# Enhanced viral infectivity and reduced interferon production are associated with high pathogenicity for influenza viruses

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### 11 Abstract

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Epidemiological and clinical evidence indicates that humans infected with the 1918 pandemic influenza virus and highly pathogenic avian H5N1 influenza viruses often displayed severe lung pathology. High viral load and extensive infiltration of macrophages are the hallmarks of highly pathogenic (HP) influenza viral infections. However, it remains unclear what biological mechanisms primarily determine the observed difference in the kinetics of viral load and macrophages between HP and low pathogenic (LP) viral infections, and how the mechanistic differences are associated with viral pathogenicity. In this study, we develop a mathematical model of viral dynamics that includes the dynamics of different macrophage populations and interferon. We fit the model to *in vivo* kinetic data of viral load and macrophage level from BALB/c mice infected with an HP or LP strain of H1N1/H5N1 virus using Bayesian inference. Our primary finding is that HP viruses has a higher viral infection rate, a lower interferon production rate and a lower macrophage recruitment rate compared to LP viruses, which are strongly associated with more severe tissue damage (quantified by a higher percentage of epithelial cell loss). We also quantify the relative contribution of macrophages to viral clearance and find that macrophages do not play a dominant role in direct clearance of free virus although their role in mediating immune responses such as interferon production is crucial. Our work provides new insight into the mechanisms that convey the observed difference in viral and macrophage kinetics between HP and LP infections and establishes an improved model fitting framework to enhance the analysis of new data on viral pathogenicity.

## 12 Author Summary

Infections with highly pathogenic (HP) influenza virus (e.g., the 1918 13 pandemic virus) often lead to serious morbidity and mortality. HP influenza 14 virus infection is characterised by rapid viral growth rate, high viral load 15 and excessive infiltration of macrophages to the lungs. Despite extensive 16 study, we do not yet fully understand what biological processes leading to 17 the observed viral and macrophage dynamics and therefore viral pathogenic-18 ity. Experimental studies have previously suggested that bot viral factors 19 (e.g., viral proteins) and host factors (e.g., the host immune response) play a 20 role to enhance viral pathogenicity. Here, we utilise in vivo kinetic data of vi-21 ral load and macrophages and fit a viral dynamic model the data. Our model 22 allow us to explore the biological mechanisms that contribute to the differ-23 ence viral and macrophage dynamics between HP and LP infections. This 24 study improves our understanding of the role of interferon on distinguishing 25 immunodynamics between HP and LP infections. Our findings may con-26 tribute to the development of next-generation treatment which rely upon an 27 understanding of the host different immunological response to HP influenza 28 viruses. 29

#### 30 Introduction

Influenza is a contagious respiratory disease caused by influenza virus and 31 remains a major public concern [1]. Infections associated with the highly 32 pathogenic (HP) 1918 pandemic H1N1 virus and highly pathogenic avian 33 H5N1 virus often display severe lung pathology, causing fatal infection out-34 comes in humans [2, 3, 4]. Animal models have been used to understand the 35 mechanisms of viral pathogenicity [5, 6, 7, 8]. High pathogenicity of viruses 36 is often determined by pathogenic outcomes (e.g., the clinical outcomes of 37 infection) in humans [2, 3, 9, 10]. The pathogenicity of influenza virus is 38 not only associated with viral factors (e.g., viral HA protein), but is also 39 influenced by host factors (e.g., the strength of inflammatory response), as 40 reviewed in [11]. For example, although macrophages are important to or-41 chestrate the host immune response, they are also implicated to damage cells 42 through secreted inflammatory cytokines [12, 13, 14, 15]. Some HP viruses 43 can use macrophages as target cells and produce new virus from infected 44 macrophages, altering the antiviral role of macrophages and contributing to 45 viral infection [12, 16, 17]. Perrone et al. compared the outcome of infections 46 with HP and LP strains of two influenza A viruses (i.e., the 1918 pandemic 47 H1N1 virus and an H5N1 virus) in mice and showed that high-pathogenic 48 viruses exhibited a significant higher viral load as early as one day post-49 infection and a higher number of macrophages in the lungs [18]. However, 50

the temporal dynamics of these viral or host factors, and so the major determinants of the observed differences in viral and macrophage kinetics between
HP and LP, remain poorly understood.

Mathematical models have been used to study infection dynamics of in-54 fluenza virus and its interactions with the host immune response (reviewed 55 in [19]). To explore the potential mechanism(s) leading to the observed dif-56 ference in viral loads and macrophages between HP and LP infections in the 57 study by Perrone et al. [18], Pawelek et al. fitted a mathematical model to 58 the viral load and macrophage data and found that a higher activation rate 59 of macrophages and an active production of virus by macrophages infected 60 by HP viruses are key drivers leading to higher viral loads and more excessive 61 number of macrophages [20]. More recently, Ackerman et al. [21] fitted a set 62 of mathematical models with different hypothesised mechanisms—leading 63 to distinct immunoregulatory behaviours (e.g., macrophage dynamics)—to 64 strain specific immunological data from [22]. They identified that different 65 interferon production rates are the main causes of variance between infec-66 tion outcomes in mice infected with low-pathogenic H1N1 or high-pathogenic 67 H5N1 influenza viruses. The two modelling studies provided useful insights 68 into the mechanisms of high pathogenicity and set a framework for assessing 69 other potential mechanisms. 70

The two modelling studies [20, 21] also left aspects for improvement, both 71 biologically and methodologically. Interferon-mediated immune response, 72 which has been shown to be important for reducing epithelial loss [23], was 73 not considered in [20]. Although the study by Ackerman et al. modelled in-74 terferon, they did not compare HP and LP viruses of the same type (rather 75 they compared H5N1 HP vs. H1N1 LP) [21]. Through this study, we aim to 76 identify viral and host factors that determine the observed difference in viral 77 load and macrophage kinetics between HP and LP viruses from same pheno-78 type. Besides, both modelling studies used least-squares method to provide 79 point estimates to model parameters, which may not accurately quantify the 80 uncertainty of estimated parameters and therefore limits our ability to draw 81 reliable conclusions based on parameter estimates [24]. Recent advances in 82 Bayesian statistical inference provides an improved framework for param-83 eter estimation and quantification of uncertainty [25] and can be applied 84 to modelling viral dynamics. We would like to address the above limita-85 tions by building an improved framework to study the mechanisms for viral 86 pathogenicity. 87

In this study, we develop a novel mathematical model which includes macrophage dynamics (i.e., resting,  $M_1$  and  $M_2$  macrophages), interferon-

mediated immune response and essential interactions between macrophage 90 and virus. Under a Bayesian statistical framework, we fit the model to 91 available in vivo kinetic data for both virus and macrophage populations of 92 both highly pathogenic and paired low pathogenic strains of H1N1 or H5N1 93 viruses. We use the data-calibrated model to generate and compare a set 94 of metrics that have been used as surrogates for viral pathogenicity [26, 27]. 95 We identify the important role of interferon on distinguishing immunody-96 namics and the antiviral role of macrophages between HP and LP infections. 97 We also demonstrate that our model reliably captures observed pathogenic 98 behaviours (e.g., the severity of epithelium loss) and provides quantitative 99 estimation of the proportion of damaged cells during HP and LP infections. 100

### 101 **Results**

# <sup>102</sup> Severe tissue damage in HP infection

We fit our model to both viral load and macrophage data of HP and LP 103 strains simultaneously under a Bayesian framework (the details of model and 104 statistical implementation, and full diagnostics on the statistical procedures 105 are provided in the Materials and Methods). Model fitting results for H1N1 106 virus are given in Fig 1. Our model successfully captures the trends of 107 both viral load (Fig 1A) and macrophage number (Fig 1B) for both the 108 HP and LP strains of H1N1 virus and a low level of overlapping of the 109 95% prediction interval (PI, shaded area) between HP and LP suggests that 110 the quantitative differences in viral load and macrophage are primarily due 111 to different parameter values associated with different strains rather than 112 measurement error. Similar fitting results are observed for infection with the 113 HP and LP strains of H5N1 virus (Figs 1C and 1D). 114

