Data-driven dissection of the fever effect in autism spectrum disorder

Efrat Muller[1], Ido Shalev[2,3], Eitan Bachmat[1], and Alal Eran[3,4*]

[1] Department of Computer Science, Ben-Gurion University of the Negev, Beer Sheva, Israel

[2] Department of Psychology, Ben-Gurion University of the Negev, Beer Sheva, Israel

[3] Department of Life Sciences, Ben-Gurion University of the Negev, Beer Sheva, Israel

[4] Computational Health Informatics Program, Boston Children's Hospital, Boston, MA, USA

* **Corresponding Author:** Alal Eran, PhD, Computational Health Informatics Program, Boston

Children's Hospital, 300 Longwood Ave., Boston, MA 02115, USA

(alal_eran@hms.harvard.edu)

Acknowledgments: We are grateful to all of the families at the participating Simons Simplex

Collection (SSC) sites, as well as the principal investigators (A. Beaudet, R. Bernier, J.

Constantino, E. Cook, E. Fombonne, D. Geschwind, R. Goin-Kochel, E. Hanson, D. Grice, A.

Klin, D. Ledbetter, C. Lord, C. Martin, D. Martin, R. Maxim, J. Miles, O. Ousley, K. Pelphrey,

B. Peterson, J. Piggot, C. Saulnier, M. State, W. Stone, J. Sutcliffe, C. Walsh, Z. Warren, E.

Wijsman). We appreciate obtaining access to phenotypic data on SFARI Base. Approved

researchers can obtain the SSC population dataset described in this study

(https://base.sfari.org/ordering/phenotype/sfari-phenotype/download?code=11) by applying at

22   https://base.sfari.org. We thank members of the Eran lab for fruitful discussions. This work was

23   supported by the Israel Science Foundation (grant 2755/20).

ABSTRACT

Some individuals with autism spectrum disorder (ASD) demonstrate marked behavioral improvements during febrile episodes, in what is perhaps the only present-day means of modulating the core ASD phenotype. Understanding the nature of this so-called *fever effect* is therefore essential for leveraging this natural temporary relief of symptoms to a sustained efficacious intervention. Towards this goal, we used machine learning to analyze the rich clinical data of the Simons Simplex Collection, in which 1 out of every 6 children with ASD was reported to improve during febrile episodes, across multiple ASD domains. Reported behavioral improvements during febrile episodes were associated with maternal infection in pregnancy (OR = 1.7, 95% CI = [1.42, 2.03], P = 4.24×10^{-4}) and gastrointestinal (GI) dysfunction (OR=1.46, 95% CI = [1.15, 1.81], P = 1.94×10^{-3}). Family members of children reported to improve when febrile have an increased prevalence of autoimmune disorders (OR=1.43, 95% CI = [1.23, 1.67], P = 3.0×10^{-6}), language disorders (OR=1.63, 95% CI = [1.29, 2.04], P = 2.5×10^{-5}), and neuropsychiatric disorders (OR=1.59, 95% CI = [1.34, 1.89], P < 1×10^{-6}). Since both GI abnormalities and maternal immune activation have been linked to ASD via proinflammatory cytokines, these results might suggest a possible involvement of immune dysregulation in the fever effect, consistent with findings in mouse models. This work advances our understanding of the fever-responsive ASD subtype and motivates future studies to directly test the link between proinflammatory cytokines and behavioral modifications in individuals with ASD.

Keywords: Autism spectrum disorder; fever effect; fever response; subtyping; Simons Simplex Collection; machine learning

<u>Lay summary:</u> Some individuals with ASD demonstrate marked behavioral improvements

when they have a fever. However, the magnitude, scope, nature, and underlying neurobiological

basis of the so-called fever effect remain unknown. This large-scale biomedical data analysis

found that children with ASD reported to improve when febrile tend to be those with worse

gastrointestinal symptoms and whose mothers reported an infection during pregnancy. These and

other findings point to the involvement of proinflammatory cytokines in this phenomenon.

INTRODUCTION

During the first half of the twentieth century, artificial fever therapy (pyrotherapy) was widely used to treat an array of neuropsychiatric disorders (Epstein, 1936; Raju, 2006). In the second half of the century, caregivers and parents of children with autism have anecdotally reported marked behavioral improvements during febrile episodes (Cotterill, 1985; Sullivan, 1980). Today, ASD remains one of the most debilitating childhood disorders: It affects 2.27% of the US population (Maenner et al., 2021), and requires chronic management (Harrington & Allen, 2014). Understanding the so-called fever effect in ASD could lead to precision approaches to therapy, based on its underlying neurobiological mechanisms.

Toward this goal, a prospective study of behavioral changes associated with fever in children with ASD was the first to document fewer aberrant behaviors in 30 children with ASD during febrile episodes as compared to 30 matched afebrile children (Curran et al., 2007). More recently, a large-scale investigation of parental reports in the Simons Simplex Collection (SSC) found that one in six children with ASD reportedly improved when he or she had a fever, across multiple ASD domains, including temper, communication, social interaction, repetitive behavior, and cognition (Grzadzinski, Lord, Sanders, Werling, & Bal, 2017). Children reported to improve when febrile tend to have more severe ASD symptoms, such as more repetitive behaviors, and lower non-verbal cognitive skills. However, that important study focused on a selected set of variables from the rich SSC dataset, mostly those related to the child's behavior and demographics. Additional characteristics of fever responsive children remain to be identified. A comprehensive profiling of these children and their families could shed light on the neurobiological mechanisms underlying the fever effect.

