Title: Alcohol dependence modifies brain networks activated during abstinence and reaccess: a

c-fos-based analysis in mice

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Abstract

High-level alcohol consumption causes neuroplastic changes in the brain that lead to negative

affective and somatic symptoms when alcohol is withdrawn, promoting relapse drinking. We have

some understanding of these plastic changes in defined brain circuits and cell types, but unbiased

approaches are needed to explore broader patterns of adaptations. Here, we employed whole-

brain c-fos mapping and network analysis to assess how brain-wide patterns of neuronal activity

are altered during acute alcohol abstinence and reaccess in a well-characterized model of alcohol

dependence. Mice underwent four cycles of chronic intermittent ethanol vapor exposure (CIE)

with alternating weeks of voluntary alcohol drinking, and a subset of mice underwent forced swim

stress (FSS) prior to drinking sessions to further escalate alcohol consumption. After four CIE

cycles, brains were collected from mice in each group either 24 hours (abstinence) or immediately

following a one-hour period of alcohol reaccess. Brains from CIE mice during acute abstinence

displayed widespread neuronal activation relative to those from AIR mice, independent of FSS,

and this increase in c-fos was reversed by reaccess drinking. For network analysis, mice were

then classified as high or low drinkers (HD or LD). We computed Pearson correlations for all pairs

of brain regions and used graph theoretical methods to identify changes in network properties

associated with high-drinking behavior. Network modularity, a measure of network segregation

into communities, was increased in HD mice after alcohol reaccess relative to abstinence. Within-

community strength and diversity measures were computed for each region and condition, and

highly coactive regions were identified. One high-diversity region, the cortical amygdala (COA),

was further interrogated using a chemogenetic approach. COA silencing in CIE mice reduced

voluntary drinking, validating our network analysis and indicating that this region may play an

important but underappreciated role in alcohol dependence.

Introduction

Alcohol use disorders (AUD) are among the most common mental health conditions in developed

countries. The transition from casual alcohol use to dependence results from long-term high-level

alcohol consumption, which promotes a host of persistent molecular and cellular

neuroadaptations across the brain (1,2). While initial alcohol use is motivated by its rewarding

properties, pathological drinking behavior is thought to be driven in part by a constellation of

negative affective and somatic symptoms that arise when alcohol is withdrawn. Alcohol-induced

plasticity of central stress systems is fundamental to this transition, and altered stress responses

may be a predisposing factor in relapse drinking (1,2).

Rodent models of high-level alcohol exposure have enabled mechanistic studies of this plasticity

(3). One such model is the chronic intermittent ethanol (CIE) vapor paradigm, which provides a

robust method of inducing alcohol dependence in rodents. Although differences have been

reported based on strain and duration of exposure, mice exposed to CIE generally display

numerous withdrawal-like symptoms, including enhanced seizure susceptibility (4), locomotor

changes (5), affective disturbances (6), and increased voluntary alcohol drinking (7,8). CIE-

induced increases in drinking can be reliably escalated by administering forced swim stress (FSS)

four hours prior to drinking sessions (9–11), and this CIE/FSS model has greatly facilitated the

study of stress-alcohol interactions in mice.

While these and other models have generated important insight into key neurochemicals and

circuits that contribute to alcohol dependence, existing studies are biased toward brain regions

already established to play a role in addiction (12), leaving a wide knowledge gap concerning

other potentially influential regions. The recent implementation of unbiased whole-brain

approaches and graph theoretical methods has begun to bridge this gap (13). Network-based

methods can provide insight into how the brain produces complex cognitive states and behaviors,

which arise from coordinated activity among groups or "communities" of brain regions (14). A

recent study employed single-cell whole-brain imaging and graph theory to assess the functional

brain networks associated with abstinence from alcohol in CIE mice (15). Relative to casual

drinkers and alcohol-naïve mice, CIE mice displayed a decrease in network modularity after one

week of abstinence, indicating that alcohol-induced plasticity is reflected in broader network-level

changes.

In the present study, we further explored the outcomes of high-level alcohol exposure on brain-

wide c-fos expression and functional brain networks, implementing a distinct methodological

approach to construct our networks. We explored this in the well-characterized CIE/FSS model

of alcohol dependence to gain insight into how stress modulates brain-wide activity patterns to

escalate drinking. C-fos expression was examined at two time points: acute abstinence (24h),

and immediately following a 1h alcohol reaccess period; the latter allowed us to assess how

dependence alters the effects of acute alcohol consumption on neural activity. Whole-brain

immunostaining for c-fos was performed using iDISCO, and c-fos-positive cell counts for 110 brain

regions were obtained using Clearmap automated analysis. Interregional Pearson correlations

were computed to identify functional networks based on patterns of coactivation among brain

regions. We then constructed the functional networks representing the neural state during

abstinence and reaccess in groups selected for low-drinking (LD) and high-drinking (HD)

behavior. We compared global network properties, and for each brain region we also captured

two community-based properties, within-community strength (wcs) and diversity (h), to

understand how individual regions change their connectivity after alcohol exposure. While wcs

captures the strength of a region's connectivity within its assigned community, h captures the

strength of its connectivity to regions of other communities. We identified several high-diversity

brain regions in abstinent HD mice whose diversity coefficient was normalized by reaccess

drinking. Due to their strong connectivity to multiple brain regions, these regions are thought to

exert a disproportionate influence on network activity (14). To test the hypothesis that the activity

of these regions influences drinking behavior in CIE mice during acute abstinence, we then used

a chemogenetic approach to interrogate one of these targets, the cortical amygdala.

Materials and Methods

Subjects

For CIE/FSS studies, male C57BL/6J mice (10 weeks of age) were obtained from Jackson

Laboratories (Bar Harbor, ME). For chemogenetic experiments, 7-week-old male C57BL/6J mice

were obtained in-house from the University of North Carolina. All mice were individually housed,

maintained on a 12-h reverse light/dark cycle, and provided free access to food and water

throughout the duration of the experiments. CIE/FSS and brain tissue harvest protocols were

approved by the Medical University of South Carolina Institutional Animal Care and Use

Committee. Follow-up CIE and chemogenetic studies were approved by the Institutional Animal

Care and Use Committee of the University of North Carolina. All experiments were consistent

with guidelines of the NIH Guide for the Care and Use of Laboratory Animals.

