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Deficiency in the cell-adhesion molecule *dscaml1* impairs hypothalamic CRH neuron development and perturbs normal neuroendocrine stress axis function

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22 ABSTRACT

23 The corticotropin-releasing hormone (CRH)-expressing neurons in the hypothalamus 24 are critical regulators of the neuroendocrine stress response pathway, known as the 25 hypothalamic-pituitary-adrenal (HPA) axis. As developmental vulnerabilities of CRH 26 neurons contribute to stress-associated neurological and behavioral dysfunctions, it is 27 critical to identify the mechanisms underlying normal and abnormal CRH neuron 28 development. Using zebrafish, we identified Down syndrome cell adhesion molecule like-1 29 (dscaml1) as an integral mediator of CRH neuron development and necessary for 30 establishing normal stress axis function. In *dscaml1* mutant animals, hypothalamic CRH 31 neurons had higher *crhb* (the CRH homolog in fish) expression, increased cell number, and 32 reduced cell death compared to wild-type controls. Physiologically, *dscaml1* mutant animals 33 had higher baseline stress hormone (cortisol) levels and attenuated responses to acute 34 stressors. Together, these findings identify *dscaml1* as an essential factor for stress axis 35 development and suggest that HPA axis dysregulation may contribute to the etiology of 36 human DSCAML1-linked neuropsychiatric disorders.

37 INTRODUCTION

The hypothalamic corticotropin-releasing hormone (CRH)-expressing neurons are the central regulators of the neuroendocrine stress response pathway, known as the hypothalamic-pituitary-adrenal (HPA) axis in mammals or the hypothalamic-pituitaryinterrenal (HPI) axis in fish (Denver, 2009). Upon exposure to environmental disturbances (i.e., stressors), stress-related neural inputs converge on hypothalamic CRH neurons to activate a hormonal cascade that ultimately leads to the release of glucocorticoids, which broadly affects cognitive, affective, metabolic, and immune functions (Spencer and Deak,
2017; McEwen and Akil, 2020).

46 The development of CRH neurons has profound effects on the function of the HPA and HPI axis (collectively referred to as the stress axis). Developmental perturbations of CRH 47 48 neurons, particularly in early-life periods, lead to long-term changes in CRH neuron function 49 (Regev and Baram, 2014). Additionally, rodent models demonstrate that dysregulation of 50 CRH neurons increases anxiety- and depressive-like phenotypes (Keen-Rhinehart et al., 51 2009: Kolber et al., 2010). These studies underscore the need to identify the genes and 52 molecules mediating CRH-neuron development and determine how developmental 53 perturbations affect stress axis function.

54 During early development, hypothalamic CRH neurons are generated from progenitors 55 in the ventral diencephalon (Alvarez-Bolado, 2019; Nagpal et al., 2019; Placzek et al., 2020). 56 Secreted factors including FGF10, SHH, BMPs, and Nodal first define the anterior-dorsal 57 hypothalamic domain; within this domain, CRH neurons are progressively specified by a 58 combination of key transcription factors, including Fezf2, Otp, Sim1, Arnt2, and Brn2. Once 59 specified. CRH neurons require further differentiation, such as neuronal morphogenesis. 60 synaptogenesis, epigenetic programming, and cell death, to establish a functional stressresponsive neural circuit. These later stages of neuronal differentiation are shaped by 61 62 intercellular interactions mediated by membrane-localized cell-adhesion molecules 63 (Moreland and Poulain, 2022). The specific cell-adhesion molecules that mediate developmental signaling in CRH neurons are still unknown. 64

To address this knowledge gap, we utilized zebrafish (*Danio rerio*) as the model. The structure and function of the mammalian HPA axis and the teleostean HPI axis are highly 67 conserved (Wendelaar Bonga, 1997: Lohr and Hammerschmidt, 2011). In mammals, the CRH 68 neurons that are involved in HPA-axis activation are in the hypothalamic paraventricular 69 nucleus (PVN). In teleosts (ray-finned fish), the neuroendocrine preoptic area (NPO) is 70 ontogenically equivalent to the PVN, and CRH neurons within the NPO perform similar roles 71 as their mammalian counterparts (Herget and Ryu, 2015). A unique advantage of the 72 zebrafish system is its rapid and external development. The development of the HPI axis 73 begins between 1-2 days post fertilization (dpf), and stress-induced cortisol signaling and 74 behaviors can be observed at 4-5 dpf (Alsop and Vijavan, 2008; Alderman and Bernier, 2009; 75 Bai et al., 2016). The rapid development and translucency of zebrafish allow direct 76 microscopic observation of CRH neuron development in intact. developing animals.

77 In this study, we investigated the roles of a conserved neuronal signaling molecule— 78 *Down syndrome cell adhesion molecule-like 1* (zebrafish gene: *dscaml1*; mouse gene: *Dscaml1*; 79 Human gene: DSCAML1; Protein: DSCAML1). DSCAML1 is one of two DSCAM family members 80 in vertebrates, the other being DSCAM (Garrett et al., 2012). Unlike invertebrate DSCAMs, 81 vertebrate DSCAMs are not significantly alternatively spliced (Sanes and Zipursky, 2020). In 82 the mammalian retina, DSCAML1 prevents excessive aggregation between cells and 83 promotes developmental cell death (Fuerst et al., 2009; Garrett et al., 2016). DSCAML1 also 84 acts to refine synaptic specificity and synapse number (Yamagata and Sanes, 2008; Sachse et 85 al., 2019). In humans, rare variants in DSCAML1 are associated with several 86 neurodevelopmental disorders, including autism spectrum disorder, cortical abnormality, and epilepsy (Iossifov et al., 2014; Karaca et al., 2015; Hayase et al., 2020; Ogata et al., 2021). 87 88 Genetic and epigenetic studies also implicate *DSCAML1* in the stress response to violent

experiences (Caramillo et al., 2015; Saadatmand et al., 2021). However, the relationship
between *DSCAML1* and the stress axis remains unknown.

91 Using zebrafish, we previously explored how DSCAML1 affects neural pathways and 92 systemic functions (Ma et al., 2020a; Ma et al., 2020b). We found that *dscaml1* deficiency 93 resulted in various physiological and behavioral deficits, including darker pigmentation, 94 slower light adaptation, and slower eye movements (saccades) (Ma et al., 2020b). 95 Interestingly, darker pigmentation and slower light adaptation can also be caused by 96 abnormal glucocorticoid receptor signaling, as seen in the zebrafish *alucocorticoid receptor* 97 (ar) mutants, suggesting that the stress axis may be dysfunctional in dscaml1 mutants 98 (Griffiths et al., 2012; Muto et al., 2013).

99 Here, we report that *dscaml1* deficiency in zebrafish perturbs CRH neuron development 100 and impairs the normal function of the HPI axis. These findings show that DSCAML1 is 101 necessary for stress axis development and raise the possibility that stress dysfunction 102 contributes to human *DSCAML1*-linked disorders.

