

31 **Abstract**

32 **Aims/hypothesis:** Type 1 diabetes is characterised by pancreatic islet inflammation and
33 autoimmune-driven pancreatic beta cell destruction. Type I interferons, such as IFN α , are key
34 players in early human type 1 diabetes pathogenesis, as the activation of the tyrosine kinase 2
35 (TYK2)-signal transducer and activator of transcription (STAT) pathway induces inflammation, a
36 long-lasting MHC class I overexpression, endoplasmic reticulum (ER) stress, and beta cell
37 apoptosis (in synergy with IL-1 β). As TYK2 inhibition has been suggested as a potential
38 therapeutic target for the prevention or treatment of type 1 diabetes, we investigated whether the
39 selective TYK2 inhibitor deucravacitinib could protect beta cells against the damaging effects of
40 IFN α and other proinflammatory cytokines (i.e. IFN γ and IL-1 β).

41 **Methods:** Inflammation, ER stress, and apoptosis were evaluated by real-time PCR, immunoblot,
42 immunofluorescence, and nuclear dyes. The promoter activity was assessed by luciferase assay
43 and insulin secretion and content by ELISA. All experiments were performed in the human EndoC-
44 β H1 cell line.

45 **Results:** Pre-treatment with deucravacitinib prevented IFN α effects, such as STAT1 and STAT2
46 phosphorylation and protein expression as well as MHC class I hyperexpression, in a dose-
47 dependent manner without affecting beta cell survival and function. Comparison between
48 deucravacitinib and two Janus kinase inhibitors, ruxolitinib and baricitinib, showed that
49 deucravacitinib blocked IFN α - but not IFN γ -induced signalling pathway. Pre-treatment with
50 deucravacitinib protected beta cells from the pro-apoptotic and proinflammatory effects of two
51 different combinations of cytokines: IFN α + IL-1 β and IFN γ + IL-1 β . Moreover, this TYK2
52 inhibitor could partially revert apoptosis and inflammation in cells previously treated with IFN α +
53 IL-1 β or IFN γ + IL-1 β .

54 **Conclusions/interpretation:** Our findings suggest that, by protecting beta cells against the
55 deleterious effects of proinflammatory cytokines without affecting beta cell function and survival,
56 deucravacitinib could be repurposed for the prevention or treatment of early type 1 diabetes.

57 **Keywords:** Apoptosis, Deucravacitinib, Inflammation, Pancreatic beta cells, TYK2, Type 1
58 diabetes, Type I interferons

59
60 **Abbreviations**

61 ATF3: Activating transcription factor 3

62 CHOP: C/EBP homologous protein
63 CXCL10: C-X-C motif chemokine ligand 10
64 ER: Endoplasmic reticulum
65 GAS: Gamma-interferon activation site
66 ISG: IFN-stimulated genes
67 ISRE: IFN-stimulated regulatory element
68 JAK: Janus kinase
69 MX1: MX Dynamin Like GTPase 1
70 PKR: Double-stranded RNA sensor protein kinase R
71 Poly(I:C): Polyinosinic-polycytidylic acid
72 STAT: Signal transducer and activator of transcription
73 TYK2: Tyrosine kinase 2
74 XBP1: X-box binding protein 1
75 XBP1s: Spliced isoform of XBP1

76

77 **Research in context**

78 What is already known about this subject?

- 79
- In type 1 diabetes, pancreatic beta cells are killed by the immune system
 - In early insulinitis, type I interferons are crucial for the dialogue between the immune system
 - and pancreatic beta cells
 - Activation of the TYK2-STAT pathway by IFN α induces inflammation, HLA class I
 - overexpression, ER stress, and beta cell apoptosis.

84 What is the key question?

- 85
- Could the TYK2 inhibitor deucravacitinib prevent the deleterious effects of IFN α and other
 - cytokines in beta cells?

87 What are the new findings?

- 88
- Deucravacitinib prevented IFN α effects in a dose-dependent manner without affecting beta
 - cell function and survival
 - Pre-treatment with deucravacitinib protected beta cells against apoptosis and inflammation
 - induced by two different combinations of cytokines: IFN α + IL-1 β and IFN γ + IL-1 β
 - Addition of deucravacitinib to cells pre-treated with IFN α + IL-1 β or IFN γ + IL-1 β partially

93 reverted apoptosis and inflammation induced by these cytokines

94 How might this impact on clinical practice in the foreseeable future?

- 95 • Due to its protective effect against proinflammatory cytokines in beta cells, our findings
96 suggest that deucravacitinib could be repurposed for the prevention or treatment of type 1
97 diabetes.

98

99 Introduction

100 Type 1 diabetes is characterised by pancreatic islet inflammation and specific destruction of
101 pancreatic beta cells by an autoimmune assault, which develops in the context of an inadequate
102 “dialogue” between beta cells and the invading immune cells [1, 2].

103 A growing body of evidence places type I interferons (IFNs) as key players in the early stages of
104 human type 1 diabetes pathogenesis [3]. IFN α was found in islets from type 1 diabetes patients [4–
105 6], and laser-captured islets from living donors with recent-onset type 1 diabetes showed increased
106 expression of IFN-stimulated genes (ISGs) [7]. In genetically susceptible children, an IFN
107 signature was temporarily amplified preceding the development of autoantibodies and throughout
108 the progress of type 1 diabetes [8, 9]. Recently, three type I IFN response markers, namely human
109 MX Dynamin Like GTPase 1 (MX1), double-stranded RNA sensor protein kinase R, and HLA
110 class I, were found to be expressed in a significantly higher percentage of insulin-containing islets
111 from autoantibody-positive and/or recent-onset type 1 diabetes donors [10]. In human beta cells,
112 IFN α induces inflammation, endoplasmic reticulum (ER) stress as well as a long-lasting
113 overexpression of HLA class I via activation of the tyrosine kinase 2 (TYK2)-signal transducer
114 and activator of transcription (STAT) pathway. Moreover, IFN α induces apoptosis in the presence
115 of IL-1 β [11–14].

116 Targeting the type I IFN signalling pathway has been proposed as a potential adjuvant therapy to
117 treat at-risk individuals or patients still in the very early stages of the disease [3, 15]. Among some
118 of the strategies that have been suggested, inhibitors of Janus kinase (JAK) proteins (JAK1-3 and
119 TYK2) show great promise. Treatment with AZD1480 (a JAK1/JAK2 inhibitor) and ABT 317 (a
120 JAK1-selective inhibitor) protected non-obese diabetic mice against autoimmune diabetes and
121 reversed diabetes in newly diagnosed non-diabetic mice [16, 17]. In human beta cells, clinically
122 used JAK inhibitors, namely ruxolitinib, cerdulatinib, and baricitinib, prevented MHC class I
123 overexpression, ER stress, chemokine production, and apoptosis [13, 14].

124 Lately, attention has been focused on *TYK2*, a candidate gene for type 1 diabetes whose genetic
125 variants that decrease TYK2 activity are associated with protection against the disease [18–20].
126 TYK2 is crucial for cell development and IFN α -mediated responses in human beta cells [11, 21,
127 22]. Partial TYK2 knockdown protected human beta cells against apoptosis and inflammation
128 induced by polyinosinic-polycytidilic acid (poly(I:C)), a mimic of double-stranded RNA produced
129 during viral infection [21]. In mature stem cell-islets, TYK2 knockout or pharmacological

130 inhibition decreased T-cell-mediated cytotoxicity by preventing IFN α -induced antigen processing
131 and presentation, including MHC class I expression [22]. As these findings place TYK2 as a
132 critical regulator of the type I IFN signalling pathway in beta cells, selective TYK2 inhibition has
133 emerged as a drug target to treat type 1 diabetes. Recently, two novel small molecule inhibitors
134 binding to the TYK2 pseudokinase domain protected human beta cells against the deleterious
135 effects of IFN α without compromising beta cell function and susceptibility to potentially
136 diabetogenic viruses [23].

137 Deucravacitinib (BMS-986165), a small molecule that selectively targets the TYK2 pseudokinase
138 domain, has shown great therapeutic potential for immune-mediated diseases, such as lupus
139 nephritis and systemic lupus erythematosus [24, 25]. In fact, deucravacitinib has been recently
140 approved for treatment of plaque psoriasis [26–28]. However, no preclinical studies have deeply
141 explored the possible use of deucravacitinib in the context of type 1 diabetes. Notably, Chandra et
142 al. recently used deucravacitinib to validate their CRISPR-Cas9-generated *TYK2* knockout in
143 human induced pluripotent stem cells, but did not provide further characterisation of its effects in
144 beta cells [22].

145 In the present study, we described the effects of deucravacitinib on the human EndoC- β H1 beta
146 cell line, including its ability to prevent IFN α -triggered signalling pathway and subsequent
147 damaging effects on beta cells. We report that deucravacitinib prevented IFN α effects in a dose-
148 dependent manner without affecting beta cell survival and function. Compared with ruxolitinib
149 and baricitinib, deucravacitinib inhibited the IFN α - but not IFN γ -stimulated signalling pathway.
150 Interestingly, this TYK2 inhibitor protected beta cells not only against the deleterious effects of
151 IFN α but also from other proinflammatory cytokines, namely IFN γ and IL-1 β , which suggests that
152 deucravacitinib could be introduced as an adjuvant protective therapy at different stages of the
153 disease to avoid the progressive loss of beta cell mass.

