

1 **Systematic comparison and rational design of theophylline**
2 **riboswitches for efficient gene repression**

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ABSTRACT

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Riboswitches are promising regulatory tools in synthetic biology. To date, 25 theophylline riboswitches have been developed for gene expression regulation in bacteria. However, no one has systematically evaluated their regulatory effects. To facilitate rational selection of theophylline riboswitches, we examined 25 theophylline riboswitches in *Escherichia coli* and surprised to find that none of the five repressive riboswitches were more than 2-fold effective. To solve this problem, we rationally designed a transcriptional repressive riboswitch and demonstrated its effect not only in various bacterial strains but also in different growth media or different temperatures. By introducing two copies of theophylline riboswitches and a RepA protein degradation tag coding sequence at the 5'-end of a reporter gene, we successfully constructed a dual gene expression regulatory system with up to 150-fold potency, namely the R2-RepA system. R2-RepA system is only 218 bp in length, expression of any protein could be repressed efficiently by simply inserting this system upstream of the

26 target protein-coding sequence. This study represented a crucial step toward harnessing theophylline
27 riboswitches and expanding the synthetic biology toolbox.

28 INTRODUCTION

29 Riboswitches are common gene regulatory elements typically located in the 5'-untranslated region
30 (UTR) of mRNAs that alter gene expression in response to small molecule ligands (Winkler *et al*,
31 2002). It comprises two parts, an aptamer domain that binds ligand and an expression platform that
32 regulates the expression of downstream genes (Breaker, 2012). Due to their simplicity, specificity,
33 stability, modular design, and ease of implementation, riboswitches provide a promising platform for
34 gene regulation.

35 To meet the growing demand, more than 60 artificial riboswitches that respond to non-metabolite
36 ligands, including theophylline, tetracycline, naringenin, caprolactam and dopamine, have been
37 constructed (Borujeni *et al*, 2016; Harbaugh *et al*, 2022; Jang *et al*, 2019; Jang *et al*, 2017; Suess *et al*,
38 2004; Suess *et al*, 2003). Of these, theophylline riboswitch is the most studied (Wrist *et al*, 2020). In
39 2004, Suess *et al*. engineered the first theophylline riboswitch by combining theophylline aptamer with
40 an expression platform, resulting in a functional translational ON (TL-ON) riboswitch (Suess *et al*,
41 2004). Shortly thereafter, Desai and Gallivan constructed another TL-ON theophylline riboswitch
42 (Desai & Gallivan, 2004). Later, other researchers developed theophylline riboswitches with different
43 regulatory mechanisms. For examples, Ogawa *et al*. fused theophylline aptamer to a hammerhead
44 ribozyme to generate a ribozyme ON (RZ-ON) riboswitch (Ogawa & Maeda, 2008), and Fowler *et al*.
45 selected the first transcriptional ON (TC-ON) theophylline riboswitch by fluorescence-activated cell
46 sorting (FACS) technique (Fowler *et al*, 2008). Topp and Gallivan further constructed a translational
47 OFF (TL-OFF) theophylline riboswitch by inserting a riboswitch coding sequence within the translated
48 region of a gene (Topp & Gallivan, 2008). On top of that, Ceres *et al*. rational designed three chimeric
49 riboswitches, each containing the same theophylline aptamer domain, with three independent
50 expression platforms from *metE*, *yitJ* and *lysC* riboswitches to generate three functional transcriptional
51 OFF (TC-OFF) riboswitches (Ceres *et al*, 2013a). Meanwhile, various research teams have extensively
52 screened and optimized the theophylline riboswitch library to improve their regulatory ability. In order

53 to accurately characterize the regulatory ability of riboswitches, researchers introduced
54 activation/inhibition ratio, which refers to the quantitative relationship between small molecule inducer
55 concentration and biosensor output signal (Snoek *et al*, 2020). The activation/repression ratio is
56 calculated as the fold change between the maximum and minimum values of biosensor output signal.
57 For example, Topp *et al*. screened and constructed six TL-ON theophylline riboswitches termed A-E
58 and E*, which enable inducible gene expression in eight different bacterial species with activation
59 ranging from 5 to 150-fold (Topp *et al*, 2011). Cui *et al*. modified the ribosome binding site (RBS) in
60 riboswitch E to generate riboswitch E1 that results in an activation fold of 6.8 in *Bacillus subtilis* (Cui
61 *et al*, 2016). After that, Canadas *et al*. generated four riboswitches based on the sequence of riboswitch
62 E*, providing effective activation in *Clostridium* (Canadas *et al*, 2019). Details of the above
63 riboswitches are shown in [Table 1](#).

64 From the above, it can be concluded that theophylline riboswitches have been developed for five
65 distinct regulatory mechanisms that can mediate two different regulatory effects: activation or
66 repression of gene expression. While many studies have assessed the activation/repression ratios of
67 these riboswitches under various conditions, systematic comparisons of their regulatory functions
68 under the same experimental condition are lacking. To facilitate a more rational selection of
69 theophylline riboswitches, we focused on two important parameters, the activation/repression ratio and
70 the basal expression level. The latter is the output signal of the biosensor in the absence of the inducer
71 (Rogers *et al*, 2015). We examined 25 theophylline riboswitches commonly used in bacterial cells,
72 including 17 TL-ON, 3 TC-ON, 1 RZ-ON, 1 TL-OFF, and 3 TC-OFF riboswitches. We investigated
73 these two parameters in *Escherichia coli* MG1655 strain and found that they were highly variable. We
74 also compared the data in different *E. coli* strains, growth media, and temperatures, and found, notably,
75 that the regulatory effects of riboswitches were unsatisfactory except for TL-ON riboswitches. To
76 obtain an efficient repressive riboswitch, we rationally designed and constructed a novel TC-OFF
77 theophylline riboswitch. To further enhance the effect, we employed two strategies: first, we connected
78 riboswitches in tandem to increase their activation/repression ratios; second, we exploited a protein
79 degradation tag to shorten the half-life of the proteins, thereby achieving extremely low protein leaky
80 expression. We also constructed a mathematical model to predict the systemic repression effects at

81 different theophylline concentrations. This work thus provided a new biological cassette for bottom-up
82 design of genetic circuits that shall greatly facilitate rational engineering of gene expression in
83 synthetic and systems biology.

84 MATERIAL AND METHODS

85 Plasmid construction

86 In *E. coli* and *S. Typhimurium*, reporter plasmids were constructed using pBRplac as the parent
87 plasmid (Beisel & Storz, 2011; Guillier & Gottesman, 2006). In *M. smegmatis*, *B. thuringiensis* and *B.*
88 *subtilis*, plasmids pMV261 (Ali *et al*, 2017; Li *et al*, 2022), pRP0122 (Zhou *et al*, 2016) and pHT43
89 (Rafique *et al*, 2021) were used respectively. Except for pHT43, the transcription of *turborfp* along
90 with its 5'UTR regulatory elements was carried out under strong constitutive promoters. In pHT43,
91 gene expression was controlled by the strong IPTG-inducible P_{grac} promoter. The primers used for
92 plasmid construction were synthesized by Tianyi Huiyuan (Wuhan, Hubei, China). All plasmids
93 generated in this study were assembled using the Hieff Clone®Plus Multi One Step Cloning Kit
94 (YEASEN, Shanghai, China), and confirmed *via* sequencing (Quintarabio, Wuhan, Hubei, China). The
95 constructed plasmids were transformed into corresponding strains via calcium chloride (CaCl₂) method
96 to produce corresponding derivative strains ([Supplementary Table S1](#)). The plasmids and primers used
97 in this study were listed in [Appendix Table S2 and S3](#).

