Virulence factors among isolates of extraintestinal *Escherichia*

coli (ExPEC) from hospitals in the United Kingdom.

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Keywords

Virulence, *Escherichia coli*, neonates, K1 capsule, microcins, fimbriae, genomic

islands

Abstract

182 genes associated with virulence were sought from the whole genome sequences of all non-duplicate isolates of *Escherichia coli* received by the UK Health Security Agency's Antimicrobial Resistance and HealthCare Associated Infections laboratory for typing between June 2019 and March 2021 from hospitals in the United Kingdom and Republic of Ireland (n=593). These were from healthcare associated investigations and were not associated with diarrhoeal disease. Genes that were very common or very rare were excluded from further analysis. The frequency of detection of genes was compared among isolates from invasive infection, screening, urine samples and from neonates. *cnf1* (coding for cytotoxic necrotising factor), *clbK* (coding for colibactin), *focCDF* (coding for F1 fimbriae), *kpsM*_K1, *neuBD* (associated with the K1 capsule), *mchBC*, *mcmA* (coding for microcins), *papG*_alleleIII (part of a cluster encoding P fimbriae), *pic* (protein involved in intestinal colonization), *sfaE/sfafoCDE* (coding for S fimbriae), *tcpC* (encoding TLR domain containing-protein C) and *vat* (encoding toxin vacuolating autotransporter) were 4 to 28 times more prevalent among isolates from invasive infections than among those from carriage. Representatives of sequence types (ST) 12, 73, 998 and 127 carried multiple of these virulence factors, no matter whether they were from screening swabs or from blood or other infection sites. Isolates carrying multiple virulence factors were more prevalent from neonatal screens than those from general screens. Genes associated with the K1 capsule (*ibeA*, *neuBD*, *kpsM*_K1) were particularly found in STs 1193, 10, 998, 538, 80 and 141. Nanopore sequencing of 14 isolates representing 10 different STs showed that the virulence elements sought were largely carried in chromosomal genomic islands, which were mosaic in nature. Some 9 % of isolates carried more than six of the main virulence genes/gene sets sought, highlighting the potential for significant numbers of carriage isolates to cause extraintestinal infections.

Introduction

Pathogenic *E. coli* are associated with various infections in humans, the most important being those causing diarrhoea, urinary tract infections, sepsis and meningitis. An extensive array of virulence factors has been described in the organism [1], some of which are characteristic of the disease manifestation. For those causing diarrhoea, various pathotypes have been defined (enteropathogenic *E. coli* (EPEC), enterohemorrhagic (Shiga toxin-producing) *E. coli* (EHEC/STEC), enteroaggregative *E. coli* (EAEC), enterotoxigenic *E. coli* (ETEC), enteroinvasive *E. coli* (EIEC) and diffusely adherent *E. coli* (DAEC), each with their

own specific virulence factors e.g. *stx* genes are characteristic of EHEC, production of

enterotoxins is characteristic of ETEC and intimin (*eae*) is associated with EPEC [2].

For those isolates not associated with diarrhoeal illness, the situation may not be as clear

cut. The patient's own intestinal flora is the reservoir for these 'extraintestinal' pathogenic *E.*

*coli (*ExPEC), which have evolved from commensal strains by acquisition of virulence factors

in a cumulative manner [3-6]. Virulence factors described are many and varied and there is

often overlap in the virulence gene content among different extraintestinal pathotypes.

However, various associations have been made [1]. Uropathogenic (UPEC) *E. coli* are

associated with (among others) F1C fimbriae (promoting adhesion), tcpC (TLR domain

containing-protein C associated with immune evasion), cytotoxic necrotising factor cnf1, α-

haemolysin toxins, pic (protein involved in intestinal colonization), sat (secreted auto

transporter toxin) and tsh (temperature sensitive hemagglutinin). Neonatal meningitis-

associated (NMEC) *E.coli* are linked with the K1 capsule, with *neuB* and *neuD* genes

described as specific for the K1 capsule [7], *ibe* genes (of which *ibeA* is unique to *E. coli* K1),

S fimbriae (encoded by the *sfaABCDEFGHS* gene cluster) and also, in common with UPEC,

cnf1 toxin; this pathotype can also be responsible for sepsis. Accordingly, *sfaE*, *sfafoCDE*

(coding for S fimbriae) and *tcpC* (coding for Toll/interleukin 1 receptor (TIR)-containing

proteins) have been associated with sepsis [8]. The toxin vacuolating autotransporter

encoded by *vat* has also been significantly associated with bacteraemia [9]. The term NTEC

is sometimes used to refer to necrotoxic *E.* coli which express cnf1 [10]. Other potentially

important virulence factors include the colibactin biosynthetic cluster in the *pks* pathogenicity

island which is often found in combination with *cnf1.* Colibactin represents a class of

bacterial genotoxin inducing DNA damage and genomic instability in mammalian cells

[11,12]. An analysis of the prevalence of the colibactin island revealed that the *pks* island

was consistently associated with the yersiniabactin gene cluster [12,13]. Genotoxic *E. coli*

may use colibactin to compete for gut niche utilization [14]. Microcin is also important in

establishing colonization in the gut [15,16].

