1 2	The intrinsically disordered protein glue of myelin: Linking AlphaFold2 predictions to experimental data
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14 Abstract

Numerous human proteins are either partially or fully classified as intrinsically disordered proteins 15 16 (IDPs). Due to their properties, high-resolution structural information about IDPs is generally lacking. 17 On the other hand, IDPs are known to adopt local ordered structures upon interactions with ligands, 18 which could be e.g. other proteins or lipid membrane surfaces. While recent developments in 19 protein structure prediction have been revolutionary, their impact on IDP research at high 20 resolution remains limited. We took a specific example of two myelin-specific IDPs, the myelin basic 21 protein (MBP) and the cytoplasmic domain of myelin protein zero (POct). Both of these IDPs are 22 known to be crucial for normal nervous system development and function, and while they are 23 disordered in solution, upon membrane binding, they partially fold into helices, being embedded 24 into the lipid membrane. We carried out AlphaFold2 predictions of both proteins and analysed the 25 models in light of previously published data related to solution structure and molecular interactions. 26 We observe that the predicted models have helical segments that closely correspond to the 27 characterised membrane-binding sites on both proteins. We furthermore analyse the fits of the 28 models to SAXS data from the same IDPs. Artificial intelligence-based models of IDPs appear to be 29 able to provide detailed information on the ligand-bound state of these proteins, instead of the 30 form dominating free in solution. We further discuss the implications of the predictions for normal 31 mammalian nervous system myelination and their relevance to understanding disease aspects of 32 these IDPs.

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Introduction 35

The artificial intelligence/machine learning-based algorithms of protein structure prediction, most 36 37 notably AlphaFold2 [1] and RoseTTAFold [2], have recently revolutionised structural biology. AlphaFold2 is trained on crystal structures from the Protein Data Bank, which suggests it will predict 38 39 conformations that one might find in a protein crystal, and for many folded proteins, the predictions 40 are essentially identical to the crystal structure - sometimes even allowing error detection in the 41 experimental structure [3]. With the development of AlphaFold2, the structural coverage of all 42 human protein residues has gone from 48% to 76%. Thus, the number of proteins with no structural 43 coverage is now down to 29% [4]. It is, however, obvious that for intrinsically disordered proteins 44 (IDPs) and flexible multidomain proteins with intrinsically disordered regions (IDRs), AlphaFold2 45 cannot predict a single accurate 3D structure – which in such cases does not even exist.

- 46 Considering the above, the fold predictions of AlphaFold2 seem to be relevant for IDPs [5]. Firstly, 47 AlphaFold2 predicts well regions that will not fold under any normal circumstances [6]. Secondly, it 48 can predict segments that might fold upon binding to other molecules, *i.e.* the predicted structure 49 is that of the protein in complexed form with other proteins or lipid membranes. This context-50 dependent folding has been predicted by other bioinformatics tools before [7, 8], allowing to detect 51 functional regions in IDPs that interact with other molecules.
- 52 IDPs or IDRs do not fold into a stable 3D structure, but rather exist as an ensemble of conformations. 53 Their conformational properties depend on their amino acid composition, and upon molecular 54 interactions, secondary structures do form. IDPs are, hence, physicochemically very different from 55 denatured globular proteins [9]. Due to their specific properties as polymeric chains, several 56 biological functions have been attributed to IDPs and IDRs. These include, but are not limited to, 57 acting as molecular rulers, forming membraneless organelles, protecting from collapse under plant 58 dehydration [10, 11], increasing the avidity of clamp binders [12], and binding to lipid membranes 59 [13]. Conformational plasticity and the ability for context-dependent folding are central for such 60 functions of IDPs.
- 61 The increase in nerve conduction velocity, enabled by the myelin sheath, is mandatory for the 62 normal functioning of the vertebrate nervous system. Myelin is a multilayered proteolipid 63 membrane in the central and peripheral nervous system (CNS and PNS, respectively), which is 64 formed by myelinating glia and wraps around selected axons. The compacted myelin membrane 65 carries a unique set of proteins, which are either integral or peripheral membrane proteins binding 66 two or more lipid bilayers together into multilayers. Myelinating cells express several specific IDPs, 67 which are crucial for the correct formation and stability of the myelin membrane multilayer [14]. 68 Such proteins include the IDPs myelin basic protein (MBP) and periaxin, and the cytoplasmic IDR of 69 myelin protein zero (POct). The folding of disordered myelin proteins has been studied both with 70 the full proteins and with selected peptide segments [15-21], allowing detection of membrane 71 interaction sites and lipid binding-induced folding into helices.
- 72 Intriguingly, many mutations linked to peripheral human neuropathies, mainly different forms of 73 Charcot-Marie-Tooth disease (CMT), are found in IDPs or IDRs in myelin proteins. This highlights the 74 important functional/structural role of these protein segments, whereby they may be important 75 membrane interaction sites or participate in protein-protein complexes. CMT mutations are found 76 in both POct [22-27] and in extended disordered regions of periaxin [28-31]. Puzzlingly, thus far, no 77 mutations in MBP have been linked to any disease, despite its high abundance and apparent 78 importance for myelin structure.
- 79 The high-resolution 3D structure determination of MBP and POct has proven to be difficult, if not 80 impossible, given the futile attempts over the past three decades. Here, we extracted information 81

