Larval and adult traits coevolve in response to coastal oceanography to shape

marine dispersal kernels

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Abstract

Dispersal emerges as an outcome of organismal traits and external forcings. However, it remains

unclear how the emergent dispersal kernel evolves as a by-product of selection on the underlying

traits. This question is particularly compelling in coastal marine systems where dispersal is tied

to development and reproduction, and where directional currents bias larval dispersal

downstream causing selection for retention. We modelled the dynamics of a metapopulation

along a finite coastline using an integral projection model and adaptive dynamics to understand

how asymmetric coastal currents influence the evolution of larval (pelagic larval duration) and

adult (spawning frequency) life history traits, which indirectly shape the evolution of marine

dispersal kernels. Selection induced by alongshore currents favors the release of larvae over

multiple time periods, allowing long pelagic larval durations and long-distance dispersal to be

maintained in marine life cycles in situations where they were previously predicted to be selected

against. Two evolutionary stable strategies emerged: one with a long pelagic larval duration and

many spawning events resulting in a dispersal kernel with a larger mean and variance, and

another with a short pelagic larval duration and few spawning events resulting in a dispersal

kernel with a smaller mean and variance. Our theory shows how coastal ocean flows are

important agents of selection that can generate multiple, often co-occurring, evolutionary

outcomes for marine life history traits that affect dispersal.

Introduction

Dispersal has fundamentally important consequences for the demographic and genetic

structure of populations, and how species respond and adapt to changing conditions (Clobert et

al. 2012; Travis et al. 2013). As a result, it is important to understand how dispersal evolves.

Decades of work by theoreticians has focused on dispersal propensity or dispersal distance as the

evolving trait and shown how kin competition, inbreeding, and spatio-temporal variation can

select for dispersal (Starrfelt and Kokko 2012). However, dispersal in nature arises as an

outcome of the biological traits of organisms and external forcings (e.g., wind and water

currents) that both affect movement, fitness, and the final distribution of dispersal distances

(Burgess et al. 2016). Therefore, challenges remain in explaining how dispersal actually evolves

in nature, rather than how it can evolve. That is, there is a need to identify which traits cause

dispersal outcomes, and what factors cause selection on those traits to influence the pattern of

dispersal that emerges and changes through evolutionary processes (Burgess et al. 2016). This

challenge is particularly prevalent in marine systems, where dispersal is tied to early

development in complex life cycles, and traits that influence dispersal outcomes are also traits

that influence development and reproduction (e.g., egg size; Pringle et al. 2014).

In many marine invertebrates and fishes, adults are sessile or demersal, but their

microscopic larval offspring are capable of dispersing great distances in ocean currents

(kilometers to 100's of kilometers in some species), mostly during obligate periods of

development when larvae feed and are incapable of settling (Kinlan and Gaines 2003; Shanks

2009). However, the ease of larval dispersal in ocean currents creates problems for locating

suitable settlement habitat after development. Along many coastlines, the average current is

unidirectional over the timescales that dispersal occurs (Davis 1985). As a result, passive larvae

drift downstream, which results in larvae being constantly washed away from settlement habitat

(Gaylord and Gaines 2000; Largier 2003; Siegel et al. 2003). If there is not enough upstream

retention, downstream dispersal ultimately leads to population extinction (Byers and Pringle

2006). This results in a 'drift-paradox', where adult populations persist despite the threat of a net

downstream loss of larvae (Müller 1982; Speirs and Gurney 2001; Müller 1982; Speirs and

Gurney 2001; Pachepsky et al. 2005; Shanks and Eckert 2005; Byers and Pringle 2006).

Therefore, the ubiquity of alongshore currents in coastal habitats is expected to select for

dispersal traits that increase upstream retention, but may also result in downstream dispersal as a

consequence.

One trait that can influence dispersal and upstream retention is pelagic larval duration

(Grantham et al. 2003; Shanks 2009; Treml et al. 2015; Cecino and Treml 2021). Shorter pelagic

larval durations decrease the risk that passively dispersing larvae are transported and lost

downstream on average (Siegel et al. 2003; Byers and Pringle 2006). Recent analyses

considering the role of ubiquitous alongshore currents in coastal habitats have predicted that

stronger currents should lead to the loss of pelagic larvae from marine life cycles all together

(Pringle et al. 2014), suggesting that species with feeding larvae (planktotrophy) should only be

found where currents are relatively weak. When mean currents are weak relative to the stochastic

variation in current speed and direction, there are potential advantages to longer larval durations

that relate to greater growth and survival in pelagic versus benthic habitats, but not necessarily

for the dispersal they facilitate (Burgess et al. 2016; Meyer et al. 2021a; Iwasa et al. 2022). There

is a large literature on the evolution of marine reproductive strategies based on egg size-number

trade-offs where egg size affects larval development times depending on whether larvae feed or

not (Vance 1973; Strathmann 1985; Emlet et al. 1987; Levitan 2000; Marshall and Keough

2007). This theory predicts that longer larval durations evolve when selection favors the

production of many small offspring that feed for themselves away from adult habitat, but require

longer to feed and develop independently to a size and stage required for settlement back into

adult habitats (Strathmann 1974, 1990; Jackson and Strathmann 1981; Palmer and Strathmann

1981). Therefore, because egg size affects development time, which in turn affects the potential

for upstream retention, ocean currents are expected to strongly modify how marine egg size-

number trade-offs evolve (Reitzel et al. 2004; Shanks and Eckert 2005; Pringle et al. 2014;

Álvarez-Noriega et al. 2020).

Despite most analyses on the causes of marine dispersal focusing on the traits of larvae,

especially larval behaviors (Leis 2006; Morgan 2014), traits that affect dispersal and upstream

retention may also include those of the less mobile adult stages. Parents not only control larval

duration via the effects of egg size, but also the timing, frequency, and, in some cases, location in

which offspring are released into coastal flow fields (Strathmann 1982; Morgan and Christy

1995; Reitzel et al. 2004). In particular, unidirectional alongshore currents often reverse direction

on many coastlines due to wind or seasons. Releasing offspring on multiple occasions can

increase retention by increasing the variability in advection that batches of larvae encounter

among different releases. Accessing greater variability in currents over multiple releases

increases the chance that enough of a parent's lifetime reproductive output occasionally moves

upstream against the average downstream flow compared to releasing only one batch of larvae

(Byers and Pringle 2006). So while larval behaviors can also increase retention (Paris and Cowen

2004; Metaxas and Saunders 2009; Bottesch et al. 2016; Morgan et al. 2021; Burgess et al.

