1 FRONT MATTER

2 3 **Title**

4

5

6 7

- Synergizing algorithmic design, photoclick chemistry and multi-material volumetric printing for accelerating complex shape engineering
 - Algorithmic design of multi-material volumetrically printed shapes

8 Authors

- Parth Chansoria¹, Dominic Rütsche^{1,2}, Anny Wang^{1,3}, Hao Liu¹, Davide D'Angella³,
 Riccardo Rizzo¹, Amelia Hasenauer¹, Patrick Weber¹, Nafeesah Bte Mohamed Ibrahim¹,
 Nina Korshunova³, Marcy Zenobi-Wong^{1*}
- 12 13

14

17

19

32

*Correspondence: <u>marcy.zenobi@hest.ethz.ch</u>

15 Affiliations

- ¹Department of Health Sciences and Technology, ETH Zürich, Switzerland
 - ²Department of Surgery, University Children's Hospital, Switzerland
- ³Hyperganic Group GmbH, Munich, Germany

20 ORCIDs

- 21 Parth Chansoria (<u>https://orcid.org/0000-0002-6107-6848</u>)
- 22 Dominic Rütsche (https://orcid.org/0000-0001-6394-201X)
- 23 Anny Wang (<u>https://orcid.org/0000-0002-3588-7647</u>)
- 24 Hao Liu (<u>https://orcid.org/0000-0002-8301-6870</u>)
- 25 Davide D'Angella (<u>https://orcid.org/0000-0001-5713-9837</u>)
- 26 Riccardo Rizzo (<u>https://orcid.org/0000-0001-8297-6776</u>)
- 27 Amelia Hasenauer (<u>https://orcid.org/0000-0003-4512-6195</u>)
- 28 Patrick Weber (<u>https://orcid.org/0000-0003-3626-000X</u>)
- 29 Nafeesah Bte Mohamed Ibrahim (<u>https://orcid.org/0000-0001-9582-4931</u>)
- 30 Nina Korshunova (<u>https://orcid.org/0000-0002-4261-9122</u>)
- 31 Marcy Zenobi-Wong (<u>hhttps://orcid.org/0000-0002-8522-9909</u>)

33 Abstract

Accelerating the designing and manufacturing of complex shapes has been a driving factor 34 of modern industrialization. This has led to numerous advances in computational design and 35 modeling and novel additive manufacturing (AM) techniques that can create complex 36 shapes for bespoke applications. By combining a new coding-based design approach with 37 high-throughput volumetric printing, we envision a new approach to transform the way we 38 design and fabricate complex shapes. Here, we demonstrate an algorithmic voxel-based 39 approach, which can rapidly generate and analyze porous structures, auxetic meshes and 40 cylinders, or perfusable constructs. We use this design scheme in conjunction with new 41 approaches for multi-material volumetric printing based on thiol-ene photoclick chemistry 42 to rapidly fabricate complex heterogeneous structures. Collectively, the new design and 43 fabrication technique we demonstrate can be used across a wide-spectrum of products such 44 as actuators, biomedical implants and grafts, or tissue and disease models. 45

47 Teaser

48 49

50

76

A new scheme of rapidly designing and printing complex multi-material structures for implant and tissue graft applications.

51 Introduction

Designing and manufacturing complex shapes at increased throughput has been a key 52 challenge of modern engineering. This is highly relevant in the field of biomedical implants 53 54 and grafts. Using advanced computer-aided design (CAD) and computational modeling (CM) tools, complex implants are being developed which offer better mechanics (reduced 55 weight and increased load-bearing capability, etc.) or patient safety and comfort, as 56 replacements of simpler implants. For example, the designs of arterial stents have 57 transitioned from the conventional porous shapes to auxetic architectures (1, 2), which allow 58 easy radial expansion of the stents while reducing the risk of stent malapposition and 59 foreshortening (1). Such auxetic shapes have also recently paved the way to a new range of 60 patches and tissue grafts for regenerative applications such as those repairing cardiac (3)61 and pulmonary pathologies (4), where auxetic patches allow easy conformation to organ 62 deformation and outperform non-auxetic patches (5). In addition, auxetic structures are 63 increasingly being used as actuators (6, 7) or load-bearing structures (8, 9). Furthermore, 64 advanced CAD and CM tools are increasingly being used in tissue engineering to design 65 complex perfusable structures, such as perfusable vascularized biomimetic tissue models 66 for studying biogenesis and disease progression and treatment (10, 11). Unfortunately, to 67 this date, CAD and CM still largely require manually defining the complex geometrical 68 relationships and boundary conditions. Furthermore, one needs to analyze a wide array of 69 design iterations to derive the optimized design for the application. For example, auxetic 70 patches developed for different dynamic organs (lung, heart, etc.) need to conform to the 71 stiffness and Poisson's ratios of the different organs, and may require analyzing hundreds 72 of design iterations and their computational modeling to find the right patch design for an 73 organ (4). Herein, we present a new algorithmic approach to designing complex shapes 74 within seconds, which can rapidly generate a large array of design iterations within minutes. 75

To fabricate the complex shapes, additive manufacturing techniques involving layer-by-77 layer material deposition offer a wide range of achievable resolution (typically 10 - 50078 μ m) and throughput (0.01 – 1000 mm³/hr). Recently, volumetric printing (VP), also termed 79 as volumetric additive manufacturing, has emerged as a powerful technique towards the 80 fabrication of high-resolution structures (up to $100 \ \mu m$) within tens of seconds. VP relies 81 on computed axial lithography, where the vial containing photocrosslinkable resin 82 (photoresin) is rotated with dynamically evolving light patterns (images) projected into the 83 resin (12-14). The superposition of the projected images leads to a spatially localized 84 increase in the free radicals produced from the photoinitiator, which induces crosslinking of 85 the photoresin into the desired shape. The photo-rheology of the resins used in VP typically 86 depicts a non-linear response, where the crosslinking is induced after a threshold of light 87 dose is achieved. There are also non-rotational methods involving image projections from 88 multiple sides (typically front, side and bottom) to generate a spatially localized increase in 89 light dose within the photocrosslinkable matrix, which induces crosslinking of the material 90 into the desired shape (15, 16). Compared to multi-direction projections, computed 91 tomography leads to better resolution and shape fidelity of the printed construct as the image 92 can be changed continuously (12). We recently demonstrated that the tomographic printing 93 duration can be further reduced to only a few seconds by using thiol-ene photoclick 94 chemistry-based resins (17). Herein, insensitivity to oxygen and a homogeneous network 95 formation within the step-growth polymerized matrices can reduce internal structural 96

97 stresses and shrinkage after printing compared to constructs resulting from chain-growth 98 polymerization (17, 18). Further, refractive index (RI) matching (19) and fine-tuning of light 99 dose (20) has enabled high resolution printing while allowing encapsulation of high density 100 of cells and organoids (19), which are critical to biomimetic tissue engineering. In an 101 attempt to set a roadmap for high throughput design and fabrication of biomedical implants 102 and grafts, we demonstrate how the complex algorithmically designed structures can be 103 rapidly synthesized using photoclickable gelatin-based matrices within VP.

Furthermore, applications of VP have been limited to constructs based on single material 105 compositions, and there is a critical need for new methods to fabricate multi-material 106 structures, which can widen the applicability of VP into biomimetic structures as well as 107 tissue and disease models. In this work, we demonstrate new approaches for multimaterial 108 VP (Multimat VP). We print selected architectures with different photoresin compositions 109 along the length or the thickness of the constructs. Further we demonstrate how the designs 110 can be wrapped around more complex objects such as a heart, which paves the way for 111 rapidly printing organ-specific auxetic meshes. Finally, we also highlight how complex 112 multimaterial perfusable architectures such as alveoli can be rapidly designed and fabricated 113 using our approach. The synergy of algorithmic design, photoclick chemistry and Multimat 114 VP (Figure 1) offers a transformational approach to rapidly designing and fabricating 115 complex multimaterial shapes. 116

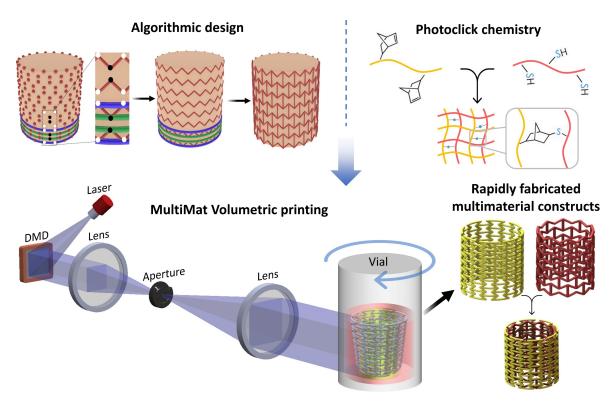


Figure 1. Schematic of the proposed concept to rapidly design and fabricate complex structures. Algorithmic design is used to rapidly create large arrays of design iterations, photoclick chemistry-based bioresins allow rapid fabrication of constructs, and multi-material volumetric printing (Multimat VP) approach rapidly fabricates complex constructs made from heterogenous resin compositions.

