Evolutionary determinants of reproductive seasonality: a theoretical approach

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ABSTRACT

Reproductive seasonality is a major adaptation to seasonal cycles and varies substantially among organisms. This variation, which was long thought to reflect a simple latitudinal gradient, remains poorly understood for many species, in part due to a lacunary theoretical framework. Because seasonal cycles are increasingly disrupted by climate change, a better understanding of the ecology of reproductive seasonality could generate important insights on how climate change may affect biodiversity. The goal of this study was to investigate the drivers of evolutionary transitions towards reproductive seasonality using a realistic agent-based optimisation model simulating the life cycle of a female yellow baboon, who typically breeds year-round. Specifically, we tested the influence of three ecological traits (environmental seasonality, productivity and unpredictability) and three life-history traits (daily reproductive energy expenditure, reproductive cycle length and infant extrinsic mortality) on the intensity of reproductive seasonality. To do so, we simulated diverse reproductive phenology strategies (from non-seasonal to highly seasonal), assessed which were optimal and computed, for the set of optimal strategies, the intensity of reproductive seasonality. We then induced variation in each trait of interest and examined how it affected the intensity of reproductive seasonality. We found significant effects of all three environmental traits: high reproductive seasonality was favoured by high environmental seasonality, low environmental productivity and low unpredictability. It was further, and most strongly, favoured by high daily reproductive energy expenditure. In contrast, there was no significant effect of reproductive cycle length and infant extrinsic mortality. Our modelling approach successfully disentangled the effects of environmental seasonality, productivity and unpredictability on the intensity of reproductive seasonality, which likely all contribute to generate the well-known association between latitude and reproductive seasonality. Our results further highlight the critical importance of life history pace on the evolution of reproductive seasonality. Overall, this study contributes a powerful theoretical framework and modelling tool that may apply across the life-history space, as well as sheds new light on the emergence and maintenance of non-seasonal breeding in slow-living species, including humans.

Keywords: Baboon, ecology, life history, modelling, phenology, reproduction, seasonality, unpredictability

                                              Introduction

Reproductive seasonality, which consists in a temporal gathering of reproductive events, is a major

adaptation to seasonal cycles as it allows synchronising the energetic costs of reproduction with the annual

food peak (van Schaik & Brockman, 2005). Because seasonal cycles are increasingly disrupted by climate

change (Easterling *et al.*, 2000), a better understanding of the ecology and evolution of reproductive

seasonality could generate important insights on how climate change may affect biodiversity (Thackeray *et al.*,

2016).

Many studies have focused on understanding the physiological regulation of reproductive seasonality

as well as variation in its timing (Brockman & van Schaik, 2005; Bradshaw & Holzapfel, 2007; Bronson, 2009;

Vatka *et al.*, 2014; Clauss *et al.*, 2021), but less work has investigated why the intensity of reproductive

seasonality exhibits such a broad range of variation across species (Campos *et al.*, 2017). Understanding the

drivers of such variation in strategies of reproductive phenology (i.e. timing and length of the annual birth

season) is essential to predict the resilience of species to climate change.

The intensity of environmental seasonality (often approximated by latitude) has traditionally been

used to predict reproductive seasonality (Conover, 1992; Ogutu *et al.*, 2014; Heldstab, 2021b) with tropical

species breeding year-round and temperate and Arctic species breeding seasonally. Yet, a great part of its

variation remains unexplained by this predictor alone. For instance, some tropical species reproduce

seasonally (Brown & Shine, 2006; Hongo *et al.*, 2016) while non-seasonal breeding has been observed in some

temperate (Riedman *et al.*, 1994) and Arctic (Gruyer *et al.*, 2010) species. There are also examples of sympatric

species which largely differ in their reproductive phenology (Sinclair *et al.*, 2000). In sum, besides

environmental seasonality, other determinants likely play a significant role in the evolution of reproductive

seasonality, such as other ecological factors, life-history traits, and their interaction (English *et al.*, 2012; Clauss

et al., 2021)

Ecological factors other than environmental seasonality could include environmental productivity

(average level of food availability) and unpredictability (hereafter approximated by the non-seasonal variation

in food availability and modelled as an added noise to food availability). First, in highly productive habitats, the

energy requirements of reproduction could be met year-round even in seasonal environments, thus decreasing

the benefits of seasonal breeding. Interestingly, environmental seasonality and productivity are both highly

correlated with latitude (Botero *et al.*, 2014), which is a major predictor of reproductive seasonality (Heldstab,

2021b; Heldstab *et al.*, 2021). Yet, most studies only investigate the global effect of latitude without

disentangling the effects of environmental productivity, seasonality and their interaction. Second, in

unpredictable environments, even with some degree of environmental seasonality, a flexible reproduction

may be more advantageous than a strictly seasonal reproduction. Indeed, reproducing seasonally in an

environment where the food peak is regularly reduced or delayed may generate mismatches between a fixed

reproductive timing and a variable annual food peak (Vatka *et al.*, 2014; Clauss *et al.*, 2021). Such mismatches

could reduce the benefit of breeding seasonally and therefore lead to a decrease in the intensity of

reproductive seasonality. However, only a few studies have investigated this latter effect of environmental

unpredictability on the *intensity* (and not only on the *timing*) of reproductive seasonality, with mixed results

so far. While English *et al.* (2012) found that inter-annual variation in food availability had an effect on the

intensity of birth synchrony of wild ungulate populations from 38 species, two other studies on red deer, *Cervus*

elaphus L. (Loe *et al.*, 2005) and chacma baboons, *Papio ursinus* (Dezeure *et al.*, 2023) found no effect of

environmental unpredictability on reproductive seasonality.

