

31 **Abstract:**

32 Trauma, surgery, and infection can cause severe inflammation. Both dysregulated
33 inflammation intensity and duration can lead to significant tissue injuries, organ
34 dysfunction, mortality, and morbidity. Anti-inflammatory drugs such as steroids and
35 immunosuppressants can dampen inflammation intensity, but they derail inflammation
36 resolution, compromise normal immunity, and have significant adverse effects. The
37 natural inflammation regulator mesenchymal stromal cells (MSCs) have high therapeutic
38 potential because of their unique capabilities to mitigate inflammation intensity, enhance
39 normal immunity, and accelerate inflammation resolution and tissue healing.
40 Furthermore, clinical studies have shown that MSCs are safe and effective. However,
41 they are not potent enough, alone, to completely resolve severe inflammation and injuries.
42 One approach to boost the potency of MSCs is to combine them with synergistic agents.
43 We hypothesized that alpha-1 antitrypsin (A1AT), a plasma protein used clinically and
44 having an excellent safety profile, was a promising candidate for synergism. This
45 investigation examined the efficacy and synergy of MSCs and A1AT to mitigate
46 inflammation and to promote resolution, using in vitro cell cultures and a mouse acute
47 lung injury and inflammation model. We found that the combination of MSCs and A1AT
48 was much more effective than each component alone in i) modulating cytokine releases
49 and inflammatory pathways, ii) inhibiting reactive oxygen species (ROS) and neutrophil
50 extracellular traps (NETs) production by neutrophils, iii) enhancing phagocytosis and, iv)
51 promoting inflammation resolution, tissue healing, and animal survival. Our results
52 support the combined use of MSCs and A1AT for managing severe, acute inflammation.

53 **Keywords:** inflammation, mesenchymal stromal cells, alpha-1 antitrypsin, combination
54 therapy

55 INTRODUCTION

56 Many conditions, including infection, trauma, and surgery, can cause severe
57 inflammation¹⁻⁶. Immune cells are expected to recognize pathogens (or triggers), respond
58 proportionally to the pathogen burden, and effectively eliminate them^{7,8}. Subsequently,
59 they initiate a process leading to the resolution of inflammation and restoration of
60 homeostasis^{9,10}. Cytokines play critical roles in coordinating immune cell function,
61 ensuring that the initiation, amplification, and resolution of inflammation occurs in an
62 organized manner. Cytokines have a short life span and often remain at the injury site to
63 avoid systemic immune activation. However, under certain conditions, such as an
64 overwhelming pathogen burden, immune cell activation and cytokine production become
65 dysregulated, excessive, persistent, and systemic (i.e., cytokine storm)¹.
66 Hyperinflammation can rapidly progress to disseminated intravascular coagulation,
67 vascular leakage, acute respiratory distress syndrome (ARDS), multi-organ dysfunction
68 (MODS), and death^{11,12}.

69 Clinical strategies used to treat patients with severe inflammation include supportive care
70 to maintain critical organ functions and elimination of inflammatory stimuli, such as
71 antibiotics. Additionally, steroids and immunosuppressants can be used to suppress
72 immune cells, and targeted biologics (e.g., monoclonal antibodies) can be used to
73 neutralize specific cytokines¹. However, steroids derail inflammation resolution pathways,
74 compromise antibacterial host defenses, and have significant adverse effects¹³⁻¹⁵.
75 Therefore, there is a clinical need for safe therapies that can mitigate hyper-inflammation
76 while boosting normal immunity and accelerating inflammation resolution.

77 Our body has multiple types of negative regulators of inflammation, including cells (e.g.,
78 T_{reg})¹⁶, proteins (e.g., IL-10)^{17,18}, and special lipid mediators (e.g., lipoxin A₄)^{9,13,19-22}.
79 These mechanisms, designed to work together to prevent severe inflammation, often fail
80 in patients with severe medical comorbidities and/or compromised immunity^{9,10}. It follows
81 that augmenting these inflammatory regulators may offer a promising therapeutic
82 approach. Among various inflammatory regulators, mesenchymal stromal cells (**MSCs**)
83 are of particular interest since they possess unique and multi-faceted capabilities to

84 mitigate severe inflammation. They can balance the inflammatory environment by
85 downregulating pro-inflammatory cytokines, such as IL-6 and TNF α , while upregulating
86 anti-inflammatory or/and pro-resolving cytokines, such as IL-10 and IL4^{23–38}. Using
87 secreted mediators and direct interactions, MSCs can program monocytes and
88 macrophages into the anti-inflammatory and pro-resolving M2 phenotype^{24,38–41}. They
89 reduce the adherence of leukocytes to endothelium⁴². MSCs can inhibit tissue infiltration
90 as well as ROS and NETs production by neutrophils^{24,25,32,35,42–44}. MSCs can also
91 enhance ‘normal’ immunity by boosting the phagocytosis, bacterial killing, and
92 efferocytosis of monocytes and macrophages^{39,41,42,45–49}. MSCs also secrete antibacterial
93 peptides such as LL-37, lipocalin-2, and hepcidin^{23,28,34,50}. Finally, MSCs can protect
94 organs from inflammation-associated damage while promoting organ
95 healing^{25,26,28,29,36,50–54}. MSCs can reduce cell death and improve barrier functions of
96 endothelium and epithelium^{24,27,29,30,42,51,54–56}.

97 In addition to these multiple beneficial functions, MSCs have low immunogenicity.
98 Therefore, allogeneic MSCs can be administered without significant side effects⁵⁷. MSCs
99 can be isolated from various tissues, such as the placenta, umbilical cord, and adipose
100 tissue, and they can be efficiently expanded in vitro. It is therefore hardly surprising that
101 MSCs have been studied in varying disease contexts, including ARDS, sepsis, GvHD,
102 stroke, spinal cord injury, myocardial infarction, organ transplantation, and COVID-19^{58–}
103 ⁷⁰. MSCs have also recently been used to treat severe COVID-19 patients⁷¹, reducing
104 disease mortality significantly^{72–76}. However, one shortcoming of MSCs is that
105 monotherapy is not potent enough to fully resolve severe inflammation⁷⁷. Therefore,
106 approaches to boost MSCs’ potency are necessary. One proposed strategy is to combine
107 MSCs with FDA-approved drugs that have excellent safety profiles and can synergize
108 with MSCs.

109 We propose that protein alpha-1 antitrypsin (**A1AT**) possesses properties well suited to
110 synergize with MSCs and increase their therapeutic efficacy. A1AT is an acute-phase
111 protein whose concentration increases five-fold when the body is injured or infected.
112 A1AT has anti-inflammatory, anti-protease, pro-resolution, cytoprotective, and pro-
113 angiogenic properties^{78–88}. It selectively inhibits neutrophil recruitment and cytokine

114 production and neutralizes many pro-inflammatory cytokines^{87,89–96}. It suppresses M1
115 macrophages while promoting M2 macrophages and T_{reg} cells^{78,97–104}. It also reduces
116 bacterial and viral burden^{105–113}. In addition, it protects cells from various stress^{80,114–117}
117 and promotes angiogenesis^{118,119}. A1AT purified from plasma has been used to treat
118 alpha-1 antitrypsin deficiency for decades, with an excellent safety profile^{120,121}. Most
119 recently, A1AT has been studied to treat severe COVID-19 patients with positive
120 outcomes^{122–126}. However, like MSCs, A1AT alone is insufficient to completely resolve
121 severe inflammation^{122–126}. In this investigation, we examined MSCs-A1AT synergism
122 using both in vitro cell cultures and a murine acute lung injury and inflammation model.

123

124 **RESULTS**

125 **Isolating MSCs from placenta.**

126 The full-term placenta was cut into small pieces, treated with TrypLE for 30 mins, and
127 placed in a cell culture flask (fig. S1A). Cells migrated from the tissues, adhered to the
128 flask surface, and expanded (fig. S1B). When cells reached about 70% confluence,
129 tissues were removed, and cells were allowed to grow until full confluence. These cells
130 were cryopreserved or sub-cultured (fig. S1C). Cells had the classical spindle-like
131 morphology. Above 95% of passage 4 (P4) cells expressed MSC surface markers
132 including CD73, CD90, CD105, CD44, and CD166. The expression of negative markers,
133 including CD45, CD34, CD11b, CD79A, and HLA-DR, was negligible (fig. S1D). In
134 addition, MSCs could be differentiated into FABP4+ adipocytes and osteocalcin+
135 osteocytes (fig. S1E). In summary, we successfully isolated MSCs from the placenta.

136 **MSCs modulate cytokine release.**

137 To test if our cultured cells could similarly suppress inflammation, we stimulated mouse
138 Raw 264.7 macrophages (MΦs) with LPS and IFN γ to induce intense inflammation. We
139 optimized the concentrations of stimulants, such that 150 ng/mL LPS + 10 ng/mL IFN γ
140 induced maximal cytokine release while not causing rapid and significant cell death.
141 Inflamed cells were treated with MSCs at three different ratios: one MSC for 1, 5, or 10
142 macrophages (1/1, 1/5, 1/10). 1 μ g/mL dexamethasone, a clinically relevant dose used to
143 treat severe inflammation, was used to benchmark MSC's capability. In addition, one
144 sample was treated with MSCs conditioned medium (CCM) to assess if factors secreted
145 by MSCs were effective. After 24 hrs, the pro-inflammatory (IL6 and TNF α) and anti-
146 inflammatory (IL10) cytokines in the medium were measured with ELISA. The antibodies
147 are specific to mouse proteins to avoid interference from human cytokines secreted by
148 human placenta-derived MSCs.

149 All treatments reduced the IL6 concentration (fig. S2A). MSCs also decreased TNF α
150 secretion, similar to IL6 (fig. S2B). All treatments except dexamethasone increased IL10
151 levels. MSCs were better than their conditioned medium (fig. S2C). The IL6/IL10 or

152 TNF α /IL10 ratio can be used to assess inflammation/anti-inflammation balance.
153 Dexamethasone decreased IL6/IL10 from 8 to 3.5, and MSCs decreased IL6/IL10 to 1.5
154 for 1/10 dosage and to <0.5 for 1/5 and 1/1 dosages. The conditioned medium reduced
155 the ratio to 1.5 (fig.S2D). Dexamethasone decreased TNF α /IL10 from 38 to 18. MSCs
156 decreased TNF α /IL10 to ~5, while the conditioned medium reduced the ratio to ~10
157 (fig.S2E). In summary, the data showed that i) MSCs could dampen pro-inflammatory
158 cytokine secretion while promoting anti-inflammatory or pro-resolving cytokine secretion;
159 ii) cells were better than their conditioned medium alone and better than dexamethasone;
160 iii) there was no huge difference between the 1/10, 1/5 and 1/1 dose for MSCs in terms
161 of IL6/IL10 or TNF α /IL10 ratios. Thus, we decided to perform subsequent experiments
162 using MSCs at a 1/10 ratio.

