths of both mesocosm treatments were not significantly different to each other (p = 0.26).

Monogononta biomass in no-mesopredator mesocosms showed a negative trend with the minima

reached at the same time as copepod biomass reached a peak in July and August. Contrary,

mesopredator mesocosms showed initially average monogononta biomass, but showed a slight

positive trend until the experiment. The monogononta smooths of both treatments were

significantly different to the ecosystem for mesopredator (p = 0.001) and no-mesopredator

mesocosms (p = 0.0005). Surprisingly, there were no significant differences between both

mesocosm treatments to each other (p = 0.24). Differences between mesocosm smooths became

more significant for all zooplankton groups, if shorter observational periods were tested, for

example from day 150 – day 270 only. However, this also lowered the amount of total

observational data. Therefore, we only report this trend but did not analyze it thoroughly. There

were no detectable differences in zooplankton species composition between ecosystem and the

mesocosms. Cladocera biomass was dominated by *Bosmina* and *Alona* spp., copepod biomass by

Eurytomora affinis and *Acartia tonsa*, and monogononta biomass by *Keratella* spp., *Filinia* spp.,

Brachionus spp., and *Synachaeta* of various size classes.

Overall, these results point to an increased grazing pressure on copepods in mesopredator

mesocosms, whereas this pressure was less pronounced in no-mesopredator mesocosms, compared

to the ecosystem. Interestingly, in mesopredator mesocosms Monogononta biomass was above

average in all three years which may indicate a treatment effect by mesopredator occurrence.

Zooplankton within the ecosystem showed again different dynamics. Cladocera density showed

no trend, caused by a low number of overall observations, and total biomass. Copepods within the

ecosystem declined after high initial numbers in April and showed a second peak later in the year.

This development was contrary to both mesocosms, where copepod biomass was average or below

average in the later months. Monogononta biomass was highest in June/July, but declined

afterwards and remained then lower compared to biomass in mesopredator mesocosms. In

conclusion, both treatments had a different impact on abiotic (nutrients) parameters, phytoplankton

(Chl *a*), zooplankton, macrophyte and animal biomass (Supplement Figure 5), compared to each

other, but also to the ecosystem. These differences are indicative of altered regulating mechanisms

caused by the biomanipulation.

Figure 4 Seasonal development of standardized cladocera (Panel A), standardized copepods (Panel

B), and standardized monogononta biomass (Panel C) as fresh mass (µg L^{-1}) in mesopredator

(blue) and no-mesopredator (red) mesocosm for the days 120 – 275 of the years 2015 to 2017 and

the ecosystem (orange, days 120 – 275 of the years 2011 – 2013). Data points represent

independent measurements and were not averaged. The development of all zooplankton fractions

(points) was modelled (generalized additive model) depending on day of the year (April – October,

x-axis) with all replicates being pooled. The solid line represents the mean and the dotted line the

95 % confidence interval. Values of mesocosms and the ecosystem were log-transformed and

standardized (z-score), to enable a direct comparison of the ecosystem with mesocosms.

Development of macrophytes and higher trophic levels in mesocosms

Mesopredator mesocosms showed on median more macrophyte biomass compared to no-

mesopredator mesocosms, but macrophyte biomass occurred only in three out of five mesocosm

replicates for both treatments (Supplement Figure 5). Macrophyte biomass was constituted out of

Charales (*Chara* sp.) and *Alismatales* (most abundant *Stuckenia pectinata*) in both mesocosm

treatments. Mesopredator mesocosms showed more frequent epiphytic growth on mesocosm

walls, however this biomass fraction is not represented here, as it was not possible to capture

growth and turn-over of this biomass compartment.

Mesopredator mesocosms showed either stable or slightly lower total biomasses of gobies at the

end compared to the start of the experiments. However, individual biomass was always increased,

pointing to fewer but larger adult animals. Contrary, shrimp abundance increased in four out of

five times, with lower individual mass at the end of the experiment, indicating frequent offspring.

