

# 1 **Gliding towards an understanding of the origin of flight in bats**

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10

## 11 **Abstract**

12 Bats are the only mammals capable of powered flight and have correspondingly  
13 specialized body plans, particularly in their limb morphology. The evolution of bat flight is still  
14 not fully understood due to an uninformative fossil record, but it is widely hypothesized that  
15 flying evolved from gliding. Here, we test the gliding to flying hypothesis of the origin of bat  
16 flight by using phylogenetic comparative methods to model the evolution of forelimb and hind  
17 limb traits on a dataset spanning four extinct bats and 231 extant mammals with diverse  
18 locomotor regimes. Our results reveal gliders' elongate forelimb adaptive optima to be  
19 intermediate between those of bats and arborealists and that gliders and bats share a single  
20 adaptive zone characterized by elongate and narrow hind limb traits. Together, our results inform  
21 how glider-like postcranial morphology may have gradually evolved into bat-like morphology  
22 prior to powered-flight behavior. Finally, we propose a hypothetical adaptive landscape based on

23 the length and width optima trends that we interpret considering the macroevolutionary transition  
24 from arborealism to gliding to flying in mammals.

25

## 26 **Keywords**

27 adaptive landscape; ecomorphology; limb morphology; macroevolution; phylogenetic  
28 comparative methods

29

## 30 **Introduction**

31 Powered flight has evolved at least four times over the course of organismal evolution,  
32 consistently serving as a gateway to ecomorphological and species diversification. As the only  
33 mammals capable of powered flight, bats have correspondingly specialized body plans that  
34 include highly derived limbs. These specialized morphologies are understood to be the result of  
35 adaptations for the demands of flight; the skeletal elements of bat forelimbs are elongated to  
36 support flight membranes and increase aerodynamic efficiency, whereas bat hind limbs are  
37 specialized for hanging and catching prey in flight [1-3].

38 The evolutionary origin of flight in bats remains one of the biggest mysteries in  
39 mammalian evolution due to an uninformative fossil record linking bats to their close relatives.  
40 Darwin [4] posited the origin of bat flight as one of the biggest challenges to the theory of  
41 evolution. Nevertheless, bat flight is widely hypothesized to be the result of an ancestral “trees-  
42 down” transition from arborealist (tree-dweller) to glider to flyer species [5-7], albeit this idea  
43 has not been tested quantitatively. The alternative “ground up” hypothesis [8,9] posits that flight  
44 evolved from running and jumping vertebrates without a gliding intermediate step; bipedal  
45 running is a key evolutionary step in how birds are thought to have evolved flight [10,11].

46           Following the arboreal-to-glider-to-flier hypothesis, the ancestors of bats, which  
47 originated about 64 million years ago [12], are hypothesized to have evolved more elongated  
48 limbs, followed by patagia (wing membranes) on the armwing that facilitated gliding, and finally  
49 membranes in the handwing that enabled powered flight. The armwing consists of styloidal  
50 (i.e., humerus) and zeugopodal (i.e., ulna and radius) bones, while the handwing consists of  
51 autopodal bones (i.e., the metacarpals and phalanges). The evolution of the handwing is thought  
52 to be the key innovation that catalyzed bats' adaptive radiation [13-15], which has resulted in the  
53 evolution of over 1,500 extant species [16].

54           Previous work has examined many biological aspects associated with the evolution of bat  
55 flight, such as sensory adaptations (e.g., echolocation or vision), aerodynamics (e.g., aerofoil and  
56 flight performance), ecology (e.g., diet, habitat, roosting), and development (e.g., patagia  
57 development and digit elongation) [1,5,16]. Morphological approaches to understanding the  
58 origin of bat flight further include analyses of skeletal dimensions in the context of development  
59 [17,18], biomechanics [20], and functional morphology [15]. These studies often focus on  
60 aspects of the bat forelimb (e.g., [13]) or hind limb (e.g., [21]), but seldom both in tandem in a  
61 phylogenetic context (but see [20]). Here, we test the gliding to flying hypothesis of the origin of  
62 bat flight by modeling the evolution of forelimb and hind limb traits on a dataset spanning four  
63 extinct bats and 231 extant mammals with diverse locomotor regimes including ground-dwellers,  
64 arborealists, gliders, and flyers.

65           Based on the arboreal-to-glider-to-bat hypothesis, we test two predictions regarding the  
66 evolution of limb morphologies. First, we predict that the evolutionary optima of glider forelimb  
67 traits will be intermediate in value to those of arborealists and bats. If supported, this suggests  
68 that gliders are on the same evolutionary trajectory as bats or on an intermediate adaptive peak

69 between bats and arborealists. Specifically, we predict wider and longer skeletal element optima  
70 progressing from arborealists to gliders to bats. Longer bones (especially in the handwing) and  
71 larger-diameter bones (especially in the armwing), may enable bats to secure enough muscle  
72 attachment area for powered flight [15] while still increasing their patagia (wing membrane)  
73 area. Gliders with intermediate forelimb length and width optima between arborealists and bats  
74 may represent an intermediate adaptive zone between the anatomical adaptations required for  
75 tree-dwelling [22] and those required for powered flight [3]. Support for this prediction would  
76 suggest selective pressures for flight influenced the evolution of bat forelimb skeletal elements  
77 from glider-like forelimbs.

78         Second, we predict that bat hind limb morphologies will be most similar to gliders,  
79 suggesting that bat and glider hind limb traits share a single trait optimum (i.e., adaptive peak)  
80 separate from ground-dwelling and arboreal mammals. Previous work has considered bat hind  
81 limbs to be “reduced” in size (e.g., [7,23-24]), but it is unclear whether that is relative to  
82 arborealists or gliders. Here, we aim to identify where bat hind limb adaptive optima lie relative  
83 to other mammals. Specifically, we predict narrower and longer skeletal element optima  
84 progressing from arborealists to gliders and bats. Longer and lower-diameter hind limb bones  
85 may enable bats to decrease weight while still generating lift by increasing their plagiopatagium  
86 surface area, as their hind limbs are incorporated into this membrane [1]. Support for this  
87 prediction would suggest that shared selective pressures for less-quadrupedal motion (i.e., as  
88 gliding and flying both incorporate hind limbs into the wing membrane) influenced the evolution  
89 of bat hind limb skeletal elements from ancestors with glider-like hind limbs.