Using the calibrated model, we then calculate the maximal fraction of 115 epithelium loss (defined by Eq. 14 in Materials and Methods) and the cumu-116 lative dead cells (Eq. 15 in Materials and Methods) during infection which are 117 difficult to measure experimentally but are important indicators of infection 118 severity. For H1N1 virus, our model predicts a much larger proportion of ep-119 ithelial cells (median value 18.4%, 95% predict interval (PI): [3.4%, 97.4%]) 120 are damaged during the HP infection compared to that in the LP infection 121 (median value 0.06%, 95% PI: [0.01%, 0.6%]), as shown in Fig 2A. Similarly 122 for the cumulative number of dead cells shown in Fig 2B, We observe that 123 there is a high cumulation of dead cells (median  $\log_{10}(AUC_D)$  8.5, 95% PI: 124 [7.7, 8.9]) in the HP infection whereas the cumulation of dead cells is low in 125 LP infection (median  $\log_{10}(AUC_D)$  6.2, 95% PI: [5.5, 7.1]). 126



Figure 1: Results of model fitting for virological and macrophage data. Data are presented by solid circles for HP and solid triangles for LP strains. As mentioned in the Materials and Methods, the data were adopted from [18]. We performed 6000 model simulations based on 6000 posterior samples from the posterior distributions of estimated parameters (see SFigs 1 and 2 in *Supporting Information*). (A, B) show a 95% prediction interval (shaded area) of viral load and macrophage for HP (red) and LP (green) strains of the H1N1 viruses, respectively. Solid lines are illustrative viral and macrophage trajectories that are computed based on the basic reproduction number from posterior samples (see Eq. 13 Materials and Methods). (C, D) show the data and model predictions of viral load and macrophage dynamics for HP and LP strains of the H5N1 viruses, respectively.

# A high viral infectivity and a low interferon production contribute to severe tissue damage in HP infection

Given the significant difference in tissue damage between HP and LP 129 virus, we now investigate the underlying biological processes responsible for 130 the differences. We examine the six biological model parameters that may 131 convey the difference between HP and LP virus (i.e., the six parameters 132 assumed to be different between HP and LP in model fitting). To make a 133 direct comparison, we present the ratio of HP's estimate to LP's estimate for 134 each parameter in Fig 3 (note that for each parameter there are 6000 ratio 135 values calculated by 6000 paired HP and LP posterior values and thus we 136



Figure 2: **Prediction of tissue damage for H1N1 viruses.** The violin plots (coloured) and boxplots (white) give the density and the median and extrema of predicted quantity. (A) model prediction of the maximal epithelium loss for the HP (yellow) and LP (green) strains. (B) model prediction of the cumulative level of dead cells during the infection for both strains. \*\*\*p < 0.001. Calculation formula see Eqs. 14 and 15 in the Materials and Methods. All estimations are computed using 6000 posterior samples from model fitting. The estimations for the H5N1 viruses are given in SFig3 in Supporting Information

show the distribution of the 6000 ratio values in the figure). We observe that 137 for H1N1 the HP strain has a significantly higher viral infectivity  $\beta$  (99.7% of 138 the ratio samples are greater than 1 as indicated by dark green. Figs 3B and 139 3C compare the interferon production rate from infected cells,  $q_{FI}$ , and from 140 activated macrophages,  $q_{FM}$ , respectively. We find that although the HP 141 strain has a decreased  $q_{FI}$ , such that 98.9% ratio samples are lower than 1 142 (indicated by light green), there is no strong evidence to indicate a difference 143 in  $q_{FM}$ , i.e., approximately half of the posterior estimates for ratios are above 144 1 (47%) and half below 1 (53%). The results demonstrate that the HP virus 145 is more capable of infecting susceptible cells and reducing interferon response 146 from infected cells. The results are supported by a variety of experimental 147 studies where enhanced infection and replication rates [28, 29] and attenuated 148 interferon production rates [9, 12, 13, 30, 31, 32, 33, 34, 35] are evidenced as 149 possible explanations to high viral pathogenic. 150

Fig 3D shows that the rate of infection-induced macrophage recruitment  $s_V$  is lower for the HP strain (98.4% of the ratio samples are less than 1), suggesting that a high recruitment rate is not the cause for the observed high level of macrophages during the HP infection seen in Fig 2. Instead, our model result indicates that high level of macrophages is due to a higher number of infected cells which activate more macrophages. A similar finding was shown by Shoemaker et al. who found that a strong inflammation-



Figure 3: Comparison of estimated model parameters between HP and LP strains of the H1N1 viruses. Histograms show the frequency of the ratios of estimated HP parameters over paired LP model parameters and are normalised to [0,1]. The ratios are presented by distributions of 6000 samples because they are generated by 6000 posterior parameter values. The cumulative density functions (CDFs) are given by the solid lines, and the dashed lines indicate ratios = 0. All ratios are log10-scaled, such that ratios > 0 (dark green) suggest greater values of the HP parameters. Figs (A, B, C) show the ratios of viral infectivity, interferon production rate from infected cells and activated macrophages, respectively. Figs (D, E, F) show the ratios of infection-induced macrophage recruitment rate, macrophage-mediated virus clearance rate and antibody neutralisation rate, respectively. The model parameter comparison for the H5N1 viruses is given in SFig 5 in Supporting Information.

associated gene expression occurs once a threshold virus titer is exceeded,
demonstrating a strong dependency between the extent of inflammation and
the level of virus titer [22].

We further examine how the difference of estimated parameters between HP and LP is associated with the different estimated level of tissue damage shown in Fig 2. We calculate the Partial Rank Correlation Coefficients (PRCCs) between the ratio of estimated parameters and the ratio of epithelium loss between HP and LP strain. We find that the interferon production

rate  $q_{FI}$  and infection-induced macrophage recruitment rate  $s_V$  are the two 166 leading factors determining the maximum epithelium loss (Fig 4A) and they 167 are negatively correlated with the maximum epithelium loss (PRCC = -0.87168 and -0.85 respectively). Analysing the cumulative number of dead cells us-169 ing the same method, We also find that  $q_{FI}$  and  $s_V$  are the two leading 170 parameters driving the difference in the cumulative number of dead cells 171 (Fig 4B), with again negative correlations (PRCC = -0.61 and -0.86). By 172 contrast, the ratio of viral infectivity  $\beta$  has a relatively small effect on the 173 ratio of maximum epithelium loss and on the ratio of cumulative number 174 of dead cells. Our results suggest a critical role of interferon in protect-175 ing epithelium loss and tissue damage, given  $q_{FI}$  directly determines the 176 rate of interferon production and  $s_V$  has an indirect contribution via gen-177 erating more  $M_1$  macrophages that directly promotes the rate of interferon 178 production (see model equation Eq. 8 in the Materials and Methods). The 179 results are consistent with the earlier finding that interferon can retain a 180 large healthy epithelial cell pool for viral re-infections [23] and supported by 181 Ackerman et al. [21] who found that different interferon production rates 182 are the main causes of variance between infection outcomes in mice infected 183 with low-pathogenic H1N1 or high-pathogenic H5N1 influenza viruses. 184

