A self-blinking DNA probe for live-cell 3D imaging of native chromatin

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ABSTRACT

Single-molecule localization microscopy is a powerful superresolution imaging technique to study

biological questions by visualizing subcellular fine structures with nanometer-scale precision. However,

its application in live-cell imaging studies has been impeded by the paucity of self-blinking organic

fluorophores that enable high spatiotemporal resolution and labeling/localization density even at a

reduced laser intensity. Herein, we report a self-blinking Si-rhodamine **6-HESiR** and a self-blinking

fluorogenic DNA probe **6-HoeHESiR** developed by structural fine-tuning to suitably increase the "ON"

state population. With this chemical probe, we achieved high spatiotemporal resolution and labeling

density in the first live-cell 3D superresolution imaging of chromatin fibers with structural

polymorphism, even at a modest laser intensity. Selective inhibition of histone deacetylases led to

decompaction of chromatin fibers due to hyperacetylation of histones. Our 3D imaging results suggest a

model of DNA packaging in interphase with the hierarchical organization of nucleosomal arrays and

chromatin fibers.

INTRODUCTION

Superresolution fluorescence microscopy is a powerful tool for interrogating important biological

questions. By bypassing the diffraction limit of light, superresolution microscopy has been developed to

visualize previously unresolvable fine subcellular structures with nanometer-scale precision[1-6]. However,

the best-performing commercial organic dyes (e.g., Alexa 647) widely used for single-molecule

localization microscopy (SMLM) still suffer from poor cell permeability and photoswitching buffers

that are highly reducing and incompatible with live cells[2,6]. Such limitations have impeded the study of

important biological questions by live-cell SMLM. In recent years, self-blinking organic fluorophores

such as **HMSiR**[7-10] were developed for SMLM of living cells without using live-cell incompatible

photoswitching buffers and 405-nm laser. Yet, high-quality imaging results with high spatiotemporal

resolution and labeling density were only achieved in 2D imaging of endoplasmic reticulum (ER)[11] with

very high laser intensity[12]. It is still a formidable challenge to achieve high spatiotemporal resolution

and labeling density in 3D live-cell SMLM, even at a moderate excitation laser intensity. There is an

important principle that the number of "ON" state fluorophores in each frame should be as high as

possible to minimize the acquisition time, while it is low enough to avoid PSF overlaps[6]. Currently, a

criterion of $pK_{cycl} < 6$ has been adopted for developing self-blinking fluorophores[7-10] without testing

those with $pK_{cycl} > 6$. Moreover, there has been no effort to fine-tune the "ON" state population for

optimal imaging quality and performance. Therefore, we developed a self-blinking Si-rhodamine

6-HESiR with a suitably increased "ON" fraction by employing the structural fine-tuning strategy[13-15].

By connecting **6-HESiR** to a Hoechst fragment for DNA minor groove binding, we obtained a

self-blinking fluorogenic probe **6-HoeHESiR** for imaging native chromatin in living cells. This probe

has been validated with *in vitro* reconstituted nucleosomal arrays and 30-nm chromatin fibers, and our

3D imaging results are consistent with EM images. The 3D visualization of both nucleosomal arrays and

chromatin fibers in living cells has been achieved with high spatiotemporal resolution and labeling

density, even at a reduced laser intensity for lower phototoxicity. We observed structural plasticity of

chromatin fibers in both HeLa cells and chicken erythrocytes. Fast chromatin fiber dynamics were

captured with less than 2-second temporal resolution, and the mean resting/dwelling lifetime of

chromatin fibers was estimated to be 0.6 seconds in HeLa cells and 1 second in chicken erythrocytes.

We also observed the decompaction of chromatin fibers induced by small-molecule inhibitors of histone

deacetylases (HDACs), providing the first live-cell evidence for the direct link between histone

acetylation state and 3D chromatin organization with unprecedented resolution.

