Accurate detection of shared genetic architecture from GWAS summary statistics in the small-sample context

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Abstract

Assessment of the genetic similarity between two phenotypes can provide insight into a common genetic aetiology and inform the use of pleiotropy-informed, cross-phenotype analytical methods to identify novel genetic associations. The genetic correlation is a well-known means of quantifying and testing for genetic similarity between traits, but its estimates are subject to comparatively large sampling error. This makes it unsuitable for use in a small-sample context. We discuss the use of a non-parametric test of genetic similarity first introduced by Li et al. for application to GWAS summary statistics. We establish that the null distribution of the test statistic is modelled better by an extreme value distribution than a transformation of the standard exponential distribution as originally recommended by Li and colleagues. We show with simulation studies and real data from GWAS of 18 phenotypes from the UK Biobank that the test is to be preferred for use with small sample sizes, particularly when genetic effects are few and large, outperforming the genetic correlation and another nonparametric statistical test of independence. We find the test suitable for the detection of genetic similarity in the rare disease context.

Author summary

The genome-wide association study (GWAS) is a method used to identify genetic variants which contribute to the risk of developing disease. These genetic variants are frequently shared between conditions, such that the study of the genetic basis of one disease can be informed by knowledge of another, similar disease. This approach can be productive where the disease in question is rare such that a GWAS has less power to associate variants with the disease, but there exist larger GWAS of similar diseases. Existing methods do not measure genetic similarity precisely when patients are few. Here we assess a previously published method of testing for genetic similarity between pairs of diseases using GWAS data, the 'GPS' test, against three other methods with the use of real and simulated data. We present a new computational procedure for carrying out the test and show that the GPS test is superior to its comparators in identifying genetic similarity when the sample size is small and when the genetic similarity signal is less strong. Use of the test will enable accurate detection of genetic similarity and the study of rarer conditions using data from better-characterised diseases.

Introduction

Genetic pleiotropy is the association of a genetic variant with more than one trait and is a pervasive property of the human genome[1]. A consequence of this phenomenon is the sharing of causal variants between phenotypes. The relationship of multiple phenotypic characters to a common heritable factor was first inferred from observations of the coinheritance of certain traits and diseases. Of these, particularly memorable are Darwin's remarks that hairless dogs have imperfect teeth[2] and that blue-eyed cats are 'invariably deaf'[3,4].

Genome-wide association studies (GWAS) have revealed the extent of human genetic pleiotropy. A 2011 systematic review estimated that 4.6% of SNPs and 16.9% of genes had cross-phenotype effects[1]. These were likely underestimates given the incomplete catalogue of significantly associated SNPs surveyed, the review's stringent criteria, and the growth in the number of published GWAS in the decade since[5]. Pleiotropy is frequently identified among groups of diseases exhibiting similar pathobiology. Work by Cotsapas and colleagues found that 44% of immune-mediated disease risk SNPs across seven conditions were associated with multiple immune-mediated diseases[6]. Sharing of genetic architecture has also been observed among psychiatric illnesses, most prominently between bipolar disorder and schizophrenia[7,8].

Cross-phenotype effects contribute to observed phenotypic correlations. Hazel introduced the notion of partitioning the phenotypic correlation of two characters into an additive genetic component, the coheritability, and a joint non-additive genetic and environmental component, the coenvironmentability[9,10]. The genetic correlation is a heritability-standardised form of coheritability and quantifies the sharing of additive genetic effects between traits. First estimated in groups of related individuals in twin and family studies, in the genomic era genetic correlation can be quantified in large cohorts of unrelated individuals using individual-level genotype data or genetic effect estimates from GWAS[11]. More precisely, these methods typically estimate the 'SNP-correlation', however, not the genetic correlation: their estimates include only the effects of common SNPs and exclude those of rarer SNPs and other forms of genetic variation, such as indels and structural variants.

In 2010 Yang and colleagues introduced a linear mixed model (LMM) approach to SNP-heritability estimation which made use of all genotyped SNPs, not just those attaining genome-wide significance[12]. This method is alternately called the genome-based restricted maximum likelihood (GREML) method or 'GCTA' after the accompanying software package[13]. It was later extended to the bivariate domain for the joint analysis of pairs of traits and estimation of their genetic correlation[14]. A drawback of the use of GCTA is its requirement for individual-level genotype data. Cross-trait linkage disequilibrium score regression (LDSC) allows the fast estimation of each trait's heritability and the genetic covariance of trait pairs using GWAS summary statistics instead[15,16]. LDSC correlation estimates for a large number of phenotype pairs are now publicly available online[17–19]. The more recently published SumHer program, part of the LDAK software package, offers similar functionality to LDSC[20]. Summary statistic-based methods like LDSC and SumHer have the advantage that they do not require access to individual-level genotype data, which can be difficult to obtain.

The relative merits of these methods in genetic correlation estimation has received less attention in the discourse than has their capacity to estimate heritability. In general, the sampling error of such estimates is relatively large as they combine estimates of coheritability and the heritability of both traits[21]. Wray et al. give the rule of thumb that at least 5,000 samples are needed per trait in order to identify as statistically significant a correlation of 0.2 with GCTA[22]. Guidance on the use of the LDSC software states that 5,000 samples are needed to achieve better than 'very noisy' results (`https://github.com/bulik/ldsc/wiki/FAQ`). The empirical standard errors

of LDSC estimates are approximately twice as large as those of GCTA[11] and LDSC thus requires much larger sample sizes to achieve estimates of the same precision[23].

