Alternative stable states, nonlinear behavior, and predictability of microbiome dynamics

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This article includes 6 Figures, and 10 Extended Data Figures.

Abstract

Microbiome dynamics are both crucial indicators and drivers of human health, agricultural output, and industrial bio-applications. However, predicting microbiome dynamics is notoriously difficult because communities often show abrupt structural changes, such as "dysbiosis" in human microbiomes. We here integrate theoretical and empirical bases for anticipating drastic shifts of microbial communities. We monitored 48 experimental microbiomes for 110 days and observed that various community-level events, including collapse and gradual compositional changes, occurred according to a defined set of environmental conditions. We then confirmed that the abrupt community changes observed through the time-series could be described as shifts between "alternative stable states" or dynamics around complex attractors. Furthermore, collapses of microbiome structure were successfully anticipated by means of the diagnostic threshold defined with the energy landscape analysis of statistical physics or that of a stability index of nonlinear mechanics. These results indicate that abrupt microbiome events in complex microbial communities can be forecasted by extending classic ecological concepts to the scale of species-rich microbial systems.

Optimizing biological functions of species-rich systems is a major challenge in both basic and applied sciences[1–7]. Managing the compositions of human gut microbiomes, for example, is essential for preventing diabetes[8,9], infectious disease[10], and neuropsychiatric disorders[11]. Likewise, soil and plant-associated microbiomes drive nutrient cycling and pest/pathogen outbreaks in agroecosystems[5,6], while highly controlled microbiomes facilitate stable and

resource-efficient management in biofuel production[7] and water purification[12]. Nonetheless, it remains generally difficult to control microbial ecosystem functions because species-rich microbial communities often show drastic structural (compositional) changes[13,14]. Thus, predicting such community-scale events remains an essential task.

Drastic changes in biological community structure have been theoretically framed as transient dynamics towards a global equilibrium[15,16], shifts between alternative equilibria[16,17], or dynamics around complex forms of attractors[18–20]. Within a state space with a sole equilibrium point, drastic community compositional changes may be observed in the course of convergence to the global equilibrium[15]. In contrast, if multiple equilibria exist within a state space, abrupt community changes can be described as shifts between alternative stable states[17]. In other words, fluctuations in population densities of constituent species (variables) or changes in environments (parameters) can cause shifts of community states from a stable state to the other ones[16,17]. Meanwhile, drastic community changes may be depicted as well in terms of dynamics around periodic/quasi-periodic attractors (i.e., limit cycle or torus) or dynamics around attractors with non-integer dimensions[18,21–23] (i.e., chaos).

In analyzing empirical time-series data of microbiome structure, these concepts of community dynamics are implemented with two lines of frameworks (Fig. 1a). One is the framework of energy landscape analyses in statistical physics[24–26], in which stability/instability of possible community states (compositions) are evaluated in the metric of "energy". In energy landscape analyses, stable states within a state space are defined as community compositions whose energy values are lower than those of adjacent community compositions[24]. Thus, based on the reconstruction of energy landscapes, large community compositional changes are interpreted as transient dynamics towards an equilibrium or shifts between alternative equilibria (Fig. 1a). The other framework for describing abrupt community changes is based on nonlinear mechanics, which allows us to assume the presence of complex forms of attractors[19,20,22,27]. The framework of empirical reconstruction of attractors ("empirical dynamics modeling[28,29]"), in particular, provides a platform for interpreting community dynamics as deterministic processes around any forms of attractors (Fig. 1a). The two frameworks are potentially useful for framing microbial community processes. Nonetheless, it remains to be examined whether drastic changes in microbiome dynamics, such as dysbiosis in human-associated microbiomes[14,30,31], could be predicted with either or both of the frameworks.

The major constraint preventing the comparison of the two frameworks is the lack of

empirical datasets that simultaneously meet the basic requirements of energy landscape analyses and empirical dynamic modeling. Therefore, by developing a monitoring system of experimental microbiomes, we compile a series of microbiome time-series data with substantial community-compositional changes. By implementing an energy landscape analysis and empirical dynamic modeling, we examine whether the substantial community changes could be anticipated as transient dynamics towards global equilibria, shifts between stable states, or dynamics around complex attractors. Based on the results, we discuss how we can integrate empirical and theoretical studies for predicting and controlling species-rich microbial systems.

Results

Experimental microbiome dynamics

To obtain time-series datasets of diverse microbiome dynamics, we constructed six types of microbiomes based on the combinations of two inoculum sources (soil and pond water microbiomes; hereafter, Soil and Water) and three media differing in chemical properties (oatmeal, oatmeal-peptone, and peptone; hereafter, Medium-A, B, and C, respectively), each with eight replicates (Extended Data Fig. 1). We kept the experimental system at a constant temperature condition and sampled a fraction of each microbiome and added fresh media every 24 hours for 110 days. For each of the six experimental treatment, 880 community samples were obtained (in total, 110 time points × 8 replicates × 6 treatments = 5,280 community samples), providing rich information for exploring stable states of community structure by means of energy landscape analyses. In total, the dataset represented population dynamics of 264 prokaryote amplicon sequence variants (ASVs) belonging to 108 genera. Using quantitative amplicon sequencing[32] for estimating 16S ribosomal RNA gene (16S rRNA) copy concentrations of respective microbes in each microbiome, we determined the dynamics of both “relative” and “absolute” ASV abundance (Fig. 1b; Extended Data Figs. 1-3). By estimating not only relative but also absolute abundance, we were able to reconstruct respective ASVs’ population dynamics (increase/decrease), satisfying the requirements for applying empirical dynamic modeling[19,20,22].

The experimental microbiomes exhibited various types of dynamics depending on source inocula and culture media (Fig. 1b; Extended Data Figs. 2-3). Specifically, sharp decline of taxonomic diversity[33] and abrupt (sudden and substantial) community structural

120 changes (see "abruptness" index in Fig. 1b) were observed in Water/Medium-A,
121 Soil/Medium-A, and Water/Medium-B treatments (abruptness > 0.5). Within these treatments,
122 taxonomic compositions and timing of abrupt shifts in community structure varied among
123 replicate communities (Extended Data Fig. 3). Large shifts of community compositions
124 through time were observed as well in Soil/Medium-B treatment, albeit the community shifts
125 were more gradual (maximum abruptness through time-series, 0.36 ~ 0.57; Extended Data
126 Fig. 3). In contrast, Medium-C condition yielded relatively steady microbiome dynamics with
127 continuously low taxonomic diversity (e.g., dominance of *Aeromonas* in Water/Medium-C
128 treatment), although shifts of dominant taxa were observed latter in the experiment in some
129 replicate communities (Extended Data Fig. 3). In all the six treatments, the α-diversity
130 (Shannon diversity) of ASVs displayed fluctuations, but not monotonic decrease, through
131 time (Extended Data Fig. 1e).

132

133 **Framework 1: energy landscape analysis**

134 By compiling the microbiome time-series data, we examined the distributions of stable states
135 within the multidimensional space of community structure based on an energy landscape
136 analysis[24]. Because no variation in environmental conditions was introduced through the
137 time-series in our experiment, a fixed "energy landscape" of community states was assumed
138 for each of the six treatments. On this assumption, shifts between alternative stable states are
139 attributed to perturbations to variables (i.e., population density of microbial ASVs) but not to
140 "regime shifts[34–36]", which, by definition, requires energy landscape reorganization caused by
141 changes in environmental parameters (i.e., temperature).

142 In each experimental treatment, multiple stable states were estimated to exist (Fig. 2;
143 Extended Data Fig. 4), indicating that the observed abrupt changes in community
144 compositions could be described as shifts between alternative stable states. Therefore, in this
145 approach of statistical physics[24–26], community dynamics are divided into phases of
146 fluctuations around local equilibrium points and those of shifts into adjacent equilibria. In
147 other words, the presence of multiple equilibrium points (Extended Data Fig. 4), by
148 definition, means that the observed dynamics of the experimental microbiomes are not
149 described as transient dynamics towards a sole equilibrium point.

150

151 **Framework 2: empirical dynamic modeling**

152 We next analyzed the time-series data based on the framework of empirical dynamic
153 modeling. We first focused on the population dynamics (increase/decrease) of the microbial
154 ASVs constituting the microbial communities. In ecology, population dynamics data have
155 often been analyzed with methods assuming linear dynamics (i.e., without considering "state
156 dependency[37]"). Meanwhile, a series of empirical dynamics modeling approaches applicable
157 to nonlinear time-series processes, such as simplex projection[20] and sequential locally
158 weighted global linear maps[19] (S-map), have been increasingly adopted to capture key
159 properties lost with linear dynamic assumptions (Fig. 3a). We found that ca. 85 % of the
160 microbial populations in our experiments exhibited nonlinear behavior (i.e., nonlinearity
161 parameter $\theta > 0$; Fig. 3b). This result suggests the predominance of nonlinear dynamics over
162 linear dynamics in microbial populations[32], in line with populations of other organismal
163 groups such as fish[38] and plankton[21].

164 We then reconstructed the attractors of nonlinear dynamics based on Takens' embedding
165 theorem[39] (Fig. 3a). To examine the performance of the attractor reconstruction, we conducted
166 forecasting of the population dynamics of respective microbial ASVs by means of simplex
167 projection and S-map (Fig. 3c). The population density (16S rRNA copy concentration) of an
168 ASV in a target replicate community at time point $t + p$ (p represents time steps in
169 forecasting) was forecasted based on the ASV's population density at time point t and time-
170 series data of other replicate communities (hereafter, reference replicate communities; see
171 Methods for details; Fig. 3a). For many microbial ASVs, predicted population densities was
172 positively correlated with observed ones (Fig. 3c-d; Extended Data Fig. 5). As expected,
173 correlation between predicted and observed population size increased with increasing number
174 of reference replicate communities, suggesting dependence of forecasting skill on the size of
175 state-space reference databases (Extended Data Fig. 6).

176 By assembling the forecasting results of respective ASVs at the community level, we
177 further conducted forecasting of microbiome compositions (Fig. 4a; Extended Data Fig. 7).
178 The forecasting precision of community-level dynamics varied depending on culture media
179 and the dissimilarity (β-diversity) of community structure between target and reference
180 replicates (Fig. 4b). Despite the utility of the forecasting platform, we observed high
181 prediction error immediately after the peak of abrupt community changes (Fig. 4c; Extended
182 Data Fig. 8). Although the nonlinear method (S-map with optimized θ) captured the observed
183 abrupt shifts of community compositions within a narrower time window than the linear
184 method (S-map with $\theta = 0$) (Fig. 4c), quantitative forecasting of abrupt community changes

seemed inherently difficult.

Nonetheless, even if precise forecasting of community compositional dynamics remains challenging, prediction of the occurrence of abrupt community changes *per se* may be possible. Thus, we next examined whether potential of abrupt community changes could be evaluated through microbiome dynamics.

Anticipating abrupt community shifts

Based on the frameworks of the energy landscape analysis and empirical dynamic modeling, we explored ways for anticipating abrupt events in community dynamics. In the former framework roach, the reconstructed energy landscapes were used to estimate "energy gap" and "stable-state entropy" indices, which represented stability/instability of community states[24] (Fig. 5a). In the latter framework, the inferred Jacobian matrices of the multi-species time-series dynamics (see Methods) were used to calculate "local Lyapunov stability[40]" and "local structural stability[41]". We examined how these indices could help us forecast large community-compositional shifts such as those observed in Medium-A and Medium-B treatments (Fig. 1b).

Among the signal indices examined, energy gap or stable-state entropy of community states (Fig. 5a) was significantly correlated with the degree of future community changes in Medium-A and Medium-B treatments (FDR < 0.05 for all treatments; Fig. 5b; Extended Data Fig. 9). In the seven-day-ahead forecasting of abrupt community-compositional changes (abruptness > 0.5), for example, stable-state entropy showed relatively high diagnostic performance on the two-dimensional surface of detection rate (sensitivity) and false detection rate (1 – specificity) as represented by receiver operating characteristic (ROC) curve[42]. Specifically, although the small number of points with abruptness greater than 0.5 (Extended Data Fig. 10) precluded the application of the ROC analysis in Soil/Medium-B treatment, diagnostic performance as evaluated by area under the ROC curve (AUC) ranged from 0.726 to 0.957 in other Medium-A and Medium-B treatments (Fig. 6a).

Local Lyapunov or structural stability was correlated with the degree of community changes as well, but the correlations were less consistent among experimental treatments than energy gap and stable-state entropy (Fig. 5b; Extended Data Fig. 9). Meanwhile, local structural stability exhibited exceptionally high diagnostic performance in Water/Medium-A treatment (AUC = 0.788; Fig. 6a; Extended Data Fig. 10). Thus, local Lyapunov or structural

stability can be used as signs of future microbiome collapse, although further technical improvement in the state space reconstruction of species-rich communities (e.g., multi-view distance regularized S-map[43]) may be needed to gain consistent forecasting performance across various types of microbiomes.

By further utilizing the frameworks of the energy landscape analysis and empirical dynamic modeling, we next examined the availability of diagnostic thresholds for anticipating community collapse. For this aim, we first focused on stable-state entropy because its absolute values in the unit of well-known entropy index (Fig. 5a) were comparable across diverse types of biological communities. Based on the ROC curve representing all the stable-state entropy data of Medium-A and Medium-B treatments, the balance between detection and false-detection rates were optimized with the Youden index[42]. With a relatively high AUC score (0.848), the threshold stable-state entropy was set as 1.343 (Fig. 6b). In the same way, we calculated the threshold value for local Lyapunov stability because this index originally had a tipping value (= 1) for diagnosing community-level stability/instability[40]. Indeed, the estimated threshold of local Lyapunov stability on the ROC curve was 0.9802, close to the theoretically expected value (Fig. 6b).