98 Bacteria and culture conditions

99 *E. coli* DH5 α was used for all cloning experiments. If not indicated otherwise, *E. coli* MG1655
100 was transformed with the resulting plasmids for fluorescence measurement. *E. coli* NST74 (Tribe,
101 1987), BL21, HB101, JM101, BW25113 and Top10, *Salmonella enterica* serovar Typhimurium
102 SL1344 (Richardson *et al*, 2011), *Mycobacteria smegmatis* MC²155 (Li *et al*, 2017), *Bacillus*
103 *thuringiensis* BMB171 (He *et al*, 2010; Wang *et al*, 2019) and *Bacillus subtilis* 168 were employed as
104 hosts for riboswitch performance tests ([Appendix Table S1](#)). *E. coli*, *S. Typhimurium* and *B.*
105 *thuringiensis* were grown in lysogeny broth (LB) medium (tryptone 10 g/L; yeast extract 5 g/L; NaCl
106 10 g/L), and *M. smegmatis* in 7H9 media (7H9 Broth 4.9 g/L; 0.2% glycerol; Tween 20 0.05%). For *B.*
107 *subtilis*, 2 \times yeast extract tryptone (2 \times YT) medium (tryptone 16 g/L; yeast extract 10 g/L; NaCl 5 g/L)

108 were used for cultivation. When necessary, ampicillin, kanamycin and spectinomycin was added to the
109 culture at the final concentrations of 100 $\mu\text{g}/\text{mL}$, 50 $\mu\text{g}/\text{mL}$, and 100 $\mu\text{g}/\text{mL}$, respectively. If not
110 otherwise indicated, strains were grown in 250 mL shake flasks (50 mL medium per flask) on a rotary
111 shaker at 200 rpm at 37 °C (Ruihua, Wuhan, Hubei, China).

112 For fluorescence measurement, individual colonies were picked and grown overnight in 5 mL LB
113 media with 100 $\mu\text{g}/\text{mL}$ ampicillin. This culture was diluted 100-fold to inoculate 50 mL of fresh media
114 and allowed to grow to early exponential phase (2 hours after inoculation, an OD_{600} approximately 0.5),
115 at which point theophylline was added to the media at the concentrations indicated. Cells were allowed
116 to grow at 37 °C for different times to measure their fluorescence intensity as indicated in the figure
117 legend.

118 **RNA extraction, cDNA synthesis, and RT-qPCR.**

119 For RT-qPCR experiments, 2 mL samples from *E. coli* strains were collected. Total RNA was
120 extracted, and RT-qPCR was conducted essentially as previously described (Wang *et al*, 2014), with
121 modifications as indicated in the figure legends. Results for each strain were normalized to those of the
122 *rrsB* gene coding 16S rRNA. For data analysis, technical and biological triplet data were obtained.
123 Data were subjected to one-way analysis of variance (ANOVA) using the Bonferroni test, $n = 3$.

124 **Fluorescence measurement**

125 Samples were taken in triplicate (1 mL each sample), and OD_{600} was measured using 500 μL of
126 culture. Another 500 μL of the culture was taken and diluted to appropriate concentration with LB
127 media to measure its fluorescence intensity in a 96 well microplate (Sangon Biotech, Shanghai, China).
128 Fluorescent measurements were carried out at an excitation wavelength of 553 nm, and the emission
129 fluorescence was taken at 593 nm. All fluorescence intensity results were normalized by respective cell
130 growth (OD_{600}) and background elimination. All experimental results were obtained with three
131 biological replicates. Data were subjected to one-way analysis of variance (ANOVA) using the
132 Bonferroni test, $n = 3$.

133 **Mathematical model**

134 The model was generated in MATLAB R2019b. The equations used were based on the law of
135 mass action that describes the biomolecular interactions. A detailed derivation and description of the
136 model was provided in the results section and in the Appendix file (Koch, 1956; Quand *et al*, 2013).

137 **RESULTS**

138 **Systematic evaluation of theophylline riboswitches**

139 To test the regulatory role of each riboswitch, we first determined the applied host strain, culture
140 conditions, and appropriate inducer concentrations. We selected the most representative "wild type" *E.*
141 *coli* strain MG1655, and the corresponding LB medium, incubated it at 37 °C. We then examined the
142 inhibitory effect of theophylline on the growth of MG1655 and found that the growth inhibition in LB
143 medium was negligible when theophylline concentration was less than 2 mM ([Appendix Fig S1](#)).
144 Therefore, 2 mM theophylline was used in all following experiments unless otherwise indicated. We
145 compiled the detailed sequences of 25 theophylline riboswitches commonly used in bacteria by
146 reviewing the literature and classified them into 17 TL-ON, 3 TC-ON, 1 RZ-ON, 1 TL-OFF, and 3
147 TC-OFF riboswitches according to their regulatory mechanisms and effects ([Tables 1](#)). We then
148 separately inserted coding sequences of different theophylline riboswitches upstream of the reporter
149 gene *turbofnp* controlled by a constitutive promoter ([Fig 1A](#)) to construct 25 different plasmids
150 containing theophylline riboswitches ([Appendix Table S2](#)). We also constructed the pWA143 plasmid
151 containing the gene circuit but without the riboswitch coding sequence as a negative control ([Fig 1A](#)).
152 We then transformed these plasmids individually into MG1655 to test the function of different
153 theophylline riboswitches.

154 To evaluate these riboswitches, we examined their performance on activation/repression ratios and
155 basal expression levels. Activation/repression ratio was calculated by dividing the TurboRFP
156 fluorescence intensity at 2 mM theophylline by the fluorescence intensity at 0 mM theophylline. Basal
157 expression levels refer to TurboRFP fluorescence intensity at 0 mM theophylline. These two
158 parameters together constitute the dynamic range of the riboswitch, that is, the maximum and minimum
159 values that it can regulate ([Fig 1B](#)).

160 First, we focused on the activation/repression ratios of these riboswitches (Fig 1C). Most 17
161 TL-ON riboswitches showed 2.2- to 63-fold activation; unfortunately, No. 1 and No. 21 exhibited less
162 than 2-fold activation, and No. 19 had almost no fluorescent signal. Of the 3 TC-ON riboswitches, No.
163 5 and No. 14 promoted more than 2-fold expression of TurboRFP in the presence of theophylline,
164 while No. 18 showed the opposite effect under our experimental condition; it did not activate, but
165 inhibited gene expression. For No. 4 riboswitch of RZ-ON, the data showed that it barely worked. It
166 can be seen that of the above 21 ON-switches, including 17 TL-ON, 3 TC-ON and 1 RZ-ON, No. 13
167 exhibited the highest activation ratio of 63.6-fold. Of the 4 OFF-switches, No. 3 riboswitch was
168 reported to repress translation, but was only 1.1-fold effective when grown in the presence of
169 theophylline. Three TC-OFF riboswitches (No. 15, No. 16, and No. 17) were also tested. Only No. 17
170 showed a 1.6-fold difference in repressing gene expression, and the other two had almost unchanged
171 TurboRFP fluorescence intensities under theophylline induction.

172 Next, we compared basal expression levels and found that they varied widely (Fig 1C). Among
173 the "ON" riboswitches, the relative basal levels of TurboRFP fluorescence expression ranged from as
174 low as 2.5 arbitrary units (a.u.) (No. 11) to as high as 23,000 a.u. (No. 21), meaning that they differ by
175 a factor of almost 10,000. In the "OFF" riboswitches, there is also a large difference in the basal
176 expression levels of TurboRFP. For example, the highest (No. 17) and the lowest (No. 3) were 1,300
177 a.u. and 15 a.u., respectively. Given the limited activation/repression ratio of most riboswitches, these
178 differences cannot be ignored. For example, if two riboswitches both activated gene expression up to
179 10-fold, and if one has a basal expression level of 100 a.u. and the other of 1000 a.u., then they
180 regulated with a dynamic range of 100-1,000 a.u., and 1,000-10,000 a.u., respectively, which could
181 lead to a large difference in gene expression. That said, when we focused on the activation/repression
182 ratios of riboswitches, we should also pay attention to their basal expression levels.