Many of these virulence factors are found as blocks of genes in integrative chromosomal

genomic islands referred to as pathogenicity islands (PAI) that are acquired by horizontal

transfer [17]. Since they often contain mobile elements derived from bacteriophages,

plasmids and insertion sequences, they are subject to rearrangements, insertions and

deletions and are therefore variable. These PAI are critical in providing elements encoding

functions (such as aiding colonization, immune evasion or adhesin and toxin production) that

are essential to the infection process.

In order to understand the importance or otherwise of the various virulence factors described

and to be able to identify isolates readily that are of particular virulence among those

submitted from healthcare associated investigations (excluding those relating to diarrhoea),

we sought 182 virulence factors from whole genome sequences from all isolates submitted

to our typing service for *E. coli* from UK hospitals over a period of 20 months during

2019/2020. These largely consisted of those isolated from screens, both for carbapenem

resistant organisms and from neonates, but also included clinical isolates from blood, urine,

cerebrospinal fluid (CSF) and other sterile sites. While acknowledging that all of the

virulence factors play a role, and that gut colonisation is an important step for strains causing

extraintestinal infections, we hypothesized that those isolates causing actual infections

would be those most likely to possess the full complement of characteristics required to

cause those infections. Our panel of isolates therefore provided a context against which to

assess the various genes, allowing us to identify a set characterising those of greatest

virulence potential.

Methods

All isolates submitted for cross-infection and outbreak investigation to the UK Health Security

Agency's Antimicrobial Resistance and HealthCare Associated Infection (AMRHAI)

laboratory were subjected to whole genome sequencing on a NextSeq Illumina platform

following QIASymphony extraction and Nextera® XT library preparation. The bioinformatic

pipeline identified the sequence type (ST), predicted O:H type, resistance elements and,

where applicable, the 'SNP address'. The SNP address allows comparison of isolates within

the same clonal complex, with groupings at the 0, 5, 10, 25, 50, 100 and 250 SNP levels

[18]. The pipeline also sought 182 genes associated with virulence. The set examined,

consisting of 593 isolates, were received between June 2019 and March 2021 from 65

hospital trusts from the United Kingdom and Republic of Ireland. These consisted of non-

duplicate isolates from CSF (8), blood (53), urine (47), neonatal screens (82), other screens

(341) (consisting of 'CRE screens', rectal swabs, groin swabs and faeces) and others (ascitic

fluid (2), bronchoalveolar lavage (BAL) (4), bile (1), endotracheal aspirate (2), endotracheal

tube (ET) secretions (5), endotracheal tube tip (ETT) (5), drain fluid (3), eye (5), fluid (1) foot

plantar (1), line tip (1), lung swab (1), lymph node (1), nasopharyngeal aspirate (1), neck (1),

pancreatic abscess fluid (1), perinephric collection (1), peritoneal fluid (1), sputum (10) thigh

tissue (1), throat (1), wound (5) and unknown (3), and the hospital environment (mascerator

(2), cotspace (1), sinkhole (1)). Isolates consisted of 143 different sequence types, of which

STs 131, 38, 69, 648, 167, 3168 and 73 were the most common (120, 38, 33, 20, 17, 17 and

14 isolates, respectively). Although the number of isolates from CSF were small (8), they

were diverse, with each representing a different sequence type. Phylogenetic groups were

identified based on the combinations of the *chuA*, TSPE4C2 and *yjaA* genes [19].

14 isolates were also subjected to nanopore sequencing using a minION Mk1C following

DNA extraction with a GeneJet genomic DNA kit (ThermoFisher) and library preparation

using the Rapid Barcoding kit SQK-RBK004 (Oxford Nanopore Technologies). Libraries

were pooled and concentrated using Agencourt AMPure XP beads (Beckman Coulter).

Sequencing was carried out on up to 10 isolates at a time on a FLO-MIN 106D Spot-On

flowcell (R9 version) in 72 h runs as recommended by the manufacturer. Virulence genes

were further sought using VirulenceFinder 2.0 on the Center for Genomic Epidemiology

website (https://cge.cbs.dtu.dk/services/VirulenceFinder/) [20]. BLAST comparisons on a

local database were carried out to generate Figure 3

(https://blast.ncbi.nlm.nih.gov/Blast.cgi). Sequences were deposited in the sequence Read

Archive under project PRJNA870093.

Results

Highly common genes

130 Some of the genes were found in all (*aer* (a signal transducer for aerotaxis), *csgABCDEFG*

131 (encoding curli fibers), *ibeC*, *mutS*) or most (*ecpA*, *fimH*, *ibeB*, *matA*) isolates. Others that

132 were relatively common included *chuASTWXY* (associated with haem uptake), *fyuA*, *irp2*,

133 *iucABC*, *iutA* (part of the yersiniabactin and aerobactin siderophore gene clusters).

Rare genes

Other genes/gene alleles were not found in any of the isolates (*aafABCD*, *aah*, *agg3A*,

agg3B, *agg3C*, *agg3D*, *agg5A* (encoding aggregative adherence fimbriae), *aidA* (also

associated with adherence), *bfpA*, *bmaE*, *cdtA*, *cdtB*, *cdtC* (encoding cytolethal distending

toxin), *cofA*, *eae* (encoding intimin associated with ETEC), *eatA*, *espB*, *espC*, *espF*, *etpD*,

f17A, *fanA*, *fanC*, *fasA*, *fedA*, *fedF*, *fim41A*, *hylE*, *ingA*, *ipaH*, *iucD*, *K88ab*, *itcA*, *neuC*, *nleA*,

*papG_*alleleI, *papG_*alleleIprime, *perA*, *pet*, *rfc*, *rpeA*, *saa*, *sta1*, *sta2*, *stb*, *subA*, *tir*). Some

others were only found in a very small number of isolates (10 or less) (e.g. *aaiC*, *cif*, *epeA*,

espI, *espJ*, *iha*, *ipaD*, *ingA*, *katP*, *nleB*, *nleC*, *sepA*, *toxB*, *virF*).

