mini-MEndR: A miniaturized 96-well predictive assay to evaluate muscle stem cell

mediated repair

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Abstract

Functional evaluation of novel molecules that promote stem cell mediated endogenous repair often require multiplexed *in vivo* transplant studies that are low throughput and hinder the rate of discovery. Here, we optimized and miniaturized a previously developed muscle endogenous repair (MEndR) *in vitro* assay that captures significant events of *in vivo* muscle endogenous repair to offer greater throughput for functional validation studies. The mini-MEndR assay consists of miniaturized cellulose scaffolds designed to fit in 96-well plates, the pores of which are infiltrated with myoblasts encapsulated in a fibrin-based hydrogel to form engineered skeletal muscle tissues. Pre-adsorbing thrombin to the cellulose scaffolds facilitates *in situ* tissue polymerization, a critical modification that enables new users to rapidly acquire assay expertise. Following the generation of the 3D myotube template, muscle stem cells (MuSCs), prospectively isolated from mouse skeletal muscle tissue, are engrafted onto the engineered template. A regenerative milieu is then introduced by injuring the muscle tissue with a myotoxin. We evaluated two different commercially available human primary myoblast lines and were able to successfully generate miniaturized 3D muscle templates, as well as recapitulate the *in vivo* outcomes of a known modulator of MuSC mediated repair but only in the presence of both the stem cells and the regenerative milieu. Thus, the mini-MEndR culture assay captures the ability of different molecular treatments to modulate donor MuSC skeletal muscle production and niche repopulation. The miniaturized predictive assay offers a simple, scaled platform with which to investigate MuSC endogenous repair molecular modulators, and thus is a promising strategy to accelerate the muscle endogenous repair discovery pipeline.

Key Words: predictive assay, scale-up, manufacturing, skeletal muscle, stem cell, endogenous repair

Introduction

The regenerative capacity of healthy skeletal muscle is driven by the activity of tissue resident muscle stem cells (MuSCs). With age[1], or in disease, e.g. Duchenne muscular dystrophy (DMD)[2,3], MuSCs remain present, but have diminished repair capabilities. Therapeutic strategies to correct diminished skeletal muscle endogenous repair have a growing need. One exciting emerging strategy to improve skeletal muscle endogenous repair is the use of drugs to boost MuSC function (i.e. endogenous repair), for which pre-clinical studies in mice demonstrate the promise of this therapeutic approach[3–6].

A current gold standard assay to determine whether a molecular target restores MuSC function, and thus to make a go/no-go decision in the discovery process, is the intramuscular transplantation assay[7–9]. This assay involves transplanting treated cells into the pre-irradiated and pre-injured hindlimb of immune-compromised rodents and then assessing the capacity of the transplanted cell population to make muscle and repopulate the stem cell compartment. This gold-standard assay is expensive, low throughput and plagued by high variation, which in turn limits the number of candidates that can be tested. To overcome this pain point in the discovery process, we invented MEndR, an in vitro functional assay that predicts skeletal muscle endogenous repair outcomes in a dish[10]. MEndR is a lower cost alternative to the intramuscular transplantation assay that enables both molecule screening and functional validation in a single test.

In the MEndR culture assay, we first engineer thin sheets of mature skeletal muscle tissue by infiltrating a thin cellulose (paper) scaffold with primary patient-derived muscle progenitor cells encapsulated in an extracellular matrix hydrogel. MuSCs freshly isolated from mouse hindlimb skeletal muscle tissue are labelled and then incorporated into the 3D muscle sheets. Shortly thereafter, the muscle tissue sheet is injured by exposure to a myotoxin to induce a regenerative microenvironment, and MuSC-mediated muscle tissue template repair is assessed phenotypically by assessing the contribution of labelled MuSCs to new muscle tissue formation, and to niche repopulation, using fluorescent image analysis. To validate the predictability of our platform, we tested a number of drugs that were previously reported modulators of MuSC function and compared results using MEndR with those we obtained in parallel using the *in vivo* transplantation assay. MEndR accurately predicted *in vivo* transplantation assay outcomes. Side-by-side comparisons accurately identified a range of repair phenotypes observed in the *in vivo* transplantation assay results. Furthermore, since MEndR is an in vitro platform, the user has

greater control over the conditions during drug testing (e.g., media composition, state of the
template, uniform exposure to the myotoxin injury agent) to potentially improve reproducibility.
With this we demonstrated, for the first time, the ability to compress the translational pipeline by
offering an alternative to the *in vivo* validation assay that is, in theory, amenable to testing all 2D
drug screen 'hits' without the need for biased pre-selection.