90         We include fossils of extinct bats in our morphological dataset; we predict that the extinct  
91 flyers’ limbs are more similar to extant bats’ than extant gliders’ due to the degree of

92 morphological similarity previously described [5–7,13]. Even if morphologically similar, we  
93 predict the inclusion of these fossil bats will alter estimations of the adaptive zone between bats  
94 and gliders (i.e., the inclusion of fossils may make the bat-glider trait optima more similar or  
95 more disparate) and thus inform the understanding of the adaptive landscape underlying the  
96 evolution of mammalian flight.

97

## 98 **Methods**

### 99 *Morphological Data*

100 We compiled linear measurements of 14 forelimb and 15 hind limb traits (electronic  
101 supplementary material, figure S1) from 231 extant mammals across 21 orders (78% of  
102 mammalian orders) and 73 families (47% of mammalian families). We collected limb data from  
103 specimens at the Burke Museum of Natural History and Culture and the literature [25-28]. All  
104 specimens measured for this study were fully mature, determined by the closure of exoccipital–  
105 basioccipital and basisphenoid–basioccipital sutures on the cranium and ossification of all  
106 vertebrae and limb bones. Specimens were a mixture of male, female, and unknown sexes. We  
107 size-corrected all linear measurements by calculating log-shape ratios of each trait measurement  
108 [29] by  $\log_{10}$ -transforming the mean trait value divided by the cube root of body mass prior to  
109 running all statistical analyses. We compiled body mass data from the PanTHERIA database [30]  
110 and the *Handbook of the Mammals of the World* book series [31].

111 We also collected the 29 measurements for four extinct bats (*Onychonycteris finneyi*,  
112 *Icaronycteris index*, *Hassianycteris messelensis*, and *Tachypteron franzeni*) using ImageJ [32]  
113 and published full-body images that include scale bars [2,7,33].

114 To visualize the distribution of locomotor groups in the forelimb and hind limb  
115 morphospaces, we performed principal component analyses (PCA) of the morphometric data  
116 using the *princomp* function in the *R* package *stats* [34].

117

### 118 *Ecological Data*

119 We categorized species into four locomotor groups: ground dwellers ( $n = 117$ ),  
120 arborealists ( $n = 71$ ), gliders ( $n = 16$ ), and flyers ( $n = 27$ ) following [25-28]. The ground-  
121 dwelling mammals include diverse ambulatory, cursorial, saltatorial, and fossorial taxa. This  
122 ‘catch-all’ category was intentional as we are interested in investigating the arboreal to gliding to  
123 flying specialization trends only. Our arborealist category was also broad in that it includes both  
124 fully arboreal (tree-dwelling) and scansorial taxa. Gliders include tree-dwelling mammals with  
125 derived morphologies (i.e., patagia and elongated limbs) for gliding locomotion [26]. Flyers  
126 included just bats.

127

### 128 *Phylogenetic Comparative Analyses*

129 We used generalized evolutionary models [35,36] to examine the influence of locomotor  
130 modes on the evolution of forelimb and hind limb morphologies in our extant-only and  
131 extant+extinct datasets. For each of the 29 traits, we fit a Brownian motion model (BM), a  
132 single-optimum Ornstein-Uhlenbeck model (OU1), and two multiple-peak OU (OUM) models,  
133 an OUM<sub>loc4</sub> model that allows a separate adaptive optimum for each of the four locomotor modes  
134 (i.e., ground-dwellers, arborealists, gliders, flyers) to test our forelimb-specific predictions, and  
135 an OUM<sub>loc3</sub> model that allows separate optima for three groups (i.e., ground-dwellers,  
136 arborealists, and gliders+flyers) to test our hind limb-specific predictions. All models were fit

137 using the *R* package *OUwie* [37]. All four models were fit across 250 stochastically mapped trees  
138 (see electronic supplementary materials, supplementary methods) to account for uncertainty in  
139 phylogenetic topology and the ancestral character states. We assessed relative model support  
140 using small sample corrected Akaike weights (AICcW). Models with  $\Delta\text{AICc}$  scores less than two  
141 were considered supported and interpreted as evidence of locomotor groups influencing species'  
142 adaptive zones. We computed 95% confidence intervals for all model parameters of the best-fit  
143 model using parametric bootstrapping. See the electronic supplementary materials for full  
144 methods.

145 We additionally fit univariate models to PC1 scores of the extant-only forelimb dataset.  
146 We acknowledge that it can be problematic to fit models to a single PC axis [38,39], however,  
147 the first PC axis served to capture a majority (80.2%) of the forelimb dataset's variation. We  
148 chose not to fit models to other PC axes for the fore- or hind limb, as none explain the majority  
149 of trait variation (i.e., 8.5% for forelimb PC2; 48.2% for hind limb PC1; 17.5% for hind limb  
150 PC2).

151 We repeated the above model fitting approaches on a merged dataset that includes extant  
152 species and the four fossil species. All four models were fit across 50 stochastically mapped trees  
153 to account for uncertainty in the ancestral character states. We manually placed the four extinct  
154 bats on the phylogeny as a polytomy with extant bats at 69.8 MYA.

155

## 156 **Results**

### 157 *Forelimb model-fitting*

158 The  $\text{OUM}_{\text{loc4}}$  model was the best-fitting model for 11 of the 14 forelimb traits (electronic  
159 supplementary material, tables S2a and S4a), whereas  $\text{OUM}_{\text{loc3}}$  was the best-fitting model for

160 humerus distal width and ulna olecranon length (electronic supplementary material, tables S3a  
161 and S4a). The OU1 model was the best fit for the proximal phalanx width of the third manual  
162 digit, but this may be due to little variation between ground-dwellers, arborealists, and gliding  
163 species, as previous research found proximal phalanx diameter to be relatively lower in bats  
164 compared to non-volant mammals [20].

165 OUM<sub>loc4</sub> optima for the armwing (i.e., humerus and radius) lengths gradually increase  
166 from ground-dwellers to arborealists to gliders to flyers, and parametric bootstrapping revealed  
167 little to no overlap in the 95% confidence intervals of optima between most locomotor groups  
168 (figure 1b-c). Optima of armwing widths indicated that bats exhibit relatively wider humeri at  
169 the mid-shaft and at the distal and proximal ends compared to all other locomotor groups (figure  
170 1g-i; electronic supplementary material, table S2a).