124

119 120

121 122

123

104

- 125
- 126
- 127

128 Results

129

158

Rapid algorithmic design and multimaterial volumetric printing of auxetic meshes

Auxetic shapes serve as an ideal template for algorithmic design as the structural 130 interrelationships can be defined via governing equations. 2D auxetic meshes have been 131 increasingly utilized as patches which feature tailorable negative Poisson's ratios and 132 directional stiffness to easily conform to dynamic organs such as the lung (4) or the heart 133 (3, 21). Figure 2A illustrates the algorithmic design scheme for auxetic meshes featuring 134 re-entrant honeycomb, sinusoidal ligaments, arrowhead and pinwheel meshes. All of these 135 meshes feature different stiffness and Poisson's ratios, which can be selectively matched to 136 different dynamic organs (e.g., lung, heart, stomach, bladder, etc.) (4, 5). The equations 137 governing the design algorithms have been provided in the Supplemental Information. 138 Briefly, for re-entrant honeycomb meshes, vertical baselines containing the vertices of the 139 mesh elements are established at a defined separation, followed by offsetting the position 140 of every alternate vertex either ahead (positive offset) or behind (negative offset) the 141 baseline. Herein, every consecutive baseline has opposing offsetting of the vertices (i.e., if 142 the vertex at any baseline has a positive offset from the vertex, then the consecutive baseline 143 will have a negative offset from the vertex). Next, the vertices are connected along the 144 vertical direction, followed by connecting alternate vertices which are at positive and 145 negative offset, along the horizontal direction. For the arrowhead architectures, the meshes 146 are offset such that each baseline features the same offset pattern of the vertices. The vertices 147 are then connected such that the negative offset vertices of any baseline are connected to 148 the positive offset vertices along the consecutive baseline. For creating the sinusoidal 149 ligament meshes, sine functions are created with period length (2π) spanning two baselines, 150 and the sinusoidal mesh in every other baseline is shifted by a phase spanning the distance 151 between two consecutive baselines. The pinwheel meshes are fabricated in a similar way, 152 except there is no offset between the sinusoids across the baselines. In Figure 2B, we 153 present select architectures created by changing dimensions of the auxetic design features. 154 Using this algorithmic approach, several hundred iterations of any auxetic mesh can be 155 156 rapidly created (average compilation time per design on a personal computer at 1.3 GHz and 32 GB RAM was 0.04 s). 157

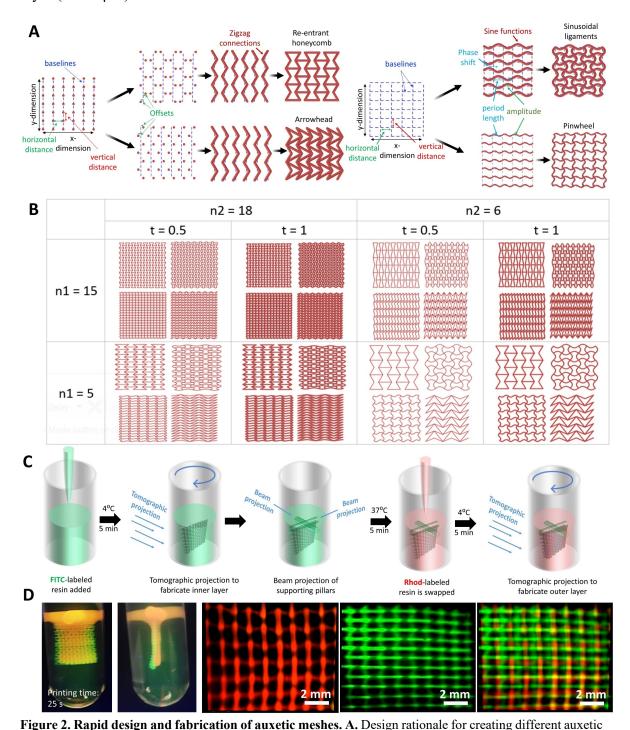
With auxetic meshes as the template, we present the first scheme for the rapid Multimat VP 159 (Figure 2C). Here, the inner mesh is created using tomographic projections in a vial filled 160 with thermo-reversibly crosslinked rhodamine-labeled fluorescent resin containing 161 norbornene-modified gelatin (GelNB) and thiolated gelatin (GelSH) at 5% w/v (total gelatin 162 content) in phosphate buffered saline (PBS) (see dose optimization and resolution tests for 163 different photoclick materials in Figure S1). After the first tomographic projection, the 164 mesh is localized in the resin container by projecting supporting beams (created by 165 projecting a circular image ($\Phi = 3 \text{ mm}$) for 5 s without rotating the vial) at the top of the 166 mesh. This prevents the printed structure from falling when the vial is heated up to 37°C to 167 remove the non-photocrosslinked resin. The resin in the container is then interchanged with 168 a FITC (fluorescein isothiocyanate)-labeled resin, followed by tomographic projections of 169 the outer mesh. Addition of either Rhodamine or FITC did not affect the absorption of light 170 at 405 nm and the RI of the resin (RI = 1.34 for GelNB/GelSH), thereby not affecting the 171 light path during tomographic projections. Figure 2D demonstrates the rapidly fabricated 172 (25 s total printing time) bi-layered auxetic mesh comprising of different resin compositions 173 174 (Rhod-labeled and FITC-labeled GelNB/GelSH) and vertically and horizontally oriented reentrant honeycomb meshes in the first and second layers, respectively. The images have 175 been captured using light sheet microscopy (22), and the supporting pillars facilitate image 176 capturing by stabilizing the constructs within the printing vials. Notably, post 177

178 179 180

181



photocrosslinking, the RI of the GelNB/GelSH resin increases by ~ 0.002 (i.e., RI = 1.342), which, as per our observations, did not critically affect the feature dimensions. The minimum feature size of the second layer (~ 275 μ m) was within \pm 5% as that of the first layer (~ 264 µm).



184 185 186 187

183

188

189

190

191

the meshes have been captured using light sheet microscopy.

meshes - Re-entrant honeycomb, arrowhead, sinusoidal ligaments and pinwheel (see Supplemental

Information for governing equations). B. Rapidly generated design iterations for the auxetic architectures by

varying select design parameters (n1, n2 and t represent the number of vertical and horizontal elements, and

thickness of the elements, respectively). C. Scheme of fabrication of the multimaterial auxetic meshes

featuring different designs and resin compositions along the thickness. D. Rapidly fabricated (25 s printing

time) auxetic meshes featuring horizontally and vertically oriented re-entrant auxetic meshes made of

Rhodamine (Rhod)-labeled, FITC-labeled GelNB/GelSH resins, respectively, along the thickness. Images of

194 Of note, the supporting pillars in the first Multimat VP scheme need to be removed post printing. The second printing scheme for Multimat VP does not require projection of 195 supporting pillars. This scheme is demonstrated in Figure 3A. The scheme utilizes filling 196 the first resin in the printing vial, followed by adding the second resin. Here, the two resin 197 compositions are prevented from mixing into each other through thermo-reversible 198 crosslinking of each resin formulation at 4°C prior to adding the subsequent one. 199 200 Alternatively, a high viscosity resin could also be used to prevent mixing of the resins during the short printing duration. After the different resins are added, the entire construct is printed 201 at once via tomographic projections (printing time 12 s). We use this Multimat VP technique 202 to fabricate a re-entrant honeycomb mesh with vertically oriented elements featuring FITC 203 and Rhod-labeled GelNB/GelSH resin in the bottom and top portions, respectively (Figure 204 **3B**). Of note, the supporting beams are still added to the construct to suspend it within the 205 206 printing vial, which facilitates its imaging using light sheet microscopy. Here, gelatin-based resin has been used since it allows the layers to thermo-reversibly crosslink when the 207 temperature is reduced, thereby preventing the photocrosslinked structures from falling 208 under their own weight due to gravity. The gelatin could also be replaced with other 209 materials such as pluronic or hyaluronic acid, etc., provided they increase the viscosity 210 substantially to prevent the structures from displacing during the short printing duration. 211 This Multimat VP approach can be used to print tissue interfaces. As an example, we printed 212 the same auxetic mesh with GelNB/GelSH across the top and bottom, but the top 213 compartment consisted of myoblasts (C2C12 murine), and the bottom compartment 214 consisted of fibroblasts (3T3 murine), labelled with cell tracker red and green, respectively. 215 After 4 weeks of maturation, the top compartment selectively exhibited myo-heavy chain 216 staining, while both compartments featured collagen I staining (Figure 3D). 217