The requirement for a large sample size for more precise correlation estimation is problematic when studying rare diseases, which yield only small numbers of cases. A recent GWAS of a broad phenotype of antibody-deficient primary immunodeficiency had only 733 cases[24] (primary immunodeficiency has a minimum UK prevalence of around 1 in 17,000[25]), whilst the deeply-phenotyped UK Biobank (UKBB) cohort, consisting of around 500,000 middle-aged and elderly participants, featured only 415 and 391 cases for GWAS of self-reported systemic lupus erythematosus (SLE) and schizophrenia[18,26], respectively, to take just two indicative diseases with prevalence approximately 1 in 1,000[27] and 4.6 in 1,000[28], respectively. It is typical of biobank cohorts like those of the UKBB and FinnGen[29], which are not subject to ascertainment, to have far fewer cases of such diseases than cohorts expressly assembled for the study of a particular disease; by way of comparison, Bentham et al. mustered a total of 7,219 cases for their GWAS of SLE[30] and the Psychiatric Genomic Consortium's primary GWAS of schizophrenia had 74,776 cases[31]. The range of case numbers in biobank GWAS, summary statistics for which are often available in a uniformly processed and convenient format, do make such collections suitable for the construction of a test set of real GWAS on which to evaluate the performance of tests of shared genetic architecture across varied sample sizes. In this work we leverage one such collection, the Neale lab's 2018 UKBB GWAS release, for precisely this purpose. Small sample sizes motivate the search for procedures with which to test for the presence of genetic sharing between traits in the small-sample size context. The need is particularly acute when making use of cross-phenotype, pleiotropy-informed methods to mitigate the problem of small sample sizes by conditioning on more highly-powered studies of related phenotypes[32–38]. Selection of these related traits must be driven by knowledge of their genetic similarity to the primary trait in the first place.

The nonparametric genome-wide pairwise-association signal sharing (GPS) test was devised by Li et al. to determine whether two traits are genetically related using GWAS p-values from marginal tests of the association of SNPs with each trait[39]. The test was originally applied to the detection of genetic similarity between a collection of paediatric autoimmune diseases. As a nonparametric test statistic, the GPS test statistic is not an estimator of a biologically meaningful parameter like the genetic correlation. Instead it is used only as evidence against a null hypothesis of the bivariate independence of the p-value vectors.

The GPS test is a candidate method for the detection of genetic similarity in the small-sample context. Here, we first establish the distribution of the GPS test statistic in the null case of bivariate independence, showing that it is better fit by a generalised extreme value distribution than a transformation of the standard exponential as originally proposed by Li and colleagues. We examine the GPS test, used with each of these null distributions, applied to simulated GWAS and real GWAS from the UKBB, comparing it to tests of the genetic correlation as estimated by LDSC and SumHer. We show that the GPS test is more powerful than its comparators in the small-sample context and that it controls the type 1 error rate when applied to simulated genetically uncorrelated phenotype pairs. We also show that the GPS test in this setting is superior to Hoeffding's test, a canonical test of bivariate independence[40].

Results

The GPS test statistic is evaluated on a set of paired p-values $\{(u_i, v_i)|i = 1, \ldots, n\}$ in which u_i and v_i are p-values from tests of association of the same SNP i with the first and second traits, respectively, of a pair for which GWAS are available. The statistic is

defined by Li et al. as:

$$D = \sup_{(u,v)} \sqrt{\frac{n}{\ln n}} \frac{|F_{U,V}(u,v) - F_U(u)F_V(v)|}{\sqrt{F_U(u)F_V(v) - F_U(u)^2 F_V(v)^2}}, \tag{1}$$

where n is the total number of SNPs, $F_{U,V}$ is the empirical bivariate distribution function of (U,V), and F_U and F_V are the empirical distribution functions of U and V, respectively.

The null distribution of the GPS statistic is better fit by the generalised extreme value distribution

Li et al. proposed that the reciprocal of the squared GPS test statistic D is approximately distributed as a standard exponential random variable

$$\frac{1}{D^2} \sim \text{Exp}(1) \tag{2}$$

under a null hypothesis of bivariate independence. We examined this proposal with the use of p-values from GWAS of 18 UKBB traits published by the Neale lab (Materials and methods)[18]. For each pair of traits, we randomly permuted the order of SNPs in one trait to generate realisations of the GPS test statistic under the null. For this we developed a computational procedure, making the generation of thousands of realisations feasible through the use of fast bivariate ecdf algorithms. This procedure was sufficiently performant to allow the evaluation of the GPS test for a large number of trait pairs. We computed p-values for the GPS test according to Equation 2 (henceforth 'GPS-Exp') and found that the p-values were not uniformly distributed, in contravention of the expectation under the null (Fig 1A).

Fig 1. GPS test p-values computed from the GEV distribution, but not the standard exponential, were approximately uniform under the null. (A) p-values computed using as the null the inverse square root of the standard exponential distribution. (B) p-values computed using as the null the generalised extreme value distribution. The dashed line indicates the expected uniformity of p-values under the null. The data comprised 10,000 null realisations of the GPS statistic produced by permutation of the order of variants in GWAS of asthma and emphysema/chronic bronchitis from the UK Biobank collection.

The appearance of the supremum in the GPS test statistic suggested that its distribution might follow a generalised extreme value distribution (GEVD) under the null, that is,

$$D \sim \text{GEV}(a, b, c), \tag{3}$$

where a, b, and c are the location, scale, and shape parameters of a GEVD to be determined. We found that this distribution did indeed provide a much better fit as judged by uniformity of its p-values under the null hypothesis (Fig 1B). The GEVD fit null realisations of the GPS statistic well, diverging only in the right tail where the empirical distribution's tail was lighter than that of the fitted GEVD (Fig S2). The consequence of this behaviour is that the GEVD will generate conservative p-values for non-null values of the GPS statistic (this version henceforth 'GPS-GEV'). We observed that the GEVD provided a better fit to p-values from simulated data also (Fig S1).

Estimates of each parameter of the GEVD varied as a function of the number of SNPs (Fig S3). We determined that, whilst the GEVD was the appropriate null distribution, it was necessary to obtain estimates of these parameters particular to each pair of data sets; in other words, it was not possible to determine parameter values for a single reference GEVD null distribution to which to compare GPS test statistic values for any pair of data sets.

