Cytokine signaling converging on IL11 in ILD fibroblasts provokes aberrant epithelial differentiation signatures

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Abstract

Fibrotic interstitial lung disease (ILD) is a group of lung disorders characterized by the accumulation of extracellular matrix, ultimately resulting in the destruction of the pulmonary scaffold. Continuous mesenchyme-derived profibrotic signaling perpetuates the remodeling process, specifically targeting the epithelial cell compartment, thereby destroying the gas exchange area. Studies that address this detrimental crosstalk between lung epithelial cells and fibroblasts are key to understanding ILD.

With the aim of identifying functionally relevant targets that drive lung mesenchymal-epithelial crosstalk and their potential as new avenues to therapeutic strategies, we developed a 3D organoid co-culture system based on human induced pluripotent stem cell (hiPSC)-derived alveolar epithelial type 2 cells (iAT2s) and lung fibroblasts from ILD patients as well as IMR-90 controls. While organoid formation capacity and organoid size was comparable in the presence of ILD or control lung fibroblasts, metabolic activity was significantly increased in ILD co-cultures. Alveolar organoids cultured with ILD fibroblasts further demonstrated reduced stem cell function supported by reduced *Surfactant Protein C (SFTPC)* gene expression together with an aberrant basaloid-prone differentiation program indicated by elevated *Cadherin 2 (CDH2)*, *Bone Morphogenic Protein 4 (BMP4)* and *Vimentin (VIM)* transcription.

In order to identify key mediators of the misguided mesenchymal-to-epithelial crosstalk with a focus on disease-relevant inflammatory processes, we used secretome mass spectrometry to identify key signals secreted by end stage ILD lung fibroblasts. Over 2000 proteins were detected in a single-shot experiment with 47 differentially upregulated proteins when comparing ILD and non-Chronic Lung Disease (CLD) control fibroblasts.

The secretome profile was dominated by chemokines of the C-X-C motif family, including CXCL1, CXCL-3, and -8, all interfering with (epithelial) growth factor signaling orchestrated by Interleukin 11 (IL11), steering fibrogenic cell-cell communication, and proteins regulating extracellular matrix remodeling including epithelial-to-mesenchymal transition (EMT). When in turn treating 3D monocultures of iAT2s with IL11 we recapitulated the co-culture results obtained with primary ILD fibroblasts including changes in metabolic activity as well as organoid formation capacity and size.

In summary, our analysis identified mesenchyme-derived mediators likely contributing to the disease-perpetuating mesenchymal-to-epithelial crosstalk in ILD by using sophisticated alveolar organoid co-cultures indicating the importance of cytokine-driven aberrant epithelial differentiation and confirmed IL11 as a key player in ILD using an unbiased approach.

1   Introduction

Interstitial lung diseases (ILDs) comprise a variety of chronic pulmonary conditions that are characterized by structural remodeling of the gas exchange area (Glasser et al., 2010). ILD pathophysiology is centered on sustained inflammation and progressive scarring, ultimately resulting in organ failure. Despite the exact pathogenesis of ILD still being unclear, genetic predisposition, age, sex and environmental exposure are known drivers of the disease (Lederer & Martinez, 2018; Strikoudis et al., 2019).

Fibroblast activation occurs directly by exogenous stimuli and indirectly through the activation of innate immune cells, especially monocytes and neutrophils through transforming growth factor ß (TGF-β) and Interleukin 17 (IL17) secretion. Matrix metalloproteinases (MMPs), fibroblast growth factors and metabolic changes leading to lactic acid release from both, fibroblasts and epithelial cells furthermore drive fibroblast activation and accumulation (O'Dwyer et al., 2016). As a result, fibroblasts merge to fibroblastic foci, becoming the main loci of extracellular matrix (ECM) production and deposition. Further enhancing the pro-fibrotic circle of events, activated fibroblasts induce epithelial-to-mesenchymal transition (EMT) in alveolar epithelial cells (Kim et al., 2018) *via* SMAD and MAPK

signaling through repeated inflammatory epithelial injury leading to further leucocyte attraction and infiltration of the airspace and ultimately loss of the alveolar epithelium (O'Dwyer et al., 2016). Disease progression is continuously upheld by the bidirectional cellular crosstalk between the activated fibroblast differentiation and the damaged epithelium (Ng et al., 2020; Ng et al., 2019; Yao et al., 2021). Amongst other players identified, TGF-β signaling holds a central role in the initiation and progression of pulmonary fibrosis. As a driver of the sustained pathological tissue remodeling processes that results in ECM expansion in ILD end stage pulmonary fibrosis, a tightly knit mesenchymal-to-epithelial crosstalk has been proposed highlighting the role of pathologic growth factor signaling and secreted cytokines. Next to inducing EMT, activated fibroblasts have been shown to alter AT2 stem cell potential (Mou, 2021).

To address knowledge gaps focusing on cytokine driven disease initiating mesenchymal-to-epithelial crosstalk, we used lung organoids derived from human induced pluripotent stem cells (hiPSCs) through chemical directed differentiation. hiPSC-derived alveolar type 2 cells (iAT2s, alveolospheres) are a useful tool to study lung diseases and regeneration, and are recently emerging as New Approach Methodology (NAM) in environmental and occupational hazard assessment (Kastlmeier et al., 2022; Kong et al., 2021). Additionally, alveolospheres recapitulate the characteristic three-dimensional structure of alveoli, holding important functions of the gas exchange area *in vitro*, wherefore they are a reliable source to study pulmonary disease (Hogan, 2021; Nikolić et al., 2018). Organoids are particularly versatile in studying underlying molecular mechanisms of disease *in vitro* (Strikoudis et al., 2019).

In this study we investigated the impact of primary ILD patient-derived lung fibroblast signaling on critical functions of hiPSC-derived alveolospheres by the use of a novel co-culture model in combination with unbiased secretome analysis to delineate key signals of the pathophysiological crosstalk from mesenchyme towards the alveolar epithelium with functional relevance for disease progression.