Main study

As a result of these preliminary observations, the occurrence of the following virulence

genes was studied in more detail: *clbK* (part of the colibactin biosynthetic cluster), *cnf1*

(encoding cytotoxic necrotising factor 1), *focCDF* (encoding F1 fimbriae), *hylBCD* (encoding

α-haemolysin toxins), *ibeA*, *neuBD*, *kpsM_K1* (associated with the K1 capsule), *mchBC*,

mcmA (encoding microcins), *safE*/*sfafoCDE* (encoding S fimbriae), *tcpC* (encoding TLR

domain containing-protein C), *vat* (encoding vacuolating autotransporter toxin), *papG-*

_alleleIII, *papC* (encoding pyelonephritis associated pili), *pic* (encoding protein involved in

colonization)*, tsh* (encoding temperature sensitive hemagglutinin), *sat* (encoding secreted

autotransporter toxin) and *malX* (associated with a PAI). The percentage of isolates from

various isolation sites carrying these genes is shown in Figure 1 and the distribution of

isolates carrying from zero to 8 or more of these virulence factors (where gene clusters are

counted as one) is shown in Figure 2. The presence of the rarer *upaH* and *virF* virulence

genes was also noted.

Figure 1. Percentage of isolates from various isolation sites carrying each of 18 virulence

genes/gene sets.

K1 capsule identified by *neuBD* and/or KpsM_K1

The K1 capsule is a PAI encoded protectin that protects the organism from phagocytosis, is

associated with bacteraemia and is required for crossing of the blood-brain barrier [17,21].

74/593 isolates were positive for *neuB* (and *neuD*); all but 10 of these were also positive for

*KpsM*_K1 indicating that they belong to capsular type K1 associated with neonatal

meningitis. 20 (27 %) were from blood, 6 from CSF, 4 from urine, 3 from endotracheal

secretions/tube tip, 1 from a diabetic foot lesion, 1 from eye, 1 from sputum and 1 from

tissue; the remainder (37) were from screening swabs; at least 24 isolates were from

neonates. 10 % of neonatal screens were positive for these elements, while only 7 % of

other screens were positive for them. 38 % of blood isolates and 75 % of CSF isolates were

positive, suggesting a strong association with sepsis/meningitis. Isolates consisted of 21

different sequence types (STs) of which ST 1193 (23 isolates) and 10 (5 isolates) were the

most common, although some of the former were associated with clonal spread among
patients related in space and time. No isolates in the entire set were positive for *neuC*.

Ibe genes.

The *ibe* genes are so called because they are associated with invasion of brain endothelial
cells. *ibeA* is described as unique to *E. coli* K1, but only some isolates carried both *ibeA* and
neuBD/KpsM_K1 (19). Every isolate in the entire set (593 isolates) carried *ibeC*; all but one
carried *ibeB*. *ibeA* was detected in 39 isolates in total, of which 5 (14 %) were from blood, 2
(5 %) from CSF, 3 from urine, 4 from respiratory samples, 1 from wound and 1 from eye; the
remainder (22) were from screening swabs. At least 10 positive isolates were from neonates,
but the gene was not more common among isolates from neonatal screens than from
screens generally (4 and 6 % respectively). The gene was found in 11 %, 25 % and 6 %
respectively of blood, CSF and urine isolates, compared with an overall prevalence of 7 %.
The 39 isolates consisted of 22 STs, of which 538 and 998 were the most common, but both
were associated with clonal spread among patients linked in space and time.

S fimbriae (adhesin) genes

Associated with NMEC and UPEC, these are the *sfa* (e.g. *safE*) and *sfafoCDE* genes. The
presence of *sfaE* was always accompanied with that of *sfafoCDE*. In total, 54/593 isolates
were positive for these genes, of which 5 were from CSF, 13 were from blood, 3 from urine,
1 from tissue, 1 from a line tip, 2 from eye swabs and 7 from other clinical sites; the
remainder were from screens (21 isolates) and the environment (1). These genes were
found in 25 %, 63 % and 6 % respectively of blood, CSF and urine isolates, compared with a
prevalence in general screens of 3 %.

F1C fimbriae (adhesin) genes

These are associated with UPEC and were found in 53/593 isolates in our panel. We found
focCDF to be more consistently found than *focG* and *focH*; *focC*, *focD* and *focF* were always
found together. Isolates carrying *focCDF* consisted of 5 from CSF, 13 from blood, 3 from
urine, 11 from other clinical sites, 10 from neonatal screens, 10 from general screens and 1
from the environment. Prevalence among blood, CSF, urine, neonatal and general screens
was 25, 63, 6, 12 and 3 %, respectively, with an overall prevalence of 9 %.