#### <sup>185</sup> The role of macrophages on viral clearance

As described in the introduction, the reduced antiviral effect of macrophages 186 may contribute to viral pathogenicity. We here analyse the role of macrophages 187 on viral clearance in both HP and LP infections. In our model, viruses are 188 cleared through three ways: natural decay, macrophage phagocytosis and 189 antibody neutralisation. We use the equation (Eq. 16 in the Materials and 190 Methods) to quantify the contribution of macrophage phagocytosis over the 191 period of infection by a fractional value (e.g., 0 means no contribution and 0.5 192 means 50% of viral clearance rate is due to macrophage phagocytosis). The 193 prediction interval (PI) can be used to quantify the uncertainty of the contri-194 bution fraction. As shown in Fig 5, for H1N1 virus, 95% of model predicted 195 fractions of the contribution of macrophages to viral clearance (indicated by 196 the 90% PI) are below 20% for HP and are below 45% for LP. The upper 197 bounds of the contribution fractions drop significantly for high-confidence 198 range of model predictions, e.g., 60% of of model predicted fractions (indi-199 cated by the 20% PI) are less than 0.5% for HP and less than 1.1% for LP. 200 The results indicate the antiviral effects of macrophages is limited in both 201 LP and HP infections, and the relative contribution is even smaller in HP in-202 fection. We also compare the relative contribution of macrophages in the HP 203



Figure 4: Correlations between estimated model parameters and tissue damage. Partial rank correlation coefficients (PRCC) are calculated with respect to (A) the ratio of max epithelium loss between HP and LP strains, and (B) the ratio of the cumulative dead cells between HP and LP strains of H1N1 viruses. Between the two red dashed lines represents the statistically insignificant values of PRCC. Calculations are based upon 6000 posterior samples from model fitting.

and LP H5N1 viruses and find a similar result as in the H1N1 viruses (SFig 6 in *Supporting Information*). The result suggests that although macrophages are critical to orchestrate the host immune responses, i.e., initiate and resolve pulmonary inflammation, they are unlikely to be the dominant mechanism to clear free virus.

#### <sup>209</sup> Predicting the effective ways to reduce tissue damage

We have identified three parameters,  $\beta$ ,  $q_{FI}$  and  $s_V$ , that primarily deter-210 mine the difference in tissue damage (quantified by the maximum fraction of 211 epithelium loss and the cumulative death cell number). This provides insight 212 into the potential targets for the treatment of HP viral infection. Figs 6A, B 213 and C show the impact of varying  $\beta$ ,  $q_{FI}$  and  $s_V$  on the maximal fraction of 214 epithelium loss, respectively. We find that decreasing  $\beta$  prevents epithelium 215 loss in both HP and LP infections (Fig 6A). We also observe that increasing 216 interferon production rate  $q_{FI}$  reduces the epithelium loss for the two strains, 217 but the effect is nonlinear (Fig 6B). For example, doubling the production 218



Figure 5: The relative contribution of macrophages on viral clearance in the HP and LP strains of the H1N1 viruses. The prediction interval (PI) is calculated based upon the 6000 posterior samples from model fitting. The median trajectory is indicated by black curve (on the bottom). The predictions for the H5N1 viruses are given in SFig 7 in *Supporting Information*.

rate halves the epithelium loss, (i.e., epithelium loss is reduced from 30% to 219 15% for HP and from 0.12% to 0.06% for LP). Reducing 90% of cell loss, 220 however, requires a 10-time increase of  $q_{FI}$ . Furthermore, Fig 6C shows that 221 an enhanced infection-reduced macrophage recruitment rate  $s_V$  has almost 222 no influence on epithelium loss for the HP virus. In contrast, it reduces 223 epithelium loss for the LP virus. Note that although the actual magnitude 224 change of epithelium loss is minor for the LP strain, the percentage change is 225 comparable between the two strains. Figs 6D, E and F show the dependency 226 of cumulative death cell number upon  $\beta$ ,  $q_{FI}$  and  $s_V$ , respectively. We find 227 the cumulative death cell number is sensitive to all three parameters for both 228 HP and LP strains. The results imply that the maximal epithelium loss and 229 the cumulative level of dead cells are strongly associated with  $\beta$  and  $q_{FI}$ , 230 and reducing viral infectivity or boosting interferon production can prevent 231 epithelium loss. The results also suggest enhancing macrophage recruitment 232 rate  $s_V$  during infection can reduce the dead cell accumulation. 233



Figure 6: **Parameter driving tissue damage for the H1N1 viruses.** Solid lines are for the HP and dashed lines are for the LP strains. Figs (A, B, C) give the sensitivity analyses of the impact of  $\beta$ ,  $q_{FI}$  and  $s_V$  on maximal epithelium loss. Figs (D, E, F) show the impact of the same three model parameters on the cumulative dead cells.

### 234 Discussion

In this work, we identified biological mechanisms that are associated with 235 high pathogenicity of *in vivo* H1N1 and H5N1 infections through fitting a 236 viral dynamic model to experimental data under a Bayesian framework. Our 237 findings support and contribute to the current knowledge that is relevant 238 to two frequently studied experimental explanations on the drivers of high 239 pathogenicity for influenza viruses (i.e., a higher viral infectivity and a re-240 duced interferon response). Estimated marginal posterior densities of model 241 parameters demonstrate that HP viruses have enhanced viral infection rates 242 (i.e., higher  $\beta$ ) and reduced interferon production rates (i.e., lower  $q_{FI}$ ) com-243 pared to LP viruses. Our estimation results also explain the difference in 244 viral and macrophage kinetics between HP and LP infections. As shown by 245 previous studies [23, 36, 37], a higher viral infection rate leads to a faster 246 viral growth and an attenuated interferon production leads to a higher peak 247 viral loads. 248

Our work quantified the difference of tissue damage between HP and LP infections. We predicted a larger proportion of epithelium loss and a high level of dead cells are caused in HP infections (Fig 2 for H1N1 and SFig 3 for H5N1 in *Supporting Information*). Our model predictions—a high fraction of epithelium loss and a high level of dead cells in HP infection—are supported by clinical evidence. Severe destruction of lung tissue [2] and severe

tissue consolidation with unique destruction of the lung architecture [2, 38]255 have been seen in patients infected with HP influenza viruses, leading to lung 256 pathology [28, 39, 40, 30, 41]. The severity of tissue damage also resulted 257 in different mechanisms of viral resolution. While target cell depletion re-258 mains a mechanism to limit viral replication in HP infections, a timely and 259 strong activation of immune response explains viral resolution in LP infec-260 tions (SFig 4 in Supporting Information). As shown by Cao and McCaw, the 261 mechanisms for viral control can strongly influence the predicted outcomes 262 of antiviral treatments [42]. For example, different viral dynamics (e.g., long-263 last infection or chronic infection) were observed in response to an increasing 264 drug efficacy when target cell depletion is a mechanism for viral resolution. 265 In contrast, a consistent viral behaviour (i.e., an early clearance and a shorter 266 infection) was observed when drug efficacy increased in an immune response 267 driven viral resolution model. Therefore, the analysis of the influence of an-268 tiviral treatment on HP and LP infections is a promising future direction 269 based on our work. 270

Using a Bayesian statistical method, our modelling work demonstrated 271 that high virulence of H1N1 and H5N1 viruses, and our estimation pro-272 vided evidence to previous experimental work. Although our work identified 273 HP and LP viruses differ in viral infectivity and interferon production rate, 274 we cannot (and do not attempt to) rule out other possible mechanisms or 275 drivers of high pathogenicity proposed in literature. For example, production 276 of virus by infected macrophages could be an important factor influencing 277 viral pathogenicity [17], although there is conflicting evidence on whether 278 macrophages can be productively infected by influenza virus [15, 16, 43]. 279 The abortive or productive infection of macrophages may also be strain-280 dependent and/or macrophage-dependent (i.e., resident or monocyte-derived 281 macrophages) [17]. Thus, we have not explicitly investigate this mechanism 282 in our study. 283