183 Finally, we tested the performance of the aforementioned 25 riboswitches under different
184 conditions, including different *E. coli* strains, different temperatures, and different media. Although the
185 degrees of activation/repression have changed, it is worth noting that for most riboswitches, dynamic
186 range didn't change much. For example, for TL-ON riboswitch No. 6, in strain JM101, the activation

187 ratio in LB medium at 37 °C was only 1.1, but in strain DH5a, it reached 9.6 in LB medium at 25 °C.
188 Although far different, the relative TurboRFP fluorescence intensities were still in the dynamic range
189 of 100-300 a.u. This was also true for other riboswitches, such as TL-ON riboswitch No. 21, where the
190 dynamic range was consistently within 20,000-40,000 a.u., regardless of the conditions. Therefore,
191 testing riboswitches under various conditions allowed us to more accurately assess their functions.

192 Notably, TL-ON riboswitches No. 13 showed superior results, with activation ratio exceeding 12
193 under all tested conditions. Its basal expression ratios fluctuated in the range of 3-76 a.u. ([Appendix Fig](#)
194 [S2](#)). Therefore, this riboswitch was the best player of all ON-riboswitches. On the contrary, all
195 OFF-riboswitches performed poorly, with repression ratio less than 2-fold. For TC-OFF riboswitch No.
196 17, previous results showed that its repression ratio was 1.6 at 2 mM theophylline than at 0 mM
197 theophylline, and was ineffective at 25°C and in SOC medium.

198 From the above data, we could conclude that among the 5 regulatory mechanisms, TL-ON
199 riboswitches were the best optimized, especially riboswitches No. 13, because it showed the highest
200 activation ratio and the lowest basal expression level. However, none of the "OFF" riboswitches
201 showed over 2-fold repression ratio, so we needed to redesign and reconstruct a repressive riboswitch.

202 **Rational design of TC-OFF theophylline riboswitch**

203 Among the riboswitches for transcriptional regulation, there are two types of regulation based on
204 intrinsic terminators and those based on Rho-dependent terminators (Proshkin *et al.*, 2014; Wang *et al.*,
205 2019). Intrinsic terminators are sequences in the non-template DNA strand that, when transcribed into
206 RNA, forms a GC-rich hairpin structure followed by a U-rich tract in the RNA:DNA hybrid
207 (Rosenberg & Court, 1979). It leads to dissociation of elongation complex without the assistance of
208 auxiliary transcription regulators. Compared to translational and ribozyme-based regulation,
209 transcriptional control by intrinsic termination is a more conserved, relatively simple, and efficient
210 regulatory mechanism (Mitra *et al.*, 2009). Considering the advantages of intrinsic terminator-based
211 transcriptional control, we sought to develop a TC-OFF theophylline riboswitch. Riboswitch B (No. 9
212 in this work) was previously reported to activate protein translation (Topp *et al.*, 2011). In the absence
213 of theophylline, riboswitch B folds into an OFF state in which the RBS was sequestered in the

214 secondary structure. When theophylline binds to the aptamer, RBS becomes accessible to 16S rRNA of
215 the ribosome to initiate translation (Topp *et al.*, 2011). Interestingly, we found that the RBS sequence
216 “AGGGGGU” is rich in G, which represents exactly half of the intrinsic transcription terminator
217 hairpin sequence. We speculated that if the downstream sequence of RBS was replaced by another half
218 of the terminator, a complete intrinsic transcription terminator could be constructed. Therefore, we
219 changed the sequence “CAAGAUG” to “CCCCCUU” and added another 7 U residues (UUUUUUU)
220 downstream of it. The terminator is thus composed of a 7 bp hairpin stem, a 4 bp loop, and a stretch of
221 8 U residues (Fig 2A). We named this new riboswitch R1 and expected it to transcriptionally repress
222 expression. Since the translation initiation codon AUG in riboswitch B was deleted in the new
223 construct, we added an RBS and an AUG codon downstream of the riboswitch to initiate TurboRFP
224 translation. The corresponding plasmid was named pWA131 (Appendix Fig S3, Table S2).

225 To test whether R1 is functional *in vivo*, MG1655-pWA131 (test strain) or MG1655-pWA143
226 (control strain) were grown in LB supplemented with 100 µg/mL ampicillin for 2 hours to reach early
227 exponential phase. Theophylline was then added at 2 hours, and *turborfp* mRNA amount or
228 fluorescence density was measured at 2, 4, and 6 hours. The results showed that the expression of
229 *turborfp* mRNA in test strain decreased by 2.1- and 2.8-fold at 4 and 6 hours after the addition of
230 theophylline compared to the case where no theophylline was added. Meanwhile, control strain showed
231 no significant changes in mRNA amount whether theophylline is present or not (Fig 2B). The trends in
232 TurboRFP fluorescence intensities of the test or control strains were consistent with the changes in
233 mRNA amounts. After adding theophylline, the TurboRFP fluorescence intensities decreased by 1.2-
234 and 2.0-fold at 4 and 6 hours in the test strain, respectively, compared with the strains without
235 theophylline addition (Fig 2C). Likewise, the TurboRFP fluorescence intensities of the control strain
236 with or without theophylline did not change significantly (Fig 2C). The addition of theophylline thus
237 resulted in a decrease in mRNA and protein levels, demonstrating that our construction of the TC-OFF
238 theophylline riboswitch was indeed working.

239 **Improvement of riboswitch performance**

240 However, we noticed that the repression ratio of the riboswitch was not large enough. To address
241 this issue, we found previous literature showing that riboswitches in tandem could achieve a greater
242 repression ratio and reduce leaky expression (Sudarsan *et al*, 2006; Zhou *et al.*, 2016). Therefore, we
243 integrated two or three theophylline riboswitches coding sequences linked by a 13 bp linker sequence
244 upstream of *turborfp*, to generate plasmids of pWA140 (R2) and pWA141 (R3), respectively (Fig 3A).
245 Detailed sequences and derivative strains are listed in Appendix Fig S3 and Table S1. At 4 hours, R2
246 and R3 repressed TurboRFP expression by 1.4- and 1.5-fold in the presence of theophylline. And at 6
247 hours, these values increased to 3.7- and 2.8-folds, respectively (Fig 3B). From the above data, it can
248 be seen that R2 gave the highest repression ratio among the three at 6 hours. We also found that
249 increasing the number of riboswitches in tandem reduced the basal expression level from 61,830 a.u.
250 (R1) to 39,143 a.u. (R2) to 17,611 a.u. (R3) at 6 hours. After theophylline addition, the corresponding
251 TurboRFP fluorescence intensities also decreased from 31,161 a.u. (R1) to 10,559 a.u. (R2) to 6,395
252 a.u. (R3).

253 The response of tandem riboswitches to different concentrations of theophylline was also tested.
254 We measured the fluorescence intensities 6 hours after adding 0, 0.5, 1.0, and 2 mM theophylline. The
255 slopes of the linear regression lines of R1 and R2 were -1.433 and -1.309, respectively, indicating that
256 R1 and R2 showed similar theophylline responses. However, R3 was less sensitive to changes in
257 theophylline concentration, with a slope of the linear regression line of -0.4869 (Fig 3C). Taking into
258 account the repression ratio and basal expression level, we concluded that R2 performed the best
259 among the three.

260 **Mathematical model of R2-mediated quantifiable repression**

261 To validate our observations and provide predictability, we constructed a mathematic model of the
262 regulatory effect of R2 to different concentrations of theophylline at different times (Fig 4A). As the
263 simulations showed, our model agreed well with the experiment results (R-square was 0.9755). The
264 effect of riboswitch changed greatly when theophylline concentration was below 0.25 mM, and
265 effective repression occurred when theophylline concentration was higher than 0.25 mM. The highest
266 level of repression was reached at 8 hours. Therefore, based on the simulations, we could calculate the

267 fluorescence levels in the theophylline concentration range and time range. Conversely, if the
268 theophylline concentration in the media is unknown, we could deduce the concentration of theophylline
269 in the media from the TurboRFP fluorescence density.