171 Bats exhibit relatively higher OUM<sub>loc4</sub> optima for handwing traits (i.e., longer third  
172 manual metacarpal, proximal phalanx, and intermediate phalanx) than all other locomotor groups  
173 (figure 1d-f; electronic supplementary materials, table S2a). Ground-dwellers, arborealists, and  
174 gliders show little difference between some handwing optima (metacarpal length) and slightly  
175 more separation in others (proximal and intermediate phalanx relative length) (figure 1d-f). In  
176 handwing width traits, bats exhibit relatively higher optima for metacarpal widths compared to  
177 all other locomotor groups (figure 1j), but no differences in proximal phalanx width as evidenced  
178 by OU1 support for this trait.

179 An adaptive optimum for a bat-glider combined group in the OUM<sub>loc3</sub> models was  
180 supported for humerus distal width and ulna olecranon length (figure 1i; electronic  
181 supplementary material, table S3a). Finally, bats exhibited higher optima for scapulae relative  
182 width and length than all other locomotor groups, while the glider scapula height optimum was



183 relatively lower than those of all other groups (figure 1a; electronic supplementary material, table  
184 S2a).

185 Adding fossil bats into forelimb model-fitting analyses yielded overall slightly more  
186 support for OUM<sub>loc3</sub> models compared to extant-only modeling (electronic supplementary  
187 material, table S5a). OUM<sub>loc4</sub> models were still widely supported as the best-fitting model for  
188 eight traits and comparable fits for four traits; OU1 was still the best-fitting model for proximal  
189 phalanx width (electronic supplementary material, table S5a). Overall, the length and width  
190 optima for the forelimb were very similar between extant+extinct and extant only-modeling;  
191 however, we were unable to examine the trends in finer detail because forelimb bootstrapping  
192 failed with the addition of fossil species (electronic supplementary material, table S7).

193

#### 194 *Forelimb morphospace*

195 PC1 (figure 2a) explains 81.5% of the forelimb variation and separates flyers (both extant  
196 and extinct) from the remaining three locomotor modes. PC1 also slightly separates gliders from  
197 arborealists and ground-dwellers. This axis describes the relative lengths of the armwing  
198 (humerus, radius, ulna) and the handwing (metacarpals and phalanges) (electronic supplementary  
199 material, table S1a). PC1 varies across shortened (-PC1) to elongate (+PC1) bones, revealing a  
200 trend within the dataset in the elongation of multiple forelimb bone elements from arborealists to  
201 gliders to flyers. PC2 explains 7.8% of the morphological variation and primarily describes the  
202 relative widths of the long bones and hands (electronic supplementary material, table S1a). This  
203 variation of wide to narrow bones mostly occurs within locomotor groups, especially within the  
204 diverse ground-dweller group. Fossil bats overlap with extant bats in morphospace, which is  
205 consistent with the lack of transitional forms in the bat fossil record (figure 2a).

206 PC1 of the extant forelimb dataset was best fit with an OUM<sub>loc4</sub> model (electronic  
207 supplementary material, table S6a). The bootstrapping reveals the optima gradually increases  
208 from ground-dwellers to arborealists to gliders to flyers (electronic supplementary material, table  
209 S6b), very similar to the univariate arm- and handwing-length optima trends (i.e., the traits  
210 dominating PC1).

211

### 212 *Hind limb model-fitting*

213 The OUM<sub>loc3</sub> model was the best-fitting model ( $\Delta\text{AIC} = 0$ ) for six of 15 traits (electronic  
214 supplementary material, table S4b), and the second best-fitting model ( $\Delta\text{AIC} < 2$ ) for an  
215 additional five traits. The OUM<sub>loc4</sub> model was the best-fitting model for seven of 15 traits  
216 (electronic supplementary material, table S4b), and the second best-fitting model for an  
217 additional five traits. OUM<sub>loc4</sub> alone was supported ( $\Delta\text{AIC} < 2$ ) for four traits: pelvis length,  
218 ilium length, ischium length, and fibula length. The OU1 model was the best fitting model for  
219 the remaining two traits (tibia midshaft width and pedal proximal phalanx length), but OUM<sub>loc3</sub>  
220 was additionally supported for these two traits, indicating that adaptive evolution may play some  
221 role in the evolution of these traits (electronic supplementary material, table S4b).

222 In total, the OUM<sub>loc3</sub> model was supported ( $\Delta\text{AIC} < 2$ ) for 11 of the 15 traits. Parametric  
223 bootstrapping of these OUM<sub>loc3</sub>-supported models revealed that the glider-bat group had  
224 relatively longer femur, tibia, and intermediate phalanx length optima and relatively shorter  
225 metatarsal length optima than the other locomotor groups (figure 3f; electronic supplementary  
226 material, table S3b). The glider-bat group widths are even more disparate from the other groups,  
227 with relatively smaller femur distal width, femur shaft width, tibia proximal width, metatarsal  
228 width, and proximal pedal phalanx width optima (figure 3g, i, j-k; electronic supplementary

229 material, table S3b). OUM<sub>loc3</sub> hind limb optima for the glider-flyer group showed less separation  
230 from arborealist optima only for tibia midshaft width and proximal pedal phalanx length (figure  
231 3j, e; electronic supplementary material, table S3b), but these two traits were best supported by  
232 an OU1 model ( $\Delta\text{AIC} = 0$  for both) and had lower OUM<sub>loc3</sub> weights (AICcW = 0.31 and 0.22,  
233 respectively).

234 In total, OUM<sub>loc4</sub> was supported ( $\Delta\text{AIC} < 2$ ) for 12 of 15 traits. Gliders have relatively  
235 longer tibia and femoral optima compared to bats and the other locomotor groups (electronic  
236 supplementary material, table S2b). However, parametric bootstrapping of the OUM<sub>loc4</sub> models  
237 reveals overlapping 95% confidence intervals for gliders and bats for others of these traits (e.g.,  
238 figure 3b-c; electronic supplementary material, table S2b). Additionally, width optima for long  
239 bones and digits overlap for bats and gliders for all but femur distal width (figure 3h), where bats  
240 have significantly smaller width optima than all other groups (electronic supplementary material,  
241 table S2b).

