Illusion of illusion: A spatial-attentional mechanism underlies action-related distortions of time perception

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Abstract

Temporal binding has been understood as an illusion of timing perception. When an action triggers an outcome (e.g. a sound) after a brief delay, the action is perceived to occur later than if the outcome does not occur, and the outcome is perceived to occur earlier than a similar outcome not caused by an action. We show here that an attention mechanism can explain the seeming illusion of timing perception. In one method, participants watch a rotating clock hand and report event times by noting the clock hand position when the event occurs. We find that visual attention is critically involved in shaping event time reports made in this way. This occurs because action and outcome events result in shifts of attention around the clock rim, biasing the perceived the location of the clock hand. Using a probe detection task to measure attention, we further show a difference in attention distribution between a single-event condition (sound only or action only) and a two-event agency condition (action plus sound). Participants accordingly report that they perceive the same event (the sound or the action) at different times in the two conditions: spatial attentional shifts masquerading as temporal binding. Studies that use time perception as an implicit marker of voluntary agency should first discount the artefactual changes in perceived event timing that actually reflect differences in spatial attention. The study also has important implications for related results in mental chronometry obtained with the clock-like method since Wundt, as attention may well be a critical confounding factor in the interpretation of these studies.

Keywords: Action; Attention; Temporal binding; Intentional binding; Sense of agency

Introduction

Our own actions influence perception profoundly (Rolfs & Schweitzer, 2022). For example, we can barely tickle ourselves, whereas the same tactile stimulation produced by someone else or by an object can be pretty ticklish (Blakemore et al., 1998; Weiskrantz et al., 1971). In the domain of temporal perception, Haggard and colleagues reported an illusion of temporal attraction between an action and a slightly delayed sensory event, known as temporal binding (or intentional binding). Temporal binding is comprised of action binding (i.e. the action being perceived as occurring later) and outcome binding (i.e. the sensory event being perceived as occurring earlier), with outcome binding having a much bigger effect size (Haggard et al., 2002; Wolpe et al., 2013). Over the two past decades, the temporal binding effect has attracted cross-disciplinary attention with regards to its cognitive/neural mechanisms and the potential applications especially with its widespread use as an implicit measure of sense of agency (Antusch et al., 2021; Buehner & Humphreys, 2009; Dogge et al., 2012; Haggard, 2017; Kirsch et al., 2019; Legaspi & Toyoizumi, 2019; Moore & Obhi, 2012).

However, the impact of visuospatial attention has been heavily overlooked when considering the measurement of timing perception with the widely used Libet clock method (Libet et al., 1983; Wundt, 1874). In the standard testing procedure (e.g. Haggard et al., 2002), an event was presented (e.g. a keypress or a sound) while participants watched a clock face with a rapid rotating clock hand. Participants should indicate the event time by reporting where the clock hand was positioned at the event onset. This essentially transforms a timing task to a spatial localisation task. It is well-know that attention plays an important role in spatial localisation (Fortenbaugh & Robertson, 2011; Tse et al., 2011; Visser & Enns, 2001; Zhou et al., 2017). When the location of an object is ambiguous, participants tend to localise the object to the place where attention is directed to (Adam et al., 2008; Binda et al., 2009;

Kirsch, 2015). This is particularly relevant to the temporal binding measured with Libet clock

method, as the fast rotating clock hand makes the location report a challenging task (Haggard

& Cole, 2007).

Outcome binding is usually obtained by comparing an Action Sound (AS) condition and a

Sound Only (SO) condition. In both conditions, participants report where the clock hand

pointed to at the time of sound play. The reported time is earlier in the AS condition than in

the SO condition (Figure 1a). Suppose that the clock hand is positioned at 12 o'clock when

Figure 1 The attention hypothesis of temporal binding. (a) Attention in outcome binding. The
distribution of attention around the clock rim, at the time close to the event requiring a timing
report, receives modulation from both action and action outcome. When the sound time is
reported, attention increases only after the onset of the sound in the sound only condition. In
the action sound condition, attention is activated prior to the sound onset due to action. The
difference in the attention distribution between the two conditions can lead to the difference
in the reported clock hand position at the time of sound onset (i.e. outcome binding). (b)
Attention in action binding. When the action time is reported, the sound in the action sound
condition is an extra cue for attention activation compared to the action only condition.
Therefore, there is more attention in the action sound condition than the action only condition
at the clock hand positions after the sound play time, leading to a later reported clock hand
position in the action sound time (i.e. action binding). Please refer to the text for detailed
information. A stands for the actual clock hand position when the keypress is made, and A' is
the reported A from participants. S stands for the actual clock hand position when the sound
is played, and S' is the reported S from participants.

a sound is played (Figure 1a). In the SO condition, the sound is controlled by the computer.

Since the onset time of the sound is not known in advance, attention may accumulate towards

the clock rim only after the sound is played. Therefore, the level of attention resource is low

before the sound play but high after. In the AS condition, the sound is triggered by an action,

which is executed when the clock hand is at around 10 o'clock position (given a sound delay

of 250 ms and a revolution period of the clock hand for 1800 ms as employed in the current

study). Previous research has provided ample evidence that action modulates the distribution

of attention according to the action goal (Deubel & Schneider, 1996; Rolfs et al., 2011;

Tipper et al., 1998). For example, when reaching towards a target, visual attention was shown

to be drawn towards the target before the onset of the reaching action (Baldauf & Deubel,

2010; Deubel et al., 1998; Eimer et al., 2006; Rolfs et al., 2013). The keypress in the Libet

clock method can be successfully performed rather easily without considering the

information of a target. However, the timing report task requires the identification of the

clock hand position around the time of the keypress. Conceivably, the task goal (i.e. reporting

the clock hand position) may be associated with an attention shift towards the clock rim

similar to the attention shift to a target in a target reaching task. This attention shift should

result in a high level of attention resource before the sound onset in the AS condition (Figure

1a). The predicted attention difference between AS and SO conditions bears a striking

resemblance to the timing report difference between the two conditions. Due to the tight link

between attention and spatial localisation as noted earlier, an earlier attention activation in the

AS condition compared to the SO condition can lead to an earlier reported clock hand

position (i.e. outcome binding).

