IMPA1 dependent regulation of plasma membrane phosphatidylinositol 4,5-bisphosphate turnover and calcium signalling by lithium

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Running Title- Lithium regulates PIP$_2$ and calcium signalling in human neurons

Abstract

Lithium (Li) is a widely used as a mood stabilizer in the clinical management of Bipolar Affective Disorder (BPAD). However, the molecular targets of Li in neural cells that underpin its therapeutic effect remain unresolved. Inositol monophosphatase (IMPA1), is an enzyme involved in the resynthesis of phosphatidylinositol 4,5-bisphosphate (PIP_2) following receptor-activated phospholipase C (PLC) signalling. *In vitro*, Li inhibits IMPA1, but the relevance of this inhibition within neural cells remains unknown. Here we report that in human cells, treatment with therapeutically relevant concentrations of Li reduces receptor activated calcium release from intracellular stores and delays the resynthesis of PIP_2 following receptor activated PLC signalling. Both these effects of Li are abrogated in cells where IMPA1 has been deleted. We also observed that in human forebrain cortical neurons, treatment with Li results in reduced neuronal excitability as well as reduced calcium signals following receptor activated PLC signalling. Following Li treatment of human forebrain cortical neurons, transcriptome analyses reveal downregulation of multiple components of the glutamate receptor signalling system. Glutamate is a key excitatory neurotransmitter in the human brain and thus our findings provide an insight into the mechanisms underlying the dampening of neuronal excitability following Li treatment. Collectively, our findings suggest that Li inhibits receptor activated PLC signalling leading to an altered transcriptional response and reduced neuronal excitability.

Introduction

Bipolar affective disorder (BPAD) is a human psychiatric illness characterized by disruptive mood swings; the defining characteristics being the alteration between mania and depression associated with an elevated rate of suicide among patients (Osby et al., 2001) . BPAD has been regarded by the World Health Organization (WHO) as one of the leading causes of disability worldwide (Lopez and Murray, 1998). Mood stabilizers like lithium (Li), Carbamazepine and Valproate remain the first-line mode of medication for bipolar disorder. Among these drugs, Li stands out as the go-to drug for treating acute manic phases and for its preventive effect against relapses of manic episodes (Cipriani et al., 2013; Geddes et al., 2004). Although Li remains the mainstay in BPAD treatment, individual patient responses towards Li are variable- it remains ineffective for a large proportion (approximately 30%) of BPAD patients, the so-called 'Li non-responders', whereas another 30% of patients are only partially responsive to Li (Hou et al., 2016). The reason for this variable response is unknown and remains a topic of intense interest. Despite substantial research over several decades, the molecular and biochemical mechanism by which Li exerts its effects on human brain cells that are relevant to functional improvements remains unclear (Haggarty et al., 2021). Many molecular targets for Li have been described (Roux and Dosseto, 2017). These include Inositol monophosphatase (IMPase) (Harwood, 2005), Glycogen synthasekinase-3β (GSK-3β) (Freland and Beaulieu, 2012) , Sodium myo-inositol co-transporter (SMIT1) (Dai et al., 2016) and Bisphosphate- 3'-nucleotidase (BPNT1) (Spiegelberg et al., 2005). The two most well studied targets of Li are Inositol monophosphatase (IMPase) and Glycogen synthase kinase-3β (GSK-3β).

During GPCR signalling, many receptors activate phospholipase C (PLC) leading to the hydrolysis of the signalling lipid phosphatidylinositol 4,5-bisphosphate (PIP$_2$) generating inositol 1,4,5-trisphosphate (IP$_3$) and diacylglycerol (DAG) (Berridge, 2009), ultimately leading to changes in intracellular calcium [Ca^{2+}]$_i$. This mechanism of cell signalling is used by numerous G-protein coupled receptors in the brain that participate in synaptic transmission such as glutamate and acetyl choline. Previous studies in rat hippocampal cultures has shown that treatment with Li diminishes Ca signalling responses to Gq-PLC coupled neurotransmitter receptors such as the metabotropic glutamate receptor and muscarinic acetylcholine receptor (Sourial-Bassillious et al., 2009)and alterations in [Ca^{2+}]$_i$ have been reported in cell lines derived from BPAD patients (Wasserman et al., 2004). Most recently, a meta-analysis has revealed that basal levels of [Ca^{2+}]$_i$ as well as [Ca^{2+}]$_i$ responses to agonist stimulation in BPAD patients are elevated (Harrison et al., 2021). Thus, a link between Ca signalling and BPAD has been previously noted although the underlying mechanism in this context remains unclear.

A long-standing hypothesis for the therapeutic effect of Li is its impact on inositol lipid turnover during receptor activated G-protein coupled signalling through inhibition of IMPase (Harwood, 2005). PIP_2 is a low abundance membrane lipid and its resynthesis is required to sustain Ca signalling during high rates of PLC activity as is seen in the brain (Yang et al., 2016) during the activation of many GPCR required for neurotransmission such as the metabotropic glutamate receptor (Reiner and Levitz, 2018). The resynthesis of PIP_2 occurs via a set of biochemical reactions referred to as the PIP_2 cycle (Cockcroft and Raghu, 2016). The sequential dephosphorylation of IP_3 produced during PLC activity to generate inositol, is required for PIP_2 resynthesis (Fig 1A). IMPase is the enzyme required for the final step in the conversion of inositol 1-phosphate to inositol. Biochemical analyses showed a decrease in myo-inositol concentration in cerebral cortex of lithium-treated rats accompanied by an increase in the concentration of inositol monophosphate suggesting that Li might inhibit IMPase (Allison et al., 1976; Allison, J.H., 1971). Subsequent studies showed that Li binds to IMPase and inhibits the enzyme in a non-competitive manner (Allison et al., 1976). These observations led Berridge to propose the "Inositol depletion hypothesis" (Berridge et al., 1989) which posits that during PLC signalling in the brain, the inhibition of IMPase by Li restricts the supply of inositol for PIP_2 resynthesis leading to down regulation of neurotransmitter receptor signalling, thus reducing excitability in the brain and the control of mania. However, the link between G-protein coupled PIP_2 turnover, $[Ca^{2+}]_i$ signalling and the action of Li in human neurons remains to be established.

The mammalian genome includes two genes encoding IMPase activity, IMPA1 and IMPA2. However, IMPA1 is more abundant in the human brain (Schubert et al., 2015)and is inhibited by Li at therapeutically relevant concentrations (Ohnishi et al., 2007). *In vivo* studies have also suggested a role of Li in regulating IMPase function. Briefly, (i) in rodent models, Li treatment reduced brain inositol levels and elevated Inositol monophosphate (IP_1), the substrate of IMPase in the cerebral cortex of rat (Sherman et al., 1981) (ii) treatment of human BPAD patients with Li led to a reduction in PIP_2 levels in platelet membranes (Soares et al., 1997; Soares et al., 1999; Soares et al., 2000). However, there are also findings that do not support this hypotheses (i) IMPA1 knockout mice showed only a modest reduction in brain inositol levels (Cryns et al., 2008) and the impact of IMPA1 knockout on receptor activated PIP_2 turnover remains unknown, (ii) genome-wide association studies have not revealed polymorphisms in IMPA1 that are linked to BPAD or Li sensitivity (Hou et al., 2016; Sjoholt et al., 2000).

In this study, we have tested the hypothesis that treatment of human cells with Li diminishes
calcium signalling. We find that this change is underpinned by reductions in G-protein coupled
PIP_2 turnover. These changes in calcium signalling were also observed in human iPSC
derived forebrain cortical neurons and accompanied by reduction in neuronal excitability.
Transcriptomic analysis revealed that Li treatment exerts its effect on neuronal excitability
through multiple mechanisms including but not restricted to GPCR activated calcium
signalling. Our findings open new approaches to predict Li responsiveness in BPAD patients
and develop novel strategies for the clinical management of this disorder.
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Materials and Methods

DNA constructs: For PIP_2 measurement, PH-PLCδ::GFP probe was used which was a gift
from Tamas Balla (Addgene plasmid # 51407). The cDNA for human muscarinic acetylcholine
receptor m1AchR was obtained from cDNA Resource Center (MAR0100000) and was cloned
via Gibson assembly into a lentiviral pHR transfer backbone (having Puromycin resistance
cassette) for lentiviral generation. The Nir2 shRNA was obtained from GE Dharmacon
(RHS4430-200186441: Clone id V2LHS_62836).
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Mammalian cell culture, treatment and transfection: HEK293T cells were maintained
under standard conditions at (37°C, with 5% CO_2) in DMEM high Glucose media (Dulbecco's
Modified Eagle Medium; Life Technologies), supplemented with 10% Foetal bovine serum.
For Li treatment, the cells were grown and maintained in this media, supplemented with 1 mM
LiCl (Sigma) for 5 days (unless mentioned otherwise). The cells were tested for mycoplasma,
prior to the experiments. MycoAlert™ (Lonza) was used per the manufacturer's protocol to
test the spent media for mycoplasma contamination. Transfection with the plasmid expressing
PH-PLCδ::GFP probe was done 24 hours before the imaging experiments using
Polyethylenimine solution (PEI; Polysciences Inc.; 1 mg/ml) when the cells were around 70%
confluent.
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Lentiviral transduction to generate HEK293T cell line stably expressing muscarinic
acetylcholine receptor m1AchR: Recombinant Lentiviral particles were packaged in
HEK293T cells grown in DMEM high Glucose media, supplemented with 10% FBS. The
HEK293T cells cultured in the 6 well plates were transfected with a solution consisting of 1.2
µg of pHR-IRES plasmid encoding muscarinic acetylcholine receptor *CHRM1* cDNA, along
with 1.2 µg of each of the helper plasmids (psPAX and pMD2.G) in 500 µl of Opti-MEM
(Invitrogen) and 110 µl Polyethylenimine (PEI, 1 mg/ ml). Medium was changed after 12 hours

and the virus was harvested at 72 h after transfection. Then HEK293T cells were transduced

with these recombinant viral particles and selected via Puromycin treatment (1.5 µg/ ml) for 1

week- to obtain the HEK293T cell line, expressing m1AchR. Western Blot confirming the

expression of m1AchR is shown in supplementary figures (Supp. Fig 3C, D).

