Hypocretin/orexin neurons encode social discrimination and exhibit a sex-

dependent necessity for social interaction

Author Names and Affiliations:

Matthew Dawson[1,5,6], Dylan J Terstege[3,4,5], Naila Jamani[1,5,6], Mio Tsutsui[1,5,6], Dmitrii Pavlov[1,5,6],

Raluca Bugescu[7], Jonathan R Epp[3,4,5], Gina M Leinninger[7], Derya Sargin[1,2,5,6]

Department of Psychology[1], Department of Physiology & Pharmacology[2], Department of Cell

Biology and Anatomy[3], Cumming School of Medicine[4], Hotchkiss Brain Institute[5], Alberta

Children's Hospital Research Institute[6], University of Calgary, Canada

Department of Physiology[7], Michigan State University, United States

Corresponding author:

Derya Sargin

Address:

University of Calgary

2500 University Ave Dr NW T2N 1N4

Calgary, AB, Canada

Phone: 403-2204349

Email: derya.sargin@ucalgary.ca

Summary

Intraspecies social interactions are integral for survival and maintenance of society among all

mammalian species. Yet, our understanding of the neural systems and mechanisms involved in

the establishment of social connectedness are limited. Since their initial discovery as regulators

of sleep/wakefulness and appetite in the brain, the hypocretin/orexin neurons have also been

shown to play an essential role in modulating energy homeostasis, motivated and emotional

behavior. These neurons are located exclusively in the hypothalamus which, regulates complex

and goal-directed behaviors. The hypothalamus also plays an important role in the modulation of

social behavior by encoding internal states. However, our understanding of the role of hypocretin

neurons in social behavior is currently limited. To address this knowledge gap, we performed a

combination of fiber photometry and machine learning based behavioral analysis in female and

male mice expressing GCaMP6s in hypocretin neurons. We then applied optogenetic and

pharmacological inhibition of hypocretin neuron signaling to determine the necessity of the hcrt

neuron population for social behavior. Our results indicate that hypocretin neurons exhibit a robust

increase in activity in response to social interaction in both female and male mice. We show here

for the first time a social discrimination signal that is encoded differentially by hcrt neurons based

on the nature of the social encounter. The intensity of the hcrt neuron activity predicts the

subsequent duration of social interaction. The optogenetic inhibition of hypocretin neuron activity

during social behavior leads to a reduction in the amount of time mice are engaged in social

interaction in males but not in females. Blocking hcrt1 (orexin 1) receptors similarly reduces social

interaction in males only. Reduced hcrt1 receptor signaling results in increased activity in the

insular cortex and reduced activity in the VTA after social interaction in male mice. Together,

these data implicate the lateral hypothalamus hypocretin neurons as a sexually dimorphic key

regulator within the larger network of neural systems involved in social behavior. Our findings

carry significant implications for the treatment of neuropsychiatric diseases characterized by

social dysfunction, particularly considering the varying prevalence observed across different

sexes.

Introduction

Social behaviors are an essential component of survival for most organisms. Effectively

and appropriately communicating with members of one's species enables an individual to gain

access to information about foraging opportunities, potential mates and detection of threats.

Interactions between conspecifics also provide the foundation for social group hierarchies,

providing members with protection from predation, support from others within the group, and

obtaining emotional rewards. The importance of these gains for the success of an organism has

led to lasting evolutionary conservation of social behaviors, over time reinforcing the development

of complex neural systems for the more sophisticated and refined methods of social interaction

we see in mammals.

For organisms to interact socially, each must collect and process sensory signals from

their counterparts and their environment, integrate this information with their internal state (e.g.,

memories of prior experiences, affective state, evaluation of risks and rewards), determine the

appropriate behavioral response for the situation, then perform a sequence of corresponding

motor patterns. These processes must function in concert simultaneously and rapidly to

accommodate the highly dynamic and unpredictable process of social interaction (Chen and

Hong, 2018). The resulting neural networks required to orchestrate this are vast, and we are still

early in our understanding of which anatomical regions of the brain are involved and what their

individual contribution to social behaviors is. Despite the challenge inherent to elucidating the

underlying mechanisms of such complicated behaviors, many recent studies have made

significant advances in our understanding of the neural substrates of social behaviors. Research

in rodent models has demonstrated the involvement of numerous cortical and subcortical regions

in production and direction of social behavior (Anderson, 2016; Clancy et al., 1984; Gunaydin et

al., 2014; Hashikawa et al., 2016; Y. Hashikawa et al., 2017; Hofer, 1996; Hong et al., 2014; Keller

et al., 2006; Kingsbury et al., 2019; Li et al., 2016; Marlin et al., 2015; Okuyama, 2018; Takahashi

et al., 2014; Unger et al., 2015; Veening and Coolen, 2014; Wei et al., 2021). These regions have

been found to form extensive functional circuits between each other and work to govern the array

of parallel processes required during social interaction.

The various regions of the hypothalamus play a particularly important role in the

modulation of social behavior by encoding internal states (Lo et al., 2019). The evolutionarily

conserved hypothalamus (Xie and Dorsky, 2017) regulates critical survival functions by

processing sensory and neuroendocrine signals and producing internal states to promote the

organism to adjust its behavior to maintain homeostasis (Saper and Lowell, 2014). Certain internal

states including emotion, memories of past experiences, motivation, and arousal are critical

mediators in social behaviors as they determine the appropriate behavioral expression in

response to incoming sensory information (Anderson, 2016). The modulatory power of these

internal states over the social behavior of an animal is immense, to the degree that identical

sensory stimuli and environmental conditions can elicit completely different behavioral responses

based on the animal's internal state (Chen and Hong, 2018). A shared underlying characteristic

to all these internal states is that behavioral arousal is required to produce attention to socially

relevant signals and motivation to investigate and interact with the conspecific from which they

originate. This systemic arousal directed towards social stimuli is a process central to social

behavior and closely overlaps with the functional role of the lateral hypothalamus (LH). Since their

discovery (de Lecea et al., 1998; Sakurai et al., 1998), the LH hypocretin (hcrt)/ orexin neurons

have been shown to govern arousal (Bourgin et al., 2000; Del Cid-Pellitero and Garzón, 2011;

Hasegawa et al., 2017, 2014; Yang et al., 2019), attentional (Fadel and Burk, 2010; Fadel and

Frederick-Duus, 2008), and motivational (España et al., 2011, 2010; Fadel and Deutch, 2002;

Vittoz et al., 2008) states which all contribute to modulation of social behavior. Hcrt neurons

extensively project to and modulate the activity of brain regions involved in social interaction

(Bisetti et al., 2006; Lungwitz et al., 2012; Samson et al., 2002; Sterley et al., 2018), social reward

(Fadel and Deutch, 2002; Gunaydin et al., 2014; Payet et al., 2021; Wang et al., 2005), and social

memory (Yang et al., 2013). However, their direct role in social behavior has been less studied.

To reveal how hcrt neuron activity contribute to social behavior, we employed Cre-

inducible viral targeting combined with fiber photometry and optogenetic tools in $Hcrt^{IRES-Cre}$ mice

during conspecific social interactions. We identified that hcrt neurons exhibit a robust increase in

activity in response to social interaction. We demonstrate that hcrt neuron activity is more

pronounced during interaction between unfamiliar mice compared to that observed during familiar

interactions. In contrast, exposing mice to familiar or novel objects does not lead to a difference

in the activity of hcrt neurons suggesting that differential activity is driven primarily by social

interactions. We further found that social interaction recruits a larger proportion of hcrt neurons in

males, compared with females. The acute optogenetic inhibition of hcrt neuron activity and

reducing hcrt signaling by blocking hcrt-1 receptors during social behavior disrupts social

interaction in male mice without an effect in females. In males, we detected increased insular

cortex and reduced VTA activity in mice injected with the hcrt-1 antagonist and subjected to social

interaction. Together, our data compelling evidence for the sex-dependent role for hcrt neurons

and downstream postsynaptic regions in social behavior.

Results

The activity of the LH hcrt neuron population increases in response to social investigation.

To monitor the activity of hcrt neuron population in response to social approach and investigation,

we used fiber photometry while performing a 3-chamber sociability test (Moy et al., 2004). We

infused a Cre-dependent adeno-associated virus (AAV) encoding the fluorescent sensor

GCaMP6s into the LH of $Hcrt^{IRES-Cre}$ mice. We found that >90 % of virus-labeled cells co-

expressed Hcrt, while 58 % Hcrt+ cells were transduced with the virus (**Figure 1A, B; Figure S1,**

S2), similar to the previously published *Hcrt-cre* knock-in lines (Giardino et al., 2018; Mitchell et

al., 2020). An optical fiber was implanted above the LH to allow the delivery of excitation light and

collection of GCaMP6s fluorescence from hcrt neurons specifically (**Figure 1A, B**). After 5 min

baseline recording in the middle zone of the 3-chamber apparatus, mice were given access to

freely explore the chamber containing a confined social target (age and sex-matched novel

conspecific) in one chamber and an empty non-social zone in other chamber (**Figure 1C**). We

first averaged the hcrt Ca^{2+} signals in response to the social interaction that occurred within 2 sec

of the social zone entrance and compared this with the Ca^{2+} signals in mice during their interaction

with the empty cup in the non-social zone. 2 sec duration after entrance was selected restrict our

analysis to the bouts in which mice directly visited the sniffing zones after entering the chamber.

In female mice, the hcrt neuron activity increased after entering the social and non-social zones

(t>0 sec) and during interaction in the sniffing zones however, the activity between social and

non-social zones remained non-significant (two-way ANOVA; effect of time: $F_{(2, 18)} = 15.96$, $p <$

0.001, effect of zone: $F_{(1, 18)} = 0.07$, $p = 0.79$) (**Figure 1D, E**). The area under the curve of the

averaged hcrt Ca^{2+} responses were similar whether the female mice entered the social zone or

the non-social zone (paired t-test; $p = 0.96$) (**Figure 1F**). In male mice, the hcrt Ca^{2+} response

started to increase within 1 sec prior to and reached maximum levels right after entrance into the

social zone (**Figure 1G**). The hcrt Ca^{2+} response in male mice was significantly larger during and

after entrance into the social zone when compared with the non-social zone (two-way ANOVA;

effect of time: $F_{(2, 24)} = 12.86$, $p = 0.0002$, effect of zone: $F_{(1,24)} = 11.2$, $p = 0.0027$) (**Figure**

1H). The area under the curve of the averaged hcrt Ca^{2+} responses was significantly larger when

male mice entered the social zone rather than the non-social zone (*paired t-test; $p = 0.025$)

(**Figure 1I**).

