Interpreting the molecular mechanisms of disease variants in human membrane proteins

Johanna Katarina Sofie Tiemann[1,2], **Henrike Zschach**[2§], **Kresten Lindorff-Larsen**[1*], **Amelie Stein**[2*]

*For correspondence:
lindorff@bio.ku.dk (KL-L);
amelie.stein@bio.ku.dk (AS)

Present address: [§]Center for Health Data Science, Faculty of Health and Medical Sciences, University of Copenhagen, DK-2200 Copenhagen N., Denmark.

[1]Linderstrøm-Lang Centre for Protein Science, Department of Biology, University of Copenhagen, DK-2200 Copenhagen N, Denmark.; [2]Section for Computational and RNA Biology, Department of Biology, University of Copenhagen, DK-2200 Copenhagen N, Denmark.

Abstract   Next-generation sequencing of human genomes reveals millions of missense variants, some of which may lead to loss of protein function and ultimately disease. We here investigate missense variants in membrane proteins — key drivers in cell signaling and recognition. We find enrichment of pathogenic variants in the transmembrane region across 19,000 functionally classified variants in human membrane proteins. A key mechanism underlying pathogenicity in missense variants of soluble proteins has been shown to be loss of stability. We here perform structure-based estimations of changes in thermodynamic stability and evolutionary conservation analyses of 15 membrane proteins. We find evidence for loss of stability being the cause of pathogenicity in 59% of pathogenic variants, indicating that this is a driving factor also in membrane-protein-associated diseases. Our findings show how computational tools aid in gaining mechanistic insights into variant consequences for membrane proteins. To enable broader analyses of disease-related and population variants, we include variant mappings for the entire human proteome.

Introduction

Proteins carry out the majority of functions in a cell. While most proteins are robust to some sequence changes (*Soskine and Tawfik, 2010*), other single amino acid variants may render them non-functional. For nuclear and cytosolic proteins, we and others have shown that the molecular reason underlying loss of function for human pathogenic variants is often loss of protein stability (*Pey et al., 2007*; *Yue et al., 2005*; *Casadio et al., 2011*; *Martelli et al., 2016*; *Nielsen et al., 2017*; *Abildgaard et al., 2019*; *Gersing et al., 2021*; *Scheller et al., 2019*; *Clausen et al., 2020*). Proteins affected by such destabilizing variants are recognised by the cellular protein quality control system, leading to degradation and hence low levels that cause a loss-of-function phenotype (*Stein et al., 2019*). For soluble proteins, structure-based calculations of stability changes upon mutation ($\Delta\Delta G$) (*Park et al., 2016*) correlate with experimental stability (*Guerois et al., 2002*; *Kellogg et al., 2011*; *Ó Conchúir et al., 2015*; *Frenz et al., 2020*) as well as high-throughput abundance measurements (*Jepsen et al., 2020*; *Cagiada et al., 2021*), allowing us to annotate variants accordingly (*Høie et al., 2022*). The loss of stability induced by such variants often leads to cellular protein degradation. This mechanistic link to degradation is not only interesting from a biophysical perspective but can also lead to development of treatments that rescue the variant from degradation (*Meng et al., 2017*;

Kampmeyer et al., 2017).

Twenty-three percent of sequences in the human proteome encode membrane proteins, including channels, transporters, enzymes, and receptors such as G-protein coupled receptors (GPCRs) (*Uhlén et al., 2015*). Located at the junction between two compartments and often exposed to small molecules in the bloodstream, membrane proteins are key in cell signaling and recognition, as well as major drug targets (*von Heijne, 2007*; *Hauser et al., 2017*). Variants in membrane proteins are associated with a number of diseases, including for example cystic fibrosis, Parkinson's, Alzheimer's and atherosclerosis (*Sanders and Nagy, 2000*; *Hamel, 2006*; *Koepsell, 2020*; *Vanier, 2010*).

Studying membrane proteins experimentally or computationally is challenging, as the proteins need to be considered in context of the lipid membrane (*Cournia et al., 2015*). Furthermore, while many soluble proteins can unfold and refold reversibly, the processes of synthesis, folding, and assembly are intrinsically linked for membrane proteins (*Hong, 2015*; *Booth and Clarke, 2010*). Therefore, large-scale and easily accessible experimental data for benchmarking computational tools are sparse. Despite recent methodological advances (*Marx and Fleming, 2021*), computational methods for membrane proteins are not as developed as those for soluble proteins. Thus, the application of computational analyses for examining a potential correlation between protein stability, cellular abundance, and function analogous to that for soluble proteins may be particularly challenging for membrane proteins.

Building on recent force field developments that make computational analysis of membrane proteins more realistic (*Alford et al., 2021*), we here set out to assess whether calculations of the change in folding free energy can be used to identify the subset of pathogenic variants that are likely caused by loss of stability. In particular, we calculate the change in folding energy between a wild-type protein and a protein variant ($\Delta\Delta G = \Delta G_{MUT} - \Delta G_{WT}$), where low $\Delta\Delta G$ correspond to substitutions that—in light of stability—appear well-tolerated, and high $\Delta\Delta G$ for variants that destabilize the protein structure. We first combined several protein annotation databases to obtain an overview of the number and types of missense variants that are found in membrane proteins. We then analyzed in more detail 15 human membrane proteins for which high-resolution structural data as well as annotations of pathogenic and benign variants were available, and calculated $\Delta\Delta G$ values for them. In addition, we used an evolutionary sequence analysis approach (*Laine et al., 2019*) to calculate a value which we term $\Delta\Delta E$ indicating the evolutionary importance of each residue. This approach has been shown to be useful in detecting detrimental variants and includes both loss of stability variants and variants that lose function due to—for example— catalytic impairment of enzymes or mistrafficking (*Frazer et al., 2021*; *Feinauer and Weigt, 2017*; *Nicoludis and Gaudet, 2018*). The combination of $\Delta\Delta G$ and $\Delta\Delta E$ has proven particularly useful for providing mechanistic insight into loss-of-function variants in soluble proteins (*Cagiada et al., 2021*; *Høie et al., 2022*). We here apply such a combined analysis to gain mechanistic insight into variant consequences in 15 selected membrane proteins.