103 **RESULTS**

104 *dscaml1* deficiency results in overexpression of neuroendocrine factors

To gain an unbiased view of the molecular changes resulting from *dscaml1* deficiency, we compared the transcriptomic profiles between *dscaml1* homozygous mutant (*dscaml1-/-*) and control (wild type) animals using RNA sequencing (RNA-seq). cDNA from whole 3.5-4 days post-fertilization (dpf) *dscaml1-/-* and control larvae were sequenced using an Illumina next-generation sequencer. Using a threshold of at least two-fold change and an adjusted *p*- value of less than 0.01, we identified 25 upregulated and 79 downregulated genes (Fig. 1A,Supplementary file 1).

112 Among the 25 upregulated genes in the *dscaml1-/-* animals, 7 were secreted 113 neuropeptides/hormones expressed in the hypothalamus or pituitary: corticotropin-114 releasing hormone b (crhb), parathyroid hormone 2 (pth2), somatolactin beta (smtlb), cocaine-115 and amphetamine-regulated transcript 3 (cart3), proopiomelanocortin a (pomca), arginine 116 vasopressin (avp), and spexin hormone (spx). Among them, three (crhb, avp, pomca) are core 117 regulators of the HPI axis (Alsop and Vijayan, 2009; Lohr and Hammerschmidt, 2011). *crhb* 118 encodes the zebrafish CRH; *avp* encodes the neuropeptide AVP that controls osmolarity, 119 blood pressure, and synergizes with CRH to promote cortisol release; *pomca* encodes the 120 adrenocorticotropic hormone (ACTH), the primary pituitary hormone that triggers 121 glucocorticoid release. Additionally, two genes involved in apoptosis are upregulated: BCL2 122 apoptosis regulator b (bcl2b) and phorbol-12-myristate-13-acetate-induced protein 1 123 *(pmaip1/noxa)*. Protein class categorization analysis with PANTHER revealed "intercellular 124 signal molecule" as the largest class (4 genes, 16%) (Fig. 1B) (Mi et al., 2021).

The 79 genes downregulated in the *dscaml1-/-* animals are more diverse in function compared to the upregulated genes. Protein class categorization analysis with PANTHER identified the largest protein classes as metabolite interconversion enzymes (12 genes, 15.19%), protein-binding activity modulators (9 genes, 11.39%), transporters (8 genes, 10.13%), and defense/immunity protein (6 genes, 7.59%) (Fig. 1C). We noted that 30 of the 79 (38%) downregulated genes are highly expressed in the liver, and 10 of these genes are involved in innate immunity and the complement cascade (Fig. 1A, Supplementary file 2). These results suggest that liver function and innate immunity may be suppressed in the*dscaml1* mutants.

134 To identify the signaling pathways affected by *dscaml1* deficiency, we analyzed all 135 differentially expressed genes (*p*<0.01, 210 mapped genes) using the statistical enrichment 136 test (PANTHER Classification System, version 17.0) (Mi et al., 2021). All significantly 137 enriched (FDR<0.05) Gene Ontogeny (GO) terms for molecular function relate to the parent 138 GO term *hormone activity* (Fig. 1D). The PANTHER pathway analysis also identified another 139 significant stress-modulating neuropeptide, adenvlate cyclase activating polypeptide 1b 140 (adcvap1b, also known as PACAP) that is significantly upregulated (0.66 fold change, 141 adjusted *p*<0.0001) (Stroth et al., 2011).

Together, our transcriptomic analyses indicate that *dscaml1* deficiency results in the upregulation of neuropeptide/hormonal signaling and the downregulation of liver and innate immune function. Suppression of liver and immune function is a hallmark of stress axis activation, which is consistent with the overexpression of the principal neuropeptides involved in the stress axis (*crhb, avp, pomca,* and *adcyap1b*).

147 dscaml1 deficiency alters the development of CRH neurons in the NPO

To further investigate whether the stress axis is perturbed in *dscaml1* mutants, we examined the development of CRH neurons in the NPO (CRH^{NPO} neurons), which are characterized by their expression of *crhb* (Fig. 2A) (Herget et al., 2014; Vom Berg-Maurer et al., 2016). We focused on three developmental stages (2, 3, and 5 dpf) that span the period between the first appearance of *crhb*+ neurons in the NPO (2 dpf) and the onset of stress axis responsivity (4-5 dpf) (Chandrasekar et al., 2007; Alderman and Bernier, 2009; Clark et al., 2011). 155 Using fluorescent *in situ* hybridization (FISH), we found that *crhb* expression pattern was 156 initially similar between *dscaml1-/-* and wild-type (WT) at 2 dpf (Fig. 2B-B'). At 3 dpf, we 157 began to see higher *crhb* expression in the NPO of *dscaml1-/-* animals (Fig. 2C-C'). At 5 dpf, 158 there is widespread overexpression of *crhb* in *dscaml1-/-* animals, with *crhb* FISH intensity 159 most notably elevated in the NPO (Fig. 2D-D'). Quantification of *crhb* FISH signal intensity 160 among CRHNPO neurons showed that *crhb* expression is higher in *dscaml1-/-* animals, 161 compared to wild-type animals (WT) (Fig. 2E). There was a significant difference in signal 162 intensity per cell by developmental stage and genotype, and a significant interaction 163 between stage and genotype (two-way ANOVA, Supplementary Table I). Pair-wise 164 comparisons with Holm-Sidak correction found a significant increase at 3 and 5 dpf but not 165 at 2 dpf (Fig 2E).

166 In addition to changes in *crhb* expression levels, *dscaml1* deficiency also increased the number of *crhb*-expressing CRH^{NPO} neurons. In WT animals, the number of CRH^{NPO} neurons 167 168 increased over time, from 14.78 cells (2 dpf) to 18.85 cells (3 dpf) to 26.60 cells (5 dpf) per 169 animal (Fig 2B, C, D, F). In *dscaml1-/-* animals, the number of CRH^{NPO} neurons increased at a 170 higher rate, from 12.67 cells (2 dpf) to 19.46 cells (3 dpf) to 36.39 cells (5 dpf) per animal 171 (Fig. 2B', C', D', F). There was a significant difference in cell number by developmental stage 172 and genotype, and there was a significant interaction between stage and genotype (Two-way 173 ANOVA, Supplementary Table I). Pair-wise comparisons with Holm-Sidak correction found 174 a significant increase in cell number between *dscaml1-/-* and WT animals at 5 dpf but not at 175 2 and 3 dpf (Fig 2F, adjusted *p* values as shown).

Overall, we found significant increases in *crhb* expression and cell number in CRH^{NPO}
neurons in *dscaml1-/-* mutants as compared to WT. These phenotypes were not due to the

visual deficits in *dscaml1-/-* animals (Ma et al., 2020b), as similar phenotypes were observed
in animals raised in the dark (Supplementary Fig. 1). Together, these findings show that *dscaml1* is essential for the normal developmental trajectory of CRH^{NPO} neurons.

