Hypodermal ribosome synthesis inhibition induces a nutrition-uncoupled
organism-wide growth quiescence

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ABSTRACT

Inter-organ communication is a key aspect of multicellular organismal growth,
development, and homeostasis with currently limited tools for study. Importantly, cell-
non-autonomous inhibitory cues that limit tissue specific growth alterations are poorly
characterized due to of cell ablation approaches. Here, we report a robust system to
investigate nutrition-independent organism-wide growth coordination by modulating
ribosome biogenesis at distinct steps in a tissue-specific and reversible fashion in *C.*
elegans. First, we find an organism-wide growth quiescence response upon
suppression of ribosome synthesis either by depletion of an RNA polymerase I (Pol I)
subunit or either of two critical ribosome biogenesis factors, RRB-1 and TSR-2, which
are the chaperone proteins required for assembly of RPL-3 and RPS-26, respectively.
The observed organism-wide growth checkpoint is independent of the nutrition-
dependent insulin signaling pathways and is not rescued by *daf-16(mu86)*, a bypass
mutation that suppresses the starvation-induced quiescence response. Upon
systematically exploring tissues involved in this process, we find that inhibition of
hypodermal ribosome synthesis is sufficient to trigger an organism-wide growth
quiescence response and leads to organism-wide expression changes both at the RNA
and protein levels. At the RNA level, we observe over- and underexpression of several
tissue-restricted genes that are indicative of inter-organ communication during
hypodermis-driven ribosome inhibition in a wide range of cell types, including touch
receptor neurons. At the protein level, we observed overexpression of secreted proteins
(CPR-4, TTR family proteins) as well as an organism-wide, two-fold reduction both in
cytosolic and mitochondrial ribosomal proteins in response to hypodermis RNA Pol I
depletion. an organism-wide, two-fold reduction both in cytosolic and mitochondrial
ribosomal proteins in response to hypodermal RNA Pol I depletion. Finally, we find that
dense core vesicle secretion specifically from the hypodermis tissue via the *unc-31*
gene plays a significant role in mediating the quiescence phenotype. Taken together,
these results suggest the presence of a nutrition-independent multicellular growth
coordination initiated from the hypodermis tissue.

1 INTRODUCTION

Metazoan organism-wide growth is a multi-faceted system regulated by various
autonomous processes [1, 2, 3], as well as non-autonomous processes that adapt
growth by integrating cues from nutrients through TORC1, TGFβ and Insulin/insulin-like
growth factor signaling (IIS) pathways (reviewed in [4-5]).   One such example of this is
evident in an organism's ability to maintain proper body proportions despite growth
impairment of a particular organ. For example, even when the cell cycle is suppressed
specifically in the left limb of a mouse during development, the symmetry between the
left and right limb remains unaltered [6]. Similarly, when growth of one embryonic
compartment is perturbed in Drosophila, the other compartments also slow their growth
[7–9]. Unlike the molecular mechanisms underlying nutrition-dependent organismal
growth regulation, we have a poor understanding of how such regulation occurs in
response to growth impairment of a particular organ.

Elegant studies in *Drosophila* uncovered growth coordination of eye discs upon RNAi-
mediated knockdown of ribosomal protein genes *rpl7* or *rps3* specifically in the nortum
of *Drosophila* wings [7]. This observation suggests system-wide growth coordination is
established through communication between different organs. The growth coordination
of wings and eye discs was controlled through an insect clade-specific Xrp1 and
mediated by inhibition of ecdysone by secreted peptide hormone Dilp8, along with
additional involvement of the JNK stress signaling pathway [7,10]. Xrp1 and Dilp8 are
encoded specifically in the insect clade, suggesting an evolutionarily divergent
mechanism. Key questions that currently remain largely unanswered are: 1- Are similar
divergent or conserved mechanisms observed in other species? 2- Can we find
contributions from specific tissues to overall organism growth? 3- What mechanisms are
important for relaying the information between body parts?

C. elegans provides an amenable model to study growth coordination due to its fast
developmental cycle and highly available genetic and cytological tools. In contrast to the
central ecdysone hormone-mediated development present in the insect clade, *C.*
elegans developmental timing relies on an intricate network of heterochronic genes
(reviewed in [11]). Furthermore, *C. elegans* can modulate their larval development
according to external cues, such as nutrient availability, through dauer regulation and
starvation-induced larval quiescence, mainly attributed to IIS and TGFβ signaling
pathways (reviewed in [4-5]). Finally, cell-non-autonomous organism-wide
communication is evident within numerous examples, such as starvation response,
dietary restriction, and mitochondrial unfolded protein response-mediated longevity [12-

23].

In addition to the nutrition-coupled non-autonomous growth regulation and longevity that
is well-studied in *C. elegans,* we previously observed a growth checkpoint in mosaic
animals mediated by lack of new ribosome synthesis. This growth checkpoint was not
suppressed by bypass mutations in insulin signaling pathways (*daf-16* and *daf-18*) and
had a distinct gene expression indicative of increased stress response. Specifically, we
generated embryos where either only the anterior (AB) or the posterior (P1) lineage of a
two-cell embryo consisted of wild-type while the other lineage consisted of ribosomal
protein gene null (*rpl-5(0)*) cells using unigametic inheritance [24, 25]. These mosaic
embryos completed embryogenesis with a sufficient load of maternal ribosomes but
were otherwise arrested at the first larval stage. Growth of wild-type cells in these
animals were similar to that of their *rpl-5(0)* neighbors, suggesting the presence of an
organism-wide checkpoint [25]. These observations suggest that growth between two
distinct lineages can be coordinated independent of nutritional status.

Consistent with these results, hypodermis-specific knockdown of a ribosomal protein
gene (*rps-11*) and translation initiation factor (*egl-45*) in *C. elegans* resulted in a
significant impairment of growth, along with higher H_2O_2 production, thermal resistance,
AMP/ATP, ADP/ATP ratios and reduced pharyngeal pumping, suggesting the presence
of an organism-wide non-autonomous response [26]. However, in our experience, RNAi
knockdown of ribosomal protein genes resulted in slow progression of development
instead of a larval arrest phenotype. Thus, we opted for optimization of a robust system
to (1) systematically test whether ribosome-mediated larval arrest is reversible, (2)
determine if there are specific contributions from different tissues, and (3) investigate
involved molecular mechanisms.

Here we report modulation of ribosome biogenesis at distinct steps in a tissue-specific
and reversible fashion by implementing an auxin-inducible degradation (AID) system
[27, 28] in *C. elegans*. We discovered an organism-wide growth quiescence response
mediated by depletion of an RNA polymerase I subunit (RPOA-2) or either of two critical
ribosome biogenesis factors, RRB-1 and TSR-2, which respectively are the chaperones
required for assembly of RPL-3 and RPS-26. Upon analysis of specific tissues involved
in this process, we found that inhibition of hypodermal ribosome synthesis is sufficient to
trigger an organism-wide growth quiescence response coupled with widespread
changes in expression both at the RNA and protein levels. The hypodermal ribosome
synthesis-mediated organism-wide growth checkpoint is not rescued by *daf-16(mu86)*
and *daf-18(ok480)*. In the absence of hypodermal RPOA-2, at the RNA level, we

observed over- and underexpressed genes in a wide range of cell types including touch receptor neurons. At the protein level, we observed overexpressed proteins (examples: CPR-4, ENDU-2) that are known to be secreted.   Interestingly, we detected a two-fold reduction both in cytosolic and mitochondrial ribosomal proteins in response to hypodermal RPOA-2 depletion. Finally, dense core vesicle secretion specifically from the hypodermis via the *unc-31* gene plays a key role in mediating the hypodermal ribosome synthesis inhibition-mediated quiescence phenotype. The function of the *unc-31* gene is largely attributed to the neurons in *C. elegans*, and thus its hypodermal function will further reveal new avenues of research.

RESULTS

Tuning of ribosome biogenesis using the AID system

An auxin-inducible degron-tagged target protein can be depleted upon the expression of an auxin receptor F-box protein TIR1 and the small molecule **auxin** (**IAA**, Indole-3-acetic acid) [27]. To tune ribosome synthesis in an inducible fashion, we decided to use the **auxin-inducible degradation (AID)** system [27, 28]. Since each eukaryotic ribosome is a large structure that incorporates 79 different proteins, we decided to target biogenesis factors to make sure that mature ribosome structure is not altered.

We generated *C. elegans* strains with an AID degron GFP cassette integrated into the genomic loci of an RNA Pol I subunit (*rpoa-2)*, as well as the chaperones of RPL-3 and RPS-26 (*rrb-1*/*Y54H5A.1* and *tsr-2*/*Y51H4A.15.1*, respectively) using CRISPR/Cas9-mediated editing [29, 30]. These tagged proteins specifically function in ribosomal RNA transcription from repeated 45S ribosomal DNA loci, as well as nucleolar 40S and 60S ribosome subunit biogenesis; thus, specifically targeting ribosome biogenesis at three distinct steps (**Figure-1A, Figure-S1A-F**). Ribosomal RNA transcription from 45S ribosomal DNA loci and majority of ribosome assembly take place in the nucleolus [31, 32]. RNA Pol I is predominantly nucleolar, and its depletion would lead to prevention of both small and large subunit biogenesis [33]. Newly translated ribosomal proteins in the cytoplasm are imported back to the nucleolus via dedicated chaperones [30]. Specifically, Rrb1p chaperones uL3 (encoded by *rpl-3* in *C. elegans*) to the nucleolus, and its depletion leads to decreased levels of 60S ribosomal subunit with no effect on 40S in yeast [34]. Tsr2 chaperones the r-protein eS26 (encoded by *rps-26* in *C. elegans*) to the earliest assembling pre-ribosome, the 90S, and is required for cytoplasmic processing of 20S pre-rRNA to mature 18S rRNA (90S)) [35]. Tsr2 also regulates eS26 release and reincorporation from mature ribosomes to enable a

reversible stress response [36].