The MEndR functional assay is poised to serve as a secondary screen service to prioritize
'hits' arising from high-throughput screens designed to discover MuSC potency modulators.
However, MEndR assay scale-up from a 24-well footprint to a 96-well format is critical to realizing
this goal. Candidate assessment performed in a 96-well format has the potential to offer an order
of magnitude higher throughput than the intramuscular transplantation assay. Towards this goal,
we herein describe the scaling of the MEndR assay into a 96-well footprint and we validate that
the miniaturized platform captures all stem cell functional metrics shown in the original MEndR
platform.

Materials and Methods

Human myoblast maintenance and 2D differentiation

Human primary myoblasts (pMB) were purchased from Cook MyoSite® (Table 1). For routine
culture, myoblasts were plated on collagen-coated tissue culture plates (Table 2) at a seeding
density of 5000 - 7500 cells/cm^2. Myoblasts were maintained in human pMB growth medium
(GM; Table 2) and passaged using trypsin upon reaching ~70% confluency. Culture media was
replaced every other day. Myoblasts were used at passage 6-7 for 2D experiments, and at passage
8 in all 3D tissue experiments. For 2D differentiation studies, myoblasts were plated at a seeding
density of ~37,000 cells/cm^2 on Geltrex^{TM} coated plates in human pMB GM. The cultures were
transitioned to 2D differentiation media (DM; Table 2) one-day post seeding to induce fusion. Half
of the DM was removed and replaced every other day. Cultures were fixed and analyzed on day 9
of differentiation.

MEndR and mini-MEndR myotube template fabrication and injury

24-well plate format myotube templates were generated as previously described by our group[10].
Briefly, rectangle patterns with 0.5 cm x 1 cm dimensions were printed onto the cellulose scaffold
product (MiniMinit® Products Ltd) with a LaserJet printer and then cut into individual rectangular

scaffolds with scissors. These scaffolds were then autoclaved in a dry cycle to maintain sterility.

To generate the myotube templates, sterile cellulose scaffolds were carefully placed on a custom

polydimethylsiloxane (PDMS) block using a pair of sterile tweezers. The PDMS block was placed

in an ethanol-sterilized plastic container with moist paper on the bottom and a tight-fitting lid to

seal the top, to create a humidified chamber. Next, a fibrinogen solution (Table 2) was freshly

prepared and filter-sterilized with a 0.22 μm filter. pMBs were resuspended at a concentration of

(3.33E+07 cells/mL) in an extracellular matrix (ECM) master mix (Table 2). 100 U/mL of

thrombin (Sigma, #T6884) was added to the pMB/ECM mixture to achieve a final concentration

of 0.225 U/mg of fibrinogen. The mixture was maintained on ice throughout. Next, 12 μL of

pMB/ECM mixture (i.e., 4.0E+05 pMBs) was evenly distributed onto the cellulose scaffolds using

a custom spreading tool[11]. The humidified chamber was then sealed with the lid and incubated at

37 °C for 5 minutes to encourage conversion of fibrinogen to fibrin clots. Next, MEndR GM (Table

2) was gently pipetted onto each of the scaffolds to facilitate easy detachment from the PDMS

block. The scaffolds were then gently lifted and placed into individual wells of a 24-well plate

containing 1 mL of MEndR GM. Two days later, the GM was removed and replaced with MEndR

DM to facilitate myotube differentiation. Half of the MEndR DM was removed and replaced every

other day.