270 **Robustness of R2 under various conditions**

271 To investigate the robustness of R2, we tested it in five different bacteria, including
272 *Proteobacteria E. coli* BL21 and *S. Typhimurium* SL1344, *Actinobacteria M. smegmatis* MC²155,
273 *Firmicutes B. subtilis* 168 and *B. thuringiensis* BMB171, which are widely used in genetic engineering.
274 In most strains, R2 provided more than 7-fold repression (Fig 5A). Different *E. coli* stains, including
275 BL21, JM101, HB101, NST74, BW25113, Top10 and DH5 α , were also tested. In all strains, the
276 presence of R2 did show a significant repression effect. Among them, JM101 provided the highest
277 repression ratio (Fig 5B).

278 Since temperature plays an important role in the structure and function of riboswitch RNAs
279 (Fuertig *et al*, 2020), we selected the JM101 strain with the best regulatory effect for testing. R2 in
280 JM101 was tested at 5 different temperatures ranging from 16 °C to 42 °C. Indeed, R2 exhibited
281 significant inhibition at all temperatures tested, but was more potent at 42°C than at 16°C with a factor
282 of 77.4 and 4.9 (Fig 5C). We attributed this phenomenon to a higher mobility of RNA structure at high
283 temperature (Wu *et al*, 2021).

284 R2 activity was also measured by changing growth media, and found to exhibit good regulatory
285 performance in all tested media except SOC (Fig 5D). Less reduction of TurboRFP was detected when
286 cultured in SOC. By carefully examining the composition of the media, we speculated that glucose in
287 the SOC might prevent its function. To test this hypothesis, we added 0.4% glucose to the LB medium
288 and subsequently measured its fluorescence. As expected, R2 was inactive in this medium. These data
289 suggested a certain correlation between glucose concentration and theophylline transport. Since little is
290 known about theophylline transport in *E. coli*, our results provided some clues for this study. In
291 conclusion, our rationally designed TC-OFF theophylline riboswitch could control gene expression
292 under a variety of bacteria, different growth media and temperatures, making it a useful tool for
293 repressing gene expression.

294 **Enhanced repression by the dual transcription-translation control system R2-RepA**

295 Through the above experiments, we found that although R2 had superior regulatory effect in *E.*
296 *coli* JM101, up to 77.4-fold, the repression in the widely used ‘wild-type’ MG1655 strain was not ideal,
297 only 10-fold at the maximum level of repression of 24 hours. To further reduce the leaky expression in
298 MG1655, we introduced a second gene repression element into the system: a protein degradation tag
299 (RepA), which consists of 15 amino acids (NQSFISDILYADIES) that directs the target protein to the
300 housekeeping ClpAP protease (Butz *et al*, 2011; Hoskins *et al*, 2000). This element can be used to
301 shorten the half-life of proteins, thereby reducing leaky expression. We considered it to be a promising
302 regulatory tool because it is located at the N-terminus of the protein, so the RepA tag coding sequence
303 could be easily integrated with the riboswitch coding sequence as a single regulatory cassette. We
304 anticipated that the fusion protein called RepA-RFP could serve as a substrate for ClpAP degradation
305 (Fig 6A), with the detailed sequences listed in Appendix Fig S3. The repression ability of the RepA tag
306 was examined from 2 to 12 hours. As shown in Fig 6B, TurboRFP fluorescence intensities were indeed
307 reduced in RepA-RFP (RepA, MG1655-pWA144) compared to untagged TurboRFP (no riboswitch,
308 MG1655-pWA143), but leaky expression was still seen throughout growth. The lowest expression of
309 RepA-RFP was at 6 hours, and the fluorescence gradually accumulated from 8 hours to 12 hours. One
310 possible reason is that at stationary phase, the amount of proteins targeted for degradation by proteases
311 increased, and they competed for a limited number of proteases, leading to a prolonged half-life of
312 RepA-RFP (Zhou & Gottesman, 1998). We also tested the repression of TurboRFP by R2 from 2 to 12
313 hours. In the absence of theophylline, TurboRFP fluorescence intensities increased over time. After the
314 addition of theophylline, they decreased from 1.4-fold at 4 hours to 6.5-fold at 12 hours (R2,
315 MG1655-pWA140) (Fig 6C). However, the results showed that there was still significant leaky
316 expression from 6 to 12 hours. Thus, we could see that neither RepA nor riboswitch alone could
317 effectively inhibit gene expression.

318 Next, the R2-RepA system, in which two theophylline riboswitch coding sequences in tandem
319 were fused to the RepA coding sequence, was inserted upstream of *turboRfp* (pWA146) (Fig 6A and
320 Appendix Fig S3). We then measured the regulatory effect of R2-RepA system in media with or
321 without theophylline. The strain produced nearly no fluorescence in the presence of theophylline (99

322 a. u.), highlighting the high repression efficiency of R2-RepA system (Fig 6D). As with R2-RepA
323 system (R2-RepA, MG1655-pWA146), the maximum level of repression at 12 hours after addition of
324 theophylline reached 151.2-fold compared to the system without the repression (no riboswitch,
325 MG1655-pWA143). In another word, at 12 hours after adding theophylline, basal expression was
326 particularly low, only 0.6% of TurboRFP alone. Our results supported the idea that the R2-RepA
327 system is very effective in repressing gene expression.

328 **DISCUSSION**

329 **A highly efficient dual gene expression regulatory system**

330 We have successfully generated a new theophylline riboswitch that repress transcription on
331 binding of theophylline. By combining transcriptional and translational regulation, we constructed a
332 dual gene expression regulatory system based on riboswitches and protein degradation tag RepA,
333 namely the R2-RepA system. The R2-RepA system is only 218 bp in length, and did not require
334 additional expression of other regulatory proteins. The expression of any protein could now be
335 repressed efficiently by simply inserting this new cassette upstream of the protein-coding sequence,
336 followed by adding theophylline to achieve over 150-fold of gene repression. In addition, we
337 systematically evaluated 25 theophylline riboswitches used in bacteria. We determined their
338 activation/repression ratios and basal expression levels in various strains, growth media and
339 temperatures. Therefore, these works provide the basis for a more rational selection of theophylline
340 riboswitches.

341 **Possible reasons for the poor performances of theophylline riboswitches**

342 In Appendix Table S4, we described in more detail than Table 1 all theophylline riboswitches
343 developed in bacteria to date. We compiled information on sequences, lengths, regulatory mechanisms,
344 growth conditions, construction methods, and activation/repression ratios, and tried to identify the
345 causes of those riboswitches with poor performance (activation/repression ratio less than 2-fold), such
346 as riboswitches No. 1, No. 3, No. 4, No. 15, No. 16, No. 17, No. 18 and No. 21. We first evaluated their
347 full-length riboswitch structures by RNAfold (Gruber *et al*, 2008), and found that, of these
348 riboswitches, the secondary structures of the two TL-ON riboswitches No. 1 and No. 21 were the most

349 unstable, with a minimum free energy (MFE) of only -0.13 and -0.11 kcal/mol/bp, respectively. This
350 means that, in the absence of theophylline, the RBS and start codon tended to be accessible for
351 translation initiation, resulting in significant leaky expression. We also compared the structural
352 differences between the full-length riboswitches and those with aptamer region only that were
353 constrained to form efficient ligand-binding folds. TL-OFF riboswitch No. 3, RZ-ON riboswitch No. 4,
354 TC-OFF riboswitch No. 15, No. 16 and No. 17 showed no secondary structure changes in either state.
355 Therefore, we speculated that theophylline has little effect on maintaining the theophylline-binding
356 secondary structure of these RNAs, resulting in no regulatory effect. We also calculated the free energy
357 differences between theophylline-bound and theophylline-unbound state of these riboswitches. The free
358 energy difference for No. 18 was -22.6, deviated significantly from the binding energy of the
359 aptamer/theophylline complex (-8.86 kcal/mol) (Wachsmuth *et al*, 2013). Thus, this RNA did not
360 appear to fold as the authors claimed.