Recent studies in animal models of ASD have shown that interleukin-17a (IL-17a), a pro-

inflammatory cytokine often secreted during fever, but not fever per se, rescues social deficits in

autistic mice by binding its receptor (IL-17Ra) on neurons of the primary somatosensory cortex

dysgranular zone (S1DZ). Importantly, IL-17a produced peripherally as part of a typical immune

insult was shown to restore sociability in mouse models of ASD caused by maternal immune

activation (MIA), but not in other monogenic models of ASD (Reed et al., 2020). The authors

attribute the increased exposure of MIA mice to IL-17a during fetal development to increased

neuronal sensitivity for IL-17a after birth ("Gloria Choi," 2022). Accordingly, direct delivery of

IL-17a to the S1DZ of monogenic models of ASD resulted in the same behavioral

improvements, as measured by the three-chamber social approach assay and the reciprocal social

interaction assay (Reed et al., 2020). Thus the ability of S1DZ neurons to sense IL-17a might

distinguish animals whose sociability improves during systemic inflammation from those who do

not.

IL-17a signaling was also shown to mediate gastrointestinal inflammation in MIA models of

ASD, and overall prime the mouse immune system via epigenetic alterations of naïve CD4+ T

cells (E. Kim et al., 2022). This ancient cytokine was also shown to act as a neuromodulator in

C. elegans, regulating worm behavior (Chen et al., 2017; Flynn et al., 2020). Yet, if and how

these findings may translate to humans remains to be elucidated. Immune dysregulation is a

well-established etiology for a subset of individuals with ASD (Croen et al., 2019; Ramaswami

et al., 2020; Robinson-Agramonte et al., 2022), and increasing levels of pro-inflammatory

cytokines have been associated with GI dysfunction in ASD (Ashwood & Wakefield, 2006;

Jyonouchi, Geng, Streck, & Toruner, 2011; Samsam, Ahangari, & Naser, 2014), as well as with

ASD severity (Ashwood et al., 2011; Masi et al., 2017). IL-17a receptors are expressed

throughout the developing and adult human brain (Fujitani, Miyajima, Otani, & Liu, 2022), and

plasma IL-17a levels were shown to correlate with cognitive function in individuals with

Parkinson's disease (Green, Khosousi, & Svenningsson, 2019) and multiple sclerosis (Trenova et

al., 2018).

Identifying the clinical characteristics of individuals with ASD reported to improve when febrile

will advance our understanding of the neurobiological mechanisms underlying behavioral

modifications in ASD. We therefore used various machine learning approaches to dissect the rich

phenotypic data of the SSC (Fischbach & Lord, 2010) and comparatively characterize the fever

responsive subgroup of individuals with ASD, in an unbiased, data-driven fashion.

METHODS

Patients and Datasets Used

We mined the SSC data repository (version 15), which includes comprehensive clinical,

behavioral, genomic, and demographic data from 2,951 families with one child diagnosed with

ASD (Fischbach & Lord, 2010). Among the SSC inclusion criteria are proband age between 4

and 17.9 years, Autism Diagnostic Interview–Revised (ADI-R) and Autism Diagnostic

Observation Schedule (ADOS) based diagnoses, and minimal nonverbal cognitive abilities as

measured by the Differential Ability Scales-II (DAS-II), Wechsler Intelligence Scale for

Children (WISC-IV), or Wechsler Abbreviated Scale of Intelligence (WASI). Exclusion criteria

included pregnancy or birth complications, nutritional or psychological deprivation, and family

members with ASD, mental retardation, or schizophrenia. Informed consent was obtained and

approved by local Institutional Review Boards at each of the 12 data collection sites included in

the SSC (https://www.sfari.org/resource/simons-simplex-collection-sites/). Consequently, the

Boston Children's Hospital Institutional Review Board has determined that this particular

research qualifies as exempt from the requirements of human subjects protection regulations.

Data Analysis

Feature selection. With a goal of pointing to likely underlying neurobiological mechanisms, we

focused on medical variables of the SSC Phenotype Dataset, as well as those considered core and

commonly used. In all, 404 variables were selected from 29 SSC tables based on these criteria

(**Supplementary Table 1**). Of these, 185 sparse and/or closely related variables were aggregated

into 29 summary statistics (**Supplementary Table 2**). Then 44 variables were removed due to

having > 30% missing values, and 20 others were removed for having a constant value across the

entire cohort. **Supplementary Figure 1** depicts this feature selection process.

Continuous variable clustering. Pairwise correlations were calculated between 82 continuous

variables. Variables were represented as nodes and edges joined two nodes if their $R^2 \geq 0.7$.

Clusters were defined as connected components in this graph. A total of 11 multivariate clusters

and 31 single feature clusters were identified (**Supplementary Figure 2** and **Supplementary**

Table 3).