Chronic intermittent ethanol exposure

During a 6-week baseline drinking period, mice had access to a bottle containing alcohol (15%

v/v) for 1 h daily (M-F) beginning 4h into the dark cycle. Mice were then divided into two groups

based on the average intake in the final baseline week. Mice were exposed to either room air

(AIR) or alcohol vapor (CIE) for four consecutive days (16 h on/8 h off) on alternating weeks, with

interleaved test drinking weeks. Blood was collected from the retroorbital sinus or tail once during

each vapor week for determination of blood ethanol content (BEC) using an Analox AM1 Analyser

(Analox Instruments, UK). During test drinking weeks, mice had daily (M-F) 1h access to alcohol

to assess voluntary consumption.

Forced swim stress

During intermittent voluntary drinking weeks, subgroups of AIR and CIE mice underwent forced

swim stress four hours prior to each drinking session as previously described (9,11). Briefly, mice

were placed into a glass cylinder containing 23–25° C water at a depth of 20 cm for 10 minutes.

Mice were placed back into their home cage, which was situated on a heated pad, for 5 minutes,

and then returned to the colony room. Glass cylinders were cleaned between subjects and

nonstressed mice remained in their home cages for the duration.

Brain Tissue Collection

Following the fourth alcohol vapor cycle, mice were provided 1h access to alcohol on days 1 and

2 of test 4. On day 3, FSS groups underwent forced swim stress, and 5h later a subgroup of mice

from all treatment groups were deeply anesthetized with urethane (1.5 mg/kg i.p.) and

transcardially perfused with 10 mL PBS followed by 10 mL 4% paraformaldehyde (PFA) in

phosphate buffered saline (PBS). The remaining mice were provided 1h access to alcohol and

perfused 1h after termination of the drinking session. Brains were immediately extracted following

perfusion, post-fixed for 24 h at 4C in 4% PFA, and transferred to PBS for long-term storage prior

to immunostaining.

iDISCO whole-brain immunostaining

Brains were hemisected approximately 1 mm lateral to the midline, and left and right hemispheres

were collected alternately. Whole-brain immunostaining for c-fos was performed according to

published methods (16). Briefly, hemisected brains were dehydrated in a series of 20%, 40%,

60%, 80%, and 100% methanol in ddH$_2$O (1h each). Brains were bleached overnight in 5%

hydrogen peroxide in methanol, then rehydrated in a reverse series of 100-20% methanol in

ddH$_2$O. Following three washes in PBS, brains were washed in PBS/0.2%Triton-X-100,

permeabilized for 2 days at 37C in a solution containing 0.3M glycine and 20% DMSO in

PBS/0.2% Triton-X-100, blocked for 2 days at 37C in PBS/0.2% Triton-X-100/10% DMSO/6%

donkey serum, and incubated for 7 days in primary antibody (rabbit anti-cFos, 1:2000; Synaptic

Systems #226-003) in PBS/0.2% Tween-20/10% DMSO/6% donkey serum and 10 ug/mL

heparin. Following a wash step in PBS/0.2% Tween-20/heparin, brains were incubated in

secondary antibody (donkey anti-rabbit Alexa Fluor 647, Thermo Fisher Scientific #A-31573) at

1:500 in PBS/0.2% Tween-20/10% DMSO/6% donkey serum/heparin for 7 days. Brains were

washed again with PBS/0.2% Tween-20/heparin, then dehydrated a second time in a decreasing

series of 20-100% methanol in PBS as above. The next day, brains were incubated in a solution

of 66% dichloromethane/33% methanol for three hours, then two consecutive times in 100% DCM

for 15 min each. After incubation in DCM, brains were transferred to a clean tube containing

dibenzyl ether until imaging.

Light sheet imaging

Cleared brain hemispheres were imaged in the sagittal orientation using a light sheet microscope

(Ultramicroscope II, LaVision Biotec, Bielefeld, Germany) with an Olympus MVPLAPO 2X/0.5

objective and an Andor Zyla 5.5 camera. The dorsal surface of the brain was oriented closest to

the light sheet, and images were collected using ImspectorPro software. Scans were performed

using three angled light sheets, a light sheet numerical aperture of 0.026, sheet width of 100%,

and Z step of 6 um. Brains were imaged in the 488 nm channel at 0.8x magnification for detection

of autofluorescence as a single Z stack. The 647 nm channel was imaged at 2x magnification to

image c-fos stained nuclei in 35-48 tiles (adjusted based on sample size). The field of view was

cropped to 1000 x 1000 pixels, and stacks were acquired with a 10% overlap in X and Y. In a

separate image processing step, tiled images were aligned using the Imaris Stitcher.

ClearMap Analysis

Open source ClearMap 1.0 software was used to analyze c-Fos-positive cell counts across

brain regions using previously described methods (16). The scripts were implemented in Python

2.7 on a Dell Precision Tower 5810 running Ubuntu 16.04 LTS. Cell detection parameters

included cell shape parameter threshold set to 8 pixels in diameter, and Difference of Gaussian

smoothing was performed using a kernel of 8 x 8 x 4 voxels. Detected cells were registered to

the Allen Brain Atlas 25 μm map using 3D transformation between the 647 and 488 channels,

and the 488 channel and the Allen Brain Atlas map, in order to compute c-fos-positive cell

counts for each region.

Functional network construction

We used the c-fos-positive cell counts to compute the between-subjects Pearson correlation

coefficient r for all pairs of brain regions (110 regions) and defined it as our measure of functional

connectivity. Because thresholding is arbitrary and may introduce biases such as false negatives

and network density differences that skew group comparisons (17–19), and bias from data

acquisition artifacts can cause false strong correlations, we chose not to apply thresholds. We

constructed our networks as full correlation matrices, resulting in signed (positive and negative),

undirected, weighted functional networks representing the neural state of each condition. Each

node in the network was labeled with its anatomical group according to the Allen Brain Atlas.