181 *dscaml1* is essential for normal CRH^{NPO} neuron cell death

182 Based on the finding that mouse DSCAML1 promotes programmed cell death (PCD) in 183 the retina (Garrett et al., 2016) and our transcriptomic analysis that showed dscaml1 184 mutants expressing higher levels of genes involved in regulating apoptosis (Fig. 1A), we hypothesized that *dscaml1* deficiency might impair normal CRH^{NPO} neuron cell death. To test 185 186 this hypothesis, we tracked the fate of individual CRH^{NPO} neurons using *in vivo* time-lapse 187 imaging at 3-5 dpf, when cell number begins to diverge between *dscaml1-/-* and WT animals. 188 To visualize CRH^{NPO} neurons in live zebrafish, we generated a *crhb* knock-in fluorescent 189 reporter line using CRISPR-mediated genomic insertion (Fig. 3A) (Kimura et al., 2014). A Cre-190 switchable *hsp-LoxP-RFP-LoxP-GFP* cassette was inserted 35 base pairs upstream of the first 191 exon of *crhb* so that the expression of RFP (default) or GFP (with Cre-mediate recombination) 192 would mark the endogenous *crhb*-expressing cells (Fig. 3B). The resulting transgenic line, 193 *crhb:LoxP-RFP-LoxP-GFP* (*crhb:LRLG*), has RFP and GFP expression pattern that matches the 194 endogenous *crhb* transcript expression patterns (Fig. 3C-D, compare to Fig. 2D). To validate 195 the fidelity of fluorescent reporter expression, we examined whether *crhb:LRLG*-labeled cells 196 in the NPO express CRH protein. In animals not exposed to Cre (default RFP expression), we 197 found that most RFP+ neurons are CRH immunopositive (84.71±2.19%, Supplementary Fig. 198 2A-B). Together, these results indicate that the *crhb:LRLG* line reliably labels CRH^{NPO} neurons. 199 In crhb:LRLG animals, dscaml1 deficiency increased the number of RFP-labeled CRHNPO 200 neurons (Fig. 3E-F'). There were significant differences by age and genotype, with no

significant interaction (two-way ANOVA, Supplementary Table I). There was a significantly
higher number of RFP-positive neurons in the *dscaml1* mutants at 5 dpf but not 3 dpf (Fig.
3G, multiple comparison test with Holm-Sidak correction). This result corroborates our *crhb*FISH results that show increased CRH^{NPO} neuron number in *dscaml1* mutants (Fig. 2F).

205 Using the *crhb:LRLG* line, we first performed time-lapse imaging in anesthetized animals. 206 We induced partial Cre-mediated recombination by injecting CreER mRNA into crhb:LRLG 207 animals at the 1-cell stage and adding 4-hydroxytamoxifen (4-OHT) to activate CreER at 6-208 24 hpf (Fig. 3B). At 3-4 dpf, intermingled GFP+ and RFP+ cells can be seen in the NPO by 209 confocal imaging (Fig. 3H-H" and Supplementary video 1). Over time, some labeled cells moved away from the CRH^{NPO} neuron cluster. These cells were likely dving cells being carried 210 211 away by microglia, as seen in previous zebrafish studies (Mazaheri et al., 2014). To confirm 212 this, we induced GFP expression (by injecting codon-optimized *Cre* mRNA)(Horstick et al., 213 2015) in all *crhb:LRLG*-labeled cells and labeled microglia with the *mpeg1:mCherry* transgene 214 (Fig. 3I-I" and Supplementary video 2) (Espenschied et al., 2019). Indeed, mCherry+ 215 microglia migrated toward the GFP+ cell cluster, engulfed GFP-positive CRHNPO neurons, and 216 carried the engulfed cells away. The remnant of the engulfed cell can be seen inside a large 217 vacuole within the microglia (Fig. 3I-I'). These results suggest that CRH^{NPO} neurons undergo 218 PCD and that dying cells are rapidly removed by microglia.

219 Next, to track the fate of individual CRH^{NPO} neurons, we performed two-photon imaging 220 from 3 to 5 dpf on *crhb:LRLG* animals with partial Cre-mediated recombination (Fig. 4A). To 221 minimize the potential effects of stress on PCD (Irles et al., 2014), we anesthetized and 222 immobilized the animals during imaging. In between imaging sessions, each animal is 223 allowed to recover in individual wells of 12-well plates, under normal light-dark cycles. Cells that are present at the first time point (78 hpf) were tracked at four subsequent time points (84, 96, 108, and 120 hpf) and categorized as either persisting (present at the last time point) or lost (lost at any of the following time points) (Fig. 4B-B"). Overall, we observe a trend of reduced cell loss in the *dscaml1*+/- and *dscaml1*-/- animals (Chi-square test for trend, p=0.0398) (Fig. 4C, total number of tracked cells as indicated). In WT animals, 16.41% of cells are lost, versus 10.91% and 7.53% for *dscaml1*+/- *and dscaml1*-/-, respectively.

Finally, considering the timing of cell loss, we plotted the survival curve of CRH^{NPO} neurons for each genotype. Again, there was a significant difference in the trends of cell loss (Logrank test for trend, *p*=0.0098), with the *dscaml1-/-* animals consistently showing a higher survival rate (Fig. 4D). Together, these results show that *dscaml1* deficiency reduces PCD of CRH^{NPO} neurons.

235 **Stress axis function is perturbed in** *dscaml1* **mutant animals**

236 Given the developmental perturbation of CRH^{NPO} neurons as well as the global changes 237 in gene expression related to stress axis activation, we next determined whether the 238 hormonal output of the stress axis—cortisol—is altered. Cortisol levels were measured using 239 an enzyme-linked immunosorbent assay (ELISA) on homogenates made from pools of 5 dpf 240 animals (30 animals per sample, 6 samples per condition). All animals were raised under 241 standardized conditions, at the same density, and with a normal circadian cycle (14 h day/10 m)242 h night) (Yeh et al., 2013). Under this circadian cycle, *dscaml1* mutant animals exhibit similar 243 diurnal locomotor rhythms as wild-type animals (Ma et al., 2020b).

Baseline and stressed conditions were tested to evaluate potential alterations of cortisol
in control (WT and *dscaml1+/-*) and *dscaml1-/-* animals at 5 dpf. To measure baseline cortisol,
we collected unperturbed animals within 30 min after light onset (zeitgeber time 0, ZT0) and

in the afternoon (ZT6-8). To measure stress-induced cortisol, animals were exposed to either
stirring stress (swirling water, 5 minutes)(Castillo-Ramirez et al., 2019) or hyperosmotic
stress (250 mM NaCl, 20 minutes) at ZT6-8 (Yeh et al., 2013). These acute stressors are wellcharacterized and are comparable to the water current and salinity changes experienced by
zebrafish larvae in their natural habitat (Clark et al., 2011).

At baseline, *dscaml1-/-* animals had significantly higher cortisol levels than control animals (Multiple Mann-Whitney test with Holm-Sidak correction. Adjusted *p* values shown in Fig. 5A). At ZTO, the *dscaml1* mutant baseline cortisol levels were 2.7-fold higher than that of controls (median 350.06 pg/ml versus 129.80 pg/ml). The difference in cortisol was less pronounced at ZT6-8, but *dscaml1* mutants still had 2-fold higher cortisol levels than controls at baseline (median 238.508 pg/ml versus 118.516 pg/ml).