Despite the use of fast ecdf algorithms the permutation procedure remained computationally burdensome. We thus sought to ascertain the smallest number of permutations needed to reliably estimate the GEVD parameters. We examined the value and precision of the estimates as a function of the number of permutations (Fig S4). To determine how best to balance the need for accurate estimates against the cost of computation, we benchmarked three bivariate ecdf algorithms, the computation of the bivariate ecdf being by far the most costly step in calculating the GPS statistic. These were the naive algorithm making use of two nested loops, Langrené and Warin's recently published divide-and-conquer algorithm[41], and an order statistic tree-based algorithm from Perisic and Posse[42]. We found the last of these to be the fastest, offering a near-1000-fold advantage in speed over the naive algorithm and a 2-fold advantage over Langrené and Warin's algorithm in the bivariate case (Table S4). The formulation of the permutation procedure is 'embarrassingly parallel' and we exploited this with a multithreaded implementation. Computing 3,000 GPS permutations for a 525,150-variant data set across 12 cores in parallel with Perisic and Posse's algorithm took approximately 18 minutes (or 3 hours and 17 minutes in CPU time). We chose 3,000 permutations as a compromise between estimate accuracy and running time. By way of comparison, the calculation of the GPS-Exp test p-value is computationally trivial, taking less than one second of CPU time.

Simulation studies

To assess the ability of the two GPS tests to detect genetic similarity, we compared them to tests of non-zero genetic correlation using LDSC and SumHer. The heritability models we use for genetic correlation estimation with these tools make contrasting assumptions with respect to genetic architecture. The LDSC model considers only common SNPs with minor allele frequency (MAF) > 0.05 and assumes that per-SNP heritability is uniform across these SNPs; this uniform model, also termed the 'GCTA' model[43], is to be distinguished from the higher-dimensional LDSC models used in heritability estimation outside of the genetic correlation estimation context. By contrast, per-SNP heritability in SumHer's 'LDAK-Thin' model varies as a function of MAF and the level of linkage disequilibrium (LD)[20].

We also compared the GPS tests to Hoeffding's test of bivariate independence. Hoeffindg's test is a nonparametric test of bivariate independence, like the GPS tests,

and makes for an interesting comparator as a canonical, general-purpose test to set against the GPS tests developed specifically for the genomic context.

We simulated GWAS data for synthetic case-control 'traits' with six different genetic architectures (Table 1) and five sample configurations across which the number of cases and controls and case-control ratios varied (Table S1). For each sample size and genetic architecture, we specified the number of causal variants to be shared between traits. For each configuration of architecture, case number, and number of shared causal variants, we generated 200 replicate pairs of GWAS. For each replicate we computed the test statistic of each test under examination. Each simulated GWAS data set comprised 8,995,296 variants, although the number of variants taken as input depended upon the test in question (Table S5).

As the induced heritability and coheritability depend not only on the effect size of the causal variant but also the minor allele frequency, which varied between the randomly chosen causal variants, it was not possible to strictly specify the genetic correlation across replicates, only the number of shared causal variants. As a result, replicates have close but non-identical values of the genetic correlation.

Table 1. Details of the six whole-genome simulation regimes used to generate simulated GWAS summary statistics with simGWAS.

Name	Odds ratio(s)	No. of causal variants	No. of shared causal variants
Large-effect I	1.2	25	5, 10, 15, 20, 25
Large-effect II	1.2	50	10, 20, 30, 40, 50
Mixed-effect I	1.05 and 1.2	200 (1.05) and 50 (1.2)	100 (1.05) and 0, 15, 25 (1.2)
Mixed-effect II	1.05 and 1.2	200 (1.05) and 50 (1.2)	200 (1.05) and 0, 15, 25 (1.2)
Small-effect	1.05	400	50, 100, 150, 200, 250, 300, 350, and 400
Tiny-effect	1.02	1,000	250, 500, 750, and 1,000

All five tests controlled the type 1 error rate at or below the specified test size $\alpha = 0.05$ (Fig 2). Both SumHer and LDSC failed to produce valid genetic correlation estimates for a proportion of simulated data sets with small case numbers (Fig S5): where SNP effect estimates are imprecise, SumHer and LDSC can return small, imprecise, and sometimes negative heritability estimates which preclude estimation of the genetic correlation. For the three samples with the largest number of cases (5,000, 10,000, and 100,000), there was a downward trend in type 1 error for both GPS tests and we investigated this in detail (Supporting information).

Both GPS tests exhibited appreciable power to detect genetic similarity in simulated data sets with as few as 1,000 cases across four of the six simulation regimes (Fig 3). In the small-effect regime, their power remained low until the number of cases was increased to 10,000, at which size both GPS tests were outperformed by LDSC and SumHer. The GPS tests' power increased with the number of cases and the genetic correlation. The GPS-GEV test showed a marginal but consistent advantage in power over the GPS-Exp test in several scenarios, most notably at the 1,000-case sample size. We note also that LDSC and SumHer performed to a reassuringly similar degree despite the contrasting assumptions of their models of heritability.

As noted above, Hoeffding's test and both GPS tests are performed on an LD-pruned set of SNPs and the results presented thus far followed the original recommendation of Li et al. to prune using the threshold $r^2 = 0.2$ (Materials and methods). Pruning with this value maintains only a limited degree of dependence between SNPs in the pruned set, but may discard SNPs contributing the strongest signals in the data. The GPS statistic is computed as the supremum norm of a weighted distance between two distributions, rather than as an estimate of the integral of the squared distance as with Hoeffding's test statistic, or as a heritability-standardised average of genetic effect

Fig 2. The GPS tests provided for conservative control of the type 1 error.
The type 1 error rate for each method was estimated as the proportion of replicates for
which $p \leq 0.05$ when the genetic correlation was set to zero. For LDSC and SumHer,
this proportion was measured only among those replicates producing a valid test
statistic; both methods may fail to return an estimate of the genetic correlation when
variant effect estimates have large standard errors. 95% confidence intervals were
calculated as Wilson score intervals. The dotted line depicts the size of the test, 0.05.
Data was aggregated across simulation architectures at each sample size. The points at
each number of cases have been spread along the x-axis by adding 'jitter' for the sake of
clarity. A large proportion of replicates at case numbers smaller than 10,000 did not
return valid test statistics for LDSC and SumHer (Fig S5) which caused the deflated
type 1 error rates observed here at lower case numbers.