The one invasive goby *Neogobius melanostomus* found in one mesopredator mesocosm in 2016

had a total biomass of 26 g, and presumably grazed upon the other available gobies, as only two

others were found at the end of the experiment in this mesocosm. No-mesopredator mesocosms

showed in four out of five replicates colonization with the invasive *Gammarus tigrinus*. Gammarid

biomass reached levels of up to 9 g FM m^{-2}, whereas only some individuals were ever found in

mesopredator mesocosms. This striking difference can be seen in the final animal biomass of both

mesocosm treatments (Supplement Figure 5B). Gammarid biomass was so high that total animal

biomass was on median as high in no-mesopredator mesocosms as in mesopredator mesocosms.

Interestingly, no-mesopredator mesocosms with high gammarid biomass, were always low on

epiphytic wall growth, and macrophyte biomass (see Supplement Picture 1 and Supplement Figure

5A). Exemplary gut analyses of gobies showed that they grazed primarily on zooplankton

(Supplement Picture 2). Interestingly, an abundance of larger cladocera (*Bosmina* sp. and *Alona*

sp.) were found in fish guts, contrarily to the low abundances found in the water column.

Exemplary gut analyses of shrimps and gammarids showed mostly macro- and epiphytic biomass.

Discussion

Food web impact of biomanipulation

The results of this mesocosm approach needs to be discussed regarding its number of available

trophic levels. The no-mesopredator mesocosms showed in all replicates a large biomass of

gammarids (representative individuals identified as invasive *Gammarus tigrinus*), with similar or

even higher total animal biomass compared to mesopredator mesocosms (Supplement Figure 5).

The trophic position of gammarids depends on the presence of grazers and can cause a trophic

cascade, that means an influence on other trophic levels, in species-poor ecosystems (Compte et

al., 2012). This cascade can result in increased turbidity, macrophyte loss, and increased

occurrence of other zooplankton grazers (Compte et al. 2012), similar to our results (see Figure 4).

The removal of mesopredator will allow mesograzer to reach a biomass density which is

determined by the overall primary production capacity within the ecosystem (Eriksson et al.,

2012). However, in the present study, it cannot be concluded that no-mesopredator mesocosms

had a higher primary productivity based on higher animal biomass, as gammarids grazed most of

the macrophyte biomass, and probably all the epiphyte biomasses (see Figure 5 for the conceptual

food web). A recent mesocosm and field study showed that gammarid grazing can cause up to

30% biomass loss of charophytes in the DZLS (Berthold et al., 2022). Such grazing pressure may

increase directly with increasing temperatures (Pellan et al., 2016) or indirectly by increased

amphipod biomass in a P enriched water column (Östman et al. 2016) probably due to increased

food quality of macrophytes (Kraufvelin et al. 2006). A lower macrophyte biomass will cause a

decreased possible competition of macrophytes with phytoplankton, and may result in higher Chl

a values in macrophyte-free mesocosms. A control of these mesograzer by increasing the presence

of mesopredator like gobies and shrimp should, therefore, be considered necessary. Gammarids as

mesograzer release nutrients by grazing on epiphytes and macrophytes, which can favor

phytoplankton. Furthermore, decreased macrophyte biomass lowers direct (nutrients, Kufel &

Kufel 2002) and indirect competition (allelopathy, Vanderstukken et al. 2011) with phytoplankton,

leading ultimately to a decreased habitat for phyto- and bacterioplankton grazers, like sessile

rotifers (Miracle et al. 2007). An increased grazing pressure on gammarids would still allow

growth control of epiphytic algae by gastropods (Gagnon et al. 2021), which are very abundant in

the form of *Hydrobia* sp. in the coastal waters of the southern Baltic Sea (Paar et al. 2022).

Mesograzer like snails can liberate macroalgae from epiphytic growth and recycle necessary

nutrients (Bracken et al. 2014). This epiphytic grazing is important especially in turbid coastal

waters, where macrophytes are already under light limitation, and epiphytic biomass can increase

rapidly during summer months (Paar et al., 2021), possibly causing additional stress on

macrophytes (Lin et al., 1996; Özkan et al., 2010).