Results

Variant annotations in human membrane proteins

We first set out to obtain an overview of the presence and properties of missense variants in human membrane proteins. We searched Uniprot (*The UniProt Consortium, 2021*) for keywords like TRANSMEM (see Methods for details) and used the results to define a list of 5,522 proteins that are thought to be embedded in the membrane (Fig. 1A). We subsequently searched the gnomAD (*Karczewski et al., 2020*) and ClinVar (*Landrum et al., 2018*) databases for missense variants in the genes encoding these proteins (see Methods for additional details). gnomAD is a database aggregating the variants observed in ca. 150,000 exome and genome sequences, and thus provides a relatively unbiased view of the variants that are present in the human population (*Karczewski et al., 2020*). ClinVar is a database containing, among other things, missense variants that have been categorized as benign, pathogenic, or *variants of uncertain significance* (VUS), the latter indicating that

Table 1. Number of variants annotated by ClinVar (as benign, pathogenic, and VUS), gnomAD and their intersection in total and for each cellular regions. VUS (ClinVar) includes conflict variants.

	all	extracellular	cytoplasmic	transmembrane	other
total	1,867,856	574,211	447,435	258,366	587,844
benign	11,063	3,489	3,544	961	3,069
benign ∩ gnomAD	10,260	3,214	3,326	908	2,812
pathogenic	8,026	2,327	2,233	1,863	1,603
patho. ∩ gnomAD	2,360	632	628	454	646
VUS	64,584	17,451	25,119	6,814	15,200
VUS ∩ gnomAD	36,700	9,907	14,693	3,574	8,526
only gnomAD	1,784,183	550,944	416,539	248,728	567,972

the pathophysiological consequences of the variant are not clear (*Landrum et al., 2018*). Almost all (98.1%) membrane proteins have at least one variant in gnomAD, and about half (44.0%) have at least one variant in ClinVar (Fig. 1A). Across the two datasets, we find $1.9 \cdot 10^6$ unique variants in 5,471 proteins. We excluded synonymous, silent, or deletion variants, which make up 0.3% (5,403 variants) from any further analysis. Nearly all (99.1%) of the non-synonymous variants are either from gnomAD or are assigned as variants of uncertain significance in ClinVar, and only 19,089 of the 1.9 million variants have an assigned status of being pathogenic or benign (Fig. 1A and Table 1), highlighting the scope of the problem of determining variant effects.

Variants that are pathogenic are expected to be depleted in the human population compared to those that are benign, and indeed we find a clear separation of the distributions of allele frequencies between the two classes (Fig. 1C). We also observe that while 92.7% of benign ClinVar variants have been observed in gnomAD, this is only true for 29.4% of pathogenic variants (Fig. 1B, Table 1). The separation in the distribution of allele frequencies between pathogenic and benign variants suggests that variants with allele frequencies $> 9.9 \cdot 10^{-5}$ are more likely to be benign than pathogenic (Fig. 1C, cut-off calculated from the receiver-operator characteristic (ROC) analysis, see methods). While the allele frequency in gnomAD appears to be a good predictor of pathogenicity (area under the curve (AUC) of 0.96; Fig. S1), we note that this result should be taken with some caution. First, many ClinVar variants are not found in gnomAD (Fig. 1B), limiting the practical utility. Second, since the presence in gnomAD might have been used to assign (lack of) pathogenicity, it is difficult to ensure that the two sets of data are independent.

We analyzed in which regions of the protein structures the ClinVar (Fig. 1D,E) and gnomAD (Table 1) variants are located. We find that most variants are found in soluble domains, though this is likely due to the fact that these regions makes up 83% of membrane proteins (Fig. 1D,E). Notably, though, we find that while the numbers of known benign and pathogenic variants are similar in the different types of soluble regions, there appears to be an almost two-fold excess of pathogenic variants compared to benign variants in the transmembrane regions (Fig. 1E, Table 1). While we cannot exclude that this enrichment is in part due to an increased focus on the transmembrane region in clinical research, we suggest—in line with previous work (*Zaucha et al., 2021*; *Lee and Manoil, 1994*)—that this observation also reflects a decreased mutational tolerance of the transmembrane region.

To gain a better understanding of the mechanisms causing benign or pathogenic variant consequences, we mapped the variants onto known protein structures. Despite recent advances in protein structure prediction (*Varadi et al., 2021*) and analysis using computational methods (*del Alamo et al., 2022*; *Akdel et al., 2021*), we decided to focus our work on experimentally determined structures. Specifically, we searched the protein databank (*wwPDB consortium, 2019*) for structures with at least one variant in the resolved part of the protein structure and found that 27.5% of all annotated human membrane proteins have at least some part resolved and that 15.1% of

Figure 1. Overview of variants in human membrane proteins (hMPs). A. Statistics on membrane annotations, ClinVar/gnomAD annotation, and availability of high-resolution structures. B. ClinVar statistics for benign, pathogenic, and variants of unknown significance (VUS) and their coverage by gnomAD. C. gnomAD allele frequencies for all variants observed in gnomAD. Note that 71% of the pathogenic variants in ClinVar are not in gnomAD and hence missing from this analysis. D. Percentage of protein regions of different cellular elements across human membrane proteins. 'Other' includes compartments such as the lumen, mitochondrial matrix, vesicular compartments. E. Distribution of ClinVar annotations (color scheme as in B) in different regions of the proteins.

Table 2. Overview of proteins analysed in depth, including Uniprot name, protein functional class, protein length and number of amino acids within the transmembrane (TM) region, number of group A (=pathogenic), group B (=benign and/or non-rare gnomAD) and benign variants before and after filtering, the sequence depth of the multiple sequence alignment (MSA) used by GEMME, the AUC for our two predictors (ΔΔG and ΔΔE) and the MIM disease phenotype.

protein info		length		before filtering			after filtering			GEMME	AUC		MIM
name	class	all	TM	group A	group B	benign	group A	group B	benign	MSA depth	ΔΔG	ΔΔE	phenotype
NPC1	Transporter	1278	277	60	36	13	44	12	5	1486	0.69	0.84	Niemann-Pick disease
OPSD	GPCR	348	161	67	10	2	41	6	2	1183	0.79	0.69	Night blindness; Retinitis punctata albescens; Retinitis pigmentosa
GTR1	Transporter	492	261	56	9	4	42	7	2	1772	0.65	0.92	Dystonia; GLUT1 deficiency syndrome; Epilepsy
AT2A2	Transporter	1042	204	12	9	7	8	5	4	1924	0.85	1	Acrokeratosis verruciformis; Darier disease;
ACHB2	Ion channel	502	86	3	16	12	1	5	3	1789	0.8	1	Epilepsy
CXB2	Cell Junction	226	83	60	23	8	33	16	5	1351	0.42	0.84	Deafness; Bart-Pumphrey syndrome; Vohwinkel syndrome;...
S5A2	Enzyme	254	84	21	11	5	18	8	5	1177	0.63	0.9	Pseudovaginal perineoscrotal hypospadias
MC4R	GPCR	332	165	12	11	2	10	8	1	1265	0.66	0.9	Obesity
AQP2	Ion channel	271	124	10	2	1	7	1	1	1326	1	0.86	Diabetes insipidus
ACHA4	Ion channel	627	85	3	47	32	3	6	4	1107	0.33	0.94	Epilepsy; Nicotine addiction
JAGN1	Transporter	183	84	5	4	3	4	3	3	196	0.42	0.92	Neutropenia
SMO	GPCR	787	147	1	25	6	1	7	1	823	1	0.86	Curry-Jones syndrome; Pallister-Hall-like syndrome; Basal cell carcinoma
ABCG8	Transporter	673	126	1	35	11	0	15	3	86	-	-	Gallbladder disease; Sitosterolemia
ABCG5	Transporter	651	127	1	27	9	0	0	0	31	-	-	Sitosterolemia
GPT	Enzyme	408	228	7	5	1	6	2	1	1812	0.5	0.92	Congenital disorder of glycosylation; Myasthenic syndrome
FZD4	GPCR	537	206	5	13	6	2	3	2	1055	0.83	1	Exudative vitreoretinopathy; Retinopathy of prematurity
total				324	283	122	220	104	42		0.64	0.82	

127 the total set of variants are found in the region covered by these structures (Fig. 1A, additional
128 data at https://github.com/KULL-Centre/papers/tree/main/2022/hMP-Xray-Tiemann-et-al). Of the
129 281,220 variants found in resolved regions, only 2.2% of those (6,119 variants) have been assigned
130 as benign (18.9%) or pathogenic (50.2%) (Table S1).