For 96-well plate format myotube templates (mini-myotube templates), cellulose paper

(MiniMinit® Products Ltd) was cut into circular discs using a 5 mm biopsy punch (Integra,

#MLT3335) and subsequently sterilized in an autoclave. 96-well plates (PhenoPlate 96-well

microplates, PerkinElmer) were prepared for tissue seeding and culture by treatment with 100 μl

of 5 % Pluronic F-127 (Sigma, Cat#P2443) solution in dH$_2$O (Table 2) at 4 °C overnight, or

minimum one hour, which served to create a non-adhesive surface to prevent cell attachment on

the plates and facilitate tissue self-organization. The pluronic acid was then aspirated, and the plate

was left to dry in the biosafety cabinet with the lid removed until the thin film of liquid could no

longer be visualized (~20 min). The autoclaved disks were then placed in the center of the

corresponding wells of the 96-well plate using a sterile anti-static tweezer. Next, a 0.8 U/mL

thrombin solution was prepared by diluting the 100 U/mL thrombin stock in PBS, and 4 μL of the

0.8 U/mL thrombin solution was dispensed onto the center of each paper disc. The discs were then

left to dry in the biosafety cabinet. Meanwhile, a 10 mg/mL fibrinogen solution (Table 2) was

freshly prepared by dissolving lyophilized fibrinogen powder in 0.9 % wt./vol of NaCl solution,

and subsequently sterilized by passing through a 0.22 µm filter. pMBs were trypsinized, counted

and suspended in ECM master mix (Table 2) at a concentration of 2.5E+07 cells/mL, which was

kept on ice. Next, 4 µL of pMB/ECM mixture (i.e., 1.0E+05 pMBs) was pipetted into the center

of paper discs with pre-adsorbed thrombin, with the mixture entering the cellulose scaffold pores

by capillary action. Cellulose scaffolds impregnated with pMB/ECM were incubated for 5 minutes

at 37 °C. 200 µL of MEndR GM (Table 2) was then gently pipetted into each well, ensuring that

the tissues did not flip over. The 96-well plate was then returned to the cell culture incubator (37

°C, 5 % CO_2). The next day, tissues that failed to detach from the bottom of the well (by visual

inspection), were released by gently triturating the culture media in the well with a p200 pipette.

Two days later, the MEndR GM was aspirated and replaced with MEndR DM (Table 2). Half of

the MEndR DM was removed and replaced with fresh medium every other day.

Immunohistochemistry

2D myotube cultures, and 3D muscle tissues, were harvested and fixed at the indicated culture

endpoints by removing the media, washing gently three times with phosphate buffered saline

(PBS), and then incubating in 200 µL of 4% paraformaldehyde for 15 min at room temperature.

The samples were washed three times with PBS every 5 min followed by incubation in blocking

solution (Table 3) overnight at 4 °C, or for 1 hr at room temperature. Following blocking, which

also contains permeabilization agent, samples were then incubated with 40 µL of primary

antibodies (Table 3) diluted in PBS and 0.1 % goat serum, overnight at 4 °C. Next, the samples

were washed three times with cold PBS every 10 min and then incubated for 45-60 min at room

temperature with 40 µL of a secondary antibody mix (Table 3), containing DRAQ5 nuclear counter

stain (Table 3), and diluted in PBS with 0.1% goat serum. The secondary antibody mix contained

phalloidin conjugates (Table 3) for the experiments where phalloidin coverage was assessed. The

samples were then washed three times with cold PBS. Tissue samples were stored in PBS at 4 °C

until image acquisition.

Image acquisition

Confocal z-stack images of immunostained samples were acquired using an Olympus FV-1000

confocal microscope and Olympus FluoView V4.2b imaging software. Images were acquired

using x4 (0.13 NA), x10 (0.3 NA) or x20 (0.45 NA) air objectives (Olympus) and the step size for