RESULTS

The development of a self-blinking fluorogenic DNA probe

To achieve high spatiotemporal resolution and labeling density in 3D live-cell SMLM, we conceived a

structural fine-tuning strategy for self-blinking fluorophores with the following criteria: 1) absorption

maximum in the deep red and near infrared regions to minimize autofluorescence and phototoxicity to

living cells[12] ; 2) a fine-tuned fluorescent "ON" state population for optimal localization number per

frame to achieve sufficient labeling density in a short acquisition time while preventing signal overlap[6];

3) take into account the pH and hydrophobicity that influence the "ON" state population[11]. Based on this

new strategy, we developed a self-blinking Si-rhodamine **6-HESiR** (Fig. 1a-b) by installing a

hydroxyethyl nucleophile on the upper ring[16,17]. The cyclization/ring opening self-blinking equilibrium

is expected to shift toward the open, fluorescent "ON" state. This new fluorophore **6-HESiR** was

successfully prepared with an efficient synthetic route (Supplementary Information), and it could

potentially increase the localization number per frame significantly for fast acquisition of sufficient localizations to resolve dynamic fine structures. The "ON" state population of **6-HESiR** was found to be 20% at physiological pH in aqueous buffer with **SiR650** as the benchmark of the 100% "ON" state (Fig. 1b-c, Extended Data Fig. 1), and the pK_{cycl} value of **6-HESiR** was determined to be 6.6 based on its pH titration curve (Fig. 1d), higher than that of **HMSiR** (pK_{cycl} = 5.8, Fig. 1a).

The successful implementation of live-cell SMLM hinges not only on the self-blinking fluorophore but also on a fully biocompatible labeling strategy that is noninvasive, highly selective, and artifact-free with high labeling density. In this regard, we chose the Hoechst tagging strategy[18], as it has found some success in developing fluorogenic probes for live-cell chromatin imaging[18-23] with low cytotoxicity. The Hoechst moiety could perform highly selective noncovalent binding to the DNA minor groove with negligible linkage error between the target DNA molecule and the self-blinking **6-HESiR**. Therefore, we designed and synthesized **6-HoeHESiR** by connecting **6-HESiR** and the Hoechst fragment with a carbamate linker (Fig. 1e). The *in vitro* binding of **6-HoeHESiR** to a benchmark hairpin DNA (hpDNA) molecule (Fig. 1f) with an AATT Hoechst binding site[24] was studied by fluorescence titration. In the absence of hpDNA, the fluorescence of **6-HoeHESiR** was nearly quenched (Fig. 1h). A dose-dependent fluorescence turn-on was observed upon the addition of increasing equivalents of hpDNA to **6-HoeHESiR** (Fig. 1g). A 43-fold fluorescence increase (Fig. 1h) with 14 µM of hpDNA confirmed the sensitivity and fluorogenicity of **6-HoeHESiR**. Based on the titration curve (Fig. 1g), the dissociation constant (K_D) of the complex formed by **6-HoeHESiR** and hpDNA was estimated to be 3.8 µM. Attachment of **6-HESiR** to the Hoechst dye caused a slight redshift of both the absorbance and fluorescence maxima of **6-HoeHESiR** (Extended Data Fig. 2a-b). Upon the addition of hpDNA (14 µM), the absorbance of **6-HoeHESiR** was increased to a level close to that of the free fluorophore **6-HESiR** (Extended Data Fig. 2a), and the fluorescence of **6-HoeHESiR** was recovered to 21% of that of **6-HESiR** (Extended Data Fig. 2b).

Fig. 1 Development of 6-HESiR and 6-HoeHESiR. a, Structural fine-tuning strategy for developing

self-blinking fluorophores. **b**, Self-blinking mechanism. **c**, Absorption spectrum of **6-HESiR** (2 µM) in

0.1 M potassium phosphate buffer (pH = 7.4 and 7.8) with **SiR650** (2 µM) as the "100%" benchmark.

Abs_{max} at 648 nm. Fl_{max} at 665 nm. **d**, pH titration of **6-HESiR** (2 µM) in 0.1 M potassium phosphate

buffer. **e**, Design of **6-HoeHESiR** by Hoechst tagging strategy. **f**, The hpDNA for fluorescence titration.

g, Fluorescence titration of **6-HoeHESiR** (0.5 µM) with hpDNA (0−16 µM) in Tris-HCl saline buffer

(50 mM Tris-HCl, 100 mM NaCl, pH = 7.4). Fl_{max} at 676 nm. **h**, Fluorescence increases 43-fold in the

presence of 14 µM hpDNA.