P fimbriae

P fimbriae are encoded by the *pap* operon (pyelonephritis associated pili) and mediate
Gal(α1-4)Gal-specific binding via the adhesin molecule PapG. There are three major alleles
of *papG* (GI to GIII) of which alleles II and III are the most common in isolates causing
infections in humans [17,23]. We sought *papG*_allele III in particular since we had noted an
association with invasive isolates. We detected papG_alleleIII in 22/593 isolates, 6 from

blood, 2 from CSF, 1 from thigh tissue, 2 from ET tip, 1 from pus, 1 from urine and the remainder from screens (6 from neonatal screens and 3 from adult rectal screens). The isolates belonged to 12 STs, of which ST12 (9 isolates) was the most common. This allele was found in 9 %, 25 %, 2 %, 7 % and 1 % of isolates from blood, CSF, urine, neonatal screens, and general screens, respectively, compared with an overall prevalence of 3.5 %.

We detected *papC* in 110 isolates (19 %), of which 50 belonged to ST131, 10 to ST69 and 9 to ST12; 17 were from blood, 4 from CSF (representing 50 % of isolates from CSF), 36 from general screens, 28 from neonatal screens, 11 from urine, 13 from other clinical sites and 1 from the environment.

Cnf-1 (cytotoxic necrotising factor 1)

This exotoxin is associated with NMEC, UTEC and NTEC. It was detected in 68/593 isolates, always, in our experience, with *hylBCD* (encoding α-hemolysin), of which 4 were from CSF, 7 from urine, 13 from blood and 13 from other clinical sites; the remainder were from screens (30) and the environment (1). It was found in 25 %, 50 % and 15 % of blood, CSF and urine isolates respectively compared with an overall prevalence of 11 %. It was detected in 19 STs of which ST131 (16 isolates) and ST73 (12 isolates) were the most common.

***hylBCD* encoding α-haemolysin**

The *hylBCD* gene cluster encodes an exotoxin and is associated with UPEC, including those causing upper *UTIs* such as pyelonephritis; it has been shown to target macrophages [22]. In our study, *hylBCD* were generally found together, with two exceptions only. They were found in 74/593 isolates, of which 8 were from urine, 4 from CSF, 14 from blood and 14 from further clinical sites; the remainder were from neonatal (13), other (20) and environmental (1) screens. The most common ST in which the *hylBCD* cluster was found was ST131 (17 isolates), followed by ST73 (12 isolates).

TcpC (immune evasion)

This gene encodes an inhibitor homolog of Toll-like receptors (TLR), dampening the proinflammatory response and therefore contributing to immune evasion. It has been associated with both sepsis and UPEC [8]. We detected this in only 41 (out of 593) isolates, only one of which was from urine. The isolates were from CSF (3), blood (8), urine (1), other clinical sites (10) and screens (9 from general screens, 10 from neonatal screens). *tcpC* positive isolates accounted for 15, 38, 2, 12 and 3 % respectively of blood, CSF, urine, neonatal screen and general screen isolates, with a general prevalence of 7 %.

Colibactin

We sought *clbK*, which is part of the colibactin biosynthetic cluster in the *pks* pathogenicity

island*. Colibactin is a bacterial genotoxin and is consistently associated with the

yersiniabactin (siderophore) gene cluster. It has been associated with persistence in the gut

[14]. 60/593 isolates were positive for *clbK*. These consisted of 5 isolates from CSF, 17 from

blood, 3 from urine, 1 from tissue, 11 from other clinical sites, 11 from neonatal screens, 11

from general screens and 1 from the environment. These represented 32, 65, 6, 13 and 3 %

respectively of isolates from blood, CSF, urine, neonatal screens and other screens,

respectively with an overall prevalence of 10 %. Isolates belonged to 19 distinct sequence

types, of which STs 73, 12, 1193, 127 and 998 were the most common, in that order.

Despite being the most common sequence type (120/593), no representative of ST131

carried *clbk*. *clbK* was detected in all representatives of STs 127 and 998 and in all but one

representative of STs 73 and 12.

Microcins

Siderophore-microcins are antimicrobial peptides that are post-translationally linked to a

siderophore which can then kill related bacteria by mimicking iron–siderophore complexes.

They therefore provide a competitive advantage in colonization of the gut. They are

chromosomally encoded in small genomic islands that, in UPEC, interact with proteins from

other genomic islands carrying virulence factors to produce the active siderophore-microcin

[16]. We found *mchBC* in only 46 isolates of the set, consisting of isolates from CSF (3),

blood (11), line tip (1), pus (1), nasopharyngeal aspirate (1), ET tip (1), sputum (2), urine (3)

and screening isolates (9 from neonates, 13 general, 1 environmental) belonging to 22 STs

of which ST 73 (12 isolates) and ST12 (8 isolates) were the most common.

mcmA (microcin precursors)

Similarly, 46/593 isolates were positive for *mcmA*, and again isolates from CSF (4 isolates),

blood (11) and urine (3) were over-represented compared with their overall proportions in the

set. Isolates were from 20 different STs, of which ST73 (11 isolates) and ST 12 (8 isolates)

were the most common.