The attention hypothesis may also be extended to action binding (Figure 1b). Action binding

is obtained by comparing an AS condition and an Action Only (AO) condition. The reported

keypress time is later in the AS condition than in the AO condition. The only difference

between the two conditions is that no sound is played after a keypress in the AO condition.

The sound in the AS condition may have the effect as an extra source for attention attraction,

resulting in a higher level of attention resource after the keypress in the AS condition than in

the AO condition, which can lead to a later reported clock hand position at the keypress time

in the AS condition (i.e. action binding).

In a series of 4 experiments, we demonstrated distinct patterns of attention modulation

induced by action and sensory stimulation using the Libet clock method. Attention had a

strong and robust impact on the measure of timing perception, and as a result, on temporal

binding, suggesting a fundamental involvement of attention in temporal binding.

Results

An attention distribution shift in outcome binding

Participants reported the onset time of a sound using the Libet clock method (Figure 2).

During the experiment, participants were asked to watch the centre of the visual presentation.

A clear outcome binding effect was confirmed in Experiment 1 ($t(12) = -8.84$, $p < 0.001$, dz

$= -2.45$, one-tailed paired t-test; Figure 3a,c; no eye movements control). The reported time

was earlier when the sound was triggered by participants through a keypress (AS condition;

$M = -76.92$ ms, $95\%\ CI = [-103.67\ -50.18]$ ms) than when the sound was controlled by

computer (SO condition; $M = 35.00$ ms, $95\%\ CI = [7.99\ 62.01]$ ms). Crucially, the pattern of

visuospatial attention distribution around the time of the sound (the event being judged),

operationalised as the probe detection rate, was drastically different between the two

conditions (Figure 3b). In the SO condition, the detection rate was low before the sound play,

but high after the sound play. In the AS condition, the detection rate was high at the time of

keypress, gradually increased, and peaked just before the sound play. After the sound play,

the detection rate underwent a sharp decrease. The attention distribution difference was

confirmed by a significant interaction effect in a two-way (condition: AS vs. SO; probe

location: -50º, -30º, -10º, 10º, 30º, and 50º) within-participants ANOVA comparing the

detection rate ($F(5,60) = 8.94$, $p < 0.001$, $\eta_p^2 = 0.43$). The ANOVA also revealed a significant

main effect of probe location ($F(5,60) = 6.97$, $p = 0.001$, $\eta_p^2 = 0.37$). The main effect of

condition was not significant ($F(1,12) = 3.30$, $p = 0.094$, $\eta_p^2 = 0.22$).

To quantify the influence of attention on outcome binding, we calculated the predicted timing

report based on the attention distribution pattern for each condition. An attentional outcome

binding was then obtained by taking the difference of the predicted timing report between SO

and AS conditions, as similarly done for the actual outcome binding effect. There was a

significant attentional outcome binding effect ($M = 34.06$ ms, $t(12) = 3.12$, $p = 0.004$, one-

tailed one-sample t-test; Figure 3c).

Predicted timing report $= \sum_{k=-250}^{250} k \times (D_k / \sum_{k=-250}^{250} D_k)$

Attentional outcome binding = Predicted timing report in SO − Predicted timing report in AS

Figure 2 Trial structure in the AS condition. (a) Each trial started with the clock hand rotating
from a random angle. After at least 1000 ms, a voluntary keypress triggered a 250 ms delayed

sound. The clock hand continued rotating for another random period between 750 and 1250
ms after the sound play. In timing report trials, participants should move the clock hand back
to its position at sound play. In visual probe trials (all 6 probe locations illustrated) and catch
trials, participants reported if a visual probe was detected. The imaginary dotted white square
(not shown during the testing) illustrates the eye movement control area in Experiment 2
(eyes moving out of this area would lead to a trial abortion). In the SO condition, everything
was the same expect that no keypress was required. (b) A visual probe was presented in each
visual probe trial at one of 6 possible locations, which also corresponds to 6 different time
points. The position where the clock hand pointed to at the time of sound play was defined as
0° position (0 ms). -50° position (-250 ms) corresponds to the location where the clock hand
pointed to when a keypress was made in the AS condition. There were 3 probe locations
before 0° and 3 probe locations after 0°. Note that the visual probe was made salient only for
the purpose of illustration. SO: sound only condition; AS: action sound condition.

The above findings were replicated in Experiment 2 with a new group of 15 participants.

