Reactivation of memory-encoding dentate gyrus neurons during memory consolidation is associated with subregion-specific, learning- and sleep-mediated biosynthetic changes

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Abstract:

Post-learning sleep plays an important role in hippocampal memory processing, including contextual fear memory (CFM) consolidation. Here, we used targeted recombination in activated populations (TRAP) to label context-encoding engram neurons in the hippocampal dentate gyrus (DG) and assessed reactivation of these neurons during post-learning sleep. We find that post-learning sleep deprivation (SD), which impairs CFM consolidation, selectively disrupts reactivation in inferior blade DG engram neurons. This change was linked to more general suppression of neuronal activity markers in the inferior, but not superior, DG blade by SD. To further characterize how learning and subsequent sleep or SD affect these (and other) hippocampal subregions, we used subregion-specific spatial profiling of transcripts and proteins. We found that transcriptomic responses to sleep loss differed greatly between hippocampal regions CA1, CA3, and DG inferior blade, superior blade, and hilus. Critically, learning-driven transcriptomic changes, measured 6 h following contextual fear learning, were limited to the two DG blades, differed dramatically between the blades, and were absent from all other regions. Similarly, protein abundance in these hippocampal subregions were differentially impacted by sleep vs. SD and by prior learning, with the majority of alterations to protein expression restricted to DG. Together, these data suggest that the DG plays an essential role in the consolidation of hippocampal memories, and that the effects of sleep and sleep loss on the hippocampus are highly subregion-specific, even within the DG itself.

Introduction:

Hippocampal memory consolidation is affected by the amount and quality of post-learning sleep [1-4]. In both animal models and human subjects, sleep deprivation (SD) negatively impacts consolidation of hippocampus-dependent memories [5-7]. For example, in mice, consolidation of contextual fear memory (CFM), a canonical form of Pavlovian conditioning [8] is disrupted by SD in the first 5-6 h following single-trial contextual fear conditioning (CFC; pairing exploration of a novel context with a foot shock) [9-12]. Recent studies have shown that SD can alter basic features of hippocampal network function, including oscillatory patterning of network activity [11], intracellular signaling [10, 13], transcription and translation [14-16], and excitatory-inhibitory balance [12, 17]. However, the precise mechanisms responsible for SD-driven disruption of hippocampal memory storage remain unknown.

Growing evidence suggests that CFM is encoded via activation of a sparse population of hippocampal engram neurons [18]. Natural cue-driven memory recall (i.e., upon return to the conditioning context) can reactivate at least some of the same neurons active during CFC in hippocampal structures including DG [19, 20]. Optogenetic reactivation of these so-called engram neurons drives fear memory retrieval [21, 22]. Based on these findings, offline reactivation of engram neurons is widely hypothesized to serve as the mechanistic basis of memory trace storage. Indeed, recent data suggest that consolidation is associated with, and requires, sleep-associated reactivation of engram populations in neocortex [23, 24] and hippocampal area CA1 [25]. However, we have recently found that SD profoundly disrupts network activity in DG [26]. This effect is mediated in part through acetylcholine-dependent activation of somatostatin-expressing interneurons in DG - which in turn suppress activity among DG granule cells [12]. DG is a critical input structure to the hippocampus (receiving input from neocortex via the entorhinal cortex), and DG engram neurons' activity is necessary and sufficient for CFM recall [21, 22, 27]. Thus, a critical unanswered question is how post-CFC sleep and SD affect post-learning engram neuron reactivation in the context of CFM consolidation.

We first addressed this question using targeted recombination in activated populations (TRAP) [28] to label CFC-activated engram neurons in dorsal hippocampal DG. We find that these engram neurons reactivate in the first few hours following CFC. Post-learning SD disrupts this reactivation in a region-specific manner, preventing reactivation specifically in inferior blade DG granule cells. These findings suggest a subregion-specific, instructive, sleep-dependent mechanism for CFM consolidation. To identify subregion-specific cellular mechanisms associated with this phenomenon, we used spatial transcriptomics to identify transcript changes associated with CFC and subsequent sleep or SD in subregions of DG, CA1, and CA3. Surprisingly, SD-driven transcriptomic changes differed substantially between these subregions and varied dramatically between the two DG blades. Moreover, learning-associated transcriptomic changes: 1) were present only in the two DG blades 6 h following CFC, 2) were absent from all other subregions profiled at this timepoint, and 3) differed significantly between the blades. Further characterization of hippocampal subregions with spatial protein and phosphoprotein profiling

again showed distinct, subregion-specific effects of both learning and subsequent sleep vs SD. Together, these findings reveal previously uncharacterized heterogeneity and subregion-specificity in the effects of both learning and sleep on the hippocampus. The present data provide new insights into mechanisms by which post-learning sleep contributes to hippocampal memory consolidation.

Results:

DG engram neuron reactivation during post-learning sleep is subregion-specific.

To visualize neurons activated in the hippocampus by a learning experience, we used a genetic strategy similar to that recently used to identify visual memory engram neurons in mouse primary visual cortex (V1) [23]. To identify context-activated neurons with TRAP [28], *cfos-CRE^{ER}* transgenic mice were crossed to a *tdTomato* reporter line (*cfos::tdTomato*). At lights on (i.e, the beginning of the rest phase; Zeitgeber time [ZT]0), *cfos::tdTomato* mice were placed in a novel context (Context A) for 15 min of free exploration, immediately after which they were administered 4-hydroxytamoxifen (4-OHT) to label context-activated hippocampal neurons with tdTomato. 6 days later at ZT0, the mice were either returned to Context A (A to A) or placed in a dissimilar Context B (A to B) for 15 min. 90 min after the second period of exploration (**Fig. 1a**), mice were perfused and hippocampal cFos expression was quantified to assess neuronal activity. In agreement with previous reports using a different transgenic strategy [20], TRAPed tdTomato+ neuronal cell bodies in the DG granule cell layers were more likely to be reactivated after Context A re-exposure than after exploration of Context B (**Fig. 1b-c**). Conversely, a larger proportion of A to A cFos+ neurons were tdTomato+ compared with A to B cFos+ neurons (**Fig. 1e**). We next compared Context A engram neuron reactivation in the superior vs. inferior blades' granule cell layer within DG. In the superior blade, but not the inferior blade, the proportion of cFos+ tdTomato+ neurons was significantly higher in the A to A group compared with A to B (**Fig. 1d**,**f**). These differences between the A to A and A to B were not due to either the number of total tdTomato+ neurons or total cFos+ neurons, which were similar between the two groups,both across the entire granule cell population (**Extended Data Fig. 1a-b**) and within each of the two blades (**Extended Data Fig. 1c-d**). However, consistent with previous reports [28, 29], tdTomato+ and cFos+ neuron numbers were consistently higher in the superior vs. inferior blade (**Extended Data Fig. 1 c, d**). Together, these data suggest that TRAPed engram cells in DG granule cell layer - specifically in the superior blade - are reliably reactivated upon re-exposure to the same context.

We next tested how reactivation of DG engram populations was affected by context-associated CFC. *cfos::tdTomato* mice explored either Context A or dissimilar Context B at ZT0, and were administered 4-OHT to label context-activated neurons. 6 days later at ZT0, mice from both groups underwent single-trial CFC in Context A and were perfused 90 min later to quantify

CFC-driven neuronal activation (**Fig. 1g**). Again, a greater proportion of Context A-activated tdTomato+ DG granule cells (vs. Context B-activated tdTomato+ neurons) were cFos+ following CFC in Context A (A to A vs. B to A; **Fig. 1 h-i**), and a higher percentage of cFos+ neurons were previously TRAPed tdTomato+ neurons in the A to A paradigm vs. the B to A paradigm (**Fig. 1k**). As was observed previously, in the superior blade, but not the inferior blade, the proportion of cFos+ tdTomato+ neurons was higher following the A to A CFC paradigm compared with B to A CFC paradigm (**Fig. 1 j,l**). Again, the total numbers of tdTomato+ cFos+ neurons were similar between groups (**Extended Data Fig. 1 e, f**), and were more numerous in the superior vs. inferior blades (**Extended Data Fig. 1g, h**). Thus, CFC selectively reactivates context-encoding granule cells in the DG superior blade.

Across experimental groups, we also observed a very small number of tdTomato+ neurons in the DG hilus. These TRAPed hilar neurons were morphologically distinct from labeled granule cells (**Extended Data Fig. 2a**). We found that numbers of cFos+ and tdTomato+ hilar neurons were comparable between A to A and A to B re-exposure paradigms, as well as between A to A and B to A CFC paradigms. No significant differences were observed for cFos+ tdTomato+ overlap between the paradigms (**Extended Data Fig. 2a-g**), although this may be attributable to low overall tdTomato+ cell numbers in hilus.

We [11, 12] and others [9, 10] have previously shown that sleep deprivation (SD) in the hours immediately following CFC results in disrupted CFM consolidation. We confirmed these disruptive effects in the *cfos::tdTomato* mouse line. At ZT0, all mice underwent single-trial CFC in Context A, after which they were returned to their home cage for either 6 h of SD by gentle handling (followed by recovery sleep) or *ad lib* sleep (**Fig. 2a**). At ZT0 the following day, mice were returned to Context A to test CFM recall. Consistent with prior results, SD significantly reduced context-specific freezing during the CFM test (**Fig. 2b**).

We next tested the effect of post-learning SD on the activity of CFC-activated engram neurons in DG. Naive *cfos::tdTomato* mice were allowed to explore Context A at ZT0, and DG context-activated neurons were labeled via 4-OHT administration. 6 days later at ZT0, mice underwent single-trial CFC in Context A and were returned to their home cage for either 6 h of SD or 6 h of *ad lib* sleep, after which they were perfused (**Fig. 2c**). No significant differences were observed between freely-sleeping and SD mice for total numbers of tdTomato+ or cFos+ tdTomato+ DG hilar neurons (**Extended Data Fig. 2h, i**). However, consistent with observations of ensemble reactivation in the hippocampus [25] and neocortex [23], during sleep, more Context A tdTomato+ DG granule cells were cFos+ in freely-sleeping vs. SD mice (**Fig. 2d-e**). Surprisingly (and in contrast to effects of reexposure to context alone), this difference appeared to be driven largely by higher reactivation rates among TRAPed inferior blade granule cells during sleep (**Fig. 2f**). Freely-sleeping mice, but not SD mice, had a significantly larger proportion of cFos+ tdTomato+ granule cells in the inferior blade compared with the superior blade **(Fig. 2f,h)**. Freely-sleeping mice also showed a strong trend (p=0.0549) for more cFos+ tdTomato+ granule cells in the inferior blade compared with the SD mice (**Fig. 2f**). Together, these data suggest that post-

CFC sleep could promote consolidation of CFM by reactivating DG engram neurons in a subregion-specific manner that is spatially distinct from how these neurons are reactivated during waking experience.

Post-learning SD selectively suppresses activity of DG inferior blade granule cells.

While our data suggest subregion-specific changes in DG engram neuron reactivation in *cfos::tdTomato* mice after sleep vs. SD, our previous findings [12, 17, 26] suggested that overall neuronal activity levels might differ between DG and other hippocampal structures as a function of sleep vs. SD. To assess how post-CFC sleep affects network activity across hippocampal subregions, we next compared expression of immediate-early gene (IEG) proteins cFos and Arc among neurons in DG, CA1, and CA3 in C57BL/6J mice following post-CFC sleep vs. SD. When single-trial CFC in Context A was followed by 6 h of SD (**Fig. 3a**), both cFos and Arc expression were significantly decreased among inferior blade granule cells (**Fig. 2i; Fig. 3 a-d**). However, expression in the superior blade was either unchanged or increased after SD (**Fig. 2i, Fig. 3c-d**), and expression of cFos in the hilus was dramatically increased after SD (**Fig. 2i, Fig. 3c**). Moreover, SD significantly increased cFos+ and Arc+ cell numbers in the CA3 pyramidal cell layer (**Fig. 3 e-g**), as well as relative cFos and Arc staining intensity in the CA1 pyramidal cell layer (**Fig. 3 h-j**). Taken together, these data are consistent with previous reports that SD drives alterations in DG activity that differ from those reported elsewhere in the brain [12, 17, 26]. They also suggest that following CFC, SD-mediated disruption of CFM consolidation could be caused by selectively disrupted activity (and associated engram neuron reactivation) in the DG inferior blade.

SD causes divergent and subregion-specific alterations in hippocampal gene expression.

We have recently shown that learning and subsequent sleep or sleep loss differentially affect ribosome-associated mRNA profiles in different hippocampal cell types [16, 17]. Based on our observation of subregion-specific changes in cFos and Arc expression and engram neuron reactivation following post-CFC sleep or SD (**Figs. 2**, **3**), we speculated that learning and sleep could alter biosynthetic processes in a subregion-specific manner. To test this, we separately profiled mRNAs in each subregion within the dorsal hippocampus using NanoString GeoMx Digital Spatial Profiler (DSP). At ZT 0, mice were either left undisturbed in their home cage (HC) or underwent single-trial CFC in Context A (CFC). Over the next 6 h, mice in both the CFC and HC groups were either allowed *ad lib* sleep or underwent SD in their home cage prior to perfusion (**Fig. 4a**). Brain sections from each experimental group were stained with nuclear label Syto 13 to identify borders of the DG hilus, the superior and inferior blade granule cell layers of DG, and the pyramidal cell body layers of CA1 and CA3 (example regions of interest [ROIs] shown in **Fig. 4b**). From each mouse (n = 3-4 mice/group) either bilateral or unilateral hippocampal subregions

were sampled for DSP transcript measurement (1-2 regional samples/mouse [**Supplementary Table 1**], each subregion sample corresponding to one biological replicate). In total, 11508 gene targets from the mouse Whole Transcriptome Atlas (WTA) passed target filtering and were quantified for each sample. As expected, principal component analysis (PCA) revealed clear separation of CA1, CA3, DG hilus, and DG pyramidal blades' gene expression profiles (**Extended Data Fig. 3a**).

We first assessed the effects of SD itself on each hippocampal subregion. For this, we included data from all mice, and used the learning condition (CFC or HC) as a covariate. Transcripts affected by SD (i.e., differentially-expressed genes [DEGs] for the SD vs. Sleep conditions; n = 7 and n = 8 mice, respectively) were then compared between hippocampal subregions (**Fig. 4b, c**). Within DG, SD significantly altered (FDR < 0.1) 2097 transcripts in the superior blade and 1501 transcripts in the inferior blade; of these, 960 altered transcripts overlapped between the two blades (**Fig. 4c**). Comparatively fewer transcripts were altered by SD in the DG hilus, although this may be due to the relatively small ROI size (in terms of contributing cell number) for the hilus when compared with granule cell layers (**Extended Data Fig. 3b**). Of the 16 SD-altered genes identified in the hilus, 11 ((*Rbm3* (↓)*, Cirbp* (↓)*, Pdia6* (↑)*, Hspa5* (↑)*, Fam163b* (↓)*, Sdf2l1* (↑)*, R3hdm4* (↓), *Xbp1* (↑)*, Btf3l4* (↓)*, Dtnb* (↓)*,* and *Sqstm1* (↓); arrows indicate increased or decreased abundance after SD) were similarly altered by SD in both the superior and inferior blades (**Fig. 4c**). For CA1 and CA3 pyramidal layers, 732 genes and 394 SD DEGs, respectively, were identified; of these, only 134 were similarly altered by SD in both subregions (**Fig. 4c**). Somewhat surprisingly, only 5 transcripts (*Rbm3* (↓)*, Pdia6* (↑)*, Hspa5* (↑)*, Sdf2l1* (↑)*,* and *Dtnb* (↓)) were consistently altered by SD across all five hippocampal subregions. These pan-hippocampal transcript changes included transcripts encoding components of the ER chaperone complex **(Extended Data Fig. 4)**, consistent with previous findings [30] that SD activates the ER stress response, both in the hippocampus [14, 16] and elsewhere in the brain [31].

To characterize pathways regulating SD-mediated changes, we next performed upstream regulator analysis for altered transcripts. This analysis suggested that within CA1, *Rab18, Rab3gap2,* and *Rab3gap1* are inhibited upstream regulatory genes, while mmu-miR-27a-3p and mmu-miR-27b-3p are predicted as active miRNAs. In the superior blade, *Cask, Lin7b, Lin7c, Lin7a, Apba1, Unc13b* were identified as predicted inhibited upstream regulators. In the hilus, both predicted activated (*Atf6, Ufm1, Xbp1*) and inhibited (*Zfx, Ppa1*) upstream regulators were identified (**Supplementary Table 2**).