82 POct. For both proteins, we analyse earlier experimental data in light of the AlphaFold2 models and

83 show that AlphaFold2 models are valuable even in the case of highly flexible, disordered proteins,

84 helping to understand the function and interactions of these proteins at the molecular level.

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86 Methods

87 Generation of molecular models for MBP and POct

AlphaFold2 [1] was run on the Google ColabFold site [32], giving as input only the amino acid sequence of mouse 18.5-kDa MBP isoform and human POct. The resulting 5 models were all relaxed with the Amber implementation in AlphaFold2. The models were used as such for further analyses.

91 SAXS data analysis

92 SAXS data for mouse MBP and human POct from our earlier publications [13, 33] were directly used

93 to assess the fits of the AlphaFold2 models to the experimental data. Specifically, the programs

94 CRYSOL [34], OLIGOMER [35], and EOM [36] were used. R_g values were additionally estimated using

95 the Guinier plot in PRIMUS [35] and with the Debye formalism, as described [37, 38]. D_{max} was

96 manually estimated using GNOM [39], such that the distance distribution had a reasonable shape

97 and the fit to the raw SAXS data was optimal.

98 Bioinformatics and structure analysis

99 Sequence-based predictions for both proteins have been published [40, 41]. The highest-scoring 100 AlphaFold2 models of MBP and POct were docked onto planar and curved lipid bilayers with 101 properties of a eukaryotic plasma membrane, using the PPM server [42]. Visualisation and surface 102 electrostatics calculations were carried out in PyMOL [43] with the APBS [44] plugin. Previously 103 published bioinformatics and structural results were considered and further analysed in relation to 104 the current predictions.

106 Results and Discussion

107 The myelin sheath is a multilayered proteolipid membrane with unique proteins, such as myelin 108 basic protein (MBP), myelin protein zero (PO) and peripheral myelin protein 2 (P2), which all function in the tight stacking of the lipid bilayers, ensuring correct functioning of the myelin sheath. 109 110 Malfunction of this system, for example mutations in myelin proteins or autoimmune attack, results 111 in neurological diseases, such as multiple sclerosis, various types of Charcot-Marie-Tooth disease 112 (CMT), Dejerine-Sottas syndrome, and congenital hypomyelination. While some myelin proteins are 113 structurally well-defined, like P2, there several myelin IDPs that only change their conformation 114 upon different interactions, including MBP and POct.