Network comparisons

To compare network properties among the four treatment groups (LD-abstinence, LD-reaccess,

HD-abstinence, HD-reaccess), for each metric of interest we computed the empirical difference

D^{emp} between groups and built a null model via a permutation procedure. First, we shuffled the

condition labels among subjects without replacement, reconstructed the networks, and calculated

the metrics and their condition difference D^{null} under the random null hypothesis. If the metric was

community-based, we used the empirical community partitions in the null model networks. We

built a null model distribution based on 10000 permutations. Finally, we calculated a p value for

each comparison, defined as the proportion of the D^{null} distribution that can explain D^{emp}, $p = (D^{emp}$

$– D^{null}) / N - 1$, where N = 10000. The level of significance for each comparison was α = 0.05, and

FDR correction of the p value was performed in nodal level comparisons.

Community detection and global metrics

Many network properties arise from the configuration of nodes into complex network-wide

interaction patterns, described as communities, clusters, or modules. To capture community

structures, we used a pipeline largely developed by a previous study on multiscale hierarchical

consensus clustering (HCC) (Jeub et al., 2018). We computed three global level metrics for each

network: mean functional connectivity (mean *r*); anatomy-based modularity, which is the

modularity quality function calculated using the anatomical groups for the community partition;

and community-based modularity, calculated from the finest partition of the HCC procedure. We

compared these metrics among the four treatment groups. To identify changes in the position of

importance of individual brain regions among treatment conditions, and to examine how

interactivity with other regions contributed to these changes, we computed two metrics to capture

the position of a node within its network: within-community strength (wcs) and the diversity

coefficient (h). For details of the community detection procedure and network metric calculations,

see *Supplemental Methods.*

All network analysis was performed using R 4.0.2 (R Core Team, 2021) in Rstudio1.3.959

(RStudio Team, 2020), and the packages igraph (Csardi & Nepusz, 2006), boot (Canty & Ripley,

2020), data.tree (Glur, 2020), statGraph (da Costa et al., 2020), ggplot2 (Wickham, 2016), ggpubr

(Kassambara, 2020), pracma (Borchers, 2021), psych (Revelle, 2021) and custom codes

translated from Matlab from the Brain Connectivity Toolbox https://sites.google.com/site/bctnet/.

All   the   codes   used   in   this   study   can   be   found

at https://github.com/coelhocao/Brain_Network_analysis.

Chemogenetic silencing of cortical amygdala neurons

8-week-old mice were stereotaxically injected with AAV8-hSyn-hM4Di-mCherry or control AAV8-

hSyn-mCherry virus in bilateral COA (coordinates: -1.7 AP, +-2.8 ML, -5.9 DV). Because c-fos

counts were elevated in CIE mice in both anterior and posterior COA, we chose relatively central

injection coordinates that would allow viral diffusion to both subregions (20). Following a 2-week

surgical recovery period, mice underwent 4-5 weeks of baseline drinking and 4 cycles of CIE as

described above. Beginning in test 3, mice received daily i.p. saline injections 30 minutes prior

to voluntary drinking sessions. On drinking day 3 of test 4, corresponding to the day of brain tissue

harvest for iDISCO in the previous cohort, mice received an i.p. injection of 3 mg/kg CNO 30

minutes prior to drinking. The following week, sucrose preference tests were performed. Mice

were given 2h access to either water 5% (w/v) sucrose solution for habituation on the first day.

On the following two days, mice received an i.p. injection of either saline or 3 mg/kg CNO, and 30

min later were given 1h access to sucrose or water. One week after sucrose testing, locomotor

activity was tested 30 min following a 3 mg/kg CNO injection using a SuperFlex boxes (Omnitech

Electronics, Accuscan, Columbus, OH). At the completion of all behavioral experiments, mice

were perfused and brains extracted for verification of viral placement.

Data analysis

C-fos count data were analyzed by 2-way ANOVA and Tukey's post-hoc tests using R software.

The level of significance for each comparison was $\alpha = 0.05$, and an FDR of 5% was applied to

correct for multiple comparisons. For drinking experiments, fluid consumption was determined

by weighing bottles before and after drinking sessions. An empty cage mounted with a bottle

containing the indicated fluid (alcohol, water, or sucrose) was used to estimate weight loss due

to fluid drip, and drinking values were corrected accordingly. Consumption was expressed as

g/kg body weight (adjusted for respective fluid density). Drinking data and behavioral data were

analyzed in Prism using 2-way or 3-way ANOVA as appropriate followed by Tukey's post hoc

testing. Alpha was set at 0.05 for all comparisons.

Results

Chronic intermittent ethanol vapor increased voluntary ethanol drinking

To explore the effects of alcohol dependence on brain-wide patterns of c-fos activation, we used

the CIE/FSS paradigm, a well-characterized model of alcohol dependence and stress-induced

escalation of drinking. After establishing stable baseline drinking, mice underwent four cycles of

CIE vapor or air exposure with alternating weeks of alcohol drinking, and a subset was

subjected to 10 minutes of forced swim stress 4 hours prior to each voluntary drinking session

(Figure 1A). Consistent with the established model, CIE mice displayed an increase in voluntary

alcohol drinking that was statistically significant in tests 3 and 4 (Fig 1B, main effect of group

$[F(3,44)=19.53, p<0.0001]$; group x week interaction $[F(12,176)=12.12, p<0.0001]$; test 3, CIE

vs. AIR, $p=0.0001$). This effect was enhanced when CIE mice underwent FSS prior to drinking,

whereas FSS had no effect on drinking in controls (test 4, CIE vs. CIE FSS, $p<0.05$; AIR vs AIR

FSS, $p=0.78$). BECs did not differ between CIE and CIE+FSS mice during any week of vapor

exposure (Fig 1C, CIE vs. CIE FSS $[F (1, 25) = 0.002456, p=0.96]$). On the day of brain tissue

harvest, one group of mice was sacrificed without alcohol drinking (abstinence), while the

remaining mice were given 1h of alcohol reaccess prior to sacrifice. As expected, alcohol

consumption in the subset of mice that drank on the day of sacrifice was representative of the

cohort as a whole, where CIE mice drank more than both AIR and AIR+FSS groups, and

CIE+FSS tended to further escalate drinking (Fig 1D, significant effect of group $[F (3, 44) =$

$34.82, p<0.0001]$; CIE vs. AIR, $p<0.0001$; CIE vs. AIR+FSS, $p=0.0001$; CIE vs. CIE+FSS,

$p=0.004$).