To better understand how subregion-specific transcriptomic changes after SD map onto biological mechanisms, we used gene ontology (GO) classifiers of biological process, molecular functions, and cellular component annotation of SD-altered transcripts in each subregion (**Fig. 4 d-f**). Several GO terms were overrepresented among transcripts altered by SD in both the DG superior and inferior blades (marked with green stars in **Fig.4 d, e**), or shared parent/child terms

for transcripts altered by SD in both blades (blue stars). These included transcripts encoding synaptic and dendritic components of neurons, and those involved in regulation of GABA receptors, voltage-gated channels, and synaptic transmission. A few pathways were uniquely altered by SD in each blade (red stars). For example, transcripts annotated as mediators of memory (GO:0007613) were overrepresented among transcripts altered by SD in the inferior blade only. In contrast, transcripts annotated as mediators of associative learning (GO:0008306) were selectively altered by SD in the superior blade. While these two biological processes are often linked together, the number of transcripts present in both annotation categories was only 318, from a total of 3,140 and 1,545, respectively. We also compared KEGG database pathway mapping for SD-altered transcripts from superior and inferior blade, to identify cellular pathways differentially affected by SD in the two blades. The circadian entrainment (KEGG: 04713) pathway was affected by SD in both DG superior (FDR=0.060) and inferior (FDR=0.042) blades. In the superior blade only, circadian rhythm (KEGG: 04710; FDR=0.044), glutamatergic synapse (KEGG: 04724; FDR = 0.070), and ribosome (KEGG: 03010; FDR=0.094) pathways were overrepresented among SD-altered transcripts. In contrast, inferior blade SD-altered transcripts overrepresented retrograde endocannabinoid signaling (KEGG: 04723; FDR = 0.042) and oxytocin signaling (KEGG: 04921; FDR = 0.084) pathway components. For comparison, we identified GO and KEGG pathways overrepresented among CA1 SD-altered transcripts (**Fig. 4f**). In addition to pathways identified in the DG blades (retrograde endocannabinoid signaling (KEGG: 04723; FDR = 0.008), oxytocin signaling (KEGG: 04921; FDR = 0.008), circadian rhythm (KEGG: 04710; FDR=0.019), and circadian entrainment (KEGG: 04713; FDR = 0.019)), additional KEGG-annotated pathways identified in CA1 included serotonergic synapse (KEGG: 04726; FDR = 0.027), regulation of actin cytoskeleton (KEGG: 04810; FDR = 0.036), growth hormone synthesis, secretion and action (KEGG: 04935; FDR = 0.084), and GABAergic synapse (KEGG: 04727; FDR = 0.095). Together, these data suggest that SD differentially alters transcripts in the principal cell body layers of different hippocampal subregions, and that SD DEGs in the subregions encode constituents of biological pathways with only partial overlap.

For several SD-altered transcripts, expression levels changed in opposite directions when comparing the two DG blades with other hippocampal subregions. For example, the expression of *Arc* was upregulated by SD in hilus but downregulated by SD in the inferior blade **(Fig. 5b)**. *Zmat3, C1ql3,* and *Sf3b6* were upregulated by SD in superior blade but downregulated in CA1; *Per1, Kctd12, D830031N03Rik, Epha10, Rasl11b, Ets2, Mbnl1, Gga3,* and *Ier5* were upregulated by SD in CA1 but downregulated in superior blade **(Fig. 5c)**. *Rbbp7, Lrrc7, Dlgap1, Parp1, Rchy1,* and *Tacc2* were upregulated by SD in superior blade but downregulated in CA3; *Chrd, Car2, Apc2, Rell2,* and *Iyd* were upregulated by SD in CA3 but downregulated in superior blade **(Fig. 5e)**.

Consistent with our immunohistochemical data **(Fig. 3)**, expression of immediate early genes (IEGs), including *Arc, Fosl2, Homer1, Nr4a1, Junb, and Egr4*, was differentially affected by SD in CA1 vs. inferior blade, indicating opposite changes in neuronal activation patterns during

SD in these structures. The expression of these IEGs, together with several other genes - *Epha10, Per1, Rasl11b, Tmem8b, Stk40, Inhba, Kctd12* - were increased by SD in CA1 but decreased after SD in the inferior blade. On the other hand, *Ndufab1, Kcnn2, C1ql3,* and *Slc1a1* were upregulated by SD in the inferior blade but downregulated in CA1 **(Fig. 5d)**. *Kcnn2, Lrrc7, Dlgap1, Rchy1, Palmd, Acbd5* were upregulated by SD in inferior blade but downregulated in CA3; *Prpf38b, Pxdn, Fosl2, Apc2,* and *Rell2* were upregulated by SD in CA3 but downregulated in the inferior blade **(Fig. 5e)**. Together, these data support the conclusion that 1) SD differentially affects granule cells in the two DG blades vs. pyramidal cells of CA3 and CA1, and 2) selective effects of SD on the inferior blade's transcript profile may reflect the selective suppression of activity in the inferior blade during SD.

Transcriptomic differences between superior and inferior DG blades are altered by SD vs. sleep.

Because of differences in engram neuron context selectivity and sleep-associated reactivation between the DG inferior blade and superior blades, we also directly compared how gene expression differed between the two blades (Inferior vs. Superior DEGs), again using learning condition (CFC/HC) as a covariate. 580 genes were differentially expressed between inferior and superior blade in freely-sleeping mice (Sleep Inferior vs. Sleep Superior), while 750 genes were differentially expressed between the blades in SD mice (SD Inferior vs. SD Superior). 251 Inferior vs. Superior DEGs overlapped between Sleep and SD conditions (**Fig. 6a**), of which 249 were consistently expressed at a higher level in either the inferior or superior blades (**Fig. 6b**). For example, *Penk, Fst, Pmepa1, Npy, Col6a1* and 156 other DEGs were consistently enriched in the superior blade while *Sema5b, Lhx9, Myo5b, Gpc3* and 84 additional DEGs were consistently enriched in the inferior blade (**Fig. 6b**); these may represent differences in cellular constituents between the blades. For example, several DEGs enriched in the superior blade, including *Penk, Rgs4*, *Col6a1*, and *Nefm*, may be attributed to a recently-identified subcluster of *Penk*-expressing granule cells located in the DG superior blade [29, 32]. These differentially-expressed transcripts thus likely reflect true (constitutive) genetic differences between the two blades.

A few Inferior vs. Superior DEGs showed very dramatic alterations as a function of Sleep vs. SD. For example, consistent with our immunohistochemical results (**Fig. 3**), *Fos* (FDR = 0.0529) and *Arc* (FDR = 1.720e-05) showed higher expression levels in the superior blade after SD, but did not differ between the blades in freely-sleeping mice. Interestingly, some transcripts were differentially enriched in one blade vs. the other as a function of sleep condition. For example, *Homer1* (encoding an activity-regulated protein involved in synaptic growth and hippocampal plasticity) [33, 34] was upregulated in the **superior** blade after SD, but with *ad lib* sleep, it was upregulated in the **inferior** blade (**Fig. 6b**). On the other hand, *Tesc* (encoding a calcium-binding protein implicated in dendritic growth and neuronal survival) [35] was enriched in

the **inferior** blade with SD, but with *ad lib* sleep, it was expressed at a higher level in the **superior** blade (**Fig. 6b**).

We also performed upstream regulator analysis, GO and biological pathway analysis on Inferior vs. Superior DEGs to further explore how the two blades' function differed under Sleep and SD conditions (**Fig. 6 c-f**). iPathwayGuide predicted that for the SD mice, *Exosc10*, *Mtrex*, *C1d*, *Wasl*, and *Bud23* were inhibited upstream regulators in the inferior blade (**Supplementary Table 2**). GO classifiers identified biological process, molecular function, and cellular component terms based on the Inferior vs. Superior DEGs under either Sleep or SD conditions (580 and 750 DEGs, respectively **Fig.6c, e**). Most cellular component terms had partially overlapping parent/child terms mapped under either the Sleep or the SD condition (blue stars), while biological process and molecular function had more terms uniquely mapped under either the Sleep or the SD condition, which had no direct parent/child relationships (red stars). In SD mice, Inferior vs. Superior DEGs were enriched for components of the circadian entrainment (KEGG: 04713; FDR = 9.796e-4), GnRH secretion (KEGG: 04929; FDR = 0.011), oxytocin signaling (KEGG: 04921; FDR = 0.011), glutamatergic synapse (KEGG: 04724; FDR = 0.036), neuroactive ligand-receptor interaction (KEGG: 04080; FDR = 0.038), regulation of actin cytoskeleton (KEGG: 04810; FDR = 0.039), and axon guidance (KEGG: 04360; FDR = 0.046) pathways. 3 of these pathways were also mapped to Inferior vs. Superior DEGs in the freely-sleeping mice (labeled with green star; **Fig. 6d, f**). 5 other pathways were uniquely impacted only in freely-sleeping mice, including thermogenesis (KEGG: 04714; FDR = 0.005), oxidative phosphorylation (KEGG: 00190; FDR = 0.005), cAMP signaling pathway (KEGG: 04024; FDR = 0.017), dopaminergic synapse (KEGG: 04728; FDR = 0.017), and cholinergic synapse (KEGG: 04725; FDR = 0.046). Together, these data may indicate functional differences between the superior and inferior blade under Sleep vs. SD conditions.

CFC-induced transcriptomic effects in the hours following learning are restricted to the hippocampal DG.

Recent findings using translating ribosome affinity purification (TRAP) seq have revealed that transcriptomic effects of CFC vary with cell type in the hippocampus, and are almost exclusively restricted to ribosomes associated with neuronal cell and organellar membranes [16]. To understand how CFC affects transcripts in different hippocampal subregions, we quantified transcriptomic effects of learning (comparing CFC vs. HC) using data from all mice, using sleep condition (Sleep or SD) as a covariate (**Fig. 7a**). In contrast to the more widespread effects of Sleep vs. SD (**Fig. 4c**), CFC itself had no significant effects on transcripts in CA3 or CA1 pyramidal cell layers, or in the DG hilus. CFC altered the most transcripts (784 CFC vs. HC DEGs) within the DG superior blade. We identified two cellular component GO terms - synaptic membrane (GO:0097060, FDR = 0.016) and GABA receptor complex (GO:1902710, FDR = 0.045) - that had constituent transcripts significantly enriched among DEGs altered in the superior blade by CFC

(**Fig. 7c**). 6 of these CFC vs. HC DEGs were associated with the GABA receptor complex term, including Gabra3, Gabrg3, Gabra5, Gabbr2, Gabra2, Gabrb3 (**Fig. 7d**). No molecular function or biological process pathways showed significant enrichment among CFC-regulated transcripts after smallest common denominator pruning.

In comparison with the relatively large number of CFC vs. HC DEGs in the DG superior blade, only 32 transcripts were altered by CFC in the inferior blade (**Fig. 7a**). Of these, 11 transcripts (*Cnih2* (↑)*, Myh10* (↑)*, Tmc5* (↑)*, Agap2* (↑)*, Ache* (↓)*, Dlg2* (↑)*, Nell2* (↑)*, Prr16* (↓)*, Gabrg3* (↓)*, Elmo2* (↑)*,* and *Gria1* (↑)) were similarly altered in both superior and inferior blades after CFC vs. HC (**Fig. 7b**).

To further characterize the interactions between learning and subsequent sleep or SD, we next assessed the effects of SD separately in the DG blades of CFC and HC mice. In CFC mice (n = 4 for CFC-Sleep and n = 4 for CFC-SD), SD significantly altered expression of 1563 and 856 transcripts in the superior and inferior blades, respectively, while in HC mice (n = 4 for HC-Sleep and n = 3 for HC-SD), SD altered 1216 and 627 transcripts in the superior and inferior blades, respectively **(Fig. 7e, g)**. Of these, only 416 SD DEGs overlapped between CFC and HC mice in the superior blade, and 10 transcripts of the 416 were differentially regulated based on prior learning. These included *Vmn2r101, Vwa2, Cep85, Zfp467, Trnp1. Fbxw17, Foxn3, Mthfr,* and *Zup1*, which were upregulated by SD in HC mice but downregulated by SD in CFC mice, and *Fbxo41*, which was upregulated by SD in CFC mice but downregulated in HC mice (**Fig. 7f**). Similarly, in the inferior blade, only 227 SD-altered transcripts overlapped between CFC and HC mice. *Polr1b* and *Cldn22* were upregulated by SD in HC mice, but downregulated by SD in CFC mice (**Fig. 7h**).

SD and learning differentially affect protein and phosphoprotein abundance between hippocampal subregions

To clarify the relationship between changing transcript levels and protein abundance, we next used DSP to profile select protein and phosphoprotein levels in each hippocampal subregion **(Supplementary Table 3)**. A total of 87 proteins were quantified, using panels of antibodies targeting markers of neural and glial cell types, autophagy, cell death, MAPK and PI3K/AKT signaling pathways, and Alzheimer's and Parkinson's disease pathologies. Statistical comparisons between treatment groups and subregions mirrored those used for WTA. We first assessed the effects of SD itself (comparing SD vs. Sleep) with learning condition (CFC/HC) as a covariate. We observed increased levels of phosphorylated S6 (S235/S236) and phosphorylated ERK1/2 (42/44 MAPK; T202/Y204) across CA1, CA3, and DG hilus following SD, consistent with IEG expression changes we observed in these structures (**Fig. 3**). Together with our previous findings [17], these data suggest elevated activity in these subregions after SD. Additional SD-driven changes present in these regions include increased phosphorylated p90 RSK (T359/S363) and decreased phosphorylated Tau (T231) in CA1, increased phosphorylated

Tau (S214) in both the hilus and CA3, and increased beta-secretase 1 (BACE1) and decreased myelin basic protein and S100B within CA3 only (**Fig.8a; Supplementary Table 3**). Somewhat surprisingly, no significant changes due to Sleep vs. SD were observed for proteins quantified in either of the DG blades when the learning condition was used as a covariate.

We then compared protein expression between DG inferior and superior blades (Inferior vs. Superior), again using the learning condition (CFC/HC) as a covariate. 34 proteins differed between the blades in freely-sleeping mice; 38 were differentially expressed between the blades following SD (**Fig. 8c**; **Supplementary Table 3**). 30 differentially-expressed proteins overlapped between SD and Sleep conditions (**Fig. 8c**). In freely-sleeping mice, 5 of the 34 differentially-expressed proteins had corresponding transcript-level differences by WTA, although the direction of expression differences between blades for transcript vs. protein did not always correspond. For example, pan-AKT and phosphorylated AKT1 (S473) levels were higher after sleep in the inferior blade, while *Akt1* transcript levels were higher in the superior blade. Phosphorylated GSK3A (S21) and GSK3B (S9) were similarly higher expression in the inferior blade, while *Gsk3a* transcript was more abundant in the superior blade. One plausible explanation for the differences in transcript vs. protein abundance is that these reflect differences in protein synthesis of transcripts between the blades. (**Fig. 8d; Supplementary Table 4**).

In SD mice, 6 of the 38 proteins differentially expressed between the two DG blades also had transcript-level differences by WTA. Here again, the differences in protein and transcript levels occasionally moved in opposite directions. For example, Olig2 protein was expressed at higher levels in the superior blade while the *Olig2* transcript was more abundant in the inferior blade. The Park5 (ubiquitin C-terminal hydrolase L1) protein levels were higher in the inferior blade after SD, while corresponding transcript *Uchl1* was more abundant in the superior blade (**Fig. 8e**). As might be expected for SD mice (based on engram neuron reactivation and IEG expression levels; **Figs. 2** and **3**), phosphorylated S6 (S235/S236) and its corresponding transcript *Rps6* were both present at higher levels in the superior blade following SD. Similarly, pan-RAS GTPase, DNA repair enzyme poly-ADP-ribose polymerase (PARP), and neurofilament light, as well as corresponding transcripts *Hras, Parp1*, and *Nefl*, were all expressed at higher levels in the superior vs. inferior blade in SD mice. (**Fig. 8e**). Of these, pan-Ras and neurofilament light were consistently enriched in the superior blade regardless of the sleep state, indicating a plausible constitutive difference between the two blades (**Fig. 8d, e**; **Supplementary Table 4**).

Lastly, we quantified changes in protein levels that were due to learning (comparing CFC vs. HC), using sleep condition (Sleep/SD) as a covariate (**Fig. 8b**). Three proteins were altered by learning in CA1 (neurofilament light, autophagy protein beclin 1, and MER tyrosine kinase) and in CA3 (Tau, phosphorylated Tau [T231], and apolipoprotein A-I). Learning altered slightly more proteins in the superior and inferior blades (13 and 6, respectively). Of these, 3 were significantly increased after learning in the inferior blade only (Tau, phosphorylated Tau [T199], phosphorylated Tau [T231]), and 10 were altered by learning in the superior blade only (including increases in ERK1/2, NeuN [a neuronal nuclear protein that regulates synaptic plasticity], MAP2,

and Park5, and decreases in the amyloid-β regulating enzyme neprilysin, phosphorylated GSK3A [S21] and GSK3B [S9], phospho-AMPK-alpha [T172], phospho-PRAS40 [T246], p53, and beta-secretase 1). Surprisingly, the subregion with the most significantly-altered proteins after learning was the hilus, where (despite the lack of transcripts altered by CFC) 51 proteins were affected. 3 of these protein-level changes overlapped among all three DG subregions (superior, inferior blade and hilus) after CFC: MEK1 was significantly upregulated, while pan-RAS and phosphorylated ERK1/2 (42/44 MAPK; T202/Y204) were significantly downregulated.

