IGF2BP2 is Induced by Stress in the Heart and Mediates Dilated Cardiomyopathy

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Abstract

The IGF2BP family of RNA binding proteins consists of three paralogs that regulate intracellular RNA localization, RNA stability, and translational control. Although IGF2BP1 and 3 are oncofetal proteins, IGF2BP2 expression is maintained in many tissues, including the heart, into adulthood. Previous studies indicated that IGF2BP2 is upregulated in cardiomyocytes during cardiac stress and remodelling and returns to normal levels in recovering hearts. These results suggested that IGF2BP2 might play an adaptive role during cardiac stress and recovery. Using a conditional, inducible transgenic mouse line, we found that enhanced expression of the IGF2BP2 transgene in newborn or adult hearts leads to dilated cardiomyopathy (DCM), with remodelling, fibrosis, and death within 3-4 weeks. Downregulation of the transgene after 2 weeks, however, rescues these mice, with complete recovery by 12 weeks. Proteomic analysis identified a downregulation of sarcomeric and mitochondrial proteins in hearts overexpressing IGF2BP2, and electron microscopy revealed fragmented mitochondria and elongated, thinner sarcomeres. Consistent with these results, IGF2BP2 is upregulated in patients with DCM or after myocardial infarction. These results show that cardiac stress upregulates IGF2BP2, leading to remodelling and compensation of the heart. Prolonged expression, however, leads to heart failure and death, making it an attractive target for therapeutic intervention.

Introduction

Cardiac disease, one of the leading causes of death worldwide, yearly affects millions of people. RNA binding proteins (RBPs) have come under increased scrutiny for their role in cardiac health and disease (Akerberg et al., 2019; Gao and Wang, 2020; Liao et al., 2016). Recently, a network of RBPs has been shown to associate with α−actinin in iPS-induced cardiomyocytes, helping to transport mitochondrial RNAs to the sarcomere and aiding in metabolic adaptations to stress (Ladha et al., 2021). Among these RBPs is IGF2BP2.

IGF2BPs are a family of RNA binding proteins composed of three paralogs, IGF2BP1, IGF2BP2, and IGF2BP3, that are highly conserved from fish and amphibians to mammals (Yisraeli, 2005). Enhanced CLIP analysis of human embryonic stem cells indicates that the IGF2BP paralogs (particularly IGF2BP1 and

IGF2BP2) overlap extensively in their RNA targets (Conway et al., 2016). Broadly expressed throughout embryonic development, IGF2BP1 and IGF2BP3 proteins are generally downregulated after birth, while IGF2BP2 expression is maintained in a number of adult tissues (Degrauwe et al., 2016). A wide variety of cancers show an upregulation of one or more of the IGF2BP proteins. The IGF2BP family of RNA binding proteins regulates RNA at many levels, including intracellular RNA localization, RNA stability, and translational control. The IGF2BPs are also reported to be readers of m^6A RNA methylation, an epigenetic modification that can affect RNA stabilization and translation (Huang et al., 2018). Given the apparently large number of potential targets, it is not surprising that IGF2BP proteins have been implicated in many cellular functions, including cell migration, proliferation, axon turning and guidance, maintenance of epithelial structures, and metabolic regulation (Carmel et al., 2015; Dai et al., 2013; Janiszewska et al., 2012; Kalous et al., 2014; Laggai et al., 2014).

Experiments in our lab, designed to test the effects of IGF2BP1 overexpression in different tissues, revealed that overexpression in the murine heart leads to dilated cardiomyopathy and premature death (see Results, Figure 1). Searches of RNAseq databases comparing normal and stressed hearts showed that although IGF2BP1 is not expressed either before or after stress, IGF2BP2 is expressed in normal cardiomyocytes and upregulated under different stress conditions (Results, Figure 2 and Figure S2). Given the extensive overlap in their RNA targets, we wondered whether IGF2BP1 overexpression in the heart may be mimicking an adaptive, physiological upregulation of IGF2BP2 that occurs upon stress to the heart. We report here that pressure overload or ischemia, which cause hypertrophy, lead to an increase of IGF2BP2 levels in the heart without activating IGF2BP1 or 3. Furthermore, activating IGF2BP2 overexpression in transgenic mice results in dilated cardiomyopathy within 2 to 3 weeks. This initial response to IGF2BP2 overexpression leads to heart failure or cardiac dysfunction and precocious death within 3 to 4 weeks after induction of IGF2BP2 expression. In both newborn and adult mice, overexpression leads to a progressive loss of heart function, but this process is reversible if IGF2BP2 overexpression is turned off in time. Adult hearts overexpressing IGF2BP2 for two weeks show a striking decrease in mitochondrial and sarcomeric proteins, as well as a shift in the expression of proteins associated with mitochondrial to those associated with non-mitochondrial based metabolism. Analysis of EM sections of these hearts reveals a preponderance of

fragmented mitochondria and elongated, thinner sarcomeres, validating these findings. Consistent with the mouse data, elevated levels of IGF2BP2 are observed in human patients with dilated cardiomyopathies or after myocardial infarctions. These results suggest a model in which IGF2BP2 is upregulated upon various cardiac stresses and induces remodelling as part of an adaptive response. This response, however, comes at the price of impaired mitochondria and reduced sarcomere organization that eventually leads to heart failure (cardiac dysfunction) if IGF2BP2 levels are not reduced.

Results

IGF2BP1 causes dilated, enlarged hearts and precocious death

To discover novel roles for IGF2BP1 in mice, we crossed a mouse containing a conditional IGF2BP1 transgene (LSL-GFP-IGF2BP1) with a mouse containing a ubiquitous PGK-CRE driver (Fig.1A). As PGK is already active in the oocyte (Lallemand et al., 1998), IGF2BP1 was expressed throughout the mouse embryo. IGF2BP1-expressing mice were born full-term, following Mendelian statistics, but all died between the ages of 6 to 16 weeks (Fig.1B). Post-mortem examination revealed that these mice contained enlarged, dilated, and fibrotic hearts (Fig.1C, D, Fig. S1A, E, F, and Supplemental movie 1). Echocardiograms revealed significant cardiac dilation already at 5 weeks (Fig. S1E, F) as well as loss of cardiac function, as assessed by reduction in ejection fraction (EF%), fractional shortening (FS%), and fractional area change (Fig. S1B-D). To determine whether expressing IGF2BP1 in the heart alone would be sufficient to cause the same phenotype, a CRE driver under the control of the heart-specific promoter, myosin heavy chain (MHC)α (Agah et al., 1997), was used to activate the LSL-GFP-IGF2BP1 transgene from embryonic day 8.5 (Ishikawa et al., 2003) (Fig.1E). Similarly, the mice were born normally and all died prematurely (8-16 weeks, Fig.1F) with enlarged hearts (Fig.1G, Fig. S1G), although there was a slight delay when compared to those with the PGK-Cre driver (Fig. 1B). Echocardiograms demonstrated that by 5 weeks of age, there was already a severe loss of function that was maintained until 10 weeks (Figure S1H, I, J). Dilation of the heart was evident throughout this period, as indicated by the enlargement of the left ventricle diameter in both systole and diastole (Figure S1K, L). Thus, overexpression of IGF2BP1 in the heart is sufficient to induce cardiac remodelling, heart failure, and premature death in mice within 8 to 10 weeks after birth.