2   Material and Methods

2.1   Human induced pluripotent stem cells (hiPSCs) and directed differentiation into lung progenitors

The hiPSC line BU3NGST was kindly provided by Prof. Darrell Kotton, Boston University, Center for Regenerative Medicine. This cell line is a dual-reporter construct composed of fluorochrome-encoding cassettes targeted to the endogenous NKX2.1 and SFTPC loci (BU3 NKX2.1^{GFP}; SFTPC^{tdTomato}) (Hawkins et al., 2017). hiPSCs were maintained in mTeSR1 (StemCell Technologies), on Matrigel (Corning) coated cell culture plates at 37 °C/5 % CO_2 in a cell culture CO_2 incubator. Cells were passaged by using ReLeSR (StemCell Technologies) or Gentle Cell Dissociation Reagent (StemCell Technologies) (Jacob et al., 2017; Jacob et al., 2019).

BU3NGSTs were differentiated into NKX2.1$^+$ lung progenitor cells and iAT2s as described previously by Jacob et al. (Jacob et al., 2019). hiPSCs were checked for their pluripotency *via* Alkaline Phosphatase staining (ES Cell Characterization Kit, CHEMICON International) or immunofluorescence staining of TRA 181 and SSEA 4 (ES cell characterization Kit, CHEMICON International). Induction of definitive endoderm was conducted *via* STEMdiff Definitive Endoderm Kit, (StemCell Technologies). On day 14 of differentiation, lung progenitor specification was evaluated by immunofluorescence staining of NKX2.1 (Invitrogen) and Albumin (ALB, R&D Systems). NKX2.1^{GFP+} lung progenitor cells were enriched by GFP signal for NKX2.1 based on a previously described protocol. The sorting was performed by FACS cell sorting at MACSQuant Tyto Cell Sorter (Miltenyi Biotec). For data evaluation FlowJo Version 7.2.1 and v10 was used. Purified lung

progenitors were seeded in Matrigel (Corning) domes at a cell density of 50 cells/µL and passaged
every second week according to published protocols. To increase SFTPC[tdTomato+] cells CHIR
withdrawal and addback was performed according to published protocols. At day 45 of differentiation,
iAT2s were enriched by flow cytometry (MACSQuant Tyto Cell Sorter, Miltenyi Biotec) using
tdTomato signal for SFTPC expression and subsequently cultured as 3D alveolospheres. Differentiated
SFTPC[tdTomato+] iAT2 cells in 3D Matrigel were grown in CK+DCI medium, with media changes every
48 - 72 h. Alveolospheres were passaged every 14 days.

2.2   Primary human fibroblast culture

Human fetal lung fibroblasts (IMR-90, P8) for control co-cultures were obtained from ATCC (Catalog
CCL-186™) and grown in Dulbecco's Modified Eagle Medium: Nutrient F-12 (DMEM/F12; Gibco)
with 20 % fetal bovine serum (FBS SUPERIOR, Sigma) and 1 % penicillin-streptomycin (Pen Strep,
Gibco). Cultured primary human lung fibroblasts from ILD patients and non-CLD controls (P4) for
secretome analysis, were seeded in 6-well plates. Cells were seeded at a density of $1x10^5$ cells in 2 mL
media (DMEM/F12, 20 % FBS, 1 % penicillin/streptomycin) per well of a 6-well plate until reaching
80 % confluency. Once confluent, each well was washed three times with a 15-minute incubation per
wash with 1 mL of FBS-free culturing medium (DMEM/F12, 1 % penicillin/streptomycin) to eliminate
remaining FBS. Fibroblasts were cultured for 48 h in FBS-free medium, supernatants were collected
and stored at -80 °C for further analysis.
Primary human fibroblasts were isolated according to published protocol (Heinzelmann et al., 2018)
and obtained through the CPC-M bioArchive at the Comprehensive Pneumology Center in Munich,
Germany. The study was approved by the local ethics committee of the Ludwig-Maximilians
University of Munich, Germany (Ethic vote #333-10). Written informed consent was obtained for all
study participants.

2.3   Secretome analysis by mass spectrometry

Sample preparation for proteomics
Each 500µL supernatant was subjected to tryptic digest applying a modified filter aided sample
preparation (FASP) procedure (Grosche et al. 2015; Wiśniewski et al. 2009). After protein reduction
and alkylation using DTT and iodoacetamide, samples were denatured in UA buffer (8 M urea in 0.1 M
Tris/HCl pH 8.5) and centrifuged on a 30 kDa cut-off filter device (PALL or Sartorius) and washed
thrice with UA buffer and twice with 50 mM ammoniumbicarbonate (ABC). Proteins were proteolysed
for 2 h at room temperature using 0.5 µg Lys-C (Wako) and subsequently for 16 h at 37 °C using 1 µg
trypsin (Promega). Peptides were collected by centrifugation and acidified with 0.5 % trifluoroacetic
acid (TFA).

Mass spectrometric measurements
LC-MSMS analysis was performed on a Q-Exactive HF mass spectrometer (Thermo Scientific) each
online coupled to a nano-RSLC (Ultimate 3000 RSLC; Dionex). For subsequent analysis on the Q-
Exactive HF, tryptic peptides were accumulated on a nano trap column (300 µm inner diameter ×
5 mm, packed with Acclaim PepMap100 C18, 5 µm, 100 Å; LC Packings) and then separated by
reversed phase chromatography (nanoEase MZ HSS T3 Column, 100Å, 1.8 µm, 75 µm X 250 mm;
Waters) in a 80 minutes non-linear gradient from 3 to 40 % acetonitrile (ACN) in 0.1 % formic acid
(FA) at a flow rate of 250 nL/min. Eluted peptides were analyzed by the Q-Exactive HF mass
spectrometer equipped with a PepSep PSS1 source. Full scan MS spectra (from m/z 300 to 1500) and
MSMS fragment spectra were acquired in the Orbitrap with a resolution of 60,000 or 15000
respectively, with maximum injection times of 50 ms each. The up to ten most intense ions were