2022), adult traits also control dispersal by when and how often larvae are released into the

current. Small dispersing larval stages and marine life histories are therefore not at the whim of

strong physical forcing. Instead, the physical forcing itself causes selection on life history traits,

and the pattern of dispersal that emerges can evolve (Burgess et al. 2016).

Our goal here was to develop theory that illustrates how coastal oceanographic processes

affect the evolutionary outcome of traits that affect dispersal. Most previous theory has

considered reproductive strategies in the absence of oceanography (Vance 1973; Levitan 2000),

considered dispersal itself as the evolving trait rather than the underlying traits of the individuals

that interact with currents to give rise to dispersal patterns (Shaw et al. 2019), or only focused on

larval traits (Pringle et al. 2014). We use an adaptive dynamics framework to present new theory

showing how asymmetric coastal currents influence the coevolution of pelagic larval duration

and adult spawning frequency in coastal ecosystems. We consider lifetime dispersal kernels as

the dispersal kernel of all larvae released over an individual's lifespan. Our model shows how the

evolutionarily stable combination of pelagic larval duration and spawning frequency changes

with oceanographic conditions and indirectly affects the expectation for marine dispersal kernels.

We show that for many realistic coastal oceanographic conditions, there are two evolutionarily

stable life history strategies: one with a longer pelagic larval duration and higher spawning

frequency and another with a shorter pelagic larval duration and lower spawning frequency,

leading to different expected dispersal kernels under the same flow regime.

Model Description:

We model the dynamics of a metapopulation along a finite coastline using an integral

projection model structured by space and age. The integral projection model framework is quite

general and can be adapted for different assumptions by replacing any of the functions below

with another suitable function.

We study the phenotypic evolution of pelagic larval duration (T_{PLD}) and number of

spawning events per individual parent (N_{spawn}) by analyzing this model with an adaptive

dynamics methodology, which allows for both frequency- and density-dependent dynamics

(McGill and Brown 2007; Rees and Ellner 2016). Adaptive dynamics works by introducing a

mutant with a small change in either T_{PLD} or N_{spawn} into a stabilized population of residents and

calculating the invasion growth rate of its lineage. We determine the evolutionarily stable

phenotypes by iterating this process and finding the phenotypes that cannot be invaded by

mutants with small changes. Trait values that cannot be invaded are referred to as evolutionarily

stable strategies (ESSs), and can be thought of as the endpoint, or outcome, of evolution. All

evolutionarily stable strategies presented in our results were also convergence stable, and were

thus what are referred to as continuously stable strategies (Brännström et al. 2013). In cases

where there were two ESSs, we identified intermediate unstable equilibria by iteratively

changing the initial trait values and then introducing mutants as described above.

In our results, we first discuss the evolution of T_{PLD} and N_{spawn} separately, that is,

assuming one trait evolves while the other trait does not evolve. These analyses provide a useful

understanding of how each trait independently affects each other's evolution given the

oceanographic currents. We then consider a model where both traits coevolve (*i.e.*, affect each

other simultaneously and reciprocally) and determine the evolutionarily stable combinations of

trait values.

The ratio of mean alongshore flow (U) to short timescale fluctuations in currents (σ, that

is, current fluctuations over the timescales captured by U) is a key descriptor of how

oceanographic conditions affect dispersal evolution (Pringle et al. 2014). We will refer to this

ratio as "scaled alongshore flow" and present results of life history evolution for $0 \leq U/\sigma \leq 2$,

which captures a realistic range of oceanographic conditions (Robinson and Brink 2006).

Relationship between pelagic larval duration and fecundity

There is a trade-off between fecundity and egg size (*i.e.*, the more eggs an individual

produces, the smaller each egg is). We model this size-number trade-off by defining the number

of eggs released *f* as the total amount of material contributed to egg production *C* divided by the

egg volume s_{egg}, that is $f = \dfrac{C}{s_{\text{egg}}}$.

There is empirical evidence that egg size affects pelagic larval duration depending on

whether larvae feed or not. For feeding (planktotrophic) larvae, pelagic larval duration decreases

with egg size, especially in echinoderms (Vance 1973; Emlet et al. 1987; Levitan 2000; Marshall

and Keough 2007; Marshall et al. 2018). Here, we focus on feeding larvae because we are

initially interested in explaining how long-distance dispersal is maintained in marine invertebrate

and fish life histories, and to also compare our results to previous models of pelagic larval

duration in coastal oceans (e.g., Pringle et al. 2014). However, future studies should consider

non-feeding larvae, which generally have shorter pelagic larval durations, or other traits that

affect larval duration.

We model the negative relationship between the pelagic larval duration and egg size

following Pringle et al. (2014) such that

$T_{\text{PLD}} = \dfrac{1}{g}\ln\left(\dfrac{s_{\text{crit}}}{s_{\text{egg}}}\right)$ (eq. 1),

which can be rearranged as

$s_{\text{egg}} = \dfrac{s_{\text{crit}}}{\exp\left(g T_{\text{PLD}}\right)}$ (eq. 2),

where T_{PLD} is pelagic larval duration, g is the rate at which larvae gain mass during feeding, and

s_{crit} is critical size that the egg must reach to settle. A given increase in egg size for smaller eggs

reduces T_{PLD} more than the same increase in egg size for larger eggs.

Larval mortality

We assume that the probability of larvae surviving through the pelagic stage decreases

with pelagic larval duration and increases with egg size, such that it is given by

$$\exp\left[-\frac{mT_{PLD}}{s_{egg}}\right], \qquad \text{(eq. 3)}$$

where m is the baseline daily larval mortality rate. The survival benefits of larger eggs can arise

from larger larvae acquiring more energy, using proportionally less energy, or being less

susceptible to predation (Marshall et al. 2018). More generally, equation (3) can be treated as a

heuristic assumption that leads to a hump-shaped relationship between egg size and number of

larvae that survive the pelagic phase. Such a relationship is an important concept in the marine

life history literature because it allows for an optimal intermediate egg size, depending on the

parameter values (Smith and Fretwell 1974; Levitan 2000).