361 **Applications of the dual transcription-translation control system R2-RepA**

362 Compared to the numerous strategies to achieve high gene expression levels in *E. coli*, relatively
363 few repression systems were available (Bervoets & Charlier, 2019; Kato, 2020). To date, three systems
364 are commonly used in bacterial cells; the tetracycline-repression system (Tet-off system), clustered
365 regularly interspaced short palindromic repeats interference (CRISPRi), and sRNA mediated gene
366 repression. While useful in a large number of applications, these systems have limitations. The Tet-off
367 system and the CRISPRi system require additional expression of the regulatory proteins TetR and Cas,
368 which increase the manipulation difficulty and metabolic burden for bacteria (Hillen & Berens, 1994;
369 Qi *et al*, 2013). Compared with these three repression systems, the current R2-RepA system had
370 several advantages: 1) No additional protein expression is required; 2) The R2-RepA system is very
371 short, only 218 bp in length; 3) There is less crosstalk between inducer and cellular metabolism (Yu *et*
372 *al*, 2009); 4) The system is very effective, with up to 150-fold repression. Therefore, our system is
373 simple, accurate and can be used as a general approach for repressing gene expression.

374 However, the R2-RepA system also had certain limitations. Since it is actually consisted of two
375 different elements, the riboswitch and the protein degradation tag, we did not test the robustness of the

376 protein degradation tag alone under various conditions. We hypothesized that proteases in different
377 bacteria recognized different protein degradation tags, and therefore protein degradation tag was not
378 universal in a wide range of bacteria. Actually, back in 2014, Cameron et al. developed a degradation
379 system based on the *Mesoplasma florum* tmRNA system that can function in a wide range of bacteria.
380 However, this system requires additional expression of the exogenous protease *mf*-Lon, which would
381 increase the complexity of the system, so we did not adopt this system in this study (Cameron &
382 Collins, 2014). We believe that any protein degradation tag corresponding to host bacterial protease
383 can be used in conjunction with the theophylline riboswitch to repress gene expression, if desired.

384 **Future directions**

385 To date, libraries of genetic regulatory elements with different regulatory strengths, such as
386 promoters, RBS elements, and intrinsic terminators, have been constructed (Chen *et al*, 2013; Mutalik
387 *et al*, 2013; Zaslaver *et al*, 2006). However, a library of theophylline riboswitches has not been
388 established. So far, all theophylline riboswitches are derived from the same aptamer, and the
389 modification of them are limited to the expression platform. Therefore, the screening of the
390 theophylline riboswitch aptamer is also a very important aspect, and with the development of new
391 technology after the systematic evolution of ligands by exponential enrichment (SELEX), we believe
392 that more theophylline aptamers can be screened by new methods to obtain theophylline riboswitch
393 with better performance. Meanwhile, studying the transportation mechanism of theophylline and
394 improve its transportation efficiency can significantly improve its regulatory effect. This study thus
395 represented a crucial step toward harnessing theophylline riboswitches and expanding the synthetic
396 biology toolbox.

397 **APPENDIX DATA**

398 Appendix Data are available at MSB online.

399 **ACKNOWLEDGEMENTS**

400 This work was supported by the National Natural Science Foundation of China (31971339 and
401 32171422). And was also supported by the Fundamental Research Funds for the Central Universities
402 (2662022SKYJ004).

403 **CONFLICT OF INTEREST**

404 None declared.

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538

539 **FIGURE LEGENDS**

540 **Figure 1 - Evaluation of gene expression regulation efficiencies of various theophylline**
541 **riboswitches.**

542 A Designed plasmids containing gene circuits to assess the repression profile of theophylline
543 riboswitches. The *turborfp* gene (shown as red arrow) is controlled by a constitutive promoter (shown
544 as black arrow). Also shown are the theophylline riboswitch coding sequence (blue box) and RBS
545 coding sequence (black semicircle). Control plasmid pWA143, including the gene circuit without the
546 riboswitch coding sequence.

547 B Definition of activation/repression ratio, basal expression level, and dynamic range. The
548 activation/repression ratio is calculated by dividing the maximum value with the minimum value. Basal
549 expression level refers to the output signal prior to addition of the inducer. In the case of activation, the
550 minimum value is equal to the basal expression level; in the case of repression, the maximum value is
551 equal to the basal expression level. Dynamic range refers to the maximum and minimum values of the
552 interval.

553 C Relative expression levels of TurboRFP fluorescence intensity measured in the absence (light blue)
554 and presence (dark blue) of 2 mM theophylline.

555 The numbers above the column represent activation/repression ratios. Data represent mean \pm SD of 3
556 biological replicates.

557 **Figure 2 - Evaluation of gene expression regulation efficiencies of rationally designed TC-OFF**
558 **theophylline riboswitches.**

559 A Design strategy for theophylline-dependent riboswitch R1 to control transcription. Theophylline
560 aptamer (red) was fused to an intrinsic transcription terminator (cyan and yellow). Sequences modified
561 from the previous riboswitch B were marked in yellow. The RBS sequence (black semicircle) and the
562 open reading frame of the reporter gene *turborfp* are located downstream of this construct. In the
563 absence of theophylline, intrinsic terminator formation is inhibited, resulting in transcription
564 readthrough and *turborfp* expression. Upon binding of theophylline (black solid circle), an intrinsic
565 terminator is formed and transcription is prematurely stopped, resulting in repression of *turborfp*
566 expression.

567 B Relative expression levels of *turboRFP* mRNA measured in the absence (white and light blue) and
568 presence (gray and dark blue) of 2 mM theophylline.

569 C Relative TurboRFP fluorescence intensities measured in the absence (white and light blue) and
570 presence (gray and dark blue) of 2 mM theophylline.

571 The numbers above the column represent activation/repression ratios. Data represent mean \pm SD of 3
572 biological replicates.

573 **Figure 3 - Evaluation of gene expression regulation efficiencies of tandem TC-OFF theophylline**
574 **riboswitches at different theophylline concentrations.**

575 A Schematic of plasmids containing engineered gene circuit controlled by tandem theophylline
576 riboswitches. Promoter (black arrow), riboswitch coding sequences (blue box), linker coding sequences
577 (brown box), RBS coding sequences (black semicircle) and *turboRFP* (red arrow) are indicated. R1
578 represents one riboswitch, R2 represents two riboswitches in tandem, and R3 represents three
579 riboswitches in tandem.

580 B Relative TurboRFP fluorescence measured in each strain harboring different plasmids with tandem
581 riboswitch (R1, R2 and R3) in the absence and presence of 2 mM theophylline.

582 C Relative TurboRFP fluorescence of each strain grown in LB medium supplemented with different
583 concentrations of theophylline.

584 The numbers above the column represent activation/repression ratios. Data represent mean \pm SD of 3
585 biological replicates.

586 **Figure 4 - Comparison of experimental measurements and model predictions.**

587 A Relative TurboRFP fluorescence measured in strain harboring pWA140 (R2) at various theophylline
588 concentrations from 0 to 2.0 mM over 2 to 24 hours. Data represent mean \pm SD of 3 biological
589 replicates. B Mathematic model of R2 based on all data measured at different theophylline
590 concentrations and growth times.

591 Data represent mean \pm SD of 3 biological replicates.

592 **Figure 5 - Evaluation of gene expression regulation efficiencies of tandem TC-OFF theophylline**
593 **riboswitches at different conditions.**

594 A Regulation of TurboRFP expression by R2 in different bacterial strains.

595 B Regulation of TurboRFP expression by R2 in different *E. coli* strains.

596 C Regulation of TurboRFP expression by R2 in *E. coli* JM101 strain grown at different temperatures.

597 D Regulation of TurboRFP expression by R2 in *E. coli* JM101 strain grown in different growth media.

598 The numbers above the column represent activation/repression ratios. Data represent mean \pm SD of 3

599 biological replicates.

600 **Figure 6 - Regulation of TurboRFP expression by the R2-RepA system.**

601 A Schematic of plasmids containing the theophylline riboswitch coding sequences or RepA
602 degradation tag coding sequences upstream of *turborfp*. pWA143 was used as a control plasmid
603 without regulatory sequences upstream of *turborfp*. pWA140, pWA144 and pWA146 represent
604 plasmids containing tandem riboswitch coding sequences, RepA tag coding sequences, and plasmids
605 containing these two sequences, respectively.