- 115 Encouraged by work from others on understanding IDPs and their conditionally folded segments 116 [45-47], we set out to analyse earlier experimental SAXS data [13, 33] as well as literature in light of 117 AlphaFold2 models of MBP and POct. We expected to get an improved picture about the folding of 118 these two myelin-specific proteins, when they interact with membrane surfaces, since we expected 119 AlphaFold2 to predict ordered conformations with high confidence. While AlphaFold2 cannot 120 predict accurate atomistic 3D structures for IDPs, and we did not expect high-resolution information 121 on folding, we focused on observing if we can better explain the unique membrane interactions of 122 these two myelin IDPs. Furthermore, AlphaFold2 can predict, which parts of the IDP do not fold 123 upon interactions with other molecules or surfaces.
- 124 For both MBP and POct, data from various biophysical experiments have been published [33, 41, 48-125 53], showing folding of both proteins upon membrane binding, while they remain unfolded in aqueous solution. The regions binding to membranes have been mapped to specific segments, 126 127 mainly those prone to fold into helices according to predictions. Several studies have shed light on 128 more details of membrane binding by focusing on peptides corresponding to the membrane-binding 129 sites. The relation of the membrane-binding sites of myelin proteins with possible autoantigenic 130 epitopes in disease [15, 40], such as multiple sclerosis, together with molecular mimicry of certain 131 viruses like EBV [54], suggests that detailed fundamental studies on myelin protein membrane 132 interactions can give new insights into both myelin biology and pathology. How useful might an Al-133 based prediction of protein 3D structure be in this scenario?

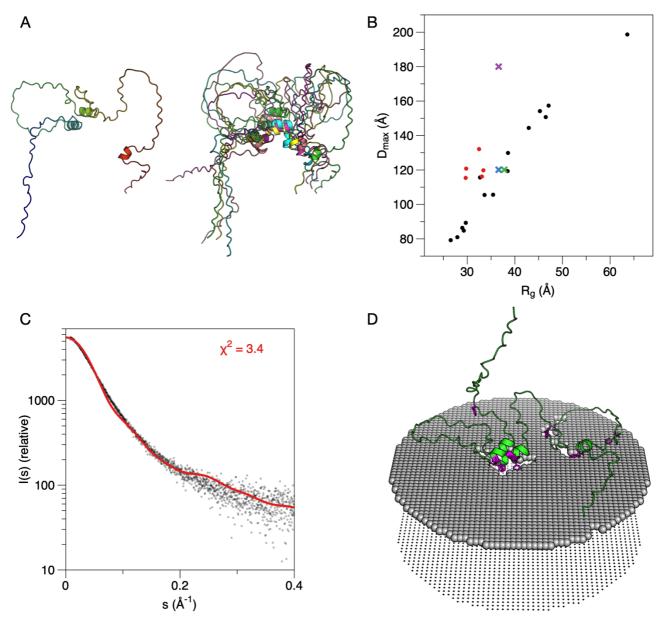
134 Myelin basic protein – the molecular glue in myelin

MBP lacks a well-defined structure in aqueous solution, but it changes conformation depending on 135 136 its interactions and the chemical environment. In fact, its disordered nature was described already 137 nearly 50 years ago, well before IDPs had become a central topic in protein biochemistry [55]. MBP 138 is one of the best-characterized proteins of the myelin sheath, playing a role in many different 139 interactions, oligodendrocyte proliferation, stabilization of myelinogenesis and membrane stacking 140 [56]. The oligodendrocyte lineage (golli) gene gives rise to a variety of MBP isoforms ranging from 141 14.0 kDa to 21.5 kDa, with the 18.5 kDa isoform being the most predominant one in human mature 142 myelin [57]. Furthermore, all isoforms of MBP have a positive charge depending on post-143 translational modifications (PTMs), referred to as C1 to C8, where C1 is the most basic isomer (net 144 charge of +19 at physiological pH), with the least amount of PTMs [58]. The most common PTMs 145 are phosphorylation and citrullination, with the C8 isoform being the least basic isomer having 146 decreased ligand interactions compared to the C1 isoform [59].