258 After acute exposure to stressors, we found that *dscaml1* mutant animals exhibited 259 attenuated cortisol induction. We assessed the extent of stress-induced cortisol production 260 by normalizing cortisol levels to the baseline cortisol of the same genotype at the same 261 circadian time (ZT6-8). In the control group, stirring stress and hyperosmotic stress 262 produced 1.88 and 1.95-fold increases in cortisol over the control baseline, respectively 263 (grev bars, Fig. 5B). The response to hyperosmotic stress was more robust (p=0.0113, 264 Multiple Mann-Whitney tests with Holm-Sidak correction) than that generated by stirring 265 stress (*p*=0.0546). In the *dscaml1-/-* group, stirring stress and hyperosmotic stress only 266 produced 1.29 and 1.4-fold increases in cortisol over the *dscaml1-/-* baseline, respectively 267 (red bars, Fig. 5B). These increases were not statistically significant (p > 0.9999 for stirring 268 stress, p=0.9768 for hyperosmotic stress).

Together, these results show that *dscaml1* deficiency elevates baseline cortisol levels and imparing responses to acute stressors. These findings indicate that *dscaml1* is critical for establishing the normal function of the stress axis.

272 *dscaml1* mutants are responsive to glucocorticoids

273 Some aspects of the stress axis-related phenotypes in *dscaml1* mutants resemble the 274 zebrafish *glucocorticoid receptor (gr)* mutants. In particular, both *gr* and *dscaml1* mutants 275 exhibit elevated baseline cortisol and *crhb* (Ziv et al., 2013). This resemblance raises the 276 possibility that the *dscaml1* mutant phenotypes may result from insufficient glucocorticoid 277 receptor-mediated signaling. To test this, we examined whether *dscaml1* mutants can 278 respond transcriptionally to exogenously applied glucocorticoids. We examined the 279 expression of *crhb* in the NPO, as it is under feedback control from glucocorticoid-280 glucocorticoid receptor signaling (Watts, 2005).

281 A synthetic glucocorticoid receptor agonist, dexamethasone (Dex), was added to the 282 embryo media at a final concentration of 2 μ M from 4 to 5 dpf (24 hours). Vehicle (0.02%) 283 ethanol) treated siblings were used for comparison. For *crhb* transcript level in CRHNPO 284 neurons, we found significant differences caused by Dex treatment and genotype, with 285 significant interaction between the two (two-way ANOVA, Supplementary Table I). Multiple 286 comparison tests found that Dex significantly reduced *crhb* transcript level in *dscaml1-/-*287 animals but not in wild-type animals (Holm-Sidak correction, Fig. 5C with p values as 288 indicated). These results show that *dscaml1* deficiency does not result in a loss of glucocorticoid responsivity in CRH^{NPO} neurons. Instead, *dscaml1* deficiency may render 289 290 animals more sensitive to the inhibitory effects of glucocorticoids.

291 **DISCUSSION**

292 The present study provides evidence that *dscaml1* regulates the development of 293 hypothalamic CRH neurons and is necessary for normal stress axis function. At the 294 transcriptome level, *dscaml1* deficiency in zebrafish results in gene expression changes that 295 suggest stress axis hyperactivation. At the cellular level, we find that dscaml1-/-296 hypothalamic CRH neurons (CRH^{NPO} neurons) have increased stress axis-associated 297 neuropeptide (*crhb*) expression, increased cell number, and reduced cell death. 298 Physiologically, *dscaml1* deficiency impairs normal neuroendocrine stress axis function. 299 which is potentially caused by developmental deficits in CRH^{NPO} neurons as well as systemic 300 changes in hormone/neuropeptide signaling (Fig. 6). Together, these findings link DSCAML1 301 to the development of the stress axis and shed new light on the potential etiology of human 302 DSCAML1-linked mental health conditions.

303 DSCAML1 is a novel intercellular signaling molecule for CRH neuron development

304 A major finding of this study is that DSCAML1 is necessary for the development of 305 hypothalamic CRH neurons. To our knowledge, DSCAML1 is the first intercellular signaling 306 molecule to be implicated in CRH neuron development. Our finding also provides the first 307 link between DSCAML1 and hypothalamus development. We show that, similar to retinal 308 neurons, the regulation of cell number by PCD is a DSCAML1-mediated process in CRH 309 neurons (Garrett et al., 2016). Further investigations are required to determine whether 310 other aspects of DSCAML1 function, such as the regulation of cellular spacing and 311 synaptogenesis, are involved in CRH^{NPO} neuron development (Fuerst et al., 2009; Yamagata 312 and Sanes, 2010; Sachse et al., 2019). Additionally, given that *dscaml1* is expressed broadly 313 in the nervous system (Ma et al., 2020b), including CRH neurons and non-CRH neurons

314 (Supplementary Figure 3), it will be important to address whether *DSCAML1* acts cell315 autonomously in CRH^{NPO} neurons.

316 **Regulation of CRH neuron cell death by DSCAML1**

During development, PCD is critical for eliminating transient cell types, matching input and output cell populations, and maintaining cellular spacing (Yamaguchi and Miura, 2015; Wong and Marin, 2019). It has been hypothesized that PCD in the hypothalamus may specify neural circuit assembly and shape output activity (Simerly, 2002; Forger, 2009). Congruent with this idea, reduced hypothalamic PCD caused by early-life stress is associated with increased sensitivity to acute stressors in adulthood (Zhang et al., 2012; Irles et al., 2014).

As an intercellular signaling molecule, DSCAML1 may act to transduce extracellular cell death cues. One potential cue is synaptic activity, which is critical for neuronal survival during development (Wong and Marin, 2019). In culture, DSCAML1 is localized to excitatory synapses (Yamagata and Sanes, 2010) and inhibits excitatory synaptogenesis when overexpressed (Sachse et al., 2019). It remains to be determined whether DSCAML1 deficiency increases excitatory synaptic transmission and activates activity-dependent cell survival pathways in CRH neurons (Wong and Marin, 2019).

330 Stress axis dysfunction in DSCAML1 deficient animals

dscaml1-/- animals exhibit multiple signs of stress axis activation at baseline, including cortisol elevation and the suppression of immunity-associated genes. The elevated baseline cortisol levels likely resulted in attenuated responses to acute stressors, similar to animals under chronic cortisol administration (Barton et al., 1987; Johnson et al., 2006). A likely cause of these phenotypes is the overexpression of *crhb*. In mice, broad overexpression of 336 CRH leads to elevated corticosterone (the stress glucocorticoid in rodents) and produces
337 phenotypes similar to Cushing's syndrome, a human disorder caused by the overproduction
338 of cortisol (Stenzel-Poore et al., 1992; Arnett et al., 2016).

339 Beyond dysfunction of hypothalamic neurons and CRH signaling, a broader neurological 340 imbalance can also activate the stress axis. For example, seizures have been shown to 341 activate the HPA axis, which increases the likelihood of future seizures (O'Toole et al., 2014; 342 Hooper et al., 2018). It has been reported that *Dscaml1* mutant rats and human patients with 343 DSCAML1 loss-of-function variants exhibit neuronal hyperactivation and seizures (Havase et 344 al., 2020). It is, therefore, possible that excitation-inhibition imbalance in extra-345 hypothalamic regions may result in increased CRH^{NPO} neuron firing in zebrafish *dscaml1* 346 mutants. Further studies on the cell-type-specific functions of *dscaml1* are needed to 347 understand the precise cause of stress axis hyperactivation in *dscaml1-/-* animals.