163 **A1AT modulates cytokine release.**

164 We evaluated A1AT's ability to suppress inflammation in Raw 264.7 macrophages.
165 Inflammation cells were treated with A1AT (isolated from human plasma) with concentrations
166 ranging from 0.1 to 2.0 mg/mL. A1AT reduced the IL6 and TNF α levels in a dose-
167 dependent manner (fig.S3A, B). A1AT at a concentration ≥ 0.5 mg/mL significantly
168 increased IL10 expression, while dexamethasone did not (fig.S3C). These findings were
169 concordant with previously published data¹²⁷. Dexamethasone decreased IL6/IL10 from
170 7.5 to 2.2, while A1AT decreased IL6/IL10 to <0.5 when ≥ 0.5 mg/mL protein was used
171 ¹²⁷. Dexamethasone decreased IL6/IL10 from 7.5 to 2.2, which A1AT decreased IL6/IL10
172 to <0.5 when ≥ 0.5 mg/mL protein was used (fig.S3D). Dexamethasone decreased
173 TNF α /IL10 from 30 to 15, while A1AT decreased the ratio to ~2 when the protein was
174 ≥ 0.5 mg/mL (fig. S3E). In summary, we found that i) A1AT could inhibit pro-inflammatory
175 cytokine secretion while promoting anti-inflammatory/pro-resolving cytokine secretion; ii)
176 there was no significant difference between 0.5, 1.0, and 2.0 mg/mL A1AT in terms of
177 IL6/IL10 or TNF α /IL10 ratios. Therefore, 0.5 mg/mL A1AT was used to perform
178 subsequent experiments.

179 **MSCs and A1AT have synergy to modulate cytokine release.**

180 Next, we studied if MSCs and A1AT exhibited synergistic properties. We treated inflamed

181 Raw 264.7 macrophages with 0.5 mg/mL A1AT alone, 1/10 MSCs alone, or their
182 combination. All treatments reduced IL6 and TNF α levels while increasing IL10 levels,
183 with the MSCs+A1AT combination demonstrating the most significant effect (Fig.1A).
184 Furthermore, we measured 40 inflammation-related cytokines using an antibody array.
185 The treatments affected the expression of 19 cytokines (fig.S4). A1AT reduced the
186 expression of CCL2 (MCP-1), CCL5 (RANTES), CCL17, CXCL1, CXCL9, IFN γ , IL13,
187 IL15, IL1a and IL6 (fig.S4). MSCs reduced the expression of CCL2, CCL17, CXCL9, GM-
188 CSF, IFN γ , IL13, IL15, IL17, IL1a, IL1b, IL6 and TNF α . A1AT and MSCs showed strong
189 synergism in regulating the expression of CCL5, CCL17, CXCL1, CXCL13, CXCL9, G-
190 CSF, GM-CSF, IFN γ , IL10, IL13, IL15, IL1a, IL1b, IL2, IL6, IL7, and TNF α (fig.S4). In
191 summary, the results showed that i) MSCs and A1AT had synergistic effects on regulating
192 many cytokines, and ii) the cytokines affected by A1AT and MSCs were not identical,
193 indicating their mechanisms of action were not identical.

194 We then tested whether the findings could be replicated using human macrophages.
195 THP-1 monocytes were first differentiated into macrophages. Inflammation was then
196 induced using LPS and IFN γ . The effects of MSCs, A1AT, and their combination on
197 dampening cytokine release (fig.S5) were similar to Raw 264.7 macrophages (Fig.1). All
198 treatments reduced IL6 and TNF α levels, but only the MSCs+A1AT increased IL10
199 release. The MSCs and A1AT combination was much more effective than the individual
200 components. The results again showed that MSCs and A1AT could concomitantly
201 downregulate the pro-inflammatory program and upregulate the anti-inflammatory or pro-
202 resolving program.

203 We also used primary PBMCs to confirm the findings. To avoid donor-to-donor variations,
204 we used PBMCs pooled from multiple donors. We added LPS and IFN γ to activate innate
205 immune cells and anti-CD3 and anti-CD28 antibodies to activate T cells. All treatments
206 reduced IFN γ and TNF α secretion while increasing IL10 production. Again, MSC and
207 A1AT combination was much more effective than the individual components (Fig.2).
208 dexamethasone increased IL10 levels in PBMCs, which is different from the findings
209 using macrophages (Fig.1 and fig.S5). Therefore, we used flow cytometry to assess the
210 cytokine production of monocytes and T cells in PBMCs (fig.S6). Monocytes and T cells

211 were identified with CD14 and CD3 surface markers, respectively. All treatments reduced
212 the % TNF α + and % IFN γ + monocytes and their mean fluorescence intensity (fig.S6A).
213 Only MSCs and MSCs+A1AT increased the % IL10+ monocytes and their mean
214 fluorescence intensity. Similar results were found for T cells, except that only
215 MSCs+A1AT increased the % IL10+ monocytes and their mean fluorescence intensity.
216 The results indicated that dexamethasone boosted IL10 production from cell types other
217 than monocytes and T cells in PBMCs.

218 Furthermore, we measured 40 human inflammation-related cytokines in the PBMCs
219 medium using an antibody array (fig.S7). The treatments affected the expression of 20
220 cytokines. MSCs reduced the expression of CCL1, CCL5 (RANTES), CXCL13, IFN γ ,
221 IL1b, IL2, IL6, IL7 and IL11, while increased IL4 production. A1AT reduced the
222 expression of CCL1, CCL5, CXCL13, CXCL9, G-CSF, CM-CSF, IFN γ , IL12p40, IL1ra,
223 IL1a, IL1b, IL2, IL6, IL7, IL11 and M-CSF, while increased IL10 and IL4 production. A1AT
224 and MSCs showed a strong synergy in regulating the expression of CCL1, CCL5, G-CSF,
225 CM-CSF, IFN γ , IL10, IL12p40, IL1ra, IL1a, IL1b, IL2, IL6, IL7, IL8, IL11, M-CSF and
226 TNF α (fig.S7). The results confirmed the findings using macrophages that i) MSCs
227 synergized with A1AT in regulating many cytokines, and ii) the cytokines affected by
228 A1AT and MSCs were not identical.

229 **MSCs synergize with A1AT to modulate neutrophil ROS and NETs production**

230 MSCs and A1AT each can inhibit ROS and NETs production^{25,128}. We hypothesized that
231 combination therapy would provide synergistic anti-ROS and anti-NET properties when
232 coincubated with neutrophils. Indeed, MSCs+A1AT demonstrated significant synergism
233 in reducing ROS production (Fig.3A, B) and NET production (Fig.3C, D). All treatments
234 also reduced IL6 and TNF α concentrations in the culture medium while increasing the
235 concentration of IL10. In addition, the MSC and A1AT combination worked much better
236 than each treatment alone (fig.S8). In summary, MSCs and A1AT showed a substantial
237 synergy to modulate inflammation and ROS and NETs production in neutrophils.

238 **MSCs synergize with A1AT to modulate macrophage phagocytosis and** 239 **inflammation pathways**

240 Severe inflammation compromises phagocytosis by innate immune cells, preventing
241 pathogen clearance and inflammation resolution^{129–131}. MSCs and A1AT can boost
242 macrophage phagocytosis^{38,39,41,42,45–49,100,132}. We thus tested if MSCs and A1AT
243 synergize to enhance phagocytosis in macrophages and neutrophils. We measured the
244 % of cells phagocytosing E. Coli particles, mean fluorescence intensity (MFI) per cell for
245 all cells, and MFI per cell for cells phagocytosing particles. MSCs or A1AT alone did not
246 significantly increase any of these measurements. However, MSCs plus A1AT led to a
247 substantial increase in all these parameters in macrophages (Fig.4 A-D) and neutrophils
248 (Fig.4 E-H).

249 Nuclear factor kappa-light-chain-enhancer of activated B cells (NF-κB) and the interferon
250 regulatory factors (IRF) signaling are critical components of pro-inflammatory pathways.
251 Raw 264.7 and THP-1 cells engineered to express a secreted embryonic alkaline
252 phosphatase (SEAP) reporter for the NF-κB pathway and a secreted luciferase reporter
253 for the IRF pathway were used to evaluate if MSCs and A1AT could regulate these
254 pathways. THP-1 monocytes were differentiated into macrophages before testing. MSCs
255 and A1AT inhibited both pathways in both macrophage types, again demonstrating strong
256 synergistic effects (fig.S9).

257 **MSCs synergize with A1AT to suppress inflammation and promote inflammation** 258 **resolution in vivo**

259 We then used the LPS-induced acute lung injury and inflammation mouse model to test
260 if the in vitro results could be replicated in vivo. Treatments were administered 30 mins
261 after the injury (Fig.5A). A lethal dosage (20 mg LPS/kg body weight) was administered
262 to the first cohort of mice for survival tests. All mice died in 3 days without treatment.
263 MSCs or A1AT alone increased the survival rate, but only their combination wholly
264 protected mice from death (Fig.5B). Furthermore, mice with the combination treatment
265 had significantly less body weight reduction (Fig.5C). A non-lethal dosage (10 mg LPS/kg
266 body weight) was administered to the second cohort of mice to test inflammation and
267 tissue healing. Tissues were harvested on day 3 for analysis. First, we analyzed lung
268 injury via H&E staining. The lung injury was scored based on five criteria, including i) the

269 number of neutrophils in alveolar space; ii) the number of neutrophils in interstitial space;
270 iii) the amount of hyaline membranes; iv) the amount of proteinaceous debris in airspaces,
271 and v) the alveolar septal thickening. The treatment groups had much less lung injury.
272 The combination therapy group showed the least tissue injury (Fig.5D, E).