Validation with lambda DNA and *in vitro* reconstituted chromatin structures

To evaluate our new probe **6-HoeHESiR**, we first attempted an SMLM experiment of spin-coated

lambda DNA[25] with (A/T)$_4$ binding sites for the Hoechst moiety[24]. A full width at half maximum

(FWHM) of 26 nm was successfully obtained (Extended Data Fig. 3), within the range of 20–30 nm as

reported in literature[25]. Then, we focused on *in vitro* reconstituted nucleosomal arrays and 30-nm

chromatin fibers as benchmarks well characterized by EM[26] (Fig. 2d and 2f, Extended Data Fig. 4a and

4e). Apart from the AATT binding site, three additional Hoechst binding sites[24] in the DNA template for

in vitro reconstituted chromatin samples were also identified by fluorescence titration (Fig. 2a, Extended

Data Fig. 2c-f). Based on the dissociation constants, the half-life of the complex formed by

6-HoeHESiR and a nucleosome was estimated to be 10-20 ms[24]. Thus, fast binding/dissociation cycles

between **6-HoeHESiR** and nucleosomes could allow fast self-blinking with a pool of **6-HoeHESiR**

molecules in the unbound state (Fig. 2b). Since the hydrophobic environment in the nucleus favors the

closed "OFF" state[11] (Fig. 1b) and the open form of **6-HoeHESiR** in the unbound state is nearly

quenched in fluorescence (Fig. 1h), the "ON" state population of **6-HoeHESiR** in chromatin imaging is

expected to be lower than the 20% "ON" fraction of **6-HESiR** measured in aqueous buffer. Gratifyingly,

6-HoeHESiR exhibited excellent self-blinking in SMLM experiments on reconstituted chromatin

samples at a modest laser intensity[12] of 950 W/cm^2 (Supplementary Video 1). The reconstituted

nucleosomal arrays displayed the pattern of discrete fluorescence signals (Fig. 2c and 2e, Extended Data

Fig. 4b), which resembles the EM images (Fig. 2d, Supplementary Fig. 4a). Analysis of localizations on

individual nucleosomes indicated that the ratio of axial to lateral resolution is 2.3 (Extended Data Fig.

4c-d). To extract 3D structural features of reconstituted 30-nm chromatin fibers visualized in 3D SMLM

experiments (Fig. 2c and 2g; Extended Data Fig. 4f), we developed an image analysis

framework/program (Extended Data Fig. 5-6, Supplementary Information). Statistical results showed

that the reconstituted chromatin fibers had a mean diameter of 32 nm, length of 112 nm, mean

localization precision of 7.8 nm and labeling density of 31,641 molecules/μm^3 (Fig. 2h, Extended Data

Fig. 4g, Supplementary Video 2 and 3). Although the reconstituted 30-nm fibers without biotin labels

were visualized by EM in a dry and flattened state (Supplementary Information), unlike our 3D SMLM

approach, the 3D structural features obtained with **6-HoeHESiR** were consistent with those revealed by

EM (Fig. 2f-h). Some elongated fibers were observed, probably due to slight loosening in the aqueous

buffer (without glutaldehyde as a crosslinker) compared with the dry state in EM analysis.