348 The interplay between cortisol signaling and CRH neuron development

349 Facilitation and feedback are signature features of the stress axis (Dallman et al., 1992; 350 Spencer and Deak, 2017). While CRH neurons control cortisol levels, cortisol signaling also 351 affects the development of CRH neurons. Zebrafish gr mutants have phenotypes similar to 352 that of *dscaml1-/-* animals, including slow visual-background adaptation, sluggish light onset 353 response, elevated cortisol, and increased expression of *crhb* and *pomca* (Griffiths et al., 2012; 354 Muto et al., 2013; Ziv et al., 2013). Surprisingly, rather than decreased glucocorticoid 355 receptor signaling (as in *qr* mutants), *dscaml1-/-* animals have intact glucocorticoid receptor 356 signaling, with dexamethasone exerting strong suppression of *crhb* expression in the NPO. 357 Thus, despite the superficial phenotypic similarity, the underlying signaling mechanisms are 358 distinct between *dscaml1* and *ar* mutants. Nevertheless, further work is needed to

disambiguate the relationship between cortisol disturbances and developmental deficits. A
possible approach would be to normalize cortisol levels by genetically ablating interrenal
cells (i.e., genetic adrenalectomy) and supplementing with constant levels of exogenous
cortisol (Gutierrez-Triana et al., 2015).

363 Conclusions

364 In conclusion, this work shows that DSCAML1 is integral for developing the hypothalamic 365 neurons that regulate the neuroendocrine stress axis. Using zebrafish as a vertebrate model 366 for the ontogenesis of the stress axis, we found that *dscaml1* deficiency results in CRH neuron 367 deficits and dysfunction of the stress axis. Genetic perturbations of DSCAML1 are seen in 368 patients suffering from a wide range of mental health disorders, including intellectual 369 disability, autism spectrum disorder, schizophrenia, epilepsy, and stress disorder (lossifov 370 et al., 2014; Caramillo et al., 2015; Karaca et al., 2015; Hayase et al., 2020; Ogata et al., 2021; 371 Saadatmand et al., 2021). Developmental deficits in the stress axis may contribute to the 372 etiology of these disorders.

373 MATERIALS AND METHODS

374 Zebrafish Husbandry

Zebrafish (all ages) were raised under a 14/10 light/dark cycle at 28.5°C. Embryos and
larvae were raised in E3 buffer (5 mM NaCl, 0.17 mM KCl, 0.33 mM CaCl₂, 0.33 mM MgSO₄)
(Nüsslein-Volhard et al., 2002). All zebrafish used in this study were in a mixed background
of AB and TL wild-type strains (Zebrafish International Resource Center). Sex was not a
relevant variable for the stages used in this study (0-6 dpf), as laboratory zebrafish remain
sexually undifferentiated until two weeks of age (Maack and Segner, 2003; Wilson et al.,

381 2014). All procedures were performed according to protocols approved by the Institutional
382 Animal Care and Use Committee at Virginia Tech and the National Institute for Basic Biology.

383 Transgenic and mutant zebrafish lines

The *dscaml1^{vt1}* loss-of-function allele contains a 7 base pair deletion that results in premature translational termination (Ma et al., 2020b). Animals used for live imaging were in homozygous *nacre* (*mitfa*) mutant background to prevent pigment formation (Lister et al., 1999). The microglia RFP line [*Tg(mpeg1:Gal4;UAS:NTR-mCherry)*] was obtained from Dr. John Rawls at Duke University (Espenschied et al., 2019). The *crhb:LoxP-RFP-LoxP-GFP* line was generated using CRISPR-mediated knock-in, as described by Kimura et al. (Kimura et al., 2014). The sgRNA sequence for the *crhb* knock-in locus is AGCTCGCGTCTGCGCAGAG.

391 RNA-seq and differential gene expression analysis

392 Progenies from heterozygous *dscaml1* mutant parents were anesthetized and harvested 393 at 3.5-4 dpf. The anterior half of the animal was used for RNA preparation using the RNA 394 Miniprep Kit (Zymo). The posterior half was used for genotyping. Three biological replicates 395 for each group were analyzed, each containing RNA from 6-11 animals. All samples had RIN 396 \geq 8.0 and were converted into a strand-specific library using Illumina's TruSeq Stranded 397 mRNA HT Sample Prep Kit (RS-122-2103; Illumina) for subsequent cluster generation and 398 sequencing on Illumina's NextSeq 75 sequencer. Sequence data processing, alignment, read 399 count, mapping, and quality control were performed as previously described (Ates et al., 400 2020). Differential expression was tested for significance using the false discovery rate (FDR) 401 (Benjamini-Hochberg) corrected Likelihood Ratio Test (LRT) in the R-package DESeq2 (Love 402 et al., 2014), 238 and 116 genes showed a significant difference in read counts at FDR<0.01

and 0.001, respectively. Original sequence data have been deposited in NCBI's Gene
Expression Omnibus (Edgar et al., 2002) and will be accessible through GEO Series accession
number GSE213858.

406 Fluorescent in situ hybridization and immunohistochemistry

Single and double whole-mount fluorescent *in situ* hybridization (FISH) was performed using protocols described previously (Pan et al., 2012). Probes were synthesized by *in vitro* transcription using the DIG and Fluorescein RNA Labeling Mix (Roche). DIG and fluoresceinlabeled probes were detected with anti-DIG or anti-Fluorescein POD-conjugated Fab fragments (Roche) and Cy3 or Fluorescein TSA-plus Reagent (Akoya Biosciences). Plasmid template for *crhb* (Lohr et al., 2009) was provided by Dr. David Prober at Caltech. The *dscaml1* probe was generated as described previously (Ma et al., 2020b).

Immunohistochemistry was performed as described previously (Ma et al., 2020a). Nuclei 414 were stained with TOTO-3 Iodide (ThermoFisher). RFP was stained with chicken anti-RFP 415 416 (600-901-379S, Rockland) or rabbit anti-RFP (PM005, MBL Life Science). GFP was stained 417 with rabbit anti-GFP (598, MBL Life Science). CRH was stained with rabbit anti-CRH (PBL 418 rC68) provided by P. Sawchenko and J. Vaughan from the Salk Institute. All FISH and 419 immunohistochemistry samples were mounted in 1.5% low-melt agarose in glass-bottomed 420 Petri dishes (P50G-1.5-14-F; MatTek) and imaged using a Nikon A1 upright confocal 421 microscope.