Regarding the effect of life-history traits, variation across species in strategies used to finance the

energetic costs of reproduction has likely played a major role in shaping the evolution of their reproductive

schedule. In particular, the mechanism consisting in limiting the peak in energy demand for reproduction, by

adopting a "slower" life history, as defined by the fast-slow continuum framework (Stearns, 1989; Bielby *et al.*,

2007) could be critical to sustain non-seasonal reproduction. Indeed, high day-to-day reproductive energy

requirements, which are typical of short-lived species with large litter size and fast reproductive cycles (Bielby

et al., 2007), likely limit the period of the year where the energetic costs of reproduction can be met. In

contrast, in species with slower reproductive paces, reproductive costs are spread over time and more easily

afforded year-round (van Noordwijk *et al.*, 2013). Additionally, and regardless of the life-history pace, the

length of the reproductive cycle could also be a key factor, depending on whether or not it is synchronised

with the annual schedule. Particularly, for long lived species, a reproductive cycle lasting more than exactly

one, two, three or more full years (i.e., that is not an integer number of years), could decrease the benefits of

seasonal breeding by introducing gaps at the end of each reproductive cycle, where females must wait the

next reproductive season in order to reproduce again. Lastly, slow-living species often have small litters or

singletons that can be lost all at once (Bielby *et al.*, 2007). In such cases, species with high external offspring

mortality compared to that of adults – a defining feature of slow life histories (Jones, 2011) – could face costs

from reproducing seasonally by experiencing gaps after losing their offspring if they have to wait the next

reproductive season to conceive again, similarly to species whose reproductive cycles are not integer years.

Finally, despite an abundant empirical literature on reproductive seasonality, few models have been

developed to explain the variation of reproductive strategies in seasonal environments (Tökölyi *et al.*, 2012;

Stephens *et al.*, 2014; Kristensen *et al.*, 2015), with only one, to our knowledge, studying the emergence of

reproductive seasonality (Sun *et al.*, 2020). Yet, this last model focuses on the evolution of income versus

capital breeding and considers environmental seasonality as the only determinant of the emergence of

seasonal breeding. This highlights a general lack of theory regarding the drivers of the intensity of reproductive

seasonality, and a specific need to develop a predictive framework integrating the combined effects of various

ecological and life-history traits across ecological and evolutionary timescales. In addition, because several

potential determinants of the intensity of reproductive seasonality typically co-vary in natural environments,

modelling approaches appear essential to disentangle their effects by introducing variation in some traits while

keeping others constant.

In this study, we developed an agent-based optimisation model to investigate the effects of variations

in ecological and life history traits on the emergence of reproductive seasonality. We chose to create a realistic

and detailed model based on energetics, that we parameterized using published empirical data from the yellow

baboon (*Papio cynocephalus*). This choice of a long-lived tropical and non-seasonally breeding (Campos *et al.*,

2017) model species contrasts with most studies on reproductive seasonality. First, focusing on a non-seasonal

breeder and on how reproductive seasonality could emerge from this point is a new approach and the *Papio*

genus is well suited for it because it is characterised by phenological flexibility, with one in six *Papio* species

breeding seasonally (Petersdorf *et al.*, 2019). Second, studying a tropical species like baboons is of major

interest because most studies of reproductive seasonality focus on organisms from temperate regions

(Bronson, 1985; Vatka *et al.*, 2014). Lastly, long-lived species such as baboons, where reproductive cycles

spread over multiple years, tend to be under-represented in studies of breeding seasonality, but could bring

important insights to understand our own reproductive phenology, namely why humans reproduce year-

round.

Yellow baboons live in tropical semi-arid savannas characterised by relatively low productivity, high

unpredictability and moderate seasonality (Gesquiere *et al.*, 2008). They give birth to one offspring at a time

with a limited growth rate during lactation (Altmann & Alberts, 1987) inducing relatively low day-to-day

reproductive energy requirements. Their mean interbirth interval (IBI) is 638 days, or 1.75 years (Gesquiere *et*

al., 2018), which is not an integer number of years, and they exhibit a moderate extrinsic infant mortality (for

a slow-living species) (Alberts, 2019). Altogether, their non-seasonal reproductive phenology appears

consistent with our hypotheses regarding their habitat characteristics and life history traits.

We therefore simulated variable strategies of reproductive phenology, from non-seasonal breeding to

a highly seasonal reproduction, together with their energy budget, in order to calculate their associated fitness

outcome. The phenology strategies that maximized individual fitness, here calculated as λ_{ind}, the individual-

level equivalent of the population growth rate (McGraw & Caswell, 1996), were interpreted as the optimal

reproductive phenology strategies. We first identified the optimal reproductive phenology strategies in the

natural environment of yellow baboons, the Amboseli National Park, source of most empirical data used here.

To do so, we used the Normalized Difference Vegetation Index (NDVI), a satellite-derived quantitative measure

of vegetation productivity, extracted from the Amboseli national Park coordinates, as a proxy of food

availability. By artificially reshaping the NDVI time series, we subsequently investigated the effect of variation

in three environmental traits (seasonality, productivity and unpredictability) on the fitness of these different

strategies. We further tested the influence of three life-history traits (daily reproductive expenditure, length

of the reproductive cycle and infant extrinsic mortality rate) on the optimal phenology strategy by modifying

the model parameters. By doing so, we were able to test our working hypotheses, respectively proposing that

the emergence of reproductive seasonality is favoured by (H1) high environmental seasonality, (H2) low

environmental productivity, (H3) low environmental unpredictability, (H4) high daily energetic expenditure of

reproduction, (H5) a reproductive cycle that is an integer number of years and (H6) low infant extrinsic

mortality rate.

                                          Methods

          A. Model description

          The programme code uses a combination of R (R Core Team, 2020) and C++ functions through the

  Rcpp package (Eddelbuettel & François, 2011). The model description follows the ODD (Overview, Design

  concepts, Details) protocol for describing individual and agent-based models (Grimm *et al.*, 2010).

          1. Purpose

          The purpose of this study is to investigate the determinants of reproductive seasonality in a

  mammalian species. To do so, we simulate the life cycle of a female yellow baboon (*Papio cynocephalus*) with

  an energetic approach to evaluate the optimal strategy of reproductive phenology. We parameterized the

  model using published empirical data (Table S1), but we developed its structure to be as general as possible so

  that it could be adapted to other mammalian species.