IGF2BP2, but not IGF2BP1, expression is upregulated in multiple cardiac remodelling mouse models

Cardiomyopathy, which leads to heart failure and death, can be induced by both ischemic and non-ischemic stress to the heart. To investigate whether IGF2BP proteins are activated during cardiac remodelling, we searched available RNA expression data from cardiac stress models for IGF2BP1 RNA expression. None of these databases showed any expression of IGF2BP1, neither prior to nor subsequent to stress. In contrast, the IGF2BP paralog IGF2BP2 was significantly upregulated in several mouse models of induced cardiac stress. Temporary ligation of the left anterior descending (LAD) coronary artery creates ischemia in the left ventricle, and this technique has been used as a model to induce myocardial infarction (Kolk et al., 2009). IGF2BP2 RNA is upregulated specifically in LAD ligated, but not sham-operated, mice at 24 and 48 hours post occlusion, and only distal to the ligation (Fig. 2A) (Tarnavski et al., 2004). Significantly, IGF2BP2 expression returns to normal levels by 8 weeks, concomitant with recovery. A similar correlation between elevated IGF2BP2 expression and dilated cardiomyopathy and heart failure, followed by reduced IGF2BP2 expression upon resolution of heart failure, is observed in MerCreMer mice (Koitabashi et al., 2009) (Supplemental Fig. S2A). IGF2BP2 is also activated by isoproterenol (Supplemental Fig. S2B (Galindo et al., 2009) and phospholamban-induced cardiomyopathies (Burke et al., 2016).

We observed upregulation of IGF2BP2 in response to cardiac stress in two additional mouse models. In the first model, inducible expression of a soluble VEGF (sFlt) receptor in the heart of juvenile mouse pups causes chronic hypoxia, cardiac remodeling and hibernation of cardiomyocytes (May et al., 2008). Here, as well, IGF2BP2 expression, and not IGF2BP1, is upregulated, and silencing of the sFlt receptor, which rescues the phenotype, concomitantly downregulates IGF2BP2 expression (Fig.2B). Furthermore, ChIP analysis of the IGF2BP2 gene reveals that H3K27 acetylation, a marker of transcriptional activation, varies with the activation and silencing of the sFlt receptor and mirrors mRNA expression levels of IGF2BP2 (Fig.2C). In the second model (deAlmeida et al., 2010), transverse aortic constriction (TAC) generates pressure overload in the heart, a procedure that leads to cardiac hypertrophy and heart failure. RT-PCR performed on RNA isolated from these hearts revealed an upregulation of IGF2BP2 RNA, and not IGF2BP1 RNA, as compared to the sham hearts (Fig.2D; data not shown). Upregulation of IGF2BP2 staining in

histological sections of TAC compared to SHAM was also evident (Fig.2E).   Taken together, these experiments indicate that in various types of stress related cardiomyopathies, it is the IGF2BP2 paralog, and not IGF2BP1, that is upregulated in the heart.

IGF2BP2 upregulation in the heart leads to cardiac remodelling, fibrosis, heart failure and death

To better understand how IGF2BPs might be connected with cardiac stress, we characterized the expression of all three IGF2BP paralogs in maturing hearts at both the RNA and protein level. As expected for oncofetal proteins, IGF2BP1 and IGF2BP3 RNA and protein levels decline rapidly after birth, with essentially baseline levels observed by 3 weeks of age. IGF2BP2 RNA expression, however, is maintained even in the adult heart, with a low but detectable level of protein still observed at 6 weeks (Fig. S3A, B). Given the upregulation of IGF2BP2, but not IGF2BP1, in cardiomyopathy models, we wondered whether the phenotype we observed in IGF2BP1 overexpression mice might be mimicking the effects of IGF2BP2 upregulation during cardiac stress. To test this hypothesis, we used a transgenic system that enabled us to express IGF2BP2 in cardiac tissue in a conditional and reversible manner. Transgenic mice expressing a tetracycline-regulated transactivator protein (tTA) from a myosin heavy chain (MHC) α promoter were mated with transgenic mice harboring a transgene encoding a human IGF2BP2 protein under control of the tetracycline response element upstream of a minimal cytomegalovirus (TRE-CMVmin) promotor (Fig.3A) (see Materials and Methods). In offspring possessing both transgenes, cardiac-specific expression of IGF2BP2 can be regulated by the addition (off) or withdrawal (on) of tetracycline to or from the drinking water. Transgene expression in cardiac tissue from these mice was confirmed by histological staining (Fig. S3C), and the level of overexpression of IGF2BP2 was approximately 2.5 fold, as determined by RT-PCR using RNA isolated from primary cardiomyocytes grown from these mice and induced for 5 days (Fig. S3D).

When tetracycline is not administered to pregnant mice containing both transgenes, IGF2BP2 expression is activated when the MHCα gene is first turned on, around day E8.5 (Ishikawa et al., 2003) of development (Fig.3B). Pups appear normal at birth but die very early, even before weaning at 21 days (Fig.3C). When sacrificed at twelve days of age, these mice have enlarged and remodelled hearts (Fig.3D). In histological

sections stained for H&E, it is clearly apparent that the double positive hearts are much larger, and that their endo and sub-endocardium are very sparse compared to those of control hearts (Fig.3E). This phenotype appears to resemble the phenotype observed in the IGF2BP1 overexpression mice, albeit at a much earlier onset (2.5 vs. 8 weeks).

To determine whether upregulation of IGF2BP2 can affect not only perinatal but also adult hearts, mice were maintained on tetracycline for 8-10 weeks (IGF2BP2 off) before the antibiotic was removed from their drinking water (Fig.3F). Induction of IGF2BP2 at this point leads to heart failure and death in all the mice, although the process takes slightly longer in females as opposed to males (26-32 days as opposed to 21-26 days, respectively). As observed in the perinatally induced mice, the hearts were enlarged and remodelled, and these modifications progressed gradually from 10 to 28 days post-IGF2BP2 induction (Fig.3H). In histological slides prepared from these hearts at the different time points, the changes observed at 10 days post-induction are very subtle, with a slight disarray and mismatch of cell size of the cardiomyocytes, mainly in the papillary muscle and the sub-endocardium. With time, these differences become more pronounced, and fibrosis increases, also localizing to the sub-endocardium close to the lumen of the left ventricle (Fig.3I and Supp.3E).

Heart function was monitored in these mice by echocardiography (Fig.3J-L). Prior to induction of the IGF2BP2 gene, the hearts functioned normally in each of the three cohorts (MHC-tTA/IGF2BP2, MHC-tTA and WT), indicating that there is no leakiness of IGF2BP2 expression. At 10 days post-induction, although the cardiac stress markers ANP, BNP, and alpha actin 1 are already upregulated at the transcriptional level (Fig.3 M-O), the heart still appears to function normally, with no apparent differences observed in ejection fraction or fractional shortening. At 21 days post induction, however, mice expressing IGF2BP2 exhibited a heart failure phenotype, with both ejection fraction and fractional shortening reduced by over 50% (Fig.3J-L), and the stress markers maintained at elevated levels. These results argue that upregulation of IGF2BP2 expression rapidly induces stress in cardiomyocytes and is sufficient to cause heart failure and death in both perinatal and adult hearts within 3-4 weeks.