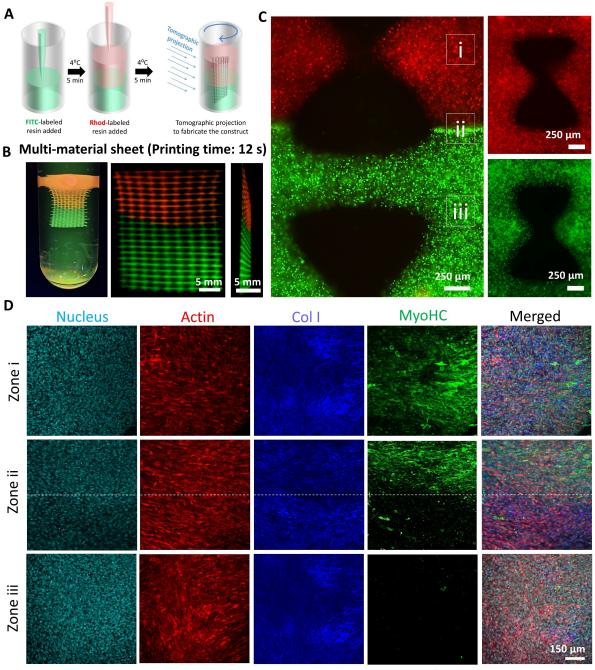


Figure 3. Fabrication of auxetic meshes featuring different resin compositions across the length of the meshes. A. Scheme of filling different resin compositions and printing the entire construct at once. **B.** Printed constructs featuring Rhod-labeled or FITC-labeled GelNB/GelSH matrix across the two layers. **C.** Micrographs of muscle-connective tissue model made of GelNB/GelSH resin. The top and bottom portions comprise of C2C12 myoblasts labeled with cell tracker red and 3T3 fibroblasts labeled with cell tracker green, respectively. **D.** After 4-week long culture in DMEM containing 2% w/v horse serum, the muscle-mimicking mesh containing C2C12 cells (Zone i) exhibits Myosin heavy chain (MyoHC) staining. The interface at Zone ii shows the distinction in MyoHC staining across the two layers, whereas the connective tissue-mimicking mesh containing 3T3 cells (Zone iii) does not demonstrate MyoHC staining.

Rapid algorithmic design and multimaterial volumetric printing of auxetic cylinders

Cylindrical auxetic meshes, such as those increasingly being used for fabrication of stents (1, 2) can be even more complicated to design when compared to 2D meshes, especially when the design elements need to form a continuum across a cylindrical contour. Here, creating design iterations of the auxetic cylinders is particularly challenging. Figure 4A

illustrates the algorithmic design scheme of cylindrical auxetic meshes featuring re-entrant 234 honeycomb and sinusoidal ligament elements (detailed equations have been provided in the 235 Supplemental Information). The design schemes of auxetic cylinders featuring arrowhead 236 or pinwheel architectures have been provided in the Supplemental Information and 237 Figure S2. For creating any auxetic mesh, we first convert the cartesian coordinate system 238 to a cylindrical coordinate system to be able to create a cylinder and define points on it. For 239 auxetic cylinders featuring vertically-oriented re-entrant honeycomb lattices, we create 240 241 vertical zigzag lines by defining the coordinates of all corner points alternating on two sides of a base line (Figure 4A). The alternate corner points lie along parallel circles with a phase 242 shift commensurate with the width of the re-entrant meshes. After all the corner points of 243 the vertical zigzag lines are defined, these are connected with straight beams. To match the 244 cylinder curvature, every point on the initial straight beam is translated onto the cylinder 245 using a wrapping algorithm (details provided in the **Supplemental Information**). Finally, 246 247 to create the horizontal beams, every second pair of neighboring points on each ring of the cylinder is connected by an arc using the same wrapping method, with the positions of the 248 horizontal beams alternating along the axis of the cylinder. For auxetic cylinders featuring 249 horizontally oriented re-entrant honeycomb meshes, the corner points of each zigzag ring 250 are composed of two circles consisting of points with a certain phase shift and angular step 251 to each other. After defining all corner points of the zigzag rings, these can be connected. 252 Before generating the connecting beams, every beam between two corner points is 253 translated onto the cylinder coat using the wrapping method used previously. Finally, 254 vertical beams are constructed between neighboring zigzag rings. For the auxetic cylinders 255 with sinusoidal ligament meshes, sinusoidal functions are created along the cylinder, with 256 consecutive functions featuring a phase shift with the previous sinusoid. Next, a vertical 257 sine wave is generated to create the auxetic cylinders with sinusoidal elements. The starting 258 and ending points of a vertical line are on the crossing points of the bottom and top circles 259 and their baselines respectively. Similar to the 2D auxetic meshes, this algorithmic design 260 scheme allows us to create a wide array of cylinders within a matter of seconds (Figure 4B 261 and Figure S2). 262

These auxetic architectures can also be printed within 12 s using photoclick resins within 264 VP (Figure 4C). Using the first Multimat VP strategy of using support pillars to allow the 265 construct to be suspended in the printing vial, which allows changing of the resin and re-266 printing, we also demonstrate how multimaterial and multidesign auxetic cylindrical meshes 267 can be fabricated. Figure 4D demonstrates auxetic cylindrical meshes made of FITC-268 269 labeled GelNB/GelSH in the shape of horizontally-oriented re-entrant honeycomb mesh in the inner layer, and Rhod-labeled GelNB/GelSH in the shape of vertically-oriented re-270 entrant honeycomb mesh in the outer layer, respectively. 271

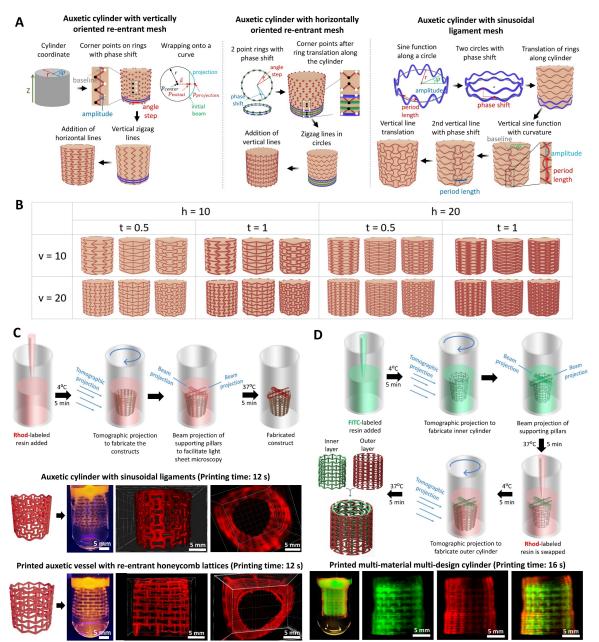


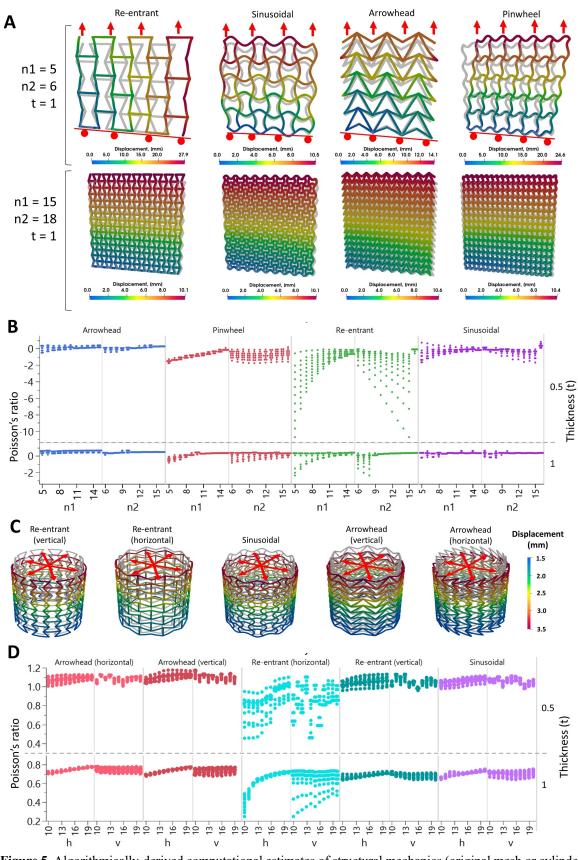
Figure 4. Rapid design and fabrication of auxetic cylindrical meshes. A. Algorithmic design rationales for the fabrication of auxetic cylindrical constructs featuring re-entrant and sinusoidal ligament meshes (see Supplemental Information for governing equations). B. Design arrays featuring selected iterations of the design parameters (h, t, and v represent the number of horizontal lines from top to bottom, thickness of the elements, number of vertical lines in the ring, respectively). C. Rapid fabrication of select architectures using volumetric printing, and compiled micrographs of the printed architectures (images are captured using the light sheet microscopy). D. Resin swapping scheme for the fabrication of bi-layered cylindrical auxetic meshes and printed meshes demonstrating horizontally and vertically oriented re-entrant honeycomb architectures across the inner and outer layers, respectively.