          2. Entities, state variables, and scales

  Agents/individuals:

          The model simulates the life cycle of a female adult baboon and her offspring. We do not discriminate

  the offspring by sex and only include adult females. We consider here that males are non-limiting for female

  reproductive success, and do not affect the outcome of reproduction, which sounds reasonable in a species

  where paternal care is optional (Buchan *et al.*, 2003). Therefore, each individual in the model belongs to one

  of four possible life stages: foetus, infant, juvenile and (adult) female. A foetus is created when a female

  conceives and switches to the next life stages through defined events: birth, weaning and sexual maturity. As

  individuals grow, they acquire new abilities (e.g. foraging or reproducing). Technically, we simulated these

  individuals using object-oriented programming where the four life stages are represented by four classes that

  inherit (acquire properties and behaviour) from one another (Fig. 1). Each individual is characterised by some

  attributes or state variables, according to his life stage (Appendix A, Table S2) which accounts for the changes

  occurring during the simulation.

Figure 1: Schematic representation of the class-structure used in the model

Each rounded rectangle represents a class. The Foetus class is the base-class while the Female class is the class with the most advanced properties, including reproduction. Class Female individuals can therefore produce offspring that will appear as an individual of class Foetus and evolve to the other classes through key life events associated with changes in the female reproductive status.

Temporal scales:

One time step represents one day and simulations end with the female death or her last offspring reaching sexual maturity, depending on which event occurs last.

Environment:

Each simulation occurs in an environment characterised by its food availability, approximated by the Normalized Difference Vegetation Index (NDVI). NDVI is an indicator of vegetation productivity (Pettorelli *et al.*, 2005) and is therefore relevant to predict food availability for yellow baboons whose diet, although omnivorous, consists mainly in plants (Post, 1982). NDVI has indeed previously been used in several baboon populations to estimate food availability (Baniel *et al.*, 2018; Dezeure *et al.*, 2021; Walton *et al.*, 2021; Dezeure *et al.*, 2023) and has also proved relevant to predict reproductive seasonality in humans (Macfarlan *et al.*, 2021). When vegetation productivity is weak (low NDVI), the model also allows the use of alternative sources of food, called 'fallback food', as described in wild yellow baboons (Altmann, 1998) (see Appendix B - Section 3 "Energy intake" and Figure S1 in the Supplementary Material for details).

To account for realistic seasonal changes in NDVI, we used real values from the Amboseli population

of yellow baboons. We used a GPS tracking study (Amboseli Baboon Research Project, 2015 - see Markham *et*

al., 2013 for methods) to assess the coordinates of a quadrat where the majority of the baboon movements

occurred (South/West: -2.75, 37.04 ; North/East: -2.70, 37.11). This quadrat covers a surface of about 42 km²,

which is consistent with the annual home range size observed in wild baboons (Altmann & Muruthi, 1988). We

extracted NDVI within this quadrat using the 250-m resolution NDVI 16-day composite data from the

MOD13Q1 product (Didan, 2015) which we linearly interpolated to have a daily time series from February 18,

2000 to May 09, 2022. Because our simulations can run for more than 27 years, we needed to extend the NDVI

dataset. To do so, we chose to simply repeat the entire NDVI time series. To minimise discontinuity, we

compared the first and last years of the time series and selected the day of year with the least variable NDVI

that we therefore used as the transition point for concatenation of the NDVI time series.

3. Process overview and scheduling

The same sequence happens at every time step (day) of the simulation.

1. Potential death of the female and/or offspring (if any)

2. Potential change of the female reproductive status (cycling, conception, birth or weaning)

3. Evaluation of daily energy intake extracted from the environment

4. Evaluation of daily energy needs based on reproductive status

5. Energy allocation:

5.1. If positive energy balance: storage of energy for the female and offspring (if any)

5.2. If negative energy balance: release of energy and/or energy restrictions (slowdown of growth,

miscarriage, infant abandon) for the female and offspring (if any)

6. Growth of the female and/or dependent offspring (if any)

Following the death of a female, the same sequence (without reproduction) is repeated for each

independent offspring (juvenile) until they die or reach sexual maturity. Dependent offspring (foetus or infant)

do not survive after their mother's death.

These six submodels (Death, Change of reproductive status, Energy intake, Energy needs, Energy

allocation and Growth) are described in Appendix B of the supplementary material (Fig S1-3).

4. Design concepts

Emergence, Adaptation:

In this statistic optimisation model, we compute the female fitness associated with each phenology

strategy. The fitness of an individual does not depend on the strategy of others. In particular, male function is

supposed to be non-limiting, and we do not consider density-dependence interactions. The phenology strategy

(i.e. the beginning and length of the time window during which a female can conceive) is constant throughout

each simulation (i.e. throughout her lifetime), but different phenology strategies are tested in a given set of

simulations. To account for both different reproductive timings (the date in the annual cycle of the mating

season) and different intensities of the reproductive seasonality (i.e. the length of the mating season), we

tested various phenology strategies, with reproductive windows starting each first day of each month (12

different timings) and lasting from 1 to 11 months (11 different intensities of reproductive seasonality). We

also tested the non-seasonal phenology strategy (females can conceive year-round), resulting in 133

phenology strategies tested for each set of simulation. We ran 2000 simulations for each phenology strategy

and extracted the resulting mean fitness values. The optimal strategies of reproductive seasonality emerged

from the set of simulations as the strategies associated with the highest fitness values. Because differences

between some phenology strategies can be small (one-month difference in start or length of reproductive

window), in most cases there is not a single phenology strategy that emerges but rather a group of optimal

phenology strategies associated with the highest fitness values. More precisely, we assessed the difference

between the mean fitness value of the "best" phenology strategy (i.e. highest one) and the mean fitness values

associated with each other phenology strategy and allowed a 5% decrease in fitness as a confidence margin.

Optimal phenology strategies were therefore defined as strategies whose mean fitness value ranged above

95% of the highest mean fitness value.

Fitness:

Individual fitness (λ_{ind}) is calculated at the end of each simulation as described in McGraw and Caswell

(1996) and represents the "population growth rate of an individual". Previously used in empirical studies

(McLean *et al.*, 2019), this value takes into account not only the number of offspring born to a female but also

the timing at which they are produced: the earlier in life a female has offspring, the higher her individual growth

rate. Specifically, λ_{ind} is the dominant eigenvalue of Leslie matrices built on individual females, which indicates

the number of offspring produced each year. It should be noted that λ_{ind} does not represent an individual's

contribution to the demographic growth of the population. In particular, the mean of several individual fitness

values cannot be used to estimate a population growth rate (McGraw & Caswell, 1996). Because our

simulations begin when the female has just reached sexual maturity, we decided to consider in the calculation

of the individual fitness only offspring having reached the same point (i.e. sexual maturity). This method

prevents us from overestimating or underestimating any life stage in the calculation of fitness, and it especially

allows to take into account the post-weaning period which is known to be critical for juveniles (McLean *et al.*,

2019). Even if sexual maturity seems to appear around 10 months later for male offspring than for female

offspring in yellow baboons (Charpentier *et al.*, 2008), early maturation has been observed in male hamadryas

baboons (Zinner *et al.*, 2006). Because of the uncertainty on male sexual maturity age and for simplicity, we

chose to use the female age at sexual maturity as a unique milestone for offspring of both sexes.