covariance across the genome as with the genetic correlation. The GPS tests might thus   211
be particularly sensitive to the presence or absence of individual SNPs contributing   212
strong signals, the LD pruning procedure selecting SNPs in an unbiased manner without   213
reference to the significance of their test statistic. We chose to explore the influence of 214
r^2 on the performance of the tests which used LD-pruned sets.   215

　　We conducted additional simulation studies testing for multiple values of r^2 using   216
two simulation regimes (Table S2). We used the same range of sample configurations as   217
before (Table S1). For $r^2 = 0.5$ and 0.8, Hoeffding's test failed to control the type 1   218
error rate (Fig S6). Hoeffding's test assumes independent samples and this assumption   219
was violated by our use of $r^2 > 0$. For the GPS-Exp and GPS-GEV tests, type 1 error   220
control was maintained, albeit with the same conservative trend with increasing sample   221
size seen in the whole-genome simulations (Supporting information). We had no   222
expectation of rising type 1 error informed by theoretical understanding as was the case   223
with Hoeffding's test, but this was nonetheless surprising given the high degree of   224
dependence induced by $r^2 = 0.8$. There was a large increase in power for all three tests   225
as r^2 increased under the large-effect regime (Fig 4). Under the small-effect regime,   226
power was considerably lower when compared with the large-effect regime but the same   227
trend of increasing power for larger values of r^2 was observed. On the basis of these   228
results, we chose $r^2 = 0.8$ for our studies on real data sets.   229

Fig 3. The GPS tests showed an advantage in power over their comparators at smaller numbers of cases. Power was estimated as the proportion of replicate pairs for which the p-value reached nominal significance, $p \leq 0.05$, for a specified number of shared causal variants and sample size. This proportion was measured only among those replicates producing a valid test statistic. 95% confidence intervals were calculated as Wilson score intervals. As genetic correlation varies across replicate pairs according to the precise shared causal variants randomly chosen, we grouped observations according to the number of shared causal variants. The value of the genetic correlation for a point is the mean of the specified genetic correlation across replicate pairs grouped for that point's estimate. To separate the points to depict the data more clearly, we added 'jitter' when drawing the figure.

Application to immune and non-immune traits in the UK Biobank

The existence of pleiotropic loci manifesting cross-phenotype effects across many immune-mediated diseases is well-attested[6,39,44–47]. We surveyed UKBB disease traits to identify groups of immune- and non-immune-related diseases, including phenotypes with small, medium, and large numbers of cases (Table 2). Each phenotype was represented by a GWAS conducted on the same 13,791,467-variant panel by the Neale

Fig 4. Higher values of r^2 yielded an appreciable increase in power. Power was estimated as the proportion of replicate pairs for which the p-value reached nominal significance, $p \leq 0.05$. 95% confidence intervals were calculated as Wilson score intervals. 'Small-effect' and 'Large-effect' refer to the simulation regimes in Table S2. As genetic correlation varies across replicate pairs according to the precise shared causal variants randomly chosen, we grouped observations according to the number of shared causal variants. The value of the genetic correlation for a point is the mean of the specified genetic correlation across replicate pairs grouped for that point's estimate. To separate the points to depict the data more clearly, we added 'jitter' to the x-axis when drawing the figure.

lab. We hypothesised that a sensitive test would be more likely to give a positive signal where both diseases belonged to the immune group than where diseases from the immune- and non-immune groups were paired together, or where both traits came from the group of largely unrelated non-immune diseases (collectively, the 'mixed' pairs).

Evaluating tests on real data sets precludes the specification of ground-truth values of the genetic correlation to assess power and type 1 error control. We instead assembled an additional collection of 18 GWAS, one for each of our chosen phenotypes, to provide out-of-sample estimates of the genetic correlation. We sought the largest publicly available GWAS to provide the most precise estimates possible (Table S3). We

term these the 'exemplary' data sets. The genetic correlation estimates thus obtained provided equivocal support for a greater sharing of genetic architecture among immune/immune pairs (Fig S7). The median genetic correlation was higher for immune/immune pairs with a greater number of cases (0.15 compared with 0.07 for mixed pairs), but smaller for pairs with fewer cases (0.07 compared with 0.11 for mixed pairs) (Table S6).

Trait	Abbreviation	Category	No. of cases	No. of controls	Code
lupus	-	immune	415	360,726	20002_1381
type 1 diabetes	T1D	immune	583	360,611	E4_DM1
Crohn's disease	CD	immune	1,096	360,045	20002_1462
ulcerative colitis	UC	immune	2,143	359,051	K51
rheumatoid arthritis	-	immune	4,017	357,124	20002_1464
eczema/dermatitis	-	immune	9,321	351,820	20002_1452
hypothyroidism	-	immune	17,574	343,567	20002_1226
hayfever	-	immune	20,904	70,883	22126
asthma	-	immune	41,934	319,207	20002_1111
cardiomyopathy	-	non-immune	479	360,715	I42
endometriosis	-	non-immune	1,496	359,698	N80
macular degeneration	MD	non-immune	2,726	115,164	6148_5
glaucoma	-	non-immune	5,092	112,798	6148_2
leiomyoma	-	non-immune	5,507	355,687	D25
irritable bowel syndrome	IBS	non-immune	8,537	352,604	20002_1154
cholelithiasis	-	non-immune	10,520	350,674	K80
osteoarthritis	-	non-immune	30,046	331,095	20002_1465
hypercholesterolaemia	-	non-immune	43,957	317,184	20002_1473

Table 2. The selected UK Biobank traits used to evaluate the performance of the GPS tests and their comparators. The code of each trait specifies the precise phenotype and definition used from the UK Biobank collection.

