

1 **Can we sort states of environmental DNA (eDNA) from a single sample?**

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5

6 **Abstract**

7 Environmental DNA (eDNA) once shed can exist in numerous states with varying behaviors
8 including degradation rates and transport potential. In this study we consider three states of
9 eDNA: 1) a membrane-bound state referring to DNA enveloped in a cellular or organellar
10 membrane, 2) a dissolved state defined as the extracellular DNA molecule in the environment
11 without any interaction with other particles, and 3) an adsorbed state defined as extracellular
12 DNA adsorbed to a particle surface in the environment. Capturing, isolating, and analyzing a
13 target state of eDNA provides utility for better interpretation of eDNA degradation rates and
14 transport potential. While methods for separating different states of DNA have been
15 developed, they remain poorly evaluated due to the lack of state-controlled experimentation.
16 We evaluated the methods for separating states of eDNA from a single sample by spiking
17 DNA from three different species to represent the three states of eDNA as state-specific
18 controls. We used chicken DNA to represent the dissolved state, cultured mouse cells for the
19 membrane-bound state, and salmon DNA adsorbed to clay particles as the adsorbed state. We
20 performed the separation in three water matrices, two environmental and one synthetic, spiked
21 with the three eDNA states. The membrane-bound state was the only state that was isolated
22 with minimal contamination from non-target states. The membrane-bound state also had the
23 highest recovery (54.11 ± 19.24 %), followed by the adsorbed state (5.08 ± 2.28 %), and the
24 dissolved state had the lowest total recovery (2.21 ± 2.36 %). This study highlights the
25 potential to sort the states of eDNA from a single sample and independently analyze them for
26 more informed biodiversity assessments. However, further method development is needed to
27 improve recovery and reduce cross-contamination.

28 **1. Introduction**

29 Environmental DNA (eDNA) is DNA that can be extracted from environmental samples such
30 as water, soil, or air without first isolating any target organisms (Taberlet et al., 2012).
31 Environmental DNA is expected to be a complex mixture of DNA from many organisms and
32 potentially reside in different states due to the many sources from which eDNA can arise
33 (e.g., mucus, tissues, whole single-celled organisms, etc; (Mauvisseau et al., 2022; Rodriguez-
34 Ezpeleta et al., 2021). Environmental DNA encapsulated within a cell or organelle (e.g.,
35 nucleus or mitochondria) is considered to be membrane-bound DNA (Mauvisseau et al.,
36 2022; Nagler et al., 2022). After membrane lysis, the DNA becomes extracellular and can be
37 further categorized into two states when in water; dissolved DNA having no interactions with
38 other particles and adsorbed DNA referring to DNA chemically or physically bound to
39 particles (Mauvisseau et al., 2022; Nagler et al., 2022). Thus, at a minimum, eDNA from
40 environmental samples is likely to exist in at least three states (i.e., membrane-bound,
41 dissolved, or adsorbed) at any given time from any species across the tree of life.

42 The analysis of eDNA without considering the existence of these different states has been
43 useful in biodiversity monitoring and conservation applications, but there is a recent shift to

44 consider the states of eDNA to improve knowledge on its persistence and transport in the
45 environment (Mauvisseau et al., 2022; Nagler et al., 2022). Understanding the ecology of
46 eDNA states can also aid in overcoming challenges associated with eDNA analysis such as
47 confirming the current occupancy or relative abundance of surveyed biodiversity (Deiner et
48 al., 2017; Mauvisseau et al., 2022; Nagler et al., 2022). This is because the detection
49 probability of a species' eDNA in the environment is dependent on its production rate,
50 degradation rate, and transport rate from the source (Barnes & Turner, 2016). For example, a
51 rapid eDNA degradation rate can lead to false negative detection inference for a species'
52 presence (i.e., the eDNA disappears faster than it can be sampled, but the species is present in
53 the habitat). While a slow eDNA degradation rate can increase persistence and lead to a false
54 positive inference of the species' presence when in fact it is no longer in the habitat. The
55 degradation rate of eDNA is thus a pivotal parameter to measure and understand its behavior
56 across environmental conditions since the rate change alone can lead to false interpretations of
57 the presence of a species.

58 The degradation rate of eDNA is hypothesized to be governed by several factors including
59 extracellular nucleases secreted by microorganisms, which are themselves influenced by
60 abiotic conditions like temperature, pH, and light irradiation (Barnes & Turner, 2016;
61 Harrison et al., 2019; Lamb et al., 2022). The rate of degradation has recently been
62 hypothesized to be influenced by the state of eDNA as well (Barnes & Turner, 2016; Harrison
63 et al., 2019; Mauvisseau et al., 2022; Nagler et al., 2022). For instance, membrane-bound
64 DNA may remain protected from extracellular enzymatic degradation, while dissolved DNA
65 may be more susceptible to degradation without the protection of its cellular and organellar
66 membrane (Torti et al., 2015). Similarly, numerous studies demonstrate that adsorbed DNA
67 can remain protected from degradation for hundreds of years (Barrenechea Angeles et al.,
68 2023; Cai et al., 2006b; Capo et al., 2021; Demanèche et al., 2001).

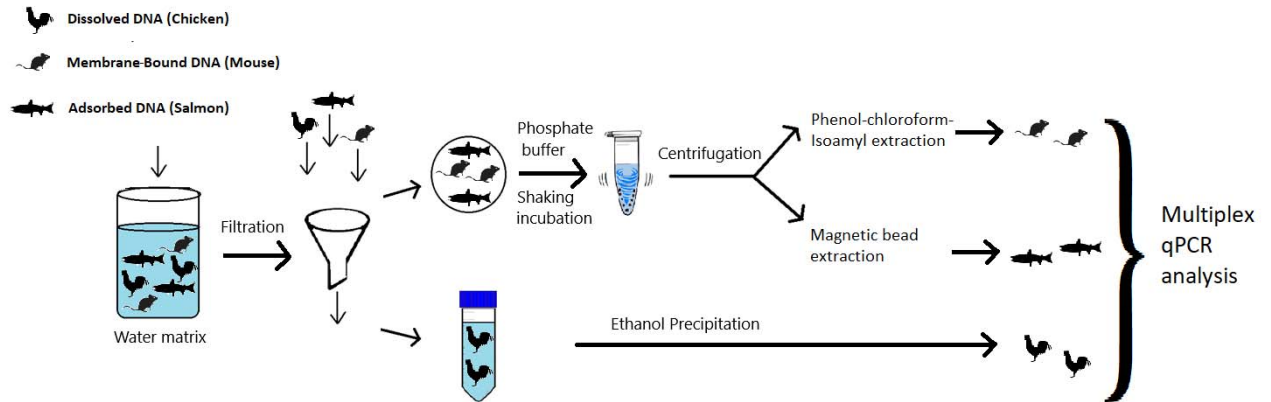
69 The state of the eDNA has a direct impact also on its transport potential in the environment.
70 For example, eDNA states with different sizes and settling velocities will impact their
71 transport distance (Jo & Yamanaka, 2022; Pont et al., 2018). Pont et al. (2018) found that
72 eDNA in rivers behaves similarly to Fine Particulate Organic Matter (FPOM) and the settling
73 velocity i.e. vertical transfer of eDNA is the primary predictor of eDNA downstream transport
74 distance. But it is also likely that different states of eDNA have different properties affecting
75 their transport (Barnes & Turner, 2016). For example, membrane-bound DNA and adsorbed
76 DNA may exhibit higher settling velocities compared with dissolved DNA, resulting in lower
77 transport potential of these two sources in rivers or higher settling velocities from the surface
78 waters in lentic systems such as lakes (Jo & Yamanaka, 2022). Thus, particle behavior may
79 also be influenced by water body type as well.

80 Isolation and independent analysis of a chosen eDNA state may be desirable for various
81 applications. For instance, to estimate current occupancy, adsorbed DNA or dissolved DNA
82 may not be fully reliable as these pools may remain protected in their adsorbed state, can
83 resuspend and contribute to the eDNA collected in a water sample (Shogren et al., 2017;
84 Turner et al., 2015). Investigating the current occupancy of species might thus consider a
85 membrane-bound eDNA state as the most appropriate target state. Conversely, an application
86 such as total biodiversity estimation requires high-resolution sampling both temporally and
87 spatially. However, adsorbed DNA pools may represent information on diversity beyond
88 current or seasonal occupancy due to the passive collection and protection of eDNA over time

89 in the adsorbed state (Cai et al., 2006b; Kirtane et al., 2019; Sakata et al., 2020; Turner et al.,
90 2015).