IGF2BP2-induced cardiomyopathy is reversible

In both the LAD occlusion model of MI (Fig.2) and the MerCreMer model (Fig. S2A), IGF2BP2 appears to return to nearly normal levels several weeks after the initial stress, and this drop correlates with rescue of the cardiac myopathy phenotype. These findings prompted us to test whether cessation of IGF2BP2 expression after induction of cardiac remodelling could rescue mice from progressing to complete heart failure. We employed two groups of transgenic mice. In the first group, IGF2BP2 expression was induced in 11 adult mice (8-10 weeks old) for 2 weeks and then switched off (Fig.4A). At the end of 2 weeks of induced IGF2BP2 expression, no loss of heart function was observed (Fig.4B, C). In striking contrast to the mice that all died between 21- 32 days following IGF2BP2 induction, all the mice in which IGF2BP2 was turned off after 14 days survived. Three of these mice were sacrificed 4 weeks later, and their hearts were found to be slightly enlarged, indicating that some remodelling had occurred as a result of the 2 week induction (Fig.4D). In these hearts, wheat germ agglutinin staining of the endocardium adjacent to the papillary muscle confirmed that the cardiomyocytes were hypertrophic (Fig. 4F). The 8 remaining mice survived until they were sacrificed, 12 weeks after the gene had been turned off. Heart function was not affected throughout the entire post-IGF2BP2 expression period (Fig.4B, C), and their hearts returned to normal size (Fig.4F). These findings indicate that the effects of IGF2BP2 expression on cardiac remodelling and function are potentially reversible.

A second group of 5 mice were induced for IGF2BP2 expression for 16 days (Fig.5A). As in the first group, at the end of the induction there was no loss of heart function (Fig.5B,C). Nevertheless, the outcome in this group varied significantly. Two mice (I and II) died within two weeks of turning off IGF2BP2. The heart from mouse II had extensive dilation of both ventricles and loss of muscle wall thickness (Fig.5F). Although the remaining three survived until the end of the experiment, at 12 weeks post-IGF2BP2 overexpression, one of the mice (mouse III) had severely impaired heart function (ejection fraction and fractional shortening; Fig.5B,C) and a significantly large heart with extensive fibrosis throughout all of the left ventricle wall (Fig. 5E,F). The remaining two mice (IV and V) displayed some impairment in heart function that almost reverted back to normal by the end of the experiment, and their hearts were of normal size and with minimal fibrosis (Fig. 5D,F and data not shown). The variability among this set of mice may reflect slight differences in

how quickly the mice drink the tetracycline that abolishes IGF2BP2 expression or in the length of time it takes to switch off the gene (Fig. S4). These results suggest that the effects of IGF2BP2 expression are reversible up to a point of no return, after which the remodelling of the heart is too severe to be repaired.

Major protein changes are found in sarcomeres and mitochondria

To elucidate the underlying mechanisms through which IGF2BP2 helps mediate dilated cardiomyopathies, we prepared protein extracts from hearts expressing either the IGF2BP2 transgene or the Tet transactivator alone for 15 days and analyzed them by mass spectrometry (MS; Fig. S5A, B; Supplemental File 1). Unsupervised hierarchical clustering identified two distinct groups corresponding to the tTA control and IGF2BP2 transgene-expressing mice (Fig. S5C; Supplemental File 1). Supervised hierarchical clustering of differentially expressed genes showed a significant upregulation of 587 proteins and significant downregulation of 440 proteins (FDR=0.05, S=0.1) (Fig.6A). Among the proteins that were significantly affected by IGF2BP2 expression, 71 of them (30 downregulated and 41 upregulated) are associated with contractile proteins, as defined in Gene Ontology – Cell Components (GO:0043292). Recent reviews examining the genetics of DCM have identified 32 genes associated with various DCM syndromes (Lehnart and Wehrens, 2022; Maggi et al., 2021; Rosenbaum et al., 2020; Stege et al., 2021). Strikingly, over half of these genes (17) are present in the list of proteins significantly affected by IGF2BP2 expression (Table 1). Of these, 14 are downregulated in the IGF2BP2-expressing hearts, with 12 of these proteins also associated with the sarcomere and/or Z-disc. These results correlate nicely with the pathology and physiology of the transgenic hearts, supporting the evidence that expression of IGF2BP2 in the heart causes DCM.

A GO analysis of the biological processes and cellular components of the proteins significantly downregulated by IGF2BP2 expression (Fig. 6B and Supplemental File 1) reveals a strong correlation with mitochondrial (309/440=70%, FDR=2.04×10^{-216}) and metabolic processes (315/440=72%, FDR=4.54×10^{-55}). The same analysis of the upregulated proteins also shows a strong correlation with metabolic processes, albeit different proteins (Fig. 6C and Supplemental File 1). However, while a similar number and percentage of the upregulated proteins are associated with metabolic processes (359/587=61%,

FDR=2.82×10^{-41}), only 98 of the upregulated proteins are associated with mitochondria (17%). To gain insight into why some of the proteins associated with metabolic processes are downregulated while others are upregulated by IGF2BP2 expression, we correlated mitochondrial association with metabolic processes for each group. As seen in Figure S6, over 75% of the downregulated metabolic processes proteins are mitochondrial, as opposed to only 20% of the upregulated proteins. This highly significant correlation ($\chi^2 < 0.0001$) indicates that IGF2BP2 expression in the heart causes mitochondrial proteins, and, as a result, mitochondrial metabolism, to be greatly diminished, and in order to compensate for the heart's metabolic requirements, non-mitochondrial metabolic pathways are upregulated. Several up- and down-regulated proteins were validated by western blot analysis (Fig.6D, E).

To analyze the effect of IGF2BP2 on sarcomere structure at the cellular level, IGF2BP2 expression was activated in primary cardiomyocytes for 7 days. Cells were stained with anti-IGF2BP2, anti-MF20 (a pan myosin heavy chain antibody), and DAPI (Fig. S7A), and images were analyzed using an algorithm in ImageJ which highlights the direction of polarized pixels, based on coherency mapping (Puspoki et al., 2016). As seen in Fig. S7B, while control cardiomyocytes reveal a bright MF20 staining upon coherency mapping, indicating a more global orientation of myofibrils within the cell, IGF2BP2-expressing cardiomyocytes lose organization of pixels in the MF20 staining, and exhibit a duller, more spotted appearance.

These results suggested that changes in cardiomyocyte structure upon IGF2BP2 induction might also be apparent at the ultrastructural level. Transmission electron microscopy (EM) images were acquired from the LV of adult hearts expressing either MHC-tTA alone or MHC-tTA/IGF2BP2, 2 weeks after activating transgene expression (Fig 7A). In accordance with the proteomics and myofibril staining data, the sarcomeres of the tTA-IGF2BP2 heart showed an altered structure, with the distance between the Z lines elongated (sarcomere length) and the width of the myofibrils shortened (Fig 7B-C), a phenotype observed in dilated cardiomyopathy (DCM) (Collins et al., 2021; Wu et al., 2021). Western blot analysis shows an approximately 30% reduction in the sarcomere Z disk-localized αActinin protein in IGF2BP2 overexpressing mice (Fig. S8A, B). Interestingly, the RNA for both αActinin2 and several mitochondrial

proteins are actually upregulated in primary cardiomyocytes after 5 days of IGF2BP2 expression (Fig. S8C), suggesting that IGF2BP2 may be regulating sarcomeric and mitochondrial genes by binding their RNA transcripts, stabilizing the mRNA, but inhibiting translation. A similar repressive role in the translation of CDC42 mRNA in the heart has recently been attributed to enhanced IGF2BP2 binding (Qian et al., 2021).