In light of these results we restricted our first analysis only to those immune/immune pairs with an exemplary genetic correlation estimate significantly different from 0 (Fig S8), examining the proportion correctly identified as associated by each test. This group comprised 15 pairs with a median genetic correlation estimate of 0.27. We intended this as an approximate test of power in real data sets for which shared genetic architecture was biologically highly plausible. We performed tests with and without the inclusion of the major histocompatibility complex (MHC), a gene-rich locus which frequently exhibits highly significant association signals in GWAS of immune diseases[48]. As noted above, the GPS statistic is constructed as the supremum norm of a weighted distance between distributions. This could plausibly render it more sensitive to the isolated coincidence of strong association signals for two traits at a single locus like the MHC in the absence of other evidence of genome-wide pleiotropy as was seen in early, relatively underpowered GWAS of immune diseases.

Informed by our simulation studies, we chose $r^2 = 0.8$ to construct LD-pruned data sets. We found the GPS tests had an advantage in power over their comparators, albeit on a small test set of 15 pairs which limited our capacity to draw confident inferences about test performance (Table 3 and Fig S9). Inclusion of the MHC led to more powerful tests as expected.

We followed this power analysis with a study of type 1 error control by each test. As surrogate true negatives we used 62 mixed pairs with a non-significant exemplary genetic correlation estimate; the median exemplary genetic correlation estimate of this group was 0.01. Consistent with our simulation studies where choosing $r^2 = 0.8$ and

Table 3. The GPS tests performed best in immune/immune pairs but identified as associated a high proportion of ostensibly unrelated disease pairs. The percentage of pairs for which a nominally significant ($p \leq 0.05$) test statistic was computed given by number of cases and MHC inclusion status, and the median genetic correlation estimate $\hat{r}_g$ in each group. The first four rows correspond to immune/immune pairs for which an exemplary genetic correlation estimate was obtained which was significantly different from 0; these pairs served as surrogate true positives. The remaining four rows correspond to mixed pairs for which an exemplary genetic correlation estimate was obtained which was *not* significantly different from 0; these pairs served as surrogate true negatives. 'No. of cases' gives the smaller number of disease cases in each pair of case-control UKBB GWAS. 'Median $\hat{r}_g$' denotes the median genetic correlation estimate obtained from the exemplary data sets for each group of pairs.

MHC	No. of cases	Median $\hat{r}_g$	No. of pairs	GPS-GEV	GPS-Exp	Hoeffding's	LDSC	SumHer
✓	$\leq 2,000$	0.15	7	100	100	86	29	43
✓	$> 2,000$	0.30	8	100	100	100	50	62
✗	$\leq 2,000$	0.15	7	71	71	43	29	29
✗	$> 2,000$	0.30	8	100	75	75	50	62
✓	$\leq 2,000$	0.02	30	30	30	37	13	17
✓	$> 2,000$	0.01	32	34	28	50	6	6
✗	$\leq 2,000$	0.02	30	3	3	27	10	3
✗	$> 2,000$	0.01	32	9	0	38	3	6

violating Hoeffding's test's assumption of independent samples led to the loss of type 1 error control, Hoeffding's test identified a large number of ostensibly spurious trait associations among the mixed pairs (Table 3). Both GPS tests identified as associated approximately one third of pairs when the MHC was included, but its removal dramatically reduced the type 1 error rate to 0.06 and 0.02 for the GPS-GEV and GPS-Exp tests, respectively, when measured across jointly across both case number categories. LDSC and SumHer controlled the type 1 error rate comparatively well, but still exceeded the size of the test (0.05) across most categories. Removal of the MHC rendered the GPS tests' type 1 error control essentially comparable to that of LDSC and SumHer.

A possible explanation for the better performance of LDSC and SumHer with respect to type 1 error control was our use of the same parameter these methods estimate, the genetic correlation, to define our true negative set in the first place; indeed, we used SumHer's estimates to define this set, albeit those obtained from out-of-sample data sets. The GPS tests failure to control the surrogate type 1 error rate was not consistent with our observation of their conservative performance on simulated data sets. The dramatic reduction in the surrogate type 1 error rate for both GPS tests effected by removal of the MHC was consistent with the dependence of these tests' significance on limited but strong sharing of association signals. Our ostensible 'true negatives' may well have exhibited shared genetic architecture within the MHC but not to an extent, within or without the the MHC, sufficient to induce a nominally significant genetic correlation.

Discussion

We conducted a comprehensive study of both GPS tests and found them to be a superior means of identifying genetic similarity between disease traits in the small-sample context. For simulated data, the GPS tests' power was greater than its comparators when the number of cases or genetic correlation was small. This greater power was also in evidence when applying the GPS tests to immune disease pairs from the UK Biobank. In simulations we found the GPS-GEV test to offer an advantage over the GPS-Exp test in terms of power at the cost of the computation required by its the permutation procedure. We also found use of a SNP panel pruned with a far higher

value of r^2 to improve the power of the GPS tests without loss of type 1 error control.

With the exception of immune pairs with strong prior evidence of association, a significant GPS-GEV test statistic most often depended upon the inclusion of the MHC. Where the success of pleiotropy-informed methods depends upon the presence of broad genome-wide sharing of genetic effects across multiple loci, the test may be less useful in identifying suitable traits to leverage. Additionally, the presence of extensive LD in the MHC and the relatively high value of $r^2 = 0.8$ which we found to be most powerful mean that LD may allow distinct causal variants to drive spurious test results. A significant test statistic may arise from the presence of a SNP at which highly significant p-values coincide in each data set, but which is in fact in LD with causal variants distinct for each trait. This problem is compounded by the strength of MHC signals: p-values smaller than 1e-100 are frequently observed there. On the other hand, the discovery of shared MHC signals in early GWAS of immune-mediated diseases did precede later evidence of numerous shared causal variants in larger studies. Although this phenomenon may be particular to the genetic architecture of immune traits, the MHC acting as a sentinel of wider genetic similarity would go some way to vindicate this behaviour of the GPS tests, at least in their application to immune-mediated diseases.