Categorical variable clustering. Pairwise Fisher's exact tests were calculated between 244

categorical variables, using Monte Carlo simulations with $B=1\times10^7$ where needed. Variables

were represented as nodes and edges joined two nodes if their Fisher's exact association P-value

was $\leq 9\times10^{-6}$. This specific P-value threshold was selected as the Benjamini-Hochberg corrected

P-value at the jump point in the number of clusters as a function of the P-value (**Supplementary**

Figure 3A). Clusters were defined as communities of information flow (Rosvall & Bergstrom,

2008) in this variable association graph. A total of 15 multivariate clusters and 83 single feature

clusters were identified using R's igraph package (Csardi & Nepusz, 2006) (**Supplementary**

Figure 3B and **Supplementary Table 4**).

Characterizing the population of fever responders. Variable clusters described above were

tested against a binary target of parental response to whether their child seems to show any

improvement in symptoms of autism when s/he has a fever? Children whose parents answered

"yes" were labeled as fever responders, those whose parents replied "no" were labeled non-

responders, and those whose parents were unsure were ignored. Mann-Whitney U tests were

used to assess differences in continuous clusters between responders and non-responders, while

Fisher's exact tests were used for inter-group comparisons of categorical clusters. We used

bootstrap validation to stabilize the analysis by repeatedly resampling (n=10,000) equally sized

populations from both groups and calculating bootstrapped statistics. Throughout the manuscript,

we report median P values and odds ratios (ORs), as well as 95% confidence intervals (CIs) of

the bootstrap samples.

Domains of improvement analysis. For responders, parental reports included a yes/no answer

to observing behavioral changes in the following ASD domains: cognition, social skills,

communication, temper, and repetitive behavior. Fisher's exact tests were used to examine

dependencies between domains.

Network structure of fever response characteristics. To identify clinical features indirectly

associated with fever response, the analysis described under "Characterizing the population of

responders" was repeated for the strongest fever response predictors. Specifically, the target

variable was changed from fever response to (A) maternal infection in pregnancy, and (B) GI

dysfunction. The most associated features were then joined to a network based on their odds

ratios.

Multivariate predictive power assessment. Continuous and categorical variable clusters found

to be related to fever response were integrated into a multivariate classifier using forward feature

selection in a support vector machine (SVM), random forest (RF), and generalized linear model

(GLM). A subset of 1,340 individuals (235 responders and 1,105 non-responders) that had

complete data in all 20 significant variable clusters was included in this analysis. The relative

frequency of responders in this sample is consistent with that of the entire SSC. The R packages

kernlab (Karatzoglou, Smola, Hornik, & Zeileis, 2004), randomForest (Liaw & Wiener, 2002),

and stats (R Core Team, 2014) were used for model fitting. Repeated (n=100) 10-fold cross

validation was used to assess the models' area under the receiver operator characteristics curve

(AUC).

Assessing the relative importance of maternal awareness. We examined the importance of

maternal social cognition in reporting a proband's fever response relative to other variables in the

multivariate classifier described above. A GLM and RF were used to rank variable importance

and compare the predictive power of an integrative model fit with and without the maternal

social cognition variable. The R packages stats (R Core Team, 2014), randomForest (Liaw &

Wiener, 2002), and ROCR (Sing, Sander, Beerenwinkel, & Lengauer, 2005) were used for GLM

training, RF modeling, and calculating the area under the receiver operator characteristics curve

(AUC), respectively.

Multiple testing correction. All P values were corrected for multiple comparisons using the

Benjamini-Hochberg procedure (Benjamini & Hochberg, 1995). The false discovery rate (FDR)

of this study was controlled at $\alpha = 0.05$.

RESULTS

Considering 404 relevant clinical characteristics of the SSC Phenotype Dataset (**Supplementary**

Table 1 and **Methods**), we identified 17 clusters of continuous variables significantly correlated

with fever response (**Supplementary Table 3**), and three clusters of categorical variables

significantly associated with fever response (**Supplementary Table 4**). We refer to each cluster

with the name of its centroid variable. The most salient differences between fever responders and

non-responders were behavioral and cognitive, all previously reported by Grzadzinski et al. in

their pioneering analysis of the SSC phenotypic data (**Supplementary Table 3** and Grzadzinski

et al., 2017). Here we focus on presenting findings of our unsupervised data-driven analyses that

were not previously reported.

During febrile episodes, 1 in every 6 children with ASD is reported to demonstrate

behavioral improvements across associated ASD domains

In accordance with findings first described by Grzadzinski et al. (2017), of 2,253 children with

ASD and parental reports of behavior when febrile, 377 (16.7%, 95% CI = [15.2%, 18.3%]) were

observed to exhibit improvements in ASD symptoms. Parents of 1,767 probands (78.4%, 95% CI

= [76.6%, 80%]) reported no such improvement, and parents of the remaining 109 (4.8%, 95%

CI = [4%, 5.8%]) were unsure of their child's behavioral changes while febrile. First, to

understand the nature of the reported fever response, we examined the relationships among ASD

domains of improvement (**Figure 1**). Dependencies were detected between improvement in

cognition and social behavior (OR = 2.14, 95% CI= [1.24, 3.71], P = 3.5×10^{-3}), improvement in

cognition and communication (OR = 2.16, 95% CI= [1.24, 3.79], P = 4.2×10^{-3}), and, not

surprisingly, improvement in communication and social behavior (OR = 2.7, 95% CI= [1.72,