Discussion

By compiling datasets of experimental microbiome dynamics under various environmental (medium) conditions, we here tested whether two lines of ecological concepts could allow us to anticipate drastic compositional changes in microbial communities. Despite decades-long discussion on alternative stable/transient states of community structure[15–17,35,36], the application of the concept to empirical data of species-rich communities has been made feasible only recently with the computationally intensive approach of statistical physics (energy landscape analyses[24]). On the other hand, the concept of dynamics around complex forms of attractors has been applicable with the emerging framework of nonlinear mechanics[27,40,41] (e.g., empirical dynamic modeling), microbiome time-series data satisfying the requirements of the analytical frameworks remained scarce[32]. Thus, this study, which was designed to apply both frameworks, provided a novel opportunity for fuel feedback between empirical studies of species-rich communities and theoretical studies based on classic/emerging ecological concepts.

Our analysis showed drastic events in microbiome dynamics, such as those observed in

249 dysbiosis of human-gut microbiomes[13,14], could be forecasted, at least to some extent, by
250 framing microbiome time-series data as shifts between alternative stable states or dynamics
251 around complex attractors. In the forecasting of abrupt community changes observed in our
252 experimental microbiomes, the former concept (model) seemingly outperformed the latter
253 (Figs. 5-6). This result is of particular interest, because concepts or models more efficiently
254 capturing dynamics of empirical data are expected to provide more plausible planforms in not
255 only prediction but also control of biological community processes. Nonetheless, given the
256 ongoing methodological improvements of nonlinear mechanics frameworks for describing
257 empirical time-series data[43], further empirical studies comparing the two concepts are
258 necessary.

259 A key next step for forecasting and controlling microbial (and non-microbial)
260 community dynamics is to examine whether common diagnostic thresholds could be used to
261 anticipate collapse of community structure. This study provided the first empirical example
262 that the tipping value theoretically defined in noncolinear mechanics[40] (local Lyapunov
263 stability = 1) could be actually used as a threshold for alerting microbiome collapse.
264 Likewise, although estimates of diagnostic thresholds can vary depending on the definition of
265 community collapse (e.g., abruptness > 0.5 in this study), stable-state entropy scores greater
266 than 1.3 can be used to anticipate undesirable community events (dysbiosis) across medical,
267 agricultural, and industrial applications.

268 Given that changes in environmental parameters were not incorporated into our
269 experimental design, it remains another important challenge to reveal how distributions of
270 stable states or forms of attractors are continually reshaped by changes in environmental
271 parameters through community dynamics[17,34,35]. Experimental manipulation of "external"
272 environmental parameters in microcosms, for example, will expand the target of research into
273 microbiome systems potentially driven by regime shifts[34–36]. Likewise, environmental
274 alternations caused by organisms *per se*[44–46] deserve further investigations as potential drivers
275 of drastic community shifts.

276 Controlling biological functions at the ecosystem level is one of the major scientific
277 challenges in the 21st century[5,47,48]. Interdisciplinary approaches that further integrate
278 microbiology, ecology, and mathematics are becoming indispensable for maximizing and
279 stabilizing microbiome-level functions, and for providing novel solutions to a broad range of
280 humanity issues spanning from human health to sustainable industry and food production.

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Methods

Continuous-culture of microbiome

To set up experimental bacterial communities, we prepared two types of source inocula (soil and aquatic microbiomes) and three media (oatmeal, oatmeal-peptone, and peptone): for each combination of source media and inocula (six experimental treatments), eight replicate communities were established (in total, two source microbiomes × three media × eight replicates = 48 experimental communities; Extended Data Fig. 1a). We used natural microbial communities including diverse species, rather than "synthetic" communities with pre-defined diversity, as source microbiomes of the experiment. One of the source microbiomes derives from the soil collected from the A layer (0-10 cm in depth) in the research forest of Center for Ecological Research, Kyoto University, Kyoto, Japan (34.972 ºN; 135.958 ºE). After sampling, 600 g of the soil was sieved with a 2-mm mesh and then 5 g of the sieved soil was mixed in 30 mL autoclaved distilled water. The source microbiome was further diluted 10 times with autoclaved distilled water. The source aquatic microbiome was prepared by collecting 200 mL of water from a pond ("Shoubuike") near Center for Ecological Research (34.974 ºN, 135.966 ºE). In the laboratory, 3 mL of the collected water was mixed with 27 mL of distilled water in a 50 mL centrifuge tube. We then introduced the source soil or aquatic microbiomes into three types of media: oatmeal broth [0.5% (w/v) milled oatmeal (Nisshoku Oats; Nippon Food Manufacturer); Medium-A], oatmeal-peptone broth [0.5% (w/v) milled oatmeal + 0.5% (w/v) peptone (Bacto Peptone; BD; lot number: 7100982); Medium-B], and peptone broth [0.5% (w/v) peptone; Medium-C]. In our preliminary experiments, microbiomes cultured with Medium-A (oatmeal) tended to show high species diversity, while those cultured with Medium-C (peptone) were constituted by smaller number of bacterial species. Thus, we expected that diverse types of microbiome dynamics would be observed with the three medium conditions. Among the three media, Medium-B had the highest concentrations of non-purgeable organic carbon (NPOC) and total nitrogen (TN), while Medium-A was the poorest both in NPOC and TN: Medium-C had the intermediate properties (Extended Data Fig. 1b).

In each well a of 2-mL deep well plate, 200 μL of a diluted source microbiome and 800 μL of medium were installed. The deep-well plate was kept shaken at 1,000 rpm using a microplate mixer NS-4P (AS ONE Corporation, Osaka) at 23 ºC for five days. After the five-day pre-incubation, 200 μL out of 1,000-μL culture medium was sampled from each of the 48 deep wells after mixing (pipetting) every 24 hours for 110 days. In each sampling event, 200

463 μL of fresh medium was added to each well so that the total culture volume was kept constant.
464 In total, 5,280 samples (48 communities/day × 110 days) were collected. Note that on Day 82,
465 200-μL of fresh Medium-B was accidentally added to samples of Medium-A but not to those
466 of Medium-B. While the microbiomes under Medium-A treatments experienced increase in
467 total DNA copy concentrations late in the time-series, relative abundance remained relatively
468 constant from Day 60 to 110 (Extended Data Figs. 2-3), suggesting limited impacts of the
469 accidental addition of the medium on microbial community compositions.

470 To extract DNA from each sample, 25 μL of the collected aliquot was mixed with 50 μL
471 lysis buffer (0.0025 % SDS, 20 mM Tris (pH 8.0), 2.5 mM EDTA, and 0.4 M NaCl) and
472 proteinase K (×1/100). The mixed solution was incubated at 37 ºC for 60 min followed by 95
473 ºC for 10 min and then the solution was vortexed for 10 min to increase DNA yield.

474

475 **Quantitative 16S rRNA sequencing**

476 To reveal the increase/decrease of population size for each microbial ASV, a quantitative
477 amplicon sequencing method[32,49] was used based on Illumina sequencing platform. While
478 most existing microbiome studies were designed to reveal the "relative" abundance of
479 microbial ASVs or operational taxonomic units (OTUs), analyses of population dynamics, in
480 principle, require the time-series information of "absolute" abundance. In our quantitative
481 amplicon sequencing, five standard DNA sequence variants with different concentrations of
482 artificial 16S rRNA sequences (0.1, 0.05, 0.02, 0.01, and 0.005 nM) were added to PCR
483 master mix solutions (Extended Data Fig. 1a). The DNA copy concentration gradient of the
484 standard DNA variants yielded calibration curves between Illumina sequencing read numbers
485 and DNA copy numbers (concentrations) of the 16S rRNA region in PCR reactions, allowing
486 estimation of original DNA concentrations of target samples[32,49] (Extended Data Fig. 1c-d).
487 The five standard DNAs were designed to be amplified with a primer set of 515f[50] and
488 806rB[51] but not to be aligned to the V4 region of any existing prokaryote 16S rRNA. Note
489 that the number of 16S rRNA copies per genome generally varies among prokaryotic taxa[52]
490 and hence 16S rRNA copy concentration is not directly the optimal proxy of cell or biomass
491 concentration. However, in our study, estimates of 16S rRNA copy concentrations are used to
492 monitor increase/decrease of abundance (i.e., population dynamics) *within* the time-series of
493 each microbial ASV: hence, variation in the number 16S rRNA copy numbers among
494 microbial taxa had no qualitative effects on the subsequent population- and community-

495 ecological analyses. Even if the concentrations of PCR inhibitor molecules in DNA extracts
496 vary among time-series samples, potential bias caused by such inhibitors can be corrected
497 based on the abovementioned method using internal standards (i.e., standard DNAs within
498 PCR master solutions).

499 Prokaryote 16S rRNA region was PCR-amplified with the forward primer 515f fused
500 with 3–6-mer Ns for improved Illumina sequencing quality and the forward Illumina
501 sequencing primer (5'- TCG TCG GCA GCG TCA GAT GTG TAT AAG AGA CAG- [3–6-
502 mer Ns] – [515f] -3') and the reverse primer 806rB fused with 3–6-mer Ns for improved
503 Illumina sequencing quality[53] and the reverse sequencing primer (5'- GTC TCG TGG GCT
504 CGG AGA TGT GTA TAA GAG ACA G [3–6-mer Ns] - [806rB] -3') (0.2 μM each). The
505 buffer and polymerase system of KOD One (Toyobo) was used with the temperature profile
506 of 35 cycles at 98 ºC for 10 s, 55 ºC for 30 s, 68 ºC for 50 s. To prevent generation of chimeric
507 sequences, the ramp rate through the thermal cycles was set to 1 ºC/sec[54]. Illumina sequencing
508 adaptors were then added to respective samples in the supplemental PCR using the forward
509 fusion primers consisting of the P5 Illumina adaptor, 8-mer indexes for sample identification[55]
510 and a partial sequence of the sequencing primer (5'- AAT GAT ACG GCG ACC ACC GAG
511 ATC TAC AC - [8-mer index] - TCG TCG GCA GCG TC -3') and the reverse fusion primers
512 consisting of the P7 adaptor, 8-mer indexes, and a partial sequence of the sequencing primer
513 (5'- CAA GCA GAA GAC GGC ATA CGA GAT - [8-mer index] - GTC TCG TGG GCT
514 CGG -3'). KOD One was used with a temperature profile: followed by 8 cycles at 98 ºC for
515 10 s, 55 ºC for 30 s, 68 ºC for 50 s (ramp rate = 1 ºC/s). The PCR amplicons of the samples
516 were then pooled after a purification/equalization process with the AMPureXP Kit (Beckman
517 Coulter). Primer dimers, which were shorter than 200 bp, were removed from the pooled
518 library by supplemental purification with AMpureXP: the ratio of AMPureXP reagent to the
519 pooled library was set to 0.6 (v/v) in this process. The sequencing libraries were processed in
520 an Illumina MiSeq sequencer (271 forward (R1) and 231 reverse (R4) cycles; 10% PhiX
521 spike-in).

522

523 **Bioinformatics**

524 In total, 67,537,480 sequencing reads were obtained in the Illumina sequencing. The raw
525 sequencing data were converted into FASTQ files using the program bcl2fastq 1.8.4
526 distributed by Illumina. The output FASTQ files were then demultiplexed with the program

527 Claident v0.2. 2018.05.29[56]. The sequencing reads were subsequently processed with the
528 program DADA2[57] v.1.13.0 of R 3.6.0 to remove low-quality data. The molecular
529 identification of the obtained ASVs was performed based on the naive Bayesian classifier
530 method[58] with the SILVA v.132 database[59]. In total, 399 prokaryote (bacterial or archaeal)
531 ASVs were detected. We obtained a sample × ASV matrix, in which a cell entry depicted the
532 concentration of 16S rRNA copies of an ASV in a sample. In this process of estimating
533 original DNA copy numbers (concentrations) of respective ASVs from sequencing read
534 numbers in each sample, the samples in which Pearson's coefficients of correlations between
535 sequencing read numbers and standard DNA copy numbers (i.e., correlation coefficients
536 representing calibration curves) were less than 0.7 (in total, 430 samples out of 5,280
537 samples) were removed as those with unreliable estimates. Samples with less than 350 reads
538 were discarded as well. Because missing values within time-series data are not tolerated in
539 some of the downstream analyses (e.g., empirical dynamic modeling), they were substituted
540 by interpolated values, which were obtained as means of the time points immediately before
541 and after focal missing time points. The ASVs that appeared 5 or more samples in any of the
542 replicate communities were retained in the following analyses: 264 ASVs representing 108
543 genera remained in the dataset. From the sample × ASV matrix, we calculated α-diversity
544 (Shannon's H') of the ASV compositions in each experimental replicate on each day. We also
545 evaluated dissimilarity of community compositions in all pairs of sampling days in each
546 replicate community using Bray-Curtis metric of β-diversity as implemented in the vegan
547 2.5.5 package[60] of R. For each ASV in each replicate community, a parameter representing the
548 nonlinearity of the population dynamics[19,38] (θ) was estimated based on S-map analysis of
549 absolute abundance as detailed below in order to evaluate the overall nature of the time-series
550 data.

551

552 **Community dynamics**

553 We evaluated the degree of community-compositional changes for time point t based on the
554 Bray-Curtis β-diversity through time. To remove effects of minor fluctuations and track only
555 fundamental changes of community structure, average community compositions from time
556 points $t - 4$ to t and those from $t + p$ to $t + p + 4$ (i.e., 5-day time-windows) were calculated
557 before evaluating degree of community changes for time point t and time step p in each
558 replicate community. Dissimilarity of community compositions between the time windows
559 before (from $t - 4$ to t) and after ($t + p$ to $t + p + 4$) each target time point t with a given time

lag p was calculated based on Bray-Curtis β-diversity as a measure of abrupt (sudden and substantial) community changes (hereafter, "abruptness" of community-compositional changes). A high value of this index indicates that abrupt community-compositional changes occurred around time point t, while a low value represents a (quasi-)stable mode of community dynamics. We also evaluated temporal changes of community compositions using nonmetric multidimensional scaling (NMDS) with the R package vegan.