The GPS test statistic's construction as a supremum norm seemed to explain its better performance in the large- and mixed-effect regimes compared with the small-effect regime and its sensitivity to MHC signals. The statistic is best maximised by the presence of shared large-effect variants, such as those seen at the MHC, than a cumulative signal comprised of many smaller-effect variants.

We speculate that pervasive genetic similarity might be better detected with the use of a test of bivariate independence based on a quadratic ecdf statistic, where the distance criterion is the integral of the squared distance between two cdfs. Hoeffding's test uses one such statistic, but its adaptation to incorporate the Anderson-Darling distance's weight function [49] could improve its use in the GWAS context. This weight function emphasises divergence in the tails of the cdfs, that is, it upweights the contribution of pairwise-dependent p-values where these are small and thus more significant. The GPS test statistic is a supremum norm of a weighted distance: the expression in its denominator is the square root of a bivariate function analogous to the univariate Anderson-Darling weight function and this component appears to accomplish just such an upweighting of distances observed at more significant p-values.

As nonparametric tests of bivariate independence, the GPS tests do not provide an estimate of an interpretable parameter like the genetic correlation. Whilst their null hypothesis can be precisely stated in statistical terms, the biological inference to be drawn from rejection of the null is unclear beyond a notion of some sharing of genetic effects between traits. As their test statistic is computed from p-values, the GPS tests are agnostic as to the direction of genetic effects: a significant test statistic can arise where a negative genetic correlation is observed between two traits, something we observed for hypercholesterolaemia and hayfever. Thus, whilst GPS tests may be more sensitive in small-sample cases, examination of the sign of effect estimates at SNPs with small p-values in both traits can also be informative.

We recommend the GPS-GEV test for the detection of shared genetic effects with small-sample data sets. It may be employed to detect genetic relationships between rare diseases and more common, better-understood traits or as a tool for the selection of genetically similar traits for analysis with pleiotropy-informed, cross-phenotype methods, which can be employed to overcome the problem of low power due to small sample size in association studies.

Materials and methods

LD reference panel

SNP-SNP dependence can be characterised in terms of LD. Hoeffding's test requires independent observations with which to compute its test statistic, whilst Li et al. chose to compute the GPS-Exp test using an LD-pruned set of SNPs. It was thus necessary to estimate the patterns of LD between the SNPs in our data sets to obtain pruned subsets with the desired degree of SNP-SNP (in)dependence. To serve as a reference data set with which to calculate LD in terms of the SNP-SNP genotype squared correlation coefficient r^2, we obtained haplotype data for 503 European individuals from the Phase 3 release of the 1000 Genomes Project (1kGP)[50]. Using the parental identifiers supplied in the `ped` sample metadata file, we removed five individuals with one or both parents present in the cohort (sample identifiers `HG00155`, `NA07048`, `NA10847`, `NA10851`, and `NA12878`) to ensure all members of the cohort were unrelated. We subjected the data to quality control using `PLINK v2.00a2.3LM`[51,52], retaining only those SNPs with a MAF ≥ 0.005, a Hardy-Weinberg equilibrium test p-value $> 1e\text{-}50$, and a missingness rate ≤ 0.1.

For both UKBB and simulated data sets we carried out LD pruning with `PLINK` to produce filtered data sets for use with Hoeffding's test and both GPS tests. The LD pruning procedure produces a set of SNPs for which r^2 does not exceed a specified threshold. Where $r^2 > 0$, some degree of dependence between SNPs will be retained and the use of such a data set with Hoeffding's test will violates the test's assumption of sample independence. Li et al. specified a threshold of 0.2 in their description of the GPS-Exp test and we thus inferred no strict requirement of SNP independence for the test. The choice of r^2 thus balances the desire to capture association signals through the inclusion of many SNPs in the set against the additional variance introduced into ecdf estimates through the use of dependent and thus covarying samples. In practice and with computationally intensive procedures like the GPS-GEV test, the size of the resulting data set is also relevant where this will entail considerable computational expense.

We applied Li et al's choice of $r^2 = 0.2$ in our whole-genome simulations before examining test performance with $r^2 = 0.2$, 0.5, and 0.8 in single-chromosome simulations (Results). We found the GPS tests were most powerful for $r^2 = 0.8$ and proceeded with this value for our analysis of UKBB data sets.

The LD-pruned SNP set for use in whole-genome simulated GWAS data sets was generated by first filtering the 1kGP SNPs to retain those with MAF ≤ 0.01 in the European cohort (see 'Simulated GWAS data sets'), then pruning this set with $r^2 = 0.2$. The UKBB LD-pruned sets were generated by first merging the 1kGP SNPs with the set of SNPs present in the UKBB data sets, then pruning the intersection of these two sets with $r^2 = 0.8$. For all pruning procedures, we specified a 1000kbp window and a step size of 50bp. We tabulate the number of SNPs remaining after the LD pruning of each data set in Table S5.

UK Biobank GWAS data sets

We downloaded UKBB GWAS summary statistics from the Neale lab's data repository, in particular the 'GWAS round 2' results released in August 2018 (`www.nealelab.is/uk-biobank`).

These data sets each contained 13,791,467 variants. For analyses in which the MHC was removed from these data sets, we removed all variants in the base pair interval 24,000,000-45,000,000 on chromosome 6, leaving 13,632,572.

The Neale lab included a total of 361,194 biobank samples in their GWAS analyses

but case/control status with respect to each (binary) phenotype was not defined for all samples (http://www.nealelab.is/uk-biobank/faq), such that the sum of cases and controls varies across our chosen phenotypes (Table 2).

The UKBB GWAS share controls and, to a lesser extent, cases between their cohorts. This is typical of collections of GWAS performed in a biobank context (and indeed outside of it[53]); some sharing of cases is likely to occur for GWAS of correlated phenotypes, such as the atopic diseases: asthma, eczema, and hayfever. Shared samples are expected to induce a positive correlation between a given SNP's GWAS test statistics for two distinct phenotypes for which cases or controls are shared[54]. When these GWAS test statistics are then used in turn to compute the test statistic of the GPS-GEV test or Hoeffding's test, for example, this correlation may inflate the value of the test statistic and thus the evidence for the similarity of the phenotypes in question. However, the magnitude of this between-GWAS test statistic correlation is inversely related to the root of the product of the total sample size of each study[55] and, for the large total sample sizes of our chosen UKBB GWAS, is expected to be negligible.