154

155 **Methods**

156 **Culture of EndoC- β H1 cells**

157 The human EndoC- β H1 beta cell line [research resource identifier (RRID): CVCL_L909,
158 Univercell-Biosolutions, France] was cultured in Matrigel/fibronectin-coated plates as previously
159 described [29]. Cells were cultured in DMEM containing 5.6 mmol/l glucose, 10 mmol/l
160 nicotinamide, 5.5 μ g/ml transferrin, 50 μ mol/l 2-mercaptoethanol, 6.7 ng/ml selenite, 2% BSA

161 fatty acid free, 100 U/ml penicillin, and 100 µg/ml streptomycin. We confirmed that cells were
162 mycoplasma-free using the MycoAlert Mycoplasma Detection Kit (Lonza, Basel, Switzerland).

163

164 **Cell treatments**

165 Proinflammatory cytokine concentrations were selected according to previously established
166 experiments in human beta cells [11, 30]: recombinant human IFN α (PeproTech Inc., Rocky Hill,
167 NJ) at 1000 U/ml; recombinant human IFN γ (PeproTech Inc., Rocky Hill, NJ) at 1000 U/ml; and
168 recombinant human IL-1 β (R&D Systems, Abingdon, UK) at 50 U/ml. Cells were transfected with
169 1 µg/ml poly(I:C) (InvivoGen, San Diego, CA) as indicated [31]. Ruxolitinib, baricitinib, or
170 deucravacitinib (Selleckchem, Planegg, Germany) were prepared by dissolution in DMSO (used
171 as vehicle) and cells were treated as indicated in the figures. Ruxolitinib and baricitinib
172 concentrations were selected based on previous dose-response experiments (unpublished data).
173 For treatments involving cytokines, 2% FBS was added to the culture medium.

174

175 **Cell viability assessment**

176 The percentage of apoptosis was measured by fluorescence microscopy upon staining with the
177 DNA-binding dyes Hoechst 33342 and propidium iodide (Sigma-Aldrich, Saint Louis, MO, USA)
178 as described [32]. At least 600 cells were counted for each experimental condition. Viability was
179 assessed by two independent observers, one of whom was unaware of sample identity, with an
180 agreement between results of >90%.

181

182 **Caspase 3/7 activity**

183 Caspase 3/7 activity was determined using the Caspase-Glo $\text{\textcircled{R}}$ 3/7 assay (Promega, Madison, WI,
184 USA) following the manufacturer's instructions. Briefly, upon treatment in 100 µl culture medium,
185 cells were incubated with 100 µl Caspase-Glo $\text{\textcircled{R}}$ 3/7 reagent at room temperature for 1 h before
186 recording luminescence with a POLASTAR plate reader (BMG Labtech, Ortenberg, Germany).

187

188 **C-X-C motif chemokine ligand 10 (CXCL10) measurements**

189 The release of CXCL10 to the culture medium was detected using Human ProcartaPlex
190 immunoassays (Invitrogen, Vienna, Austria) following the manufacturer's recommendations.
191 Reactions were read with a MagPix system (Luminex, Austin, TX, USA).

192

193 **Luciferase reporter assays**

194 EndoC- β H1 cells were transfected using Lipofectamine 2000 (Invitrogen, Carlsbad, CA, USA)
195 with pRL-CMV encoding *Renilla* luciferase (Promega) and luciferase reporter constructs for either
196 gamma-interferon activation site (GAS) (Panomics, Fremont, CA, USA) or IFN-stimulated
197 regulatory element (ISRE) (kindly provided by Dr Izortze Santin, University of the Basque
198 Country, Spain). After recovery, cells were treated with either IFN α for 2 h or IFN γ for 24 h [33].
199 Luciferase activity was measured in a POLASTAR plate reader (BMG Labtech) using the Dual-
200 Luciferase Reporter Assay System (Promega) and corrected for the luciferase activity of the
201 internal control plasmid, i.e. pRL-CMV.

202

203 **RNA analysis**

204 Poly(A)⁺ mRNA was extracted using Dynabeads mRNA DIRECT kit (Invitrogen) and cDNA
205 synthesis was performed using the High-Capacity cDNA Reverse Transcription Kit (Applied
206 Biosystems). Real-time PCR was performed on the CFX96 Real Time System (Bio-Rad) as
207 described [34] and the housekeeping gene β -actin was used to correct expression values. All
208 primers used here are listed in ESM Table 1.

209

210 **Immunoblotting and immunofluorescence analyses**

211 Western blotting analysis was performed as described [21]. Briefly, cells were washed with cold
212 PBS and lysed in Laemmli buffer. Immunoblot was performed using antibodies against STAT1
213 and STAT2 (phosphorylated and total forms; all at 1:1000 dilution), and α -tubulin (1:5000).
214 Peroxidase-conjugated antibodies (1:5000) were used as secondary antibodies. SuperSignal West
215 Femto chemiluminescent substrate (Thermo Scientific, Rockford, IL, USA) and ChemiDoc XRS+
216 (Bio-Rad Laboratories, Hercules, CA, USA) were used to detect bands.

217 Immunofluorescence was carried out as described [11, 21]. First, cells were washed with cold PBS
218 and fixed with 4% paraformaldehyde. Afterwards, cells were permeabilised and incubated with
219 the mouse anti-MHC Class I (W6/32) antibody (1:1000). The Alexa Fluor 568 polyclonal goat
220 anti-mouse IgG (1:500) was used as secondary antibody. Upon staining with Hoechst 33342,
221 coverslips were mounted with fluorescent mounting medium (Dako, Carpinteria, CA, USA) and
222 immunofluorescence was observed with an inverted fluorescence microscope Zeiss Confocal

223 LSM900 with Airyscan 2 microscope equipped with a camera (Zeiss-Vision, Munich, Germany),
224 and images were acquired at x40 magnification and analysed using ZEN software (version 3.3;
225 Zeiss-Vision, Munich, Germany) and open-source FIJI software (version 2.0; <https://fiji.sc>).
226 All antibodies used here are provided in ESM Table 2.

227

228 **Glucose-stimulated insulin secretion**

229 After preincubation in modified Krebs-Ringer for 1 h, cells were sequentially stimulated with low
230 (0 mmol/l) and high glucose (20 mmol/l) for 1 h (each stimulation) as previously described [35].
231 Insulin secreted and insulin content from lysed cells were measured using a human insulin ELISA
232 kit (Merckodia, Uppsala, Sweden) following the manufacturer's instructions. See ESM Methods for
233 further details.

234

235 **Statistical analyses**

236 The GraphPad Prism 7.0 software (GraphPad Software, La Jolla, CA, USA) was used for statistical
237 analyses. Data are shown as mean \pm SEM of independent experiments (i.e. considering EndoC-
238 β H1 cells from different passages as $n = 1$, with individual data added to the column bars). The
239 statistical significance of differences between groups was evaluated using one-way ANOVA
240 followed by Dunnett's test or two-way ANOVA followed by Sidak's test or by Dunnett's test, as
241 appropriate.

242

243 **Results**

244 **Deucravacitinib prevents IFN α effects in EndoC- β H1 cells**

245 IFN α -mediated JAK/TYK2 activation leads to phosphorylation of STAT1 and STAT2, which will
246 eventually upregulate several ISGs, including *STAT1/2*, *HLA-ABC*, *CXCL10*, and *MX1* (ESM Fig.
247 1a). Pre-treatment of EndoC- β H1 cells with deucravacitinib inhibited IFN α -induced STAT1 and
248 STAT2 phosphorylation in a dose-dependent manner, where deucravacitinib showed greater
249 potency towards IFN α -stimulated STAT1 inhibition (Fig. 1a,b). We then selected two doses, 10
250 and 1000 nmol/l, for the follow-up experiments. Next, we examined the effect of deucravacitinib
251 on the kinetics of IFN α -induced STAT activation. As expected, the phosphorylation of STAT1
252 and STAT2 was markedly amplified by IFN α at early time points (1–4 h) and returned to baseline
253 by 24 h (Fig. 1c,d and ESM Fig. 1b). STAT1 and STAT2 protein expression augmented in a time-

254 dependent manner. Although both proteins were already upregulated by 8 h, STAT2 reached an
255 expression peak at 16 h, while STAT1 expression was still increasing by 24 h (Fig. 1c-f). Exposure
256 to 1000 nmol/l deucravacitinib abrogated the IFN α -stimulated STAT1 and STAT2
257 phosphorylation and protein expression, whereas 10 nmol/l deucravacitinib had only a minor effect
258 (Fig. 1c-f and ESM Fig. 1b). These findings are better evidenced by analysing the area under the
259 curve of the phosphorylated and total forms of STAT1 and STAT2 (ESM Fig. 1c-f). Finally, MHC
260 class I protein expression stimulated by IFN α was completely blocked by 1000 nmol/l
261 deucravacitinib (Fig. 1g,h).

262

263 **Beta cell survival and function are not affected by deucravacitinib**

264 We examined whether deucravacitinib would interfere with beta cell survival and function in the
265 absence or presence of IFN α . After 24 h exposure, 1000 nmol/l deucravacitinib did not affect beta
266 cell viability (ESM Fig. 2a) nor change glucose-stimulated insulin secretion and insulin content
267 (ESM Fig. 2b,c). IFN α did not affect beta cell viability and function as described [11, 23].