Given equation 3 and the egg size-number tradeoff above, the number of larvae that

survive the pelagic phase is

$$f = \frac{C}{s_{egg}}\exp\left[-\frac{mT_{PLD}}{s_{egg}}\right] \qquad \text{(eq. 4),}$$

(Figure 1A shows eq. [4]). We only consider scenarios where larval growth rate is greater than

the larval mortality rate ($g\text{-}m > 0$), because otherwise there is always selection for no pelagic

larval stage and this has been explored previously (Pringle et al. 2014; Iwasa et al. 2022).

Relationship between pelagic larval duration and the dispersal kernel

Dispersal is dependent on mean alongshore flow (U), the standard deviation in

alongshore flow (σ), the Lagrangian decorrelation timescale (τ), and pelagic larval duration

(T_{PLD}). Siegel et al. (2003) show the mean dispersal distance (advection) is

$L_{\mathrm{adv}} = U T_{\mathrm{PLD}}$,

and the standard deviation in dispersal distance (diffusion) is

$L_{\mathrm{diff}} = \left(\sigma^2 \tau T_{\mathrm{PLD}} \right)^{0.5}$.

The term $\sigma^2 \tau$ is known as the eddy diffusion coefficient (Siegel et al. 2003). Based on basic

oceanographic principles, a Gaussian dispersal kernel is used for passively dispersed larvae

(Largier 2003). Thus, the probability density function describing the dispersal from location x to

y (the dispersal kernel) is given by

$$k(y,x) = \left(\frac{1}{L_{\mathrm{diff}} \sqrt{2\pi}} \right) \exp\left(\frac{\left(y - \left(x + L_{\mathrm{adv}} \right) \right)^2}{L_{\mathrm{diff}}^2} \right). \qquad \text{(eq. 5)}$$

For a discussion of the sensitivity of upstream retention and selection on long pelagic larval

durations to non-Gaussian dispersal kernels see (Pringle et al. 2009, 2014).

Recruitment competition

We assume that larvae can only settle at a site if there is an available microsite (e.g.,

space on a rock) and that there are only K microsites available at each site. Larvae have lottery

competition for microsites (Chesson and Warner 1981; Warner and Chesson 1985). That is, the

number of lineage i (mutant or resident) larvae that successfully settle is proportional to the

relative frequency of that lineage among larvae arriving at the site. Therefore, the expected

number of lineage i individuals that establish themselves at site x is given by

$r(n_{ix}) = \mu \dfrac{n_{ix}}{n_{ix} + n_{jx}}$,   (eq. 6)

where n_{ix} is number of lineage i larvae arriving at site x and μ is the number of unoccupied

microsites, which is given by K minus the total number of adults that died the previous time step.

Post-settlement dynamics

After settlement, individuals live for up to N_{spawn} time steps and release larvae each time

step. The probability of post-settlement individuals surviving to the next time step is given by the

function $s(a)$, where a is age. $s(a)$ can be any age-dependent mortality function, but we will

assume that all post-settlement individuals have the same mortality rate A_m until reaching age

N_{spawn}, at which point they all die. For all presented results we divide the annual amount of

material contributed to egg production C by N_{spawn} such that lifetime investment in egg

production is fixed if there is no adult mortality (e.g., individuals could either produce 100 eggs

ten separate times, produce 1000 eggs all during one spawning event, or anywhere along this

range). We make this assumption because we are interested in the specific effects of spawning

frequency *per se* and this assumption controls for the increased lifetime fecundity that might

accrue with increased spawning frequency, or the amount of material contributed to egg

production C that might increase as adults grow (Marshall et al. 2022). For comparison, we also

ran analyses in which we allowed lifetime fecundity to increase with increased spawning

frequency (*i.e.*, C was the same for all spawning events regardless of N_{spawn}). In these analyses,

N_{spawn} always evolved to the maximum possible value because there were only benefits to

increasing N_{spawn}. T_{PLD} evolved as it would independently if N_{spawn} was fixed at that maximum

value (Figure A1). Future studies could consider additional complexities that emerge from

specific relationships between spawning frequency and fecundity.

Temporal fluctuations in alongshore flow

We investigate the effect of variation in alongshore flow rates that takes place on time

scales equivalent to spawning frequency. For simplicity we will refer to these fluctuations as

interannual variation in flow, which is accurate if time steps in our model are treated as years.

However, the time steps can be treated as any unit of time longer than the Lagrangian

decorrelation timescale (which we set to 4 days, Davis 1985), and "interannual" fluctuations can

be interpreted as among time step fluctuations.

Interannual fluctuations in flow rates do not affect an individual's lifetime dispersal

kernel if they only spawn once, but when $N_{spawn}>1$, we incorporate such interannual variation in

flow rates into our model by replacing diffusion (L_{diff}) with an estimate for the standard

deviation of larval dispersal distance for all larvae released over the lifetime of an adult, $L_{diffeffect}$,

which was developed by Byers and Pringle (2006)

$$L_{diffeffect}=\sqrt{\left(L_{diff}^2+\left(1-\frac{1}{E[spawn]}\right)\sigma_{L_{adv}}^2\right)},$$ (equation 7)

Where $\sigma_{L_{adv}}$ is the interannual standard deviation in L_{adv} and $E[spawn]=\sum_{i=2}^{N_{spawn}}\left(1-A_m\right)^{i-1}$ is

an individual's expected number of spawning events. Given our equation for L_{adv} above, $\sigma_{L_{adv}}$ is

$\sigma_{IA}T_{PLD}$, where σ_{IA}^2 is the interannual variation in mean flow rates U. Note that, if $\sigma_{IA}>0$ and

$N_{spawn}>1$, then $L_{diffeffect}>L_{diff}$. We checked the robustness of using this estimation of $L_{diffeffect}$

using the direct stochastic simulation methods described in the Appendix.