Strains expressing degron-GFP-integrated RPOA-2, RRB-1 or TSR-2 are homozygous
viable and phenotypically wild-type with nucleolar RPOA-2 [37], nucle(ol)ar RRB-1 and
nuclear TSR-2 localization patterns (**Figure-1B, Figure-S2A**), demonstrating that the
degron-GFP tags are compatible with organism growth. To test the AID system, we
crossed strains expressing degron-GFP-integrated ribosome biogenesis factors (RPOA-
2, RRB-1, TSR-2) with strains ubiquitously expressing TIR1 from the *eft-3* promoter.
When homozygous L3 stage animals expressing both degron-GFP and TIR1 were
exposed to 1mM IAA overnight, GFP signals were completely depleted (**Figure-1C**).
This result suggests that the AID system successfully degrades ribosome biogenesis
factors (RPOA-2, RRB-1, TSR-2). In the presence of 1 mM IAA, degron-GFP-tagged
RPOA-2 was undetectable by western blot within 3 hours (**Figure-S2B**). To analyze the
kinetics of AID-mediated degradation, the degron-GFP-tagged RPOA-2 intensity was
inspected over time in L4 animals exposed to a range of IAA concentrations (0, 10 µm,
25 µm, 100 µm, 1 mM). 24 hour incubation with 25 µM and 100 µM IAA resulted in
nearly 100% depletion of RPOA-2, while weak nucleolar GFP signal was still observed
in worms treated with 10 µM IAA for 24 hours (**Figure-S3**). These results reveal that the
AID system efficiently depletes ribosome biogenesis factors (RPOA-2, RRB-1 or TSR-2)
in an IAA concentration-dependent manner.

Embryonic inhibition of ribosome biogenesis results in a reversible L2
quiescence

To determine the impact of IAA-mediated RPOA-2, RRB-1 or TSR-2 depletion on
embryonic development, we incubated stage synchronized embryos expressing both
ubiquitous TIR1 and degron-GFP-integrated RPOA-2, RRB-1 or TSR-2 with 1mM IAA
for 24 hours. As expected from the sufficiency of maternal ribosomes for *C. elegans*
embryonic development [25], embryogenesis was complete, and all larvae hatched
upon depletion of ribosome biogenesis factors with IAA treatment. To test post-
embryonic development in the absence of new ribosome synthesis, we measured the
body length of young larvae after a 3-day incubation (with or without IAA) of stage
synchronized embryos (**Figure-2A** top). All three strains (*rpoa-2, rrb-1* or *tsr-2* degron-
GFP integration in the presence of *eft-3p::TIR1::mRuby*) exhibited an overall growth and
development quiescence when exposed to IAA (**Figure-2A, S4A**). In contrast, when
ribosome synthesis is inhibited at the L4 stage, the animals reached gravid adulthood in
the presence of IAA (**Figure-S3**), suggesting the observed quiescence phenotype is
specific to early larval stages.

It's important to note that, in the absence of IAA, the global expression of TIR1 induces a modest background degradation of degron-GFP [38, 39], with a higher basal degradation in TSR-2-degron-GFP strains compared to RPOA-2 and RRB-1 degron-GFP (**Figure-S4B**). Thus, animals ubiquitously expressing TIR1 and degron-GFP-integrated TSR-2 developed significantly more slowly even in the absence of IAA, suggesting that basal degradation of TSR-2 affects postembryonic development (**Figure-2A, B**).

To precisely stage animals upon ubiquitous embryonic depletion of RPOA-2, we inspected two different postembryonic lineages' mesoblast precursor (M-cell) using *hlh-8p::GFP* [40]) and vulval precursor cells using *egl-17p::mCherry* [41]. During the L1 stage, the M-cell goes through mitosis to give rise to 18 cells, two of which migrate during the L2 stage, followed by further divisions and differentiation into sex muscle cells at later larval stages [42]. We observed 18 M-cells upon global depletion of RPOA-2, suggesting that the arrested larvae at least grew to the late L1 stage (**Figure-2C,** top). Similar M-cell division patterns in *rpoa-2(ok1970)* null animals (**Figure-2C,** bottom) suggest ubiquitous depletion of RPOA-2 using the AID system can phenocopy genetic deletion of *rpoa-2*. At larval stage L3, vulval precursor cells P(5-7).p adopt primary or secondary cell fates and undergo invariant cell divisions [43]. Inspection of vulval precursor cells further suggest that *rpoa-2(ok1970)* null animals are developmentally quiescent at the L2 stage (**Figure-S4C**). In summary, ubiquitous depletion of these ribosome biogenesis factors and genetic loss of *rpoa-2* result in a growth quiescence at the L2 stage, with animals surviving a period of ~7 days with the remaining mature ribosomes.

During the quiescent L2 larval stage, where ribosome biogenesis factors (RPOA-2, RRB-1 or TSR-2) are depleted, animals are likely relying on existing ribosomes to survive. We next wondered whether these ribosomes were sufficient to rescue the animal back to gravid adults when IAA was removed from the media by supporting synthesis of new ribosome components required for further growth. AID-mediated protein degradation is reversible in the presence of low concentrations of IAA (10 µM, 25 µM), with up to 100% protein recovery after removal of IAA from the media [27]. Thus, to test development reversibility, embryos were treated with 10 µM IAA for 3 days and transferred to plates without IAA for 6 days.

The recovery percentages after removal of IAA were significantly less than 100%, but substantially better when RRB-1 and TSR-2 were globally depleted in comparison to RPOA-2 (12.2%, 47.6%, 61%, after a 3-day depletion of RPOA-2, RRB-1 and TSR-2

1 respectively, **Figure-2D).** Furthermore, post-embryonic growth reversibility of globally
2 depleted RPOA-2 is time- and IAA concentration-dependent, with gravid adults
3 observed after up to 5 days of incubation with 10 µM IAA (**Figure-S4D**).

Gene expression changes in response to RPOA-2 depletion are distinct from that of L1 starvation and dauer stages

To gain clues about the molecular basis of the reversible larval quiescence due to
RPOA-2 depletion, we next undertook an unbiased gene expression analysis. The
transcriptome profiles of RPOA-2-depleted (IAA-treated *degron::GFP::rpoa-2; eft-*
3p::TIR1::mRuby) L1 animals compared to controls (no TIR1 expression) revealed 297
genes with significant changes (adjusted p value < 0.05) [44] (**Figure-3A, Table-S4**).
Overexpressed categories in RPOA-2 depleted larvae include genes that are related to
ribosome maturation, protein synthesis, chromatin and transcription regulation, and
DNA damage response and repair (**Figure-S5A, Table-S4**).

To determine shared and divergent pathways underlying this phenotype, we
systematically compared the molecular profiles of RPOA-2 depletion-induced larval
quiescence to other conditions of larval arrest. Ribosomal protein null mutants shared a
common larval arrest phenotype and a similar gene expression signature. We tested the
similarity of gene expression changes between ribosomal protein null L1 larvae (*rpl-5* or
rpl-33 null [25]) and RPOA-2 depleted L1 worms. We observed significant overlaps
between over- or underexpressed genes in the genetic ribosomal protein null mutants
and RPOA-2-depleted animals (**Figure-3B, 3C,** p < 2.2e-16 with odds ratios of 10 and
38 for over- and underexpressed genes respectively, Fisher's exact test). These results
suggest that inducible inhibition of ribosome biogenesis elicits a molecular signature
that mirrors the complete loss of ribosome components.

C. elegans enters a developmental diapause state in response to starvation after
hatching, which can be reversible after feeding. Moreover, *C.elegans* can survive
adverse environmental conditions by undergoing dauer arrest at the second molt [45].
To better understand the contributions of distinct conditions inducing young larvae
quiescence, we compared the gene expression changes of animals undergoing RPOA-
2 depletion to that of starvation-induced L1 and dauer stages [46, 47]. The shared
overexpressed genes between starvation-induced L1 or dauer animals and those with
RPOA-2 depletion were limited and not significant (**Figure-3B, 3D, 3E,** p = 1, Fisher's
exact test). Notably there are significant overlaps among under expressed starvation
and over expressed in response to RPOA-2 depletion and vice versa (p<0.01, odds

ratios = 2.9 and 2 respectively). We observe this similar opposite pattern with DAF-16 ChIP-Seq targets suggesting that DAF-16 is likely repressed during RPOA-2 depletion (**Figure-S5B-C**). We found significant overlaps between underexpressed genes in response to RPOA-2 depletion with those that are underexpressed in starved or dauer conditions(**Figure-3D, 3E,** p<0.01, odds ratios = 2.3 and 8.5 respectively, Fisher's exact test). The shared underexpressed genes between starvation response and RPOA-2 depletion are significantly enriched in cysteine peptidase activity with three genes (p< 0.01, **Table-S5**). The shared underexpressed genes between dauer and RPOA-2 depletion datasets are significantly enriched for collagen synthesis and cuticle development GO categories (p< 0.01, **Table-S5**). We searched for a transcription factor enrichment among the 80 shared underexpressed genes between dauer and RPOA-2 depletion datasets and found significant enrichment for BLMP-1 ChIP-Seq targets using WormExp (38 out of 80, p<0.001, [48]). BLMP-1 controls hypodermis differentiation and molting [49], and not surprisingly the shared underexpressed genes represent numerous examples related to molting (examples: *noah-1, noah-2, mlt-11, qua-1*). Thus, the shared underexpressed genes in dauer and RPOA-2 depletion might represent post-embryonic development progression-related genes.