Energy landscape analysis

On the assumption that drastic changes in microbiome dynamics are described as shifts between local equilibria (i.e., alternative stable states), we reconstructed the structure of the "energy landscape[24,25]" in each experimental treatment (tutorials of energy landscape analyses are available at https://community.wolfram.com/groups/-/m/t/2358581). Because external environmental conditions (e.g., temperature) was kept constant in the experiment, a fixed "energy landscape" of community states was assumed for each of the six experimental treatments. Therefore, probabilities of community states $\mathrm{p}\left(\vec{\boldsymbol{\sigma}}^{(\boldsymbol{k})}\right)$ are given by

$$\mathrm{p}\left(\vec{\boldsymbol{\sigma}}^{(\boldsymbol{k})}\right) = \boldsymbol{e}^{-\boldsymbol{H}(\vec{\boldsymbol{\sigma}}^{(\boldsymbol{k})})}/Z$$

$$Z = \sum_{\boldsymbol{l}=\mathbf{1}}^{\mathbf{2}^{\boldsymbol{S}}} \boldsymbol{e}^{-\boldsymbol{H}(\vec{\boldsymbol{\sigma}}^{(\boldsymbol{l})})},$$

where $\vec{\boldsymbol{\sigma}}^{(\boldsymbol{k})} = (\sigma_1^{(k)}, \sigma_2^{(k)}, \ldots, \sigma_S^{(k)})$ is a community state vector of k-th community state and S is the total number of taxa (e.g., ASVs, species, or genera) examined. $\sigma_{\mathrm{i}}^{(k)}$ is a binary variable that represents presence (1) or absence (0) of taxon i: i.e., there are a total of 2^S community states. Then, the energy of the community state $\vec{\boldsymbol{\sigma}}^{(\boldsymbol{k})}$ is given by

$$H(\vec{\boldsymbol{\sigma}}^{(\boldsymbol{k})}) = -\sum_{\boldsymbol{i}=\mathbf{1}}^{\boldsymbol{S}} h_{\boldsymbol{i}} \vec{\boldsymbol{\sigma}}_{\boldsymbol{i}}^{(\boldsymbol{k})} - \sum_{\boldsymbol{i}=\mathbf{1}}^{\boldsymbol{S}} \sum_{\boldsymbol{j}=\mathbf{1}}^{\boldsymbol{S}} \boldsymbol{J}_{\boldsymbol{ij}} \vec{\boldsymbol{\sigma}}_{\boldsymbol{i}}^{(\boldsymbol{k})} \vec{\boldsymbol{\sigma}}_{\boldsymbol{j}}^{(\boldsymbol{k})}/\mathbf{2},$$

where h_i is the net effect of implicit abiotic factors, by which i-th taxon is more likely to present ($h_i > 0$) or not ($h_i < 0$), and J_{ij} represents a co-occurrence pattern of i-th and j-th taxa. Since the logarithm of the probability of a community state is inversely proportional to $H(\vec{\boldsymbol{\sigma}}^{(\boldsymbol{k})})$, a community state having lower H is more frequently observed. To consider dynamics on an assembly graph defined as a network whose 2^S nodes represent possible community states and the edges represents transition path between them (two community states are adjacent only if they have the opposite presence/absence status for just one species),

589 we assigned energy to nodes with the above equation, and so imposed the directionality in
590 state transitions. Then, we identified the stable state communities as the energy minima of the
591 weighted network (nodes having the lowest energy compared to all its neighbors), and
592 determined their basins of attraction based on a steepest descent procedure starting from each
593 node. The data of ASV-level compositions were used in the calculation of community state
594 energy using Mathematica v12.0.0.0. The "energy" estimates were then plotted against the
595 NMDS axes representing community states of the microbiome samples in each experimental
596 treatment. Spline smoothing of the landscape was performed with optimized penalty scores
597 using the mgcv v.1.8-40 package[61] of R.

598

599 **Empirical dynamic modeling**

600 In parallel with the energy landscape analysis assuming the presence of local equilibria, we
601 also analyzed the microbiome time-series data by assuming the presence of complex
602 attractors. In this aim, we applied the framework of "empirical dynamic modeling[19,20,29,40]". In
603 general, biological community dynamics are driven by a number of variables (e.g., abundance
604 of respective species and abiotic environmental factors). In the analysis of a multi-variable
605 dynamic system in which only some of variables are observable, state space constituted by
606 time-lag axes of observable variables can represent the whole system as shown in Takens'
607 embedding theorem[39]. Thus, for each ASV in each experimental treatment, we conducted
608 Takens' embedding to reconstruct state space which consisted of time-delayed coordinates of
609 the ASV's absolute abundance (e.g., 16S rRNA copy concentration estimates). The optimal
610 number of embedding dimensions[29,39] (E) was obtained by finding E giving the smallest root-
611 mean-square error (RMSE) in pre-run forecasting with simplex projection[20] or S-map[19] as
612 detailed below. Taking into account a previous study examining embedding dimensions[62],
613 optimal E was explored within the range from 1 to 20. Prior to the embedding, all the
614 variables were z-standardized (i.e., zero-mean and unit-variance) across the time-series of
615 each ASV in each replicate community.

616

617 **Population-level forecasting**

618 Based on the state space reconstructed with Takens' embedding, simplex projection[20] was
619 applied for forecasting of ecological processes in our experimental microbiomes. For each

target replicate community, univariate embedding of each ASV was performed using the data of the seven remaining replicate communities. Therefore, the reference databases for the embedding did not include the information of the target replicate community (Fig. 2a), providing platforms for evaluating forecasting skill.

In simplex projection, a coordinate within the reconstructed state space was explored at a focal time point (t^*) within the population dynamics of a focal ASV in a target replicate community (e.g., replicate community 8): the coordinate can be described as [$x_{target_rep}(t^*)$, $x_{target_rep}(t^* - 1)$, $x_{target_rep}(t^* - 2)$] when $E = 3$. For the focal coordinate, $E + 1$ neighboring points are explored from the reference database consisting of the seven remaining replicate communities (e.g., replicate communities 1–7; Fig. 2a). For each of the neighboring points, the corresponding points at p-time-step forward (p-days ahead) are identified. The abundance estimate of a focal ASV in the target replicate community at p-time-step forward [e.g., $\hat{x}_{target_rep}(t^* + p)$] is then obtained as weighted average of the values of the highlighted p-time-step-forward points within the reference database (Fig. 2a). The weighting was decreased with Euclidean distance between $x_{target_rep}(t^*)$ and its neighboring points within the reference database. This forecasting of population dynamics was performed for each ASV in each target replicate community at each time point. The number of time steps in the forecasting (i.e., p) was set at 1 (one-day-ahead forecasting) and 7 (seven-day-ahead forecasting).

While simplex projection explores neighboring points around a target point, S-map[19] uses all the data points after weighting contributions of each point within a reference database using a parameter representing nonlinearity of the system. In Takens' embedding, the state space of a target replicate for forecasting at time t is defined as

$$z_{target_rep}(t) = \{z_{1,target_rep}(t), z_{2,target_rep}(t), \dots, z_{E,target_rep}(t)\},$$

where E is embedding dimension. Values on the second and higher dimensions $\{z_{2,target_rep}(t), \dots, z_{E,target_rep}(t)\}$ are represented by time-delayed coordinates of a focal ASV. Likewise, the state space of the remaining replicates (i.e., the reference database) is defined as

$$z_{ref}(t') = \{z_{1,ref}(t'), z_{2,ref}(t'), \dots, z_{E,ref}(t')\},$$

where t' represents each of non-overlapping time points within the reference database [e.g., {10001, 10002, …, 10110} and {20001, 20002, …, 20110} for reference replicate 1 and 2, respectively]. For a target time point t^* within the time-series data of a target replicate

community, a local linear model $\boldsymbol{C}$ is produced to predict the future abundance of a focal ASV [i.e., $z_{1,target_rep}(t^* + p)$] from the state-space vector at time point $z_{target_rep}(t^*)$ as follows:

$$\hat{z}_{1,target_rep1}(t^* + p) = C_0 + \sum_{j=1}^{E} \boldsymbol{C}_j \, z_j \, (t^*).$$

This linear model is fit to the vectors in the reference databases. In the regression analysis, data points close to the target point $z_{target_rep}(t^*)$ have greater weighting. The model $\boldsymbol{C}$ is then the singular value decomposition solution to the equation $b = A\boldsymbol{C}$. In this equation, b is set as an *n*-dimensional vector of the weighted future values of $z_{1,ref}(t_i{}')$ for each point ($t_i{}'$) in the reference database (*n* is the number of points in the set of $t_i{}'$):

$$b_i = w(\|z_{ref}(t_i{}') - z_{target_rep}(t^*)\|)z_{1,ref}(t_i{}' + p).$$

Meanwhile, A is an $n \times E$ dimensional matrix given by

$$A_{ij} = w(\|z_{ref}(t_i{}') - z_{target_rep}(t^*)\|)z_{j,ref}(t_i{}').$$

The weighting function w is defined as

$$w(d) = exp\left(-\frac{\theta d}{\bar{d}}\right),$$

where θ is the parameter representing the nonlinearity of the data, while mean Euclidean distance between reference database points and the target point in the target experimental replicate is defined as follows:

$$\bar{d} = \frac{1}{n}\sum_{t' \in T_{ref}} \|z_{ref}(t_i{}') - z_{target_rep}(t^*)\|,$$

where T_{ref} denotes the set of $t_i{}'$. In our analysis, the optimal value of θ was explored among eleven levels from 0 (linearity) and 8 (strong nonlinearity) for each ASV in each target replicate based on the RMSE of forecasting (optimal θ was selected among 0, 0.001, 0.01, 0.05, 0.1, 0.2, 0.5, 1, 2, 4, and 8). The local linear model $\boldsymbol{C}$ was estimated for each time point in the target replicate data.

We then performed direct comparison between linear and nonlinear approaches of forecasting based on empirical dynamics modeling. Specifically, to assume linear dynamics in S-map method, the nonlinearity parameter θ was set 0 for all the ASVs. We then compared forecasting results between linear ($\theta = 0$) and nonlinear (optimized θ) approaches. For the forecasting of ASVs in a target replicate community, the data of the remaining seven

679 communities (reference databases) were used as mentioned above.

680 For each ASV in each of the 48 experimental replicates, Spearman's correlation
681 coefficients between predicted and observed abundance (16S rRNA copy concentrations)
682 were calculated for each of the nonlinear/linear forecasting methods [simplex projection, S-
683 map with optimized θ, and S-map assuming linearity ($\theta = 0$)]. We also examined null model
684 assuming no change in community structure for a given time step. The time points (samples)
685 excluded in the data-quality filtering process (see Bioinformatics sub-section) were excluded
686 from the above evaluation of forecasting skill.

687

688 **Reference database size and forecasting skill**

689 To evaluate potential dependence of forecasting skill on the size of reference databases, we
690 performed a series of analyses with varying numbers of reference replicate communities. For
691 replicate community for a target replicate community, a fixed number (from 1 to 7) of other
692 replicate communities within each experimental treatment were retrieved as reference
693 databases: all combinations of reference communities were examined for each target replicate
694 community. For each microbial ASV in each target replicate community, forecasting of
695 population size was performed based on S-map with optimized θ as detailed above.
696 Spearman's correlation between predicted and observed population size across the time-series
697 was then calculated for each ASV in each target replicate community. The correlation
698 coefficients were compared between different numbers of reference database communities
699 based on Welch's *t*-test in each experimental treatment.

700

701 **Community-level forecasting**

702 The above population-level results based on empirical dynamics modeling were then used for
703 forecasting community-level dynamics. For a focal time point (day) in a target experimental
704 replicate, the 16S rRNA copy concentration estimates (predicted abundance) of respective
705 ASVs were compiled, yielding predicted community structure (i.e., predicted relative
706 abundance of ASVs). The predicted and observed (actual) ASV compositions (relative
707 abundance) of respective target replicates were then plotted on a NMDS surface for each of
708 the six experimental treatments. In addition, we evaluated dependence of community-level
709 forecasting results on experimental conditions (source inocula and media), α-diversity

710 (Shannon's H') of ASVs, and mean β-diversity against other replicates in a multivariate
711 ANOVA model of predicated vs. observed community dissimilarity.

712

713 **Anticipating abrupt community shifts**

714 We then examined whether indices derived from the energy landscape analysis and/or
715 empirical dynamics modeling could be used to anticipate drastic changes in community
716 structure.

717 In the framework of energy landscape analysis, we calculated two types of indices
718 based on the estimated landscapes of microbiome dynamics (Fig. 3a). One is deviation of
719 current community-state energy from the possible lowest energy within the target basins
720 (hereafter, energy gap; Fig. 3a): this index represents how current community states are
721 inflated from local optima (i.e., "bottom" of basins). The other is "stable-state entropy[24]",
722 which is calculated based on the random-walk-based simulation from current community
723 states to bottoms of any energy landscape basins (i.e., alternative stable states). A starting
724 community state is inferred to have high entropy if reached stable states are variable among
725 random-walk iterations: the stable-state entropy is defined as the Shannon's entropy of the
726 final destinations of the random walk[24]. Therefore, communities approaching abrupt structural
727 changes are expected to have high stable-state entropy because they are inferred to cross over
728 "ridges" on energy landscapes. For an analysis of a target replicate community, energy
729 landscapes were reconstructed based on the data of the remaining seven replicate
730 communities.

731 In the framework of empirical dynamics modeling (nonlinear mechanics), we calculated
732 "local Lyapunov stability[40]" (local dynamic stability) and "local structural stability[41]" based
733 on Jacobian matrices representing movements around reconstructed attractors[27]. Specifically,
734 based on convergent cross-mapping[22,32] and multivariate extension of S-map[63], local
735 Lyapunov stability and structural stability were estimated, respectively, as the absolute value
736 of the dominant eigenvalue and trace (sum of diagonal elements) of the Jacobian matrices
737 representing the time-series processes[40]. For a target replicate community, the remaining
738 seven replicate communities were used for inferring Jacobian matrices. Note that a high score
739 of local Lyapunov/structural stability represents a potentially unstable community state. In
740 particular, local Lyapunov scores reflect whether trajectories at any particular time are
741 converging (local Lyapunov score < 1) or diverging (1 < local Lyapunov score)[40].