Algorithmically-defined computational models for rapid screening of structural mechanics

Similar to algorithmic design, we show that algorithmic computational modeling can also substantially accelerate the process of determining the mechanics of a wide array of complex structures. Here we use the auxetic meshes and cylinders as the templates for our finite cell method (23)-based computational models. As opposed to the conventional approaches, the embedded simulation approach eliminates the necessity of the labor-

intensive procedure for meshing and defining of boundary constraints. Instead, the geometry 290 is embedded in a regular grid with vanishing stiffness. The physical model is then recovered 291 by applying a voxel-based integration rule (24). Using this methodology allowed us to 292 computationally model the auxetic meshes and cylinders at an average duration of 293 approximately 4.5 s and 30 s, respectively, in a 1.3 GHz personal computer with 32 GB 294 RAM. As a result, we were able to quickly derive the Poisson's ratios of thousands of 295 auxetic structures without any manual intervention. The corresponding results have been 296 297 shown in Figure 5. The deformation of selected meshes have been shown in Figure 5A. Of these, the re-entrant meshes demonstrate the widest range of Poisson's ratios (from 0.1 to -298 10.9, Figure 5B) based on the different combinations of the design features (n1, n2 and t). 299 In contrast to the auxetic meshes, the auxetic designs for cylinders (selected outputs are 300 shown in Figure 5C) did not demonstrate negative Poisson's ratios, but a wide range of 301 positive Poisson's ratios (Figure 5D). This means that the cylinders are actually contracting 302 303 when they are stretched radially, even though the meshes feature auxetic designs. Here, the horizontally-oriented auxetic cylinders demonstrate Poisson's ratios varying from 0.2 to 1.1 304 based on different combinations of the design features (h, v and t). Such a wide range of 305 Poisson's ratios for the different meshes and cylinders offers unique applications such as in 306 actuators (6, 7), large structural components (8, 9), implants (25, 26) or organ-specific 307 patches (3, 4). 308

bioRxiv preprint doi: https://doi.org/10.1101/2022.11.29.518318; this version posted December 2, 2022. The copyright holder for this preprint (which was not certified by peer review) is the author/funder, who has granted bioRxiv a license to display the preprint in perpetuity. It is made available under aCC-BY-NC-ND 4.0 International license.



309hvhvhvhv310Figure 5. Algorithmically-derived computational estimates of structural mechanics (original mesh or cylinder311is shown in grey). A. Selected computational outcomes (n1, n2 and t represent the number of vertical and312horizontal elements, and thickness of the elements, respectively) demonstrating the negative Poisson's ratios313of the structures (i.e., structures expand laterally when stretched longitudinally (Note: A roller constraint was314applied on the bottom of the mesh to allow free lateral expansion). B. Computational estimates of the Poisson's

ratios of the different auxetic meshes (244 designs were analyzed per auxetic mesh), based on different combinations of n1, n2 and t. Of note: The thickness has been plotted as a second y axis on the right. **C.** Selected computational outcomes of the auxetic cylinders. **D.** Computational estimates of the Poisson's ratios of the cylinders based on the different design parameters (h, t, and v represent the number of horizontal lines from top to bottom, thickness of the elements, number of vertical lines in the ring, respectively; 1187 iterations were analyzed per cylinder). Thickness (t) is plotted as a second y axis on the right

322 Organ-specific auxetic meshes

323 To demonstrate the level of design complexity that the algorithmic schemes can address, we demonstrate how the auxetic meshes can be wrapped around more complex shapes such 324 as the heart (Figure 6A). Here, we start with a square 2D auxetic mesh, which is intersected 325 with a circle to derive a circular mesh. Then, all points of this circular mesh are wrapped 326 327 onto a sphere. The formation of a curved mesh is an essential step, as it facilitates the wrapping algorithm to identify the points within the mesh closest to the surface of the heart 328 models. After the curved is constructed, the heart model (in this case, a standard tessellation 329 language (STL) file derived from an online repository(27)) is placed into the curved auxetic 330 sheet such that they intersect slightly with each other, which improves the wrapping result 331 in the next step. Finally, every point on the auxetic sheet is projected onto the bottom of the 332 heart by computing the point on the heart surface with the smallest distance to a given point 333 on the curved sheet. As with previous shapes, all the different kinds of auxetic meshes can 334 be wrapped onto the heart this way (average design compilation time ~ 0.2 s) (Figure 6B, 335 also see Figure S4 for additional shape iterations). The corresponding governing equations 336 for the design schemes are provided in the Supplemental Information, and other simpler 337 shapes such as spheres are shown in Figure S3. Here, we select the sinusoidal meshes to 338 demonstrate their rapid printability over a heart model (Figure 6C). For this, we first 339 volumetrically print a heart using unlabeled GelNB/GelSH resin, followed by projecting 340 supporting pillars and swapping the non-photocrosslinked resin with Rhod-labeled 341 GelNB/GelSH. The auxetic mesh around the heart is then rapidly volumetrically printed 342 Figure 6D. Notably, the auxetic meshes in Figure 6D were printed directly over the heart 343 to allow better visualization of the mesh by maintaining its shape. We foresee that such 344 complex shapes may one-day pave the way for patient-specific grafts or patches which can 345 conform to the shape of the organ. 346

347

315

316

317

318

319 320

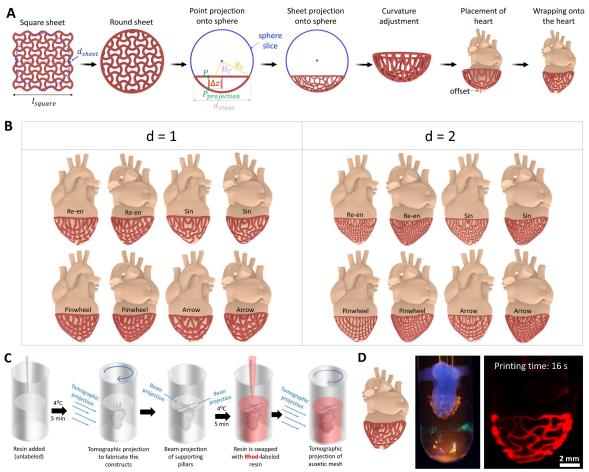


Figure 6. Creation of organ-specific auxetic meshes using wrapping algorithms. **A.** Rationale for the fabrication of the curved auxetic meshes and wrapping the same onto custom organ models (in this case, a heart). **B.** Design iterations of different auxetic meshes wrapped around the heart (d represents the density index of the auxetic structure. **C.** Resin swapping procedure for the fabrication of the heart construct with a wrapped auxetic mesh. **D.** Macroscopic image (left) and light sheet microscopy image (right) of the heart construct (non-labeled) with auxetic mesh (rhod-labeled) around it.

Algorithmic design of perfusable architectures

348 349

350

351

352

353

354 355

356

Finally, we demonstrate how the algorithmic design and Multimat VP schemes can be used 357 to design and fabricate simple and complex perfusable structures. In the first design scheme, 358 we design a cuboid consisting of a hollow spheroidal center and six perfusable channels 359 around the sphere. The channels are created as a hyperbolic sine function and a circular 360 pattern is created by copying the sine functions 7 times around the center axis (Figure 7A). 361 Next, the channels are mirrored with an offset in the middle, followed by connecting the 362 mirrored and original parts through straight channels. By changing the amplitude of the 363 hyperbolic sine function or the diameter of the channels, a variety of perfusable shapes can 364 be created within seconds (Figure 7B). These channels are then removed from a cuboidal 365 shape. In addition, a sphere with a pre-set offset with the channels is also removed from the 366 cuboid to result in the perfusable construct with a hollow sphere in-between. To fabricate a 367 construct featuring perfusable channels surrounding a matrix of different material, we 368 introduce the third Multimat VP approach – prefabricated construct integration (Figure 7C). 369 In this approach, a FITC-labeled GelNB/GelSH sphere is fabricated, followed by extracting 370 the same and integrating within another resin container partially filled with unlabeled 371 GelNB/GelSH resin. The resin is kept at 24°C to allow easy integration of the sphere. More 372 unlabeled GelNB/GelSH resin is then filled over the construct, and the cuboidal construct 373

with hollow sphere and perfusable channels printed such that the pre-fabricated spherical 374 construct is accommodated within the hollow spherical center in the construct. Perfusing 375 Rhod-labeled GelNB/GelSH into the channels allows us to image the sample using light 376 sheet microscopy, as shown in Figure 7D, where the central FITC-labeled sphere is 377 surrounded by a network of Rhod-labeled channels. We foresee that such synergistic 378 algorithmic design and Multimat VP approach can find potential applications in disease-on-379 a-chip models, for instance, a tumor surrounded by a network of capillaries which 380 381 demonstrate neovascularization to the tumor site. Such a model can be used to study the effects of biological (macrophages (28), exosomes (29), etc.) or non-biological therapeutics 382 (30, 31) on tumor metastasis or angiogenesis. 383