4.26], P < 1×10^{-6}). The latter is consistent with their merging into a single ASD domain in the

Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5) (American

Psychiatric Association, 2013). Furthermore, we found that probands that improve in temper

when febrile were less likely to exhibit communication improvements (OR = 0.56, 95% CI=

[0.36, 0.86], P= 6.8×10^{-3}). We further compared improvement in any one domain to

improvement in the remaining four domains, to test whether any specific domain stands out on

its own. Improvement in each domain was strongly associated with improvement in the other

domains (P = 1×10^{-8}, Fisher's exact test, **Supplementary Figure 4**), implying that fever

responders tend to improve in several ASD domains and not in any specific one.

Maternal infection in pregnancy is strongly associated with fever response in children with

ASD

Mothers of children reported to improve when febrile also tended to report having had an

infection during pregnancy, including herpes, influenza, and enterovirus infections (**Figure 2A**,

OR = 1.7, 95% CI = [1.42, 2.03], P = 4.24×10^{-4}). Specifically, maternal infection in pregnancy is

associated with improvement in repetitive behavior (OR=3.15, 95% CI = [2.14-4.96], P <

1.00×10^{-5}), improvement in social interaction (OR = 2.32, 95% CI = [1.63,3.45], P = 3.03×10^{-6}),

and improvement in communication skills (OR = 1.84, 95% CI = [1.34,2.56], P = 1.68×10^{-4}).

Fever response is strongly related to GI dysfunction in children with ASD

Children reported to improve during febrile episodes were more likely to be reported as suffering

from various GI dysfunctions, including diarrhea, bloating, and severe abdominal pain

(**Supplementary Figure 5**, OR=1.46, 95% CI = [1.15, 1.81], P = 1.94×10^{-3}). The more severe

the overall GI symptoms, the greater the chance for observed behavioral improvement during

febrile episodes (**Figure 2B**, Wilcoxon P = 8.81×10^{-18}).

Network analysis identifies relationships between fever response, maternal infection in

pregnancy, and GI dysfunction

To clinically characterize the ASD subtype of fever responders, we also examined clinical

features indirectly associated with fever response. This analysis revealed that autoimmune

disorders in the family, neuropsychiatric disorders in the family, and language disorders in the

family are all characteristics of fever response, linked via GI dysfunction and maternal infection

during pregnancy (**Figure 3**).

Maternal social cognition confounds fever response characterization

Maternal social cognition scores, as measured by the SRS, were lower for mothers of children

reported to improve when febrile, reflecting a greater maternal ability to interpret social cues

once they are picked up (**Supplementary Figure 6A**, P=3.94×10^{-3}). No relationship was

detected between paternal social cognition and a proband's fever response (**Supplementary**

Figure 6B, P = 0.17). Since SSC mothers tend to be those responsible for most parental reports,

this finding suggests that maternal social abilities represent a confounder in this analysis, which

future study designs should minimize.

Multivariate analysis demonstrates that further fever effect determinants remain to be

discovered

We used multivariate modeling to understand the overall and relative contributions of the

identified fever effect determinants. Forward feature selection was first applied to identify the

optimal combination of clinical characteristics most informative of fever response

(**Supplementary Figure 7**). Using repeated 10x cross validation, we found that logistic

regression with nine variables predicted fever response with a mean AUC of 0.696 (0.056)

(**Supplementary Figure 7**). Variable ranking identified the most informative determinants to be

verbal IQ, ADI-R verbal communication score, and ADI-R repetitive and restricted behavior

(RRB) score, all previously reported by Grzadzinski et al. (**Supplementary Figure 8**). We used

two complementary approaches to assess the impact of the maternal SRS social cognition

confounder. In the first, we excluded this variable from the optimal model and compared the

model's performance with and without the maternal social cognition variable. Compared to the

full model's mean AUC of 0.696 (0.056), the maternal SRS social cognition –null model

performed with a mean AUC of 0.678 (0.059), suggesting that although maternal cognition

confounds our analysis, its overall contribution to the fever effect characterization is modest

(**Supplementary Figure 9**). In the second approach, we matched responders and non-responders

based on their maternal SRS social cognition scores, and tested the predictive power of the

optimal multivariate model on these subpopulations. The resulting mean AUC of 0.679 (0.061)

(**Supplementary Figure 10**) suggests that further fever effect determinants remain to be

discovered.

DISCUSSION

This data-driven analysis of the fever effect in ASD provides a comprehensive characterization

of the fever-responsive ASD subtype. The previous study analyzing the same data focused

mainly on behavioral and cognitive characteristics of fever responders, highlighting the role of

repetitive and restrictive behaviors and lower non-verbal IQ as their most distinctive features

(Grzadzinski et al., 2017). The machine learning approaches utilized in our study represent

complementary analyses that support and extend their findings, focusing on medical

characteristics of probands and their family members. While the non-behavioral differences are

more modest than the behavioral ones, our network analysis suggests that they could hold the

key to understanding how the fever effect is linked with other neuropsychiatric, autoimmune,

and language disorders, and point to likely neurobiological mechanisms.

