Luminal epithelial cells integrate variable responses to aging into stereotypical changes that underlie breast cancer susceptibility

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Abstract:

Effects from aging in any single cell are unpredictable, whereas aging phenotypes at the organ and tissue levels tend to appear as stereotypical changes. The mammary epithelium is a bilayer of two major phenotypically and functionally distinct cell lineages, the luminal epithelial and myoepithelial cells. We have shown that mammary epithelia exhibit substantial stereotypical changes with age which merits attention as they are putative breast cancer cells of origin. We hypothesize that effects from aging that impinge upon maintenance of lineage fidelity increases susceptibility to cancer initiation. From transcriptomic analyses of luminal and myoepithelial lineages from reduction mammoplasties, we identified two models of age-dependent changes in gene expression – directional changes and increased variance – that contributed to genome-wide loss of lineage fidelity. Age-dependent variant responses were common to both lineages, whereas directional changes were almost exclusively detected in luminal epithelia and implicated downregulation of chromatin and genome organizers such as SATB1. Epithelial expression of gap junction protein GJB6 increased with age, and modulation of GJB6 expression in heterochronous co-cultures revealed that it provided a communication conduit from myoepithelial cells that drove directional change in luminal cells. Age-dependent luminal transcriptomes comprised a prominent signal detectable in bulk tissue during aging and transition into frank cancers. A luminal-specific aging biomarker machine learning classifier distinguished normal tissue from breast cancers and was predictive of PAM50 breast cancer subtypes. The variability in expression of age-dependent genes across individuals may influence differential susceptibility to breast cancer initiation in a subtype-specific manner. We speculate that luminal epithelia are the ultimate site of integration of the variant responses to aging in their surrounding tissue and that their emergent aging phenotype both endows cells with the ability to become cancer cells of origin and embodies a biosensor that presages cancer susceptibility.
Keywords

aging; breast cancer; cancer susceptibility; variance; gene expression; differential expression; differential variability; machine learning; PAM50 subtype predictors; SATB1; GJB6

Introduction

The stereotyped aging phenotypes exhibited by organisms, organs, and tissues represent the integration of accumulated, stochastically incurred damages to individual cells that result in commonly understood hallmarks of aging (López-Otín et al., 2013; Todhunter et al., 2018). Age-associated directional changes in transcriptomes of whole tissues are well documented (de Magalhães et al., 2009; Glass et al., 2013; Peters et al., 2015; Volkova et al., 2005). These directional molecular changes explain, at least in part, the noticeable phenotypic changes that accompany aging. However, while increased susceptibility to a plethora of diseases, including cancers is a prominent consequence of aging, the manifestation and onset of diseases vary between same-aged individuals. Indeed, variance between individuals arises in the contexts of tumors, diet, and aging (Bashkeel et al., 2019; de Jong et al., 2019; Slieker et al., 2016; Xie et al., 2011). We propose that the variability across individuals may itself be an important molecular phenotype of aging, and individuals with outlier expression profiles provide an avenue for understanding biological processes that explain the differential cancer-susceptibility of aged individuals.

The breast is an excellent model system for examining aging at the molecular and cellular levels because normal tissue across the adult lifespan is available from common cosmetic and prophylactic surgeries. Cultured pre-stasis human mammary epithelial cells (HMEC) supports growth of all lineages from women across the lifespan (Garbe et al., 2009; Labarge et al., 2013) and enable detailed and reproducible molecular studies of cancer progression (Stampfer et al., 2013). Well-established lineage-specific markers and cell-sorting protocols facilitate
experimentation at lineage-specific resolution. Furthermore, breast tissue provides an ideal model for studying aging-associated cancer susceptibility as 82% of new breast cancers are diagnosed in women ≥50y (DeSantis et al., 2019). Directional changes in gene expression with age were reported in whole breast tissue, including changes associated with breast cancer biological processes (Lee & Lee, 2017; Yau et al., 2007). However, aging is also associated with significant shifts in proportions of breast cell lineages, including epithelial and stromal populations (Benz, 2008; Garbe et al., 2012), so it is unclear how tissue-level molecular changes in normal aging reflect changes in cell-intrinsic and microenvironment states. Lineage-specific analyses are necessary to unravel such mechanisms.

The mammary epithelium, the origin of breast carcinomas, is a bilayer of two major phenotypically and functionally distinct cell lineages. Myoepithelial cells (MEPs) are basally located, contractile and have tumor suppressive properties (Pandey et al., 2010). Luminal epithelial cells (LEPs) are apically-located, secretory and include subpopulations of hormone receptor positive cells (Booth & Smith, 2006). We previously demonstrated loss of lineage fidelity as an aging phenomenon – where the faithfulness of expression of established lineage-specific markers diminishes with age without loss of the lineage-specificity of other canonical markers and the gross phenotypic and histological differences between LEPs and MEPs (Miyano et al., 2017). We hypothesize that the aging mechanisms that impinge upon the genome-wide maintenance of lineage fidelity are drivers of susceptibility to cancer initiation in breast tissue.

Here we demonstrate how age-dependent directional and variant transcriptional responses integrate in breast epithelia and explain how these changes could lead to increased susceptibility to cancer initiation. Through transcriptomic profiling of primary LEPs and MEPs, we showed that loss of lineage fidelity in gene expression with age was a genome-wide phenomenon. We identified two models mediating loss of lineage fidelity in breast epithelia with age: (i) via directional changes identified through differential expression (DE); or (ii) via an increase in variances identified through differential variability (DV) analysis. Age-dependent DE explained
part of the observed loss of lineage fidelity, while our model of the overall increase in variances with age also accounted for a comparable fraction of this loss. Directional changes in expression with age strikingly occurred almost exclusively in luminal cells, whereas changes in variance were found in both epithelial lineages. The genome-wide directional changes in LEPs involved dysregulation of chromatin and genome organizers such as SATB1 with age, which we also detected in bulk tissue. Loss of lineage fidelity led to enrichment of genes and biological processes commonly dysregulated in cancers, and alteration of the LEP-MEP interactome that was significantly modulated by apical cell-cell junction proteins, such as GJB6. Modulation with shRNA GJB6 in MEPs was sufficient to reduce the rate of molecular aging of adjacent LEPs as determined with a breast specific biological clock. Genes that showed age-dependent directional and variable changes in normal LEPs had predictive value in distinguishing normal breast tissue from breast cancers and classifying breast cancer PAM50 subtypes. Age-dependent changes in LEPs reflected dysregulation of biological processes that are convergent with breast cancer. The degree and variability of age-dependent changes across individuals may explain the differential susceptibility of specific individuals to breast cancer initiation, and to the development of specific breast cancer subtypes.

Results

Genome-wide loss of lineage-specific expression in breast epithelia with age

FACS-enriched LEPs and MEPs were isolated from 4th passage finite-lifespan HMEC from reduction mammoplasties from two age cohorts: younger <30y women considered to be premenopausal (age range 16-29y) and older >55y women considered to be postmenopausal (age range 56-72y) (Figure 1—Supplementary table 1A). We analyzed the expression of 17,165 genes with comparable dynamic ranges and consistent lineage-specific expression between primary organoid and 4th passage LEPs and MEPs in both age cohorts (linear regression
R2 = 0.88 to 0.91, p<2.2x10^-16) (Figure 1—figure supplement 1A-D). To understand how lineage fidelity of the two main epithelial cell types in the breast (Figure 1A) changes with age, we performed differential expression (DE) analysis comparing LEP and MEP expression in younger <30y and older >55y women. DE genes between LEPs and MEPs decreased with age (adj. p<0.05, <0.01, <0.001) (Figure 1—figure supplement 1E-F). Restricting analysis to genes with strong lineage-specific bias (DE adj. p<0.001, lfc≥1), we found 4,040 genes (23% of all genes analyzed) with highly significant lineage-specific DE in younger women – of which 59% were LEP-specific and 41% were MEP-specific. In contrast, 3,345 genes had highly lineage-specific DE in older women – of which 56% were LEP-specific and 44% were MEP-specific. Shifts in lineage-specific expression with age were illustrated in the strata-plot in Figure 1B. Loss of lineage-specific expression with age occur genome-wide and was detected in 1,022 genes – a majority of which (65.5%) were LEP-specific.

We defined loss of lineage fidelity as a loss of the faithful expression of lineage-specific markers with age. Statistically, we described this loss as a phenomenon whereby the magnitude of gene expression differences that distinguish LEPs from MEPs decreased with age. This is seen as shifts in distributions of fold changes between lineages to smaller values in the older cohort (Kolmogorov-Smirnov two-sample test, KS p<2.2x10^-16) (Figure 1C). We found that 76% of LEP-specific genes and 63% of MEP-specific genes had higher fold changes between lineages in younger cells compared to older cells (Figure 1D). These percentages indicated loss of lineage fidelity was not restricted to genes that lost lineage-specific expression. Indeed, within the subset of genes where lineage-specific DE was maintained with age by significance threshold, the majority – 67% of LEP-specific genes and 54% of MEP-specific genes, still showed larger fold differences between LEPs and MEPs in younger women (Figure 1E). These data expand on our earlier findings that identified loss of lineage fidelity in a limited set of lineage-specific probes (Miyano et al., 2017), and underscore the genome-wide nature of this phenomenon whereby gene
expression differences that distinguish the major epithelial lineages of the breast decrease with age.