We next compared the difference in the activity of hcrt neuron population while mice were

actively sniffing the confined conspecific (social sniffing zone) or the empty cup (non-social

sniffing zone) (**Figure 1J**). During interaction with the social target, hcrt Ca^{2+} response was

significantly larger regardless of sex (two-way ANOVA; effect of zone: $F_{(1, 14)} = 6.55$, $p = 0.023$,

effect of sex: $F_{(1, 14)} = 4.56$, $p = 0.051$) when compared to the time spent in the non-social sniffing

zone (**Figure 1K**). Further analysis of the data using planned comparisons between social and

non-social sniffing zones revealed that hcrt Ca^{2+} response was significantly larger in the social

sniffing zone, compared with the non-social sniffing zone in males, but not in females (Fisher's

LSD; social vs non-social: females, p = 0.69, males, p = 0.004) (**Figure 1K**). The frequency of

activity (peaks/sec) during interaction with the social target was significantly higher compared to

the non-social interaction, with females having an overall greater frequency (two-way ANOVA;

effect of zone: $F(1, 14)$ = 7.77, p = 0.014, effect of sex: $F(1, 14)$ = 9.15, p = 0.009). Planned

comparisons of the frequency between social and non-social sniffing zones revealed a significant

difference for males but not females (Fisher's LSD; social vs non-social: females, p = 0.16, males,

p = 0.024) (**Figure 1L**). The area under the curve of the hcrt Ca^{2+} signal changes was significantly

larger when male mice interacted with the social target compared to the interaction in the non-

social sniffing zone. This difference was not significant in females (two-way ANOVA; zone X sex

interaction: $F(1, 14)$ = 6.74, p = 0.021; Tukey's multiple comparisons test: Social vs non-social

sniffing zone; Males **p = 0.006, females p = 0.99) (**Figure 1M**).

Taken together, our data show that the response of the hcrt neuron population is larger

when mice are actively sniffing the social conspecific when compared with the non-social

exploration of an empty cup. This response is more prominent in males when they enter the social

zone and interact with the social target, compared to females. However, regardless of sex, mice

show an overall higher hcrt activity during the time they spent actively interacting with the social

target in the sniffing zone.

Differential activity in the LH hcrt neuron population in response to familiar and novel

social interaction. While the 3-chamber sociability test allows exploration of social interaction

within a controlled setting, it does not allow direct social interaction. To determine the changes in

the activity of hcrt neuron population during reciprocal and active social interaction, we performed

fiber photometry in the resident mice while they are socially interacting in their home cage.

Accordingly, we performed 5 min baseline recordings after which the resident mouse is first

introduced to a cage partner (familiar conspecific) and allowed to interact for 5 min. After removing

the familiar conspecific from the cage followed by a 5 min additional baseline recording, the

resident mouse was introduced to a novel age-, sex- and strain-matched conspecific (stranger)

and allowed to interact for 5 min (**Figure 2A**). This order was selected due to the possibility that

potentially aggressive encounters with the stranger mice would increase the stress levels and

confound subsequent interaction with a familiar mouse. In addition, the behavior of the familiar

mouse towards the experimental mouse could be influenced by the odor of a previous stranger.

To rule out the possibility of habituation, we determined changes in the hcrt neuron activity during

subsequent interactions. We did not detect a difference in the hcrt neuron activity in the resident

mouse when a familiar or a stranger mouse was introduced twice in a row (**Figure S3**). In the

home cage, social interaction was initiated exclusively by the resident mouse approaching the

mouse introduced into the cage (Fam: 1.41 ± 0.23 sec, Stranger: 1.6 ± 0.55 sec after introduction).

Social approach was defined as the time the resident mouse initiated movement toward the social

target (Gunaydin et al., 2014). Averaging the hcrt Ca^{2+} signals over time in both female and male

mice showed that the hcrt activity in resident mice started to increase prior to initial approach,

reached maximum levels right after the initial approach and sniffing and returned to baseline

minutes after the first interaction (**Figure 2B, C**). The analysis of the area under the curve of the

averaged hcrt Ca^{2+} traces showed that the hcrt Ca^{2+} response was significantly larger in female

and male resident mice during interaction with the unfamiliar conspecifics compared to the

interaction with the familiar cage mates (two-way ANOVA; effect of conspecific: $F(1, 26) = 8.96$,

$p = 0.006$, effect of sex: $F(1, 26) = 1.78$, $p = 0.19$). Planned comparisons between familiar and

stranger interactions revealed a significant difference in males but not in females (Fisher's LSD;

familiar vs stranger: females, $p = 0.1$, males, $p = 0.016$) (**Figure 2D, E**). The maximum hcrt activity

(max z-score ΔF/F) within 10 sec of initial approach was significantly greater during interaction

between unfamiliar (resident and stranger) compared to that observed during familiar interactions

in both female and male mice, with activity being larger during both types of social interaction in

male mice compared with female mice (two-way ANOVA; effect of conspecific: $F_{(1, 26)} = 8.01$, p

= 0.009, effect of sex: $F_{(1, 26)} = 8.29$, $p = 0.008$). Planned comparisons revealed a significant

difference in females (Fisher's LSD; familiar vs stranger: females, $p = 0.03$, males, $p = 0.09$)

(**Figure 2F**). We did not detect a difference in variances between females and males (Levene's

test; z-score; $F_{(3, 26)} = 1.11$, $p = 0.36$). The social novelty index did not differ between the sexes

(mean ± SEM: Males, 0.21 ± 0.08; Females, 0.22 ± 0.1; unpaired t-test, t = 0.32, df = 13, $p =$

0.97).

Next, we sought to determine the interaction between the initial large increase in hcrt

activity with social behavior. We found a significant correlation between the first interaction-

induced maximum hcrt activity and the time the resident mice spent sniffing the stranger mice

(interaction %) within the subsequent 5 min of the social behavior task (Stranger: $r_{(13)} = 0.58$, *p

= 0.023, Familiar: $r_{(13)} = 0.37$, $p = 0.18$) **(Figure 2G)**. To further determine the relation between

the hcrt signal and social behavior, we plotted the maximum hcrt activity (**Figure 2H**) along with

the duration of the time spent by the resident mice sniffing the conspecifics (**Figure 2I**) over time.

These data have been analyzed by three-way ANOVA with sex and conspecific as factors and

time as a repeated measure. The maximum hcrt activity was the greatest during the first minute

after mice met for the first time and declined over the subsequent minutes of the task (effect of

time: $F_{(14, 364)} = 21.26$, $p < 0.001$). This was found to be dependent on both sex (time X sex

interaction: $F_{(14, 364)} = 2.19$, $p = 0.007$; Tukey's multiple comparisons test: Male vs female at

20 sec $p = 0.013$, 40 sec $p = 0.033$, all other time points $p's > 0.05$), and conspecific (time X

conspecific interaction: $F_{(14, 364)} = 2.32$, $p = 0.004$; Tukey's multiple comparisons test: Stranger

vs familiar at 20 sec $p = 0.035$, 40 sec $p = 0.009$, all other time points $p's > 0.05$) (**Figure 2H, I**)

suggesting the engagement of this neuron population during initial contact. The time spent sniffing

was significantly greater in males than females (effect of sex: $F_{(1, 26)} = 4.62$, $p = 0.041$). Both

female and male mice spent a significantly greater time sniffing the stranger mice compared with

familiar cage mates (effect of conspecific: $F_{(1, 26)} = 11.81$, $p = 0.002$). Similar to the decrease

in the hcrt activity, the initial difference in the time spent sniffing the stranger and familiar mice

declined over time (time X conspecific interaction: $F_{(14, 364)} = 3.46$, $p < 0.001$, Tukey's multiple

comparisons test: Stranger vs familiar at 40 sec $p < 0.001$, 60 sec $p = 0.0013$, 80 sec $p = 0.005$

all other time points p's > 0.05).

The greater social interaction-induced hcrt activity increase in males may depend on a

larger number of neurons infected, when compared with females. To determine this, we

performed immunohistochemistry for GFP and quantified the number of hcrt cells expressing

GCaMP6s in both sexes. We found no significant difference in the number of GFP+ hcrt neurons

infused with AAV encoding GCaMP6s (unpaired t-test, $t = 1.05$, df = 10, $p = 0.32$) (**Figure S4A,**

B). We next hypothesized that the amount of hcrt neurons recruited by the initial interaction may

be different between females and males. To further investigate this, we perfused mice 90 min

after social interaction with a stranger conspecific and analyzed the percentage of hcrt neurons

expressing cFos in both sexes. We found that the amount of hcrt neurons expressing cFos after

social interaction was significantly larger in male mice, compared with females (unpaired t-test, t

$= 3.56$, df = 6, $p = 0.012$) (**Figure S4C, D**). In contrast, we did not detect a difference in the number

of hcrt neurons between females and males (unpaired t-test, $t = 0.34$, df = 6, $p = 0.74$) (**Figure**

S4E).

Overall, these data show that hcrt neuron activity plays a significant and differential role in

social interaction. We provide the first evidence that unfamiliar mice evoke a greater response in

hcrt neuron activity than familiar mice. The peak hcrt signal induced by the initial approach and

sniffing determines the subsequent time of interaction between the unfamiliar animals. Both

female and male mice show an increase hcrt activity in response to stranger interaction compared

with familiar however, male mice show greater hcrt activity and sniffing behavior regardless of the

conspecific. Moreover, males have a greater percentage of hcrt neurons that are activated in

response to social interaction, as indicated by elevated cFos levels compared with females.

258 **Differential hcrt neuron activity during social interaction persists in the novel cage but**

259 **absent in response to object investigation.** The choice of the home cage social interaction

260 assay for our experiments allowed us to assess social interaction within the territorial environment

261 of the resident mice. To determine whether the greater hcrt signal to a stranger conspecific

262 persists in a non-territorial novel setting, we placed the experimental mice in a cage with novel

263 bedding and performed fiber photometry during interaction with familiar and stranger mice (**Figure**

264 **3A**). In a novel cage, mice spent significantly more time engaging in non-social behaviors

265 including rearing, ambulation and grooming compared to those in the home cage (**Figure S5A**).