Alcohol withdrawal causes widespread neuronal activation in CIE mice

We next used the iDISCO protocol to perform whole-brain c-fos immunolabeling and clearing of

hemisected brains, followed by light sheet imaging and ClearMap automated analysis.

ClearMap is a well-validated method for quantifying the number of c-fos-positive cells in brain

regions registered to the Allen Brain Atlas. Figure S1A-D shows representative images of c-fos-

stained nuclei in cleared brain tissue, and Figure S1E-F shows associated c-fos counts from

selected brain regions. A complete list of included brain regions and raw c-fos counts from

individual subjects is included in Tables S3 and S4. We first assessed the impact of CIE and

FSS on neuronal activation at the abstinence time point by conducting two-way ANOVAs on raw

c-fos counts for individual brain regions. Using a false discovery rate of 5% to account for

multiple comparisons, regions with raw p values <0.0063 were considered statistically

significant. CIE produced widespread increases in c-fos expression, with the effect size

reaching significance in 40 regions (Figure S2, main effect of CIE): lzHY, BA, PAA, SI, COA,

PA, SOC, PVZ, NLOT, BST, VIS, MEA, ARH, MRN, MA, BMA, PRN, PIR, STR, PT, DORsm,

AAA, CA2, PB, SPF, IA, CA3, SCm, PV, STRd, CUN, CA1, PVH, PAG, STRv, OT, ENT, SCs,

PPN, and sAMY. FSS increased c-fos in four regions, comprising the primary sensory cortices

(SS, AUD, and VIS) and the sensory-related superior colliculus (SCs). While FSS showed a

tendency to augment the increase in c-fos driven by CIE, no FSS x CIE interaction was detected

for any region. A complete list of statistical results including post-hoc test results for each region

is available in Table S5.

Alcohol reaccess drinking differentially affects c-fos in high and low drinkers

A low n (n=3) in the AIR reaccess group due to a tissue processing error precluded a full group

analysis for the reaccess condition. Because we detected minimal effects of FSS on c-fos

counts, and network analyses are highly susceptible to errors driven by a small sample size, we

collapsed the four groups (AIR, AIR FSS, CIE, and CIE FSS) into two groups comprising high

and low alcohol drinkers (HD and LD) for subsequent analyses. Drinking values from tests 3

and 4 were averaged to minimize the influence of daily variability in drinking, and mice

averaging at least 2.7 g/kg/h were designated as HD mice; this group comprised CIE and CIE

FSS mice, with only one CIE mouse reassigned to the LD group (Figure 1E). We then explored

the patterns of c-fos activation associated with differential drinking behavior. Two-way ANOVAs

were conducted on raw c-fos counts for individual brain regions, with drinking history and

reaccess as the independent variables. Using a false discovery rate of 5% to account for

multiple comparisons, regions with raw p values <0.0082 were considered statistically

significant. Reaccess alcohol drinking had a main effect to increase c-fos in STRd, while it

decreased c-fos in four regions: SCm, SCs, VIS, and GENv (Figure 2). There were 13 regions

with a significant effect of drinking history (HD vs. LD): AAA, BA, IA, STR, STRd, TEa, VIS,

CLA, COA, NLOT, PAA, lzHY, PIR. In each of these regions, HD mice had higher c-fos than LD

mice, driven primarily by the elevated c-fos during abstinence. The most prominent result of this

analysis was observed in the interaction between reaccess drinking and drinking history: 34

regions showed differential effects of reaccess drinking in LD vs. HD mice, where drinking

increased c-fos in LD mice but suppressed c-fos in HD mice. These regions included CA1, CA2,

CA3, DG, BST, BA, MEA, MS, SI, VIS, BMA, PA, SPF, DORsm, CUN, MRN, PAG, PPN, RN,

SCm, SNc, SNr, COA, NLOT, PAA, ARH, DMH, lzHY, mzHY, PV, PVZ, VMH, PB, and PRN

(Figure 2). Statistical results including post-hoc test results for each region are included in Table

S5.

Chronic alcohol and reaccess drinking reorganize functional brain networks

We next performed a network analysis to assess how a history of high-level alcohol exposure

and/or reaccess drinking changed the patterns of coactivation among brain regions. We built fully

connected, undirected, signed, weighted networks for the LD abstinence, LD reaccess, HD

abstinence, and HD reaccess conditions, generated from between-subject interregional

correlations (Figure 3A-D). The hierarchical consensus clustering procedure revealed a nested

community structure in which the networks were divisible into smaller clusters of increasingly

strong interregional correlations for up to 6 levels (Figure 3E-L). This hierarchical organization

was statistically above chance and consistent with observations in anatomical human and rodent

networks (Jeub et al., 2018). The network communities for each condition are shown in Figure 4.

We next computed the adjusted mutual information (AMI) between the HCC community partitions

and the anatomical group partitions as defined by the Allen Brain Atlas (Figure S3). AMI indicated

a high degree of overlap between HCC and anatomical clusterings for all four groups. This finding

is represented in Figure 4, where communities are largely composed of multiple regions from the

same anatomical group, specifically the polymodal association cortices, hippocampal formation,

and cerebral, thalamic, and hypothalamic nuclei. This partial correspondence between the

functional communities and anatomical groups was observed in all conditions and indicates that

the HCC communities may be capturing interaction patterns of coordinated regions belonging to

both the same and different anatomical systems, revealing information exchange across systems.