Loss of lineage fidelity with age leads to disrupted lineage-specific signaling

Because loss of lineage-specific expression could upset the relative balance of ligands and receptors in each lineage, we explored how loss of lineage fidelity could lead to disrupted or dysregulated cell-cell communication between neighboring cell types. We defined the breast interactome as a set of possible ligand-receptor interactions between cell populations based on the DE of cell-specific ligands and their cognate receptors in younger women. Using published ligand-receptor pairs (LRPs) (Ramilowski et al., 2015), we identified 224 candidate lineage-specific LRPs in younger LEPs and MEPs based on the DE of 62 LEP-specific and 66 MEP-specific ligands, and 45 LEP-specific and 47 MEP-specific cognate receptors (Figure 2—figure supplement 1A). Protein-protein interaction (PPI) functional enrichment of lineage-specific LRPs identified top KEGG canonical biological pathways (FDR p<0.001) (Figure 2—figure supplement 1A), with ligands and receptors related to cytokine-cytokine receptor interaction, PI3K-Akt, MAPK and Rap1 signaling commonly enriched in LEPs and MEPs. Enrichment of cytokine, immune and infection-related pathways further suggested lineage-specific interactions between epithelial and immune cells. LEP-specific LRPs were enriched for cell adhesion molecules (CAMs) involved in cell-cell and cell-ECM interactions, and axon guidance molecules (AGMs), while MEP-specific LRPs were enriched for ECM-receptor interaction and focal adhesion LRPs.

Loss of lineage fidelity with age led to disruption of 74 LRPs based on the loss of lineage-specific expression of ligands and/or their cognate receptors (Figure 2B, Figure 2—figure supplement 1B). For each lineage, we considered KEGG canonical biological pathways (FDR p<0.01) that were likely to exhibit dysregulated signaling either through direct disruption of the
LRPs due to loss of lineage-specific signaling of the ligand or receptor, or indirect loss of signaling homeostasis via dysregulation of its cognate pair (Figure 2—figure supplement 1B). Loss of lineage-specific expression of LEP LRPs with age was enriched for canonical pathways involved in (1) cell-cell and cell-ECM interactions including CAMs, AGMs and adherens junctions, and (2) cytokine, immune and infection-related pathways. Loss of lineage-specific expression of MEP LRPs with age were associated with (1) pathways in cancer; (2) pathways involved with MAPK, EGFR, NOTCH and PI3K-AKT signaling; and (3) MEP contractility. These findings suggest that loss of lineage fidelity with age has the potential to affect a wide range of biological processes regulating lineage-specific function and signaling, including potential dysregulation of cancer-related processes and immune-specific signaling by the epithelia.

Models of loss of lineage fidelity in breast epithelia

To understand the changes within each cell population that contribute to the observed aging-associated loss of lineage fidelity, we explored two models that could explain the decrease in DE between LEPs and MEPs with age. The first model took into account age-dependent directional changes either through stereotypic up- or down-regulation, leading to loss of lineage-specific expression – e.g., LEPs acquire MEP-like expression patterns and/or MEPs acquire LEP-like expression patterns in the older cohort (Figure 3Ai). The second model considered aging-associated increase in variances in the expression of lineage-specific genes in LEPs and/or MEPs from older women, leading to a loss of detection of DE between lineages (Figure 3Aii). We describe the contributions of each in the following sections.

The luminal lineage is a hotspot for age-dependent directional changes

There was an extreme lineage bias in the numbers of DE genes between younger and older cells, with the majority of age-dependent changes occurring in LEPs. In LEPs, 471 genes
were DE as a function of age; in contrast, in MEPs only 29 genes were DE with age (adj. \( p<0.05 \)) (Figure 3B). Moreover, we identified age-dependent changes that showed lineage independence with five genes: \( LRRC4, PSORS1C1, SCNN1B, ZNF18B, \) and \( ZNF521 \) commonly DE across cell types, leaving only 24 genes changed with age exclusively in MEPs. That stereotypic directional changes associated with aging were almost exclusively found in LEPs suggests that this lineage could serve as a primary indicator of aging – a proverbial canary in the coalmine.

To understand the contribution of age-dependent directional changes in driving loss of lineage fidelity (Figure 3Ai), we examined the overlap of age-dependent DE genes with genes that lost lineage-specific DE. Only 9% of the loss in lineage-specific DE was explained by age-dependent DE in LEPs or MEPs at adj. \( p<0.05 \). If we considered all genes with at least 2-fold change DE with age, these age-dependent directional changes accounted for only 21% of loss of lineage-specific expression events, leading to a significant decrease in the magnitude of expression fold changes between LEP- and MEP-specific expression in the older cells (Figure 3C). These findings suggest that other mechanisms play a substantial role in regulating lineage fidelity, and that molecular changes associated with aging are not limited to stereotyped directional changes.

Because dysregulation of regulatory factors like transcription factors (TFs) could lead to further dysregulation of downstream targets, we compared TF expression between younger and older cells in each lineage. Expression of key TFs (Lambert et al., 2018) were significantly altered in older cells, with 50 TFs showing age-dependent DE in LEPs, and 4 TFs DE in MEPs (adj. \( p<0.05 \)), the majority of which have known roles in breast cancer progression. These included highly expressed TFs in younger LEPs that were down-regulated with age, such as: LEP-specific TF \( ELF5 \) (Miyano et al., 2021), \( GRHL2, SGSM2, HES4, ZNF827 \), and genome organizer \( SATB1 \) (Figure 3—figure supplement 1Ai-v). Loss of \( GRHL2 \) and \( SGSM2 \) are associated with down-regulation of E-cadherin and epithelial-to-mesenchymal transition (EMT) in mammary epithelial cells (Lin et al., 2019; Xiang et al., 2012). \( HES4 \) is a canonical target gene of Notch1 which plays
an important role in normal breast epithelial differentiation and cancer development (Kontomanolis et al., 2018). ZNF827 mediates telomere homeostasis through recruitment of DNA repair proteins (Vilas et al., 2018). And SATB1 has genome organizing functions in stem cells and tumor progression (Kohwi-Shigematsu et al., 2013). Several TFs also gained expression in older LEPs, including: SP3 and ZNF503 (Figure 3—figure supplement 1Avi-vii). SP3 silencing inhibits Akt signaling and breast cancer cell migration and invasion (Mansour, 2020). ZNF503 inhibits GATA3 expression, a key regulator of mammary LEP differentiation, and down regulation is associated with aggressive breast cancers (Kouros-Mehr et al., 2006; Shahi et al., 2017). Age-dependent dysregulation of TFs in LEPs may presage larger-scale changes through TF binding of gene regulatory regions of downstream targets in older LEPs.

Aging-associated increase in variance contributes to loss of lineage fidelity

Next, we explored the alternate model that incorporated measures of variance as an explanation for the loss of lineage-specific expression in older epithelia (Figure 3Aii). Gene expression means and variances (Figure 3—figure supplement 1B-E) of LEPs and MEPs from younger cells were categorized into quantiles and corresponding categories in older cells were then assessed. Gene expression means shifted minimally between younger and older cells (Figure 3—figure supplement 1B-C), whereas shifts in variances occurred at a much higher frequency (Figure 3—figure supplement 1D-E). Though the dynamic ranges of gene expression in LEPs and MEPs changed as a function of age, these changes were not stereotyped across individuals – i.e., different aged individuals had different sets of genes that deviated from the range of expression seen in younger samples.

Differential variability (DV) analysis identified 137 genes in LEPs and 128 genes in MEPs with significant age-dependent DV (adj. \( p<0.05 \)) (Figure 3D). Twelve regulatory TFs in either LEPs or MEPs that had tuned windows of expression in younger cells were dysregulated in older cells through a significant increase in variance (adj. \( p<0.05 \)) (Figure 3—figure supplement 1F-
and included HES4, GLI1 and KDM2B in LEPs, and HES6 in MEPs. HES4, which was also DE with age, is a known Notch target. GLI1 activates the hedgehog pathway in mammary stem cells (Bhateja et al., 2019). Estrogen-regulated HES6 is known to enhance breast cancer cell proliferation (Hartman et al., 2009). And lastly, KDM2B (FBXL10), which was down-regulated in a subset of older women (Figure 3—figure supplement 1Aviii), is a histone demethylase ZF-CxxC protein that binds unmethylated DNA. These analyses suggested that age-dependent variability in expression across individuals can lead to differential outcomes as different downstream targets could be modulated in different individuals.

To understand how our model of age-dependent variability affected lineage-specific expression, we focused on genes that lost lineage-specific expression with age and that showed at least a 2-fold increase in variance in the older cohort. Genes with 2-fold increases in variances with age explained 27% of the observed loss of lineage-specific expression events, on a par with the proportion (21%) explained by genes that had 2-fold changes in DE. Both of our models of directional and variant changes with age led to a significant decrease in the differential magnitude of LEP- and MEP-specific expression in the older cells (Figure 3C, 3E).

These data suggest that increased variances in transcription are considerable drivers of the loss of lineage fidelity in breast epithelia. The observed variances across the older cohort may underlie the age-dependent dysregulation of susceptibility-associated biological processes in specific individuals.

