Screening Avian Pathogens in Eggs from Commercial Hatcheries in Nepal- an Effective Poultry Disease Surveillance Tool

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17 Abstract

18 Background

19 Commercial hatcheries play an important role in the overall poultry value chain- providing small to large

20 poultry farmers with day old chicks. Any outbreak in such hatcheries can spread diseases to other farms.

21 Regular screening of major avian pathogens, along with strict bio-security measures, can prevent spread of

22 diseases in hatcheries. Newcastle Disease Virus (NDV), Infectious Bronchitis Virus (IBV), Mycoplasma

23 gallisepticum (MG), Mycoplasma synoviae (MS), Infectious Bursal Disease Virus (IBDV) and Influenza A

24 Virus (IAV) are among the most prevalent poultry diseases which can be detected in egg albumin.

25 Method

We retrospectively (August 2020- August 2021, except October 2020) analyzed diagnostic results for six selected avian pathogens (NDV, IBV, MS, MG, IBDV and IAV) on eggs (n=4343) received from eleven major commercial poultry hatcheries located in the five adjoining districts of Kathmandu, Nepal. Albumin from 10% randomly selected eggs from each hatchery were tested for the six avian pathogens using

30 multiplex PCR.

31 **Result**

32 Majority (7/11, 64%) of the poultry hatcheries had at least one of the six pathogens present. We detected at

least one avian pathogen in nine out of eleven months (82%) of screening. Except for IBDV, we found one

34 or more of the other major avian pathogens- Influenza A (IAV) (n=4 times) and Mycoplasma gallisepticum

35 (MG) (n=4 times) were detected the most, followed by Newcastle Virus (NDV) (n=3 times). Infectious

36 bronchitis virus (IBV) were detected twice, and Mycoplasma synoviae (MS) was detected once.

37 Conclusion

38 In a resource strapped country like Nepal, poultry disease outbreak investigation in particular and surveillance in general are challenging. Meanwhile, poultry production is highly impacted by disease 39 outbreaks often triggered by poor bio-security and lack of pathogen screening practices. Our molecular 40 41 screening tests have picked up major poultry pathogens present throughout the year in eggs collected from 42 hatcheries. Influenza A was detected at 4 different incidences throughout the year, which is of concern to 43 both human and animal health. Quick systematic screening of eggs at key distribution points (hatcheries) for major avian pathogens is an effective surveillance tool for early disease detection and containment of 44 45 outbreaks.

46 Keywords: eggs, avian pathogens, disease screening, surveillance, poultry health

47 Introduction

Globally, the poultry sector is a sizeable industry with a current market value of \$ 310.7 billion and is expected to grow at a compound annual growth rate (CAGR) of 3.8%¹. Poultry is a rapidly growing agricultural sub-sector in developing countries², however, product quality, safety, and avian diseases continue to be a major challenge to this industry³.

52 Hatcheries occupy a focal position in the poultry production chain, connecting with multiple flocks 4 ,

53 thereby acting as a reservoir, linkage and source of pathogenic microorganisms⁵. Nepal's \$240-million

54 poultry industry⁶ is buttressed by 21,956 poultry farms present in sixty four out of seventy five districts,

55 where 325 total commercial hatcheries represent this burgeoning industry⁷.

56 Animal trade related movement of poultry and poultry products from production sites, such as hatcheries,

57 can influence disease transmission dynamics into uncontaminated flocks⁸. For example, transmission of a

recent subtype of Avian Influenza virus in Bangladesh was associated with poultry movement⁹.

59 Several pathogens (both mono and multi-causal) have been implicated as probable causes of avian diseases.

Poultry can be infected or colonized with other potential organism via eggs³. Contaminated eggs can be a
 source of infection and a vehicle for transmission of pathogens ^{10, 11}. Contamination can occur horizontally

62 through egg shells¹² or vertically before oviposition stemming from infection of reproductive organs¹³. In

63 vertical/ trans-ovarian route, the disease is ascendingly transmitted from laying hen to its progenies- where

64 the yolk, albumen and membranes are contaminated via the reproductive organs¹⁴ before the eggs are

covered by shell in the uterus. Handling fecal material, dust, and dirt can contaminate eggs in hatcheries
through horizontal route. Extrinsic factors such as temperature, moisture, shell characteristics and

67 membrane properties are attributable to pathogen transmission¹⁵.