131 Computational assessment of stability and evolution shows loss of function due to
132 loss of stability for ca. 62% of disease variants in selected proteins

To examine the importance of changes in protein stability in membrane proteins for causing loss
of function and disease, we analysed a smaller set of proteins in more detail. Specifically, we
searched for proteins that had at least one pathogenic and one benign variant in the transmem-
brane region. As our aim was to use the Rosetta software to predict changes in thermodynamic
stability, we focused on protein structures that had been determined via X-ray crystallography as
Rosetta has been developed and benchmarked most extensively on such structures. These require-
ments narrow down the set to 16 proteins: six transporters, three ion channels, four GPCRs, two
enzymes and one cell junction protein (Table 2 and additional data at https://github.com/KULL-
Centre/papers/tree/main/2022/hMP-Xray-Tiemann-et-al). These 16 proteins represent different
types of membrane proteins with diverse functions, structures, and involvement in different dis-
eases. Of note, the secondary structure of these proteins is mostly α-helical (> 50%), while unstruc-
tured regions or extended strands add up to 27% (Fig. S2).

Inspired by previous analyses of soluble proteins, we investigated these membrane proteins
in terms of structural stability and sequence conservation. Specifically, we developed and bench-
marked a revised Rosetta protocol for stability calculations of membrane proteins (see Methods
and Supplementary Material). We used this method to calculate the change in thermodynamic
stability (ΔΔG) upon single amino acid substitutions. In each case, we selected a high-resolution
structure (Table 2), and removed any co-crystallised molecules. We also constructed multiple se-
quence alignments (MSA) of each protein and used GEMME (Global Epistatic Model for predicting
Mutational Effects) (*Laine et al., 2019*) to estimate the evolutionary effects of the variants. Specifi-
cally, we calculated a normalized score (ΔΔE) with $\Delta\Delta E \approx 0$ corresponding to substitutions that—in
light of evolution—appear well tolerated, and $\Delta\Delta E \approx 1$ for variants that—based on the evolutionary
record—are rare or absent, and expected to cause loss of function. In analyses of soluble proteins,
we have previously found that a high value of ΔΔE is a good predictor for a variant to cause loss of

Figure 2. Correlation of ClinVar variants with computational predictors for human membrane proteins. (A) ROC curves of Rosetta ΔΔG and GEMME ΔΔE with variant counts for each group. AUC standard errors were determined by bootstrapping. (B) Distribution of *group A* (pathogenic) and *group B* (benign and/or non-rare) along ΔΔG and ΔΔE landscape and separation into quadrants by optimal cutoff obtained from ROC curves. The counts of each group are shown for the quadrants.

function and that variants with both high ΔΔE and ΔΔG are likely to cause loss of function via loss stability and cellular abundance (***Cagiada et al., 2021***).

We calculated ΔΔG and ΔΔE for all variants that have been observed in humans and where the wild-type residue was resolved using X-ray crystallography. Further, we did not analyze variants at positions where the Rosetta energy function suggested a potential incompatibility between the experimental structure and the Rosetta energy function, and variants at positions with < 50 sequences in the multiple sequence alignment (see Methods, Table 2 and Supporting Data at https://github.com/KULL-Centre/papers/tree/main/2022/hMP-Xray-Tiemann-et-al). After this quality control, we retain 220/324 pathogenic and 42/122 benign variants and lose one protein (ABCG8) as it does not have any variants left after filtering. We thus analyzed two sets of variants: A is the set of 220 variants that are described as pathogenic in ClinVar and B is the set of 104 variants that are either assigned as benign in ClinVar and/or non-rare gnomAD variants that, as discussed above, are more likely to be benign than pathogenic as their allele frequencies in gnomAD are $> 9.9 \cdot 10^{-5}$ (Fig. 1 and Fig. S1). In what follows we refer to *group B* as benign, but note that among the 104 variants in *group B* only 42 are classified as benign in ClinVar and the remainder comes from gnomAD.

To quantify how well ΔΔE and ΔΔG distinguish between the two classes of variants, *group A* (pathogenic) and *group B* (benign and/or non-rare), we constructed a ROC curve and calculated the AUC as a measure of how well each of the two scores can predict pathogenicity (Fig. 2A). We find that both scores can separate the *group A* and *group B* variants, though ΔΔE, as expected, performs better than ΔΔG (AUC 0.82 vs. 0.64). This is in line with previous observations for soluble proteins (***Nielsen et al., 2017***; ***Scheller et al., 2019***; ***Stein et al., 2019***; ***Abildgaard et al., 2019***) and the hypothesis that many, but not all, pathogenic variants are destabilized so that ΔΔG calculations can capture these pathogenic variants, but not those caused by other mechanisms for loss of function.

We further analyzed the *group A* (pathogenic) and *group B* (benign and/or non-rare) variants in terms of their ΔΔE and ΔΔG scores (Fig. 2B). To simplify the discussion, we analyze the variants in terms of whether ΔΔE and ΔΔG are low or high, with respect to cutoffs from the ROC analysis (see Methods section). This analysis separates the variants into four quadrants with only a few

variants (14.2%) falling in the quadrant of low ΔΔE and high ΔΔG (Fig. 2B (IV)), which is comparable to previous observations for soluble proteins (*Cagiada et al., 2021*; *Høie et al., 2022*). The three remaining quadrants correspond roughly to:

(I) Variants that cause loss of function via loss of stability (high ΔΔE and high ΔΔG),

(II) Variants that cause loss of function for other reasons than loss of stability, such as substitutions at key functional sites (high ΔΔE and low ΔΔG),

(III) Variants that are expected to be tolerated both from a structural and evolutionary sequence perspective (low ΔΔE and low ΔΔG).

As expected, we find that most *group B* (benign and/or non-rare) variants have low ΔΔE (75%) and 73% of those also low ΔΔG, whereas most pathogenic variants (*group A*) have large ΔΔE (76.8%, see Fig. 2B). Among the 169 pathogenic variants that have high ΔΔE values, we find that 62.1% also have high ΔΔG values, suggesting that loss of stability plays an important role for disease in the 15 investigated membrane proteins.