242 The pelvis, ilium, and ischia optima appear unique among hind limb traits by being  
243 relatively smaller for bats than for the other locomotor groups, which showed little variation (i.e.,  
244 figure 3a; electronic supplementary material, table S2b). Additionally, pelvis-associated lengths  
245 and fibula length (rudimentary in bats) were the only hind limb traits supported solely by  
246 OUM<sub>loc4</sub> (table S4b).

247 Adding fossil bats into hind limb model-fitting analyses yielded overall slightly more  
248 support for OUM<sub>loc4</sub> models (best-fit,  $\Delta\text{AIC} = 0$ , for nine traits, and comparable fits,  $\Delta\text{AIC} < 2$ ,  
249 for four) compared to extant-only modeling (electronic supplementary material, table S6b). The  
250 OUM<sub>loc3</sub> model was the best for five traits and a comparable fit model for three. OU1 was still  
251 the best-fitting model for pedal proximal phalanx length. The length and width optima for the

252 hind limb were very similar between extant+extinct and extant only-modeling (electronic  
253 supplementary material, table S8). However, we were unable to examine the extent of this  
254 consistency because hind limb bootstrapping failed with the addition of fossil species (electronic  
255 supplementary material, table S8).

256

### 257 *Hind limb morphospace*

258 PC1 explains 47.5% of hind limb variation and describes the relative shortening (-PC1) to  
259 elongation (+PC1) of the fibula, metatarsal, and pedal proximal and intermediate phalanx (figure  
260 2b; electronic supplementary material, table S1b). PC1 slightly separates gliders and bats, with  
261 gliders falling towards +PC1 and bats falling towards -PC1, indicating glider hind limb  
262 autopodia are overall more elongated than bats'. Arborealists and ground-dwellers are spread  
263 across PC1 (figure 2b). PC2 explains 17.7% of the variation, where +PC2 is associated with  
264 relatively lengthened pedal proximal, intermediate phalanx, and ischium and -PC2 with  
265 relatively narrower pedal proximal and intermediate phalanges (electronic supplementary  
266 material, table S1b). PC2 loosely separated ground-dwellers, arborealists, and the glider-flyer  
267 group (figure 2b). Based on these loadings (electronic supplementary material, table S1b),  
268 variation between the four locomotor groups mainly occurs throughout the hind limb autopodia  
269 region.

270

## 271 **Discussion**

### 272 *Forelimb trait evolution*

273 Our forelimb results provide some support for the hypothesis that selective pressures for  
274 flight influenced the evolution of bat forelimbs from glider-like forelimbs. We found that glider

275 forelimb optima are intermediate between bat and arborealists optima for length (figure 1a-f), but  
276 not width (figure 1g-j) traits across both the armwing and handwing. The decoupled patterns of  
277 length results from width results represents an interesting breakdown between adaptive zones in  
278 limb bone length and width among gliding and flying mammals and across both the armwing and  
279 handwing. Consistent with the rapid evolution of a handwing being a necessary adaptation for  
280 bats [13-15], bat handwing length optima are farther from glider handwing length optima than  
281 armwing length optima are between these two groups. Model results from fitting the forelimb  
282 PC1 axis (dominated by relative lengths) similarly find gliders to be intermediate between  
283 arborealists and bats (electronic supplementary material, table S6). Bats display relatively wider  
284 skeletal element optima across the armwing compared to all other locomotor groups, consistent  
285 with findings that bat humeri and radii have significantly larger diameters than nonvolant  
286 mammals' [20]. Bats' relatively robust humeral width optima may reflect the higher muscle mass  
287 closer to their center of gravity required for powered flight [15]. If the scapula is considered part  
288 of the armwing, gliders are intermediate between arborealists and bats for scapula length (figure  
289 1a) but not width optima likely because the bat scapula serves as the attachment point for many  
290 of the necessarily large muscles controlling their wing-beat cycle [15].

291         The handwing width patterns are more complex. The dorsoventral diameters of bat  
292 metacarpals are relatively larger than other mammals' [20], congruent with our findings that bats  
293 have relatively thicker third metacarpal optima (figure 1j). Proximal phalanx diameters are also  
294 smaller in bats compared to nonvolant mammals [20]. Here, an OU1 model was supported for  
295 proximal phalanx width (electronic supplementary material, table S4a), suggesting that selection  
296 does not strongly influence this trait's evolution. This finding may conflict with the

297 biomechanical necessity for distal bat phalanx elements to be relatively narrower to enable  
298 bending and thus reduce torsional forces during flight [20,40].

299 For gliders, the width optima are very similar to those of mammals of other locomotor  
300 modes, suggesting gliders maintain widths while continuing to elongate long bones [26]. This is  
301 unsurprising because gliders may remain gracile to increase patagial area while decreasing wing  
302 loading [41], and may not need to concentrate muscle mass proximally because they do not rely  
303 on muscle use for gliding as opposed to flapping flight. Overall, gliders appear to be evolving  
304 more elongate, gracile forelimb bones while bats are evolving more elongate but relatively robust  
305 forelimb bones.

306 Overall, our results largely support our prediction that the four locomotor groups  
307 (ground-dwellers, arborealists, gliders, and flyers) exhibit separate adaptive optima in forelimb  
308 traits and place gliders on the same evolutionary trajectory as bats. Furthermore, the lack of  
309 support for the  $OUM_{loc3}$  model indicates different selective pressures between gliders and bats.  
310 The only traits for which we have  $OUM_{loc3}$  support, humerus distal width and ulna olecranon  
311 length (electronic supplementary material, table S4a), may both correspond to traits most  
312 pronounced for digging locomotion and thus be functionally irrelevant for either gliding or aerial  
313 locomotion [42]. Therefore, our use of univariate models parsed out fine-scale trait differences  
314 (i.e., long bone diameters and scapula dimensions) and revealed more of the functional  
315 complexity associated with gliding versus flying adaptive zones.

316

### 317 *Hind limb trait evolution*

318 Our results generally support the hypothesis that bat hind limb morphology is most  
319 similar to that of gliders to facilitate aerial locomotion. We found that bat and glider hind limb

320 traits exhibit a single optimum separate from ground-dwelling and arboreal mammals for many  
321 length and width traits. For traits best fit with two separate optima for gliders and bats, we see  
322 broad overlap in confidence intervals of optima. This shared bat-glider adaptive zone leads to  
323 shared narrower and longer hind limb optima for gliders and bats, especially in the autopod  
324 region.