Experiment 2 was the same as Experiment 1 except that strict eye movements control was

applied. During the testing, the eye fixation of participants never exceeded the central area of

the clock face (ensured via an eye tracking device). Again, a clear outcome binding effect

was confirmed ($t(12) = -2.75$, $p = 0.009$, $dz = -0.76$, one-tailed paired t-test; Figure 3d,f). The

reported time was earlier in the AS condition ($M = -17.50$ ms, *95% CI* = [-73.33 38.33] ms)

than in the SO condition ($M = 81.73$ ms, *95% CI* = [31.48 131.98] ms). The pattern of visual

detection performance was almost identical to that found in Experiment 1. In the SO

condition, attention was low before the sound play, but high after. In the AS condition,

attention was high at the time of keypress, gradually increased to its peak just before the

sound play, and started to decrease after the sound play (Figure 3e). This demonstrates the

robustness of the attention modulation induced by action in the AS condition and by the

sound in the SO condition. The two-way (condition: AS vs. SO; probe

location: -50°, -30°, -10°, 10°, 30°, and 50°) within-participants ANOVA comparing the

detection rate confirmed a significant interaction effect ($F(5,60) = 5.29$, $p = 0.002$, $\eta_p^2 =$

0.31). The ANOVA also revealed a significant main effect of probe location ($F(5,60) = 6.06$,

$p = 0.002$, $\eta_p^2 = 0.34$) and a non-significant main effect of condition ($F(1,12) = 1.03$, $p =$

0.331, $\eta_p{}^2 = 0.08$). The attentional outcome binding effect was again significantly larger than

0 ($M = 26.95$ ms, $t(12) = 3.20$, $p = 0.004$, one-tailed one-sample t-test; Figure 3f).

Exp 1: Action sound vs. Sound only; no eye movement control

Exp 2: Action sound vs. Sound only; with eye movement control

Exp 3: Action sound vs. Vibration sound; with eye movement control

Exp 1, 2, 3 combined

Figure 3 Changed attention and its relevance to outcome. (a-c) Results from Experiment 1. a)
Individual reported sound time in each condition; b) Detection rate of visual probes as a

function of condition and probe location. Attention was activated by the keypress in AS
condition and by the sound in the SO condition (note that there was no keypress in the SO
condition). Bars represent ± 1 standard error. Asterisks indicate significant differences
between two conditions at the indicated probe location (false discovery rate adjusted over 6
comparisons); c) Box-plots of outcome binding and attentional outcome binding (i.e.
outcome binding predicted from the attention distribution pattern). (d-f) Results from
Experiment 2 with eye movements control. (g-i) Results from Experiment 3 with eye
movements control. An VS condition replaced the SO condition. (j) Scatter plot of the
correlation between attention distribution index and the reported time in AS condition, with
data from Experiment 1-3 combined. (k) Same as j but showing the relationship in the SO
and VS condition. (l) Scatter plot of the correlation between attention difference index and
outcome binding. AS: action sound condition; SO: sound only condition; VS: vibration sound
condition.

The attention distribution shift is functionally relevant to outcome binding

Experiment 1 and 2 demonstrated the existence of an attention effect in outcome binding.

Experiment 3 sought to demonstrate a functional relevance of the attention effect in outcome

binding. To this end, the SO condition was replaced with a VS condition, in which a

vibrotactile stimulation was applied to the finger 250 ms before the sound play (no keypress).

The vibrotactile stimulation had the same timing as the keypress in the AS condition. It

should have a similar effect on attention to the keypress in the AS condition, as it is a signal

predictive of the sound onset and the timing report task. If this is the case, the binding pattern

should vanish when comparing VS and AS conditions.

Another 15 participants were recruited for Experiment 3. Experiment 3 was similar to

Experiment 2, but a VS condition replaced the SO condition. Indeed, no binding was found

between VS and AS conditions ($t(12) = 0.68$, $p = 0.509$, $dz = 0.19$, two-tailed paired-sample

t-test; AS condition: $M = -53.46$ ms, 95% $CI = [-84.82\ -22.10]$ ms; VS condition: $M = -63.46$

ms, 95% $CI = [-107.80\ -19.12]$ ms; Figure 3g,i). The size of binding in Experiment 3 (as

calculated in Experiment 1 and 2) was smaller than in Experiment 1 ($t(24) = -6.29$, $p < 0.001$,

$ds = -2.47$, one-tailed unpaired t-test) and Experiment 2 ($t(24) = -2.80$, $p = 0.005$, $ds = -1.10$,

one-tailed unpaired t-test). The pattern to attention distribution also appeared similar between

VS and AS conditions. In both conditions, attention was high before the sound play, but low

after (Figure 3h). The two-way (condition: AS vs. VS; probe location: -50º, -30º, -10º, 10º,

30º, and 50º) within-participants ANOVA comparing the detection rate only revealed a

significant main effect of probe location ($F(5,60) = 9.04$, $p < 0.001$, $\eta_p^2 = 0.43$). The

interaction effect ($F(5,60) = 2.16$, $p = 0.102$, $\eta_p^2 = 0.15$) and the main effect of condition

($F(1,12) = 0.01$, $p = 0.922$, $\eta_p^2 = 0.001$) were not significant. Furthermore, the attentional

outcome binding effect was not statistically different from 0 ($M = -8.13$ ms, $t(12) = -1.59$, $p =$

0.137, two-tailed one-sample t-test; Figure 3i), but significantly smaller than the attentional

outcome binding in Experiment 1 ($t(24) = -3.50$, $p < 0.001$, $ds = -1.37$, one-tailed unpaired t-

test) and Experiment 2 ($t(24) = -3.56$, $p < 0.001$, $ds = -1.40$, one-tailed unpaired t-test).

Therefore, it seems to indicate that the outcome binding disappeared when attention was

controlled for.