The strong association of familial characteristics with fever response predictors suggests that

fever response in ASD might have a substantial inherited component. Moreover, since each of

these features has been linked to pro-inflammatory cytokine dysregulation, namely the

interleukin (IL)-17, IL-6, and IL-2 pathways (Choi et al., 2016; Estes & McAllister, 2016;

Ferguson et al., 2016; Hsiao, McBride, Chow, Mazmanian, & Patterson, 2012; Hsiao et al.,

2013; Jyonouchi, Geng, Ruby, & Zimmerman-Bier, 2005; Jyonouchi et al., 2011; Samsam et al.,

2014; Shin Yim et al., 2017), our findings hint to a likely underlying neurobiological mechanism

in humans.

Our work is consistent with recent studies in ASD animal models exposed to maternal immune

activation (MIA) in utero. Specifically, findings in mice show that MIA causes elevated

production of proinflammatory cytokines such as IL-17a (Choi et al., 2016; Kalish et al., 2021;

Reed et al., 2020), which cross the placenta and affect mRNA translation in the developing fetal

brain, increasing the risk for neurodevelopmental disorders such as ASD (Kalish et al., 2021;

Reed et al., 2020). Moreover, IL-17a was shown to alter the maternal gut microbiota, which

renders the immune system of the offspring more susceptible to GI inflammatory responses

(Eunha Kim et al., 2022; Kim et al., 2017). Importantly, MIA models of ASD show

improvement in social behaviors during lipopolysaccharide (LPS)-induced inflammation,

mediated by elevated IL-17a production (Reed et al., 2020). Accordingly, our findings provide

the first evidence for a subset of human subjects with ASD exposed to maternal immune

activation in utero, with comorbid GI dysfunction, and improved behaviors during febrile

episodes. Our findings suggest that proinflammatory cytokines might underly the reported

beneficial effects of fever in this subgroup.

Moreover, the association of familial autoimmune, neuropsychiatric, and language disorders with

this subtype provides further support for the involvement of pro-inflammatory cytokines, since

these disorders share a well-documented immune dysregulation etiology (Cerri, Caleo, & Bozzi,

2017; Estes & McAllister, 2016; Hunter & Jones, 2015; Knuesel et al., 2014; Tabarkiewicz,

Pogoda, Karczmarczyk, Pozarowski, & Giannopoulos, 2015). One implication of our findings is

that proinflammatory cytokines might also have beneficial effects in these disorders, consistent

with findings in MIA mice. Indeed, several anecdotal reports describe symptom amelioration in

some individuals with attention deficit hyperactivity disorder (ADHD) (Marner), schizophrenia

(Zuschlag, Lalich, Short, Hamner, & Kahn, 2016), and bipolar disorder (BP) (Setsaas & Vaaler,

2014) during febrile episodes. Further research should characterize the fever effect in these

neurodevelopmental disorders. Though some changes in behavior at times of illness are expected

(e.g., higher lethargy, reduced aggressiveness), improvements such as enhanced communication

skills, less repetitive behaviors, or cognitive improvements are surprising. For ASD, a common

neurodevelopmental disorder with no pharmacological treatment options, this natural remedy

represents one of few leads toward therapy.

Our study has several limitations. Its main limitation stems from its source of data, namely

retrospective parent reports. A reliance on retrospective memory introduces several biases to the

data. While major medical events and demographic features during pregnancy (such as time of

pregnancy) are reported accurately, other events, including maternal infection, are typically

underestimated (Buka, Goldstein, Spartos, & Tsuang, 2004; Voldsgaard et al., 2002). Parental

reports might introduce additional bias, as evidenced by the confounding effect of the mother's

social cognition. Besides that, other parental biases not directly captured in the data might have

affected our results. These include the amount of time the parents spend with their child, parental

tendency to track symptoms and be alerted to changes, and the frequency of febrile episodes in

the child.

Another limitation of this study is that by basing our analyses on a simple "yes/no" target we

ignore the degree of improvement, the possibility of an opposite effect (i.e., worse behavior), the

fever effect's dynamics throughout development, and more precise diagnoses reflecting the cause

of fever during which improvement was observed. Additionally, other factors may influence a

child's behavior when he or she are sick, including increased parental or caregiver stress,

increased attention, changes in sleep patterns, and changes in nutrition.

Follow up prospective studies could resolve these limitations by (A) minimizing parental

reporting biases, e.g., with the help of technology, (B) dissecting the immune processes

accompanying behavioral changes, (C) incorporating electronic health record data for a more

precise characterization of the fever-responsive ASD subtype, and (D) fine-mapping the

behavioral domains that do and do not vary in response to immune insults. For example, a

smartphone app could be used to track behavioral changes and comorbid conditions in real time.

CONCLUSIONS

An emerging subtype of fever-responsive ASD may be characterized by GI abnormalities,

maternal infection in pregnancy, and familial autoimmune and neuropsychiatric disorders. Our

work suggests that the fever effect might be shared across neurodevelopmental disorders,

implying that similar analyses would be informative for dissecting ADHD, schizophrenia, and

BP. Our findings suggest that future studies of circulating pro-inflammatory cytokine dynamics

and their relations to fever and behavioral changes in human subjects could pave the way

towards the development of targeted treatment options for this ASD subtype and other immune-

mediated neurodevelopmental disorders.