325         The bat-glider combined group has relatively long femur, tibia, and third intermediate  
326 phalanx length optima (figure f; electronic supplementary materials, table S3b) from other  
327 locomotor groups. This trend contrasts with the bat-glider group having a relatively shorter  
328 metatarsal length optimum (figure 3d) from other locomotor groups. The relatively long femur  
329 and tibia optima, in addition to variably long/short foot elements, may be due to the autopod  
330 tending to accumulate more variation because it is the last limb element to develop [43].  
331 Regardless, we see bats and gliders following the same length optima trends throughout the hind  
332 limb, distinct from arborealists.

333         The bat-glider group has relatively narrow hind limb optima across the stylopod and  
334 autopod skeletal elements, with more variability in the zeugopod (confidence intervals for tibia  
335 midshaft width overlap for all three locomotor groups) (figure 3g-i). These narrow femur,  
336 metacarpal, and phalanx width optima for both bats and gliders support our prediction that bat-  
337 glider hind limb length and width optima will reflect the elongated and narrow bones necessary  
338 for both bat and glider weight requirements, bat roosting behaviors [1], and glider patagial  
339 surface area requirements [41,44].

340         Although the  $OUM_{loc4}$  model was supported for 12 of 15 traits, there is weak evidence for  
341 the trait optima of bats and gliders being different, as indicated by their overlapping confidence  
342 intervals (electronic supplementary material, table S2b); this finding provides some support for

343 our initial prediction. In particular, though bats display relatively shorter femoral and tibia  
344 optima than gliders, the groups' 95% confidence intervals overlap. The only traits for which  
345  $OUM_{loc4}$  and not  $OUM_{loc3}$  were supported were the pelvic lengths, which are generally laterally  
346 compressed in bats though vary considerably between families [15], and fibula lengths, which  
347 are vestigial in bats (figure 3a; electronic supplementary material, table S4b). Therefore, four-  
348 locomotor group model support is unsurprising for these skeletal traits that reflect bat-specific  
349 hind limb specializations as distinct from glider hind limbs.

350 Our results show that bat hind limb bone optima shorten somewhat as their forelimbs'  
351 optima elongate, and bat hind limb bone optima narrow as their forelimbs' optima widen. These  
352 results add to the findings of Swartz and Middleton [20], who did not examine hind limb distal  
353 elements, by extending bats' thinner diameter hind limb trend distally to the third metatarsals and  
354 third proximal pedal phalanges. This trend reflects a unique decoupling of both bone length and  
355 width in bats relative to other mammals where both fore- and hind limbs undergo lengthening or  
356 narrowing. We find agreement with Hallgrímsson et al.'s [45] model of limb covariance, which  
357 predicts that between-limb covariation decreases as forelimb and hind limb size and functions  
358 decouple. Here, bats' forelimb and hind limb sizes and functions have decoupled and led to  
359 wider forelimb but narrower hind limb bones. Both the differential expression and signaling of  
360 growth factors like the bone morphogenic proteins between the bat forelimb and hind limb  
361 autopod [14] and the postnatal divergence in chondrocyte activity between the bat forelimb and  
362 hind limb autopod [23] may help explain how bats can achieve this decoupling where other  
363 mammal species cannot.

364



365 *Incorporating fossil bats*

366

367         The morphospace positions of fossil bats in the forelimb PCA confirm extinct bats'  
368 morphological similarity to extant bats in the degree of forelimb specialization (figure 2a).  
369 Amador et al. [13] modeled aerodynamic traits instead of skeletal traits and found that the  
370 Eocene bat *Onchonycteris finneyi* occupies an area of aerofoil morphospace between extant  
371 gliders and bats. In our morphospace, *O. finneyi* is the closest fossil bat to gliders across PC1  
372 (electronic supplementary material, figure S2a), congruent with Amador et al.'s [13] findings.

373         Fossil bats occupy the same region of hind limb morphospace as extant bats, but three of  
374 four species approach the morphospace of non-bats (figure 1b). *Tachypteron franzeni* most  
375 clearly overlaps with extant bats, and is also the only fossil we included from an extant bat  
376 family, Emballonuridae [33]. Simmons et al. [7] suggested that, based on its intermediate limb  
377 traits, *O. finneyi* was likely more proficient at climbing than extant bats and may have employed  
378 quadrupedal locomotion and under-branch hanging. Interestingly, *O. finneyi* and *Desmodus*  
379 *rotundus* (the common vampire bat) are almost indistinguishable in the hind limb morphospace  
380 (electronic supplementary material, figure S2b). Vampire bats are known for their adept  
381 quadrupedal locomotion and climbing (e.g., [21]), so *O. finneyi*'s similar morphology may lend  
382 support to more walking-capable early bats. However, the linear measurements we used here  
383 may not reflect the complex adaptations required for these behaviors (e.g., ninety-degree joint  
384 rotations for under-branch hanging, [21]), so the placements in morphospace leave open many  
385 possibilities for ancestral locomotor behaviors.

386         Including fossil bats in our model-fitting analyses did alter estimations of the adaptive  
387 zone between bats and gliders; the inclusion of fossils appeared to make the bat-glider trait

388 optima more similar for the forelimbs and more disparate for the hind limbs. Fossil addition to  
389 forelimb model-fitting analyses yielded overall slightly more support for OUM<sub>I<sub>loc3</sub></sub> models  
390 compared to extant-only modeling (electronic supplementary material, table S5a). In particular,  
391 the OUM<sub>I<sub>loc3</sub></sub> support in the metacarpals suggests that there is some selective pressure on a bat-  
392 glider group for this defining handwing trait. Fossil addition to hind limb model-fitting analyses  
393 yielded overall slightly more support for OUM<sub>I<sub>loc4</sub></sub> models compared to extant-only modeling  
394 (electronic supplementary material, table S5b). Interestingly, these OUM<sub>I<sub>loc4</sub></sub> models include  
395 autopod optima, which had OUM<sub>I<sub>loc3</sub></sub> support in extant-only modeling. However, overall the  
396 length and width trends are the same as above between locomotor groups across the fore- and  
397 hind limb, though we lack bootstrap support to gain more insight into whether any adaptive  
398 optima confidence intervals overlap (electronic supplementary material, table S7). Considering  
399 the differential model support, selection appears to be acting on fore- and hind limb optima  
400 towards three- and four-locomotor group selective regimes, respectively, when fossils are  
401 included as the closest morphologies we have to bat-glider intermediaries.