Combining the data from the 3 experiments, we also found a tight link between the timing

report predicted from the attention distribution and the actual reported time. In the AS

condition, a significant positive correlation was found between the two variables ($r(32) =$

0.41, $p = 0.009$, one-tailed Spearman correlation, 5 outliers removed, Figure 3j; without

removing outliers: $r(37) = 0.42$, $p = 0.004$, one-tailed Spearman correlation). The same

correlation was also found in the SO condition (here we combined the SO condition from

Experiment 1 & 2 and the VS condition from Experiment 3) ($r(34) = 0.44$, $p = 0.004$, one-

tailed Spearman correlation, 3 outliers removed, Figure 3k; without removing outliers: $r(37)$

$= 0.48$, $p < 0.001$, one-tailed Spearman correlation).

Besides the correlation between attention distribution and the actual reported time in a single

condition, the outcome binding calculated according to the attention distribution difference

between SO and conditions (attentional outcome binding) also predicted the actual outcome

binding effect. Across participants, a significant correlation between the attentional outcome

binding and the actual outcome binding was found ($r(34) = 0.56$, $p < 0.001$, one-tailed

Spearman correlation, 3 outliers removed, Figure 3l; without removing outliers: $r(37) = 0.61$,

$p < 0.001$, one-tailed Spearman correlation). It is interesting to note that a linear regression

analysis taking the actual outcome binding as the response variable and the attentional

outcome binding as the predictor gave an intercept of 36.44 ms ($t(34) = 2.76$, $p = 0.009$, *95%*

CI = [9.61 63.26], 3 outliers removed; without removing outliers: intercept 39.07 ms, $t(37) =$

2.59, $p = 0.014$, *95% CI* = [8.53 69.61]). This 36.44 ms could be understood as the outcome

binding effect remaining after the attention measure in the current study was controlled for.

A similar attention mechanism in action binding

Attention might influence action binding because the action and the sound in the AS (action

sound) condition both can be salient cues for attention orientation. Whereas in the AO (action

only) condition, no sound was played after the action. Therefore, it is conceivable that the

attention resource right after the time of sound play should be higher in the AS condition than

in the AO condition, resulting in a larger attention distribution index in the AS condition than

in the AO condition (Figure 1b). Experiment 4 tested the idea of attention involvement in

action binding by measuring action binding and attention distribution at the same time as

similarly done with outcome binding (Figure 4a). The action binding effect was confirmed

($t(22) = -3.45$, $p = 0.001$, $dz = -0.72$, one-tailed paired t-test; Figure 4b,d). The reported

keypress time was later in the AS condition ($M = 102.28$ ms, *95% CI* = [86.06 118.50] ms)

than in the SO condition ($M = 78.37$ ms, *95% CI* = [58.91 97.83] ms). The general pattern of

attention distribution looks different to that found in the outcome binding task. Attention was

high right after the keypress in both AS and AO conditions and then underwent a sharp drop

(Figure 4c). This is probably due to the fact that the task here was to report the keypress time

rather than the sound time. Therefore, attention dropped quickly after the keypress execution.

Importantly, A two-way (condition: AS vs. AO; probe location: -50º, -40º, -30º, -20º, -10º,

0º, 10º, 20º, 30º, 40º and 50º) within-participants ANOVA comparing the detection rate

Predicted timing report = $\sum_{k=0}^{500} k \times (D_k / \sum_{k=0}^{500} D_k)$

Attentional action binding = Predicted timing report in AS − Predicted timing report in AO

Figure 4 Attention involvement in action binding. (a) Attention was measured at 11 locations (time points) following the keypress. (b) Individual reported keypress time in each condition. (c) Detection rate of visual probes as a function of condition and probe location. Bars represent ± 1 standard error. (d) Box-plots of action binding and attentional action binding (i.e. action binding predicted from the attention distribution pattern). (e) Scatter plot of the correlation between attention distribution index and the reported time in AS condition. (f) Same as e but showing the relationship in the AO condition. (l) Scatter plot of the correlation between attention difference index and action binding. AS: action sound condition; AO: action only condition.

revealed a significant interaction effect ($F(10,220) = 2.93$, $p = 0.026$, $\eta_p^2 = 0.12$). The main effect of probe location was unsurprisingly significant ($F(10, 220) = 79.56$, $p < 0.001$, $\eta_p^2 = 0.78$), and the main effect of condition was not significant ($F(1,22) = 1.66$, $p = 0.210$, $\eta_p^2 = 0.07$). We also calculated the attentional action binding based on the attention distribution

pattern as similarly done with the attentional outcome binding. There was a significant

attentional action binding ($M = 11.74$ ms, $t(22) = 2.31$, $p = 0.015$, one-tailed one-sample t-

test; Figure 4d).

For the relationship between the timing report predicted from the attention distribution and

the actual reported keypress time in each condition, significant correlations were found in

both AS ($r(21) = 0.44$, $p = 0.018$, one-tailed Spearman correlation, Figure 4e; no outlier

detected) and AO ($r(20) = 0.62$, $p = 0.001$, one-tailed Spearman correlation, 1 outlier

removed, Figure 4f; without removing outliers: $r(21) = 0.64$, $p < 0.001$, one-tailed Spearman

correlation) conditions. Furthermore, the attentional action binding significantly correlated

with the actual action binding ($r(16) = 0.61$, $p = 0.004$, one-tailed Spearman correlation, 5

outliers removed, Figure 4g; without removing outliers: $r(21) = 0.55$, $p = 0.003$, one-tailed

Spearman correlation). A linear regression analysis taking actual action binding as the

response variable and the attentional action binding as the predictor gave an intercept of

22.74 ms ($t(16) = 4.14$, $p < 0.001$, *95% CI* = [11.10   34.38], 5 outliers removed; without

removing outliers: intercept 15.93 ms, $t(21) = 2.33$, $p = 0.030$, *95% CI* = [1.68   30.17]). This

22.74 ms could be understood as the action binding effect remaining after the attention

measure in the current study was controlled for.