268

269 **IFN α , but not IFN γ signalling pathway is blocked by deucravacitinib**

270 We compared deucravacitinib with ruxolitinib and baricitinib, two JAK1/JAK2 inhibitors
271 previously tested in beta cells [13, 14, 36]. First, we measured STAT1 and STAT2 phosphorylation
272 upon stimulation with IFN α or IFN γ (Fig. 2a-d and ESM Fig. 3a,b). Ruxolitinib, baricitinib, and
273 deucravacitinib prevented IFN α -stimulated increase in P-STAT1 and P-STAT2 levels (Fig. 2a,c
274 and ESM Fig. 3b). Nevertheless, deucravacitinib did not change IFN γ -induced STAT1
275 phosphorylation, whereas ruxolitinib and baricitinib blocked it (Fig. 2b,d). Of note, IFN γ did not
276 induce STAT2 phosphorylation (Fig. 2b) [33]. Next, we assessed ISRE and GAS activities upon
277 stimulation with IFN α and IFN γ (Fig. 2e,f and ESM Fig. 3c,d). All three inhibitors abrogated
278 IFN α -stimulated ISRE reporter activity (Fig. 2e), whereas IFN γ -induced GAS activation was
279 barely affected by deucravacitinib (Fig. 2f). As expected, ISRE and GAS activities were not
280 stimulated by, respectively, IFN γ and IFN α (ESM Fig. 3c,d). These findings corroborate the
281 deucravacitinib mode of action, which specifically binds to and inhibits TYK2 without affecting
282 JAK1/JAK2 pathways. As TYK2 does not participate in the IFN γ pathway, the lack of
283 deucravacitinib effect in IFN γ -stimulated changes is expected.

284

285 **Deucravacitinib blocks IFN α -induced upregulation of ISGs, but not ER stress markers**

286 We assessed the effects of these three inhibitors on the expression of some ISGs and ER stress
287 markers. All three inhibitors prevented IFN α -induced upregulation of *HLA-ABC*, *CXCL10*, and
288 *MXI* in a dose-dependent manner (Fig. 3a-c). Although ruxolitinib and baricitinib inhibited the
289 expression of the ER stress markers C/EBP homologous protein (*CHOP*, also known as *DDIT3*)
290 and spliced isoform of XBP1 X-box binding protein 1 (*XBPIs*), only the lower dose of
291 deucravacitinib reduced CHOP expression (Fig. 3d,e). None of the three inhibitors changed the
292 mRNA expression of activating transcription factor 3 (*ATF3*) (Fig. 3f).

293

294 **Deucravacitinib prevents IFN α + IL-1 β -induced effects in beta cells**

295 Previous studies showed that a combination of IFN α + IL-1 β , two cytokines that might be present
296 in the islet milieu at early stages of insulinitis, induces beta cell apoptosis, inflammation, and ER
297 stress [11, 14, 23] (Fig. 4a). Then, we investigated whether deucravacitinib protects beta cells after
298 IFN α + IL-1 β exposure for 24 h. We observed that deucravacitinib completely prevented IFN α +
299 IL-1 β -induced apoptosis, which was assessed by two approaches, namely DNA-binding dyes and
300 caspase 3/7 activity assay (Fig. 4b,c). Moreover, cells treated with deucravacitinib showed reduced
301 levels of P-STAT1 and STAT1 (Fig. 4d-f) as well as *HLA-ABC*, *MXI*, *CXCL10*, and *CHOP* mRNA
302 expression (Fig. 4g-j). MHC class I protein expression and CXCL10 secretion to the medium were
303 also decreased by TYK2 inhibition (Fig. 4k-m).

304

305 **Deucravacitinib abrogates IFN γ + IL-1 β -induced apoptosis in beta cells**

306 We then evaluated whether deucravacitinib would protect against cytokines that, as compared with
307 IFN α , probably appear later in the progression of islet inflammation, such as IFN γ and IL-1 β [1,
308 37] (Fig. 5a). After treatment for 24 h, deucravacitinib inhibited IFN γ + IL-1 β -induced apoptosis
309 in a dose-dependent manner (60% and 92% protection at 10 and 1000 nmol/l, respectively) (Fig.
310 5b). These results were confirmed by the caspase 3/7 activity assay (Fig. 5c). Pre-treatment with
311 deucravacitinib did not block IFN γ + IL-1 β -induced STAT1 phosphorylation and protein
312 expression (Fig. 5d-f) or *HLA-ABC* mRNA expression (Fig. 5g). In fact, P-STAT1 levels were
313 higher in cells treated with 1000 nmol/l deucravacitinib than in vehicle-treated cells (Fig. 5d,e).
314 Conversely, deucravacitinib diminished *MXI* and *CXCL10* mRNA expression, whereas *CHOP*
315 was reduced at the lower dose of deucravacitinib (Fig. 5h-j).

316

317 **Poly(I:C)-induced apoptosis is not changed by TYK2 inhibition**

318 As intracellular exposure to poly(I:C), a mimic of viral infection, results in the production and
319 secretion of type I IFNs as well as beta cell apoptosis [21, 38, 39], we tested deucravacitinib after
320 treatment with poly(I:C) for 24 h. Contrary to what we observed for cytokine-triggered cell death
321 (Figs 4 and 5), apoptosis induced by poly(I:C) was not altered by deucravacitinib (ESM Fig. 4a).
322 Curiously, despite the absence of an effect on viability, deucravacitinib inhibited poly(I:C)-
323 stimulated *HLA-ABC*, *MX1*, and *CHOP* upregulation (ESM Fig. 4b-d). While *CXCL10* mRNA
324 expression was dampened by TYK2 inhibition, *CXCL10* protein secretion was not significantly
325 reduced (ESM Fig. 4e,f).

326

327 **The harmful effects of cytokines are partially reverted by deucravacitinib**

328 Up to this point, we investigated whether pre-treatment with deucravacitinib would prevent the
329 effects of different cytokines in beta cells. Here, we assessed if deucravacitinib could reverse these
330 damaging effects. EndoC- β H1 cells were pre-treated with either IFN α + IL-1 β or IFN γ + IL-1 β
331 for 24 h. Afterwards, 1000 nmol/l deucravacitinib was added for an additional 24 h still in the
332 presence of the different mixes of cytokines (Figs 6a and 7a). IFN α + IL-1 β -induced apoptosis was
333 partially reversed by deucravacitinib (60% decrease) (Fig. 6b). The expression of *HLA-ABC*
334 mRNA stimulated by IFN α + IL-1 β remained unchanged in the presence of deucravacitinib (Fig.
335 6c), which agrees with previous data showing a long-lasting expression of *HLA-ABC* [13]. STAT1
336 protein levels and *CXCL10* secretion as well as *CHOP* mRNA expression were reduced by 26%-
337 42%, while the expression of *MX1* and *CXCL10* was completely inhibited by deucravacitinib (Fig.
338 6 d-i). Of note, STAT1 phosphorylation was not detected, probably due to a process of
339 desensitisation following the initial IFN α stimulus [33] (Fig. 6c).

340 Similarly to IFN α + IL-1 β (Fig. 6), deucravacitinib diminished IFN γ + IL-1 β -induced apoptosis
341 (64% decrease) but did not modify *HLA-ABC* mRNA expression (Fig. 7b,c). Protein levels of
342 STAT1 and *CXCL10*, however, were not altered by the TYK2 inhibitor, whereas a slight, non-
343 significant 30% reduction was seen in *CHOP* expression (Fig. 7d,e,g,i). Expression of *MX1* and
344 *CXCL10* was only partially blocked by deucravacitinib under IFN γ + IL-1 β conditions (Fig. 7f,h).

345

346 **Discussion**

347 Due to its implication in type 1 diabetes pathogenesis, IFN α pathway has arisen as an interesting
348 therapeutic target. Reduction of IFN α extracellular levels, blockade of IFN α itself and/or its
349 receptor, and reduction of the activity of proteins mediating IFN effects have been proposed as
350 means to diminish IFN α deleterious effects [40]. In rodent models, some of these strategies have
351 successfully prevented diabetes development [16, 17, 41–43].

352 One of the most promising therapeutic approaches for type 1 diabetes prevention/early treatment
353 is the targeting of the JAK-STAT pathway with JAK inhibitors [3, 15]. This strategy has been
354 clinically approved for the treatment of some autoimmune diseases, including systemic lupus
355 erythematosus [44], rheumatoid arthritis [45], and psoriasis [26, 27]. Although there are no
356 approved JAK inhibitors being clinically used for type 1 diabetes, recent preclinical data suggest
357 that these inhibitors could be repurposed to treat this disease [13, 14, 16, 17, 22, 23]. In fact, a
358 clinical trial aiming to determine whether baricitinib could slow the progressive, immune-
359 mediated loss of beta cell function and mass that occurs in type 1 diabetes is currently ongoing
360 [46].

361 In the current study, we tested whether the TYK2 inhibitor deucravacitinib could protect human
362 beta cells against the deleterious effects of IFN α and other cytokines. We chose to focus on this
363 TYK2 inhibitor for two main reasons: first, due to the importance of TYK2 to type 1 diabetes
364 pathogenesis. For instance, TYK2 regulates pro-apoptotic and proinflammatory pathways via
365 regulation of the IFN α signalling, antigen processing and presentation, and modulation of cytokine
366 and chemokine production in beta cells [21, 22]. Second, exploring a drug that has been recently
367 approved by the US Food and Drug Administration to treat another autoimmune disease, namely
368 plaque psoriasis [28], increases its repositioning potential for type 1 diabetes and facilitates the
369 bench-to-bedside transition.