Generation of Neural Stem Cells and differentiation and maintenance of neuronal

culture: Neural Stem Cells (NSCs) were generated as previously described (Mukherjee et al.,

2019), with slight modifications. Human iPSCs were differentiated to embryoid bodies in E6

medium (Gibco). After that, primary neural rosettes that were formed, were manually picked,

passaged, and eventually plated as NSC monolayer in Neural Expansion Medium (NEM;

DMEM/F12 with 2mM Glutamax, supplemented with N2, B27 without Vitamin A, 20 ng/ml

bFGF, 100 µM non-essential amino acids, 2 µg/ml Heparin Sulphate, 100 U/ml penicillin-

streptomycin) (all components procured from Life Technologies). The NSCs were subjected

to CD133+ selection as previously described via fluorescence-activated cell sorting (FACS)

(Peh et al., 2009) to eliminate cells of other lineages. The sorted NSCs were further

characterized by immunofluorescence for the specific markers. Neural Stem Cells (NSCs)

were grown on Matrigel coated tissue dishes in NEM at 37°C and 5% CO_2.

For differentiation, NSCs were seeded onto Matrigel- Growth Factor Reduced (Corning)

coated cover-slip dishes or 35 mm dishes and expanded in NEM till the cells reached 70%

confluency. NEM was then withdrawn and replaced with Neural Differentiation Medium (NDM;

DMEM/F12 with 2mM Glutamax, supplemented with N2, B27 containing Vitamin A, 100 µM

non-essential amino acids, 100 U/ml penicillin-streptomycin, 10 ng/ml BDNF, 10 ng/ml GDNF,

10 ng/ml IGF-1, 50 µg/ml Ascorbic acid (Sigma) and 2 µM DAPT (Sigma)). DAPT was

supplemented for the first 14 days. Media was changed every 2 days during the differentiation

process. All the experiments were done 45 DIV post differentiation (The day of addition of

NDM was DIV 0). For chronic Li treatment, the neuronal cultures were maintained in NDM

supplemented with 1 mM LiCl for the last 10 days (DIV35 to DIV45).

Live cell imaging for the PIP₂ probe: To analyse the dynamics of PIP$_2$ at the plasma

membrane by following the change in translocation of the PH-PLCδ::GFP probe, live cell

imaging was performed as stated in *Varnai et al* (Várnai and Balla, 1998), with minor

modifications. 20000 cells were seeded in Poly-L Ornithine (PLO) coated cover-slip dishes

and grown for 96 hours with or without Li. 24 hours prior to imaging, the cells were transfected

with PH-PLCδ::GFP plasmid using Polyethylenimine as per manufacturer's protocols.

Carbamoylcholine chloride mediated changes in the membrane localization of PH-PLCδ::GFP

probe was examined by a time-lapse method using an Olympus FV 3000 confocal microscope.
The cells were kept in pre-warmed Kreb's Ringer Buffer (120 mM NaCl, 4.7mM KCl, 1.2 mM
$CaCl_2$, 0.7 mM $MgSO_4$, 10 mM Glucose, 10 mM HEPES; pH-7.4) and at 37°C while imaging.
Changes in the PIP_2 membrane localization were quantified by taking a fluorescence intensity
ratio of the plasma membrane (F_{PM}) and the cytosol (F_{Cyt}) across the time-lapse and
normalizing it to the first value.
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Calcium Imaging for Carbamoylcholine stimulation: For studying the calcium physiology,
HEK293T-M1 cells were seeded in Poly-L Ornithine (PLO) coated cover-slip dishes while
iPSC derived cortical neurons (DIV45) were grown on Matrigel coated cover-slip dishes.
Before imaging, the cells were washed twice with Hank's Buffered Salt Solution (HBSS) (10
mM HEPES, 118 mM NaCl, 4.96 mM KCl, 1.18 mM $MgSO_4$, 1.18 mM KH_2PO_4, 10 mM
Glucose, 2 mM $CaCl_2$; pH-7.4) and then loaded with the ratiometric Ca^{2+} indicator Fura-2 AM
(4 µM) (Acetoxymethylester, Invitrogen) along with 0.002% Pluronic F-127 for 30 minutes. The
excess dye was removed by washing the cells thrice with HBSS and cells were incubated for
an additional 20 minutes to equilibrate the intracellular dye concentration and allow de-
esterification. Imaging was performed for 10 min using a 40X objective (N.A. 0.75) of wide-
field fluorescence microscope Olympus IX-83 for HEK293T cells, while a 20X objective (N.A.
0.50) was used for neuronal cultures. Free- and Ca^{2+}-bound Fura-2 fluorescence intensities
(excitation 340/380 nm, emission 510 nm) were recorded at every 5 seconds intervals using
an EM-CCD camera (Evolve 512 Delta, Photometrics). Basal cytosolic Ca^{2+} was recorded in
HBSS buffer for the initial 18 frames. Carbamoylcholine chloride (20 µM and 50 µM
respectively for HEK and neuronal cultures, as determined in preliminary concentration–
response experiments) (Sigma Aldrich- C4382) was added to the cells for activating PLC and
thereby, inducing Ca^{2+} release from the endoplasmic reticulum store. After recording for 42
frames, 20 µM Ionomycin (Calbiochem) was added and recorded for 24 frames for recording
R_{max}. 24 more frames were recorded, post addition of 4 mM EGTA (containing 0.01% Triton-
X-100) for chelation of Ca^{2+} ions and determination of R_{min}.
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Calcium Imaging for SOCE (Store Operated Calcium Entry): For the SOCE experiment,
the cells were kept in 'zero Ca^{2+} HBSS' (10 mM HEPES, 118 mM NaCl, 4.96 mM KCl, 1.18
mM $MgSO_4$, 1.18 mM KH_2PO_4, 10 mM Glucose; pH-7.4) just before the imaging. After
recording the initial 12 frames for basal cytosolic Ca^{2+}, an optimal concentration of
Thapsigargin (Tg) (10 µM) (Invitrogen) was added for the store depletion and 60 frames were
recorded. Then, 2 mM $CaCl_2$ was then added to the extracellular buffer to induce SOCE- 60
frames were recorded post induction of SOCE. Subsequently, 20 µM Ionomycin (Calbiochem)
was added and recorded for 24 frames; then 4 mM EGTA (containing 0.01% Triton-X-100)

was added and 24 frames were recorded. For studying PLC activated calcium mobilization from stores and SOCE, Carbamoylcholine chloride (20 μM and 50 μM respectively for HEK and neuronal cultures) was added instead of Thapsigargin.

Analysis of Calcium recordings: The CellSens Olympus software was used for the analysis. A dynamic region of interest (ROI) was drawn for each cell which exhibited rise in $[Ca^{2+}]_i$ (as seen by increase in fluorescence post-stimulation) to track the fluorescence changes over time. The emission intensities corresponding to 340 nm and 380 nm excitations were used to calculate the 340/380 ratio for each cell across all time points. The $[Ca^{2+}]_i$ was estimated using the Grynkiewicz equation (Grynkiewicz et al., 1985) as follows:

$[Ca^{2+}]_i$ (nM) = K_d X SF X (R - R_{min})/ (R_{max}- R)

where R_{min} and R_{max} refer to the minimum and maximum 340/380 ratio respectively. 224 nM was taken as K_d for Fura-2 AM in human cells and SF (scaling factor) was calculated for each cell by dividing the fluorescence emission intensity at Ca^{2+} free form with the fluorescence emission intensity at Ca^{2+} bound form of the dye after excitation at 380 nm. The final Ca^{2+} traces were plotted using GraphPad Prism 9.0.

Generation of the IMPA1 deletion in cell lines: For generation of HEK293T-IMPA1$^{-/-}$ cell line, the initial region of the coding sequence (CDS) (exon1) of the IMPA1 gene was targeted by a pair of guide RNAs (sgRNAs) and deleted via CRISPR-Cas9 technology, then these cells were transduced to stably express Muscarinic receptor M1. The sgRNAs targeting the start of the CDS of IMPA1 gene were designed via the crispr.mit.edu. The sequences of the sgRNAs are as follows:

5' GGAGAACCACCTTGTTGGCCAAGCTGGAATGTAGTGGCGTTTTAGAGCTAGAAATAGCAAGTT 3'
5' GGAGAACCACCTTGTTGGGTAATATGGTACAGACACACGTTTTAGAGCTAGAAATAGCAAGTT 3'
These sgRNAs were cloned individually into humanized pgRNA plasmids [pgRNA-humanized was a gift from Stanley Qi (Addgene plasmid # 44248)]. The cells were co-transfected with the three plasmids (both the pgRNA humanized plasmids encoding the sgRNAs and pLentiCas9 blast encoding for the Cas9 protein endonuclease from *Streptococcus pyogenes*) and selected with Puromycin (2 μg/ ml) for 48 hours. Then the genomic DNA was isolated, and a Surveyor PCR was performed to check the occurrence of the deletion. Once confirmed that the sgRNAs were able to target the exon 1 of IMPA1 gene, the transfected cells were seeded in 96 wells as single cells and gradually expanded. After selection via Surveyor PCR using Surveyor primers (primers flanking the region ought to be deleted), a HEK293T cell line was selected which had showed only the shorter amplicon (amplicon after deletion) in the Surveyor PCR. This HEK293T cell line was then expanded and the expression of IMPA1 was checked by Western blotting using the anti-IMPA1 antibody. No corresponding bands for IMPA1 were

observed, indicating that IMPA1 was knocked out in this cell line. This HEK293T-IMPA1$^{-/-}$ cell line did not show any morphological difference with respect to HEK293T cells and did not require inositol supplementation in the media for maintenance.