The biomanipulation may have impacted nutrient turn-over as well, as pelagic TN and TP stocks

increased in no-mesopredator mesocosms (Figure 2), but not in mesopredator mesocosms. This

increase was probably mediated through external nutrient inflows by bulk deposition (Supplement

Table 1), resulting in lower buffer capacities to external nutrient pressures in no-mesopredator

mesocosms. This nutrient increase favored phytoplankton directly, as seen by increasing Chl *a*

(Figure 3), as well as probably epiphytic algal biomass (Xie et al. 2013). Ultimately, this increasing

phytoplankton biomass will cause high light attenuation which lowers the net-productive part of

the water column (Duarte et al. 2002). This increased light attenuation thus results in lower primary

production of all compartments (phytoplankton, macrophytes, epiphytes) as seen in lakes (Blindow

et al., 2006) and mesocosms (Berthold and Paar 2021).

Mesopredator mesocosms showed lowered turbidity and phytoplankton biomass compared to no-

mesopredator mesocosms and the ecosystem. These results are surprising at a first glance, as the

occurrence of specific fish species, like three spined stickleback (*Gasterosteus aculeatus*) or

cyprinids, are linked to increased turbidity and phytoplankton biomass in mesocosms and

ecosystems (Stephen et al., 2004; Williams, Moss, & Eaton, 2002). However, the trophic position

as well as function of the occurring fish species needs to be considered. For example, the widely

occurring *G. aculeatus* can also cause increasing phytoplankton biomass at abundances of 3 – 6

fish m^{-2} (Jakobsen et al. 2004). This negative effect of *G. aculeatus* may have increased in the

Baltic Sea with the decrease of piscivorous fish, like perch and pikeperch stocks (Ojaveer 2002).

Surprisingly, grazing on copepods and cladocera in our mesocosms decreased nutrient

concentrations, phytoplankton biomass and turbidity nonetheless, which is in contrast to findings

in freshwater systems and other lagoons (Feuchtmayr et al., 2009; Jakobsen et al., 2004; Stephen

et al., 2004). Thus, *G. aculeatus* and *P. microps/minutus* seem to have different effects on nutrient

fluxes within coastal waters. Future studies should analyze if this effect is caused by different

feeding behavior and position within the water column, that means bottom dwelling vs. pelagic.

For example, a fraction of the nutrients probably went into secondary biomass of mesopredator.

Another fraction of nutrients may have been precipitated in the sediments, especially P in the less

turbid mesopredator mesocosms (Spears et al. 2008). Our study had a rather large sediment surface

and this surface may have been 2 – 3 times larger with infauna (Renz and Forster 2014) thus

increasing the effective water-sediment cross-section for nutrient sequestration. There are also

other works in freshwater systems, where planktivorous fish had only little effect on grazing

control by zooplankton, as phytoplankton grew faster than being grazed upon (Van De Bund et al.

2004, Villena and Romo 2007). Such outcomes can mainly be explained by the additional

experimental fertilization, which supports fast-growing or grazing resistant phytoplankton.

Especially cyanobacteria can exploit low pulse-wise nutrient supplies (Aubriot and Bonilla 2018)

and in conjunction with small cell sizes may be grazing resistant (Lürling 2020). However,

environmental daily nutrient depositional rates (see Supplement Table 1) are lower than

experimentally added nutrient pulses, and usually do not occur in the form of large, pulse-wise

perturbations. Instead, the rate of perturbation is important for organisms and ecosystems to buffer

press or pulse disturbances (Shade et al. 2012). In the context of our mesocosms, focusing solely

on top-down control allowed to study the impact of altered trophic pathways. The stable TN levels

in our mesopredator mesocosms were important for macrophyte establishment, as macrophyte

stands tend to decline above thresholds of ~100 µmol TN L^{-1} (Barker et al. 2008) or under