147 Despite early support for a β -sheet MBP structure, Mendz et al. suggested in 1990 that certain 148 interaction sites within the molecule form helices when mixed with detergent micelles [60]. 149 Especially this model has been considered for the central helical segment between residues 82 and 150 93 in mouse 18.5-kDa MBP (85-96 in human MBP), and an α -helical model would facilitate 151 interactions with lipid head groups [61]. With the use of electron paramagnetic resonance 152 spectroscopy and molecular dynamics simulations, later studies indicated an α -helical structure for

this segment [62]. The depth profile indicated an amphipathic α -helix penetrating up to 12 Å into 153 154 the myelin-like membrane. MBP has high levels of arginine and low levels of glutamatic acid, which 155 contributes to its basicity, required for its interaction with negatively charged phospholipids. With 156 the less basic isoform C8, the C-terminal region dissociated from the membrane, while the N-157 terminal site was more mobile than for C1 [52]. In the same study, the Phe-86/Phe-87 motif was 158 important for the formation of the helix and its attachment to lipids [52, 59]. Overall, three MBP 159 segments, T33-D46, V83-T92 and Y142-L154, have been experimentally found to be α -helical, 160 located close to the N and C terminus and in the central region of MBP; the formation of these 161 helices is regulated by the local hydrophobic interactions between the nonpolar surface of the helix 162 and the lipid bilayer [57]. Wang et al. further confirmed with SPR that the interactions between MBP and lipid monolayers are electrostatic, and the protein binds strongly with increased fraction of 163 164 negative headgroups [63].

- The most abundant and experimentally best studied isoform of MBP, the 169-residue 18.5-kDa isoform, was used for the analyses here. The five models of MBP predicted by AlphaFold2 are shown in **Fig. 1A**. All 5 models have similar folds and dimensions. The superposition of the obtained models creates a structural ensemble akin to those obtained *e.g.* from EOM based on SAXS data [ref], but in this case, the models are based on sequence alone.
- 170 A more detailed analysis of the predicted structures is, therefore, warranted. A comparison of their 171 R_g and D_{max} to those obtained from EOM is shown in **Fig. 1B**. The AlphaFold2 models apparently 172 have a smaller R_g for the same D_{max} , when compared to the flexible random-chain models produced by EOM – this reflects the presence of folded secondary structure elements in the models; also note 173 174 how the predicted helices tend to cluster together in the models (Fig. 1A). Three helices are 175 predicted in all models (at residue ranges 36-45, 83-92, and 148-153), and these correspond to the 176 membrane- and calmodulin-binding sites identified earlier [18-20, 59] that become α -helical upon 177 binding. This observation indicates that AlphaFold2 has predicted, at least partially, the membrane-178 bound conformation of MBP, rather than the form free in solution.



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Figure 1. AlphaFold2 models of MBP. A. The top ranked (left) model and superposition of the 5 181 obtained models (right). Note how the overall dimensions and shape are similar, and that the three 182 183 short helices cluster in the middle in all cases. B. Comparison of the AlphaFold2 models (red dots) and the EOM ensemble based on solution SAXS data (black dots). The average R_g/D_{max} from EOM is 184 shown with a green cross, the Guinier R_q with Dmax from EOM with a blue cross, and the Guinier R_q 185 186 with manually determined D_{max} from GNOM with a magenta cross. While the models cluster close to the average experimental values from EOM, they systematically have a lower R_a, which is a sign 187 of the presence of folded structure. C. Fit of the top ranked model alone to experimental SAXS data 188 189 [13]. A similar overall shape is obvious, and the fluctuations are related to the secondary structures 190 in the model and their clustering. D. Docking of the top ranked model onto a lipid bilayer surface 191 suggests membrane interactions by the helices and lends support to the hypothesis that the 192 predicted model reflects the membrane-bound state. Phe residues are highlighted in magenta.