Western Blotting: For estimating the expression of the IMPA1, cells were suspended in appropriate volume of lysis buffer and kept on ice for lysis; 10 µl of it was used for Bradford protein assay (BioRad) for quantification. Post quantification, equal amount of samples was heated at 95°C with Laemmli loading buffer for 5 min, then loaded and separated on 10% SDS-PAGE gel. For estimating the expression of the muscarinic acetylcholine receptor m1AchR, cells were pelleted and directly lysed by adding Laemmli's loading buffer and repeated syringing with insulin syringes (31 gauge). Then the samples were heated at 95°C for 5 min and loaded onto a pre-cast Polyacrylamide 4-12% gradient gel (Bolt, Invitrogen). The proteins were then transferred onto a nitrocellulose membrane and then blocked with 10% Blotto (Santa Cruz Biotechnology) diluted in Tris Buffer Saline containing 0.1% Tween-20 (0.1% TBST) for 40 minutes. Subsequently the membrane was incubated with the rabbit anti-IMPA1 antibody (1:10000 diluted in 5% BSA in 0.1% TBST) (Abcam ab184165) or goat anti-CHRM1 antibody (1 µg/ ml, diluted in 5% BSA in 0.1% TBST) (Abcam ab77098) overnight at 4°C. For loading control, the blot was incubated with mouse anti-β-Tubulin antibody (1:4000 diluted in 5% BSA in 0.1% TBST) (DSHB Hybridoma Product E7). The blots were then washed thrice with 0.1% TBST and then incubated with the appropriate HRP-conjugated secondary antibodies (1:10000 dilutions; Jackson Laboratories, Inc.) for 1.5 hrs. Post incubation with the secondary antibodies, the blot was washed thrice with 0.1% TBST and developed using Clarity Western ECL substrate (Biorad) on a GEImageQuant LAS 4000 system. The ImageJ software was used for the densitometric analysis of the blots. Firstly, the background intensities were subtracted from the images using an average of mean background intensities of a few ROIs adjacent to the band of interest. Then ROIs were drawn around the bands of interest and the integrated density of each ROI was extracted from the image. Finally, the ratio of the integrated density of the IMPase to that of the loading control (β-Tubulin) was calculated.

Calcium imaging for measuring transients: For studying the effect of Li on the excitability of cortical neurons, spontaneous calcium events (calcium transients) were measured in D149 cortical neuronal cultures at 45 DIV for both untreated and Li treated neurons, according to previously published lab protocol (Sharma et al., 2020). The neuronal cultures were washed twice for 10 minutes with HBSS and then loaded with 4 µM of Fluo-4 AM (Molecular probes, F14201) in HBSS having 0.002% Pluronic F-127 for 30 min at room temperature. Imaging was performed for a time-span of 10 min using a 20X objective (N.A. 0.50) with a time interval of 1 second at 488 nm illumination. The baseline measurement was recorded for a period of 4 min

to visualize the calcium transients. Then 10 µM Tetrodotoxin (TTX, Hellobio) was added to abolish calcium transients and recorded for another 4 min. A dynamic region of interest (ROI) was manually drawn around each neuronal soma; individual Ca^{2+} traces were then obtained using the CellSens Dimensions software. The fluorescence intensity value from each neuronal soma was normalized to the first baseline signal and the individual traces were plotted using GraphPad Prism 9.0. The frequency of calcium transients was measured manually from first-derivative filter traces.

Post-hoc immunofluorescence for neuronal characterization: Post-calcium imaging, the neuronal cultures were washed thoroughly a few times with HBSS buffer and then fixed with 4% PFA dissolved in PBS for 20 mins. Post-fixation, the cultures were washed twice with PBS for 5 min each and then permeabilized with 0.1% Triton-X (dissolved in PBS). The cultures were then blocked with 5% BSA diluted in PBS, for 1 hr at room temperature. Subsequently the neurons were incubated with the Primary antibodies diluted in 5% BSA in PBS overnight at 4°C. Next day, the cultures were subjected to three washes with PBS (10 minutes each) to remove non-specifically bound primary antibody. Respective secondary antibodies at a dilution of 1:300 in 5% BSA in PBS were used for incubation for 2 hours. DAPI was used as a nuclear marker at a dilution of 1:1000.

Primary antibody	Source	Company	Catalogue number	Dilution
SOX1	Rabbit	Abcam	ab87775	1:400
Nestin	Mouse	Thermo Fisher	MA1-110	1:100
SOX2	Mouse	Thermo Fisher	MA1-014	1:500
Pax6	Rabbit	Thermo Fisher	MA1-109	1:100
GFAP	Rabbit	Abcam	ab7260	1:1000
MAP2	Chicken	Novus Biologicals	NB300-213	1:1000
CTIP2	Rat	Abcam	ab18465	1:800
Synapsin	Rabbit	Abcam	ab64581	1:200

Secondary antibody	Company	Catalogue number	Dilution
Alexa 488- Goat α-Rabbit IgG	Life Technology	A11034	1:300
Alexa 568- Goat α-Chicken IgG	Life Technology	A11041	1:300
Alexa 488-Goat α-Rat IgG	Life Technology	A11006	1:300
Alexa 568- Goat α-Mouse IgG	Life Technology	A11004	1:300

RNA isolation, cDNA synthesis and Real-Time Quantitative PCR: The total RNA was extracted from HEK293T cells or mature neuronal cultures, in multiple biological replicates

using TRIzol (Ambion, Life Technologies) following manufacturer's protocol and thereby,

quantified via Nanodrop 1000 spectrophotometer (Thermo Fisher Scientific). For cDNA

synthesis, 1 μg of the RNA from each replicate was treated with DNase I (amplification grade,

Thermo Fisher Scientific) and then incubated with Superscript II reverse transcriptase

(Invitrogen) along with random hexamers and dNTPs. A no reverse transcription control

sample was also included for each sample. Real-Time Quantitative PCR analysis was

performed on an Applied Biosystems 7500 fast qPCR system using diluted cDNA samples

and primers against genes of interest and GAPDH as internal controls. The C_t values obtained

for different genes were normalized to those of GAPDH from the same sample. The relative

expression levels were calculated using ΔC_t method, whereas the fold change was calculated

using $\Delta\Delta C_t$ method. The primers used for qRT-PCR are listed in the Supplementary Table 2.

LCMS based PIP and PIP$_2$ measurements: To validate whether the PH-PLCδ-GFP probe

based imaging of PIP$_2$ in the HEK293T cells reflected the changes in PIP$_2$ level, mass

spectrometry measurements of PIP$_2$ from the cells was carried out following existing lab

protocols (Sharma et al., 2019). Reverse phase liquid chromatography was coupled with high

sensitivity mass spectrometry (LCMS) and a Multiple Reaction Monitoring (MRM) method was

employed to detect PIP$_2$ levels from the whole cells.

Lipid extraction—Equal number of cells from a single well of a 12 well plate (counted by a

haemocytometer while seeding) were pelleted and then gently resuspended into 170 μl of 1X

PBS in a 2 ml low-bind polypropylene centrifuge tube. To this, 750 μl of ice-cold quench

mixture (MeOH/CHCl$_3$/1M HCl in the volumetric ratio of 484/242/23.55), followed by 15 μl of a

pre-mixed ISD (Internal Standard) mixture containing 25 ng of 37:4 PIP [**PI 4P 17:0/20:4 (LM-**

1901)], 25 ng of 37:4 PIP$_2$ [**PI 4,5P$_2$ 17:0/20:4 (LM-1904)]** and 50 ng of 31:1

Phosphatidylethanolamine [**PE 17:0/14:1 (LM-1104)]** was added (All the lipid standards were

procured from Avanti Lipids). For Carbamoylcholine chloride mediated PLC activation, cells

were suspended in 85 μl of 1XPBS and then 85 μl of 20 μM Carbamoylcholine chloride (made

in PBS) (final concentration – 10 μM) was added for 1 min at 37°C in shaking conditions. For

the regeneration of PIP$_2$ post PLC mediated hydrolysis, 1 ml of ice-cold PBS was added to

dilute the agonist Carbamoylcholine chloride and stop the stimulation. Cells were pelleted and

washed and then resuspended in pre-warmed buffer (37°C) and kept for 15 mins for recovery

(time given for regeneration of PIP$_2$). Post 15 mins of incubation, cells were pelleted and then

resuspended in 170 μl of PBS, to which 750 μl of quench mixture and 15 μl of a pre-mixed

ISD were added as stated previously. The mixture was vortexed and 725 μl of CHCl$_3$ and 170

μl of 2.4 M HCl were added. After vortexing again for 2 min at 1500 rpm, the phases were

separated by centrifugation for 3 min at 1500 g. The lower organic phase was then collected

and added to fresh tubes containing 708 µl of Lower Phase Wash Solution (LPWS; MeOH/1M
HCl/CHCl$_3$ in the volumetric ratio of 235/245/15). The tubes were then vortexed and spun at
1500 rpm again for 3 min to separate the phases. The resultant lower organic phase was
collected into a fresh tube and subjected to the Derivatization reaction.

Derivatization of Lipids— 50 µl of 2M TMS-Diazomethane was added to the collected organic
phase (TMS-Diazomethane is toxic and is to be used with utmost precautions and following
safety guidelines). The reaction was allowed for 10 min at 600 rpm at room temperature, post
which 10 µl of Glacial acetic acid was added to quench the reaction. 500 µl of Post
Derivatization Wash Solution (PDWS- CHCl$_3$/MeOH/H$_2$O in the volumetric ratio of 24/12/9; the
upper phase was used) was then added to the sample, vortexed and spun down at 1500 g for
3 min. The upper aqueous phase was discarded, and the wash step was repeated. To the
final organic phase, 45 µl MeOH and 5 µl H$_2$O was added, mixed, and spun down. The
samples were then dried in a SpeedVac at 400 rpm for 150 mins under vacuum and 90 µl of
MeOH was added to reconstitute the sample to a final volume of about 100µl.