Viral dynamical models are particularly useful in the quantification of 284 modelled biological processes by fitting to experimental data [19]. In this 285 work, we fit our model to both viral load and macrophage data to estimate 286 model parameters. Although consistent with earlier studies where both viral 287 load and macrophages were used in model fitting, the effect of incorporating 288 macrophage data into model fitting remains unclear. Using a simulation-289 estimation method, we showed that macrophage data provides valuable infor-290 mation on parameter estimation, reducing the uncertainty of predicted time 291 series of macrophages and estimates of the recruitment rates of macrophages 292 (i.e.,  $s_M$  and  $s_V$ ). By contrast, viral load data alone are insufficient to reli-293

ably recover macrophage dynamics (see S3 Text in Supporting Information). 294 Macrophages have been shown to clear viruses by internalisation and lyso-295 somal degradation [44, 45], but their relative contribution to viral clearance 296 compared to other pathways has not been quantified. Our model predicted 297 the contribution of macrophages on viral clearance (among all the modelled 298 mechanisms for viral clearance) is relatively small in both HP and LP infec-299 tions of H1N1 (Fig 5) and H5N1 (SFig 6 in Supporting Information) viruses, 300 suggesting that macrophages may not play a dominant role in direct clear-301 ance of free virions. Our model also suggests that the relative contribution 302 of macrophage to viral clearance in HP viral infection is smaller than that in 303 LP infection. This is because resident macrophages  $(M_R)$  do not replenish 304 during HP infection while they can quickly replenish in LP infection (SFig 305 7 in Supporting Information), which increases the available macrophages to 306 participate in viral clearance. Another mechanism [15] related to produc-307 tive replication of HP viruses in macrophages has been to have significant 308 consequences for the antiviral functions of macrophages, as reviewed in [17]. 309 310

Our study has some limitations. Rather than explicitly modelling the 311 dynamics of  $CD8^+$  T cells and antibodies [36, 46], we used hill functions to 312 capture their dynamics. We assumed the adaptive immune response dom-313 inates infected cell or viral clearance at day 5 post infection regardless of 314 macrophage dynamics. Macrophages, however, have been shown to act as 315 antigen presenting cells and mediate the activation of different arms of adap-316 tive immunity. For example,  $M_1$  type macrophages help to activate the cel-317 lular adaptive immune response whereas  $M_2$  type macrophages contribute to 318 the activation of humoral adaptive immunity [47, 48]. Extension of the model 319 to include the interactions between different populations of macrophages and 320 adaptive immunity is important but requires additional data on the adaptive 321 immune response for both HP and LP, which are not immediately available 322 in the literature. Another limitation is that we did not estimate conversion 323 rates between different populations of macrophages, such as  $k_1$  and  $k_2$ , due to 324 a lack of detailed macrophage kinetic data. As a result, the kinetics for each 325 specific macrophage population could not be calibrated against data. The 326 interactions among macrophage populations, e.g., the rate of conversion from 327 one type to another, could be an important factor to understand influenza 328 disease severity. In future work, our model can be used to estimate the rele-329 vant parameters and predict detailed macrophage dynamics given availability 330 of data of different macrophage populations. 331

## 332 Materials and Methods

# 333 Mathematical Models

In this study, we incorporated a dynamic model of macrophages into a viral dynamic model. The model explicitly considered the conversion among different populations of macrophages, essential interactions between virus and macrophages, and different arms of immune responses. The model is described by a set of ordinary differential equations (ODEs).



Figure 7: A model diagram of immune response to influenza viral infection. Detailed model (Eqs. 1-10)) description is given in Materials and Methods. Plus (+)superscript indicates the promotion of a biological process, and minus (-) superscript means the inhibition of a process. In brief, influenza virus (V) turns susceptible epithelium cells (T) into eclipse-phase infected cells (L) which in turns, become infected cells (I) that actively produce new virus. Virus also infects resting macrophages  $(M_R)$  and turns them into pro-inflammatory macrophages  $(M_1)$ . Virus is cleared through the  $M_R$  macrophage ingestion and antibody neutralisation. Infected cells (I) and  $M_1$  macrophages produce interferons (F) that turns susceptible cells (T) into refractory cells (R). The refractory cells (R) lose protection and turn back to T. Infected cells (I) are killed and become dead cells (D) through interferons- and  $CD8^+$  T cells-mediated clearance.  $M_1$  macrophages clear dead, which facilitates the conversion of  $M_R$  to anti-inflammatory  $M_2$  macrophages. Both activated  $M_1$  and  $M_2$  macrophages convert back to  $M_R$  macrophages at certain rates. For clarity, flows depicting the natural decay of activated macrophages ( $M_1$  and  $M_2$ ), virus (V) and interferons (F), and the replenishment of resting macrophages ( $M_R$ ) and target cells (T) are not showed in the diagram.

Eqs. 1–3 describe the detailed macrophage dynamics. In the absence of viral infection, we assume all macrophages are resting macrophages  $(M_R)$ ,

and  $M_R$  is assumed to have a constant supplementary rate and decay rate 341 at  $s_M$  and  $\delta_{MR}$  per day, respectively. Thus, the number of macrophages is 342 stable at homeostasis, such as  $M_R^* = s_M/\delta_{MR}$  in a disease-free condition. In 343 the presence of viral infection, influenza virus acting as a perturbation to 344 macrophage dynamics, activates  $M_R$  macrophages, turning them into pro-345 inflammatory macrophages  $M_1$  at a maximal rate  $k_1$ . The activation is in-346 fluenced by viral load  $(V/(V+V_{50}))$  and regulated by anti-inflammatory  $M_2$ 347 macrophages  $(1/(1 + \alpha M_2))$ . Activated  $M_1$  macrophages convert back to 348 the resting macrophages or decay at constant rate  $k_{-1}$  and  $\delta_{MA}$  per day, re-349 spectively. The  $M_2$  macrophages regulate the activation of  $M_1$  macrophages 350 to avoid excessive inflammatory response [49].  $M_1$  macrophages phagocyte 351 apoptotic and dead cells, producing regulatory cytokines (not explicitly mod-352 elled), which is represented by  $M_1D/(D+D_{50})$ . In the presence of these 353 cytokines, resting macrophages  $M_R$  convert to  $M_2$  macrophages at a maxi-354 mal rate  $k_2$ . Activated  $M_2$  macrophages decay or convert back to the resting 355 state at constant rates  $\delta_{MA}$  and  $k_{-2}$ , respectively. 356

Eqs. 4–7 describe the interaction between virus and epithelial cells, and 357 between virus and the host immune responses. In detail, epithelial cells (T)358 are infected by influenza virus (V) and become latent-state infected cells (L)359 which do not produce new viruses at an infectivity rate  $\beta V$  per day. The 360 susceptible epithelial cells are protected and convert to refractory cells (R)361 in the presence of interferon (F) at a rate  $\phi F$  per day, and refractory cells 362 convert back to susceptible cells at a rate  $\xi_R$ . We also assume susceptible 363 cells are replenished at a rate  $g_T(T+R)(1-(T+I+R)/T_0)$ , where  $T_0$ 364 is the maximal number of epithelial cells that line the upper respiratory 365 tract. Infected cells in eclipse phase convert to infected cells (I) that actively 366 produce virus at a rate  $\ell$  per day. Three mechanisms are considered for the 367 clearance of infected cells (I), such as natural decay at a constant rate  $\delta_I$ 368 per day; interferon-mediated clearance at a rate  $\kappa_F F$  per day, and CD8<sup>+</sup> T 369 cells mediated infected clearance at a rate  $\kappa_E t^4/(t^4 + t_E^4)$  per day. Note that 370 we do not explicitly model the dynamics of  $CD8^+$  T cells. A hill function 371 is used to represent the activation of adaptive immunity, we set  $t_E$  as 5 so 372 that  $CD8^+$  T cells only play a significant role after day 5 post infection as 373 showed in [50]. New virus is produced by I at a rate  $p_I I$  viruses per day. 374 The decrease of virus is either due to natural decay, macrophage-mediated 375 phagocytosis or antibody neutralisation at a rate  $delta_V, q'M_R, \kappa_A t^4/(t^4+t_A^4)$ 376 per day, respectively. 377