273 We harvested the bronchoalveolar lavage fluid (BALF) for protein and immune cell
274 analyses. A high total protein concentration indicates the disruption of the endothelium
275 and epithelium. MSCs and A1AT reduced the total protein level, and their combination
276 worked significantly better (Fig.6A). Similar to the in vitro results, MSCs and A1AT
277 reduced IL6 and sTNF α R levels while increasing IL10 levels significantly. Their
278 combination was much more effective than individual components (Fig.6B-F). We
279 measured 40 inflammation-related cytokines with an antibody array. The treatments
280 affected the expression of 21 cytokines. MSCs and A1AT showed a strong synergy on
281 regulating the expression of CCL5, CXCL1, CXCL9, IFN γ , IL10, IL12p70, IL15, IL17, IL1a,
282 IL1b, IL2, IL3, IL4, IL5, IL6, IL7, Leptin and TNF α (Fig.7A). The cytokine array results from
283 BALF (Fig.7A), in vitro mouse macrophages study (fig.S4), and in vitro human PBMCs
284 study (fig.S7) were similar (Fig.7B).

285 We also analyzed immune cells in BALF. MSCs, A1AT, and especially their combination
286 reduced the number of total cells, macrophages, and neutrophils in BALF. The MSC +
287 A1AT treatment functioned better than the individual components (Fig.8 A-D). The M1/M2
288 ratio of macrophages was reduced by all treatments (Fig.8E). We used TUNEL staining
289 to identify dead cells in lung tissue. Both MSCs and A1AT reduced the number of dead
290 cells. Dead cells were scarce in the combination treatment group (Fig.8F, G).

291 **DISCUSSION**

292 Due to their unique ability to mitigate inflammation, boost normal immunity, and promote
293 inflammation resolution and tissue healing, MSCs have been extensively studied in
294 clinical trials for treating severe inflammatory diseases, such as ARDS, sepsis, GvHD,
295 stroke, spinal cord injury, myocardial infarction, multiple sclerosis, organ transplantation,
296 rheumatoid arthritis, Crohn's, systemic lupus erythematosus, ulcerative colitis and
297 COVID-19^{58–70}. A meta-analysis including 55 randomized clinical studies with 2696
298 patients reported that MSCs induce minor adverse effects while significantly reducing the
299 risk of death⁵⁷. Additionally, no signs of increased tumorigenicity and pro-thrombotic effect
300 were reported⁵⁷. There are about 10 clinical studies on using MSCs to treat ARDS and
301 sepsis⁷⁷. Published results show MSCs are safe and effective in reducing inflammation,
302 epithelial and endothelial damage, and risk of death^{60–62,64,67–70,133}. Since the pandemic,
303 >106 registered clinical trials using MSCs to treat severe COVID-19 patients have been
304 initiated^{71–74,76,133–140}. Published data show that MSCs can reduce the levels of
305 inflammation biomarkers, pro-inflammatory cytokines, and NETs while increasing the
306 levels of anti-inflammatory cytokines and reducing mortality and morbidity
307 significantly^{71,141}. Further, critically ill patients benefitted more from MSC treatment than
308 non-critically ill patients. This finding indicates an additional, unique characteristic of
309 MSCs: they may be able to appropriately respond to the level of inflammation¹³⁵ and are
310 suitable for treating severely ill patients⁷⁴.

311 A1AT is used to treat alpha-1 antitrypsin deficiency^{120,121}. A1AT has also been studied for
312 treating COVID-19^{122–126}. Clinical data shows that A1AT concentration is elevated in all
313 COVID-19 patients as a mechanism to counteract inflammation. However, the A1AT
314 response alone is insufficient to resolve the cytokine storm¹²³. The IL6/A1AT ratio is
315 significantly higher in severe patients compared to middle patients¹²³. A higher IL6/A1AT
316 predicts a prolonged ICU stay and higher mortality¹²³. An improvement of IL6/A1AT is
317 associated with better clinical outcomes¹²³. A published clinical study finds that A1AT
318 injection can significantly reduce blood IL6 and sTNFR1 levels^{125,126}. However, clinical
319 data show that MSCs or A1AT alone are not potent enough to completely resolve
320 hyperinflammation and prevent organ damage^{71,125,126,141}. Our data show that MSCs and

321 A1AT demonstrate strong synergy in suppressing pro-inflammatory cytokines, pathways,
322 and NETosis, while boosting anti-inflammatory/pro-resolving factors, normal immunity,
323 and tissue healing. Our study provides strong evidence to support the combined use of
324 MSCs and A1AT for treating severe inflammation in diverse disease states.

325 A complex network of cells, cytokines, and signaling pathways are involved in
326 hyperinflammation and cytokine storm¹. Macrophages are major cytokine producers^{142–}
327 ¹⁴⁵. Our data demonstrate that MSCs and A1AT can individually suppress cytokine
328 release from inflamed macrophages and monocytes (Fig.1, 2 and fig.S1-7), confirming
329 previously reported results^{24,38–41}. We further demonstrate that combination therapy
330 exceeds the performance of each component (Fig.1, 2, and fig.S1-7). Neutrophils also
331 play a critical role in hyperinflammation^{146–155}. Activated neutrophils release NETs and
332 ROS to eradicate bacteria¹⁵⁶. However, excessive NETs can cause collateral damage to
333 the endothelium, epithelium, and surrounding tissues^{157–159}, amplify the cytokine storm^{157–}
334 ¹⁵⁹, and induce disseminated intravascular coagulation^{148,160–163}. Our data show that
335 MSCs and A1AT reduce the production of cytokines, ROS, and NETs from neutrophils
336 (Fig.3 and fig.S8), with combination therapy, again exceeding the performance of each
337 individual component. IFN γ release from T cells is crucial to activating macrophages^{142–}
338 ¹⁴⁵. We show that the combination of MSCs and A1AT can significantly suppress TNF α
339 and IFN γ production by T cells (fig.S6). In short, MSCs can synergize with A1AT to
340 effectively modulate the major immune cell types involved in hyperinflammation.

341 Cytokines IFN γ , IL1, IL6, TNF α , and IL18 play a central role in hyperinflammation¹. IFN γ
342 is mainly produced by T cells and NK cells and is critical for activating macrophages^{142–}
343 ¹⁴⁵. A recent study finds that IFN γ and TNF α synergistically induce cytokine shock,
344 MODS, and mortality in mice¹⁶⁴. IL1a/1b bind to IL1 receptors and activate NF-kB to
345 express multiple pro-inflammatory cytokines^{165,166}. IL6 acts on both immune and non-
346 immune cells^{167–170}. IL6 causes inflammation in endothelial cells, leading to barrier
347 function loss, vascular permeability, hypotension, ARDS, and MODS. TNF α , a potent,
348 multifunctional, pro-inflammatory cytokine, plays a crucial role in a cytokine storm, as
349 shown by the effectiveness of anti-TNF therapies in certain cytokine storm conditions^{171–}
350 ¹⁷³. IL10 inhibits the production of TNF α , IL1, IL6, and IL12 and promotes inflammation

351 resolution^{174,175}. Our data shows that MSCs synergize with A1AT to simultaneously
352 modulate the major immune cells, cytokines, and pathways involved in severe
353 inflammation (Fig.7 and fig.S4, 7), implying an advantage of this therapy over targeted
354 biologic agents¹. Neutralizing a particular cytokine with targeted biologics may not always
355 be effective since there is redundancy in pro- and anti-inflammatory pathways¹.

356 It should be noted that cytokines modulated by MSCs and A1AT are not identical (Fig 7
357 and fig.S4, 7), indicating that the cell types and signaling pathways affected by MSCs and
358 A1AT may have differences. This may partly explain their synergism. Our data from
359 mouse macrophages, human macrophages, and PBMCs are congruent in demonstrating
360 the robust efficacy and synergism between MSCs and A1AT (Fig.1-8 and fig.S2-9).
361 Furthermore, the in vivo data agree well with the in vitro results, indicating that the
362 mechanisms of action in vivo can be modeled by the in vitro assays.

363 The NF- κ B pathway plays a pivotal role in inflammation and cytokine storm^{176,177}. It can
364 be activated by various ligand-receptor binding such as the binding of LPS to Toll-like
365 receptor 4 (TLR4), the binding of single-stranded viral RNA to TLR7/8 and double-
366 stranded viral RNA to TLR3, and the binding of IL1 and TNF α to their corresponding
367 receptors^{176,177}. These lead to the p50/p65 protein translocation to the nucleus to initiate
368 the expression of many pro-inflammatory cytokines, chemokines, adhesion molecules,
369 and growth factors^{176,177}. Inhibiting the NF- κ B pathway can significantly reduce the
370 cytokine storm, ARDS, MODS, and mortality in animal models with different triggers^{176,177}.
371 Glucocorticoids such as dexamethasone and immunosuppressive agents such as
372 Cyclosporin A and tacrolimus are potent NF- κ B blockers; however, they have significant
373 adverse effects¹⁷⁸⁻¹⁸⁰. The IRF pathways also contribute to a cytokine storm. Knocking
374 down the IRF3 and ISGF3 complex in myeloid cells significantly reduces inflammation
375 and mortality in LPS-induced severe inflammation in mice^{181,182}. MSCs can inhibit NF- κ B
376 signaling¹⁸³⁻¹⁸⁶, which is confirmed by our study. Additionally, we show that the MSCs
377 synergize with A1AT to block both pathways effectively (fig.S9).

378 An overwhelming pathogen burden often triggers hyperinflammation. Phagocytosis, a
379 major way to clear pathogens, thus represents a valuable therapeutic target to dampen

380 and resolve severe inflammation¹³⁰. Increasing monocytes and macrophage
381 phagocytosis can reduce bacterial burden, cytokine levels, MODS, and mortality^{131,187,188}.
382 Clinically, immunoglobulins infused to opsonize and neutralize bacteria, and bacterial
383 products have met modest success^{189–192}. G-CSF and GM-CSF have also been studied
384 to increase the neutrophil and macrophage numbers to enhance bacterial clearance with
385 similarly modest success^{193–196}. MSCs can boost phagocytosis and bacterial killing of
386 macrophages, thus reducing bacterial burden^{39,41,42,45–49}. Our data show that combined
387 MSCs and A1AT can maximally enhance phagocytosis (Fig.4).