Fig. 2 *In vitro* reconstituted chromatin structures. a, Dissociation constants of four binding sites in

the DNA template. **b**, Working mechanism of **6-HoeHESiR** in the presence of nucleosomes. **c**,

Immobilization approaches for 40×187-bp nucleosomal arrays and 30-nm chromatin fibers. **d**, EM

images of nucleosomal arrays. **e**, Images of nucleosomal arrays by 3D SMLM. **f**, EM images of 30-nm

chromatin fibers. **g**, Images of 30-nm chromatin fibers by 3D SMLM. 3D sizes by FWHM (x, y, z) in

nm (from top to bottom): 27, 29, 81; 26, 30, 93; 30, 30, 101. Localization precision (nm): 6.3, 6, 5.8. **h**,

Histograms of 3D sizes of chromatin fibers. $N = 483$ from 3 fields of view. Incubation with

6-HoeHESiR (2.5 µM) for 10 min. Scale bar: 100 nm in **d** and **f**; 200 nm in **e** and **g**. Axial position (nm)

represented by RGB color depth coding.

Native chromatin 3D structures in living cells

Building upon the solid validation of **6-HoeHESiR** with benchmark *in vitro* reconstituted nucleosomal

arrays and 30-nm chromatin fibers, we then attempted to image native chromatin structures in living

cells. First, we optimized the incubation conditions of **6-HoeHESiR** with living HeLa cells by

light-sheet microscopy (Fig. 3a-b, Extended Data Fig. 7a-b). To our delight, **6-HoeHESiR** exhibited

good cell permeability and high selectivity to provide 3D visualization of chromatin structures in whole

nuclei. Without the Hoechst fragment, **6-HESiR** did not stain any nuclear component (Extended Data

Fig. 7c). Cytotoxicity assay showed that **6-HoeHESiR** caused negligible toxicity with a short incubation

time (Extended Data Fig. 7d). Subsequent 3D SMLM experiments showed that **6-HoeHESiR**

maintained its excellent self-blinking capacity in living HeLa cells (Supplementary Video 4), and

chromatin structures were clearly revealed (Fig. 3c; Extended Data Fig. 8a). Based on the structural

resemblance to *in vitro* reconstituted benchmark chromatin samples, we identified two categories of

chromatin structures in living HeLa cells. The first category consists of nucleosomal arrays (Fig. 3d),

which displayed the same pattern of discrete fluorescence signals (Fig. 2e). The second category

consists of chromatin fibers with structural plasticity (Fig. 3e; Extended Data Fig. 8b). With the aid of

the same image analysis program, these fibers were identified with a mean localization precision of 7.4

nm, short and long fiber diameters of 33 and 42 nm, and a labeling density of 31,926 molecules/µm^3

(Fig. 3f, Extended Data Fig. 8c, Supplementary Videos 5-6). The statistical distribution of 3D sizes and

long-to-short fiber diameter ratios and the heterogeneity of visualized morphologies could reflect the

structural polymorphism of chromatin fibers. Our 2D imaging results are consistent with recent

reports[27,28,23] that nucleosome clutches or chromatin domains were observed with no clear evidence of

horizontally or randomly oriented chromatin fibers. However, our 3D analysis, performed both

manually and by the computer program, identified chromatin fibers oriented axially or slightly tilted

from the vertical axis. We propose that such an ordered chromatin fiber orientation might not only be

consistent with highly regulated replication and transcription processes but facilitate these processes.

The overlay of widefield images showed that the chromatin fibers reside in both the peripheral and the

interior regions of the nuclei (Fig. 3g; Extended Data Fig. 6d). Remarkably, native chromatin structures

in the nucleus are quite dynamic (Supplementary Video 7). We were able to capture transient chromatin

fibers with a temporal resolution of less than 2 seconds (Fig. 3h; Supplementary Video 8). The mean

resting/residing lifetime of chromatin fibers was estimated to be 0.6 seconds (Extended Data Fig. 6c),

implying fast-turnover transitions that are consistent with fast transcription activities. This dwelling

lifetime is comparable to the time scale of folding and unfolding dynamics of *in vitro*-reconstituted

30-nm chromatin fibers revealed by single-molecule force spectroscopy[26]. When the laser intensity was

reduced to a modest level of 950 W/cm^2 from 3.2 kW/cm^2 to alleviate phototoxicity, nucleosomal arrays

were visualized again, and we could still identify chromatin fibers at sufficient resolution with a mean

localization precision of 8.8 nm, short and long fiber diameters of 33 and 42 nm, and a labeling density

of 29,436 molecules/μm^3 (Extended Data Fig. 9). Fast chromatin dynamics were also revealed

(Supplementary Video 9), and the mean resting lifetime of chromatin fibers was estimated to be 0.6

seconds, consistent with the result obtained at 3.2 kW/cm^2 laser intensity.