prolonged eutrophic conditions (Coffin et al. 2018). Likewise, a meta-analysis showed that even

though fish abundance can increase TP levels, TN is major driver on macrophyte occurrence in

already eutrophic lakes (Feuchtmayr et al. 2009). These findings are in line with our results, as TP

increased to ecosystem-levels within mesopredator mesocosms but were not causing increased

phytoplankton biomasses. Phytoplankton biomass in this part of the lagoon is at least seasonally

co-limited for N, as P fertilization experiments in batch tanks and microcosms did not yield any

growth response between spring to autumn (Berthold and Schumann 2020). The establishment of

macrophytes due to altered nutrient budgets within the water column probably caused several

feedback loops. Macrophytes can act as particle traps (Pluntke and Kozerski 2003), however these

traits were not observed in these coastal waters (Meyer et al. 2019), or other shallow lakes

(Vanderstukken et al. 2011). Nonetheless, submerged macrophytes can improve water chemistry

by affecting the sediment microbiome (Ciurli et al. 2009, Zhao et al. 2013), which alters organic

C decomposition (Sullivan et al. 2006, Gette-Bouvarot et al. 2015), ultimately lowering O_2

respiration in mesopredator mesocosms (Compte et al. 2012). A similar development can also be

seen in the areal O_2 production of our mesocosms, with mesopredator mesocosms showing a higher

net-production with macrophyte establishment in August (see Supplement Figure 1).

Contrary to the mesocosms, the ecosystem showed different dynamics for dissolved nutrients, and

decreasing amounts of total nutrients throughout the growth season. The DZLS shows a residence

time of 8 – 61 days (Schiewer, 2007), pointing to a steady loss of nutrients after winter nutrient

peaks and spring blooms. Macrophytes tend to occur only in shallow regions of the lagoon system,

where light is less limiting. However, those local sub-populations are probably especially adapted

to low-light climate (Piepho 2017). Therefore, an increase in light penetration depth would allow

submerged macrophytes to reach higher biomasses, creating feedback loops like particle trapping,

or refuge for herbivorous zooplankton. The question evolves, why phytoplankton biomass remains

at a relatively high level within the ecosystem. One cause can be that grazing control on

phytoplankton probably decreases, as phytoplankton biomass stabilizes after day 200. This

timeframe is in line with the decrease of rotifers biomass (*Keratella* spp.), probably caused by

increasing numbers of copepods (*Eurytemora affinis*, Feike & Heerkloss 2009). It is assumed that

copepods can cause a grazing pressure on eggs and adult rotifers (Azémar et al. 2007, Feike and

Heerkloss 2009). Contrary, the increase in rotifers seems to coincide with the constant below

average Chl *a* concentrations and turbidity within mesopredator mesocosms, whereas there is an

increase of both Chl *a* and turbidity in no-mesopredator mesocosms. It is therefore possible that

grazing pressure within the zooplankton group (intra-guild) caused an inefficient grazing pressure

on phytoplankton. These complex trophic niches within zooplankton were recently described for

the Baltic Sea, and point to an important impact of rotifers and ciliates on the food web (Zamora-

Terol et al. 2020, Novotny et al. 2021).

Disrupting the microbial loop: A possible switch to treat eutrophic systems?

An increase of rotifer abundance and even diversity was described in top-down manipulated

mesocosms (Hansson et al. 2004, Stephen et al. 2004, Miracle et al. 2007), but their impact on

pelagic nutrient flows was never clearly established, probably due to simultaneous experimental

overload of the nutrient background. Copepod grazing can cause a trophic cascade by grazing on

ciliates, which favors heterotrophic nanoflagellates and lowers bacterioplankton. Bacterioplankton

is an effective competitor for nutrients with phytoplankton, if organic C is abundant (Joint et al.