Given a lack of significant overlap among overexpressed transcripts in response to RPOA-2 depletion and conditions such as starvation and dauer, we analyzed similarities between other types of stress conditions that induce larval growth arrest or diapause. One such condition is UV irradiation which leads to partial larval arrest. Interestingly, we observed significant overlaps among both over- and underexpressed genes in response to UV irradiation (odds ratios = 7.8 and 6.7 respectively, p<0.01, **Figure-S5D-E**) [50]. Consequently, we also observed significant overexpression of several DNA damage response genes in RPOA-2 depleted animals (r*ad-50, xbp-1, smc-5,* **Table S4**). These results suggest RPOA-2 depletion and UV irradiation likely activate shared pathways.

Hypodermis-specific depletion of ribosome biogenesis factors results in an L3 stage growth quiescence

Given that global depletion of ribosome biogenesis factors results in a reversible quiescence with a unique molecular profile, we hypothesized that the organism-wide response may be due to signaling from specific tissues to the rest of the organism. To test this hypothesis, we depleted RPOA-2 in different tissues and quantified how these depletions affected overall organism growth.

We compared organism-wide growth (body length) of animals in the presence of

ubiquitous RPOA-2 depletion to worms with TIR1 expression under the control of different tissue-specific promoters (global (*eft-3p*), hypodermis (*col-10p*), pharynx (*myo-2p*), intestine (*ges-1p*), body wall muscle (*myo-3p*) and germline (*sun-1p*) [27, 28] (**Figure-4A, Figure-S6A**). Depletion of RPOA-2 in all tested tissues resulted in some degree of growth delay ranging from ~33% to ~95% with rough body proportions conserved (**Figure-S6B**). Most strikingly, the hypodermis-specific depletion of RPOA-2 resulted in a visible growth quiescence phenotype (**Figure-4A**). We observed that hypodermis-specific depletion of RRB-1 or TSR-2 also led to a similar growth quiescence phenotype as with depletion of RPOA-2, suggesting that inhibition of 40S or 60S subunit biogenesis alone is sufficient to trigger hypodermis-mediated, organism-wide growth quiescence (**Figure-4B**). After 2 days of incubation with 1mM IAA, animals expressing degron-GFP-integrated RPOA-2 and hypodermis-specific TIR1 remained at a young larval stage (**Figure-4C**). Inspection of vulval precursor cells (*egl-17p::mCherry*) showed that animals develop until the L3 stage in the presence of hypodermis-specific RPOA-2 depletion (**Figure-4D**). Finally, the quiescence resulting from hypodermal degradation of ribosome biogenesis factors was reversible when IAA was removed from the media (**Figure-S6C**). Thus, these results suggest that hypodermis-specific inhibition of ribosome synthesis results in a reversible growth quiescence at a later stage (L3) than that of ubiquitous inhibition.

The insulin IGF-1 signaling (IIS) from the hypodermis can non-autonomously activate P and M lineages at the L1 stage in a *daf-16*-mediated fashion [51, 52]. We crossed *daf-16(mu86)* and *daf-18(ok480)* to *rrb-1::degron::GFP; col-10p:TIR1* strains to evaluate relative body size or variation in the vulval cell divisions which typically happen in the early L4 stage [53]. The body lengths of *daf-18(ok480), daf-16(mu86)* or *daf-16* and *daf-18* RNAi-mediated knockdown animals were not significantly larger (**Figure-S7A, S7B**). To understand if the *daf-16(mu86)* and *daf-18(ok480)* animals could go through early L4 transition, we inspected vulval cell divisions and did not observe any significant differences after 5 days of 1 mM IAA treatment (**Figure-S7C**). In conclusion, L3 quiescence observed in response to depletion of ribosome biogenesis factors in the hypodermis is likely independent of IIS.

Global or hypodermis-specific RPOA-2 depletion results in a shared gene expression program

As hypodermis-specific depletion of RPOA-2 results in larval quiescence, we questioned whether similar or different sets of genes were significantly differentially expressed in comparison to global depletion of RPOA-2. Depletion of RPOA-2 in the

hypodermis results in 538 significant changes in gene expression (**Figure-S8A, Table-S4**, adjusted p value < 0.05). We compared this gene set with the differentially expressed genes resulting from global depletion of RPOA-2. Global and hypodermis-specific prevention of ribosome synthesis led to highly similar gene expression profiles, with 154 overexpressed and 136 underexpressed shared targets (**Figure-5A, S8B, Table-S4**). To highlight the observed similarities between gene expression changes in response to hypodermal and global RPOA-2 depletion, we plotted the global RPOA-2 depletion-mediated log_2 fold changes and marked hypodermis-specific over- and underexpressed genes (**Figure-5B,** top). We also generated a plot with the hypodermis RPOA-2 depletion-mediated gene expression fold changes, where global RPOA-2 depletion-mediated over- and underexpressed genes were labeled (**Figure-5B**, bottom). Overall, these results suggest the presence of a common gene expression response in global and hypodermis-specific RPOA-2 depletion.

To gain further insight into the significantly over- and underexpressed genes, we determined enriched Gene Ontology (GO) terms among shared targets of global and hypodermis-specific RPOA-2 depletion [54]. Overexpressed genes were significantly enriched for two GO categories: nuclear pore/nuclear part, and proteasome. Underexpressed genes resulted in significant GO term enrichment for cuticle formation and molting-related categories. Additionally*,* transmembrane transporter activity was enriched among over- and underexpressed genes combined. Representative GO categories, as well as global and hypodermis-specific log_2 fold changes corresponding to the differentially expressed genes within each category, are shown (**Figure-5C, Table-S4**). The cuticle formation and molting-related genes enable growth or developmental specialization in *C.elegans*, which is consistent with the phenotypes of global or hypodermal RPOA-2-depleted animals.

If there was an organism-wide response to ribosome biogenesis inhibition, we would expect to observe gene expression changes in non-hypodermal tissues even though RPOA-2 is specifically depleted in the hypodermis. A possibility that needs to be considered is that under stress, certain cell type-specific genes could further be expressed spuriously in unexpected tissues. Thus, we first inspected the cell type expression profile of underexpressed genes in response to hypodermis-mediated ribosome synthesis inhibition using published single cell RNA-seq data from L2 animals [55]. The promoter we used to drive hypodermis expression, *col-10,* is expressed in the expected tissue and seam cells in this dataset, validating the use of this approach to determine genes with tissue-restricted expression patterns (**Figure-5D)**. We detected numerous genes that are not expressed in the hypodermis and were differentially

expressed in response to perturbation of ribosome biogenesis in the hypodermis (**Figure-5D, Figure-S9A-B**). For example, *phat-5*, whose transcript is expressed in pharyngeal gland, muscle and cholinergic neurons, was underexpressed in the hypodermal RPOA-2 depleted animals (**Figure-5D**). Similarly, *app-1,* which overexpressed in response to hypodermal RPOA-2 depletion, encodes a X-prolyl aminopeptidase, and is mainly expressed in the neurons and germline. These results clearly indicate hypodermis-specific perturbation of ribosome biogenesis can lead to gene expression changes both in hypodermal and non-hypodermal cells including neuronal and intestinal cells. Hence, hypodermis-specific manipulation is sufficient to drive gene expression changes indicative of inter-organ communication.

Organism-wide proteome sculpting responds to hypodermis-specific RPOA-2 depletion

As RPOA-2 expression is required to maintain ribosome concentrations, RNA-level changes may not capture differential changes in protein translation/degradation. Hence, we used label-free intensity-based mass spectrometry to quantify changes in the proteome upon hypodermis-specific RPOA-2 depletion. 258 differentially expressed proteins were detected in the hypodermal RPOA-2-depleted worms compared to the control (**Figure-S10A, Table-S6**).   Although there was a significant overlap between the RNA and protein, we were able to detect genes with significant protein level changes that were undetected at the RNA abundance level (**Figure-6A, Table-S6**). To observe significant protein-level specific changes, we plotted transcript and protein-level expression changes for genes with robust RNA expression (counts per million –cpm– higher than 20 per gene) (**Figure-6B**).

Among the differentially expressed proteins, we noticed similarities to cholesterol starvation. Among 9 proteins that were differentially expressed in response to cholesterol starvation, 4 were detected among significantly different proteins in response to RPOA-2 depletion [58]. SAMS-1 (S-adenosylmethionine synthetase) and ACDH-1 (Short-chain acyl-CoA dehydrogenase) were both under-expressed while LEC-5 (galectin) and NEX-1 (galectin) were both overexpressed in response cholesterol starvation and RPOA-2 depletion (**Figure-6B, Table-S6**). Among the shared overexpressed proteins, LEC-5 binds to the apical recycling endosome protein RAB-11 and is important for cargo sorting [59, 60]. NEX-1 maintains expression of G1 cyclin-dependent kinase inhibitors and promotes neuronal survival [61]. Thus, these results suggest a potential relationship between cholesterol starvation and RPOA-2 depletion.