Pathogenic variants in GPCRs, especially in the transmembrane region, lose function mostly by loss of stability, while this is less prominent in transporters or other protein classes

Our data set contains several members of the main membrane protein classes, namely five transporters (98 *group A*/pathogenic + 62 *group B* (benign and/or non-rare variants)), three ion channels (11 + 15 variants), four GPCRs (54 + 28 variants) and two enzymes (24 + 13 variants) (Table 2). We examined the results from our computational predictors to probe for class-specific trends. In all four classes, evolutionary conservation predictions (ΔΔE) have a high AUC (>0.8), similar to the analysis with all proteins combined (Table S2). Focusing on the transmembrane region, we find a very high AUC of 0.97 for variant classification of transporters (underlying datapoints: 44 pathogenic *group A* + 10 *group B* variants). Interestingly, we find that for GPCRs loss of stability is the main cause of pathogenicity, as indicated by an increased AUC (0.79) for ΔΔG predictions (Fig. 3A and Table S2) compared to the complete data set with 15 proteins (AUC=0.64, Fig. 2). This is even more prominent for variants located within the transmembrane region (AUC=0.81).

In the transmembrane region of GPCRs, 77.4% of the pathogenic variants have high ΔΔG values (Fig. 3B), suggesting that their pathogenicity is due to loss of stability. When separating the proteins into specific regions, namely by whether they are buried, solvent-accessible, face the membrane/lipids, and are within and outside the transmembrane regions (Fig. 3C), we see that those pathogenic variants that lose function via loss of stability are typically buried (Fig. 3C). In contrast, solvent-accessible pathogenic variants are not found to lose function due to loss of stability, and variants located in those regions are more likely to be tolerated (11.1% of *group A*/pathogenic compared to 44.4% of *group B* variants). Within the transmembrane region, most variants (90% *group A* and 97% for *group B*/benign and/or non-rare) are buried, in contact with other residues, and often facing lipids. Looking at pathogenic variants that lose function due to other reasons than loss of stability (quadrant (II)), variants in GPCRs are more often within the transmembrane (Fig. 3C) compared to all datasets (Fig. 3D), where we see a larger proportion of variants in buried sides in extracellular or intracellular environments.

Next, we focused on individual proteins and examined the location and potential mechanism behind disease variants in one GPCR and one transporter protein. We used the calculated values of ΔΔE and ΔΔG to aid in a structural analysis of the disease variants in rhodopsin (OPSD; Fig. 4A–4C) and a glucose transporter (GTR1; Fig. 4D–4F). We examined the structures of the two proteins to find the residues that interact with ligands or co-factors and searched the literature to find residues that are known to be key to function. We find that many disease variants are located at these residues, suggesting that they directly disrupt function, and some of them also decrease stability. For example, in OPSD we find a number of disease mutants at residues that interact with the retinal co-factor as well as residues in e.g. the so-called ionic lock (*Hofmann et al., 2009*) (Fig. 4A and B).

Figure 3. Analysis of GPCR variant classification performance and structural differences of variant effects. (A) ROC curve and (B) distribution of ΔΔG versus ΔΔE plotted for GPCRs for all variants and only for variants within the transmembrane region (dashed line and diamond symbol). (C) [left] Illustration of the different residue categories used in this work on OPSD, namely, whether they are inside (dark blue, turquoise, and violet) or outside of the transmembrane (TM) region (green and pink), and their orientation towards the membrane (lipid-facing: blue and violet), and whether they are solvent-accessible or buried. The structure on the left shows disease-associated variants, while the two inserts on the right illustrate solvent-accessible vs. buried, and inwards vs. lipid-facing, more generally and are not restricted to a disease relationship. Variants labeled with *other* are rare combinations, e.g., residues within the TM region that are solvent accessible but do not face the membrane, and some at the intersection between the membrane and the solvent (like lipid-facing but not placed within the TM region; see note in limitation section). For more details on how the classes were assigned, see Methods. On the right, the variant counts in the four quadrants, separated by their position in the proteins, are shown for *group A* (pathogenic, full) and *group B* (benign and/or non-rare, hashed) variants. (D) Variant counts as seen in (C) are shown summed over all 15 proteins.

Figure 4. Mapping pathogenic variants to known motifs and binding pockets. A–C show OPSD variants which lie within the retinal binding pocket and conserved GPCR motifs. D–F show GTR1 variants within proximity of a PEG molecule (P33), matching previously identified inhibitor positions (*Custódio et al., 2021*), and the chloride binding side, along with conserved sugar transporter motifs.

234 Similarly, many disease variants in GTR1 are located at sites known to interact with a chloride ion
235 that is important for function (*Custódio et al., 2021*), the sugar molecule, known inhibitors (*Kapoor*
236 *et al., 2016*), or residues known to affect transport (*Custódio et al., 2021*) (Fig. 4C and D).
237 Looking across the two proteins (Fig. 4), most of the high-ΔΔE, low-ΔΔG disease variants are
238 found at residues that have known functional roles. We expect such variants in quadrant (II) to
239 lose function due to other reasons than stability (*Cagiada et al., 2021*). This also includes varia-
240 tion in residues in close proximity to ligands and interaction partners, which were not included in
241 our stability calculations. Further, we find that many of the disease variants that are not located
242 at known functional sites have both high values of ΔΔE and ΔΔG, suggesting that these variants
243 instead disrupt the stability of the folded state.

Correlating physicochemical changes with variant effects

245 We examined the dataset containing all 15 proteins and the amino acid properties within the four
246 quadrants, where quadrant (I) contains destabilized and quadrant (II) stable variants while both
247 quadrants (I) (II) are—in light of evolution—not tolerated. Quadrants (III) and (IV) are evolutionary
248 tolerated, but quadrant (III) contains stable and quadrant (IV) destabilized variants (see Fig. 5A
249 and B, and methods for a more detailed quadrant definition). Across all quadrants, hydrophobic
250 amino acids are most commonly observed (wild-type, 33%; target, 37%), which can be explained
251 by the general preference for hydrophobic residues in membrane proteins, especially within the
252 TM region (*von Heijne, 2007*). Almost 65% of the *group B* (benign and/or non-rare) variants located
253 in quadrant (III) have, as expected, the same amino acid property for wild-type and target (35.1%
254 remain hydrophobic, 21.1% charged, 8.8% polar). For the pathogenic variants that lose function
255 due to loss of stability (quadrant (I)), we see greater changes in physicochemical properties among
256 those substitutions (Fig. 5A). Interestingly, in quadrant (II), where variants lose function due to other
257 reasons than stability, we see mainly hydrophobic target amino acid types (54.8%, with one third
258 coming from charged to hydrophobic substitutions).
259 Inspired by the enrichment of pathogenic variants in the transmembrane region (Fig. 1E) that is
260 enriched with hydrophobic residues (*von Heijne, 2007*), we analyze substitutions by physicochem-
261 ical properties. Specifically, we calculated the median score for ΔΔG and ΔΔE for each combina-
262 tion of wild-type and target amino acids and arranged the amino acids by hydrophobicity (*Zhao*
263 *and London, 2006*) (Fig. 5B). For variants where the target residue is more hydrophobic (e.g. Arg
264 to Leu, Arg to Trp, or Asp to Tyr variants), we indeed see a different pattern when looking at the
265 median stability values (ΔΔG) compared to the median ΔΔE values. These variants appear to be
266 tolerated by protein stability, but not by evolution (Fig. 5B, dashed upper rectangle). In contrast,
267 variants changing the residue to be less hydrophobic are indicated as not tolerated by evolution
268 and destabilising (Fig. 5B, solid lower rectangle).