The proteomics data predicted that IGF2BP2 expression should have a strong effect on the mitochondria in transgenic hearts. Indeed, upon IGF2BP2 overexpression, a disordered alignment of mitochondria is observed in EM grids, along with alterations in shape and size (Fig 7A, D). Quantitative analysis shows that the number of mitochondria is 19% higher in the IGF2BP2-induced hearts (Fig 7E), although the average size was reduced by 23% (Fig 7F). Given that the total mitochondrial area per field is the same in both the control and overexpression hearts (Fig. 7G), these results indicate that the mitochondria are fragmented and not undergoing fusion properly when IGF2BP2 expression is activated. In a rat coronary artery constriction model, heart failure was shown to cause a similar phenotype of increased numbers of fragmented, smaller mitochondria (Chen et al., 2009). OPA1 is a mitochondrial inner membrane protein that helps regulate fusion of mitochondria and is downregulated by ischemia and in heart failure. Knockdown of OPA1 causes fragmentation of mitochondria in cultured cardiomyocytes (Chen et al., 2009), and, in mice, leads to heart failure (Wai et al., 2015). Notably, OPA1 is one of the mitochondrial proteins downregulated after IGF2BP2 activation (Supplemental File 1). It is interesting to note that OPA1 is also an essential protein for initiating mtDNA replication and maintaining mtDNA integrity (Elachouri et al., 2011). The abundance of a mitochondrial DNA sequence was compared to that of a nuclear genomic DNA sequence in DNA extracted from the same hearts used for the MS analysis. We found that there was almost 40% less mtDNA in the IGF2BP2-induced hearts than in the MHC-tTA controls (Fig. 7H). Taken together, these results confirm that overexpression of IGF2BP2 in the heart causes a pronounced impairment of both sarcomere and mitochondrial morphology.

IGF2BP2 expression in patients after MI or with DCM

Having observed that IGF2BP2 expression in mouse hearts is sufficient to cause dilated cardiomyopathy and that IGF2BP2 RNA is up-regulated in hearts that have undergone cardiac stress, we wondered whether

IGF2BP2 protein expression is elevated in human pathologies. Heart tissue from patients with various cardiac diseases was stained for IGF2BP2 protein. While IGF2BP2 expression was not observed in hypertrophic or myocarditis heart samples (Fig. 8, data not shown), IGF2BP2 expression was indeed detected in both myocardial infarction (MI; n=13) and DCM (n=20) hearts, with expression significantly higher in DCM as compared to MI sections (p=0.0404). These findings in human patients correlate well with the results from the mouse experiments, showing that IGF2BP2 is up-regulated upon cardiac stress and helps to remodel the heart.

Discussion

Here we demonstrate for the first time the involvement of IGF2BP2 in response to cardiac stress and in the development of cardiomyopathies. IGF2BP2 is normally expressed in the heart during embryogenesis, and its expression is maintained postnatally into adult life. Overexpression of IGF2BP2 in the mouse heart, either from birth or in the adult, causes an enlarged, remodelled, malfunctioning heart that leads to death within a period of approximately 3 to 4 weeks. Strikingly, overexpression of IGF2BP2 is observed not only in mouse models of cardiac ischemia and pressure overload, but also in human patients with dilated cardiomyopathy and after myocardial infarction (Fig. 8). In several mouse models of induced cardiac stress, rescue of the heart and recovery of normal morphology is correlated with downregulation of IGF2BP2, raising the possibility that upregulation of IGF2BP2 under stress conditions may initially be a compensatory response that later needs to be restricted to enable full recovery.

To test whether the DCM and death phenotype are reversible in the conditional mouse model, IGF2BP2 was overexpressed in adult hearts for 2 weeks and then turned off. We found that increased expression of IGF2BP2 for 2 weeks causes morphological, structural changes in the myocardium and in gene expression, yet these changes were not severe enough to impair heart function. In addition, all these mice ultimately recovered, and their hearts returned to normal size. Increasing the overexpression period by only two days (16 as opposed to 14 days) caused a significant change in the phenotype of the mice: two mice died within two weeks of turning off IGF2BP2, one mouse survived until the end of the experiment (12 weeks) but had an enlarged, malfunctioning heart, and only two mice were healthy three months post-abrogation of

IGF2BP2. Inasmuch as, in this tet off system, downregulation of the transgene is achieved through drinking tetracycline supplied in the water, the observed variability may result from differences in the speed at which the transgene is switched off.   Nevertheless, these results indicate that, in mice, IGF2BP2 overexpression triggers a spiral into cardiac disease that is initially reversible but becomes independent of IGF2BP2 expression after 2 weeks.

The mechanisms by which overexpression of IGF2BP2 leads to DCM and death appear to be multiple and complex. In our proteomics analysis, over 300 mitochondrial proteins were significantly reduced by IGF2BP2 overexpression, representing by far the highest ranking Cellular Component GO group influenced by IGF2BP2. The short, fragmented mitochondria phenotype observed in the EM sections of the IGF2BP2 overexpression hearts is fully consistent with the broad downregulation of mitochondrial proteins and appears very similar to the mitochondria seen in ischemic heart failure (Chen et al., 2009). Mitochondria constitute approximately 40% of the cytoplasm of an adult cardiomyocyte (Li et al., 2020), and mitochondrial dysfunction has long been known to be associated with the development of heart disease (Zhou and Tian, 2018). Because many of the downregulated proteins are also classified as metabolic, such a largescale assault on mitochondrial proteins can explain why these hearts proceed to heart failure. Accordingly, energy must be generated in these mice via alternative pathways, and this compensation is indeed observed as an upregulation of many other non-mitochondrial, metabolic proteins.   Similarly, genetic mitochondrial diseases, where the function of the mitochondria is compromised by mutations in mitochondrial proteins, are associated with cardiac abnormalities as well. Electrocardiographic and/or echocardiographic abnormalities are found in about 30% of adults with mitochondrial disease (Duran et al., 2019; El-Hattab and Scaglia, 2016; Orsucci et al., 2021; Pankuweit and Richter, 2015). Indeed, improving mitochondrial function is considered an emerging approach for treating heart failure (Brown et al., 2017).

Recently, it was shown that IGF2BP2 associates with αActinin2 protein in murine primary cardiomyocytes, where it helps mediate intracellular localization of RNAs encoding mitochondrial proteins to the vicinity of the sarcomere (Ladha et al., 2021). We also observed association of IGF2BP2 with mitochondrial RNAs, leading to an increased level of these transcripts. Nevertheless, mitochondrial proteins in the IGF2BP2

overexpressing hearts are downregulated, indicating that IGF2BP2 is likely repressing translation of many of these bound RNAs. IGF2BP2 has been shown to repress translation in several different settings, including translation of mitochondrial UCP RNA in brown fat (Dai et al., 2015). Significantly, these authors observed that over 40% of the RNAs associated with IGF2BP2 (as seen by immunoprecipitation) are mitochondrial. OPA1 mRNA, which encodes a mitochondrial inner membrane fusion protein that causes mitochondrial fragmentation when downregulated, is one such target of IGF2BP2 (Conway et al., 2016), and its protein product is also downregulated in the IGF2BP2-overexpressing hearts (Supplemental File 1). Thus, it appears that IGF2BP2 overexpression represses the expression of a large number of mitochondrial RNAs, likely inhibiting both OPA1-mediated fusion and mitochondrial function.