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The highest-ranked AlphaFold2 model of MBP provided a reasonable fit alone to the raw experimental SAXS data (**Fig. 1C**). The fit was not improved by fitting all five models simultaneously using OLIGOMER. This does indicate that the top model alone is a reasonable representation of MBP structure – with the caveat that we expect AlphaFold2 to rather predict the membrane-bound

model than the one free in solution. With this in mind, we modelled the AlphaFold2 structure onto 198 199 a membrane surface (Fig. 1D). Whether the MBP helices cluster together on the membrane, as seen 200 in the AlphaFold2 models, is not known. Notably, the two main helices that come together in the 201 models both harbour a double Phe motif, which has been shown to be crucial for MBP function in 202 membrane stacking [64]. MBP compacts drastically upon being embedded between two 203 membranes [13], which are only 3 nm apart, and this clustering of helical segments could be a 204 mechanism of structural compaction. Given that the internal helices of MBP would cluster together 205 as predicted by AlphaFold2, this could represent the intermolecular mechanism that ultimately results in the liquid-liquid phase separation of MBP [64]. In addition, the conformation could 206 207 coarsely represent the formation of a gel-like protein phase on the surface of a lipid bilayer, which 208 we earlier observed using cryo-EM and neutron reflectometry [13].

209

210 The cytoplasmic domain of PO – similar but different to MBP

211 PO is the major protein in the PNS myelin, being primarily expressed in Schwann cells. The Ig-like 212 extracellular domain is the only part of the P0 that has been structurally characterized at atomic 213 detail using X-ray crystallography [65, 66]. The transmembrane domain of full-length PO contains a 214 single α -helix. Within the myelin sheath, the PO is assumed to form homodimers due to the "glycine" zipper" associated with the domain [67]. P0 molecules are believed to oligomerize between proteins 215 located on apposing membranes [68], via both the extracellular and intracellular domains. The 216 217 cytoplasmic domain POct is not only important for membrane stacking at the PNS major dense line, 218 but given its nature as part of a transmembrane protein, it could be involved in PO trafficking, which 219 further is regulated by post-translational modifications in the POct [51].

220 POct is comprised of 69 residues, being disordered in solution and having a high positive charge. 221 However, CMT disease-causing mutations have been identified within this domain [22-27], 222 highlighting its importance for proper myelination. Like MBP, POct folds into helical structures upon 223 interactions with lipid membranes [33, 41]. POct has a strong (+15) positive charge, carrying 21 basic 224 and 6 acidic residues [69]. Full-length PO contains three cysteine residues; Cys21 and Cys98 form 225 the disulphide bond of the extracellular domain. The third cysteine resides in the cytoplasmic 226 domain at the junction between the transmembrane domain and the cytoplasmic tail [70]. This 227 conserved cysteine is an acylation site and often undergoes palmitoylation [70, 71]. A mutation of 228 this residue results in loss in both the attachment of fatty acid and the adhesiveness of PO [72]. 229 When mutated or truncated, the ability of POct to hold two membranes together is lost, suggesting 230 that acylation participates in myelin stability [72, 73]. POct as a free peptide in aqueous solution is 231 unfolded, as determined by CD spectroscopy, but gains secondary structure upon lipid interactions. 232 The folding was earlier suggested to be mostly β -sheets, but later studies strongly support a more α -helical conformation [33, 48]. We showed that full-length PO organises into dimers in a zipper-like 233 234 way when reconstituted into small unilamellar vesicles, and POct in a lipidic environment induced Bragg peaks when subjected to small-angle X-ray diffraction in a concentration-dependent manner 235 [33], indicating spontaneous assembly of ordered semi-crystalline structures. 236

237 POct models are shown in Fig. 2A, and their R_g and D_{max} distribution with respect to EOM results are 238 shown in Fig. 2B. The outcome is similar to MBP, giving a further indication of the shared 239 physicochemical properties between MBP and POct. One helix is predicted at the beginning of the 240 POct; this segment is expected to bind along the membrane surface, and to be anchored to the 241 membrane tightly via both the transmembrane domain and the palmitoylated Cys [21]. A second 242 helix is in the middle region of POct and represents an additional membrane anchor [41]; whether 243 it binds to the same or the apposing membrane in myelin, is currently not known. Mutations D224Y 244 and R227S at this helical site are linked to CMT [22-25, 33, 41]. Intriguingly, this helical site is also a

hotspot for PTMs, such as phosphorylation, that have been linked to the trafficking of PO during myelination [51].