Discussion

The current study investigated the visuospatial attention distribution in the temporal binding

effect measured with the classic Libet clock method. In 4 complementary experiments, it was

demonstrated that the visuospatial attention had a direct link to the event timing report, with

the reported time corresponding to the location on the clock where attention was paid to.

Action and sensory input both can activate the attention concentration to the clock, resulting

in a dynamic attention distribution pattern around the event of which a timing report was

required. Critically, the difference in the attention distribution pattern activated by action and

sensory input may explain the temporal binding effect. Temporal binding consists of two

effects in opposite directions, i.e. a shift of outcome time towards the past in outcome

binding, and a shift of action time towards the future in action binding. The attention account

provides a unified explanation for both outcome binding and action binding in terms of an

attention bias.

It seems thus an immediate question is what temporal binding really means. The canonical

view of temporal binding is that it reflects an illusion in timing perception (Haggard et al.,

2002; Tanaka et al., 2019; Wen & Imamizu, 2022). That is, an action is perceived to occur

later when it is followed by a sensory outcome than when not (action binding), and a sensory

input is perceived to occur earlier when it follows an action than when not (outcome binding).

In contrast, the data from the current study illustrate the fact that when the event timing

perception is measured with the Libet clock method, there are differences in the contrasting

conditions with regards to how the timing perception is read out from the measurement tool

(i.e. the Libet clock). Therefore, the bias in the way of reading measurements poses a

challenge to a clear understanding of the variable being measured (i.e. timing perception). It

is unlikely that a changed timing perception leads to a changed attention distribution, at least

in outcome binding. In the outcome binding test, the attention activation following the

keypress in the AS condition was before the sound onset, i.e. before the event that requires

timing perception (Figure 3b,e). Since timing perception is a constructive process which

integrates available information from both before and after the event of interest (Cao et al.,

2020; Haggard et al., 2002; Klaffehn et al., 2021; Moore & Haggard, 2008; Takahata et al.,

2012), there is a possibility that a common process before the action that triggers both a

change in attention and a change in timing perception. One candidate for this common

process may be the prediction of the action outcome. However, this idea needs further

evidence.

The linear regression analysis though did show that there was a residual outcome binding of

36 ms and a residual action binding of 23 ms when the attention bias in clock hand position

reporting was controlled for. Both remainders were statistically significant. This seems to

indicate that there is a timing perception component in temporal binding. However, the

impact of attention may have not been fully captured in the current study. In the current

testing paradigm, attention may be measured as a three-dimension variable (two dimensions

of space and one dimension of time). At any time point, attention measures may be taken at

all possible locations. In the current study, attention was only measured at one location for

each time point. Furthermore, the attention at the action preparation stage may already have

an influence on the timing report. Due to the unpredictability of the exact action time,

measuring attention before the action is actually executed is an experimental challenge. This

might explain why the size of predicted outcome binding and action binding effects from

attention distribution pattern does no match the size of actual binding effects, even though

strong and reliable predictive power of attention on the reported event time in all single

conditions and on both outcome binding and action binding can be demonstrated. However,

experiment 3 provided evidence that outcome binding was not statistically significant when

the attention difference was experimentally controlled for between contrasting conditions.

Previous research also showed that temporal binding declined when the temporal

predictability of action and effect was controlled for (Kirsch et al., 2019). Conceivably, such

control allows the attention deployment to operate in a similar manner in different conditions.

Therefore, it is an open question about the cognitive underpinnings of temporal binding at the

moment.

The present study also has important implications to the clock method in mental

chronometry. Wundt probably was the first to use the clock with a fast rotating hand for the

scientific study of mental chronometry (Wundt, 1874). The method is now also known as the

Libet clock method, as Libet popularised this method in his famous study on free will (Libet

et al., 1983). What is clear is that the timing repor results from this method are quite variable

among individuals and strongly depend on the method details such as the speed of the clock

hand (Ivanof et al., 2022; Miller et al., 2010; Pockett & Miller, 2007; Sanford, 1974; Seifried

et al., 2010; Wundt, 1874; Yabe & Goodale, 2015). However, the results are quite often used

to draw conclusions about the temporal properties of mental processing. In fact, all these

results have always involved attention to spatial location on a clock-like device in order to

report a perceived time. The current study suggests that any difference between conditions in

perceived time from this method may be in fact due to (or at least confounded by) differences

in spatial attention. We should therefore investigate when and how such differences in spatial

attention might arise in detail in order to better understand the results produced by this

method.