Autotransporters

Vacuolating autotransporter toxin (encoded by *vat*)

vat was detected in 103 (17 %) of the isolates, 27 from blood, 6 from CSF, 7 from urine, 18

from other clinical sites (ascitic fluid, thigh tissue abscess, pancreatic abscess, ET

secretions, line tip, ETT, nasopharyngeal aspirate, sputum, eye, pus), 15 from neonatal

screens, 29 from other screens and 1 from the hospital environment (mascerator). These

were over-represented in the blood, CSF and other clinical sites groups, representing 53, 75,

and 29 % of the isolates in each group, compared with an overall prevalence of 17 % and a
prevalence in screens (not neonatal) of only 9 %.
278
279 Temperature sensitive hemagglutinin (encoded by *tsh*)
280 The *tsh* gene was found in only 2 % of isolates in our panel. It was not found in any of those
281 from CSF, nor was it found in enhanced numbers in isolates from urine compared to the
282 overall prevalence or from that in screens. It was found in 3.8 % of blood isolates.
283
284 Secreted autotransporter toxin (encoded by *sat*)
285 *Sat* was detected in a third (34 %) of the isolates, with most representatives of ST131 (the
286 most common ST by far) carrying the gene. It was found in 55 %, 13 %, 47 %, 54 % and 23
287 % of blood, CSF, urine, neonatal screens and general screens, respectively.
288
289 Pic (protein involved in colonization)
290 The *pic* gene was detected in almost 5 % of isolates overall, with an enhanced prevalence
291 among those from blood (17 %) and CSF (13 %) compared with those from urine and
292 neonatal and general screens (3 %, 4 % and 2 %, respectively).
293
upaH
upaH is a further autotransporter gene that has been associated with biofilm formation and
bladder colonization [24]. Among our panel of isolates, we only detected it in 18 isolates, all
but one of which belonged to ST73 or a single locus variant (SLV) of ST73. This ST
generally is associated with virulence; not surprisingly 7 of the 18 isolates were from blood
and 2 from line-tips, while only 5 were from screens, despite the latter greatly outnumbering
those from blood (53 blood isolates compared with 423 isolates from screening). The
isolates were from 10 different hospitals, but 4 of them were clonally related to each other (5-
SNP cluster) and were related in space and time.
303
PAI marker gene *malX*
malX codes for a phosphotransferase system enzyme that recognizes maltose and glucose.
It is a PAI marker. It was detected in almost all representatives of ST131 (117/ 120 isolates)
and was common among the panel, being found in 277/593 isolates (47 %) overall, with
somewhat increased prevalence among blood (41/53) and CSF isolates (7/8) (77 and 89 %,
respectively) compared with those from urine, neonatal and general screens (47, 54 and 35
% respectively). As well as ST131, it was strongly associated with STs 648 (18 isolates),
1193 (24 isolates) and ST73 (14 isolates).
312

Prevalence of virulence genes in invasive isolates compared with screens

These data do not provide sufficient support that *tsh* is more associated with invasive isolates compared with screen isolates. However, there is strong evidence in support of *focCDF*, *sfaE/sfafoCDE*, *clbK*, *papG*_alleleIII, *pic* and *mcmA* being associated with sepsis (all greater than 7 times more prevalent among blood isolates than screen isolates), *focCDF*, *sfaE/sfafoCDE*, *papG*_alleleIII, *cblK* and *mcmA* associated with CSF (all greater than 17 times more prevalent among CSF isolates than general screens and more than 6 times more prevalent among CSF isolates than overall) as well as *cnf1*, *kpsM*_K1, *mchBC*, *neuBD*, *vat* and *tcpC* . *hylBCD* and *cnf1* were associated with urinary tract infections (both greater than 2.8 times as prevalent among urine isolates than overall). A caveat to these observations is that the number of isolates from CSF was small (8/593 isolates); however, they were genetically diverse, each representing a distinct ST.

Combinations of virulence genes.

While some 355 isolates of the panel of 593 carried one or more of the virulence genes (or virulence gene sets) sought (*clbK*, *cnf1*, *focCDF*, *ibeA*, *hylBCD*, *mchBC*, *neuBD*, *ibeA*, *sfaE/sfafoCDE*, *tcpC*, *KpsM*_K1, *malX* (PAI), *mcmA*, *papC*, *papG*, *papG*_alleleIII, *pic*, *sat*, *sepA*, *tsh*, *upaH*, *vat*, *virF*), 81 carried only one (particularly *malX*, *sat*, *tsh*, *papC*, or in one instance the rare gene *virF* found in only 2 isolates in our set), 86 carried only two (with the most common combinations being *malX* and *sat* (62) and *papC* and *sat* (8), and 49 carried only 3 (most, all of ST 131, carrying the *malX*, *papC* and *sat* combination (30)). A number of isolates including 12 from invasive sites carried the combinations of *neuBD*, *KpsM*_K1, *malX*, *sat*, *vat* (15 isolates, all of ST 1193), *neuBD*, *KpsM*_K1, *malX*, *papC*, *sat* (5 isolates) or *ibeA*, *neuBD*, *KpsM*_K1, *malX*, *vat* (7 isolates) (with 10 further isolates carrying one of these combinations and further genes), while the combination of *cnf1*, *hylBCD*, *malX*, *papC*, *sat* was found in 15 isolates (all of ST131), of which 4 were from urine (with a further 6 isolates carrying this combination and further genes). Some 53 isolates (8.9 %) carried more than 6 of these genes/gene sets, and all but one of these carried at least 8; one carried 15 (Table S1). Of these 53 isolates, which all belonged to phylogroup B2, 47 carried *cblK*; this represents 78 % of all the isolates carrying *cblK*, showing that isolates carrying this gene are highly likely to carry multiple virulence factors. Many (16) carried one or more elements associated with the K1 capsule (*KpsM*_K1, *ibeA*, *neuBD*). All but three carried the F1 fimbriae and S fimbriae genes *focCDF* and *sfaE/sfafoCDE*. Sequence types 73 (13 isolates, plus 2 SLVs), 12 (8 isolates), 127 (6 isolates) and 998 (6 isolates, 4 from neonates from the same hospital and 3 representing the same strain) were the most common STs among those carrying 8 or more virulence genes/gene sets. Worrying, eight also carried $bla_{OXA-48-like}$ carbapenemase genes. In common with 3 of the 4 ST998 isolates, and 4 of the ST73