Fig. 3 Native chromatin 3D structures in living HeLa cells. a, Schematic illustration of chromatin

labeling with **6-HoeHESiR** (5 μM for 30 min). **b,** Images of a whole nucleus by light-sheet microscopy.

c, Image of a nucleus. Reconstructed with 2,000 frames (17.7 ms/frame). **d**, Nucleosomal arrays. **e,**

Chromatin fibers. FWHM (x, y, z) in nm (from top to bottom): 30, 30, 107; 35, 42, 124; 34, 51, 102; 69, 51, 154. Localization precision (nm): 7.6, 6.8, 6.8, 9.5. **f**, 3D sizes of chromatin fibers by FWHM. $N =$ 396 from 4 cells, identified in 500 frames. **g**, Distribution of chromatin fibers (identified in 500 frames). **h**, Fast dynamics of a chromatin fiber. Snapshots from Supplementary Videos 7 and 8 (Supplementary Information, video legends). Scale bar: 5 µm in **b**; 2 µm in **c** and **g**; 200 nm in **d**, **e** and **h**. Axial position (nm) represented by RGB color depth coding.

A previous cryo-electron tomography (cryo-ET) study identified short chromatin fibers with 30 nm in diameter in isolated nuclei from chicken erythrocytes[29]. Therefore, we also attempted 3D SMLM experiments on living chicken erythrocytes with **6-HoeHESiR**. By applying a modest laser intensity of 950 W/cm^2, 3D chromatin structures in chicken erythrocyte nuclei were successfully visualized (Fig. 4a-c; Extended Data Fig. 10a; Supplementary Video 10). The same two categories of chromatin structures were observed, and chromatin fibers were identified with a mean localization precision of 8 nm, short and long fiber diameters of 29 and 37 nm, and a higher labeling density of 56,359 molecules/µm^3 (Fig. 4d-g; Extended Data Fig. 10b-d; Supplementary Videos 11-12). The fast dynamics of chromatin structures in chicken erythrocyte nuclei were also observed (Supplementary Video 13), with the mean resting lifetime of chromatin fibers estimated to be 1 second.

Fig. 4 Native chromatin 3D structures in living chicken erythrocytes. a, Schematic illustration of chromatin labeling with **6-HoeHESiR** (0.5 μM for 10 min). **b,** Image of a nucleus by widefield microscopy. **c,** Image of a nucleus. Reconstructed with 10,000 frames (17.7 ms/frame). **d,** Nucleosomal arrays. **e,** Chromatin fibers. FWHM (x, y, z) in nm (from top to bottom): 27, 29, 83; 37, 40, 124; 40, 62, 95. Localization precision (nm): 6.8, 6.9, 8.1. **f,** 3D sizes of chromatin fibers by FWHM. N = 271 from 3 cells, identified in 5,000 frames. **g,** Distribution of chromatin fibers (identified in 5,000 frames). Scale bar: 2 μm in **b**, **c** and **g**; 200 nm in **d** and **e**. Axial position (nm) represented by RGB color depth coding.

The connection between 3D chromatin organization and histone acetylation

A previous study showed that histone acetylation is a critical epigenetic marker for chromatin fiber relaxation and optimal transcription, while deacetylation is required for chromatin fiber condensation

and transcriptional repression[30]. Histone deacetylases (HDACs), key enzymes that modulate acetylation,

can be important drug targets to counteract abnormal protein acetylation status, induce chromatin

decompaction, and reactivate tumor suppressor genes[31,32]. To investigate the connection between

chromatin fibers and histone acetylation in living cells, we selected three HDAC inhibitors (Fig. 5a): 1)

trichostatin A (TSA), a widely used HDAC pan-inhibitor; 2) entinostat, a class I HDAC 1−3 selective

inhibitor; and 3) ricolinostat, a class IIb HDAC 6 selective inhibitor. Live HeLa cells were treated with

these HDAC inhibitors and then imaged by 3D SMLM (Fig. 5b). The results showed that the density of

chromatin fibers decreased by 52% and 63% upon TSA and entinostat treatments, respectively (Fig.