Conclusions

270 Here, we present an analysis of missense variants and their properties within human membrane
271 proteins. We identified $1.9 \cdot 10^6$ unique variants in 5,471 proteins of which 99.1% are of uncertain
272 significance, and only 19,089 have been classified as pathogenic or benign. Additionally, we see an
273 almost 2-fold excess of pathogenic variants compared to benign variants in the transmembrane
274 regions, which make up only 16.1% of the proteins.
275 We have examined the importance of changes in membrane protein stability for causing loss of
276 function. We analysed 15 proteins and calculated the change in thermodynamic stability (ΔΔG) and
277 evolutionary conservation (ΔΔE). Our ROC analysis shows good performance in separating benign
278 from pathogenic variants by their sequence conservation (AUC 0.82 for ΔΔE), and we find that
279 ca. 62% of the pathogenic variants cause loss of function via loss of stability, in line with previous
280 findings on soluble proteins. In the 15 selected proteins, we observe that most variants have a
281 hydrophobic wild type (33%) or target (37%) amino acid type and that almost 65% of benign and/or
282 non-rare variants that are likely tolerated as assessed by both ΔΔE and ΔΔG do not change their

Figure 5. Variant effects depend on the chemical nature of the wild-type and target amino acids. (A) Substitution amino acid property counts for wild type and variant per quadrants and groups. Quadrant (I) contains destabilized and evolutionary not tolerated variants; quadrant (II) stable and not tolerated; quadrant (III) stable and tolerated and quadrant (IV) destabilized and evolutionary tolerated variants (Methods). (B) Heatmap of target versus wild-type amino acid, colored by their median values ΔΔG (top) and ΔΔE (bottom) for pathogenic variants sorted by the hydrophobicity 'transmembrane tendency' scale by *Zhao and London* (*2006*). The rectangles show the enrichment of variants with high (straight line) and low (dashed line) ΔΔG or ΔΔE. Median values of ΔΔG (destabilized) and ΔΔE (not tolerated) are red, while low values are blue; missing data are colored gray.

²⁸³ amino acid type. Among pathogenic variants that lose function due to loss of stability, substitutions
²⁸⁴ to charged, polar or hydrophobic are more prominent, while we observe substitutions from more
²⁸⁵ hydrophobic to less hydrophobic residues in variants that lose function due to other reasons than
²⁸⁶ stability.

²⁸⁷ When analyzing the different classes of membrane proteins, we observe for transporter pro-
²⁸⁸ teins that pathogenic variants in the transmembrane region have an AUC of 0.97 for $\Delta\Delta E$, and loss
²⁸⁹ of stability does not appear to be the predominant factor in loss of function for the cell junction
²⁹⁰ protein we examined. In contrast, pathogenic variants in GPCRs lose function mainly via loss of sta-
²⁹¹ bility (AUC of 0.79 for $\Delta\Delta G$). We therefore suggest that pathogenic variants lose function via loss
²⁹² of stability more often in the transmembrane region of GPCRs than in the other protein classes we
²⁹³ examined.

²⁹⁴ From a more detailed inspection of individual proteins, we found that most of the high-$\Delta\Delta E$,
²⁹⁵ low-$\Delta\Delta G$ disease variants are located at positions that have known functional roles, while many of
²⁹⁶ the disease variants that are not located at functional sites have both high values of $\Delta\Delta E$ and $\Delta\Delta G$,
²⁹⁷ suggesting that these variants instead disrupt the stability of the folded state.

²⁹⁸ Our observations underline the importance of stability and the loss thereof in disease-causing
²⁹⁹ variants of membrane proteins and thereby show how computational tools can aid in interpreting
³⁰⁰ molecular mechanisms that underlie disease. Such functional understanding may help address
³⁰¹ the substantial challenge of classifying VUS (*Anderson et al., 2022*). Given the limited number of
³⁰² variants and proteins within this study, utilizing recent advantages like the large excess of experi-
³⁰³ mental structures derived from electron microscopy or computational models from e.g. AlphaFold
³⁰⁴ (*Jumper et al., 2021*) could enable a broader analysis. We include the collection of population and
³⁰⁵ ClinVar variants for the entire human proteome to facilitate such studies on membrane proteins
³⁰⁶ and beyond.

³⁰⁷ ## Limitations of this study

³⁰⁸ We note several limitations that should be considered when interpreting the results. Our general
³⁰⁹ observations and conclusions on membrane proteins and their classes are limited by the available
³¹⁰ data and proteins, partly due to our choice to only analyze experimental structures with annotated
³¹¹ pathogenic and benign variants.

³¹² Several membrane proteins, for example channels and cell junction proteins, function as (homo-
³¹³) oligomers. In this study, we used structures of the individual proteins for our stability calculations
³¹⁴ and thereby may miss destabilizing variants in interfaces. Those variants are more difficult to inter-
³¹⁵ pret using stability calculations due to the lack of contacts that are affected by stability. In addition
³¹⁶ to missing interactions, conformational changes of the structure or different conformations might
³¹⁷ alter $\Delta\Delta G$ values, and several stabilizing variants can be explained due to missing interaction part-
³¹⁸ ners in these structures (e.g. R135W, R135L, and G121V in OPSD are missing either the ligand or
³¹⁹ an intracellular binding partner).

³²⁰ Regarding the accuracy of the $\Delta\Delta G$ calculations, our membrane protein dataset is mainly alpha-
³²¹ helical, which is also true for most human membrane proteins; however, the stability score func-
³²² tion was parameterized and benchmarked on bacterial proteins, which are often beta barrels and
³²³ might fold differently compared to their helical counterparts. When we compared experimental
³²⁴ and computational $\Delta\Delta G$ values, we obtained a Spearman rank correlation coefficient of 0.46, leav-
³²⁵ ing uncertainty about the predictability of the extent of loss of stability. It is worth noting that the
³²⁶ correlation between two sets of experimental $\Delta\Delta G$ measurements in GlpG (*Paslawski et al., 2015*;
³²⁷ *Baker and Urban, 2012*) shows a Spearman correlation of 0.65, and when correlating all experi-
³²⁸ mental datasets with at least 12 overlapping variants we obtain a mean Spearman correlation of
³²⁹ 0.6. Preferences for specific amino acid properties in certain environments such as the membrane
³³⁰ might be biased by their values within the respective scoring function. Our results also depend on
³³¹ how different protein regions are defined.

³³² Our calculations of ΔΔE scores depend on the MSA, and we note that using a different MSA, e.g.,
³³³ by changing the E-value cutoff, could shift some of the ΔΔE values from tolerated to not tolerated.
³³⁴ Finally and as already discussed above, we combine benign and/or non-rare gnomAD variants
³³⁵ into group B. This should be taken into account when interpreting the results and especially when
³³⁶ investigating outliers of group B, as those could be variants of unknown significance.