91 However, the hypotheses that predict the decay and transport behavior of individual eDNA
92 states have not been empirically tested. This is because of the lack of methods to isolate and
93 independently analyze the persistence and transport of individual eDNA states. A small
94 fraction of studies have attempted to separate states of eDNA from a pool of total eDNA for
95 independent analysis of each (Corinaldesi et al., 2005; Lever et al., 2015; Yuan et al., 2019).
96 Corinaldesi et al. (2005), utilized extraction methods to separate microbial extracellular DNA
97 from membrane-bound DNA from the same marine sediment sample. Yuan et al. (2019),
98 separated adsorbed, membrane-bound, and dissolved states of eDNA to investigate the
99 distribution of antimicrobial resistance genes in wastewater. Lever et al. (2015), investigated
100 the performance of various methods and protocols to isolate prokaryotic DNA from different
101 states in the water column, soil, and sediment. All these studies relied on a few key sample
102 processing principles: 1) preventing unintentional cell lysis of membrane-bound DNA; 2)
103 prevention of adsorption of dissolved DNA to particles; 3) causing desorption of adsorbed
104 DNA; 4) size sorting to fractionate dissolved DNA away from adsorbed DNA and membrane-
105 bound DNA, 5) desorption of adsorbed DNA with subsequent separation of this newly
106 desorbed DNA from membrane-bound DNA.

107 Generally, dissolved DNA is separated from the total eDNA pool via membrane filtration
108 (Figure 1). This involves passing a water sample through a fine pore size filter (usually ~0.2
109 μm) which should allow dissolved DNA to pass through into the filtrate, while membrane-
110 bound DNA and adsorbed DNA remains on the filter material (Barnes & Turner, 2016; Lever
111 et al., 2015; Sassoubre et al., 2016). Once dissolved DNA is separated using this method into
112 the filtrate, it is concentrated and purified making it suitable for downstream molecular
113 analysis. Ethanol precipitation (Figure 1) is one of the most commonly used methods for
114 extracting dissolved DNA (Lever et al., 2015). The separation of adsorbed DNA from
115 membrane-bound DNA remaining on the filter membrane requires the desorption of adsorbed
116 DNA while minimizing membrane lysis in the process. In the case of adsorbed DNA, the
117 sugar-phosphate backbone is likely covalently bound to hydroxyl groups on particle surfaces
118 such as clay to create chemically adsorbed DNA (Mauvisseau et al., 2022). This can be
119 reversed using phosphate-containing buffers at high pH (Figure 1) (Lever et al., 2015;
120 Mauvisseau et al., 2022; Yuan et al., 2019). Once the formerly adsorbed DNA is desorbed it is
121 expected to go into solution and become dissolved DNA. It can then be separated from the
122 still intact membrane-bound DNA via filtration as before or centrifugation to cause the
123 membrane-bound DNA to form a pellet and the supernatant transferred to remove the newly
124 desorbed DNA. The remaining membrane-bound DNA can then be isolated and purified using
125 membrane lysis and purification steps for downstream molecular analysis (Figure 1) (Lever et
126 al., 2015). Following these methods sequentially suggests that it may be possible to isolate
127 and study the different eDNA states from the same water sample.



128

129 Figure 1: Experimental workflow to isolate eDNA states. Chicken DNA was spiked in the
130 dissolved state, mouse cells were spiked to represent the membrane-bound DNA, and salmon
131 DNA bound to clay was spiked as the adsorbed state.

132

133 In this study, we evaluated whether a single protocol can effectively isolate and have a high
134 recovery of different states of eDNA. If successful, this method would result in the ability to
135 separately analyze the community composition measured from each state of eDNA from a
136 single sample. We used species-specific state-controlled spikes where each species
137 represented one state of eDNA (Figure 1). Chicken DNA, mouse cells, and salmon DNA
138 bound to clay particles were used as proxies for dissolved, membrane-bound, and adsorbed
139 DNA states respectively. The separation method consisted of using a 0.22 μm filtration
140 membrane to isolate dissolved DNA from membrane-bound and adsorbed DNA. The filter
141 membrane then was treated with a phosphate buffer to isolate adsorbed DNA from
142 membrane-bound DNA. DNA for each state was recovered by performing ethanol
143 precipitation, phenol-chloroform-isoamyl extraction, and magnetic bead extraction methods to
144 recover dissolved, membrane-bound, and adsorbed states respectively. This experiment
145 permitted the evaluation of two parameters of interest for eDNA state-sorting: 1) state-specific
146 isolation and 2) state-specific recovery. State-specific DNA isolation is evaluated based on the
147 presence of a non-target DNA state in a protocol designed to result in a given target state of
148 eDNA. State-specific DNA recovery is used to evaluate the efficiency of a DNA extraction
149 protocol to recover the target eDNA state relative to the spike. The ideal state-specific
150 extraction method should have low contamination from non-target states and high DNA
151 recovery. Furthermore, we investigated the effect of water chemistry on state sorting by
152 replicating the experiment in different water matrices. Lastly, we tested interactions of eDNA
153 states by spiking them independently or all states together.

154

155

156 2. Methods

157 2.1 Creation of eDNA states

158 **Adsorbed DNA State:** Sheared salmon sperm DNA (Invitrogen, Waltham, MA) was diluted
159 to 100 ng/ μ L in 6 mL nuclease-free molecular grade water (Sigma-Aldrich, St. Louis, MO) in
160 a 15 mL tube with 300 g (50 mg/mL) montmorillonite clay K10 (Fluka, Buchs, CH). One no-
161 adsorbent control tube was created by diluting salmon DNA to 100 ng/ μ L in 1 mL nuclease-
162 free molecular grade water, but with no clay. The tubes were shaken at 600 rpm for 48 hours.
163 At 48 hours, the tube with the salmon DNA and clay was centrifuged at 4500 xg for five
164 minutes and the supernatant was separated from the pelleted clay with a pipette. The pelleted
165 clay was then washed using 6 mL nuclease-free molecular grade water by vortexing followed
166 by centrifugation at 4500 xg for five minutes and the supernatant was separated to remove any
167 non-adsorbed salmon DNA. This wash process was repeated one more time to remove any
168 non-adsorbed salmon DNA. Finally, 4.5 mL of nuclease-free molecular grade water was
169 added to suspend the clay pellet to create the adsorbed eDNA state spike. The control tube
170 and all the supernatants from each washing step were stored in independent tubes at -20 °C.

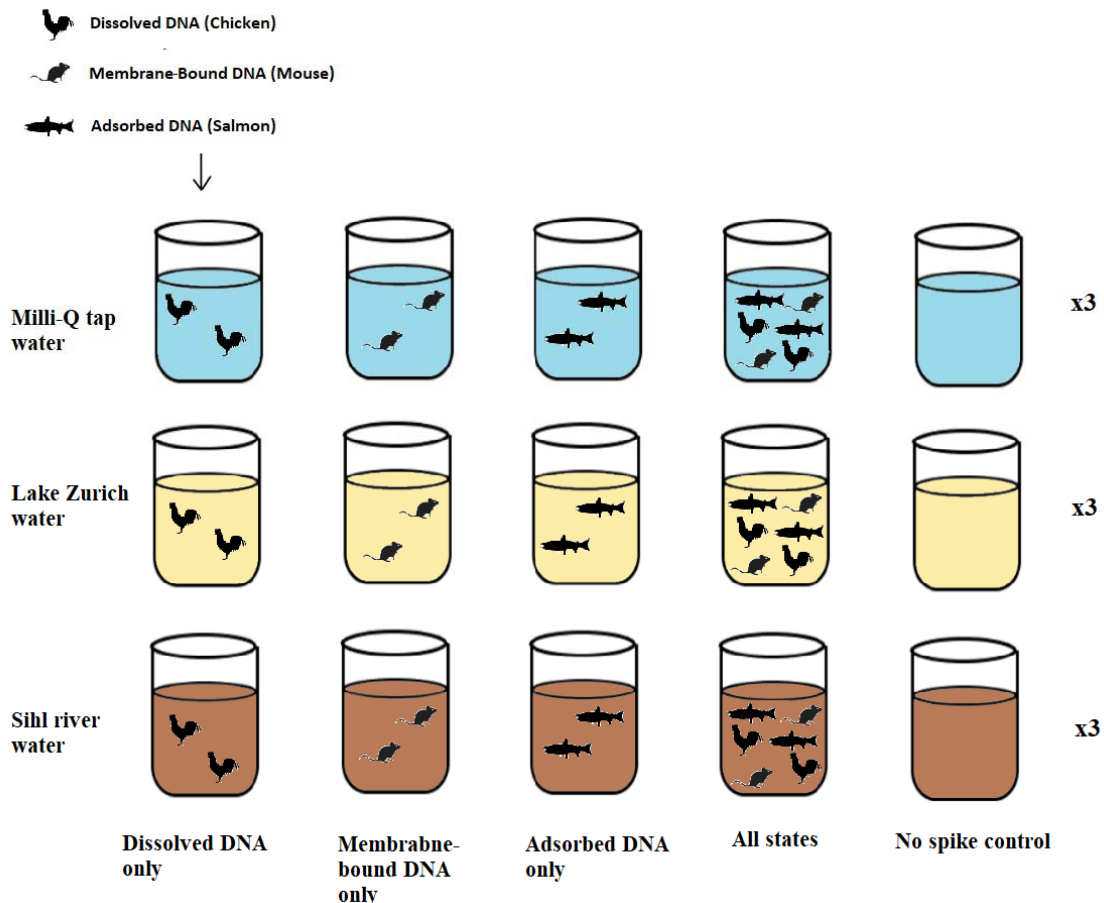
171 **Dissolved DNA State:** DNA from ten (~0.25 g each) pieces of store-bought chicken breast
172 was extracted using the DNeasy Blood and Tissue Kit (Qiagen, Hilden, Germany) according
173 to the manufacturer's protocol. Each extraction was eluted in 200 μ L Buffer AE. The ten
174 extractions were then combined and vortexed to create the dissolved DNA spike.

