Host body size, not host population size, predicts genome-wide
effective population size of parasites

Jorge Doña[1,2]* and Kevin P. Johnson[2]*

[1] Departamento de Biología Animal, Universidad de Granada, Granada, Spain

[2] Illinois Natural History Survey, Prairie Research Institute, University of Illinois, Champaign,
Illinois, USA 61820

* Jorge Doña and Kevin Johnson.

Email: Jorge Doña: jorged@ugr.es; Kevin P. Johnson: kpjohnso@illinois.edu

Author Contributions: J.D. designed the study, conducted the analyses, prepared figures, wrote
the manuscript draft, and edited the manuscript. K.P.J. designed the study, obtained funding,
wrote the manuscript draft, and edited the manuscript.

Competing Interest Statement: None.

Keywords: *coevolution, heterozygosity*, *infrapopulation*, *lice, Phthiraptera*

Abstract

The effective population size (N_e) of an organism is expected to be proportional to the total
number of individuals in a population (Frankham, 1995). In parasites, we might expect the
effective population size to be proportional to host population size and host body size, because
both are expected to increase the number of parasite individuals (Barret et al., 2008). However,
parasite populations are sometimes so extremely subdivided that high levels of inbreeding may
distort these relationships (Huyse et al., 2005). Here, we used whole-genome sequence data
from dove parasites (71 feather louse species of the genus *Columbicola*) and phylogenetic
comparative methods to study the relationship between parasite effective population size and
host population size and body size. We found parasite effective population size is largely
explained by host body size but not host population size. These results suggest the subdivided
nature of parasite populations, rather than the overall number of parasites, has a stronger
influence on the effective population size of parasites.
29

30 **Main Text**
31
32 **Introduction**
33
The effective population size (N_e) of an organism has a profound impact on evolutionary
processes, such as the relative contributions of selection and genetic drift to genomic change (4).
For free-living organisms, it is expected that N_e is proportional to the total number of individuals in
a population (1). While population size estimates can often be readily obtained for free-living
species, estimating the population size of parasites can be more challenging because this usually
requires sampling from individual hosts.
Typically, we might expect that the size of a parasite population is proportional to that of
the host, because parasites rely on their hosts for survival and reproduction (2). However,
population subdivision can influence measures of N_e for a species (5). Theoretical expectations
generally predict that subdivided populations have a higher overall N_e than non-subdivided ones
(4). On the other hand, in highly divided populations, levels of inbreeding can increase, such that
the N_e of these subdivided populations is low (3).
In the case of parasites, populations can sometimes be so extremely subdivided that
each individual host harbors a distinct parasite population, termed infrapopulation (7). This
subdivision is particularly pronounced in the case of parasites that spend their entire lifecycle on
the host (i.e., permanent parasites). For example, lice, which are permanent parasitic insects of
birds and mammals, have highly structured infrapopulations subject to high levels of inbreeding
(8). We might expect that infrapopulation size influences the effective population size of a
parasite. This effective population size, in turn, could influence the amount of genetic variation
within an infrapopulation, as has been shown for feather mites (9).
Host body size has been shown to strongly impact infrapopulation size, with larger-
bodied hosts harboring larger parasite infrapopulations (10). For example, a positive effect of
host body size on parasite abundance has been shown for avian feather lice, which feed on the
feathers of their hosts (11). Thus, we would expect that feather lice on larger-bodied avian hosts
would have higher N_e, reflecting their larger infrapopulation sizes. This relationship, in turn,
should affect the degree of inbreeding and be evident in the genetic variation in lice of different
infrapopulation sizes.
Thus, two factors may influence a parasite's N_e: 1) host population size and 2) host body
size. We test the relative contributions of these two factors to parasite N_e by examining genome-
wide variation in the wing lice (Phthiraptera: *Columbicola*) of pigeons and doves (Aves:
Columbidae). Pigeons and doves vary dramatically in overall population sizes, with some
species being among the most abundant birds on earth and others restricted to single small
islands and highly endangered. In addition, pigeons and doves vary by over an order of
magnitude in body mass, and smaller-bodied species have been shown to have smaller
infrapopulations of these lice (10). Thus, pigeons and doves and their lice are an excellent
system in which to examine the correlation between both host population size and host body size
and parasite N_e. We used genome sequencing of 71 species of *Columbicola* to estimate a
phylogeny for these parasites and examine the relationship between a genome-wide measure of
effective population size (θ) and the overall population size and body size of their respective
hosts, accounting for phylogeny.
74
75 **Results**
76
We found a strong positive relationship between θ, a metric directly proportional to N_e, and host
body size (PGLS, Brownian: R^2_{pred} = 0.44, $p < 0.001$; Pagel's λ: R^2_{pred} = 0.48, $p < 0.001$; Fig. 1).
In contrast, there was no significant relationship between θ and host population size (PGLS,
Brownian & Pagel's λ: $p > 0.05$). Including host population size in the best model led to a small
improvement in the overall model fit (PGLS, Pagel's λ including host population size, R^2_{pred} =