Chromatography and Mass spectrometry—The chromatographic separation was performed
on an Acquity UPLC BEH300 C4 column (100 X 1.0 mm; 1.7 µm particle size - Waters
Corporation, USA) using a Waters Aquity UPLC system connected to an ABSCIEX 6500
QTRAP mass spectrometer for ion detection. All the samples were injected in duplicates and
the flow rate was set to 100 µl /min. Solvent gradients were set, starting from 55% Solvent A
(Water + 0.1% Formic Acid)- 45% Solvent B (Acetonitrile + 0.1% Formic acid) from 0-5 min;
then 45% B to 100% B from 5-10 min; 100% B was held from 10-15 min; between 15-16 min,
100% B was lowered to 45% B and held there till 20th min to re-equilibrate the column.
On the mass spectrometer, Neutral Loss Scans was employed during pilot standardization
experiments on biological samples to identify the parent ions that would lose neutral fragments
corresponding to 490 a.m.u and 382 a.m.u- these were indicative of PIP$_2$ and PIP species
respectively and likewise 155 a.m.u for PE species (Sharma et al., 2019). Thereafter, we
quantified PIP, PIP$_2$ and PE species in biological samples using the selective Multiple
Reaction Monitoring (MRM) method in the positive ion mode. Area under the peaks was
calculated via the Sciex MultiQuant software. For each (run, area under the peak for each
species of PIP$_2$, PIP and PE was normalized to PIP$_2$, PIP and PE internal standard peak
respectively. Thereafter, the sum of normalized areas for all the species of PIP$_2$ or PIP was
taken and divided by the sum of normalized areas for all the species of PE in each of the
biological samples to account for differences in total phospholipid extracted across samples.
The MRM mass pairs used for PIP, PIP$_2$ and PE species identification and quantification are
listed below:

Q1 Mass (Da)	Q3 Mass (Da)	Dwell time (msec)	ID	DP (volts)	EP (volts)	CE (volts)	CXP (volts)
1041.5	551.5	35	32_0 PIP2	60	11	37	15
1039.5	549.5	35	32_1 PIP2	60	11	37	15
1069.5	579.5	35	34_0 PIP2	60	11	37	15
1067.5	577.5	35	34_1 PIP2	60	11	37	15
1065.5	575.5	35	34_2 PIP2	60	11	37	15
1103.5	613.5	35	37_4 PIP2	60	11	37	15
995.5	613.5	35	37_4 PIP	140	12	29	12
1097.5	607.5	35	36_0 PIP2	60	11	37	15
1095.5	605.5	35	36_1 PIP2	60	11	37	15
1093.5	603.5	35	36_2 PIP2	60	11	37	15
1091.5	601.5	35	36_3 PIP2	60	11	37	15
1089.5	599.5	35	36_4 PIP2	60	11	37	15
1125.5	635.5	35	38_0 PIP2	60	11	37	15
1123.5	633.5	35	38_1 PIP2	60	11	37	15
1121.5	631.5	35	38_2 PIP2	60	11	37	15
1119.5	629.5	35	38_3 PIP2	60	11	37	15
1117.5	627.5	35	38_4 PIP2	60	11	37	15
1115.5	625.5	35	38_5 PIP2	60	11	37	15
933.5	551.5	35	32_0 PIP	140	12	29	12
931.5	549.5	35	32_1 PIP	140	12	29	12
961.5	579.5	35	34_0 PIP	140	12	29	12
959.5	577.5	35	34_1 PIP	140	12	29	12
957.5	575.5	35	34_2 PIP	140	12	29	12
989.5	607.5	35	36_0 PIP	140	12	29	12
987.5	605.5	35	36_1 PIP	140	12	29	12
985.5	603.5	35	36_2 PIP	140	12	29	12
983.5	601.5	35	36_3 PIP	140	12	29	12
981.5	599.5	35	36_4 PIP	140	12	29	12
1017.5	635.5	35	38_0 PIP	140	12	29	12
1015.5	633.5	35	38_1 PIP	140	12	29	12
1013.5	631.5	35	38_2 PIP	140	12	29	12
1011.5	629.5	35	38_3 PIP	140	12	29	12

1009.5	627.5	35	38_4 PIP	140	12	29	12
1007.5	625.5	35	38_5 PIP	140	12	29	12
706.5	551.5	35	PE 32_0	140	12	29	12
704.5	549.5	35	PE 32_1	140	12	29	12
734.5	579.5	35	PE 34_0	140	12	29	12
732.5	577.5	35	PE 34_1	140	12	29	12
730.5	575.5	35	PE 34_2	140	12	29	12
762.5	607.5	35	PE 36_0	140	12	29	12
760.5	605.5	35	PE 36_1	140	12	29	12
758.5	603.5	35	PE 36_2	140	12	29	12
756.5	601.5	35	PE 36_3	140	12	29	12
754.5	599.5	35	PE 36_4	140	12	29	12
790.5	635.5	35	PE 38_0	140	12	29	12
788.5	633.5	35	PE 38_1	140	12	29	12
786.5	631.5	35	PE 38_2	140	12	29	12
784.5	629.5	35	PE 38_3	140	12	29	12
782.5	627.5	35	PE 38_4	140	12	29	12
780.5	625.5	35	PE 38_5	140	12	29	12
690.5	535.5	65	PE(31:1)	140	12	29	12

The other mass spectrometer parameters were:

ESI voltage: +5100-5200 V; Source Temperature: 300 C, Curtain Gas (CUR): 35-37, Ion

Source Gas 1 (GS1):15-20, Ion Source Gas 2 (GS2): 15-20.

RNA sequencing and transcriptomic analysis: RNA extracted from mature neurons (45DIV

with and without Li treatment) and mature neurons (DIV45 with and without CHIR99021

treatment) as mentioned above was submitted for paired-end sequencing. Quality check and

sequencing was carried out at the NCBS Sanger sequencing facility using Illumina Hiseq 2500

system.   Single stranded RNA sequencing libraries were prepared for sequencing using

NEBNext® Ultra™ II Directional RNA Library Prep with Sample Purification Beads (Catalog

no-E7765L). Paired-end reads, (125 base pair for each neuronal sample and 100 base pair

for each NSC samples) was obtained after sequencing. Post adapter trimming, FastQC was

used to check the quality of reads. The reads were then aligned to human genome (GRCh38)

using hisat2-build and hisat2-align module. The module for single strand sequencing was used

in the Hisat-2 protocol. The output generated in the bam format, was further used to obtain

the counts of each of the individual gene using HT-Seq pipeline. The differential expression of

genes was then calculated using DeSeq2. GO annotation analysis was done using the DAVID

tool.

Sampling and statistical analysis: Each experiment was performed unblinded on different

biological groups with multiple biological replicates. No statistical analysis was done a priori to

determine the sample sizes. For the calcium imaging experiments, quantification was from a

minimum of 100 cells for all genotypes from multiple dishes of each type. For the PIP_2 probe

experiments, approximately 50 cells were taken for the quantitative analysis. Statistical

significance was computed using Student's unpaired t-test to check for differences in means

between samples of different genotypes. Two-way ANOVA with post hoc Tukey's pairwise

comparison was used for the grouped analysis. All statistical analyses were performed on

Graph Pad Prism (version 9) and schematic representations were created with biorender.com.

Results

An *in vivo* model system to study the impact of Li on PLC induced PIP_2 turnover.

To study the turnover of PIP_2 following receptor activated Phospholipase C (PLC) turnover,

we created a cell line which heterologously expressed two components. To stimulate high

levels of PLC activity, we expressed the human Muscarinic acetylcholine receptor (m1AchR)

encoded by the gene *CHRM1*; previous studies have shown that activation of heterologously

expressed m1AchR results in high rates of PIP_2 hydrolysis leading to IP_3 production (Parker

et al., 1991; Raghu et al., 1997). To monitor the levels of PIP_2 at the plasma membrane we

expressed the PH-domain of PLC-δ fused to green fluorescent protein (PH-PLCδ::GFP). This

probe binds to PIP_2 and in imaging experiments; its relative distribution between the plasma

membrane and the cytosol has been used by us and others to monitor plasma membrane

PIP_2 levels (Chakrabarti et al., 2015; Várnai and Balla, 1998). A cell line expressing both

m1AchR and PH-PLCδ::GFP can therefore be used to stimulate PLC and monitor the turnover

of PIP_2 at the plasma membrane. We generated stable HEK293T cell lines expressing

m1AchR (control-M1) and PH-PLCδ::GFP was transiently expressed in those cells (Fig 1B);

when stimulated with the m1AchR agonist Carbamoylcholine (carbachol: Cch), the levels of

PH-PLCδ::GFP at the plasma membrane drop following which they gradually recover back

towards pre-stimulation levels (Fig 1C). The changes in plasma membrane PIP_2 was

quantified as the ratio of fluorescence intensity of the PH-PLCδ::GFP probe at the plasma

membrane to its fluorescence intensity in the underlying cytosol in the same part of the cell.

As a positive control for our assay to monitor PIP_2 regeneration following PLC activation, we

used shRNA to deplete Nir2; Nir2 (PITPNM1/RdgBαI) encodes for a phosphatidylinositol

transfer protein required for the resynthesis of PIP_2 following PLC stimulation (Chang and Liou,

2015; Kim et al., 2013; Kim et al., 2016). Under our experimental conditions, we found that

depletion of Nir2 in our HEK293T reporter line (Supp. Fig 1 A) resulted in a decreased rate in

the recovery of plasma membrane PIP_2 levels following stimulation with carbachol (Fig 1D, E).