The proteomic data also show that many sarcomeric proteins are reduced by IGF2BP2 expression. Here, as with mitochondrial RNAs, IGF2BP2 appears to bind RNAs encoding these proteins, protecting the RNAs from degradation but repressing their translation. Many of the downregulated sarcomeric or Z-disc associated proteins were previously identified as genes associated with DCM in patients. Consistent with these findings, primary cardiomyocytes overexpressing IGF2BP2 show a loss of directionality and polarization. At the EM level, the sarcomeres of hearts overexpressing IGF2BP2 are elongated and thinner, a phenotype observed in DCM hearts. Taken together, these data suggest that IGF2BP2 overexpression impairs the translation of many IGF2BP2 target RNAs, particularly in mitochondria and sarcomeres, leading to DCM. Future studies should help clarify which mechanisms are responsible for the observed phenotypes.

In recent years, RNA methylation has been observed to play a role in cardiomyophathies. m^6A RNA methylation is upregulated when heart failure occurs in both humans and mice, as well as in primary cultured cardiomyocytes exposed to ischemia (Mathiyalagan et al., 2019). When RNA methylation is upregulated either by overexpression of the methylation writer, METTL3A, or downregulation of the methylation eraser, FTO, hearts become hypertrophic (Dorn et al., 2019) and show impaired cardiac contractility (Mathiyalagan et al., 2019). Conversely, mice in which METTL3A is knocked down do not become hypertrophic upon aging or when exposed to cardiac stress (Dorn et al., 2019), and MI-induced cardiac injury can be rescued by overexpression of FTO (Mathiyalagan et al., 2019). Recently, the IGF2BP proteins have been proposed

to be readers of m^{6}A RNA methylation, i.e., methylation of their RNA targets enhances binding by the proteins (Huang et al., 2018). It is tempting to speculate that increased m^{6}A RNA methylation could lead to elevated RNA binding by IGF2BP2, facilitating its role in mediating cardiomyopathies. In this regard, it is interesting to note that METTL3 RNA has been reported to be itself a target of IGF2BP2 in HEK293 cells (Huang et al., 2018). In addition, IGF2BP2 has recently been shown to cooperate with miR-133a and AGO2 in an RNA methylation-dependent manner; increased m^{6}A methylation leads to increased IGF2BP2 binding of miR-133a and recruitment of AGO2 to target RNAs, causing translational repression and cardiac hypertrophy (Qian et al., 2021). Future experiments will more fully determine how IGF2BP2 may interact with the methylation machinery in the heart.

In summary, we propose a model in which cardiac stress upregulates IGF2BP2, which in turn induces cardiac remodelling that acts as an adaptive response, allowing the heart to continue to function. This activation causes a shift in the heart from mitochondrial- to non-mitochondrial based metabolism, as well as a disruption of normal sarcomeric organization. The resulting dilated cardiomyopathy eventually leads to heart fatigue and death, unless IGF2BP2 expression is reduced in time. We propose that IGF2BP2 may be a useful target for the treatment of cardiac disorders in which there are upregulated levels of the protein.

Materials and Methods

Mice

Transgenic animals

All animal procedures were performed in accordance with the local animal ethics committee (MD-17-15389, MD-20-16134).

The generation of LSL-GFP-IGF2BP1 (VICKZ1) mice has been previously described (Rosenfeld et al., 2019) These mice were crossed with either PKC-CRE mice that were available in our facility or with αMHC-CRE mice, a kind gift from Prof. Eldad Tzahor, Weizmann Institute.

TRE-human p62 (IGF2BP2) mice were a kind gift from Alexandra K. Kiemer, Saarland University, and have been previously described (Tybl et al., 2011). In short, the human IGF2BP2 protein (p62) transgene is under control of the trans responsive element cytomegalovirus (TRE-CMVmin) promotor. In order to induce human IGF2BP2 expression in the heart, transgenic mice were bred with αMHC-tTA mice, a kind gift from Prof. Eldad Tzahor, Weizmann Institute, which carry the gene for tetracycline transactivator (tTA) under a cardiac specific promoter (αMHC). Cardiac-specific expression of the transgene can be switched off by the application of tetracycline or switched on by the withdrawal of the tetracycline. To repress human IGF2BP2 expression during embryonic and early postnatal heart development, mothers were given 0.5mg/ml tetracycline (Tamar Inc., Israel) with 3% sucrose in the drinking water. Mice were then kept on tetracycline until induction at 8-10 weeks of age. All heart weight to body weight (HW/BW) or tibia length to body weight (TL/BW) ratios were done per sex. In PGK IGF2BP1, MHC IGF2BP1, Rescue IGF2BP2 are all heart weights of male mice. MHC IGF2BP2 in the adult data and mass spectrometry are taken from female mice. All echocardiograms, the rescue experiment and the electron microscopy were done on male mice.

Transverse Aortic Constriction (TAC)

TAC mice models (n=3) to induce chronic pressure overload of the left ventricle (deAlmeida et al., 2010; Rockman et al., 1991) were performed by standard protocol in the Kehat lab at the Technion Institute (Israel).

Echocardiography

Short axis measurements were obtained for heart function evaluation, by transthoracic echocardio-graphy performed on isoflurane-sedated mice using a Vevo LAZR-X VisualSonics device for IGF2BP2 mice and the VEVO700 for the IGF2BP1 mice. Three frames of short axis were analyzed for three Diastole and systole cycles. All echocardiography measurements were performed in a blinded manner.

Data is presented as mean + SEM. ** $p < 0.01$, ****$p < 0.0001$; statistical significance was calculated using one-way ANOVA followed by Dunnett's post hoc test relative to tTA group.

Histology staining and IHC

Hearts were fixed and paraffin embedded. Sections of 5µm thickness were then processed for tissue staining. H&E and Trichrome staining were done using standard protocol. Collagen staining to identify fibrosis was done using standard Sirius Red protocol. Immunohistochemistry was performed using the primary antibodies summarized in supplementary table 2. Autofluorescence in immunofluorescence staining was quenched using the Vector® TrueVIEW® Autofluorescence Quenching Kit (Vector Laboratories, SP-8400-15) following manufacturer's instructions. Wheat germ-agglutinin staining (1 mg/ml, Sigma) was performed for 1 hour, treated with Vector TrueVIEW kit, stained with DAPI and mounted with VECTASHIELD Vibrance Antifade Mounting Medium (Dorn et al., 2019). In enzymatic reactions, the ImmPRESS® HRP Horse Anti-Rabbit IgG Polymer Detection Kit, Peroxidase (Vector Laboratories,MP-7401) and the ImmPACT® DAB Substrate, Peroxidase (HRP) (Vector Laboratories, SK-4105) were used. Hearts were cut in half in adult, taking the apex for molecular analysis and a region from under the midline to base for sectioning. Sections prepared for experiments of IGF2BP2 expression from birth were prepared from the apex to base region. 3D modelling was done using High-Resolution Episcopic Microscopy (HREM), as previously published (Pokhrel et al., 2022).

Electron Microscopy

For perfusion, mice were weighed and anesthetized by i.p. injections with ketamine/xylazine solution (50 mg/kg ketamine/7.5 mg/kg xylazine in 0.9% NaCl solution). The animals were transcardially pre-perfused with ice cold 10ml of 0.1 M phosphate buffer, followed by perfusion with 10ml ice cold fresh prepared

Karnovsky fixative containing 2% paraformaldehyde and 2.5 % glutaraldehyde EM grade, in 0.1M sodium cacodylate buffer pH 7.3.