158 selected for HCD fragmentation depending on signal intensity (TOP10 method). Target peptides
159 already selected for MS/MS were dynamically excluded for 30 seconds.
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Protein Identification and label-free quantification
Proteome Discoverer 2.5 software (Thermo Fisher Scientific; version 2.5.0.400) was used for peptide
and protein identification via a database search (Sequest HT search engine, SequestHT score:1) against
Swissprot human data base (Release 2020_02, 20432 sequences), considering full tryptic specificity,
allowing for up to two missed tryptic cleavage sites, precursor mass tolerance 10 ppm, fragment mass
tolerance 0.02 Da. Carbamidomethylation of Cys was set as a static modification. Dynamic
modifications included deamidation of Asn, Gln and Arg, oxidation of Pro and Met; and a combination
of Met loss with acetylation on protein N-terminus. Percolator was used for validating peptide spectrum
matches and peptides, accepting only the top-scoring hit for each spectrum, and satisfying the cutoff
values for FDR <5%, and posterior error probability <0.01.
The quantification of proteins was based on abundance values for unique peptides. Abundance values
were normalized on total peptide amount and protein abundances were calculated summing up the
abundance values for admissible peptides. The final protein ratio was calculated using median
abundance values. The statistical significance of the ratio change was ascertained employing the T-test
approach described in Navarro et al., 2014 (Navarro et al., 2014), which is based on the presumption
that we look for expression changes for proteins that are just a few in comparison to the number of
total proteins being quantified. The quantification variability of the non-changing "background"
proteins can be used to infer which proteins change their expression in a statistically significant manner.
Proteins considered to be up- or downregulated were filtered with the following criteria: proteins were
considered to be downregulated below an abundance of ratio of 0.5 and upregulated above 2, proteins
identified with a single peptide were excluded and just significant proteins were considered (P value
< 0.05, P values were adjusted for multiple testing by Benjamini-Hochberg correction). Additionally,
at least two MSMS identifications had to be identified to include the protein ratio.
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Enrichment analysis
Pathway enrichment analysis were performed in Cytoscape (3.9.0) with the ClueGo plugin (v2.5.8) for
significant up- and downregulated proteins. The following ontologies were used: KEGG (8093),
GO_MolecularFunction-EBI-UniProt (18336), GO_BiologicalProcess-EBI-UniProt (18058).
Accession IDs were used as identifiers and the analysis was performed with the standard software
settings provided in the ClueGo app (Bindea et al., 2009).

2.4   Mesenchymal-epithelial co-culture

Primary lung ILD fibroblasts and IMR-90 (control fibroblast cell line) were grown in cell culture flasks
until 70 % confluent. A single cell suspension was prepared using 0.25 % EDTA-Trypsin (Gibco).
iAT2s were grown for up to two weeks in Matrigel domes. Single cell suspension was obtained with
Dispase (Corning) and 0.25 % EDTA-Trypsin as described by Jacob et al. (Jacob et al., 2019). Human
ILD/IMR-90 control fibroblasts and iAT2s were counted and directly seeded either in equal seeding
densities 1:1 (F_{low}) or 1:5 (F_{high}) (iAT2s to fibroblasts) in undiluted Matrigel domes in 8-chamber wells
(20 µL Drops, Falcon), 96-well plates (50 µL Drops, Greiner) or 12-Well plates (50 µL Drops,
Greiner). Co-cultures were cultured in CK+DCI media and media was changed every 48 h to 72 h, for
up to 12 days of cultivation.

2.5   Immunofluorescence microscopy

3D alveolospheres and co-cultures cultured in 8-chamber wells (Nunc Lab-Tek Chamber Slide System,
8 wells, Permanox slide, 0.8 cm²/well) were fixed with ice cold methanol and acetone (1:1v/v) for
5 minutes at -20 °C. Cells were washed with PBS and stained with the respective primary antibody in
buffer containing 0.1 % BSA and 0.1 % Triton X-100 overnight at 4 °C. The next day, cells were
washed 3 times with PBS and incubated in buffer with the respective fluorescent conjugated secondary
antibody at a dilution of 1:500 and DAPI diluted 1:1.000 overnight at 4 °C. The following day, cells
were washed gently, growth camber removed and remaining microscope slide mounted with
fluorescent mounting media (Dako) and covered with a coverslip. Slides were stored at 4 °C until
imaging. Imaging was performed using a confocal laser scanning microscope (CLSM) Zeiss LSM 880
with Airyscan and edited afterwards using ZEN 2.5 software (Zeiss). Detailed information on the
primary and secondary antibodies are given in Supplementary Table 1.
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2.6   Operetta high content imaging

Live imaging of all hiPSC co-cultures was performed using the Operetta CLS high-content analysis
system (Operetta CLS, PerkinElmer) at time points 5, 8 and 12 days during the co-culture experimental
set-up. Pictures were analyzed by the Harmony 3.5.2 high-content imaging and analysis software with
PhenoLOGIC. Through the Napari image viewer (Python) maximum intensity projections of
3D images were appointed and growing pattern and organoid formation capacity between iAT2 cells
and human fibroblasts (control or ILD) could be determined.

2.7   Quantitative real-time PCR

Co-cultures were lysed in RLT Plus Lysis Buffer (Qiagen) and RNA isolation was performed with the
RNeasy Mini Kit (Qiagen) according to the manufacturer's instructions. Cell lysis from organoids and
co-culture assays was performed with peqGOLD TriFast (VWR Life Science) as recommended by the
manufactures followed by RNA isolation with the RNeasy Mini Kit (Qiagen). RNA was transcribed
into cDNA by reverse transcriptase using the High-Capacity cDNA Reverse Transcription Kit (Thermo
Fisher Scientific) according to the manufacturer's instructions. 5 ng of cDNA was added to a final
concentration volume of 10 µL, Random Nonamers (Metabion) and master mix (Invitrogen, Thermo
Fisher Scientific) was added to each RNA sample. cDNA was diluted with ultrapure H_2O. qPCR was
performed in 96-well format using the quantitative real-time PCR System (Roche 480 LightCycler).
2 µL cDNA were added to a final reaction volume of 10 µL containing H_2O, 480 SYBR Green
(LightCycler, Roche Diagnostics) and the primer mix (100 µM). Gene expression was normalized to
ß-Actin control for genes *Vimentin* (*VIM*), *Integrin Subunit Beta 6* (*ITGB6*) and *Cadherin 2* (*CDH2*),
and normalized to an average of ß-Actin and HRPT control for genes *Surfactant Protein C* (*SFTPC*),
Keratin 8 (*KRT8*), *Collagen 1A1* (*Col1A1*), *Matrix Metallopeptidase* (*MMP7*) and *Bone Morphogenic*
Protein 4 (*BMP4*), the fold change was calculated using the 2^ (-ddC) method. Sequence information
of used primers are given in Supplementary Table 2. Data obtained from qPCR are presented relative
to respective control co-cultures, to demonstrate influence of disease background. Original data with
relative expression to housekeeping genes are shown in Supplementary Figure 2.