Among overexpressed proteins in response to hypodermal RPOA-2 depletion, we observed two examples. CPR-4 and ENDU-5, where the protein is secreted and regulates germline function (**Figure-6B, Table-S6**). First, CPR-4, a homologue of human cysteine protease cathepsin B, is secreted both outside to the medium and intra-animal from a UV-treated area, and can non-autonomously reduce germline apoptosis [62]. Second, ENDU-2, a Ca^{2+}-dependent endoribonuclease that regulates mRNA abundance, is secreted from the soma to the germline and positively regulates brood size [63]. As the cell-non-autonomous functions of CPR-4 and ENDU-2 are established [62, 63], these examples could serve as further evidence for the presence of an organism-wide response to hypodermis-specific RPOA-2 depletion. Cellular location and function of these genes are summarized (**Figure-S10B**).

To further explore the organism-wide responses at the translational level upon RPOA-2 depletion in the hypodermis, we determined enriched Gene Ontology (GO) terms using Funcassociate 3.0 with background gene subtraction [54]. Among the overexpressed proteins, significant GO enrichment was observed in extracellular space and oxidation-reduction (**Figure-6C, Table-S6**). DAF-7 and Transthyretin (TTR) proteins were enriched in the extracellular space category. DAF-7, a member of the TGFβ pathway, is important for recovery from the dauer stage when food source is available [64].The *daf-7* gene is also required for systemic autophagy activation under stress conditions [65]. *C. elegans* TTR proteins are usually secreted and are involved in a wide range of processes (example: TTR-33 is secreted from a specific cell in the head and protects against oxidative stress [66]). We further observed that nearly the whole family of transthyretin proteins were overexpressed in response to hypodermal RPOA-2 depletion (**Figure-6D**).

Among the oxidation-reduction category, we found that glutathione S-transferases [67] were specifically overexpressed at the protein level (**Figure-6D)**. GST (Glutathione S transferase) proteins catalyze conjugation of reduced glutathione to xenobiotic compounds for detoxification. For instance, GST-1 is expressed in abnormal dopamine neurons (DA) and is protective against neurodegeneration upon exposure to high levels of manganese [68]. These results suggest that proteins that combat stress conditions are expressed at the protein level from a wide range of cell types in response to RPOA-2 depletion in the hypodermis.

Among the underexpressed proteins, the enriched GO categories include collagen and cuticle development, biosynthetic processes, and isomerase activity (**Figure-6C, Table-S6**). Within these, the hypodermally expressed FKB-3, FKB-5 proteins (FK506-binding

proteins), which catalyze the rate-limiting peptidyl prolyl cis-trans isomerization step in protein folding, are essential for normal nematode development and collagen biogenesis [49].

Intriguingly, protein-level specific changes were observed for the cytoplasmic and mitochondrial ribosomes. RNA expression of cytoplasmic and mitochondrial ribosomal protein transcripts was not reduced, yet their protein abundances were two-fold lower in response to hypodermis-specific RPOA-2 depletion (**Figure-6E, S10C**). As the hypodermis comprises about one-seventh of all cells in the worm, a two-fold reduction at the ribosomal protein level likely reflects changes in other tissues in addition to the hypodermis.

Involvement of *unc-31* in the hypodermal ribosome synthesis inhibition-mediated development checkpoint

Given the global responses of gene expression upon hypodermal inhibition of ribosome biogenesis and differentially expressed secreted proteins, we hypothesized that vesicle-mediated transport of hormones or other molecules may play a signaling role in inter-organ communication to coordinate organism-wide growth arrest. Supporting this hypothesis, we observed that the dense-core vesicle (DCV) membrane protein IDA-1/IA-2, RAB-3, and synaptic vesicle membrane-associated protein SPH-1, were overexpressed (> 2-fold) in response to hypodermal RPOA-2 depletion (**Table-S6**). The *ida-1* gene, which is epistatic to *unc-31*, encodes IA-2 (insulinoma-associated protein 2), which genetically interacts with UNC-31/CAPS and affects neurosecretion in *C.elegans* [69]. *unc-31* encodes the *C. elegans* homolog of CAPS, a factor crucial for the priming step of Ca^{2+}-dependent exocytosis of dense-core vesicles, and regulates DCV cargo release [70, 71].

To test whether *unc-31* functions in ribosome deficiency-induced larval arrest, we used *rps-23 null* mutants, in which M-cells partially divide during the L1 stage, to detect the post embryonic development. We observed that the percentage of *rps-23(0)* mutant larvae with divided M-cells significantly increased in the presence of *unc-31* RNAi (**Figure-7A**). This result suggests that *unc-31* is involved in mediating the larval arrest phenotype in genetic mutants null for *rps-23*, a component of the ribosome.

To test the hypothesis that *unc-31* may suppress the growth of hypodermal ribosome biogenesis inhibition-induced growth quiescence, we reduced *unc-31* gene expression by RNAi in conjunction with hypodermis-specific ribosome synthesis inhibition.

Knockdown *unc-31* didn't affect the worm growth under normal conditions, however,

reducing *unc-31* expression resulted in significantly larger animals when hypodermal

RPOA-2 was depleted (**Figure-7B**), suggesting that the observed increase in size was

only in the context of hypodermal ribosome biogenesis inhibition. These results overall

suggest the presence of an excreted signal that inhibits organism growth and

development during the ribosome synthesis checkpoint-induced larval quiescence.

These results were surprising since most of the *unc-31* expression is detected in

neurons (**Figure-S11**,[55]), and global RNAi usually doesn't function in neuronal tissue

due to insufficient amounts of the systemic RNAi transporter, SID-1 [72, 73]. Moreover,

unc-31(e928) mutants exhibit defects in the modulation of movement and are

paralyzed(70). For this reason, *unc-31(e928)* mutant animals cannot feed themselves

sufficiently on the bacterial lawn and thus generally grow much slower compared to

wild-type (personal observation). Thus, not surprisingly, when we crossed the inducible

hypodermal ribosome synthesis inhibition strain (*rrb-1::degron; col-10p::TIR1*) to an

unc-31 null mutant, *unc-31(e928)*(74), we observed that *unc-31(e928)* animals were

significantly smaller when hypodermis ribosome synthesis was inhibited by RRB-1

depletion (**Figure-7C**)

To test the hypothesis that neuronal UNC-31 promotes growth in the hypodermal

ribosome biogenesis-inhibited worms, we generated a neuron-specific strain by

crossing the *sid-1(pk3321)* mutant with neuronally expressed *sid-1* (driven by *unc-119*

promoter) in the degron-GFP-integrated RRB-1 background strain. Neuron-specific

RNAi of *unc-31* resulted in smaller animals (**Figure-7D**), supporting our hypothesis that

neuronal UNC-31 promotes animal growth.

Interestingly, although most *unc-31* transcripts are detected in neurons, they were also

detected in non-neuronal tissues, including the pharynx, glia, hypodermis, gonad,

intestine and body wall muscle (**Figure-S11,** [55]). This observation led us to question in

which specific tissue *unc-31* suppressed growth during the hypodermal ribosome

synthesis-mediated checkpoint quiescence. To further test the tissue-specific function of

the *unc-31* gene, we crossed *rde-1(ne219)* with hypodermis- or body wall muscle-

specific *rde-1* (*wrt-2p or myo-3p*) in the degron-GFP-integrated RPOA-2 or RRB-1

strains respectively. Similar to that of global RNAi (**Figure-7B**), the hypodermis-specific

unc-31 RNAi didn't affect worm growth under normal conditions, and increased body

length when RPOA-2 was depleted in the hypodermis (**Figure-7E)**, which indicates a

growth suppression of hypodermal UNC-31. Expectedly, due to the resulting body

movement phenotype, muscle-specific RNAi of *unc-31* resulted in smaller animals in the

presence of IAA (**Figure-7F**). These results suggest that hypodermal UNC-31

negatively regulates organism-wide growth in the presence of a hypodermis-mediated

growth checkpoint.

DISCUSSION

Here we set up a system to specifically interfere with ribosome biogenesis at different

steps in a spatiotemporal fashion by taking advantage of the AID system. The tagged

ribosome biogenesis factors (RPOA-2, RRB-1, TSR-2) specifically target ribosomal

RNA transcription as well as nucleolar biogenesis of the ribosome's small and large

subunits. These systems, moving forward, will be useful in investigating the tissue-

specific consequences of interfering with ribosomal RNA transcription and ribosome

biogenesis in a metazoan system.