Eggs form as great a proportion of the animal protein diet for Low and Middle Income Countries (LMICs),

69 overlooking a projected $76.6\%^{16}$ growth in egg production. Egg production is imperative to the growing

70 population for providing an inexpensive source of protein 17 , thereby contributing to food security. Global

egg production continues to see substantial growth from 61.7 tons to 76.7 tons¹⁸, a 24% increase in the past

72 decade. Asia is the largest egg producing region, contributing to 60% of the total production volume¹⁶.

Avian pathogens can cause huge economic loss (>20%) in the overall poultry production, and three times due to loss from mortality^{19, 20}. Egg and egg based product surveillance programs are highly effective in controlling foodborne disease outbreaks- often providing information for timely intervention, control and mitigation measures^{21, 22, 23}. Egg-based surveillance helped identify more than 895 foodborne disease outbreaks in Spain (2000-2002), majority (85%) caused by *Salmonella*²⁴.

Most studies have focused on detecting of foodborne pathogens like Salmonella spp., Camphylobacter spp. 78 and *Escherichia coli* in eggshells^{26,27,28}, we posit that albumin-based screening is also a convenient tool and 79 useful in detecting other important avian pathogens such as-Mycoplasma gallisepticum (MG), Mycoplasma 80 81 synoviae (MS), Infectious Bronchitis Virus (IBV), Influenza A Virus (IAV), Newcastle Disease Virus 82 (NDV) and Infectious Bursal Disease Virus (IBDV) in hatcheries to minimize contamination through horizontal and vertical transmission modes. Avian pathogens have been isolated from oral swabs, cloacal 83 swabs, serum samples, egg yolk, egg shells, and environmental swabs but albumin-based molecular 84 85 detection has not been intensively used till date. Due to the dearth of literature available on albumin 86 screening, we used Polymerase Chain Reaction (PCR) based tests to screen for six major avian pathogens (IBD, IBDV, MS, MG, IAV and NDV) in egg albumin from eggs collected from eleven hatcheries, hence 87 devising cost-effective poultry pathogen surveillance tool in hatcheries. 88

89 Selected Avian Diseases

90 Mycoplasma synoviae and Mycoplasma gallisepticum

Mycoplasma is a vertically transmitted disease²⁹ with pronounced effects in eggshell- altered surface, thinning, translucency, consequently leading to a greater incidence of eggshell cracks and breaks³⁰. Though it is a non-fatal disease³¹, it can significantly affect weight gain, feed conversion ratio, fertility, chronic respiratory disease and hatchability^{32, 33} in birds. MG and MS are bacterial OIE-listed respiratory pathogens³⁴ which often persist in sub-clinical level³⁵ and are a key cause for economic loss in the poultry industry³⁴. Mycoplasma infections, especially in farms with weak biosecurity, are often the cause of eggshell abnormalities and decrease in egg production³⁶.

98 Newcastle Disease Virus (NDV)

99 Newcastle disease (ND), an OIE-notifiable List A disease, is caused by avian paramyxovirus serotype 1 100 (APMV-1) virus³⁸ of Avulavirus genus. It is one of the highly pathogenic viral diseases of avian species, 101 and a major cause of morbidity and mortality in flocks³⁹. Affected birds develop respiratory, digestive and 102 neurologic symptoms with profound immunosuppression⁴⁰. In many countries throughout Asia and Africa, 103 ND remains endemic in commercial poultry despite intensive vaccination program that have been applied 104 for decades⁴¹. NDV can replicate in the reproductive tract of hens and contaminate internal components of 105 eggs and eggshell surface⁴².

107 Infectious Bronchitis Virus (IBV)

108 Infectious bronchitis in poultry is caused by IBV- an Avian Coronavirus (ACoV) of genus 109 Gammacoronavirus⁴³. IBV causes a fast-spreading respiratory disease in young chicks, with laying hens 110 experiencing reduced production, egg shell abnormalities, and decreased internal egg quality⁴⁴. Along with 111 commercial poultry, backyard poultry and free-ranging birds may serve as 'reservoir' for ACoV 112 transmission, and migratory birds often acting as an intermediary host spreading to wide and distant areas⁴⁵.