2.8   Metabolic activity estimated by WST-1 assay

The WST-1 assay for cell proliferation and viability was performed at day 2, 3, 5 and 7 of the co-
cultures containing iAT2s and human ILD and IMR-90 control fibroblasts. Cell proliferation reagent
WST-1 (Roche Diagnostics) was added to the culture medium in a 1:10 dilution. The culture medium
was used as background control. After 2 h of incubation at 37 °C and 5 % CO_2, 100 µL of media from
every sample was transferred to a microplate (Thermo Scientific; Fisher Scientific) and the absorbance

of the sample against the background was measured with a TECAN reader (TECAN; infinite M200
PRO).

3   Results

3.1   ILD fibroblasts induce changes in morphology and metabolic activity of iAT2s

Successful co-culture of iAT2 with both ILD or IMR-90 control fibroblasts (experimental workflow in
Figure 1A) resulted in the robust formation of proliferative organoids. Cell-cell contact of iAT2s with
ILD fibroblast in co-culture was shown by partial encapsulation of epithelial organoids by a α-SMA
expressing fibroblast (Figure 1B, white arrows).
High-resolution images of the 3D co-cultures revealed changes to organoid formation capacity and
morphology induced by the seeding ratios, i.e. iAT2 to fibroblast number, independent of disease
(Figure 1C). Here, quantitative assessment of organoid area and number of high content images
obtained from all four co-culture conditions (Figure 1C, D, E) demonstrated a reduced capacity for
iAT2s to form organoids with increasing fibroblast seeding numbers (ILD and IMR-90). At the same
time, alveolospheres formed bigger organoids when grown in presence of those fibroblasts and lose
their circular appearance compared with alveolosphere monocultures (Figure 1C, D).
In contrast to the seeding ratio dependent findings, ILD fibroblasts provoked reduction in organoid size
when seeded in high density as compared to control IMR-90 fibroblasts (Figure 1E). Further, ILD
fibroblasts led to increased metabolic activity as assessed by WST-1 assay in iAT2 organoids in
comparison to IMR-90 control cells (Figure 1F).

Figure 1. **3D co-culture of iAT2 and primary fibroblasts**
(A) Schematic workflow of the 3D co-culture model of iAT2s with IMR-90 control or ILD fibroblasts at different seeding densities in a matrix dome analyzed for size, organoid morphology and metabolic activity. (B) Immunofluorescence of 3D co-culture of iAT2s and ILD fibroblasts at day 12 (α-SMA: red, DAPI: cyan). (C) Representative maximum intensity projections from high-content images of different co-culture conditions showing iAT2s growing with human fibroblasts for 12 days. Scale bar, 500 µm. (D) Box plots indicate size (μm^2) of organoids in co-culture at day 12. N = 3. (E) Number of formed organoids in co-cultures at day 12, N = 3. (F) Metabolic activity of co-cultured organoids estimated by WST-1 assay at 5, 8 and 12 days. Results are represented relative to co-cultures with IMR-90 control fibroblasts at each time point. N = 2. Statistics: unpaired t-Test.

3.2   ILD signaling leads to aberrant epithelial gene expression changes

In order to relate the observed changes in morphology, organoid formation capacity and metabolic activity (Figure 1) to changes in gene expression levels, we measured critical markers of stem cell function and epithelial differentiation in co-cultured organoids.

Indicating changes in (stem) cell function and epithelial injury, we showed decreased expression of the alveolar stem cell marker *SFTPC* in the presence of ILD lung fibroblasts in both seeding conditions (Figure 2A and Supplementary Figure 2). In line with this, *Keratin 8* (*KRT8*) expression levels were downregulated under the impact of ILD primary fibroblasts, additionally indicating the limited capacity for alveolar regeneration (Figure 2A and Supplementary Figure 2). The distal epithelial marker *Integrin Subunit Beta 6* (*ITGB6*) as well as *Bone Morphogenetic Protein 4* (*BMP4*) showed increased transcription in the disease context with $F_{ILD\,high}$ only (Figure 2B and Supplementary Figure 2). Genes associated with regulation of extracellular matrix formation and remodeling including *Collagen 1A1* (*Col1A1*), *N-Cadherin* (*CDH2*) and *Vimentin* (*VIM*) showed increased expression in co-culture models of iAT2s with high seeding ratio of ILD fibroblasts, indicating EMT and not in $F_{ILD\,low}$ (Figure 2B and Supplementary Figure 2).

Expression levels for *Matrix Metallopeptidase 7* (*MMP7*), one of the best studied peripheral blood biomarkers for matrix remodeling in IPF, showed an increase in mRNA expression when comparing $F_{ILD\,high}$ with the respective IMR-90 control (Figure 2B and Supplementary Figure 2). Relative expression of these genes in ILD and control fibroblast monocultures, is predominantly lower than in co-cultures with iAT2s, pointing towards their expression from stimulated epithelium (Supplementary Figure 3).

Figure 2. **Gene expression in ILD and IMR-90 control organoid co-cultures**
(A) Fold change of gene expression relative to control conditions for epithelial and stem cell markers in co-culture
conditions of iAT2s with ILD fibroblasts in two seeding densities ($F_{\text{ILD high}}$ and $F_{\text{ILD low}}$). N = 3, unpaired t-Test, ### highly
significant compared to HK (Supplementary Figure 2). (B) Fold change of gene expression relative to control conditions
for markers associated with aberrant differentiation in co-culture conditions of iAT2s with ILD fibroblasts in two seeding
densities ($F_{\text{ILD high}}$ and $F_{\text{ILD low}}$). N = 3, unpaired t-Test, ## highly significant compared to HK (Supplementary Figure 2).