Hallmark pathways associated with cancer are dysregulated with age in luminal and myoepithelial lineages

Gene set enrichment analysis (GSEA) identified Molecular Signatures Database (MSigDB) hallmark gene sets that were dysregulated with age, including gene sets known to be dysregulated in breast cancers that were enriched in older LEPs and MEPs (Figure 3F-3G).
Seventeen hallmark gene sets were significantly modulated in LEPs (adj. \( p < 0.05 \)) based on DE (Figure 3F top). Three immune-related gene sets were enriched in younger LEPs and included genes up-regulated in response to interferon IFN-alpha and -gamma, and during allograft rejection. In contrast, 14 gene sets were enriched in older LEPs, which included: genes regulated by MYC; genes encoding cell-cycle related targets of E2F TFs and involved in the G2/M checkpoint; genes upregulated by mTORC1 complex activation and during unfolded protein response; and genes involved in the p53 and protein secretion pathways.

Twenty hallmark gene sets were significantly modulated in MEPs (adj. \( p < 0.05 \)) based on DE (Figure 3G top). Five gene sets were enriched in younger MEPs, including: MYC and E2F targets; and genes defining EMT. In contrast, 15 gene sets were enriched in older MEPs, including: genes involved in p53 pathways; genes down-regulated by KRAS activation; genes mediating programmed cell death by caspase activation (apoptosis); immune-related gene sets upregulated in response to IFN-alpha, IFN-gamma and by IL-6 via STAT3, genes regulated by NF-kB in response to TNF and genes encoding components of the innate complement system; and genes encoding components of apical junction complex.

Five gene sets were significantly modulated (adj. \( p < 0.05 \)) based on DV and were enriched in older LEPs (Figure 3F bottom). These included: E2F targets that were similarly enriched via DE; genes defining responses to inflammation; and genes upregulated in response to IFN-alpha and IFN-gamma – gene sets that in contrast were enriched via DE in LEPs of younger women. Seven gene sets were significantly modulated (adj. \( p < 0.05 \)) based on DV and enriched in older MEPs (Figure 3G bottom). These included: genes involved in DNA repair and G2/M checkpoint; genes regulated by NF-kB in response to TNF – a gene set similarly enriched via DE; as well as MYC targets, E2F targets, and genes defining EMT – gene sets that in contrast were enriched via DE in MEPs from younger women.

Several enriched gene sets were involved in processes that were disrupted with age either via DE or DV in LEPs and MEPs, and such overlaps likely suggest integration of directional and
variant responses and reflect their convergent impact in common biological processes. Furthermore, the divergence in the age-dependent DE and DV enrichment of cellular processes, such as MYC gene targets and genes involved in immunomodulatory signaling, suggests the genes that become variable with age are associated with pathways that are otherwise important in maintaining lineage-specificity and -function in younger cells.

Age-dependent directional changes in the luminal lineage are indicators of aging breast tissue

Because LEPs dominated the age-specific signal amongst epithelia, we examined if the age-dependent DE contribution of the luminal lineage was detectable in bulk normal primary breast tissue (GSE102088, n=114) (Song et al., 2017). Genome-wide analysis showed 97 genes to be DE between younger <30y and older >55y tissues (adj. p<0.05).

Only genome organizer SATB1, which showed significant LEP-specific expression compared to MEPs (adj. p<0.001, lfc≥1) (Figure 4Ai), was significantly downregulated in both LEPs and breast tissue of older relative to younger women (adj. p<0.05) (Figure 4Ai-ii), suggesting that age-dependent changes in other cell populations may confound detection of the LEP-specific signal. This decrease with age in SATB1 was also detected in normal breast tissue of women with cancer in the TCGA cohort (Wilcoxon adj. p<0.001) (Figure 4Aiii). All breast cancers expressed lower levels of SATB1 compared to matched normal tissue (Kruskal-Wallis, KW, adj. p<0.0001); within PAM50 breast cancer subtypes, LumA, LumB and Her2 had the lowest expression of SATB1 relative to Basal and Normal intrinsic subtypes (KW adj. p<0.0001) (Figure 4Aiv). Together, these results suggest that SATB1-mediated genome organization may play a regulatory role in the maintenance of the luminal lineage and the observed genome-wide dysregulation with age and breast cancer.
Since we expected the signal in bulk tissue to be muted due to cellular heterogeneity, we also explored the additional 4,096 genes with nominally significant DE between younger and older tissue (unadj. \( p<0.05 \)). To characterize the contribution of the LEP lineage to aging biology of the breast, we examined the intersection of the 471 DE age-dependent genes in LEPs with those found in bulk tissue. Of the 220 genes upregulated in older LEPs, 12% show nominally significant DE in tissue (Figure 4B), including GATA3 inhibitor ZNF503 (Figure 3—figure supplement 1Avii). Of the 251 genes downregulated in older LEPs, 14% show nominally significant DE in tissue (Figure 4C), including EMT-associated GRHL2 (Figure 3—figure supplement 1Ai) and LEP-specific TF ELF5 which we had previously shown to be predictive of accelerated aging in genetically high risk LEPs (Miyano, Sayaman et al., 2021). Of the 61 genes commonly dysregulated between younger and older LEPs and breast tissue, 17 were LEP-specific and 14 were MEP-specific in our lineage-specific DE analysis.

Common age-dependent DE genes between LEPs and bulk tissue showed significant PPI network enrichment (PPI enrichment \( p=0.014 \)), including a 51-gene network that involved 11 DE TFs (Figure 4D) and 10 genes with high connectivity in the network (degree >10) that are potential nodes of integration. These include genes downregulated in the older group: TF BCL11A – a subunit of the BAF (SWI/SNF) chromatin remodeling complex (Kadoch et al., 2013), TF SOX4 – involved in determination of cell fate, TF GRHL2, MLLT3 – a chromatin reader component of the super elongation complex (SEC) (Moustakim et al., 2018); and genes upregulated in the older group: DPP4 (CD26) – a cell surface receptor involved in the costimulatory signal essential T-cell activation (Ikushima et al., 2000), HSPA12A – heat shock protein associated with cellular senescence, and KITLG – a ligand for luminal progenitor marker c-KIT in breast (Kim & Villadsen, 2018). Community detection algorithm identified 7 communities (Figure 4D). Functional network enrichment (FDR<0.05) showed that Community 3 anchored by TFs BCL11A and SOX4 was enriched for genes associated with transcriptional regulation. SATB1, BCL11A, MLLT3 and ZNF521 were linked to chromosomal rearrangement and were downregulated in LEPs and breast
tissues of older women and in certain breast cancer subtypes (Figure 4—figure supplement 1B1-iii). Community 4 members RARB, TIMP3 and CDH13 have been implicated as tumor suppressor gene targets of DNA methylation and epigenetic regulation in cancers. In addition, community 7 members PHC1 and PCGF3 are components of the Polycomb group (PcG) multiprotein polycomb repressor complex (PRC)- PRC1-like complex which is required for maintenance of the transcriptionally repressive state of many genes throughout development. PHC1 and PCGF3 were downregulated in LEPs and breast tissues of older women and in certain breast cancer subtypes (Figure 4—figure supplement 1Biv-v).

Taken together, genes commonly DE in younger and older LEPs and breast tissue either reflect stereotypic aging-associated molecular changes across different breast cell populations or are driven by LEP-specific changes, suggesting that age-dependent molecular changes in LEPs contribute to essential processes involved in the aging biology of the entire breast, and that are dysregulated in cancers.

Genes encoding for cell-cell junctional proteins are dysregulated in aging epithelia

We showed previously that MEPs can impose aging phenotypes on LEPs – with LEPs from younger women acquiring expression patterns of older LEPs when co-cultured on apical surfaces of MEPs from older women (Miyano et al., 2017). This non-cell autonomous mechanism of aging requires direct cell-cell contact between LEPs and MEPs, suggesting that cell-cell junctional proteins play a role in age-dependent dysregulation in LEP-MEP signaling. Indeed, we identified apical junction-associated genes to be significantly enriched with age in MEPs (Figure 3M).

We explored age-dependent dysregulation of known adherens, tight, and gap junctions, desmosomes, and cell adhesion molecules (CAM) in LEPs and MEPs to identify candidate genes that may regulate communication between the lineages. Because age-dependent changes
involve both DE and DV, we performed the non-parametric Lepage test to jointly monitor the central tendency and variability of gene expression of 198 genes encoding for cell-surface junction proteins between the younger and older cohorts. We found 42 genes were modulated in LEPs and/or MEPs with age (Lepage test \( p<0.05 \)) (Figure 5—figure supplement 1A). These include genes that were modulated via a significant directional change with age such as the desmosomal cadherins genes, \( DSG3 \) (desmoglein) and \( DSC3 \) (desmocollin), which have been previously shown to be expressed in both LEPs and MEPs (Garrod & Chidgey, 2008) (Figure 5—figure supplement 1Bi-ii); and the genes encoding for essential tight junction components, \( CLDN10 \) and \( CLDN11 \) (Figure 5—figure supplement 1Biii-iv).