370 Deucravacitinib is a small-molecule ligand that binds to and stabilizes the TYK2 pseudokinase
371 domain, leading to highly potent and selective allosteric TYK2 inhibition [24, 47]. Inhibition of
372 IFN α -induced STAT phosphorylation by deucravacitinib has been shown in several cell types,
373 such as CD3⁺ T cells, CD19⁺ B cells, and CD14⁺ monocytes [24]. Here we showed that
374 deucravacitinib also prevents IFN α -stimulated STAT1 and STAT2 phosphorylation in human
375 EndoC- β H1 cell line. Furthermore, in agreement with previous findings [24], deucravacitinib also
376 showed higher potency against TYK2-mediated phosphorylation of STAT1 compared with
377 STAT2 phosphorylation in our experimental model. Notably, at the concentrations used in our

378 study, deucravacitinib did not affect beta cell function and viability, which is a desired feature for
379 a drug with therapeutic potential.

380 Compared with ruxolitinib and baricitinib, two clinically available JAK1/JAK2 inhibitors,
381 deucravacitinib was more potent against IFN α -stimulated STAT phosphorylation, ISRE activity,
382 and mRNA expression of *HLA-ABC*, *MX1*, and *CXCL10*. However, unlike ruxolitinib and
383 baricitinib, deucravacitinib did not block the IFN α -mediated upregulation of the ER stress markers
384 *CHOP* and *XBPIs*. Our results partially agree with the ones reported by Coomans de Brachène et
385 al., where two TYK2 inhibitors failed to prevent IFN α -induced *CHOP* expression in EndoC- β H1
386 cells but inhibited *CHOP* and *ATF3* expression in dispersed human islets [23].

387 Prior studies have shown that other JAK/TYK2 inhibitors could prevent the detrimental effects of
388 IFN α + IL-1 β , such as apoptosis and inflammation [14, 23]. Therefore, we proceeded to
389 investigate whether deucravacitinib could protect beta cells against the harmful effects of two
390 different combinations of cytokines: IFN α + IL-1 β (early insulinitis) and IFN γ + IL-1 β (late
391 insulinitis). In both scenarios, pre-treatment with deucravacitinib not only protected against
392 cytokine-induced apoptosis but prevented the upregulation of *HLA-ABC*, *MX1*, *CXCL10*, and
393 *CHOP*. Additionally, in cells treated with IFN α + IL-1 β , deucravacitinib blocked the
394 overexpression of MHC class I at the cell surface and *CXCL10* secretion to the medium.
395 Importantly, the addition of deucravacitinib when cytokine exposure was already ongoing could
396 reverse, at least in part, the deleterious effects of these cytokines. Although it seems clear that
397 deucravacitinib confers protection against IFN α + IL-1 β by directly inhibiting the TYK2-mediated
398 pathway, it remains to be answered how deucravacitinib protects against IFN γ + IL-1 β -induced
399 effects. Indeed, our present data suggest that deucravacitinib does not interfere with the IFN γ -
400 mediated signalling pathway.

401 Due to TYK2 role in the IFN α -mediated antiviral response, as evidenced by the regulation of *MX1*
402 mRNA expression and STAT1 protein levels [11, 22, 23], another desired characteristic for a
403 TYK2 inhibitor would be to block IFN α pathway without sensitising beta cells to viral infections.
404 To test this hypothesis, we mimicked a viral infection by exposing EndoC- β H1 cells to poly(I:C).
405 In our model, deucravacitinib abrogated poly(I:C)-stimulated inflammation but did not change
406 poly(I:C)-induced beta cell apoptosis. Even though our results were obtained with a synthetic viral
407 double-stranded RNA analogue, they conform to a previous study showing that two novel TYK2
408 inhibitors did not sensitize human beta cells to potentially diabetogenic coxsackieviruses CVB1

409 and CVB5 [23]. Importantly, deucravacitinib and these two TYK2 inhibitors share the same
410 mechanism of action, i.e. binding to the TYK2 pseudokinase domain.

411 Based on our findings, it will be interesting to test whether novel small molecule TYK2
412 pseudokinase ligands [48] could also protect beta cells from IFN α deleterious effects.
413 Nevertheless, we must bear in mind that completely inhibiting TYK2 may be counterproductive,
414 as it might lead to susceptibility to microorganisms (e.g. mycobacteria and virus) and
415 immunodeficiency [49]. Thus, regardless of the TYK2 inhibitor chosen, we should focus on doses
416 that induce a partial inhibition, as seen in individuals with a protective single nucleotide
417 polymorphism in the *TYK2* gene [18], as it could offer maximal efficacy with reduced risk of
418 developing secondary infections.

419 One potential limitation of our study is its purely in vitro nature, which may limit our conclusions
420 regarding the use of deucravacitinib to treat a disease as complex as type 1 diabetes. Conversely,
421 our findings, along with those reported by Coomans de Brachène et al. [23] and Chandra et al.
422 [22], provide further preclinical evidence that TYK2 inhibitors could be considered a strategy for
423 an early therapy for type 1 diabetes. The next logical step would be to investigate whether our in
424 vitro findings could be translated to animal models of type 1 diabetes (e.g. NOD and RIP-B7.1
425 mice).

426 In conclusion, we have provided evidence that deucravacitinib protects beta cells against the
427 deleterious effects of proinflammatory cytokines, such as IFN α , IFN γ and IL-1 β , without affecting
428 beta cell function and survival. Our present findings add to the growing body of evidence showing
429 that TYK2 inhibition may be an efficient strategy to treat type 1 diabetes. Moreover, we suggest
430 that deucravacitinib could be repurposed to treat pre-symptomatic type 1 diabetes subjects (i.e.
431 positive for 2–3 autoantibodies but still normoglycemic) or be introduced in the early stages of
432 type 1 diabetes onset.

433

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438 ESM Fig. 1a, and ESM Fig. 3a were created with BioRender.com.

439

440 **Data availability**

441 All data generated or analysed during this study are included in this published article (and its
442 supplementary information files). Data are however available from the corresponding authors upon
443 reasonable request.

444

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453

454 **Authors' relationships and activities**

455 The authors declare that there are no relationships or activities that might bias, or be perceived to
456 bias, their work.

457

458 **Contribution statement**

459 RSDS and LM: Conceptualization, Supervision, Visualization, Investigation, Formal analysis, and
460 Writing – original draft & editing; DGL and AAP-S: Investigation, Formal analysis, and Writing
461 – review & editing; AN: Resources and Writing – review & editing; LM: Resources, Funding
462 acquisition, and Project administration. All authors have read and given approval to the final
463 version of the manuscript. RSDS and LM are guarantors of this work and, as such, had full access
464 to all the data presented herein and take responsibility for the integrity of the data and the accuracy
465 of data analyses.