422 Cortisol extraction and ELISA

423 A detailed protocol for cortisol extraction and ELISA is provided in the online 424 supplementary method. At 4.5 dpf, *dscaml1-/-* and control animals were separated based on 425 the darker pigmentation of the *dscaml1-/-* animal (Ma et al., 2020b). 30-35 animals were 426 placed in each petri dish for cortisol extraction. The morning baseline (unstressed) sample 427 collections were done at 15-30 minutes after light onset (08:15-08:45), and the afternoon 428 sample collections were done between 14:30-16:00. Hyperosmotic stress and stirring stress 429 experiments were done between 14:30-15:30. 6 biological duplicates—each containing a 430 pool of 30 animals—were collected for each genotype (*dscaml1-/-* and control) and stress 431 condition (morning baseline, afternoon baseline, stirring stress, osmotic stress). Mutants 432 and control animals are tested side by side for each experiment.

Stirring stress was induced by creating a vortex water flow with a spinning magnetic stir
bar (Castillo-Ramirez et al., 2019). A small magnetic stir bar was placed into a 100 mm petri
dish containing 35 animals and 20 ml of E3 media. The stir bar was rotated at 300 rpm with
a stirring microplate for 5 minutes. Hyperosmotic stress was induced by increasing salt
concentration in the media (Yeh et al., 2013). 30 animals were placed in 8 ml of E3 media.
Then, 2 ml of prewarmed 1.25M NaCl was added to the media for a final concentration of 250
mM for 20 minutes.

Sample homogenization and cortisol extraction were performed as described by Yeh et
al. (Yeh et al., 2013). Briefly, 5 dpf larvae were rapidly immobilized with ice-cold E3 media
and then flash-frozen at -80°C. Once all samples were collected, cortisol from the frozen
samples was extracted with ethyl acetate (33211-1L-R; Sigma-Aldrich). Cortisol
concentration was measured using a commercial ELISA kit, following the manufacturer's
instructions (500360; Cayman Chemical). Sample plates were read with a microplate reader
(FilterMax F3; MicroDevices) 90-120 minutes after initial development.

447 Live imaging of CRH neurons

448 Cre-mediated recombination of the *crhb:LRLG* transgene was induced by injecting Cre 449 mRNA into the embryo at the 1-cell stage. To achieve partial Cre-mediated recombination, 450 ~30 pg of CreER mRNA was injected at the 1-cell stage and 4-Hydroxytamoxifen (4-OHT) 451 was added to the embryo media at 6 hpf (10 μ M), followed by washout with E3 media at 24 452 hpf. To achieve complete Cre-mediated recombination, ~50 pg of *in vitro* transcribed Cre.zf1 453 mRNA (#61391, Addgene) was injected into the embryos (Horstick et al., 2015).

To perform confocal live imaging, 3 dpf animals were anesthetized with 0.01% tricaine methanesulfonate (MS-222, Sigma) and embedded in 1% low-melting point agarose, with the dorsal side resting on the glass surface inside the glass-bottomed petri dish (P50G-1.5-14-F; MatTek) (Beier et al., 2016). The petri dish was then filled with E3 media containing 0.01% tricaine methanesulfonate (MS-222, Sigma). Confocal z-stacks were acquired every 15 or 30 minutes for 12 hours on a Nikon A1 confocal microscope.

460 Two-photon live imaging was done on a custom Bruker two-channel two-photon 461 microscope. A tuneable Ti:Saphire laser (Chameleon Vision II: Coherent) was tuned to 980 nm to excite RFP and GFP simultaneously. 78 hpf animals were anesthetized and embedded 462 463 the same way as confocal live imaging, but with the dorsal side away from the cover glass. 464 Each animal was imaged at 78, 84, 96, 108, and 120 hpf (Fig. 7A). After each time point, 465 imaged larvae were gently removed from the agarose and recovered in E3 media at 28.5°C 466 under normal day/night cycles. After the last time point, genomic DNA was prepared for all 467 imaged animals and genotyped.

468 Image Processing and Statistical Analyses

469 Images were processed using Fiji—an open-source image processing software
470 (Schindelin et al., 2012). For FISH images, images were convolved (kernel=12) to enhance

471 cell boundaries, and the center of each cell was manually tagged using the ROI manager tool. The cell number equals the number of ROIs in each animal. The signal intensity per cell was 472 473 defined as the median signal intensity of all ROIs in a given animal. The number of RFP+ cells 474 in *crhb:LRLG* animals were counted using the ROI manager tool without convolution. For 475 confocal live imaging, images were pre-processed using the Denoise.AI function in the Nikon 476 Elements software. For two-photon imaging, z-stacks from different time points were 477 aligned using the "Correct 3D drift" function. Spectral overlap between the RFP and GFP 478 channels was linearly unmixed. Individual cells were tracked with the MTrackJ plugin in Fiji 479 (Meijering et al., 2012).

All statistical analyses were performed in GraphPad Prism (Version 9). For normallydistributed data, parametric tests (*t*-test or ANOVA) were used. For non-normally distributed data, non-parametric tests (Mann-Whitney) were used. The Holm-Sidak posttest was used to correct for multiple comparisons, and the adjusted *p* values are shown. All values are expressed as mean \pm standard error, unless otherwise noted. Statistical tests were considered significant when *p*<0.05.

486 **AUTHOR CONTRIBUTIONS**

M.M and Y.A.P conceived and designed the experiments. M.M and A.A.B prepared samples
for RNA sequencing. Y.A.P analyzed the RNA sequencing data. M.M performed ELISA and
histochemistry experiments and analyzed the data. M.M and K.C.C performed *in situ*hybridization experiments and analyzed the data with contributions from C.S, and K.S. S.H
generated the *crhbl:LRLG* transgenic line. M.M and Y.A.P wrote the manuscript. Y.A.P
provided project administration and acquired funding.

493 ACKNOWLEDGEMENTS

- We thank the animal care staff and veterinarians for animal husbandry; members of the
 Pan laboratory for helpful discussions; R. Settlage for computational analysis of RNA-seq
 data; S. Ryu and C. Yeh for sharing unpublished data; S. Imani for help with the quantification
 of IHC data; M. Wagle and S. Guo for advice on cortisol extraction procedures; M. Fox and A.
- 498 Morozov for constructive feedback on the manuscript.

499 FUNDING

500 This work was supported by the Commonwealth Research Commercialization Fund

501 (ER14S-001LS to Y.A.P), the Virginia-Maryland College of Veterinary Medicine Intramural

502Research Fund, the Commonwealth Health Research Board Grant (#208-06-21 to Y.A.P), and

503 funding from Virginia Tech.

504 DATA AVAILABILITY

505 Next-generation sequencing data utilized in this publication are available from the Gene
506 Expression Omnibus (accession code GSE213858).

507 **FIGURE LEGENDS**

Fig. 1. Differential gene expression analysis of *dscaml1* **deficient zebrafish.** (A) Volcano plot of relative gene expression in *dscaml1-/-* versus control animals. Each dot represents an individual gene, with colored dots representing gene groups as indicated on the graph. The dotted lines show the significance level (adjusted p < 0.01) and fold change (increase or decrease by two-fold or more) thresholds. (B, C) Protein class categorization analysis for upregulated (B) and downregulated (C) genes. (D) Table of significantly enriched (p<0.05) GO terms for molecular function.