388 Severe inflammation causes ARDS and MODS^{1,197–201}. Circulating cytokines upregulate
389 adhesion molecules such as VCAM-1 and ICAM-1 on the endothelium surface while
390 downregulating the tight junction proteins. The adhesion of leukocytes to the endothelium
391 and their trans-endothelium migration is enhanced during severe inflammation.
392 Consequently, large amounts of plasma proteins, cytokines, and immune cells are leaked
393 into parenchymal tissues. They activate the resident immune cells, causing inflammation
394 in distal tissues/organs. The released cytokines and chemokines recruit more immune
395 cells to the tissues. Cytokines, ROS, and proteases cause significant tissue damage. Our
396 data show that MSCs and A1AT reduce BALF's total protein and immune cells (Fig.8),
397 indicating they can protect the endothelial and epithelial barrier functions. In addition, the
398 total TUNEL+ cells were significantly reduced. Thus, MSCs and A1AT synergize to
399 protect the endothelium, epithelium, and parenchymal tissues. However, since the tissues
400 were harvested 3 days after injury and treatment, the improvement in tissue structure may
401 be because MSCs and A1AT accelerated the inflammation resolution and tissue healing.
402 The higher M2/M1 macrophage ratio and low dead cell number in treatment groups may
403 support this mechanism (Fig.8). Future work should clarify the treatment's action model
404 and time.

405 There are a few limitations to the study. First, MSCs and A1AT are only tested in a sterile
406 acute lung injury and inflammation mouse model. Whether the treatment can effectively
407 mitigate severe inflammation caused by infection is unclear, although the features of
408 severe inflammation caused by different triggers are similar. Infection models such as
409 cecal ligation and puncture mice can be used to test the treatment in the future. Testing

410 with large animal models will also be necessary before clinical studies. Second, the
411 molecular mechanisms leading to the MSCs and A1AT synergy are not fully understood.
412 Our data show that MSCs synergize with A1AT to modulate the NF-kB and IFR pathways.
413 We expect there are other pathways contributing to the synergy. Future studies can apply
414 RNA-Seq technology to fully characterize the changes in global gene expressions and
415 signaling pathways caused by the treatments.

416 In summary, we showed that the MSCs and A1AT combination was much more effective
417 than individual components in i) downregulating pro-inflammatory cytokines while
418 upregulating pro-resolving cytokines, ii) turning off the NF-kB and IRF inflammation
419 pathways, iii) inhibiting neutrophil ROS and NETs production, iv) enhancing macrophage
420 phagocytosis in vitro, and v) reducing the levels of pro-inflammatory cytokines,
421 neutrophils, M1 macrophages, M1/M2 ratio, and tissue injury and mortality significantly in
422 a mouse lung injury model. Our results provide evidence supporting the combined use of
423 MSCs and A1AT as anti-inflammatory therapy. Further investigations are warranted to
424 investigate their combined utility in treating human disease.

425

426 **MATERIALS AND METHODS**

427 **Study design**

428 The study was designed to investigate the combinational use of MSCs and A1AT for
429 modulating severe acute inflammation response in vitro and in vivo. All experiments
430 performed in this study had at least three replicates to demonstrate biological
431 reproducibility and to ensure adequate statistical power for comparisons. All animals were
432 randomly allocated to the control and treatment groups. Details for the number of mice,
433 number of cells used, duration, and statistical tests are described below and in the figure
434 legends.

435 **MSC isolation**

436 Full-term human placentas were purchased from ZenBio Inc. The procedure for isolating
437 and expanding MSCs is similar to a published protocol with minor modifications⁷. Briefly,
438 the placenta was washed and cut into 0.5 cm³ pieces that were treated with TrypLE select
439 solution (Gibco) at 37°C for 30 min for partial digestion. 15-20 partially digested pieces
440 were then plated in a 75 cm² tissue flask with 9 mL of EBM-2 complete cell culture medium
441 (EBM-2 +10% FBS+ 1% antibiotic). The flasks were placed in an incubator without
442 disturbance for three days to allow tissues to adhere to the flask surface. After that, the
443 medium was changed every three days until cells reached 70% confluence. These cells
444 were considered passage 0 (P0). They were cryopreserved or subcultured at a seeding
445 density of 5,000 cells/cm² with EBM-2 complete medium.

446 **MSC surface marker characterization**

447 P4 MSCs were characterized with the Human Mesenchymal Stem Cell Verification Flow
448 Kit (R&D Systems), including antibodies for positive markers CD90, CD73, CD105, and
449 negative markers CD45, CD34, CD11b, CD79A, HLA-DR, as well as the Human
450 Mesenchymal Stem Cells Multi-Color Flow Kit (R&D Systems) including antibodies for
451 positive markers CD44, CD106, CD146, and CD166. Cells were analyzed with the BD
452 FACSCanto™ II System.

453 **MSC differentiation**

454 P4 MSCs were assessed using the Human Mesenchymal Stem Cell Functional
455 Identification Kit (R&D System) following the product instruction. After 21 days, cells were
456 fixed and stained with FABP-4 antibody to identify adipocytes and osteocalcin antibody
457 to identify osteocytes.

458 **Immune cell culture**

459 Raw 264.7 cells (RAW-dual cells from InvivoGen) were cultured in DMEM (with 4.5 g/l
460 glucose, 2 mM L-glutamine, 10% heat-inactivated FBS, 100 µg/ml Normocin and 1% Pen-
461 Strep) at a seeding density of 1.5×10^4 cells/cm². The medium was renewed twice a week.
462 THP-1 cells (THP1-dual cells from InvivoGen) were maintained in RPMI 1640 (with 2 mM
463 L-glutamine, 25 mM HEPES, 10% heat-inactivated FBS, 100 µg/ml Normocin, and 1%
464 Pen-Strep). HL-60 cells were cultured in IMEM with 20% FBS.

465 **Macrophage inflammation assay**

466 Raw 264.7 cells were stimulated with 100 ng/mL LPS (O111:B4, Sigma) plus 10 ng/mL
467 murine IFN γ (Peprotech). Human M0 macrophages were differentiated from THP1
468 monocytes by incubating cells with 100 ng/mL PMA (Sigma) for 24 hrs. Macrophages
469 were then stimulated with 100 ng/mL LPS plus 10 ng/mL human IFN γ . For treatment,
470 A1AT was added to the medium, and P4 MSCs were co-cultured with macrophages.
471 Condition medium was harvested after 18 hrs, and cytokines were measured by ELISA.
472 The quantitative levels of 40 mouse (for Raw 264.7 and BALF) or human (for PBMCs)
473 cytokines were evaluated with the Mouse or Human Inflammation Arrays (RayBiotech)
474 following the product instructions. Array scanning and data extraction were done by
475 RayBiotech using InnoScan 700/710 Microarray Scanner (Innopsys).

476 **Neutrophil ROS production**

477 HL-60 cells were differentiated into neutrophil-like cells with 0.1 µM ATRA and 1.25%
478 DMSO in RPMI1640 (with 10% FBS and 2 mM L-Glutamine) for 5 days. Cells were
479 preloaded with 5 µM CellROX deep red reagent (Invitrogen) for 15 min at 37°C. After

480 washing, cells were resuspended in fresh medium and seeded into 96-well plates (100
481 μ L of 200,000 cells/mL/well). Next, cells were activated with 100 nM PMA and treated
482 with 0.5 mg/mL A1AT or 1/10 MSCs or their combination. The fluorescent and phase
483 contrast images were taken with an FV3000 confocal laser scanning microscope
484 (Olympus).

485 **Neutrophil NETs production**

486 The Incucyte Cytotox Red Dye was used to measure NETs production. HL-60 cells were
487 differentiated into neutrophil-like cells with 0.1 μ M ATRA and 1.25% DMSO in RPMI1640
488 (with 10% FBS and 2 mM L-Glutamine) for 5 days. Cells were preloaded with Cytotox
489 Red Dye and seeded into 96-well plates (100 μ L of 200,000 cells/mL/well). Cells were
490 immediately stimulated with PMA and treated with 0.5 mg/mL A1AT or 1/10 MSCs or their
491 combination. The fluorescent and phase contrast images were taken by the FV3000
492 confocal laser scanning microscope (Olympus).

493 **PBMC flow cytometry assay**

494 Pooled human PBMCs were purchased from Zenbio and recovered overnight before
495 stimulation. LPS (100 ng/mL) and 25 μ L human CD3/CD28 activator solution / million cells
496 and the treatments were added for 72 hours. Then PBMCs were cultured with 1x Cell
497 Stimulation Cocktail plus protein transport inhibitors (Invitrogen) for 4 hrs. Single cells
498 were harvested and stained with anti-human CD3-APCcy7 and CD14-FITC for 15 mins
499 at room temperature. After that, the cells were fixed and permeabilized with the BD
500 Cytofix/Cytoperm™ Fixation/Permeabilization Solution Kit (BD Bioscience) and labeled
501 intracellularly with anti-human IFN γ -APC, TNF α -BV605 (Biolegend) and IL10-PE
502 (ebioscience). Data were collected on Attune NxT Flow Cytometer (Thermofisher) and
503 analyzed using FlowJo software.

504 **Phagocytosis analysis**

505 FITC-labeled pHrodo E. coli Bioparticles® Conjugate (Thermo Fisher) were used to
506 assess phagocytosis of THP1-derived macrophage and HL-60 derived neutrophils. The
507 stimulation and treatment methods were described in their inflammation assay paragraph.

508 E. coli particles were resuspended in PBS and coated with rabbit polyclonal IgG
509 antibodies (Escherichia coli BioParticles™ Opsonizing Reagent, Thermo Fisher) at 37°C
510 for 1 hr. Next, cells were incubated with 0.1 mg/mL coated E. coli particles at 37°C for 3
511 hrs. Non-phagocytosed E. coli bioparticles were removed by washing with PBS (PH=7.4).
512 Next, cells were fixed with 4% PFA, permeabilized with 0.05% TritonX-100, and stained
513 in DAPI solution. Cells were imaged with Olympus FV3000 confocal microscope and
514 analyzed using ImageJ software.