Tissue was washed 4 times with sodium cacodylate and postfixed for 1 hr with 1% osmium tetroxide and 1.5% potassium ferricyanide in sodium cacodylate, and washed 4 times with the same buffer, followed by dehydration with a graded ethanol series, followed by 2 changes of propylene oxide. Cells were then infiltrated with a series of epoxy resin and polymerized in the oven at 60°C for 48 hours. 80 nm sections were obtained and stained with uranyl acetate and lead citrate. Sections were observed by Jeol JEM 1400 Plus Transmission Electron Microscope, and pictures were taken using a Gatan Orius CCD camera.

Human sections

Immunohistochemical staining was performed with the Ventana Benchmark Ultra System, using the Ultra View Universal DAB Detection Kit (#5269806001, Roche Diagnostics, Rotkreuz, Switzerland) for antibody detection, according to the manufacturer's instructions. Anti-IGF2BP2/p62 antibody (References: https://doi.org/10.1152/ajpgi.00005.2012 and doi: 10.1016/S0002-9440(10)61770-1) which detects both isoforms was incubated in a 1:100 dilution for 32 min at room temperature. Epitope retrieval was achieved with Cell Conditioning Solution 1 (#5279801001, Roche Diagnostics, Rotkreuz, Switzerland) at 95°C for 64 min. Samples were examined by an independent investigator blinded to experimental conditions. The intensity of each section was scored (intensity 0 = no detectable staining, 1 = weak staining, 2 = moderate staining, and 3 = strong staining). Statistics were done using Chi2 test.

Samples used in this project were with the permission of the local ethics commission (EK number 4077).

Cardiomyocyte isolation and Immunofluorescence staining

Cardiomyocytes were isolated using Neonatal Cardiomyocyte Isolation System (#LK003300; Worthington Biochemical Corporation) following manufacturer's instructions. Cardiomyocytes were seeded with DMEM-F12 (Biological Industries, Israel) with 10% FCS and 1% ciprofloxacin (Bayer) for 48 hours and then grown in DMEM-F12 with 0.1% serum and 1% ciprofloxacin for 3-4 days on cover glasses coated with BME (Celtrux). Cells were fixed with 4% formaldehyde and incubated with primary and secondary antibodies consecutively (see supplementary table 2 for the full list of antibodies).

Cells were imaged using the Nikon Spinning Disk microscope. For directionality of pixels in MF20 cardiomyocyte staining, ImageJ software was used, using the OrientationJ plugin as instructed (Puspoki et al., 2016). 3 repeats of the experiment were performed.

Sample preparation for MS analysis

Heart tissue was homogenized in RIPA buffer containing protease and phosphatase inhibitors, clarified by centrifugation, and the supernatant was subjected to protein precipitation by the chloroform/ methanol method (Wessel and Flugge, 1984). The precipitated proteins were solubilized in 100 µl of 8M urea, 10 mM DTT, 25 mM Tris-HCl pH 8.0 and incubated for 30 min at 22°C. Iodoacetamide (55 mM) was added followed by incubation for 30 min (22°C, in the dark), followed by re-addition of DTT (10 mM). 25 µg of protein was transferred into a new tube, diluted by the addition of 7 volumes of 25 mM Tris-HCl pH 8.0 and sequencing-grade modified Trypsin (Promega Corp., Madison, WI) was added (0.4 µg/ sample) followed by incubation overnight at 37°C with agitation. The samples were acidified by addition of 0.2% formic acid and desalted on C18 home-made Stage tips. Peptide concentration was determined by Absorbance at 280 nm and 0.75 µg of peptides were injected into the mass spectrometer.

nanoLC-MS/MS analysis

MS analysis was performed using a Q Exactive-HF mass spectrometer (Thermo Fisher Scientific, Waltham, MA USA) coupled on-line to a nanoflow UHPLC instrument, Ultimate 3000 Dionex (Thermo Fisher Scientific, Waltham, MA USA). Peptides dissolved in 0.1% formic acid were separated without a trap column over a 120 min acetonitrile gradient run at a flow rate of 0.3 µl/min on a reverse phase 25-cm-long C18 column (75 µm ID, 2 µm, 100Å, Thermo PepMapRSLC). The instrument settings were as described (Scheltema et al., 2014). Survey scans (300–1,650 m/z, target value 3E6 charges, maximum ion injection time 20 ms) were acquired and followed by higher energy collisional dissociation (HCD) based fragmentation (normalized collision energy 27). A resolution of 60,000 was used for survey scans and up to 15 dynamically chosen most abundant precursor ions, with "peptide preferable" profiles, were fragmented (isolation window 1.8 m/z). The MS/MS scans were acquired at a resolution of 15,000 (target value 1E5

charges, maximum ion injection times 25 ms). Dynamic exclusion was 20 sec. Data were acquired using

Xcalibur software (Thermo Scientific). To avoid a carryover and to equilibrate the C18 column,

the column was washed with 80% acetonitrile, 0.1% formic acid for 25 min between samples, as per

standard protocol.

Raw data were processed using MaxQuant (MQ) version 1.6.5.0 (Cox and Mann, 2008) and the embedded

Andromeda search engine (Cox et al., 2011). The bioinformatics was performed with Perseus suite (version

1.6.2.3). The data were filtered for reverse, contaminants and identified by site. Then the data were filtered

such that a protein had to have non-zero LFQ intensity in all 9 samples with 3 or more peptides. The

significantly enriched proteins were found (two-sample t test with a permutation-based FDR method) and

further selected using an adjusted p value <0.05 and S=0.1. Log2-transformed individual values or triplicate

means were z-score-normalized prior to hierarchical clustering. Gene Ontology annotation performed using

STRING site version 10.5, and the statistical values by the site have been reported. A file containing lists

of the proteins at the different stages of filtering has been included as supplemental data (Supplemental File

1). The mass spectrometry proteomics data have been deposited in the ProteomeXchange Consortium via

the PRIDE (Perez-Riverol et al., 2022) partner repository with the dataset identifier PXD037623.

Gene omnibus (GEO) data sets

Publicly available Gene omnibus (GEO) data sets from murine myocardial infarction samples from mice

that underwent ligation of the left coronary artery (GDS488), heart failure due to expression of mutated

estrogen receptor-coupled Cre under transcriptional control of cardiac-specific myosin heavy chain

(MerCreMer; GDS5469), and induced cardiomyopathy due to exposure to isoproterenol (GDS3596), were

analysed for IGF2BP2 expression.

<u>Statistics</u>

Data are shown as mean ± SEM unless otherwise stated. One-way analysis of variance (ANOVA) was used

to determine statistical significance for experiments with more than two groups followed by Dunnett's post

hoc test. Figures with ANOVA analysis where applicable are indicated in corresponding figure legends.

Comparison between two groups were carried out using GraphPad software with an unpaired Student's t-

test. In human IHC statistics was performed using a chi-squared test. P-values <0.05 were considered statistically significant and assigned in individual figures.

Real-time and quantitative polymerase chain reaction

Total RNA from heart tissue was extracted with the NucleoSpin RNA Mini Kit with DNase (Macherey-Nagel). cDNA was synthesized using oligo dT with the Flex Script cDNA Synthesis kit (Quanta bio). qPCR was done on an CFX384 Touch™ Real-Time PCR Detection System (Bio-Rad) using the Fast SYBR Green Master Mix (Applied Biosystems, ThermoFisher Scientific). Results were calculated using Bio-Rad CFX software. The list of primers used are in supplemental table 2.