350   isolates, the two isolates belonging to ST416 and two of those belonging to ST80 were

351   epidemiologically and clonally related; all the others were not. A further two of the 13 ST73

352   isolates were from the same hospital and submitted together but were more than 250 SNPs

353   apart.

355   Figure 2.

   a) Distribution of isolates from different sites carrying 0 to 8 or more virulence
      genes/gene sets
   b) Distribution of number of virulence genes/gene sets among isolates from different
      isolation sites

a)

b)

Nanopore sequencing results

Nanopore sequencing was carried out on 14 isolates, consisting of 10 different sequence types (STs 12, 73, 80, 127, 131, 141, 72, 416, 1859 and 4456 (Table 1). Six of the isolates carried elements associated with the K1 capsule (*KpsM*_K1, *ibeA*, *neuBD*). In most cases (9/14), the assemblies resulted in complete closed circular contigs for the chromosome and any plasmids present; these were those included in comparisons in Figure 3. It confirmed that the virulence genes sought were mostly chromosomally located in these examples. An exception was the 128 kb plasmid in N6_S1_40/19, which carried the aerobactin and salmochelin clusters, *iss*, *ompT*, *sitA* and *traJ* genes. In other isolates, these elements, where detected, (with the exception of *traT* and *traJ*) were chromosomally located.

All the isolates carried *chuASTWXYU* (encoding haem uptake) in the chromosome in a gene cluster that was distant from the other virulence genes sought. The three representatives of ST12 from 3 different hospitals shared a similar arrangement in terms of order of genes detected by the VirulenceFinder software with all sharing a section of approximately 214 kb containing the genes *sitA* (coding for an iron transport protein), *iss* (increased serum survival), the salmochelin cluster (e.g. *iroN* encoding a siderophore protein), *focC*, *sfaD* (coding for S fimbriae/F1C minor subunit), *mcmA*, *mchF*, *mchC*, *mchB* (encoding microcins) and *cea* (coding for colicin E1) (in that order). This region also included the *csgABCDEFG* cluster (coding for curli fibers) and *agn43* (coding for antigen 43 involved in biofilm formation). The 3 isolates shared high overall similarity with one another (with P7_NW2_18/20 having 99.5 % identity, 99 % coverage with N9_EE1_25/20 while P6_NW1_52/19 shared 99.95 % identity and 98 % coverage with it), with all carrying *terC* (encoding tellurium ion resistance protein), *clbB* (coding for hybrid non-ribosomal peptide/polypeptide megasynthase), *yfcV* (encoding a fimbrial protein), *gad* (coding for glutamate decarboxylase), *ompT* (encoding an outer membrane protease), *vat* (encoding vacuolating autotransporter toxin), *usp* (encoding uropathogenic specific protein), *fyuA*, *cnf1*, *papA* (papA_F43 or papA_F16), *papC*, *hra* (encoding heat-resistant agglutinin), *irp2*, *chuA* (encoding outer membrane hemin receptor), *kpsE* (encoding capsule polysaccharide export inner-membrane protein) with the position of *fyuA* and *irp2* (both in the yersiniabactin siderophore cluster) relative to the other genes being the most variable. These isolates were associated with the kpsMIII_K96 group 3 capsule allele. The one isolate (P6_NW1_52/19) carrying *bla*OXA-48 carried the gene in an IncL/M plasmid, as would be expected.

The set included 3 representatives of ST73 from 2 different hospitals, which had completely different SNP addresses from one another (>250 SNP differences) showing that they were not epidemiologically related. These carried kpsMII_K5 (coding for polysialic acid transport

399 Table 1. Isolates subjected to nanopore sequencing. Each isolate was from a different patient and, with two exceptions only (hospitals NW1
400 and WM1), from a different hospital. Isolates were labelled by patient (P1-P29, N1-N24, where those beginning with N are from neonates),
401 hospital (by region and number within that region) and date of isolation (week/year). Regions were EE, East of England, EM, East Midlands,
402 WM, West Midlands, L, London, NE, North East, NW, North West, SE, South East, SW, South West, S, Scotland, W, Wales, Y&H, Yorkshire
403 and Humber.