Taken together, these data suggest that as is true for transcriptomic changes following learning and subsequent sleep or SD, protein abundance is also differentially affected by these processes in each dorsal hippocampal subregion. While the number of proteins and phosphoproteins profiled here was limited, these changes included effects on components of signaling pathways involved in activity-dependent plasticity, protein synthesis and ubiquitination, and responses to neuronal stress. These effects were also subregion-specific, with changes due to sleep vs. SD alone (regardless of prior learning) most prominent in CA1 and CA3 (and absent from the DG blades), and changes due to learning itself (regardless of subsequent sleep or SD) most prominent in the DG.

Discussion:

Our results demonstrate that post-learning DG engram neuron reactivation is state-dependent and occurs in a subregion-specific manner during post-learning sleep (**Figs. 1-2**). We also find that while most hippocampal subregions (DG hilus, CA1, and CA3) are more active during SD than during sleep, activation of DG inferior blade granule cells is selectively suppressed (**Fig. 3**). These subregion-specific findings inspired us to explore how the transcriptome within these regions is affected by single-trial CFC, and following sleep or SD (**Figs. 4-7**). Our spatial transcriptomic analysis demonstrates that transcripts affected by learning and subsequent sleep state differ substantially between CA1, CA3, and DG subregions. We also find that when measured 6 h following CFC, learning-driven transcript changes are detectable only within the DG superior and inferior blade (despite persistent, and subregion-specific changes in select proteins' abundance in all regions). Together these findings present a picture of the hippocampus as a diverse landscape, where sleep loss has distinct effects in each region, and where following learning, persistent sleep-dependent, activity-driven gene expression changes are restricted to the DG.

This study adds to what is known about the function of hippocampal engram ensembles during memory encoding and consolidation, and specifically how sleep contributes to this process. Engram neurons in DG are thought to be critical for contextual memory encoding [36] and recall [22, 37]. Our data **(Extended Data Fig. 1)** agree with recent findings that context-associated behaviors preferentially activate suprapyramidal blade DG granule cells [28, 29]. We find that

context-activated neurons in the superior blade are preferentially reactivated during context re-exposure and same-context CFC **(Fig. 1d,j)**. Together, these findings suggest that context is more selectively encoded in DG by superior blade neurons than by inferior blade neurons.

Sleep-associated reactivation of engram neurons has been hypothesized as an important mechanism for memory consolidation [2, 3, 38]. However, only a few recent studies have focused on the functional role of engram populations in the hours following learning [23-25]. Here we find evidence for sleep-associated reactivation of DG engram neurons, with post-CFC sleep required for reactivation in the inferior blade **(Fig. 2e-f)**. Consistent with this, we find that Arc+ and Fos+ neuron numbers in DG inferior blade, but not the superior blade or hilus, consistently decrease after 6-h SD **(Fig. 2i, Fig. 3c-d)**. Spatial transcriptomic profiling of the DG blades (and other dorsal hippocampal subregions) largely corroborates this (e.g., **Fig. 5b, Fig. 6b**). An unanswered question is why engram neuron populations in the two blades respond differently to waking experience and post-learning sleep. Here we have identified gene expression differences present between the blades across conditions (e.g., higher *Npy* and *Penk* expression in superior blade; **Fig. 6b**), which confirm the different cellular makeup between superior and inferior blade granule cell populations [29]. The two blades are known to differ with respect to their cortical inputs [39], with a greater number of lateral entorhinal inputs targeting the superior blade, and more numerous medial entorhinal inputs targeting the inferior blade. Thus, one possibility is that these excitatory presynaptic inputs are differentially active in the context of SD. Another important distinction is that the superior blade also has roughly half the interneuron density of the inferior blade [40]. This latter finding suggests that selective inhibitory gating of the inferior blade could serve as a plausible mechanism by which engram neuron reactivation is suppressed during SD [12, 41].

Our spatial profiling of the effects of sleep (or SD) on dorsal hippocampus adds to a growing literature that emphasizes the heterogeneity of sleep effects of gene expression [16, 17] and neural activity [12, 17, 42, 43] in this, and other brain, structures. Collectively, these data demonstrate that sleep functions, particularly with regard to synaptic plasticity and cognition, cannot be assumed to be uniform across brain circuits. Hypotheses such as the synaptic homeostasis hypothesis of sleep function [31, 44] (which proposes that synapses throughout the brain are “downscaled” to offset net potentiation in brain circuits during wake) have been useful for generating specific experimental tests. However, accumulating evidence has made clear that sleep and sleep loss do not drive uniform changes across neuron types, or brain circuits [2, 45]. It is worth noting that while the transcripts altered by SD varied between hippocampal subregions, with only partial overlap (**Figs. 4** and **5**), these SD-altered transcripts also only partially overlapped with transcripts altered by SD across whole hippocampus [15], and ribosome-associated transcripts isolated from specific hippocampal cell populations [14, 16] and subcellular fractions [16] after SD (**Extended Data Figs. 6** and **7**). This diversity of SD effects is also present, in our hands, between subregions at the level of protein expression (**Fig. 8a**). It is plausible that some differences from prior studies could reflect technical aspects of our spatial profiling strategy. For example, because only the cell body layers are profiled in DG, CA3, and CA1, it is likely that

transcripts which are efficiently transported out of the soma (i.e., into dendrites and axons) are undersampled using our technique [16, 46, 47]. However, the fact that so many of our SD-altered transcripts differ between (principal cell body-containing) subregions, measured within the same set of dorsal hippocampal slices (**Figs. 4** and **5),** suggests that there is true spatial heterogeneity in responses to SD.

One surprising finding from our spatial analysis was the relative paucity of learning-induced transcript changes detectible in the hippocampus at 6 h post-CFC, and that these were present only within the DG blades (**Fig. 7**). This may be due in part to the fact that measurements occurred hours after the single-trial learning event; it is plausible that many transcriptional responses to memory encoding are complete by this timepoint. While additional studies will be needed to clarify this point, what is certain is that sustained transcriptomic responses to CFC are restricted to the two DG blades. This finding is consistent with the prior finding of sustained transcriptomic changes occurring specifically within DG engram neurons 24 h post-CFC [48], and may reflect unique dynamics of the DG network (or the engram neurons within it), which could plausibly outlast changes after learning in other hippocampal structures [11, 49, 50]. This interpretation could reconcile the findings that while CFC-associated transcriptomic changes were absent in CA3 and CA1 at the 6-h timepoint, protein abundance changes due to CFC were still detected (**Fig. 8**).

Together, our data advance the findings of previous studies [17, 26, 28, 29, 51] highlighting the heterogeneity of hippocampal subregions' function in the context of learning, and response to subsequent sleep or sleep loss. The present findings suggest that the influences of sleep and SD on hippocampally-mediated memory consolidation are linked to subregion-specific changes in engram neuron reactivation and biosynthetic events.

Materials and Methods:

Animal handling and husbandry

All animal husbandry and experimental procedures were approved by the University of Michigan Institutional Animal Care and Use Committee. Male and female mice from 3 to 6 months old were used for all experiments. With the exception of 3-day period of constant dark housing following 4-hydroxytomaxifen (4-OHT) administration, mice were maintained on a 12 h: 12 h light/dark cycle (lights on at 9AM) with *ad lib* food and water throughout the study. cfos-CRE^{ER} mice [28] B6.129(Cg)-Fos$^{tm1.1(cre/ERT2)Luo}$/J; Jackson) were crossed to B6.Cg-Gt(ROSA)26Sor$^{tm9(CAG-tdTomato)Hze}$/J (Jackson) mice to induce CRE recombinase-mediated expression of tdTomato (*cfos::tdTomato*). Mice were individually housed with beneficial environmental enrichment in standard caging 4 days prior to genetic tagging of engram cells and/or contextual fear conditioning (CFC), and were habituated to daily handling (2-5 min/day) for 3 days prior to the experiments.

Genetic labeling of hippocampal engram cells

On the day of genetic labeling, starting at lights on (ZT0), mice were individually placed in one of the two novel contexts (Context A or Context B). Context A was a 24 × 24 × 23 cm square arena with metal grid floor, scented with an all-purpose sponge soaked with 5 ml Lysol (lemon breeze scent) attached to the lid of the chamber. Context A was surrounded by 4 LED monitors presenting a 135° flickering oriented grating stimulus (100% contrast, 0.05 cycles/deg, flickering at 1 Hz). Context B was a 23 × 23 × 22 cm cylindrical arena with a pink glossy plastic floor scented with an all-purpose sponge soaked with 1 ml 1% ethyl acetate attached to the lid of the chamber. Context B was surrounded by 4 LED monitors presenting either a vertical oriented grating stimulus or a dark screen. For genetic labeling, immediately following 15 min of free novel context exploration, mice received an i.p. injection of 4-OHT (50 mg/kg in corn oil). They were then returned to their home cage, which was placed in complete darkness inside a sound-attenuated chamber over the next 3 days to minimize non-specific TRAP-based neuronal labeling [23]. 3 days following 4-OHT administration, mice were returned to a normal 12 h: 12 h LD cycle for an additional 3 days prior to behavioral experiments.

Behavioral procedures

For CFC behavioral experiments (**Fig. 2a-b**), At ZT0, C57BL/6J mice (Jackson) or WT siblings of *cfos::tdTomato* mice underwent single-trial CFC as described previously [11]. Briefly, mice were placed in Context A and were allowed 3.5 min of free exploration time prior to delivery of a 2-s, 0.75 mA foot shock through the chamber's grid floor. After 5 min total in the chamber, mice were returned to their home cage, where they were either allowed *ad lib* sleep or were sleep deprived (SD) under normal room light for the first 6 h following training, using the gentle handling procedures (including cage tapping, nest material disturbance, and light touch with a cotton-tipped applicator when necessary). After SD, all mice were allowed *ad lib* sleep. 24 h following CFC, at lights on (ZT0; next day) mice were returned to Context A for 5 min to assess CFM. CFM was measured quantitatively as % time spent freezing during re-exposure to Context A using previously established criteria [52] (crouched, rigid posture with no head or whisker movement). Two scorers blinded to behavioral conditions independently quantified periods of freezing behavior prior to shock during CFC and during CFM testing.

For TRAP labeling and context re-exposure experiments (**Fig. 1a-f**), at ZT0 on the day of re-exposure, *cfos::tdTomato* mice that underwent TRAP labeling 6 days previously (following Context A exploration) were either returned to Context A, or were placed in distinct Context B. Following 15 min of free exploration, all mice were returned to their home cage inside of a dark, sound-attenuated chamber to minimize interference and disturbances. 90 min after the second context exposure, mice were sacrificed via an i.p. Injection of Euthasol and were transcardially perfused with ice-cold 1× PBS followed by 4% paraformaldehyde.

For context re-exposure with CFC experiments (**Fig. 1g-l**), at ZT0 on the day of CFC, male *cfos::tdTomato* mice that underwent TRAP labeling 6 days previously (following either Context A

or Context B exploration) underwent single-trial CFC in Context A as described above, after which they were returned to their home cage in a dark, sound-attenuated chamber. 90 min after CFC, mice were sacrificed and perfused as described above.

For context re-exposure with CFC followed by Sleep/SD (**Fig. 2c-i**), at ZT0 on the day of the experiment, male *cfos::tdTomato* that underwent TRAP labeling 6 days previously (following Context A exploration) underwent single-trial CFC in Context A as described above. All mice were then returned to their home cage, and either were allowed *ad lib* sleep or were sleep deprived (SD) under normal room light for the next 6 h using gentle handling procedures (including cage tapping, nest material disturbance, and light touch with a cotton-tipped applicator when necessary). Immediately following the 6-h post-CFC sleep or SD window, mice were sacrificed and perfused as described above.

For experiments in **Figs. 3-6**, at ZT0 on the day of the experiment, male C57BL/6J mice (Jackson) underwent single-trial CFC in Context A, then were returned to their home cage and either were allowed *ad lib* sleep or were sleep deprived (SD) under normal room light for 6 h as described above. Immediately after SD, all mice were sacrificed and perfused as described above.

Immunohistochemistry

Immediately following perfusions, brains were dissected and post-fixed at 4°C in 4% paraformaldehyde for 24 hours. Post-fixed brains were then sectioned coronally at 80-100 µm using a vibratome (Leica VT1200 S). Sections containing dorsal hippocampus were blocked in PBS with 1% TritonX-100 and 5% normal donkey serum overnight, then incubated at 4°C for 3 days in rabbit-anti-cfos 1:1000 (Abcam; ab190289) and either goat-anti-tdTomato 1:600 (SICGEN; AB8181-200) or guinea pig-anti-Arc 1:500 (Synaptic Systems; 156004). Sections were then incubated with secondary antibodies at 4°C for 2 days in CF™ 633 Anti-Rabbit IgG H+L 1:1000 (Sigma-Aldrich; SAB4600132), Alexa Fluor® 488 AffiniPure Donkey Anti-Goat IgG H+L 1:800 (Jackson ImmunoResearch; 705-545-003), DAPI (Sigma-Aldrich D9542) or CF™555 Anti-Guinea Pig IgG H+L 1:1000 (Sigma-Aldrich; SAB4600298). Immunostained sections were coverslipped in ProLong Gold antifade reagent (ThermoFisher; P36930) and were imaged using a Leica SP5 upright laser scanning confocal microscope.

Image quantification

Images of immunostained hippocampi were obtained as 20× z-stacks (step size = 5 µm) spanning the thickness of each brain slice. Settings were fixed for each imaging session. For data reported in **Fig. 1**, 3-6 dorsal hippocampal DG sections were quantified from each mouse. For data reported in **Fig. 2**, 7 DG sections were quantified per mouse. For data reported in **Fig. 3**, 5 sections of DG, and 3 sections of both CA1 and CA3 were quantified per mouse. Fluorescence images were analyzed using Fiji [53]. For CA1, pyramidal layer Arc and cFos immunolabeling was quantified as average pyramidal layer fluorescence intensity minus average background intensity. In each image, the entire CA1 pyramidal cell body layer as one region of interest (ROI), and

background fluorescence ROIs were outlined in adjacent regions with autofluorescence but without cFos and Arc immunolabeling; mean intensity of each ROI was obtained using Fiji. For DG and CA3 cFos- and Arc-positive cell quantification, maximum intensity z-projection was applied to each image stack, followed by adjusting the threshold to identify pixels above 1% of the intensity distribution; this yielded a binary image without background autofluorescence. Cell counting was then performed by a scorer blinded to experimental condition using Fiji. The overlap between tdTomato and cFos was quantified using cFos channel-thresholded consecutive single plane images to verify overlap between cFos and tdTomato signals within neuronal cell bodies.

GeoMx Digital Spatial Profiling (DSP) slide preparation

A total of 16 paraformaldehyde fixed brains (n = 4 for each condition: HC-Sleep, HC-SD, CFC-Sleep, and CFC-SD) were cryosectioned at 10μm thickness less than 2 weeks prior to GeoMx Mouse Whole Transcriptome Assay (WTA) and protein panels. Four brain sections (1 from each experimental condition) were placed onto each slide (Fisherbrand Superfrost Plus) to reduce technical artifacts introduced during slide preparation. Slides were stored in -80°C until prepared for WTA. DSP was performed as described in detail in Merritt et al.(2020) [54]. Briefly, fixed frozen slides were baked at 60°C for 1 h, then were post-fixed with 4% PFA in 1× PBS at 4°C for 15 min. Dehydration was performed for 5 min in 50% EtOH, 2 × 5 min in 70% EtOH and 5 min in 100% EtOH, followed by antigen retrieval using boiling 10 mM sodium citrate, pH 6.0 (Sigma -Aldrich C9999) for 5 min. Protease III (ACD Cat#322337) was added to brain sections at 40°C for 30 min to expose RNA targets, then *in situ* hybridizations with mouse WTA panel (20175 targets) were performed in Buffer R (NanoString); slides were covered by HybriSlips (Grace Biolabs) and incubated at 37°C overnight. The following day, two 25-min stringent washes were performed using 50% formamide and 2 × SSC, followed by an additional two 2-min washes using 2 × SSC. Brain sections were then blocked with Buffer W (NanoString) for 30 min at room temperature. SYTO 13 (NanoString, 1:100 in Buffer W) was added to each slide for 1 h in a humidified chamber at room temperature; this label was used to identify borders of hippocampal subregions. Slides were then briefly washed twice using 2 × SSC and were immediately loaded on the GeoMx Digital Spatial Profiler.