For each network, we calculated the mean functional connectivity (FC), anatomical modularity,

and hierarchical consensus clustering (HCC) modularity (Table S1). Whereas anatomical

modularity is calculated given the anatomical groups from the Allen Brain Atlas, HCC modularity

is computed using the communities derived from HCC clustering. Because only a single network

was generated for each condition, we made statistical comparisons between group pairs by

computing the empirical difference between groups and building a null model using a permutation

procedure (Table S2). Mean FC was not statistically different among the groups (Table S2).

However, there was a significantly lower anatomical modularity in the HD-abstinence network

compared to HD-reaccess network, indicating that reaccess alcohol drinking increased the

interactivity of intra-anatomical groups in HD mice. This effect of reaccess alcohol on anatomical

modularity was not observed in LD mice. We also observed a higher HCC modularity in the HD-

reaccess network compared with both HD-abstinence and LD-reaccess networks (Table S2).

These differences are visualized in Figure 3A, where the HD-reaccess network has a larger

number of negative correlations (shown in blue) than the HD-abstinence and LD-reaccess groups,

resulting in more segregated communities.

Chronic alcohol and reaccess drinking alter regional connectivity metrics

One of the goals of our study was to identify brain regions that significantly change their interaction

patterns following chronic alcohol exposure, and to understand how such changes reflect the

community structure and overall change in brain state. After performing hierarchical consensus

clustering and obtaining the functional communities, we computed the within-community strength

(wcs) and diversity coefficient (h) for each region given its community allegiance and compared

these metrics among conditions in a pairwise manner. Wcs captures the strength of a region's

connectivity within its assigned community, whereas h captures the strength of its connectivity to

other communities. Figure 5 shows the regions that were statistically different in these two-by-two

comparisons (Fig 5A-F); a complete table of significant results is available in Table S6. Overall,

relatively few regions showed significant changes in wcs between conditions. The substantia

innomminata (SI) was significant in two comparisons; wcs was higher in HD relative to LD mice

in the abstinence condition (Figure 5A, $p<0.05$), and reaccess drinking increased wcs of the SI in

LD mice (Figure 5B, $p<0.05$). Interestingly, the SI also showed different community associations

in HD and LD mice (Figure 4); in HD mice, it was part of a large densely connected community

spanning multiple anatomical groups, whereas in LD mice, regardless of reaccess alcohol

drinking, it was part of a smaller cluster composed mainly of other cerebral nuclei. Thalamic

regions also showed significant wcs differences across conditions, although this was not specific

to any one subregion. Reaccess drinking increased the wcs in several thalamic subregions in LD

mice (Figure 5B), whereas in HD mice, alcohol reaccess reduced wcs in many thalamic

subregions (Figure 5C).

We observed a similar pattern of results for the diversity coefficient (Figure 5D-F). Broadly,

diversity coefficients for many regions were higher in HD than LD mice during abstinence (Figure

5D). Reaccess alcohol intake had opposite effects in HD and LD mice, reducing diversity across

many regions in HD mice (Figure 5F), but increasing it in LD mice (Figure 5E). To identify regions

of high importance, whose diversity coefficient changed across multiple conditions, we

represented the mutually significant regions in a Venn diagram (Figure 5G). We were particularly

interested in regions that showed an elevated diversity coefficient in HD mice during abstinence

that was reduced by reaccess drinking; activity in these regions could be contributing to the high

levels of c-fos activation occurring across communities during the abstinence condition, which

may contribute to the elevated drive to drink alcohol in these subjects. Regions fitting these criteria

included the DG and CA3 in the hippocampus, as well as four regions that were significant across

all three comparisons: three olfactory regions—cortical amygdala (COA), nucleus of the lateral

olfactory tract (NLOT), and piriform-amygdalar area (PAA)—as well as the bed nucleus of the

accessory olfactory tract (BA), an anatomically adjacent structure with vomeronasal functions

(21). Interestingly, the diversity coefficient of these four regions was reduced by reaccess alcohol

in LD mice, suggesting that acute modulation of these areas by alcohol may result in long-term

changes in functional connectivity with repeated high-level exposure.

Inhibition of cortical amygdala neurons reduces drinking in CIE mice

Our network analysis identified several regions with higher diversity in the HD abstinence

condition compared to LD-abstinence and HD-reaccess, suggesting these regions may have an

important influence on cross-community network activity during abstinence and contribute to the

heightened brain-wide activity that we suspect drives relapse drinking. We chose to test this

hypothesis in one region, the COA, a chemosensory brain region known to mediate odor

influences on motivated behaviors. The COA exhibits reciprocal connections with a number of

subcortical areas implicated in alcohol dependence—basal forebrain, BNST, hypothalamus,

thalamus, and brainstem—and also projects densely to CeA (22). Using designer receptors

exclusively activated by designer drugs (DREADDs) (23), we inhibited this brain region during

an alcohol reaccess session. Mice were stereotaxically injected with an AAV expressing either

hm4di-mcherry or mcherry control virus in bilateral COA, and following a recovery period,

underwent 4-5 weeks of baseline drinking followed by four cycles of CIE (Figure 6A). Mice

received saline injections 30 minutes prior to each drinking session beginning in test 3, which is

reflected in a reduction in drinking in both AIR and CIE mice at this time point (Figure 6G).

However, this did not obscure an effect of CIE, which significantly increased drinking in tests 3

and 4 (Figure 6G). Following the fourth week of vapor exposure during drinking test 4, mice

were given 3 mg/kg CNO 30 minutes prior to drinking during the third daily drinking session.

Because individual mice exhibit high variability in day-to-day drinking, alcohol intake following

CNO was compared to the average consumption on the three surrounding days when mice

received saline injections (Figure 6I). CNO reduced drinking selectively in CIE mice expressing

the hm4di virus (3-way-ANOVA, trend for CNO x CIE x virus interaction, p=0.056, CNO x CIE

interaction, p=0.0024, CIE hm4di CNO vs. CIE hm4di saline, p=0.0002, CIE mcherry CNO vs.