Integral projection model

Metapopulation dynamics are given by the set of coupled equations

$$267 \quad N_0(y, t+1) = r\left(\sum_{a=0}^{N_{spawn}} \int_0^L f\, k(y, x)\, N_a(x, t)\, dx\right) \quad \text{(eq. 8)}$$

$$268 \quad N_a(y, t+1) = s(a)\, N_{a-1}(x, t). \quad \text{(eq. 9)}$$

$N_0(y, t+1)$ is the number of larvae (age 0) individuals that settle at site y in timestep $t + 1$. $N_a(y, t)$

is the number of age a individuals at site y at timestep t. f is the number of larvae that survive the

pelagic phase (eq [4]), $k(y,x)$ is the dispersal kernel (eq [5]). $s(a)$ gives the probability of age a

individuals surviving to age $a+1$. L is the length of the coastline. If necessary for the study

system, equations [8–9] can be adapted such that mortality rate, fecundity, and larvae size can

vary with age.

Calculating invasion fitness

Invasion fitness λ is calculated as the initial growth rate of a mutant lineage introduced

into, and competing with, a stabilized resident metapopulation. As long as the resident

population's local retention is positive, the resident population will fill all microsites along the

coast. Therefore, the long-term stable resident distribution is K at all sites. The stable age

distribution of residents is then given by (Dewi and Chesson 2003)

$$282 \quad N_{ar} = \frac{l_{ar}}{\displaystyle\sum_{a=1}^{N_{spawn}} l_{ar}}$$

283 where l_{ar} is the probability of surviving to age a. We can then rewrite the recruitment function

284 (eq. 6) as

$$285 \quad r(n_{mx}) = \frac{\left(\displaystyle\sum_{a=1}^{a_{max}} s(a)\, N_{ar} K\right) n_{mx}}{\displaystyle\sum_{a=1}^{a_{max}} \int_0^L f(a)\, k(y, x)\, N_{ar} K\, dx}. \quad \text{(eq. 10)}$$

Note that the number of unoccupied sites μ is now given by the sum of age-specific adult

mortality rates $s(a)$ multiplied by the stabilized number of resident adults in that age class $N_{ar}K$.

Also, the denominator no longer includes mutants because invader density is by definition very

low and can therefore be assumed to not affect density dependence. In essence, this is now a

density-independent model where the resident metapopulation distribution is treated like an

environmental factor affecting recruitment and growth of the mutant population.

Following Ellner and Rees (2006), we calculate invasion growth rates by numerically

evaluating our model, with space discretized using the midpoint rule. Details of this protocol are

included in the Appendix. We checked the robustness of our assumption that the resident

population is stationary and our estimate of $L_{\text{diffeffect}}$ by comparing our results to stochastic

simulations which tracked the population dynamics of residents and stochastically varied flow

rates. These simulations confirmed the key patterns of selection seen in our deterministic model

(details in the Appendix). We focus our analysis on the deterministic model, however, because

results of the stochastic model are dependent on specific assumptions about how stochasticity

and density dependence are implemented, and while important processes could emerge from the

stochasticity, the goal of this paper is to make general conclusions about the evolution of T_{PLD}

and N_{spawn} in coastal systems.

Default parameter choices

We evaluated values of U, σ, σ_{IA}^2, and τ that matched realistic ranges of coastal

oceanographic conditions (Davis 1985; Lumpkin and Garraffo 2005; Byers and Pringle 2006;

Robinson and Brink 2006). The optimum egg size (and thus pelagic larval duration) with no

dispersal is determined by the values of S_{crit}, g, and m (eq. [4]). S_{crit} and g were set to be

comparable with Levitan (2000) and Pringle *et al.* (2014), and *m* was adjusted accordingly to

give an optimal pelagic larval duration with no dispersal around 40 days so that evolutionary

stable pelagic larval durations would be within realistic ranges for benthic marine organisms

(Shanks et al. 2003; Shanks 2009). Coastline length was set to 100 kilometers. Parameter choices

for the number of microsites *K* and total amount of material contributed to egg production *C* did

not affect evolutionary outcomes and were arbitrary set to give reasonable numbers of larvae.

The sensitivity of results to parameter values is presented in the results.

Results

Evolution of pelagic larval duration (T_{PLD})

No mean alongshore flow

Without ocean currents (*i.e.*, $U=0$ and $\sigma=0$), there is only one pelagic larval duration

(T_{PLD}) that is an evolutionarily stable strategy (ESS) and it occurs at the T_{PLD} which maximizes

the total number of larvae that survive the pelagic phase (Figure 1). This result recovers classic

results from previous models without oceanography (Smith and Fretwell 1974; Levitan 2000).

If there are short timescale fluctuations in flow, but still no mean alongshore flow (*i.e.*

$U=0$ and $\sigma>0$), the ESS T_{PLD} will slightly decrease from the optimum shown in figure 1A (Figure

2 when scaled alongshore flow is 0). The slight decrease occurs because our model assumes

there is a limited range of habitable coastline and a higher T_{PLD} leads to more individuals

dispersing away from the source location and thus being lost off the upstream or downstream

edge of the habitable range. However, this effect is small. Given our baseline parameter values,

the ESS T_{PLD} never decreased more than 3 days even given the highest values of σ we would

expect to see in nature.

Effects of scaled alongshore flow on the evolution of pelagic larval duration

As the mean alongshore flow (U) current increases, relative to short timescale

fluctuations in currents (σ), which we refer to as "scaled alongshore flow", there is selection for

decreased T_{PLD} (Figure 2). For small to moderate values of scaled alongshore flow ($\lessgtr 1$), there is

only one evolutionary stable T_{PLD}, the value of which is relatively high but decreases as scaled

alongshore flow increases for a given number of spawning events. For high values of scaled

alongshore flow ($\gtrless 1$), there are two evolutionary stable T_{PLD} values, one of which is at the

minimum possible T_{PLD} (we set this minimum $T_{\text{PLD}} = \tau$). The two ESSs are separated by an

unstable equilibrium (indicated by the dashed lines in Figure 2 for each N_{spawn}). If the population

with a given N_{spawn} begins with a T_{PLD} below this unstable equilibrium, evolution by a series of

small mutations will lead the population to the lower evolutionary stable T_{PLD}. Alternatively, if

the population begins with a T_{PLD} above this unstable equilibrium, evolution by a series of small

mutations will lead the population to the higher evolutionary stable T_{PLD}. Figure 3 shows

pairwise invasibility plots for examples when there is one ESS or two ESSs for T_{PLD}.