3.3   ILD fibroblast secretome reveals proinflammatory signaling converging on IL11
stimulating epithelial remodeling

To characterize fibroblast driven communication resulting in gene expression and phenotypical
changes in the alveolar epithelium in ILD, supernatants of ILD and non-CLD fibroblast were subjected
to mass spectrometry (MS).
MS analysis detected 2625 expressed proteins resulting in 47 significantly upregulated and 55
significantly downregulated proteins compared to non-CLD controls (Supplementary Table 3 and 4)
(Figure 3A). The top 15 differentially regulated proteins are listed in Supplementary Table 1 and 2.
Upregulated proteins widely belong to the C-X-C motif chemokine family (CXCL1, CXCL3, and
CXCL8) indicating pro-inflammatory signaling, leucocyte attraction and tissue remodeling (Kortekaas
et al., 2022; Mukaida, 2003; Ng et al., 2020; Strikoudis et al., 2019). Furthermore, significantly
regulated proteins support a pro-inflammation response indicating pro-fibrotic signaling, IL13-related
responses (IL13RA) and IL11 at the center of the signaling circuit. We found upregulated proteins
involved in cell differentiation and growth included Gap Junction protein connexin 43 (GJA1), and
Pregnancy Specific Beta-1-Glyoprotein 4 (PSG4), involved in ECM and tissue remodeling as well as
modulators of WNT signaling (SFRP4).
Pathway enrichment analysis of significantly upregulated proteins classified the responses as cytokine
activity, chemokine-mediated signaling pathway as well as TNF-signaling pathway. Furthermore,
cellular/response to chemokines, IL17 signaling pathways and neutrophil chemotaxis were found,
indicative of a strong inflammatory response. The prominent center identified by ClueGo analysis are
proteins associated with rheumatoid arthritis, a disease often associated with development of lung
fibrosis surrounded by the abundant presence of inflammatory chemokines (Figure 3B).
Most downregulated proteins are involved in ECM production, assembly or reorganization as well as
coordination of myofibroblast differentiation (PDGFRL). Furthermore, the complement and
coagulation cascade pathways are significantly down-regulated in ILD secretome (Figure 3C).

Figure 3. **Secreted ligands of MS secretom analysis**
(A) Volcano plot visualizing significantly regulated proteins (47 up, 55 down) found in secretome analysis of ILD or non-CLD control fibroblasts by MS. Data showing the $\log_2$ fold change against the adjusted P value [log10]. Significant upregulated proteins are depicted in red and significant downregulated proteins in blue. (total: 102 significantly changing proteins with FDR < 0.05). Pathway enrichment and protein interaction network of (B) upregulated proteins and (C) downregulated proteins using the Cytoscaspe plugin ClueGo. The following ontologies were used: KEGG, molecular functions and biological processes. The connectivity of the pathways is described by functional nodes and edges that are shared between proteins with a kappa score of 0.4. Only enriched pathways are visualized and the node size indicates the p-value (*p*-value ≤ 0.05). Proteins from the same pathway share the same node color and the bold fonts indicate the most important functional pathways that define the names of each group.
Enriched Pathways: 1. rheumatoid arthritis, 2. chemokine-mediated signaling pathway, 3. neutrophil chemotaxis, 4. chemokine activity, 5. TNF signaling pathway, 6. IL17 signaling pathway, 7. cellular response to chemokine, 8. response to chemokine.

3.4 IL11 acts as a driver for aberrant signatures in hiPSC-derived alveolospheres

Pathway enrichment analysis indicated rheumatoid arthritis as central hallmark according to identified secreted protein profiles. IL11 acts as master regulator in RA, orchestrating the CXCL dominated inflammatory response. IL11 with its bi-inflammatory signaling capacity has been described to be involved in a range of chronic inflammatory lung diseases, including asthma, COPD and IPF (Cui et al., 2022). Furthermore, it has gathered attention as potential therapeutic targeting (Ng et al., 2019). Therefore, we chose IL11 for modified organoid experiments to validate its functional relevance as critical player in the ILD fibroblast secretome. After stimulation of the alveolospheres with IL11 in dose-response experiments (Dose_{low} = 0.5 ng/mL), Dose_{high} = 5 ng/mL), (Figure 4B - D) recapitulated the results observed epithelial-fibroblasts co-cultures. We demonstrated that mature alveolospheres in a 3D matrix under the impact of IL11 from day 7 - 14 of culture show morphologic changes with increased organoid size (Figure 4C (ii) and (iii)) and reduced organoid formation capacity (Figure 4C (iii) and 4D) when compared to untreated non-CLD fibroblasts. Furthermore, metabolic activity (WST-1) of IL11 treated iAT2s increased strongly over the treatment period (Figure 4D), again in line with the results obtained in co-culture experiments (section 3.1). Treatment of growing alveolosphere monocultures with a dose of 20 ng/mL IL11 led to the formation of large organoids followed by apoptosis within 5 days of culture.

Figure 4. **Cytokine treatment of iAT2s in a 3D culture**
(A) Immunofluorescence of alveolosphere monoculture at day 14 (SFTPC: red, NKX2.1: green, DAPI: cyan). (B)
Schematic workflow of organoid treatment starting at day 7 of culture. Treatment with IL11 (0.5 ng/mL or 5 ng/mL)
occurred every 48 h for additional 7 days before analyzing alveolospheres. (C) Representative maximum intensity
projections from high-content images of (i) untreated monocultured alveolospheres, (ii) 0.5 ng/mL or (iii) 5 ng/mL.
Scale bar, 500 µm. (D) Data represent organoid formation capacity and metabolic activity estimated by WST-1 assay in
IL11 treated alveolospheres.