2002). The DZLS shows high levels of particulate (16 mg C L^{-1}) and dissolved (12 mg C L^{-1})

organic C, and bacterial activities (18 µg C h^{-1} L^{-1}, Schumann et al. 2003). Thus, efficient grazing

on bacterioplankton may favor phytoplankton in otherwise nutrient-limited systems. Likewise,

bacterioplankton can also produce extracellular enzymes which indiscriminately support

phytoplankton, as nutrient recycling is increased (Chróst and Overbeck 1987). Our limited data

suggests that bacterioplankton was lower when mesopredator were present. The number of bacteria

corresponded to the total biovolume of phytoplankton cells in the water column, which is another

proxy for overall available C in the water column. Thus, a decrease of phytoplankton would cause

less bacteria, but the other way around is also possible. However, more data from future studies is

necessary to confirm this pattern under these biomanipulative settings. Furthermore, rotifers and

ciliates have been described to efficiently graze on small particles and filamentous phytoplankton

(Zamora-Terol et al. 2020). Especially filamentous cyanobacteria and picocyanobacteria

contribute up to 90% of the phytoplankton biovolume in the DZLS (Albrecht et al. 2017, Berthold

and Schumann 2020) and the Baltic Sea (Celepli et al. 2017). Our study found similar

phytoplankton community compositions, however, the occurrence of mesopredator increased the

absolute biovolume of larger phytoplankton. Indeed, a variety of studies showed that rotifers and

other microzooplankton tend to increase with mesopredator presence (Compte et al., 2011; Compte

et al., 2012; Šorf et al., 2015). Furthermore, rotifers seem to be more abundant when nutrients are

lower, and temperatures increase (Jeppesen et al. 2007, Šorf et al. 2015). This increase in

microzooplankton found in our study may have been impacted by a mismatched observational

period for zooplankton, as we standardized our mesocosm of 2015 – 2017 with data from 2010 –

2013. However, absolute zooplankton biomass was still higher on median compared to no-

mesopredator mesocosms, showing an effect of treatment (see Table 1). The presence of

mesopredator which controlled mesograzer and mesozooplankton should have therefore allowed

the microzooplankton to increase its abundance, ultimately increasing light penetration depth. This

increased light penetration favored macrophytes, which in turn favored even more sessile rotifers

among others. A higher amount of macrophytes could potentially allow some biomass to

overwinter and create further feedbacks earlier the next year. Contrary, having no grazing pressure

on macro- and mesozooplankton did not cause a decrease of phytoplankton biomass, but in

conjunction with mesograzer caused a bottom-up control of the ecosystem by releasing more

internal nutrients and buffering fewer external nutrients.

Figure 5 Schematic drawing of the suggested trophic cascade in mesopredator and no-mesopredator mesocosm. Direction of the arrows denotes the direction of matter- and energy flow. Solid arrows denote a strong flow, dotted arrows a weak flow. Bacteria are missing as the potential flows were not established in this study.

Speculations and Alternative Viewpoints

To apply this food web cascade, there are several possible pathways. For example, an increased fishing quote on large piscivorous fish like perch, pike and sander may increase the abundance of gobies and shrimp, but also sticklebacks and cyprinids. The latter two may increase phytoplankton rather than decreasing it. Large piscivorous fish are already under pressure in German coastal waters and elsewhere in the Baltic Sea. Recreational fishery can catch up to 70% of large piscivorous fish like cod in German coastal waters (Strehlow et al. 2012). Actively fishing for cyprinids and sticklebacks may be an option (Ojaveer 2002), but would simultaneously increase the grazing pressure on gobies and lower the overall food availability for large piscivorous fish. A second option of priming coastal waters with gobies seems more realistic and should be tested in more detail. An increase in goby abundance may create positive feedback loops, like decreasing turbidity. Decreasing turbidity would also improve the sexual selection process of gobies, increasing mating success (Järvenpää and Lindström 2004), thus increasing available food for large piscivorous fish. A combination of management options need to be considered (size and

catch limits, time slots) to limit the impact on endangered large piscivorous fish, like cod (Haase

et al. 2022), and focus on other non-threatened omnivorous fish.

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