These general results presented as evolutionary stable strategies for semelparous

organisms are qualitatively similar to what Pringle et al (2014) showed in terms of selection

coefficients in non-overlapping generations. There is selection for the pelagic larval durations

that lead to the most larvae at or upstream of the source location (Pringle et al. 2014). With low

scaled alongshore flow, enough local retention occurs with both short and long T_{PLD}, but a longer

T_{PLD} maximizes fecundity because it is associated with the production of smaller, more numerous

eggs. In contrast, with high scaled alongshore flow, a long T_{PLD} results in insufficient local

retention to offset the losses of larvae downstream. As a result, upstream retention is greatest

with a short T_{PLD} because it minimizes downstream dispersal. However, unlike Pringle et al.

(2014) we show a continuous decline in ESS T_{PLD} as scaled alongshore flow increases up until

the ESS T_{PLD} reaches the minimum value. In other words, for any given scaled alongshore flow

below a certain strength (~1.0 in with our parameters), there is a unique ESS T_{PLD} (Figure 2).

This differs from the results of Pringle et al. (2014) which only predicted two possible

evolutionary stable pelagic larval durations: the maximum possible value and the minimum

possible value.

Effects of the number of spawning events on the evolution of pelagic larval duration

The number of spawning events (N_{spawn}) changes the pelagic larval duration that is

evolutionarily stable under a given flow regime. Spawning more often allows longer pelagic

larval durations to remain evolutionarily stable for higher mean scaled alongshore flows (Figure

2). For instance, consider a mean scaled alongshore flow of 1.5 in Figure 2B. If $N_{spawn}=1$, the

only ESS T_{PLD} is at 4 days (the minimum T_{PLD}), but if $N_{spawn}=8$, a T_{PLD} of 33.5 days is

evolutionarily stable as well as T_{PLD} of 4 days. As interannual variation in mean flow rates

increases ($\sigma_{IA} > 0$), increasing N_{spawn} allows for higher ESS values of T_{PLD}. Increasing N_{spawn}

increases the range of scaled alongshore flow rates where there are two ESS T_{PLD} values because

spawning on multiple occasions has a smaller effect on the lower evolutionarily stable pelagic

larval duration than then upper one (Figure 2).

The reasons why longer pelagic larval durations become evolutionarily stable when

spawning is more frequent can be understood in terms of what Byers and Pringle (2006) showed

for population persistence. Larvae released in different years are exposed to different mean

alongshore current speeds and directions. Parents that release larvae in multiple years have

greater dispersion in their lifetime dispersal kernels (the dispersal kernel of all larvae released

over an individual's lifespan). Increased dispersion allows parents to retain more larvae at or

upstream of their spawning location without necessarily increasing fecundity. However, longer

pelagic larval durations both increase dispersion and increase fecundity. Therefore, in our

adaptive dynamics framework, spawning more frequently (increasing dispersion and upstream

retention), together with the effect of longer pelagic larval durations (increasing dispersion and

fecundity), allows longer T_{PLD} to become evolutionarily stable in addition to short pelagic larval

durations. In contrast, short pelagic larval durations are the only evolutionarily stable strategy in

non-overlapping generations with high scaled alongshore flow.

Evolution of the number of spawning events (N_{spawn})

Larger interannual fluctuations typically lead to greater evolutionarily stable numbers of

spawning events (Figure 4, but see Figure A2B for a counter example). In addition, longer

pelagic larval durations and greater scaled alongshore flow speeds also lead to greater

evolutionarily stable numbers of spawning events (Figure 4). At low scaled alongshore flow, the

evolutionarily stable number of spawning events is always 1 because increasing N_{spawn} increases

the diffusion experienced over the lifetime on an individual (increasing $L_{diffeffect}$ when $\sigma_{IA}>0$), and

increases the number of offspring dispersing away from the source location which reduces local

growth rates. As scaled alongshore flow increases however, the evolutionarily stable number of

spawning events increases to offset the increased loss of larvae downstream, and it increases

quicker with longer pelagic larval durations (Figure 4). Longer pelagic larval durations lead to

greater downstream losses, more so as scaled alongshore flow increases. Therefore, more

frequent spawning evolves to increase retention and offset the downstream losses from

increasingly longer pelagic larval durations.

401   **Coevolution of pelagic larval duration and the number of spawning events**

402   When pelagic larval duration and the number of spawning events coevolve, three insights

403   emerge (Figure 5). First, when scaled alongshore flow is low, a unique long pelagic larval

404   duration and a unique small number of spawning events are evolutionarily stable, and are similar

405   to when they evolve independently. Second, when scaled alongshore flow is high, a unique short

406   pelagic larval duration and a unique large number of spawning events are evolutionarily stable,

407   also similar to when they evolve independently. Third, and in contrast to outcomes when each

408   trait evolves independently, at intermediate scaled alongshore flows, two combinations of

409   pelagic larval duration and number of spawning events are evolutionarily stable: one with a long

410   pelagic larval duration and many spawning events, and another with a short pelagic larval

411   duration and few spawning events (Figure 5). In particular, two evolutionarily stable numbers of

412   spawning events at higher scaled alongshore flow were not predicted when considering the

413   evolution of the number of spawning events in isolation (Figure 4). With greater degrees of

414   interannual variation, there is a greater range of scaled alongshore flow values that lead to two

415   evolutionarily stable combinations of pelagic larval duration and number of spawning events.

416   The initial trait values determine whether the traits evolve to the upper of lower ESSs (Figure

417   A4)

418   An outcome of coevolution at low scaled alongshore flow values is that the evolutionarily

419   stable pelagic larval duration does not always decrease monotonically with increased scaled

420   alongshore flow as it does when pelagic larval duration evolves independently (compare Figure 2

421   to Figure 5A–B). The ESS T_{PLD} can increase with an increased scaled alongshore flow (e.g.,

422   scaled advection ~0.5–0.7 in Figure 5A) when selection favors in increase in spawning

423   frequency, which then allows a higher pelagic larval duration to be stable in that current (Figure

4). Likewise, when selection for decreased pelagic larval duration with increased scaled

alongshore flow outweighs selection for increased spawning frequency, the ESS N_{spawn} can

decrease with increased flow rates (Figure 5A–B).