Gap junction \( GJB6 \) (Connexin-30), which is expressed in both LEPs and MEPs in the normal mammary gland and forms homo- (LEP-LEP) and hetero-cellular (LEP-MEP) channels (Teleki et al., 2014) (Figure 5A), is of specific interest as it showed modulation via an increase in variance in older MEPs \( (p=0.02) \) and nominal increase in variance in older LEPs \( (p=0.06) \) (Figure 5B). As such, modulation of \( GJB6 \) provided an avenue for exploring changes that could occur in both lineages and in only a subset of older women that may thus lead to differential susceptibility across aged individuals. To understand the transcriptional regulation of the \( GJB6 \) junctional protein, we explored the ChIP-seq (Cistromics) mammary gland data from The Signaling Pathways Project (SPP) Ominer database (Figure 5C). Nine TFs had binding signals within +/-10 of the TSS of \( GJB6 \), including progesterone receptor PGR, MYC and the LEP-specific TF \( ELF5 \) – which we have previously shown to be regulated via direct LEP-MEP interactions in co-culture studies (Miyano et al., 2017).

Gap Junction protein \( GJB6 \) is a mediator of the non-cell autonomous mechanism of aging in breast
Because changes in MEPs are predominantly associated with DV rather than DE, we hypothesized that LEPs serve as integration nodes for dysregulation in MEPs where variant changes converge via common pathways leading to directional changes in genes downstream of these pathways (Figure 5D). We identified TF ELF5 to be one such target; indeed, expression of the highly LEP-specific TF was dynamic and responsive to microenvironment changes (Miyano et al., 2017), and serves as an independent biological clock in breast (Miyano et al., 2021). ELF5 was downregulated in younger LEPs when co-cultured on apical surfaces of older MEPs for 10 days (Figure 5E), concordant with the observed phenomenon of ELF5 downregulation in LEPs with age.

We asked whether knockdown or inhibition of GJB6 expression in the subset of older MEPs with higher expression relative to younger MEPs could restore proper signaling between LEPs and MEPs. To test this, we used our established heterochronous co-culture system and used recovery of LEP expression of ELF5 as a readout (Figure 5F). If bringing variant GJB6 under tighter control prevents chronologically older MEPs from imposing older biological ages in younger LEPs, then ELF5 levels should not decrease in co-culture. FACs-enriched LEPs from younger women were co-cultured for 10 days on older MEPs treated with either shGJB6 or scramble shRNA (shCtrl) (Figure 5F, Figure 5—figure supplement 1C). When co-cultured on top of older MEP-shGJB6 relative to MEP-shCtrl, LEP-expression of ELF5 was maintained at higher levels (Figure 5H), consistent with higher expression levels in younger women. LEP-expression of ELF5 likewise showed a stepwise (though non-significant) increase when older MEP feeder layers were pre-treated with increasing concentrations of a non-specific gap junction inhibitor 18 alpha-glycyrrhetinic acid (18αGA) (Figure 5—figure supplement 1D). Thus, reducing the level or variance of GJB6 prevented older MEPs from imposing an older biological age in younger LEPs as determined by ELF5 expression.

These data suggest that variance is a driver of stereotypical aging phenotypes at the tissue level, and that constraining specific changes caused by an increase in molecular noise
during aging – such as in cell-cell communication nodes, may prevent the spread of age-related cues amongst epithelia.

Age-dependent dysregulation in LEPs shape predictors of normal breast tissue and PAM50 subtypes

GSEA and literature review discussing genes with age-dependent changes in LEPs revealed enrichment for pathways and genes commonly dysregulated in breast cancers. We therefore assessed whether DE and DV genes that change in LEPs with age can be used as biomarkers that can classify normal tissue from cancer and predict breast cancer subtypes.

Using 75% of TCGA data for training and cross-validation (n=873), we built an elastic net machine learning (ML) classifier of normal breast tissue and PAM50 breast cancer subtypes based on the 536 age-dependent DE and DV genes identified in LEPs. The best performing model selected during cross-validation had a mean balanced accuracy of 0.91, mean sensitivity=0.86, and mean specificity=0.96. Our ML classifier proved predictive in the remaining 25% of TCGA test data which the model had not seen (n=288, mean balanced accuracy=0.93, mean sensitivity=0.88, mean specificity=0.97), and in an independent test set composed of normal tissue from GTEx and breast cancer tissue from GSE81540 (n=3,364, mean balanced accuracy=0.87, mean sensitivity=0.77, mean specificity=0.94) (Figure 6A-6C). We further assessed our ML model performance in the two test sets using three measures of the area under the curve (AUC) for multi-class prediction: (i) AUC of each group vs. the rest; (ii) micro-average AUC calculated by stacking all groups together; and (iii) macro-average AUC calculated as the average of all group results (Wei & Wang, 2020). We found all per group vs. rest AUC to be > 0.9, and micro-average and macro-average AUC > 0.95 in both the TCGA and GTEx/GSE81540 test sets as annotated in (Figure 6B-6C). In addition to accurately classifying PAM50 subtypes, LEP-
specific aging biomarkers identified normal from cancer tissue 100% and 93.3% of the time respectively in the TCGA and GTEx/GSE81540 test sets.

We next identified the genes that contributed most to the ML predictor. We identified 127 genes with scaled variable importance ≥25% in at least one class (Figure 7), with 18% deriving from DV analysis. Of these, estrogen receptor ESR1 downregulated in older LEPs and transmembrane protein TMEM45B upregulated in older LEPs are part of the 50-gene PAM50 subtype predictors with prognostic significance (Parker et al., 2009). We highlight the top five genes with the highest variable importance for each class: (i) Normal tissue – FN1, ABCA10, HAS3, KLHL13 and ACVR1C; (ii) PAM50 LumA – FAM198B, HSD17B1, SEC chromatin reader component MLLT3 discussed previously, SERPINE1 and PLIN2; (iii) PAM50 LumB – GPR108, TRIM29, desmosomal cadherin DSG3 discussed previously, ESR1 and ZNRF3; (iv) PAM50 Her2 – ESR1, TMEM45B, FA2H, CDK12 and TMEM63C; and (iv) PAM50 Basal – SLC25A37, PGBD5, BAIAP2L2, TBX19 and GPR161 (Figure 7—figure supplement 1A-E). Top Normal, PAM50 Her2 and PAM50 Basal predictors show larger differences in median expression relative to each of the other subtypes; in contrast LumA and LumB top predictors show distinct expression compared to non-luminal subtypes but exhibit relatively smaller but nonetheless significant differences in median expression between each other (Figure 7—figure supplement 1A-E).

Our results illustrate that age-dependent changes in LEPs embody biology that is relevant and contributes to tissue-level prediction of breast cancer. These changes may reflect age-related dysregulation convergent with development of frank tumors. The degree and variability of these age-dependent changes across individuals may explain the differential susceptibility of specific individuals to breast cancer initiation, and the development of specific breast cancer subtypes.

Discussion
Using lineage-specific analyses we have shown that aging involves integration of directional and variant responses that reshape the transcriptomic landscape of the two main epithelial lineages of the breast, the LEPs and MEPs. These changes lead to a loss in lineage fidelity with age where faithfulness of lineage-specific expression is diminished. This is seen via the genome-wide loss of tuned windows of expression of lineage-specific genes and a decrease in the magnitude of differential expression between the genes that define LEPs and MEPs. Through our approach, we dissected the contribution of each epithelial lineage and identified two models mediating this loss of lineage fidelity in breast epithelia with age – either via directional changes, as measured by differential gene expression; or via an increase in variance, as measured by differential variability analysis. Aging-dependent increases in expression variances occur in both lineages, whereas the overwhelming majority of directional expression changes with age occurred in LEPs. This is a striking finding when one considers the two lineages arise from common bipotent progenitors, and with their juxtaposition in tissue allowing for direct cell-cell communication.

We hypothesize that LEPs are the nexus of integration for variant responses that lead to stereotyped directional age-dependent outcomes in mammary gland – the likely result of a dynamic process of iterative feedback between LEPs and MEPs, and other cell types in the breast. LEPs from older women still maintain canonical LEP-specific features, whereas they exhibit genome-wide loss of lineage fidelity that implicate dysregulation of genes with known roles in breast cancer. This suggests that susceptibility to cancer entails loss of proper specification of the luminal lineage, and that age-dependent molecular changes in LEPs contributes to this loss. Age-dependent directional changes in LEPs are reflected in bulk tissue and implicated downregulation of chromatin and genome organizers such as SATB1, suggesting means by which loss of lineage fidelity may be perpetuated genome-wide. The pathways affected by transcriptomic changes during aging are commonly linked with breast cancer, and the age-dependent changes in LEPs reflect relevant biology that distinguish normal tissue from breast...
cancers and is predictive of PAM50 breast cancer subtypes. Together our findings illustrate how age-dependent changes in LEPs contribute to the aging biology of breast tissue, and we propose that this biology reflects dysregulation convergent with processes associated with breast cancers.

Aging studies that examined gene expression in human tissues have been largely restricted to analysis of bulk tissue, lacked cell-type specific resolution, and were focused on directional changes with age using DE analysis. Bulk analyses make it impossible to separate impacts of aging that are driven by the intrinsic changes that occur molecularly within each lineage versus compositional changes that reflect shifts in cell type proportions. Lineage-specific analyses provide intermediate resolution between bulk RNA-seq and single-cell RNA-seq and allows for cost effective analysis of cell population-level responses and interactions. As such, lineage-resolution analyses also provide an avenue to validate computational deconvolution methods that have emerged to extract cell-type specific contributions in bulk tissue (Shen-Orr & Gaujoux, 2013; Titus et al., 2017). We provided evidence that tissue-level changes with age are driven not just by changing compositions of the breast (Benz, 2008; Garbe et al., 2012), but by intrinsic molecular changes in the underlying cell populations. Indeed, while bulk tissue expression does reflect cellular heterogeneity, we identified age-dependent changes in bulk tissue that mirror the DE in LEPs with age, suggesting that LEPs contribute, if not drive, the certain emergent properties of breast tissue.