Methods and Materials

Collection and processing of clinical, population and structural data

³³⁹ To extract all annotated human membrane proteins, we first obtained all unique proteins (UniProt-
³⁴⁰ ID) of the human proteome (*organism=homo sapiens*) from the UniProt (https://www.uniprot.org/
³⁴¹ help/api) (*The UniProt Consortium, 2021*) and EMBL-EBI (https://www.ebi.ac.uk/proteins/api/doc/)
³⁴² database. For each UniProt-ID, we then stored its general and amino acid-based annotations (such
³⁴³ as protein domain regions) in UniProt and further selected proteins of the type 'TRANSMEM', 'IN-
³⁴⁴ TRAMEM', 'TOPO_DOM', or 'LIPID'. This annotation originates from assignment of structural prop-
³⁴⁵ erties or predictions by TMHMM (https://www.uniprot.org/help/topo_dom). The UniProt-ID of the
³⁴⁶ first transcript is used in the further mapping and analysis.
³⁴⁷ We then further filtered the UniProt-ID list so that all remaining proteins have at least one
³⁴⁸ ClinVar (*Landrum et al., 2018*) or gnomAD (*Karczewski et al., 2020*) missense variant. gnomAD
³⁴⁹ data were taken from an in-house database built on exome data from gnomAD v2 and whole-
³⁵⁰ genome data from gnomAD v3 (scripts available at https://github.com/KULL-Centre/PRISM/tree/
³⁵¹ main/software/make_prism_files, release-tag v0.1.1). The database was generated by first download-
³⁵² ing the vcf files (May 2021), selecting exome GRCh38 liftover for v2 and whole-genome files for v3.
³⁵³ The vcf files were then annotated with Variant Effect Predictor (VEP) with the GRCh38 release 100
³⁵⁴ human transcripts set from Ensembl. From the annotated vcfs we established for all protein-level
³⁵⁵ variants, separately in exome and genome data, allele frequencies from the variant allele count as
³⁵⁶ the sum of all DNA variants leading to the same protein-level variant. Clinvar data were obtained by
³⁵⁷ parsing the following file: https://ftp.ncbi.nlm.nih.gov/pub/clinvar/tab_delimited/variant_summary.txt.
³⁵⁸ gz (May 2021) and only admitting entries that have a rating of at least one star, are single nucleotide
³⁵⁹ variants and mapped to GRCh38 (script available at https://github.com/KULL-Centre/PRISM/tree/
³⁶⁰ main/software/make_prism_files, release-tag v0.1.1). The merged dataset for the entire human pro-
³⁶¹ teome is provided at https://sid.erda.dk/sharelink/c3rDfqR8nn, using a UniProt-AC-based directory
³⁶² structure, e.g., files for GTR1 (UniProt AC P11166) can be found in subdirectory `prism/P1/11/66/`.
³⁶³ Next, we extracted all PDB-IDs from RCSB and PDBe with a matching UniProt-ID reference. As
³⁶⁴ not every PDB-ID for a given UniProt-ID in PDBe could be found in RCSB PDB and vice versa, we
³⁶⁵ searched both databases. We further included phenotype and genomic disease annotations from
³⁶⁶ OMIM via mim2gene (https://omim.org/static/omim/data/mim2gene.txt) and MIM, including the pro-
³⁶⁷ teins' chromosome information.
³⁶⁸ The sequences were then aligned to the UniProt sequence using *pairwise2.align.globalds* (with
³⁶⁹ BLAST defaults) from Biopython (*Cock et al., 2009*), a minimal identity of 0.6, and minimal cover-
³⁷⁰ age of 0.1 for alignment acceptance. All residues that do not match the UniProt sequence were
³⁷¹ discarded. The final data contained each protein sequence, its UniProt-ID, the secondary structure
³⁷² prediction by residue, solvent-accessible surface area for each wild-type residue, and UniProt an-
³⁷³ notations such as transmembrane region, protein modifications, total allele frequency counts from
³⁷⁴ gnomAD, ClinVar significance statements, genomic disease annotations, and associated PDB-IDs.

Selection of targets used for computational predictions

³⁷⁶ To find a set of proteins for our computational sequence and structure analyses, we selected all
³⁷⁷ proteins that have at least one benign and one pathogenic ClinVar annotation in an experimentally
³⁷⁸ resolved transmembrane region of the protein. This reduced the number of proteins with gnomAD
³⁷⁹ or ClinVar annotations from 1,504 proteins to 41 proteins. As the Rosetta membrane energy func-

³⁸⁰ tion has been developed and benchmarked on structures resolved by X-ray crystallography, we
³⁸¹ selected those, reducing the protein set to 16. The selected proteins are listed in table 2 and Sup-
³⁸² porting Data at https://github.com/KULL-Centre/papers/tree/main/2022/hMP-Xray-Tiemann-et-al.

Conservation analysis of variant effects

³⁸⁴ To calculate the effect of a variant in light of evolution, we used the GEMME algorithm (*Laine et al.,*
³⁸⁵ *2019*) as previously described (*Høie et al., 2022*): We first construct a multiple sequence alignment
³⁸⁶ (MSA) using the sequence of the first transcript of each proteins UniProt-ID as input to HHBlits
³⁸⁷ (version 2.0.15) (*Remmert et al., 2011*) with the following settings -e 1e-10 -i 1 -p 40 -b 1 -B 20000
³⁸⁸ to search UniRef30_2020_03_hhsuite.tar.gz (*Mirdita et al., 2017*; *UniProt Consortium, 2019*; *Ruan*
³⁸⁹ *et al., 2019*). We then further follow the GEMME algorithm that predicts the degree of conserva-
³⁹⁰ tion for all 19 substitutions (ΔΔE). We rank-normalized the ΔΔE values for the entire protein to
³⁹¹ allow comparison with the other proteins in the dataset. $\Delta\Delta E \approx 0$ corresponds to well-tolerated
³⁹² substitutions, whereas $\Delta\Delta E \approx 1$ corresponds to rare or absent variants. Additionally, we extract
³⁹³ the sequence coverage of the MSA for each position.

Thermodynamic stability predictions

³⁹⁵ To calculate changes in thermodynamic stability (ΔΔG), we use Rosetta version v2021.31-dev61729-
³⁹⁶ 0-gc7009b3115c (GitHub sha1 c7009b3115c22daa9efe2805d9d1ebba08426a54). We implemented
³⁹⁷ an in-house pipeline to perform preparation, relaxation, and ΔΔG calculations of the protein (https:
³⁹⁸ //github.com/KULL-Centre/PRISM/tree/main/software/rosetta_ddG_pipeline, release-tag v0.1.1). Prepa-
³⁹⁹ ration includes cleaning of the PDB structure coordinates (hereafter referred to as structure) of lig-
⁴⁰⁰ ands and alternative rotamers and chains, superposing of the protein into the membrane plane as
⁴⁰¹ well as calculation of the membrane plane, lipid-accessible residues (*Koehler Leman et al., 2017a*)
⁴⁰² and the solvent-accessible surface area using DSSP (*Kabsch and Sander, 1983*; *Touw et al., 2015*)
⁴⁰³ (the latter is solely used for analysis purposes).