384

The algorithmic design framework is not just limited to simple perfusable shapes but can 385 also be expanded to more complex shapes such as alveoli surrounded with a perfusable 386 vessel network. The alveolus is created by dividing a sphere into several smaller spheres 387 bound by the periphery of the sphere, followed by scaling-up individual spheres to create 388 the budding alveolus structure (Figure 7E). The vessel network surrounding the alveolus is 389 first created as a regular icosahedron (see governing equations in the Supplemental 390 Information). Next, every equilateral triangle along the face of the icosahedron is divided 391 into four identical equilateral triangles by connecting the midpoints of all edges. This 392 process can be repeated to further divide the triangles and create denser structures with 393 smaller hexagons. Then, for every equilateral triangle, its geometric center is connected with 394 the midpoint of each edge to create the vessel network (Figure 7E). Further, to improve the 395 quality of prints and avoid intersection with the top cylinder later, the vessel network on the 396 top is enlarged by factor 2 to create a bigger opening (Figure 7F). A thickness gradient is 397 introduced to the vessels, such that the thickness decreases gradually from the left and right 398 ends of the shape towards the middle. Then every edge of the icosahedron is interpolated to 399 create 11 equidistant intermediate points, i.e. 10 sub-beams per edge, followed by wrapping 400 each onto the circumscribed sphere of the icosahedron. The result is a spherical vessel shape 401 which can be used for wrapping. The alveolus is placed such that it is concentric with the 402 403 vessel shape, and every beam on the vessel shape is interpolated into 10 sub-beams and wrapped onto the alveolus by computing the point on the alveolar surface with the smallest 404 distance to a given point on the vessel network. Then a cylinder is created and placed on top 405 of the alveolus, and inlet and outlet ports added such that the inlet/outlet port intersects with 406 a branching point of the vessel network. We can also create an offset by using a larger 407 alveolar shape for wrapping of the vessels, then placing a smaller alveolar shape 408 concentrically for the final shape. By changing the offset, vessel diameters and their 409 densities, we can generate a wide array of alveoli and surrounding vessel shapes (average 410 design compilation time ~ 0.5 s) as shown in Figure 7G. In the model we used for printing, 411 we used a gap of 250 μ m between the alveolus and the vessels. The alveoli and the vessel 412 network were removed from a cylindrical construct to create perfusable channels and a 413 hollow portion to accommodate the alveolus. The alveolus construct for printing was also 414 hollowed-out by removing a scaled-down shape from the original alveolus. The printing 415 scheme utilized first printing the alveolar shape, using FITC-labeled GelNB/GelSH, 416 followed by supporting pillar projection (Figure 7H). This was followed by swapping resin 417 with unlabeled GelNB/GelSH and printing the hollow construct (see the printed constructs 418 during different stages in Figure S6). Finally, Uncrosslinked Rhod-labeled GelNB/GelSH 419 at 37°C is perfused in the channels (Figure 7I), and the entire construct exposed to 405 nm 420 UV light to crosslink the resin in the channels. In our future work, we plan to print different 421 vessel densities followed by seeding of epithelial cells to create lung-on-chip models, which 422 can be used to study pulmonary pathologies (32). 423

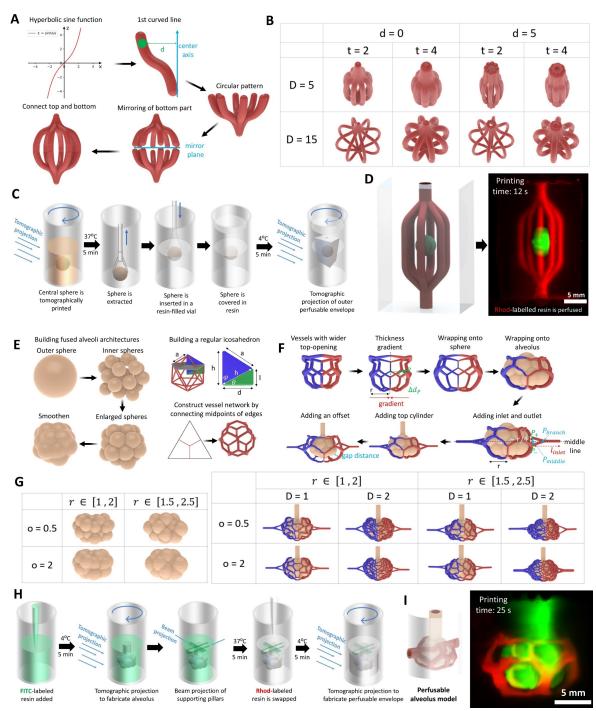


Figure 7. Rapid design and fabrication of perfusable constructs. A. Design rationale for simple perfusable architectures featuring multiple bifurcating channels. **B.** Select architectures made under iterations of design parameters (d, t and D represent inlet channel diameter, thickness of individual channels and diameter of the offset of the channels at the center). **C.** Multimat VP scheme, where the central FITC-labeled sphere (GelNB/GelSH) is created first, and then transferred to another resin container pre-filled with unlabeled resin (GelNB/GelSH) and tomographic projections are performed. **D.** Volumetrically printed construct after perfusion with Rhod-labeled resin (images through light sheet microscopy). **E.** Scheme of fabrication of the alveolar budding structures and the perfusable channels. **F.** Wrapping of the perfusable channels around the alveolus. **G.** Shape iterations of alveolar structures (r represents radius of individual mini-spheres and o represents the offset of spheres w.r.t. each other) and the perfusable channels (D represents the density of capillaries) around the alveoli. **H.** Scheme of fabrication of the alveolar construct (also see supplemental **Figure S6**). **I.** Printed construct with FITC-labeled alveolus construct with perfused Rhod-labeled resin surrounding the construct (images captured through light sheet microscopy).

440 **Discussion**

459

468

441 The algorithmic design scheme offers a transformational approach towards facile creation of a wide array of complex shapes, such as the auxetic meshes and cylinders, organ-specific 442 grafts or perfusable alveoli structures which we demonstrated in this work. The algorithms 443 can rapidly process a wide array of point-point connections (such as wrapping functions, 444 segmentation of icosahedron triangles into smaller triangles, connective lattice elements of 445 auxetic shapes, etc.) which would be tedious and time-consuming to execute manually. 446 447 Once the design scheme is established for any shape, the shapes can be easily iterated by inputting the ranges and increments for the important parameters, which is otherwise a 448 daunting task to perform in conventional CAD softwares. This difference in designing and 449 iterating is even more profound as the shape complexity increases, with the introduction of 450 organ-specific auxetic meshes and the alveolar structures. Here the algorithms ensure that 451 the interconnections between the constitutive points or contours are satisfied when a new 452 shape iteration is formed. We have shown that algorithm-based computational modeling 453 schemes can allow rapid screening of the mechanical properties of large arrays of complex 454 architectures. Here, integration of the iterative algorithmic design and computational 455 modeling within a deep learning framework can lead to a powerful framework for shape 456 optimization(33). Our future work will entail expanding the computational modeling to 457 simulate fluid flow within perfusable architectures. 458

We have made the design and simulation code available in the GitHub repository (see "Data 460 and materials availability" section). For users who are not adept at coding, we have created 461 graphical user interfaces where the users can load their own models, to be able to design 462 their own custom auxetic patches or perfusable networks with varying vessel densities. 463 Using the interface, the users can also iterate the designs of the auxetic and perfusable 464 shapes demonstrated in the present work for their own applications. In addition, dedicated 465 libraries have been established which can be used for executing the structural simulations 466 or for creating porosities within constructs (see Figure S5). 467

In this work, we deployed three techniques for the rapid volumetric printing of multi-469 material constructs: 1. Tomographic projection printing of first layer of the construct 470 supported by projected pillars, followed by swapping of the uncrosslinked resin with a 471 different composition and tomographic projection printing of the subsequent layer. 2. Filling 472 the printing vials with two different resin compositions and tomographic projection printing 473 of the entire construct at once. 3. Incorporating a prefabricated construct into a resin-filled 474 container, followed by tomographic projections to fabricate the multimaterial constructs. 475 The rationale for which Multimat VP method needs to be used would depend on the 476 complexity of the structure that needs to be fabricated, and the resin composition. While the 477 first scheme offers tremendous design freedom (we printed multi-material auxetic cylinders 478 (Figure 4) auxetic mesh on heart (Figure 5) or perfusable alveolar models (Figure 6) using 479 this method), aligning subsequent projections with the first projection is often challenging. 480 Furthermore, removal of the supporting beams after printing can lead to material losses and 481 may even be difficult to execute for fragile constructs. For multi-material constructs such 482 as tissue interfaces, the second scheme can be a more robust scheme to align the two layers 483 (such as the bilayered auxetic meshes in Figure 3). However, for resin compositions which 484 do not undergo thermo-reversible crosslinking, the second scheme may cause mixing of the 485 two resins across different regions, especially when the resin viscosity is low. In such a case, 486 the remaining two strategies are a better choice. Notably, we have used the same base 487 488 material of the resin when performing more than one tomographic projection to make the constructs (i.e., first and third strategy). Since the change in RI before and after crosslinking 489

490 of GelNB/GelSH resin was small (Δ RI = 0.002), we did not observe a substantial difference 491 in resolution between the first and second projections. However, if the base material is 492 different between the projections, the differences in RI between the photocrosslinked 493 constructs can cause unwanted scattering or diffraction of light which may affect the print 494 resolution and quality. Similar constraints may also apply to the third strategy of 495 prefabricated construct integration. In this case, RI matching agents such as Iodixanol (*19*) 496 can be used to fine-tune the RI of the resins and achieve high resolution prints.