266 However, the time mice spent interacting with the familiar or the stranger conspecific was

267 comparable in both cages (**Figure S5B-S5D**).

268 Similar to our observations in the home cage, the increase in the hcrt Ca^{2+} signal reached

269 maximum levels in female and male mice right after the first approach and sniffing in the novel

270 cage (**Figure 3B, C**). The quantification of the area under the curve of the averaged hcrt Ca^{2+}

271 traces revealed a greater hcrt activity when mice interacted with a stranger compared to a familiar

272 mouse (two-way ANOVA; effect of conspecific: $F(1, 18) = 4.91$, $p = 0.038$) (**Figure 3D**). The

273 maximum hcrt activity (max z-score ΔF/F) within 10 sec of initial approach was also significantly

274 greater when mice interacted with a stranger compared with a familiar mouse (two-way ANOVA;

275 effect of conspecific: $F(1, 18) = 19.14$, $p = 0.0004$). The hcrt activity was significantly larger in

276 male mice during interaction with both familiar and stranger mice, when compared with females

277 (two-way ANOVA; effect of sex: $F(1, 18) = 4.87$, $p = 0.041$). Planned comparisons between

278 familiar and stranger interactions revealed a significant difference for both females and males

279 (Fisher's LSD; familiar vs stranger: females, $p = 0.006$, males, $p = 0.006$) (**Figure 3E**), and was

280 comparable to the signal observed during interaction in the home cage (**Figure S5E, F**). Similar

281 to the home cage setting, the initial interaction-induced maximum hcrt activity correlated with the

282 amount of interaction with the stranger conspecifics (**Figure 3F**). We did not detect a difference

283 in variances between females and males (Levene's test; z-score; $F(3, 18) = 3.32$, $p = 0.3$). Social

novelty index also did not differ females and males (mean ± SEM: Males, 0.17 ± 0.05; Females,

0.23 ± 0.07; unpaired t-test, t = 0.61, df = 9, *p* = 0.55). Altogether, these data show that the activity

of hcrt neuron population is greater while mice are engaged with stranger conspecifics whether

they are in their territorial home cage environment or in a novel cage, with higher hcrt activity and

sniffing behavior in males in both settings.

To identify whether the differential activity in the hcrt neuron population is a general

response to novelty or specific to social interaction, we performed fiber photometry while mice

were exposed to a familiar or a novel object in their home cage. Experimental mice were pre-

exposed to the familiar object for at least 3 days in their home cage (Okuyama et al., 2016). In

this task, we presented the experimental mice with a familiar or a novel object following a 5 min

baseline recording (**Figure 3G**). In both female and male mice, we observed an increase in the

hcrt Ca^{2+} signal in response to initial approach and interaction with the objects (**Figure 3H**). In

contrast to the differential hcrt signal observed during familiar and stranger mouse interactions,

both the maximum hcrt Ca^{2+} signal and the area under the curve for the first 2 min of interaction

were similar during novel and familiar object interactions (**Figure 3I, J**). This showed that the

significant difference in the hcrt Ca^{2+} signal during social interaction was absent when mice

interacted with the familiar or novel objects, suggesting that the differential activity is specific to

social interaction.

Because female and male mice employ different strategies (Anderson, 2016; van den

Berg et al., 2015), we further analyzed the two distinct modalities of social investigative behaviors

that the experimental mice engaged in, including anogenital sniffing (examination of the

anogenital area of the conspecific) and the head/torso sniffing (examination of the head and torso

region of the conspecific (Lee et al., 2019; Sterley et al., 2018). Both female and male mice spent

more time sniffing the anogenital and head/torso region of the stranger mice when compared with

the familiar conspecifics, with males spending a greater time engaged in anogenital sniffing

compared to females (Anogenital sniffing: two-way ANOVA; effect of conspecific: F(1, 26) = 18,

**p = 0.002, effect of sex: F(1, 26) = 8.19, **p = 0.0082; Head/torso sniffing: two-way ANOVA;

effect of conspecific: F(1, 26) = 3.17, p = 0.087, effect of sex: F(1, 26) = 0.99, p = 0.33) (**Figure**

S6A, B). The analysis of the hcrt activity peaks time locked to each behavior yielded a significantly

larger signal in female and male mice while they were engaged in the anogenital and head/torso

sniffing of the stranger mice, compared to sniffing the familiar conspecifics (Anogenital sniffing:

two-way ANOVA; effect of conspecific: F(1, 26) = 6.16, *p = 0.02, effect of sex: F(1, 26) = 3.62, p

= 0.068; Head/torso sniffing: two-way ANOVA; effect of conspecific: F(1, 26) = 7.21, *p = 0.012,

effect of sex: F(1, 26) = 2.6, p = 0.12) (**Figure S6C-S6F**). These data showed a stronger

anogenital sniffing drive and a borderline increase in the activity of the hcrt neuron population

during anogenital sniffing in male mice compared to females.

Taken together, our data showed that the activity of the LH hcrt neuron population

increases in response to social or object investigation. However, while the larger hcrt neuron

activity in response to novel social interaction indicates social discrimination, this difference in

activity is absent when mice interact with familiar or novel objects. The sex differences with males

responding to social interaction with larger anogenital sniffing and greater hcrt Ca^{2+} response

compared with females are also absent when mice are interacting with objects.

Inhibition of hcrt neuron activity disrupts social behavior in male mice. Having established

that the activity of hcrt neuron population is highly responsive to social interaction, we next

investigated whether hcrt neurons are required for social behavior. We infused a Cre-dependent

adeno-associated virus (AAV) encoding EYFP (controls) or the blue light-activated chloride

channel (iC++) (Berndt et al., 2016) into the LH of *Hcrt$^{IRES-Cre}$* mice (**Figure 4A, B**). We validated

that hcrt neurons expressing iC++ are inhibited in response to blue light stimulation using *ex vivo*

electrophysiological recordings (**Figure S7A, B**). Because the first social interaction yields the

maximum signal, which correlates with the subsequent interaction amount, we employed a

photoinhibition protocol by silencing hcrt neurons in resident mice prior to the introduction of

familiar or stranger conspecifics into the home cage (**Figure 4C**). The social interaction test was

repeated on two separate days and the order of the conspecific was counterbalanced across

different days. Social interaction was quantified as the summation of anogenital and head/torso

sniffing. In female mice, the optogenetic inhibition of hcrt activity did not affect the time spent

interacting with familiar or stranger conspecifics (two-way ANOVA; effect of group: $F_{(1, 28)}$ =

1.64, p = 0.21, effect of conspecific: $F_{(1, 28)}$ = 3.41, p = 0.07) (**Figure 4D**). In contrast, male mice

spent significantly less time interacting with conspecifics when hcrt activity was inhibited (two-way

ANOVA; effect of group: $F_{(1, 24)}$ = 13.82, p = 0.001, effect of conspecific: $F_{(1, 24)}$ = 2.66, p =

0.12; Fisher's LSD; EYFP vs iC++: familiar, p = 0.07, stranger, p = 0.002) (**Figure 4E**). To verify

that the optogenetic activation of iC++ induces inhibition of hcrt neurons effectively, we perfused

a group of EYFP- and iC++-expressing mice 90 min after social interaction with a stranger

conspecific. cFos immunostaining revealed a significant reduction in cFos+ hcrt neurons in female

and male mice (two-way ANOVA; effect of group: $F_{(1, 11)}$ = 12.62, p = 0.004) (**Figure S7C, D**).

We further found that male mice showed an overall greater hcrt cFos expression compared to

females (two-way ANOVA; effect of sex: $F_{(1, 11)}$ = 6.78, p = 0.02) (**Figure S7C, D**).

To determine whether sociability is affected similarly in a more controlled setting in which

the stranger mouse is confined, we tested mice in a 3-chamber test while inhibiting hcrt neuron

activity. While we detected no difference for sociability in females (two-way ANOVA; effect of

group: $F_{(1, 28)}$ = 2.59, p = 0.12, effect of zone: $F_{(1, 28)}$ = 26.56, p < 0.001) (**Figure 4F, G**) and

control males (**Figure 4F, H**), all showing a greater preference for the confined stranger, male

iC++ mice spent comparable time in the social and non-social sniffing zones (two-way ANOVA;

group X zone interaction: $F_{(1, 22)}$ = 4.81, p = 0.039; Tukey's multiple comparisons test: EYFP

social vs non-social p = 0.029, iC++ social vs non-social p = 0.99) (**Figure 4H**).

Because hcrt neuron activity is linked to locomotion (Karnani et al., 2020) and can be

regulated by stress (Grafe et al., 2018, 2017; Sargin, 2019), we next investigated whether

inhibition of hcrt neurons affects locomotor or anxiety-like behavior. We performed open field and

elevated plus maze tests in the presence of blue light in EYFP- and iC++ expressing female and

male mice. Acute inhibition of hcrt neuron activity during open field test did not lead to changes

in distance traveled (two-way ANOVA; effect of group: $F_{(1, 25)} = 1.46$, $p = 0.24$), or the time spent

in the outer or the inner zone of the open field apparatus (two-way ANOVA; effect of group for

time in outer zone: $F_{(1, 25)} = 1.45$, $p = 0.24$, effect of group for time in inner zone: $F_{(1, 25)} = 1.45$,

$p = 0.24$) in iC++ female and male mice, compared with mice expressing EYFP (**Figure S8A-D**).

In the open field test, both groups of female mice traveled a greater distance than male mice,

indicating greater locomotor activity in females regardless of group (two-way ANOVA; effect of

sex: $F_{(1, 25)} = 4.62$, *$p = 0.042$). Female mice also spent more time in the outer zone (two-way

ANOVA; effect of sex: $F_{(1, 25)} = 4.64$, *$p = 0.041$) and less time in the inner zone of the open

field (two-way ANOVA; effect of sex: $F_{(1, 25)} = 4.64$, *$p = 0.041$), compared with male mice

(**Figure S8A-D**). In the elevated plus maze, we did not detect a difference in locomotion (two-way

ANOVA; effect of group: $F_{(1, 23)} = 0.64$, $p = 0.43$, effect of sex: $F_{(1, 23)} = 3.02$, $p = 0.09$) or

anxiety-like behavior between the groups (two-way ANOVA; effect of group for time in closed

arms: $F_{(1, 23)} = 1.21$, $p = 0.28$, effect of group for time in open arms: $F_{(1, 23)} = 1.19$, $p = 0.28$)

or sexes (two-way ANOVA; effect of sex for time in closed arms: $F_{(1, 23)} = 1.07$, $p = 0.31$, effect

of sex for time in open arms: $F_{(1, 23)} = 0.67$, $p = 0.42$) (**Figure S8E-H**).