742 For each of the above indices, linear regression of abruptness scores of community-
743 compositional changes was performed for each replicate sample in each experimental
744 treatment (seven-day-ahead forecasting). The time points (samples) excluded in the data-
745 quality filtering process (see Bioinformatics sub-section) were excluded from this evaluation
746 of signal indices.

747 We also examined the diagnostic performance of the signal indices based on the
748 receiver operating characteristic (ROC) analysis. In seven-day-ahead forecasting, detection
749 rates (sensitivity) and false detection rates (1 – specificity) of large community-compositional
750 changes (abruptness > 0.5) were plotted on a two-dimensional surface for each experimental
751 treatment, yielding area under the ROC curve (AUC) representing diagnostic performance[42].
752 The optimal threshold value of each signal index for anticipating abrupt community-
753 compositional changes (abruptness > 0.5) was then calculated with the Youden index[42] for
754 each experimental treatment. In addition, for stable-state entropy and local Lyapunov stability,
755 we calculated optimal threshold values after assembling all the data of Medium-A and
756 Medium-B treatments.

757

758 **Data availability**

759 The 16S rRNA sequencing data are available from the DNA Data Bank of Japan (DDBJ) with
760 the accession number DRA013352, DRA013353, DRA013354, DRA013355, DRA013356,
761 DRA013368 and DRA013379. The microbial community data are deposited at the figshare
762 repository (DOI : 10.6084/m9.figshare.20653440).

763

764 **Code availability**

765 All the scripts used to analyze the data are available at the figshare repository (DOI :
766 10.6084/m9.figshare.20653440).

767

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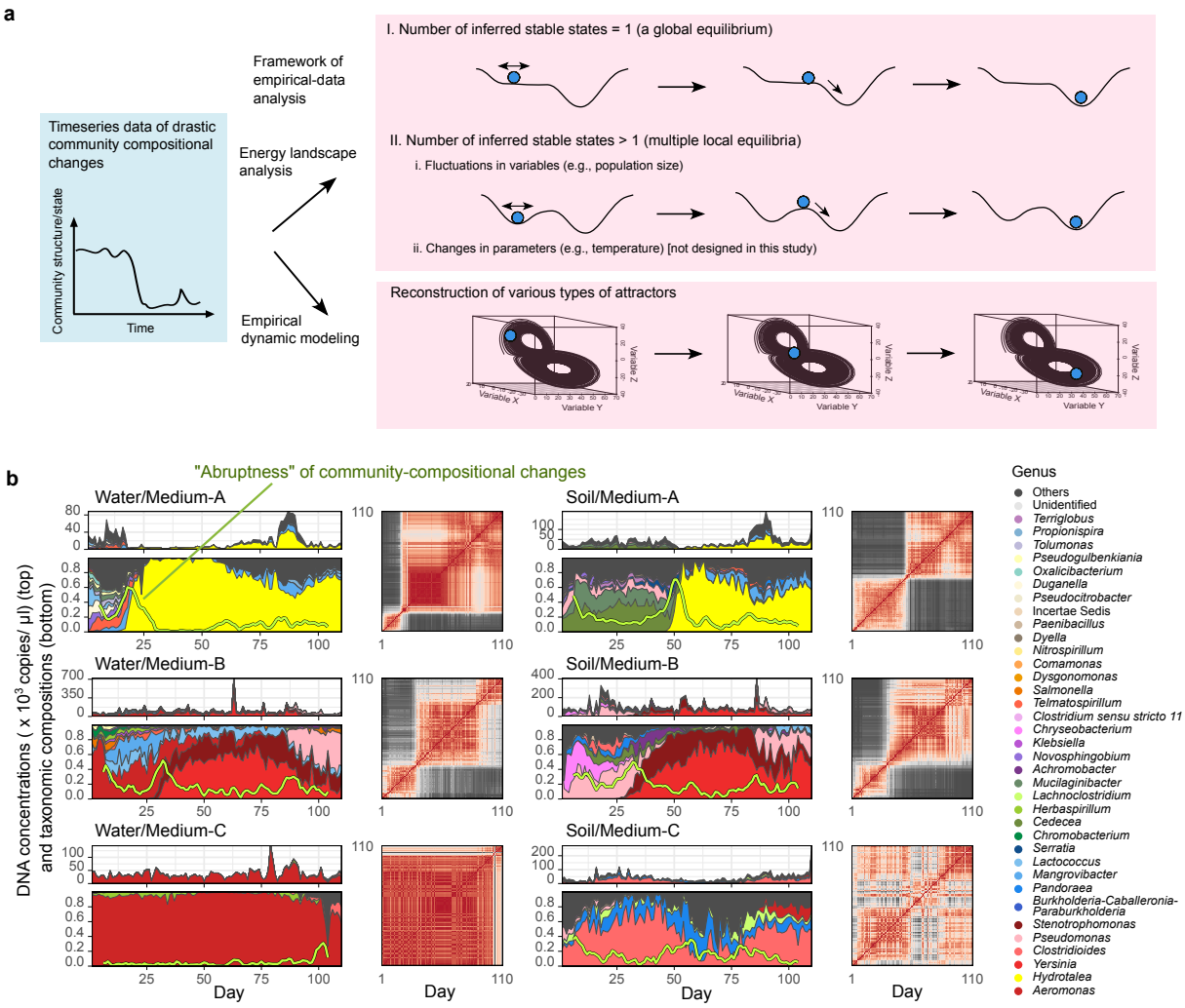


Fig. 1 | Experimental microbiome dynamics. a, Assumptions. Drastic structural changes in microbiome time-series data are interpreted as transient dynamics towards a global equilibrium, shifts between local equilibria (alternative stable states), or dynamics around complex forms of attractors. The former two concepts/models can be examined with an energy landscape analysis and the latter can be explored based on empirical dynamic modeling. **b**, Time-series data of microbial abundance (top left), community compositions (relative abundance; bottom left), and Bray-Curtis dissimilarity (β-diversity) of community structure between time points (right) are shown for a representative replicate community of each experimental treatment. The green lines within the relative abundance plots represent the speed and magnitude of community compositional changes (hereafter, "abruptness") around each target time point (time window = 5 days; time lag = 1 day; see Methods). Note that an abruptness score larger than 0.5 represents turnover of more than 50 % of microbial ASV compositions. See Extended Data Figs. 2-3 for the time-series data of all the 48 communities (8 replicates × 6 treatments).

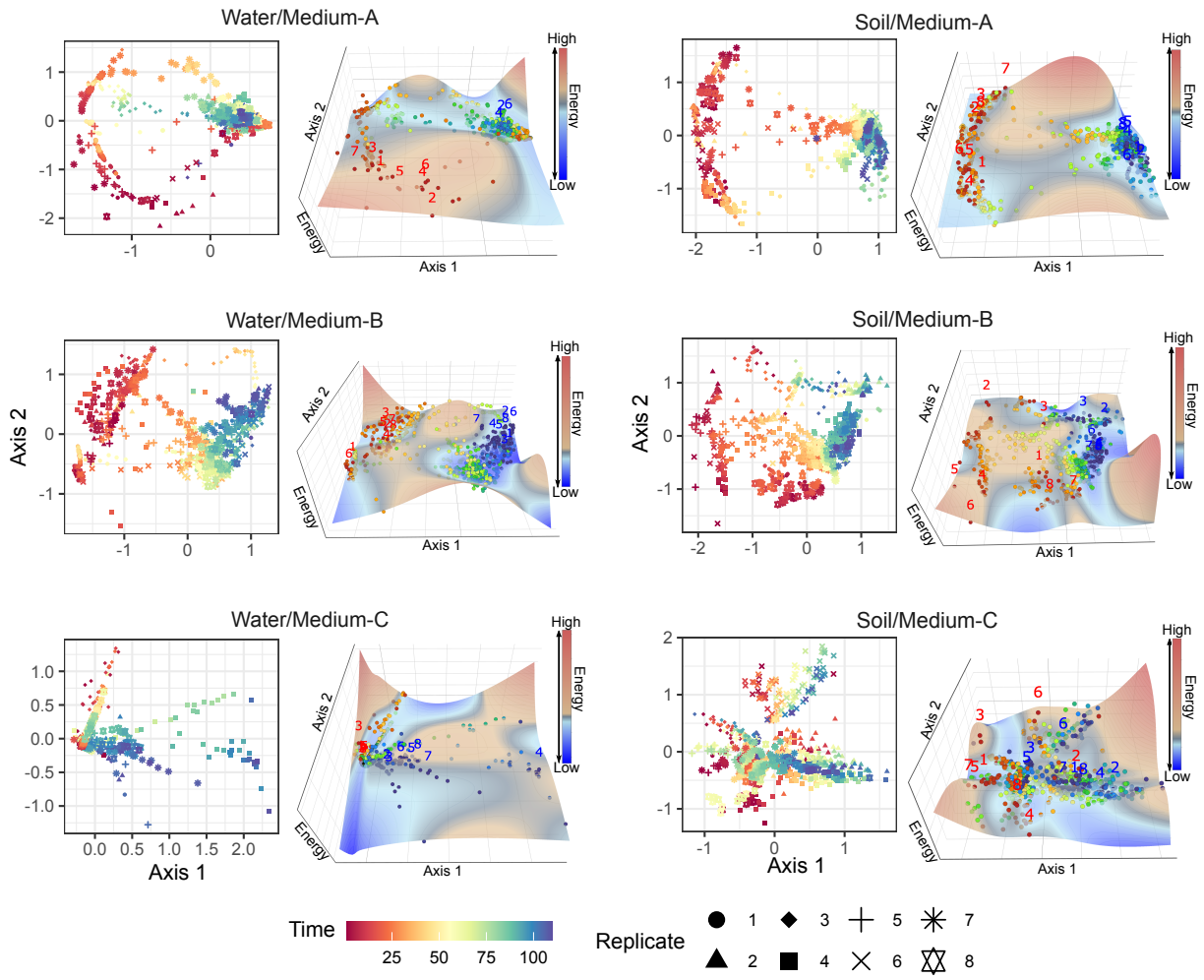


Fig. 2 | Energy landscapes of community structure. The community structure of respective time points on NMDS axes (left) and reconstructed energy landscape on the NMDS surface (right) are shown for each experimental treatment. Community states (ASV compositions) located at lower-energy regions are inferred to be more stable on the energy landscapes. The shapes of the landscapes were inferred based on a smoothing spline method with optimized penalty parameters. On the energy landscapes, community states of Day 1 and Day 110 are respectively shown in red and blue numbers representing replicate communities.

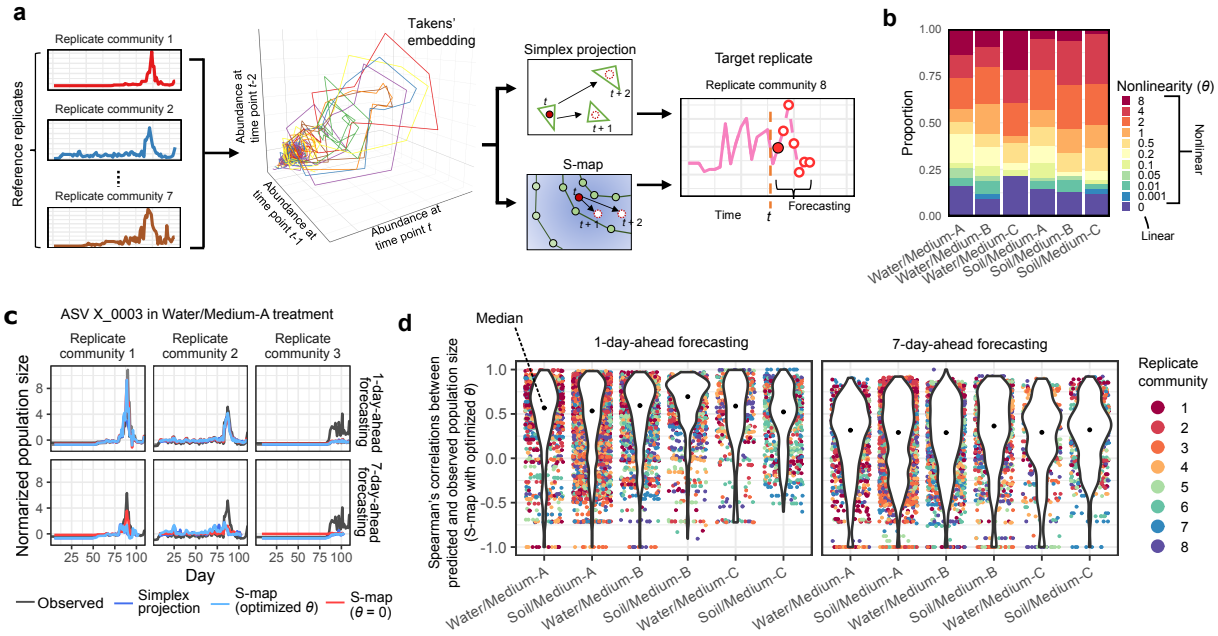
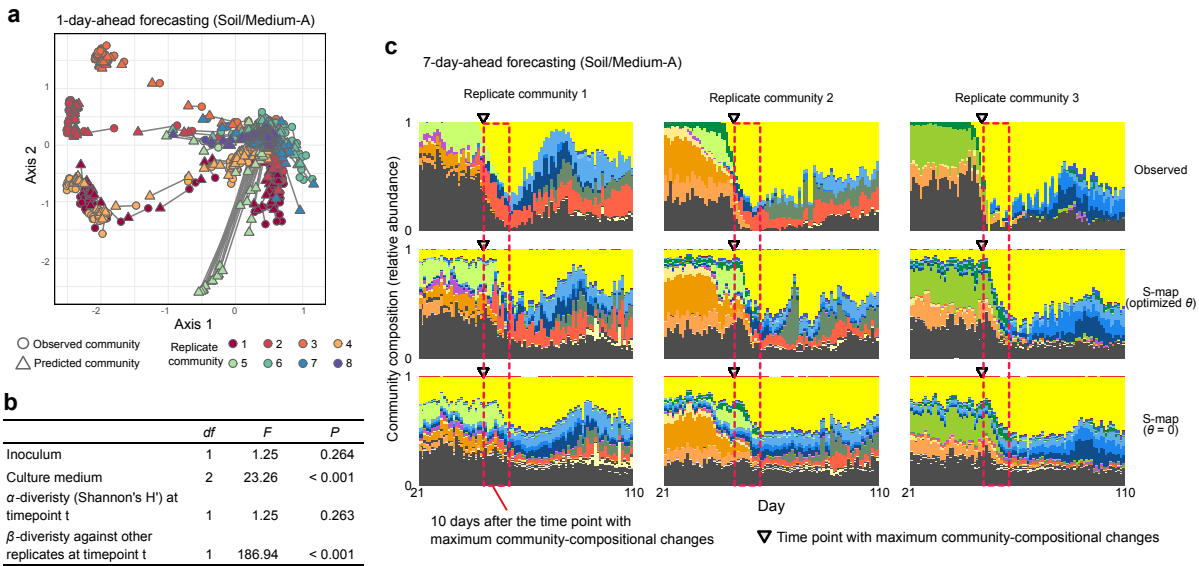