466

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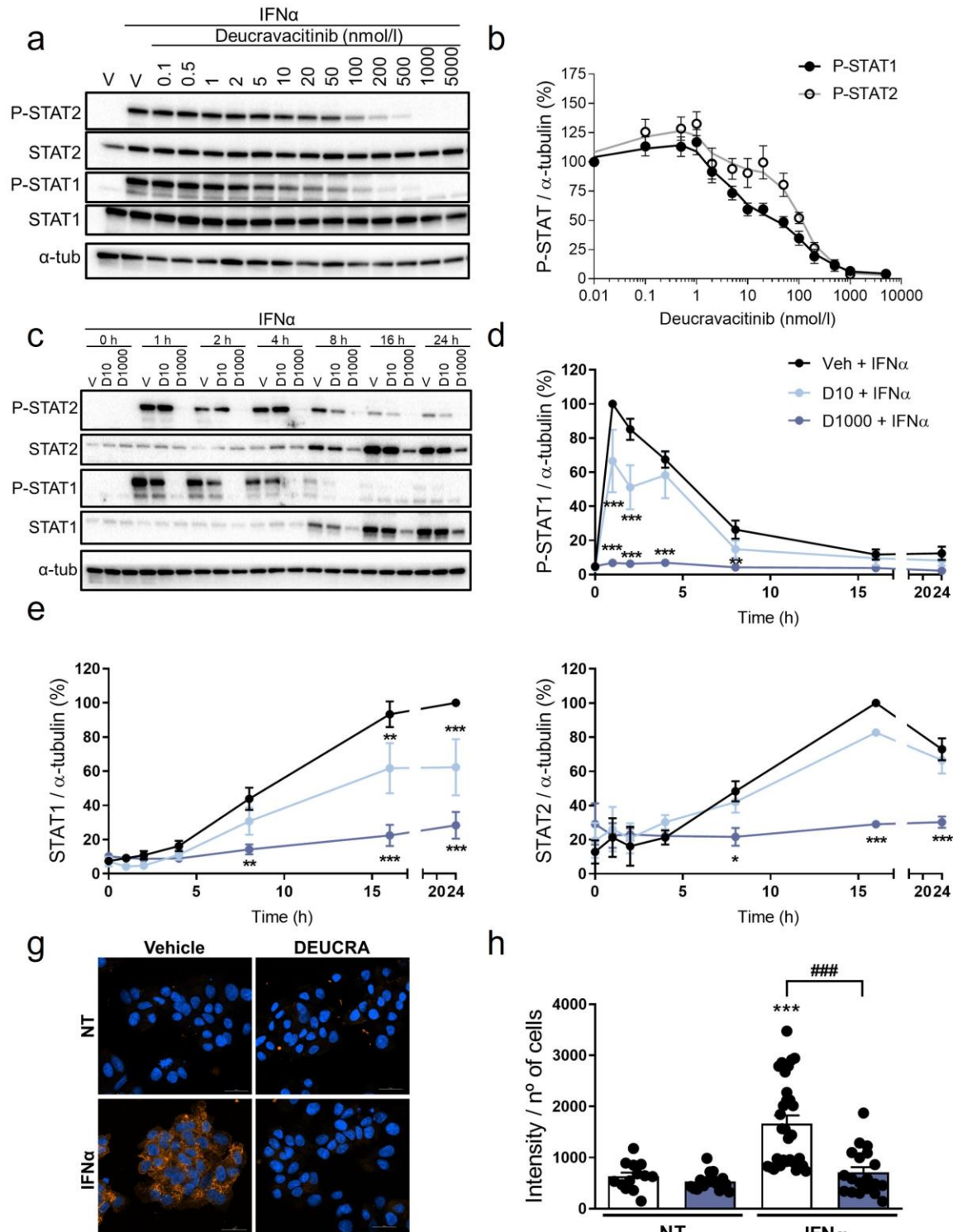
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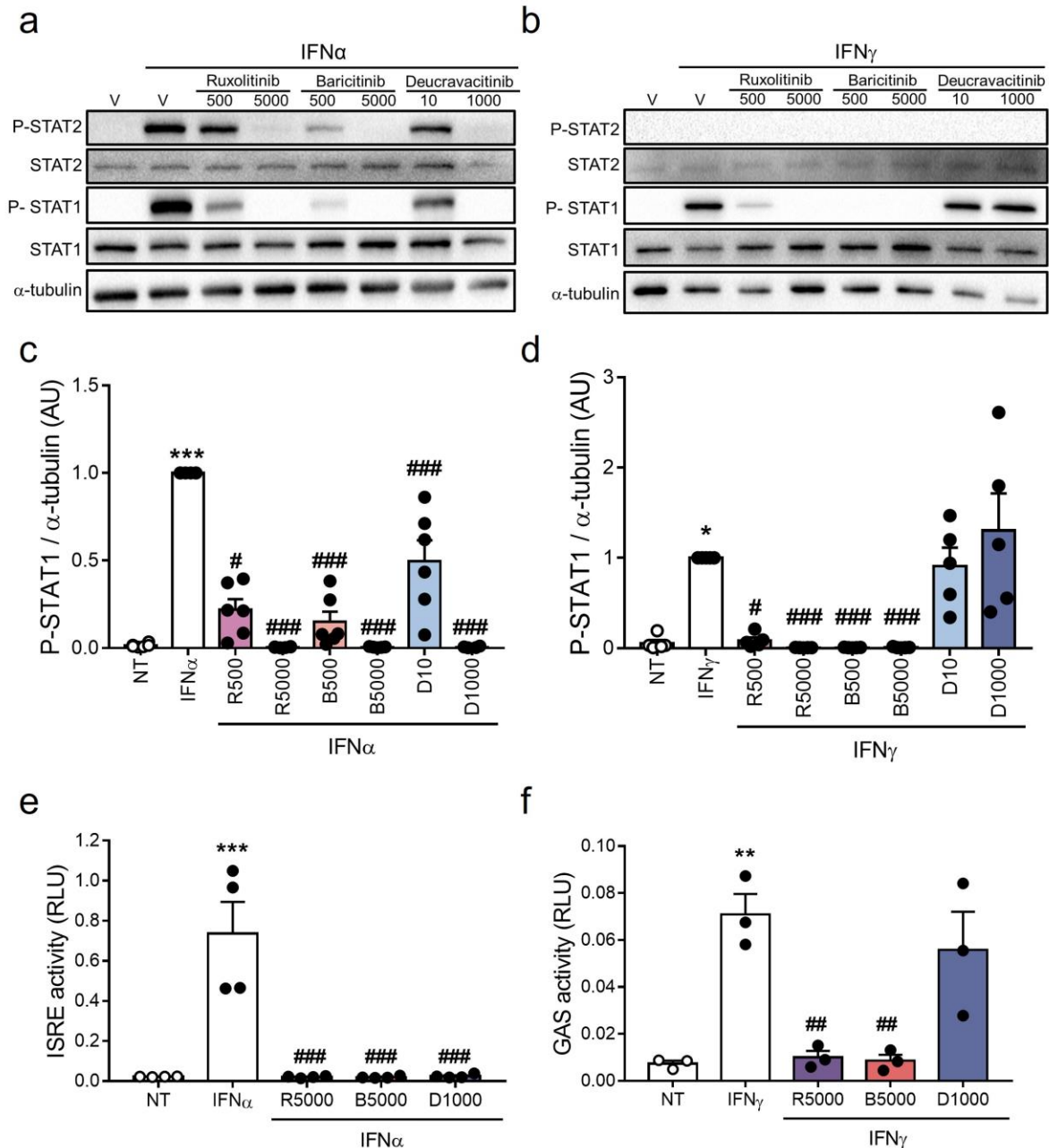
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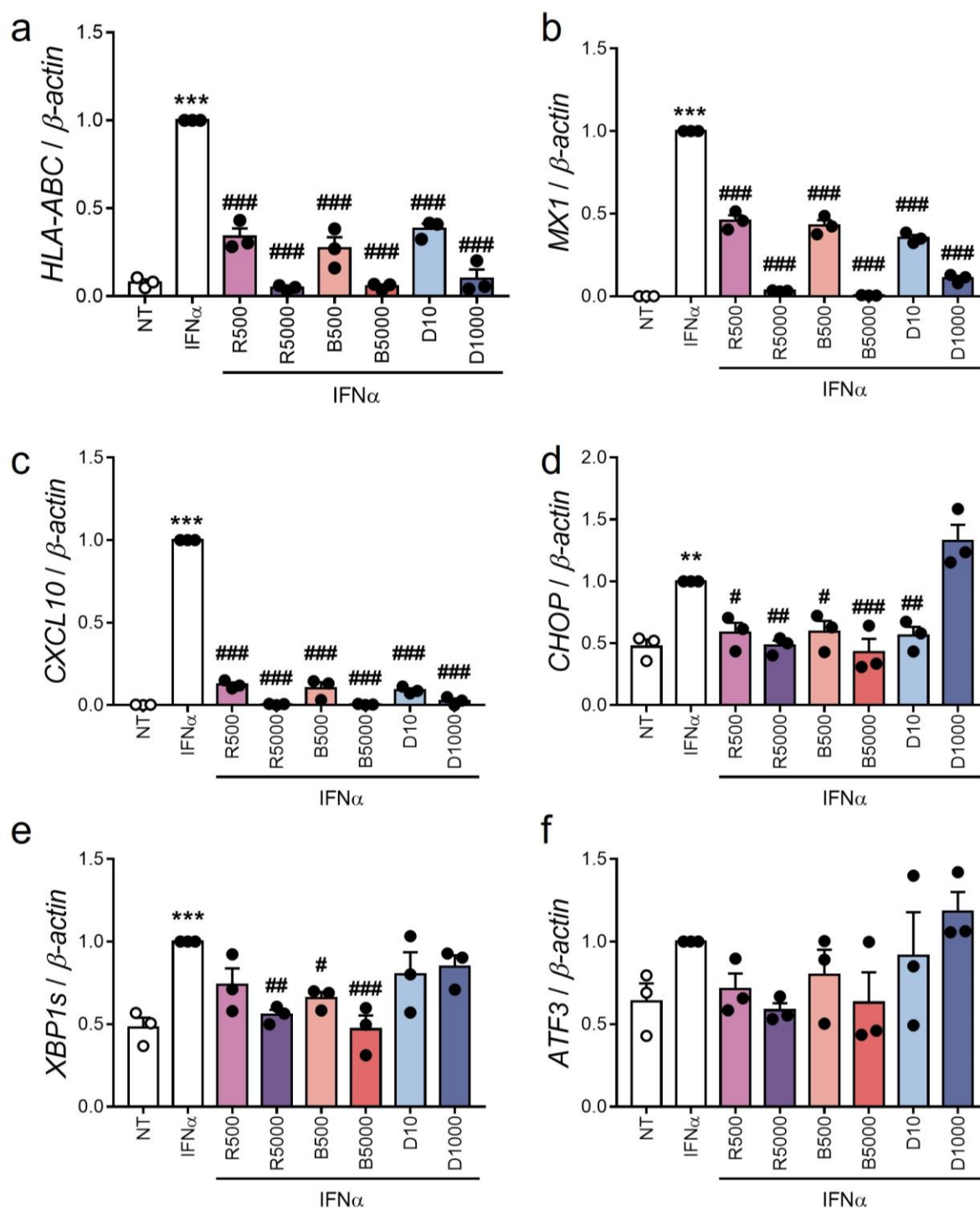
619 **Figure 1. Deucravacitinib inhibits IFN α -mediated STAT phosphorylation and MHC class I**
 620 **overexpression.** (a,b) EndoC- β H1 cells were treated with vehicle (V) or pre-treated with the
 621 indicated deucravacitinib concentrations for 1 h. Afterwards, cells were left untreated or treated
 622 with IFN α (1000 U/ml) in the absence or presence of deucravacitinib for 1 h. (a, b) Protein