175 **Membrane-bound DNA state:** Mouse skin cells from cell line B16-F10 derived from mouse
176 C57BL/6J (Jackson Laboratories, ME, USA) were resuspended in Dulbecco's Modified
177 Eagle's Medium (ThermoFisher Scientific, Waltham, MA) containing 10 % Fetal Bovine
178 Serum (ThermoFisher Scientific, MA) and 1 % Penicillin-Streptomycin (10,000 U/mL)
179 (ThermoFisher Scientific, MA) in a 15 mL tube. Cells were spun at 125 x g for 5 minutes and
180 the cell pellet was resuspended in 10 mL growth media and seeded into a tissue culture dish
181 (TPP, Horsforth, UK). Cells were incubated for 10 days at 37 °C, 5 % CO₂, and 95 %
182 humidity to let them attach and recover to a concentration of 1×10^6 cells/mL to 20 million cells
183 counted using an automated Cell Counter System (Countess TC20, Biorad, Hercules, CA)
184 which assessed cell viability via trypan blue exclusion. These cells were spun down at 125 x g
185 for 5 minutes in a 50 mL tube and resuspended in 20 mL (1×10^6 cells/mL) of fresh growth
186 media and used as a spike within 6 hours. The tube was centrifuged at 125 x g for five
187 minutes to pellet the cells. Before spiking the cells, the supernatant was removed using a
188 pipette and discarded. The pellet was then washed to remove any dissolved DNA by
189 resuspending the pellet in 30 mL of Phosphate Buffer Saline (PBS) solution (0.137 M sodium
190 chloride, 0.0027 M potassium chloride, 0.01 M sodium phosphate dibasic, 0.0018 M
191 potassium phosphate monobasic, pH = 7.4). This was followed by centrifuging at 125 x g for
192 five minutes, and the PBS supernatant was discarded as before. The cells were then
193 resuspended in 50 mL of PBS to create the membrane-bound DNA spike.

194 2.2 Experimental procedure for state spiking

195 A total of three water matrices were used in the experiment: Milli-Q tap water (from
196 Independent Q-POD® ultrapure water dispensing unit (Merck, Darmstadt, Germany), water
197 from Lake Zurich, and water from Sihl River. Ten liters of water near Lake Zurich outlet
198 (47°21'59.2"N 8°32'39.7"E) and Sihl river (47°22'35.8"N 8°32'07.4"E) were collected on
199 October 7, 2021, in the morning of the experiment and transported to the lab within 1 hour. At

200 the lab the pH, turbidity (absorbance), and temperature (°C) of the water matrices were tested
201 using a HI-98194 multiparameter probe (Hanna Instruments, Woonsocket, RI) (Table 1).
202 Three replicates for each water type were created for five treatments (Figure 2). The
203 treatments consisted of spiked DNA from one of each state (i.e., membrane-bound DNA,
204 adsorbed DNA, and dissolved DNA), one where all three states combined were combined,
205 and a control with no spiked DNA (Figure 2). For each treatment, the desired state/s were
206 spiked into 50 mL of water matrix. The volume of spiked states was 500 µL for membrane-
207 bound DNA, 100 µL for adsorbed DNA-bound clay solution, and 50 for of dissolved DNA
208 (Figure 2). The volumes were chosen for ease of spiking and to reduce the chance of
209 accidental double-spiking. The water was then filtered through a 0.22 µm Isopore
210 polycarbonate filter (GTTP02500, Millipore, Burlington, MA) in 25 mm Swinnex filter
211 holders (Millipore, Burlington, MA) using a 50 mL syringe (Figure 1). 15 mL of the filtrate
212 was transferred to a 50 mL falcon tube for dissolved DNA extraction. After filtration, air was
213 passed through to remove any residual water and the filter was immediately removed from the
214 housing and placed in a 1.5 mL tube with 600 µL of phosphate buffer (0.12 M Na₂HPO₄, 0.12
215 M NaH₂PO₄, pH = 9) and shaken at 400 rpm for 20 min (Figure 1). The tube was then
216 centrifuged at 13,000 rpm for 2 min. The supernatant was aspirated with a pipette and stored
217 in a separate 1.5 mL tube. The tube with the supernatant was used to extract the adsorbed
218 DNA, while the tube with the filter and pellet was used to extract the membrane-bound DNA.
219 All three fractions (filtrate, supernate, and filter with pellet) were immediately frozen at -20
220 °C until DNA extraction.



222 Figure 2: The experimental design used to test the influence of the water matrix and
223 individual vs multiple spiked states on the isolation of eDNA states. All treatments were
224 performed with three replicates each for a total of 45 experimental samples including none-
225 spiked controls.

226

227 Table 1: Characteristics of different source water matrices used in this study

Water matrix	Temperature (C°)	pH	Turbidity (absorbance)	Total dissolved solids (ppm)
Milli Q tap	20.7	7.21	0.047	14
Lake Zurich	15.5	7.75	0.064	146
Sihl River	12.7	7.89	0.138	178

228

229 2.3 DNA extraction methodologies for state separation

230 The three fractions of the DNA were extracted using three methods chosen specifically to
231 isolate the desired state of eDNA (Figure 1). The dissolved DNA in the filtrate was
232 concentrated using ethanol precipitation, the membrane-bound DNA on the filter and in the
233 pellet was extracted following the lysis step using phenol-chloroform-isoamyl purification
234 and concentrated using ethanol precipitation, and the adsorbed DNA in the phosphate buffer
235 was extracted using a magnetic bead extraction protocol. One negative control was included
236 in every batch of extractions for each method (N = 9).

237

238 Ethanol precipitation

239 15 mL of filtrate was used for the isolation of dissolved DNA using ethanol precipitation.
240 Samples were thawed and 1.2 mL of 5M sodium chloride and 33 mL of absolute ethanol
241 (200-proof) were added to the tube. The tube was vortexed and incubated overnight at -20 °C.
242 The tubes were then centrifuged at 10,000 xg at 4 °C for one hour. The supernatant was
243 discarded. 5 mL of 75 % ethanol was added, inverted by hand ten times, and centrifuged at
244 10,000 xg for 30 mins. The supernatant was discarded, and the pellet was air-dried for 30
245 minutes. The pellet was then dissolved in 100 µL TE buffer which was then passed through
246 the ZYMO Onestep PCR inhibitor removal kit and stored in 1.5 mL tubes at -20 °C until
247 molecular analysis. This inhibitor removal step was used only for dissolved DNA samples
248 extracted with the ethanol precipitation method.