Fig. 3 | Forecasting population-level dynamics based on attractor reconstruction. a, Workflow of forecasting. For a target replicate community, the reference database of state space is reconstructed based on the time-series data of other replicate communities (i.e., reference replicate communities). Future abundance of each ASV in a target replicate community was then predicted using the state-space reference databases (see Methods for details). **b**, Nonlinearity parameters (θ). Proportions of microbial ASVs showing linear ($\theta = 0$) and nonlinear ($\theta > 0$) population dynamics are shown. **c**, Example of population-level forecasting. Predicted and observed abundance through the time-series are shown for simplex projection, S-map with optimized nonlinearity parameter (optimized θ), and S-map assuming linearity ($\theta = 0$). For each target replicate community, the remaining seven replicate communities were used as references. Results are shown for one-day-ahead and seven-day-ahead forecasting of an ASV (X_0003) in replicate nos. 1-3 of Water/Medium-A treatment. See Extended Data Fig. 5 for detailed results. **d**, Spearman's correlation between predicted and observed population size is shown for each microbial ASV in each replicate community.



b

	df	*F*	*P*
Inoculum	1	1.25	0.264
Culture medium	2	23.26	< 0.001
α-diveristy (Shannon's H') at timepoint t	1	1.25	0.263
β-diveristy against other replicates at timepoint t	1	186.94	< 0.001

Response variable: dissimilarity between predicted and observed community structure

Random effects : replicate communities

Fig. 4 | Forecasting community-level dynamics based on attractor reconstruction. a, Community-level forecasting. Predicted and observed community structure is linked for each day on the axes of NMDS (prediction based on S-map with optimized *θ*; one-day-ahead forecasting). Results of Soil/Medium-A treatment are shown: see Extended Data Fig. 7 for full results). **b**, Factors explaining variation in community-level prediction results. A generalized linear mixed morel (GLMM) of dissimilarity between predicted and observed community structure was constructed (one-day-ahead forecasting). **c**, Detailed comparison of nonlinear and linear forecasting approaches. S-map results with optimized nonlinearity parameter were compared with results of S-map assuming linear dynamics for all ASVs.

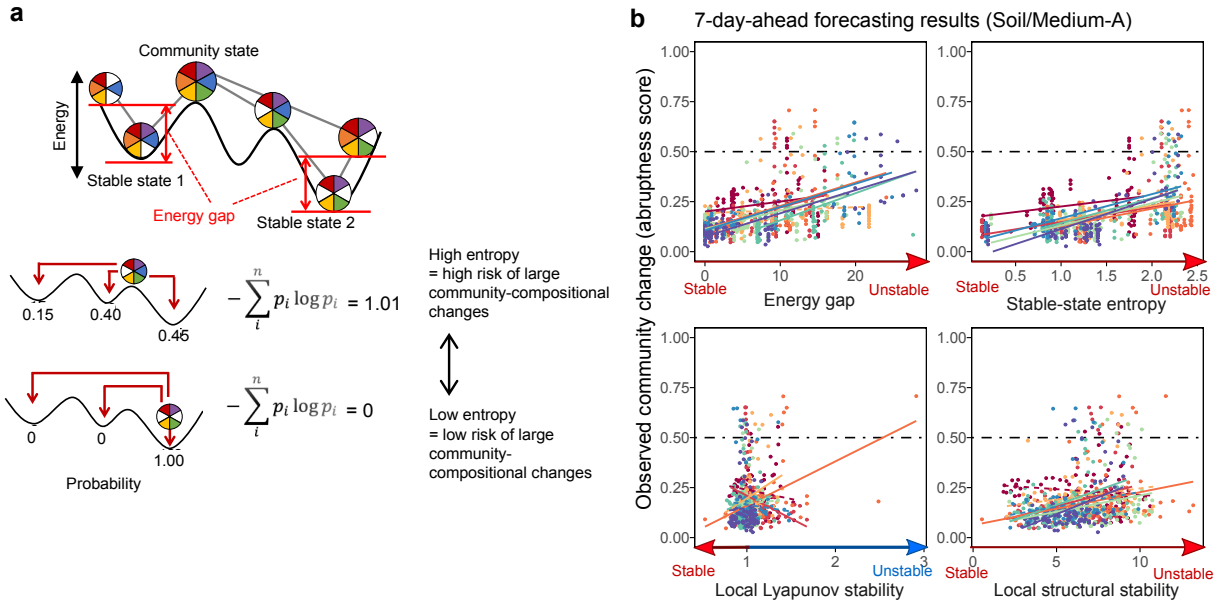


Fig. 5 | Anticipating abrupt community shifts. a, Energy gap index. In the framework of the energy landscape analysis, difference between the energy of a current community state from that of the local energy minimum is defined as the "energy gap" index for anticipating drastic community changes. **b**, Stable-state entropy index. Shannon's entropy estimates based on random-walk simulations towards alternative stable states are expected to represent instability of current community states on energy landscapes (see Methods for details). **c**, Relationship between the degree of community-compositional changes (abruptness) and each signal index. Note that a high score of energy gap, stable-state entropy, or local Lyapunov/structural stability potentially represents an unstable state. Significant/non-significant regressions within respective replicates are shown with solid/dashed lines for each panel [false discovery rate (FDR)]. See Extended Data Fig. 9 for detailed results.

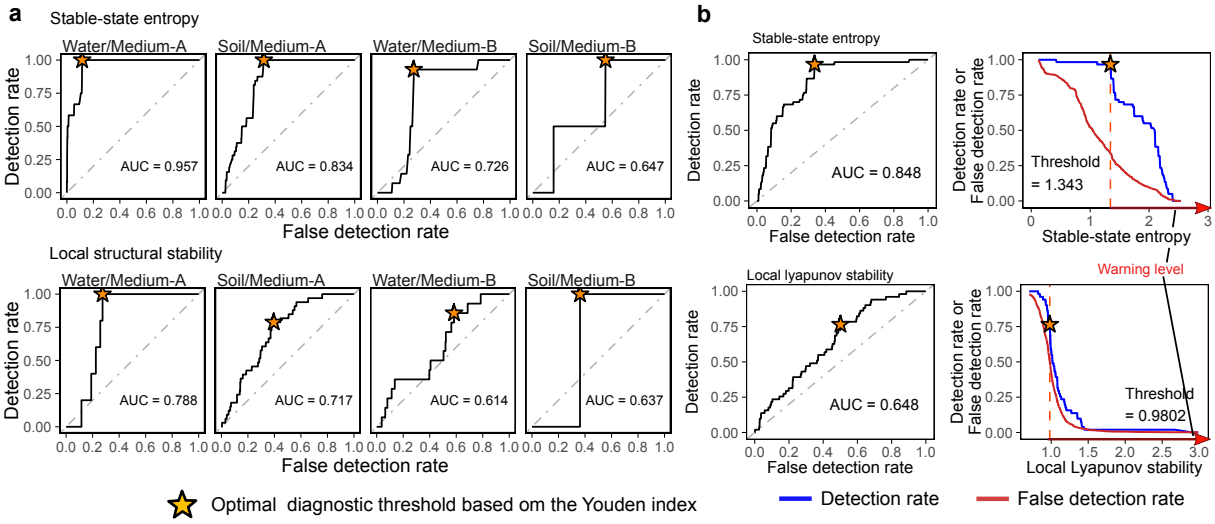
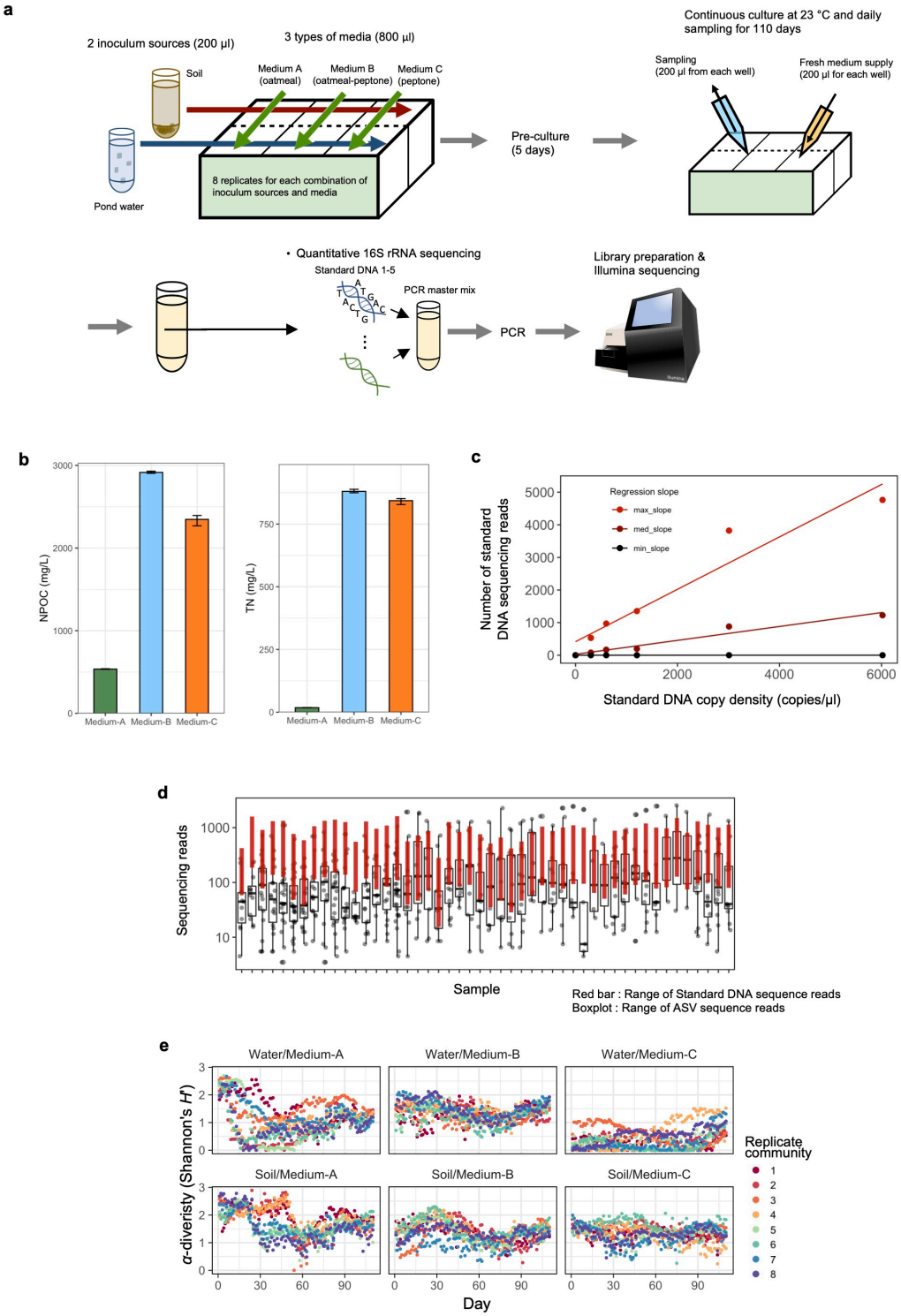
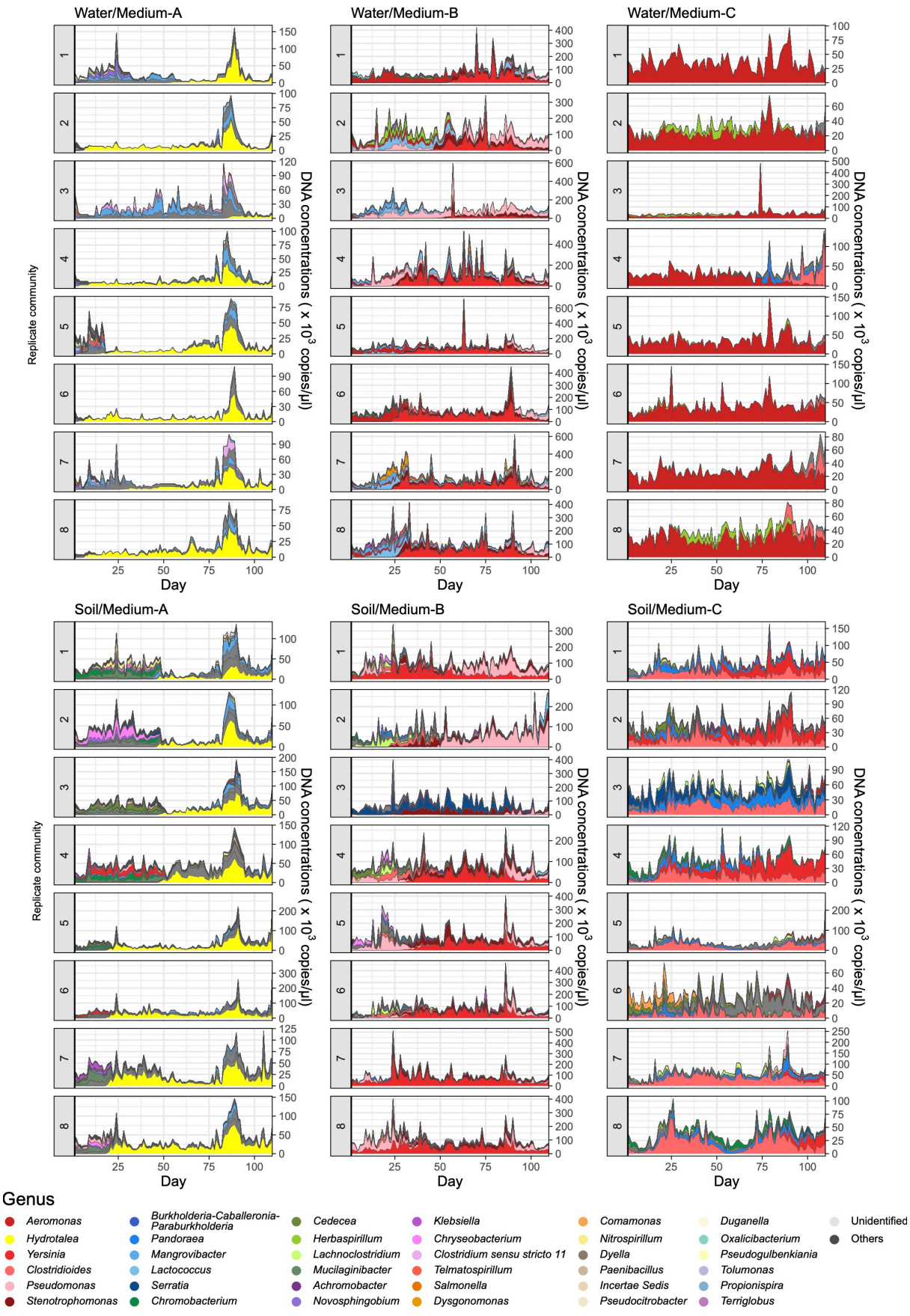