each z-stack image acquired was set at the optimal value for each objective by the imaging
software. Laser power, PMT HV and background offset were adjusted using the grey scale scan.
Laser power was set lower than 75 % during image acquisition to prevent photobleaching and
reduce cytotoxicity for all images. Next, laser power and HV were adjusted to avoid overexposure
and saturation as guided by the red pixels. Background offset was adjusted to preclude blue pixels
in each of the stacks. HV was set lower than 750 to reduce noise and Gain was set at 1 for all
images. For the niche repopulation experiments, tissues were imaged using an Opera Phenix High
Content Screening system outfitted with a x20 water immersion objective. Confocal stacks were
converted to the 2D space using a maximum Z-projection prior to image analysis. Nuclear fusion
index, Pax7^{+} cell enumerations, as well as sarcomeric α-actinin (SAA), green or yellow fluorescent
protein (GFP/YFP) or phalloidin tissue coverage were quantified exactly as we previously
described[10].
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Bead retention assay and analysis
Cellulose-based paper scaffolds (MiniMinit® Products Ltd) were cut using a 5 mm diameter
biopsy puncher and placed in a 96-well plate. Scaffolds were pre-adsorbed with thrombin at a
concentration of 0.8 U/ml (0.2 U/mg fibrinogen) and allowed to dry for one hour in the biological
safety cabinet with the 96-well plate lid removed. Next, a Master Mix was prepared by diluting 15
μm diameter fluorescent beads (Bangslab, #FCDG011) 10 times in ECM master mix (Table 2).
Then, 4 μL of the bead MasterMix was infiltrated into each of the dried scaffolds and the scaffolds
were subsequently incubated at 37 °C for 5-10 min to allow the Master Mix and thrombin to gel.
The scaffolds were imaged using confocal microscopy (Olympus FV-1000, x4 air
objective, laser power 20-40 %, HV < 700) to determine the initial number of beads. Scaffolds
were maintained in PBS while not being imaged to prevent them from drying. After the initial
images were captured, scaffolds were washed with PBS three times to mimic the turbulence
experienced by scaffolds during 3D culture (e.g., media changes). The scaffolds were imaged once
more, using the same settings, to determine the number of beads retained.
To quantify the number of beads in an image, confocal stacks were first converted to the
2D space using a maximum Z-projection. Thresholding was performed using FIJI's built-in Yen
algorithm to binarize the image into fluorescent beads and background. Overlapping adjacent

beads were segmented using the watershed tool. Finally, FIJI's *Analyze Particles* function was
used to count the number of beads recorded in the image.

Mini-myotube template endogenous repair

To study myotube template endogenous repair potential, we optimized an injury protocol that
achieved an ~50 % reduction in SAA coverage of the myotube template post injury. Specifically,
the culture media was removed from the myotube template tissues and replaced with MEndR DM
containing 0.5 µM cardiotoxin (CTX) (Latoxan #L8102 – diluted in water) on day 7 of
differentiation. Tissues were incubated on an orbital shaker in a 37 °C incubator for 4 hours. The
medium was gently pipetted at the 2-hour mark to encourage the movement of the medium in the
well and the detachment of any broken fibers. After the 4-hour incubation, cardiotoxin was
removed by gently washing the tissues twice with MEndR DM. Tissues were then cultured in
MEndR DM supplemented with 5 ng/mL rh-FGF2 for 24 hr, to assess template injury.

For myotube template self-repair studies, tissues were first cultured for a period of 5 days
post injury, during which time the tissues were treated with endogenous repair stimulating drugs
as indicated in Table 4. The MEndR DM supplemented with FGF2 and drugs was completely
replaced every other day. For the remaining duration of the assay, tissues were cultured in MEndR
DM and half of the media was replaced every other day.

Mouse strains and ethics

All animal use protocols were reviewed and approved by the local Animal Care Committee (ACC)
within the Division of Comparative Medicine (DCM) at the University of Toronto. All methods in
this study were conducted as described in the approved animal use protocols (#20012838) and
more broadly in accordance with the guidelines and regulations of the DCM ACC and the
Canadian Council on Animal Care. 129-Tg(CAG-EYFP)/7AC5Nagy/J mice are maintained by
crossing homozygous males and females. C57BL/6-Tg (CAG-EGFP)1Osb/J (Actin-eGFP) mice
were purchased from the Jackson Laboratory (USA) and utilized in experiments after a 1-week
acclimatization period. Tg(Pax7-nGFP) mice[12] were a kind gift from Dr. Shahragim Tajbakhsh,
transferred from the laboratory of Dr. Michael Rudnicki and maintained at the University of
Toronto by backcrossing to C57Bl/10ScSn (Jackson Laboratory) and genotyping for the GFP gene.
For all experiments, 8-12 weeks old female mice were used.