623 expression was measured by western blot. **(a)** Images are representative of four to six independent
624 experiments. **(b)** Densitometry results are shown for P-STAT1 (black circles) and P-STAT2 (white
625 circles). Values were normalised to α -tubulin, and then to the value of IFN α alone of each
626 experiment (considered as 100%). **(c-h)** EndoC- β H1 cells were treated with vehicle (V or Veh,
627 black circles) or pre-treated with deucravacitinib (10 [D10, soft blue circles] and 1000 nmol/l
628 [D1000, dark blue circles]) for 1 h. Afterwards, cells were left untreated or treated with IFN α (1000
629 U/ml) in the absence or presence of deucravacitinib for 1–24 h **(c-f)** or 24 h **(g, h)**. **(c-f)** Protein
630 expression was measured by western blot. **(c)** Images are representative of three to six independent
631 experiments. **(d-f)** Densitometry results are shown for P-STAT1 **(d)**, STAT1 **(e)**, and STAT2 **(f)**.
632 Values were normalised to α -tubulin, and then to the highest value of each experiment (considered
633 as 1). **(g, h)** Immunocytochemistry analysis of MHC class I (red) and Hoechst 33342 (blue) upon
634 exposure to IFN α in the absence (white bars) or presence of 1000 nmol/l deucravacitinib (dark
635 blue bars) for 24 h. Representative images of three independent experiments (13–30
636 images/cover slip) **(g)** and quantification **(h)** are shown. Data are means \pm SEM of three to six
637 independent experiments. **(d-f)** * $p \leq 0.05$, ** $p \leq 0.01$ and *** $p \leq 0.001$ vs Vehicle + IFN α (two-way
638 ANOVA plus Dunnett's test). **(h)** *** $p < 0.001$ vs the respective untreated (NT) (two-way ANOVA
639 plus Sidak's test); ### $p \leq 0.001$, as indicated by bars (two-way ANOVA plus Dunnett's test).



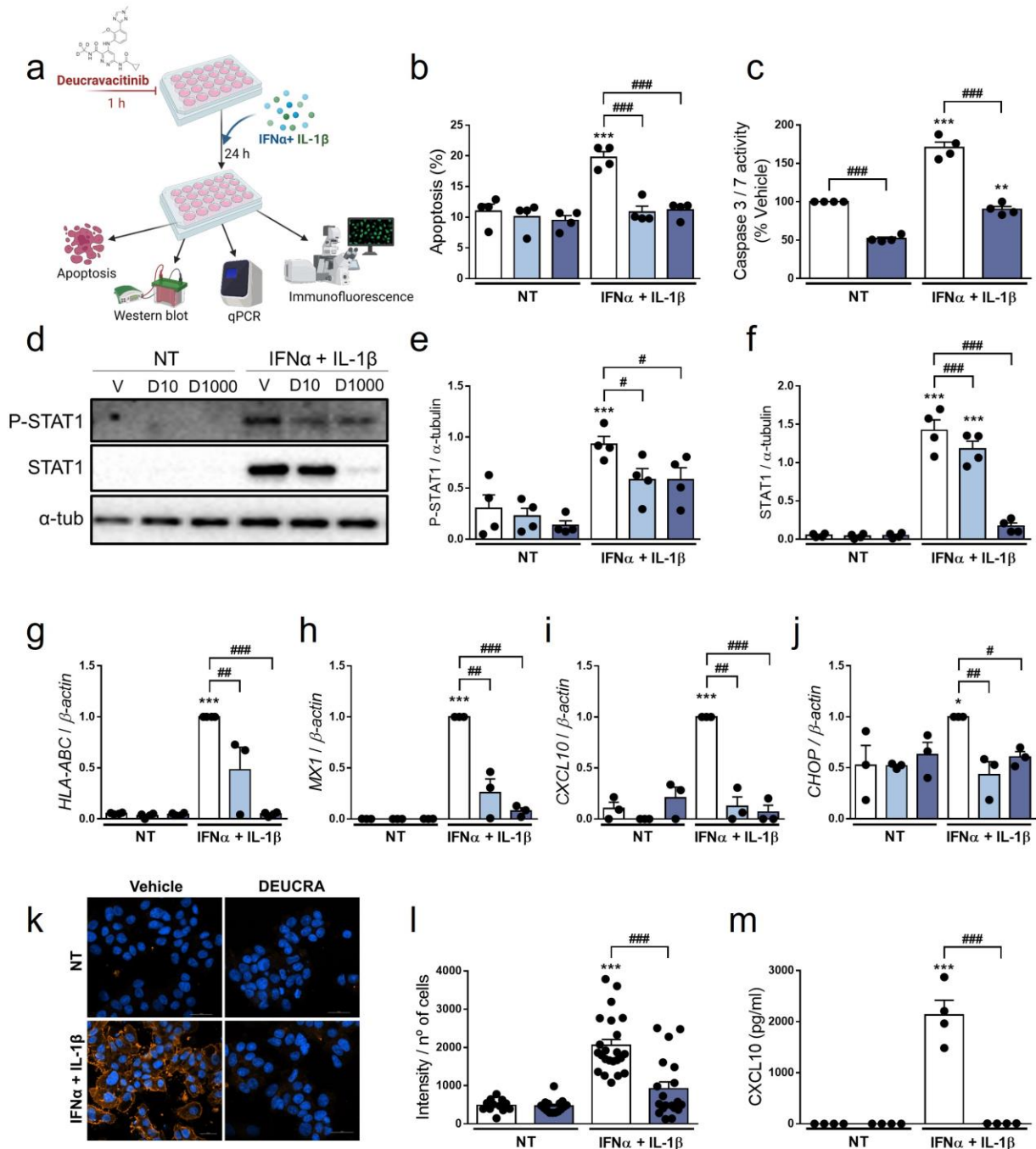
640 **Figure 2. Deucravacitinib blocks IFN α - but not IFN γ -induced pathway.** (a-d) EndoC- β H1
 641 cells were treated with vehicle (V, white bars) or pre-treated with ruxolitinib (500 and 5000 nmol/l;
 642 R500 and R5000), baricitinib (500 and 5000 nmol/l; B500 and B5000), or deucravacitinib (10 and
 643 1000 nmol/l; D10 and D1000) for 1 h. Afterwards, cells were left untreated (NT, white circles) or
 644 treated with either IFN α (1000 U/ml) (a, c) or IFN γ (1000 U/ml) (b, d) in the absence or presence
 645 of each inhibitor for 1 h. (a-d) Protein expression was measured by western blot. (a, b) Images are
 646 representative of five to six independent experiments. (c, d) Densitometry results are shown for P-

647 STAT1. Values were normalised to α -tubulin, and then to the value of IFN α (**c**) or IFN γ alone (**d**)
648 of each experiment (considered as 1). (**e**, **f**) EndoC- β H1 cells were transfected with a pRL-CMV
649 plasmid (used as internal control) plus either ISRE (**e**) or GAS (**f**) promoter reporter constructs.
650 After 48 h of recovery, cells were treated with vehicle (white bars) or pre-treated with ruxolitinib
651 (5000 nmol/l; R5000), baricitinib (5000 nmol/l; B5000), or deucravacitinib (1000 nmol/l; D1000)
652 for 1 h. Afterwards, cells were left untreated (NT, white circles) or treated with either IFN α (1000
653 U/ml) for 2 h (**e**) or IFN γ (1000 U/ml) for 24 h (**f**) in the absence or presence of each inhibitor.
654 Relative luciferase units (RLU) were measured by a luminescent assay. Data are means \pm SEM of
655 three to six independent experiments. * $p \leq 0.05$, ** $p \leq 0.01$ and *** $p \leq 0.001$ vs the respective
656 untreated (NT) (one-way ANOVA plus Dunnett's test). # $p \leq 0.05$, ## $p \leq 0.01$ and ### $p \leq 0.001$ vs IFN α
657 (**c**, **e**) or IFN γ (**d**, **f**) (one-way ANOVA plus Dunnett's test).