Stochasticity:

There are two stochastic processes in this model: conception and extrinsic mortality. Variation in the

probability of conception is accounted for by randomly picking a cycling duration from observed data in the

Amboseli yellow baboons (Gesquiere *et al.*, 2018) before each cycling phase of the reproductive cycle. Extrinsic

mortality (external causes of death) is accounted for by assigning a maximal lifespan to each individual, also

randomly picked from empirical data (McLean *et al.*, 2019) and independent of environmental variations.

Individuals die if they reach their maximal lifespan, independently of their current energy resources. Yet,

individuals can also die before their assigned lifespan is reached, if the environmental conditions do not

provide them with enough energy to survive ("intrinsic" mortality). Overall, individuals in the model can either

die from a stochastic external mortality or from an environmentally-dependent intrinsic mortality (see the

submodels "Death" and "Cycling" in supplementary for details). Finally, the first day of the simulation is also

randomly picked in the annual cycle, in order not to favour one time of the year over another. We ran each

simulation 2000 times to account for such stochasticity. We assessed this number by increasing the number of

simulation runs until reaching stability in the results.

Observation:

The model outputs recorded at the end of a simulation are:

1.   The fitness of the female with respect to the phenology strategy she has followed

2.   The seasonality of births that took place during the simulation

We used circular statistics to characterise the seasonality of births, according to recent

recommendations (Thel *et al.*, 2022). In circular statistics, days of the year are represented as angles on a circle

and each birth event is characterised by a vector of length 1 pointing to the day of year when it occurred. By

computing the mean vector of all birth events, we can characterise their seasonality: the direction (μ) of the

mean vector gives the mean date of birth, while its length (r) defines the intensity of seasonality (r = 0 when

births are evenly distributed and r = 1 when they all occur on the same day).

5. Initialisation

At time t=0, only one individual of class Female is created. It represents a female yellow baboon that

has just reached sexual maturity and its state variables are initialised using parameters from the literature

(Appendix A, Table S3). Initial attributes for offspring are presented in Appendix A, Table S4.

6. Input data

We use some species-specific parameters in the model that remain constant throughout each

simulation. We compiled and calculated them from the literature (Table S1). Most of them come from

published empirical data from wild populations of yellow baboons. When such data were unavailable, we used

available values from phylogenetically close species or captive populations.

B. Test of hypotheses

To test our hypotheses (H1-6), we artificially modified in the model the value of each of the six

environmental or life history traits investigated and computed the associated birth seasonality.

1. Computation of simulated birth seasonality

To compute the birth seasonality associated with specific environmental and life history conditions, we first evaluated all 133 possible phenology strategies (from highly seasonal to non-seasonal) to identify which were optimal (i.e. associated with the highest fitness values, see the section "*Emergence, Adaptation*" section above). We then pooled all births coming from the pool of optimal phenology strategies, and calculated, from these births dates, the mean vector length (r) and direction (μ), using the functions 'rho.circular' and 'mean.circular' from the 'circular' package (Lund *et al.*, 2017) as a measure of birth seasonality.

2. Artificial variation of environmental and life history effects

In order to disentangle the effects of environment and life history, we chose to modify only the three environmental traits first. By doing so, we drew an environmental landscape composed of three axes (productivity, seasonality and unpredictability) in order to explore their whole range of (co)-variation. We expected one or more interactions, and specifically that the effect of environmental seasonality on reproductive seasonality would be modulated across a gradient of environmental productivity, with higher productivity extending the annual time window where reproduction is sustainable in seasonal environments. For example, abnormally extended birth seasons were observed in a population of North American elk that punctually experienced a higher habitat quality (Keller *et al.*, 2015). Because a 3D representation of the environmental parameter space (productivity, seasonality and unpredictability) can be difficult to apprehend and increases computing time, we chose to systematically simulate and represent only a two-dimensional environmental landscape covering the full range of variation of both environmental seasonality and productivity – and later represented through heatmaps. Variation in those two parameters can indeed reflect a variation in latitude with the top-right to bottom-left diagonal of the heatmaps representing a gradient from low latitudes (high productivity and low seasonality) to high latitude (low productivity and high seasonality). We then tested for the effect of unpredictability, the third environmental dimension, by simulating this same heatmap for four levels of unpredictability (i.e. sectional views of the 3D environmental landscape). We subsequently tested the effect of each life history trait on reproductive seasonality across this two-dimensional

landscape in order to cover a broad range of viable environments, but kept unpredictability unchanged for

simplicity.

3.   Modification of environmental traits: test of hypotheses H1-3

In order to test the influence of environmental seasonality, productivity and unpredictability (H1-3),

we first decomposed the NDVI time series into three components, therefore disentangling seasonal from non-

seasonal variation (Fig. S4):

$$NDVI(t) = K + NDVI\_S(t) + NDVI\_NS(t)$$

K is the mean NDVI over the entire time series and is therefore a constant that represents the overall

productivity of the environment. NDVI_S represents the seasonal part of the variation in NDVI and is obtained

by calculating, for each day of the calendar year, the mean daily offset of NDVI from its mean over the 22 years

of data (i.e. the mean daily NDVI, minus K). NDVI_S captures the within-year variation of NDVI and is completely

identical between years. Lastly, NDVI_NS captures the rest of the NDVI variation and is computed by removing

to the overall NDVI its mean K and its seasonal component NDVI_S. NDVI_NS can be seen as the noise, where

a positive value indicates that the NDVI is higher than expected for a given calendar day, i.e. for the season. In

other words, NDVI_NS essentially captures the non-seasonal variation in NDVI, later used as a proxy for

environmental unpredictability. It should be noted that NDVI_NS also encompasses the noise due to

measurement errors, that cannot be disentangled from the biological noise but that is likely negligible

compared to non-seasonal environmental variation. In addition, unpredictability is a multidimensional entity

that cannot be restricted to the NDVI_NS component alone: for example, one additional dimension is the

unpredictability in the timing of the food peak. In other words, this decomposition describes the changes in

NDVI magnitude for the same calendar date, but does not directly capture the changes in timing of the NDVI

time series.