497

516

While we only demonstrated two resin compositions within the printed constructs in the 498 present work, the techniques can be easily adapted to more than two material compositions 499 to create more complex constructs. For example, bioinks pertaining to bone, tendon and 500 muscle can be sequentially added into the print vial for the fabrication of bone-tendon-501 muscle interfaces. Here, while the bone construct could feature a porous matrix (see 502 foaming algorithm outcomes in Figure S5), a fascicular arrangement of muscle and tendon 503 may be difficult to achieve via tomographic projections. Therein, hybridization of VP with 504 filamented light projection (FLight, a technology developed in our group (34)) could allow 505 one to fabricate the muscle and tendon interfaces with fascicular arrangement of muscle 506 fibers or aligned collagen in tendons, while the bone can be tomographically projected to 507 create a porous matrix. In fact, hybridization can also be performed with other printing 508 techniques (35, 36). For example, extrusion printing of photoresins can be used to control 509 the spatial distribution of different materials within the resin container. Subsequently, single 510 tomographic projection can be used to create the multimaterial constructs. Such 511 hybridization schemes will be the future scope of our investigation. Naturally, for tissue 512 engineering purposes, imparting a macroscopic vasculature and further inducing 513 neovascularization (10, 37) will be a key aspect to allow physiological-scale tissue 514 fabrication. 515

For this work, in order to demonstrate rapid printing, photoclick materials based on step-517 growth polymerization were ideal as we have established expertise on high speed volumetric 518 printing using these materials (17). However, the materials demonstrated in this work may 519 not be suitable towards all biomedical or structural applications as the modulus is small (\sim 520 10-100 kPa). Herein, one could also use chain-growth polymerization, which is typically 521 found in acrylate or methacrylate-based resins, to obtain stiffer structures (38) with minor 522 compromises on the fabrication duration as the rate of photopolymerization is slow (e.g. 523 volumetric printing of gelatin methacrylate takes ~ 30 s/cm^3 of construct, while 524 GelNB/GelSH take ~ 8 s/cm³ of constructs (17)). Future research on photoclick-compatible 525 materials or their hybridization schemes, which yield higher stiffness constructs, could 526 improve the applicability of the materials to a wider variety of biomedical applications such 527 as polymer-based arterial stents (39) or tracheal grafts (40). Further, current volumetric 528 printing approaches have been limited to constructs spanning only a few centimeters in 529 sizes, and future research on tomographic projections within larger containers can 530 circumvent such size limitations. As such, one also does not need to use volumetric printing 531 or deploy photocrosslinkable materials. The shapes generated and optimized through the 532 algorithmic design and computational modeling schemes can be fabricated though 533 conventional or bespoke manufacturing processes integrated into larger assembly lines, as 534 long as the complexity of the shape can be achieved. For example, the algorithmic schemes 535 could help speed up product design and optimization of prosthetic implants or metallic 536 stents, to even vehicle drive shafts and engines, which could bring about substantial cost-537 538 savings in the product pipeline. This work can potentially transform the way engineers or

539 scientists approach new design problems and develop solutions that have the potential to 540 benefit society at large.

542 Materials and Methods

541

580

Algorithmic design. Hyperganic core (an algorithmic engineering platform developed by 543 Hyperganic GmbH) environment was used to run the algorithmic design schemes written in 544 C#. Detailed explanations and equations of the algorithms are provided in the Supplemental 545 Information. We have created graphical user interfaces within Hyperganic core which will 546 allow users to change the designs of the auxetic and perfusable shapes. User Interfaces have 547 been created for each design architecture with provision to create designs based on 548 variations of design parameters (h, t, v, n1, n2, etc.), and are integrated in the Hyperganic 549 source code shaped on the open-source library. See "Data and materials availability" section 550 for the sources codes for the design schemes and procedures for opening the graphical user 551 interfaces to change different designs. 552

- 553 **Computational modeling of the structural mechanics of the auxetic meshes.** Numerical 554 analysis of auxetic meshes has been performed using the simulation kernel of Hyperganic 555 Core (governing equations for the models are provided in the **Supplementary** 556 **Information**). The simulation functionality is integrated within the C# API that directly 557 integrates with the algorithmic design schemes. See "Data and materials availability" 558 section for the sources codes and procedures for running the codes.
- 559 Matrix synthesis. The norbornene or thiol-modified gelatin were synthesized using 560 procedures previously established in our lab (17, 41). For formulation of GelNB, porcine-561 derived (Type A) gelatin was dissolved in 0.5 M carbonate-bicarbonate buffer (pH~9, 562 obtained by adding 38.2 g/l of sodium bicarbonate and 4.7d/l of sodium carbonate in 563 deionized (DI) water) at 50°C to get a 10% w/v solution. After obtaining a clear solution 564 under stirring, carbic anhydride was added at a concentration of 100 mg/g of gelatin. After 565 letting the reaction proceed for 1 h, the solution was dialyzed (at 40° C) with frequent DI 566 567 water changes (2 per day) for 5 days. The matrix was then lyophilized for 4 days and stored at -20°C until further use. For formulation of GelSH, porcine-derived (Type A) gelatin was 568 dissolved in 0.15 M MES (2-(N-morpholino)ethanesulfonic acid) buffer (pH~4) at 50°C to 569 2% solution. completely dissolved, 570 get а w/v When DTPHY (3.3' -Dithiobis(propionohydrazide)) was added at 95 mg/g of gelatin while stirring. When 571 completely dissolved, EDC (1-Ethyl-3-(3-dimethylaminopropyl)carbodiimide) was added 572 at 135 mg/g of gelatin while stirring. The reaction is then allow to proceed at 50°C under 573 stirring for 12 h. Next, TCEP was added at 344 mg/g of gelatin, followed by continuing the 574 reduction reaction for 6 hours. Finally, 1g of NaCl was added and the solution dialysed 575 against DI water balanced to pH 4.5 with diluted HCl. The degree of functionalization of 576 the matrices was determined using ¹H NMR spectroscopy (GelSH DS: 0.276 ± 0.016 577 mmol/g, GelNB DS: 0.217 ± 0.007 mmol/g, plots provided in supplemental information 578 Figure S7). 579
- The GelNB/GelSH resin was formulated by mixing the lyophilized GelNB or GelSH matrix 581 in PBS to achieve 5% w/v total gelatin concentration. GelNB/PEGSH resin was formulated 582 by mixing the lyophilized GelNB matrix in PBS at 3.8% w/v and thiolated 4-arm PEG (10 583 kDa, SinoPEG) at 1.2% w/v. For both resin formulations, 0.05% w/v LAP (Lithium 584 phenyl(2,4,6-trimethylbenzoyl)phosphinate) was used as the photoinitiator. Rhod- or FITC-585 labeled resin was formulated by adding Acryloxyethyl thiocarbamoyl Rhodamine B (Rhod-586 Acr) or Fluorescein isothiocyanate (FITC) stock in DMSO (at 10 mg/ml) to the resin 587 formulation at 1 µl/ml. FITC is conjugated to the resin matrix through amide bond formation 588

with the primary amines of the matrix, while Rhod-Acr conjugates to GelSH through thiolene reaction during printing. The amounts of FITC and Rhod-Acr do not affect the light dose of the resin compared to a non-labeled resin.

Multimat volumetric printing. The open format volumetric printer from Readily3D was 593 used for these experiments. This printer allowed for each resin swapping and visualization 594 of the constructs during and after printing. Procedures for Multimat VP have been discussed 595 596 in the results section. Here we provide necessary details for replicability. Prior to printing, dose tests were performed by projecting an array of circles ($\phi = 1 \text{ mm}$) featuring a variation 597 of light intensity onto a 3 mm path length cuvette filled with the resin. Diameters of the 598 projected cylinders were then measured using bright field microscopy and the light dose 599 allowing for the diameter to be 1 ± 0.05 mm (dimensions measured in ImageJ) was chosen. 600 For all prints, 18 mm printing vials were used. After filling-in the desired volume of the 601 resin – 4 ml per layer for single material VPs and 3 ml per material for the MultiMat VP 602 experiments, the resin was allowed to thermo-reversibly crosslink for 5 min at 4°C. This 603 allowed stability of the printed structure during photocrosslinking. To remove the non-604 crosslinked resin (to swap the resin in between different tomographic projections or at the 605 end of the printing), the vial was kept at 37°C for 5 min, followed by washing with warm 606 (37°C) PBS twice. The supporting pillars were fabricated in a sequential manner: First a 607 single circular beam projection at highest laser power permissible by the printing system 608 (64 mW/cm^2) was used for 10 s to print the first pillar. The vial was then rotated by 90° and 609 the projection performed again. 610