113 Infectious Bursal Disease Virus (IBDV)

114 Infectious Bursal Disease, commonly known as Gumboro, is an immunosuppressive disease transmitted

mainly horizontally through the feco-oral route⁴⁶. It is caused by a double stranded RNA virus- IBDV

116 (genus Avibirnavirus of family Birnaviridae)⁴⁷. There are two distinct serotypes of the virus, but only

117 serotype 1 viruses cause disease in poultry 48 . Viruses belonging to one of these antigenic subtypes are

118 commonly known as variants, causing up to 60 to 100 percent mortality rates in chickens⁴⁹.

119 Influenza A virus (IAV)

- 120 Avian Influenza (AI), caused by IAV, is a highly contagious viral infection which may cause up to 100%
- 121 mortality in domestic chickens or turkeys⁵⁰. The disease is caused by a highly mutable RNA virus that
- belongs to the family *Orthomyxoviridae*⁵¹. Influenza viruses have two surface proteins, hemagglutinin (HA)
- and neuraminidase $(NA)^{52}$ that determine their subtype and the animal species they infect; there are 16 HA
- 124 and nine NA types⁵³. When AI viruses of two HA types, H5 and H7, infect domestic poultry (chickens and
- turkeys) they often mutate and virulent disease arises in these birds which is called highly pathogenic avian
- 126 influenza (HPAI)⁵⁴. The initial infection that causes subclinical or mild disease is called low pathogenic
- 127 avian influenza (LPAI)⁵⁵. Wild water birds act as reservoir hosts of IAV, however these viruses generally
- 128 do not cause disease in these birds 56 .
- 129

130 Methodology

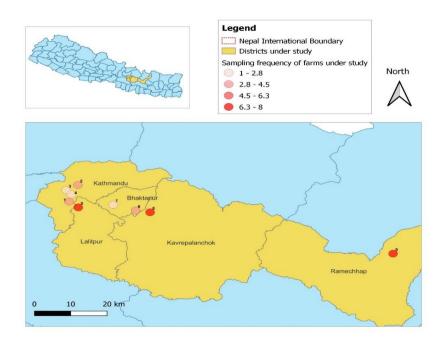
We retrospectively looked at the data on the presence of 6 major avian pathogens on eggs received 131 periodically every month (August 20- August 2021, except October 2020) from the eleven major hatcheries 132 in and around Kathmandu valley. These hatcheries participated in preventive pathogen screening services 133 provided by the BIOVAC Nepal's Poultry Diagnostic Laboratory (BNPDL). The sampling was performed 134 by trained personnel. No live animals were harmed and the study does not include handling of animal. No 135 embryonated eggs were killed during sampling process- qualifying this study to be exempted from any 136 ethical approval. To maintain anonymity of the hatcheries, they were coded with numeric digits on the basis 137 of time the samples were received. A total of 4343 eggs from eleven major hatcheries located in the five 138 surrounding districts (Kathmandu, Bhaktapur, Lalitpur, Kavrepalanchowk and Ramechhap) of Kathmandu, 139 140 Nepal were received and tested (Figure 1).

141 These eggs were brought to the BNPDL every month (except October 2020) in batches (133±60 eggs per

batch) packaged in crates (30 eggs per crate). Albumin extracted from 10% random eggs from each batch

143 (3 eggs from each crate) were tested for six selected Avian pathogens (NDV, IAV, IBV, IBDV, MS and

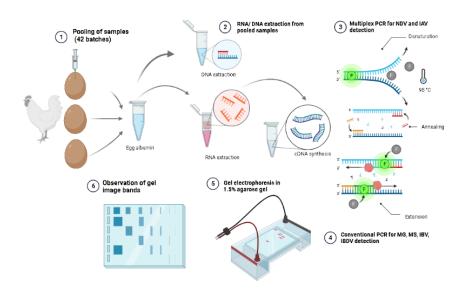
144 MG) using PCR (Figure 2)



145

146 Figure 1: Participating eleven major hatcheries located in Kathmandu and surrounding five districts

147 (Kathmandu, Bhaktapur, Lalitpur, Kavrepalanchowk and Ramechhap). As part of preventive disease
148 screening, eggs are routinely received by BIOVAC Nepal's Poultry diagnostic laboratory located in
149 Banepa (Nala), Nepal.