For protein panels, slides were baked at 60 °C for 1 h followed by dehydration and antigen retrieval. The slides were then blocked using NanoString blocking buffer W for 1 h. A NanoString protein antibody cocktail including Mouse Protein Core + Controls, Mouse PI3K/AKT Module, Mouse MAPK Signaling Module, Mouse Cell Death Module, Mouse Neural Cell Typing Module, Mouse AD Pathology Module, Mouse AD Pathology Extended Module, Mouse PD Pathology Module, Mouse Glial Subtyping Module, and Mouse Autophagy Module (NanoString Technologies) was added to the sections followed by overnight incubation at 4°C. The next day, SYTO 13 was applied to each slide before loading slides on the GeoMx Digital Spatial Profiler. During slide washes for the protein panel experiment, one HC-sleep, one HC-SD, and one CFC-Sleep brain section were lost and were excluded from subsequent experiments. Another HC-SD

brain section provided only one CA1 subregion that was usable for both WTA and protein experiments.

Each slide was imaged using a 20× objective, and ROIs were selected using SYTO 13 staining using the GeoMx software. After ROI approval, UV light was applied to each ROI to achieve subregion-specific indexing oligonucleotide cleavage. The released oligonucleotides were collected via a microcapillary and dispensed into a 96-well plate; these were dried at room temperature overnight. Sequencing libraries were then prepared per the manufacturer's protocol. Libraries were sequenced on an Illumina NovaSeq 6000 with an average depth of 5.3 million raw reads per ROI.

GeoMx data analysis

Raw FASTQ files were processed using Nanostring's Automated Data Processing Pipeline. This pipeline includes adapter trimming, aligning stitched paired-end reads to barcodes in the reference, and removing PCR duplicates based on the Unique Molecular Identifier (UMI) in each read (GeoMx DSP NGS Readout User Manual, https://university.nanostring.com/geomx-dsp-ngs-readout-user-manual/1193408). All QC and downstream differential expression analyses were performed in R version 4.2.0 (2022-04-22) using the NanoString-developed GeoMxTools package (versions 1.99.4 for WTA and 3.0.1 for protein;[55]). Plots were generated using either built-in GeoMxTool functions or the ggplot2 package (version 3.3.6). For the mouse WTA panel (v1.0), each gene target is mapped to a single probe with a total of 20,175 probes, 210 of which are negative probes that target sequences not present in the transcriptome. For each ROI, a Limit of Quantification (LOQ; the geometric mean of negative probes × the geometric standard deviation of negative probes raised to a power of 2) was calculated. All 128 selected ROIs exceeded a 15% gene detection rate. Gene targets that failed to be detected above the LOQ in at least 10% of the segments were removed as recommended, leaving 11508 gene targets in the final filtered WTA dataset.

For mouse protein panels (**Supplementary table 3**), 119 out of the initial 121 ROIs passed Nanostring recommended QC thresholds and were used for DE analyses. In total, 93 protein targets were tested, 3 of which are negative controls. Signal to background ratio for each protein target was calculated; 6 protein targets were removed due to low detection levels, leaving 87 protein targets in the final filtered protein data.

Filtered WTA and protein data were normalized using the third quartile normalization method. Linear mixed-effect models (LMMs) were used to perform differential expression analysis. Depending on the comparison, combinations of fixed effects of sleep condition (Sleep/SD), learning condition (CFC/HC), and random effects of slide (taking into account variations during slide processing steps) were adjusted for. Genes, transcripts, and protein targets that have a FDR < 0.1 are considered differentially expressed (DE). Venn diagrams of overlapping DEGs/DE proteins between regions/conditions were made using FunRich [56]. Gene ontology (GO), pathway, and predicted upstream regulator analyses were performed using Advaita Bio's

iPathwayGuide (https://advaitabio.com/ipathwayguide). Smallest common denominator pruning method (iPathwayGuide) was used to identify GO terms.

Data availability: All relevant raw data and analysis tools are available upon reasonable request from the authors. Source data are provided with this paper.

Acknowledgements: Figures illustrating behavioral paradigms were created with BioRender. We are grateful to the staff of the Advanced Genomics Core at the University of Michigan for assistance with GeoMx slide preparation, library preparation and next-generation sequencing.

Figure Legends:

Fig. 1: Contextual fear conditioning (CFC) reactivates context-labeled neurons. a, *cfos::tdTomato* mice were injected with 4-hydroxytamoxifen (4-OHT) following Context A exploration. 6 d later, mice were either re-exposed to Context A (A to A) or were placed in a dissimilar Context B (A to B) prior to tissue harvest. **b,** Representative images showing overlap of tdTomato (magenta) and cFos protein (green). Examples of colocalization within a neuron is indicated with a white arrowhead. Scale bar =100 µm. **c,** Percentage of cFos+/tdTomato+ cells in the DG granule cell layer is significantly higher in A to A (n=9; 4 males and 5 females) compared with in A to B (n = 9; 5 males and 4 females). **** P<0.0001, Mann Whitney test. **d,** cFos+/tdTomato+ overlap percentage differed between conditions in the superior blade (*** P=0.0006, Mann Whitney test) but not the inferior blade (ns, not significant). **e,** Percentages of tdTomato+/cFos+ cells in the DG granule cell layer. *** P=0.0009, Mann Whitney test. **f,** tdTomato+/cFos+ overlap percentage differed between conditions in the superior (*** P=0.0004, Mann Whitney test) and inferior (ns, not significant) blade of DG granule cell layer. **g,** *cfos::tdtomato* mice were injected with 4-OHT following either Context A or Context B exploration. 6 d after labeling, all mice received contextual fear conditioning (CFC) in Context A prior to tissue harvest. **h,** Representative images showing overlap of tdTomato (magenta) and cFos protein (green). Examples of colocalization within a neuron is indicated with a white arrowhead. Scale bar = 100 µm. **i,** Percentages of cFos+/tdTomato+ cells in the DG granule cell layer is significantly higher in A to A (n = 7) than B to A (n = 7). * P=0.0256, Mann Whitney test. **j,** The cFos+/tdTomato+ overlap percentage is significantly higher in the superior blade (* P=0.0256, Mann Whitney test) but not the inferior blade (ns, not significant). **k,** Percentages of tdTomato+/cFos+ cells in the DG granule cell layer. ** P=0.007, Mann Whitney test. **l,** Percentages of tdTomato+/cFos+ cells in the superior (* P=0.0256, Mann Whitney test) and inferior (ns, not significant) blade of DG granule cell layer. All bars indicate mean ± s.d.

Fig. 2: Post-learning SD disrupts reactivation of dentate gyrus engram neurons in a subregion-specific manner. a, Experimental procedures. Mice underwent single-trial CFC at ZT0 and were either allowed *ad lib* sleep (n=12, 8 males and 4 females) or underwent SD (n=10, 7 males and 3 females) for the first 6 h after CFC; CFM testing occurred at ZT0 next day. **b,** CFM consolidation (measured as percentage of context-dependent freezing) was significantly reduced after SD. * P = 0.0198, Student's t test. **c,** *cfos::tdtomato* mice were injected with 4-OHT following Context A exploration. 6 d later, all mice received contextual fear conditioning (CFC) in Context A and were either allowed *ad lib* sleep or were sleep deprived (SD) for 6 h prior to tissue harvest. **d,** Representative images showing overlap of tdTomato (magenta) and cFos protein (green). Examples of colocalization within a neuron is indicated with a white arrowhead. Scale bar = 100 µm. **e,** Percentage of cFos+/tdTomato+ cells in the DG granule cell layer is significantly higher following sleep (n = 9) than SD (n = 10). * P = 0.0347, Mann Whitney test. **f,** Sleep mice had a significantly larger percentage of cFos+/tdTomato+ neurons in the inferior blade compared with the superior blade (** P = 0.0078, Wilcoxon matched-pairs signed rank test), and a strong trend

(P = 0.0549, Mann Whitney test) for more cFos+/tdTomato+ overlap in the inferior blade compared with the SD mice. **g,** Percentage of tdTomato+/cFos+ cells in the DG granule cell layer have a strong trend of being higher following sleep (n = 9) than SD (n = 10). * P = 0.0648, Mann Whitney test. **h,** Sleep mice had a significantly larger percentage of tdTomato+/cFos+ neurons in the inferior blade compared with the superior blade (* P = 0.0391, Wilcoxon matched-pairs signed rank test). No significant difference (P = 0.6513, Mann Whitney test) between sleep and SD mice in the inferior blade. **i,** SD increased cFos+ cell number in the superior blade (* P = 0.035, Mann Whitney test) and the hilus (*** P = 0.0009, Mann Whitney test), and reduced cFos+ cell numbers in the inferior blade (**** P < 0.0001, Mann Whitney test). All data are presented as mean ± s.d.

Fig. 3: Post-learning SD selectively suppresses activity of DG inferior blade granule cells. a, Experimental procedure. C57BL/6J mice underwent single-trial CFC in Context A and were either allowed ad lib sleep or were sleep deprived (SD) for 6 h prior to tissue harvest. **b,** Representative images showing cFos (green) and Arc protein (cyan) following sleep or SD in the dentate gyrus. Scale bar, 100µm. **c,** SD did not change cFos+ cell number in the superior blade in C57BL/6J mice (P = 0.3095, Mann Whitney test) but increased the cFos+ cell the hilus (** P = 0.0079, Mann Whitney test), and reduced cFos+ cell number in the inferior blade (** P = 0.0079, Mann Whitney test). **d,** SD reduced Arc+ cell numbers in the inferior blade compared with sleep. ** P = 0.0079, Mann Whitney test. **e,** Representative images showing cFos (green) and Arc protein (cyan) following sleep or SD in the CA3. Scale bar = 100 µm. **f,** SD increased cFos+ (** P = 0.0079, Mann Whitney test) and (**g**) Arc+ (** P = 0.0079, Mann Whitney test) cell number in the CA3. Data are presented as mean ± s.d. **h,** Representative images showing cFos (green) and Arc protein (cyan) following sleep or SD in the CA1. Scale bar = 100 µm. **i,** SD increased cFos protein relative intensity (** P = 0.0079, Mann Whitney test) in the CA1 pyramidal layer and (**j**) had a strong trend of increasing Arc (P = 0.0556, Mann Whitney test). All data are presented as mean ± s.d.

Fig. 4: SD causes subregion-specific alterations in hippocampal gene expression. a, C57BL/6J mice were either left undisturbed in their home cage (HC) or underwent single-trial CFC in Context A (CFC). Over the next 6 h, mice in CFC and HC groups were either allowed ad lib sleep or underwent SD in their HC prior to perfusion. **b,** (***Left***) Representative image of (region of interest) ROI selection using NanoString's GeoMx Digital Spatial Profiler (DSP). (***Right***) Illustration of the comparison and number of DEGs for SD vs Sleep in each hippocampal subregion. **c,** Venn diagrams reflect the number of SD vs Sleep DEGs and their overlap in the DG superior blade, inferior blade, hilus, CA1, and CA3. **d,** The most significant gene ontology terms, ranked by FDR value, and KEGG pathways enriched for transcripts altered by SD alone in the superior blade, (**e**) inferior blade, and (**f**) CA1. Red stars highlight GO terms uniquely mapped to one blade, blue stars indicate the presence of parent/child terms in both blades, and green stars highlight GO terms and KEGG pathways overrepresented in both superior and inferior blades.

Fig. 5: Select SD-altered transcripts' levels were altered in opposite directions across hippocampal subregions. a, Illustration of the comparison and number of DEGs for SD vs Sleep in each hippocampal subregion. **b,** Expression level of the 12 overlapping DEGs between inferior blade and hilus. Blue dots represent SD-altered DEGs that are consistently enriched in one of the two subregions. Orange dot represents the gene (Arc) that is upregulated by SD in the hilus but downregulated by SD in inferior blades. **c,** Expression level of the 290 overlapping DEGs between superior blade and CA1. 3 DEGs were upregulated by SD in the superior blade but downregulated in CA1 and 9 were upregulated by SD in CA1 but downregulated in the superior blade. **d,** Expression level of the 239 overlapping DEGs between inferior blade and CA1. 4 were upregulated by SD in the inferior blade but downregulated in CA1 and 13 were upregulated by SD in CA1 but downregulated in the inferior blade. **e,** Expression level of the 181 overlapping DEGs between superior blade and CA3. 6 were upregulated by SD in the superior blade but downregulated in CA3 and 5 were upregulated by SD in CA3 but downregulated in the superior blade. **f,** Expression level of the 151 overlapping DEGs between inferior blade and CA3. 6 were upregulated by SD in the inferior blade but downregulated in CA3 and 5 were upregulated by SD in CA3 but downregulated in the inferior blade. Blue dots represent SD-altered DEGs that are consistently enriched in one of the two subregions. Orange dots represent DEGs that are regulated in opposite directions by SD in the subregions.

Fig. 6: Transcriptomic differences between superior and inferior DG blades. a, (***Left***) Illustration of the inferior blade vs superior blade comparison and the number of DEGs under either Sleep or SD condition. (***Right***) Venn diagram reflects the overlap (251 transcripts) of inferior vs superior blade DEGs under Sleep or SD condition. **b,** 249 (blue dots) of the 251 DEGs were consistently expressed at a higher level in either the inferior or superior blades. *Homer1* was enriched in the superior blade in SD mice but enriched in the inferior blade in Sleep mice, while *Tesc* was enriched in the inferior blade in SD mice but enriched in the superior blade in Sleep mice. **c, e,** The most significant gene ontology terms and **d, f** KEGG pathways - ranked by FDR values - mapped for inferior vs superior DEGs in (**c, d)** Sleep mice (**e, f**) and SD mice. Red stars highlight GO terms uniquely mapped under either Sleep or SD condition, blue stars indicate the presence of parent/child terms for both conditions, and green stars highlight GO terms and KEGG pathways overrepresented in both Sleep and SD conditions.

Fig. 7: Learning (CFC)-induced transcriptomic effects are restricted to the hippocampal DG. a, Illustration of the CFC vs HC comparison and the number of DEGs in superior blade and inferior blade. There are no DEGs found in the CA1, CA3, and hilus for the CFC vs HC comparison. Venn diagram reflects the overlap (11 transcripts) for CFC vs HC. **b,** CFC altered 11 transcripts significantly in both superior (red) and inferior blade (gray). **c,** Significant GO terms mapped for the DEGs altered by CFC in the superior blade. **d,** DEGs altered by CFC mapped for the GABA receptor complex GO term. **e,** In mice that received CFC, 1563 transcripts were altered by subsequent SD in the superior blade while in HC mice, the number was 1216. 416 of them overlapped. **f,** Expression level of the 416 overlapping SD-altered DEGs between CFC-only and

HC-only mice. Blue dots represent transcripts that are consistently enriched in the two groups following either sleep or SD. Orange dots represent genes that are regulated in opposite directions by SD in the two groups of mice. **g,** In CFC mice, 856 transcripts were altered by subsequent SD in the inferior blade while in HC mice, the number was 627. 227 of them overlapped. **h,** Expression level of the 227 overlapping SD-altered DEGs between CFC-only and HC-only mice. *Polr1b* and *Cldn22* (orange dots) were upregulated by SD in HC mice,but downregulated by SD in CFC mice.

Fig. 8: Learning and subsequent sleep or SD differentially affect protein expression in hippocampal subregions. a, Venn diagram of SD-altered proteins in CA1, hilus, and CA3. **b,** Venn diagram of CFC-altered proteins in hippocampal subregions. All fold change and FDR are reported in Supplementary Table 3. **c,** Venn diagram reflects the overlap (30 proteins) of inferior vs superior blade differentially expressed proteins under Sleep or SD condition. **d,** Log2FC of proteins differentially expressed between inferior and superior blade in the sleep mice and their corresponding DEGs for the same comparison in the WTA analysis. **e.** Log2FC of proteins differentially expressed between inferior and superior blade in the SD mice and their corresponding DEGs for the same comparison. All FDRs are reported in Supplementary Table 4.

Extended Data Figure Legends:

Extended Data Fig. 1. a, Numbers of tdTomato+ and (**b**) cFos+ neurons in the DG granule cell layer were similar in A to A and A to B mice. Values indicate mean ± s.d.. **c,** tdTomato+ neuron densities in the superior blade or inferior blade were comparable in A to A and A to B mice. A to A and A to B inferior blade has less tdTomato+ neurons compared the superior blade (** P = 0.0039 and ** P = 0.0039, Wilcoxon matched-pairs signed rank test). **d,** cFos+ neuron densities in the superior blade or inferior blade were comparable in A to A and A to B mice. A to A and A to B inferior blade has less cFos+ neurons compared the superior blade (** P = 0.0039 and ** P = 0.0078, Wilcoxon matched-pairs signed rank test). **e,** Numbers of tdTomato+ and (**f**) cFos+ neurons in the DG granule cell layer were similar in A to A-CFC and A to B-CFC mice. Values indicate mean ± s.d.. **g,** tdTomato+ neuron densities in the superior blade or inferior blade were comparable in A to A-CFC and A to B-CFC mice. A to A-CFC and A to B-CFC inferior blade has less tdTomato+ neurons compared the superior blade (* P = 0.0156 and * P = 0.0156, Wilcoxon matched-pairs signed rank test). **h,** cFos+ neuron densities in the superior blade or inferior blade were comparable in A to A-CFC and A to B-CFC mice. A to A-CFC and A to B-CFC inferior blade has less cFos+ neurons compared the superior blade (* P = 0.0156 and * P = 0.0156, Wilcoxon matched-pairs signed rank test). **i,** Numbers of tdTomato+ and (**j**) cFos+ neurons in the DG granule cell layer were similar in Sleep and SD mice. **k**, tdTomato+ neuron densities in the superior blade or inferior blade were comparable in Sleep and SD mice. Inferior blade has less tdTomato+ neurons compared the superior blade under both Sleep and SD conditions (** P = 0.0039 and ** P = 0.0020, Wilcoxon matched-pairs signed rank test). Values indicate mean ± s.d..