CIE mcherry saline, p=0.24). We also computed the percent change in drinking for individual

mice and detected a significant effect of CNO in CIE hm4di mice only (one-sample t-test, CIE

hm4di, p=0.0005, all other groups, p>0.18, Figure 6J). To determine if the reduction in drinking

with CNO in CIE hm4di mice was selective to alcohol, we performed a test of sucrose

consumption the following week. There was no effect of CNO on sucrose consumption, water

consumption, or sucrose preference (Figure 6K-M). However, we did detect a main effect of

hm4di virus to reduce sucrose consumption (3-way-ANOVA, p=0.03, Figure 6K). We also

tested whether the reduction in alcohol consumption could be due to an overall reduction in

locomotor activity; no differences in distance traveled or mean velocity were detected in a 30-

minute test of locomotion performed 30 minutes following a CNO injection (Figure 6N,O).

Discussion

Using whole-brain c-fos mapping and network analysis, we demonstrated that acute (24h) alcohol

abstinence in high-drinking, CIE- and CIE/FSS-exposed mice produces widespread neuronal

activation and changes in network community architecture marked by increased cross-module

communication of multiple brain regions. Alcohol reaccess drinking suppressed this increase in

neuronal activation and reversed the abstinence-induced changes in coactivation, increasing

brain modularity. We identified several olfactory brain regions, including the COA, as potentially

important drivers of cross-community neural activation during withdrawal. Gi-DREADD-mediated

inhibition of the COA reduced voluntary drinking during acute abstinence in CIE mice, validating

our network approach and suggesting that the COA, and other olfactory-associated brain regions,

may be novel regions of importance for alcohol dependence.

Prior studies have assessed c-fos activation following acute and chronic alcohol intake, but this

is the first to assess global c-fos patterns during acute alcohol abstinence and following alcohol

reaccess in the CIE model. We identified a large number of activated brain regions during alcohol

abstinence not restricted to those previously implicated in alcohol drinking. Chronic alcohol-

induced molecular and cellular neuroadaptations, such as reduced inhibitory neurotransmission

via GABAa receptors and increased excitatory glutamatergic transmission (24), produce a state

of hyperexcitability during withdrawal. This is reflected in elevated c-fos, and given that alcohol's

pharmacological effects extend to the whole brain, the global nature of these changes is

unsurprising. Upon re-exposure to alcohol, binge-level alcohol consumption in high-drinking mice

suppressed the withdrawal-induced increase in c-fos, consistent with alcohol's depressant effects

at high concentrations. A recent study examining the time course of c-fos expression post CIE

exposure made similar observations, albeit in a more restricted set of brain regions (25). This

study showed reduced c-fos expression during acute alcohol vapor-induced intoxication, but

increased c-fos across most regions at 26h of withdrawal, supporting the notion that acute

abstinence represents a state of global hyperexcitability in dependent mice and that c-fos reliably

indicates these changes.

The interaction between drinking history (HD vs LD) and reaccess alcohol drinking was significant

for a large number of brain regions. Whereas reaccess drinking suppressed c-fos in HD mice, it

increased c-fos in many of the same brain areas in LD mice. Consistent with the latter, studies

of alcohol-induced IEG expression in rats and mice, focusing on addiction-related brain regions,

show nearly universal increases in c-fos following acute i.p. injection or voluntary consumption of

1-4 g/kg alcohol in naive animals or following short-term repeated exposure. The differential

response of HD and LD mice to acute alcohol may be due in part to differing alcohol doses, as

HD mice consumed approximately double the volume of ethanol as LD mice. However, this

difference might also reflect the neuroplasticity resulting from chronic high-level alcohol exposure

that changes its pharmacological outcome. Interestingly, although LD and HD mice had different

baseline c-fos values during abstinence, and consumed very different amounts of alcohol, c-fos

counts post-drinking were similar for most regions. This suggests that mice drink until reaching a

similar homeostatic point, and allostatic mechanisms in dependent mice increase the amount of

alcohol required to attain homeostasis. The regions affected include many already implicated in

drinking, such as the extended amygdala and lateral hypothalamus, as well as many understudied

regions such as the substantia innominata.

One goal of our study was to gain insight into how FSS promotes increased drinking in CIE mice.

We found that 4 hours post FSS, there was increased activation of sensory-related systems in

both AIR and CIE mice, specifically in the auditory, somatosensory, and visual cortices, and in

the sensory-related superior colliculus. Sensory hyperreactivity is a known consequence of acute

ethanol withdrawal (26), and FSS may exacerbate this state in CIE mice by further disrupting

sensory processing. Although we did not detect a statistical interaction between FSS and CIE for

any region, CIE mice that underwent FSS showed a tendency toward further elevation of c-fos

across many brain regions during abstinence, in particular the cerebral nuclei, hippocampus, and

olfactory regions. Consistent with this, a recent whole-brain c-fos mapping study in mice found

that acute stress increased c-fos across a majority of brain regions examined, supporting the idea

that stress promotes widespread increases in activation (27). This trend for increased c-fos

following FSS was not observed in AIR mice, coinciding with their lack of escalation in drinking.

Mice exhibit hormonal and behavioral habituation to repeat stressors, including FSS (28),

suggesting AIR mice may have adapted to FSS over time. CIE mice show an elevated

corticosterone response to a single FSS (29), and may show differential adaptation to repeat FSS

due to alcohol dysregulation of stress systems (30), although this was not explicitly assessed.

Given the timing of tissue collection—four hours post stressor—differences in stress recovery

between AIR and CIE may be particularly important, and this is an interesting area for future

study.

When we analyzed how these global c-fos changes translated into network function changes,

several patterns emerged. During abstinence, there were no differences between LD and HD

mice in general network features such as mean functional connectivity or modularity; however,

the community configurations differed, and many regions in the HD abstinence group had an

increased diversity coefficient, indicating substantial coactivation with regions outside of their

assigned communities. Following reaccess drinking, network properties were significantly altered

in HD but not LD mice. Alcohol reaccess increased HCC modularity in HD mice, indicating that it

increased the segregation of the communities identified by HCC, and also increased anatomical

modularity, indicating greater interactivity of intra-anatomical groups. Similarly, alcohol reaccess

reduced the diversity coefficients in many regions in HD mice, indicating lower inter-community

connectivity, consistent with the increase in modularity.