515 **Acute lung injury and inflammation mice**

516 All animal experiments were approved by the Animal Care and Use Committee of the
517 University of Nebraska-Lincoln. 10-week old male C57BL/6 mice (25 g) were purchased
518 from Jackson Lab. For A1AT treatment, 2 mg A1AT (in 200 µL PBS) was injected
519 intraperitoneally (i.p.) at 48 hrs, 24 hrs, and 0 hr before the LPS challenge (three doses).
520 Mice were anesthetized with ketamine (120 mg/kg body weight or BW, i.p.) and xylazine
521 (16 mg/kg BW, i.p.). Mice were placed in the prone position. A 22 gauge (G) venous
522 catheter was gently inserted into the trachea along the tongue's root in the vertical
523 direction. Approximately 10 mm of the catheter was inserted. 50 µL of LPS was instilled.
524 For survival rate assay, 20 mg LPS/kg BW was used. For lung tissue injury and cytokine
525 production studies, 10 mg LPS/kg BW was used. Using a pipette, 1×10^6 MSCs were
526 instilled via the catheter 30 mins after the LPS challenge. Next, 1 mL air was instilled to
527 ensure LPS and cells were distributed well in the lung. The mouse's upper body was kept
528 upright for 30 seconds to avoid fluid leakage. The body temperature was maintained at
529 37°C until full awareness. The mouse was transferred to ventilated cage individually with
530 free access to food and water. The survival rate and body weight were monitored and
531 recorded twice a day.

532 **Bronchoalveolar lavage fluid (BALF) and tissue harvest**

533 Anesthesia was induced. The trachea was carefully exposed, and a 22 G venous catheter
534 was inserted after a 5 mm cut to the trachea. 0.5 mL PBS was instilled, followed by 0.1
535 mL of air. After 60s, the fluid was aspirated. This process was repeated three times to
536 collect all BALF. Cells in BALF were harvested by centrifuging at 300 g for 10 mins. BALF

537 cells were resuspended using 90% FBS plus 10% DMSO and frozen in a Mr. Frost at -
538 80°C before long-term storage in liquid nitrogen. The supernatant was frozen at -80°C for
539 cytokine analysis. After collecting BALF, lungs and other organs were harvested and fixed
540 in 4% PFA for histology analyses.

541 **Histology and immune staining**

542 The fixed tissues were embedded in paraffin and sectioned (5 µm thickness). Sections
543 were dewaxed with the Leica Auto Stainer XL and soaked in EDTA pH 8.0 (Abcam) or 10
544 mM Sodium Citrate solution pH 6.0 (Invitrogen) for antigen retrieval. The TBS superblock
545 blocking buffer(Thermo Fisher) was applied to the slide for 1 hr, followed by primary
546 antibody incubation overnight at 4 °C. Slides were washed with PBS and incubated with
547 secondary antibody and DAPI at room temperature in the dark.

548 **BALF cells staining**

549 Cells collected from BALF were thawed, resuspended in PBS, and fixed in 4% PFA for
550 20 mins. Next, cells were washed in dd H₂O, placed on a Poly-Prep Slide (Sigma), and
551 heated until dry. Slides were blocked and stained as the tissue immune staining.

552 **TUNEL staining**

553 The One-step TUNEL In Situ Apoptosis AF 594 Kit (Elabscience) was used. Paraffin
554 sections were dewaxed and treated with 1x proteinase K solution at 37°C for 20 mins.
555 Next, sections were labeled by TDT reaction mixture for 2 hrs at 37°C. The reaction was
556 stopped with PBS and stained with DAPI before mounting and imaging.

557 **Statistical analysis**

558 All the data were analyzed using GraphPad Prism 8 statistical software and shown as
559 mean ± standard error of the mean. P value was determined by one-way analysis of
560 variance (ANOVA) for comparison between the means of three or more groups, log-rank
561 test for survival, or unpaired two-tailed t-tests for two groups analysis. The significance
562 levels are indicated by p-value, *: p<0.05, **: p<0.01, ***: p<0.001.

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1109 **Author contribution:**

1110 Conceptualization: YL, WV, CD, YW, MA, EH, AS, YL, RJ, GL; Investigation: LH, XW,
1111 OW; Data analysis: LH, XW, XL. Writing-original draft: YL, LH. Writing-review and editing:
1112 LH, EH, AS, YL

1113 **Completing interest:** Dr. Lei owns equity in CellGro Technologies, LLC. This financial
1114 interest has been reviewed by the University's Individual Conflict of Interest Committee
1115 and is currently being managed by the University.

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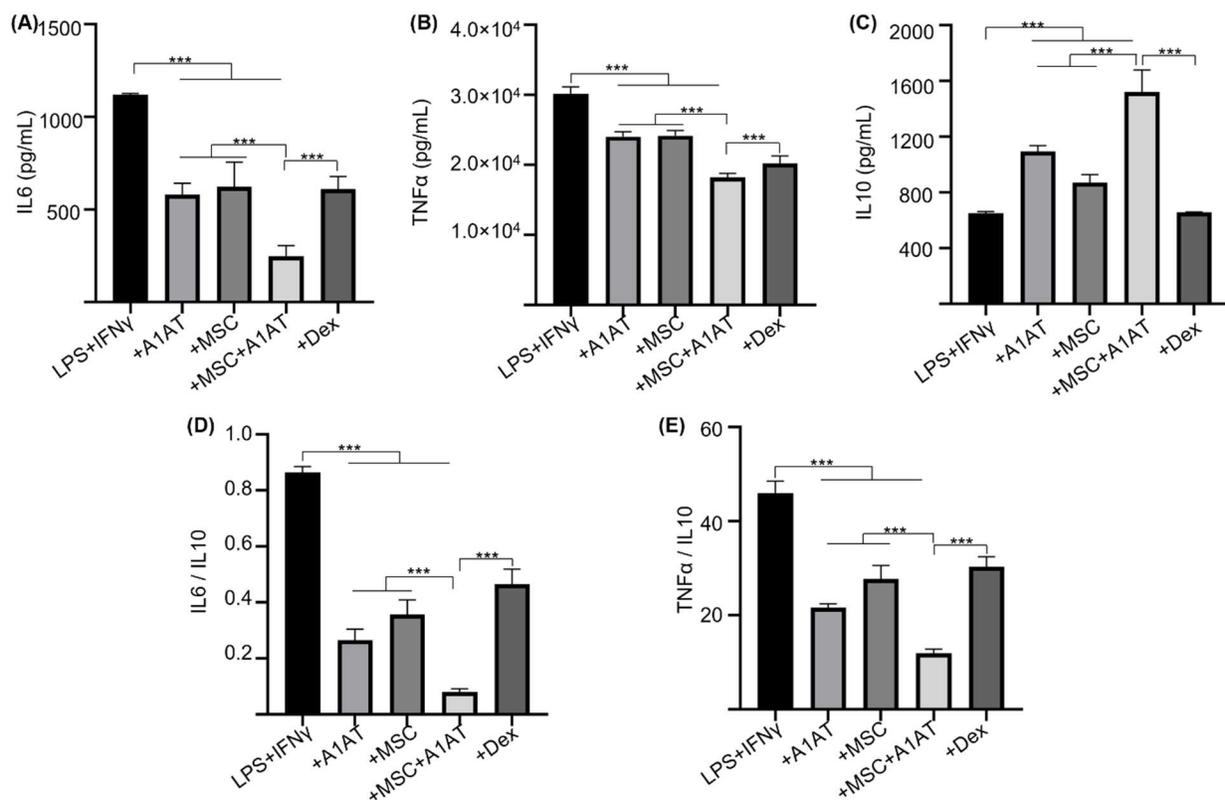
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1126 **FIGURES**

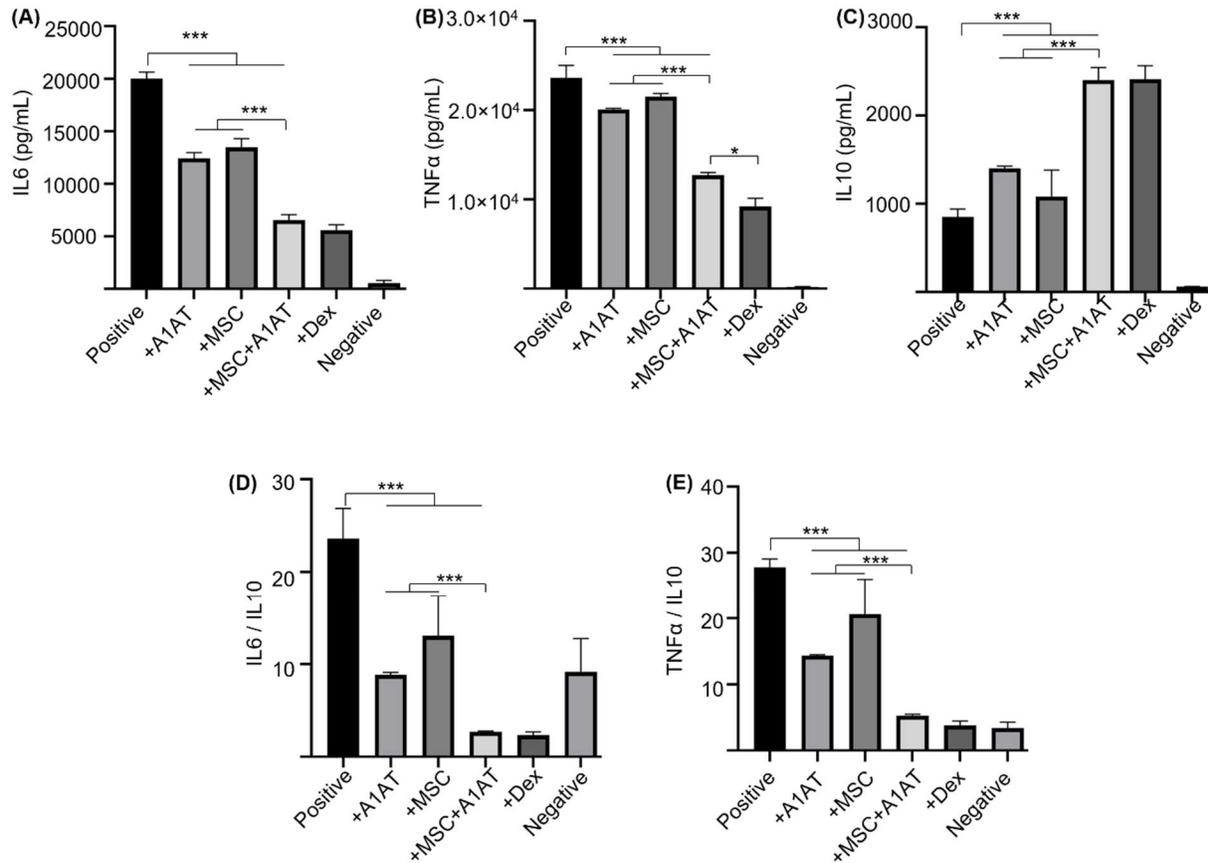
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Fig.1 MSCs synergized with A1AT to modulate inflammation in Raw 264.7 macrophages. Cells were stimulated with 100 ng/mL LPS plus 10 ng/mL IFN γ and treated with 0.5 mg/mL A1AT or MSCs (MSC/M Φ =1/10) or their combination. Dexamethasone (Dex, 1 μ g/mL) was used as a benchmark. Pro-inflammatory mouse cytokine IL6 (A), TNF α (B), and anti-inflammatory mouse cytokine IL10 (C) were measured via ELISA. The IL6/IL10 (D) and TNF α /IL10 ratio (E) was also shown. *: $p < 0.05$, **: $p < 0.01$, ***: $p < 0.001$.