The highest-ranked AlphaFold2 model of POct fits well to the SAXS data (**Fig. 2C**). OLIGOMER fitting of the 5 top models did not improve this fit, and the full EOM ensemble fit only slightly better than

the single predicted model, indicating that the model reproduces well the average size and shape

of POct in solution. Furthermore, the original *ab initio* model built based on the SAXS data [33] again

251 only provides a marginally better fit than the AlphaFold2 model (**Table 1**).

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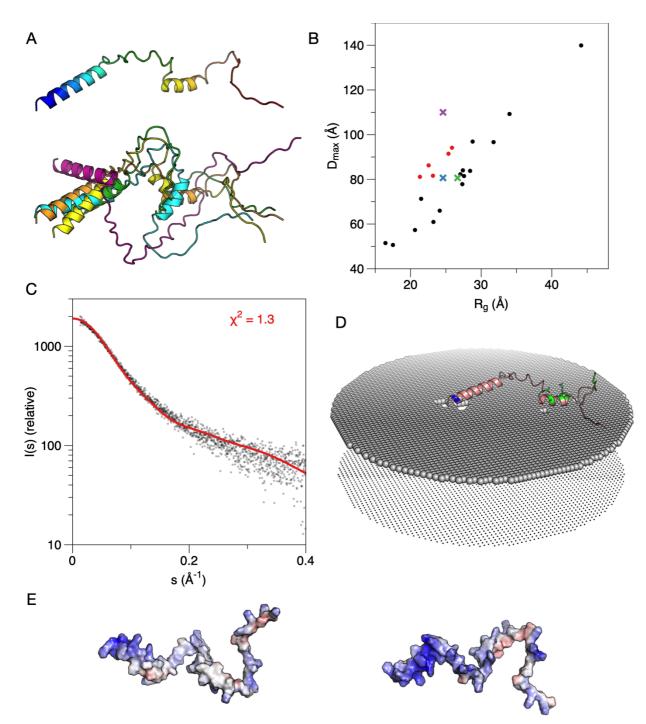


Figure 2. AlphaFold2 analysis of POct. A. The top-ranked model (top) and all five models superimposed (bottom). All models include two helices and have similar dimensions. B. Comparison of the POct AlphaFold2 models (red dots) and the full EOM ensemble (black dots). The green cross indicates the average values from EOM analysis of experimental data [33]. The Guinier R_g with Dmax

from EOM is marked with a blue cross and the Guinier R_g with manually determined D_{max} from GNOM with a magenta cross. C. The top ranked POct model fits the raw SAXS data very well. D. Docking of the POct model onto a membrane surface. Blue indicates the location of the Cys residue close to the transmembrane domain, and CMT mutation sites are coloured green. E. Electrostatic surface of POct from two orientations. The face binding the membrane is hydrophobic (left), while the opposite side is positively charged (right).

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The helices predicted by AlphaFold2 on POct coincide with earlier identified functional segments interacting with lipid membranes (see above). Furthermore, peptides encompassing both of the predicted helices in POct have been used to generate animal models of human autoimmune neuropathies [74]. Hence, these sites are known to show disorder-to-order transitions and either carry point mutations for CMT disease or autoantigenic epitopes that induce experimental autoimmune neuritis and possibly human Guillain-Barré syndrome [41, 75].

271 Interestingly for an IDP, a total of 6 missense mutations have been identified in the P0 cytoplasmic 272 tail, linked to human CMT [22-27]. The location of these mutations in the model is depicted in Fig. 273 2D, which also shows the predicted orientation of the POct model on a membrane surface. 274 Importantly, these mutations are concentrated within the central region of POct, mainly in the 275 membrane-binding helix. Intriguingly, one of them, D224Y, causes both hypermyelination in 276 patients and increased membrane stacking in vitro [24, 41]. The model suggests the CMT mutations 277 in POct could directly affect its membrane interactions in the tightly confined space of the myelin 278 major dense line. The electrostatic potential surface of the P0ct highest ranked model is shown in 279 Fig. 2E, indicating a positively charged face and a hydrophobic surface, compatible with amphipathic 280 membrane interactions. Considering the tightly confined space of the PNS major dense line, we 281 currently cannot be sure whether the middle helical segment of POct binds to the same membrane 282 as the transmembrane domain, or if it reaches over and inserts itself into the apposing cytoplasmic 283 leaflet.