⁴⁰⁴ Rosetta needs membrane proteins to be centered in the internal coordinate system to calcu-
⁴⁰⁵ late the membrane plane. Therefore, protein coordinate translation was performed by structural
⁴⁰⁶ superposition of the protein to its equivalent structure obtained from the *Orientations of Proteins in*
⁴⁰⁷ *Membranes (OPM) database* (*Lomize et al., 2012*), which lies already within those coordinates. Next,
⁴⁰⁸ the membrane plane was calculated using Rosetta (*Alford et al., 2015*; *Koehler Leman et al., 2017b*)
⁴⁰⁹ and the protein structure was relaxed as described in *Koehler Leman et al.* (*2021*). Finally, ΔΔG
⁴¹⁰ values for each variant were calculated as the residual energy of the variant minus the energy of
⁴¹¹ the wild type.

⁴¹² We performed a benchmark to identify the best protocol to calculate ΔΔGs for membrane
⁴¹³ proteins. First, we collected 20 experimentally derived ΔΔG datasets of in total 8 different mem-
⁴¹⁴ brane proteins (Table S3). Then, we implemented three different protocols, namely MP_repack,
⁴¹⁵ MP_flex_relax_ddG, and 'cart_prot', inspired by work on soluble proteins (*Park et al., 2016*) and
⁴¹⁶ previously published work on membrane proteins (*Alford et al., 2021*). MP_repack operates in
⁴¹⁷ *torsion space* and performs a simple repacking of the side chains within a defined radius after mu-
⁴¹⁸ tagenesis (following the protocol mentioned in *Alford et al.* (*2021*)). MP_flex_relax_ddG is inspired
⁴¹⁹ by *Park et al.* (*2016*) and allows more flexibility to accommodate the variant by allowing backbone
⁴²⁰ relaxation of the variant and its sequential neighbors, in addition to repacking of side chains within
⁴²¹ a defined radius. cart_prot follows the same protocol as MP_flex_relax_ddG but is executed in *carte-*
⁴²² *sian space*. For all protocols, we used the membrane protein score function 'franklin2019' (*Alford*
⁴²³ *et al., 2021*) that performs comparable to older membrane scoring functions as recently evaluated
⁴²⁴ in *Koehler Leman et al.* (*2021*). Finally, we selected cart_prot as the computed values gave the best
⁴²⁵ correlation with the experimental data (0.46), and additionally, the computed values have a high
⁴²⁶ reproducibility, indicated by the low standard deviation for replicates (Fig. S3). As mentioned in the
⁴²⁷ limitations section, the correlation of independent experimental studies on the same protein and
⁴²⁸ the same variants (*Baker and Urban, 2012*; *Paslawski et al., 2015*) is 0.65.

Enrichment of benign variant counts by gnomAD allele frequency

To evaluate the value of our computational methods to predict variants to be benign or pathogenic using ROC analysis, we aimed for a large number of benign and pathogenic variants. In our target proteins, we have 324 pathogenic but only 122 benign variants. We aimed to supplement benign variants with variants from gnomAD. Therefore, we performed a ROC analysis of the gnomAD allele frequency on the 10,260 benign and 2,360 pathogenic ClinVar variants in the human membrane proteome that also have a gnomAD allele frequency (Fig. 1C) and obtained an AUC of 0.96 (Fig. S1). This analysis enables calculating a cutoff to separate benign from pathogenic variants using gnomAD allele frequency via the highest Youden Index (*Krzanowski and Hand, 2009*)). We thereby obtain a cutoff of $9.9 \cdot 10^{-5}$ (Fig. 1B). We define *group B* variants as the union of those that are defined by ClinVar as benign and those variants that have an allele frequency $> 9.9 \cdot 10^{-5}$ and are not pathogenic (in ClinVar). Consequently, we call pathogenic variants *group A*. This results for our target proteins in 324 *group A* and 283 *group B* variants across 16 proteins.

Filtering criteria for variant analysis of the 16 target proteins

Prior to analysis, we defined filtering criteria for the calculated $\Delta\Delta G$ and $\Delta\Delta E$ variants to obtain a set of variants with reliable scores. First, only variants for which both $\Delta\Delta G$ and $\Delta\Delta E$ calculations are available were selected. Second, *special* residues involved in disulfide bonds or known modified residues (such as those which bind covalent ligands or palmitoylated residues) were excluded. Further, variants with a low MSA sequence coverage of fewer than 50 sequences were excluded. Last, variants that have a positive wild-type Rosetta energy (E_{res}) are excluded from further analyses as those residue conformers are likely to favor any substitution in order to reduce its energy, likely due to limitations of the Rosetta energy function. By applying all filters, we obtain a final set of 15 proteins with 220 pathogenic (*group A*) and 104 *group B* variants, of which 42 are benign (see Table 2 and for the single filtering steps additional data at https://github.com/KULL-Centre/papers/tree/main/2022/hMP-Xray-Tiemann-et-al).

Definition of $\Delta\Delta G$ and $\Delta\Delta E$ thresholds and quadrant classification

To analyze the variants in terms of their $\Delta\Delta E$ and $\Delta\Delta G$ scores, we defined cutoffs for each method based on the optimal ROC value (tradeoff of high specificity versus high sensitivity) to separate *group A* and *group B* variants, in a similar fashion as done for gnomAD allele frequency above. Next, we defined four categories dependent on their position along the $\Delta\Delta E$ and $\Delta\Delta G$ axes:

(I) *Quadrant (I)* variants have high $\Delta\Delta E$ and $\Delta\Delta G$ and are likely to cause loss of function via loss of stability;

(II) *Quadrant (II)* variants have high $\Delta\Delta E$ and low $\Delta\Delta G$ and cause loss of function for other reasons than loss of stability;

(III) *Quadrant (III)* variants have low $\Delta\Delta E$ and low $\Delta\Delta G$ and are from a structural and evolutionary perspective expected to be tolerated;

(IV) *Quadrant (IV)* variants have low $\Delta\Delta E$ and high $\Delta\Delta G$ and are from an evolutionary perspective expected to be tolerated but from a structural perspective expected to cause instability;

Definition of protein regions

For analysis purposes, we assigned residues into different regions, based on their solvent accessibility, their positioning within the membrane (TM region), and their orientation toward the lipids. Relative solvent-accessibility was calculated using DSSP (*Kabsch and Sander, 1983*; *Touw et al., 2015*) with a cutoff of 0.3, placing residues with a smaller value into the category of *buried* residues. The positioning within the membrane was obtained as described above. To assess whether a residue faces toward the lipids or not, we used a dedicated Rosetta function that returns a true or false value (*Koehler Leman et al., 2017a*). We can thereby divide the protein into six regions (with overlaps, see Fig. S4):

- *Buried*: residues with a DSSP < 0.3 and that are placed outside the membrane; this cutoff places residues within contacts as buried although they might be close to the surface of the protein
- *Solvent-accessible*: residues with a DSSP $\geq$ 0.3 and that are placed outside of the membrane
- *TM-region $\bigcap$ buried*: buried residues that are placed within the membrane
- *TM-region $\bigcap$ lipid-facing $\bigcap$ buried*: buried residues within the membrane that are oriented towards the lipids
- *TM-region $\bigcap$ lipid-facing $\bigcap$ solvent-accessible*: solvent-accessible residues within the membrane that are oriented towards the lipids
- *Others*: combination of residues that are rare and few in number, such as *TM-region $\bigcap$ solvent-accessible*, *lipid-facing $\bigcap$ solvent-accessible* or *lipid-facing $\bigcap$ buried*