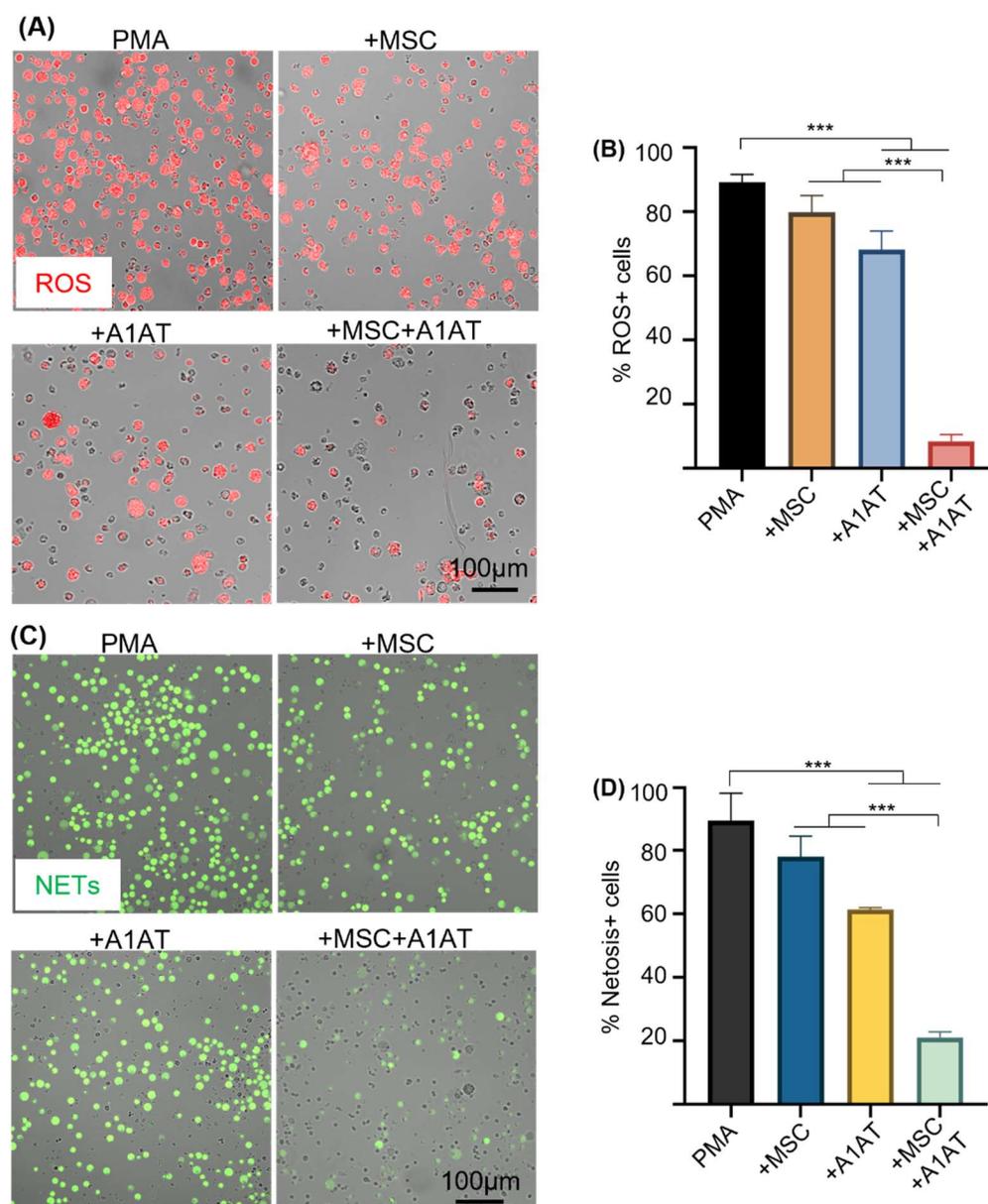
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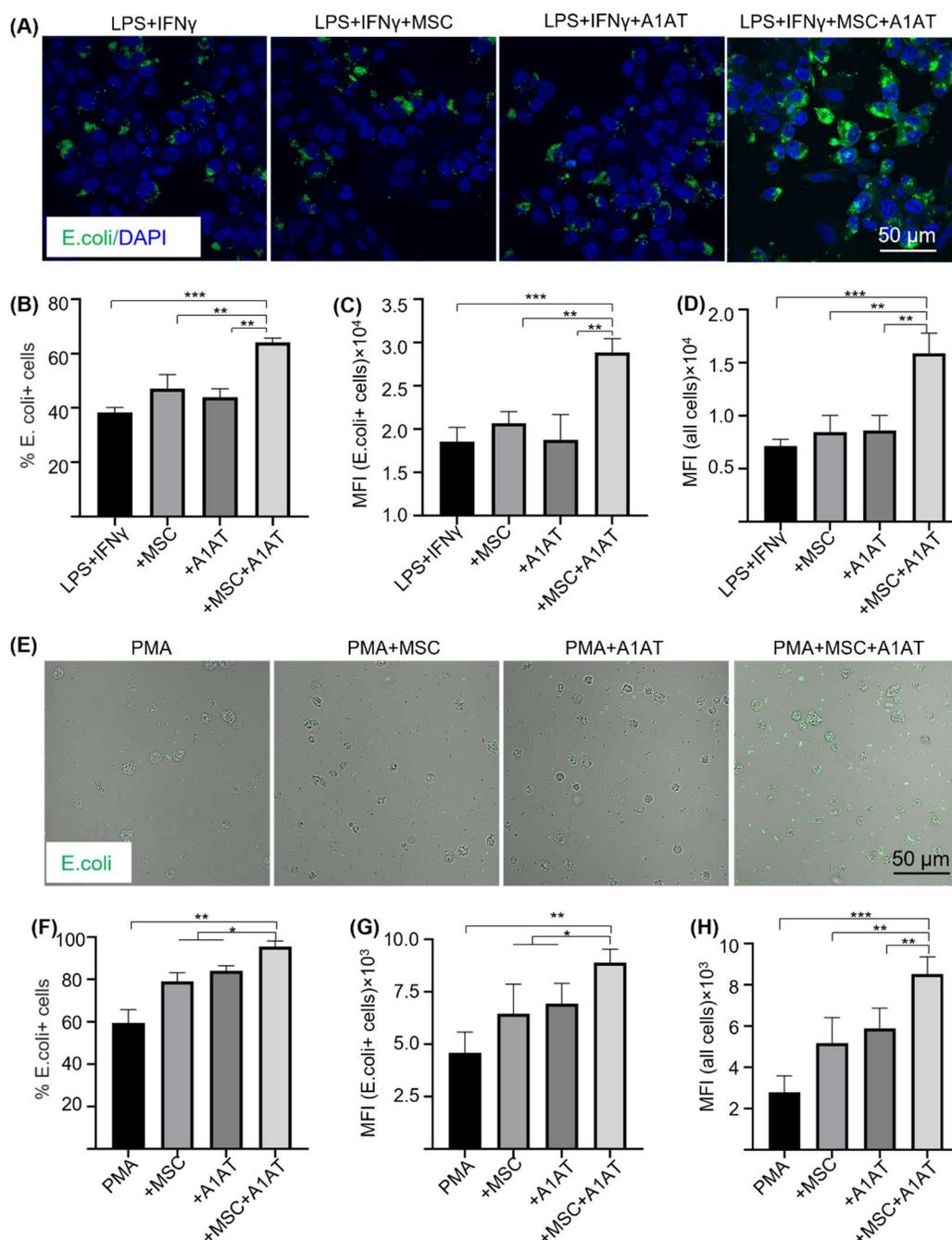
Fig.2 MSCs synergized with A1AT to modulate inflammation in primary human PBMCs. Cells were stimulated with 100 ng/mL LPS + anti-CD3/CD28 antibodies (positive) and treated with 0.5 mg/mL A1AT or MSCs (MSC/PBMC=1/10) or their combination for 24 hrs. Dexamethasone (Dex, 1 μ g/mL) was used as a benchmark. PBMCs without activation and treatment were used as a negative control. Pro-inflammatory human cytokine IL6 (A), TNF α (B), and anti-inflammatory human cytokine IL10 (C) were measured via ELISA. The IL6/IL10 (D) and TNF α /IL10 ratio (E) was also shown. *:p<0.05, **:p<0.01, ***:p<0.001.