At intermediate values of scaled alongshore flow where two combinations of pelagic

larval duration and number of spawning events are evolutionarily stable, the evolution of

spawning events effects the maximum value of scaled alongshore flow where the upper ESS

combination is stable. As seen in Figure 2, if only T_{PLD} evolves, the upper ESS remains stable

with higher scaled alongshore flow if there is a higher value of N_{spawn}. Therefore, if there is a

higher ESS N_{spawn} for a given scaled alongshore flow in the coevolutionary model, the upper ESS

N_{spawn} values remain stable with more scaled alongshore flow. In contrast, the evolution of

spawning frequency has little effect on pelagic larval duration in the lower ESS combination.

The lower ESS T_{PLD} is always the minimum possible value and thus the lower ESS N_{spawn} evolves

how it does when it evolved independently with a T_{PLD} fixed at this value (Figure 4). At the

highest values of scaled alongshore flow, the upper ESS combination is no longer stable and only

the lower combination of traits remains.

Sensitivity to parameter values

The qualitative effects of changes in scaled alongshore flow on life history and dispersal

evolution are robust to changes of parameter values in our model. Increasing adult mortality rate

(A_m) hampers selection to increase spawning frequency (Figure A5) because higher adult

mortality rate discounts the benefits of successive spawning in terms of increasing the standard

deviation of dispersal distance, and also results in reduced lifetime fecundity because individuals

might die between spawning events. As a result, adult mortality can lead to lower ESS pelagic

larval durations in situations where a higher ESS T_{PLD} value is only evolutionarily stable when

there is a high spawning frequency (Figure A5). Moreover, increasing A_m also selects for shorter

pelagic larval durations by reducing recruitment competition (because fewer individuals survive

to reproduce) and thus decreasing the benefit of high fecundity, as well as by decreasing the

width of the lifetime dispersal kernel. Taken together, the effects of adult mortality can lead to

seemingly counterintuitive patterns of T_{PLD} evolution. For example, in Figure A5B, the ESS T_{PLD}

decreases dramatically as scaled alongshore flow increases from low to intermediate rates,

because high adult mortality selects against increasing N_{spawn} which would allow for higher ESS

T_{PLD} values without adult mortality. However, as scaled alongshore flow increases further,

selection for upstream retention becomes strong enough that the benefits of a larger lifetime

dispersal kernel that come with increased N_{spawn} outweigh the fecundity cost. Therefore, there is

a higher ESS N_{spawn}, which allows the ESS T_{PLD} to dramatically increase (Figure A5B). Finally,

with very high scaled alongshore flow, the higher ESS T_{PLD} can no longer be maintained even

with a high N_{spawn} value and thus ESS T_{PLD} once again rapidly declines.

Increasing larval growth rate (g) or mortality rate (m) lowers the ESS T_{PLD} and shifts the

range of scaled alongshore flow that leads to two evolutionarily stable life history strategies to

higher values (Figure A6 and A7). Both of these effects occur because increasing either larval

growth rate or mortality rate decreases the T_{PLD} that maximizes fecundity (eq. [4]). Changing

coastline length had little effect on the coevolutionary outcomes of our model (Figure A8) and

changing the number of available subsites K or total parental investment in offspring C had no

effect on our results.

Effects of coevolution of pelagic larval duration and the number of spawning events on lifetime

dispersal kernels

The theory presented here shows how three key aspects of coastal oceanographic regimes

(mean alongshore currents U, short-term stochasticity in currents σ, and interannual variation in

mean alongshore currents σ_{IA}) select on both larval and adult traits to increase upstream retention

and alter the expected mean and spread of lifetime dispersal kernels.

When scaled alongshore flow is low so the potential for movement is low, organisms

evolve a long pelagic larval duration and a single spawning release, which results in a high

fecundity and dispersal kernels with a mean shifted downstream and high variance (e.g., Figure

5C). When scaled alongshore flow is high so the potential for movement is high, organisms

evolve short pelagic larval durations and fewer spawning events, which results in a low fecundity

and evolutionarily stable dispersal kernels with a low downstream mean and low variance (*e.g.*,

orange distribution in Figure 5D). However, when interannual variation in mean alongshore

currents is high, a second dispersal kernel with a mean distance shifted downstream and a much

higher spread in dispersal distances is also evolutionarily stable (*e.g.*, red distribution in Figure

5D). This second dispersal kernel is the result of selection for a long pelagic larval duration

(which selects for small eggs sizes and thus high fecundity, eq. [2]) and high spawning

frequency, which is just another way to counter the downstream losses of larvae, but results in

much greater mean and variance in dispersal distances as a consequence.

Discussion

We sought to understand how coastal oceanographic processes affect the evolution of

marine life history traits and how that could indirectly affect the expected distribution of marine

dispersal distances. Along most coastlines, there is usually a dominant water flow direction that

biases larval dispersal downstream, and stochastic events during dispersal (like eddies and

weather), as well as seasonal and yearly changes in mean flow speed and direction, that slow or

reverse currents allowing occasional upstream retention (Largier 2003; Lumpkin and Garraffo

2005; Shanks and Eckert 2005). These common features of coastal environments act as agents of

selection on marine life history traits that affect dispersal and larval development, and could

potentially explain the evolution of dispersal without invoking the traditional causes of

inbreeding, kin competition, and environmental variability. The new and key results emerging

from our theory are especially relevant on coastlines with relatively high mean flow rates and

high interannual variation in flow rates (Largier 2003; Lumpkin and Garraffo 2005). First,

selection induced by coastal oceanography favors the release of larvae over multiple time

periods, rather than all at once. Releasing larvae on multiple occasions allows individuals to

avoid extinction from net downstream larval loss by increasing the variance in their lifetime

dispersal kernel. Doing so reduces the fitness costs of long pelagic larval durations predicted in

Pringle et al (2013). Costs are reduced by offsetting downstream losses under strong currents,

allowing long pelagic larval durations to be maintained in marine life cycles if it allows

individuals to access greater fecundity through reduced parental investment per offspring.