Isolate	ST	SNP address	O:H type	Isolation site	Carbapen-emase gene	Virulence genes
P6_NW1_52/19	12	13.13.13.13.13.13.13	O4:H5	rectal screen	bla_{OXA-48}	*clbK, cnf1, focCDF, hylBCD, mchBC, sfaE, tcpC, malX, mcmA, papC, papG*_alleleIII, *vat*
P7_NW2_18/20	12	1.16.16.16.16.16.17	O4:H5	blood	none detected	*clbK, cnf1, focCDF, hylBCD, mchBC, sfaE, tcpC, malX, mcmA, papC, papG*_alleleIII, *vat*
N9_EE1_25/20	12	1.17.17.17.17.17.18	O4:H5	faeces	none detected	*cnf1, focCDF, hylBCD, mchBC, sfaE, tcpC, malX, mcmA, papC, papG*_alleleIII, *vat*
P11_NE1_45/19	127	3.9.9.9.19.20.20	O6:H31	kidney urine	bla_{OXA-48}	*clbK, cnf1, focCDF, hylBCD, sfaE, tcpC, malX, mcmA, papC, vat*
P29_WM3_39/19	131	1.4.441.470.476.510.551	O25:H4	urine	none detected	*cnf1, hylBCD, malX, papC, sat*
P4_EM1_41/19	141		O50O2:H6	CSF	none detected	*clbK, cnf1, focCDF, hylBCD, mchBC, neuBD, sfaE, tcpC, KpsM*_K1, *malX, mcmA, vat*
N8_L2_07/20	1859		O99:H6	blood	none detected	*cnf1, focCDF, hylBCD, ibeA, mchBC, neuBD, sfaE, KpsM*_K1, *malX, mcmA, pic, vat*
P12_NW1_38/19	372		O83:H31	CSU	bla_{OXA-48}	*cnf1, focCDF, hylBCD, ibeA, mchBC, sfaE, malX, mcmA, papC, papG*_alleleIII, *vat*
N6_S1_40/19	416 (CC95)	6.27.28.28.28.29.53	O18ac:H7	blood	none detected	*clbK, focCDF, ibeA, neuBD, sfaE, KpsM*_K1, *malX, vat*
N10_L3_26/20	4456		O83:H4	blood culture	none detected	*focCDF, ibeA, mchBC, neuBD, sfaE, KpsM*_K1, *malX, mcmA, papC, papG, vat*
N5_WM1_04/20	73	56.70.70.71.72.73.74	O6:H1	line tip	none detected	*clbK, cnf1, focCDF, hylBCD, mchBC, sfaE, tcpC, malX, mcmA, pic, sat, upaH, vat*
P15_Y&H1_29/20	73	59.74.75.76.77.78.79	O6:H1	blood	none detected	*clbK, cnf1, focCDF, hylBCD, mchBC, sfaE, tcpC, malX, mcmA, papC, pic, sat, upaH*, vat*
N12_WM1_31/20	73	61.76.77.78.79.80.83	O6:H1	nasopharyngeal aspirate	none detected	*clbK, cnf1, focCDF, hylBCD, mchBC, sfaE, tcpC, malX, mcmA, pic, upaH, vat*
P1_SE1_24/20	80		O75:H7	urine	none detected	*cblK, cnf1, focCDF, hylBCD, ibeA, mchBC, neuBD, sfaE, KpsM*_K1, *malX, mcmA, pic, vat*

Figure 3. Examples of BLAST comparisons of chromosomal genomic regions carrying multiple virulence genes showing mosaic nature.

a) region carrying *focDFI*, *sfaE*, *cnf1*, *hylABCD*, *kpsDET*, *kpsM*_K1 and *aer* genes in P1_SE1_24/20 (ST80; run id RR9_BC12) compared with
those in P6_NW1_52/19 (ST12; run id RR10_BC07) shown in dark blue, N12_WM1_31/20 (ST73; run id RR14_BC03) shown in yellow,
P11_NE1_45/19 (ST127; run id RR14_BC11) shown in purple, P29_WM3_39/19 (ST131; run id RR14_BC01) shown in green,
P12_NW1_38/19 (ST372; run id RR9_BC02) shown in turquoise, N6_S1_40/19 (ST416; run id RR14_BC12) shown in brown, N8_L2_07/20
(ST1859; run id RR9_BC08) shown in pink and N10_L3_26/20 (ST4456; run id RR9_BC07) shown in grey.

b) of the same region but comparison against that in P6_NW1_52/19 (ST12; run id RR10_BC07) carrying *papCEFG*, *cnf1*, *hylABCD* and *fimH*;
the isolate in red is P1_SE1_24/20 (ST80; run id RR9_BC12)

c) region carrying *usp, pic, vat* and *ecpA* in P1_SE1_24/20 (ST80; run id RR9_BC12) compared with that in the other isolates

d) region carrying microcin genes (*mchBCF*, *mcmA*), *csg* and salmochelin gene clusters in P1_SE1_24/20 (ST80; run id RR9_BC12) compared
with the other isolates

e) region carrying yersiniabactin and colibactin in P1_SE1_24/20 (ST80; run id RR9_BC12)

Note the mosaic nature of this region carrying multiple virulence genes among the isolates.

e

yersiniabactin genes

irp2 *fyuA* *clbKL* *clbB*

422 protein; Group 2 capsule) but were otherwise highly similar in virulence gene content to the

423 ST12 isolates. Similarly, they carried a section carrying *sitA*, *iss*, *iroN*, *focG*, *focCsfaE*,

424 *mcmA*, *mchF*, *mchC*, *mchB* genes (in that order) followed by a section carrying *ompT*, *vat*,

425 *pic* and *usp*. All also carried *chuA*, *gad*, *tcpC*, *irp2*, *fyuA*, *clbB*, *yfcV*, *terC*, *hra*, *cnf1* and *kpsE*.