Fig 2. dscaml1 deficiency alters the development of CRHNPO neurons. (A) Illustration of 515 CRH neurons (gray circles) in the NPO (boxed area) in the larval zebrafish. (B-D') 516 517 Developmental trajectory of CRH^{NPO} neurons, labeled by *crhb* FISH. At each developmental 518 stage, a representative confocal z-stack projection of the whole brain is shown in the left 519 panel, and the substack containing the NPO is enlarged and shown in the right panel. The 520 white boxes indicate the locations of the NPO, and the yellow ovals mark the eyes. Wild-type 521 (WT) animals are shown in panels B, C, and D. *dscaml1-/-* animals are shown in panels 522 B', C', and D'. (E-F) Quantification of the signal intensity per cell (E) and cell number (F). 523 Multiple-comparison corrected *p* values are as shown. WT: n=9 (2 dpf), 13 (3 dpf), 15(5 dpf). 524 dscaml1-/-: n=9 (2 dpf), 13 (3 dpf), 18 (5 dpf). Scale bars are 20 µm. Mean, standard error, 525 and corrected *p* values are shown.

Fig. 3. Fluorescent labeling and live imaging of CRHNPO neurons. (A) Schematic of CRISPR 526 527 -mediated knock-in of the *hsp-Lox-RFP-Lox-GFP* cassette at the sgRNA target site, located 35 528 bp upstream of exon 1 of *crhb*. The orientation and junctional structure of insertion have not 529 been determined. (B) Schematic of *crhb:LRLG* expression. Each circle represents a 530 fluorescent cell. Without Cre (default), RFP is expressed in all cells. With full recombination, all cells express GFP. Partial recombination results in mosaic RFP and GFP labeling. (C) 531 532 Dorsal view of a fixed 5 dpf crhb:LRLG larvae with partial recombination stained with anti-533 RFP (magenta) and anti-GFP (green). The boxed area marks the NPO. (D) Higher 534 magnification image of the NPO. Both RFP and GFP-positive neurons can be seen. (E-F') 535 Images of anti-RFP stained crh:LRLG animals without recombination. Representative wild-536 type (WT, E-E') and dscaml1-/- (F-F') NPO neurons are shown. (G) Quantification of RFP-537 positive cells at 3 and 5 dpf. WT: n=5 (3 dpf), 16 (5 dpf). *dscaml1-/-*: n=11 (3 dpf), 17 (5 dpf).

538 Mean, standard error, and corrected *p* values are shown. (H-H") Live *crhb:LRLG* larvae with 539 partial recombination were imaged from 72 to 84 hpf. Three time points are shown here. 540 Two cells (arrowheads, one green and one magenta) move away over time. (I-I") Live 541 *crhb:LRLG;mpeg1:Gal4;UAS:NTR-mCherry* larvae with CRH neurons labeled with GFP (green) 542 and microglia labeled with mCherry (magenta). In this image series, one CRH neuron 543 (arrowhead) is engulfed (I') and then removed (I") by a microglial cell. Images are confocal 544 optical sections. (I-I') Panels showing enlarged views of the boxed area in I", with (I) or 545 without (J') the mCherry channel. The remnant of the CRH neuron can still be seen inside the 546 microglia (arrowheads). Scale bars are 100 μ m (panel C) or 20 μ m (all other images).

Fig. 4. Live tracking of CRHNPO neuron cell fate. (A) Timeline of time-lapse two-photon (2P) 547 imaging experiment. Partial recombination of *crhb:LRLG* was induced by 4-OHT at 6-24 hpf, 548 549 and imaging was performed at 78, 84, 96, 108, and 120 hpf. Animals were briefly 550 anesthetized during imaging and allowed to recover in between imaging sessions. (B-B") 551 Tracking of individual CRH^{NPO} neurons. Three example time frames are shown. Individual 552 fluorescent cells can be tracked over time and are divided into two categories: persisting 553 (white arrows) or lost (pink arrow). (C) Quantification of the percentage of persisting versus 554 lost CRH^{NPO} neurons. Sample size (cell number) as indicated for each genotype. (D) Survival 555 curve of individual CRH^{NPO} neurons in each genotypic group.

Fig. 5. Cortisol levels and response to exogenous glucocorticoids. (A-B) Cortisol profile for 5 dpf larvae. For each sample (dot), cortisol was extracted from a pool of 30 animals. n=6 for all groups. Median, interquartile range, and corrected *p* values are shown. (A) Baseline cortisol in control (black) and *dscaml1-/-* (red) animals. (B) Baseline normalized cortisol fold change in control (black) and *dscaml1-/-* (red) animals. (C) Quantification of *crhb* signal 561 intensity per cell in CRH^{NPO} neurons. Vehicle: n=10 (WT), 11 (*dscaml1-/-*). Dex: n=7 (WT), 11

562 (*dscaml1-/-*). Mean, standard error, and corrected *p* values are shown.

Fig. 6. Summary of findings. Schematic summary of findings. CRH^{NPO} neurons are formed normally early on (2 dpf) but begin to exhibit developmental abnormalities in *dscaml1* deficient animals. The developmental deficits of CRH^{NPO} neurons and other systemic developmental deficits likely contribute collectively to cause the hyperactive stress axis and attenuated acute stress response in *dscaml1* mutants.

568 Supplementary Fig. 1. CRHNPO neuron development is impaired in the absence of

569 **ambient light (dark reared).** Quantification of CRH^{NPO} neurons, labeled by *crhb* FISH.

570 Graphs show the signal intensity per cell (A) and cell number (B). Multiple-comparison

571 corrected *p* values are as shown. WT: n=10 (3 dpf), 15 (5 dpf). *dscaml1-/-*: n=17 (3 dpf), 15

572 (5 dpf)

573 Supplementary Fig. 2. The *crhb:LRLG* transgenic line labels CRH-expressing neurons.

574 (A-A") Most RFP+ neurons (magenta, anti-RFP) express the CRH protein (green, anti-CRH).
575 (B) Percentage of RFP+ neurons that express CRH. Mean, standard error, and sample size are
576 shown. The scale bar is 20 μm.

Supplementary Fig. 3. dscaml1 is expressed in CRH^{NPO} neurons during larval
development. Double FISH with crhb (green, A) and dscaml1 (magenta, A") RNA probes at
5 dpf. Merged image is shown in A". Dotted circles mark the outline of crhb+ cells that express
dscaml1 (white) or do not express dscaml1 (yellow). The scale bar is 20 μm.

581 **Supplementary Video 1.** Time-lapse movie of *crhb:LRLG* larvae. CRH neurons were labeled

582 with RFP (magenta) and GFP (green). Two cells (arrowheads, one green and one magenta),

583 the same ones as shown in Fig. 5H-H", move away over time.

- 584 Supplementary Video 2. Time-lapse movie of larvae with CRH neurons labeled with GFP
- 585 (green) and microglia labeled with mCherry (magenta). The red "X" marks the cell indicated
- 586 in Fig. 3I-J'. Maximum projection of z-stack for each time point is shown.