606 B Regulation of TurboRFP expression by protein degradation tag-RepA at different growth phases.

607 The numbers above the column represent the TurboRFP fluorescence intensity of “no riboswitch”
608 divided by “RepA” TurboRFP fluorescence intensity.

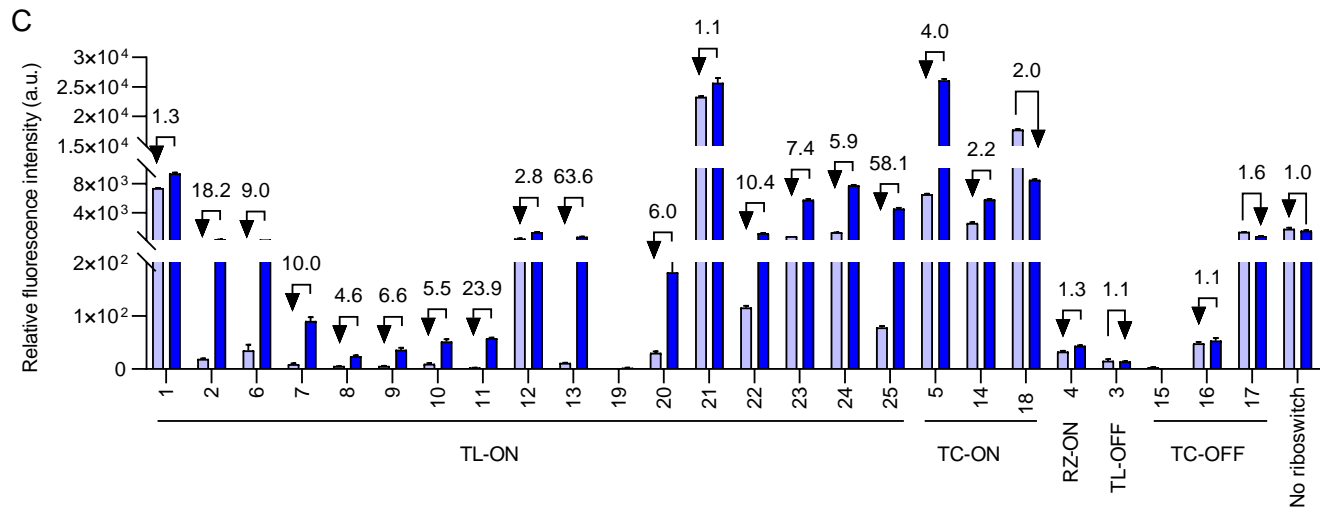
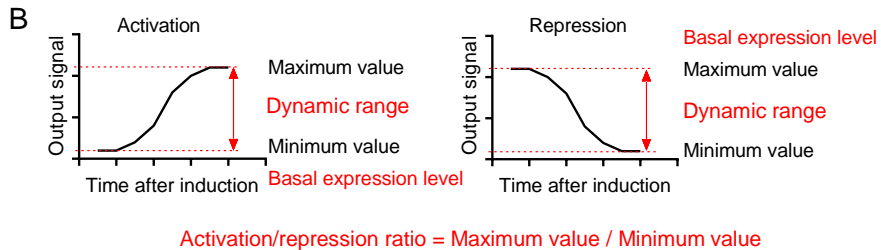
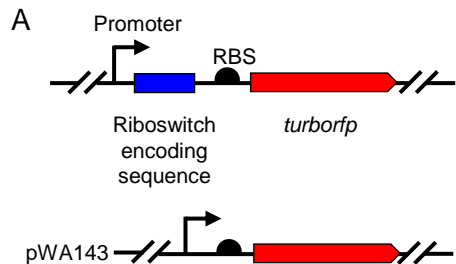
609 C Regulation of TurboRFP expression by R2 at 0 or 2.0 mM theophylline over 2 to 12 hours. The
610 numbers above the column represent the TurboRFP fluorescence intensity at 0 mM theophylline
611 divided by TurboRFP fluorescence intensity at 2 mM theophylline.

612 D Regulation of TurboRFP expression by R2-RepA system at 0 or 2.0 mM theophylline over 2 to 12
613 hours. The numbers above the column represent the TurboRFP fluorescence intensity of “no
614 riboswitch” divided by TurboRFP fluorescence intensity at 0 mM or 2 mM theophylline, respectively.

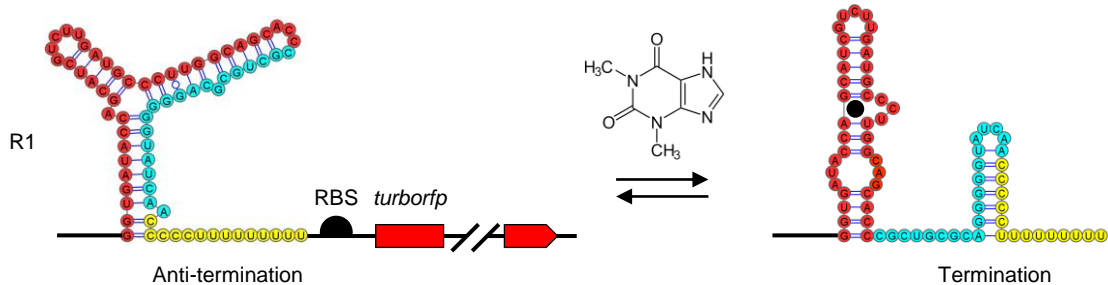
615 All data above represent mean \pm SD of 3 biological replicates.

616

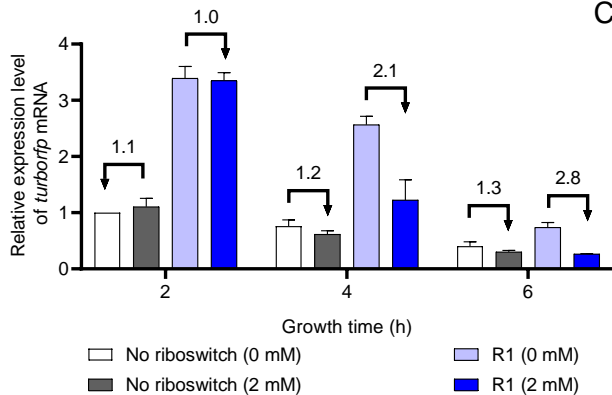
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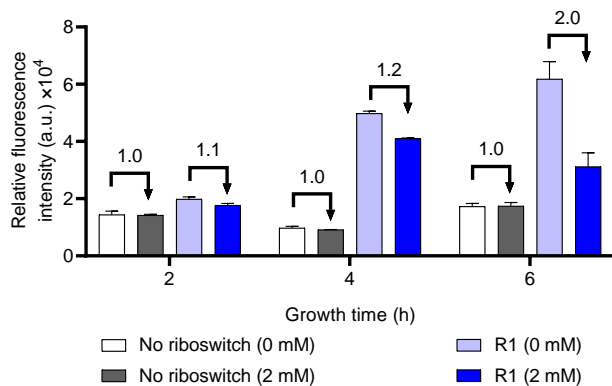
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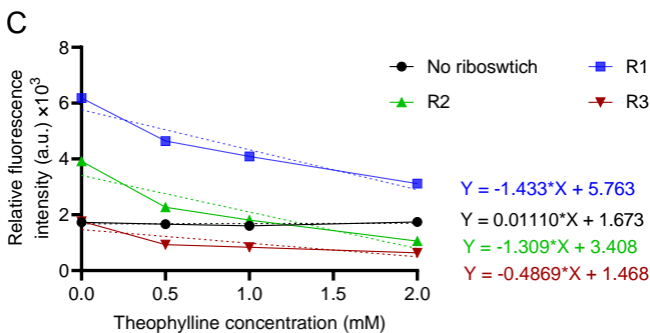
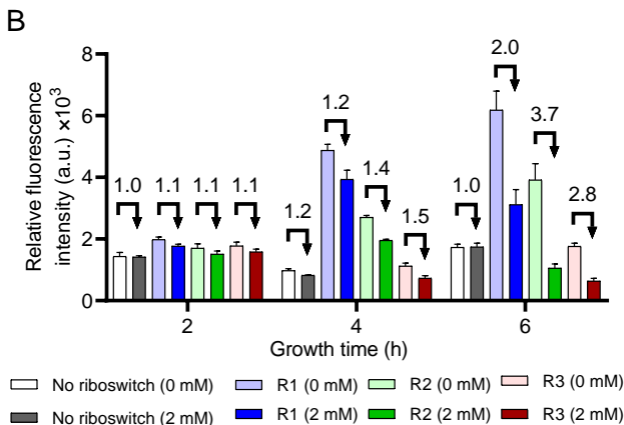
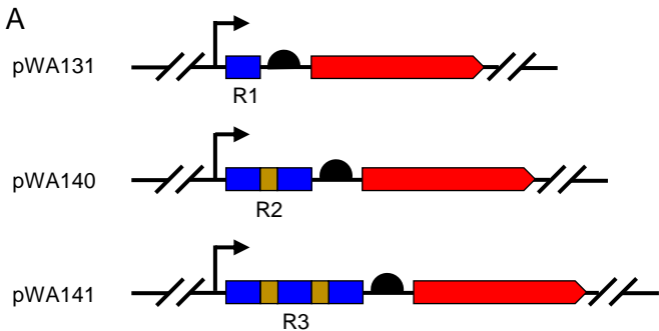