Murine muscle stem cell (MuSC) isolation

MuSCs were prospectively isolated from the collective mouse hindlimb muscles using Fluorescence Activated Cell Sorting (FACS) as previously described[13]. Briefly, mice were humanely euthanized, and their hindlimb muscles were removed and placed in a GentleMACS dissociation tube (Miltenyi Biotec, #130-096-334) containing Type 1A Collagenase (628 U/mL, Sigma, #C9891) in DMEM. The tissue was then physically dissociated by running the "Skeletal Muscle" program in the GentleMACS Dissociator (Miltenyi Biotec, #130-093-235). Next, the tube was placed on a rotating mixer at 37 °C for 1 hr. Dispase II (0.04 U/mL, Life Technologies, #17105041) was then added to the tube and the muscle was further dissociated by passing through a 10 mL pipette 10 times. Afterwards, the tube was returned to the rotating mixer for 1 hr. Next, the digested muscle was passed through a 21 G needle 10 times, after which 10 mL of FACS buffer was added to the tube. The digested muscle was passed through a 70 µm cell strainer, followed by a 40 µm cell strainer. The resulting cell slurry was centrifuged at 400 g for 15 min, after which the pellet was resuspended in 1 mL of FACS buffer. Red blood cells were removed by resuspending the cell pellet in red blood cell lysis buffer and incubating at room temperature for 7 min. The cells were then washed with FACS buffer and centrifuged at 400 g for 15 min.

Next, the cells were resuspended in 1 mL FACS buffer and incubated with the following antibodies for 1 hr on a rotating mixer at 4 °C: CD34-eFluor 660 (1:66), α7-integrin-PE (1:500), biotinylated CD31 (1:200), CD11b (1:200), Ly6A/E (1:200), and CD45 (1:500). The cells were then washed with FACS buffer, centrifuged at 400 g for 15 min, and resuspended in 1 mL FACS buffer. Streptavidin-PE-Cy7 (1:200) was added to the cell suspension, which was then placed on a rotating mixer at 4 °C for 30 min. The cells were then washed with FACS buffer a final time, centrifuged for 15 min at 400 g, and resuspended in 1 mL FACS buffer. Finally, propidium iodide (1:1000) was added to the cells, and MuSCs were enriched by FACS using the following gating strategy: $CD34^+/ITGA7^+/CD45^-/CD31^-/CD11b^-/Ly6A^-/PI^-$.

The other method to isolate murine MuSCs from the collective mouse hindlimb muscles was to use Magnetic-Activated Cell Sorting (MACS) based on the vendor protocols (Miltenyi) with adaptations that we found to improve MuSC enrichment. Briefly, the mouse skeletal muscle tissue was processed exactly as described for FACS isolation of MuSCs up to the red blood cell lysis step. After red blood cell lysis, the remaining cells were centrifuged at 400 g for 15 min. The

cell pellet was resuspended in 80 µL of FACS buffer and 20 µL of the Satellite Cell Isolation Kit

(Miltenyi Biotec, #130-104-268). The cells were incubated for 15 min at 4 °C, after which they

were passed through a MACS LS column (Miltenyi Biotec, #130-042-401) mounted on a

QuadroMACS separator (Miltenyi Biotec, #130-091-051), and the flowthrough was collected. The

column was washed twice with 1 mL FACS buffer, and this wash eluate was combined with the

flowthrough of the cells, which was then centrifuged for 5 min at 400 g. The steps of labeling,

magnetic depletion and collection of the flowthrough were repeated one more time with a fresh

MACS LS column, to maximize the removal of non-MuSC cells. The flowthrough was centrifuged

at 400 g for 5 min and resuspended in 80 µL of FACS buffer. 20 µL of anti-integrin α-7 microbeads

(Miltenyi Biotec, #130-104-261) was added to the cell suspension and then incubated at 4 °C for

15 min, after which the mixture was passed through a fresh MACS LS column mounted on a

QuadroMACS separator, to bind MuSCs to the column. The column was washed 3 times with 1

mL FACS buffer, and these eluates were discarded. After the washes, the LS column was removed

from the magnetic separator and placed on top of a 15 mL collection tube. To collect MACS

isolated MuSCs, 5 mL of FACS buffer was then applied to the LS column, and the magnetically

labeled cells (i.e., α-7 integrin$^+$) were flushed from the column into the collection tube using the

plunger.