Overall, acute optogenetic inhibition of hcrt neuron activity significantly reduced the time

resident male mice spent interacting with the conspecifics, and decreased the preference of male

mice for the social conspecific without affecting locomotor activity or anxiety-like behavior. In

females, acute inhibition of hcrt neuron activity did not affect social interaction. These data

suggest that hcrt neurons are necessary for normative social behavior in male mice while in

females, the potential recruitment of different neural circuits may overcome the effects of reduced

hcrt activity on social interaction.

Reduced hcrt-1 receptor signaling alters the activity of the insular cortex and VTA and

disrupts social interaction in male mice. Hcrt neurons are a group of heterogeneous cells that

project to and modulate many different brain regions where they release hcrt and co-transmitters

including dynorphin (Chou et al., 2001; Li and van den Pol, 2006) or glutamate (Schöne et al.,

2012). To determine whether disrupted social interaction is dependent on hypocretin, we injected

male and female mice with the hcrt-1 receptor antagonist SB-334867 or vehicle 30 min before

social behavior (**Figure 5A**). Similar to the results of the optogenetic experiments, reduced hcrt-

1 receptor signaling with SB-334867 administration significantly decreased social interaction in

male mice only. SB-334867 did not lead to changes in the duration of time female mice engaged

with the stranger conspecifics compared with the vehicle treatment however, females interacted

with the stranger mice significantly less compared with male mice (two-way ANOVA; drug X sex

interaction: F (1, 20) = 30.29, **p < 0.001, Tukey's multiple comparisons test: female vs male,

vehicle **p < 0.001, female vs male SB-334867 p = 0.53; female vehicle vs female SB-334867, p

= 0.36, male vehicle vs male SB-334867, **p < 0.001) (**Figure 5B**). To investigate the potential

effects of SB-334867 on the locomotor activity or anxiety-like behavior, we performed open field

right after vehicle and SB-334867 administrations and social behavior experiments (**Figure 5A**).

The total distance traveled in the open field were not different between vehicle- and SB-334867-

treated mice, with females traveling an overall greater distance compared to males (two-way

ANOVA, distance traveled; effect of drug: F(1, 20) = 2.19, p = 0.15, effect of sex: F(1, 20) = 9.4,

p = 0.006) (Figure 5C**). Moreover, SB-334867 administration did not yield any significant

differences in the amount of time spent in the outer and inner zones of the open field (two-way

ANOVA, time in outer zone; effect of drug: F(1, 20) = 2.1, p = 0.16, effect of sex: F(1, 20) = 1.7, p

= 0.21, time in inner zone; effect of drug: F(1, 20) = 2.1, p = 0.16, effect of sex: F(1, 20) = 1.69, p

= 0.21) (**Figure 5D, E**). This suggested that changes in locomotor activity or anxiety levels did not

contribute to the observed differences in social behavior.

We next investigated how social interaction in the presence or absence of hcrt-1 receptor

blockade affects the activity of cortical and subcortical regions that are modulated by hcrt inputs

and are implicated in social behavior. We perfused vehicle- and SB-334867-administered female

and male mice 90 min after social interaction with a stranger conspecific and then immunolabeled

the brains for cFos. We used the Flexible Atlas Segmentation Tool for Multi-Area Processing

(FASTMAP) machine-learning pipeline (Terstege et al., 2022) for high-throughput quantification

of cFos density in the insular, prelimbic, infralimbic cortical regions as well as the CA1 region of

the hippocampus, lateral amygdala (LA), the bed nucleus of the stria terminalis (BNST), nucleus

accumbens (NAc) and the ventral tegmental area (VTA). The comparison of the differences in

cFos density between SB-334867-admnistered female and male mice revealed significant

differences in two of the brain regions investigated. The density of cFos immunoreactive cells was

significantly increased by SB-334867 treatment relative to control mice in the insular cortex and

significantly decreased in the VTA of male mice, compared with females (two-way ANOVA; brain

region X sex interaction: $F(7, 80) = 4.12$, $p = 0.0007$, Bonferroni's multiple comparison; males vs

females, insular cortex *$p = 0.02$, VTA **$p = 0.005$) (**Figure 5G, H**). Similarly, compared to the

vehicle-injected mice, SB-334867-administered males showed significantly increased activity in

the insular cortex and decreased activity in the VTA (two-way ANOVA; brain region X drug

interaction: $F(7, 80) = 3.18$, $p = 0.005$, Bonferroni's multiple comparison test; vehicle vs SB-

334867, insular cortex *$p = 0.016$, VTA **$p = 0.026$) (**Figure S9A**). These changes were not

observed in females (two-way ANOVA; effect of drug: $F(1, 80) = 0.39$, $p = 0.53$, effect of brain

region: $F(7, 80) = 0.94$, $p = 0.48$) (**Figure S9B**). These data provide insights into the potential

circuits that hcrt modulates differentially in females and males during social interaction.

Discussion

Discrete neural subpopulations in the hypothalamus play a critical role in producing and

modulating a variety of social behaviors, such as mating, aggression, and social bonding

(Hashikawa et al., 2016; K. Hashikawa et al., 2017; Y. Hashikawa et al., 2017; Hull and

Dominguez, 2007; Scott et al., 2015; Wu et al., 2014; Yoshihara et al., 2018). Similarly, research

into the functional roles of hcrt neurons has begun to suggest that these cells are involved in the

neural substrates of social processes, but the nature and extent of their involvement has not yet

been determined. Here, using a combination of fiber photometry, optogenetic and

pharmacological inhibition and social interaction assays, we characterized the role of hcrt neuron

activity in social behavior. We demonstrate for the first time that the activity of hcrt neuron

population is regulated by social approach and interaction and is critical for social behavior in a

sex-dependent manner.

Photometry recordings revealed that hcrt neurons in female and male mice exhibit a robust

increase in activity in response to social interaction. The elevation in activity was prominent during

indirect social contact in the 3-chamber social interaction test or during reciprocal social

interaction in the familiar home cage or less familiar novel cage. Moreover, hcrt neuron activity

was more pronounced during interaction between unfamiliar mice compared to the increased

activity observed during familiar interactions. These experiments provide the first evidence that

the discrimination between familiar and unfamiliar conspecifics is differentially encoded by the

hcrt neuron activity. In contrast, the increase in hcrt neuron activity remained the same when mice

interacted with familiar or novel objects, suggesting that a greater population of hcrt neurons is

being recruited in response to social novelty.

Earlier work has implicated that hcrt signaling plays a role in social behavior. Accordingly,

male *Hcrt receptor 1* gene (*Hcrtr1$^{-/-}$*) null mutant mice exhibit reduced sociability and decreased

preference for social novelty compared to wild type mice (Abbas et al., 2015). Male orexin null

mutant mice show diminished behavioral response to an intruder in a resident-intruder paradigm

(Kayaba et al., 2003). A microdialysis study in human epileptic patients found maximal hcrt

release during social interactions (Blouin et al., 2013). While orexin/ataxin-3- transgenic mice with

hcrt cell loss show deficits in social memory (Yang et al., 2013). Supported by these studies, our

data suggest a novel role for hcrt neuron activity states in the encoding of social discrimination.

We also report a significant correlation between initial social approach and interaction-induced

hcrt neuron activity and the subsequent time mice spent engaging with stranger conspecifics,

suggesting that the initial approach-induced engagement of the hcrt neurons determines the
duration of subsequent social interaction.

While both females and males show greater hcrt activity in response to social interaction,
we obtained sex differences in the extent of hcrt activity and social interaction in females
compared with males. Overall, both the hcrt Ca^{2+} signal and amount of time spent in social sniffing
habituated faster in females throughout the reciprocal social interaction test. The faster
habituation of the hcrt neuron activity during social interaction in females may reflect a
disengagement of this system during the initial stages of interaction. A difference in sex-
dependent neural and social engagement is not surprising given the variable strategies utilized
by female and male mice in social behavior (Malloy et al., 2005; Okuyama et al., 2016; Rao et al.,
2019). Yet, while the optogenetic inhibition of hcrt neurons resulted in a deficit in the normal
behavior of male mice towards conspecifics, this did not lead to a change in sociability of females.
Pharmacological blockade of hcrt-1 receptors similarly disrupted social interaction in males only,
suggesting that sex-dependent hcrt neuron-induced modulation of social behavior is hcrt
dependent.

The difference in the activity phenotype of hcrt neurons may represent sex-specific
differences in local LH hcrt neuron network dynamics, which aligns with the sex differences
observed in other hypothalamic cell subpopulations (K. Hashikawa et al., 2017). The mechanisms
underlying the sex differences may also be in part be due to the differential stress response that
may be induced by same-sex social interactions in females and males. As social interactions may
be more rewarding to females than males (Borland et al., 2019), the extent of the engagement of
hcrt neurons in same-sex social interaction may be dependent on the positive or negative valence
to a social stimulus. In contrast, same-sex social interaction may be more stressful for males due
to their increased tendency to show aggressive behaviors when interacting with other males
(Malloy et al., 2005). Interestingly, the hcrt/orx system is highly regulated by stress in a sex-
dependent manner (Grafe and Bhatnagar, 2020). Although mice were not exposed to stress prior

to social interaction in our experiments, the capability of females for social buffering acute stress

responses (Sterley et al., 2018; Taylor et al., 2000) may be a potential determinant in the

differential engagement of neural populations based on the valence of the behavioral task.

Interestingly, inhibition of the paraventricular CRH neurons (that are under the excitatory

regulation of the hcrt system) (Bonnavion et al., 2015), similarly decreases social interaction in

male mice (Sterley et al., 2018). Altogether, the sex-dependent recruitment of hcrt neurons in

social behavior may have important implications for disorders associated with social deficits and

that are more prevalent in men compared with women (Silber et al., 2002; Werling and

Geschwind, 2013).