To measure the effect of Li treatment on PIP_2 resynthesis, we incubated the reporter line with

1 mM Li; this concentration of LiCl was used in our experiments since the therapeutic range

for Li medication in BD patients was 0.75 to 1.5 mEq/L (Francis et al., 2004). Following Li

treatment, we stimulated the cells with carbachol and compared the dynamics of plasma

membrane PIP_2 levels with that in non-Li treated cells. We found that in Li treated cells the

rate with which PIP_2 levels at the plasma membrane recovered to pre-stimulation levels was

significantly slower than in untreated controls (Fig 1F, G). These findings strongly suggest that

treatment with Li results in a reduction in the rate of PIP_2 resynthesis following PLC stimulation.

In an alternative approach, we quantified total cellular PIP_2 mass using liquid chromatography

coupled with tandem mass spectrometry (LC-MS/MS) at three distinct time points-

corresponding to the basal state, one-minute post-stimulation of PLC via carbachol addition

(hydrolysis of PIP_2) state and post-stimulation (recovery of PIP_2) state. From these

experiments, the time for recovery of PIP_2 (to pre-stimulation levels) was standardized at 15

minutes post stimulation with carbachol (Fig 1H). Using these conditions, we compared the

total PIP_2 mass between untreated cells and those treated with Li. We found that the mass of

PIP_2 during the recovery phase was lower in Li treated cells compared to controls (Fig 1I);

likewise, the level of phosphatidylinositol phosphate (PIP) in Li treated cells was also lower

during the recovery phase (Fig 1J). Thus, Li treatment lowers the recovery of PIP and PIP_2

levels following PLC activation.

Chronic Li treatment reduces PLC dependent intracellular Ca^{2+} mobilization.

A key outcome of agonist triggered, PLC mediated PIP_2 hydrolysis is intracellular Ca^{2+}

signalling (Berridge, 2009). Since we noted a reduction in the turnover of PIP_2 following Li

treatment, we tested the impact of Li treatment on intracellular Ca^{2+} levels $[Ca^{2+}]_i$. Using the

control-M1 cell line, we monitored $[Ca^{2+}]_i$ under both resting conditions as well as stimulation

with carbachol, an agonist of m1AchR. Cells were incubated in 1 mM Li prior to the experiment:

basal $[Ca^{2+}]_i$ were no different between treated and untreated cells (Fig 2A). Stimulation of

untreated cells with carbachol evoked a rise in $[Ca^{2+}]_i$ which then decayed back to resting

levels (Fig 2B). In cells treated with Li, the carbachol induced rise in $[Ca^{2+}]_i$ was reduced

compared to that seen in untreated cells (Fig 2C). Receptor activated PLC mediated Ca^{2+}

signalling is a biphasic process with two components, an initial release of Ca^{2+} from intracellular stores followed by store-operated influx of Ca^{2+} into the cell from the extracellular medium (Prakriya and Lewis, 2015). We performed experiments to separately monitor each of these components. During the initial phase of the assay, carbachol stimulation was performed in the presence of zero extracellular Ca^{2+}, thus selectively monitoring release of Ca^{2+} from intracellular stores (Fig 2D, E). Following this, the extracellular solution was supplemented with Ca^{2+} and the influx of Ca^{2+} into the cytoplasm was monitored (Fig 2D, F). This analysis revealed that in Li treated cells both intracellular Ca^{2+} release (Fig 2E) as well as the subsequent store operated Ca^{2+} influx into cells (Fig 2F) was reduced compared to Li untreated controls. This reduction in receptor activated release of Ca^{2+} from intracellular stores was not due to a reduction in the size of intracellular Ca^{2+} stores as emptying of stores by the application of thapsigargin resulted in equivalent rises in $[Ca^{2+}]_i$ in Li treated cells and untreated controls (Fig 2G, H).

According to the "inositol depletion hypothesis" (Berridge et al., 1989), Li can restrict the available cytoplasmic inositol pool available for phosphatidylinositol (PI) (and thence PIP_2) resynthesis by inhibiting IMPase- thereby, lowering down the synthesis of the pool of PIP_2 that is required for PLC activity. This cytoplasmic inositol pool can also be replenished by transport of inositol from the extracellular medium via plasma membrane inositol transporters [summarized in (Balla, 2013)]. This implies that if a deficit in the available pool of cytosolic inositol is responsible for the attenuated calcium signalling in Li treated cells, this might be rescued by supplementation of the extracellular medium with inositol. We grew HEK293T cells in an inositol rich DMEM media (inositol concentration is ca. 28 mg/litre; which is similar to the inositol concentration in the cerebrospinal fluid (Nixon, 1955; Shetty et al., 1996; Swahn, 1985)). These cells were subjected to Li treatment and agonist induced Ca^{2+} influx was quantified. As controls in this experiment, we used Li treated control-M1 cells grown in DMEM not supplemented with inositol. As in previous experiments, we found that when cells were grown in DMEM, Li treatment resulted in a reduction of agonist induced Ca^{2+} influx (Fig 2I, J). However, when cells grown in inositol supplemented DMEM were treated with Li, the Li induced reduction in Ca^{2+} influx was rescued compared to that seen in cells grown under equivalent Li treatment but in DMEM not supplemented with inositol (Fig 2I, J), compared to Li non-treated cells.

IMPA1 is required for agonist mediated calcium signalling and PIP_2 resynthesis.

IMPase, the enzyme that dephosphorylates inositol monophosphate to generate myo-inositol has been proposed as a direct target of the action of Li, inhibiting its activity (Hallcher and

Sherman, 1980; Saudek, 1996). There are two genes encoding IMPase in the human genome
IMPA1 and *IMPA2* of which *IMPA1* is the predominant isoform expressed in HEK293T cells.
To test the requirement of *IMPA1*, we generated a HEK293T cell line in which *IMPA1* was
deleted by CRISPR/Cas9 genome editing (Supp. Fig 3A); m1AchR was expressed in these
cells by lentiviral transduction; these cells will be denoted as IMPA1$^{-/-}$-M1. Western blot
analysis of IMPA1$^{-/-}$-M1 showed the complete absence of the IMPA1 protein (Fig 3A), IMPA2
transcript levels were not altered (Supp. Fig 3B) and the levels of m1AchR protein was
comparable between control-M1 cells and IMPA1$^{-/-}$-M1 cells (Supp. Fig 3C, D). We compared
the response of IMPA1$^{-/-}$-M1 cells to control-M1 cells. When stimulated with carbachol, IMPA1^{-}
$^{/-}$-M1 cells showed a reduced Ca^{2+} influx response that could be rescued by reconstitution of
the cells with the IMPA1 cDNA (Fig 3 A-C). Further analysis under conditions of zero
extracellular Ca^{2+} revealed that the release of Ca^{2+} from intracellular stores was reduced in in
IMPA1$^{-/-}$-M1 cells compared to control cells (Fig 3D, E) with an intact *IMPA1* gene. Lastly, we
found that following carbachol stimulation, the rate at which PIP$_2$ levels were restored at the
plasma membrane was slower in IMPA1$^{-/-}$-M1 and this could be rescued by reconstitution with
a wild type IMPA1 transgene (Fig 3F).

IMPA1 is required for the effect of Li on receptor activated Ca^{2+} influx and PIP$_2$
resynthesis.

We tested the effect of Li treatment on IMPA1$^{-/-}$-M1 compared to untreated IMPA1$^{-/-}$-M1 cells.
We analysed receptor activated Ca^{2+} influx, following Li treatment; this was not altered
compared to untreated IMPA1$^{-/-}$-M1 cells (Fig 3G, H); in the same experiment, treatment of
control-M1 cells with Li resulted in a big reduction in agonist activated Ca^{2+} influx. We also
analyzed the two phases of receptor activated Ca^{2+} influx and found that while release of
[Ca^{2+}]$_i$ from stores was not affected by Li treatment in IMPA$^{-/-}$-M1 cells, the reduction of SOCE
previously noted on Li treatment in control-M1 cells was still present (Fig 3I-K). We also found
that the rate of regeneration of PIP$_2$ at the plasma membrane was unchanged in IMPA1$^{-/-}$-M1
cells subjected to Li treatment, compared to untreated IMPA1$^{-/-}$-M1 cells (Fig 3L, Supp. Fig
3E). These observations suggest that the ability of Li to inhibit Ca^{2+} influx and slow PIP$_2$
resynthesis following PLC activation requires an intact IMPA1.

Li reduces excitability in human cortical neurons.

To test the relevance of our findings to human cortical neurons, changes in whose activity
presumably underlies the therapeutic effect of Li in bipolar disorder patients, we generated
human forebrain cortical neurons from induced pluripotent stem cells (iPSC) *in vitro* (Sharma
et al., 2020). We differentiated forebrain cortical neurons from neural stem cells (NSC) derived

from an Indian control iPSC line, D149 (Fig 4A) (Iyer et al., 2018). The generated NSCs expressed previously described markers characteristic of NSC such as Nestin, SOX1, SOX2 and PAX6 (Fig 4B) and when differentiated, expressed the neuronal marker MAP2; a proportion of cells in the culture expressed the glial marker GFAP (Fig 4C). When these NSCs were differentiated into cortical neurons, they exhibited spontaneous $[Ca^{2+}]_i$ elevations, referred to as transients, that increase as a function of age *in vitro* (Akhtar et al., 2022; Sharma et al., 2020). We measured somatic $[Ca^{2+}]_i$ transients from such neuronal cultures at 45 *days in vitro* (DIV 45) and quantified their frequency. We observed that the frequency of $[Ca^{2+}]_i$ transients was decreased following Li treatment (1 mM) for 10 days (Fig 4D, E). We also measured changes in $[Ca^{2+}]_i$ following stimulation with carbachol in DIV45 cortical neurons treated with Li. In our cultures carbachol stimulation results in a rise in $[Ca^{2+}]_i$ that peaks before gradually decaying towards the baseline; in Li treated cultures the peak of this response was reduced (Fig 4F, G). We also performed experiments to measure Ca^{2+} mobilization from internal stores; these revealed that carbachol activated release of Ca^{2+} in Li treated neurons was reduced compared to those that were untreated (Fig 4H-J). By contrast there was only a modest difference in thapsigargin mediated rise in $[Ca^{2+}]_i$ between Li treated and untreated cortical neurons (Supp. Fig 4A-C). These observations suggest that both neuronal excitability as well as PLC mediated Ca^{2+} signalling is attenuated in human cortical neurons following Li treatment.