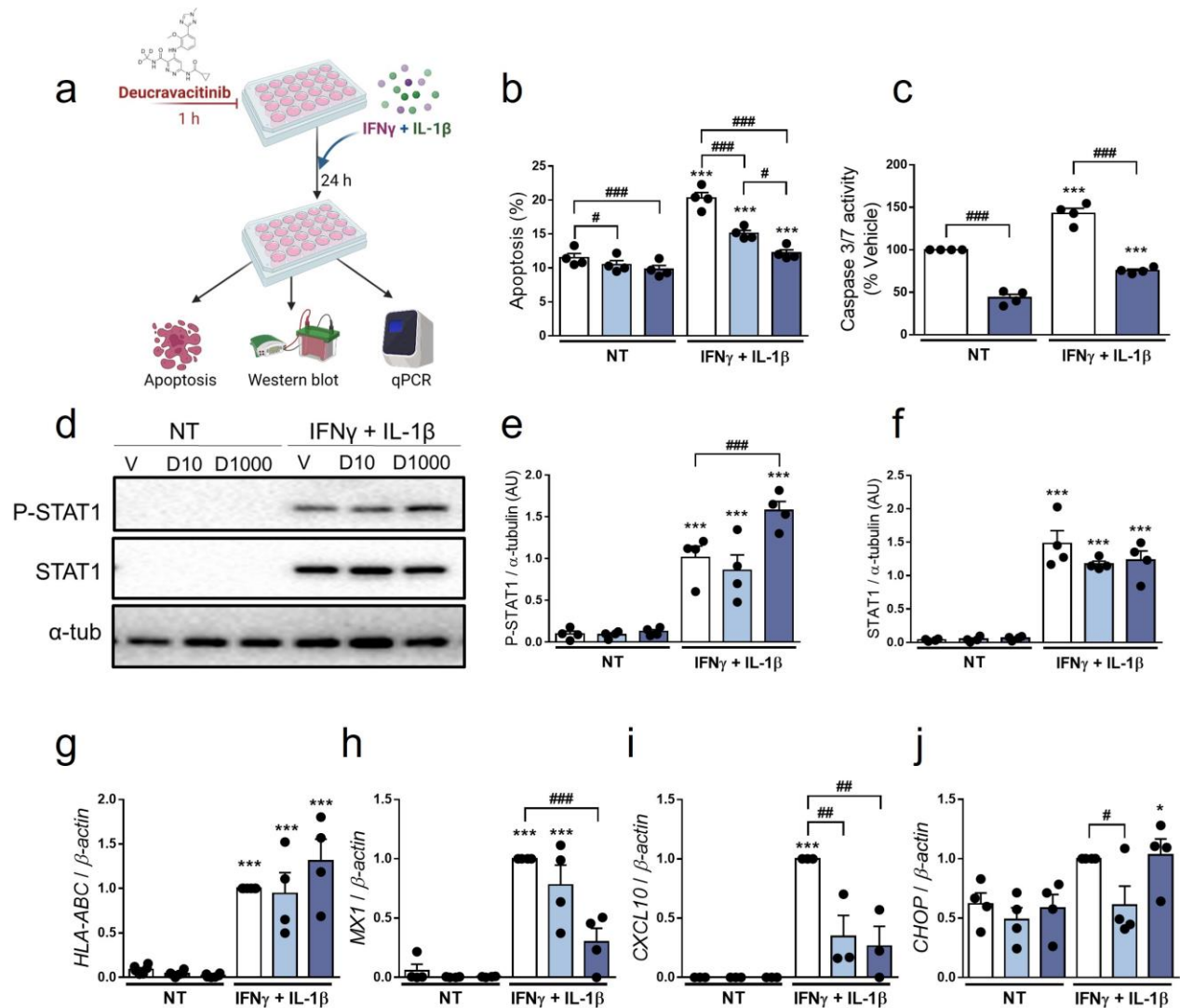
658 **Figure 3. Deucravacitinib abrogates IFN α -induced expression of ISGs but not ER stress**
 659 **markers.** (a-f) EndoC- β H1 cells were treated with vehicle (white bars) or pre-treated with
 660 ruxolitinib (500 and 5000 nmol/l; R500 and R5000), baricitinib (500 and 5000 nmol/l; B500 and
 661 B5000), or deucravacitinib (10 and 1000 nmol/l; D10 and D1000) for 1 h. Afterwards, cells were

662 left untreated (NT) or treated with IFN α (1000 U/ml) in the absence or presence of each inhibitor
663 for 24 h. mRNA expression of *HLA-ABC* (**a**), *MX1* (**b**), *CXCL10* (**c**), *CHOP* (**d**), *XBPIs* (**e**), and
664 *ATF3* (**f**) was analysed by real-time PCR, normalised to β -actin and then to the value of IFN α alone
665 of each experiment (considered as 1). Data are means \pm SEM of three independent experiments.
666 ** $p \leq 0.01$ and *** $p \leq 0.001$ vs the respective untreated (NT) (one-way ANOVA plus Dunnett's
667 test). # $p \leq 0.05$, ## $p \leq 0.01$ and ### $p \leq 0.001$ vs IFN α (one-way ANOVA plus Dunnett's test).



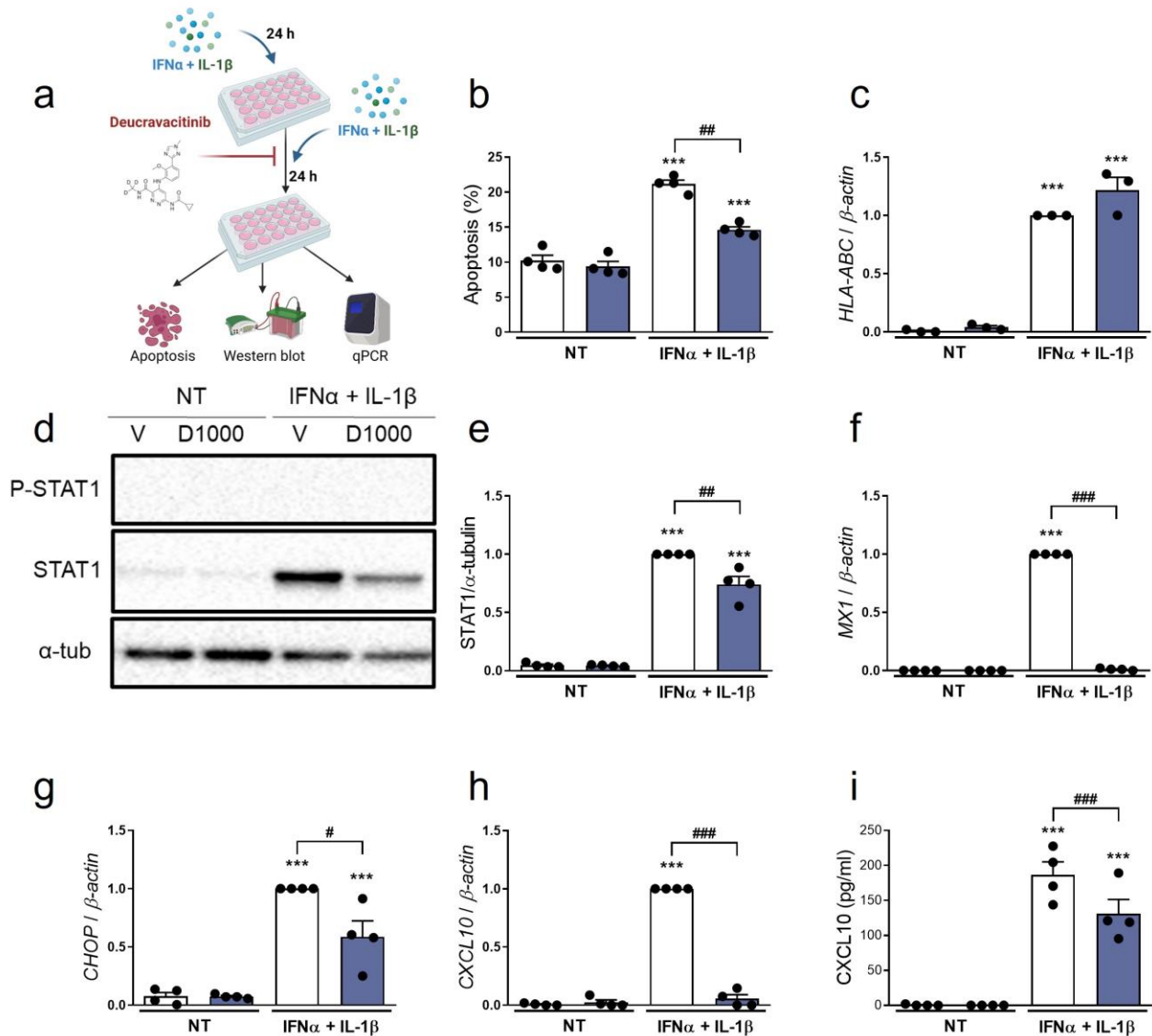
668 **Figure 4. Pre-treatment with deucravacitinib prevents IFN α + IL-1 β effects.** (a) Experimental
 669 design of the pre-treatment with deucravacitinib and subsequent exposure to IFN α + IL-1 β for 24
 670 h. EndoC- β H1 cells were treated with vehicle (V, white bars) or pre-treated with deucravacitinib
 671 (10 [D10, soft blue bars] and 1000 nmol/l [D1000, dark blue bars]) for 1 h. Afterwards, cells were
 672 left untreated (NT) or treated with IFN α + IL-1 β (1000 U/ml + 50 U/ml, respectively) in the
 673 absence or presence of deucravacitinib for 24 h. (b) Apoptosis was evaluated using Hoechst

674 33342/propidium iodide staining. **(c)** Caspase 3/7 activity was measured by a luminescent assay.
675 Results are expressed as % vehicle-treated cells in the absence of cytokines (NT). **(d-f)** Protein
676 expression was measured by western blot. **(d)** Images are representative of four independent
677 experiments. Densitometry results are shown for P-STAT1 **(e)** and P-STAT2 **(f)**. Values were
678 normalised to α -tubulin. **(g-j)** mRNA expression of *HLA-ABC* **(g)**, *CXCL10* **(h)**, *MX1* **(i)**, and
679 *CHOP* **(j)** was analysed by real-time PCR, normalised to β -actin and then to the value of Vehicle
680 treated with IFN α + IL-1 β (considered as 1). **(k, l)** Immunocytochemistry analysis of MHC class
681 I (red) and Hoechst 33342 (blue) upon exposure to IFN α + IL-1 β in the absence (white bars) or
682 presence of deucravacitinib (dark blue bars) for 24 h. Representative images of three independent
683 experiments (12–23 images/coverslip) **(k)** and quantification **(l)** are shown. **(m)** CXCL10 secreted
684 to the medium was determined by ELISA. Data are means \pm SEM of three to four independent
685 experiments. ** $p \leq 0.01$ and *** $p \leq 0.001$ vs the respective untreated (NT) (two-way ANOVA plus
686 Sidak's test). # $p \leq 0.05$, ## $p \leq 0.01$ and ### $p \leq 0.001$, as indicated by bars (two-way ANOVA plus
687 Dunnett's test).