MACS- and FACS-based Pax7$^+$ cell enrichment purity assessment

To compare the purity of MuSCs isolated using FACS as compared to MACS, Pax7-nGFP mice

were humanely euthanized, and their muscles were processed up to the point of incubation in 1

mL of red blood cell lysis buffer. After lysis, 10 mL of FACS buffer was added to the cell

suspension, which was then evenly split into two 15 mL conical tubes. The tubes were each

centrifuged at 400 g for 15 min. One of the tubes was processed based on the MACS isolation

protocol, and the other was processed based on the FACS isolation protocol. The cells prepared

by each method were then analyzed, using a FACS-Aria machine, with a pressure of 20Psi (low

pressure) and 100 µm nozzle diameter, to determine the purity of the isolated cells, which was

reported as the % total GFP$^+$ (i.e., Pax7$^+$) cells contained in each sample. Supplementary Figure

3 experiments that were conducted to determine the % total GFP$^+$ cells enriched using a variety of

optimisations in the MACS protocol were analyzed using the BD Accuri™ C6 Plus Flow

Cytometer.

Mini-MEndR assay

To conduct mini-MEndR assays, mini-myotube templates were fabricated and then cultured in MEndR DM for a period of 5 days, as described above. Towards the end of differentiation day 6, prospectively isolated MuSCs were resuspended in MuSC GM (Table 2) at a concentration of 212,500 cells/mL. Mini-myotube templates were then carefully removed from the 96-well plate using a sterile tweezer and gently placed, with their inverted side up, into the cavities of a sterile custom polydimethylsiloxane (PDMS) block. The PDMS block was placed within an ethanol-sterilized plastic container with a moist paper towel on the bottom to create a humidified chamber. 4 µL of resuspended MuSC solution (i.e., 850 cells per tissue) was dispensed onto the tissue surface, and evenly spread using a sterile cell spreader. The plastic container was then sealed with a tight-fitting lid and the stem cell laden myotube templates (i.e., mini-MEndR tissues) were then incubated for 1 hour at 37 °C, to allow the stem cells to incorporate into the mini-myotube template. Following the incubation, tissues were carefully transferred back into their respective 96-well plate positions containing MEndR DM supplemented with 5 ng/mL rh-FGF2, and either p38α/β MAPKi or DMSO carrier control (Table 4). The media, containing MEndR DM, FGF2 and drug treatments, was completely replaced every other day over the next 5 days. For the remaining duration of the assay, tissues were cultured in MEndR DM, and half of the media was replaced every other day.

Statistical Analysis

A minimum of three biological replicates (N) were conducted with multiple technical replicates (n) for most experiments as detailed in Table 5. Statistical analysis was performed using GraphPad Prism 8.0 software. For comparison of two variables, statistical differences were determined by unpaired Student's t-test or unpaired t-test with Welch's correction. For data with more than two variables compared, a one-way ANOVA followed by Tukey's multiple comparison test was utilized (Table 5). All values are expressed as mean ± standard error of the mean (SEM). Significance was defined as $p \leq 0.05$.

Results

Selection of a commercially available cell source for myotube template fabrication

As a first step in establishing a workflow that removed bottlenecks in manufacturing observed in
the original MEndR protocols, we set out to select a commercially available primary human
myoblast cell line to remove the logistical challenges associated with isolating cells from fresh
patient tissue samples. To do this, we differentiated three commercially available primary human
myoblast cell lines (Table 1) in 2D culture and compared them across a battery of metrics to select
lines for our study that were maximized for differentiation potential and we expected would be
minimized for Pax7^{+} "reserve cell"-mediated self-repair[10,14]. Specifically, we plated primary
myoblasts and cultured them for 1 day under growth media (GM) conditions. We then transitioned
the cultures to differentiation media (DM), and on the 9th day of differentiation, we fixed the
cultures for analysis (Figure 1A). All three cell lines formed multinucleated structures that were
immunoreactive for the contractile apparatus protein, sarcomeric α-actinin (SAA; Figure 1B). The
18M cell line produced SAA[+] structures that covered a greater proportion of the culture surface
area as compared to the other two lines (Figure 1C). We found that all three cell lines performed
equivalently with regards to myotube nuclear accretion upon evaluating the proportion of nuclei
that contributed to SAA[+] structures (Figure 1D). These data, coupled with visual inspection of the
SAA staining (Figure 1B), in turn suggested that the 18M cell line likely produces myotubes of
greater diameter than those produced by the other two lines. We found that both the 18F and 19F
cell lines had a greater proportion of mononucleated Pax7^{+} 'reserve cells'[14] present in myotube
cultures when compared to the 18M line (Figure 1E). Finally, we confirmed that the cell lines were
competent to produce myotubes when resuspended in a 3D fibrin-based hydrogel and cultured in
a cellulose scaffold using the original myotube template manufacturing protocol (Figure 1F-H). In
all cases, we observed the formation of myotubes structures and similar levels of SAA-coverage
within the scaffold (Figure 1G-H). Since our prior studies suggested that excessive reserve cell
content can mask the regenerative influence of muscle stem cells added to the assay[10], we elected
to move forward with the 18M and 19F lines and abandon the 18F line for this study.