Exemplary GWAS data sets

We surveyed publicly available GWAS of our 18 phenotypes and selected those with the largest number of cases in order to provide the most precise genetic correlation estimates possible (Table S3). FinnGen data sets were obtained from Data Freeze 5 ('R5'). Pan-UKBB[56] data sets were obtained as directed on the project website (https://pan.ukbb.broadinstitute.org/downloads). We obtained summary statistics for the GWAS of lupus, type 1 diabetes, ulcerative colitis, and rheumatoid arthritis from the NHGRI-EBI GWAS Catalog[57].

The majority of exemplary data sets came from the Pan-UKBB and FinnGen collections, a fact which raises again several issues relating to the sharing of cases and controls between studies. Both the Pan-UKBB and FinnGen collections share controls and, to a more limited extent, cases between their GWAS. In addition, there is substantial overlap in cases and controls between the GWAS of the 2018 UKBB collection (used as our main 'test set') and the GWAS of the Pan-UKBB collection. Insofar as the Pan-UKBB GWAS are thus not truly 'out-of-sample' with respect to the 2018 UKBB GWAS, they are not ideal as a point of comparison for the latter as the Pan-UKBB correlation estimates will not be independent of the GPS-GEV, GPS-Exp, Hoeffding's, SumHer, and LDSC test statistics obtained from the 2018 UKBB GWAS. We balanced these shortcomings of our exemplary data sets against the advantage of obtaining the largest possible GWAS to provide the most precise estimates of the genetic correlation. The UKBB/Pan-UKBB sample overlap is somewhat mitigated by our using Pan-UKBB GWAS for only 7 of 18 traits and (as noted above for the UKBB collection), the resulting between-GWAS test statistic correlation is expected to be small for large total sample sizes[55].

We used version 5.3.2 of the GWAS_tools pipeline (https://github.com/GRealesM/GWAS_tools) to process each study in order to obtain all summary statistics in a uniform format. We computed genetic correlation estimates between phenotypes using SumHer in the manner described below. For Pan-UKBB data sets, we used summary statistics from analyses which included only European individuals.

The hypertension and high cholesterol GWAS referenced in the Supporting information as examples of large biobank-derived GWAS were identified from the Pan-UKBB phenotype manifest made available on the project website (https://pan.ukbb.broadinstitute.org/downloads). Hypertension and high cholesterol had coding column values of 1065 and 1473, respectively. In identifying these as the largest and second-largest case-control GWAS, we searched rows with a

‘categorical’ `trait_type` value and excluded non-disease and medical intervention phenotypes as well as excessively broad aggregate phenotypes which contained disparate diseases.

The GPS tests

We implemented the GPS test statistic in Equation 1 in `C++` (`https://github.com/twillis209/gps_cpp`). The test statistic is the same for both the GPS-Exp and GPS-GEV tests and was computed using paired GWAS p-values from a set of SNPs LD-pruned as described above.

The GPS-Exp p-value was obtained for the test statistic D as the lower tail probability of the value D^{-2}, assumed to follow a standard exponential distribution as per Equation 2. We computed this p-value using `pexp` from the `R stats` package.

For the GPS-GEV test, we developed a permutation procedure to obtain a p-value for the test statistic. We repeatedly permuted the order of p-values for one trait and computed the GPS statistic each time, thus generating 3,000 realisations of the GPS statistic under the null hypothesis of bivariate independence. We then fitted a GEV distribution to these null realisations through maximum likelihood estimation with the functions `fgev` and `fitdist` from the `R` packages `evd`[58] and `fitdistrplus`[59], respectively. The p-value was obtained from the fitted GEV cdf as the upper tail probability of the test statistic D. The permutation procedure requires repeated evaluation of the GPS statistic and we made this computationally feasible through use of two fast algorithms for evaluation of the bivariate ecdf: a recently published divide-and-conquer algorithm for the estimation and evaluation of multivariate empirical cdfs by Langrené and Warin, and the order statistic tree-based algorithm by Perisic and Posse. We used the implementation of Langrené and Warin's algorithm from the STochastic OPTimization library [sic][60]. We developed our own implementation of the bivariate ecdf algorithm of Perisic and Posse. After benchmarking both algorithms, we adopted that of Perisic and Posse as it was approximately twice as fast as Langrené and Warin's algorithm (Results).

To study the dependence of the fitted GEVD's location, shape, and scale parameters on the number of SNPs in the LD-pruned set, we randomly downsampled the LD-pruned UKBB SNP set to obtain smaller subsets on which to evaluate the GPS statistic.

Hoeffding's test

Hoeffding's test is an appropriate comparator to the GPS test: it tests the same null hypothesis of bivariate independence and is also nonparametric, but is a general-purpose test rather than one developed for the genomic context. Hoeffding's test evaluates a null hypothesis H_0 of the independence of two random variables, X and Y; this hypothesis can be expressed in terms of their joint and marginal cdfs as $H_0 : F_{X,Y} = F_X F_Y$. The test is based upon the following measure D of the deviation of the bivariate cdf $F_{X,Y}$ from its assumed form under the null:

$$D = \int (F_{X,Y}(x,y) - F_X(x)F_Y(y))^2 dF(x,y). \qquad (4)$$

We computed the test statistic for GWAS p-values using the `hoeffding.D.test` function from the `R` package `independence`[61]. Hoeffding's test assumes the use of an independent sample, an assumption violated by our use of LD-pruned SNP sets with $r^2 > 0$ as discussed above. We nonetheless chose to apply Hoeffding's test to such LD-pruned sets to allow for a direct comparison with the GPS tests on the same input data.