Hcrt neurons are key regulators of sleep, wakefulness and arousal (Carter et al., 2012; de

Lecea, 2021; Inutsuka and Yamanaka, 2013; Sakurai, 2005; Tyree et al., 2018). Increased hcrt

activity reduces sleep to wake transitions (Adamantidis et al., 2007; Carter et al., 2009) while

reduced hcrt signaling or ablation of hcrt neurons has been associated with deficits in wakefulness

and narcolepsy, respectively (Hara et al., 2001; Peyron et al., 2000; Sasaki et al., 2011;

Tsunematsu et al., 2011). Decreased arousal and wakefulness may contribute to a reduced

interest for social interaction. However, we did not find a change in locomotor activity upon acute

hcrt neuron inhibition or pharmacological blockade of hcrt-1 receptors, suggesting that reduced

interaction with conspecifics is not simply due to sedation. Given the strong association of

narcolepsy and social impairments (Morse and Sanjeev, 2018; Quaedackers et al., 2019), a

correlation between potential changes in sleep/wakefulness parameters and social interaction

upon acute hcrt inhibition will provide more insight. Due to the involvement of hcrt in stress

response (Grafe et al., 2018, 2017; Sargin, 2019), manipulation of hcrt neuron activity may

interfere with generalized anxiety states. However, we did not observe changes in general

anxiety-like behavior with acute hypocretin inhibition or hcrt-1 receptor antagonism, suggesting

that the association between reduced hcrt activity and social interaction may not be attributed

solely to changes in anxiety levels.

Hcrt neurons are located exclusively in the hypothalamus. However, they are a

heterogenous group of cells with distinct neurochemical and electrophysiological characteristics

(Mickelsen et al., 2017; Sagi et al., 2021). A substantial number of hcrt neurons co-express other

neuropeptides and transmitters including dynorphin (Chou et al., 2001), and glutamate (Henny et

al., 2010; Mickelsen et al., 2019; Schöne et al., 2012). Our experiments involving the blockade of

hcrt-1 receptors revealed a disruption in social interaction, thereby strengthening the involvement

of hcrt release in mediating social behavior. Further research is necessary to comprehensively

understand how the additional peptides and transmitters co-released by hcrt neurons may

potentially regulate social behavior. Recent research identified the expression of sex-specific

genes, *Ddx3y* and *Xist* in distinct clusters of hcrt neurons, suggesting a role for sexual dimorphism

in these neurons (Mickelsen et al., 2019). The specific role of these genes in hcrt-mediated sex

differences and the extent to which these hcrt clusters contribute to social interaction remain to

be determined. Furthermore, the bulk of our understanding of hcrt signaling has been derived

from studies primarily focused on males. In our experiments, we did not consider the estrous cycle

due to potential stress-related effects of the procedure as well as our experimental plan to include

a randomized group of females. The comparison of variances using Levene's test in key

experiments did not show a significant difference between females and males, which indicates

that sex-dependent differences in social interaction cannot be solely attributed to variations in

estrous cycles. The absence of androgen and estrogen receptors in hcrt neurons adds another

layer of complexity to the understanding of hcrt-mediated sex differences (Muschamp et al.,

2007). Furthermore, it is noteworthy that ovariectomy has been found to have no discernible effect

on the social interaction of females (Choi et al., 2022). This finding reinforces the importance of

exploring sex-dependent mechanisms that underlie social behavior from alternative perspectives,

allowing for a more comprehensive understanding.

To further investigate the mechanisms underlying the reduced hcrt signaling-induced

disruption in social behavior of male mice, we performed cFos-dependent activity mapping in

postsynaptic target regions that are targeted by hcrt neurons and are critical for social behavior.

We identified that the activity of two key brain regions, the insular cortex and the VTA were

significantly altered in male mice treated with the hcrt-1 receptor antagonist SB-334867 prior to

social interaction. In contrast, cFos levels were comparable between vehicle- and SB-334867

administered female mice. These findings show that, unlike in males, reduced hcrt signaling in

female mice does not result in alterations in social interaction or impact the social interaction

induced activity of the examined brain regions. The insular cortex plays a pivotal role in governing

emotional and interoceptive information (Gogolla, 2017; Wang et al., 2019), and is a vital

component of the network responsible for social decision-making and social affect (Rogers-Carter

et al., 2018). The VTA is also critical for motivated behavior, social reward and social approach

(Gunaydin et al., 2014). Both the insular cortex and VTA receive strong hcrt inputs and express

hcrt-1 receptors that modulate the activity of a variety of cell types in these regions (Hollander et

al., 2008; Thomas et al., 2022). The differential sex-dependent changes in the activity of these

regions point to potential circuits that are preferentially involved in hcrt-mediated social interaction.

Both the insular cortex and VTA show disrupted connectivity in patients with autism spectrum

disorders (ASD) and this is thought to be a contributing factor to the social impairments observed

in these conditions (Caria and de Falco, 2015; Ebisch et al., 2011; Huang et al., 2021; Uddin and

Menon, 2009). Given the higher prevalence of ASD in males, it is crucial to conduct further

research on the sex-dependent modulatory role of hcrt connections to these regions during social

behavior.

Overall, our findings provide a thorough characterization of hcrt neuron activity in social

interaction and situate the hcrt system as a critical part of a larger network that plays an integral

role in the modulation of social behavior. The observed sex differences further emphasize the

need for the incorporation of sex as a biological variable in the design of studies focusing on the

modulation of social behavior to understand the underlying mechanisms and circuits. Insights into

the role of the hcrt system in social behavior will particularly be important in paving the way for

novel treatment strategies targeting neuropsychiatric disorders associated with social deficits.

Materials and Methods

Animals

We used female and male mice (10 to 16-week old) $Hcrt^{IRES-Cre}$ mice on a C57BL6/J

background. Age-, and sex-matched C57BL6/J mice were used as strangers. For vehicle or SB-

334867 injections, C56Bl6/J mice were used. Mice were housed in standard housing conditions

on 12 h light/dark cycle (light on at 07:00) with water and food available *ad libitum*. All experiments

were conducted at the same time each day (12:00 – 16:00 pm). All experimental procedures were

performed in accordance with the guidelines established by the Canadian Council on Animal Care

and were approved by the Life and Environmental Sciences Animal Care Committee at the

University of Calgary.

Generation of the $Hcrt^{IRES-Cre}$ knock-in mouse line

$Hcrt^{IRES-Cre}$ mice were generated and gifted by Dr. Gina Leinninger. Briefly, a targeting

vector for homologous recombination was generated by inserting an internal ribosome entry site

(IRES)-Cre cassette into the 3' end of the *hypocretin* mRNA product. A frt-flanked neo cassette

was placed upstream of the IRES-Cre sequence. This $Hcrt^{IRES-Cre}$ targeting vector was linearized

and electroporated into C57/Bl6 mouse embryonic stem cells. DNA from ES cell clones was

analyzed via qPCR for loss of homozygosity using Taqman primer and probes for the genomic

Hcrt   insertion   sites   (*Hcrt:*   Forward: TTTACCAAGAGACTGACAGCG,   Reverse:

CGGAGTCTGAACCCATCTTC, Probe: TCCTTGTCCTGATCCAAACTTCCCC). *NGF* was used

as a copy number control (Soliman et al., 2007). Putative positive ES clones were expanded,

confirmed for homologous recombination by Southern blot for neo and injected into blastocysts

to generate chimeric mice. Male chimeras were bred with C57BL/6 albino females and produced

germline progeny that express *Cre* and/or wild type *hcrt* (as assessed via PCR genotyping),

confirming successful establishment of the *Hcrt^IRES-Cre* line. (Forward Cre: CAC TGA TTT CGA

CCA GGT TC, Reverse Cre: CAT CGC TCG ACC AGT TTA GT; Forward Hcrt wt: CTG GCT

GTG TGG AGT GAA A, Reverse Hcrt wt: GGG GGA AGT TTG GAT CAG G. Cre band = 255 bp,

Hcrt wt band = 460 bp).

Hcrt^IRES-Cre mice were initially bred with *FlpO-Deleter* mice (Jackson Laboratories

B6.129S4-Gt(ROSA)26Sor^tm2(Flp)Sor/J*, stock #012930) to remove the frt-flanked neo cassette.

Neo-deleted *Hcrt^IRES-Cre* mice were then bred with C57/BL/6J mice (Jackson Laboratory, Strain

#000664) to propagate the line.

Stereotaxic Virus Injection and Optical Fiber Implantation

Mice were anaesthetized with 5% isoflurane before being transferred to a stereotaxic head

frame (Kopf Instruments) and maintained at 2% isoflurane. Mice received analgesia (5 mg/kg

meloxicam, s.c.) and fluid support (Lactated Ringer's solution, s.c.) during surgery. Viral infusion

was performed using a glass micropipette attached to a Nanoject III infusion system (Drummond

Scientific) at 25 nl/sec for 10 sec. The infusion pipette was kept in place for 5 min after viral

delivery and slowly elevated over 5 min. The following coordinates were used for virus injections:

LH (from Bregma: AP -1.5 mm; ML ±1.0 mm; DV -5.2 mm). For fiber photometry experiments,

mice received a unilateral infusion of AAV9-CAG-flex-GcAMP6s.WIRE.SV40 (Addgene viral prep

100842-AAV9; 1.5×10^{13} vg/ml, 250 nl). For optogenetic experiments, mice received bilateral

infusions of AAV2/9-EF1a-DIO-iC++-EYFP (Canadian Neurophotonics Platform Viral Core

Facility RRID:SCR_016477; 1.7×10^{13} vg/ml, 250 nl per hemisphere) or AAV2/9-EF1a-DIO-EYFP

(Canadian Neurophotonics Platform Viral Core Facility RRID:SCR_016477; 1.9×10^{13} vg/ml, 250

nl per hemisphere).

For fiber photometry experiments, viral infusions were followed by implantation of mono

fiber optic cannulae (Neurophotometrics; 400 um, AP -1.5 mm; ML ±1.0 mm; DV -5.2 mm). For

optogenetic experiments, dual fiber optic cannulae (Doric Lenses; 200 um, AP -1.5 mm; ML ±1.0

mm; DV -4.9 mm) were used. Implants were secured to the skull using super glue and dental

cement. Behavior experiments were performed at least 3 weeks after surgery.