249

250 Phenol-chloroform-isoamyl extraction

251 The membrane-bound DNA from the filters was extracted using a phenol-chloroform-isoamyl
252 (PCI) protocol (Deiner et al., 2015). We added 700 µL of Longmire Lysis Solution (100 mM
253 Tris pH 8.0, 0.5 mM EDTA, 0.2% SDS, 200 mM NaCl) and 12 µL Proteinase K (40 mg/mL)
254 to each of the 2 mL tubes containing the filters. The tubes were gently vortexed prior to
255 overnight incubation at 56 °C to facilitate cell membrane lysis. After the incubation, the lysate

256 was transferred to a new sterile 2 mL tube with a pea-sized volume of grease (high vacuum,
257 Dow Corning®). We then added 550 µL of PCI (25:24:1, Sigma, buffered pH8.0) to all tubes
258 followed by shaking at 20 °C at 1,000 rpm. The tubes were then centrifuged at 10,000 xg for
259 five minutes. The supernatant was transferred to another new sterile 2 mL tube with a pea-
260 sized volume of grease to which we added 550 µL of CI (24:1, Sigma). This tube was also
261 shaken for 5 min at 1000 rpm followed by centrifugation at 10,000x for 5 min. The
262 supernatant was transferred to new 2 mL tubes (without grease) containing 44 µL of 5M NaCl
263 and 1,100 µL of 200-proof ethanol and incubated at -20 °C overnight. The incubated tubes
264 were centrifuged for 30 min at 10,000 x at 4 °C. The supernatant was carefully pipetted out
265 and the pellet was washed twice with 75 % ethanol. The pellet was then allowed to air dry and
266 eluted in 100 µL of TE buffer until molecular analysis.

267

268 **Magnetic bead extraction**

269 A magnetic bead extraction was used to extract and purify formerly adsorbed DNA in
270 phosphate buffer using a version of Powersoil® DNA isolation protocol (Qiagen, Hilden,
271 Germany) using homemade reagents (Sepulveda et al., 2019). The 600 µL of supernatant
272 phosphate buffer containing the desorbed DNA was pipetted into a new 2 mL tube, ensuring
273 the filter or the pellet at the bottom of the tube was not disturbed in the process. We then
274 added 100 µL of protein precipitation solution and inhibitor flocculation solution and
275 vortexed for ten seconds. The tubes were then placed in the freezer at 20 °C for 20 minutes.
276 The tubes were removed and vortexed for ten seconds before centrifugation at 10,000 xg for
277 five minutes. The supernatant was transferred to a new tube with 100 µL of 20% Sera-Mag
278 SpeedBead Carboxylate modified magnetic beads (GE Healthcare Life Sciences, Pittsburgh,
279 PA) in hybridization buffer. The tube was gently mixed by inversion and another 100 µL of
280 hybridization buffer was added. The tube was gently mixed by inversion (10 x) and incubated
281 at room temperature for ten minutes. The tube was then placed on a magnetic rack on a shaker
282 (400 rpm) and shaken until all the beads migrated to the magnet (~ 20 minutes). The
283 supernatant was then pipetted out without disturbing the magnetic beads. Two wash steps
284 were performed where 1 mL of 75 % ethanol was added to the tube. The tube was then
285 removed from the magnetic rack and vortexed for ten seconds, placed back onto the magnetic
286 rack, and shaken until all the beads migrated to the magnet (~ 5 min). The ethanol was then
287 pipetted out without disturbing the magnetic beads. The ethanol wash process was repeated
288 one more time. The tubes were removed from the magnetic rack and air-dried for 20 minutes.
289 The beads were then suspended in 100 µL TE buffer and pipette mixed until in solution and
290 incubated at room temperature for ten minutes. The tube was then placed back onto the
291 magnetic rack for 5 minutes and the TE buffer eluate was pipetted out and passed through a 2
292 mL EconoSpin® Mini Spin column (Epoch, Fremont, CA) by centrifuging at 10,000 xg for
293 one min to remove any residual magnetic beads in the solution and stored at -20 °C until
294 molecular analysis.

295

296 **2.4 Development of target-specific primers and TaqMan hybridization probes**

297 We designed a multiplex quantitative PCR (qPCR) with four parallel assays to be run on the
298 Roche 480 light cycler (Roche, Basel, Switzerland). Compatible fluorescent dyes (FAM, VIC,
299 TexasRed, and CY5) were selected as recommended by the PrimeTime Multiplex Dye

300 Selection tool (web tool available from IDT DNA). Reference sequences for primer design
 301 were obtained from GenBank (Clark, Karsch-Mizrachi, Lipman, Ostell, & Sayers, 2016)
 302 (Table S1). To detect and quantify mitochondrial eDNA from mice (*Mus musculus*) and
 303 chicken (*Gallus gallus*) we designed TaqMan® qPCR assays targeting the mitochondrial
 304 NADH dehydrogenase subunit 2 (ND2) gene, a well-established phylogenetic marker in
 305 vertebrates. As a nuclear marker, the single copy gene TGFb1 coding for the transformation
 306 growth factor 1 in mice was selected. Previously designed chum salmon (*Oncorhynchus keta*)
 307 primers for the cytochrome oxidase I gene (COI) were used with a modified TaqMan® probe
 308 that did not have the minor groove binder (Homel et al., 2021) (Table 2) to decrease the cost of
 309 the probe. The TaqMan assays for detection and quantification of the nuclear Tgfb1 gene in
 310 mice and mitochondrial ND2 genes of chicken and mice were designed using the Primer
 311 Express Software version 3.0 (Applied Biosystems, Waltham, MA) using default parameters.

312

313 Table 2: qPCR assays with their corresponding target genes, represented eDNA state and
 314 fluorophores (in bold).

Target organism (Target gene)	Represented State	Forward primer	Reverse primer	Probe
Chicken (mitochondrial ND2)	Dissolved DNA	CGAGCGATTGAAGCC ACTAT	TGGATCAGGCGTTGG TTATG	5Cy5 /ACCCAATCA/TA O/ACTGCATCAGCCCT A/3IAbRQSp
Mouse (mitochondrial ND2)	Membrane-bound DNA	CTATCACCCCTGCCAT CATCTAC	CTGAATTCCAGGCCTA CTCATATT	5TexRd- XN /TGGTGCTGGATAT TGTGA TTACAGGACC/3IAbR QSp/
Mouse (nuclear TGFb1)	Membrane-bound DNA	CCTGGACTAGGCTGG CTTCA	TGTAGTCAAGAAGCC GAAATGG	VIC /ACTTGCAGCGAT CCT/MGB-NFQ
Chum salmon (mitochondrial COI)	Adsorbed DNA	CCGCTTTTTGTCTGAG CTGACT	AATTTTCGATCTGTGAG CAACATAGTAA	56- FAM /CACTGCTGT/ZE N/A CTTCTACTATTATCAC TCCCC G/3IABkFQ/

315

316 **Specificity testing**

317 All qPCR assays were tested for specificity in-silico and experimentally. The in-silico testing
 318 was conducted with NCBI Primer-BLAST tool (Ye et al., 2012) and OligoAnalyzer tool
 319 (IDT, Coralville, IA). In Primer-BLAST, the specificity parameters were set to ensure a
 320 minimum of three mismatches and at least two mismatches within the last five base pairs of
 321 the 3' end on each primer and probe between the target and non-target organisms used in this
 322 study. OligoAnalyzer was used to test the likelihood of dimer formation between the
 323 various primers and probes. Using the default “qPCR” parameters we checked that $\Delta G > -9$
 324 kcal/mole ensured a low likelihood of self- or hetero-dimers formation in between any
 325 primer and probe combinations. To experimentally test the specificity of the multiplex qPCR
 326 we amplified standard curve of a single target in the multiplex reaction setup described below.
 327 This was repeated by using each of the four target amplicons independently as template in the

328 multiplex qPCR setup. The resulting data was analyzed for cross-amplification or cross-
329 reporting of targets as only one target should be reported from the multiplex qPCR regardless
330 of all assays being available. The efficiencies of the single-species standard curves were
331 compared to the efficiency of the multiplexed standard curves to ensure reliable
332 quantification. The multiplex qPCR negative controls used throughout the experiment ensured
333 no false positives due to dimer formation.

334

335 **qPCR preparation and cycling conditions**

336 The qPCR reactions were performed in 10 μ L reactions in 384 well plates on a Roche Light
337 Cycler 480. Each reaction included 5 μ L TaqmanTM Multiplex Master Mix (Applied
338 BiosystemsTM), 0.03 μ L of each primer at 100 nM, 0.025 μ L of each Taqman probe at 100
339 nM, 1 μ L DNA extract, and 3.92 μ L of molecular grade water to bring the volume up to 10
340 μ L. For simplex qPCR, the same reaction mixture was used but only one set of primers and
341 probes were added and the volume of molecular grade water was adjusted to keep the reaction
342 volume to 10 μ L. After an initial incubation for ten minutes at 95 °C, we performed 40 cycles
343 with a denaturation step for 15 seconds at 95 °C and an annealing/extension step for 30
344 seconds at 60 °C. For the preparation of all qPCR plates, we used the mosquito® LV pipetting
345 robot (SPT Labtech Ltd, England) for the efficient and accurate preparation of qPCR plates.