402

403 *Evolutionary transitions and the adaptive landscape: Are gliders evolving towards a bat*  
404 *optimum?*

405

406 Our results provide insight on the adaptive landscape from arboreal to gliding to flying  
407 locomotions. We found that, overall, glider forelimb optima fall intermediate between  
408 arborealists and bats in either their lengths or widths and glider hind limb optima overlap with  
409 bats' in their lengths and widths to some degree, emphasizing that selection on key length/width  
410 traits may be “pulling” gliders towards a flying adaptive zone. Bishop [5] proposed that the high

411 degree of convergence among gliders suggests functional constraints on the evolution of  
412 powered flight from gliding; however, more recent work found that gliding lineages display  
413 incomplete convergence, with little evidence that gliding is under strong selective pressures  
414 toward a single-optimum gliding morphology [26]. The clustering of bat species in forelimb  
415 morphospace (figure 2a) may represent a steep adaptive peak within which forelimb  
416 morphologies are highly conserved. In contrast, the broad glider morphospace may represent a  
417 gradually inclined selection plane, with gliders still far from a peak [26]. This broad adaptive  
418 slope could represent the foothill of a steep bat peak such that gliders are very slowly evolving  
419 towards a bat peak (figure 4a). The evolutionarily oldest glider lineages, dermopterans (colugos)  
420 and anomalurids (scaly-tailed squirrels), have evolved farthest from ancestral arborealists [26].  
421 Here, the dermopteran species *Cynocephalus volans* and *Galeopteras variegatus* are the gliders  
422 closest to the bat forelimb morphospace (figure 1a; electronic supplementary material, figure  
423 S2a), suggesting a trajectory in morphospace from gliding to flying. Further, colugos are known  
424 as the “mitten gliders” because of their interdigital membranes, which, along with their common  
425 carpal morphology with bats [46], illustrates a possible early mechanism for this transition  
426 [47,48].

427         In contrast, our results suggest that both bats and gliders exhibit broad adaptive optima in  
428 the hind limb with overlapping relative widths and somewhat overlapping relative lengths (figure  
429 4b). These broad adaptive optima could represent neighboring peaks for gliders and bats  
430 separated by only a shallow fitness valley (figure 4b). This hypothetical adaptive landscape is  
431 valuable here because the transition from quadrupedalism to hind limb suspension has been  
432 hypothesized to enable forelimbs to evolve more freely as they would no longer need to be  
433 weight-bearing structures [5]. There is both quadrupedal suspension and hind limb suspension in

434 dermopterans, the gliders potentially closest to a bat optimum, resulting in a tradeoff in the  
435 ability to walk quadrupedally upright [49,50]. Indeed, *G. variegatus* is the only glider to fall  
436 directly within the bat hind limb PC1 and PC2 morphospace (figure 2b; electronic supplementary  
437 material, figure S2b), reflecting a hind limb adaptive optimum potentially more easily attained  
438 than that of bats' specialized forelimbs (figure 4).

439 Our results support the hypothesis that selection is “pulling” specific limb traits towards a  
440 bat optimum, offering support for the arborealist-to-glider-to-flyer hypothesis of the evolution of  
441 bat flight. In particular, gliders' intermediate forelimb length and overlapping hind limb  
442 length/width optima between that of arborealists and gliders could be the traits pulling lineages  
443 across fitness valleys due to their greater effect in, for example, the functionality of the  
444 gliding/flying apparatus.

445

## 446 **Conclusions**

447 Our findings complement earlier work investigating the evolution of bats' powered flight  
448 by testing the selective regimes acting on length and width traits across the forelimb and hind  
449 limb. Aerodynamically, gliders appear to be plausible precursors to bats [6,7,13]. Here, we  
450 contribute to the understanding of how such a transition from gliding to flying may have  
451 occurred by highlighting how selection on key morphological traits may “pull” gliders towards a  
452 flying adaptive optimum. Our results reveal gliders' elongate forelimb optima to be intermediate  
453 to those of bats and arborealists and suggest gliders' elongate and narrow hind limb optima  
454 relative to arborealists is yet somewhat overlapping with bats. Thus, the traditional “reduced”  
455 view of bat hind limbs may represent a more malleable adaptive zone than previously thought.  
456 Together, our results inform how glider-like postcranial morphology may gradually evolve into

457 bat-like morphology prior to powered-flight behavior. Though not in question, our results also  
458 refute the alternative running-to-flying hypothesis [8,9] of bat flight because we do not find  
459 ground-dwelling optima approaching bat optima or even glider optima for the vast majority of  
460 traits. This study therefore has significance to evolutionary biology by testing models of adaptive  
461 evolution on a longstanding question, the evolutionary origins of bats' powered flight.

462

463 **Authors' contributions.** A.E.B. and C.J.L. conceived the study, measured the specimens, and  
464 performed model-fitting and statistical analyses with input from D.M.G. and S.E.S. A.E.B.  
465 estimated the fossil measurements from images and collected literature data. All authors  
466 interpreted the data, drafted and revised the manuscript, and gave final approval for publication.