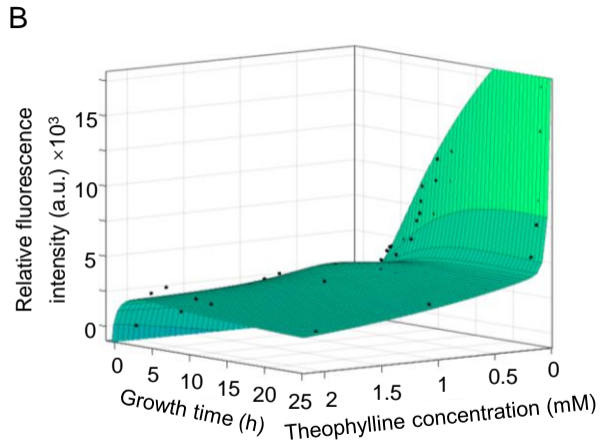
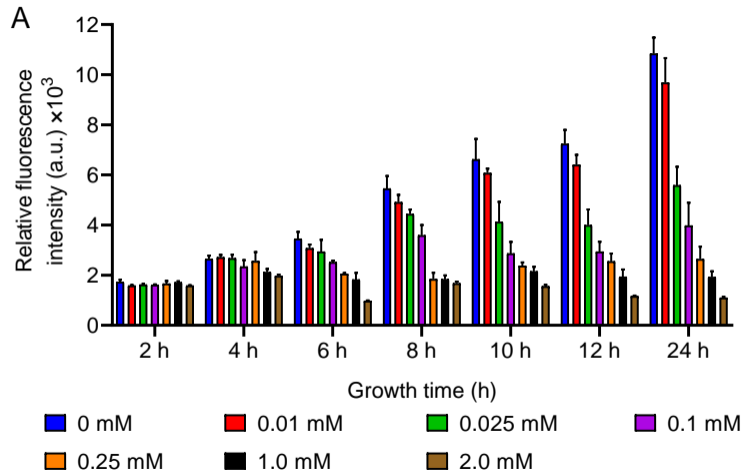
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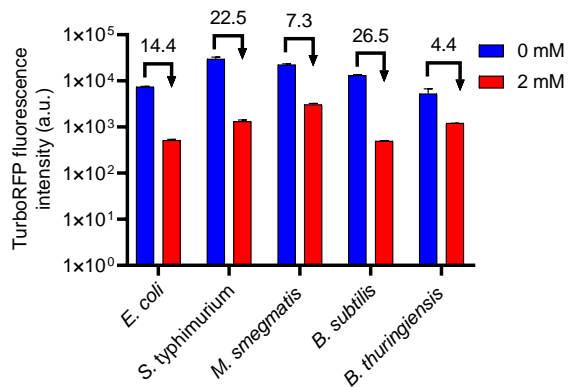




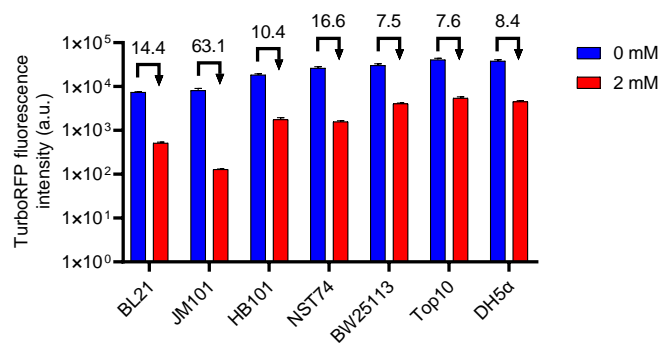


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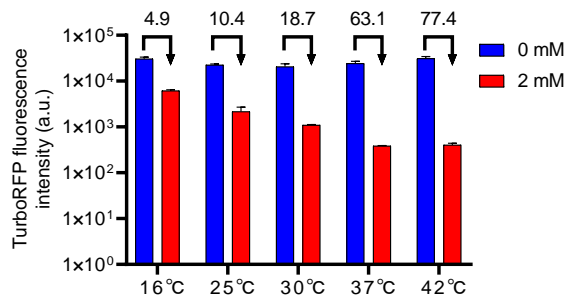
Different bacterial strains



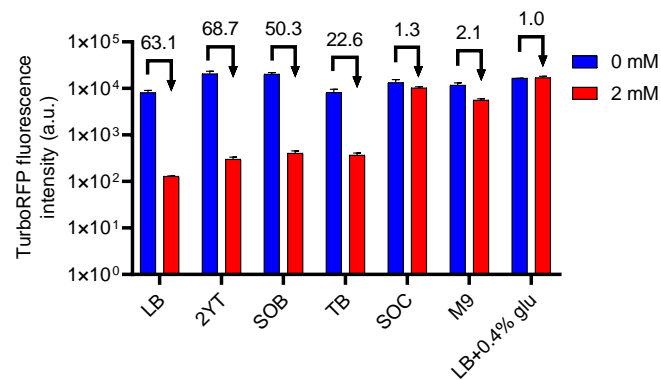
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Different *E. coli* strains