346

347 **qPCR quality control and data interpretation**

348 The Light Cycler was calibrated for multiple emission spectra for the multiplex qPCR using a
349 color compensation protocol utilizing the four fluorophores used in this study. We
350 incorporated six replicates of the six-point standard curve on each qPCR ranging from 10^7
351 copies/reaction to 100 copies/reaction. These standards were made by combining four
352 individual gBlock gene fragments (Integrated DNA Technologies) that represent the target
353 sequences from the four qPCR assays used in this study (Table S2). The qPCR efficiency was
354 calculated using $[E = -1 + 10^{(-1/\text{slope})}]$ where E is the qPCR efficiency and the slope is calculated
355 with pooled six-point standard curves from all plates for enumerating copy numbers of the
356 target amplicons. This efficiency and intercept were then used in the quantification of our
357 experimental replicates by converting Cp values to copy numbers. We also used this pooled
358 standard curve to determine the Limit of Detection (LOD) and Limit of Quantification (LOQ)
359 using previously described statistical criteria (Klymus et al., 2020). The LOD is described as
360 the lower standard dilution concentration where 95 % of the replicates demonstrate
361 amplification and the LOQ is described as the lowest standard concentration with a coefficient
362 of variation (CV) value below 35 %. Each qPCR plate also included six qPCR negative
363 control wells with molecular grade water instead of template DNA to identify any
364 contamination in the reagents or during qPCR setup.

365

366 **2.5 eDNA state recovery**

367 **Quantification of total eDNA yield**

368 The total eDNA yield of all treatment samples (N = 45), each spike (N = 3), and extraction
369 controls (N = 9) were measured in 384 well plates using reagents from Qubit dsDNA HS

370 Assay Kit (Qubit Digital, London, UK), and analyzed by Spark® Multimode Microplate
371 Reader (Tecan, Männedorf, CH). We used a seven-point standard curve at concentrations of
372 0, 0.1, 0.2 0.5, 1, 5, and 10 ng/μL by diluting the 10 ng/μL standard provided by the
373 manufacturer. Each reaction well consisted of 48 μL of Qubit HS 1x reaction mixture and 2
374 μL of DNA standard, sample, spike, or control. Accurate pipetting was facilitated by a
375 mosquito® LV pipetting robot (SPT Labtech Ltd, England). All standards and samples were
376 analyzed in triplicate.

377

378 **State-specific isolation efficiency and percent recovery**

379 To calculate the extraction recovery of the DNA added to each replicate of the experiment,
380 first, the spiked DNA for each of the three states was quantified. The concentration of target
381 DNA recovered from the experimental samples was then quantified and compared with the
382 spike to calculate the percent recovery of each DNA state.

383 For quantification of the dissolved state spike, 1 μL of the dissolved DNA spike was directly
384 analyzed in triplicate using simplex qPCR to enumerate the dissolved DNA target copies per
385 uL. This value was multiplied by the spike volume (50 μL) to calculate the total copy number
386 of the spiked DNA. Using Equation 1, percent recovery was calculated where C_s is the
387 number of DNA copies spiked in the dissolved state (per 15 mL), C_i is the initial spike
388 concentration, V_{tot} is the total volume of the filtrate (50 mL), and V_s is the volume of the
389 filtrate analyzed (15 mL). This volume correction is necessary as only 15 mL of filtrate could
390 be used in the isolation id dissolved DNA using the ethanol precipitation method.

$$391 \quad \% \text{ recovery} = \frac{C_s}{C_i} * 100 \times \frac{V_{tot}}{V_s} \quad \text{Equation 1}$$

392 For quantification of the membrane-bound DNA spike, 2 mL of mouse cell spike solution was
393 frozen at -20 °C. Three replicates of the spike were created by extracting 50 μL of the saved
394 spike using the same phenol-chloroform-isoamyl protocol described above and analyzed with
395 qPCR to enumerate the membrane-bound DNA target copies spiked into the experiments.

396 To calculate the percent recovery of the membrane-bound DNA from experimental samples
397 we used equation 2, where C_s is the concentration of mouse DNA (mitochondrial or nuclear)
398 detected in experimental samples (per 50 mL) and C_i is the initial spike concentration of
399 mouse DNA.

$$400 \quad \% \text{ recovery} = \frac{C_s}{C_i} * 100 \quad \text{Equation 2}$$

401

402 The concentration of adsorbed DNA spike was calculated using equation 3, where C_{sp} is the
403 concentration of spiked adsorbed DNA (copies DNA/mg clay), C_i (copies/μL) is the initial
404 concentration of salmon DNA solution, V_i (μL) is the initial volume of salmon DNA solution,
405 C_{sup} (copies/μL) is the concentration of salmon DNA in the supernatant after 48 h of
406 adsorption, C_{w1} (copies/μL) and C_{w2} (copies/μL) are concentrations of salmon DNA in the
407 supernatant of the first and second wash step, V_w (μL) is the volume of water used in the wash
408 steps and M_c (mg) is the mass of montmorillonite clay added to the adsorption reaction.

409 Finally, the adsorbed DNA was suspended in 3 mL of nuclease-free molecular grade water to

410 achieve a final adsorbed DNA spike concentration of 100 mg/mL. Concentrations of target
411 DNA copies in C_i , C_{sup} , C_{w1} , and C_{w2} were quantified in triplicate using simplex qPCR.

412

$$413 \quad C_{sp} = \frac{\{(C_i * V_i) - (C_{sup} * V_i + (C_{w1} + C_{w2}) * V_w)\}}{M_c} \quad \text{Equation 3}$$

414

415 To calculate the extraction recovery of the adsorbed DNA in each sample, equation 4 was
416 used where C_s is the concentration of salmon DNA detected from experimental samples (per
417 50 mL) and C_{sp} is the theoretical adsorbed DNA spike concentration calculated in equation 3.

$$418 \quad \% \text{ recovery} = \frac{C_s}{C_{sp}} * 100 \quad \text{Equation 4}$$

419

420 **2.6 Statistical analyses**

421 We conducted an analysis of variance (One-way ANOVA) using the extraction methods,
422 water matrix type, and the state of spiked DNA as dependent variables, and percent recovery
423 as the independent variable. We used a one-way ANOVA to test whether a state isolation
424 protocol was able to enrich the target state. This test was repeated for each of the three state
425 isolation protocols used. A one-way ANOVA test was also used to test if any state isolation
426 protocol was able to outperform others with respect to percent recovery of the target state.
427 Finally, another one-way ANOVA was also used to determine whether a given water matrix
428 had a significant impact in determining the success of eDNA state isolation based on the
429 increased recovery of a target state. We used a student's t-test to evaluate the effect of spiking
430 a given state individually in a sample or multiple states spiked together. The t-test was also
431 used for testing the variation in the recovery of mitochondrial and nuclear DNA recovery
432 from spiked mouse cells. We conducted the Shapiro-Wilk test of normality, and Levene's test
433 to check the homogeneity of variances to ensure our data met the assumptions of parametric t-
434 tests and ANOVA. All ANOVA tests that rejected the null ($\alpha = 0.01$) were followed up with
435 Tukey's post hoc test to identify what dependent variables caused a significant difference. All
436 data analysis was conducted in R version 4.1.3 using the package tidyverse package
437 (Wickham et al., 2019).

438

439 **3. Results**

440 **3.1 Performance of multiplex qPCR assays**

441 None of the qPCR assays used in this study cross-amplified other targets in multiplex
442 reactions. This was confirmed by the lack of non-specific amplification or fluorescence when
443 single target standard curves were added to the multiplex reaction mix. All four multiplex
444 qPCR assays used in the study had a Limit of Detection (LOD) at 10 copies/reaction and the
445 Limit of Quantification (LOQ) was 100 copies/reaction for all targets. The efficiencies of
446 pooled multiplex standard curves from all plates used in the experiment were 0.85, 0.89, 0.85,
447 and 0.93 for salmon (adsorbed DNA), chicken (dissolved DNA), and mouse mitochondrial
448 target (membrane-bound DNA), and mouse nuclear (membrane-bound DNA) assays

449 respectively (Figure S1). This efficiency was comparable with simplex standard curves
450 allowing accurate quantification of the target DNA (Figure S2).