In addition to down regulation of genome organizer SATB1 in LEPs and breast tissue (adj. \( p < 0.05 \)), we also identified another 60 genes that showed concordant directional changes in LEPs (adj. \( p < 0.05 \)) and in primary tissue (unadj. \( p < 0.05 \)) despite the difference in platforms (RNA-seq vs. microarray). Network and community analyses showed enrichment of genes involved in chromosomal rearrangement, including \( BCL11A \) – a subunit of the BAF (SWI/SNF) chromatin remodeling complex (Kadoch et al., 2013), \( MLLT3 \) – a chromatin reader component of the SEC (Moustakim et al., 2018), and \( PHC1 \) and \( PCGF3 \) – components of the PcG multiprotein PRC-1-like complex required for developmental maintenance of repressed but transcriptionally poised...
chromatin configuration through alteration of chromatin accessibility, folding and global architecture of nuclear organization (Illingworth, 2019). Of note, SATB1 has genome organizing functions in tumor progression (Kohwi-Shigematsu et al., 2013), and was downregulated in breast cancer samples relative matched normal samples and is expressed the lowest in luminal subtype cancers – the subtype most associated with aging. BCL11A, MLLT3, ZNF521, PHC1 and PCGF3 also show subtype-specific dysregulation in breast cancers, with BCL11A, ZNF521 and PHC1 specifically downregulated in luminal subtype cancers. We speculate that chromatin and genome organization play a key role in the maintenance of the luminal lineage, and that their dysregulation may mediate loss of lineage fidelity observed genome-wide.

The striking phenotypic changes in LEPs are starkly juxtaposed to MEPs, which have so far revealed few obvious signs of changes with age. Nevertheless, heterochronous bilayers of MEPs and LEPs suggest that the chronological age of MEPs controls the biological age of LEPs, illustrating that MEPs do change with age and revealing the existence of a non-cell autonomous mechanism that integrates aging-imposed damage across the tissue (Miyano et al., 2017). Here, we showed that changes in MEPs largely involved changes in gene expression variances with age. Aging-associated increases in variances in both lineages drove a large fraction of the observed loss of lineage fidelity with age, comparable to the contribution of age-dependent directional changes. In our opinion, changes in variance is an underappreciated component of aging analyses. DE analysis is a ubiquitous statistical tool used in the analysis of expression profiling studies, whereas only more recently have changes in variance been systematically analyzed (Bashkeel et al., 2019; de Jong et al., 2019; Slieker et al., 2016; Xie et al., 2011), along with the development of differential variance analytical tools (Phipson et al., 2016; Phipson & Oshlack, 2014; Ran & Daye, 2017).

For changes to be detected as significant in DE analysis, the following assumptions must be met: (i) the biological phenomenon causes dysregulation that is directional – e.g., genes are either up- or down-regulated; and (ii) dysregulation occurs at the same time – e.g., in the same
genes in the same pattern, across the majority of individuals in the group of interest – i.e., it is stereotypic. While some aging processes may be deterministic, like telomere shortening, other processes may be stochastic, born out of the accumulation of random physicochemical insults that manifest as an increase in noise in the system (Todhunter et al., 2018). In the latter case, the signal itself is the noise in the system. Another way to view this type of dysregulation is by observing the deviation from a set range. A change in the dynamic range of expression, for instance, of regulatory genes such as TFs that have very tuned or narrow windows of expression, can lead to dysregulation as expression deviates from the set range. This noise can lead to decoupling of tightly regulated networks. While both increase and decrease in dynamic range with age do occur, here we specifically focused on increases in variance and its effect on the loss of lineage fidelity with age, hypothesizing that genes that have very tightly tuned windows of expression in younger healthy individuals and that see large increases in variance in older subjects, are good candidates for susceptibility factors that could be predictive of breast cancer risk. Accordingly, in single-cell studies, aged cells were shown to have increased transcriptional variability and loss of transcriptional coordination compared to younger cells of the same tissue (Enge et al., 2017; Kowalczyk et al., 2015; Levy et al., 2020; Martinez-Jimenez et al., 2017), suggesting that increase in cellular heterogeneity with age underlies the population-level increases in variances between the individuals we observed. As such, the molecular signals of aging cells may not be fully captured as stereotyped directional changes – rather a large fraction of age-associated changes will be reflected as increases in measured variance in the molecular signal across an aged cohort.

We identified potential ligand-receptor pairs and junctional proteins including tight junctions, desmosomes and gap junction components, that mediate dysregulated cell-cell and cell-microenvironment signaling within the epithelium. We provided experimental validation for the role of gap junction protein, Connexin-30 (GJB6) in mediating the ability of MEPs to impose an aging phenotype on LEPs (Miyano et al., 2017). It is unclear whether this occurs chemically
through passage of ions or small molecules through gap junction channels, indirectly via gap junction-mediated structural proximity of LEPs and MEPs, or via signaling complexes with connexin-interacting proteins including cytoskeletal elements, tight and adherens junctions, and enzymes like kinases and phosphatases (Dbouk et al., 2009). How this occurs will require further exploration.

GSEA further identified age-dependent enrichment of gene sets in LEPs and MEPs that were commonly dysregulated in breast cancers including gene sets related to: inflammation and immunosenescence, processes synonymous with aging and cancer progression (Fulop et al., 2017); cell-cycle related targets of E2F transcription factors, which are thought to play a role in regulating cellular senescence (Lanigan et al., 2011); and targets of the oncogene MYC. Aging associated changes in the immune response were further implicated in our ligand-receptor pair analysis, where known immune-associated ligands and receptors exhibited loss of lineage-specific expression in breast epithelia. We showed previously that in situ innate and adaptive immune cell infiltration of the breast epithelia and interstitial stroma change with age (Zirbes et al., 2021) how this is linked to the dysregulation of epithelial signaling remain to be explored. Whereas our age-specific analyses did not identify oncogenes that were DE between younger and older epithelia, gene set enrichment in LEPs and MEPs revealed a putative example of priming. We did not detect changes in Myc expression with age, but Myc targets were among the gene sets that were significantly enriched through DE or DV analysis. Myc is amplified or overexpressed in ~35% of breast cancers and exerts pleiotropic effects across the genome (Xu et al., 2010). In the context of cancer progression, Myc is able to induce telomerase activity, which enables bypass of the replicative senescence barrier in mammary epithelial cells (Garbe et al., 2014). While we do not have evidence for the direct involvement of Myc in this context, we speculate that secondary events such as demethylation at Myc binding sites at target genes could explain the enrichment of Myc relevant signatures.
Using machine learning, we built a predictive elastic net model using age-dependent DE and DV genes identified in LEPs that was able to classify normal breast tissue from breast tumors and predicted breast cancer subtypes in test sets of publicly available normal and cancer tissue transcriptomes from more >3,000 women. This illustrates how tissue-level predictive biomarkers of breast cancer with subtype-specific expression relative to matched normal samples are dysregulated with age at the cell population-level as we observed in the luminal lineage. The contribution of non-epithelial cell types to the age-dependent expression of these genes in bulk tissue remain the subject of future studies. Given that the mammary epithelium is the origin of breast carcinomas and age is the most significant risk factor for breast cancers, age-dependent changes in the transcriptomic landscape of luminal cells may be a key contributing factor to the tissue-level dysregulation of cell-cell and cell-microenvironment signaling in breast cancers and may reflect relevant biology convergent with the development frank tumors. Indeed, the variance in expression of these genes across aged individuals may reflect the differential susceptibility of certain individuals to specific breast cancer subtypes.

Conclusions

Our studies culminate in the exploration of how directional and variant responses are integrated in breast tissue of older women that contribute to aging biology. We show that increased variance in the transcriptomic profiles of mammary epithelial lineages across individuals is a substantial outcome of aging and is likely central to our understanding of the increased susceptibility to breast cancers with age. Strikingly, LEPs are able to integrate age-dependent signals from MEPs and almost exclusively exhibit the stereotyped directional changes seen in aging epithelia that comprise a prominent signal detected in bulk tissue. Moreover, age-dependent directional and variant changes in LEPs can shape the tissue-level expression of predictive biomarkers that classify normal tissue and breast cancer subtypes, illustrating how age-
dependent dysregulation may play a key role in the transition into frank cancers. We demonstrate how an increase in molecular noise during aging may lead to sufficient variance in the transcriptomes between aged individuals and propose that this is a mechanism for differential susceptibility to development of breast cancers. Because cancer susceptibility indicates a state that could be more easily pushed towards cancer initiation, we can consider the variances between aged individuals to occupy multiple metastable states, some of which represent susceptible phenotypes that can be perturbed and pushed towards cancer. We speculate that these are examples of age-dependent priming states susceptible to malignant transformation. Therefore, the degree to which breast-cancer associated genes are differentially variably expressed in the transcriptomes of different cell populations of the breast across individuals may explain why breast cancers develop in only a subset of women in a subtype-specific manner.