Eqs. 8–9 describe the one of the interferon dynamics and the dynamics of refractory cells. We assume Interferon (F) is produced either by infected

cells (I) or macrophages  $(M_1)$  at a rate  $q_{FI}I$  or  $q_{FM}M_1$  unit of interferons per day, respectively, and decay rate a rate  $\delta_F$  per day. The dynamics of dead cells (D) is described by Eq. 10. Cleared infected cells (I) become dead cells (D) through  $\delta_I I$ ,  $\kappa_F F$  and  $\kappa_E t^4/(t^4 + t_E^4)$ , and dead cells is removed from the system either due to natural decay at a rate  $\delta_D$  per day or killed by macrophages  $\kappa_D M_1$  per day.

$$\frac{dM_R}{dt} = s_M - \delta_{MR}M_R - k_1(V, M_2)M_R + k_{-1}M_1 - k_2(D, M_1)M_R + k_{-2}M_2,$$
(1)

$$\frac{dM_1}{dt} = s_V I + k_1 (V, M_2) M_R - k_{-1} M_1 - \delta_{MA} M_1, \tag{2}$$

$$\frac{dM_2}{dt} = k_2(D, M_1)M_R - k_{-2}M_2 - \delta_{MA}M_2, \tag{3}$$

$$\frac{dT}{dt} = g_T(T+R)\left(1 - \frac{T+I+R}{T_0}\right) - \beta TV - \phi FT + \xi_R R,\tag{4}$$

$$\frac{dL}{dt} = \beta T V - \ell L,\tag{5}$$

$$\frac{dI}{dt} = \ell L - \delta_I I - \kappa_F F I - \kappa_E \frac{t^4}{t^4 + t_E^4} I,\tag{6}$$

$$\frac{dV}{dt} = p_I I - \delta_V V - q' M_R V - \kappa_A \frac{t^4}{t^4 + t_A^4} V,$$
(7)

$$\frac{dF}{dt} = q_{FI}I + q_{FM}M_1 - \delta_F F,\tag{8}$$

$$\frac{dR}{dt} = \phi FT - \xi_R R,\tag{9}$$

$$\frac{dD}{dt} = \delta_I I + \kappa_F F I + \kappa_E \frac{t^4}{t^4 + t_E^4} I - \kappa_D M_1 D - \delta_D D, \qquad (10)$$

386 where  $k_1(V, M_2) = k_1 \frac{V}{V + V_{50}} \frac{1}{1 + \alpha M_2}$  and  $k_2(D, M_1) = k_2 \frac{D}{D + D_{50}} M_1$ .

# 387 Statistical Inference

In vivo kinetic data of both virus and macrophage population were extracted using WebPlotDigitizer (version 4.4) from [18]. Female BALB/c mice were intranasally infected with HP (A/1918 H1N1 and A/Thailand/16/2004 H5N1) and LP (A/Texas/36/91 and A/Thailand/SP/83/2004) influenza viruses, and lungs were harvested for viral load and macrophage measurement at various time points post infection. Three mice were measured per time point for infection with each viral strain.

We applied a Bayesian inference method to fit the dynamic model (de-395 tailed in Mathematical Models) to the log-transformed virological and 396 macrophage data. In detail, we use the model to estimate 8 parameters, and 397 the parameter space is denoted as  $\Phi = (s_V, \beta, q_{FI}, q_{FM}, s_M, \kappa_A, q', V_0)$ . Upon 398 model calibration, we fixed all other parameters to previous estimated values 399 in the literature. We fixed the parameter values because the experimental 400 study [18] does not provide sufficient data for parameter estimation. The 401 fixed parameter values are given in S2 Text in Supporting Information. 402

We assumed HP and LP viruses differ in  $s_V, \beta, q_{FI}, q_{FM}, \kappa_A, q'$  but have 403 same  $s_M$  and  $V_0$ . This is a reasonable assumption given inbred mice hav-404 ing similar number macrophages in the absence of infection (i.e., same  $s_M$ ), 405 and inoculation size is same for HP and LP infection (i.e., same  $V_0$ ). The 406 prior distribution for the estimated model parameters is given in S2 Text in 407 Supporting Information. The distribution of the observed log-transformed 408 viral load and macrophage data is assumed to be a normal distribution with 409 a mean value given by the model simulation results and standard deviation 410 (SD) parameter with prior distribution of a normal distribution with a mean 411 of 0 and a SD of 1. 412

Model fitting was performed in R (version 4.0.2) and Stan (Rstan 2.21.0). 413 Samples were drawn from the joint posterior distribution of the model param-414 eters using Hamiltonian Monte Carlo (HMC) optimized by the No-U-Turn 415 Sampler (NUTS) (see [25] for details). In particular, we used three chains 416 with different starting points and ran 3000 iterations for each chain. The 417 first 1000 iterations were discarded as burn-in, and we retained 6000 samples 418 in total from the 3 chain (2000 for each). Detailed diagnostics and results 419 can be found in S1 Text in Supporting Information. 420

## 421 Model prediction

The model prediction for any quantities z and data y given parameter set  $\theta$ , we compute

$$p(z|y) = \int p(z|\theta)p(\theta|y)d\theta.$$
 (11)

Here, quantities z are viral reproduction number, the maximal epithelium loss and the cumulation of dead cells. The effective reproduction number of viral replication  $(R_t)$  is given by

$$R_t = \frac{p_I \beta T(t)}{(\delta_I + \kappa_E t^4 / (t^4 + t_E^4) + \kappa_F F(t))(\delta_V + \kappa_A t^4 / (t^4 + t_A^4) + q' M_R(t))}, \quad (12)$$

where T(t), F(t) and  $M_R(t)$  are the number of susceptible of epithelial cells, interferons and resting macrophages during infection. The killing effect of CD8<sup>+</sup> T cells and the neutralization effect of antibodies are represented by  $\kappa_E t^4/(t^4 + t_E^4)$  and  $\kappa_A t^4/(t^4 + t_A^4)$ , respectively. At t = 0,  $T(0) = T_0$ , F(0) = 0and  $M_R(0) = s/\delta_{MR}$ , and  $R_0$  is called the basic reproduction number of viral infection, which simplifies to

$$R_0 = \frac{p_I \beta T_0}{\delta_I (\delta_V + q' s / \delta_{MR})},\tag{13}$$

The maximal % of epithelium loss is given by

$$1 - min(T(t) + R(t))/T_0 \times 100\%, \tag{14}$$

where T(t) and R(t) are the number of susceptible and refractory epithelial cells during infection, and  $T_0$  is the initial number of available susceptible cells. The area under the dead cell curve  $(AUC_D)$  is given by

$$AUC_D = \int_0^\tau D(t)dt,\tag{15}$$

 $\tau$  is a cut-off day for calculation, and we set  $\tau = 10$  to cover viral and macrophage dynamics shown in [18]. D(t) is simulated time series of dead cells. The relative contribution of macrophages on viral clearance is given by

$$q'M_R(t)V(t)/(\delta_V V(t) + q'M_R(t)V(t) + \kappa_A(t^4/t^4 + t_A^4)),$$
(16)

where  $M_R(t)$  and V(t) are the number of resting macrophages and viral loads

during infection. The prediction of tissue damage and the reproduction number were computed using 6000 posterior samples by solving the ordinary differential equations (ODEs) solver ode15s in MATLAB R2022a with a relative tolerance of  $1 \times 10^{-5}$  and an absolute tolerance of  $1 \times 10^{-10}$ . The initial values were  $(M_R, M_1, M_2, T, L, I, V, F, R, D) = (s/\delta_{MR}, 0, 0, T_0, 0, 0, V_0, 0, 0, 0)$ . All visualization was performed in R (version 4.0.2), and codes to produce all figures are available at https://github.com/keli5734/virulence.