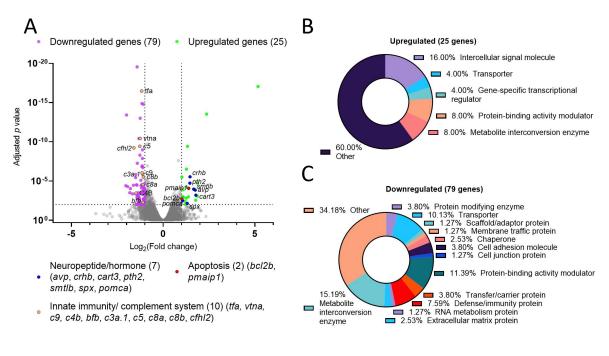
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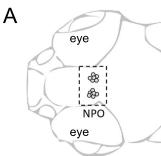
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- 762



П		Number	Over (+)	
υ	GO molecular function (complete)	of genes	/Under(-)	p value
	hormone activity (GO:0005179)	8	+	4.40E-05
	signaling receptor activator activity (GO:0030546)	10	+	6.19E-06
	signaling receptor regulator activity (GO:0030545)	10	+	6.19E-06
	receptor ligand activity (GO:0048018)	10	+	6.19E-06

Figure 1



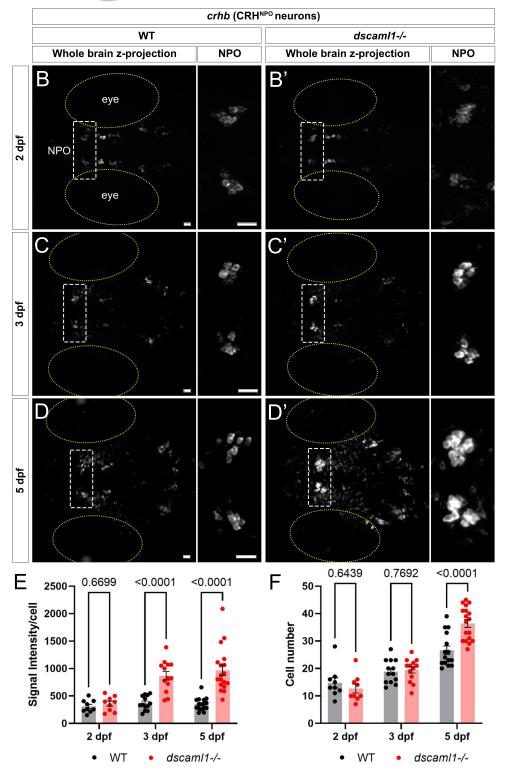
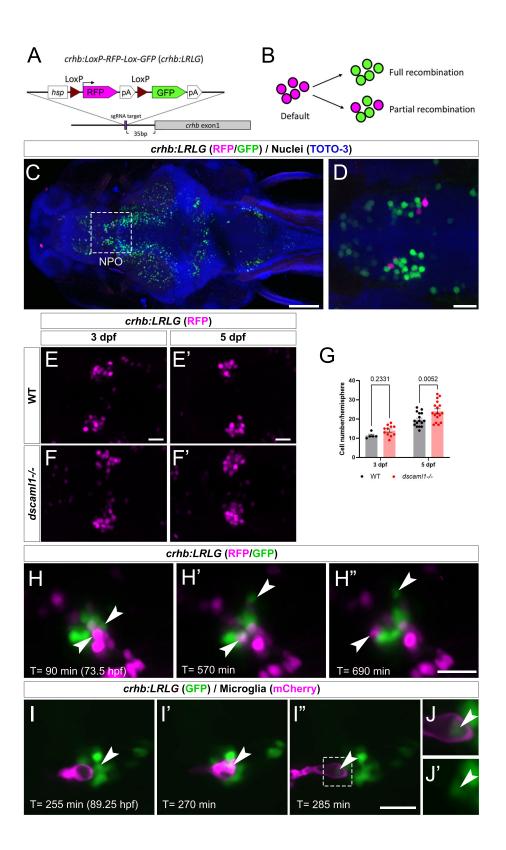
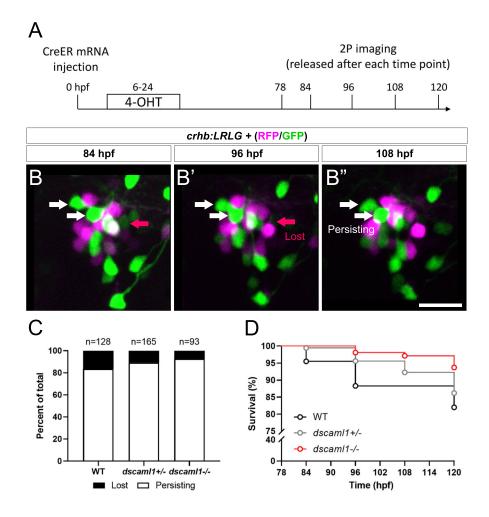
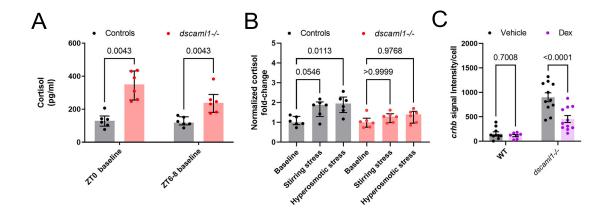
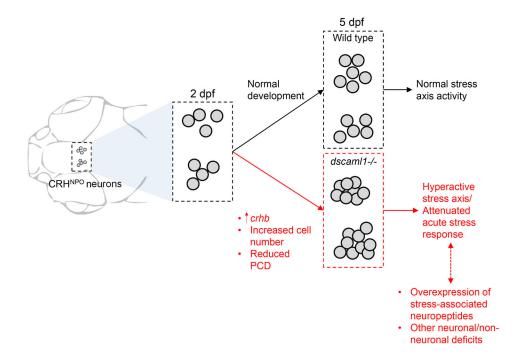


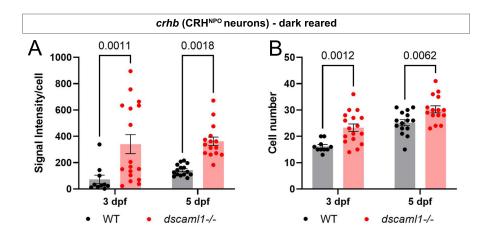
Figure 2

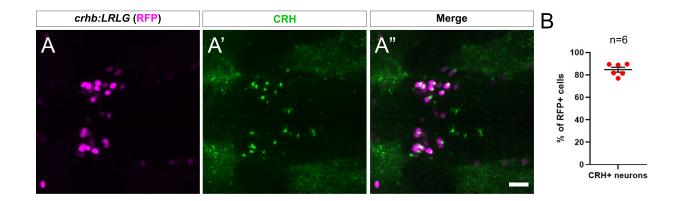




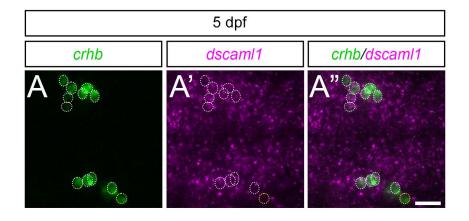








Supp. Fig. 2



Supp. Fig. 3