We find that global inhibition of ribosome synthesis results in a reversible organism-wide

post-embryonic quiescence at the L2 larval stage with a distinct gene expression

signature reminiscent of an activated stress response. As the quiescence is reversible

after up to 4-5 days, *C. elegans* must have remaining functional ribosome pools that are

sufficient to restart synthesis of the new ribosome components to reprogram

development of the quiescent L2 larvae into gravid adults. To gain more clues about the

mechanism of ribosome synthesis inhibition-mediated larval quiescence, we compared

the gene expression responses of a wide range of published gene expression datasets

for pathways or conditions that cause growth quiescence. Interestingly, depletion of

RPOA-2 leads to a gene expression response that is distinct from dauer and starvation-

induced quiescence with no significant enrichment among overexpressed genes. The

significant overlap between underexpressed genes in the dauer stage and response to

RPOA-2 depletion are stage specific, mainly enriched for molting and cuticle

development. Interestingly, about half of these shared underexpressed genes are

BLMP-1 targets. The *blmp-1* gene plays a role in controlling timing of molting and

developmental timing in young larvae [49, 75], thus these results suggest that the *blmp-*

1 gene is a downstream target for both dauer and RPOA-2 depletion-mediated

quiescence. Notably, we find significant overlaps between both over- and

underexpressed genes in response to UV irradiation and RPOA-2 depletion, suggesting

the activation of shared pathways under both conditions.

Further investigation of specific tissues led to the observation that when RPOA-2, RRB-

1 or TSR-2 was depleted from the hypodermis, there was a major and significant

impairment of organism-wide growth. Interestingly, among all tissues tested, only

hypodermis-specific depletion of RPOA-2 resulted in a reversible L3 stage quiescence

in contrast to other essential tissues tested, such as intestine or pharynx, which are both

feeding-wise required for growth. These results suggest two possibilities: 1- Hypodermal

synthesis of certain rate-limiting factors required for organism-wide growth are impaired

due to inhibition of ribosome biogenesis. 2- Inhibition of ribosome biogenesis triggers an

active stress response in the hypodermal tissue that is transmitted through the rest of

the organism.

If hypodermis-specific synthesis of certain rate-limiting factors required for organism-

wide growth are impaired due to inhibition of ribosome biogenesis, we might imagine

that the remaining ribosomes would be sufficient to synthesize the required amounts of

this factor over a longer time. In this scenario, we might expect a slow larval progression

and growth. Moreover, the gene expression response to hypodermis-specific ribosome

biogenesis inhibition would perhaps mainly represent reduction in rate-limiting proteins.

On the other hand, if hypodermal inhibition of ribosome biogenesis triggers an active

organism-wide stress response, we would expect to have significant similarities in gene

expression to that of global ribosome synthesis inhibition, and wide-spread changes that

would be reflected in other specialized distinct cell types.

When we compared the gene expression responses between global versus hypodermis

-specific depletion of RPOA-2, we indeed found significant and extensive overlap

between the gene expression responses, where over- and underexpressed genes in

each dataset also have similar trends of expression in the respective dataset (**Figure-**

5A). Moreover, hypodermis-specific RPOA-2 depletion leads to both under- and

overexpression of cell type-specific transcripts that are normally not expressed in the

hypodermis tissue. These observations overall suggest that L3 quiescence likely is an

active organism-wide response and further highlight the importance of the hypodermis

tissue in mediating the organism-wide growth quiescence in response to ribosome

biogenesis inhibition.

Despite the similarities in gene expression profiles of global versus hypodermis-specific

depletion of RPOA-2, animals can grow as far as the L3 stage when RPOA-2 is

depleted in the hypodermis, while global RPOA-2-depleted animals grow to the L2

stage. These results suggest other tissues are likely also involved in the organism-wide

growth quiescence response to ribosome synthesis inhibition. Why does the

hypodermis affect the overall growth significantly more than other tissues which are

likely equally important for survival and growth (examples: the pharynx, intestine)?

Since the hypodermis is more exposed to the outside environment, the hypodermis-

specific quiescence response could be important for driving robust survival when exposed to unexpected outside stressors, such as toxins released from pathogenic bacteria.

Proteomic analyses gave further significant insight into organism-wide protein-level changes in response to hypodermis-specific ribosome synthesis inhibition. We were able to detect genes that were significantly different at the protein level with similar RNA abundance levels. Here, numerous detected examples of overexpressed secreted and extracellular proteins could also serve as a springboard to study the mechanism of organism-wide growth coordination. CPR-4 serves as one particular example among the overexpression dataset, as it was previously observed to be secreted upon UV irradiation and can non-autonomously alleviate germ cell apoptosis [62]. Finally, and perhaps most interestingly, we observe a global post-transcriptional response (about 2-fold underexpression) both in cytosolic and mitochondrial ribosomal proteins. Since the hypodermis comprises about 1/7th of the cell population, this observation further suggests a global organism-wide response at the post-transcriptional level.

Further functional analysis into hypodermis-mediated ribosome synthesis inhibition led us to the observation that the hypodermally expressed *unc-31 (Caps* ortholog) significantly alleviates growth quiescence, suggesting the involvement of dense core vesicle secretion from the hypodermis tissue. Despite our knowledge that numerous neuropeptides are expressed in the hypodermis tissue (reviewed in [76]), our observation is the first reported evidence of hypodermal involvement of the *unc-31* gene in *C. elegans* to our knowledge. The differences we observe by *unc-31* knockdown is modest. This could either be due to inefficient RNAi knockdown under this circumstance or suggests the involvement of other mechanisms, including physical pressure and membrane contacts. Thus, further forward genetic experiments will likely be crucial to find other molecular processes involved in the L3 quiescence mediated by a hypodermis-specific ribosome synthesis checkpoint.

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AUTHOR CONTRIBUTIONS

Q.Z. and E.S.C. conceptualized the project, designed and conducted the experiments, performed analysis, and wrote the manuscript. R.R. assisted in conducting experiments, data acquisition and editing of the manuscript. C. Ö. assisted in Mass spectrometry Proteomics data analysis. S.W. conducted a script based on MATLAB to measure *C. elegans* body length automatically. All authors provided revisions and comments. We thank Sarinay Cenik lab members, Can Cenik, and Arlen Johnson for discussions and feedback.

MATERIALS AND METHODS

Generation of strains

Constructs and worm strains used in this study are listed in Tables S1 and S2. All *degron-gfp-c1^sec^3xflag* tagged gene constructs with a self-excising selection cassette (SEC) were generated using Gibson assembly and verified by sequencing of new junction regions [29]. A codon-optimized *degron* sequence was assembled from gBlocks (IDT) (AF-ESC-702) (Table S3). This coding sequence was used to insert the N-terminus of GFP in pDD282 containing *gfp-c1^sec^3xflag_ccdb*. In the resulting construct pQZ38, degron and *gfp* are separated by a Gly-Ser-Gly linker.

The degron-gfp tagged *rpoa-2* allele was constructed using Cas9 protein driven by eft-3 promoter in pDD162 and gRNA targeting a genomic sequence in the N-terminus of *rpoa-2* in pRR13, a derivative of pRB1017, an empty vector for gRNA cloning. The sgRNA construct pRR13 was generated by the oligos ESC-RR- 5 and ESC-RR- 6. All the oligos used in this study are listed in Table S3. *degron-gfp-c1^sec^3xflag* repair template (pQZ43) was constructed for generating the knock-in into the N terminus of the *rpoa-2* gene. The 5' and 3' homology arms were amplified 751 bp upstream of *rpoa-2* start codon using oligos ESC-RR-1 and ESC-QZ-143, and 566 bp downstream of start codon using ESC-RR-3 and ESC-RR-4. The repair templates were used to replace the ccdB in pQZ38.

The degron-gfp tagged *rrb-1* gene allele was constructed in a similar manner as above using pDD162 and gRNA targeting a genomic sequence in the C-terminus of *rrb-1* in pQZ73. Oligos ESC-QZ-266 and ESC-QZ-267 were used to anneal sgRNA. The following reagents were used to assemble the final repair template pQZ83: 5' homology arm (744 bp upstream of *rrb-1* stop codon), 3' homology arm (947 bp downstream of

rrb-1 stop codon) were amplified using oligos ESC-QZ-270, ESC-QZ-271, ESC-QZ-272

and ESC-QZ-273.

Oligos ESC-QZ-233 and ESC-QZ-234 were used to generate sgRNA targeting C-

terminus of *tsr-2* gene in pQZ66. 5' homology arm (588 bp upstream of *tsr-2* stop

codon), 3' homology arm (654 bp downstream of *tsr-2* stop codon) were amplified using

oligos ESC-QZ-237, ESC-QZ-238, ESC-QZ-239 and ESC-QZ-240 to replace the ccdB

of pQZ38 as the repair template pQZ69.

All plasmids for microinjection were purified using the Invitrogen PureLink HiPure

Plasmid Miniprep Kit (K210002). Oligo sequences used to generate these plasmids are

in TableS3.

N2 animals were injected with a mix consisting of 50 ng/μl pDD162 (Cas9 vector), 50

ng/μl gRNA pRR13, 50 ng/μl repair template pQZ43, 5 ng/μl extrachromosomal marker

pCFJ104 to produce ESC318. ESC405/406 and ESC402/403/404 were generated by

injection a mix containing 50 ng/μl pDD162 (Cas9 vector), 50 ng/μl gRNA pQZ66, 50

ng/μl repair template pQZ69, 5 ng/μl extrachromosomal marker pCFJ104 and a mix

containing 50 ng/μl pDD162 (Cas9 vector), 50 ng/μl gRNA pQZ73, 50 ng/μl repair

template pQZ83, 5 ng/μl extrachromosomal marker pCFJ104 to N2 worms. Each knock-

in was isolated as previously described [29]. The SEC was then excised by heat-shock

to produce ESC319, ESC424/430, ESC432/432.