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Figure 2: Laboratory testing for the detection of six avian pathogens: BIOVAC Nepal's Poultry
 Diagnostic Laboratory (BNPDL) received samples from eleven participating hatcheries for preventive
 diagnostic screening of avian pathogens.

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156 Molecular Detection of Six Avian Pathogens

157 Nucleic Acid Extraction and cDNA synthesis

The nucleic acids (DNA/RNA) from pooled egg albumin samples were extracted using automated nucleic 158 acid extractor (abGenix™ AITbiotech, Singapore) following manufacturer's instructions. cDNA for the 159 extracted nucleic acids were synthesized using iScript[™] cDNA Synthesis Kit (Bio-Rad Laboratories, 160 USA). For a single sample, 4 μ L of 5X iScript reaction mix, 1 μ L of iScript reverse transcriptase, 6 μ L of 161 nuclease free water and 9 µL of the extracted nucleic acid was used to prepare 20 µL of cDNA. The cDNA 162 was synthesized in thermal cycler by incubating the mix at 25°C for 5 minutes followed by reverse 163 transcription at 46°C for 20 minutes and RT inactivation at 95°C for 1 minute. PCR for IBV, IBD, MG and 164 MS were performed using QIAGEN Multiplex PCR Kit (Qiagen, Catalog No. 206145). Multiplex PCR 165 was used to detect IAV and NDV simultaneously in the samples using QIAGEN Multiplex PCR kit. 166

167

169 Multiplex PCR for IAV and NDV

- 170 We have developed and optimized a multiplex PCR that detects both IAV and NDV simultaneously in one
- single test. A 291 bp fragment of Matrix protein gene of NDV and 156 bp fragment of Matrix protein gene
- of IAV was amplified in 25 μ L of the reaction mixture containing: 3 μ L of cDNA, 5 μ L QIAGEN®
- 173 nuclease-free water, 2.5 μL of 5X Q Solution, 0.5 μL NDV primer (forward), 0.5 μL NDV primer (reverse),
- 174 0.5 μL IAV primer (forward), 0.5 μL IAV primer (reverse) and 12.5 μL of 2X of QIAGEN® Multiplex
- 175 PCR Master Mix (HotStarTag DNA Polymerase, MgCl2, dNTPs and PCR buffer). PCR condition: 1 cycle
- 176 of initial denaturation at 95°C for 15 minutes, 45 cycles of denaturation at 95°C for 20 seconds, annealing
- 177 at 60°C for 20 second and extension at 72°C for 30 second. The PCR ended with a final elongation at 72°C
- 178 for 5 minutes. PCR products were visualized in Gel electrophoresis (1.5%) (Figure 3).

179 PCR Primers- multiplex IAV and NDV

- 180 For NDV, 10 pico-molar concentration each of forward primer (5'-GCTCAATGTCACTATTGATGTGG-
- 181 3') and reverse primer (5'-TAGCAGGCTGTCCCACTGC-3') were used and for IAV, 10 pico-molar
- 182 concentration each of forward (5'-CTTCTAACCGAGGTCGAAACG-3') and reverse
- 183 (5'GGTGACAGGATTGGTCTTGTC-3') were designed using NCBI PrimerBlast®.

184 PCR detection of IBV

- 185 A 433 bp fragment of 3' UTR of IBV was amplified in 25 μ L of the reaction mixture containing: 2 μ L of
- 186 template cDNA, 8.5μ L QIAGEN® nuclease-free water, 1μ L All 1-F primer (forward), 1μ L Del1-R primer
- $\label{eq:condition} 187 \qquad (reverse) \mbox{ and } 12.5 \ \mu\mbox{L of } 2X \mbox{ of } QIAGEN \mbox{ } PCR \mbox{ } Master \mbox{ } Mix. \mbox{ } PCR \mbox{ } condition: 1 \mbox{ } cycle \mbox{ } of \mbox{ } initial \mbox{ } denaturation \mbox{ } 1000 \mbox{ } mix \mbox{ } 1000 \mbox{ } 1000\mbox{ } 1000\mbox{ } 1000\mbox{ } 1000\mb$
- at 95°C for 15 minutes, 35 cycles of denaturation at 95°C for 30 seconds, annealing at 57°C for 30 second
- and extension at 72°C for 40 second. The PCR ended with a final elongation at 72°C for 5 minutes.