REFERENCES

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders (5th ed.)*.

Ashwood, P., Krakowiak, P., Hertz-Picciotto, I., Hansen, R., Pessah, I., & Van de Water, J. (2011). Elevated plasma cytokines in autism spectrum disorders provide evidence of immune dysfunction and are associated with impaired behavioral outcome. *Brain Behav Immun, 25*(1), 40-45. doi:10.1016/j.bbi.2010.08.003

Ashwood, P., & Wakefield, A. J. (2006). Immune activation of peripheral blood and mucosal CD3+ lymphocyte cytokine profiles in children with autism and gastrointestinal symptoms. *J Neuroimmunol, 173*(1-2), 126-134. doi:10.1016/j.jneuroim.2005.12.007

Benjamini, Y., & Hochberg, Y. (1995). Controlling the false discovery rate: a practical and powerful approach to multiple testing. *Journal of the Royal Statistical Society, Series B 57*(1), 289–300.

Buka, S. L., Goldstein, J. M., Spartos, E., & Tsuang, M. T. (2004). The retrospective measurement of prenatal and perinatal events: accuracy of maternal recall. *Schizophrenia Research, 71*(2), 417-426. doi:https://doi.org/10.1016/j.schres.2004.04.004

Cerri, C., Caleo, M., & Bozzi, Y. (2017). Chemokines as new inflammatory players in the pathogenesis of epilepsy. *Epilepsy Res, 136*, 77-83. doi:10.1016/j.eplepsyres.2017.07.016

Chen, C., Itakura, E., Nelson, G. M., Sheng, M., Laurent, P., Fenk, L. A., . . . de Bono, M. (2017). IL-17 is a neuromodulator of Caenorhabditis elegans sensory responses. *Nature, 542*(7639), 43-48. doi:10.1038/nature20818

Choi, G. B., Yim, Y. S., Wong, H., Kim, S., Kim, H., Kim, S. V., . . . Huh, J. R. (2016). The maternal interleukin-17a pathway in mice promotes autism-like phenotypes in offspring. *Science, 351*(6276), 933-939. doi:10.1126/science.aad0314

Cotterill, R. M. (1985). Fever in autistics. *Nature, 313*, 426. doi:10.1038/313426c0

Croen, L. A., Qian, Y., Ashwood, P., Daniels, J. L., Fallin, D., Schendel, D., . . . Zerbo, O. (2019). Family history of immune conditions and autism spectrum and developmental disorders: Findings from the study to explore early development. *Autism Res, 12*(1), 123-135. doi:10.1002/aur.1979

Csardi, G., & Nepusz, T. (2006). The igraph software package for complex network research.

Curran, L. K., Newschaffer, C. J., Lee, L. C., Crawford, S. O., Johnston, M. V., & Zimmerman, A. W. (2007). Behaviors associated with fever in children with autism spectrum disorders. *Pediatrics, 120*(6), e1386-1392. doi:10.1542/peds.2007-0360

Epstein, N. N. (1936). Artificial Fever as a Therapeutic Procedure. *California and Western Medicine, 44*(5), 357-358.

Estes, M. L., & McAllister, A. K. (2016). Maternal immune activation: Implications for neuropsychiatric disorders. *Science, 353*(6301), 772-777. doi:10.1126/science.aag3194

Ferguson, B. J., Marler, S., Altstein, L. L., Lee, E. B., Mazurek, M. O., McLaughlin, A., . . . Beversdorf, D. Q. (2016). Associations between cytokines, endocrine stress response, and gastrointestinal symptoms in autism spectrum disorder. *Brain Behav Immun, 58*, 57-62. doi:10.1016/j.bbi.2016.05.009

Fischbach, G. D., & Lord, C. (2010). The Simons Simplex Collection: a resource for identification of autism genetic risk factors. *Neuron, 68*(2), 192-195. doi:10.1016/j.neuron.2010.10.006

Flynn, S. M., Chen, C., Artan, M., Barratt, S., Crisp, A., Nelson, G. M., . . . de Bono, M. (2020). MALT-1 mediates IL-17 neural signaling to regulate C. elegans behavior, immunity and longevity. *Nat Commun, 11*(1), 2099. doi:10.1038/s41467-020-15872-y

Fujitani, M., Miyajima, H., Otani, Y., & Liu, X. (2022). Maternal and Adult Interleukin-17A Exposure and Autism Spectrum Disorder. *Front Psychiatry, 13*, 836181. doi:10.3389/fpsyt.2022.836181

Gloria Choi. (2022). *Neuron, 110*(21), 3415-3417. doi:10.1016/j.neuron.2022.10.011

Green, H. F., Khosousi, S., & Svenningsson, P. (2019). Plasma IL-6 and IL-17A Correlate with Severity of Motor and Non-Motor Symptoms in Parkinson's Disease. *J Parkinsons Dis, 9*(4), 705-709. doi:10.3233/JPD-191699