5c-d, Supplementary Fig. 1-2). However, no significant change in fiber density was observed upon

ricolinostat treatment (Fig. 5c-d, Supplementary Fig. 3). Both the nonselective inhibition of HDACs and

the selective inhibition of class I HDACs 1−3 led to decompaction of chromatin fibers[33,34]. In contrast,

selective inhibition of class IIb HDAC 6 induced no significant fiber decompaction. These results are

consistent with the literature reports that the functions of class I HDACs 1−3 are exclusively restricted

to the nucleus, while class IIb HDAC 6 functions largely outside the nucleus by mediating the

deacetylation of cytosolic proteins[35]. Taken together, our live-cell 3D imaging results provide new

insights into the global change in 3D chromatin organization in response to histone hyperacetylation

induced by small-molecule HDAC inhibitors.

Fig. 5 Decompaction of chromatin fibers induced by HDAC inhibitors. a, Structures of small-molecule inhibitors of HDAC. **b**, Images of the nuclei in treated HeLa cells. Reconstructed with 2,000 frames (17.7 ms/frame). **c**, Distribution of chromatin fibers (identified in 500 frames). **d**, Density of chromatin fibers (identified in 500 frames). Data are individual values and mean ± s.d., $N = 5$. Statistical significance was determined by *t test* with $P = 0.0001$, <0.0001 and 0.7278 (from left to right).

The scale bar is 2 µm. Axial position (nm) represented by RGB color depth coding. Cells were treated

with TSA (200 nM), entinostat (2 µM), and ricolinostat (1 µM) for 20 h, respectively, and then

incubated with **6-HoeHESiR** (5 µM) for 30 min.

DISCUSSION

To conclude, we have demonstrated the success of developing a self-blinking Si-rhodamine **6-HESiR**

and a self-blinking fluorogenic DNA probe **6-HoeHESiR** by structurally fine-tuning the "ON" state

population to a suitable level. This design strategy has proven effective in 3D imaging of *in vitro*

reconstituted chromatin samples and native chromatin in living cells by SMLM. It is noteworthy that

high spatiotemporal resolution and labeling density were achieved in live-cell 3D SMLM even at a

reduced laser intensity that alleviates phototoxicity. Consequently, we were able to observe native

chromatin organized in hierarchical forms of nucleosomal arrays and chromatin fibers with fast

dynamics and structural polymorphism. To the best of our knowledge, our 3D imaging results provide

the first live-cell evidence for a hierarchical model of native chromatin organization[36-38], through which

the 2-m long genomic DNA is highly compacted and packaged into the 10-µm eukaryotic nucleus (Fig.

6). We propose that nucleosomal arrays could be regarded as the primary chromatin structures and

chromatin fibers as the secondary and higher-order structures. The structural plasticity/heterogeneity

and fast dynamics of chromatin fibers are consistent with the complex regulatory environment in the

nucleus, such as histone modifications and variants, nonhistone architectural proteins, and linker DNA

lengths for various biological functions[36-38]. The density/population of chromatin fibers was reduced by

small-molecule inhibitors of HDACs that are responsible for histone deacetylation. For the first time,

this phenomenon provides a live-cell 3D view of the tight connection between the histone acetylation

state and chromatin hierarchical organization with unprecedented resolution. In light of our initial

success, we anticipate further in-depth studies on the structures and functions of chromatin fibers in

DNA-related processes in living cells. We also envision that our structural fine-tuning strategy could be

implemented to develop more self-blinking fluorophores and probes to enable the study of subcellular organelles and biological events by live-cell 3D superresolution imaging.