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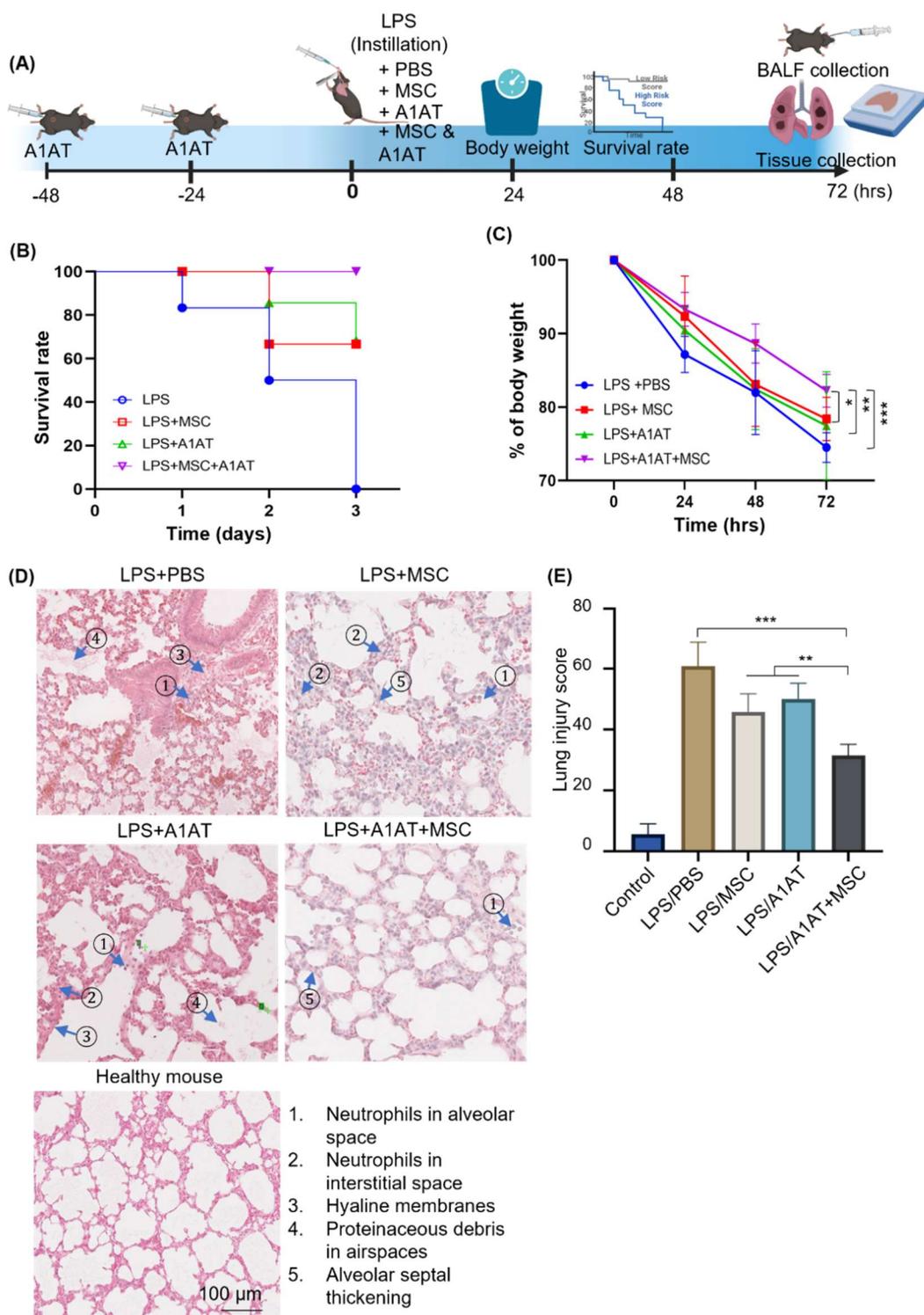


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1159 **Fig.3** MSCs and A1AT combination treatment reduced neutrophil ROS and NETs
1160 production. HL-60 cells derived neutrophils were stimulated with 100 nM PMA and treated
1161 with 0.5 mg/mL A1AT or MSCs (MSC/neutrophil=1/10) or their combination for 4 hrs.
1162 Reactive oxygen species (ROS) (A, B) and neutrophil extracellular traps (NETs)
1163 production (C, D) were analyzed. *:p<0.05, **:p<0.01, ***:p<0.001.

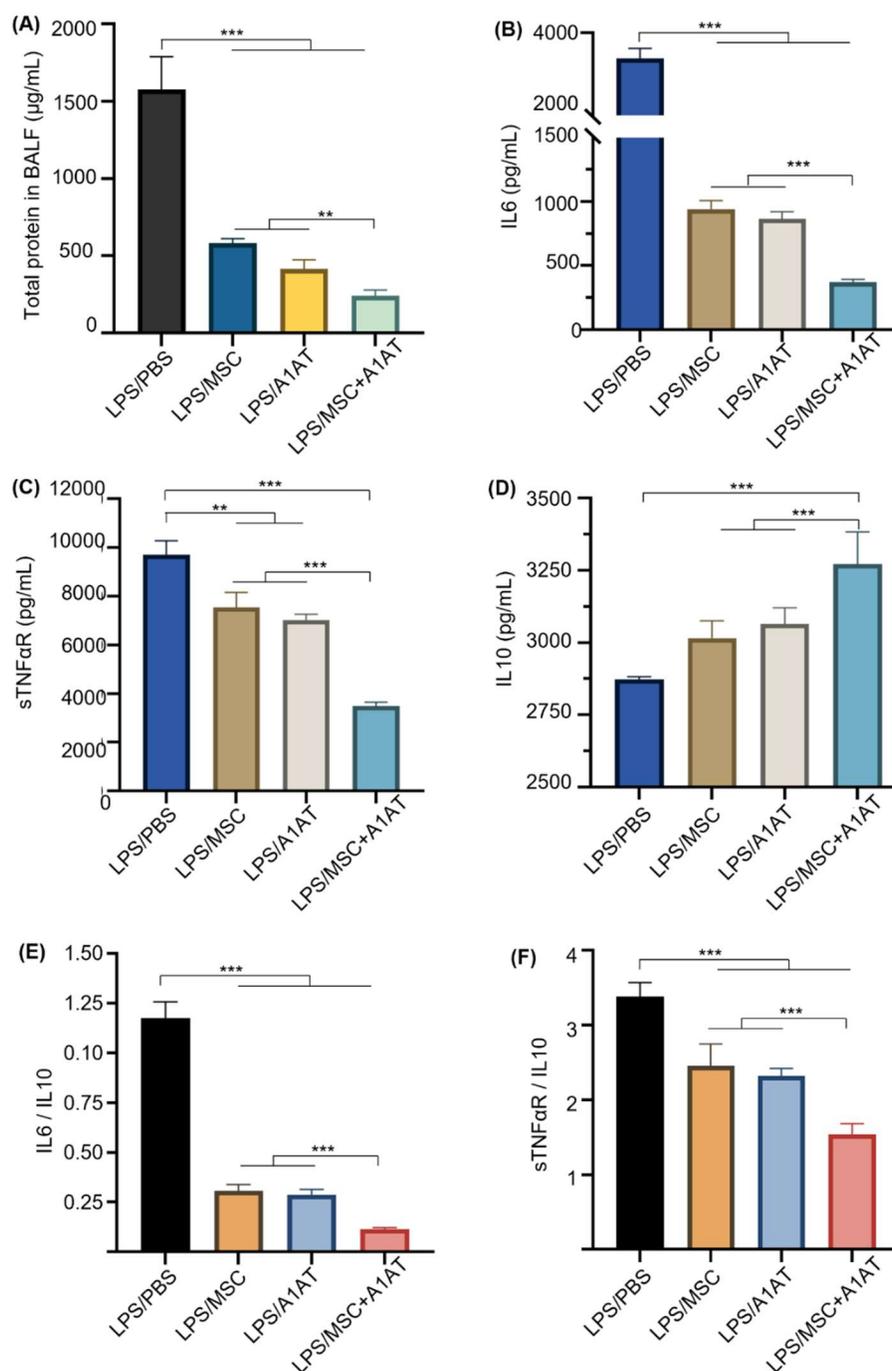


1164 **Fig.4** MSC and A1AT combination treatment enhanced phagocytosis in THP-1 derived
 1165 macrophages (A-D) and HL-60 cells derived neutrophils (E-H). Macrophages were
 1166 stimulated with 100 ng/mL LPS plus 10 ng/mL IFN γ for 24 hrs. Neutrophils were
 1167 stimulated with 100 nM PMA for 4 hrs. Cells were treated with 0.5 mg/mL A1AT or MSCs
 1168 (MSC/M Φ =1/10) or their combination during the stimulation. E. coli particles were added
 1169 for 3 hrs after treatment. (A, E) E. coli particles emitted green fluorescence after being
 1170 phagocytosed. (B, F) The % E. coli+ cells. (C, G) MFI per cell for all cells. (D, H) MFI per
 1171 cell for cells with E. coli particles. *:p<0.05, **:p<0.01, ***:p<0.001.



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 1173 **Fig.5** MSCs synergized with A1AT to improve survival rate and reduce lung injury in mice.
 1174 (A) Illustration of the model. (B) The survival rate and (C) body weight development. n=6.
 1175 (D) H&E staining and (E) lung injury scores. The lung injury scores were calculated based
 1176 on the five criteria shown in (D). *:p<0.05, **:p<0.01, ***:p<0.001.

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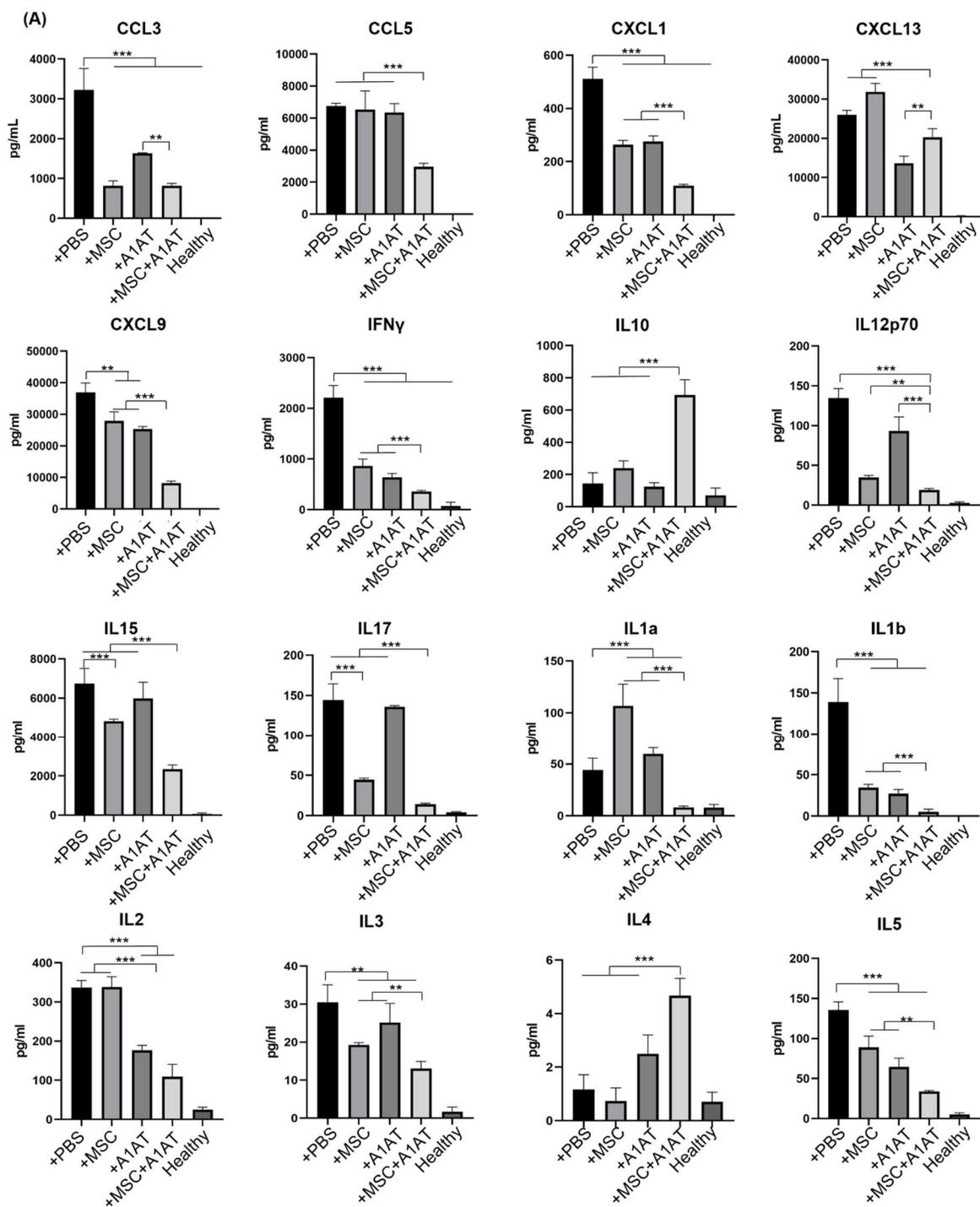
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Fig.6 MSCs and A1AT synergized in reducing total protein (A) and pro-inflammatory cytokines while increasing anti-inflammatory cytokine IL10 (B-F) in BALF. *:p<0.05, **:p<0.01, ***:p<0.001.