Grzadzinski, R., Lord, C., Sanders, S. J., Werling, D., & Bal, V. H. (2017). Children with autism spectrum disorder who improve with fever: Insights from the Simons Simplex Collection. *Autism Res*. doi:10.1002/aur.1856

Harrington, J. W., & Allen, K. (2014). The clinician's guide to autism. *Pediatr Rev, 35*(2), 62-78; quiz 78. doi:10.1542/pir.35-2-62

Hsiao, E. Y., McBride, S. W., Chow, J., Mazmanian, S. K., & Patterson, P. H. (2012). Modeling an autism risk factor in mice leads to permanent immune dysregulation. *Proc Natl Acad Sci U S A, 109*(31), 12776-12781. doi:10.1073/pnas.1202556109

Hsiao, E. Y., McBride, S. W., Hsien, S., Sharon, G., Hyde, E. R., McCue, T., . . . Mazmanian, S. K. (2013). Microbiota modulate behavioral and physiological abnormalities associated with neurodevelopmental disorders. *Cell, 155*(7), 1451-1463. doi:10.1016/j.cell.2013.11.024

Hunter, C. A., & Jones, S. A. (2015). IL-6 as a keystone cytokine in health and disease. *Nat Immunol, 16*(5), 448-457. doi:10.1038/ni.3153

Jyonouchi, H., Geng, L., Ruby, A., & Zimmerman-Bier, B. (2005). Dysregulated innate immune responses in young children with autism spectrum disorders: their relationship to gastrointestinal symptoms and dietary intervention. *Neuropsychobiology, 51*(2), 77-85. doi:10.1159/000084164

Jyonouchi, H., Geng, L., Streck, D. L., & Toruner, G. A. (2011). Children with autism spectrum disorders (ASD) who exhibit chronic gastrointestinal (GI) symptoms and marked fluctuation of behavioral symptoms exhibit distinct innate immune abnormalities and transcriptional profiles of peripheral blood (PB) monocytes. *J Neuroimmunol, 238*(1-2), 73-80. doi:10.1016/j.jneuroim.2011.07.001

Kalish, B. T., Kim, E., Finander, B., Duffy, E. E., Kim, H., Gilman, C. K., . . . Huh, J. R. (2021). Maternal immune activation in mice disrupts proteostasis in the fetal brain. *Nature Neuroscience, 24*(2), 204-213. doi:10.1038/s41593-020-00762-9

Karatzoglou, A., Smola, A., Hornik, K., & Zeileis, A. (2004). kernlab - An S4 Package for Kernel Methods in R. *Journal of Statistical Software, 11*(9), 1 - 20. doi:10.18637/jss.v011.i09

Kim, E., Paik, D., Ramirez, R. N., Biggs, D. G., Park, Y., Kwon, H.-K., . . . Huh, J. R. (2022). Maternal gut bacteria drive intestinal inflammation in offspring with neurodevelopmental disorders by altering the chromatin landscape of CD4+ T cells. *Immunity, 55*(1), 145-158.e147. doi:https://doi.org/10.1016/j.immuni.2021.11.005

Kim, E., Paik, D., Ramirez, R. N., Biggs, D. G., Park, Y., Kwon, H. K., . . . Huh, J. R. (2022). Maternal gut bacteria drive intestinal inflammation in offspring with neurodevelopmental

disorders by altering the chromatin landscape of CD4(+) T cells. *Immunity, 55*(1), 145-158 e147. doi:10.1016/j.immuni.2021.11.005

Kim, S., Kim, H., Yim, Y. S., Ha, S., Atarashi, K., Tan, T. G., . . . Huh, J. R. (2017). Maternal gut bacteria promote neurodevelopmental abnormalities in mouse offspring. *Nature, 549*(7673), 528-532. doi:10.1038/nature23910

Knuesel, I., Chicha, L., Britschgi, M., Schobel, S. A., Bodmer, M., Hellings, J. A., . . . Prinssen, E. P. (2014). Maternal immune activation and abnormal brain development across CNS disorders. *Nat Rev Neurol, 10*(11), 643-660. doi:10.1038/nrneurol.2014.187

Liaw, A., & Wiener, M. (2002). Classification and regression by randomForest. *R news, 2*(3), 18-22.

Maenner, M. J., Shaw, K. A., Bakian, A. V., Bilder, D. A., Durkin, M. S., Esler, A., . . . Cogswell, M. E. (2021). Prevalence and Characteristics of Autism Spectrum Disorder Among Children Aged 8 Years - Autism and Developmental Disabilities Monitoring Network, 11 Sites, United States, 2018. *MMWR Surveill Summ, 70*(11), 1-16. doi:10.15585/mmwr.ss7011a1

Marner, K. The ADHD Fever Effect. Retrieved from https://www.additudemag.com/the-adhd-fever-effect/

Masi, A., Breen, E. J., Alvares, G. A., Glozier, N., Hickie, I. B., Hunt, A., . . . Guastella, A. J. (2017). Cytokine levels and associations with symptom severity in male and female children with autism spectrum disorder. *Mol Autism, 8*, 63. doi:10.1186/s13229-017-0176-2

R Core Team. (2014). R: A language and environment for statistical computing. R Foundation for Statistical Computing, Vienna, Austria: Available online at https://www.R-project.org/.