4   Discussion

In ILD, sustained inflammation and scarring of the gas exchange area ultimately results in organ
failure. Excessive deposition of ECM and remodeling of the lung scaffold along with inflammation-
driven epithelial damage and dedifferentiation is widely transmitted by the misguided interaction of
fibroblasts and epithelial cells (Lewis et al., 2018). Therefore, improved understanding of the
mesenchymal-to-epithelial crosstalk remains a centerpiece in finding new avenues to monitor and treat
ILD. However, the signaling factors and their involvement to ILD pathogenesis is still unclear.
This study aimed at deciphering functionally relevant candidates with a key role in mesenchymal-to-
epithelial crosstalk to identify potential targets for future therapeutic strategies. By using a sensitive
human iPSC-derived alveolar organoid co-culture model and secretome analysis of ILD fibroblasts,
we highlighted the functional importance of cytokine-driven aberrant epithelial differentiation upon
fibroblast signaling. In our unbiased proteomic approach, we identified IL11 in the top 15 regulated
proteins as key regulator of the observed, fibroblast–driven immune signaling. Its central role in
chronic inflammatory lung diseases and its function as key mediator of pro-fibrotic mesenchymal-
epithelial crosstalk supported our observations together with demonstrating its functional relevance our
human alveolosphere model (Cook & Schafer, 2020; Ng et al., 2020; Ng et al., 2019).
In our *in vitro* co-culture approach, primary human pulmonary fibroblasts and iAT2s formed lung
organoids. The 3D matrix recapitulates tissue characteristics of the distal lung in contrast to 2D plastic
culture conditions (Figure 1). Primary human fibroblasts, both ILD and IMR-90 control cells,
correlating with seeding numbers but in a disease-independent manner, reduced organoid number and
led to an increase in organoid size after 12 days of co-culture. These findings indicate that the presence
of either, ILD or control (IMR-90) fibroblasts changes the microenvironment of iAT2s, thereby
impacting on organoid growth. As studies indicated the easily-induced activation of primary lung
fibroblasts resembling disease characteristics (Kathiriya et al., 2022), these findings might explain the
uniform response of iAT2 organoids to fibroblasts independent of disease status but likely related to
fibroblast activation per se.
The ILD-induced, significant increase in metabolic activity, however, was provoked by high-seeding
ratios of diseased fibroblasts (Figure 1F), indicating a potential role of ILD lung fibroblasts on
epithelial cell metabolic reprogramming potentially indicative of epithelial dedifferentiation, and
possibly EMT (Kalluri, 2009; Kalluri & Weinberg, 2009; Wang et al., 2020). The loss of epithelial
stem cell characteristics is also supported by the decrease in SFTPC expression in ILD co-cultures
(Adams et al., 2020; Katzen & Beers, 2020; Kortekaas et al., 2021). *SFTPC* expression is sensitive to
epithelial inflammation and injury and can be restored after regeneration as has been observed by e.g.,
negative regulation of SFTPC in Sars-CoV-2 infected alveolar organoids (Mou, 2021). Differentiation
of AT2s is necessary for regeneration of injured alveoli and drive them into expressing transient
basaloid features marked by *Keratin 5* (*KRT5*) expression. The elucidation of this identity change is
critical as the amount of alveolar $KRT5^+$ aberrant basaloid cells directly correlates with mortality in
pulmonary fibrosis (Kathiriya et al., 2022; Khan et al., 2022; Ng et al., 2022).
An important marker in the transdifferentiation of AT2 to AT1 phenotype during epithelial
regeneration is *KRT8* (Ng et al., 2022; Strunz et al., 2020). Downregulation of *KRT8* marks the stage
of pre-AT1 like cells in a murine bleomycin lung injury model, also associated with the expression of
EMT markers. Furthermore, this particular state also shows the expression of pro-fibrogenic proteins

including *ITGB6* (Strunz et al., 2020). In our study, *ITGB6* expression is upregulated specifically in
the ILD co-cultures and potentially reflects on EMT processes in lung organoids together with the
downregulation of *KRT8*. Supportive of these findings are the elevated relative expression of *BMP4*
and *MMP7* in the lung organoids cultured with ILD fibroblasts which have been shown to be master
regulators of EMT in pulmonary fibrosis (Molloy et al., 2008). *MMP7* is involved in regulating lung
injury and one of the most important biomarkers in peripheral blood in the diagnosis of idiopathic
pulmonary fibrosis (Adams et al., 2020; Bauer et al., 2017). Co-culture of alveolospheres with ILD
fibroblasts also specifically changed the expression of genes involved in ECM biosynthesis. The
increased transcription of *Col1A1*, *VIM* and *CDH2* implies partly that fibroblasts increase matrix
production or deposition when cultured with diseased fibroblasts (Adams et al., 2020; Katzen & Beers,
2020). These genes show elevated expression in fibrotic lungs, it supports the disease crosstalk in the
ILD co-culture model and the resulted. (Ng et al., 2022) In contrast, it has been shown recently that
primary alveolar epithelial cells undergo aberrant basal transdifferentiation stimulated by IPF
fibroblasts co-culture (Kathiriya et al., 2022). The basaloid cells show increased ECM protein as well
as *BMP4* and *ITGB6* expression as detected in our model. The overlap in transcriptional profiles could
therefore indicate an aberrant basaloid state of the hiPSC-derived lung organoids after ILD fibroblast
co-culture, detrimental in the initiation of pulmonary fibrosis.
To understand mesenchymal-to-epithelial crosstalk leading to the changes in organoid phenotype and
gene expression, we analyzed the supernatant of ILD or control fibroblasts in an unbiased approach by
mass spectrometry (Strieter et al., 2007). Cytokines that belong to the C-X-C motif family dominate
the upregulated proteins in the secretome. These signaling molecules act on the CXCR1 and CXCR2
receptor, as well as regulate the expression of cytokines from the interleukin family, central to the
pathogenesis of fibrotic and inflammatory lung diseases such as IPF and acute respiratory distress
syndrome (ARDS) (Kortekaas et al., 2022; Mukaida, 2003; Ng et al., 2020; Strikoudis et al., 2019).
The majority of the differentially regulated proteins are proinflammatory cytokines that primarily act
on neutrophil and monocyte or lymphocyte recruitment (CXCL 1, 3, 5, 8). The proinflammatory
response is complemented by the regulation of proteins that induce cellular senescence and activate
soluble or matrix bound TGF-ß such as the Pregnancy-Specific Glycoprotein (PSG) family,
PSG 4, 5, 6 or induce a hypercoagulable environment (TFPI2). SFRP4 directly inhibits WNT signaling
modulating cell growth and differentiation particularly involved in the transdifferentiation of AT2
towards AT1 (Abdelwahab et al., 2019). At the same time, WNT serum levels are discussed as a
potential biomarker for EMT and severity of lung fibrosis. These factors, particularly WNT modulation
and TGF-ß solubilization, might explain the phenotypical change in organoid number and size and
support gene expression levels that indicate epithelial transdifferentiation into aberrant basaloid cells
or a fibroblast-like phenotype when co-cultured with ILD fibroblasts.
We detected IL11, centrally orchestrating the ILD protein profile as observed by pathway enrichment,
among the top 15 regulated candidates in the secretome of ILD primary fibroblasts. IL11 is highly
upregulated in pro-inflammatory fibroblasts as extracted from IPF lungs. The cytokine belongs to the
IL6 family and is induced by TGF-ß stimulation and other proinflammatory mediators (IL1β, IL17,
IL22, reactive oxygen species (ROS)). It can either activate fibroblasts to differentiate into
myofibroblasts in an autocrine fashion through ERK/SMAD canonical signaling for pro-fibrotic
protein expression (COL1A1, ACTA2). Furthermore, it stimulates epithelial cells (paracrine loop)
through activating ERK signaling cascades inducing cellular senescence, EMT and chronic
dysfunction as well as impaired regeneration (Ng et al., 2020). In our co-culture models we observed
gene expression patterns and phenotypical changes that indicate both the autocrine and paracrine
features of IL11 signaling including EMT, stem cell dysfunction (phenotypical changes Figure 1,
epithelial gene expression Figure 2) as well as collagen upregulation (mesenchyme associated genes
Figure 2), also shown by (Ng et al., 2020). Similar as observed for iAT2 co-cultures with different
seeding densities of ILD fibroblasts (Figure 1), direct treatment of alveolosphere monocultures with