Fig. 6 | Thresholds for anticipating drastic community events. a, ROC analysis of diagnostic performance. On the two-dimensional surface of detection- and false-detection rates of abrupt community-compositional changes (abruptness > 0.5), area under the ROC curve (AUC) and optimal detection rate (asterisk) were calculated for each warning signals (seven-day-ahead forecasting). A high AUC value indicates a high detection rate of abrupt community events with a relatively low false detection rate (maximum AUC value = 1). Note that the low AUC values may be attributed to the small number of points with abruptness > 0.5 in Soil/Medium-B treatment. See Extended Data Fig. 10 for full results. **b**, Optimal thresholds for anticipating community collapse. For stable-state entropy (top) and local Lyapunov stability (bottom), diagnostic threshold for warning abrupt community changes was obtained based on the Youden index after compiling all the data of Medium-A and Medium-B treatments.



Extended Data Fig. 1 | Experimental setting and microbiome data formats. a, Laboratory

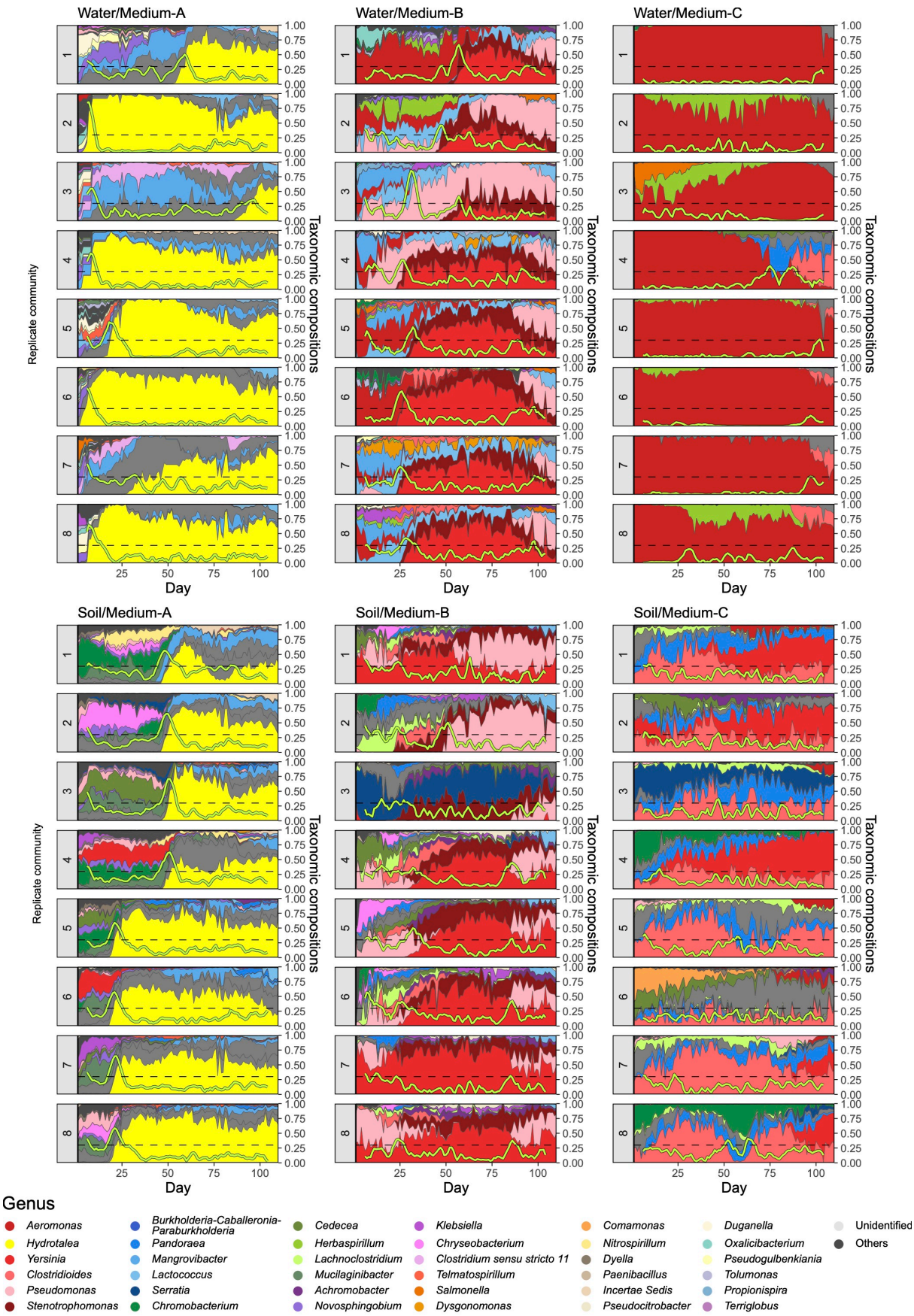
868 culture system. Source microbiomes from forest soil and pond water were respectively
869 introduced into three types of media [Medium-A, 0.5% (w/v) milled oatmeal; Medium-B,
870 0.5% (w/v) milled oatmeal + 0.5% (w/v) peptone; Medium-C, 0.5% (w/v) peptone] with eight
871 replicates. A fraction of the culture fluid was sampled every 24 hours and equivalent volume
872 of fresh medium was added to the continual culture system throughout the 110-day
873 experiment. After DNA extraction, five "standard DNA" variants with different
874 concentrations were introduced into the amplicon sequencing analysis of the 16S rRNA
875 region, yielding DNA copy number estimates of each prokaryote ASV in each replicate
876 sample. **b**, Concentrations of non-purgeable organic carbon (NPOC) and total nitrogen (TN)
877 in each of the three types of fresh media. The bars represent ranges of triplicate
878 measurements. **c**, Example of calibration of 16S rRNA copy concentration. In most
879 microbiome studies, only proportions of respective microbe's sequencing reads to total
880 sequencing reads (relative abundance; Extended Data Fig. 3) have been analyzed, while
881 calibrated abundance information (absolute abundance; Extended Data Fig. 2) allows us to
882 reconstruct population dynamics (i.e., increase/decrease through time-series) of respective
883 ASVs in microbiomes. Five standard DNA sequences varying in concentration were added to
884 PCR master mix solutions to infer relationship between DNA copy concentration and the
885 number of sequencing reads in each sample. **d**, Calibration of DNA copy concentration with
886 the standard DNA gradients. The number of sequencing reads of each microbial ASV
887 (boxplots and circles; black) was compared with that of standard DNA sequences (range of
888 five standard DNA variants; red) in each sample. **e**, α-diversity (Shannon's H') of ASVs
889 through the time-series.
890


Water/Medium-A
Water/Medium-B
Water/Medium-C
Soil/Medium-A
Soil/Medium-B
Soil/Medium-C
Replicate community
DNA concentrations (x 10^3 copies/µl)
Day
Genus
Aeromonas
Hydrotalea
Yersinia
Clostridioides
Pseudomonas
Stenotrophomonas
Burkholderia-Caballeronia-Paraburkholderia
Pandoraea
Mangrovibacter
Lactococcus
Serratia
Chromobacterium
Cedecea
Herbaspirillum
Lachnoclostridium
Mucilaginibacter
Achromobacter
Novosphingobium
Klebsiella
Chryseobacterium
Clostridium sensu stricto 11
Telmatospirillum
Salmonella
Dysgonomonas
Comamonas
Nitrospirillum
Dyella
Paenibacillus
Incertae Sedis
Pseudocitrobacter
Duganella
Oxalicibacterium
Pseudogulbenkiania
Tolumonas
Propionispira
Terriglobus
Unidentified
Others

893 **Extended Data Fig. 2 | Dynamics of absolute abundance.** For each replicate community of
894 each experimental treatment, the changes of 16S rRNA gene copy concentrations (See
895 Extended Data Fig. 1) are shown for each genus throughout the time-series. Note that each
896 genus displayed in this figure can represent multiple microbial ASVs in the original dataset.

897

898

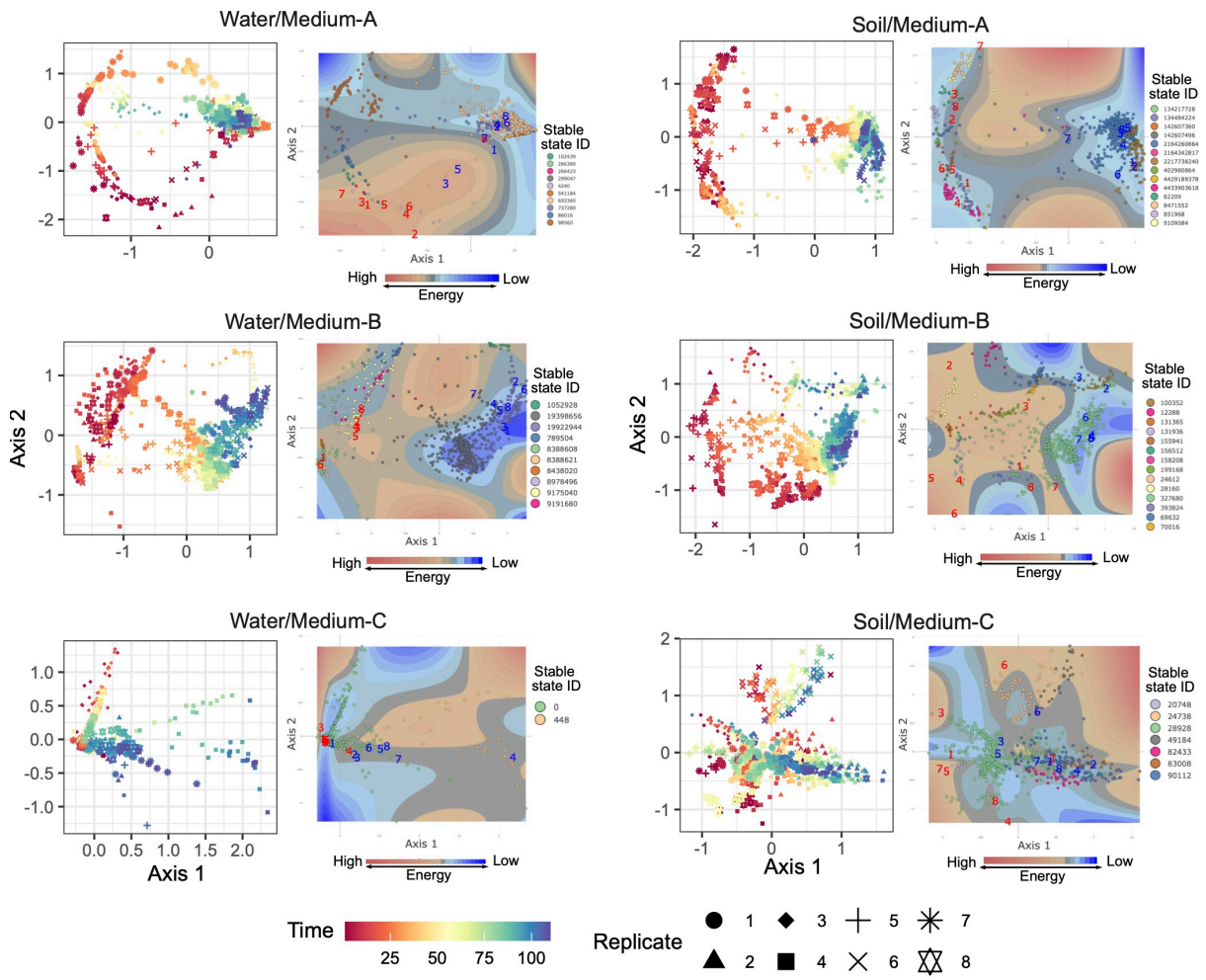


Extended Data Fig. 3 | Dynamics of relative abundance. For each replicate community of