451 None of the negative controls, including no spike controls, extractions negatives, and qPCR
452 negative controls showed amplification over the LOD in all three qPCR replicates for any of
453 the four targets. However, below LOD concentrations (i.e. < 10 copies/reaction) of target
454 DNA were detected in some no-spike controls. This was observed in one, nine, four and
455 thirteen qPCR replicates for mouse nuclear, mouse mitochondrial, salmon, and chicken
456 targets respectively of a total of 81 no-spike controls qPCR replicates. This was only observed
457 in the no-spike controls processed using methods targeting membrane-bound and adsorbed
458 eDNA. Since the qPCR and extraction negative controls showed no amplification, the cause
459 of this contamination can be incomplete sterilization of beakers between experiments, and/or
460 the natural presence of target DNA from environmental waters from Lake Zurich and the Sihl
461 river. The low concentrations and the nature of this contamination are unlikely to have
462 affected the results of this experiment.

463

464 **3.2 State-specific DNA isolation**

465 Species-specific isolation of DNA was evaluated based on the presence of non-target states of
466 eDNA in a given extraction protocol. Thus, this analysis can be conducted only on treatments
467 where all eDNA states were spiked altogether. None of the protocols tested were able to
468 completely isolate the target eDNA state. Specifically, all states were detected in replicates
469 where they were not expected (Table 3, Figure 3). However, some protocols resulted in
470 limiting non-target extraction and enriching the target eDNA state. For instance, the protocol
471 designed to isolate membrane-bound eDNA (filtration and desorption followed by PCI
472 extraction on the pellet) resulted in increased enrichment of membrane-bound DNA state
473 (One-way ANOVA, $F(3, 102) = [152.8]$, $p = 2e-16$) as the percent recovery of membrane-
474 bound DNA was significantly higher than that of dissolved (Tukey HSD, $p = 0.00$, 95% C.I. =
475 $[31.46, 43.84]$) and adsorbed DNA (Tukey HSD, $p = 0.00$, 95% C.I. = $[31.19, 43.58]$) (Figure
476 3C, D [PCI extraction]). This result was not significantly different between mitochondrial and
477 nuclear targets of membrane-bound DNA (Tukey HSD, $p = 0.65$, 95% C.I. = $[-9.14, 3.45]$)
478 (Figure 3C, D, Table 3 [PCI extraction]). In the protocol designed to isolate dissolved DNA,
479 the DNA from both membrane-bound and adsorbed states were detected with similar percent
480 recoveries as dissolved DNA (Table 3, Figure 3 B,C [Ethanol precipitation]). Filtration
481 followed by ethanol precipitation on the filtrate, therefore, did not lead to effective isolation
482 of dissolved DNA from the other two as the percent recovery of dissolved DNA was not
483 significantly higher than that of the adsorbed (One-way ANOVA, $F(2, 69) = [5.71]$, $p =$
484 0.005 ; Tukey HSD, $p = 0.12$, 95% C.I. = $[-0.02, 0.28]$) or membrane-bound DNA Tukey
485 HSD, $p = 0.29$, 95% C.I. = $[-0.27, 0.60]$). Similarly, the protocol designed for adsorbed state
486 isolation (filtration followed by desorption and magnetic bead extraction on the supernatant)
487 did not isolate adsorbed DNA as the percent recovery of adsorbed DNA was significantly
488 lower than that of membrane-bound DNA (One-way ANOVA, $F(3, 97) = [40.82]$, $p = 2.0^{-16}$;
489 Tukey HSD, $p = 0.0$, 95% C.I. = $(4.20, 9.53)$). Additionally, the resulting percent recovery of
490 adsorbed DNA was not significantly higher than that of dissolved DNA when processed using
491 the protocol for adsorbed DNA isolation (Tukey HSD, $p = 0.56$, 95% C.I. = $[-1.30, 3.98]$)
492 (Table 4, Figure 3A, B [magnetic bead extraction]).

493

494 Table 3: Percent recovery of target and non-target eDNA expressed based on DNA state
 495 (columns) and extraction protocol (rows) used to isolate that expected state. Cells in BOLD
 496 indicate replicates with high expected recovery of the target eDNA state.

	Dissolved State (%)	Mitochondrial membrane-bound state (%)	Nuclear membrane-bound state (%)	Adsorbed state (%)
Dissolved state protocol	0.72 ± 0.68	0.147 ± 0.084	BLOQ	0.531 ± 0.40
Membrane-bound protocol	0.797 ± 1.20	45.04 ± 15.02	48.91 ± 26.34	1.32 ± 0.595
Adsorbed state protocol	0.82 ± 1.44	10.7 ± 4.78 [#]	8.58 ± 7.59 [#]	3.46 ± 3.00
Total recovered	2.21 ± 2.36	54.11 ± 19.24	45.05 ± 28.74	5.08 ± 2.28

497 # Some replicates of this group were Below Limit Of Quantification (BLOQ)

498

499 3.3 State-specific DNA recovery

500 The state-specific DNA recovery is used to evaluate how much of the target eDNA state was
 501 recovered from an experimental unit (i.e. eDNA extraction protocols) irrespective of the
 502 presence of non-target eDNA states. The state-specific spike concentrations, in theory, reflect
 503 100 % recovery of a given state (Table 4). The recovery of membrane-bound DNA using the
 504 filtration followed by desorption and performing PCI extraction on the pellet was significantly
 505 greater than the recovery of membrane-bound state in other methods. This was the case for
 506 both mitochondrial (One-way ANOVA, $F(2, 149) = [178.4]$ $p = 2e-16$) and the nuclear
 507 targets of membrane-bound DNA (One-way ANOVA, $F(2, 96) = [46.7]$ $p = 7.7e-10$) when
 508 compared to other isolation protocols (Table 4). There was no significant difference in the
 509 percent recovery of mitochondrial and nuclear targets using the membrane-bound isolation
 510 protocol (t-test, $df = 78.70$, $t = -0.06$, $p = 0.94$), however, the concentration of mitochondrial
 511 marker was more than two orders of magnitude higher in both, the spike and the recovered
 512 DNA (Table 4, S3). The recovery of adsorbed DNA was significantly higher using the
 513 protocol specially designed for it (i.e. filtration, followed by desorption and magnetic bead
 514 extraction on the supernatant) when compared to the other two methods (One-way ANOVA,
 515 $F(2, 156) = [43.8]$ $p = 8.2e-16$). Tukey's post hoc test revealed significant increases in
 516 adsorbed DNA recovery between the magnetic bead method, and both PCI (Tukey HSD, $p <$
 517 0.01 , 95% C.I. = [- 3.69, -2.15]) and EtOH precipitation methods (Tukey HSD, $p <$
 518 0.01 , 95% C.I. = [-3.03, -1.46]). The DNA recovery of dissolved DNA was not significantly greater
 519 using the protocol designed for isolating dissolved DNA as compared to other protocols (One-
 520 way ANOVA, $F(2, 150) = [0.12]$ $p = 0.90$).

521 The eDNA yield of the full-process negative controls from the lake and river sample i.e.,
 522 without any spikes can indicate the magnitude of genetic information available in a given
 523 state and further elucidate on total eDNA recovery from each method. The eDNA yields of
 524 no-spike controls using the adsorbed state and membrane-bound state protocols were $0.34 \pm$
 525 0.22 ng/ μ L and 0.74 ± 0.06 ng/ μ L respectively for Lake Zurich water, and 0.24 ± 0.25 ng/ μ L
 526 and 1.07 ± 0.36 ng/ μ L respectively for Sihl river water. The yield of the dissolved eDNA

527 fraction represented by the ethanol precipitation method was below the limit of detection for
528 all water matrices.