In previous work in CIE mice, assessed after one week of alcohol abstinence, reduced modularity

was found to be the major hallmark of abstinence (15), and this was also observed for several

other drugs of abuse (31). Modular organization, where neural elements form strong within-

module connections and weak inter-module connections, is a feature of complex networks that

supports specialized processing (32). We did not detect a reduction in overall brain modularity

during abstinence, but the increase in inter-module connectivity of many regions suggests similar

functional changes at the circuit level in our model. Increased modularity following alcohol was at

least partly due to an increase in negative correlations resulting from alcohol inhibition of circuit

activity. Acute withdrawal may produce nonspecific activation of extraneous circuits, in essence

increasing the noise in the system, and drinking may increase modularity by suppressing this

inappropriate circuit activity. The alcohol-dependent brain may therefore function more efficiently

after alcohol reaccess, contributing to the drive to consume alcohol.

Our network findings echo those of two recent human fMRI studies, where alcohol-dependent

subjects showed changes in the network community structure at baseline, and relapse caused

the community configuration to become more similar to that of control subjects. In one study,

abstinent drinkers displayed increased global cross-community interaction of the vmPFC,

particularly with the visual-cortex containing community, and this difference was reversed

following relapse (33). Similarly, we observed a significantly elevated diversity coefficient in

abstinent HD mice in PL, ILA, and ACA, rodent correlates of human PFC (34); while reaccess

tended to attenuate these diversity measures in high drinkers, this finding did not reach

significance. In another human imaging study, basal ganglia and thalamic nodes had different

community associations in heavy drinkers compared to controls during abstinence, and returned

to similar configurations as controls following relapse (35). However, modularity was not different

in drinkers relative to controls either before or after relapse. In line with our findings, these two

studies suggest that in alcohol-dependent human subjects, drinking normalizes aspects of

network function that have likely been disrupted by chronic alcohol use, although baseline genetic

contributions to the observed phenotypes cannot be ruled out.

Network analysis pointed to a cluster of anatomically adjacent olfactory-related brain regions

that may be particularly susceptible to modulation by both chronic alcohol and reaccess

drinking. These included the COA, PAA, NLOT, and BA, which showed increased c-fos

activation after reaccess alcohol in LD mice, and increased c-fos during abstinence in HD mice

that was reversed by reaccess drinking. Similar patterns were observed for network diversity

coefficients. One possible explanation for these effects is that chronic alcohol vapor inhalation

damages peripheral olfactory pathways. While this has not been studied in the CIE model,

evidence in rodents shows that acute alcohol inhalation causes olfactory neuronal death, as well

as retrograde changes in the hippocampus, another high-diversity region in our study. Alcohol-

induced olfactory changes are not specific to the vapor route of administration, however.

Chronic alcohol drinking causes olfactory damage in both humans and rodents (36–38). In

humans, alcohol has acute dose-dependent effects on olfaction, where low-dose drinking

increases olfactory perception, and high-dose drinking blunts olfaction (39). Thus, alcohol can

both acutely alter olfaction and lead to chronic changes in olfactory brain regions over time,

even when consumed orally. Our DREADD experiment supports the role of cortical amygdala in

withdrawal-induced drinking, and the other olfactory regions identified are predicted to have

similar effects. These regions and their differential modulation by alcohol may serve as useful

biomarkers for alcohol misuse. Interestingly, chronic stress also causes significant olfactory

dysfunction in rodents, mediated in part by changes in the NLOT (40), suggesting that the

olfactory cluster we identified may be an important locus for stress-alcohol interactions.

A key limitation of this study is the use of the collapsed dataset for the network analysis, which

precluded assessing the effects of FSS on network properties in CIE mice. These groups showed

significant differences in drinking behavior, and c-fos counts tended to be higher in CIE+FSS

mice. It is unknown if this would translate into an exacerbation of the observed network changes

in CIE+FSS mice compared to CIE (e.g., further reduced modularity), or if distinct CIE FSS

networks would emerge. However, it is reassuring that a high-centrality target region identified

using the collapsed dataset was validated in a CIE cohort that did not undergo FSS. A more

general limitation of this study is the use of c-fos as a proxy for neuronal activity. Although widely

implemented for this purpose, there are instances in which neuronal activation is independent of

IEG induction—specifically, conditions of chronic activation or net synaptic inhibition (41), as well

as instances of glial c-fos induction in neuroinflammatory states (42). That our c-fos measures

are in agreement with other indicators of neuronal excitability during withdrawal

(electrophysiological, etc.) suggests a neuronal component to our observations; given the

neurotoxic and inflammatory effects of alcohol, a glial contribution is also possible. While our data

demonstrate interesting brain-wide patterns, region-level exploration of specific cell types remains

an important area for future study.

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Conflicts of Interest

The authors have no conflicts to disclose.

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Figure Legends

Figure 1. A, Timeline of chronic intermittent ethanol (CIE) and forced swim stress (FSS)

treatment. Following 6 weeks of baseline drinking with 15% EtOH for 1h daily, mice

underwent four cycles of AIR/CIE. On alternating weeks, mice had 1h daily access to

alcohol. A subset of CIE and AIR mice underwent FSS 4h prior to each drinking

session. On day 3 of test 4, a subset of mice in each group was sacrificed during

abstinence, with the remaining sacrificed following a 1h drinking session ("reaccess").

B, CIE mice increased their voluntary alcohol intake across the four alcohol vapor

exposure cycles. FSS further escalated drinking in CIE but not AIR mice (*, $p < 0.05$ vs.

AIR; ^, $p < 0.05$ vs. CIE). C, Blood ethanol concentrations (BEC) during the four alcohol

vapor exposure weeks. BECs did not differ between CIE and CIE+FSS mice. D, The

subset of mice that drank on the final test day showed expected drinking behavior,

where CIE increased drinking and FSS further escalated drinking in CIE mice (*,$p < 0.05$

vs. AIR; ^, $p < 0.05$ vs. CIE). E, For network analysis, mice were divided into groups of

low and high drinkers (LD and HD, respectively) based on a cutoff of 2.7 g/kg averaged

across tests 3 and 4, indicated by the dotted gray line. Only one CIE mouse, highlighted

in red, showed consumption below this cutoff. During the final reaccess drinking

session, alcohol intake was significantly higher in HD vs. LD mice ($p < 0.05$), with the

group separation indicated by the dotted gray line in 1D.