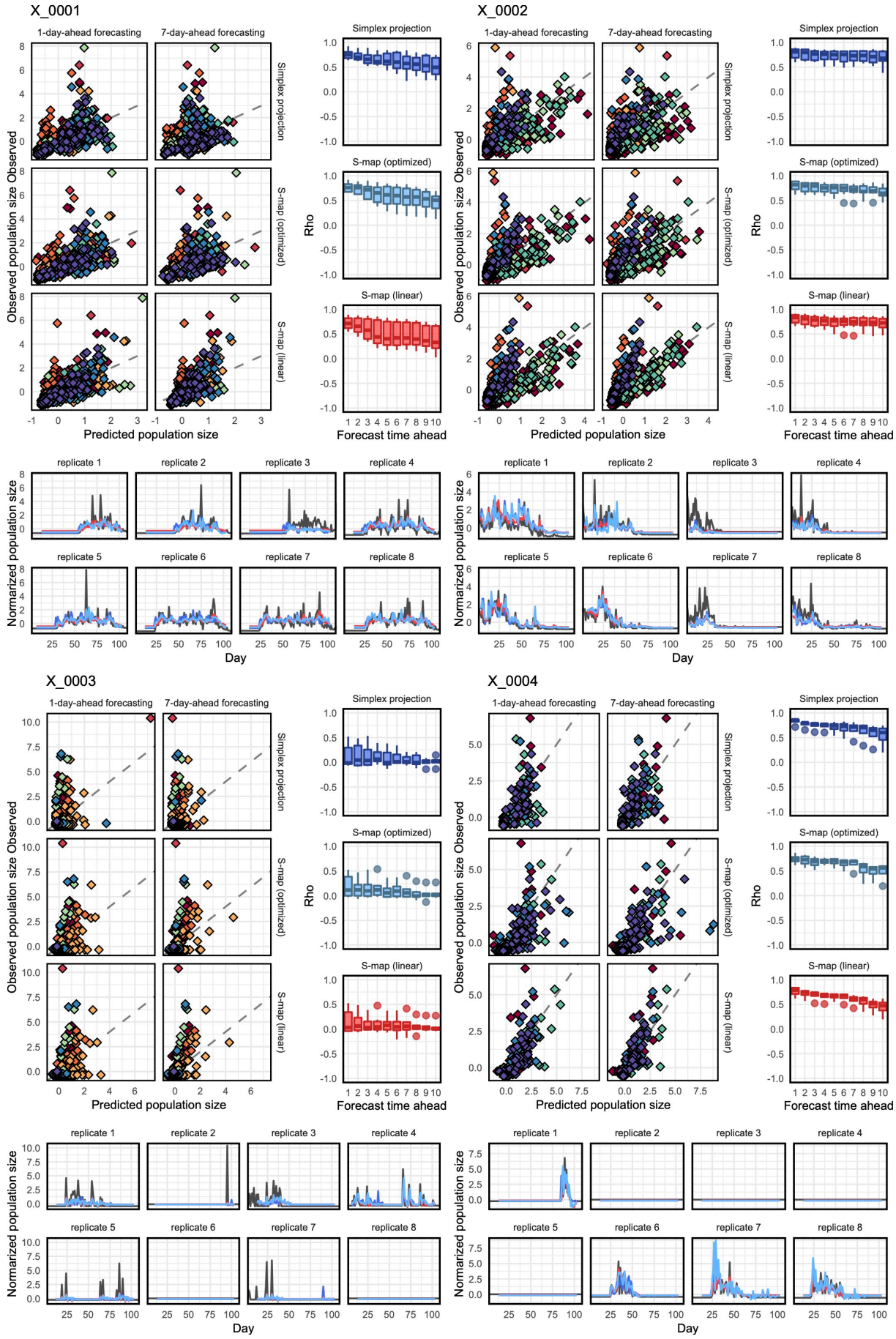
901 each experimental treatment, the changes of the relative abundance of the 16S rRNA region
902 are shown for each genus throughout the time-series. Note that each genus displayed in this
903 figure can represent multiple microbial ASVs in the original dataset.

904

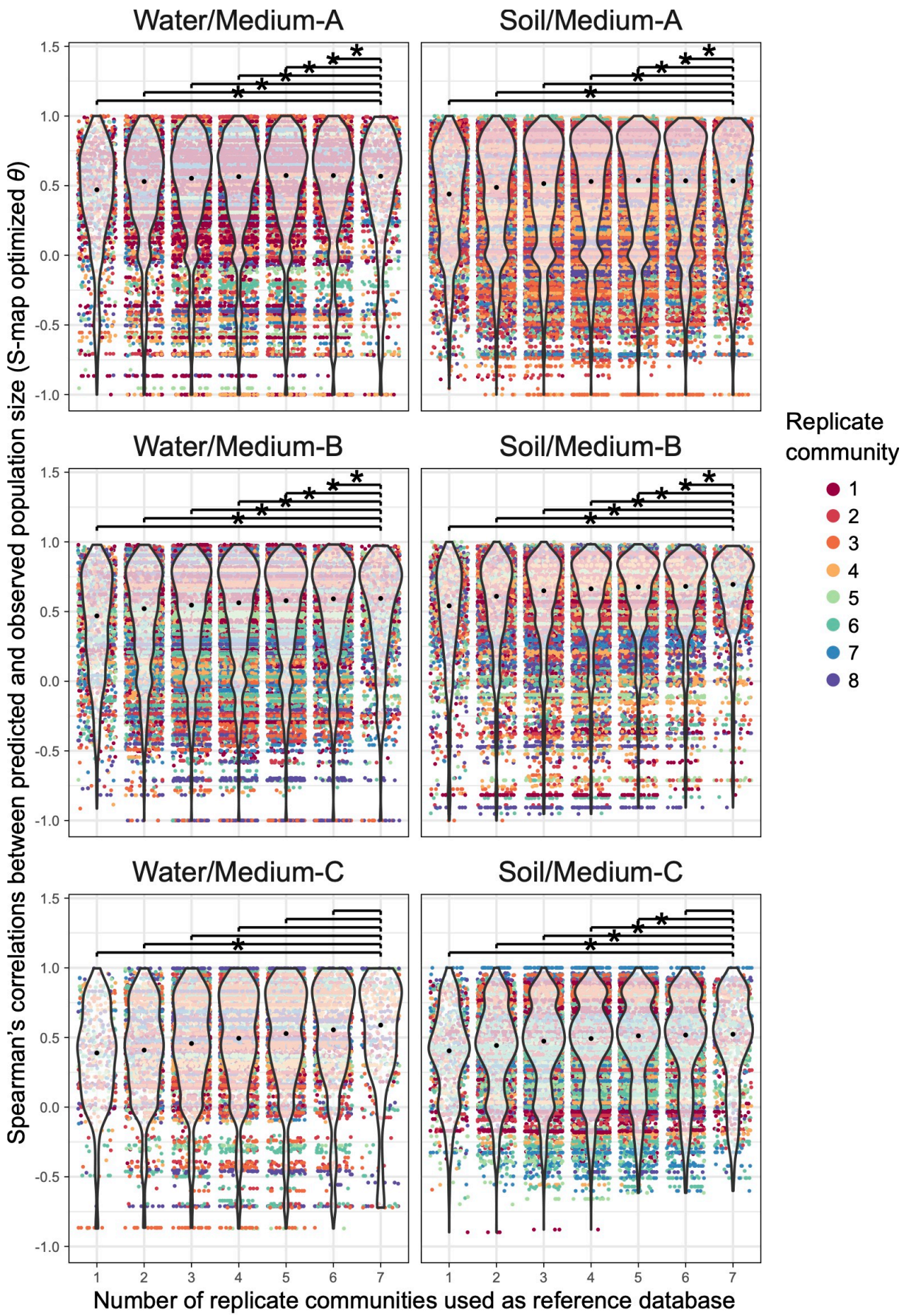
905



Extended Data Fig. 4 | Distribution of stable states on the energy landscapes. The community structure of respective time points on NMDS axes (left) and reconstructed energy landscape on the NMDS surface (right) are shown for each experimental treatment. Community states (ASV compositions) located at lower-energy regions are inferred to be more stable on the energy landscapes. On the energy landscape of each experimental treatment, community states (data points) belonging to the basin of the same stable states are indicated with the same colors. The shapes of the landscapes were inferred based on a smoothing spline method with optimized penalty parameters. Within the energy landscape, community states of Day 1 and Day 110 are respectively shown in red and blue numbers representing replicate communities.

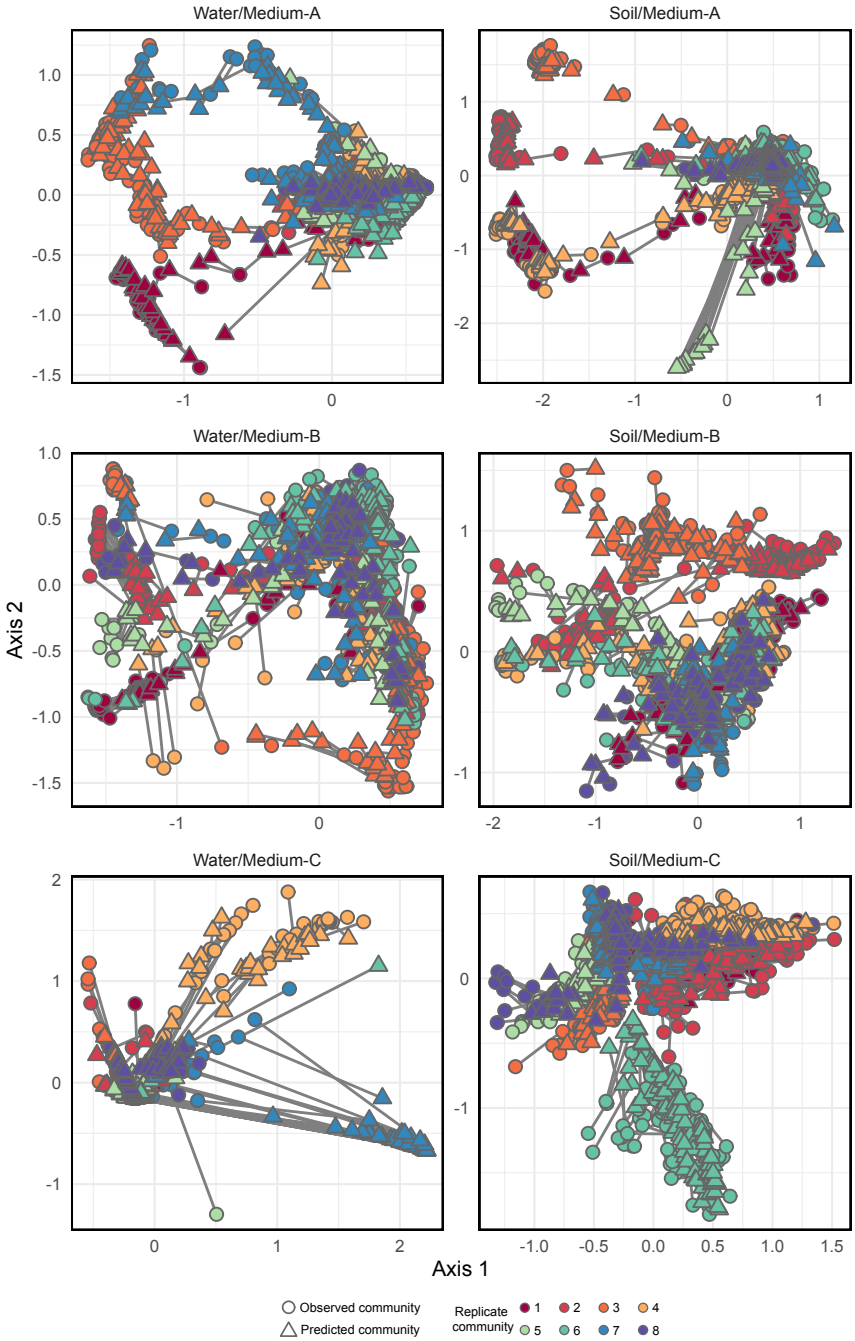

X_0001
X_0002
X_0003
X_0004
1-day-ahead forecasting
7-day-ahead forecasting
Simplex projection
S-map (optimized)
S-map (linear)
Observed population size
Predicted population size
Rho
Forecast time ahead
replicate 1
replicate 2
replicate 3
replicate 4
replicate 5
replicate 6
replicate 7
replicate 8
Normarized population size
Day

Extended Data Fig. 5 | Examples of population-level forecasting results. For each microbial ASV in each experimental treatment, correlations between predicted and observed abundance through the time-series (one-day-ahead and seven-day-ahead forecasting; top left), decay of correlation between predicted and observed abundance (top right), and details of the time-series are shown. The prediction was based on simplex projection, S-map with optimized nonlinearity parameter (optimized θ), and S-map assuming linearity ($\theta = 0$). For each target replicate community, the remaining seven replicate communities were used as references. Due to the large number of ASVs in the dataset, four ASVs in Water/Medium-B treatment are shown here as examples: the full results are available at the figshare repository (DOI : 10.6084/m9.figshare.20653440).