529

530 Table 4: Spike, recovery, and loss of DNA based on the state the DNA was spiked in.

	Dissolved State	Membrane-bound state (mitochondrial)	Membrane-bound state (nuclear)	Adsorbed state
DNA spike concentration (copies/50 ml)	4.0×10^8	8.5×10^6	3.0×10^4	2.5×10^7
Total recovery (copies/50 ml)	$8.7 \times 10^6 \pm 9.3 \times 10^6$	$4.6 \times 10^6 \pm 1.6 \times 10^6$	$1.4 \times 10^4 \pm 8.6 \times 10^3$	$1.3 \times 10^6 \pm 5.7 \times 10^5$
Percent recovery (%)	2.21 ± 2.36	54.11 ± 19.24	45.05 ± 28.74	5.08 ± 2.28
Percent DNA lost (%)	97.78 ± 2.35	45.88 ± 19.04	54.95 ± 28.74	94.92 ± 2.32

531

532

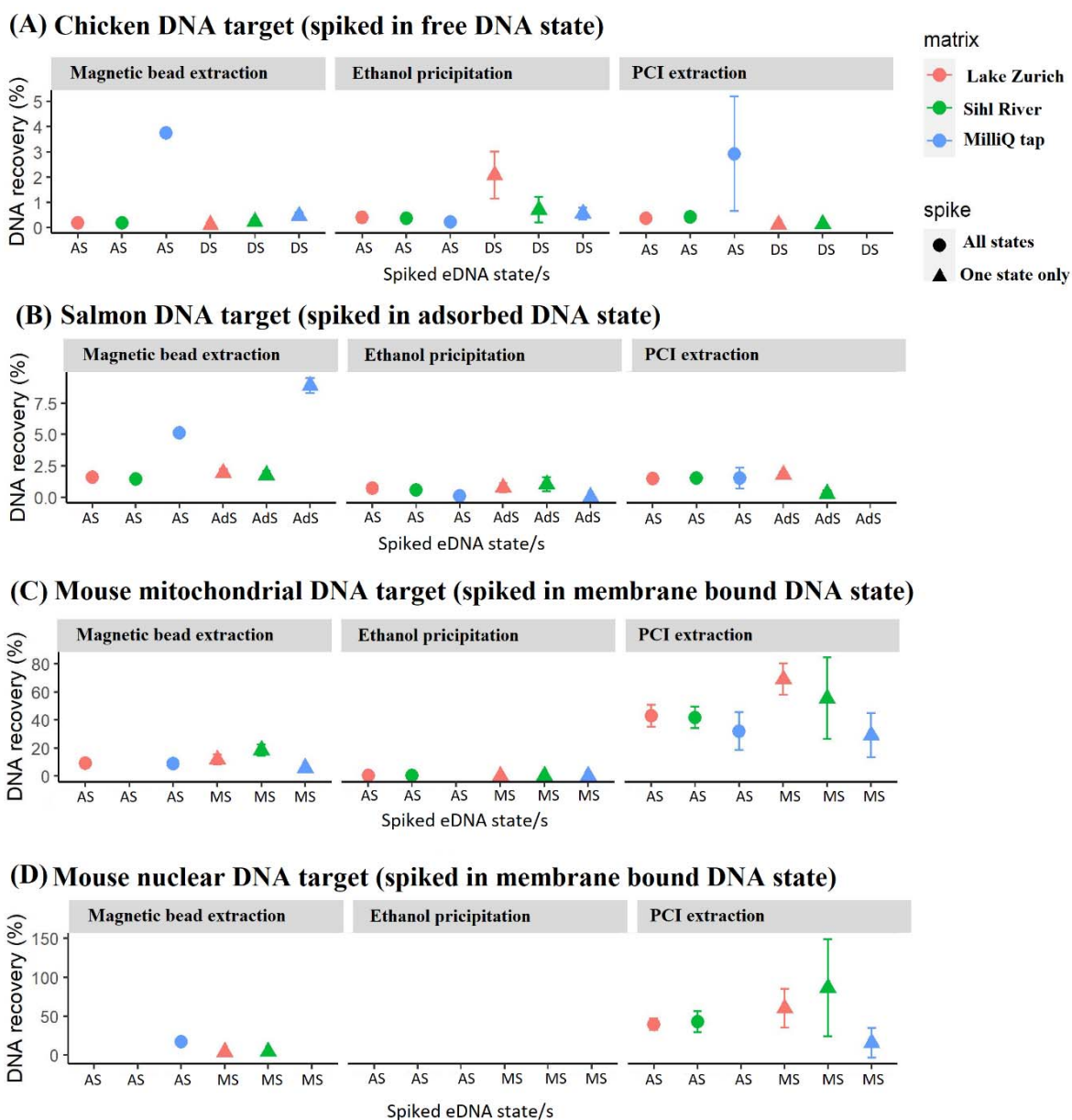
533 3.4 Effect of water matrix and spiking multiple states altogether

534 Overall, the percent recovery of DNA was not significantly influenced by whether a given
535 state-controlled spike was spiked individually with other eDNA states (t-test, $df = 591.82$, $t =$
536 0.32 , $p = 0.75$). Similarly, the overall percent recovery was not significantly affected by the
537 water matrix (MilliQ tap, Lake Zurich, or Sihl river) they were spiked in (One-way ANOVA,
538 $F(2, 276) = [0.05]$, $p = 0.94$). However, in select scenarios, water matrix type did have a
539 significant impact on the recovery of adsorbed and dissolved states of DNA. The recovery of
540 adsorbed DNA, using the magnetic bead extraction protocol, was significantly higher in the
541 Milli-Q water matrix when compared to the recovery in Lake Zurich (One-way ANOVA, $F(2,$
542 $51) = [112.2]$, $p < 2e-16$; Tukey HSD, $p < 0.01$, 95% C.I. = $[4.30, 6.20]$) and Sihl river water
543 (Tukey HSD, $p < 0.01$, 95% C.I. = $[4.45, 6.36]$), while the recovery of adsorbed DNA was not
544 significantly different in the two environmental waters (Tukey HSD, $p < 0.01$, 95% C.I. = $[-$
545 $1.02, 0.79]$) (Figure 3B [magnetic bead extraction]). Similarly, the recovery of dissolved
546 DNA, using the ethanol precipitation protocol, was significantly higher in the Milli-Q water
547 matrix when compared to the recovery in Lake Zurich (One-way ANOVA, $F(2, 51) = [8.06]$,
548 $p = 9.1e-4$; Tukey HSD, $p < 0.01$, 95% C.I. = $[4.30, 6.20]$) and Sihl river water (Tukey HSD,
549 $p < 0.01$, 95% C.I. = $[4.45, 6.36]$), while the recovery of dissolved DNA in the two
550 environmental waters was not significantly different Tukey HSD, $p < 92$, 95% C.I. = $[-1.12,$
551 $0.80]$) (Figure 3A [magnetic bead extraction]). Contrary to this pattern, the recovery of
552 membrane-bound DNA, using the PCI extraction protocol, was significantly higher in Lake
553 One-way ANOVA, $F(2, 51) = [9.75]$, $p = 2.6e-6$; Tukey HSD, $p < 0.01$, 95% C.I. = $[-39.84, -$
554 $11.17]$) Zurich and Sihl river (Tukey HSD, $p < 0.01$, 95% C.I. = $[-32.43, -3.76]$) waters
555 compared to Milli-Q water, although the membrane-bound DNA recovery was not
556 significantly different between the two environmental water matrices (Tukey HSD, $p = 0.43$,
557 95% C.I. = $[-21.74, 6.93]$) (Figure 3C, D [PCI extraction]).

558 In select scenarios, we also observed an increase in the percent recovery of dissolved DNA in
559 non-target protocols, i.e. protocols designed for adsorbed and membrane-bound DNA
560 isolation. The percent recovery of dissolved DNA using the ethanol precipitation protocol
561 (0.216 ± 0.108 %) increased dramatically using the adsorbed DNA protocol (3.76 ± 0.179 %)
562 and membrane-bound DNA protocol (3.93 ± 2.27 %) in Milli-Q tap water when all three
563 states were spiked together (Figure 3A, S3A). This represents an increase in recovery of
564 ~1640% and ~1256 % respectively of dissolved DNA in using protocols targeting the
565 adsorbed and membrane-bound DNA respectively (Figure 3A, S3A). Interestingly, this was
566 the case only when other states, i.e., cells and clay, were present and only in the Milli-Q tap
567 water matrix (Figure 3A, S3A). The treatment with only dissolved DNA spiked in Milli-Q tap
568 water did not show this dramatic increase (Figure 3A, S3A).

569

570



571

572 Figure 3: Percent recovery of spiked eDNA states observed in three different extraction
 573 methods. Colors represent the water matrix type while the shape of the data points indicates
 574 whether all states were spiked together, or the target state spiked by itself. The x-axis shows
 575 the spiked eDNA state (AS = All States, DS = Dissolved State, AdS = Adsorbed State, and
 576 MS = Membrane-bound State). Error bars indicate the standard deviation between three
 577 biological replicates.