**List of abbreviations**

18αGA 18 alpha-glycyrrhetinic acid  
adj. p Adjusted p-value (test statistic)  
AGM Axon guidance molecule  
AUC Area under the receiving operator characteristic curve  
BH Benjamini-Hochberg  
CAM Cell adhesion molecule  
ChIP Chromatin immunoprecipitation  
cor correlation  
DE Differential expression or differentially expressed (in context)  
DV Differential variability or differentially variable (in context)  
EMT Epithelial-to-mesenchymal transition  
FDR False discovery rate
GEO    Gene Expression Omnibus
GSEA   Gene set enrichment analysis
GTEx   The Genotype-Tissue Expression Project
HMEC   Human mammary epithelial cells
KS     Kolmogorov-Smirnov test
KW     Kruskal-Wallis test
LEP    Luminal epithelial cells
lfc    log2 fold change (test statistic)
LRP    Ligand-receptor pair
LumA   Luminal A
LumB   Luminal B
MEP    Myoepithelial cells
ML     Machine Learning
MSigDB Molecular Signatures Database
PcG    Polycomb group
PPI    Protein-protein interaction
PPR    Promoter proximal region
PRC    Polycomb repressor complex
rlog   Regularized log
SEC    Super elongation complex
SPP    Signaling Pathways Project
STRING Search Tool for the Retrieval of Interacting Genes/Proteins
TCGA   The Cancer Genome Atlas
TF     Transcription factor
TSS    Transcription start site
UTR    Untranslated region
Methods

Breast tissue collection and HMEC culture: Primary HMECs were initiated and maintained according to previously reported protocols using M87A medium containing cholera toxin and oxytocin at 0.5 ng/ml and 0.1nM, respectively (Garbe et al., 2009; Labarge et al., 2013). For experiments, 4th passage HMECs were cultured to sub-confluence prior to FACS-sorting. HMEC strains used in this study for RNA-seq are provided (Supplementary Table 1A).

Flow cytometry: FACS-enriched LEPs and MEPs were isolated from 4th passage finite-lifespan HMEC from reduction mammoplasties from two age cohorts: younger <30y women considered to be premenopausal (age range 16-29y) and older >55y women considered to be postmenopausal (age range 56-72y). LEP and MEP enrichment was performed across multiple studies (Miyano et al., 2021; Sayaman et al., 2021; Shalabi et al., 2021; Todhunter et al., 2021). Enrichment was conducted by FACS using well-established LEP-specific (CD227 or CD133) and MEP-specific (CD271 or CD10) cell-surface markers. Protocols were validated to sort similar populations regardless of antibody combination. Briefly, breast epithelial cells were stained and sorted following standard flow cytometry protocol. Primary HMEC strains for RNA-seq were stained with anti-human CD227-FITC (BD Biosciences, clone HMPV) or anti-human CD133-PE (BioLegend, clone7), and anti-human CD271-APC (BioLegend, clone ME20.4). Primary HMEC strains for Infinium 450K array stained with anti-human CD227-FITC (BD Biosciences, clone HMPV) and anti-human CD10-PE (BioLegend, clone HI10a).

Cell co-cultures: In co-culture study (Miyano et al., 2017), FACS-enriched MEPs from 4th passage HMEC were re-plated on 6-well plates and cultured until the cells were confluent. The cells were treated with Mitomycin C (Santa Cruz Biotechnology, sc-3514) at 10μg/ml for 2.5h. In co-culture
with shGJB6 study, FACS-enriched control and shGJB6 transduced MEPs from older >55y women were plated on 6-well plates and cultured until the cells were confluent. FACS-enriched 4th passage LEPs from younger <30y women were seeded directly on the mitomycin C-treated or shRNA transduced MEP layer. LEPs from co-cultures were separated after 10 days for gene expression qPCR analysis by FACS using anti-human CD133-PE (BioLegend, clone7) and anti-human CD271-APC (BioLegend, clone ME20.4). For Gap junction inhibition assay, cells were cultured with indicated concentration of 18-alpha-Glyceryretinic acid (Sigma, G8503) for 7 days; LEPs from co-culture were then separated using FACS with anti-CD227-FITC (BD Biosciences, 559774, clone HMPV) and anti-CD10-PE (Biolegend, 312204, clone HI10a).

**RNA isolation and qPCR:** Total RNAs were isolated from enriched LEPs and MEPs with Quick-RNA Microprep Kit (Zymo Research, R1050). For RNA-seq, isolated RNAs were submitted to Integrative Genomic Core at City of Hope (IGC at COH) for library preparation and sequencing. For qPCR, cDNAs were synthesized with iScirpt Reverse Transcription Supermix (BioRad, 1708840) according to the manufacturer's manual. Quantitative gene expression analysis was performed by CFX384 real-time PCR (BioRad) with iTaq Universal SYBR Green Supermix (BioRad, 1725125). Data were normalized to RPS18 or TBP by relative standard curve method.

Forward and reverse primer sequences generated in this study are indicated below:

**GJB6 forward and reverse primers:**
5'-CTACAGGCACGAAACCACCTCG-3', 5’ACCCCTCTATCCGAACCTTCT-3'

**ELF5 forward and reverse primers:**
5'-TAGGGAACAAGGAATTTTTTCCGGG-3', 5'-GTACACTAACCTCGGTCAACC-3'

**TBP forward and reverse primers:**
5'-GAGCTGTGTGATGTAAGTTTCC-3', 5'-TCTGGGTGGATCATATTCTGTAG-3'

**RPS18 forward and reverse primers:**
5'-GGGCGGGCGAAAAATAG-3', 5'-CGCCCTCTTTGGTAGG-3'
Sequences for shGJB6 and shCtrl were ggatacttgctccattcatac and gcttcgcgccgtagtctta, respectively. shCtrl (CSHCTR001LVRU6GP) and shGJB6 Lenti-virus vector (HSH06069132LVRU6GP) were purchased from GeneCopoeia.

**RNA-sequencing:** Transcriptomic profiling of LEPs and MEPs from two age cohorts: younger <30y (m=32 LEP and MEP samples, n=11 individuals) and older >55y (m=22, n=8) women [(Supplementary Table 1A)](https://doi.org/10.1101/2022.09.22.509091) was performed via RNA-sequencing as part of the LaBarge sequencing collection GSE182338 (Miyano et al., 2021; Sayaman et al., 2021; Shalabi et al., 2021). Briefly, RNA sequencing libraries were prepared with Kapa RNA mRNA HyperPrep Kit (Kapa Biosystems, Cat KR1352) or KAPA stranded mRNA-seq (Kapa Biosystems, Cat KK8420) according to the manufacturer's protocol using 100 ng of total RNA from each sample for polyA RNA enrichment. Sequencing was performed on Illumina HiSeq 2500 with single read mode, and real-time analysis was used to process the image analysis. RNA-sequencing reads were trimmed using Trimmomatic (Bolger et al., 2014), and processed reads were mapped back to the human genome (hg19) using TOPHAT2 software (Kim et al., 2013). HTSeq (Anders & Huber, 2010) and RSeQC (Wang et al., 2012) were applied to generate the count matrices.

RNA-sequencing data pre-processing was conducted in DESeq2 (Love et al., 2014) and edgeR (Robinson et al., 2010) on the entirety of the LaBarge sequencing collection GSE182338 (n=120 LEP and MEP samples, m=48 individuals) as described in (Miyano et al., 2021; Sayaman et al., 2021; Shalabi et al., 2021) including samples not included in this study. RNA-seq transcript Ensembl IDs were mapped to corresponding gene symbols, Entrez IDs and Uniprot IDs using EnsDb.Hsapiens.v86 (v2.99.0) database (Rainer, 2017). We restricted analysis to the 17,165 genes with comparable dynamic ranges and consistent lineage-specific expression between primary organoid and 4th passage LEPs and MEPs in both age cohorts (linear regression $R^2 \geq 0.88$ to 0.91, $p<2.2\times 10^{-16}$) [(Supplementary Figure S1A-D)](https://doi.org/10.1101/2022.09.22.509091). ComBat batch-adjusted regularized log
(rlog) expression values (Johnson et al., 2007; Leek et al., 2020; Love et al., 2014) were used for visualization and downstream analysis.

**Public Data Sets:** For differential expression analysis in bulk normal primary breast tissue, GSE102088 (Song et al., 2017) microarray data (n=114) were downloaded from the Gene Expression Omnibus (GEO) database using the GEOquery (Davis & Meltzer, 2007). For machine learning, three data sets were used: (1) TCGA RNA-seq FPKM data from matched normal or PAM50 Normal, Luminal A (LumA), Luminal B (LumB), Her2 and Basal subtype breast cancer tissues (n=1,201) were downloaded using TCGAbiolinks (Colaprico et al., 2016) package; (2) GTEx RNA-seq count data from female subjects (n=180) were downloaded using the recount3 (Collado-Torres et al., 2017; Wilks et al., 2021) and FPKM transformed; and (3) GSE81540 (Brueffer et al., 2020; Brueffer et al., 2018; Dahlgren et al., 2021) RNA-seq FPKM data from PAM50 Normal, LumA, LumB, Her2 and Basal subtype breast cancer tissues (n=3,184) were downloaded from GEO.