IL11 caused a dose dependent increase in their metabolic activity (Figure 4) associated with elevated
mesenchymal markers and decreases in AT2 stemness and identity (Figure 2). High levels of IL11
(20 ng/mL) even induced apoptotic cell death (data not shown) supporting the strong induction of
senescence and disturbance of stem cell function in alveolar organoids (Kortekaas et al., 2022). These
results are in line with modeling Hermansky-Pudlak syndrome-associated interstitial pneumonia
(HPSIP), a disease with high similarity to IPF, in iPSC-derived lung organoids shown by Strikoudis et
al. 2019. IL11 alone induced fibrotic changes in healthy alveolar organoids and knock-out of IL11
expression in diseases organoids reversed organoid fibrosis (Strikoudis et al., 2019). Moreover, IL11
exposure impacts on the progenitor function that characterizes AT2s, thereby likely suppressing the
formation of mature AT2s as described by Kortekaas and colleagues (Kortekaas et al., 2022; Kortekaas
et al., 2021).

Our results strongly support the central role of IL11 signaling, amongst the top regulated cytokines in
the ILD fibroblast secretome, in early events of ILD initiation. IL11 strongly influences the intricate
crosstalk between activated (myo)fibroblasts and damaged epithelial cells which is decisive in the
progression of pulmonary fibrosis in ILD. Furthermore, we demonstrate the functional potential of
lung organoid co-culture models derived from hiPSCs displaying aberrant dedifferentiation and
basaloid-prone signatures resulting from mesenchyme-to-epithelial driven failure (Adams et al., 2020;
Habermann et al., 2020). IL11 induced alveolar differentiation may mislead regeneration by destroying
the homeostasis in the alveolar space and result in AT2 dysfunction and offers a valuable and promising
therapeutic target (Lin et al., 2022).

Conflict of Interest
480 The authors declare that the research was conducted in the absence of any commercial or financial
481 relationships that could be construed as a potential conflict of interest.

Author Contributions
M.T. Kastlmeier, A. Hilgendorff and C. Voss conceived and planned the experiments. M.T. Kastlmeier
and E. Gonzalez Rodriguez carried out the experiments. M.T. Kastlmeier, E. Gonzalez Rodriguez,
P. Cabanis, E. M. Guenther contributed to sample preparation. A-C. König and S. Hauck performed
the mass spectrometry analysis. M.T. Kastlmeier, C. Voss, T. Stoeger, A-C. König, S. Hauck and
A. Hilgendorff contributed to the interpretation of the results. M.T. Kastlmeier and C. Voss. took the
lead in writing the manuscript. All authors provided critical feedback and helped shape the research,
analysis and manuscript.

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Supplementary Material

1   Supplementary Figures and Tables

1.1   Supplementary Tables

Supplementary Table 1. **Antibodies and dilutions for immunofluorescence staining**

Antibody	Manufacturer	Host Species	Isotype	Reactivity	Clonality	Dilution
ALB	R&D Systems Cat# MAB1455 Clone# 188835	mouse	IgG2a	human, mouse, rat	monoclonal	1:50
α- SMA	Abcam Cat# ab124964 Lot# GR303485-6	rabbit	NA	human, mouse, rat	monoclonal	1:200
CPM	Fujifilm Wako Chemicals Cat# 014-27501	mouse	IgG2b	human	monoclonal	1:200
NKX2.1	Invitrogen Cat# MA5-13961 Clone# 8G7G3/1	mouse	IgG1 κ	human, mouse, rat	monoclonal	1:50
Pro SP-C	Millipore Cat # AB3786 Lot# 2464523	rabbit	IgG	human, mouse, rat	polyclonal	1:200
Alexa Flour 488	Invitrogen	anti-mouse	IgG1			1:500
Alexa Flour 647	Invitrogen	anti-rabbit				1:500
DAPI	Sigma					1:1000

Supplementary Table 2. **Primer sequences for qPCR**

Gene symbol	Forward	Reverse
ß-Actin	CAATGTGGCCGAGGACTTTG	CATTCTCCTTAGAGAGAAGTGG
BMP4	TAGCAAGAGTGCCGTCATTCC	GCGCTCAGGATACTCAAGACC