Some limitations of the current study need to be born in mind. First, a full picture of the

spatiotemporal visual attention distribution dynamic is still waiting to be revealed in the

timing report task with the Libet clock method. In the current study, attention was only

measured at a limited time points and locations. A full picture of the attention distribution

pattern could help achieve a complete understanding of the impact of attention on the timing

report in the Libet clock method (Hon, 2022; Schwarz & Weller, 2023). In addition, a within-

participants design paired with an attention intervention paradigm could help determine the

impact of attention on temporal binding at the individual level. Second, the Libet clock

method may not be the optimal tool for resolving the issue of a timing perception component

in temporal binding. Even if attention could fully account for the temporal binding measured

with the Libet clock, it could also mean that the timing perception component could not be

easily measured in this way (Stetson et al., 2006). The timing perception of the attraction

between an action and the action outcome may exist like a Gestalt. However, the Gestalt is

lost when measuring its constituting elements (the perceived time of the action or the

outcome). Indeed, temporal binding has also been demonstrated using paradigms in which

visual attention does not seem to be critically involved, including but not limited to the

interval estimation paradigm (Engbert et al., 2007; Humphreys & Buehner, 2009) and the

auditory timer paradigm (Martinez et al., 2018; Muth et al., 2021). Of course, whether

attention in other modalities or other cognitive processes could explain the temporal binding

effect reported there is an intriguing question for further investigations.

To sum up, the current study provided novel and important insights into the understanding of

temporal binding and timing perception in general measured with the Libet clock method.

Attention is critically involved in temporal binding, at least when the measurement process

involves attention. Our study also illustrates the importance of disentangling attention and

perception in action-effect research, although the two are quite often intricately linked

between themselves and to action.

Materials and Methods

Experiment 1

Participants

15 participants (9 females; mean age = 21.3, *SD* = 1.9) were recruited from a local participant

pool. Assuming an effect size of 0.89 (note that this is the effect size of outcome binding and

action binding combined as reported in a meta-analysis, see Tanaka et al. (2019). Since

outcome binding has larger effect size than action binding, the real effect size of outcome

binding should be larger than this), 13 participants (2 excluded in the data analysis, see

below) lead to a statistical power of 0.92 (alpha = 0.05; one-tailed) (Faul et al., 2007). All

participants have normal or corrected-to-normal vision. Written informed consent was

obtained prior to experiment, and participants were debriefed and received monetary payment

after the experiment. The experiment was conducted in accordance with the Declaration of

Helsinki (2013) and was approved by the Ethics Committee of Department of Psychology

and Behavioural Sciences, Zhejiang University (ethics application number: [2022]003).

Stimuli, Task and Procedure

The experiment consisted of three parts: threshold testing, AS condition, and SO condition, in

this order.

In the threshold testing session, the luminance threshold of the visual probe used in AS and

SO conditions was obtained using a 2-down-1-up staircase procedure (Levitt, 1971).

Experiment stimuli were presented on a grey background (RGB value: [128 128 128]; used

throughout the experiment). The staircase procedure for obtaining the luminance threshold

was run in two parallel lines, with one line having the luminance intensity starting at 128

(RGB value: [128 128 128]; intensity increase line) and the other starting at 200 (RGB value:

[200 200 200]; intensity decrease line). Each trial picked a random line until 15 reversals was

obtained for each line. In each trial, participants watched a clock face (diameter: 2.7 degrees

of visual angle, dva) with a rapid clockwise rotating hand (1800 ms per revolution). The

clock hand started rotating from a random angle, and participants were asked to make a

keypress ('k' on a standard QWERTY keyboard with the right index finger) no earlier than 1

second from the trial start. A trial would be aborted with a visual warning signal and repeated

if it was made before 1 second. After the keypress, a visual probe (a disk with a diameter of

0.1 dva) and a sound (1000 Hz tone, 50 ms long, 5 ms rise/fall envelop, comfortable volume

level) were both presented with a delay of 250 ms. The visual probe was presented for 30 ms

outside the clock rim (distance to the clock centre: 1.5 dva) but aligned to the position of the

clock hand at the onset of the visual probe. After the visual probe presentation, the clock hand

continued rotating for a random period between 750 and 1250 ms. Participants were then

asked if a visual probe was detected.

In the AS condition, a visual detection task was employed together with the outcome binding

measurement using the Libet clock method (Libet et al., 1983). Participants were asked to

report the time of a sound play (timing report trials) or to report if a visual probe was detected

(a visual probe was presented in visual probe trials to assess the distribution of attention; no

visual probe was presented in catch trials, for assessing the false alarm rate). In each trial, the

clock hand started rotating from a random angle (Figure 2a). Participants were asked to make

a keypress ('k' on a standard QWERTY keyboard with the right index finger) at their own

decision. However, they were told that no strategies should be used to plan the keypress time

(e.g. making a keypress when the clock hand was at 3 o'clock position) and that the keypress

should not be made within 1 second from the start of the trial. If a keypress was made within

1 second from the start of the trial, a visual warning signal was displayed, and the trial was

repeated. After the keypress, a sound was played via the headphones (1000 Hz tone, 50 ms

long, 5 ms rise/fall envelop, comfortable volume level) with a 250 ms delay. After the sound,

the clock hand continued rotating for a random period between 750 and 1250 ms. In visual

probe trials, the threshold titrated visual probe was presented for 30 ms right outside the clock

rim (distance to the clock centre: 1.5 dva) close to the top of the clock hand. The location

where the clock hand pointed to at the time of sound play was defined as 0° (time 0).

Accordingly, the clock hand would point to 10° 50 ms after the sound play, and -10° 50 ms

before the sound play, given its rotation speed of 1800 ms per revolution. Visual probes were

presented at 6 possible locations (corresponding to 6 time points): -50° (-250 ms; this is when

the keypress was made in the AS condition), -30° (-150 ms), -10° (-50 ms), 10° (50 ms), 30°

(150 ms), and 50° (250 ms) (Figure 2b). In catch trials and timing report trials, no visual

probe was presented. At the end of the trial, participants should indicate if a visual probe was

detected in both visual probe trials and catch trials. In timing report trials, the clock hand

always stopped at the 12 o'clock position after the random period succeeding the sound. This

is to ensure that the stop position of the clock hand does not introduce any bias in the

judgment. Participants should move the clock hand to its position at the time of the sound,

using the left hand (pressing 'a' and 's' to move the clock hand counter-clockwise by 10º and

1º, respectively; pressing 'd' and 'f' to move the clock hand clockwise by 1º and 10º,

respectively). There were 50 catch trials, 50 timing report trials, and 180 visual probe trials

(30 trials for each visual probe location/timing). Trials were presented in a random order.