Inhibition of GSK-3β does not phenocopy the effect of Li on human cortical neurons

It has been proposed that the inhibition of GSK-3β by Li underlies its therapeutic effects in BPAD. To test this hypothesis, we treated HEK293T cells with the well-established pharmacological inhibitor of this enzyme- CHIR99021(An et al., 2014). Treatment of control-M1 cells with 10μM CHIR99021 for 24 hrs resulted in a robust elevation of β-catenin levels indicating potent inhibition of GSK-3β under these conditions (Fig 5A). Under these conditions, we found that GSK-3β inhibition did not result in reduced agonist induced Ca^{2+} influx (Fig 5B, C). Likewise, in human iPSC derived forebrain cortical neurons, the frequency of spontaneous Ca^{2+} transients (Fig 5D, E) and carbachol activated Ca^{2+} influx was not altered by GSK-3β inhibition (Fig 5F, G). Lastly, following PLC activation and PIP_2 depletion, the rate at which PIP_2 levels at the plasma membrane were restored was not impacted by treatment of cells with the GSK-3β inhibitor (Fig 5H).

Li treatment induces transcriptional changes in pathways involved in neuronal excitability.

To understand the molecular mechanisms underlying the reduced excitability following Li treatment in human iPSC derived cortical neurons, we performed a transcriptomic analysis comparing untreated DIV45 neurons with Li treated DIV45 neurons (Fig 6A). Differentially expressed genes were obtained using DeSeq2; a cut-off of $\log_2$FC change greater than 0.2 was used along with a p-value and FDR significance at less than 0.05 were considered. Using these criteria, 335 upregulated and 361 downregulated genes were obtained (Supplementary Table 1 S1, S2). Gene Ontology (GO) analysis of the KEGG pathway showed substantial enrichment for genes annotated as being involved in calcium signalling or in glutamatergic synapse (Supplementary Table 1 S3). In addition, GO KEGG analysis of the downregulated gene set also showed enrichment for several other categories of neurotransmission and neuromodulation related pathways (cholinergic, GABAergic, dopaminergic, glutamatergic and serotonergic) (Supplementary Table 1 S2) (Fig 6B).

Since GO analysis revealed an enrichment in Ca^{2+} signalling genes, we analysed molecular mechanisms through which Li might downregulate neuronal Ca signalling and hence excitability. There are multiple molecular mechanisms by which neuronal calcium signalling is modulated (Berridge, 1998) including voltage gated Ca channels and receptor activated Ca signalling, a mechanism used by several neurotransmitters and neuromodulators. Using the transcriptomic data, we tested the likely contribution of each of these mechanisms to the effects of Li in our model system. Physiological and pharmacological evidence suggests that the $[Ca^{2+}]_i$ transients seen during neuronal development arise from the activity of voltage gated calcium channels (VGCC) (Rosenberg and Spitzer, 2011) and this also seems to underlie the $[Ca^{2+}]_i$ transients seen in our experiments when human iPSC are differentiated into cortical neurons (Sharma et al., 2020)[this study]. To understand the mechanism by which Li could reduce the frequency of $[Ca^{2+}]_i$ transients we studied the expression of genes encoding VGCC. Our transcriptomic analysis suggested that expression of genes encoding several subunits of VGCC might be downregulated (Supplementary Table 1 S3). We experimentally tested the expression of genes for *CACNA1A, CACNA1B, CACNA1C, CAC1A1D* and *CACN1A1E* by qRT-PCR analysis; this showed that the expression of CACNA1A,B,C,D were all downregulated in Li treated DIV45 neurons compared to controls (Fig 6C) whereas CACNA1E was unchanged. In the same analysis, there was no downregulation in transcripts for *SCN1A (Nav1.1)* or *SCN9A (Nav7.1)* that encode the brain enriched, α-subunit of voltage gated sodium channels, involved in plasma membrane depolarization that trigger VGCC dependent $[Ca^{2+}]_i$ transients (Fig 6C).

Glutamate is a key excitatory neurotransmitter in the human central nervous system, exerting its effects through both metabotropic and ionotropic mechanisms (Reiner and Levitz, 2018) and changes in $[Ca^{2+}]_i$ is a key mechanism in glutamate signalling in the human brain. Our qRT-PCR analysis of genes encoding key components in the glutamate signalling system in Li treated neurons revealed that transcript levels for metabotropic glutamate receptors (*GRM1, GRM3, GRM5, GRM7*) and the ionotropic glutamate receptors (*GRIA1, GRIA2, GRIN1, GRIN2A, GRIN2B*) were downregulated (Fig 6D).

Many neurotransmitters and modulators transduce signal via G-protein coupled, PLC mediated store-operated Ca^{2+} influx (Moccia et al., 2015). Key molecular components of this pathway include the IP_3 receptor, ER Ca^{2+} sensor STIM and the Ca influx channel ORAI; we found that transcript levels of *PLCb4, ITPR2, STIM1* and *ORAI2* were all downregulated in Li treated neurons compared to controls (Fig 6E).

Li and GSK-3β inhibition induce distinct transcriptional responses

We also examined the transcriptional response of human iPSC derived forebrain cortical neurons to treatment with 10μM CHIR99021 for 24 hrs. RNA-seq analysis revealed large changes in gene expression with ca. 5000 genes each being up or downregulated (Supp. Fig 6C). GO analysis revealed a broad range of pathways including cardiomyopathy, amino acid metabolism, and extracellular matrix interactions (Fig 6F). Strikingly, there was no enrichment of pathways related to synaptic transmission or calcium signalling; the only brain related pathway that was enriched was axon guidance and the identity of the genes picked up suggested ECM function. We overlapped the set of genes up or downregulated in Li and GSK-3β inhibition transcriptomes to assess the extent of overlap between the two gene sets and found that both in the domain of up and downregulated genes (Fig 6G, H), there was at best a 3% overlap in terms of altered genes. These findings suggest that at the level of transcriptional changes, the mechanism of action of Li and GSK-3β is distinctive.

Mechanisms of Li induced transcriptional changes

To understand the mechanisms underlying Li induced transcriptome changes we analysed the likely transcriptional control mechanisms. For this we used the htFtarget database that has information on all human transcription factors (TFs) and the genes they control, tissue specific TF-target information, data on TFs for non-coding RNA and information on co-regulation for a target gene and its TFs (Zhang et al., 2020). TFs controlling genes differentially expressed in Li treated neurons (DIV 45) were identified from the htFtarget database. Out of 650 up

regulated genes in Li treated neurons, 587 were identified as associated with one or more TFs
in this database. Likewise, out of 525 downregulated genes, 333 genes were linked to a TF.
485 and 323 unique TFs were identified that control the upregulated and downregulated genes
respectively. We then further looked for transcription factors that control differentially
expressed genes that are involved in calcium signalling (Supp. Table1 S3) (Supp. Fig 6A). Of
the upregulated genes, only RYR receptor was associated with three different transcription
factors (CTCF, SPI1 and USF1) that could control its expression. On the other hand, several
genes involved in calcium signalling that were downregulated were controlled by transcription
factors. Expression of *CACNA1C, CACNA1D, CAMK2B, CAMK4, CHRM3, GRIN1, ITPR2,*
RYR3, SCN9A and *SLC2A13* genes is regulated by transcription factors. Of these *ITPR2* and
CAMK2B are regulated by 10 different TFs, while *CACNA1D, CHRM3, RYR3, SCN9A and*
SLC2A13 are regulated by single transcription factor (Supp. Fig 6B). This suggests that some
of the genes that are differentially expressed in Li treated neurons are under transcriptional
control which can be a direct or indirect effect of Li treatment.
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709 ## Discussion

710 Although Li is a monovalent ion with a remarkable therapeutic effect in the management of
711 BPAD, there has been a lack of clear understanding on the mechanisms of action of Li in brain
712 cells. Although many molecular targets of Li have been described in the literature, their role in
713 mediating the action of Li in human brain cells has not been directly tested.
714

One of the earliest cellular effects described for Li was its ability to slow phosphoinositide
turnover in neural cells (Berridge et al., 1982) and it has been proposed that the consequent
slowing of neurotransmitter activated neuronal excitability may underlie the effectiveness of
the compound in managing BPAD. Since Li inhibits the enzyme IMPA1, one long-standing
proposal is that the application of Li to cells disrupts the receptor activated PIP_2 cycle and its
downstream effect on $[Ca^{2+}]_i$ signalling leading to reduced neuronal excitability. However,
there has not been a direct test of the model that the ability of Li to modulate inositol turnover
and $[Ca^{2+}]_i$ signalling *in vivo* requires the *IMPA1* gene product. In this study, we found that in
the application of Li to human cells reduced $[Ca^{2+}]_i$ signalling following PLC activation. We find
that this is underpinned by a reduction in the release of Ca^{2+} from intracellular stores. During
PLC activation, the principal mechanism by which Ca^{2+} is released is via the IP_3 receptor;
however, we found that neither the transcript levels for this gene (Supp. Fig 2C) nor the size
of stores itself was altered by Li treatment (Fig 2G, H). Thus, it seems most likely that Li
treatment affects IP_3 receptor mediated Ca^{2+} release by altering IP_3 production during receptor

mediated PLC stimulation, a process that requires adequate levels of the substrate for PLC, PIP_2. Our finding that Li treatment slows synthesis of PIP_2, the substrate from which PLC produces IP_3 likely provides an explanation for the reduced intracellular Ca^{2+} release phenotype seen in Li treated cells following PLC stimulation.