Raju, T. N. (2006). Hot brains: manipulating body heat to save the brain. *Pediatrics, 117*(2), e320-321. doi:117/2/e320 [pii]

10.1542/peds.2005-1934

Ramaswami, G., Won, H., Gandal, M. J., Haney, J., Wang, J. C., Wong, C. C. Y., . . . Geschwind, D. H. (2020). Integrative genomics identifies a convergent molecular subtype that links epigenomic with transcriptomic differences in autism. *Nat Commun, 11*(1), 4873. doi:10.1038/s41467-020-18526-1

Reed, M. D., Yim, Y. S., Wimmer, R. D., Kim, H., Ryu, C., Welch, G. M., . . . Choi, G. B. (2020). IL-17a promotes sociability in mouse models of neurodevelopmental disorders. *Nature, 577*(7789), 249-253. doi:10.1038/s41586-019-1843-6

Robinson-Agramonte, M. L. A., Noris Garcia, E., Fraga Guerra, J., Vega Hurtado, Y., Antonucci, N., Semprun-Hernandez, N., . . . Siniscalco, D. (2022). Immune Dysregulation in Autism Spectrum Disorder: What Do We Know about It? *Int J Mol Sci, 23*(6). doi:10.3390/ijms23063033

Rosvall, M., & Bergstrom, C. T. (2008). Maps of random walks on complex networks reveal community structure. *Proc Natl Acad Sci U S A, 105*(4), 1118-1123. doi:10.1073/pnas.0706851105

Samsam, M., Ahangari, R., & Naser, S. A. (2014). Pathophysiology of autism spectrum disorders: revisiting gastrointestinal involvement and immune imbalance. *World J Gastroenterol, 20*(29), 9942-9951. doi:10.3748/wjg.v20.i29.9942

Setsaas, A., & Vaaler, A. E. (2014). Can cycles of chills and fever resolve bipolar disorder mania? *BMJ Case Rep, 2014*. doi:10.1136/bcr-2013-203127

Shin Yim, Y., Park, A., Berrios, J., Lafourcade, M., Pascual, L. M., Soares, N., . . . Choi, G. B.
(2017). Reversing behavioural abnormalities in mice exposed to maternal inflammation.
Nature, 549(7673), 482-487. doi:10.1038/nature23909
Sing, T., Sander, O., Beerenwinkel, N., & Lengauer, T. (2005). ROCR: visualizing classifier
performance in R. *Bioinformatics, 21*(20), 3940-3941. doi:10.1093/bioinformatics/bti623
Sullivan, R. C. (1980). Why do Autistic Children...? *Journal of Autism and Developmental*
Disorders, 10(2), 231-241.
Tabarkiewicz, J., Pogoda, K., Karczmarczyk, A., Pozarowski, P., & Giannopoulos, K. (2015).
The Role of IL-17 and Th17 Lymphocytes in Autoimmune Diseases. *Arch Immunol Ther*
Exp (Warsz), 63(6), 435-449. doi:10.1007/s00005-015-0344-z
Trenova, A. G., Slavov, G. S., Draganova-Filipova, M. N., Mateva, N. G., Manova, M. G.,
Miteva, L. D., & Stanilova, S. A. (2018). Circulating levels of interleukin-17A, tumor
necrosis factor-alpha, interleukin-18, interleukin-10, and cognitive performance of
patients with relapsing-remitting multiple sclerosis. *Neurol Res, 40*(3), 153-159.
doi:10.1080/01616412.2017.1420522
Voldsgaard, P., Schiffman, J., Mednick, S., Rodgers, B., Christensen, H., Bredkjaer, S., &
Schulsinger, F. (2002). Accuracy of retrospective reports of infections during pregnancy.
International Journal of Methods in Psychiatric Research, 11(4), 184-186.
doi:https://doi.org/10.1002/mpr.136
Zuschlag, Z. D., Lalich, C. J., Short, E. B., Hamner, M., & Kahn, D. A. (2016). Pyrotherapy for
the Treatment of Psychosis in the 21st Century: A Case Report and Literature Review. *J*
Psychiatr Pract, 22(5), 410-415. doi:10.1097/PRA.0000000000000181

FIGURE LEGENDS

Figure 1. Relationships among domains of improvement during febrile episodes

among 2,253 SSC probands. Pairwise overlap in ASD domains of improvement,

visualized by Venn diagrams noting the number of individuals reported to improve in either

and both domains. ORs and their P values quantify the strength and significance of domain

association, respectively. *Significant associations (FDR< 0.05).

Figure 2. Predictors of fever response. (**A**) Maternal infection in pregnancy is strongly

associated with fever response in the proband (OR = 1.7, 95% CI = [1.42, 2.03], P =

4.24×10^{-4}). The plot shows the percent of individuals reported to improve when febrile out

of all those with answers to questions about maternal infections in pregnancy. (**B**) Fever

responders tend to be children with ASD and more severe GI comorbidities (Wilcoxon P =

8.81×10^{-18}).

Figure 3. Network structure of the clinical characteristics of children with ASD responding

to fever. Shown are clinical features directly and indirectly associated with fever response, their

ORs, 95% CIs, and association P values.

Conflict of interest: All authors declare no conflict of interest.