Intermixing all trial types provides the advantage of simultaneous measure of timing report

and attention distribution. The validity of the testing paradigm can be directly assessed

through checking the existence of the classic outcome binding effect. Since there were more

trials asking for visual probe detection than trials asking for timing report, the participants

were told in the beginning of the experiment that they should perform the task as if the timing

report were required in each trial, with the aim of ensuring a good quality in the timing

report. 5 trials of practice were given before the formal testing.

The SO condition was identical to the AS condition except that the sound play was controlled

by computer (i.e. no keypress was required to trigger the sound). The timing information of

the keypress and the stimulus presentation from the AS condition was recorded for its full

replication in the SO condition. For this reason, the SO condition always followed the AS

condition.

The stimuli were presented on a liquid crystal display screen (refresh rate: 100 Hz; 24 inch

screen size). Stimulus generation and presentation was controlled by Psychtoolbox-3 (Kleiner

et al., 2007) using Matlab (The MathWorks Inc., USA). The sound was presented using a pair

of headphones (Beyerdynamic DT 770 pro, 32 OHM, Germany). The experiment was

performed in a well-lit, soundproof testing booth.

Experiment 2

A new group of 15 participants were recruited for Experiment 2 (8 females; mean age = 21.5,

SD = 2.4). Experiment 2 was the same as Experiment 1 except that a strict eye movement

control was employed. In Experiment 1, participants were asked to fixate the centre of the

clock face but no measures were taken to enforce this requirement. In Experiment 2, the

movements of the right eye were monitored at 1000 Hz with an eye tracking device (Eyelink

Portable Duo, SR Research Ltd, Canada). In all the three parts of testing (threshold testing,

AS condition, and SO condition), participants fixated the centre of the clock face. If the right

eye was out of a square area of 2.0 dva centring on the clock face at any time from the start of

a trial to the point when the clock hand stopped rotating, the trial would be aborted with a

visual warning signal and repeated after.

Experiment 3

A new group of 15 participants were recruited for Experiment 3 (10 females; mean age =

20.9, SD = 2.7). Experiment 3 has the following 3 changes as compared to Experiment 2.

First, the SO condition was replaced by a Vibration Sound condition (VS). In the VS

condition, the right index finger (the keypressing finger) received a mild and short

vibrotactile stimulation (two impulses in 10 ms) from a miniature electromagnetic solenoid-

type stimulator (Dancer Design, UK) 250 ms before the sound play. The onset of the

vibrotactile stimulation aligned with the keypress time in the AS condition. Second, the total

number of trials in each condition reduced to 170 (20 catch trials, 30 timing report trials, and

120 visual probe trials with 20 trials for each of the 6 visual probe locations). Third, the

visual fixation area was a circle centred on the clock centre (diameter was the same as the

side length of the square in Experiment 2, i.e. 2.0 dva).

Experiment 4

A new group of 30 participants were recruited for the test of attention in action binding (16

females; mean age = 21.2, SD = 1.9). Two previous studies from our own group using a

similar set-up reported an effect size of 0.79 (n = 52) (Cao et al., 2021) and 0.62 (n = 42)

(Cao et al., 2020). Assuming an effect size of 0.70 here, 23 participants (7 excluded in the

data analysis, see below) lead to a statistical power of 0.95 (alpha = 0.05; one-tailed) (Faul et

al., 2007).

Action binding and attention were measured in the same experiment using a similar set-up as

in the outcome binding. In the action sound (AS) condition, participants made a voluntary

keypress, which was followed by a 250 ms delayed sound. In timing report trials, the

keypress time was reported as the clock hand position at the time of keypress. In visual probe

trials, participants should report if a visual probe was detected during the testing. Visual

probes were presented at 11 possible locations (corresponding to 11 time points): -50° (0 ms;

this is when the keypress was made), -40° (50 ms), -30° (100 ms), -20° (150 ms), -10° (200

ms), 0° (250 ms; this is when the sound was played), 10° (300 ms), 20° (350 ms), 30° (400 ms),

40° (450 ms), and 50° (500 ms) (Figure 4a). Here the keypress time was defined as time 0 as

the event of interest in action binding is the keypress. The location definition followed the

routine set in the outcome binding experiments. In the action only (AO) condition, the

keypress was not followed by an auditory outcome. Everything else was the same as the AS

condition. There were 480 trials in each condition (100 catch trials, 50 timing report trials,

and 330 visual probe trials with 30 trials for each of the 11 visual probe locations). The order

of trials was randomised.

The order of the AS and the AO condition was counterbalanced between participants as there

is a clear impact of the testing order on the size of action binding (Cao et al., 2021). The

threshold of the visual probe was obtained prior to the action binding measure using a 2-

down-1-up staircase procedure (Levitt, 1971). No eye movements control was applied.

Data analysis

The same data analysis procedure was applied to the 4 experiments.