CA1210, DV3800, CA1199, HAL230, PD2638, PD2632, VC2372, PD4666, FX30167,

RDV55 were purchased from CGC.

Strains expressing TIR1 in particular tissues were crossed to *degron::GFP* tagged *rpoa-*

2 strain to generate strains expressing both degron fused RPOA-2 and TIR1. Strains

with global (*eft-3p*) and hypodermis (*col-10p*) specific expression of TIR1 were also

crossed with *degron::GFP* inserted *tsr-2* and *rrb-1* strains, as well.

Worm growth

C.elegans strains were grown at 16˚C or 20˚C on agar plates containing Nematode

growth media (NGM) seeded with *E. coli* strain OP-50 for maintenance culture. To

obtain eggs, adult worms were bleached. Bleached eggs were placed onto NGM plates.

Auxin treatment

The natural auxin indole- 3-acetic acid (IAA) was purchased from Alfa Aesar (#A10556).
A 400 mM stock solution in ethanol was prepared and was stored at -20°C. Auxin was
diluted into the NGM agar, cooled to about 50°C, before pouring plates. Plates were left
at room temperature for 1-2 days to allow bacterial lawn growth. Controls for
experiments using IAA are NGM plates with an equivalent concentration of ethanol.

Worm body length analysis

Worm morphological comparisons were imaged at 5x magnification with a DIC filter
(Leica Imager). Worm length comparisons were made in ImageJ using the segmented
line tool down the midline of each animal from head to tail. We also developed a worm
body length analysis toolbox supported by MATLAB, which could automatically measure
worm body length. The script is attached in supplementary Text1.

Reversibility assay

Bleached eggs were placed onto NGM plates with different concentrations of auxin for
different days of treatment, then the auxin-treated larvae were transferred to fresh NGM
plates without auxin to observe the phenotypes.

Knock down gene expression by RNAi

E. coli strain HT115 (DE3) containing L4440 that expresses double stranded RNA of a
sequence fragment were used for RNAi against a gene of interest or a sequence that
doesn't target the C. elegans genome (non-target RNAi). HT115 was grown overnight (6
hours- 18 hours) in LB with 50 µg/ml ampicillin at 37℃ and seeded on NGM plates
containing 1mM isopropyl-β-D-thiogalactoside (IPTG) and 25ug/ml carbenicillin. The
bacteria were allowed to generate dsRNA overnight before being used. Bleached eggs
were placed on these plates to grow for 3 days at 20˚C.

Sample and Library Preparation for RNA Sequencing

Larvae with or without auxin treatment were collected in 50 mM NaCl and were cleaned
from OP-50 bacteria by sedimentation through a 5% sucrose cushion including 50 mM
NaCl. After sucrose clean-up of bacteria, larvae were flash frozen in 20 mM Tris- HCl
pH 7.4, 150 mM NaCl, 5 mM $MgCl_2$ and ground in liquid nitrogen with mortar and
pestle. The frozen worm powder was thawed on ice and mixed with 5 mM DTT, 1%
Triton X-100, 100 µg/ml cycloheximide (Sigma Aldrich) and 5 U/ml Turbo DNase

(Thermo Fisher Scientific). 1 ml TRIzol (Thermo Fisher Scientific) was added to the lysate, vortexed and incubated 5 min at room temperature. To extract RNA, 200 ml volume of chloroform was added, then the sample was mixed and spun at 15,000 rpm for 10 min. Aqueous layer was used for further RNA precipitation. Isolated RNA was isopropanol precipitated and 80% ethanol washed. Thermostable RNAseH (Lucigen) and a pool of 94 DNA oligonucleotides antisense to *C. elegans* ribosomal RNA were used to deplete rRNA from 100 ng total *C. elegans* RNA [85]. RNA-seq libraries were prepared using SMARTer Stranded RNA-Seq kit (Clontech). Initially, RNA was alkaline fragmented at 95°C for 4 min followed by the protocol optimized <10 ng RNA input. 12-14 cycles of PCR were used to amplify the sequences. Library DNA was then purified using Agencourt AMPure XP beads (Beckman Coulter). The resulting libraries were quantified with Qubit dsDNA HS Assay Kit (ThermoFisher Scientific) and sequenced on NovaSeq 6000 v1.5, SP flow cell (Illumina).

RNAseq data analysis

Adapter removal (Truseq HT adapters) and genome mapping (WBcel235) and assignment to protein coding genes were accomplished by using NextFlow preprocessing pipeline, Riboflow [77[. The raw reads per gene were extracted from the output ribo file using RiboR [77]. These reads were then analyzed for significant differences with and without auxin using Deseq2 analysis[44]. Gene expression $\log_2$ fold changes and base Mean values that are used in Figure-3, 6 and 7 are predicted by Deseq2. The RNAseq analysis values as well as raw reads are provided in Supplementary Table-4 and Table-5.

Western blotting

Worms with or without auxin treatment were collected and cleaned from OP-50 bacteria by sedimentation through a 5% sucrose cushion including 50 mM NaCl. Animals were flash frozen immediately in liquid nitrogen. Same volume of SDS loading buffer was added, and the samples were bead beated for 30 seconds, and were incubated on a hot block for 5 minutes. Whole-worm lysates were separated on 4- 12% Bis-Tris gel and blotted onto PVDF membrane. Antibodies against GFP(Thermo Fisher Scientific, #MA5-15256) and Actin (MP Biomedicals, #8691001) were used at 1:2000 and 1:500 respectively. HRP-conjugated secondary antibodies (Thermo Fisher Scientific, #31431) and ECL reagents (Thermo Fisher Scientific, #34094) were used for detection. To quantify western blots, TIFF images were recorded for each blot using a Chemidoc system, converted to 8-bit grayscale using ImageJ, and the integrated intensity of each

1   GFP and Actin band was calculated using ImageJ. The GFP band intensity was

2   normalized by dividing by the corresponding Actin band intensity. Each normalized GFP

3   band intensity was expressed as a percentage of the intensity at t=0.

Mass Spectrometry Proteomics and analysis

Worms with or without auxin treatment were grown in high yield using large plates

seeded with the OP50 strain of E. coli. Non-starved worms are washed off plates with

the 50 mM NaCl buffer and sucrose floated to remove all contaminants. The worms are

then flash frozen at -80°C until ready for lysis/digestion. 10 µg protein of each sample

was loaded into 4 to 12% Bis-Tris protein gel (Thermo Fisher Scientific) and sent for MS

analysis at the University of Texas System Proteomics Network. Raw label free

quantification (LFQ) intensities were used for protein quantification using DEP

(Differential Enrichment of Proteomics Analysis) Package, in Bioconductor, R

(https://rdrr.io/bioc/DEP/man/DEP.html).   DEP was used for variance normalization and

statistical testing of differentially expressed proteins, resulting predicted log2 fold

changes were used for Proteomics related Figures (Figure-6, S10, S11).

Figure Legends

Figure-1 Auxin-inducible degradation (AID) system enables degradation of ribosome biogenesis factors.

(A) The scheme summarizes ribosome biogenesis factors investigated in this study.

rpoa-2 encodes the second-largest subunit of RNA Pol I, and *rrb-1* and *tsr-2* encode

chaperone proteins that accompany RPL-3 and RPS-26 for nuclear large and small

subunit assembly, respectively. **(B)** Localization of endogenous RPOA-2, RRB-1 and

TSR-2 in live worms. A degron-GFP cassette was inserted at the N terminus of the

endogenous *rpoa-2* gene or C terminus of the endogenous *rrb-1* and *tsr-2* genes. L4

stage worms were imaged using DIC and fluorescence (with background

autofluorescence subtraction). RPOA-2 is localized in the nucleolus, whereas RRB-1

and TSR-2 are localized predominantly in the nucleus. **(C)** To observe and quantify

inducible degradation of RPOA-2, RRB-1 and TSR-2, L3 stage animals were incubated

with 1mM auxin (IAA) and imaged after 24 hours. IAA dependent degradation was

quantified by normalizing GFP intensity (degron) with mRuby intensity (*eft3p:TIR1*) in

whole animals with and without IAA (N=25). P values were calculated by two-tailed

unpaired t test. Scale bar, 50 µm. Animals were immobilized on slides using 1 mM

levamisole (Sigma-Aldrich).

Figure-2 The AID-mediated global degradation of ribosome biogenesis factors in embryos results in a developmental quiescence at the L2 stage.

(A) Synchronized eggs from *degron::GFP::rpoa-2, rrb-1::degron::GFP* or *tsr-2::degron::GFP* strains in the presence of *eft-3p::TIR1::mRuby* were treated with (+) or without (-) 1 mM IAA for 3-days and imaged with DIC. Scale bar, 50 μm. **(B)** Overall body length was measured using conditions in section A (-IAA, n=9; +IAA, n=21). Two-tailed unpaired t test was used to calculate p values. **(C)** Mesoblast precursor (M) cell division was observed over the span of 4 days after embryo synchronization. Up to 16 M-cells were observed both in *degron::GFP::rpoa-2; eft-3p::TIR1* strains in the presence of 1mM IAA (top), and homozygous arrested *rpoa-2(ok1970)* animals (bottom). Scale bar, 10 μm. **(D)** Percentages of gravid adults were assessed. Synchronized embryos expressing TIR1 globally and degron-GFP-integrated ribosome biogenesis factors (RPOA-2, RRB-1, TSR-2) were incubated with 10 μM IAA for 3 days, followed by removal of IAA for 6 days. n=40.