#### 430 A simulation and estimation study

A simulation and estimation study is conducted prior to implement the real dataset. The purpose of the simulation and estimation study is to explore if extra macrophage data provides more information to better estimate model parameters and reproduce viral and macrophage dynamics. We use simulation and mathematical model to show that macrophage data can be

used to accurately the recruitment rate of macrophages, inferring the timing 436 and strength of the increase of macrophage during influenza viral infection. 437 By contrast, viral load data alone cannot be used to reliably recover the 438 macrophage dynamics. Hence, the combination of viral load and macrophage 439 data in model fitting enhances our ability to replicate macrophage dynamics 440 and allows us to explore detailed macrophage-virus interactions, e.g., the con-441 tribution of macrophages (both in timing and strength) on viral clearance. 442 Detailed study design and outcome can be found in S3 Text in Supporting 443 Information. 444

# 445 Supporting Information

# Enhanced infectivity and attenuation of interferon production are associated with high pathogenicity for influenza viruses

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# S1 Text

# Convergence diagnostics for the MCMC chains

Figures A and B show trace plots for the evolution of estimated parameter vector over the iterations of 3 Markov chains for implementing H1N1 and H5N1 virus, respectively. For each chain, the iteration number is 3000 with the first 1000 samples as burn-in. We observe that all three chains do overlap together, indicating convergence has occurred. Tables A and B show the credible intervals, effective sample size and  $\hat{r}$  of each estimated parameters for HP and LP strains of H1N1 or H5N1 virus, respectively. We find that the effective sample size is sufficient and  $\hat{r}$  is below 1.1 for every parameter, suggesting convergence.



Figure A Trace plots of estimated parameters for the fitting H1N1 viral and macrophage data. Three chains were used with 3000 iterations and first 1000 iterations as burn-in (grey area). All parameters are log-transformed. The Parameter vector for HP  $\Phi_{HP} = (s_V, \beta, q_{FI}, q_{FM}, s_M, \kappa_A, q', V_0)$ , and  $\Phi_{LP} = (s_V, \beta, q_{FI}, q_{FM}, \kappa_A, q')$  for LP. We assume  $s_M$  and  $V_0$  are the same for both HP and LP strains.  $\sigma_1, \sigma_2$  are error





Figure B Trace plots of estimated parameters for the fitting H5N1 viral and macrophage data.

	mean	se_mean	sd	2.5%	25%	50%	75%	97.5%	n_eff	Rhat
log10_theta_HP[1]	0.91	0.01	0.45	-0.02	0.60	0.96	1.24	1.70	1535	1.00
logal0_theta_HP[2]	-7.20	0.01	0.23	-7.70	-7.35	-7.15	-7.03	-6.84	1076	1.00
log10_theta_HP[3]	-3.94	0.02	0.68	-5.51	-4.33	-3.78	-3.43	-3.02	1014	1.01
log10_theta_HP[4]	-8.48	0.04	2.15	-13.30	-9.81	-8.19	-6.80	-5.34	3351	1.00
log10_theta_HP[5]	1.33	0.01	0.69	-0.21	0.92	1.38	1.81	2.51	2724	1.00
log10_theta_HP[6]	1.97	0.01	0.37	1.14	1.76	1.99	2.20	2.66	3152	1.00
log10_theta_HP[7]	-7.82	0.04	2.00	-12.43	-9.07	-7.51	-6.21	-5.02	2428	1.00
log10_theta_HP[8]	-0.17	0.02	0.84	-1.78	-0.75	-0.21	0.38	1.53	1486	1.00
log10_theta_LP[1]	2.36	0.01	0.43	1.39	2.16	2.40	2.62	3.06	1499	1.00
log10_theta_LP[2]	-7.89	0.00	0.18	-8.26	-8.01	-7.89	-7.77	-7.55	2026	1.00
log10_theta_LP[3]	-2.21	0.03	0.56	-3.31	-2.37	-2.11	-1.92	-1.60	438	1.00
log10_theta_LP[4]	-8.27	0.04	2.23	-13.26	-9.68	-7.98	-6.50	-4.98	3159	1.00
log10_theta_LP[5]	0.86	0.02	0.69	-0.58	0.44	0.88	1.31	2.18	2055	1.00
log10_theta_LP[6]	-7.92	0.04	2.03	-12.67	-9.08	-7.60	-6.44	-4.85	2883	1.00
sigma[1]	1.24	0.01	0.48	0.58	0.88	1.13	1.51	2.39	1047	1.00
sigma[2]	0.93	0.01	0.27	0.52	0.74	0.89	1.08	1.58	1815	1.00

Table A Credible	intervals,	effective sample	sizes and $\hat{r}$ for	r each estimat	ted parameter of	HP and LP
strains for H1N1	virus. The	first 1000 iteratio	ons are discarded	l as burn-in, le	eaving 6000 samp	les across the
three chains.						

	mean	se_mean	sd	2.5%	25%	50%	75%	97.5%	n_eff	Rhat
log10_theta_HP[1]	0.87	0.01	0.51	-0.08	0.52	0.89	1.22	1.81	1613	1.00
log10_theta_HP[2]	-7.24	0.01	0.24	-7.72	-7.41	-7.23	-7.07	-6.82	1859	1.00
log10_theta_HP[3]	-4.01	0.02	0.69	-5.52	-4.45	-3.88	-3.49	-2.97	1617	1.00
log10_theta_HP[4]	-8.45	0.04	2.17	-13.37	-9.81	-8.09	-6.78	-5.35	3277	1.00
log10_theta_HP[5]	1.16	0.01	0.70	-0.32	0.71	1.21	1.66	2.39	3527	1.00
log10_theta_HP[6]	1.99	0.02	0.53	0.91	1.72	1.98	2.24	3.18	649	1.00
log10_theta_HP[7]	-7.87	0.04	1.99	-12.57	-9.08	-7.54	-6.36	-5.03	2456	1.00
log10_theta_HP[8]	0.22	0.02	0.91	-1.59	-0.39	0.22	0.82	2.03	2317	1.00
log10_theta_LP[1]	2.16	0.03	0.64	0.66	1.87	2.24	2.54	3.11	616	1.00
log10_theta_LP[2]	-7.87	0.01	0.24	-8.36	-8.03	-7.85	-7.69	-7.44	730	1.00
log10_theta_LP[3]	-2.98	0.06	1.12	-6.47	-3.12	-2.73	-2.43	-1.93	330	1.01
log10_theta_LP[4]	-8.41	0.04	2.10	-13.03	-9.78	-8.11	-6.77	-5.35	3412	1.00
log10_theta_LP[5]	1.06	0.01	0.71	-0.46	0.62	1.10	1.54	2.37	2256	1.00
log10_theta_LP[6]	-8.08	0.04	2.00	-12.61	-9.23	-7.76	-6.61	-5.04	2715	1.00
sigma[1]	1.74	0.02	0.50	0.81	1.40	1.72	2.05	2.80	918	1.00
sigma[2]	0.93	0.02	0.38	0.47	0.67	0.82	1.07	1.96	416	1.01

Table B Credible intervals, effective sample sizes and  $\hat{r}$  for each estimated parameter of HP and LP strains for H5N1 virus.