CDH2	TCAGGCGTCTGTAGAGGCTT	ATGCACATCCTTCGATAAGACTG
Col1A1	TACAGAACGGCCTCAGGTACCA	ACAGATCACGTCATCGCACAAC
HRPT	AAGAGCTATTGTAATGACCAGT	CAAAGTCTGCATTGTTTTGC
ITGB6	TCCATCTGGAGTTGGCGAAAG	TCTGTCTGCCTACACTGAGAG
KRT8	CAGAAGTCCTACAAGGTGTCCA	CTCTGGTTGACCGTAACTGCG
MMP7	GAGTGAGCTACAGTGGGAACA	CTATGACGCGGGAGTTTAACAT
SPC	CACCTGAAACGCCTTCTTATCG	TTTCTGGCTCATGTGGAGACC
VIM	GACGCCATCAACACCGAGTT	CTTTGTCGTTGGTTAGCTGGT

Supplementary Table 3. **List of upregulated proteins compared F$_{Control}$ vs. F$_{ILD}$ identified by mass spectrometry**

Protein FDR confidence	Accession	Unique peptides	Gene symbol	Description	Abundance ratio	Abundance ratio P-value	Abundance ratio adj. P-value
High	Q68BL8	2	OLFML2B	Olfactomedin-like protein 2B	100,00	0,0000	0,0000
High	Q9C0H2	3	TTYH3	Protein tweety homolog 3	100,00	0,0000	0,0000
High	Q96FV2	2	SCRN2	Secernin-2	100,00	0,0000	0,0000
High	Q9UHX1	3	PUF60	Poly(U)-binding-splicing factor PUF60	100,00	0,0000	0,0000
High	Q16630	2	CPSF6	Cleavage and polyadenylation specificity factor subunit 6	100,00	0,0000	0,0000
High	Q00888	8	PSG4	Pregnancy-specific beta-1-glycoprotein 4	8,81	0,0000	0,0000
High	P17302	3	GJA1	Gap junction alpha-1 protein	7,85	0,0000	0,0000
High	P09341	2	CXCL1	Growth-regulated alpha protein	7,06	0,0000	0,0000
High	P19876	3	CXCL3	C-X-C motif chemokine 3	6,42	0,0000	0,0000
High	Q14956	2	GPNMB	Transmembrane glycoprotein NMB	6,02	0,0000	0,0000

High	P48307	11	TFPI2	Tissue factor pathway inhibitor 2	4,92	0,0000	0,0000
High	Q14627	3	IL13RA2	Interleukin-13 receptor subunit alpha-2	4,46	0,0000	0,0000
High	P20809	3	IL11	Interleukin-11	4,31	0,0000	0,0000
High	Q6FHJ7	2	SFRP4	Secreted frizzled-related protein 4	4,05	0,0000	0,0001
High	P10145	2	CXCL8	Interleukin-8	3,75	0,0000	0,0000

Supplementary Table 4. **List of downregulated proteins compared F$_{Control}$ vs. F$_{ILD}$ identified by mass spectrometry**

Protein FDR confidence	Accession	Unique peptides	Gene symbol	Description	Abundance ratio	Abundance ratio P-value	Abundance ratio adj. P-value
High	Q15198	5	PDGFRL	Platelet-derived growth factor receptor-like protein	0,49	0,0025	0,0325
High	P10321	4	HLA-C	HLA class I histocompatibility antigen, C alpha chain	0,47	0,0012	0,0172
High	P22352	8	GPX3	Glutathione peroxidase 3	0,43	0,0002	0,0034
High	Q9NZP8	7	C1RL	Complement C1r subcomponent-like protein	0,42	0,0001	0,0024
High	P24821	87	TNC	Tenascin	0,42	0,0043	0,0500
High	Q9NR99	36	MXRA5	Matrix-remodeling-associated protein 5	0,42	0,0041	0,0488
High	Q13822	29	ENPP2	Ectonucleotide pyrophosphatase/phosphodiesterase family member 2	0,42	0,0041	0,0485
High	Q76M96	25	CCDC80	Coiled-coil domain-containing protein 80	0,41	0,0039	0,0473
High	O43854	20	EDIL3	EGF-like repeat and discoidin I-like domain-containing protein 3	0,41	0,0038	0,0457
High	Q9NRN5	13	OLFML3	Olfactomedin-like protein 3	0,41	0,0038	0,0458
High	P02461	61	COL3A1	Collagen alpha-1(III) chain	0,41	0,0035	0,0434
High	P62906	7	RPL10A	60S ribosomal protein L10a	0,41	0,0031	0,0391

High	P00746	15	CFD	Complement factor D	0,41	0,0031	0,0391
High	O00339	17	MATN2	Matrilin-2	0,40	0,0002	0,0039
High	O15232	11	MATN3	Matrilin-3	0,40	0,0001	0,0023

1.2   Supplementary Figures

Supplementary Figure 1. **iAT2 containing alveolospheres obtained from hiPSCs by chemically directed lung differentiation**

(A) Immunofluorescence of day 14 lung progenitors from directed lung differentiation (ALB: red, NKX2.1: green, DAPI: cyan). (B) iAT2 alveolosphere at day 44 of differentiation (BU3NGST cell line; NKX2.1^{GFP}, SFTPC^{tdTomato}).

Supplementary Figure 2. **Relative gene expression of 3D co-cultures to HK**

(A) Fold change of gene expression relative to HK (average of ß-Actin and HRPT) for epithelial and stem cell markers in co-culture conditions of iAT2s with IMR-90 control and ILD fibroblasts in in two seeding densities (F_{high} and F_{low}). N = 3, unpaired t-Test between F_{high} and F_{low}. (B) Fold change of gene expression relative to HK (average of ß-Actin and HRPT) for markers associated with aberrant differentiation in co-culture conditions of iAT2s with IMR-90 control and ILD fibroblasts in two seeding densities (F_{high} and F_{low}). N = 3, unpaired t-Test between F_{high} and F_{low}.

Supplementary Figure 3. **Gene expression of 3D co-cultures relative to control fibroblasts**

(A) Fold change of gene expression relative to monocultured IMR-90 control fibroblasts for epithelial and stem cell markers in co-culture conditions of iAT2s with IMR-90 control and ILD fibroblasts in in two seeding densities (F_{high} and F_{low}). N = 3, ordinary one-way ANOVA. (B) Fold change of gene expression relative to monocultured IMR-90 control fibroblasts for markers associated with aberrant differentiation in co-culture conditions of iAT2s with IMR-90 control and ILD fibroblasts in two seeding densities (F_{high} and F_{low}). N = 3, ordinary one-way ANOVA.