Cellulose scaffolds pre-adsorbed with thrombin to allow scalable manufacturing
Having selected commercial cell lines, we set out to establish a workflow for production of
myotube templates in a manner that mitigated time-sensitive steps in the original fabrication
protocol that we have observed prove challenging for new users that want to adopt the MEndR
platform. In the original protocol, myogenic progenitors were resuspended within a fibrinogen /

thrombin / Geltrex™ based hydrogel precursor solution, which was subsequently manually

distributed over the cellulose scaffold to evenly spread the hydrogel suspensions and encourage

infiltration into the scaffold pores prior to hydrogel gelation[10]. A fibrin clot (i.e., hydrogel) forms

rapidly upon combining the fibrinogen with thrombin, allowing only a short window of time to

resuspend the myogenic progenitors within the solution, dispense the gel-cell solution onto the

scaffold, and infiltrate into the cellulose pores. When fabricating only a small (<24) number of

scaffolds, this time window is a minimal problem. However, we were concerned that when

fabricating 96-scaffolds, this short time window would present a significant challenge. To

decouple the hydrogel mixing and gelation steps, we assessed if we could adsorb thrombin (which

initiates fibrin gelation), to the cellulose scaffold (Figure 2A). We reasoned that using this

approach the myogenic progenitor / fibrinogen / Geltrex™ solution would polymerize in situ only

upon making contact with the thrombin-adsorbed cellulose scaffold. We first wanted to confirm

that pre-adsorbing fibrin on the scaffold resulted in hydrogel gelation upon infiltration into the

scaffold. To this end, we mixed fluorescent beads into the fibrinogen / thrombin / Geltrex™

hydrogel precursor solution, infiltrated the solution into the pre-adsorbed scaffold and allowed

gelation, imaged the beads, washed vigorously to rinse out any unpolymerized hydrogel (and

beads), and then re-imaged the remaining beads to allow us to quantify bead loss due to the

washing step (Figure 2A-C). As expected, when no thrombin was present, bead loss occurred upon

washing the scaffolds. In conditions where thrombin was directly mixed into the pre-cursor

solution, or pre-adsorbed onto the cellulose scaffold, minimal bead loss was observed (Figure 2B-

C).

When we used this pre-adsorption protocol with myoblasts rather than beads, within one

week of culture, we observed thin sheets of multinucleated myotubes form across two cell lines

tested (Figure 2D-E). Further, the proportion of 3D tissues covered by SAA+ myotubes in myotube

templates formed using pre-adsorption of thrombin to the scaffold was similar to those formed

when thrombin was directly mixed in (Figure 2E-F). We therefore conclude that the pre-adsorption

of the thrombin in the cellulose scaffold enabled robust manufacturing of muscle templates that

differentiated as expected.

Fabrication of myotube templates within a 96-well footprint

We next set out to manufacture MEndR tissues compatible with a 96-well plate footprint. To

miniaturize myotube templates from the original 24-well rectangular format[10], we cut sheets of

cellulose teabag paper into circular discs using a 5 mm circular biopsy punch (Figure 3A). The

circular cellulose scaffolds were autoclaved and then placed into pluronic acid treated wells of a