426 The *cnf1* gene was in a cluster with the *hylABCD* genes.

427 Indeed, most of the isolates sequenced carried *cnf1* and *hylBCD*, which were in a

428 chromosomal genomic island (Fig. 3 a and b). Although these elements were carried by

429 most isolates, the region was nevertheless quite mosaic in nature, with some isolates also

430 carrying F1 and S fimbriae genes in this region, while others carried *pap* genes. Most of the

431 virulence genes sought (e.g. the microcin (Fig. 3d) and colibactin (Fig. 3e) genes) were

432 carried in such chromosomal islands, with clear differences in each region between isolates

433 (Fig. 3).

Discussion

435 While all the virulence factors are important, many were very common or very rare among

436 our set, and we have chosen to concentrate on those for which there was evidence of a

437 greater incidence among clinical isolates compared to that from screening isolates. Of

438 course, colonisation is the first step in the evolution from commensal to pathogen causing

439 extraintestinal infection, so not surprisingly, these factors were by no means confined to

440 those from infections. In agreement with previously published work, it was clear from the

441 long-read sequencing that the virulence factors were largely associated with PAIs on the

442 chromosome, which have been linked with the emergence of virulence [17]. It was also clear

443 that some sequence types, particularly STs 12, 73, 998 and 127, were strongly associated

444 with multiple virulence factors, no matter whether they were from screening swabs or from

445 blood or other infection sites. This was a consistent finding, not just within the study period,

446 but also subsequently. Alhashash et al [25] noted an increase in incidence of representatives

447 of ST73 causing clinical infections, particularly bacteraemias, and showed that, whilst they

448 were relatively diverse, they mostly shared the same complement of virulence genes, a

449 finding that was mirrored in this study. Similarly, STs 12, 80 and 998 were each associated

450 with a consistent set of virulence genes, despite coming from many different hospitals and

451 often having clearly distinct SNP addresses (at least 100 SNPs apart); STs 80 and 998 were

452 notably strongly associated with the K1 capsule. It does seem that the number of virulence

453 factors (VFs) is important, representing a continuum of acquisition in the evolution of the

454 organism from harmless commensal to one capable of causing extraintestinal infections.

455 Notably, most (99/120) representatives of ST131 carried relatively few VFs (mostly *malX* or

456 *malX, sat* or *malX, papC, sat* among those sought), despite being considered one of the

457 most important ExPEC lineages, highlighting the need to be aware of less well recognised

458 linages. However, some representatives also carried *cnf1* and *hylBCD* (17), or *ibeA* (2).

Worryingly, almost 9 % (53/593) of isolates in our study carried more than six virulence

genes/gene sets, highlighting the potential for significant numbers of carriage isolates to

cause extraintestinal infections. Of these, 13.6 % of isolates from neonatal screens carried 8

or more of the VFs sought, compared with 3.3 % of other screens. While this was in part

associated with outbreaks in two hospitals, it is nevertheless concerning, especially

considering that neonatal meningitis due to *E. coli* carries a high mortality (10%) and

morbidity (30%) rate [26]. NMEC are characterised by K1 capsular antigens or

the *ibeA* invasion gene, features particularly noted in STs 1193, 10, 998, 538, 80 and 141 in

this study. However, these STs were not confined to isolates from neonates.

This work has provided a framework in which to assess isolates for virulence amongst a

bewildering array of candidate genes and has highlighted types that harbour the greatest

number of these virulence factors. It has also shown that a significant proportion of isolates

carry numerous virulence factors with consequent increased potential to cause infection.

These virulence factors are largely found in genomic islands, mosaic integrative structures

that can be acquired by horizontal transfer.

Conclusions

- *cnf1* (coding for cytotoxic necrotising factor), *clbK* (coding for colibactin), *focCDF*

(coding for F1 fimbriae), *kpsM*_K1, *neuBD* (associated with the K1 capsule), *mchBC*,

mcmA (coding for microcins), *papG*_alleleIII (part of a cluster encoding P fimbriae),

pic (protein involved in intestinal colonization), *sfaE/sfafoCDE* (coding for S fimbriae),

tcpC (encoding TLR domain containing-protein C) and *vat* (encoding toxin

vacuolating autotransporter) were more prevalent among isolates from invasive

infections than among those from carriage

- Representatives of STs 12, 73, 998 and 127 carried multiple of these virulence

factors, no matter whether they were from screening swabs or from blood or other

infection sites.

- Genes associated with the K1 capsule (*ibeA*, *neuBD*, *kpsM*_K1) were particularly

found in STs 1193, 10, 998, 538, 80 and 141

- 9 % of isolates in our study carried more than six of these virulence genes/gene sets,

highlighting the potential for significant numbers of carriage isolates to cause

extraintestinal infections

- Isolates carrying multiple virulence factors were more prevalent from neonatal

screens than those from general screens

- Most of the virulence factors were in chromosomal genomic islands, which are mosaic in nature

Acknowledgements

This work is an analysis of sequences generated by a service provided by the Opportunistic Pathogens Section of AMRHAI, the Gastrointestinal Bacteria Reference Unit, the Central Sequencing Laboratory and the Bioinformatics Unit at UKHSA, Colindale and thanks are due to every member of all of those teams involved in this work. Thanks are also due to Jack Turton for analysis of nanopore sequences. We thank staff from hospitals for sending these isolates to us.

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