Figure-3 Gene expression signatures in response to global RPOA-2 depletion.

(A) Log_2 fold changes of protein coding genes (y axis) predicted by Deseq2 analysis of RNAseq were plotted with predicted base mean values (x axis). At least 2-fold significantly over- and underexpressed genes were marked with red and blue respectively. Symbols were indicated for genes that were at least 16-fold over-and underexpressed. **(B)** Deseq2 log2 fold change values were shown in histogram in response to global RPOA-2 depletion were plotted for overexpressed (light red) and underexpressed (light blue) ribosome deficiency mutants, starvation and dauer responses genes. **(C-E)** Shared and non-shared gene expression changes in response to RPOA-2 depletion by RNAseq and growth arrest related pathways were illustrated in the venn diagrams. Significant over- and underexpressed starvation response genes (> 2 fold) were assessed by Deseq2 analysis of published data from ribosomal protein null mutants (*rpl-5(0), rpl-33(0)*) [25] (C), starvation induced L1 [46] **(D)** and dauer animals [47] **(E).**

Figure-4 The hypodermis-specific inhibition of ribosome synthesis results in a development quiescence at L3 stage.

(A) Inducible degradation of RPOA-2 was investigated in different tissues by expressing TIR1 driven by the following promoters: global (*eft-3p*), hypodermis (*col-10p*), pharynx (*myo-2p*), body wall muscle (*myo-3p*), intestine (*ges-1p*), and germline (*sun-1p*).

Synchronized eggs from *degron::GFP::rpoa-2* strains in different TIR1 promoter genetic

backgrounds were treated with 1 mM IAA for 3 days before imaging. GFP images were

shown in response to tissue specific depletion of RPOA-2, highlighting the presence of

RPOA-2 in other tissues where RPOA-2 is not depleted. Body length was measured

(custom MATLAB script see details in the method, N=50). **(B)** Hypodermis (*col-10p*)-

specific degradation of RRB-1 or TSR-2 results in growth quiescence similar to that of

RPOA-2. **(C)** Embryos from *degron::GFP::rpoa-2;* c*ol-10p::TIR1* strain were treated

with(+) or without(-) 1mM IAA and body length was measured over the span of 3 days

(N=20). P values were calculated by two-tailed unpaired t test in A, B, C. **(D)** The vulva

invariant cell lineage marker (red) (*egl-17p::mCherry*) expression pattern analysis

suggests a growth quiescence at L3 stage in the presence of hypodermis-specific

degradation of RPOA-2 (*degron::GFP::rpoa-2; col-10p::TIR1; egl-17p::mCherry,* 1mM

IAA). Scale bar, 50 μm.

Figure-5 Hypodermis-specific depletion of RPOA-2 results in a gene expression

signature similar to the global depletion of RPOA-2 and notable difference in non-

hypodermal genes

(A) Analysis of RNAseq data for differential expressed genes in response to

hypodermal and global RPOA-2 depletion. Shared and non-shared over- and

underexpression changes were illustrated in the venn diagrams. **(B)** Log_2 fold gene

expression ratio changes (y-axis) from Deseq2 analysis of hypodermis-specific RPOA-2

depletion (*degron::GFP::rpoa-2; col-10p::TIR1,* top) and global depletion of RPOA-2

(*degron::GFP::rpoa-2; eft-3p::TIR1,*bottom) in comparison to control

(*degron::GFP::rpoa-2*) were plotted with base mean values (x-axis). 2-fold over- or

underexpressed genes in response to hypodermis-specific depletion of RPOA-2 were

colored (red and blue, respectively) on the gene expression data for global depletion of

RPOA-2 (top). Similarly, 2-fold over- or underexpressed genes in response to global

depletion of RPOA-2 were colored (red and blue, respectively) on the gene expression

data for hypodermis-specific RPOA-2 depletion (top). **(C)** Significant gene annotation

(GO) enrichment categories of shared significant changes for global and hypodermis-

specific RPOA-2 depletion were performed using Funcassociate 3.0 [54]. Log_2 fold

changes of the genes included in 4 unique GO categories were plotted for hypodermis

(light blue) and global (red) depletion of RPOA-2. **(D)** Single cell t-SNE plots for

representative underexpressed genes (*F36H9.7*, *C05E11.3*, *phat-5*) in response to

hypodermis RPOA-2 depletion were generated using L2 stage single cell RNAseq data

from L2 animals [55]. The colored points from t-SNE plots are original, however, their

size was enlarged to ease visualization.

Figure-6 Global changes in protein levels in response to hypodermis RPOA-2 depletion

(A) Analysis of label-free proteomics data for differential protein expression by DEP in response to hypodermis RPOA-2 depletion led to identification of shared and non-shared expression changes in RNA and protein levels as illustrated in the venn diagrams. Gene expression changes detected by RNA-seq are denoted in orange and protein expression changes detected are denoted in purple. **(B)** Significant gene ontology enriched categories were detected for significantly over- or underexpressed proteins (54). 6 representative significant GO categories with respective protein $\log_2$ fold changes were plotted. Each point represents a single protein, orange and purple indicate gene expression changes in RNA and protein level, respectively. (counts per million –cpm– higher than 20 per gene). **(C)** Protein (y-axis) and RNA (x-axis) $\log_2$ fold changes were plotted (Pearson correlation (r) =0.25). Genes that are significantly over- or underexpressed at both protein and RNA level labeled in orange and light blue, respectively. Genes that are robustly expressed but remain unchanged at the RNA level (at least 20 counts of raw reads in any of the replicates and with a ratio of ~1) but are over- and underexpressed specifically at the protein level are labeled in green and purple respectively. In this plot, genes, in which the raw RNAseq counts were less than 20 cpm, were removed for robust RNA detection, and assessment of protein level changes. Thus, not all significant changes are shown. **(D)** The expressions of TTR and GST family genes in RNA (orange) and protein (purple) levels were plotted in barcharts. **(E)** Histogram of cytoplasmic (top) and mitochondrial (bottom) ribosomal protein expression were plotted where orange and purple indicate $\log_2$ fold changes in RNA and protein level, respectively.

Figure-7 Hypodermis-specific UNC-31 plays a role in the control of organism-wide growth when RPOA-2 is depleted in the hypodermis

(A) M-cell division percentages were assessed in arrested homozygous larvae lacking both copies of a small subunit ribosomal protein gene, *rps-23(0)* (9 biological replicates, each with at least 15 arrested animals). **(B)** Embryos expressing degron-GFP-integrated RPOA-2 and TIR1 in the hypodermis were treated with (right) or without (left) 1 mM IAA for 3 days. Body length was measured in the presence of control or *unc-31* RNAi. **(C)** Body length of *rrb-1::degron; col-10p::TIR1* animals were measured after 1 mM IAA treatment for 3 days in the presence or absence of *unc-31(e928)* mutation. n=54. **(D)** Neuron-specific RNAi strain (*rrb-1::degron; col-10p::TIR1; sid-1(pk3321); unc-119p::sid-1*) were treated with 1 mM IAA for 3 days in the presence of control or *unc-31* RNAi.

n=104. **(E)** *unc-31* was specifically knocked down in the hypodermis in the hypodermis-specific RNAi strains (*degron::GFP::rpoa-2; col-10p::TIR1; rde-1(ne219)*; *wrt-2p::rde-1*). -IAA, n=26; +IAA, n=144. (F) Muscle-specific RNAi strain (*rrb-1::degron; col-10p::TIR1; rde-1(ne300); myo-3p::rde-1*) were treated with 1 mM IAA for 3 days in the presence of control or *unc-31* RNAi. n=87. P values were calculated by two-tailed unpaired t test.

Supplementary Figure Legends

Figure-S1 Homologues of ribosome biogenesis factors in *C. elegans*.

(A-C) The amino acid sequence alignments of ribosome biogenesis factors from three different species, *Caenorhabditis elegans*, *Saccharomyces cerevisiae* and *Homo sapiens*. **(A)** RPOA-2 in *C. elegans* is homologous to yeast RPA135 and human POLR1B. **(B)** RRB-1 encoded by *Y54H5A.1* in *C. elegans* is homologous to yeast RRB1 and human GRWD1**. (C)** TSR-2 encoded by *Y51H4A.15* in *C. elegans* is homologous to yeast TSR2 and human TSR2. **(D-F)** Identity of RPOA-2 **(D)**, RRB-1 **(E)**, TSR-2 **(F)** in *C. elegans* and their homologues from *S. cerevisiae, H. sapiens*.

Figure-S2 RPOA-2 was effectively degraded by the AID system.

(A) DAPI staining of L4 stage worms expressing degron-GFP-integrated RPOA-2. RPOA-2 was enriched in the nucleoli. **(B)** L4 worms expressing degron-GFP-integrated RPOA-2 and TIR1-mRuby ubiquitously were treated with 1 mM IAA. Worms were then lysed at 0 hour, 3 hours, 6 hours, 24 hours, and western blots were performed using antibodies against GFP and actin. Relative RPOA-2 protein levels were quantified using ImageJ software. The numbers above the gel lanes represent the relative protein level normalized to actin.