Cell culture and tissue immunohistochemistry. C2C12 murine myoblasts and NIH 3T3 612 murine fibroblasts were cultured in Dulbecco's Modified Eagle Medium (DMEM) 613 supplemented with 10% w/v fetal bovine serum (FBS) and 1% w/v penicillin/streptomycin. 614 The cells were passaged at 80% confluency using 0.25% w/v trypsin and 0.05% w/v EDTA. 615 Next, C2C12 and 3T3 cells were labeled with CellTrackerTM red and green dyes 616 (ThermoFisher), respectively, using manufacturer's specifications. The cells were then 617 resuspended in GelNB/GelSH matrix at 2.5 M cells/ml and the muscle-connective tissue 618 units volumetrically printed. After 4 weeks of culture, muscle-connective tissue units were 619 immunohistochemically stained for myosin heavy chain (MyoHC), Collagen I, Actin 620 filament (Phalloidin) and nuclei (DAPI) based on our previous work (34). 621

Light Sheet Microscopy. An axially scanned light sheet microscope (MesoSPIM, V4)(42) was used to image fluorescently labelled samples. The constructs were mounted onto a custom printed microscope sample holder and submerged in a quartz cuvette filled with mQ water, which was then mounted onto the MesoSPIM microscope stand. For imaging, a macro-zoom system (Olympus MVX-10) and 1x air objective (Olympus MVPLAPO1x) with adjustable zoom were used. Voltage adjustments using the electrically tunable lens (ETL) were performed for each run. Step size was chosen from $10 - 50 \mu m$.

630

622

589 590

591 592

611

631 **References**

- H. Xue, Z. Luo, T. Brown, S. Beier, Design of Self-Expanding Auxetic Stents Using
 Topology Optimization. *Front. Bioeng. Biotechnol.* 8, 736 (2020).
- 634 2. W. Wu, X. Song, J. Liang, R. Xia, G. Qian, D. Fang, Mechanical properties of anti-
- tetrachiral auxetic stents. *Compos. Struct.* **185**, 381–392 (2018).
- 3. M. Kapnisi, C. Mansfield, C. Marijon, A. G. Guex, F. Perbellini, I. Bardi, E. J. Humphrey,
- J. L. Puetzer, D. Mawad, D. C. Koutsogeorgis, D. J. Stuckey, C. M. Terracciano, S. E.
- Harding, M. M. Stevens, Auxetic Cardiac Patches with Tunable Mechanical and

639		Conductive Properties toward Treating Myocardial Infarction. Adv. Funct. Mater. 28,
640		1800618 (2018).
641	4.	P. Chansoria, J. Blackwell, E. L. Etter, E. E. Bonacquisti, N. Jasiewicz, T. Neal, S. A.
642		Kamal, J. Hoque, S. Varghese, T. Egan, J. Nguyen, Rationally Designed Anisotropic and
643		Auxetic Hydrogel Patches for Adaptation to Dynamic Organs. Adv. Funct. Mater.,
644		2207590 (2022).
645	5.	P. Chansoria, E. L. Etter, J. Nguyen, Regenerating dynamic organs using biomimetic
646		patches. Trends Biotechnol. (2021), doi:10.1016/J.TIBTECH.2021.07.001.
647	6.	Q. Pan, S. T. Chen, F. F. Chen, X. Y. Zhu, Programmable soft bending actuators with
648		auxetic metamaterials. Sci. China Technol. Sci. 2020 6312. 63, 2518-2526 (2020).
649	7.	A. Lazarus, P. M. Reis, Soft Actuation of Structured Cylinders through Auxetic Behavior.
650		<i>Adv. Eng. Mater.</i> 17, 815–820 (2015).
651	8.	X. Zhao, L. Wei, D. Wen, G. Zhu, Q. Yu, Z. D. Ma, Bending response and energy
652		absorption of sandwich beams with novel auxetic honeycomb core. Eng. Struct. 247,
653		113204 (2021).
654	9.	H. G. Menon, S. Dutta, A. Krishnan, H. M. P., B. Shankar, Proposed auxetic cluster
655		designs for lightweight structural beams with improved load bearing capacity. Eng. Struct.
656		260 , 114241 (2022).
657	10.	P. Datta, B. Ayan, I. T. Ozbolat, Bioprinting for vascular and vascularized tissue
658		biofabrication. Acta Biomater. 51 (2017), pp. 1–20.
659	11.	D. B. Kolesky, K. A. Homan, M. A. Skylar-Scott, J. A. Lewis, Three-dimensional
660		bioprinting of thick vascularized tissues. Proc. Natl. Acad. Sci. U. S. A. 113, 3179-84
661		(2016).
662	12.	B. E. Kelly, I. Bhattacharya, H. Heidari, M. Shusteff, C. M. Spadaccini, H. K. Taylor,
663		Volumetric additive manufacturing via tomographic reconstruction. Science (80). 363,
664		1075–1079 (2019).
665	13.	P. N. Bernal, P. Delrot, D. Loterie, Y. Li, J. Malda, C. Moser, R. Levato, Volumetric
666		Bioprinting of Complex Living-Tissue Constructs within Seconds. Adv. Mater. 31,
667		1904209 (2019).
668	14.	D. Loterie, P. Delrot, C. Moser, High-resolution tomographic volumetric additive
669		manufacturing. Nat. Commun. 11, 852 (2020).
670	15.	M. Shusteff, A. E. M. Browar, B. E. Kelly, J. Henriksson, T. H. Weisgraber, R. M. Panas,
671		N. X. Fang, C. M. Spadaccini, One-step volumetric additive manufacturing of complex
672		polymer structures. Sci. Adv. 3 (2017),
673		doi:10.1126/SCIADV.AAO5496/SUPPL_FILE/AAO5496_SM.PDF.
674	16.	L. Rodríguez-Pombo, X. Xu, A. Seijo-Rabina, J. J. Ong, C. Alvarez-Lorenzo, C. Rial, D.
675		Nieto, S. Gaisford, A. W. Basit, A. Goyanes, Volumetric 3D printing for rapid production
676		of medicines. Addit. Manuf. 52, 102673 (2022).
677	17.	R. Rizzo, D. Ruetsche, H. Liu, M. Zenobi-Wong, R. Rizzo, D. Ruetsche, H. Liu, M.
678		Zenobi-Wong, Optimized Photoclick (Bio)Resins for Fast Volumetric Bioprinting. Adv.
679		<i>Mater.</i> 33 , 2102900 (2021).
680	18.	J. Van Hoorick, P. Gruber, M. Markovic, M. Rollot, G. J. Graulus, M. Vagenende, M.
681		Tromayer, J. Van Erps, H. Thienpont, J. C. Martins, S. Baudis, A. Ovsianikov, P. Dubruel,
682		S. Van Vlierberghe, Highly Reactive Thiol-Norbornene Photo-Click Hydrogels: Toward
683	10	Improved Processability. Macromol. Rapid Commun. 39 , 1800181 (2018).
684	19.	P. Nuñez Bernal, M. Bouwmeester, J. Madrid-Wolff, M. Falandt, S. Florczak, N. Ginés
685		Rodriguez, Y. Li, G. Größbacher, RA. Samsom, M. van Wolferen, L. van der Laan, P.
686		Delrot, D. Loterie, J. Malda, C. Moser, B. Spee, R. Levato, P. Bernal, S. Florczak, N.
687		Rodriguez, Y. Li, G. Größbacher, J. Malda, R. Levato, M. Bouwmeester, M. Falandt, R.
688		Samsom, M. van Wolferen, B. Spee, J. Madrid-Wolff, C. Moser, L. van der Laan,