578

579

580

581 **4. Discussion**

582 Answering questions regarding the ecology of eDNA such as persistence and transport require
583 effective and consistently replicable methods to capture and isolate particular states of eDNA.
584 Here we demonstrate the utility of controlled experiments using state-specific spikes from
585 different species to evaluate DNA extraction protocols, their effect on the isolation and
586 recovery of each of the DNA states to aid in the understanding of the ecology of eDNA in
587 different water chemistries. We show that while no methods were able to isolate a state in its
588 entirety, we could enrich the recovery of each state to some extent. Because of the novel
589 experimental design we also measured and identified the fate of each DNA state when it was
590 not captured using the targeted protocol. The protocols for state sorting were able to enrich
591 the target state, especially in the case of membrane-bound and adsorbed DNA states.
592 However, there was a significant cross-over between states indicating inefficiencies in sample
593 processing methods and potential dynamics of eDNA states after the collection of the water
594 sample. Additionally, a large proportion of DNA in all states was lost and not recovered by
595 any of the treatments. Further, experimentation using a multiple-state-specific spike model
596 designed here can shed light on the state dynamics of eDNA during the isolation process and
597 help to optimize state isolation protocols.

598

599 **Isolation of target states**

600 The results of this study highlight current limitations with state-specific DNA isolation
601 protocols and help identify steps in their optimization. Previous studies have utilized methods
602 for sorting and isolating eDNA states but have not been able to verify their success in doing
603 so (Corinaldesi et al., 2005; Lever et al., 2015; Torti et al., 2015; Yuan et al., 2019).
604 Unverified methods with unknown levels of inefficiencies can lead to misinterpretation of
605 results. Here we show that none of the isolation methods used in these previous studies were
606 able to completely isolate the target state of eDNA, but some were able to enrich a target
607 state. For example, when all three states were spiked together, membrane-bound DNA
608 accounted for a majority (~ 85.6%) of the DNA recovered using a protocol designed for
609 membrane-bound DNA isolation, the adsorbed DNA accounted for two-thirds (~ 68.1 %) of
610 total recovered DNA using the protocol designed for the isolation of adsorbed DNA, however,
611 the dissolved DNA state only accounted for a third (~ 32.5%) of the total recovered DNA
612 from the protocol designed to isolate the dissolved state of eDNA.

613

614 **Effect of water matrix characteristics on eDNA state isolation**

615 This study performed all experiments in three water matrices, two environmental (Lake
616 Zurich and Sihl river) and one artificial (Milli-Q tap). Overall, the change in environmental
617 waters did not significantly impact the results of state isolation even though they had different
618 abiotic conditions (Table 1). The least influence was noted in the case of isolation of
619 membrane-bound DNA, probably because the isolation of membrane-bound DNA from other
620 states is primarily a physical separation while other states of eDNA might experience more
621 chemical interactions influenced by water matrix during their separation. For instance,

622 experiments in Milli-Q water matrix led to increased recovery of adsorbed and dissolved
623 DNA in select scenarios compared to the two environmental water matrices.

624 The recovery of adsorbed DNA was significantly higher in Milli-Q tap water than in the two
625 environmental waters using the adsorbed state protocol (Figure 3). The difference between the
626 Milli-Q tap and environmental waters was the more circumneutral pH, and absence of other
627 particles and organics in the Milli-Q water (Table 1). The phosphates in the desorption buffer
628 may have competitively interacted with these other particles reducing the desorption
629 efficiency and thus the percent recovery. Improving the recovery of the adsorbed state of
630 eDNA requires an improved understanding of the mechanisms that create the adsorbed state
631 of eDNA in the first place. Adsorption of DNA onto mineral surfaces is governed by
632 interactions of multiple mechanisms including electrostatic forces, hydrogen bonding, ligand
633 exchange, and cation bridging (Franchi et al., 1999; Pietramellara et al., 2001; Saeki et al.,
634 2010; Yu et al., 2013). Furthermore, the water chemistry can impact the adsorption
635 mechanisms even when the adsorbent and adsorbate are consistent (Kirtane et al., 2020). pH
636 and ionic strength have been categorized as the driving characteristics of a solution to
637 influence the adsorption mechanisms (Yu et al., 2013). Increased pH (>5) reduces the
638 protonation of DNA bases giving it a net negative charge, thus reducing adsorption via
639 electrostatic forces with predominantly negatively charged mineral clay surfaces, and
640 increasing the effect of cation bridging (Xu et al., 2003; Yu et al., 2013). Increased
641 concentrations of cations in the water matrix increase the adsorption of DNA onto mineral
642 surfaces via cation bridging (Cai et al., 2006a; Levy-Booth et al., 2007).

643 Dissolved DNA recovery increased by over an order of magnitude when extracted using
644 protocols for membrane-bound and adsorbed DNA extraction but only in one scenario
645 containing the Milli-Q water matrix with all states spiked together (Figure 3). The
646 circumneutral pH of the Milli-Q water likely caused the spiked dissolved DNA to rapidly
647 adsorb to the clay particles and cells in the water leading to an increased recovery of dissolved
648 DNA in method treatments targeted toward the extraction of membrane-bound and adsorbed
649 states (Mauvisseau et al., 2022). This effect required both Milli-Q water and the presence of
650 adsorbents in the water as this increase was not observed in the treatments with environmental
651 water matrices or in Milli-Q water with only dissolved DNA spiked into it. Thus, we
652 recommend the use of synthetic water matrices instead of Milli-Q water in future studies for
653 reproducible controlled experiments that better reflect the water chemistries in the
654 environment.

655

656 **Strategies for improving eDNA state isolation and recovery**

657 Due to the novel ability to quantify state-specific extraction efficiencies and the level of
658 isolation of a target state, this experiment also aided to identify various opportunities to
659 improve state sorting and extraction methods. The biggest room for improvement was in the
660 case of extraction of dissolved and adsorbed DNA. This is also intuitive as most development
661 of methods has been inadvertently targeted toward membrane-bound DNA (Pawlowski et al.,
662 2021; Tsuji et al., 2019). The challenge with the extraction of dissolved DNA is that of
663 concentration or aggregation. Unlike the other states, dissolved DNA cannot be easily
664 concentrated via filtration. We utilized ethanol precipitation, the most popular method for
665 dissolved DNA concentration, but alternative methods for aggregation such as column
666 chromatography, magnetic bead extraction, and lyophilization can be tested to improve the

667 recovery of dissolved DNA (Calderón-Franco et al., 2021; Rees et al., 2014; Yuan et al.,
668 2019).

669

670 The recovery of adsorbed DNA will be improved by understanding the mechanistic
671 interactions between the particles and DNA. In this case, we used a model mineral clay,
672 montmorillonite, which binds to the sugar-phosphate backbone of DNA via electrostatic
673 attraction or cation-bridging (Saeki et al., 2010; Sheng et al., 2019). Thus, the addition of
674 phosphates to the mix is likely to weaken and replace those bonds, thus desorbing the DNA
675 into solution. In this experiment, we used two phosphates (Na_2HPO_4 and NaH_2PO_4) at 0.12M
676 each (Yuan et al., 2019). Other studies have hypothesized hexaphosphates or deoxyribose
677 triphosphates to improve the desorption ability (Direito et al., 2012; Lever et al., 2015). Since
678 the recovery of adsorbed DNA was reduced in environmental matrices as compared with
679 Milli-Q water when treated with the adsorbed state protocol, we hypothesize that the
680 reduction of recovery is attributed to incomplete desorption of adsorbed DNA due to
681 competitive interactions with other particles and organics in the environmental water
682 matrices. Future studies should evaluate the effect of increasing phosphate concentrations and
683 using varied forms of phosphates discussed on the desorption of DNA from complex
684 environmental matrices. In natural waters, DNA is likely to be adsorbed to or otherwise
685 interacting with numerous types of particles such as clays, porous carbons, organic molecules,
686 metal oxides, and even biofilms, etc. (Kirtane et al., 2020; Saeki et al., 2010; Sheng et al.,
687 2019; Sodnikar et al., 2021). As discussed above, the water chemistry impacts the adsorption
688 mechanism and thus the success of desorption strategies. In this experiment, the adsorbed
689 state spike was created by adding montmorillonite clay and salmon DNA in molecular grade
690 water. Hence, future studies should consider using a mixture of complex adsorbents instead of
691 a single model mineral clay and create the adsorbed DNA state spike in relevant
692 environmental or synthetic waters to better replicate the “real-world” behavior of adsorbed
693 DNA state and optimize the methods to isolate it.

694

695

696

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