**Differential Analyses:** For differential analyses of LEP and MEP samples, a combination of lineage and age group was modeled. Differential expression (DE) was performed in limma voom (Law et al., 2014; Ritchie et al., 2015) on count data with eBayes moderation and RNA-seq batch modeled as a covariate. Differential variability (DV) was performed in MDSeq (Ran & Daye, 2017) on batch-adjusted subject-level count data. For lineage-specific DE analyses, contrasts between LEP and MEP in younger <30y and in older >55y women were performed. Lineage-specific DE thresholds were set at Benjamini-Hochberg (BH) adjusted $p<0.001$ and log$_2$ fold changes, lfc $\geq 1$ in each age cohort. LEP-specific and MEP-specific genes were defined as those with lineage-specific DE in younger <30y women. For age-dependent analyses, contrasts between <30y and >55y LEPs and <30y and >55y MEPs were performed, and age-dependent directional or variant changes were defined at DE or DV BH adj. $p<0.05$ in each lineage.
Age-dependent DE analysis of normal primary breast tissue was performed on publicly available GSE102088 microarray data (n=114 subjects, <30y n=35, >30y<55y n=68, >55y n=11) (Song et al., 2017) in limma with eBayes moderation. Significant DE between age groups in bulk tissue were defined at BH adj. \( p<0.05 \) and nominal significance at unadj. \( p<0.05 \).

**Gene Set Enrichment Analysis:** Fast gene set enrichment analysis (fgsea) (Korotkevich et al., 2021) was used to identify age-dependent enrichment of Molecular Signatures Database (MSigDB) hallmark gene sets (Liberzon et al., 2015) in LEPs or MEPs using DE and DV rank-ordered test statistics. Enriched gene sets were defined as those with enrichment BH adj. \( p<0.05 \).

**Lineage-specific Ligand-Receptor Pair Interactions and Functional Network Analysis:** Ligand-receptor pairs (LRPs) (Ramilowski et al., 2015) gene symbols were mapped to Ensembl IDs using "EnsDb.Hsapiens.v86" database (Rainer, 2017). Lineage-specific LRPs were defined based on either the LEP-specific or MEP-specific (DE adj. \( p<0.001 \) and fold-change \( \geq 2 \)) expression of either the ligand and/or its cognate receptor in the younger cohort. Lineage-specific LRP interactions were considered to be lost in the older cohort when lineage-specific DE of the ligand and/or its cognate receptor was lost in the older cells (not DE at adj. \( p<0.001 \), lfc\( \geq 1 \)). Functional network enrichment of LRPs in the younger cohort and LRPs lost in the older cohort were performed using the Search Tool for the Retrieval of Interacting Genes/Proteins (STRING) database (https://string-db.org/) and enriched KEGG pathways (false discovery rate, FDR \( p<0.05 \)) were reported.

**Age-dependent DE Protein-protein Interactions and Functional Network Analysis:** Protein-protein interaction (PPI) analysis was performed using the STRING database (https://string-db.org/). All possible PPI are considered using all active interaction sources and setting minimum require interaction score to the lowest confidence threshold of 0.150. Network was visualized in igraph (Csárdi & Nepusz, 2006), and only the largest fully connected main network of genes was plotted.
Community detection was performed on this main network using optimal community structure algorithm in igraph (Brandes et al., 2008). Each community was then analyzed in STRING for functional network enrichment (FDR $p<0.05$) and common functional terms were summarized and reported.

**Machine Learning:** Machine learning (ML) multi-class prediction of normal breast tissue and PAM50 breast cancer subtypes was performed in caret (Kuhn, 2008) using an elastic net model (glmnet) (Friedman et al., 2010) based on tissue expression of 536 mapped age-dependent DE and DV genes identified in LEPs. ML was carried out in three large publicly available RNA-seq datasets of normal and cancer breast tissue: GTEx, TCGA and GSE81540 (Brueffer et al., 2020; Brueffer et al., 2018; Dahlgren et al., 2021) with analysis restricted to tissues from women annotated as normal or PAM50 LumA, LumB, Her2 and Basal subtypes. The ML model was trained using 10-fold cross-validation with 3 repeats in 75% of TCGA data ($n=873$) using a hybrid subsampling technique (SMOTE) (Torgo, 2010), and optimizing for mean balanced accuracy. Model performance was then evaluated in the 25% of TCGA ($n=288$) and an independent dataset of normal tissues from GTEx and breast cancer tissues from GSE81540 ($n=3,364$). ML multi-class prediction performance was evaluated in each test set based on MultiROC (Wei & Wang, 2020): (i) macro-average area under the ROC curve (AUC), calculated as the average of all group results; (ii) micro-average AUC, calculated by stacking all groups together; and (iii) AUC of each group vs. the rest. Gene predictors were identified as genes with scaled variable importance contribution to the predictive model. Genes with scaled variable importance ≥25% in prediction of at least one class were visualized; gene expression the top 5 predictors in each class were further analyzed in the TCGA breast cancer cohort.

**Declarations**
Availability of data and materials: The datasets generated and analyzed during the current study which include: RNA-sequencing count data are publicly available as part of GSE182338 (Miyano et al., 2021; Sayaman et al., 2021; Shalabi et al., 2021). The data that support the findings of this study are available from GSE102088 (Song et al., 2017); GSE81540 (Brueffer et al., 2020; Brueffer et al., 2018; Dahlgren et al., 2021); The Cancer Genome Atlas (TCGA) Research Network: https://www.cancer.gov/tcga; and The Genotype-Tissue Expression (GTEx) Project: https://gtexportal.org/. Human mammary epithelial cells (HMECs) derived from subjects included in this study are available upon request.

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Authors' contributions: Conceptualization, RWS, MM, MAL; Methodology, RWS, MM; Software Programming, RWS; Validation, MM, RWS, PS; Formal Analysis, RWS, MM; Investigation, RWS,
MM, MRS, SS, PS, MET, AZ; Resources, MAL, MRS, MM; Data Curation, MRS, MM, RWS, MET, SS; Writing – Original Draft Preparation, RWS, MAL, MM; Writing – Review & Editing Preparation, RWS, MAL, MM, DES, MRS, PS, SLN, AZ, MET, VS, SS; Visualization, RWS, MM; Supervision, MAL; Project Administration, MAL; Funding Acquisition, MAL.

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https://doi.org/10.1371/journal.pone.0050781

https://doi.org/10.1093/nar/gkr017


https://doi.org/10.1186/bcr1765

Figure 1

A  
NUCLEI  |  MEP (K14)  |  LEP (K19)  
MERGE

B  
DE Status  
LEP-specific Expression Gained in Old  
LEP-specific Expression Lost in Old  
MEP-specific Expression Lost in Old  
MEP-specific Expression Gained in Old

C  
Lineage Specificity in Young <30y  
Lineage Specificity in Old >55y  
LEP-specific Genes  
MEP-specific Genes

D  
log2 fold change  
Gene Expression

E  
log fold change  
Higher in Young  
Higher in Old
**Figure 1. Genome-wide loss of lineage-specific expression with age.** (A) Immunofluorescence staining of normal breast tissue showing the mammary epithelium with an apical LEPs (K19) surrounded by basal MEPs (K14). (B) DE LEP-specific and MEP-specific genes (adj. $p<0.001$, lfc$\geq 1$) in younger <30y (left) and older >55y (right) women. Strata plot shows changes in lineage-specific DE with age, showing the number of LEP- and MEP-specific genes gained (cyan and magenta), lost (light and dark gray), and maintained (green and red) in older women. (C) Distribution of lfc in expression between LEPs and MEPs in younger and older subjects for either DE LEP-specific (top panel) or MEP-specific (bottom panel) genes. KS $p$-values for equality of distributions of lfc between younger and older women annotated. (D-E) Histogram of pairwise differences in lfc in expression between LEPs and MEPs in younger vs. older women for (D) all genes with lineage-specific expression in younger women or (E) only genes that maintain lineage-specific expression in older women. Genes with LEP-specific and MEP-specific expression are shown in the top and bottom panels respectively. The percent of genes with higher lfc in younger women (light blue) or higher lfc in older women (blue gray) are indicated. One-sided t-test $p$-values annotated.
Figure 2

Ligand-associated KEGG Pathways

Receptor-associated KEGG Pathways
Figure 2. Loss of lineage fidelity with age leads to disrupted lineage-specific signaling. (A) Interactome map of DE lineage-specific ligand-receptor pairs (LRPs) (adj. $p<0.001$, Ifc≥1) that show loss of lineage-specific expression of either ligands and/or their cognate receptors in older LEPs (light gray) or MEPs (dark gray). LRPs are connected by chord diagrams from the cell type expressing the ligand (L) to the cell type expressing the cognate receptor (R). (B-C) Network functional enrichment of top KEGG pathways (FDR $p<0.001$) associated with loss of lineage-specific DE of (b) ligands and/or (c) cognate receptors in LEPs and MEPs in older women.
**Figure 3**

**A**

- **LEP**
  - Young
  - MEP
  - Old
- DE Lineage
- DE Age
- Loss DE Lineage
- Loss DE Age

**B**

- Number of Genes
- LEP
- MEP
- Differential Expression
- YOUNG vs OLD
- (DE adj. p < 0.05)
- 471
- 29