Figure 2. A, Relative c-fos expression in high- (HD) and low-drinking (LD) mice during

acute (24h) alcohol abstinence and following a 1h alcohol reaccess period. C-fos-

positive cell counts for each region are represented as the percent change relative to

LD mice during abstinence. Regions are grouped by anatomical subdivision according

to the Allen Brain Atlas. * denotes a significant main effect of drinking history; %

denotes a significant main effect of reaccess EtOH drinking; and # denotes a significant

interaction between drinking history and alcohol reaccess (2-way ANOVA with FDR

correction for multiple comparisons). Post-hoc test p-values are available in Table S5.

Figure 3. A-D, Pearson correlation matrices showing interregional correlations for the

110 brain regions included in the network analysis for low-drinking (LD) and high-

drinking (HD) mice during alcohol abstinence and following alcohol reaccess. Regions

are grouped by anatomical division according to the Allen Brain Atlas. E-H, Hierarchical

consensus clustering (HCC) plots illustrating the community partitions of highly

correlated regions. I-L, Correlation matrices derived from the HCC procedure illustrating

the clustering of strongly correlated regions, denoted by darker shades of red.

Figure 4. Network communities for high-drinking (HD) and low-drinking (LD) mice in the

abstinence and reaccess conditions. Regions are color-coded according to anatomical

groups defined by the Allen Brain Atlas. The size of each node in a community

represents the within-community strength, whereas the strength of individual

connections is represented by the edge length, i.e., the distance between nodes.

Figure 5. Significantly different brain regions for within-community strength and diversity

coefficient comparisons. A-C, Differences in within-community strength between high

drinkers (HD) and low drinkers (LD) during abstinence (A), LD abstinence and reaccess

(B), and HD abstinence and reaccess (C). D-F, Differences in regional diversity

coefficients between HD and LD abstinence (D), HD abstinence and reaccess (E), and

LD abstinence and reaccess (F). G, Regions with significantly different diversity

coefficients shared across multiple 2-condition comparisons.

Figure 6. A, Experimental Timeline. Following 5 weeks of baseline drinking of 15%

EtOH daily for 1h, mice underwent 4 cycles of AIR/CIE vapor with alternating weeks of

daily 1h alcohol access. During drinking tests 3 and 4, mice received daily saline

injections 30 min prior to drinking. On day 3 of test 4, mice were injected with 3 mg/kg

CNO instead of saline. B, Viral injection schematic. C-F, Representative images of viral

placements in cortical amygdala showing a subject with anterior placement (C,E) and a

subject with posterior placement (D,F). G, Alcohol intake was higher in CIE than AIR

mice during test weeks 3 and 4, with no effect of mcherry vs. hm4di genotype. H, BECs

were relatively stable in CIE mice across the four vapor exposure weeks. I, Alcohol

drinking during test 4. Mice received saline on days 1, 2, and 4, and CNO on day 3. J,

Data from individual mice showing the percent change in drinking following CNO

administration relative to the average of saline days. CNO reduced drinking selectively

in CIE mice expressing hm4di virus (one-sample t-test, $p < 0.001$). K-M, Sucrose

consumption (H), total fluid consumption (I), and sucrose preference (J) were unaffected

by CNO. We detected a main effect of hm4di virus to reduce sucrose drinking

independent of CIE or CNO treatment ($p < 0.05$). N-O, Locomotor activity measured via

distance traveled (K) and mean velocity (L) did not differ based on virus or CIE

exposure after CNO administration.

Supplemental Figure Legends

Figure S1. A-D, Representative sagittal images of c-fos-stained brain tissue used for

ClearMap automated cell detection in low-drinking (LD) and high-drinking (HD) mice

during alcohol abstinence and following alcohol reaccess. Insets show higher

magnification images of the dentate gyrus (DG, blue) and sensory-motor cortex related

thalamus (DORsm, purple). E, Clearmap-generated cell counts for the DG for the four

treatment groups. During abstinence, HD mice showed higher c-fos expression in the

DG relative to LD mice ($p < 0.05$). HD mice had lower c-fos expression in the DG

following reaccess as compared to abstinence ($p < 0.05$). F, Clearmap-generated cell

counts for the DORsm for the four treatment groups. During abstinence, HD mice

showed higher c-fos expression in the DORsm relative to LD mice ($p < 0.01$). HD mice

had lower c-fos expression in the DORsm following reaccess as compared to

abstinence ($p < 0.001$).

Figure S2. Relative c-fos expression in CIE and/or FSS-exposed mice during acute (24

h) ethanol abstinence. C-fos-positive cell counts are represented as the percent change

relative to AIR mice for each region. Regions are grouped by anatomical subdivision

according to the Allen Brain Atlas. * denotes a significant main effect of CIE; # denotes

a significant main effect of FSS (2-way ANOVA with FDR correction for multiple

comparisons). Post-hoc test p-values are available in Table S5.

Figure S3. A-D, The adjusted mutual information (AMI) between the partition distribution

used in hierarchical consensus clustering (HCC) and the HCC finest partition (in black) or

the anatomical groups partition (in blue) for low-drinking (LD) and high-drinking (HD)

groups in the abstinence and reaccess conditions. The AMI relative to the finest partition

peaked at around 0.8 for the γ values that provided partitions closer to the finest HCC

partition. The γ values at which the HCC finest partition peaked coincided with that at

which the AMI relative to the anatomical groups partition also peaked, though at an AMI

roughly around 0.5. Since AMI is an index where a value of zero means independence

between the two variables compared, these AMI values indicate that the HCC community

partition had a partial agreement with the anatomical groups. E-H, The y(β) distribution

for each group used to compute the partitions in A-D.

LD abstinence

LD reaccess

HD abstinence

HD reaccess