0.52), but the host population size term remained non-significant (PGLS, Pagel's λ model
including host population size, p > 0.05).
84
85 **Discussion**
86
For parasites such as lice, hosts represent their habitat (10). Host body size largely explains
parasite infrapopulation size (11). Genome scale data for parasitic lice of pigeons and doves
revealed that metrics (θ), associated with effective population size (N_e), are also highly correlated
with host body size. In contrast, there was little association between parasite effective population
size and host population size. Thus, it appears that the smaller infrapopulation sizes on smaller-
bodied hosts increase the amount of inbreeding to such a degree that N_e is also reduced on
smaller bodied hosts, eliminating any effects of overall parasite population size.
94
One factor facilitating the effect of host body size on N_e may be the low migration rates of
permanent parasites. Migration among parasite infrapopulations is expected to increase N_e.
However, permanent parasites, such as lice, have minimal dispersal capabilities and thus
migration rates are expected to be very low. While host population size has been previously
identified as a potential driver of parasite population dynamics (13), the lack of relationship
between parasite N_e and host population size might be indicative of these very low migration
rates. In this case, N_e is mainly influenced by the inbreeding of infrapopulations and not by the
overall size of the total parasite population, because low migration prevents the overall population
from approaching panmixis.
104
Another factor to consider is that smaller-bodied host species also typically have a lower parasite
prevalence (*i.e.*, proportion of host individuals that are inhabited by the parasite) (9). This pattern
might be due to smaller infrapopulations being more susceptible to local extinction because of
environmental and demographic stochasticity, a known factor shaping N_e (4, 13). Therefore, host
body size could influence local extinction probability and thus play a role in determining N_e of
permanent parasites.
111
Considerations of effective population size also have implications for conservation. Parasites are
among the earth's most diverse, threatened, and under-protected animals (14). Under the global
parasite conservation plan, risk assessment, along with applying conservation genomics to
parasites, were identified as two of the major goals for parasite conservation over the next
decade (15). Our result that host body size, but not host population size, is a good predictor of
parasite N_e can easily translate into parasite conservation practices, drawing attention to
conservation of smaller bodied hosts as a practice to conserve parasites.
119
120 Overall, our study shows that host body size plays a major role in shaping parasite population
121 genomics and provides evidence for the essential role that individual hosts play as habitat for
122 permanent parasites with very limited transmission abilities.
123
124 **Materials and Methods**
125
We sampled 89 specimens representing 71 different species of *Columbicola* (Table S1) and
performed genomic sequencing on these individuals. We assembled 2,395 nuclear single-copy
orthologue protein-coding genes for each sample, as well as the mitochondrial COI gene. Using
these assembled genes, we ran species delimitation analyses, phylogenetic and cophylogenetic
analyses, and obtained a time-calibrated phylogenetic tree. We called whole-genome-based SNPs
and used these data to estimate θ, a metric related to N_e. We compiled host body and population
size data and performed phylogenetic comparative analyses. Full methods are available in the SI
Appendix.
134