Fig. 6 Schematic illustration of DNA packaging with hierarchical chromatin organization in living cells.

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Author contributions

Y.Z., G.L. and D.Y. conceived the project. G.L. and D.Y. supervised and directed the research. Y.Z. designed and synthesized **6-HESiR** and **6-HoeHESiR**. Y.Z. studied photophysical properties with contributions from S.Y. C.L. prepared *in vitro*-reconstituted samples and performed electron microscopy analysis. S.-H.L. performed the SMLM experiment with lambda DNA and analyzed the data. Y.Z., S.Y. and S.D. performed cell culture and treatment. Y.Z. and S.Y. performed SMLM experiments with reconstituted chromatin structures and living cells. Y.C. and Y.L. performed the SMLM validation experiments. L.H. performed cytotoxicity assay. S.-M.L. developed the computer program and the web server for chromatin fiber analysis under the supervision of R.L. Y.Z. analyzed chromatin imaging data and performed statistical analysis with contributions from S.Y. and S.-M.L. Y.Z., S.Y., G.L. and D.Y. interpreted imaging results with contributions from all other authors. Y.Z., S.Y., G.L. and D.Y. wrote the manuscript with input from all other authors.

Competing interests

The authors declare no competing interests.

Data availability

All data that support the findings of this manuscript are provided in text, figures, and supplementary videos. Original data are provided upon reasonable request to the correspondence authors.

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Extended Data Fig. 1 Photophysical properties of 6-HESiR. a, Absorption spectra of **6-HESiR** (2

μM) at various pH values in 0.1 M potassium phosphate buffer. **b**, Fluorescence emission spectra of

6-HESiR (0.5 μM) at various pH values in 0.1 M potassium phosphate buffer. **c**, Structure of **SiR650**. **d**,

Fluorescence emission spectra of **6-HESiR** (2 μM) in 0.1 M potassium phosphate buffer (pH = 7.4 and

7.8) with **SiR650** (2 μM) as the "100%" benchmark.

c, 5'-<u>CTCGGGTGAT</u>GCCGGATCCCCTGGAGAATCCCGGTGCCGAGGCCGCTCAATTGGTCGTAGACAGCTCTAGCACCGCTTAAACG
CACGTACGCGCTGTCCCCCGCGTTTTTAACCGCCAAGGGGGATTACTCCCTAGTCTCCAGGCACGTGTCACATATATACATCCTGTTCCA
GTGCCGG<u>TGTCGCTTG</u>-3'

Extended Data Fig. 2 Fluorescence titration of 6-HoeHESiR. a, Absorbance of **6-HoeHESiR** (0.5

μM) in Tris-HCl saline buffer (50 mM Tris-HCl, 100 mM NaCl, pH = 7.4). **b**, Fluorescence of

6-HoeHESiR, **6-HESiR** and **SiR650** (0.5 μM) in Tris-HCl saline buffer. **c,** Sequence of the 187-bp

DNA template for reconstituted chromatin samples. The linker DNA sequence is underlined. **d-f**,

Fluorescence titration with 0.5 μM **6-HoeHESiR** and dsDNA segments in the Tris-HCl saline buffer.

Extended Data Fig. 3 SMLM with lambda DNA. a, Reconstructed images of spin-coated λ-DNA. **b**,

Line profiles for the boxed regions in **a** for obtaining FWHM values. **c**, Localization precision. Imaging

performed with 100 nM **6-HoeHESiR**. Scale bar: 200 nm.