190 PCR Primers- IBV

- 191 10 pico-molar concentration of each All 1-F forward primer (5'-CAGCGCCAAAACAACAGCG-3) and
- Dell-R reverse primer (5'-CATTTCCCTGGCGATAGAC-3') were used for detection of IBV as per Saba
 et al. (2014)⁵⁷.

PCR detection of IBDV

A 643 bp fragment of complete hyper variable region of VP2 gene of IBDV was amplified in 25 µL of the
reaction mixture containing 2 µL of template cDNA, 8.5 µL QIAGEN® nuclease-free water, 1 µL
Infectious Bursal Disease Forward Primer, 1µL Infectious Bursal Disease Forward Primer and 12.5 µL of
2X of QIAGEN® PCR Master Mix. PCR conditions: 1 cycle of initial denaturation at 95°C for 15 minutes,

- 199 35 cycles of denaturation at 95°C for 30 seconds, annealing at 53°C for 20 second and extension at 72°C
- for 45 second. The PCR ended with a final elongation at 72°C for 5 minutes.

201 PCR Primers- IBDV

- 202 10 pico-molar concentration of each forward primer (5'-TCACCGTCCTCAGCTTAC-3') and reverse
- 203 primer (5'-TCAGGATTTGGGATCAGC-3') were used for the detection of IBD as per Kataria et al.
- 204 $(2007)^{58}$.

205 PCR detection of MS

- A 207 bp fragment of 16s rRNA gene of MS was amplified in 25 µL of the reaction mixture containing 2
- 207 µL of template cDNA, 8.5 µL QIAGEN® nuclease-free water, 1 µL Mycoplasma synoviae forward primer,
- 208 1 μL Mycoplasma synoviae reverse primer, and 12.5 μL of 2X of QIAGEN® PCR Master Mix. PCR
- 209 conditions: 1 cycle of initial denaturation at 95°C for 15 minutes, 35 cycles of denaturation at 95°C for 30
- seconds, annealing at 53°C for 20 second and extension at 72°C for 15 second. The PCR ended with a final
- elongation at 72°C for 5 minutes.

212 PCR Primers-MS

- 213 10 pico-molar concentration of each forward primer (5'-GAGAAGCAAAATAGTGATATC-3') and
- reverse primer (5'-TCGTCTCCGAAGTTAACAA-3') were used for detection of MS as per Kahya et al.
 (2015)⁵⁹.
- 216

217 PCR detection of MG

A 185 bp fragment of 16s rRNA gene of MG was amplified in 25 µL of the reaction mixture containing 2
µL of template cDNA, 8.5 µL QIAGEN® nuclease-free water, 1 µL *Mycoplasma gallisepticum* forward
primer, 1 µL *Mycoplasma gallisepticum* reverse primer and 12.5 µL of 2X of QIAGEN® PCR Master Mix.
PCR conditions: 1 cycle of initial denaturation at 95°C for 15 minutes, 35 cycles of denaturation at 95°C
for 30 seconds, annealing at 53°C for 20 second and extension at 72°C for 15 second. The PCR ended with
a final elongation at 72°C for 5 minutes.

224 PCR Primers- MG

- 10 pico-molar concentration each of forward primer (5'-GAGCTAATCTGTAAAGTTGGTC-3') and
 reverse primer (5'-GCTTCCTTGCGGTTAGCAAC-3') were used for detection of MG as per Kahya et. al.
 (2015).
- All PCR amplified products were visualized under 1.5% agarose gel electrophoresis.
- 229

230 **Results**

We retrospectively looked at the data on the presence of 6 major avian pathogens on eggs received periodically every month (August 20- August 2021, except October 2020) from the eleven major hatcheries in and around Kathmandu valley. These hatcheries participated in preventive pathogen screening services provided by BNPDL. The hatcheries had experienced high morbidity and mortality in their birds; and had

- seen decreased and defective egg production.
- In an average we received 430 eggs every month from one or more of the eleven hatcheries, majority (7/11,
- 237 64%) had at least one of the six pathogens present. We detected at least one avian pathogen in nine out of

eleven months (82%) of screening. Except for IBDV, we found one or multiple occurrence of other major

avian pathogens- Influenza A (IAV) (n=4 times) and Mycoplasma gallisepticum (MG) (n=4 times) were