Extended Data Fig. 2. a, Representative image of TRAPed hilar tdTomato+ neurons. Their morphology was distinct from labeled granule cells. **b,** Percentage of cFos+/tdTomato+ cells in the DG hilus, as well as the numbers of (**c**) tdTomato+ and (**d**) cFos+ neurons, are similar in A to A and A to B mice. **e,** Percentage of cFos+/ tdTomato+ cells in the DG hilus, as well as the numbers of (**f**) tdTomato+ and (**g**) cFos+ neurons, are similar in A to A-CFC and A to B-CFC mice. **h,** Percentage of cFos+/tdTomato+ cells in the DG hilus, as well as the numbers of (**i**) tdTomato+ neurons, are similar in Sleep and SD mice. Values indicate mean ± s.d..

Extended Data Fig. 3. a, Principal component analysis of all transcripts showing regions of interest (ROIs) strongly stratified according to hippocampal subregion. **b,** Nuclei count in hippocampal subregions as number of nuclei per region of interest (ROI) from GeoMx Digital Spatial Profiler.

Extended Data Fig. 4. a, Gene ontology cellular component term, ER chaperone complex (GO:0034663), was significantly impacted in the DG superior, inferior blade, hilus, and CA3 following SD. **b,** Expression level of SD vs Sleep DEGs annotated to GO:0034663 in superior blade, (**c**) inferior blade, (**d**) hilus, (**e**) CA1, and (**f**) CA3.

Extended Data Fig. 5. SD vs Sleep DEG overlap between hippocampal subregions. **a**, Illustration of the comparison and number of DEGs for SD vs Sleep in each hippocampal subregion. **b,** 9 DEGs overlapped between CA1 and hilus, all of them were regulated in the same direction by SD. **c,** 12 DEGs overlapped between superior blade and hilus, all of them were regulated in the same direction by SD. **d,** 7 DEGs overlapped between CA3 and hilus, all of them were regulated in the same direction by SD. **e**, 960 DEGs overlapped between superior and inferior blades, all of them were regulated in the same direction by SD. **f,** 134 DEGs overlapped between CA1 and CA3, all of them were regulated in the same direction by SD.

Extended Data Fig. 6. Venn diagrams show the overlap for transcripts altered by SD in each hippocampal subregion and those previously reported (**a**) RNAseq of whole hippocampus following SD (Gaine et al., 2021), and (**b**) Camk2a+ TRAP-seq following SD (Lyons et al., 2020).

Extended Data Fig. 7. Overlap of SD vs Sleep DEGs with previously-characterized SD-altered TRAP transcripts. Venn diagrams indicate the overlap for transcripts altered by SD in five different hippocampal subregions in the present study and a previously reported hippocampal (**a**) Camk2a+, (**b**) pS6+, and (**c**) input TRAP-seq following SD (Delorme et al., 2021), for both cytosolic and membrane compartments.

Extended Data Fig. 8. Venn diagrams show the overlap for CFC vs HC DEGs in SD mice superior blade, inferior blade, hilus, and a previously reported TRAP-seq of CFC vs HC DEGs in SD mice in the cytosolic and membrane compartments of hippocampus Camk2a+, pS6+, and input populations.

Extended Data Fig. 9. Venn diagrams show the overlap for CFC vs HC DEGs in the superior blade, inferior blade and a previously reported TRAP-seq of cytosolic and membrane compartments of hippocampus Camk2a+, pS6+, and input populations.

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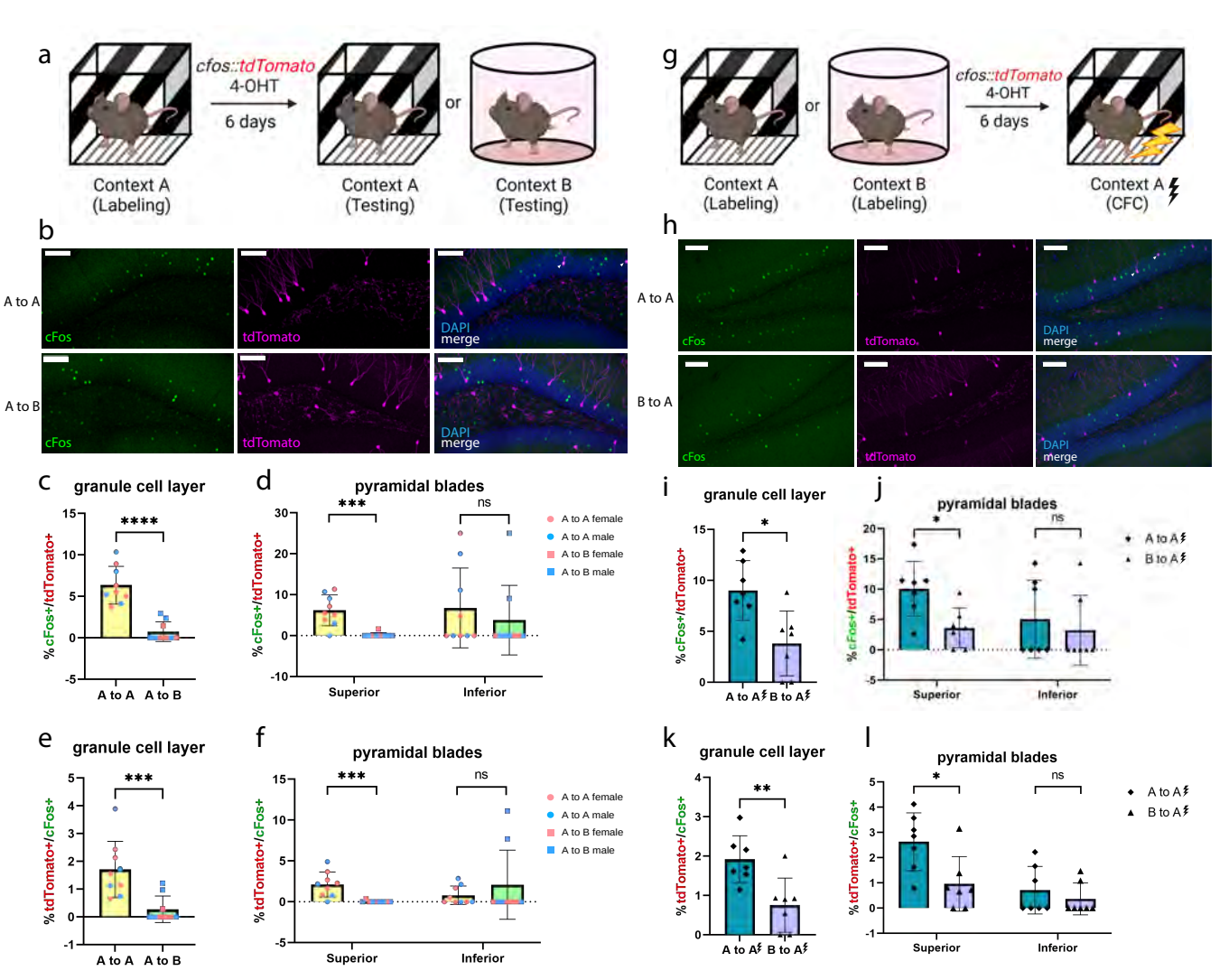
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or
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6 days
Context A (Labeling)
Context B (Labeling)
Context A (CFC)
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A to A
A to B
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tdTomato
DAPI
merge
h
A to A
B to A
cFos
tdTomato
DAPI
merge
c
granule cell layer
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% cFos+/tdTomato+
A to A
A to B
d
pyramidal blades
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ns
% cFos+/tdTomato+
Superior
Inferior
A to A female
A to A male
A to B female
A to B male
i
granule cell layer
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A to A
B to A
j
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A to A
B to A
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granule cell layer
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A to A
A to B
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pyramidal blades
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Superior
Inferior
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Superior
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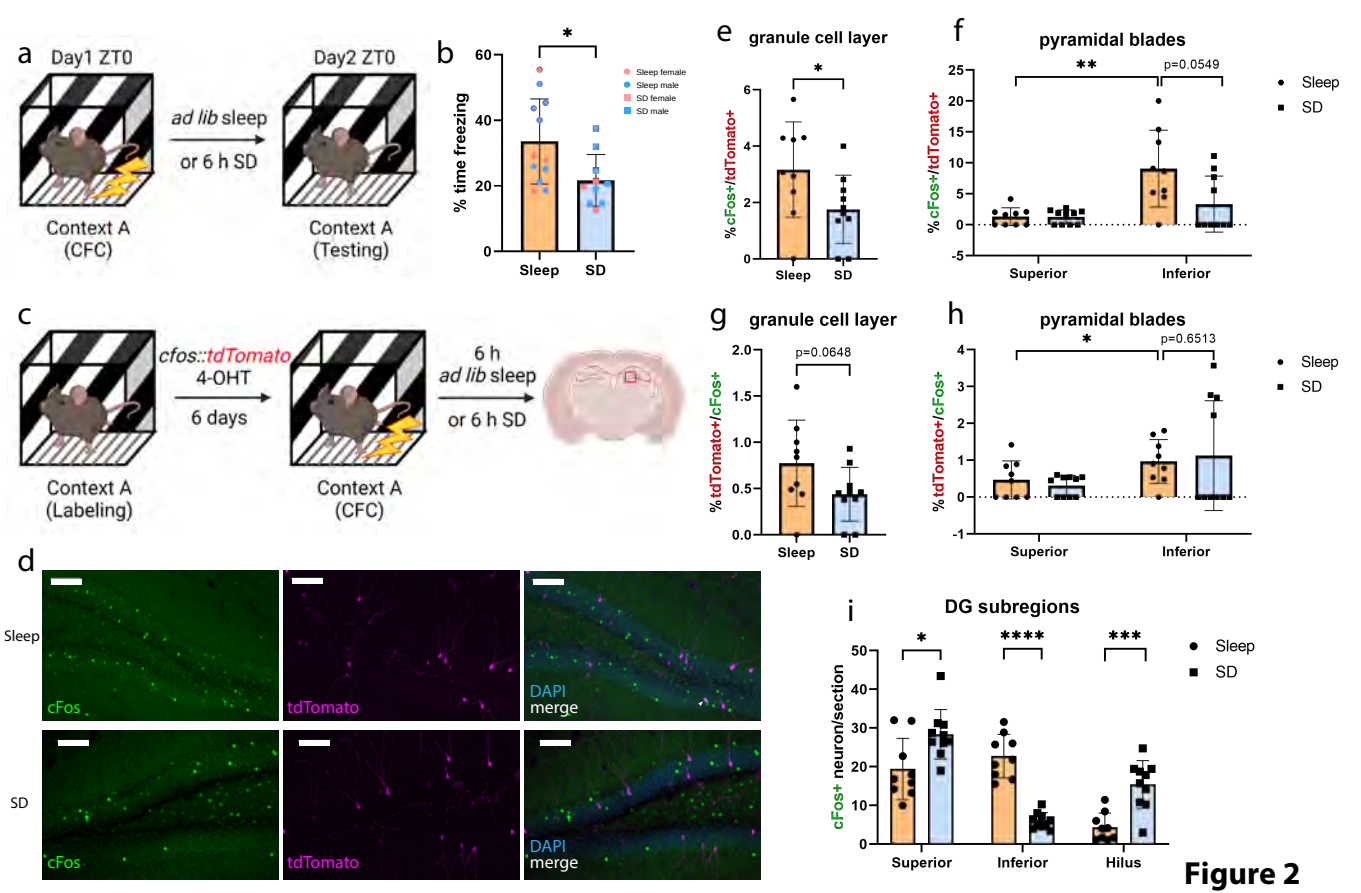
A to A
B to A

Figure 1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SD male
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SD
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Superior
Inferior
Sleep
SD
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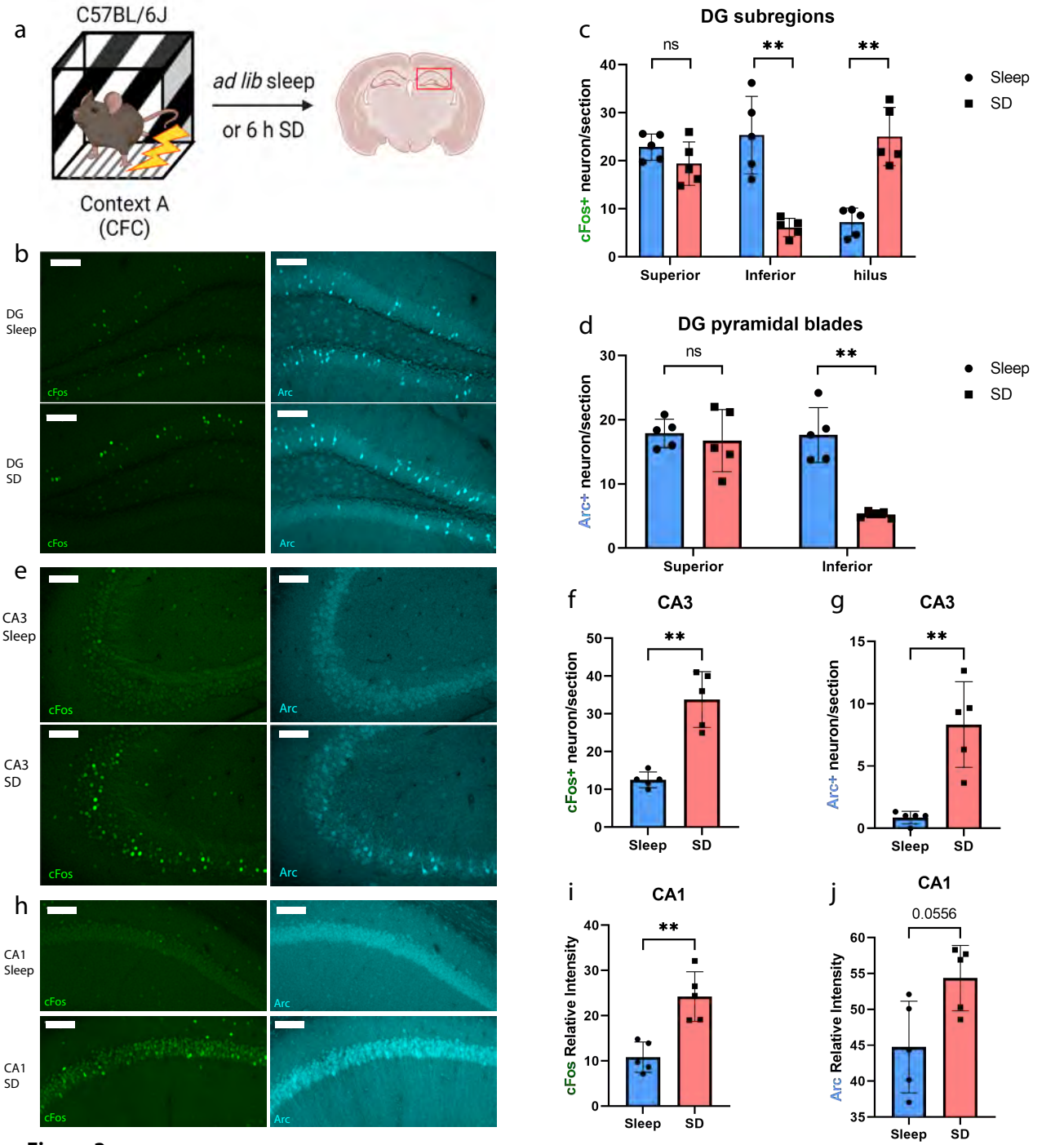
Inferior
Hilus