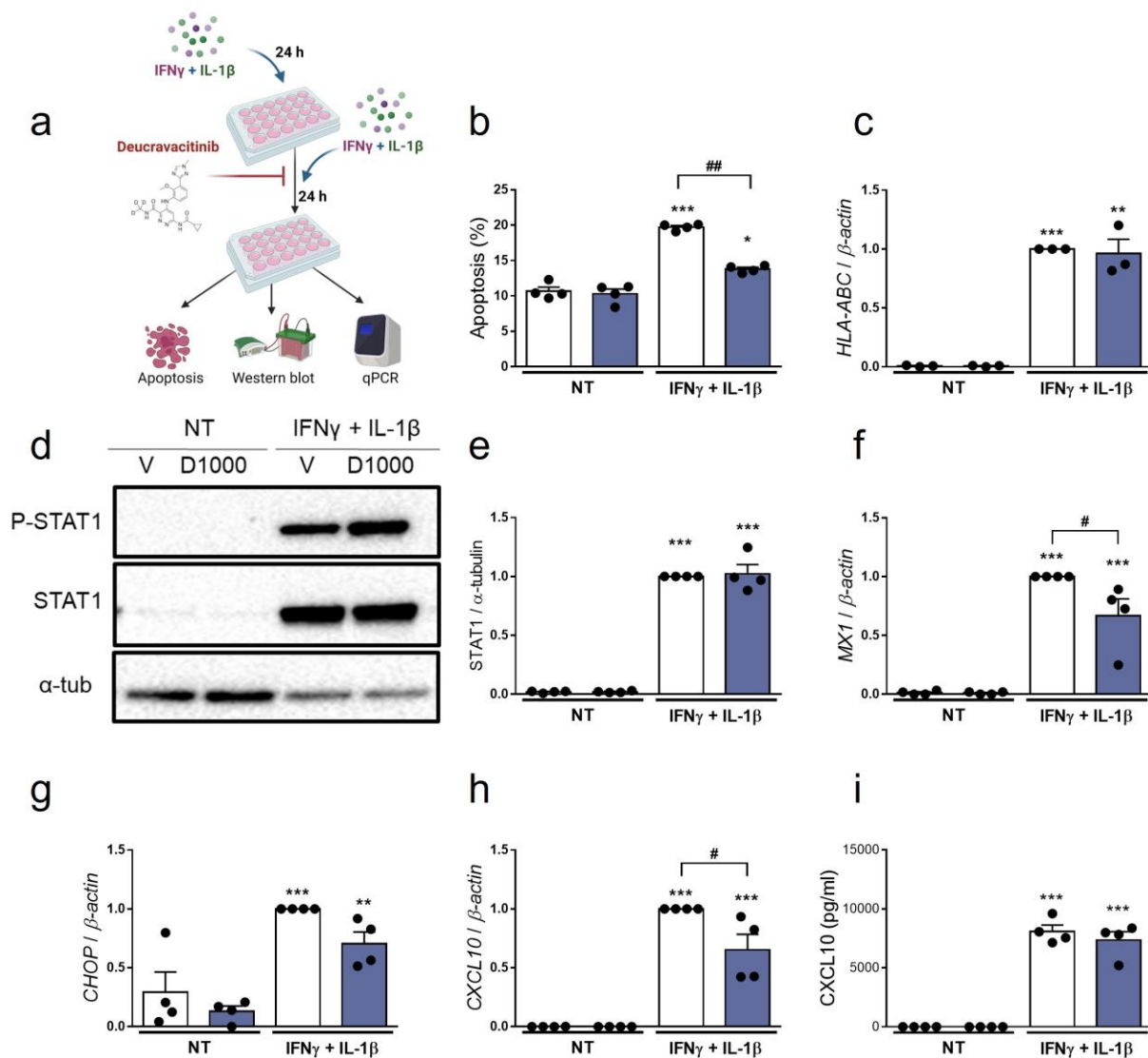
688 **Figure 5. Pre-treatment with deucravacitinib prevents IFN γ + IL-1 β effects.** (a) Experimental
 689 design of the pre-treatment with deucravacitinib and subsequent exposure to IFN γ + IL-1 β for 24
 690 h. EndoC- β H1 cells were treated with vehicle (V, white bars) or pre-treated with deucravacitinib
 691 (10 [D10, soft blue bars] and 1000 nmol/l [D1000, dark blue bars]) for 1 h. Afterwards, cells were
 692 left untreated (NT) or treated with IFN γ + IL-1 β (1000 U/ml + 50 U/ml, respectively) in the
 693 absence or presence of deucravacitinib for 24 h. (b) Apoptosis was evaluated using Hoechst
 694 33342/propidium iodide staining. (c) Caspase 3/7 activity was measured by a luminescent assay.
 695 Results are expressed as % vehicle-treated cells in the absence of cytokines (NT). (d-f) Protein
 696 expression was measured by western blot. Images are representative of four independent
 697 experiments (d). Densitometry results are shown for P-STAT1 (e) and P-STAT2 (f). Values were
 698 normalised to α -tubulin. (g-j) mRNA expression of *HLA-ABC* (g), *CXCL10* (h), *MX1* (i), and

699 *CHOP* (j) was analysed by real-time PCR, normalised to β -actin and then to the value of Vehicle
700 treated with IFN γ + IL-1 β (considered as 1). Data are means \pm SEM of three to four independent
701 experiments. * $p \leq 0.05$, ** $p \leq 0.01$ and *** $p \leq 0.001$ vs the respective untreated (NT) (two-way
702 ANOVA plus Sidak's test). # $p \leq 0.05$, ## $p \leq 0.01$ and ### $p \leq 0.001$, as indicated by bars (two-way
703 ANOVA plus Dunnett's test).



704 **Figure 6. Treatment with deucravacitinib partially reverts IFN α + IL-1 β -induced changes.**
 705 (a) Experimental design of the pre-treatment with IFN α + IL-1 β and subsequent exposure to IFN α
 706 + IL-1 β in the presence of deucravacitinib for 24 h. EndoC- β H1 cells were left untreated (NT) or
 707 pre-treated with IFN α + IL-1 β (1000 U/ml + 50 U/ml, respectively) for 24 h. Afterwards, cells
 708 were treated with vehicle (V, white bars) or 1000 nmol/l deucravacitinib (D1000, dark blue bars)
 709 in the absence (NT) or presence of IFN α + IL-1 β for 24 h. (b) Apoptosis was evaluated using
 710 Hoechst 33342/propidium iodide staining. (c, f-h) mRNA expression of *HLA-ABC* (c), *MX1* (f),
 711 *CHOP* (g), and *CXCL10* (h) was analysed by real-time PCR, normalised to β -actin and then to the
 712 value of Vehicle treated with IFN α + IL-1 β (considered as 1). (d, e) Protein expression was
 713 measured by western blot. (d) Images are representative of four independent experiments. (e)

714 Densitometry results are shown for STAT1. Values were normalised to α -tubulin. (i) CXCL10
715 secreted to the medium was determined by ELISA. Data are means \pm SEM of three to four
716 independent experiments. ** $p \leq 0.01$ and *** $p \leq 0.001$ vs the respective untreated (NT) (two-way
717 ANOVA plus Sidak's test). # $p \leq 0.05$, ## $p \leq 0.01$ and ### $p \leq 0.001$, as indicated by bars (two-way
718 ANOVA plus Dunnett's test).



719 **Figure 7. Treatment with deucravacitinib partially reverts IFN γ + IL-1 β -induced changes.**

720 **(a)** Experimental design of the pre-treatment with IFN γ + IL-1 β and subsequent exposure to IFN γ
 721 + IL-1 β in the presence of deucravacitinib for 24 h. EndoC- β H1 cells were left untreated (NT) or
 722 pre-treated with IFN γ + IL-1 β (1000 U/ml + 50 U/ml, respectively) for 24 h. Afterwards, cells
 723 were treated with vehicle (V, white bars) or 1000 nmol/l deucravacitinib (D1000, dark blue bars)
 724 in the absence (NT) or presence of IFN γ + IL-1 β for 24 h. **(b)** Apoptosis was evaluated using
 725 Hoechst 33342/propidium iodide staining. **(c, f-h)** mRNA expression of *HLA-ABC* **(c)**, *MX1* **(f)**,
 726 *CHOP* **(g)**, and *CXCL10* **(h)** was analysed by real-time PCR, normalised to β -actin and then to the
 727 value of Vehicle treated with IFN γ + IL-1 β (considered as 1). **(d, e)** Protein expression was
 728 measured by western blot. **(d)** Images are representative of four independent experiments. **(e)**

729 Densitometry results are shown for STAT1. Values were normalised to α -tubulin. (i) CXCL10
730 secreted to the medium was determined by ELISA. Data are means \pm SEM of three to four
731 independent experiments. * $p \leq 0.05$, ** $p \leq 0.01$ and *** $p \leq 0.001$ vs the respective untreated (NT)
732 (two-way ANOVA plus Sidak's test). # $p \leq 0.05$ and ## $p \leq 0.01$, as indicated by bars (two-way
733 ANOVA plus Dunnett's test).