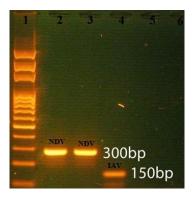
240 detected the most, followed by Newcastle Virus (NDV) (n=3 times). Infectious bronchitis virus (IBV) were

- 241 detected twice, and *Mycoplasma synoviae* (MS) was detected once (Table 1).
- In hatchery 4, we detected IAV in samples received in two separate months (September and December 2020). Meanwhile, we received most consecutive samples from hatchery 9, where we detected MG 3 2020 months in a row (April, May and June 2021), with multiple pathogens (MG, IAV and NDV) present in June 2021.
- In the winter season (January- April 2021), four batches had four detectable pathogens (NDV, IBV, MS

and MG). In rainy or wet season (May-August 2021), three different pathogens (IAV, MG and NDV) were

found in the 9 batches; during this period MG was detected in three consecutive batches. During the fall

- season (September-December), we detected only three pathogen (NDV, IBV and IAV) in four batches. We
- detected more pathogens during rainy or wet season than in winter or fall season (Figure 4).



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Figure 3: Detection of Influenza A (IAV) and Newcastle Disease Virus (NDV) using Multiplex PCR:
Newcastle Disease Virus (NDV) is detected as 300bp PCR amplicon, and Influenza A Virus (IAV) as
150bp. Lane 1: DNA ladder; Lanes 2-5: pooled albumin samples, Lane 6: negative control. Visualized

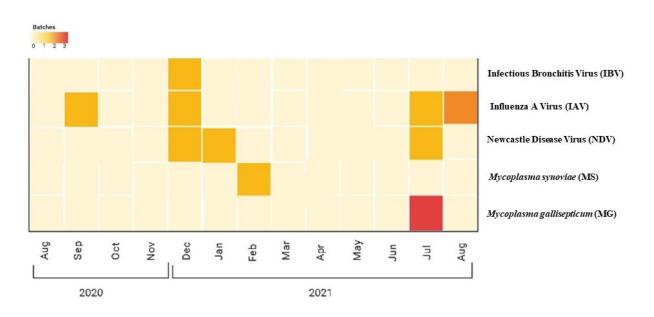
under 1.5% gel electrophoresis.

256	Table 1: Eggs received and avian pathogen detected
257	from each hatchery: Between Aug 2020 through
258	August 2021 (except October 2020), we received eggs
259	from participating 11 major poultry hatcheries. Eggs
260	received from some hatcheries (1, 2, 3 and 7) were free
261	of screened avian pathogens. Influenza A (IAV) ($n=4$
262	times) and Mycoplasma gallisepticum (MG) ($n=4$
263	times) were detected the most, followed by Newcastle
264	Virus (NDV) ($n=3$ times). Infectious bronchitis virus
265	(IBV) were detected twice, and Mycoplasma synoviae
266	(MS) was detected once.
267	

HATCHERY	Months											
	Aug 20	Sep 20	Nov 20	Dec 20	Jan 21	Feb 21	Mar 21	Apr 21	May 21	Jun 21	Jul 21	Aug 21
1	N=260											
2	N=120											
3		N=450										
4		N=150 IAV		N=120 IAV/IBV								
5			N= 60	N=240 NDV								
6					N=420 NDV							
7						N=60	N=210					
8						N=27 MS IBV						
9							N=65	N=30 MG	N=180 MG	N=300 MG, NDV, IAV	N=418	
10									N=10	N=270	N=870 MG	
11								•			N=90	N=1050 IAV



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Figure 4: Detected avian pathogens in received batches from the eleven different hatcheries: In the
winter season (January- April 2021), four batches had four detectable pathogens (NDV, IBV, MS and MG).
In rainy or wet season (May- August 2021), three different pathogens (IAV, MG and NDV) were found in

the 9 batches; during this period MG was detected in three consecutive batches. During the fall season

276 (September-December), we detected only three pathogen (NDV, IBV and IAV) in four batches. We detected

- 277 more pathogens during rainy or wet season than in winter or fall season (Figure 3).
- 278
- 279