Figure 2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DG subregions
ns
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cFos+ neuron/section
Superior
Inferior
hilus
Sleep
SD
d
DG pyramidal blades
ns
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Arc+ neuron/section
Superior
Inferior
Sleep
SD
e
CA3
Sleep
CA3
SD
f
CA3
**
cFos+ neuron/section
Sleep
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g
CA3
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Arc+ neuron/section
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SD
h
CA1
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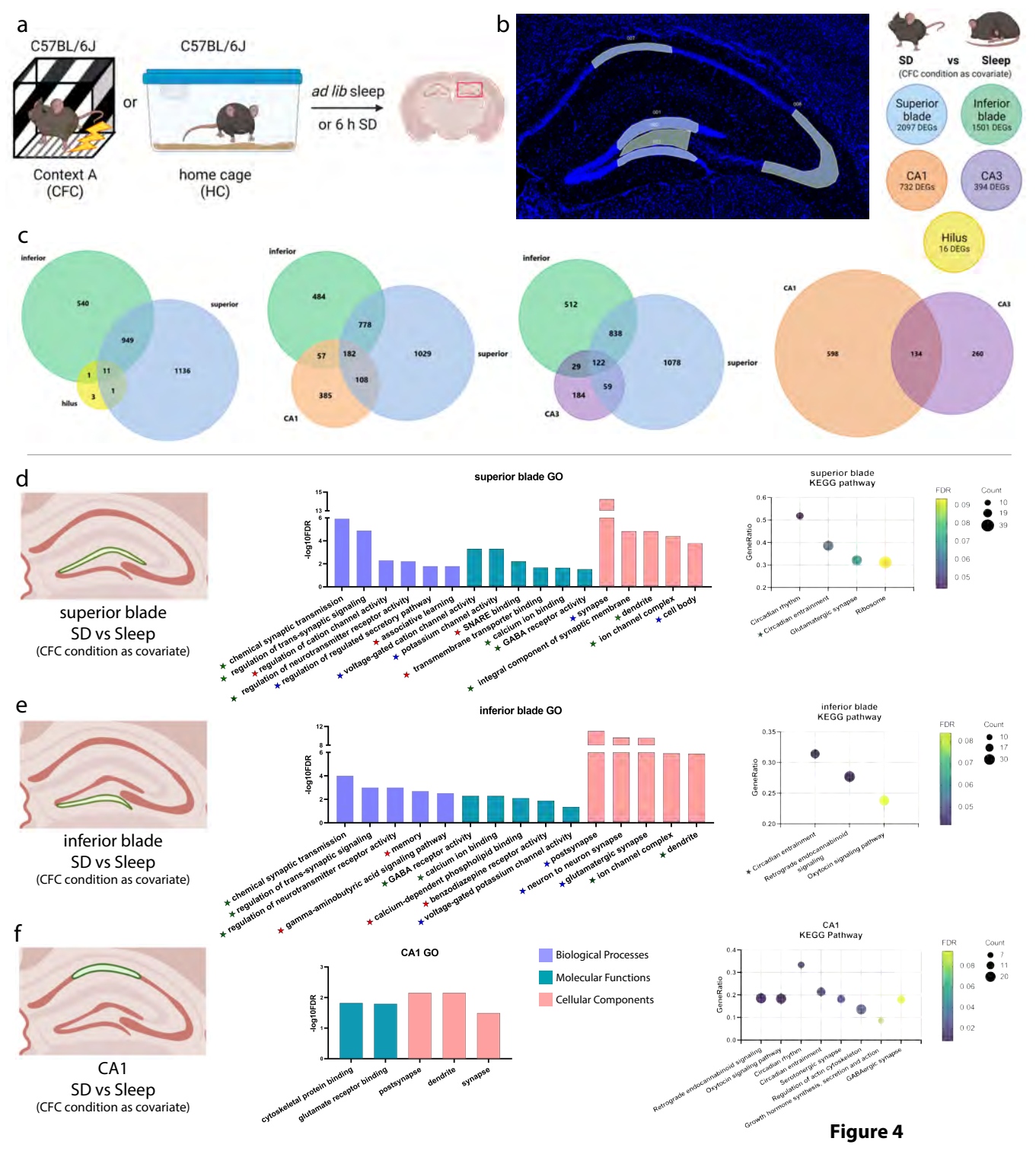
Arc Relative Intensity
Sleep
SD

Figure 3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C57BL/6J
or
ad lib sleep
or 6 h SD
Context A
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home cage
(HC)
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SD vs Sleep
(CFC condition as covariate)
Superior blade
2097 DEGs
Inferior blade
1501 DEGs
CA1
732 DEGs
CA3
394 DEGs
Hilus
16 DEGs
c
inferior
superior
hilus
CA1
CA3
d
superior blade
SD vs Sleep
(CFC condition as covariate)
superior blade GO
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chemical synaptic transmission
regulation of trans-synaptic signaling
regulation of cation channel activity
regulation of neurotransmitter receptor activity
regulation of regulated secretory pathway
associative learning
voltage-gated cation channel activity
potassium channel activity
SNARE binding
transmembrane transporter binding
calcium ion binding
GABA receptor activity
synapse
integral component of synaptic membrane
dendrite
ion channel complex
cell body
superior blade
KEGG pathway
GeneRatio
Circadian rhythm
Circadian entrainment
Glutamatergic synapse
Ribosome
FDR
Count
e
inferior blade
SD vs Sleep
(CFC condition as covariate)
inferior blade GO
-log10FDR
chemical synaptic transmission
regulation of trans-synaptic signaling
regulation of neurotransmitter receptor activity
memory
gamma-aminobutyric acid signaling pathway
GABA receptor activity
calcium ion binding
calcium-dependent phospholipid binding
benzodiazepine receptor activity
voltage-gated potassium channel activity
postsynapse
neuron to neuron synapse
glutamatergic synapse
ion channel complex
dendrite
inferior blade
KEGG pathway
GeneRatio
Circadian entrainment
Retrograde endocannabinoid signaling
Oxytocin signaling pathway
FDR
Count
f
CA1
SD vs Sleep
(CFC condition as covariate)
CA1 GO
-log10FDR
cytoskeletal protein binding
glutamate receptor binding
postsynapse
dendrite
synapse
Biological Processes
Molecular Functions
Cellular Components
CA1
KEGG Pathway
GeneRatio
Retrograde endocannabinoid signaling
Oxytocin signaling pathway
Circadian rhythm
Circadian entrainment
Serotonergic synapse
Regulation of actin cytoskeleton
Growth hormone synthesis, secretion and action
GABAergic synapse
FDR
Count

Figure 4

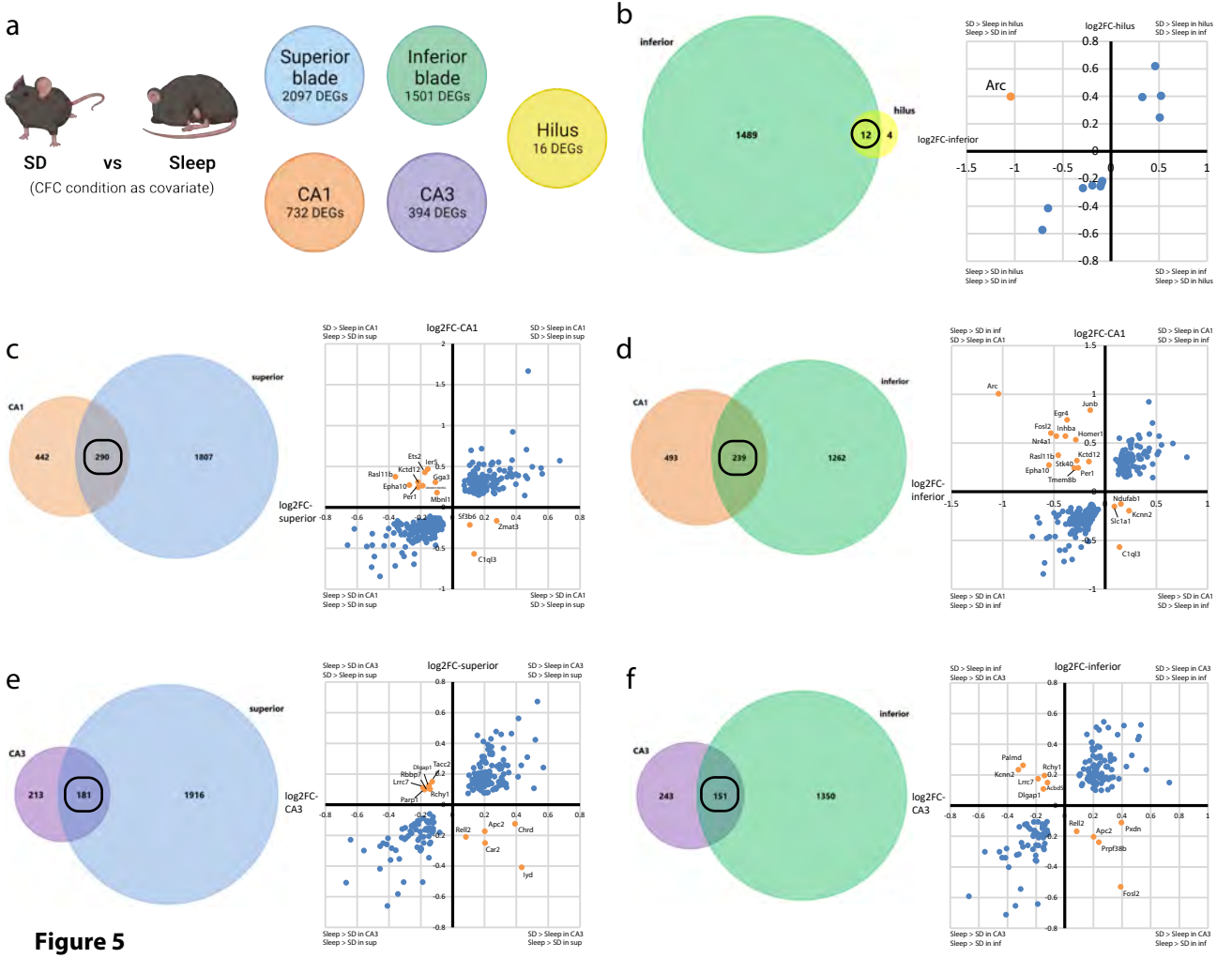

a
SD
vs
Sleep
(CFC condition as covariate)
Superior blade
2097 DEGs
Inferior blade
1501 DEGs
Hilus
16 DEGs
CA1
732 DEGs
CA3
394 DEGs
b
inferior
hilus
1489
12
4
log2FC-hilus
log2FC-inferior
Arc
c
CA1
superior
442
290
1807
log2FC-CA1
log2FC-superior
d
CA1
inferior
493
239
1262
log2FC-CA1
log2FC-inferior
e
CA3
superior
213
181
1916
log2FC-superior
log2FC-CA3
f
CA3
inferior
243
151
1350
log2FC-inferior
log2FC-CA3

Figure 5

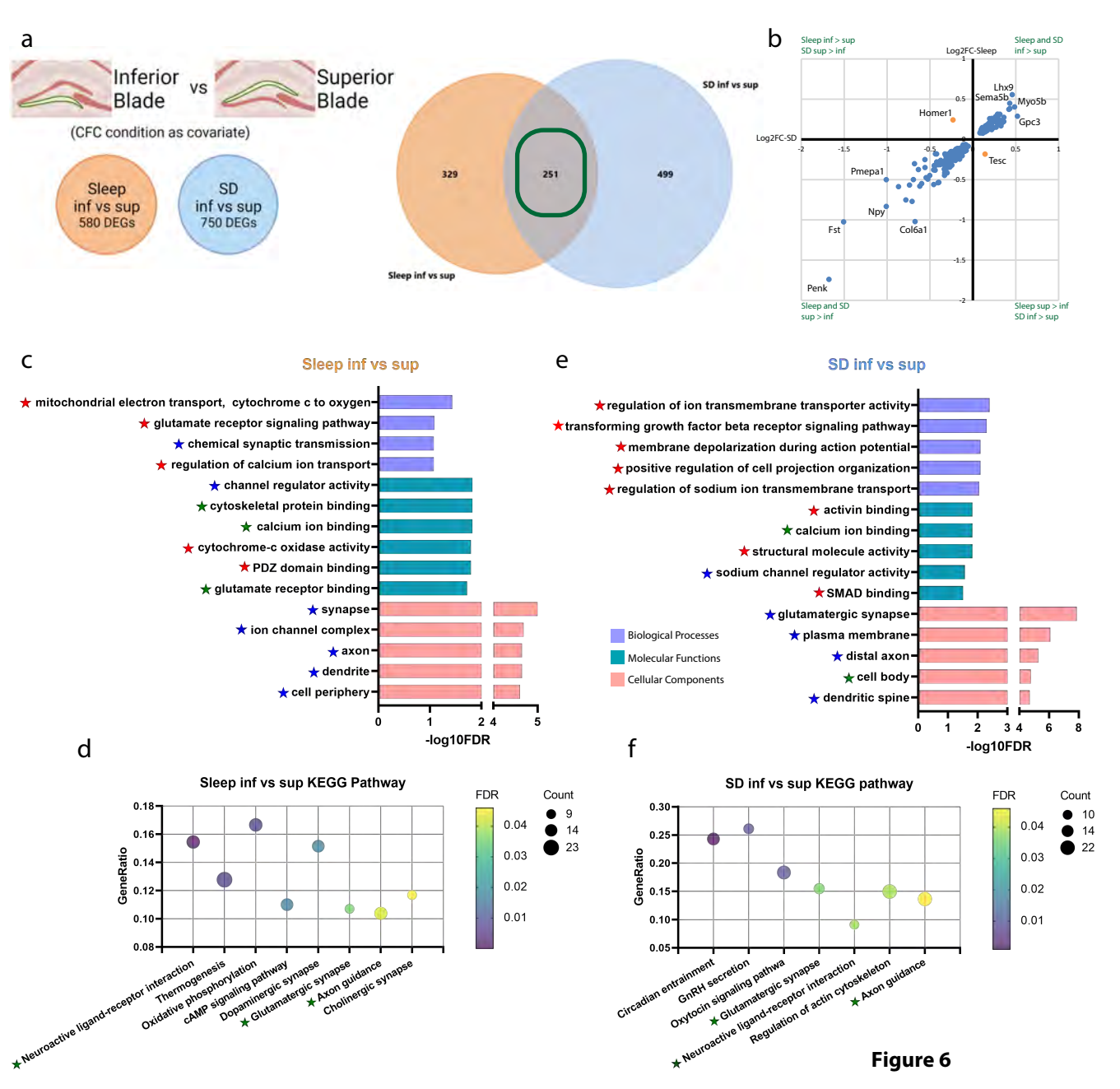

a
Inferior Blade
vs
Superior Blade
(CFC condition as covariate)
Sleep inf vs sup 580 DEGs
SD inf vs sup 750 DEGs
329
251
499
SD inf vs sup
Sleep inf vs sup
b
Sleep inf > sup SD sup > inf
Sleep and SD inf > sup
Log2FC-Sleep
Log2FC-SD
Lhx9
Sema5b
Myo5b
Gpc3
Homer1
Tesc
Pmepa1
Npy
Fst
Col6a1
Penk
Sleep and SD sup > inf
Sleep sup > inf SD inf > sup
c
Sleep inf vs sup
mitochondrial electron transport, cytochrome c to oxygen
glutamate receptor signaling pathway
chemical synaptic transmission
regulation of calcium ion transport
channel regulator activity
cytoskeletal protein binding
calcium ion binding
cytochrome-c oxidase activity
PDZ domain binding
glutamate receptor binding
synapse
ion channel complex
axon
dendrite
cell periphery
-log10FDR
e
SD inf vs sup
regulation of ion transmembrane transporter activity
transforming growth factor beta receptor signaling pathway
membrane depolarization during action potential
positive regulation of cell projection organization
regulation of sodium ion transmembrane transport
activin binding
calcium ion binding
structural molecule activity
sodium channel regulator activity
SMAD binding
glutamatergic synapse
plasma membrane
distal axon
cell body
dendritic spine
Biological Processes
Molecular Functions
Cellular Components
-log10FDR
d
Sleep inf vs sup KEGG Pathway
GeneRatio
FDR
Count
Neuroactive ligand-receptor interaction
Thermogenesis
Oxidative phosphorylation
cAMP signaling pathway
Dopaminergic synapse
Glutamatergic synapse
Axon guidance
Cholinergic synapse
f
SD inf vs sup KEGG pathway
GeneRatio
FDR
Count
Circadian entrainment
GnRH secretion
Oxytocin signaling pathwa
Glutamatergic synapse
Neuroactive ligand-receptor interaction
Regulation of actin cytoskeleton
Axon guidance