Drug Injections

The hcrt receptor-1 antagonist SB-334867 (HelloBio) was dissolved in sterile water

with 2% v/v DMSO and 10% w/v β-hydroxypropyl-cyclodextrin. SB-334867 or vehicle (2% v/v

DMSO and 10% w/v β-hydroxypropyl-cyclodextrin in water) was injected intraperitoneally at a

concentration of 30mg/kg 30 min prior to social interaction (Adamantidis et al., 2007; Ito et al.,

2008; Thomas et al., 2022).

In vivo **Fiber Photometry Recording and Analysis**

A Doric Lenses fiber photometry system with an LED driver and console was used to

deliver the 405 nm isosbestic control and 465 nm excitation light during recordings. LEDs were

connected to a Mini Cube filter set and a dichroic mirror array was used to permit simultaneous

delivery of excitation light through a low autofluorescence mono fiber-optic patch cord to the fiber

optic cannulae. The signal was detected by a photoreceiver (Newport Visible Femtowatt

Photoreceiver Module Model 2151). A lock-in amplification mode controlled by the Doric Studio

software was implemented (modulation frequencies: 208.6 Hz for 456 nm, 166.9 Hz for 405 nm,

cut-off frequency for demodulated signal: 12 Hz). Light power was calibrated to deliver 30 µW

light at the tip of the fiber using a photometer (Thor Labs).

The Doric Lenses fiber photometry console was set to trigger recording on remote delivery

of a time-to-live (TTL) pulse from a separate computer running ANY-maze behavior capture

software to time lock video and photometry recordings. Data from photometry and behavioral

recordings were extracted and exported to MATLAB (MathWorks). Using custom MATLAB

analyses, the 405 nm channel was used as an isosbestic control and the data recorded using this

channel was fit to a biexponential decay. Data from the Ca^{2+}-dependent 465 nm channel were

then linearly scaled using the fitted decay of the isosbestic channel, correcting for any

photobleaching which occurred during the recordings (Meng et al., 2018). The resulting vector

was converted to a ΔF/F trace as previously described (Evans et al., 2022), and each trace was

normalized as a z-score (Reichenbach et al., 2022). Z-scored ΔF/F traces were analyzed for area

under the curve, peak frequency, and maximum fluorescence.

For social behavior recordings in home and novel cages, mice were first habituated to the

fiber for 5 min. Fiber photometry analysis was conducted based on the baseline of 20 sec prior to

the initiation of the social behavior test. 20 sec baseline period was selected to avoid the effects

of the activity changes that can take place within a longer time window and may mask social

interaction-induced changes that take place minutes after.   Area under the curve was

operationally defined as the summed area between the X-axis and the z-scored ΔF/F trace.

Comparisons of AUC during specific behaviors were normalized by the summed duration of the

behavioral epochs of interest. Peak frequency was refined using a peak detection filter of 2

standard deviations above the median z-scored ΔF/F value of the recording session (Evans et

al., 2022; Moda-Sava et al., 2019). For all behavior-specific analyses, photometry and behavioral

timeseries vectors were aligned using nearest-neighbours approximation to account for

differences in framerates across recording modalities.

In vivo **Optogenetic Inhibition**

Mice expressing EYFP (AAV2/9-EF1a-DIO-EYFP) or the inhibitory opsin iC++ (AAV2/9-

EF1a-DIO-iC++-EYFP) were used for optogenetic inhibition experiments. Laser driver (Opto

Engine LLC) was connected to a 1 x 2 fiber optic rotary joint (Doric Lenses) attached to a dual

fiber-optic patch cord. Mice were habituated to the patch cord for 5 min prior to starting the

behavior experiments. Blue light (470 nm, 17 mW) was delivered continuously via ANY-Maze

software-controlled AMi-2 optogenetic interface (Stoelting Co.) connected to the laser driver.

Behavioral Testing

The order of behavior tests was counterbalanced to control for any effect of testing order.

Before each test, the area around and under cages or the surfaces of the apparatus were sprayed

with 70% ethanol and wiped down with paper towel to reduce any residual odour. Prior to testing,

mice were handled and habituated to the fiber optic patch cord for 4 days.

3-Chamber Social Interaction Test

The 3-chamber social interaction test was performed in two-stages in an acrylic 105 cm X

45 cm apparatus containing two plexiglass dividers, splitting the chamber into three equal areas.

During the habituation stage, each mouse was first placed in the middle chamber for 5 min. The

removal of the dividers allowed mice to freely explore the chamber for an additional 5 min. During

the test stage, one area contained a sex- and age-matched C57BL/6J mouse confined in an

inverted pencil cup (social zone) while the other area contained an empty cup (non-social zone).

Mice were first placed in the middle chamber with dividers in place for 5 min. Dividers were then

removed and mice were allowed to explore the chamber for 5 min. Time spent in each area was

tracked and analyzed using ANY-Maze video tracking software (Stoelting Co.).

Reciprocal Social Interaction Test

To examine reciprocal social behavior, resident experimental mice were kept in their home cage.

Cage mates were separated for at least 15 min. For fiber photometry experiments, 5 min after

being connected to the fiber optic patch cord, the cage mate (familiar mouse) of the experimental

mouse was placed in the home cage and animals were allowed to freely interact for 5 min. 5 min

after removal of the cage mate, a sex- and age-matched C57BL/6J mouse (stranger mouse) was

placed in the home cage, and mice were allowed to freely interact for 5 min. For optogenetic

experiments, the tests were spread across two consecutive days to reduce the likelihood of

potential effects of prolonged light delivery and continual photoinhibition. The order of familiar or

stranger mice introduced into the home cage of the experimental mice was counterbalanced

across days. Blue light (470 nm, 17 mW) was turned on to allow 2 min of initial inhibition before

the introduction of the familiar or stranger mouse. The experimental mouse and conspecific were

allowed to freely interact for 5 min during continuous light delivery. Reciprocal social behavior in

a novel cage was examined using the similar paradigm above in a novel mouse cage with new

bedding material. Different stranger mice were introduced to mice tested in home cage and novel

cage experiments. Multiple social encounters have been avoided to keep stranger mice

unfamiliar. Different familiar mice were used in each day and cage mates were tested on different

days. All videos were recorded using ANY-Maze video tracking software (Stoelting Co.).

Social Behavior Analysis

We used the open-source automated positional tracking and behavioral classifications

algorithms DeepLabCut (DLC; (Lauer et al., 2021) and Simple Behavior Analysis (SimBA;

(Nilsson et al., 2020) to allow for unbiased, high-precision quantification and machine analysis of

social behavior. A subset of social interaction trials was also manually scored by an experimenter

blind to the groups to validate the resulting behavioral classifiers. Behavioral classifiers from

SimBA quantified social behavior as the time the experimental mice engage in head-torso sniffing

(snout of the experimental mouse was in direct proximity or direct contact with the head or torso

of a conspecific) and anogenital sniffing (snout of the experimental mouse was in direct proximity

to the anogenital region of a conspecific, including when actively following behind and sniffing a

conspecific). Social novelty index was calculated as follows: (% time interacting with stranger –

% time interacting with familiar) / (%time interacting with stranger + % time interacting with

familiar).

Machine Scoring

For automated analysis of social behavior using behavioral classification algorithms, video

recordings of social behavior experiments were first exported from ANY-maze to 20 frames-per-

second MP4 video files. A subset of these video files was imported into DLC, where the

experimenter blinded to the groups labelled the nose, left & right ears, left & right latissimus dorsi,

tail base, and the centre of the torso for each animal present in the frames. These frames were

then used by DLC to train the neural network to label the seven body parts described above. The

trained neural network then analyzed all video recordings of social behavior experiments to track

and plot the Cartesian coordinates of animals' body parts for every frame of each video. This

effectively provided the detailed spatial location of mice for every point in time throughout the

experiment.

The results of the positional tracking analysis from DLC were exported to SimBA. We used

a supervised-learning deep neural network within SimBA to create predictive classifiers for head-

torso and anogenital sniffing. The resulting predictive classifiers were then used to automatically

identify patterns in the positional data from DLC. Automated behavioral labels were validated for

accuracy by reviewing visualizations of classification results produced by SimBA.

For verification, all results from SimBA were visualized and reviewed by the experimenter,

and a subset of experiments were hand-scored to compare against the results of the automated

analysis. The results of SimBA's predictive classification for each experiment were exported for

both analysis of behavior alone and combined analysis with the photometry recordings from the

respective experiment. For photometry experiments, SimBA data and raw photometry traces were

imported and aligned by a custom MATLAB script. For optogenetic experiments, SimBA data

were analyzed and plotted.

Object Interaction Test

Mice were made familiar with an object (a small plastic puzzle piece) placed in their home

cage for 72 h prior to the day of testing. A round glass marble was used as a novel object. 5 min

after being connected to the fiber optic patch cord, novel or familiar object was introduced into the

home cage of the experimental mouse. Each mouse was allowed to interact with the objects for

5 min. Videos were tracked and the time spent with each object was analyzed using ANY-Maze

software (Stoelting Co.).

Open Field Test

Mice were placed in an acrylic 40 cm x 40 cm apparatus and allowed to explore for 5 min.

Blue light (470 nm, 17 mW) was kept on continuously while the animal was in the open field.

Videos were recorded and the total distance traveled, and the time spent in the outer and inner

zones were analyzed using ANY-Maze video tracking software (Stoelting Co.).

Elevated Plus Maze

Mice were placed in the center of a plus-shaped apparatus consisting of two closed (36

cm) and two open (36 cm) arms. Blue light (470 nm, 17 mW) was kept on continuously while mice

were allowed to explore for 5 min. Videos were recorded and the total distance traveled, and the

time spent in each arm were analyzed using ANY-Maze video tracking software (Stoelting Co.).