689		Volumetric Bioprinting of Organoids and Optically Tuned Hydrogels to Build Liver-Like
690		Metabolic Biofactories. Adv. Mater., 2110054 (2022).
691	20.	J. Madrid-Wolff, A. Boniface, D. Loterie, P. Delrot, C. Moser, Controlling Light in
692		Scattering Materials for Volumetric Additive Manufacturing. Adv. Sci., 2105144 (2022).
693	21.	D. Olvera, M. Sohrabi Molina, G. Hendy, M. G. Monaghan, Electroconductive Melt
694		Electrowritten Patches Matching the Mechanical Anisotropy of Human Myocardium. Adv.
695		Funct. Mater., 1909880 (2020).
696	22.	D. N. Düring, M. D. Rocha, F. Dittrich, M. Gahr, R. H. R. Hahnloser, Expansion light
697		sheet microscopy resolves subcellular structures in large portions of the songbird brain.
698		<i>Front. Neuroanat.</i> 13 , 2 (2019).
699	23.	A. Düster, E. Rank, B. Szabó, The p-Version of the Finite Element and Finite Cell
700		Methods. Encycl. Comput. Mech. Second Ed., 1–35 (2017).
701	24.	N. Korshunova, G. Alaimo, S. B. Hosseini, M. Carraturo, A. Reali, J. Niiranen, F.
702	2	Auricchio, E. Rank, S. Kollmannsberger, Image-based numerical characterization and
703		experimental validation of tensile behavior of octet-truss lattice structures. Addit. Manuf.
704		41 , 101949 (2021).
705	25.	N. Ghavidelnia, M. Bodaghi, R. Hedayati, Femur Auxetic Meta-Implants with Tuned
706	20.	Micromotion Distribution. <i>Mater. 2021, Vol. 14, Page 114.</i> 14 , 114 (2020).
707	26.	H. M. A. Kolken, S. Janbaz, S. M. A. Leeflang, K. Lietaert, H. H. Weinans, A. A. Zadpoor,
708	20.	Rationally designed meta-implants: a combination of auxetic and conventional meta-
708		biomaterials. <i>Mater. Horizons.</i> 5 , 28–35 (2018).
710	27.	Human Heart – Download Stl Files, (available at https://www.ameede.net/human-heart/).
711	28.	L. Q. Fu, W. L. Du, M. H. Cai, J. Y. Yao, Y. Y. Zhao, X. Z. Mou, The roles of tumor-
712	20.	associated macrophages in tumor angiogenesis and metastasis. <i>Cell. Immunol.</i> 353 , 104119
712		(2020).
713	29.	M. B. Deci, M. Liu, J. Gonya, C. J. Lee, T. Li, S. W. Ferguson, E. E. Bonacquisti, J. Wang,
714	29.	J. Nguyen, Carrier-Free CXCR4-Targeted Nanoplexes Designed for Polarizing
716		Macrophages to Suppress Tumor Growth. <i>Cell. Mol. Bioeng.</i> 12 , 375–388 (2019).
717	30.	J. Yu, K. T. Du, Q. Fang, Y. Gu, S. S. Mihardja, R. E. Sievers, J. C. Wu, R. J. Lee, The use
718	30.	of human mesenchymal stem cells encapsulated in RGD modified alginate microspheres in
718		the repair of myocardial infarction in the rat. <i>Biomaterials</i> . 31 , 7012–7020 (2010).
720	31.	H. Han, A. D. Jain, M. I. Truica, J. Izquierdo-Ferrer, J. F. Anker, B. Lysy, V. Sagar, Y.
	51.	Luan, Z. R. Chalmers, K. Unno, H. Mok, R. Vatapalli, Y. A. Yoo, Y. Rodriguez, I.
721		Kandela, J. B. Parker, D. Chakravarti, R. K. Mishra, G. E. Schiltz, S. A. Abdulkadir,
722		
723 724		Small-Molecule MYC Inhibitors Suppress Tumor Growth and Enhance Immunotherapy. <i>Cancer Cell.</i> 36 , 483-497.e15 (2019).
	22	
725	32.	D. Huang, T. Liu, J. Liao, S. Maharjan, X. Xie, M. Pérez, I. Anaya, S. Wang, A. T. Mayer,
726		Z. Kang, W. Kong, V. L. Mainardi, C. E. Garciamendez-Mijares, G. G. Martínez, M.
727		Moretti, W. Zhang, Z. Gu, A. M. Ghaemmaghami, Y. S. Zhang, Reversed-engineered
728		human alveolar lung-on-a-chip model. <i>Proc. Natl. Acad. Sci. U. S. A.</i> 118 , e2016146118
729 720	22	(2021). LK Wilt C Vang C X Cu Appelerating Auvetic Matematerial Design with Deen
730	33.	J. K. Wilt, C. Yang, G. X. Gu, Accelerating Auxetic Metamaterial Design with Deep
731	24	Learning. Adv. Eng. Mater. 22, 1901266 (2020).
732	34.	H. Liu, P. Chansoria, P. Delrot, E. Angelidakis, R. Rizzo, D. Ruetsche, L. A. Applegate, D.
733		Loterie, M. Zenobi-Wong, Filamented Light (FLight) Biofabrication of Highly Aligned
734	25	Tissue-engineered Constructs. Adv. Mater., 2204301 (2022).
735	35.	P. Chansoria, K. Schuchard, R. A. Shirwaiker, Process hybridization schemes for
736		multiscale engineered tissue biofabrication. <i>WIREs Nanomedicine and Nanobiotechnology</i>
737	26	(2020), doi:10.1002/wnan.1673. M. Costilha M. da Buiitar S. Bairra C. C. Villatta K. Ita C. C. Wallaca I. Malda
738	36.	M. Castilho, M. de Ruijter, S. Beirne, C. C. Villette, K. Ito, G. G. Wallace, J. Malda,

- Multitechnology Biofabrication: A New Approach for the Manufacturing of Functional
 Tissue Structures? *Trends Biotechnol.* 38 (2020), pp. 1316–1328.
- 37. C. O'Connor, E. Brady, Y. Zheng, E. Moore, K. R. Stevens, Engineering the multiscale complexity of vascular networks. *Nat. Rev. Mater.* 2022 79. 7, 702–716 (2022).
- 38. M. Lee, R. Rizzo, F. Surman, M. Zenobi-Wong, Guiding Lights: Tissue Bioprinting Using
 Photoactivated Materials. *Chem. Rev.* 120 (2020), pp. 10950–11027.
- S. Windecker, A. Latib, E. Kedhi, A. J. Kirtane, D. E. Kandzari, R. Mehran, M. J. Price, A.
 Abizaid, D. I. Simon, S. G. Worthley, A. Zaman, M. Hudec, P. Poliacikova, A. K. bin
 Abdul Ghapar, K. Selvaraj, I. Petrov, D. Mylotte, E. Pinar, R. Moreno, F. Fabbiocchi, S.
- Pasupati, H.-S. Kim, A. Aminian, C. Tie, A. Wlodarczak, S.-H. Hur, S. O. Marx, I.
- Jankovic, S. Brar, L. Bousquette, M. Liu, G. W. Stone, Polymer-based or Polymer-free
 Stents in Patients at High Bleeding Risk. *N. Engl. J. Med.* 382, 1208–1218 (2020).
- 40. A. Dhasmana, A. Singh, S. Rawal, Biomedical grafts for tracheal tissue repairing and
 regeneration "Tracheal tissue engineering: an overview." *J. Tissue Eng. Regen. Med.* 14,
 653–672 (2020).
- R. Rizzo, A. Bonato, P. Chansoria, M. Zenobi-Wong, Macroporous Aligned Hydrogel Microstrands for 3D Cell Guidance. *ACS Biomater. Sci. Eng.* (2022), doi:10.1021/ACSBIOMATERIALS.2C00370.
- F. F. Voigt, D. Kirschenbaum, E. Platonova, S. Pagès, R. A. A. Campbell, R. Kastli, M.
 Schaettin, L. Egolf, A. van der Bourg, P. Bethge, K. Haenraets, N. Frézel, T. Topilko, P.
 Perin, D. Hillier, S. Hildebrand, A. Schueth, A. Roebroeck, B. Roska, E. T. Stoeckli, R.
 Pizzala, N. Renier, H. U. Zeilhofer, T. Karayannis, U. Ziegler, L. Batti, A. Holtmaat, C.
 Lüscher, A. Aguzzi, F. Helmchen, The mesoSPIM initiative: open-source light-sheet
 microscopes for imaging cleared tissue. *Nat. Methods 2019 1611*. 16, 1105–1108 (2019).
- 763764 Acknowledgments

772 773

774

775 776

777

778 779

780 781

782 783

- P.C. acknowledges a Marie Skłodowska Curie postdoctoral fellowship (grant number 101024341). M.Z.W. acknowledges ETH Grant application ETH-38 19-1 and Innosuisse funding application no. 55019.1 IP-ENG for their kind support. D.R. acknowledges Swiss National Science Foundation project grant 205321_179012. The authors further acknowledge the assistance from ETH (ScopeM) imaging facility, and UZH MesoSPIM light sheet microscopy initiative. We thank Hyperganic Group GmbH for providing the free academic license to use their Hyperganic Core software.
 - Author contributions:
 - Conceptualization: P.C., M.Z.W.
 - Methodology: P.C., D.R., A.W., R.R., H.L., P.W., D.D., N.K., M.Z.W.
 - Investigation: P.C., D.R., A.W., R.R., H.L., P.W., N.K.
 - Visualization: P.C., D.R., A.W., N.K.
 - Supervision: M.Z.W., P.C., N.K.
 - Writing—original draft: P.C., D.R., A.W.
 - Writing—review & editing: M.Z.W., P.C.
 - Competing interests: A.W. D.D., and N.K. are employed by Group GmbH.

Data and materials availability: All data are available in the main text or the 784 785 supplementary materials. The source code for the designs and simulations and their graphical user interfaces, as well as instructions on how to run the code and GUIs have been 786 provided in the GitHub repository: https://gitlab.hyperganic.com/hyperganic-787 education/hyperganic-partners/auxetic and perfusable shapes. Academic users 788 can

- contact Hyperganic to obtain login and software access. Other data is available on this
 online repository: <u>https://www.research-collection.ethz.ch/handle/20.500.11850/583621</u>
 (DOI: 10.3929/ethz-b-000583621).
- 792