281 **Discussion**

282 There is no active surveillance of most of the avian pathogens in Nepal, only outbreak related Avian Influenza (Bird flu) is investigated^{60, 61} primarily due to human health concerns. Meanwhile, disease 283 outbreaks in poultry farms are often reported based on clinical symptoms and mortality. Lack of 284 285 comprehensive animal diagnostic facilities also limits the farmers' ability to have disease outbreaks properly investigated. Preventive disease screening is still a novel concept in Nepal's poultry industry. 286 Against that backdrop, we have set up a poultry disease diagnostic laboratory (BNPDL) based in 287 288 Kathmandu and Nala, Nepal. We routinely receive requests to screen for avian pathogens from poultry 289 farmers, including hatcheries. Hatcheries can be a source of disease spread through contaminated eggs and 290 day old chicks. We have detected presence of avian pathogens in egg albumin using molecular (PCR) 291 detection. In a resource strapped country like Nepal, where disease surveillance is not well developed, a 292 routine egg screening based on accurate and relatively fast PCR screening, can offer an important insight 293 into floating avian pathogens in poultry population at any given time. This kind of information can be 294 helpful for poultry producers, including hatcheries, to prevent and mitigate their losses by adopting 295 appropriate interventions.

296 Egg-shell based pathogen detection

297 There are some egg-shell based poultry disease surveillance program being used in some countries, 298 however, they have only focused on food borne pathogens such as Salmonella, Camphylobacter and Escherichia coli^{62,63,64,65}. Majority (41%) of all foodborne disease outbreaks in Spain were associated with 299 300 consumption of eggs and egg products⁶⁶, which explains a high level of contamination associated with eggs. Similarly, quarterly surveillance measures have also been carried out under the Egg Product Inspection Act 301 (EPIA) as part of USDA's Shell Egg Surveillance (SES)⁶⁷. While successful in detecting these important 302 food safety related pathogens, such surveillance completely overlooks the poultry health related pathogens-303 especially avian viral pathogens. We have demonstrated that egg (albumin) based screening and disease 304 305 surveillance can be pretty effective in picking floating pathogens, and help us understand the disease burden, patterns and trends in general. 306

307 Limitation of our study

This study was based on and relied upon the eggs being provided by the participating hatcheries. Most of these hatcheries only requested to have their eggs screened based on suspected clinical signs (and often after some mortality). Hence, they did not provide eggs routinely and regularly. Because of this, we were not able to establish the real disease occurrence trend across each hatchery nor were we able to tell whether the de-contamination efforts they made actually worked. Furthermore, randomly selecting 10% of the eggs

might not have the sensitivity needed to pick all the pathogens in a given farm; we only screened a fraction

of eggs in each batch due to cost consideration. We could have integrated an environmental screening and

bio-security assessment as a part of a thorough disease surveillance system in poultry industry/farms,

316 however, we were not able to do that in this study. Interestingly, we did observe some seasonal variability

- of disease occurrences- wet or rainy season harboring more pathogens than dry season. However, we need
- 318 more data points to look into this further.

319 Implications and Utility of Egg based Pathogen screening

320 Molecular detection of pathogens in egg albumin can provide important information to put together an early 321 containment strategies for poultry farmers in particular and animal health efforts in general. It can be especially beneficial to hatcheries as they are often the contamination source-spreading disease from egg 322 323 to day-old chicks, and eventually to the whole poultry production value chain. Egg-based disease screening can be an effective One Health surveillance tool as well, as it can pick up important Zoonotic pathogens 324 325 such as Influenza A, and help stem pathogen spill-overs, thereby safeguarding human health. Albumin 326 screening, as an early detection tool, can also assess biosecurity effectiveness in hatcheries and help curb 327 horizontal and vertical transmission of avian diseases. In a developing country like Nepal, where resources 328 are limited, easy to access pathogen screening samples like eggs and highly sensitive and accurate molecular (PCR) tools can help in building important avian disease surveillance tool. With the advent of 329 next generation DNA sequencing and Genomics technology, we can even screen for a broader viral, 330 331 bacterial and other pathogens using same (single) sample source. High throughput in data acquisition made 332 possible by such new technologies certainly can make disease surveillance fast, easy and affordable. Our 333 study is an initial step towards that direction.

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