Slice Electrophysiology

400 μm coronal slices comprising the LH were obtained in ice-cold oxygenated sucrose-

substituted artificial cerebrospinal fluid (ACSF) using a Leica VT1000 S vibratome. Slices were

recovered in aCSF (128 mM NaCl, 10 mM D-glucose, 26 mM $NaHCO_3$, 2 mM $CaCl_2$, 2 mM

$MgSO_4$, 3 mM KCl, 1.25 mM NaH_2PO_4, pH 7.4) for a minimum of 2 hours. During recovery and

recordings, slices were saturated with 95% O_2/5% CO_2 at 30ºC. Recording was performed in

oxygenated aCSF flowing at a rate of 3-4 ml/min. The internal patch solution contained 120 mM

potassium gluconate, 10 mM HEPES, 5 mM KCl, 2 mM $MgCl_2$, 4 mM K_2-ATP, 0.4 mM Na_2-GTP,

10 mM Na_2-phosphocreatine, with pH adjusted to 7.3. Neurons were visualized using IR-DIC on

an Olympus BX51WI microscope and hcrt neurons were identified based on the expression of

EYFP. Whole-cell recordings were obtained in current clamp mode using a MultiClamp 700B

amplifier (Molecular Devices). Optogenetic inhibition through activation of iC++ was elicited using

CoolLED pE-300[ultra] illumination system at 470 nm. Data were filtered at 4 kHz and digitized at 20

kHz using Digidata 1550B and Clampex software (Molecular Devices).

Histology, Immunohistochemistry and Imaging

Mice were then deeply anaesthetized by isoflurane and transcardially perfused with 0.1 M

PBS and 4% paraformaldehyde (PFA). Brains were extracted and post-fixed in 4 % PFA for 24 h

and cryoprotected in 30% sucrose in 0.1 M PBS for 3-5 days until sunk. Brains were frozen and

40 μM thick coronal sections were obtained using a cryo-microtome (ThermoFisher) and collected

in 6 series. Sections were stored in an antifreeze solution containing 30 % ethylene glycol, and

20 % glycerol in 0.1 M PBS and stored at -20°C for further analysis.

For immunolabeling, sections were washed three times in 0.1 M PBS for 10 min each.

Sections were incubated with goat anti-hypocretin-1/orexin A antibody (1:500, Santa Cruz, sc-

8070) and/or rabbit anti-melanin concentrating hormone (MCH) (1:500, Phoenix

Pharmaceuticals), rabbit anti-GFP (1:500, Invitrogen) or with rabbit anti-cFos (1:1000, SYSY)

antibodies diluted in 3 % normal donkey serum, 0.3 % Triton-X and 0.1 M PBS for 24 h. After

three washes with 0.1 M PBS for 10 min each, sections were incubated with donkey anti-goat

Alexa Fluor 594 (1:500, Jackson ImmunoResearch) and/or anti-goat Alexa Fluor 647 (1:500,

Invitrogen), or anti-rabbit Alexa Fluor 647 (1:500, Invitrogen) diluted in 0.1 M PBS for 24 h. After

three 10 min washes with 0.1 M PBS, sections were mounted on glass slides and coverslipped

with PVA-DABCO mounting medium. Sections immunostained for cFos were were incubated with

DAPI (1:500, HelloBio) in PBS for 15 min and washed three times in 0.1 M PBS before mounting.

Sections were imaged using an Olympus FV3000 confocal microscope. Images were

acquired with a 10X and 60X oil immersion objectives, with the aperture set to 1 airy unit. Z-stack

image sequences were maximum intensity projected as a 2D image using Fiji. 2-3 sections

comprising the LH were analyzed per mouse. Quantification of cells labeled with GFP and

hypocretin-1 was performed using Fiji image processing software. Only mice with accurate

stereotaxic targeting and viral expression were included in the analyses. For cFos analysis,

sections were scanned at 10X magnification using a slide scanner (OLYMPUS VS120-L100-W;

Richmond Hill, ON, CA). cFos positive cells were segmented from background based on

fluorescent intensity and label morphology using *Ilastik* (Berg et al., 2019). Images were then

registered to the Allen Brain Institute mouse brain reference atlas to assess the expression

density of segmented cFos positive cells using FASTMAP (Terstege et al., 2022). Cells in the

following regions were quantified: Insular cortex, infralimbic cortex, prelimbic cortex, CA1 region

of the hippocampus, lateral amygdala, bed nucleus of the stria terminalis (BNST), nucleus

accumbens (NAc), and the ventral tegmental area (VTA). The expression density was calculated

as the number of cFos positive cells divided by the area of the region for each brain section.

Statistical Analysis

Statistical analysis was performed using GraphPad Prism 9, except three-way ANOVAs which were conducted using Statistica software. Tukey's multiple comparisons tests were applied when the F test for the interaction is significant (Rosner, 2000). In the absence of a significant interaction, we planned a priori comparisons between the groups and separately analyzed these comparisons using Fisher's LSD test. These differences are indicated on the graphs with an octothorpe signal. In cFos mapping experiments, Bonferroni adjustments were used to reduce the risk of Type 1 error with the large number of regions analyzed. The AUC of the Ca2+ signal from one mouse in Figure 1 was identified to be an outlier (Grubb's test; alpha = 0.05, G= 1.77, outlier Y = 533.7) and removed from the analysis. All statistical data are reported in Supplementary Tables S1-S5.

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Author contributions

D.S. and M.D. designed the experiments and wrote the manuscript. R.B. and G.M.L. designed and made the mouse line. N.J. and M.T. performed the surgeries. M.D. and D.P. performed the behavioral experiments. M.D. performed the histological procedures. D.S., M.D., D.J.T. and J.R.E. conducted the analysis.

Data availability

All data that support the findings of this study are present in the manuscript and the supplementary

materials, and are available from the corresponding author upon request.

Code availability

All custom scripts used for photometry analysis are publicly available in a GitHub repository

(https://github.com/dterstege/PublicationRepo/tree/main/Dawson2022).

Declaration of Interests

The authors declare no competing interests.

Figure Legends

Figure 1. Increase in hcrt neuron activity in response to social investigation. A) Schematic

(left) and a representative image (right) showing viral targeting and expression of GCaMP6s in

LH hcrt neurons. **B)** Hypocretin-1 (blue) and GCaMP6s (red) co-localization in the LH of a $Hcrt^{IRES-Cre}$

mouse infused with the AAV-CAG-Flex-GCaMP6s. Scale bar, 20 um. **C)** 3-chamber social

interaction paradigm during fiber photometry. Social and non-social zones are the compartments

of the chamber that harbor the social target or the empty cup, respectively. Sniffing zones are

defined as the area around the perimeter of the holder zones. **D)** Averaged hcrt Ca^{2+} traces over

time aligned to the time of entrance (t = 0 sec) into the social zone in female mice (n = 4 mice).

E) The hcrt Ca^{2+} signal for each mouse showing baseline (-1 to 0 sec), entrance (0 sec) and peak

response after the entrance into the social zone (0-2 sec). In female mice, the hcrt Ca^{2+} signal

increased upon entrance into the social and non-social zones and the activity in each zone was

comparable (two-way ANOVA; effect of time: $F_{(2, 18)}$ = 15.96, $p < 0.001$, effect of zone: $F_{(1, 18)}$

= 0.07, $p = 0.79$). **F)** In female mice, the area under the curve of the averaged hcrt Ca^{2+} responses

after entrance into social and non-social zones did not differ (paired t-test; $p = 0.96$). **G)** Averaged

hcrt Ca^{2+} traces over time aligned to the time of entrance (t = 0 sec) into the social zone in male

mice (n = 5 mice). **H)** In male mice, the hcrt Ca^{2+} signal increased upon entrance into the social

and non-social zones and the activity in social zone was significantly greater than activity in the

non-social zone (two-way ANOVA; effect of time: $F_{(2, 24)}$ = 12.86, p = 0.0002, effect of zone:

$F_{(1,24)}$ = 11.2, **p = 0.0027). **I)** In male mice, the area under the curve of the averaged hcrt Ca^{2+}

responses after entrance into the social zone was significantly greater compared to the non-social

zone (paired t-test; *p = 0.025). **J)** A representative hcrt Ca^{2+} photometry trace aligned to the time

spent in social (red) and non-social (black) sniffing zones from a female (above) and a male

mouse (below). **K)** The maximum hcrt Ca^{2+} signal during interaction with the social target was

larger compared with that during non-social target interaction regardless of sex (two-way ANOVA;

effect of zone: $F_{(1, 14)}$ = 6.55, *p = 0.023, effect of sex: $F_{(1, 14)}$ = 4.56, p = 0.051). This difference

was significant only in males (Fisher's LSD; social vs non-social: females, p = 0.69, males, ##p =

0.004). **L)** The frequency of activity (peaks/sec) during interaction with the social target was

significantly larger compared to the non-social interaction. In females, the frequency of hcrt activity

was larger during social and non-social interactions, compared with the male mice (two-way

ANOVA; effect of zone: $F_{(1, 14)}$ = 7.77, p = 0.014, effect of sex: $F_{(1, 14)}$ = 9.15, **p = 0.009).

Planned comparisons revealed a significant difference for males but not females (Fisher's LSD;

social vs non-social: females, p = 0.16, males, #p = 0.024). **M)** The area under the curve of the

hcrt Ca^{2+} signal in each sniffing zone, normalized by the duration of time spent in each zone was

significantly larger during interaction with the social target compared with the non-social target in

male mice only (two-way ANOVA; zone X sex interaction: $F_{(1, 14)}$ = 6.74, p = 0.021; Tukey's

multiple comparisons test: Social vs non-social sniffing zone; Males **p = 0.006, females p =

0.99). Data represent mean ± SEM. The complete statistical output is shown in Supplementary

Table S1.