For nuclear and mitochondrial DNA extraction, the Qiagen DNeasy Blood & Tissue Kit (69504) was used. For nuclear DNA, a sequence on chromosome 12 was used as an internal control and a sequence from COX1 was used for mitochondrial DNA.

Western blot analysis

Tissue extracts were prepared using RIPA buffer with the addition of (β-Glycerophosphate and Sodium orthovanadate) and a protease inhibitor cocktail (Ape Bio). Protein extracts were run on precast SDS-PAGE gels (Bio Rad) and transferred to nitrocellulose membranes prior to imaging with the Bio Rad ChemiDoc Imaging System.

List of antibodies can be found in supplemental table 2.

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Table 1. Genes associated with DCM and their regulation by IGF2BP2 expression

Gene code	Gene name	Cellular location	Regulation by IGFBP2	Reference
LMNA	Lamin A/C	Nuclear envelope		Pereira, 2020
RBM20	RNA-binding protein 20	Nuclear		Pereira, 2020
TTN	Titin	Sarcomere	down	Pereira, 2020
MYH7	Myosin-7	Sarcomere		Pereira, 2020
MYH6	Myosin-6	Sarcomere	down	Pereira, 2020
TNNT2	Troponin T, cardiac muscle	Sarcomere	down	Pereira, 2020
MYBPC3	Myosin-binding protein C, cardiac-type	Sarcomere	down	Pereira, 2020
TNNI3	Troponin I, cardiac muscle	Sarcomere	down	Pereira, 2020
TPM1	Tropomyosin alpha-1 chain	Sarcomere	down	Pereira, 2020
MYL2	Myosin regulatory light chain 2	Sarcomere	down	Pereira, 2020
MYL3	Myosin light chain 3	Sarcomere	down	Pereira, 2020
ACTC1	Alpha-cardiac actin	Sarcomere		Pereira, 2020
ACTN2	Alpha-actinin 2	Z-disc		Pereira, 2020
ANKRD1	Ankyrin repeat domain-containing protein 1	Z-disc		Pereira, 2020
CSRP3	Cysteine and glycine-rich protein 3	Z-disc	down	Pereira, 2020
LDB3	LIM domain-binding protein 3	Z-disc	down	Pereira, 2020
MYOZ2	Myozenin-2	Z-disc	down	Pereira, 2020
TCAP	Telethonin	Z-disc	down	Pereira, 2020
VCL	Vinculin	Z-disc	up	Pereira, 2020
MYPN	myopalladin	Z-disc		Pereira, 2020
DES	Desmin	Intermediate filament		Pereira, 2020
FLNC	Filamin-C	Intermediate filament	up	Pereira, 2020
SYNM	Synemin	Intermediate filament		Maggi, 2021
BAG3	Co-chaparone 3	Intracellular chaperone		Pereira, 2020
DSP	Desmoplakin	Intercalated disc	up	Pereira, 2020
PKP2	Plakophilin 2	Intercalated disc		Pereira, 2020
TAZ	Tafazzin	Mitochondrial membrane		Pereira, 2020
DTNA	Dystrobrevin-alpha	Plasma membrane		Pereira, 2020
SCN5A	Alpha-subunit of the cardiac sodium channel	Plasma membrane		Pereira, 2020
JPH2	Junctophilin-2	Sarcoplasmic reticulum, plasm membrane	down	Wehrens,2022
PLN	Phospholamban	Sarcoplasmic reticulum		Sillje, 2021
CRYAB	Alpha-crystallin B chain	Nucleus, cytoplasm, membrane	down	Sillje, 2021

Figure 1. <u>Expression of IGF2BP1 in transgenic mice.</u>
(A) Schematic representation of the transgenic mouse cross. (B) Kaplan–Meier survival curve of mice ubiquitously expressing IGF2BP1 driven by PGK-Cre (*PGK-IGF2BP1*). Dark red line - male PGK-IGF2BP1 mice (n=7), light red line - female PGK-IGF2BP1 mice (n=8), grey dotted line, control mice (5 females, 3 males). (C) Bar graph of the ratio of heart weight to body weight (*HW/BW*) (mg/g) ± SEM at 5 weeks of age (n=7 for each group). Below the graph are representative pictures of a PGK-Cre control heart (left) and a PGK-IGF2BP1 heart (right) (*p* <0.0001). (D) Histology of Sirius Red staining of PGK control and PGK-IGF2BP1 mice at 4 and at 7 weeks of age. (E) Schematic representation of the transgenic mouse cross with a heart-specific Cre driver (αMHC-Cre). (F) Kaplan–Meier survival curve of αMHC-IGF2BP1 mice. Red line - male αMHC-IGF2BP1 mice, expressing IGF2BP1 in the heart (n=9), pink line - female MHC-IGF2BP1 mice, expressing IGF2BP1 in the heart (n=4), grey dotted line - control mice (5 females, 6 males). (G) Bar graph of the ratio of heart weight to body weight (HW/BW) (mg/g) ± SEM at 10 weeks of age (n=7 in each group). Below the graph are representative pictures of an αMHC-Cre control heart (left) and αMHC-IGF2BP1 heart (right) Under each bar is a representative picture of a control heart (left) and an αMHC-IGF2BP1 heart (right) (*p*=0.0009). Statistical significance was determined by two tailed Student's t-test. ***, *p*<0.001. ****, *p*<0.0001

Figure 2. Cardiac stress models and IGF2BP2 expression
(A) IGF2BP2 mRNA expression was assayed, from 1 hour to 8 weeks, in Sham-operated and LAD ligated mice at levels above (unaffected area) and below (affected area) of the LAD (GEO data set GDS488). (B) IGF2BP2 RNA expression in hearts from wildtype (WT), sFlt upregulated (sFLT), and sFlt upregulated and then downregulated (sFLT onoff) was compared on a gene array (*p*<0.0001). (C) CHIP analysis of H3K27ac - enhancer marks in the genomic region of IGF2BP2 in hearts isolated from WT, sFLT upregulated, and sFLT upregulated and then downregulated mice. Black boxes represent significant peaks. (D) IGF2BP2 mRNA expression from sham or TAC mice was assayed by RT-PCR (n=3; *p*=0.0015). (E) IGF2BP2 expression was detected by immunofluorescence (red staining) on heart sections from sham-operated or TAC mice. Nuclei are stained in blue (DAPI). Scale bar is 250µm. Statistical significance was determined by two tailed Student's t-test. ** *p*<0.01, ****p<0.0001. *A. U.*, arbitrary units.