Second, while pelagic larval duration and the number of spawning events both affect dispersal,

the evolution of the number of spawning events affects the evolution of pelagic larval duration,

and vice versa. Such coevolution between larval and adult traits changes how currents affect the

evolution of each trait separately and the expected dispersal distances that evolve in a given

current regime. Third, the same current regime can give rise to populations with quite different

evolutionarily stable pelagic larval durations and spawning frequencies. Finally, the evolution of

quite different pelagic larval durations and spawning frequency gives rise to dispersal kernels

with very different means and variances in dispersal distances. Our model is structured in such a

way that it can be parameterized with data to explore specific situations. The main implication of

our findings is that coastal ocean flows are important agents of selection that can generate

multiple, often co-occurring, evolutionary outcomes for marine life history traits that affect

dispersal.

Our findings offer a new explanation for the disconnect between the diversity of pelagic

larval durations and spawning frequencies found co-occurring in nature and the predictions from

classic marine life history theory that species should produce either many small eggs or few large

eggs (Vance 1973), or a single intermediate optimal egg sizes depending on larval growth and

mortality rates (e.g., Levitan 2000). A given combination of larval growth and mortality rates can

lead to a range of evolutionarily stable life history strategies depending on the oceanographic

conditions during the time in which larvae are released. Our adaptive dynamics approach allows

us to identify oceanographic conditions where two different life history strategies are

evolutionarily stable, and which one evolves depends on a population's evolutionary starting

point. For instance, closely related species might evolve very different pelagic larval durations

(and thus different egg sizes) and spawning frequencies if they live on coastlines with different

currents, or spawn at different times of the year with different currents. Moreover, even on the

same section of coast, similar species could evolve dramatically different pelagic larval durations

and spawning frequencies simply because of their different evolutionary histories (although the

coexistence of these two species would require niche differences if there are no fitness

differences). Combining these effects with among-species differences in larval growth rates,

larval mortality rates, adult mortality rates, and other parameters, all of which lead to different

evolutionarily stable life histories, it becomes clearer how a diversity of life histories can be seen

in nature on any given stretch of coastline.

By showing how dispersal kernels can be shaped by the coevolution of larval and adult

traits, our results imply that considering either larval or adult traits in isolation might produce

incorrect predictions about how life history traits and dispersal kernels evolve. Previous marine

dispersal theory has either modeled the dispersal kernel inherently as an unconstrained trait

responding to habitat heterogeneity (Shaw et al. 2019) or only modeled selection on larval traits

(Pringle et al. 2014). Byers and Pringle (2006) showed that spawning over multiple time periods

could increase population persistence and spread through upstream retention but did not consider

the evolution of either pelagic larval duration or spawning frequency. Shanks and Eckert (2005)

compiled data on nearshore and shelf/slope fishes and crustaceans and made the case that both

adult traits (e.g., longevity, the number of broods per year) and larval traits (e.g., pelagic larval

durations) have evolved to exploit eddies and counter-currents to aid in larval retention. Our

theory provides a framework to understand how selection for larval retention influences the

evolution of both larval and adult traits.

In the presented form, our model makes qualitive predictions about the evolution of

marine life histories for a board range of realistic parameters, but its integral projection model

structure makes it easily adaptable to match specific systems. When populations are structured in

multiple dimensions (e.g., space and age), integral projection models typically require the

estimation of many fewer parameters than an equivalent matrix population model (Ellner and

Rees 2006). Empirical estimates of the parameters in our model could be used to give specific

predictions about evolutionary outcomes in specific situations. Perhaps more usefully, however,

any of the functions that give transition probabilities between stages could also be replaced with

empirically estimated relationships. For instance, we assume a specific relationship between egg

size and the probability of surviving the pelagic larval stage (eq. 1–3). Researchers interested in a

specific species could instead estimate this relationship by collecting data and fitting a statistical

model, such as (Graham et al. 2008; Connolly and Baird 2010; Moneghetti et al. 2019). This new

estimated function could then replace equation 3 and thus f in equation 8. However, it is

important to note, that when applying our model to real systems, researchers should take care to

estimate oceanographic statistics on a spatiotemporal scale relevant to their study species

(Largier 2003). For instance, the annual mean alongshore flow rate might be an inappropriate

measure for predicting life history evolution of a species that only spawns in April each year.

Many of the qualitative predictions from our model match empirical patterns. For

instance, the prediction that there should be shorter pelagic larval durations with stronger scaled

alongshore flow is supported by evidence that the proportion of marine invertebrate species with

planktotrophic larvae decreases with scaled alongshore flow rate (Marshall et al. 2012; Pringle et

al. 2014; Álvarez-Noriega et al. 2020). Our model's prediction that, for many different

oceanographic conditions, there are two different evolutionary stable pelagic larval durations

(one long and one short) is consistent with previous data compilations that pelagic larval

durations are bimodally distributed among benthic marine species, with dispersal distances <1km

or >~20km (Shanks et al. 2003; Shanks 2009). While the dispersal distances <1km in these

datasets include short-lived, non-feeding larvae, they also include longer-lived feeding larvae,

and our model predicts that bimodality can emerge even if all species have feeding larvae. Data

from the fishes and crustaceans off the coast of California also support our predictions that

species will have longer pelagic larval durations with greater short-time scale fluctuations in

alongshore flow and higher spawning frequencies with greater inter-spawning-event variation in

alongshore flow (Shanks and Eckert 2005). Shanks and Eckert (2005) also found a positive

correlation between maximum age and pelagic larval duration, which matches our

coevolutionary predictions if living longer equates to more spawning events. Empirical studies

also emphasize a factor not included in our model, the timing of spawning (e.g., Morgan and

Christy 1995; Reitzel et al. 2004; Shanks and Eckert 2005), which affects the scaled alongshore

flow and interannual variation experienced, finding that a disproportionate number of species

have evolved to spawn during seasons with relatively low alongshore flow rates or across months

when currents reverse directions (Shanks and Eckert 2005; Byers and Pringle 2006). Other

factors not included in our model are cross-shore currents and larval swimming behavior which

could interact to affect the realized scaled alongshore flow (Largier 2003; Meyer et al. 2021a;