Figure 6

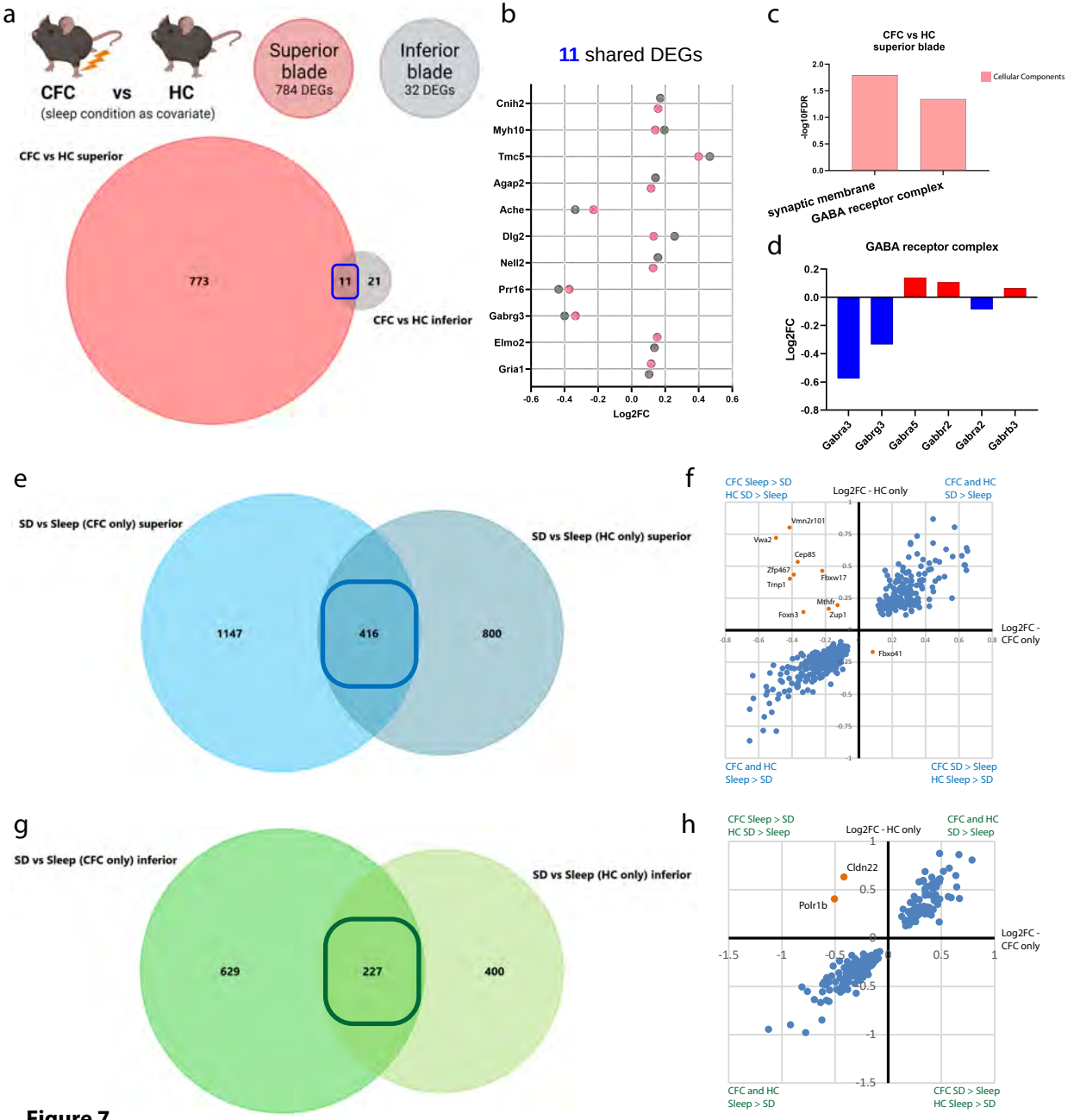
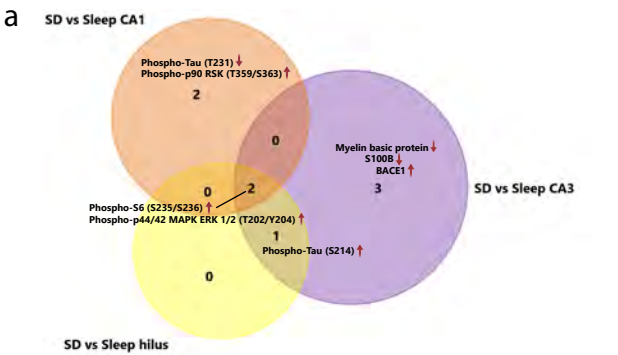
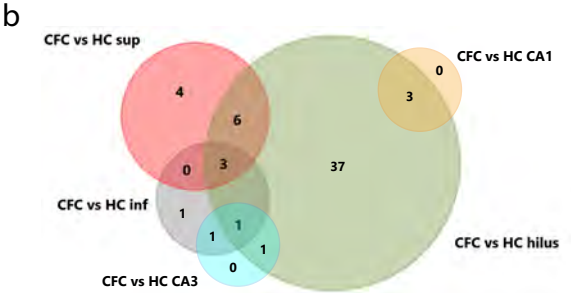
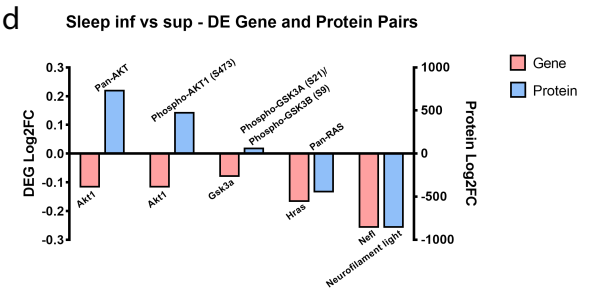

a
CFC
vs
HC
(sleep condition as covariate)
Superior blade
784 DEGs
Inferior blade
32 DEGs
CFC vs HC superior
773
11
21
CFC vs HC inferior
b
11 shared DEGs
Cnih2
Myh10
Tmc5
Agap2
Ache
Dlg2
Nell2
Prr16
Gabrg3
Elmo2
Gria1
-0.6
-0.4
-0.2
0.0
0.2
0.4
0.6
Log2FC
c
CFC vs HC
superior blade
Cellular Components
-log10FDR
2.0
1.5
1.0
0.5
0.0
synaptic membrane
GABA receptor complex
d
GABA receptor complex
Log2FC
0.2
0.0
-0.2
-0.4
-0.6
-0.8
Gabra3
Gabrg3
Gabra5
Gabbr2
Gabra2
Gabrb3
e
SD vs Sleep (CFC only) superior
SD vs Sleep (HC only) superior
1147
416
800
f
CFC Sleep > SD
HC SD > Sleep
Log2FC - HC only
CFC and HC
SD > Sleep
Vmn2r101
Vwa2
Cep85
Zfp467
Trnp1
Fbxw17
Mthfr
Zup1
Foxn3
Fbxo41
Log2FC -
CFC only
CFC and HC
Sleep > SD
CFC SD > Sleep
HC Sleep > SD
g
SD vs Sleep (CFC only) inferior
SD vs Sleep (HC only) inferior
629
227
400
h
CFC Sleep > SD
HC SD > Sleep
Log2FC - HC only
CFC and HC
SD > Sleep
Cldn22
Polr1b
Log2FC -
CFC only
-1.5
-1
-0.5
0
0.5
1
CFC and HC
Sleep > SD
CFC SD > Sleep
HC Sleep > SD

Figure 7


a
SD vs Sleep CA1
Phospho-Tau (T231) ↓
Phospho-p90 RSK (T359/S363) ↑
2
0
Myelin basic protein ↓
S100B ↓
BACE1 ↑
3
SD vs Sleep CA3
0
2
Phospho-S6 (S235/S236) ↑
Phospho-p44/42 MAPK ERK 1/2 (T202/Y204) ↑
1
Phospho-Tau (S214) ↑
0
SD vs Sleep hilus


b
CFC vs HC sup
CFC vs HC CA1
4
6
0
3
0
3
37
CFC vs HC inf
1
1
1
1
0
CFC vs HC hilus
CFC vs HC CA3

c
SD inf vs sup
Sleep inf vs sup
8
30
4


d
Sleep inf vs sup - DE Gene and Protein Pairs
Gene
Protein
DEG Log2FC
Protein Log2FC
0.3
0.2
0.1
0.0
-0.1
-0.2
-0.3
1000
500
0
-500
-1000
Pan-AKT
Phospho-AKT1 (S473)
Phospho-GSK3A (S21)/
Phospho-GSK3B (S9)
Pan-RAS
Akt1
Akt1
Gsk3a
Hras
Nefl
Neurofilament light

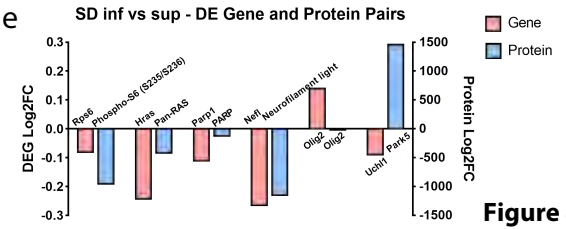
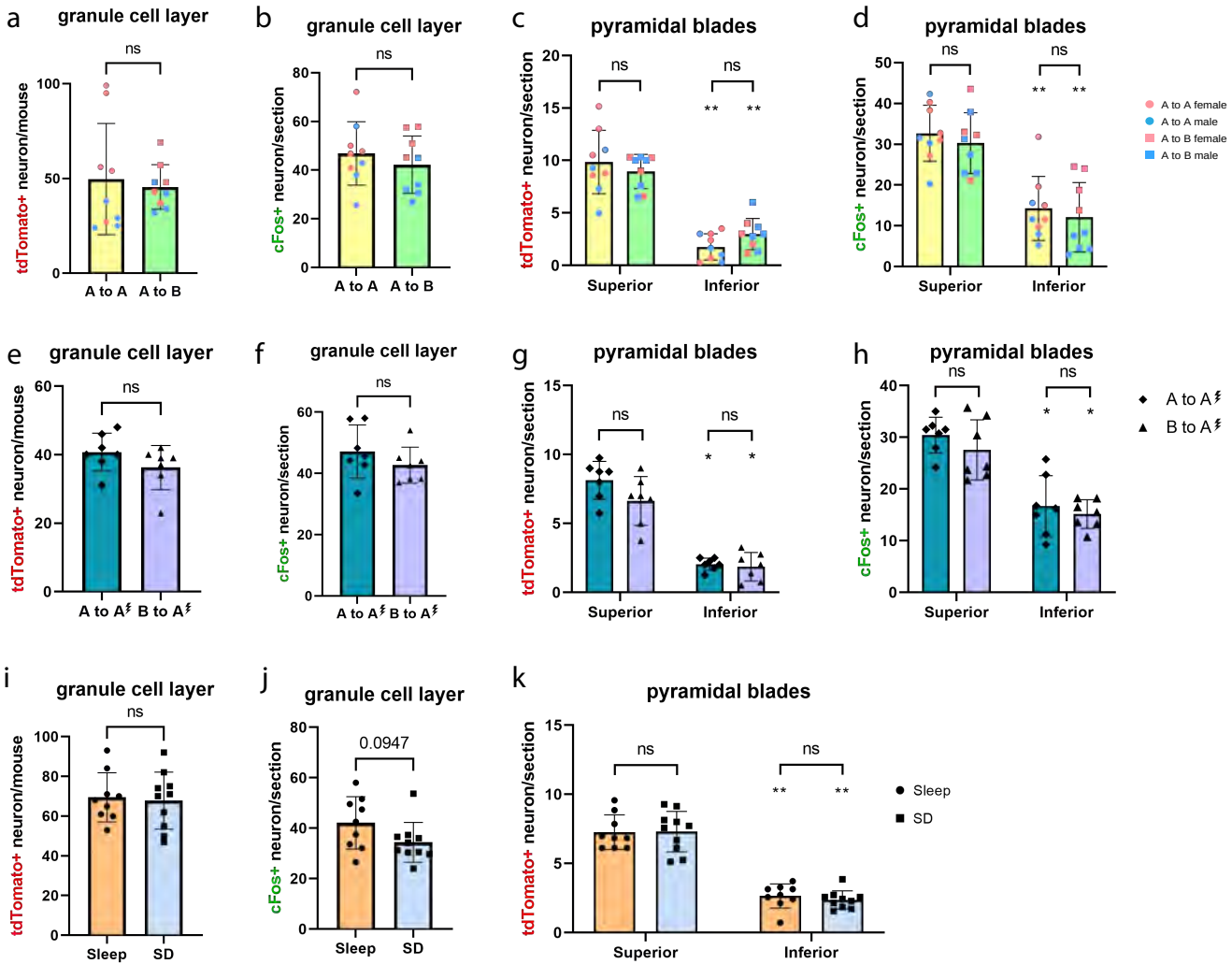
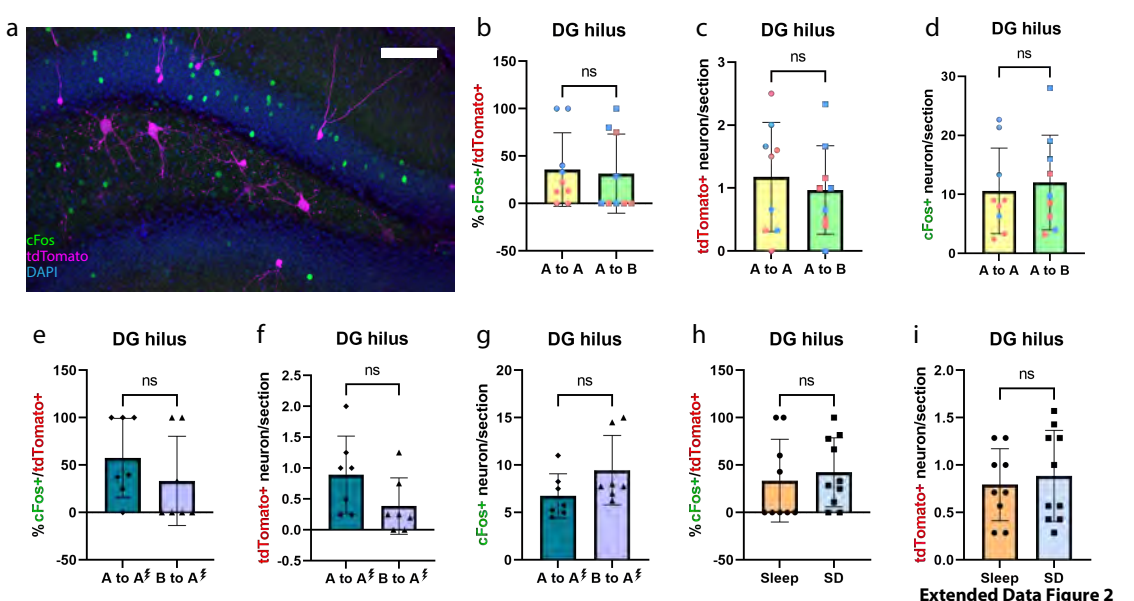

e
SD inf vs sup - DE Gene and Protein Pairs
Gene
Protein
DEG Log2FC
Protein Log2FC
0.3
0.2
0.1
0.0
-0.1
-0.2
-0.3
1500
1000
500
0
-500
-1000
-1500
Rps6
Phospho-S6 (S235/S236)
Hras
Pan-RAS
Parp1
PARP
Nefl
Neurofilament light
Olig2
Olig2
Uchl1
Park5