We then artificially modified these different components of the NDVI time series by introducing three

parameters, *s*, *p* and *u*. This allowed us to modulate the contribution of each component of NDVI as follow:

$$NDVI_{modified}(t) = p \times K + s \times NDVI\_S(t) + u \times NDVI\_NS(t)$$

The higher *p*, *s* and *u*, the higher the environmental productivity, seasonality and unpredictability

(respectively). The parameter *p* varied from 0.85 to 1.4 while *s* and *u* varied from 0 to 3, with the real NDVI

given by $p = s = u = 1$. NDVI being a normalised index whose values range between 0 and 1, we truncated

accordingly the modified NDVI time series, replacing any negative values with zero, and any value superior to

one with one. The ranges of variation for the three parameters p, s and u were chosen in order to explore

substantial variation in environmental productivity, seasonality and unpredictability while still simulating

viable environments for baboons (i.e., with a sufficiently high productivity). Non-viable environments are

characterised by a fitness of zero and appear as grey cells on heatmaps.

4. Modification of life history traits: test of hypotheses H4-6

To investigate the effect of an increase in daily reproductive energy expenditure (H4), we modified the

daily growth rate at 7.5 g/day instead of the original 5g/day, which is a highly variable parameter between

species with different life-history paces (Bielby *et al.*, 2007). This represents an increase of 50% in the energy

expenditure associated with growth. Gestation was accordingly reduced from 178 days to 118 to ensure a

constant birth mass.

To test the effect of a reproductive cycle being an integer number of years (H5), we chose to artificially

modify the year length, instead of the reproductive cycle length. With this approach, the biological timing (and

especially the daily reproductive energy expenditure) remains unchanged, but the temporal synchronisation

between reproductive cycle and year length can change, thus disentangling the two effects predicted by H4

and H5. Reducing or extending the reproductive cycle length (for example by modifying gestation length,

growth rate, weaning mass…) would indeed be an alternative approach to synchronise the reproductive

schedule with the annual cycle. Yet, by also modifying the energetical aspects of the reproductive cycle, this

approach could influence reproductive seasonality indirectly, for example via an effect of daily reproductive

energy expenditure (H4). On the contrary, modifying the year length alone allows us to isolate the effect of

synchronising the reproductive cycle with the annual cycle without altering the energetic transfers between

mother and offspring. To do so, we interpolated the 16-days NDVI time series from the raw data assuming a

year length of 637 days (equal to the interbirth interval), 425 days (so the IBI would be of exactly 1.5 year) and

365 days (normal conditions, IBI = 1.75 year). In other words, we "stretched" the NDVI time series so its

seasonal variations would be perfectly synchronised with the reproductive cycle (year length = interbirth

interval) or desynchronised (year length = 1.5 interbirth interval). For example, in the synchronised

configuration, with a year length of 637 days, the annual good season would always fall during the same phase

of the reproductive cycle. In this particular case, each month lasts 53 days and the raw NDVI values, originally

spaced of 16 days, are spaced of 28 days.

Lastly, to investigate the influence of infant mortality (H6), we modified the proportion of infants dying

from external causes by a coefficient *m* (see submodels "Death" in supplementary for details). The coefficient

m took three different values, 0, 1 and 4, corresponding respectively to 0, 11.61 and 46.44% of infants dying

from external deaths and representing the range observed in baboon species (Palombit, 2003).

Results

389   We created a model simulating the life cycle of a female yellow baboon. Under realistic conditions, we

390   found as output of our model comparable key life-history traits and reproductive seasonality (non-seasonal

391   reproduction) to the ones observed in the wild, thus confirming its validity (Appendix C, Table S5 and Figure

392   S5). We then modified environmental and life history parameters to test our hypotheses (H1-6).

1.   Substantial support for the ecological hypotheses (H1-3)

An increasing gradient of birth seasonality was observed for increasing values of environmental

seasonality and decreasing values of environmental productivity (Fig. 2a, top-left to bottom-right diagonal).

High birth seasonality was therefore observed for environments characterised by both a high seasonality and

a low productivity that still sustained a viable reproduction (non-grey cells in Fig. 2a). In very seasonal and very

unproductive environments (bottom right corner of the heatmap), baboons' fitness was indeed of zero,

regardless of the phenology strategy followed (Fig. S6). Birth seasonality increased with environmental

seasonality but this effect almost disappeared when environmental productivity was high (Fig. 2b). Similarly,

birth seasonality decreased when environmental productivity increased, and this effect was modulated by

environmental seasonality: the higher the environmental seasonality, the higher the effect of environmental

productivity on birth seasonality (Fig. 2c). More precisely, high birth seasonality was observed only for the

lowest values of environmental productivity.

Figure 2: Effect of environmental seasonality and productivity on birth seasonality (H1-2)

Panel A shows a heatmap of birth seasonality along gradients of environmental seasonality and productivity (normal conditions are represented by a seasonality and a productivity of 1). The other parameters remain unchanged (unpredictability of 1, growth rate of 5g/day, IBI of 1.7 years, infant mortality of 11.61%). Birth seasonality is represented by *r*, going from 0 (births are equally distributed) to 1 (all births occur on the same day). Grey cells represent non-viable environments characterised by a fitness of zero (regardless of the phenology strategy followed), where r cannot be computed and generates missing values. Panel B and C represent the same data, focusing on the effect of environmental seasonality for panel B and productivity for panel C, in interaction with the other.

The variation of birth seasonality observed throughout this environmental landscape results from

various levels of selection pressure (Fig. 3a-c), with a steeper selection in seasonal environments leading to

highest birth seasonality (Fig. 3c).