Morgan et al. 2021). In addition, our model assumes that pelagic larval duration and the number

of spawning events are genetically independent traits. While there is some evidence for genetic

correlations in larval and adults traits in marine organisms (e.g., Levin et al. 1991; Miles and

Wayne 2009; Ciosi et al. 2011), and robust theory for how such correlations are expected to

influence evolutionary trajectories and rate of adaptation (e.g., Marshall and Connallon 2023),

their long term effect on the outcome of evolution, which our model focuses on, remains less

clear (Gomulkiewicz and Houle 2009; Hansen et al. 2023). However, like all simplifications of

complex phenomena, our model serves the purpose of re-orientating and focusing empirical

research, and learning why observations match or do not match model predictions. In particular,

it provides predictions of the parameter space where larval behaviors would have greater or less

impact and how they could possibly substitute for the role of pelagic larval duration or spawning

frequency.

In the future, our model could be extended to include other concepts from the marine

dispersal literature such as non-Gaussian dispersal kernels (Pringle et al. 2009; Chiswell 2012;

Stover et al. 2014), non-feeding larvae (Marshall and Bolton 2007; Marshall and Keough 2007),

swimming behavior (Meyer et al. 2021*a*; Burgess et al. 2022), or spatial heterogeneity in habitat

availability or quality (Baskett et al. 2007; Meyer et al. 2021*b*). We expect that incorporating the

evolution of additional traits such as timing of spawning or larval swimming behavior into our

model would allow longer pelagic larval durations to be evolutionarily stable on coastlines with

strong directional currents because such traits typically function to increase upstream retention

(Paris and Cowen 2004; Bottesch et al. 2016; Morgan et al. 2021; Burgess et al. 2022). Existing

dispersal theory predicts that increased spatial heterogeneity, kin selection, and inbreeding

depression select for increased dispersal (Clobert et al. 2012), however, researchers have not yet

evaluated how these factors will interact with the life history trade-offs and oceanographic

effects that are central to our results. Ultimately, a comprehensive theory of dispersal evolution,

applicable to both terrestrial and marine organisms, will integrate the ideas discussed here that

focus on the evolution of traits that give rise to dispersal outcomes with key factors in dispersal

evolution theory that directly cause selection on dispersal outcomes (e.g., variation in local

conditions, kin selection, and inbreeding depression; Clobert et al. 2012).

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793

Figure Captions

Figure 1. Evolution of pelagic larval duration (T_{PLD}) without considering oceanography. Panel

A: total number of larvae that survive the pelagic phase (*f*) as a function of pelagic larval

duration given by equation 4. Dashed vertical line denotes the optimal pelagic larval duration that

gives the maximum number of surviving larvae. Panel B: pairwise invasibility plot. Pairwise

invasibility plots are a way of visualizing which mutant populations can invade which resident

populations. Evolutionarily stable strategies occur at resident trait values that cannot be invaded

by small mutations. In panel B, invasion fitness of the mutant is greater than 1 in the white areas

and less than 1 in the grey areas. The black line denotes the 1:1 line where the invasion fitness of

the mutant is 1. Note that there is only one evolutionary stable pelagic larval duration and it

occurs at the value that maximizes the number of surviving larvae. Parameters: $\tau=4$, C=0.1,

$s_{crit}=0.0103$, $g = 0.16$, $m =5\times10^{-7}$, $A_m=0.1$.

Figure 2. Effect of scaled alongshore flow and the number of spawning events (N_{spawn}) on the evolutionary stable pelagic larval duration (T_{PLD}). Panel A shows results when the standard deviation of interannual mean flow rates is σ_{IA}=0.012 (meters/second) and panel B shows results for when σ_{IA}=0.035 (meters/second). Solid lines denote evolutionary stable values of T_{PLD} while dashed lines denote unstable equilibrium values of T_{PLD}. Different colors denote different numbers of spawning events (N_{spawn}) as indicated in the figure legend. Parameters: σ=8000 (meters/day), τ=4, C=0.1, s_{crit}=0.0103, $g = 0.16$, m =5×10⁻⁷, A_m=0.1, K=200, length of coastline = 100 kilometers, minimum value of T_{PLD} was set to τ.

Figure 3. Example pairwise invasibility plots for when there is one ESS (left panel) or two ESSs

(right panel). Invasion fitness of the mutant is greater than 1 in the white areas and less than 1 in

the grey areas. The black line denotes the 1:1 line where the invasion fitness of the mutant is 1.0.

In both plots, $N_{spawn} = 2$ and all parameters are the same as in figure 2B.

Figure 4. Effect of scaled alongshore flow and pelagic larval duration (T_{PLD}) on the

evolutionarily stable number of spawning events (N_{spawn}) when there is adult mortality A_m=0.1.

Panel A shows results when the standard deviation of interannual mean flow rates σ_{IA}=0.012

meters/second and panel B shows results for when σ_{IA}=0.035 meters/second. Different colors

denote different pelagic larval durations as indicated in the figure legend. All other parameters

are the same as in figure 2.

Figure 5. Coevolution of pelagic larval duration (T_{PLD}) and number of spawning events (N_{spawn}). Top panels show the evolutionarily stable values of T_{PLD} (black lines) and N_{spawn} (blue lines) for different degrees of scaled alongshore flow with a low standard deviation of interannual mean flow rates (A; σ_{IA}=0.012 meters/second) or high standard deviation of interannual mean flow rates (B; σ_{IA}=0.035 meters/second). Lines denoted with the same color circles are evolutionarily stable together. Note that at intermediate values of scaled alongshore flow there are two combinations of T_{PLD} and N_{spawn} that are evolutionarily stable: one where both T_{PLD} and N_{spawn} are

at high values and where they are both at low values. Bottom panels show the distribution of larvae released by one individual over its lifetime for different evolutionarily stable life history strategies that emerge with high interannual variation in alongshore flow. Panel C shows a case with low scaled alongshore flow when there is only one evolutionarily stable life history and panel D shows a case with intermediate scaled alongshore flow when there are two evolutionarily stable life history strategies. Note difference in scale bars between panels C and D. Parameters the same as in Figure 2.