The false alarm rate in the catch trials (calculated as the ratio of trials reporting a visual probe

was detected) was used for participant exclusion. Four participants were excluded due to

extremely high false alarm rate (1 from Experiment 1: 0.63; 1 from Experiment 2: 0.95; 2

from Experiment 4: 0.69 and 0.89). For the remaining participants, the average false alarm

rate was 0.04 *(SD = 0.08)* in Experiment 1, 0.02 *(SD = 0.02)* in Experiment 2, 0.07 *(SD =*

0.09) in Experiment 3, and 0.04 *(SD = 0.03)* in Experiment 4.

For the timing report trials, the reported time in each trial was calculated as the difference

between the reported position of the clock hand and the actual position of the clock hand.

This difference in spatial location was converted to a temporal judgment error, based on the

clock hand rotation speed of 1800 ms per revolution. The standard deviation and the median

of the reported time in each condition (50 trials in each condition for Experiment 1, 2, and 4;

30 trials in each condition for Experiment 3) was used for subject exclusion. Individuals with

extreme values of either the standard deviation or the median of reported time were excluded

using the median absolute deviation from median (MAD–median) rule: let p be the individual

value and P be the individual values from the whole sample. If $|p - \text{median}(P)| \times 0.6745 > 3 \times$

MAD–median, this value is an outlier (Leys et al., 2013). This procedure further excluded 1

participant from Experiment 1 and 2, 2 participants from Experiment 3, and 5 participants

from Experiment 4. The remaining participants were included in the formal analysis (13 in

Experiments 1-3, 23 in Experiment 4).

Individual outcome binding effect was calculated as the difference in the median reported

sound time between SO and AS conditions (SO – AS; Experiment 1 and 2) or the difference

between VS and AS (VS – AS; Experiment 3). Individual action binding effect as calculated

as the difference in the median reported keypress time between AS and AO conditions (AS –

AO). Group level outcome binding effect was evaluated with a one-tailed paired t-test

comparing the reported sound time between SO and AS conditions for Experiment 1 and 2

(assuming an outcome binding effect), and a two-tailed paired t-test comparing VS and AS

conditions for Experiment 3 (assuming the outcome binding effect would be smaller than in

Experiment 1 and 2, but not sure to what extent or if the effect could be reversed).

Comparisons of the outcome binding effect between experiments were made with one-tailed

unpaired t-tests. Group level action binding effect was evaluated with a one-tailed paired t-

test comparing the reported keypress time between AO and AS conditions (assuming an

action binding effect).

For the visual probe trials (with visual probe presentation), the detection rate was calculated

for each probe location as the ratio of trials with the probe detected. This was used as a

measure of visual attention. The potential attention difference between conditions was

evaluated with a two-way (condition and probe location) within-participants ANOVA. For

each condition, we also calculated the predicted timing report based on the attention

distribution pattern for each individual. The assumption is that the actual reported clock hand

position should correspond to the location where attention is directed to. A full cover of the

spatiotemporal attention distribution pattern may be necessary for an accurate prediction of

the actual reported location. The limited (yet highly relevant) attention sampling points in the

current study should at least provide a proportionate prediction result. That is, the predicted

value may not be exactly as the actual one, but should at least be proportionate to the actual

value (e.g. 60% of the actual value). The predicted timing report in the outcome binding

experiment (Experiment 1-3) was calculated as: Predicted timing report = $\sum_{k=-250}^{250} k \times$

$(D_k/\sum_{k=-250}^{250} D_k)$, where k is the 6 attention sampling points (i.e. -250, -150, -50, 50, 150,

250 ms; sound play time is 0 ms), D_k is the individual detection rate at time point k. The

predicted timing report in the action binding experiment (Experiment 4) was calculated as:

Predicted timing report = $\sum_{k=0}^{500} k \times (D_k/\sum_{k=0}^{500} D_k)$, where k is the 11 attention sampling

points (i.e. 0, 50, 100, 150, 200, 250, 300, 350, 400, 450, 500 ms; keypress time is 0 ms). A

one-tailed Spearman's rank correlation analysis was performed between the predicted timing

report and the actual reported time across participants in each single condition, since a

positive correlation was predicted. Predicted temporal binding effects based on the attention

distribution (attentional temporal binding) were calculated using the predicted timing report

in single conditions (SO - AS or VO - AS for attentional outcome binding; AS - AO for

attentional action binding). Since positive values were predicted for attentional outcome

binding (Experiment 1,2) and attentional action binding (Experiment 4), one-tailed one-

sample t-test was used (comparing against 0). In Experiment 3, the attentional outcome

binding may be positive or negative (two-tailed one-sample t-test), but was predicted to be

smaller than in Experiment 1 and 2 (one-tailed unpaired t-test). As already stated, the

attentional temporal binding effect was predicted to be at least proportionate to the actual

temporal binding effect (one-tailed Spearman's rank correlation). In all correlation analyses,

bivariate outliers in correlation analyses were detected using the box-plot rule and then

excluded (Pernet et al., 2013). However, results without outlier exclusion were also reported

for reference. In addition, a linear regression analysis was performed by taking the actual

temporal binding as the response variable and the attentional temporal binding the predictor.

This could help assess the adequacy of the attention measure in the current study.

Compliance and Ethics

We declare no conflict of conflict of interest. We have conformed with the Helsinki Declaration

of 1975 (as revised in 2008) concerning Human and Animal Rights.

Open Practices Statement

The data and analysis code are available from https://figshare.com/s/d10a00c3e76ebf1cfedf,

and will be uploaded to Figshare for unrestricted access upon the acceptance of the paper.

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