Figure-S3 L4 animals transition into gravid adults after RPOA-2 depletion.

L4 worms were treated with IAA (0, 10 μm, 25 μm, 100 μm, 1 mM) for 24 hours at 16˚C. Embryos were observed in the IAA treated animals. Scale bar, 50 μm.

Figure-S4 The background of degradation of ribosome biogenesis factors with the AID system and developmental stage of *rpoa-2(ok1970)* animals.

(A) Embryos from *degron::GFP::rpoa-2; eft-3p::TIR1* strain were treated with(+) or without(-) 1mM IAA and body length was measured over the span of 3 days (N=40). **(B)**

Higher basal degradation of TSR-2 compared to RPOA-2 and RRB-1 was observed. GFP fluorescence was measured in L4 stage worms from degron-GFP-integrated RPOA-2, RRB-1 or TSR-2 strains in the presence or absence of *eft-3* promoter driven TIR1 (N=12). **(C)** Vulva invariant cell lineage was not observed in *rpoa-2(ok1970)* worms after 4 days. Arrows indicate vulva invariant cell lineage in wild-type. **(D)** Growth reversibility was tested by treating *degron::GFP::rpoa-2; eft-3p::TIR1* embryos with 10 µM and 25 µm IAA from 1 to 5 days (x axis) and then transferring them to plates without IAA. Presence of gravid adults and F1 progeny on plates were inspected each day and to record the number of days it took for animals to reach fertile adulthood (y axis). No bar indicates that no gravid adults or F1 progeny were observed after removal of IAA. Egg synchronization was performed by timed egg laying (3 hours) with 10 adults for each strain.

Figure-S5 Gene expression signatures in response to global RPOA-2 depletion

(A) 3 representative significant GO categories with respective genes $\log_2$ fold changes were plotted. The light blue, green and magenta points indicate ribosome, protein synthesis and chromatin/transcription related genes, respectively. **(B)** Deseq2 log2 fold change values were shown in histogram in response to global RPOA-2 depletion were plotted for overexpressed (light red) and underexpressed (light blue) DAF-16 target genes [81]. **(C)** Shared and non-shared gene expression changes in response to RPOA-2 depletion by RNAseq and DAF-16 target genes in the venn diagrams. **(D)** Deseq2 log2 fold change values were shown in histogram in response to global RPOA-2 depletion were plotted for overexpressed (light red) and underexpressed (light blue) UV response genes [50]. **(E)** Shared and non-shared gene expression changes in response to RPOA-2 depletion by RNAseq and UV response genes in the venn diagrams.

Figure-S6 The development quiescence induced by Inhibition of new ribosome synthesis in hypodermis is reversible.

(A) Bright field and fluorescent images display the expression patterns of RPOA-2 and hypodermis specific TIR1 (*col-10p*). After 1mM IAA treatment, degron-GFP-integrated RPOA-2 was depleted specifically in the hypodermis. **(B)** Body lengths of animals expressing degron-GFP-integrated RPOA-2 and TIR1 in particular tissues treated with (+) or without (-) 1 mM IAA for 3 days, were measured (-IAA, n=34; +IAA, n=50). **(C)** Embryos expressing degron-GFP-integrated ribosome biogenesis factors (RPOA-2, RRB-1 and TSR-2), at a background of *col-10p::TIR1*, were exposed to 10 µM IAA for 3

days, then transferred to no IAA plates for another 3 days. The quiescent animals

partially recover back to being gravid adults and generate F1 progeny (n=40).

Figure-S7 The L3 quiescence observed in response to hypodermis-specific

depletion of ribosome biogenesis factors is *daf-16* and *daf-18* independent.

(A) *rrb-1::degron::GFP; col-10p::TIR1* animals treated with 1 mM IAA for 3 days do not

significantly grow larger in the presence of *daf-18(ok480)* and *daf-16(mu86)* mutations.

(B) *daf-16* or *daf-18* RNAi doesn't significantly affect animal growth in the presence of

hypodermal ribosome synthesis inhibition. Two-tailed unpaired t test comparisons were

used in A, B. **(C)** The vulval extracellular space –indicative of transition into L4 stage–

was not observed in *daf-18(ok480)* and *daf-16(mu86)* mutants in the presence of

hypodermis-specific ribosome synthesis inhibition after 5 days.

Figure-S8 Gene expression changes at the RNA level in response to the global

and hypodermis-specific RPOA-2 depletion.

(A) Log_2 fold protein coding gene expression changes (y-axis) in response to

hypodermis-specific RPOA-2 depletion (*degron::GFP::rpoa-2; col-10p::TIR1*) were

plotted with respect to control (*degron::GFP::rpoa-2*) (x-axis). Log_2 fold and base mean

values were calculated by Deseq2. Two-fold over- and underexpressed genes were

marked with red and blue respectively, and gene symbols were indicated when genes

were at least 16-fold over- and underexpressed. **(B)** Spearman correlation across

different replicates were plotted using clustered heatmap.

Figure-S9 Hypodermis-specific depletion of RPOA-2 results in gene expression

changes in non-hypodermal cell types.

Single cell t-SNE plots for **(A)** 2 selected under-expressed genes (*C14A11.2*,

C37C3.11) and **(B)** 4 selected overexpressed genes (*app-1, T22B7.4, ZK1098.3, dod-*

18) in response to hypodermis RPOA-2 depletion are shown. t-SNE plots were

generated using L2 stage single cell RNA-seq data and single-cell-worm RNA software.

The colored points from t-SNE plots are original, however, their size was enlarged to

ease visualization.

Figure-S10 Gene expression changes at protein level in response to the

hypodermis-specific RPOA-2 depletion.

(A) A label-free intensity (LFQ) based mass-spec quantification of proteins in response to the hypodermis-specific RPOA-2 depletion using DEP package. 2-fold over- and underexpressed proteins were marked with red and blue, respectively. **(B)** Cellular location and function of differentially expressed proteins in response to RPOA-2 depletion in hypodermis are summarized. **(C)** The expression of cytoplasmic and mitochondrial ribosomal protein genes in RNA (orange) and protein (purple) levels were plotted in barcharts.

Figure-S11 The *unc-31* expression patterns and levels in L2 stage worms by single cell RNA-seq.

Respective TPM values *of unc-31* in different tissues were plotted using single cell expression data from L2 animals [55].

Table legends:

Table S1: Constructs used in this study

Table S2: *C. elegans* strains used in this study

Table S3: Oligos used in this study

Table S4: RNAseq analysis of gene expressions in response to global and hypodermal RPOA-2 depletion.

Table S5: Underexpressed genes analysis between starvation, dauer response and RPOA-2 depletion.

Table S6: Mass spectrometry data analysis of gene expressions in response to hypodermal RPOA-2 depletion.

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Figure-1

Figure-2

A

eggs ⬭⬭⬭ $\xrightarrow[\text{3-day}]{\text{+/- IAA}}$ Body length measurement

IAA   −   +

degron::GFP; eft-3p::TIR1

rpoa-2

rrb-1

tsr-2

B

degron::GFP; eft-3p::TIR1::mRuby

C

eggs, 16 ℃, +IAA

2-Day   3-Day   4-Day

degron::rpoa-2; eft-3p::TIR1; hlh-8p::GFP

rpoa-2(ok1970); hlh-8p::GFP

D

embryo, +10 μm IAA, 3-day; -IAA, 6-day

pre-gravid

gravid

degron::GFP; eft-3p::TIR1

Figure-3

Figure-4

degron::GFP::rpoa-2; col-10p::TIR1; egl-17p::mCherry

Figure-5

A

Over expressed genes

180 | 154 | 107

odds ratio= 102.1
p-value < 2.2e-16

+IAA/-IAA

eft-3p::TIR1; degron::GFP::rpoa-2
col-10p::TIR1; degron::GFP::rpoa-2

Under expressed genes

225 | 136 | 141

odds ratio= 54.6
p-value < 2.2e-16

+IAA/-IAA

B

Over-expressed genes (hypodermis)

log₂ fold change (Global RPOA-2 depletion/control)

Under-expressed genes (hypodermis)

Over-expressed genes (global)

log₂ fold change (Hypodermis RPOA-2 depletion/control)

Under-expressed genes (global)

log₁₀ BaseMean

C

Nuclear pore

Structural constituent of cuticle

Proteasome complex

Transmembrane transporter activity

Log₂ Fold Change

Log₂ Fold Change

● *degron::GFP::rpoa-2; eft-3p::TIR1*
● *degron::GFP::rpoa-2; col-10p::TIR1*

D

col-10

t-SNE 2 / tSNE 1

phat-5

tSNE 2 / t-SNE 1

Cell type:

● Non−seam hypodermis
● Seam cells
● Rectum
● Vulval precursors
● Other/NA
● Not expressing

● Pharyngeal gland
● Pharyngeal muscle
● Cholinergic neurons
● Not expressing

C05E11.3

t-SNE 2 / t-SNE 1

F36H9.7

t-SNE 2 / t-SNE 1

● Pharyngeal neurons
● Dopaminergic neurons
● Cholinergic neurons
● Touch receptor neurons
● Other/NA
● Not expressing
● Failed QC

● Touch receptor neurons
● GABAergic neurons
● Cholinergic neurons
● Other interneurons
● Other/NA
● Not expressing
● Failed QC

Figure-6

Figure-7