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285 Additional notes on fitting to SAXS data

286 While for both MBP and POct, EOM gives the best fit to the experimental SAXS data, it is quite 287 remarkable how well the single first-ranked AlphaFold2-based IDP models of MBP and POct fit the 288 SAXS data published before. Single *ab initio* models fit the data slightly worse than the full conformational EOM ensembles, showing the presence of several conformations. Especially in the 289 290 case of POct, a single AlphaFold2 model fits very well to the solution SAXS data from recombinant 291 POct. IDPs are often not straightforward cases for SAXS studies, as discussed in recent literature [76]. 292 The data do indicate that single models of IDPs from AlphaFold2 can complement SAXS data and 293 provide reliable representations of the IDP at low resolution. As for folded proteins, therefore, such models can be valuable additions to support experimental data and help in setting up and evaluating 294 295 hypotheses on structure-function relationships.

296 In essence, for both IDPs studied here, the AlphaFold2 models are close to the average D_{max} of the 297 disordered EOM ensemble and the R_g obtained from Guinier plot (Fig. 1B, 2B). On the other hand, 298 D_{max} determined in a traditional way subjectively from distance distribution more estimates the 299 absolute largest D_{max} in the population instead of the average (Fig. 1B, 2B). For IDPs, Debye 300 formalism provides a more relevant R_g than the Guinier plot [37], and indeed, this value is close to 301 that of the EOM ensemble average R_g. From Debye analysis, the R_g for MBP is 42.1 Å and that for 302 POct 26.2 nm. These analyses further indicate that the AlphaFold2 models do not represent the 303 disordered ensembles in solution, but slightly compacted conformations, possibly corresponding to

304 the lipid-bound conformation.

305

306 Table 1. Fits of different models to experimental synchrotron SAXS data. The values given in the 30

307	table are χ^2	for the fit between	model and	experimental	data.
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Protein	MBP	POct
Highest-ranked AlphaFold2 model alone	3.4	1.3
OLIGOMER solution, fitting all 5 AlphaFold2 models	4.3	1.3
Full EOM ensemble	1.0	1.0
Chain-like <i>ab initio</i> model (GASBOR)	1.1 [13]	1.1 [33]

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310 Conclusions

311 The intermembrane compartment harbouring MBP and POct in the PNS, the major dense line, is 312 very tight, with a spacing of only ~3 nm between the bilayers. This indicates, together with the 313 expected molecular dimensions of both MBP and POct, that both proteins must interact with two 314 membranes simultaneously. These interactions are enabled by both the membrane anchor 315 segments forming α -helices as well as the flexible, disordered segments between them. The use of 316 AlphaFold2 models in this short report has highlighted that molecular models can be used to obtain 317 additional details of functional significance in combination with earlier and current experimental 318 data. In some cases, conclusions can be drawn, for example, on the effects of disease mutations on 319 IDP structure and interactions. While the overall 3D structure of an AlphaFold2 model of an IDP will 320 not be accurate, nor does it give much information about conformational ensembles, it does give 321 relevant information about average molecular size and shape, as well as segments that are likely to 322 fold into secondary structure upon molecular interactions. Accordingly, it has not escaped our 323 attention that for both IDPs studied here, the highest-ranked AlphaFold2 model fits the solution 324 SAXS data remarkably well, considering the only input to modelling was the sequence of an IDP. 325 Hence, AlphaFold2 does provide meaningful information on at least the overall size and shape of 326 these IDPs, but it additionally has the power to predict interaction sites and conditionally folded 327 segments linked to them. Hence, in combination with experimental biophysical and structural work 328 on IDPs, the predicted models can help explain molecular mechanisms in IDP biology and disease.

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