Figure 3: Mean fitness as a function of phenology strategies

Each 3D surface plot represents mean fitness (individual population growth rate, λind) as a function
of the phenology strategy followed, for different sets of parameters. For each phenology strategy, mean fitness
is obtained from 2000 simulations of the life cycle of a female following this strategy. Phenology strategies are
described by a time window with a specific start (day of year) and a specific length (in days) when the female
is allowed to conceive. The red line delineates the optimal phenology strategies, defined as strategies whose
mean fitness value ranges above 95% of the highest mean fitness value. The steepness of the slope around
these strategies reflects the intensity of the selection pressure towards them, with a flat curve corresponding
to a weak selection pressure. In panel A, environment and life history correspond to the realistic conditions in
Amboseli. In each of the other panels, only one simulation parameter is altered from the realistic conditions.
Panel B shows a more productive environment (productivity = 1.1) and panel C shows a more seasonal
environment (seasonality = 1.5), while environmental unpredictability and life history remain unchanged.
Panel D shows an increased daily reproductive energy expenditure (growth rate = 7.5 g/day) while the
environmental parameters and the other life-history parameters remain unchanged.

Modifying environmental unpredictability (Fig. 4) did not have an effect on mean birth seasonality

(r_{mean} = 0.17, 0.20, 0.18 and 0.19 for u = 0, 1, 2 and 3 respectively). However, it had an effect on the variance

of birth seasonality values observed within each heatmap (sd = 0.28, 0.28, 0.19 and 0.11 for u = 0, 1, 2 and 3

respectively) with a strong decrease in maximal values (r_{max} = 0.96, 0.91, 0.64 and 0.38 for u = 0, 1, 2 and 3

respectively). Yet, this effect was observed only for high values of unpredictability (u = 2 or 3), and we did not

observe any effect on birth seasonality when completely removing the unpredictability of the environment (u

= 0). Finally, here again, the effects of environmental traits on reproductive seasonality were modulated by

each other: the higher the environmental unpredictability, the weaker the effects of environmental

productivity and seasonality on birth seasonality.

Figure 4: Effect of environmental unpredictability on birth seasonality (H3)

The top panel shows heatmaps of birth seasonality along gradients of environmental seasonality and
productivity in four different conditions of environmental unpredictability: no unpredictability (u = 0), normal
unpredictability (u = 1) and increased unpredictability (u = 3 and 4, respectively). The other parameters remain
unchanged (growth rate of 5g/day, IBI of 1.7 years, infant mortality of 11.61%). Birth seasonality is represented
by r, going from 0 (births are equally distributed) to 1 (all births occur on the same day). Grey cells represent
non-viable environments characterised by a fitness of zero (regardless of the phenology strategy followed),
where r cannot be computed and generates missing values. The panel below shows the distribution of birth
seasonality values observed in each heatmap. Black dots indicate mean values while black horizontal lines
indicate median values. Means and standard deviations are given above each distribution (mean ± sd).'

2. Strong support for the daily reproductive energy expenditure hypothesis (H4)

457   Increasing the daily energy expenditure during reproduction by increasing the daily growth rate from

458   5 g/day to 7.5 g/day (+50%) dramatically increased the birth seasonality (+165%) even in environments

459   characterised by high environmental productivity or low environmental seasonality (Fig. 5, r_{mean} = 0.20 and

460   0.53 for growth rates of 5 g/day and 7.5 g/day, respectively). This increase in birth seasonality with daily energy

461   expenditure was associated with a steeper selection pressure (Fig. 3d). Individual fitness simultaneously

462   decreased for practically all environmental conditions (Fig. S6).

464   **Figure 5:** Effect of daily reproductive energy expenditure on birth seasonality (H4)

465   The top panel shows heatmaps of birth seasonality along gradients of environmental seasonality and
productivity in two different conditions of daily reproductive energy expenditure: regular (growth rate = 5
g/day) and increased (growth rate = 7.5 g/day). The other parameters remain unchanged (unpredictability of
1, IBI of 1.7 years, infant mortality of 11.61%). Birth seasonality is represented by *r*, going from 0 (births are
equally distributed) to 1 (all births occur on the same day). Grey cells represent non-viable environments
characterised by a fitness of zero (regardless of the phenology strategy followed), where r cannot be computed
and generates missing values. The panel below shows the distributions of birth seasonality values observed in
each heatmap. Black dots indicate mean values while black horizontal lines indicate median values. Means and
standard deviations are given above each distribution (mean ± sd).
474

3. Minimal support for the length of reproductive cycle hypothesis and no support for the infant

mortality hypothesis (H5-6)

No strong effect of reproductive cycle length on birth seasonality was observed (Fig. 6a and S7a),

although we detected a tendency suggesting that birth seasonality was higher when interbirth intervals lasted

exactly one year (r_{mean} = 0.28, 0.23 and 0.20 when IBI lasted 1, 1.5 and 1.7 years, respectively).

Birth seasonality did not increase after cancelling infant extrinsic mortality nor decreased when infant

mortality increased, despite the substantial effect sizes that we explored regarding mortality rates (four-fold

increase) (Fig. 6B and S7B, r_{mean} = 0.21, 0.20 and 0.22 for m=0%, 11.61% and 46.44%, respectively).

Figure 6: Effect of reproductive cycle length and infant extrinsic mortality on birth seasonality (H5-6)

Panel A shows distributions of birth seasonality along gradients of environmental seasonality and
productivity in three different conditions of reproductive cycle length: when the interbirth interval (IBI) is
exactly one year long (YL), when its length is 1.5 years, and in normal conditions, when it is 1.7 years long. The
other parameters remain unchanged (unpredictability of 1, growth rate of 5g/day, infant mortality of 11.61%).
In panel B, we plotted distributions of birth seasonality along gradients of environmental seasonality and
productivity in three different conditions of infant extrinsic mortality rate (M), respectively of 0%, 11.61%
(observed rate) and 46.44%. The other parameters remain unchanged (unpredictability of 1, growth rate of
5g/day, IBI of 1.7 years). The associated heatmaps (where the plotted distributions come from) are presented
in supplementary materials (Fig. S7). Birth seasonality is represented by *r*, the length of the mean vector, going
from 0 (births are equally distributed) to 1 (all births occur on the same day). Black dots indicate mean values
while black horizontal lines indicate median values. Means and standard deviations are given above each
distribution (mean ± sd).