Acknowledgments

We thank J.M. Bates, B. Benz, S.E. Bush, D.H. Clayton, T. Chesser, R. Faucett, R. Moyle, V.Q. Piacentini, F. Sheldon, A.D. Sweet, J.D. Weckstein, and B. Zonfrillo for assistance in obtaining specimens. We thank B.M. Boyd and S. Virrueta Herrera for assistance with gDNA extractions. A. Hernandez and C. Wright at the University of Illinois Roy J. Carver Biotechnology Center provided assistance with Illumina sequencing. We thank K.K.O. Walden for assistance with submitting reads to NCBI SRA. Funding was provided by US NSF DEB-1342604, DEB-1925487 and DEB-1926919 grant awards to K.P.J, and European Commission grant H2020-MSCA-IF-2019 (INTROSYM:886532) to J.D.

References

1. R. Frankham, Effective population size/adult population size ratios in wildlife: a review. Genet Res 66, 95–107 (1995).
2. L. G. Barrett, P. H. Thrall, J. J. Burdon, C. C. Linde, Life history determines genetic structure and evolutionary potential of host–parasite interactions. Trends Ecol Evol 23, 678–685 (2008).
3. T. Huyse, R. Poulin, A. Théron, Speciation in parasites: a population genetics approach. Trends Parasitol 21, 469–475 (2005).
4. B. Charlesworth, Effective population size and patterns of molecular evolution and variation. Nat Rev Genet 10, 195–205 (2009).
5. S. Wright, Isolation by distance. Genetics 28, 114–138 (1943).
6. A. O. Bush, K. D. Lafferty, J. M. Lotz,, A. W. Shostak, Parasitology meets ecology on its own terms: Margolis et al. revisited. The Journal of Parasitology 83 (1997).
7. S. Virrueta-Herrera, et al., High levels of inbreeding with spatial and host-associated structure in lice of an endangered freshwater seal. Mol Ecol 31, 4593–4606 (2022).
8. J. Doña, M. Moreno-García, C. D. Criscione, D. Serrano, R. Jovani, Species mtDNA genetic diversity explained by infrapopulation size in a host-symbiont system. Ecol Evol 5, 5801–5809 (2015).
9. D. H. Clayton, S. Bush, K. P. Johnson, Coevolution of Life on Hosts: Integrating Ecology and History, Clayton, Bush, Johnson (University of Chicago Press, 2015). https:/doi.org/10.1515/9781400840809.
10. L. Rozsa, Patterns in the abundance of avian lice (Phthiraptera: Amblycera, Ischnocera). J Avian Biol 28, 249 (1997).
11. M. Vellend, Island biogeography of genes and species. Am Nat 162, 358–365 (2003).
12. M. Nieminen, H. Rita, P. Uuvana, Body size and migration rate in moths. Ecography 22, 697–707 (1999).
13. J. Doña, K. P. Johnson, Assessing symbiont extinction risk using cophylogenetic data. Biol Conserv 250, 108705 (2020).
14. C. J. Carlson, et al., Parasite biodiversity faces extinction and redistribution in a changing climate. Sci Adv 3, e1602422 (2017).
15. C. J. Carlson, et al., A global parasite conservation plan. Biol Conserv 250, 108596 (2020).

180 **Figures**
181
182 **Figure 1.** Relationship between a genome-wide measure (*θ*) of effective population size and host
183 body size. The black regression line corresponds to the PGLS model and the gray regression
184 line to the same GLS model without accounting for phylogenetic non-independence. Credit: louse
185 photos on the left: Stephany Virrueta-Herrera; bird illustrations on the bottom, ©Lynx Edicions.