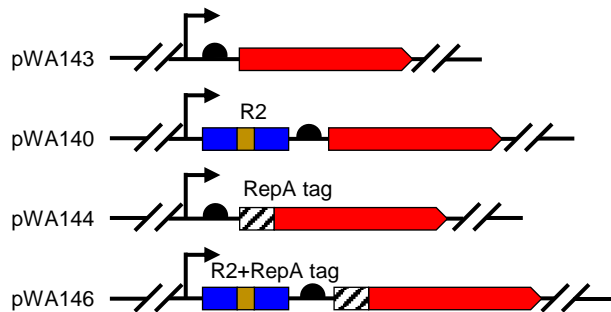
C

E. coli JM101 at different temperature

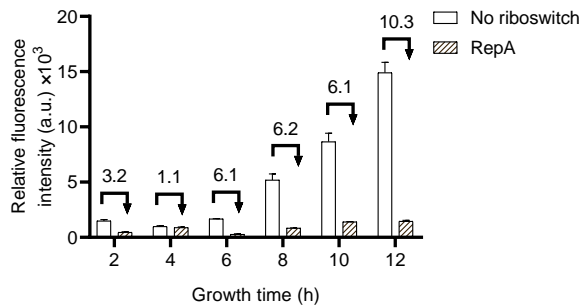
D

E. coli JM101 in different media

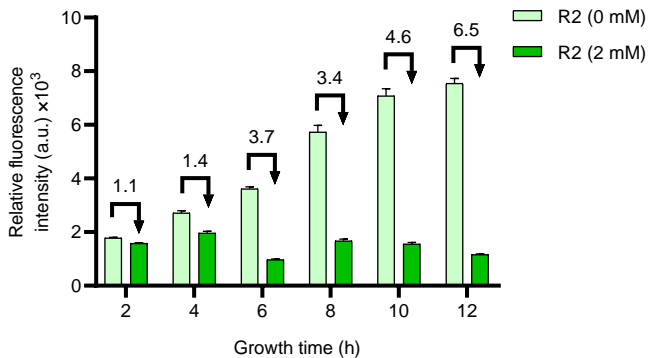
A



B



C



D

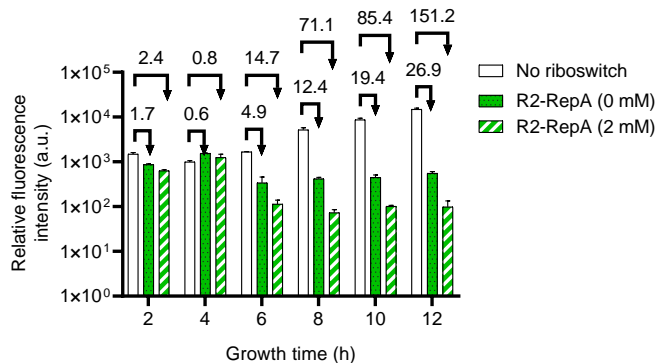


Table 1. A list of theophylline riboswitches used in bacteria published to date.

Number	Sequence*	Regulatory mechanism	Strain	Reference
1	UAUGUUGAUACUUAUUUUAAAGAUUAAACAAAAGAUGAUACCA GCCGAAAGGCCUUGGCAGCUCUCGUGGAGUGGAUGAAGUG	TL-ON	<i>Bacillus subtilis</i> WH335	(Suess <i>et al.</i> , 2004)
2	CCCUGUACCGGUGAUACCAGCAUCGUCUUGAUGCCUUGGCAG CACCUAUAAAGACAACAAGAUGUGCGAACUCG	TL-ON	<i>Escherichia coli</i> TOP10	(Desai & Gallivan, 2004)
3	AUAGGUACCUA AUGCAACCUGAUACCAGCAUCGUCUUGAUGCC CUUGGCAGCAGGCAACAAG	TL-OFF	<i>E. coli</i> TOP10	(Topp & Gallivan, 2008)
4	GGGAGACCACAACGGUUUCCCUAUCACCUUUUUGUAGGUUGCC CGAAAGGGCGACCCUGAUGAGCCUGGAUACCAGCCGAAAGGCC CUUGGCAGUUAGACGAAACAAGAAGGAGAUUACCAUG	RZ-ON	<i>E. coli</i> BL21 (DE3)	(Ogawa & Maeda, 2008)
5	CAGGUGAUACCAGCAUCGUCUUGAUGCCUUGGCAGCACCTATA TAAGAAGAAGGGUACCUUAAACCCUUCUUCUUAUGAAGAAGG GGUUUUUAUUUU	TC-ON	<i>E. coli</i> DH5a	(Fowler <i>et al.</i> , 2008)
6	GGUGAUACCAGCAUCGUCUUGAUGCCUUGGCAGCACCCCGCU GCAGGACAACAAGAUG	TL-ON	<i>E. coli</i> TOP10	(Lynch & Gallivan, 2009)
7	GGUGAUACCAGCAUCGUCUUGAUGCCUUGGCAGCACCCUGCU AAGGUAACAACAAGAUG			
8	GGUACCGGUGAUACCAGCAUCGUCUUGAUGCCUUGGCAGCAC CCUGAGAAGGGGCAACAAGAUG	TL-ON	Various bacterial strains	(Topp <i>et al.</i> , 2011)
9	GGUACCGGUGAUACCAGCAUCGUCUUGAUGCCUUGGCAGCAC CCGUGCGCAGGGGGUAUCAACAAGAUG			
10	GGUACCGGUGAUACCAGCAUCGUCUUGAUGCCUUGGCAGCAC CCUUGGCAGCACCAAGACAACAAGAUG			
11	GGUACCGGUGAUACCAGCAUCGUCUUGAUGCCUUGGCAGCAC CCUGCUAAGGUAACAACAAGAUG			
12	GGUACCGGUGAUACCAGCAUCGUCUUGAUGCCUUGGCAGCAC CCUGCUAAGGAGGUAACAACAAGAUG			
13	GGUACCGGUGAUACCAGCAUCGUCUUGAUGCCUUGGCAGCAC CCUGCUAAGGAGGCAACAAGAUG			
14	AAGUGAUACCAGCAUCGUCUUGAUGCCUUGGCAGCACUUCAG AAAUCUCUGAAGUGCUGUUUUUUUAGGAGGUUAUGAUG	TC-ON	<i>E. coli</i> TOP10	(Wachsmuth <i>et al.</i> , 2013)
15	AAUUUCAUAGUUAGAUCGUGUUAUUGGUGAAGAUAAUACCAG CUUCGAAAGAAGCCUUGGCAGUAUCUCGUUGUUAUAAUCAU UUAUGAUGAUAAUUGAU AAGCAAUGAGAGUAUCCUCUCAUU GCUUUUUUU	TC-OFF	<i>E. coli</i> BW25113 (Dnep)	(Ceres <i>et al.</i> , 2013a)

16	CUUCCUGACACGAAAAUUUCAU <u>UCCGUUCUAAUACCAGCUU</u> CGAAAGAAGCCCUUGGCAGUAAGAAGAGACAAAUCACUGACA <u>AAGUCUUCUUCUUAAGAGGACUUUUUU</u>			
17	CAAAAAUUAAUAACAUUUUCUCUU <u>AUACCAGCUUCGAAAGAA</u> GCCCUUGGCAGGAGAGAGGCAGUGUUUUACGUAGAAAAGCCUC <u>UUUCUCUCAUGGAAAGAGGCUUUUU</u>			
18	AAUUAAUAGCUAAUAUCACGAUUUU <u>AUACCAGCUUCGAAAGA</u> AGCCCUUGGCAG <u>AAAAUCCUGAUUACAAAAUUUGUUUAUGACA</u> <u>UUUUUUUGUAAUCAGGAUUUUUUUATTATCAAACATTTAAGT</u> AAAGGAGTTTGT	TC-ON	<i>E. coli</i> BW25113 (Dnep)	(Ceres <i>et al.</i> , 2013b)
19	AUACGACUCACUAUAGGUG <u>AUACCAGCAUCGUCUUGAUGCCCU</u> UGGCAGCACCCUGCUAAAGGAGUAACAACAAGAUG	TL-ON	<i>B. subtilis</i>	(Cui <i>et al.</i> , 2016)
20	AACGGACUCACUAUAGGUACCGUG <u>AUACCAGCAUCGUCUUG</u> AUGCCCUUGGCAGCACCCUGCGGGCCGGCAACAAGAUG	TL-ON	<i>E. coli</i> DH10B	(Borujeni <i>et al.</i> , 2016)
21	CACUGUUCGUAAGAAAGCAUCAUUGUGACUGUGUAGAUUGCU AUUACAAGAAGAUCAAGGAGCAAACUAUG	TL-ON	<i>E. coli</i>	(Page <i>et al.</i> , 2018)
22	GGUGAUACCAGCAUCGUCUUGAUGCCCUUGGCAGCACCCUGCU AAGGAGGUACAACAUG			
23	GGUGAUACCAGCAUCGUCUUGAUGCCCUUGGCAGCACCCUGCU AAGGAGGUACUUAUG	TL-ON	<i>Clostridium</i>	(Canadas <i>et al.</i> , 2019)
24	GGUGAUACCAGCAUCGUCUUGAUGCCCUUGGCAGCACCCUGCU AAGGAGGUGUGUUAUG			
25	GGUGAUACCAGCAUCGUCUUGAUGCCCUUGGCAGCACCCUGCU AAGGAGGUACAACAUG			

* Theophylline aptamers are marked in green. Translation start site and RBS are marked in red. Ribozyme cleavage sites are marked in blue.

Intrinsic terminators are marked in purple, while the hairpin sequences are underlined.