                                                          Discussion

        1. Effect of ecology on reproductive seasonality

Unsurprisingly, ecology appears to play a key role in shaping reproductive seasonality. As expected,

high levels of birth seasonality were associated with high environmental (H1). Yet, this effect gets weaker when

the level of environmental productivity increases (H2). These two effects are in line with many studies showing

a positive correlation between latitude and reproductive seasonality in most mammalian orders (Di Bitetti &

Janson, 2000; Janson & Verdolin, 2005; English *et al.*, 2012; Zerbe *et al.*, 2012; Heldstab *et al.*, 2018; Heldstab

et al., 2021; Heldstab, 2021b, 2021a). While this association is often interpreted as the effect of environmental

seasonality alone, increasing latitude reflects both increasing environmental seasonality and decreasing

environmental productivity. Yet, the effect of environmental productivity has been overlooked in previous

studies, with mean temperature being the closest proxy found to have a negative effect on reproductive

seasonality, even when corrected for latitude (Heldstab, 2021b, 2021a; Heldstab *et al.*, 2021).

In addition, our results support H3, by showing that high environmental unpredictability promotes

non-seasonal breeding strategies while controlling for environmental seasonality and productivity; this

hypothesis has often been proposed but rarely tested. These results are of major interest in the context of

climate change, which increases the frequency and severity of extreme events (Easterling *et al.*, 2000).

Environmental unpredictability could even be a third overlooked factor encapsulated in the latitude effect,

even if its relationship with latitude is not straightforward (English *et al.*, 2012; Botero *et al.*, 2014). In line with

this, English *et al.* (2012) showed that birth seasonality in ungulates was better explained by the interaction

between NDVI constancy and contingency – two components of predictability (Colwell, 1974) – than by latitude

alone. However, another recent study investigating the hypothesis that non-seasonal breeding in chacma

baboons was linked to environmental unpredictability found no support for it (Dezeure *et al.*, 2023). These

mixed results call for more empirical studies, which should disentangle environmental productivity, seasonality

and unpredictability in order to reach firm conclusions.

The choice of proxy used to describe environmental unpredictability is most likely critical to explain the

mixed results observed for the effect of unpredictability. Here, we use between-year variation as a proxy for

environmental unpredictability, while this component of environmental variation could be at least in part

predictable (e.g. El Niño climate events, Chen *et al.*, 2004). Additionally, in this study we focused on NDVI

variation in *magnitude*, while variation in the *timing* of the annual peak of NDVI could also be critical. For

example, environmental conditions characterised by a food peak whose timing differs between years – while

still occurring within the same annual period of 3-4 months - would be captured by the non-seasonal

component of NDVI, even though the majority of higher-than-average values occur around the same time of

the year, during the (variable) seasonal food peak. This implies that this non-seasonal component of NDVI

encapsulates, in fact, some part of seasonality in its timing and may explain why, in our model, removing

environmental seasonality ($s = 0$) is not enough to observe complete non-seasonal reproduction. To do so, we

further need to remove environmental unpredictability ($u = 0$). In this context, our methodological approach

relying on the NDVI decomposition to disentangle the effect of environmental seasonality and unpredictability

may therefore not be sufficient, and future studies would usefully find a way to distinguish unpredictability in

the magnitude and in the timing of the annual food peak, which may influence the ecology and evolution of

seasonal breeding in different ways.

2.   Effect of life-history on reproductive seasonality

Low day-to-day reproductive energy requirements proved critical in enabling non-seasonal

reproduction (H4). Even a rather moderate increase in growth rate (×1.5), for a constant body mass, was

sufficient to increase significantly birth seasonality regardless of environmental seasonality and productivity.

This acceleration of reproductive pace has two distinct, and important consequences: (1) maximal daily

reproductive energy needs increase for the mother, and (2) the most demanding stages of the reproductive

cycle are circumscribed in a shorter period of time - which may only represent one fragment of the year cycle.

These two changes, in combination, can lead to a situation where females can only sustain reproduction during

the good season. Such an increase in reproductive pace – and daily reproductive costs – corresponds to a slight

move on the slow-fast continuum (Bielby *et al.*, 2007) that could be observed within phylogenetically close

(and potentially sympatric) species and partly explain the diversity of reproductive seasonality observed among

them. This could for example explain why mandrills (*Mandrillus sphinx*), despite being closely related to yellow

baboons and living in the equatorial forests of the Congo basin, reproduce seasonally (Hongo *et al.*, 2016;

Dezeure *et al.*, 2022). Growth rate in young mandrills is indeed higher (×1.34), and lactation periods are

accordingly shorter than in yellow baboons (about half as long), even though gestation length, birth mass and

weaning mass are comparable and adult female mandrills body mass is much lower than for female baboons

(Setchell *et al.*, 2001; Dezeure *et al.*, 2022), meaning an even larger difference in daily reproductive energetic

expenditure when controlled by maternal size for these two species. At the extreme end of life-history paces,

are Bornean orangutans (*Pongo pygmaeus wurmbii*) which flattened their reproductive energy requirements

so much that they reached a low and constant level of maternal effort (van Noordwijk *et al.*, 2013), with nearly

six years of lactation (compared to about one year in yellow baboons), which makes it easy to understand why

birth timing does not matter much.

Notably, in our study model, an increase in growth rate, with a constant body mass and especially with

a constant weaning body mass threshold, translates into an acceleration of the reproductive cycle, which could

favour the evolution of seasonal breeding through another mechanism tested by hypothesis H5, namely that

the reproductive cycle is closer to exactly one year, leading to the reduction of gaps between the successive

reproductive cycles of a female, who must wait for the next reproductive season to start a new cycle after

weaning an infant. However, when manipulating the duration of the reproductive cycle relatively to the annual

seasonal cycle, we did not find any significant effect, confirming that the observed effect of growth rate is not

caused by a change in the length of the mother's reproductive cycle as expected under H5, but indeed by the

increase of her daily reproductive energy expenditure itself as expected under H4.