Extended Data Fig. 4 SMLM with *in vitro* reconstituted chromatin structures. a, EM images of 40×187-bp nucleosomal arrays (by metal-shadowing). **b**, Images of 40×187-bp nucleosomal arrays by 3D SMLM. **c**, Localization precision for 40×187-bp nucleosomal arrays. **d**, Ratio of axial resolution to lateral resolution. Data are mean ± s.d., $N = 5$. **e**, EM images of 40×187-bp 30-nm chromatin fibers (by negative staining). **f**, Images of 40×187-bp 30-nm fibers by 3D SMLM. FWHM (x, y, z) in nm (from top to bottom): 25, 30, 88; 27, 29, 95; 29, 33, 107. Localization precision (nm): 4.3, 6.8, 5.9. **g**, Localization precision and labeling density for identified 30-nm chromatin fibers. Incubation with **6-HoeHESiR** (2.5 μM) for 10 min. Scale bar: 100 nm in **a** and **e**; 200 nm in **b** and **f**. Axial position (nm) represented by RGB color depth coding.

416   **Extended Data Fig. 5** The flowchart of the analysis of molecular clusters for identification of

417   chromatin fibers.

Extended Data Fig. 6 Chromatin fiber analysis program. a, The demonstration of the moving line

strategy for estimating X dimension of molecular clusters. **b**, The flowchart of the noise removal

module, which consists of two submodules: gray value thresholding and outlier Z slice removing by

max Z gap tolerance. g ranges from 1 to the user-defined max threshold H.

Extended Data Fig. 7 Light-sheet microscopy of living HeLa cells. a, The Z-projection image of the nucleus in a living HeLa cell. **b,** The XZ projection image of the same nucleus. **c**, The Z-projection image of living HeLa cells stained with **6-HESiR**. **d**, Cytotoxicity assay with **6-HoeHESiR** (5 h incubation in DMEM). N = 3, data are mean + SD. Incubation with **6-HoeHESiR** (**a** and **b**, 5 μM) and **6-HESiR** (**c**, 2 μM) for 30 min, respectively. Scale bar: 5 μm in **a** and **b**; 10 μm in **c**.

Extended Data Fig. 8 Chromatin fibers in living HeLa cells. a, The image of a nucleus. Reconstructed from 2,000 frames (17.7 ms/frame). **b**, High-order chromatin fibers. FWHM (x, y, z) in nm (from top to bottom.): 31, 34, 94; 44, 35, 116; 45, 50, 103. Localization precision (nm): 7, 7.2, 9.1. **c**, Localization precision, labeling density, and resting lifetime for identified fibers in 500 frames. **d**, The distribution of chromatin fibers (identified in 500 frames). Incubation with **6-HoeHESiR** (5 μM) for 30 min. Scale bar: 2 μm in **a** and **d**; 200 nm in **b**. Axial position (nm) represented by RGB color depth coding.

Extended Data Fig. 9 Native chromatin 3D structures revealed with reduced phototoxicity. a, The

image of the nucleus in a live HeLa cell. Reconstructed from 2,000 frames (17.7 ms/frame). **b**, Images

of nucleosomal arrays. **c**, Chromatin fibers. FWHM (x, y, z) in nm (from top to bottom): 31, 33, 95; 42,

36, 130; 47, 62, 112. Localization precision (nm): 6.8, 7.2, 8.9. **d**, 3D sizes of identified fibers in 500

frames. N = 119. **e**, The distribution of chromatin fibers (identified in 500 frames). **f**, Localization

445　precision, labeling density, and resting lifetime for identified fibers in 500 frames. Incubation with

446　**6-HoeHESiR** (5 μM) for 30 min. Scale bar: 2 µm in **a** and **e**; 200 nm in **b** and **c**. Axial position (nm)

447　represented by RGB color depth coding.

Extended Data Fig. 10 Chromatin fibers in living chicken erythrocytes. a, The image of a nucleus. Reconstructed with 5,000 frames (17.7 ms/frame). **b**, Chromatin fibers. FWHM (x, y, z) in nm (upper, lower): 25, 33, 84; 51, 47, 94. Localization precision (nm): 7.4, 8.5. **c**, The distribution of chromatin fibers (data from 5,000 frames). **d**, Localization precision, labeling density, and resting lifetime for identified fibers in 5,000 frames. Incubation with **6-HoeHESiR** (0.5 μM) for 10 min. Scale bar: 2 μm in **a** and **c**; 200 nm in **b**. Axial position (nm) represented by RGB color depth coding.