Utilized software

- python3, incl. following third party libraries

  - adjustText
  - Biopython
  - circlify
  - matplotlib
  - numpy
  - pandas
  - seaborn
  - scipy
  - sklearn
  - squarify
  - xmltodict
  - nglview

- Rosetta version 2021.31+HEAD.c7009b3115c (c7009b3115c22daa9efe2805d9d1ebba08426a54, default.linuxgccrelease mode)

  - mp_span_from_pdb (*Alford et al., 2015*)
  - rosetta_scripts (*Fleishman et al., 2011*)
  - FastRelax (*Khatib et al., 2011*; *Maguire et al., 2021*)
  - MembraneMover (*Alford et al., 2015*)
  - cartesian_ddg (*Kellogg et al., 2011*; *Park et al., 2016*)
  - energy function: franklin2019 (*Alford et al., 2021*) + cart_bonded=0.5 + fa_water_to_bilayer=1.5

- Scripts available at https://github.com/KULL-Centre/papers/tree/main/2022/hMP-Xray-Tiemann-et-al

  - hMP statistics (hMP_stats.ipynb)
  - ΔΔG pipeline benchmark (MP_ddG_benchmark.ipynb)
  - Xray subset calculations (Xray_subset-calc.ipynb)
  - Xray subset analysis (Xray_subset-ana.ipynb)

- Pipelines

  - PRISM_tools (https://github.com/KULL-Centre/PRISM/software/rosetta_ddG_pipeline, release version v0.1.1)
  - PrismData, FillVariants and struc_select_sifts (https://github.com/KULL-Centre/PRISM/software/so release version v0.2.2)

- Others

  - overleaf.com
  - Affinity Designer

Data availability

All scripts are available at https://github.com/KULL-Centre/papers/tree/main/2022/hMP-Xray-Tiemann-et-al and as stated in the 'Utilized software' section.

All parsed data from Uniprot, ClinVar, and gnomAD for the human proteome are available at https://sid.erda.dk/sharelink/c3rDfqR8nn. All parsed data from wwPDB for the human membrane proteome are available at https://sid.erda.dk/sharelink/AtoGToVaZ8. All data related to the human membrane proteome and our X-ray subset are available at https://sid.erda.dk/sharelink/ds37GLjR8U. All data related to the MP stability benchmark are available at https://sid.erda.dk/sharelink/foHTKP49jC.

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Author contribution

KL-L and AS conceived the original idea and supervised the project. JKST retrieved and processed all data with contribution by HZ who extracted and processed the ClinVar and gnomAD data. JKST and AS designed the Rosetta pipeline framework and JKST implemented and benchmarked it with KL-L and AS. JKST performed all calculations and processing of the data. JKST analyzed the data and interpreted the results with KL-L and AS. JKST, KL-L and AS wrote the manuscript with input from HZ.

Competing interests

The authors declare no competing interests.

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796 **Supplementary Figures**

Figure S1. ROC analysis for gnomAD allele frequencies

Figure S2. Secondary structure of target dataset calculated using DSSP (*Touw et al., 2015*). Abbreviation stand for H = α-helix; B = residue in isolated β-bridge; E = extended strand, participates in β ladder; G = 3-helix (3_{10} helix); I = 5 helix (π-helix); T = hydrogen bonded turn; S = bend; - = unstructured

Figure S3. Benchmark of Rosetta ΔΔG calculations for MPs. (A) Comparison of accuracy of stability calculations performed with different membrane protein score functions but using the same protocol and data set. Data was extracted from (*Koehler Leman et al., 2021*). (B) Comparison using different protocols but the same score function (franklin2019; *Alford et al.* (*2021*)) and was conducted on the benchmark set described in table S3.

Figure S4. Protein regions and their overlaps.

Supplementary Tables

Table S1. Number of variants annotated by ClinVar or gnomAD for those proteins with at least one experimentally resolved structure per cellular compartment

	all	Extracellular	Cytoplasmic	Transmembrane	other
total	281,220	112,643	61,112	29,944	77,521
benign	2,089	957	495	169	4,029
benign ∩ gnomAD	1,951	883	467	155	446
pathogenic	4,030	1,430	1,118	807	3,822
patho. ∩ gnomAD	1,046	326	320	208	192
VUS (ClinVar)	18,882	7,592	5,962	1,974	3,354
VUS ∩ gnomAD	9,685	3,777	3,190	908	1,810
only gnomAD	256,219	102,664	53,537	26,994	73,024

Table S2. Variant counts, AUC and variant counts within the quadrants for each protein class. Cutoffs are taken from the complete dataset.

class	# proteins	subselection	group A	group B	$\Delta\Delta G$	$\Delta\Delta E$	group A	group B	group A	group B	group A	group B	group A	group B
	protein class info		after filtering		AUC		Q I		Q II		Q III		Q IV	
Cell Junction	1	all	33	16	0.42	0.84	8	1	12	0	8	11	5	4
		TM region	24	8	0.47	0.78	6	1	9	0	4	6	5	1
Enzyme	2	all	24	10	0.62	0.83	12	0	8	3	2	4	2	3
		TM region	6	33	1	0.83	4	0	0	1	0	1	2	1
GPCR	4	all	54	24	0.79	0.83	31	1	12	5	2	14	9	4
		TM region	31	11	0.81	0.87	19	1	6	2	1	5	5	3
Ion channel	3	all	11	12	0.72	0.81	6	1	3	3	2	8	0	20
		TM region	4	3	0.42	0.75	1	0	2	1	1	2	0	0
Transporter	5	all	98	42	0.63	0.82	48	3	29	9	12	20	9	10
		TM region	44	10	0.71	0.97	27	0	11	1	2	6	4	3

Table S3. Experimental ΔΔG datasets (all from E. coli) used for benchmarking. Multiple variant counts indicate different pH, labeling tags or temperatures.

uniprotID	protein	#variants	reference
P09391	GLPG	6, 3	*Gaffney and Hong* (*2018*)
P09391	GLPG	69	*Paslawski et al.* (*2015*)
P09391	GLPG	142	*Baker and Urban* (*2012*)
P09391	GLPG	20, 20, 8, 8	*Guo et al.* (*2016*)
P09391	GLPG	2	*Min et al.* (*2015*)
P0A910	OMPA	19, 20	*Hong et al.* (*2007*)
P0A910	OMPA	15	*Hong et al.* (*2006*)
P0A921	PA1	36	*Moon and Fleming* (*2011*)
P0A921	PA1	6, 6, 6	*Stanley and Fleming* (*2007*)
P0A921	PA1	49	*McDonald and Fleming* (*2016*)
P37001	PAGP	20	*Marx and Fleming* (*2017*)
P37001	PAGP	19, 19	*Huysmans et al.* (*2010*)