Figure 3 (legend on next page)

Figure 3. Activation of the conditional IGF2BP2 transgene in mouse hearts
(A) Schematic representation of the transgenic mouse cross. (B) Timeline of transgene expression for the hearts shown in C-E. (C) Kaplan–Meier survival curve of the transgenic mice. n= 24 (MHC-tTA/IGF2BP2=6, WT=6, MHC-tTA=6, TRE-IGF2BP2=6). (D) Bar graph of the ratio of heart weight to body weight in MHC-tTA mice and MHC-tTA/IGF2BP2 mice. Below the graph are representative pictures of an MHC-tTA (left) heart and an MHC-tTA/IGF2BP2 heart (right) ± SEM (MHC-tTA/IGF2BP2=4, WT=3, MHC-tTA=2, TRE-IGF2BP2=3) (p=0.0001). (E) H&E staining of a cross section of an MHC-tTA (left) and MHC-tTA/IGF2BP2 heart (right). Scale bar is 500µm. Asterisks indicate the sub-endocardium. (F) Timeline of transgene expression for the hearts used in the experiments described in G-O. (G) Kaplan–Meier survival curve of adult transgenic mice. (MHC-tTA/IGF2BP2, males n=6, females n=6; MHC-tTA, males n=6, females n=5). (H) Bar graph of the ratio of heart weight to body weight (HW/BW) (mg/g) ± SEM in adult MHC-tTA mice and MHC-tTA/IGF2BP2 mice at different time points after transgene induction (10d: MHC-tTA, n=3; MHC-tTA/IGF2BP2, n=5; 20d: MHC-tTA, n=3; MHC-tTA/IGF2BP2, n=4; 28d: MHC-tTA, n=5; MHC-tTA/IGF2BP2, n=3) (10d-20d, p=0.0233 ,28d, p=0.0002). A representative picture of an MHC-tTA heart (left) next to an MHC-tTA/IGF2BP2 heart (right) at end point. (I) Trichrome staining of MHC-tTA (left) and MHC-tTA/IGF2BP2 (right) hearts at the indicated time points. Scale bar is 1mm and 100µm in the higher magnification (right panels). (J-K) Echocardiograms were performed on WT, MHC-tTA, and MHC-tTA/IGF2BP2 mice before, 10 days post, and 21 days post activation of the transgene (n=6 in each group). Analyses were of (J) Ejection fraction percentage and (K) Fractional shortening percentage. Statistical significance was determined by one-way analysis of variance (ANOVA) followed by Dunnett's post hoc test. (L) Representative pictures of the echocardiogram at 21 days post activation. (M-O) RNA was extracted from MHC-tTA and MHC-tTA/IGF2BP2 hearts at the indicated time points and analysed by RT-PCR for expression of ANP (20d, p=0.0462; 28d, p=0.0226), BNP (10d, p=0.0136; 20d, p=0.0034; 28d, p=0.0039), and ACTA1 (10d, p=0.0076; 20d, p<0.0001). Values show the results from 2 biological repeats ± SEM. Statistical significance in the bar graphs was determined by two tailed Student's t-test. * p<0.1, ** p<0.01, ***p<0.001, ****p<0.0001.

Figure 4. <u>Rescue experiment with full recovery</u>

(A) Timeline of experimental design for the experiments described in B-F: transgene on for 2 weeks and off for 12 weeks in adult mice. (B-C) Echocardiograms were performed on all the mice over the course of the experiment and analyzed for Ejection Fraction percentage (B) and Fractional Shortening percentage (C). (D) Bar graph of the ratio of heart weight to body weight (HW/BW) (mg/g) ± SEM in mice after 2 weeks of induction and 4 weeks after turning off the transgene. Below the graph are representative pictures of an MHC-tTA heart (left) next to an MHC-tTA/IGF2BP2 heart (right) (*p* =0.0299) (MHC-tTA, n=9; MHC-tTA/IGF2BP2, n=5). (E) Wheat germ agglutinin staining of endocardial tissue adjacent to the papillary muscle from the hearts described in (D). Quantification of the area of 150 cardiomyocytes from each cohort is shown below. (F) Bar graph of the ratio of heart weight to body weight (HW/BW) (mg/g) ± SEM in mice after 2 weeks of induction and 12 weeks after turning off the transgene. Below the graph are representative pictures of two MHC-tTA (left) and four MHC -tTA/IGF2BP2 hearts (right) (MHC-tTA n=5, MHC-tTA/IGF2BP2, n=8). Statistical significance was determined by two tailed Student's t-test. * p<0.1, **** p<0.0001.

Figure 5. <u>Rescue experiment with only partial recovery</u>

(A) Timeline of experimental design for the experiments described in B-F: transgene on for 2 weeks and 2 days and off for 12 weeks in adult mice. Echocardiograms were performed on all the mice over the course of the experiment and analyzed for Ejection Fraction percentage (B) and Fractional Shortening percentage (C). Three MHC-tTA controls were averaged together and are graphed in gray. The 5 MHC-tTA/IGF2BP2 mice are graphed separately and numbered I-V. (D,E) Picture of hearts at the end of the 2 weeks and 2 days transgene induction followed by 12 weeks of being off: (D) MHC-tTA control heart (left) and an MHC-tTA/IGF2BP2 heart (right) with normal EF% (mouse no.V) and (E) MHC-tTA control heart (left) and an MHC-tTA/IGF2BP2 heart (right) with impaired EF% (mouse no.III). (F)Trichrome staining of an MHC-tTA control and the different outcomes of the MHC-tTA/IGF2BP2 mice at the end of the experiment. Scale bar is 1mm.

Figure 6. Proteomics of uninduced and induced adult hearts
Protein extracts were prepared from MHC-tTA adult mice hearts (5 samples, tTA controls) or from same-age
siblings MHC-tTA/IGF2BP2 mice in which IGF2BP2 expression was activated for 15 days (4 samples, IGF2BP1
OE) and analyzed by mass spectrometry. (A) Supervised hierarchical clustering of all 9 samples of differentially
expressed proteins (with Z score, FDR=0.05, S=0.1; red, downregulated; green, upregulated). Top 20 Biological
processes in GO analysis were ranked by -log$_{10}$FDR (false discovery rate) of downregulated (B) and upregulated
(C) proteins. (D) Western blot validation of proteins shown to be up- (IGF2BP2) or down-regulated (Tubulin,
Troponin T, Troponin I, and COXIV) by MS analysis mass spectrometry. Histone 3 was used as a loading control.
(E) Quantification of the western blot analysis with two biological samples in each group ±SEM .

Figure 7. <u>EM images of the myocardium from transgenic mice</u>

(A) Representative EM images of the LV myocardium of mice. Left panels, magnification was x500, and right panels, x1000. "m" indicates mitochondria. Note the absence of the H zone in both the MHC-tTA and MHC-tTA/IGF2BP2 hearts, indicating that both are in contraction. The double headed arrows indicate the width of the myofibrils in the myocardium. Activation of IGF2BP2 expression leads to increased sarcomere length (B; $p < 0.001$) and decreased myofibril width (C; $p < 0.001$). IGF2BP2 activation also causes fractionalization of mitochondria, leading to an accumulation of smaller mitochondria (D) with a concomitant increase in their number per field (E; $p=0.0358$). Accordingly, the average size per mitochondrion drops (F; $p=0.0037$), although mitochondria still make up the same percentage of the area of the total field (G). (H) Mitochondrial DNA is reduced in hearts expressing IGF2BP2, as measured by PCR ($p=0.0466$). *$p <0.05$, **$p<0.01$ and ****$p <0.001$.

Figure 8. Expression of IGF2BP2 in human cardiomyopathies
Human pathological heart sections were stained with antibody against IGF2BP2. (A) Hypertrophic phenotype. (B) Dilatative cardiomyopathy. (C) Myocardial infarction. First row shows overview images at 0.3x magnification, scale bar 5000µm, the second row shows images at 8x magnification, scale bar 100µm, and the third row shows detail images at 40x magnification, scale bar 20µm.