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# S2 Text

# Parameter tables

# **Fixed Parameter table (Table S1)**

Parameter	Description	Value [refs]	Unit
$\delta_{MR}$	Decay rate of $M_R$ macrophages	1.1e-2 [9]	/day
k_1	Conversion rate from $M_1$ to $M_R$	0.3 [2]	/day
k_2	Conversion rate from $M_2$ to $M_R$	0.3 [2]	/day
$\delta_{M1}$	Decay rate of $M_1$ macrophages	1.1e-2 [9]	/day
$\delta_{M2}$	Decay rate of $M_2$ macrophages	1.1e-2 [9]	/day
<i>k</i> <sub>1</sub>	Conversion rate from $M_R$ to $M_1$	0.4 [2]	/day
<i>k</i> <sub>2</sub>	Conversion rate from $M_R$ to $M_2$	4e-5 [2]	/day
V <sub>50</sub>	Half saturation of viral load to activate $M_1$ macrophages.	1e+7	PFU/ml
α	Effectiveness of $M_2$ attenuates $M_R$ to $M_1$	1e-4	/cell
D <sub>50</sub>	Half saturation of dead cells	1e+6	cell
$g_T$	Regrowth rate of epithelium	0.8 [6]	/day
T <sub>max</sub>	The maximal epithelium cells	7e+7 [7]	cell
$\delta_I$	Decay rate of infected cells	2 [1,8,10]	/day
$\delta_V$	Decay rate of virus	5 [1,8,10]	/day
κ <sub>F</sub>	Clearance rate of infected cells by interferons	3 [7]	/(day [ $\mu_F$ ])
			*[ $\mu_F$ ] is the unit for interferon
$\kappa_E$	Clearance rate of infected cells by CD8+T cells	8 [6]	/day
κ <sub>D</sub>	Clearance rate of dead cells by $M_1$ macrophages	8e-7 [11]	/(day cell)
$\delta_D$	Decay rate of dead cells	2 [11]	/day
$p_I$	Viral production rate	210 [6]	pfu/(ml cell day)
$\delta_F$	Decay rate of interferons	2 [6]	/day

φ	Conversion rate from <i>T</i> to <i>R</i>	0.33 [6]	$/(\text{day} [\mu_F])$
$\xi_{450}$	Conversion rate from <i>R</i> to <i>T</i>	2.6 [6]	/day
$t_E$	Half saturation term of CD8+ T cell response	5	day
$t_A$	Half saturation term of antibody response	5	day
l	Eclipse phase	4 [5]	/day

Estimated Parameter table (Table S2)

Parameter	Description	Prior [refs]	Unit
$log_{10}(s_V)$	Recruitment rate of $M_1$ due to infection	Normal(-1,2) [2,4,5,6,9]	/day
$log_{10}(\beta)$	Viral infectivity rate	Normal(-6,3) [1,3,5,7,8,10,11]	/(pfu/ml day)
$log_{10}(q_{FI})$	IFN production rate by infected cells	Normal(-6,3) [7,8]	$[\mu_F]/(\text{day cell})$
$log_{10}(q_{FM})$	IFN production rate by $M_1$ macrophages	Normal(-6,3) [12]	$[\mu_F]/(\text{day cell})$
$log_{10}(s_M)$	Recruitment rate of macrophages in homeostasis	Normal(2,1) [2,4,5,6,9]	cell/day
$log_{10}(\kappa_A)$	Neutralization rate of antibodies on viruses	Normal(2,1) [7,8,10]	/day
$log_{10}(q')$	Engulfment rate of macrophages on viruses	Normal(-6,3)	/(day cell)
$log_{10}(V_0)$	Viral inoculation size	Normal(1,1) [13]	pfu/ml

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# S3 Text

# Simulation and estimation study

The purpose of the simulation and estimation study is to explore if extra macrophage data provides more information to better estimate model parameters and reproduce viral and macrophage dynamics. We use simulation and mathematical model to show that macrophage data can be used to accurately the recruitment rate of macrophages, inferring the timing and strength of the increase of macrophage during influenza viral infection. By contrast, viral load data alone cannot be used to reliably recover the macrophage dynamics. Hence, the combination of viral load and macrophage data in model fitting enhances our ability to replicate macrophage dynamics and allows us to explore detailed macrophage-virus interactions, e.g., the contribution of macrophages (both in timing and strength) on viral clearance.

# Generation of synthetic viral load and macrophage data

We first generate synthetic data for viral loads and macrophages mimicking the experimental procedure. We assume "true" parameter values are known (see Table 1). We do model (details in main text) simulation using the parameter values to get "true" trajectory of viral load and macrophages dynamics across infection period. The "true" parameters are selected such that (1) viral load peaks around day 2 post infection; (2) viral load is below a detection limit around day 7 post infection; (3) the adaptive immune responses (i.e., antibody and CD8+T cells) only activate after day 5 post infection; (4) viral infection can be suppressed timely when both arms of adaptive immune responses (i.e., antibody and CD8+T cells) are presented; (5) virus can be cleared but clearance delays when there is only an antibody response, and (6) a chronic infection occurs when an antibody repones is suppressed (Figure 1C). A detailed model dynamics see Figure 1.

Further, we get observation viral load and macrophage data from the "true" trajectory by adding lognormal noise and imposing a detection limit. Mathematically, the measured viral load  $V_{n,\tau}$  and macrophage  $M_{n,\tau}$  for each mouse n = 1, 2, ..., N and measuring time point  $\tau = 1, 2, ..., T$  are given by

$$V_{n,\tau} = \begin{cases} V_{true}(\tau, \Phi) 10^{e_{n,\tau}}, & \text{if } V_{true}(\tau, \Phi) 10^{e_{n,\tau}} \ge \Theta\\ 0, & \text{otherwise} \end{cases} \text{ and } M_{n,\tau} = M_{true}(\tau, \Phi) 10^{e_{n,\tau}}$$

 $\Phi$  is a vector of "true" parameter values.  $e_{n,\tau}$  is the measurement error, which follows  $N(0, \sigma)$ , and  $\sigma = 1$  for viral load data and  $\sigma = 0.1$  for macrophage data.  $\Theta$  is detection limit.  $V_{true}(\tau, \Phi)$  is the "true" viral load value at each measuring time  $\tau$ , and  $M_{true}(\tau, \Phi)$  is the "true" macrophage value at each measuring time  $\tau$ . Here, we select N = 5 to indicate at each measuring time 5 data points are measured, and we set  $\tau = 7$ . As shown in Figures 1A and B, the open circles indicate measured data points at each measuring time for viral load and macrophages, respectively. The red cycles indicate the mean value of the 5 data point at each time, and we only use the red data points of viral load and macrophage populations for the model estimation.



**Figure 1** The synthetic data for (A) viral load, (B) macrophages. (C) "true" parameter values are selected such that viral loads have different behaviours when different arms of adaptive immune responses are suppressed.

Parameter	Description	Value	Unit
$\delta_{MR}$	Decay rate of $M_R$ macrophages	3.3e+3	/day
<i>k</i> <sub>-1</sub>	Conversion rate from $M_1$ to $M_R$	0.3	/day
<i>k</i> <sub>-2</sub>	Conversion rate from $M_2$ to $M_R$	0.3	/day
$\delta_{M1}$	Decay rate of $M_1$ macrophages	1.1e-2	/day
$\delta_{M2}$	Decay rate of $M_2$ macrophages	1.1e-2	/day
$k_1$	Conversion rate from $M_R$ to $M_1$	0.4	/day
<i>k</i> <sub>2</sub>	Conversion rate from $M_R$ to $M_2$	4e-6	/day
V <sub>50</sub>	Half saturation of viral load to activate $M_1$ macrophages.	1e+7	PFU/ml
α	Effectiveness of $M_2$ attenuates $M_R$ to $M_1$	1e-4	/cell
$D_{50}$	Half saturation of dead cells	1e+6	cell
$g_T$	Regrowth rate of epithelium	0.8	/day
$T_{max}$	The maximal epithelium cells	7e+7	cell
$\delta_I$	Decay rate of infected cells	2	/day
$\delta_V$	Decay rate of virus	20	/day

Table 1: "true" parameter values to generate true viral load and macrophages trajectories

κ <sub>F</sub>	Clearance rate of infected cells by interferons	3	/(day [ $\mu_F$ ])
			*[ $\mu_F$ ] is the unit for interferon
$\kappa_E$	Clearance rate of infected cells by CD8+T cells	8	/day
$^{455}$ $\kappa_D$	Clearance rate of dead cells by $M_1$ macrophages	8e-7	/(day cell)
$\delta_D$	Decay rate of dead cells	2	/day
$p_I$	Viral production rate	210	pfu/(ml cell day)
$\delta_F$	Decay rate of interferons	2	/day
φ	Conversion rate from <i>T</i> to <i>R</i>	0.33	$/(\text{day} [\mu_F])$
$\xi_R$	Conversion rate from <i>R</i> to <i>T</i>	2.6	/day
l	Eclipse phase	4	/day
$t_E$	Half saturation time of CD8+ T cell response	5	day
$t_A$	Half saturation time of antibody response	5	day

**Bayesian statistical inference** 

Two scenarios were considered, one of which is using viral load data only, and the other is using both viral load and macrophage data. We applied a Bayesian inference method to fit the dynamic model (detailed in the main text) to the log-transformed kinetic data. In detail, we use the model to estimate 8 parameters, and the parameter space is denoted as  $\Phi = (s_V, \beta, q_{FI}, q_{FM}, s_M, \kappa_A, q', V_0)$ . Upon model calibration, we fixed all other parameters their "true" values as shown in Table 1.