Simulated GWAS data sets

We simulated GWAS summary statistics using the R package `simGWAS v0.2.0-4`[62]. Following the package vignette, we used haplotypes from European individuals from the Phase 3 1kGP data referenced above and included only those variants with MAF ≥ 0.01. This yielded 8,995,296 variants in a simulated whole-genome data set and 525,150 after LD pruning with a window size of 1000kb, a step size of 50, and an r^2 threshold of 0.2 as described above (Table S5). An exception to this approach was made with the single-chromosome simulations in which we explored the performance of the tests with $r^2 = 0.2, 0.5$, and 0.8. We partitioned the genome into 1,625 approximately independent LD blocks using `ldetect`[63] and simulated summary statistics in a blockwise manner in order to reduce the computational burden of simulation. We simulated at most one causal variant per LD block and selected, arbitrarily, the 2000th SNP in each LD block as the causal variant. The tiny-effect regime was an exception to this approach: to accommodate 1,000 causal variants located in disjoint LD blocks between pairs of simulated GWAS in the case with a zero-valued genetic correlation, we first randomly chose the LD blocks to contain causal variants in each GWAS then randomly selected two SNPs in each of these blocks as causal variants. We ran simulations under six regimes (Table 1). We also varied the number of cases and controls across five sample configurations (Table S1). As cases are typically in far shorter supply than controls in case-control GWAS, we sought to emulate this by choosing a greater number of controls, 10,000, than cases for the first three sample configurations where the number of cases was less than 10,000. For the next two configurations with 10,000 and 100,000 cases, respectively, we chose a matching number of controls.

For the simulations in which we explored the effect of different values of r^2 on test performance, we simulated only chromosome 1 rather than the whole genome (Table S2).

To induce a particular genetic correlation, we varied the number of causal variants shared between a pair of simulated GWAS. The number of causal variants per GWAS was kept constant in order to keep heritability per simulated trait constant. We simulated 400 replicate GWAS data sets for each sample configuration and genetic correlation, giving 200 replicate pairs of GWAS for each case number-correlation pair. For a given replicate pair, case number, and specified correlation, the identity of the LD blocks which were to contain causal variants was randomly chosen.

LD score regression

We estimated the genetic correlation using the LDSC software as directed in the LDSC GitHub repository's wiki (`https://github.com/bulik/ldsc/wiki`). When estimating the heritability from simulated summary statistics, we constrained the intercept to one as the simGWAS simulation model does not admit confounding. The intercept for genetic covariance estimation was allowed to vary. We used precomputed LD scores for SNPs common in European populations (MAF ≥ 0.05) from the LDSC repository wiki (`https://data.broadinstitute.org/alkesgroup/LDSCORE/eur_w_ld_chr.tar.bz2`). Use of only common SNPS is recommended by LDSC's authors for routine applications in order to avoid the upward bias in heritability estimates that can be introduced by the extrapolation of per-SNP heritability among common variants to rarer ones (`https://github.com/bulik/ldsc/wiki/LD-Score-Estimation-Tutorial`). Use of this MAF-restricted LD score panel accounted for the far smaller number of SNPs we used in LDSC analyses (Table S5). In spite of this, LDSC's performance was largely comparable to SumHer's, its closest comparator in terms of method and purpose, across simulated and real data sets.

SumHer

We downloaded the prebuilt LDAK binaries, version 5.2, from the package website (`https://dougspeed.com/ldak/`). We generated SNP taggings using Phase 3 1kGP data from European individuals and the 'LDAK-Thin' model as described on the LDAK website (`https://dougspeed.com/calculate-taggings/`). We estimated genetic correlation with the `SumHer` component of the LDAK package and the default 'SumHer-GC' model, which assumes that confounding inflation is multiplicative. The SumHer-GC model assumes the LDAK heritability model, not the LDAK-Thin model; the authors nonetheless recommend use of the latter owing to its simplicity and their observation that genetic correlation estimates are generally insensitive to the choice of heritability model (`http://dougspeed.com/genetic-correlations/`). We excluded SNPs which explained more than 1% of the phenotypic variance as per the authors' recommendation as analyses can be sensitive to large-effect loci. `SumHer` does not provide for hypothesis testing of the genetic correlation. We performed a chi-squared test against a null hypothesis of no genetic correlation (i.e. $H_0 : r_g = 0$) by dividing the genetic correlation estimate by its standard error, then squaring this quantity to obtain a test statistic. We used the chi-squared survival function `chi2.sf` from the `scipy.stats` Python package to perform the test.

Timing benchmarks

We benchmarked three candidate bivariate ecdf algorithms for use in computing the GPS statistic. This choice was important as estimation of the bivariate ecdf is by far the most demanding step in this computation. The naive algorithm uses two nested loops to determine for each p-value pair (u, v) the size of the set $\{(u_i, v_i) | u_i < u, v_i < v\}$ and has a time complexity of $O(n^2)$ in the number of p-value pairs n in the input. Both Langrené and Warin's divide-and-conquer algorithm and the order statistic tree-based algorithm of Perisic and Posse have a time complexity of $O(n \log n)$.

To generate timing data, we recorded the wall clock time for the computation of the GPS statistic for a single data set, replicating this 100 times for each algorithm. The input data set comprised a set of LD-pruned, simulated whole-genome summary statistics containing 525,150 SNPs. LD pruning was conducted with a window size of 1000kb, a step size of 50, and an r^2 threshold of 0.2 as above. The `computeGpsCLI` program was used to record running time by specifying the `timingFile` command-line argument and is available in the `gps_cpp` repository (Code availability). The program was invoked to use a single thread in each instance.

Code availability

Our implementation of the GPS test statistic in `C++` is available on GitHub (`https://github.com/twillis209/gps_cpp`). We have also made available a `snakemake`-based pipeline[64] for the reproduction of our results (`https://github.com/twillis209/gps_paper_pipeline`). This pipeline is intended to provide for an end-to-end reproduction, including the download of 1kGP reference data and UKBB GWAS data sets, the generation of our simulated data sets with `simGWAS`, and the analysis of these real and simulated data sets with the tests studied above.

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