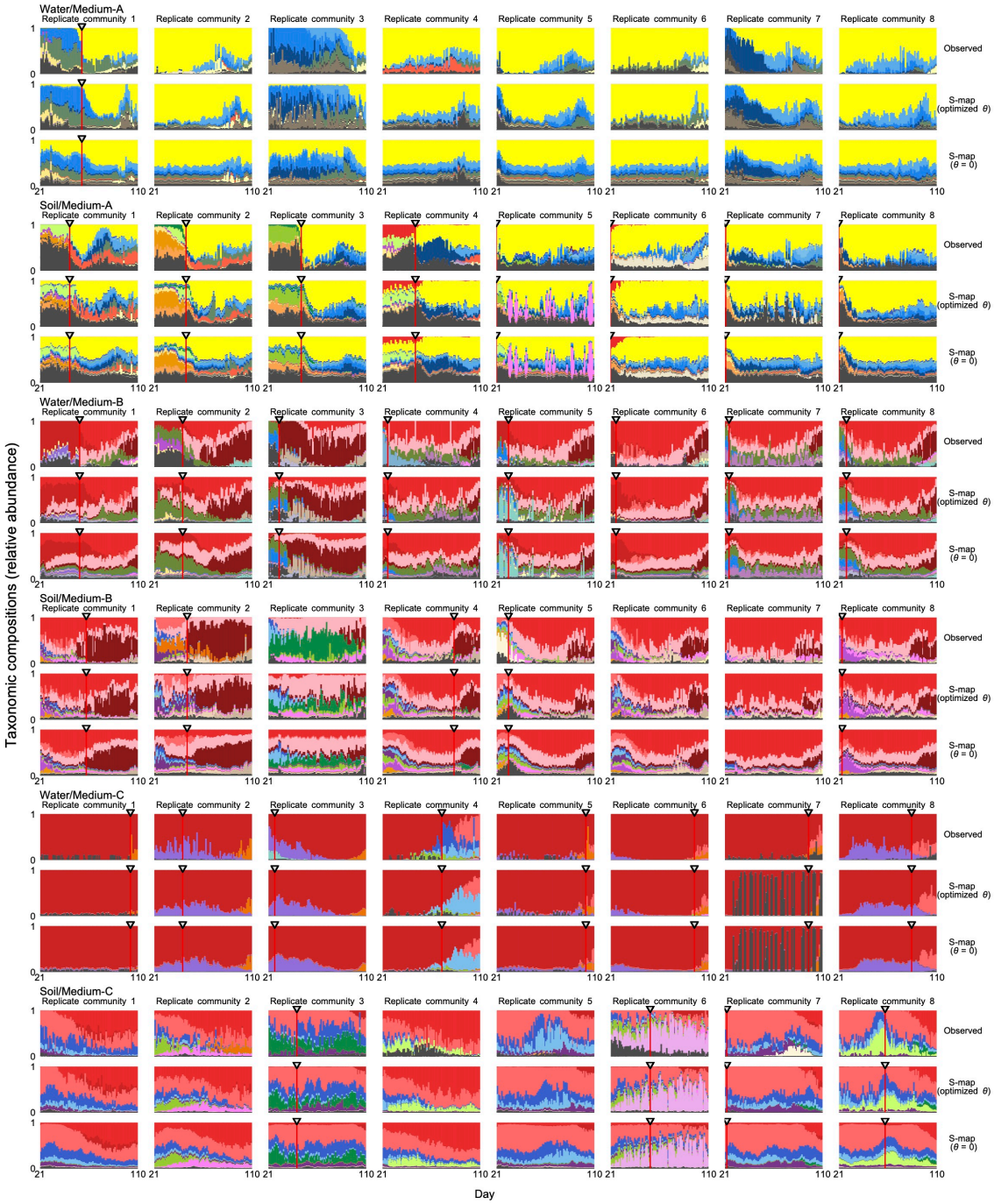


Extended Data Fig. 6 | Dependence of population-level forecasting results on reference

database size. The population size of each microbial ASV in a target replicate community was forecasted with S-map (optimized θ) based on reference databases (Fig. 2a). The forecasting was performed for each number of reference databases defined on the horizontal axis. Spearman's correlations between predicted and observed population size (Fig. 2c) were calculated for each microbial ASV in each replicate community. An asterisk represents significant differences in forecasting skill (forecasting performance) between different numbers of reference databases in each experimental replicate: i.e., false discovery rate (FDR) based on Welch's *t*-tests.

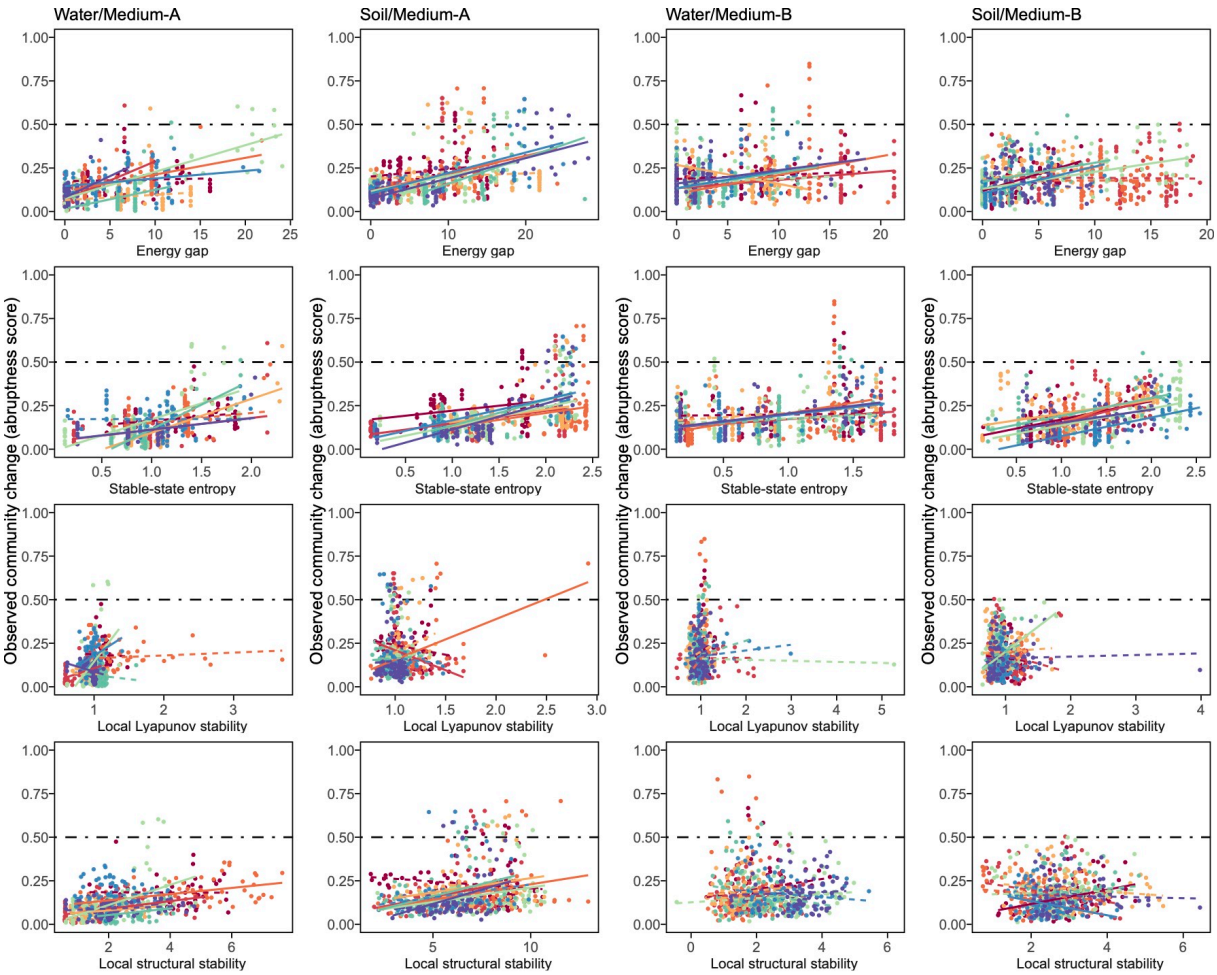


Extended Data Fig. 7 | Comparison of predicted and observed community structure. By compiling the forecasting results of respective ASVs (Fig. 3; Extended Data Fig. 5), community compositions are predicted through the time-series. Predicted and observed community structure is linked for each day on the axes of NMDS (prediction based on S-map with optimized θ; one-day-ahead forecasting).

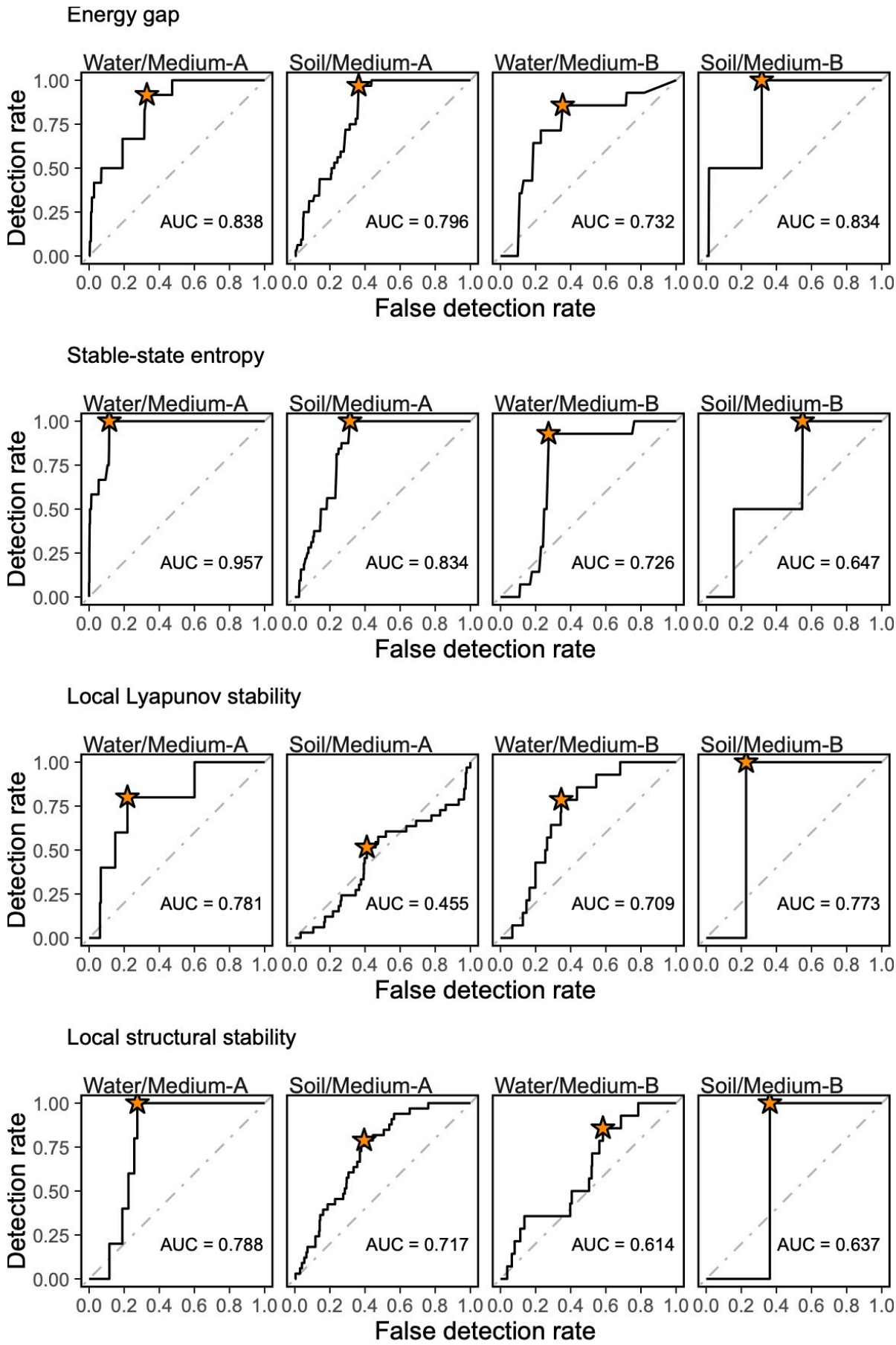


Extended Data Fig. 8 | Comparison of nonlinear and linear forecasting approaches. Throughout the time-series, S-map nonlinear forecasting results are shown with observed community compositions and linear forecasting results (seven-day-ahead prediction). For the direct comparison of nonlinear and linear forecasting methods, S-map results with optimized nonlinearity parameter were compared with results of S-map assuming linear dynamics for all

ASVs ($\theta = 0$). Note that forecasting is inapplicable to the beginning of the time-series depending on embedding dimensions and forecasting time steps. A vertical line represents the timing of the greatest community compositional change in each replicate community.



Extended Data Fig. 9 | Candidates of signal indices for anticipating abrupt community changes. Relationships between signal index values and observed community-compositional changes are shown for seven-day-ahead forecasting. For each index of potential early-warning signals, Spearman's correlation with the degree of community-compositional changes (abruptness scores) was examined for each time lag between signal indices and observed abruptness. The indices examined were the energy gap and stable-state entropy of the energy landscape analysis and the local Lyapunov stability and local structural stability of empirical dynamic modeling. Significant/non-significant regressions within respective replicates are shown with solid/dashed lines for each panel.


Energy gap
Water/Medium-A
Soil/Medium-A
Water/Medium-B
Soil/Medium-B
AUC = 0.838
AUC = 0.796
AUC = 0.732
AUC = 0.834
Stable-state entropy
AUC = 0.957
AUC = 0.834
AUC = 0.726
AUC = 0.647
Local Lyapunov stability
AUC = 0.781
AUC = 0.455
AUC = 0.709
AUC = 0.773
Local structural stability
AUC = 0.788
AUC = 0.717
AUC = 0.614
AUC = 0.637
Detection rate
False detection rate
0.00
0.25
0.50
0.75
1.00
0.0 0.2 0.4 0.6 0.8 1.0

Extended Data Fig. 10 | ROC analysis of diagnostic performance. On the two-dimensional surface of detection- and false-detection rates of abrupt community changes (abruptness > 0.5), area under the curve (AUC) and optimal detection rate (asterisk) were calculated (top panels) for local structural stability or energy gap. Optimal diagnostic threshold of local structural stability or energy gap for warning abrupt community changes was then obtained for each treatment based on the Youden index (bottom panels). Not that abrupt community changes were absent in Medium-C treatments and that the threshold for Soil/Medium-B treatment was unreliable due to the small number of time points with abruptness > 0.5 (Extended Data Figs. 3 and 9).