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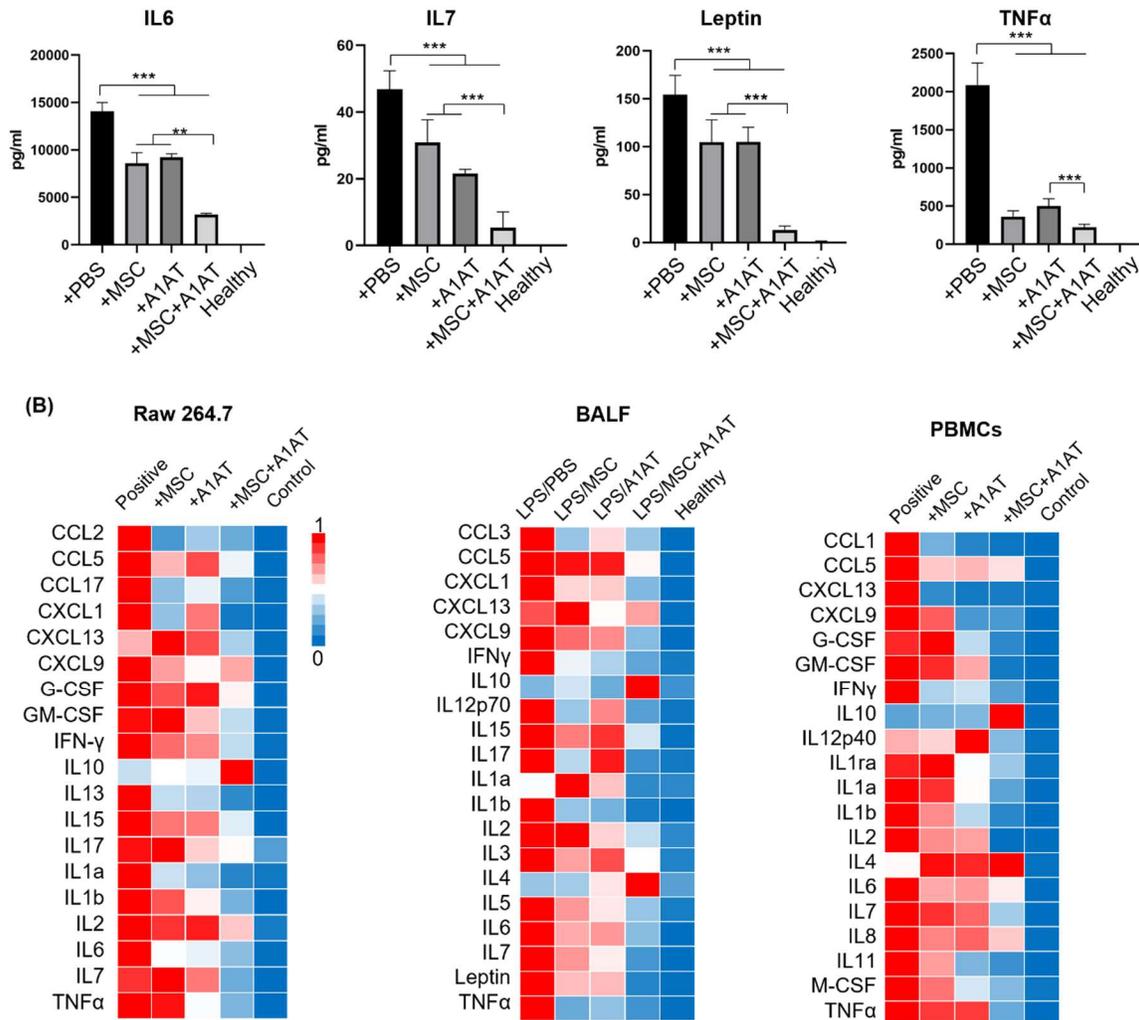
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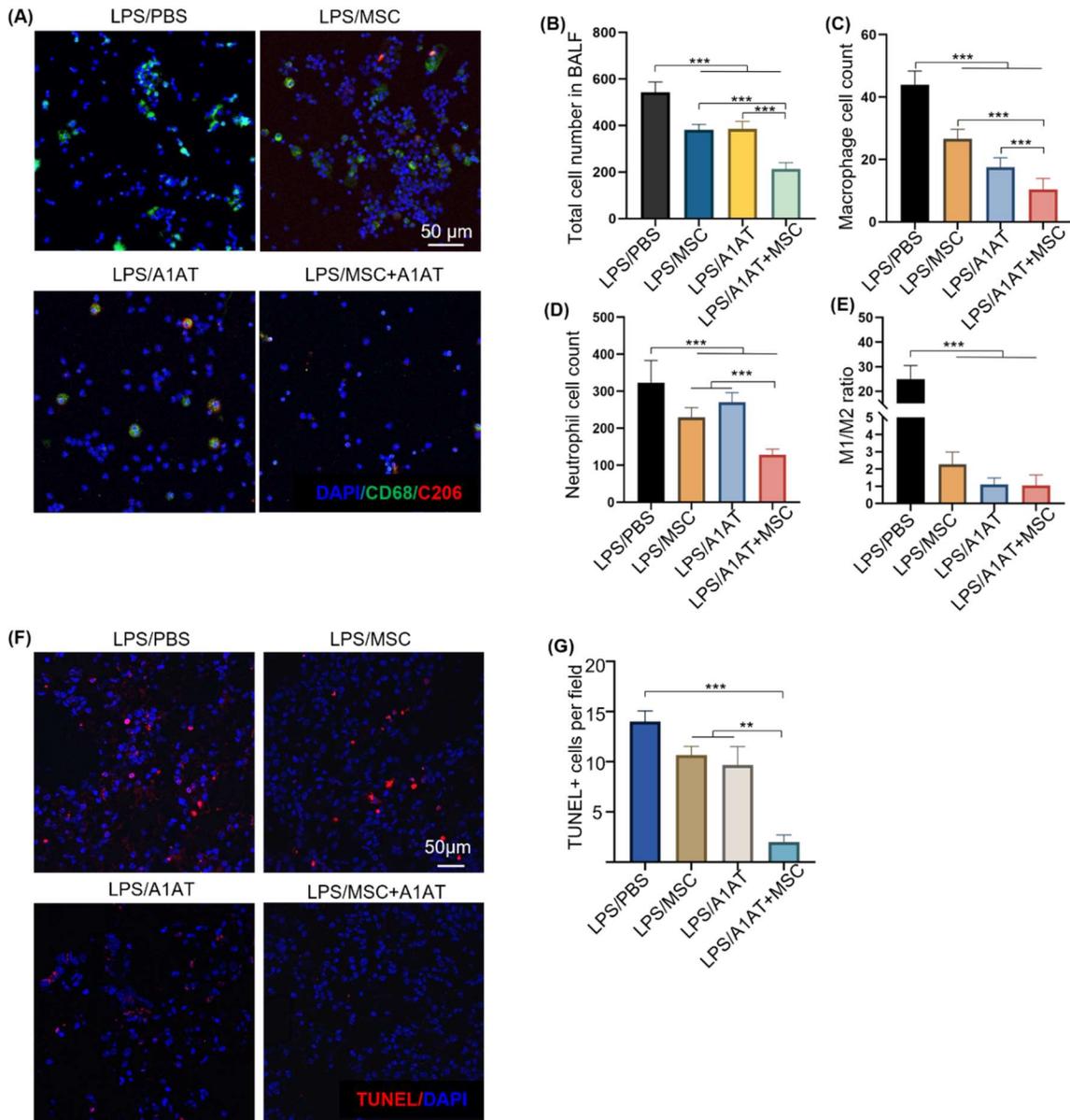
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Fig.7 (A) MSC and A1AT combination treatment reduced pro-inflammatory cytokines while increasing anti-inflammatory cytokines in BALF as measured using an inflammation antibody array. Healthy: healthy mouse sample. (B) Heatmaps of cytokine levels in Raw 264.7 medium (from Fig S4), PBMCs medium (from Fig S7), and BALF (from Fig 7a). For each cytokine, the highest expression is set as 1 (red). Other groups are normalized to the highest expression. *:p<0.05, **:p<0.01, ***:p<0.001.

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1205 **Fig.8** MSCs synergized with A1AT to reduce total cell (A, B), macrophage (C), and

1206 neutrophil number (D) in BALF. The M1/M2 macrophage ratio was reduced by all

1207 treatments (E). *: $p < 0.05$, **: $p < 0.01$, ***: $p < 0.001$. (F, G) MSCs synergized with A1AT to

1208 reduce cell death as identified via TUNEL staining.