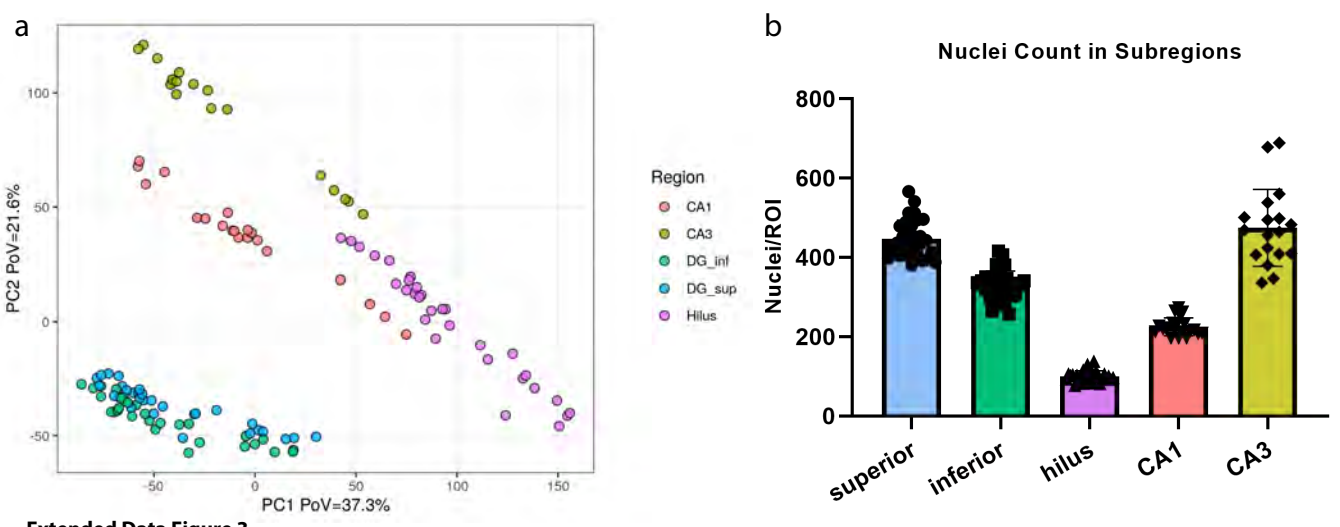
Figure 8



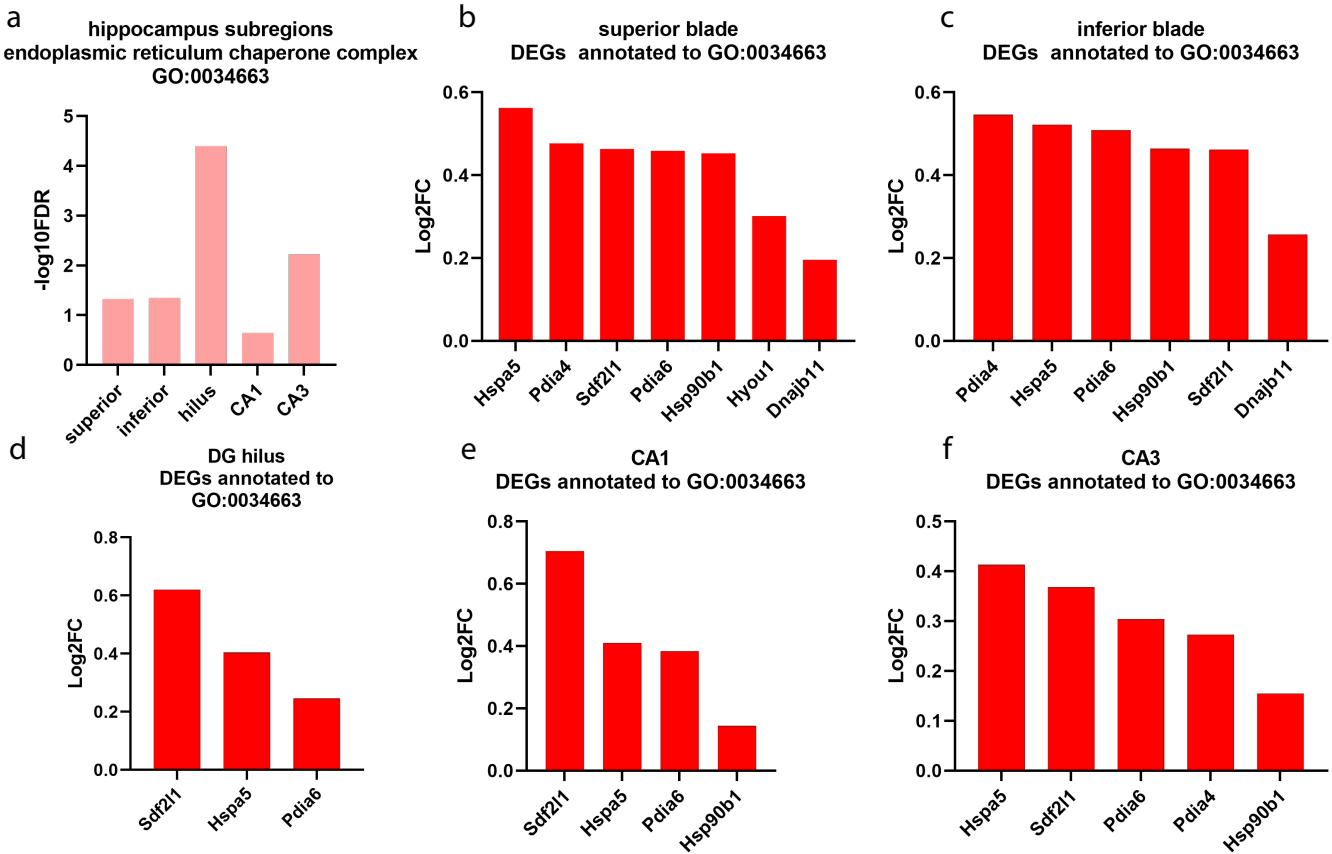
Extended Data Figure 1



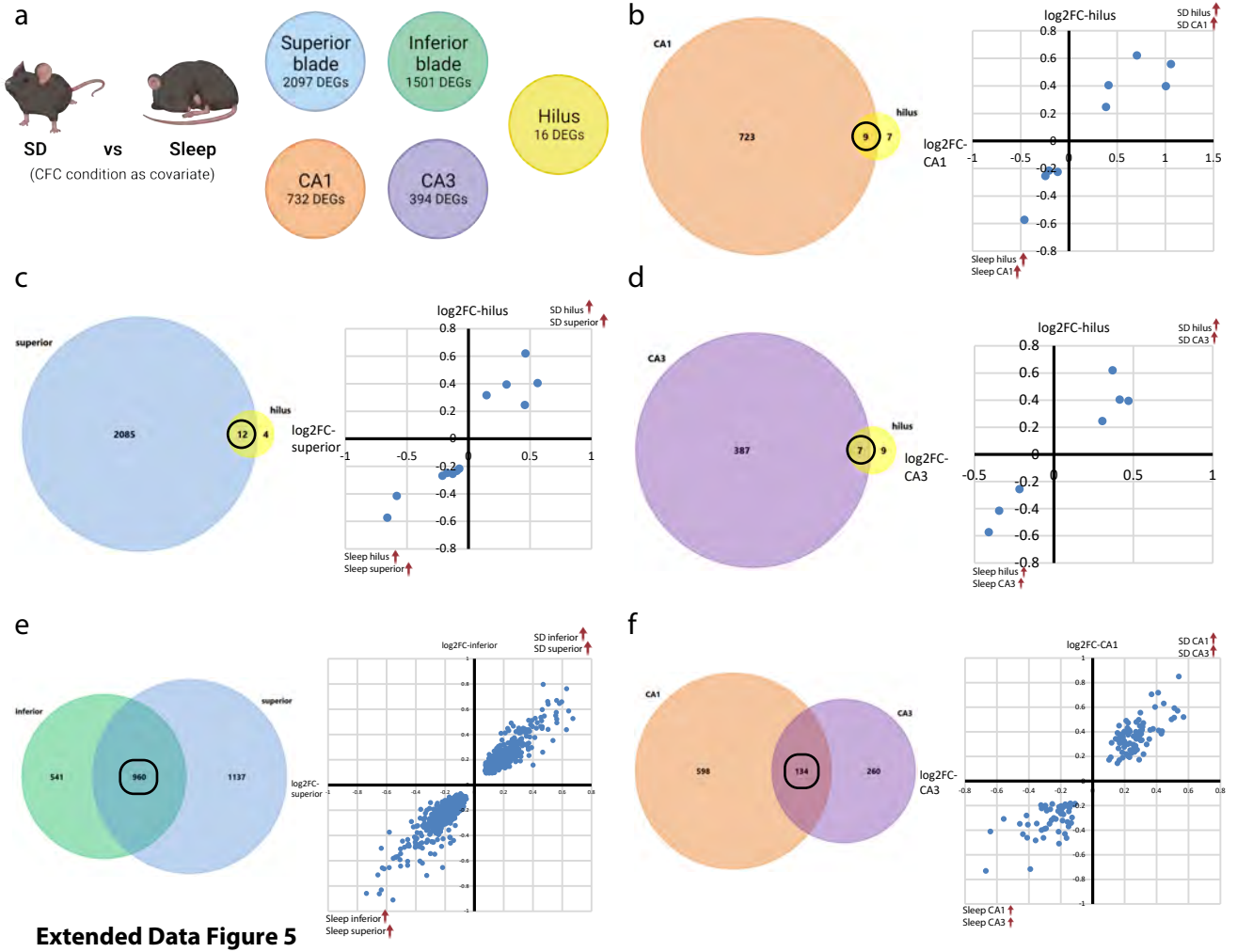
Extended Data Figure 2



Extended Data Figure 3



Extended Data Figure 4



Extended Data Figure 5

Gaine et al., 2021 (hippocampal transcripts)

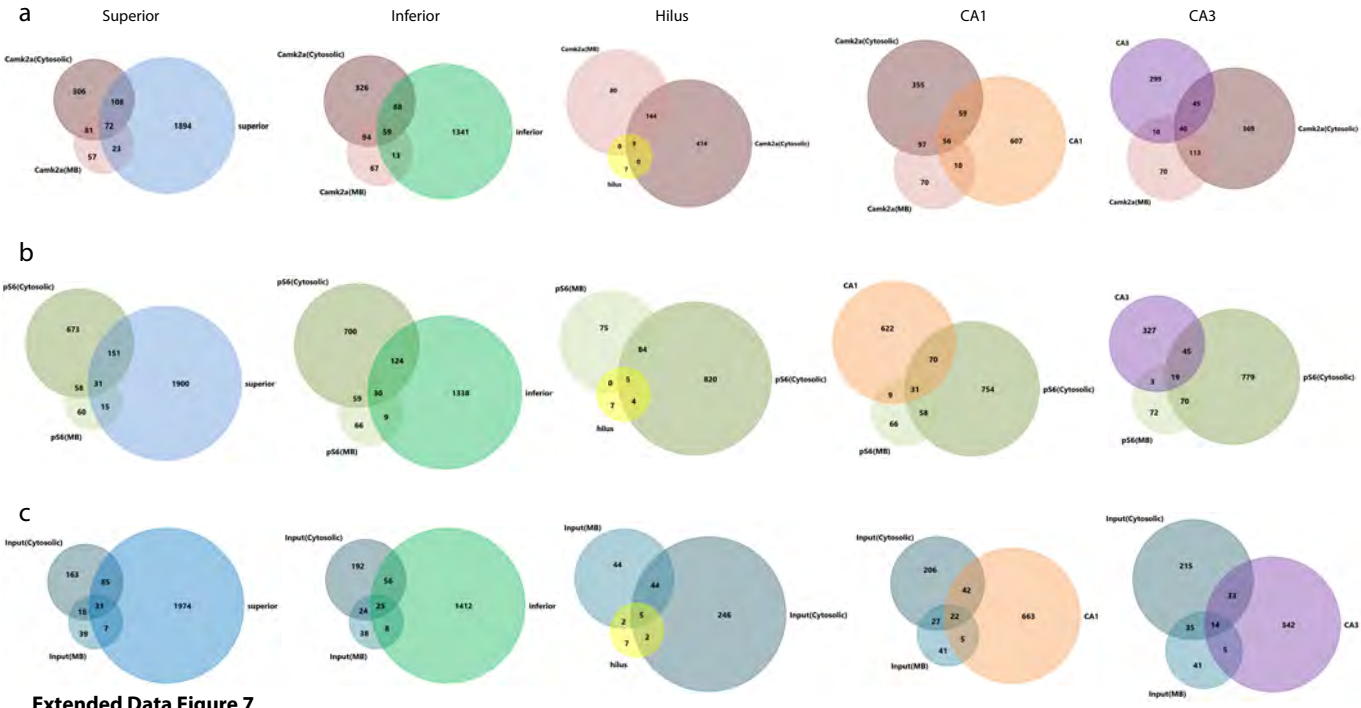
a

Lyons et al., 2020 (hippocampal Camk2a+ TRAP transcripts)

b

Extended Data Figure 6

Delorme et al., 2021 (Hippocampal input, Camk2a, and pS6 TRAP transcripts altered by SD)

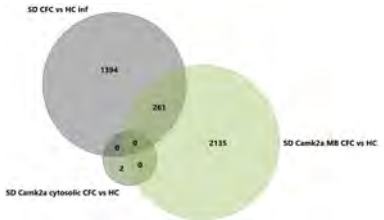


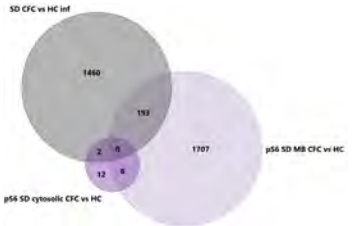
Extended Data Figure 7

Delorme et al., 2021 (Hippocampal Camk2a, pS6, and input TRAP transcripts altered by CFC in SD mice) &

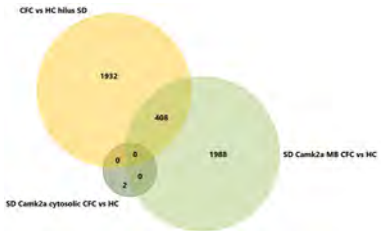
transcripts altered by CFC in SD mice superior blade

transcripts altered by CFC in SD mice inferior blade



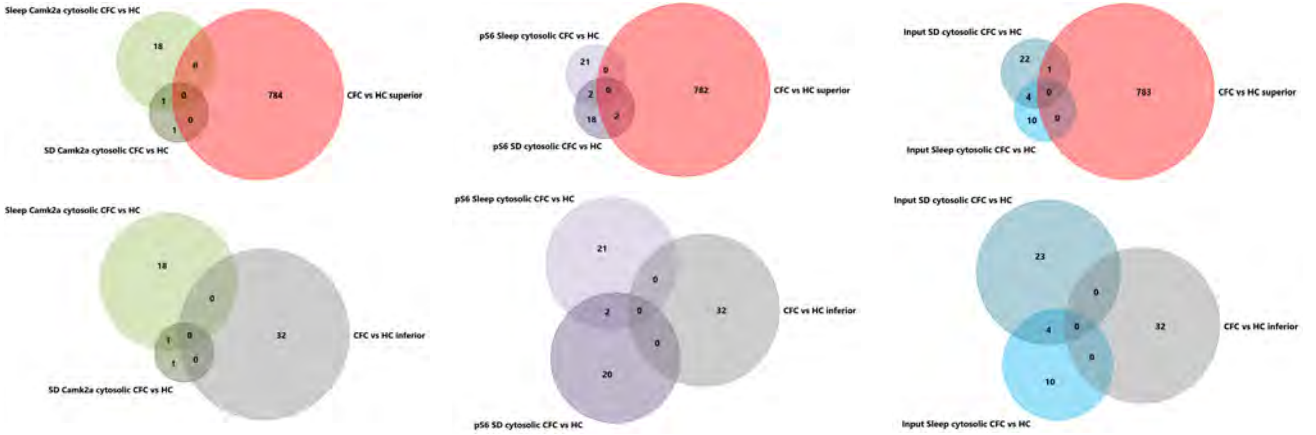


transcripts altered by CFC in SD mice hilus

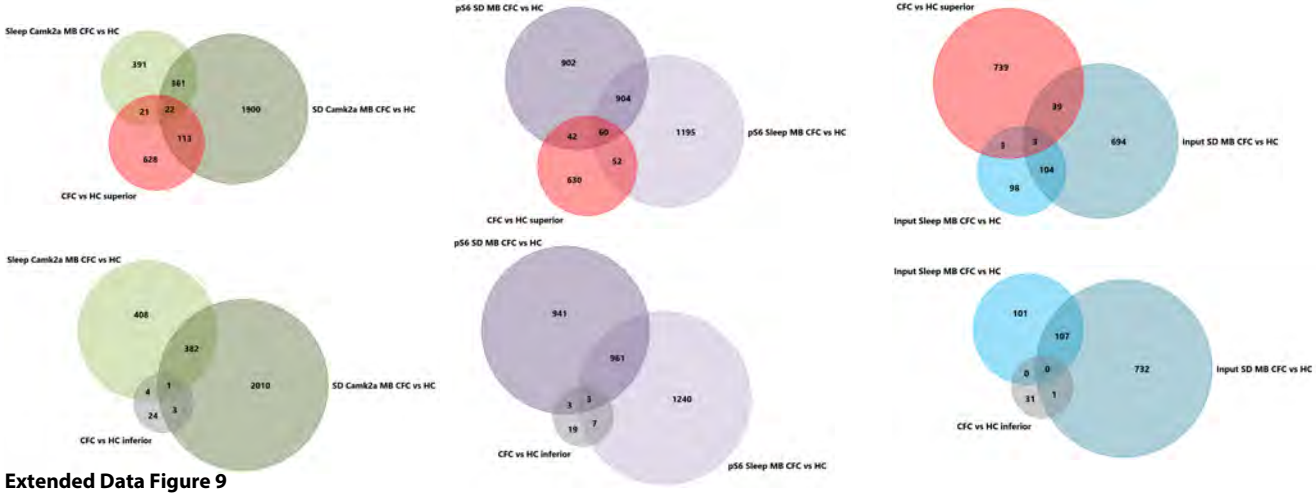


Extended Data Figure 8

Delorme et al., 2021 (Hippocampal Camk2a, pS6, and input TRAP Transcripts altered by CFC on cytosolic ribosomes)



Delorme et al., 2021 (Hippocampal Camk2a, pS6, and input TRAP Transcripts altered by CFC on MB ribosomes)



Extended Data Figure 9