467

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480

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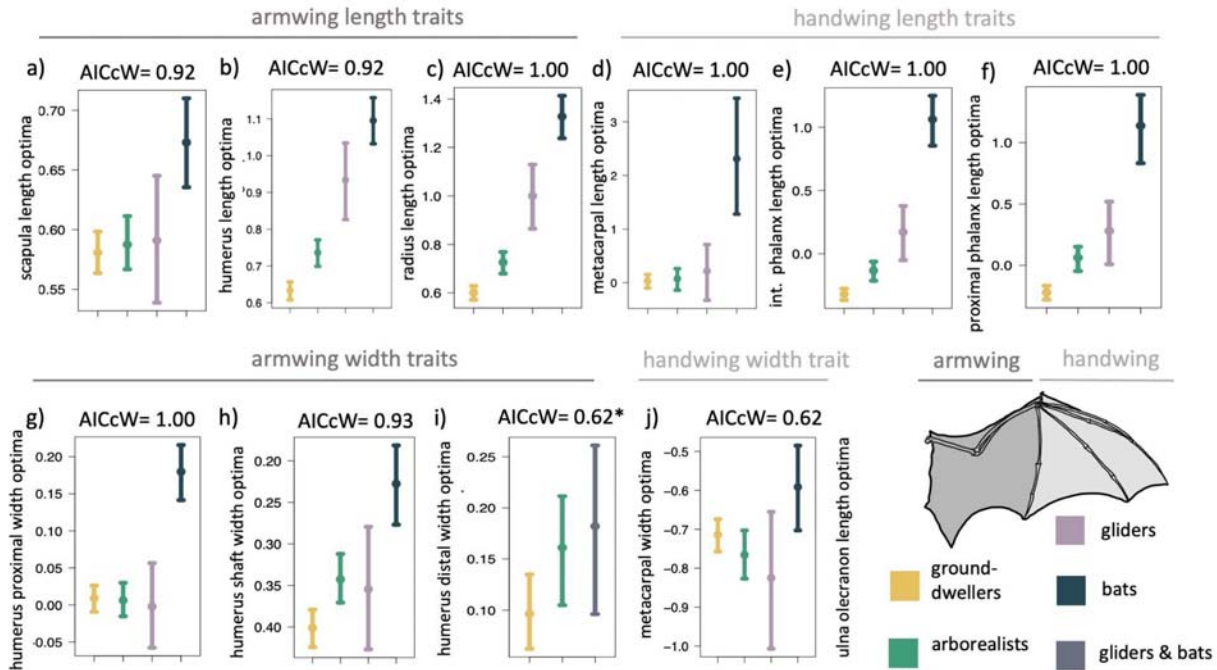
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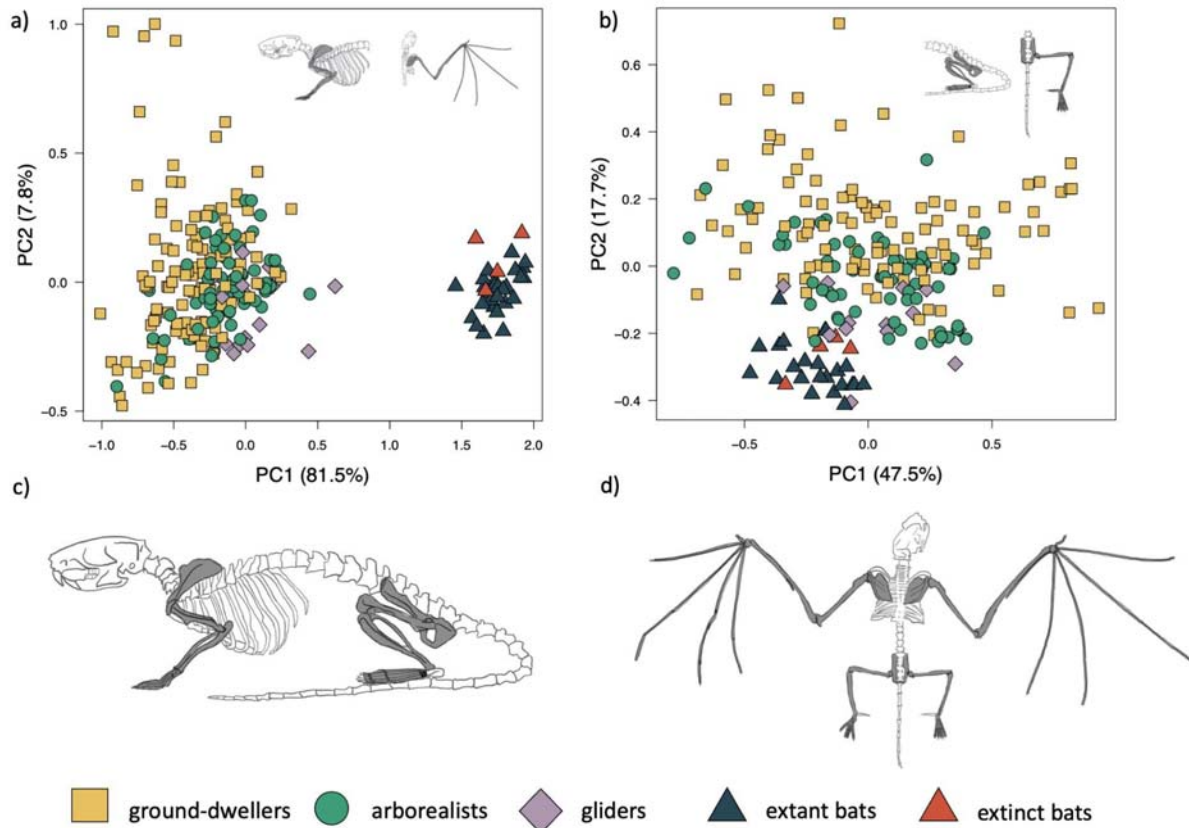
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623 **Figures**