If Li exerts its effects in neurons via inhibition of IMPA1, a prediction is that cells lacking IMPA1 might be unresponsive to Li. We generated a cell line in which IMPA1 was deleted and found that in the absence of IMPA1, Li was unable to exert its effects on both $[Ca^{2+}]_i$ signalling and PIP_2 resynthesis during receptor activated PLC signalling. These findings imply that an intact IMPA1 is required for the action of Li on these processes. Consistent with this idea, we noted that receptor activated $[Ca^{2+}]_i$ signalling (Fig 3D, E) and the rate of PIP_2 resynthesis (Fig 3F) following PLC activation was reduced in IMPA1$^{-/-}$ cells without Li treatment. Therefore, this study provides compelling evidence for the link between the inhibition of IMPA1 by Li leading to reduced PIP_2 synthesis and thence to reduced neurotransmitter activated, PLC mediated Ca^{2+} signalling. Although we generated IMPA1$^{-/-}$ NSC, we were unable to differentiate these into cortical neurons as NSC of this genotype undergo cell death soon after the initiation of differentiation. This finding is consistent with a previous report that stem cell lines from a human patient with an IMPA1 mutation could not be differentiated into cortical neurons (Figueiredo et al., 2021).

How does IMPA1 regulate PIP_2 synthesis and $[Ca^{2+}]_i$ signalling? IMPA1 dephosphorylates inositol 1-phosphate to generate inositol. Hence biological effects resulting from Li inhibition of IMPA1 could arise either from an accumulation of the substrate, inositol 1- phosphate or a deficiency of the product, inositol. Indeed, Li treatment in rodent models has shown both an elevation of inositol 1-phosphate levels as well as a modest reduction in inositol levels (Sade et al., 2016; Sherman et al., 1981). In our analysis, we found that the lowered $[Ca^{2+}]_i$ influx following receptor activation in human cells could be rescued by supplementation of the extracellular medium with inositol. This observation implies that the $[Ca^{2+}]_i$ signalling defect arising from Li inhibition of IMPA1 is likely to be a consequence of inositol depletion rather than an accumulation of the substrate inositol 1-phosphate. During the PLC activated PIP_2 cycle, inositol generated by the action of IMPA1 is condensed with cytidine diphosphate diacylglycerol to form phosphatidylinositol (Lykidis et al., 1997) which is then sequentially phosphorylated to generate PIP_2. In this study, we found that following PLC activation, the resynthesis of PIP_2 was also slowed by treatment of wild type cells with Li. This observation is consistent with our finding that PIP_2 resynthesis and $[Ca^{2+}]_i$ signalling were both reduced in IMPA1$^{-/-}$ cells. Together, our data provide compelling evidence that Li treatment results in inhibition of IMPA1, a depletion of the inositol pool required for PIP_2 resynthesis during PLC

signalling and hence reduced activity of neurons during neurotransmitter activated synaptic transmission.

An alternative and widely discussed molecular target of Li is GSK-3β. However, in this study, we found that in the hiPSC derived cortical neuron cultures, inhibition of GSK-3β did not phenocopy the physiological effects of Li treatment on neuronal excitability and PLC signalling. Further, RNA seq analysis revealed minimal overlap in the transcriptome changes induced by Li treatment and GSK-3β inhibition. Thus, it seems, in the hiPSC model system, Li is unlikely to influence neuronal excitability via GSK-3β inhibition.

When Li is used to treat BPAD in human patients, presumably it acts by reducing the excitability of neurons in the cerebral cortex. In this study, we tested the effect of Li treatment on the physiology of human forebrain cortical neuronal cultures differentiated from iPSC. Consistent with previous reports (Mertens et al., 2015), we found that treatment of human forebrain cortical neurons with therapeutically relevant concentrations of Li reduced the frequency of $[Ca^{2+}]_i$ transients that are underpinned by voltage gated Ca^{2+} channel (VGCC) activity (Sharma et al., 2020). Since acute application of Li does not affect $[Ca^{2+}]_i$ transients (Supp. Fig 4D,E), it seems unlikely that Li affects neuronal excitability by directly inhibiting the VGCC. However, VGCC mediated $[Ca^{2+}]_i$ transients are activated by neuronal action potentials which themselves are triggered following activation of post-synaptic G-protein coupled receptors that bind neurotransmitters. Several of these receptors (mGluR1, mGluR5, mAchR and 5HT-2A) when bound to their respective neurotransmitter ligand, use PLC activation as part of their signalling mechanism. Thus, Li could influence neuronal excitability by modulating signalling through such PLC linked receptors. In support of this hypothesis, in this study we found that in human forebrain cortical neurons, in addition to reducing $[Ca^{2+}]_i$ transients, Li application diminished the elevations of $[Ca^{2+}]_i$ triggered by application of the mAchR ligand carbachol (Fig 4F-I). Thus, a key mechanism by which Li modulates neuronal excitability may be through downregulation of neurotransmitter signalling of PLC linked GPCRs.

Given the extended timeframe over which Li exerts its therapeutic effect it has been proposed that in addition to directly impacting cellular biochemistry, transcriptional mechanisms may play a role in its biological effects. SOCE that occurs downstream of receptor activated PLC signalling has been shown to regulate transcription in neurons (reviewed in (Mitra and Hasan, 2022)). Our transcriptomic analysis of human forebrain cortical neurons revealed that Li treatment on a clinically relevant time and concentration range results in a large transcriptional response. Likewise, a comparison of Li induced differential gene expression (this study) to that elicited by genetic inhibition of SOCE (Dhanya and Hasan, 2021; Gopurappilly et al.,

2018) also revealed only a modest overlap of genes that were differentially regulated (Supp

Fig 4F, G). Therefore, it is likely that Li exerts transcriptional changes in neurons independent

of its effects on SOCE.

Our analysis of the Li induced transcriptome changes in human forebrain cortical neurons

however provide an insight into the mechanisms by which Li might mediate its effects both in

cultured forebrain cortical neurons and its clinical effects. We found that the levels of three of

the four subunits of VGCC were downregulated in Li treated cells and this could explain in part

the ability of Li to reduce $[Ca^{2+}]_i$ transients in forebrain cortical neurons in culture. A key feature

of mania in BPAD patients is heightened neural activity manifested behaviorally, EEG and

fMRI studies and presumably Li exerts its therapeutic effect through downregulating this neural

activity. Glutamate is the principle excitatory neurotransmitter in the brain and consistent with

this we found that transcripts for multiple glutamate receptor subtypes were downregulated in

forebrain cortical neurons treated with Li. These included multiple subunits of the

metabotropic, AMPA and NMDA subtypes of the glutamate receptor family. Downregulation

of these will likely contribute to reducing neural activity following Li treatment manifest clinically

as behavioral improvement. Overall, this study demonstrates that the effects of Li on neuronal

Ca^{2+} signalling are mediated through an IMPA dependent step and involves a large

transcriptional response that downregulates molecular processes that are required for

neuronal excitability. The link between Li and transcriptional responses are unclear although

studies in yeast have shown that treatment with Li is associated with changes in the

transcriptome that also includes changes in inositol biosynthesis.

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Conflict of Interest:

The authors declare no competing interests**.**

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Figure legends:

Figure 1: An *in vivo* model system to study the impact of Li on PLC induced PIP$_2$ turnover:

(A) The Phosphatidylinositol bisphosphate (PIP$_2$) cycle. (B) Schematic representation of an *in vivo* system elucidating the role of Nir2 and m1AchR in the PIP$_2$ cycle and the PH-PLCδ::GFP probe binding to the PIP$_2$ at the plasma membrane. (C) The PH-PLCδ::GFP probe translocates to the cytoplasm and back to the plasma membrane, corresponding to the hydrolysis and regeneration of PIP$_2$ respectively (control-M1; HEK293T cells expressing m1AchR). (D, E) Nir2 depletion leads to a delayed regeneration of PIP$_2$ at the plasma membrane. Changes in membrane localization of the PH-PLCδ::GFP probe after Cch stimulation (denoted by the ↑), are quantified via the fluorescence intensity ratio of the plasma membrane and the cytosol (PM/ Cyt) at various times. This ratio is normalized to the first time-point and the mean ± SD is plotted (from three experiments each performed in replicates) for control cells (orange line, n =33), and for cells treated with Nir2 shRNA (blue line, n =28). (F, G) Rate of regeneration of PIP$_2$ at the plasma membrane is shown for control-M1 cells (HEK293T cells expressing m1AchR) subjected to lithium treatment, compared to untreated cells. Mean ± SD is plotted from four experiments, each performed in replicates (untreated cells- orange line, n = 58; cells treated with Li- green line, n =53). [Scale Bar- 20 µM]. (H) Total PIP$_2$ levels recovered after various time intervals post stimulation with Cch. (I, J) Total PIP$_2$ and PIP levels using LCMS from whole cell lipid extract of untreated and lithium treated cells (n=6 for both). [Statistical test: (H) one-way ANOVA with post hoc Tukey's multiple pairwise comparisons. *p value < 0.05; **p value <0.01; ***p value < 0.001; ****p value < 0.0001 and (I, J) Multiple unpaired t test. *p value < 0.05; **p value <0.01; ***p value < 0.001].