Figure 2. Differential hcrt neuron activity during social interaction in home cage. A)

Experimental paradigm showing social interaction test during fiber photometry. After baseline

recordings for 5 min in the home cage, the resident experimental mouse is introduced to a familiar

(cage mate) followed by a stranger (novel) mouse. **B)** Heatmaps showing hcrt Ca^{2+} signal for

each mouse 20 sec prior to and 2 min after being introduced to a familiar (top) or a stranger

(bottom) mouse. Data are aligned to initial approach by the resident mouse. **C)** Averaged Ca^{2+}

signal changes in hcrt neurons in female (n = 7) and male (n = 8) mice during interaction with a

stranger or a familiar mouse. The hcrt neuron activity peaks right after initial approach initiated by

the experimental mouse and returns to baseline within 2 min. **D)** Representative hcrt Ca^{2+} traces

from an experimental mouse during interaction with a stranger or a familiar mouse. **E)** The area

under the curve of the hcrt Ca^{2+} response within the first 2 min of social behavior is larger when

the resident mice interact with a stranger compared with a familiar mouse (two-way ANOVA; effect

of conspecific: $F(1, 26) = 8.96$, **$p = 0.006$, effect of sex: $F(1, 26) = 1.78$, $p = 0.19$; Fisher's LSD;

familiar vs stranger: females, $p = 0.1$, males, #$p = 0.016$). **F)** The maximum hcrt Ca^{2+} signal in

response to initial approach and sniffing is larger when the resident mice are introduced to a

stranger compared to a familiar cage mate. The hcrt Ca^{2+} signal is larger in male mice compared

to female mice during interaction with familiar and stranger conspecifics (two-way ANOVA; effect

of conspecific: $F(1, 26) = 8.01$, **$p = 0.009$, effect of sex: $F(1, 26) = 8.29$, **$p = 0.008$; Fisher's

LSD; familiar vs stranger: females, #$p = 0.03$, males, $p = 0.09$). **G)** Scatter plot showing the

correlation between the maximum hcrt Ca^{2+} signal in the resident mice and the time they spent

sniffing the stranger ($r(13)=0.58$, *$p=0.023$) or the familiar ($r(13)=0.37$, $p=0.18$) conspecific. **(H)**

The maximum hcrt Ca^{2+} signal in the resident mice over time during social behavior is shown for

both females and males. The greater hcrt activity right after first approach and sniffing decreased

over time in both females and males (three-way ANOVA; time X conspecific interaction: F(14,

364) = 2.32, $p = 0.004$; Tukey's multiple comparisons test: Stranger vs familiar at 20 sec *$p =

0.035$, 40 sec **$p = 0.009$, all other time points p's > 0.05). Male mice showed a greater hcrt Ca^{2+}

signal within the first minute of social behavior, compared with females (three-way ANOVA; time

X sex interaction: F(14, 364) = 2.19, $p = 0.007$; Tukey's multiple comparisons test: Male vs female

at 20 sec #$p = 0.013$, 40 sec #$p = 0.033$, all other time points p's > 0.05). **I)** Time spent sniffing by

the resident mice over time during social behavior is shown for females and males. Mice spent

more time sniffing the stranger compared to familiar, which declined over time (three-way ANOVA;

time X conspecific interaction: F (14, 364) = 3.46, $p < 0.001$, Tukey's multiple comparisons test:

Stranger vs familiar at 40 sec **$p < 0.001$, 60 sec **$p = 0.0013$, 80 sec **$p = 0.005$ all other time

points $p's > 0.05$). Male mice engaged more in social interaction than females (three-way ANOVA;

effect of sex: F(1, 26) = 4.62, $p = 0.041$). Data represent mean ± SEM. The complete statistical

output is shown in Supplementary Table S2.

Figure 3. Differential hcrt activity during social interaction persists in a non-territorial

setting and is absent during object investigation. A) Experimental paradigm showing social

interaction in the novel cage test during fiber photometry. After baseline recordings for 5 min in a

cage with novel bedding, the resident experimental mouse is introduced to a familiar (cage mate)

followed by a stranger (novel) mouse. **B)** Heatmaps showing hcrt Ca^{2+} signal for each mouse 20

sec prior to and 2 min after being introduced to a familiar (top) or a stranger (bottom) mouse. Data

are aligned to initial approach by the experimental mouse. **C)** Averaged Ca^{2+} signal changes in

hcrt neurons in female (n = 5) and male (n = 6) mice during interaction with a stranger or a familiar

mouse in the novel cage. The hcrt neuron activity peaks right after initial approach initiated by the

experimental mouse and returns to baseline within 2 min. **D)** The area under the curve of the hcrt

Ca^{2+} response within the first 2 min of social behavior is larger when the experimental mice interact

with a stranger compared with a familiar mouse (two-way ANOVA; effect of conspecific: F(1, 18)

= 4.91, *$p = 0.038$, effect of sex: F(1, 18) = 2.83, $p = 0.11$). **E)** The maximum hcrt Ca^{2+} signal in

response to initial approach and sniffing is larger when the experimental mice are introduced to a

stranger compared to a familiar cage mate. The hcrt Ca^{2+} signal is greater in male mice compared

to female mice regardless of the social interaction type (two-way ANOVA; effect of conspecific:

F(1, 18) = 19.14, **$p = 0.0004$, effect of sex: F(1, 18) = 4.87, *$p = 0.041$; Fisher's LSD; familiar vs

stranger: females, ##$p = 0.006$, males, ##$p = 0.006$). **F)** Scatter plot showing the correlation

between the maximum hcrt Ca^{2+} signal in the experimental mice and the time they spent sniffing

the stranger r(13)=0.69, *$p=0.018$) or the familiar (r(13)=0.46, $p=0.16$) conspecific. **G)**

Experimental paradigm showing fiber photometry during object interaction test. After baseline

recordings for 5 min in the home cage, the resident experimental mouse is introduced to a familiar

or a novel object. **H)** Averaged Ca^{2+} signal changes in hcrt neurons in female (n = 7) and male (n

= 8) mice during interaction with a familiar or a novel object in the home cage, aligned to the time

of initial approach to the object. **I)** The area under the curve of the hcrt Ca^{2+} response within the

first 2 min of object interaction is comparable when the experimental mice interact with novel or

familiar objects (two-way ANOVA; effect of object: $F(1, 26) = 1.97$, $p = 0.17$, effect of sex: $F(1, 26)$

$= 0.21$, $p = 0.65$). **J)** The maximum hcrt Ca^{2+} signal in response to initial approach to familiar and

novel objects is comparable (two-way ANOVA; effect of object: $F(1, 26) = 0.013$, $p = 0.91$, effect

of sex: $F(1, 26) = 0.35$, $p = 0.56$). *$p<0.05$, **$p<0.01$, ns; non-significant. Data represent mean ±

SEM. The complete statistical output is shown in Supplementary Table S3.

Figure 4. Acute optogenetic inhibition of hcrt neuron activity disrupts social interaction in

male mice. A) Schematic (left) and a representative image showing viral targeting and expression

of iC++ in LH hcrt neurons. **B)** Hypocretin-1 (red) and iC++ (cyan) co-localization in the LH of a

Hcrt[IRES-Cre] mouse infused with the AAV-EF1a-DIO-iC++-EYFP. Scale bar, 100 um. **C)**

Experimental paradigm showing 5 min social interaction with familiar or stranger mice after 5 min

of fiber habituation and 2 min of hcrt neuron inhibition. Blue light was kept on during social

interaction. Each interaction was performed on different days and the order of conspecific was

counterbalanced. **D)** In female mice, optogenetic inhibition of hcrt neuron activity did not affect

the time spent interacting with familiar or stranger conspecifics (two-way ANOVA; effect of group:

$F(1, 28) = 1.64$, $p = 0.21$, effect of conspecific: $F(1, 28) = 3.41$, $p = 0.07$). **E)** Inhibition of hcrt

neuron activity in male mice reduced interaction time with conspecifics, compared with EYFP

mice (two-way ANOVA; effect of group: $F(1, 24) = 13.82$, **$p = 0.001$, effect of conspecific: $F(1,$

$24) = 2.66$, $p = 0.12$; Fisher's LSD; EYFP vs iC++: familiar, $p = 0.07$, stranger, ##$p = 0.002$). **F)**

Representative tracks from female and male EYFP and iC++ mice during in 3-chamber sociability

task in the presence of blue light. **G)** Inhibition of hcrt neuron activity did not lead to a change in

sociability in females in 3-chamber test (two-way ANOVA; effect of group: $F(1, 28) = 2.59$, $p =$

0.12, effect of zone: F(1, 28) = 26.56, *p* < 0.001). **H)** Male iC++ mice spent comparable time in the social and non-social sniffing zones of the 3-chamber in contrast to male EYFP mice (two-way ANOVA; group X zone interaction: F(1, 22) = 4.81, **p* = 0.039; Tukey's multiple comparisons test: EYFP social vs non-social *p* = 0.029, iC++ social vs non-social *p* = 0.99). Data represent mean ± SEM. The complete statistical output is shown in Supplementary Table S4.

Figure 5. Blocking hcrt-1 receptors with SB334867 disrupts social interaction in male mice and is accompanied by alterations in the activity of the insular cortex and VTA. A) Experimental paradigm. Mice were first injected with either 30mg/kg of SB-334867 or vehicle. 30 min after injection, mice interacted with a novel conspecific for 5 min, followed by 5 min exploration in the open field. **B)** Injection of SB-334867 reduced social interaction with stranger conspecifics in male mice, without an effect in females (two-way ANOVA; drug X sex interaction: F (1, 20) = 30.29, ***p* < 0.001, Tukey's multiple comparisons test: Females vs males, vehicle ***p* < 0.001, SB-334867 *p* = 0.53; Females vehicle vs SB-334867, *p* = 0.36, males vehicle vs SB-334867, ***p* < 0.001). **C)** Total distance traveled is comparable between vehicle- and SB-334867-injected mice. Females traveled significantly greater distance in the open field, compared with males (two-way ANOVA; effect of drug: F(1, 20) = 2.19, *p* = 0.15, effect of sex: F(1, 20) = 9.4, ***p* = 0.006). The time spent in the outer zone **(D)** and the inner zone **(E)** of the open field is comparable between mice. **F)** Experimental paradigm. 30 min after vehicle or SB-334867 injection, mice were allowed to interact with a stranger conspecific for 5 min. Mice were perfused 90 min after social interaction. Brains were processed for cFos immunohistochemistry. **G)** Male mice injected with SB-334867 had significantly greater cFos density in the insular cortex and reduced cFos density in the VTA, compared with females injected with SB-334867 (two-way ANOVA; brain region X sex interaction: F(7, 80) = 4.12, *p* = 0.0007, Bonferroni's multiple comparison test; males vs females, insular cortex **p* = 0.02, VTA ***p* = 0.005). **H)** Representative images showing DAPI (blue) and cFos (red) immunostaining in the insular cortex and VTA of female and male mice.

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Figure 1

Figure 2

Figure 3

Figure 4

Figure 5