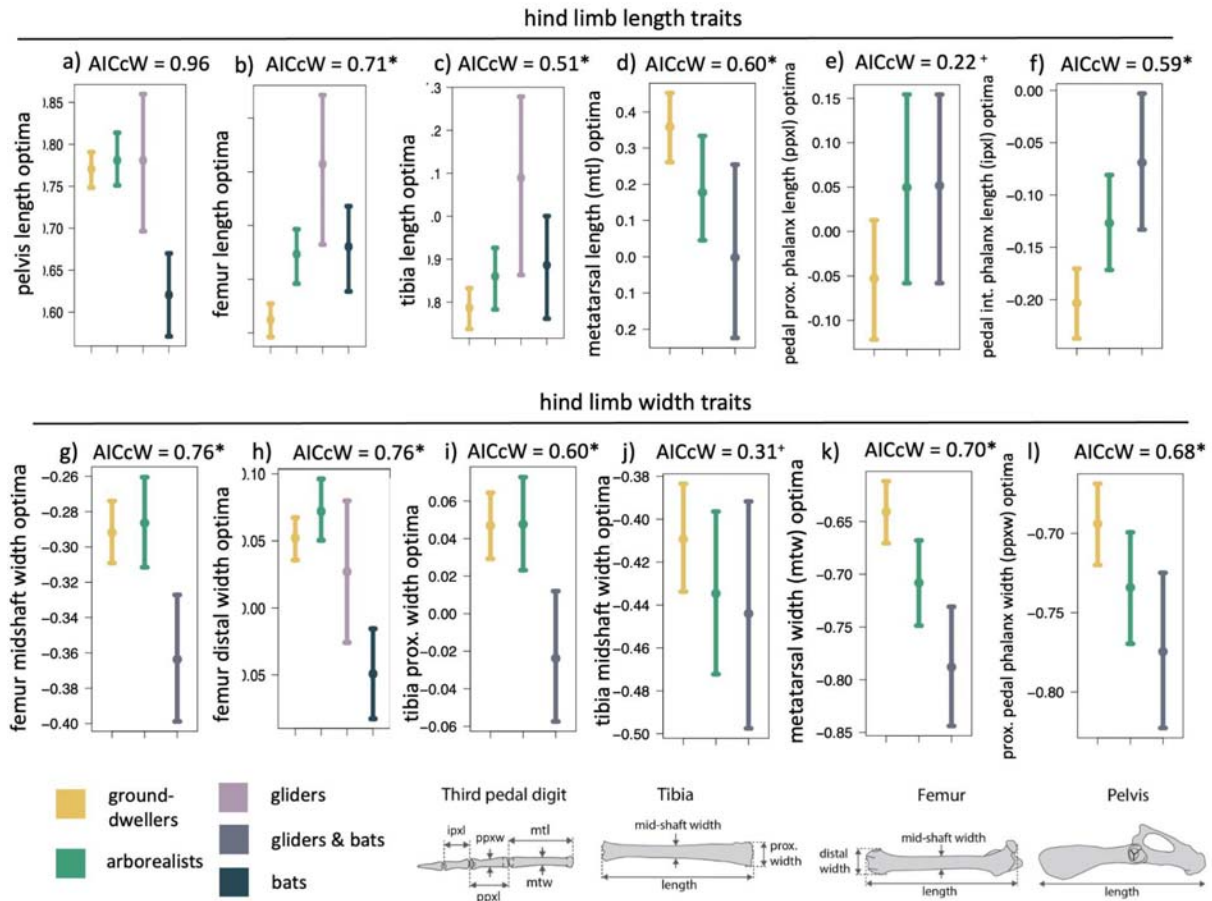


624

625 **Figure 1.** Forelimb trait optima ( $\theta$ ) with 95% confidence intervals estimated from the best-fitting  
 626 OU models (electronic supplementary material, tables S2a,3a,4a). Only traits that were best fit  
 627 by multiple-peak OU models are shown. The AICcW of the model is on top of each panel with \*  
 628 indicating OUM<sub>loc4</sub> was supported ( $\Delta AIC < 2$ ) in addition to OUM<sub>loc3</sub> (electronic supplementary  
 629 material, table S4a).



**Figure 2. Forelimb and hind limb PCAs.** Morphospaces consist of PC1 and PC2 of a) 14 forelimb traits and b) 15 hind limb traits with cartoons of a c) quadrupedal mammal skeleton (*Rattus norvegicus*) versus a d) bat skeleton (*Pipistrellus abramus*). Dark gray shaded bones on the cartoon skeletons correspond to those measured to generate the morphospace (the specific traits are listed in the electronic supplementary material, figure S1).



637

638 **Figure 3. Hind limb length trait optima from model-fitting of univariate traits. OUM**

639 optima ( $\theta$ ) as a size-corrected trait value (log-shape ratio) with 95% confidence intervals

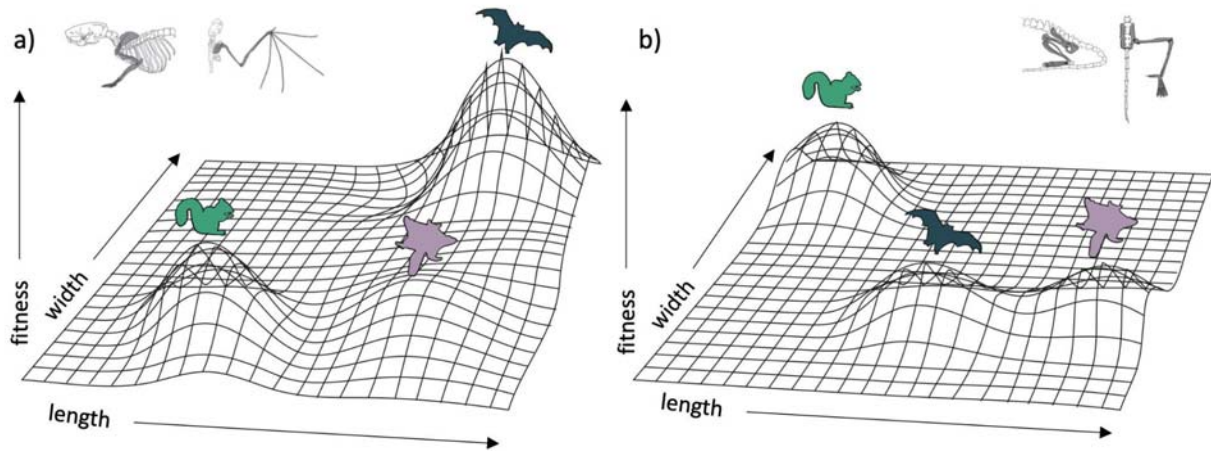
640 (electronic supplementary material, tables S2b,3b,4b) for the best-fitting models ( $\Delta AIC = 0$ ) for

641 12 traits. The AICcW of the model is on top of each panel with \* indicating another OUM model

642 was also supported ( $\Delta AIC < 2$ ) and + indicating the model shown was the second-best supported

643 after OU1 (electronic supplementary material, table S4b).

644



645

646 **Figure 4. Hypothetical adaptive landscapes of forelimb and hind limb skeletal relative**

647 **length and width evolution.** Hypothetical fitness peaks are shown for arborealists, gliders, and

648 bats for a broad summary of our conclusions from the skeletal trait optima results discussed. The

649 “length” and “width” in the figure refer to the lengths and widths of individual limb elements.

650 For the a) forelimb, we depict arborealists on a relatively steep adaptive peak at relatively lower

651 length/width optima, gliders on a broad, shallow peak/incline at relatively higher length but not

652 width optima, and bats on a very steep peak at relatively higher length and width optima. For the

653 b) hind limb, we depict arborealists again on a fairly steep adaptive peak at relatively higher

654 width but not length optima, bats on a shallow steep peak at relatively higher length and lower

655 width optima, and gliders on a peak similar to and overlapping with bats’ at relatively higher

656 length but similar width optima.