Figure 2: Chronic Lithium treatment reduces PLC dependent intracellular Ca^{2+} mobilization:

(A) Basal [Ca^{2+}]$_i$, calculated in nM using Grynkiewicz equation, is unchanged in control-M1 cells due to lithium treatment (untreated cells- represented by orange, n = 133; cells treated with Li -represented by green line, n =156). (B-C) PLC dependent calcium mobilization is

decreased in lithium treated cells. Quantification is done from multiple experiments, each with replicates (untreated cells (orange), n =133; cells treated with Li (green), n =156). (D-F) In zero Ca^{2+} buffer, agonist dependent calcium mobilization is reduced, and subsequent Store Operated Calcium Entry (SOCE) is also decreased in lithium treated cells. Quantification: untreated cells (orange), n =145; cells treated with Li (green), n =146. (G-H) Intracellular store measured by Tg, is unaltered by lithium treatment. Quantification: untreated cells (orange), n =114; cells treated with Li (green), n =118. (I-J) Inositol supplementation reversed the lithium mediated decrease in intracellular Ca^{2+} release. Quantification: untreated cells (orange), n =98; cells treated with Li (green), n =114, cells treated with Li and high inositol (blue), n =104. [Statistical tests: (C, E, F) Student's unpaired t test. *p value < 0.05; **p value <0.01; ***p value < 0.001; ****p value < 0.0001 and (J) one-way ANOVA with post hoc Tukey's multiple pairwise comparisons. *p value < 0.05; **p value <0.01; ***p value < 0.001; ****p value < 0.0001].

Figure 3: IMPA1 is required for the effect of Li on PIP_2 resynthesis and agonist mediated Ca^{2+} signalling:

(A) Western blot showing IMPA1 expression in IMPA1$^{-/-}$ cells and IMPA1$^{-/-}$ cells transduced by *IMPA1* cDNA. (B, C) PLC dependent calcium mobilization is decreased in IMPA1$^{-/-}$ cells; *IMPA1* expression via lentiviral transduction of cDNA in HEK IMPA1$^{-/-}$ cells rescued the decreased intracellular Ca^{2+} release. Quantification: untreated HEK cells (orange), n =155; HEK IMPA1$^{-/-}$ cells (light blue), n =143; HEK IMPA1$^{-/-}$ cells + IMPA1 cDNA (dark blue), n =162. (D, E) In zero Ca^{2+} buffer, agonist dependent calcium mobilization is decreased in HEK IMPA1$^{-/-}$ cells, compared to HEK cells. Quantification: HEK cells (orange), n =121; HEK IMPA1$^{-/-}$ (blue), n =120. (F) PIP_2 turnover post PLC stimulation in HEK cells compared to HEK IMPA1$^{-/-}$ cells; *IMPA1* expression via lentiviral transduction of cDNA in HEK IMPA1$^{-/-}$ cells rescued the delay in PIP_2 turnover. Quantification: untreated HEK cells (orange), n =51; HEK IMPA1$^{-/-}$ cells (light blue), n =50; HEK IMPA1$^{-/-}$ cells + IMPA1 cDNA (dark blue), n =44. (G, H) Cch mediated calcium release in these IMPA1$^{-/-}$ cells is not altered by lithium. Quantification: untreated HEK cells (orange), n =126; HEK cells treated with Li (green), n =127, HEK IMPA1$^{-/-}$ cells without Li treatment (blue), n =132; HEK IMPA1$^{-/-}$ cells treated with Li (purple), n =112. (I-K) In zero Ca^{2+} buffer, agonist dependent calcium mobilization is unaltered, but subsequent Store Operated Calcium Entry (SOCE) is decreased in lithium treated IMPA1$^{-/-}$ cells. Quantification: HEK IMPA1$^{-/-}$ cells without Li treatment (blue), n =179; HEK IMPA1$^{-/-}$ cells treated with Li (purple), n =193. (L) Lithium does not alter the rate of regeneration of PIP_2 at the plasma membrane in the IMPA1$^{-/-}$ cells, as monitored by the changes in the translocation of the PH-PLCδ::GFP probe. Mean $\pm$ SD is plotted from four experiments, each performed in replicates (HEK IMPA1$^{-/-}$ cells without Li treatment- blue line, n =50; HEK IMPA1$^{-/-}$ cells treated with Li-

1067 purple line, n =47). [Statistical tests: (C, H) one-way ANOVA with post hoc Tukey's multiple

1068 pairwise comparison. *p value < 0.05; **p value <0.01; ***p value < 0.001; ****p value < 0.0001

1069 and (E, J, K) Student's unpaired t test . *p value < 0.05; **p value <0.01; ***p value < 0.001;

1070 ****p value < 0.0001].

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Figure 4: Lithium reduces excitability in human cortical neurons:

(A) Overview of expansion and differentiation process of the D149 lineage Neural Stem Cells (NSCs) and the cortical neurons. (B) Characterization of NSCs via immunocytochemistry of known markers like Nestin, Sox2, Sox1 and Pax6. (C) The mature cortical neurons are characterized via immunocytochemistry of markers like MAP2, CTIP2 and GFAP (Astrocytes marker) [Scale Bar – 25 µM]. (D) $[Ca^{2+}]_i$ traces from individual cells (soma; Y-axis shows ΔF and X-axis is time in seconds. The baseline was recorded for 270 secs followed by addition of 10 µM Tetrodotoxin (TTX) (as indicated by the arrows) to block Ca^{2+} transients. Transients are higher in frequency in the neuronal cultures without lithium treatment, compared to the treated cultures. The number of spikes/ 270 secs are counted from individual soma and plotted, each dot representing events from a single soma. (E) Data is plotted from multiple experiments, each done with biological replicates (untreated neurons (orange), n =114; neurons treated with Li (green), n =113). (F-G) Cch dependent calcium mobilization was decreased in lithium treated neuronal cultures (DIV 45). Quantification: untreated neurons (orange), n =97; neurons treated with Li (green), n =106. (H-J) Decrease in the Cch dependent calcium mobilization as well as in Store Operated Calcium Entry (SOCE) cells in lithium treated neuronal cultures (DIV 45). Quantification: untreated neurons (orange), n =154; neurons treated with Li (green), n =156.[Statistical tests: (E,G,I,J) Student's unpaired t test . *p value < 0.05; **p value <0.01; ***p value < 0.001; ****p value < 0.0001].

Figure 5: GSK-3β inhibition by CHIR99021 does not affect PLC mediated Ca^{2+} mobilization or PIP_2 turnover:

(A) Western blot showing CHIR99021 (an inhibitor of GSK-3β) treatment led to the high expression of β-Catenin, one of the targets of GSK-3β destruction complex. (B, C) Inhibition of GSK-3β by CHIR99021 did not alter agonist mediated Ca^{2+} release. Quantification: untreated cells (orange), n =116; cells treated with CHIR99021 (blue), n =118. (D) $[Ca^{2+}]_i$ traces from individual cells (DIV45 neurons) untreated or treated with CHIR99021 (soma; Y-axis shows ΔF and X-axis is time in seconds). The number of spikes/ 270 secs are counted from individual soma and plotted, each dot representing events from a single soma. (E) Quantification- untreated neurons (orange), n =55; neurons treated with CHIR99021 (blue), n =52. (F, G) Cch dependent calcium mobilization was unchanged in CHIR99021 treated neuronal cultures (DIV45). Quantification: untreated neurons (orange), n =76; neurons treated

with CHIR99021 (blue), n =74. (H) PIP$_2$ turnover post PLC stimulation in HEK cells treated with CHIR99021, compared to untreated cells (untreated cells- orange line, n =31, cells treated with CHIR99021- blue line, n =34). [Statistical tests: (B, C) Student's unpaired t test. *p value < 0.05; **p value <0.01 ***p value < 0.001; ****p value < 0.0001].

Figure 6- Lithium treatment induces transcriptional changes in pathways involved in neuronal transmission:

(A) Volcano plot showing expression of genes altered due to lithium treatment in human cortical neuronal cultures DIV45 (p value <0.05, p adj value <0.01). (B) The GO KEGG pathway enrichment analysis for downregulated genes. (C-E) Quantitative analysis showing several genes related to voltage calcium channels (C), Glutamatergic pathway (D) and calcium homeostasis (E), are downregulated in cortical neurons (DIV45) due to lithium treatment. (F) The GO KEGG pathway enrichment analysis for downregulated genes due to CHIR99021 treatment. (G,H) Distribution of the number of upregulated and downregulated genes in neuronal cultures (DIV45) due to Li treatment and CHIR99021 treatment. [Statistical tests: (C, D, E) Multiple unpaired t test. *p value < 0.05; **p value <0.01; ***p value < 0.001].

Supplementary Table legends:

Supplementary Table 1:

Sheet S1: List of upregulated genes in Li treated neurons DIV45.

The table shows Gene ID (ENSEMBL ID), Gene names, base Mean, log2 fold change, p value, p adjusted value and gene description (as derived from Deseq2 analysis).

Sheet S2: List of downregulated genes in Li treated neurons DIV45.

The table shows Gene ID (ENSEMBL ID), Gene names, base Mean, log2 fold change, p value, p adjusted value and gene description (as derived from Deseq2 analysis).

Sheet S3: List of genes involved in calcium signalling.

The table shows Gene ID (ENSEMBL ID), Gene names, base Mean, log2 fold change, p value, p adjusted value and gene description (as derived from Deseq2 analysis).

Sheet S4: GO pathway analysis for the upregulated genes in Li treated neurons DIV45.
The table shows GO-Category, GO-Term, Count, Percentage of genes, p value, Gene Ids (ENSEMBL IDs), Fold Enrichment and its significance (as derived from DAVID GO analysis).

Sheet S5: GO pathway analysis for the downregulated genes in Li treated neurons DIV45.

1137 The table shows GO-Category, GO-Term, Count, Percentage of genes, p value, Gene Ids

1138 (ENSEMBL IDs), Fold Enrichment and its significance (as derived from DAVID GO analysis).

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1140 **Supplementary Table 2:**

1141 List of primers used for qRT-PCR.

1142 The table shows the gene names and the primer sequence in 5' to 3' orientation.

1143

Saha Figure 1

Saha Figure 2

Saha Figure 3

Saha Figure 4

Saha Figure 5

Saha Figure 6