**C**

- Lineage-specific DE genes lost with age with 2-fold directional change
- KS p < 2.2x10^-16
- (-) Ifc: Higher in LEP
- (+) Ifc: Higher in MEP
- log2 fold change
- Gene Expression
- Young <30y
- Old >55y

**D**

- LEP
- MEP
- Differential Variability
- YOUNG vs OLD
- (DV adj. p < 0.05)
- 137
- 128

**E**

- Lineage-specific DE genes lost with age with 2-fold increase in variance
- KS p < 2.2x10^-16
- (-) Ifc: Higher in LEP
- (+) Ifc: Higher in MEP
- log2 fold change
- Gene Expression
- Young <30y
- Old >55y

**F**

- GSEA in LEPs
- Young <30y
- Old >55y

**G**

- GSEA in MEPs
- Young <30y
- Old >55y

- Molecular Signatures DB Hallmark Gene Sets

- Differential Expression
- Differential Variability

- GSEA
- -log10 (adj. p-value)
- abs(Normalized Enrichment Score)
Figure 3. The luminal lineage is a hotspot for age-dependent directional changes. (A) Models of loss of lineage fidelity illustrate hypothesized mechanisms leading to loss of lineage fidelity: (i) Age-dependent DE shifts in gene expression in LEPs and/or MEPs of older relative to younger cells; or (ii) An increase in gene expression variance in older LEPs and/or MEPs that lead to loss of detection of lineage-specific DE between LEPs and MEPs with age. (B) Number of DE genes (adj. p<0.05) between younger and older LEPs or MEPs. (C) Distribution of lfc in expression between LEPs and MEPs in younger and older women for LEP-specific (top panel) or MEP-specific (bottom panel) genes that are lost with age (DE adj. p<0.001, lfc ≥1) and that have at least a 2-fold age-dependent directional change in the older cohort. KS p-values annotated. (D) Number of DV genes (adj. p<0.05) between younger and older LEPs or MEPs. (E) Distribution of lfc in expression between LEPs and MEPs in younger and older women for LEP-specific (top panel) or MEP-specific (bottom panel) genes that are lost with age (DE adj. p<0.001, lfc ≥1) and that have at least a 2-fold age-dependent increase in variance in the older cohort. KS p-values annotated. (F-G) MsigDB Hallmark gene sets identified by GSEA to be enriched (adj. p<0.05) in younger and older (F) LEPs and (G) MEPs based on age-dependent DE (top) or DV (bottom).
Figure 4

A i

SATB1

Expression of key genes in LEPs & MEPs.

B

Upregulated in Older ≥ 55y

220 genes up in ≥ 55y LEP

Adopted by Gene Set Enrichment Analysis (GSEA).

C

Downregulated in Older ≥ 55y

251 genes down in ≥ 55y LEP

Adopted by GSEA.

D

Network analysis showing significant interactions between genes.

Significance Levels:

† unadj. p<0.05

* adj. p<0.05

** adj. p<0.001

*** adj. p<0.0001

Figure legends:

1. Community 1
2. Community 2
3. Community 3: Chromosomal Rearrangement, Transcription regulation
4. Community 4: DNA methylation, Epigenetic regulation in cancers
5. Community 5: GPR40 pathway
6. Community 6: Glysosphingolipid Biosynthesis
7. Community 7: PRC1 complex, PrC

Keywords: SATB1, BCL11A, MLLT3, ZNF503, DNA methylation, Nuclear ubiquitin ligase complex.
Figure 4. Age-dependent directional changes in the luminal lineage are indicators of aging breast tissue. (A) Boxplots of SATB1 gene expression: (i) rlog values in LEPs and MEPs of younger and older women; (ii) log₂ values in normal breast tissue (GSE102088); and (iii-iv) log₂ FPKM values in the TCGA breast cancer cohort by (iii) age in matched normal and (iv) PAM50 subtype in cancers. Age-dependent DE adj. p-values in normal breast tissue and LEPs and lineage-specific DE adj. p-values in LEPs and MEPs are indicated (i-ii). Pair-wise Wilcoxon p-values between groups (iii-iv), and KW p-value across matched normal and breast cancer subtypes in TCGA (iv) annotated. (B-C) Venn diagram of genes with age-dependent DE in LEPs (adj. p<0.05) and at least nominal DE (unadj. p<0.05) in normal primary breast tissue. Genes commonly (B) upregulated and (C) downregulated in LEPs and bulk tissue with age are listed. (D) PPI network of common age-dependent DE genes in LEPs (adj. p<0.05) and bulk tissue (unadj. p<0.05) with TFs annotated in bold. Seven gene communities identified; corresponding network functional enrichment (FDR p<0.05) of selected processes annotated.
Figure 5

A

B

LEPs & MEPs
m=54, n=20

GJB6

(Cx30)

C

GJB6

Receptors | Nuclear receptors
COUP-TF-like receptors
NR2f2
Glucocorticoid receptor
NR3c1
Progestrone receptor
PGR
Enzymes | Acetyltransferases
CBP/p300
CREBbp
Transcription factors | HTH domain
Myc / Max factors
MYC
Transcription factors | Zn finger
CTCF
Transcription factors | STAT domain
STAT factors
Statsa
Transcription factors | Trytophan cluster
EHF-like

ChIP-Atlas MACS binding score (±10kb from TSS)

D

E

In Co-Cultured LEP
ELF5

F

G

In Co-Cultured LEP
ELF5
Figure 5. **GJB6** is a mediator of the non-cell autonomous mechanism of aging in breast. (A) Schematic of gap junction protein, Connexin-30 (GJB6) homotypic channel formation between LEPs and between LEP and MEP. (B) Boxplot of GJB6 rlog expression values in LEPs and MEPs in younger and older women. Lepage test p-values are indicated. (C) GJB6 ChIP-seq (Cistromics) binding signal within +/-10 from the TSS in mammary gland (SPP Ominer database). (D) Schematic illustrating integration of directional and variant responses in older epithelial cells. Different genes are dysregulated in LEPs and MEPs of older individuals leading to an increase in variance in expression across aged cells. Through cell-cell signaling, variant responses in MEPs (gene A or gene B) lead to variant responses in LEPs (gene A’ or gene B’). Where these variant responses integrate and affect common downstream genes in LEPs (gene C’) lead to detectable age-dependent directional changes (***)) that are seen as stereotyped responses in the lineage. (E) Relative expression of **ELF5** in younger LEPs co-cultured with either younger (Y/Y) or older (Y/O) MEPs. Two-tailed t-test p-value indicated. (F) Schematic of co-culture methodology with HMEC cells from younger and older women enriched by FACS for LEPs and MEPs; GJB6 knock-down in older MEP feeder layer by shRNA; younger LEPs are co-cultured on top of the older MEP feeder layer for 10 days; LEPs separated from MEPs by FACS; and LEP expression levels measured by qPCR. (G) Relative expression of **ELF5** in younger LEPs co-cultured with either shControl or shGJB6 older MEPs. Two-tailed t-test p-value indicated.
**Figure 6**

A

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<td>PAM50 Basal</td>
<td>146</td>
<td>48</td>
<td>360</td>
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<td><strong>TOTAL</strong></td>
<td><strong>873</strong></td>
<td><strong>288</strong></td>
<td><strong>3,364</strong></td>
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</tbody>
</table>

B

TCGA Test Set, n=288

C

GTEx/GSE81540 Independent Test Set, n=3,364
Figure 6. Age-dependent dysregulation in LEPs shape predictors of normal breast tissue and PAM50 subtypes. (A) Number of individuals in each ML class in the training, test and independent test sets. (B-C) Multi-class classification model performance in predicting normal tissue and breast cancer breast cancer subtypes in the (B) TCGA test set and (C) GTEx/GSE81540 independent test set. Macro AUC, micro AUC, and AUC of each group vs. rest are shown.
Figure 7

The figure depicts a heat map of gene expression changes across different conditions. The x-axis represents the scaled variable importance, while the y-axis lists various genes. Different colors indicate upregulated or downregulated genes across different conditions, such as young vs. old, DE (differentially expressed), DV (differentially variable), and PAM50 Subtype (Basal, LumA, LumB, Her2). The color bar at the bottom indicates the logFC (logarithmic fold change) for DE/DV and Old vs. Young LEP.
Figure 7. Expression of top aging-associated predictors of normal breast tissue and PAM50 subtypes in TCGA. (A) Gene predictors with scaled variable importance ≥ 25% in prediction of at least one class: normal breast tissue, PAM50 LumA, PAM50 LumB, PAM50 Her2 or PAM50 Basal, in TCGA. Rank ordered heatmap DE and DV logFC in LEPs with (+)lfc higher in older and (-)lfc higher in younger LEPs (left); scaled variable importance of each gene in each TCGA class (right).
Supplementary Files

File name: Sayaman_Miyano_etal_bioRxiv2022_Supplementary_Table1

File format: .pdf

Title of data: Supplementary Table 1. RNA-sequencing sample list

Description of data: (A) Metadata for RNA-sequencing samples used in this study.

File name: Sayaman_Miyano_etal_bioRxiv2022_Supplementary_Figures

File format: .pdf

Title of data: Supplementary Figures

Description of data: Supplemental analysis in support of the findings. Related to Figures 1-7.