Even though this effect of daily reproductive energy expenditure on the evolution of reproductive

seasonality has, to our knowledge, never been formally tested, our results are corroborated by some empirical

studies. For example, a shorter gestation was found to be associated (when controlling for body mass) with a

higher reproductive seasonality in several mammalian orders (Zerbe *et al.*, 2012; Heldstab *et al.*, 2018;

Heldstab *et al.*, 2021) ; such a result could, in fact, reflect the increase in daily reproductive energy

requirements due to a shortened gestation. This interpretation is strengthened by the case of lagomorphs

where the intensity of reproductive seasonality was not associated with gestation length but with litter size

(Heldstab, 2021a), with an increased breeding seasonality for species with larger litters, facing increased daily

reproductive energy requirements. Overall, these comparative studies that reported associations between

reproductive seasonality and various aspects of reproductive pace are consistent with our results supporting

a single life-history hypothesis, namely that daily reproductive energy intake is a major determinant of the

evolution of (non)seasonal breeding.

Our last hypothesis stated that non-seasonal reproduction would emerge from a high mortality rate

of infants compared to adults (H6), but we could only detect a weak, tendency in support of H6. It was already

known that high rates of infanticide (leading to a high mortality rate of infants relatively to adults) are

associated with non-seasonal breeding (Lukas & Huchard, 2014). It is commonly admitted that this is because

infanticide is only beneficial for male killers when it accelerates female's return to cycle substantially, which

may rarely occur in seasonal breeders where females only re-cycle in the next mating season. Even if our results

do not support the alternative interpretation where infanticide could instead select for non-seasonal breeding,

the tendency we detected could suggest a co-evolutionary pattern where both traits reinforce each other.

3.   Insights on the emergence of reproductive seasonality

High reproductive seasonality (over 0.75) was almost systematically associated with low individual

fitness values (under 0.25) in our simulations. Even though such simulated measures of individual fitness

cannot accurately inform about demographic dynamics, very low mean values of individual fitness may

represent ecological situations with declining populations, where reproductive seasonality is unlikely to evolve

successfully, at least in theory. Yet, such theoretical considerations are mitigated when confronted to empirical

figures: in our simulations, moderate reproductive seasonality (around 0.5, which corresponds to the highest

value observed within the genus *Papio*, Petersdorf *et al.*, 2019) is often associated with mean values of

individual fitness that are comparable to those calculated from the Amboseli baboons (λ_{ind} = 0.9, Fig. S6, tile

s=1 and *p*=1 in the top left heatmap), where the long-term demographic trend seems stable (Samuels &

Altmann, 1991), so that we cannot rule out the possibility for seasonal reproduction to emerge on the basis of

low values of individual fitness.

In addition, it's important to underline some limitations of our modelling strategy. In particular,

sociality could play an additional role and modulate the effects of environment and life history examined here.

For example, in some prey species, giving birth synchronously may decrease predation risk via predator

satiation (Ims, 1990). In other cases, synchronous births may instead enhance reproductive competition (over

food, access to mates or paternal care), and increase the costs of seasonal reproduction. In line with this, it

has recently been showed, in a wild chacma baboon population (*Papio ursinus*), that the reproductive timings

of subordinate females were influenced by the reproductive state of other females of the group, leading to a

lower reproductive synchrony in the group, thus decreasing breeding seasonality at the population level

(Dezeure *et al.*, 2023). Such a polymorphism of strategies, where some females may choose to delay their

reproduction or move it forward to minimize competition over limited resources, could not emerge from our

model that only optimises the strategy of an isolated female in the absence of competitors. In order to

integrate such frequency-dependent effects, other models, such as game theoretic models, should be

developed. Additionally, and on top of sociality, dynamic individual strategies are not considered in this study:

a female's investment does not vary dynamically as a function of her age and the model does not allow for

terminal investment or increase in reproductive investment toward the end of life. Such variation could be

best modelled with dynamic state modelling (dynamic programming).

4. Generalisation potential

The general theoretical framework developed in this study and in particular most of our working

hypotheses could apply to most species experiencing substantial reproductive costs, except perhaps for H6,

the hypothesis on infant mortality rates, which is restricted to species with small litters or singletons that can

be lost all at once. As such, the ecological and life-history factors that were identified as influential in our model

could, potentially, have a wide predictive power. Nevertheless, because our model was deemed realistic, we

only tested our hypotheses in local conditions, meaning that our results may not be valid across all

environmental conditions, or across the entire life-history space. In particular, adapting our model to a faster-

living species, or running a comparative analysis testing these hypotheses across a large taxonomic group

encompassing variable environments and life-histories, could bring valuable insights on the generalisability of

our results.

Meanwhile, these results can reasonably be extended to other slow-living species, especially slow-

living primates. As such, they shed new light on the emergence and maintenance of non-seasonal breeding in

apes and humans (Bronson, 1995). As other slow-living primates, humans experience low daily maternal

energy costs spread over multiple years (Dufour & Sauther, 2002), and this trait may itself be sufficient to

explain why they breed non-seasonally, as they otherwise live in an exceptionally wide range of environmental

conditions. Other characteristics that have often been evoked in this context, and are sometimes seen as

human-specifics, such as cumulative culture and associated niche construction, agriculture and technology,

communal breeding or extreme behavioural flexibility (Bronson, 1995) may, in fact, not be required to explain

why humans breed year-round. However, these traits likely provide humans with additional capacity to extract

energy from harsh and fluctuating ecological conditions, possibly allowing them to sustain faster reproductive

pace, and strive in a wider variety of environments, than other large primates (Wells & Stock, 2007).

Conclusion

This study contributes to the development of a broad theoretical framework on the evolution of

reproductive seasonality, which, despite being a classical topic in evolutionary sciences, remains lacunary. We

tested this framework through a set of hypotheses, by constructing an original and realistic agent-based model

parameterized on a slow-living primate. We could show that ecology and life history interact to shape the

emergence of reproductive seasonality. Specifically, this study disentangles the effect of three main

components of environmental variation, namely seasonality, productivity and unpredictability, which probably

all contribute to generate the well-known association between latitude and reproductive seasonality. We

further highlighted how high daily reproductive energy requirements - which typically translate into a fast life

history pace – strengthen the intensity of reproductive seasonality, independently of environmental variations.

Overall, this study contributes a powerful theoretical framework and modelling tool that may apply across the

life-history space, as well as sheds new light on the unexplained variance in the reproductive phenology of

long-lived species including humans.

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Data, scripts and codes availability

Supplementary material

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