The prior distribution for the estimated model parameters is given in Table S2 in Supplementary Materials 2. The distribution of the observed log-transformed viral load and/or macrophage data is assumed to be a normal distribution with a mean value given by the model simulation results and standard deviation (SD) parameter with prior distribution of a normal distribution with a mean of 0 and a SD of 1.

Model fitting was performed in R (version 4.0.2) and Stan (Rstan 2.21.0). Samples were drawn from the joint posterior distribution of the model parameters using Hamiltonian Monte Carlo (HMC) optimized by the No-U-Turn Sampler (NUTS) (details see Chatzilena et al. (2019)). In particular, we used 4 chains with different starting points and ran 8000 iterations (first 3000 samples are burn-in) for each chain when only viral load data is used. We also tried to run 2000, 4000 and 6000 iterations, respectively and effective sample size is small. When viral load data and macrophages are both used, we ran 4 chains with 2000 iterations (first 1000 samples are burn-in) for each chain.



# **Predictive check**

**Figure 2 Results of model fitting for virological and macrophage data.** Data are presented by solid circles. (A) shows a 95% prediction interval (shaded area) of reproduced viral dynamics by using viral load data only (red) or both viral load and macrophage data (green). (B) shows a 95% prediction interval (shaded area) of reproduced macrophage kinetics by using viral load data only (red) or both viral load and macrophage data (green).



# **Posterior comparison**

Figure 3 Posterior distributions of estimated parameters. Purple bars show posterior density of parameters when only viral load data is used. Green bars show posterior density of parameters when both viral load and macrophage data are used. Red lines indicate the "true" parameter values.

# Diagnostics



Figure 4 Trace plots of estimated parameters using only viral load data. Four chains were used with 8000 iterations and first 3000 iterations as burn-in (grey area). All parameters are log-transformed. The parameter vector is  $\Phi = (s_V, \beta, q_{FI}, q_{FM}, s_M, \kappa_A, q', V_0)$ .



Figure 5 Trace plots of estimated parameters using both viral load and macrophage data. Four chains were used with 2000 iterations and first 1000 iterations as burn-in (grey area). All parameters are log-transformed. The parameter vector is  $\Phi = (s_V, \beta, q_{FI}, q_{FM}, s_M, \kappa_A, q', V_0)$ .

# Reference

 Chatzilena, A., van Leeuwen, E., Ratmann, O., Baguelin, M. and Demiris, N., 2019. Contemporary statistical inference for infectious disease models using Stan. *Epidemics*, 29, p.100367.

# Enhanced infectivity and attenuation of interferon production are associated with high pathogenicity for influenza viruses

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HP LP в HP LP  $\mathbf{C}$ 🗄 HP 🗄 LP А 3 1.5 0.3 -7.15 -3.78 -2.11 -8.19 -7.98 -7.8 Density 0.2 0.1 Density 0.5 Density 0.0 0.0 0 -15 -20 -10 -6 -10 10 -9 -5 0 -10 0  $\log_{10}(\beta)$  $log_{10}(q_{FI})$  $\log_{10}(q_{FM})$ 🗄 HP 🗄 LP D 🗄 HP 🗄 LP  $\mathbf{E}$ F 🛛 HP 🗍 LP 0.4 1.5 -7.60 -7.51 1.00 0.88 1.38 0.3 0.75 Density 0.5 Density Density 0.50 0.1 0.25 0.0 \_\_\_\_ 0.0 0.00 -20 -15 -10 0 5 -5 -2 -5 0 -4 6  $\log_{10}(s_v)$  $\log_{10}(q')$  $\log_{10}(\kappa_A)$  $\mathbf{G}$ н 1.5 0.6 Density 0.5 Density 0.4 0.2 0.0 0.0 -2 -6 -3 0 2 0 з 6 4 6  $log_{10}(s_M)$  $log_{10}(V_0)$ 

# Supplementary Figures

Ke Li, James M McCaw, Pengxing Cao

**SFig 1 Posterior distributions of parameters for H1N1 virus.** Green bars indicate the posterior density for HP strain and purple bars indicate the posterior density for LP strain. Green and purple dashed lines indicate the median estimation of each parameter for HP and LP, respectively. Prior distribution for each parameter is given by black curve.



**SFig 2 Posterior distributions of parameters for H5N1 virus.** Green bars indicate the posterior density for HP strain and purple bars indicate the posterior density for LP strain. Green and purple dashed lines indicate the median estimation of each parameter for HP and LP, respectively. Prior distribution for each parameter is given by black curve.



**SFig 3 Prediction of tissue damage for H5N1 viruses**. The violin plots (coloured) and boxplots (white) give the density and the median and extrema of predicted quantity. (A) model prediction of the maximal epithelium loss for the HP (yellow) and green (LP) strain. (B) model prediction of the cumulative level of dead cells during the infection for both strains. \*\*\* p < 0.001. Calculation formula see Eq. (13) in the main text. All estimations are computed using 6000 posterior samples from model fitting.



**SFig 4 The proportional of epithelium loss during HP and LP H1N1 viral infections.** The calculation of epithelium loss is given in the main text. All estimations are computed using 6000 posterior samples from model fitting.



SFig 5 Comparison of estimated model parameters between HP and LP strains of the H5N1 viruses. Histograms show the frequency of the quotient of estimated HP parameters over paired LP model parameters and are normalised to [0,1]. The cumulative density functions (CDF) are given by the solid lines. All quotients are log10-scaled, such that quotient > 0 suggests greater values of the HP parameters. Dark green indicates quotients > 0, and light green indicates quotients < 0. First row (from left to right) the quotients of viral infectivity, interferon production rate from infected cells and activated macrophages, respectively. Second row (from left to right) the quotients of infection-induced macrophage recruitment rate, macrophage-mediated virus clearance rate and antibody neutralisation rate, respectively.



**SFig 6 The relative contribution of macrophages on viral clearance in the HP and LP strains of the H5N1 viruses.** The relative contribution is given by  $q'M_R(t)V(t)/(\delta_V V(t) + q'M_R(t)V(t) + \kappa_A(t^4 / t^4 + t^4_{50}))$ , where  $M_R(t)$  and V(t) are the number of resting macrophages and viral loads during infection. The prediction interval (PI) is calculated based upon the 6000 posterior samples from model fitting. The median trajectory is indicated by black curve.



**SFig 7 Detailed macrophage dynamics during HP and LP H1N1 viral infections.** Y-axis gives the proportion of each type of macrophages to overall number of macrophages at each measuring time. Grey lines are macrophage trajectories calculated based upon 6000 posterior samples from model fitting, and the median trajectory is indicated by red curve.

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# 472 Author contributions

Ke Li: Conceptualization, Methodology, Software, Formal analysis, Writing Original Draft. James M. McCaw Methodology, Formal analysis, Writing Review and Editing, Supervision. Pengxing Cao: Methodology, Formal

476 analysis, Writing- Review and Editing, Supervision

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