96-well plate using anti-static tweezers. The pluronic acid treatment discouraged myoblast

migration or attachment beyond the boundary of the scaffold (Supplementary Figure 1). For both

of the myoblast cell lines, we observed formation of multinucleated myotubes by day 7 of

differentiation and similar levels of SAA tissue coverage at days 10 and 14 of culture, at which

point, we concluded the experiment (Figure 3B-D). SAA tissue coverage at day 7 in the

miniaturized format (Figure 3C-D) was similar to that observed in the large format at day 8 for

both cell lines (Figure 1H versus Figure 3C and D). Importantly, we found that, in general, three

rounds of practice seeding the 96-well format myotube templates using the optimized protocol was

sufficient for new users to master the method (Supplementary Figure 2). We therefore concluded

that myotube templates could be generated in this smaller dimension format and that new users

with myoblast cell culture experience can quickly become proficient with the method.

Miniaturized myotube templates possess limited self-repair capacity

Having miniaturized our myotube template platform into a 96-well format, we next set out to

demonstrate that our miniaturized platform supported the stem cell mediated repair workflow.

Specifically, we wanted to confirm that the miniaturized myotube templates were susceptible to

damage induced by cardiotoxin, a snake venom toxin commonly used to induce muscle damage in

mouse studies[15]. To do this, on day 7 of mini-myotube template culture, we introduced cardiotoxin

to the culture media (Figure 4A). Mini-myotube templates were fixed 24 hrs after the initial

cardiotoxin exposure and immunostained to visualize and quantify the resulting SAA$^+$ myotube

structures (Figure 4A-D). We observed a 21.31% +/- 4.37% and 24.12% +/- 5.24% decrease in

SAA immunoreactivity one day after cardiotoxin treatment in myotube templates generated from

the 18M and 19F myoblast lines, respectively, consistent with prior results obtained using the

larger myotube template format (Figure 4C-D)[10].

We next analyzed the mini-myotube templates 10 days after cardiotoxin exposure, to

determine whether Pax7$^+$ reserve cell activity alone regenerated the injured myotube templates

(Figure 5). Similar to the larger myotube template format[10], we found that the SAA content failed

to return to levels observed in the uninjured control (Figures 5B-D, DMSO CTX(-) vs CTX (+)).

As expected, when templates were treated with an inhibitor of p38 α/β MAP kinase (p38i), a

treatment known to expand both muscle stem and progenitor cells[8], we observed that SAA content

was able to return to levels matching the uninjured control (Figure 5B-D). By contrast, treatment

with an epidermal growth factor receptor inhibitor (EGFRi) failed to stimulate reserve cell-

mediated myotube template repair, as measured by SAA coverage (Figure 5B-D). Together, these

results confirmed that the mini-myotube templates were receptive to injury, and had limited self-

repair capacity, allowing for enhancement by introducing freshly isolated MuSCs.

A MACS-based MuSC enrichment strategy supports MEndR assay scale-up

We next set out to demonstrate that muscle stem cell mediated skeletal muscle tissue repair occurs

in the miniaturized myotube template format. We previously showed that freshly FACS-sorted

MuSCs introduced to injured myotube templates contribute to the process of tissue repair by

producing new myotubes[10]. For these studies, we prospectively isolated MuSCs from

enzymatically digested murine skeletal muscle tissue using a magnetic-activated cell sorting

(MACS) strategy (Supplementary Figure 3), which we first confirmed to produce similar results

as compared to MuSCs isolated using a traditional fluorescence activated cell sorting (FACS)

protocol (Supplementary Figure 4). For this comparison, we harvested hindlimb skeletal muscle

tissue from humanely euthanized Pax7-nGFP transgenic reporter mice (Supplementary Figure 3)

or those ubiquitously expressing yellow fluorescent protein (YFP; Supplementary Figure 4) and

subjected it to standard mechanical dissociation and enzymatic digestion protocols to produce a

single cell suspension. The cell suspension was split equally, processed, and sorted

(Supplementary Figure 3A) using either a FACS (Supplementary Figure 3B-C) or MACS-based

protocol (Supplementary Figure 3C-D). The cell populations harvested from Pax7-nGFP animals

were characterized immediately after enrichment using flow cytometry (Supplementary Figure

3C). We found that 97.87% +/- 2.24% of events from FACS-enriched events were GFP$^+$, whereas

91.70% +/- 0.97% of events were GFP$^+$ following a modified MACS enrichment strategy

(Supplementary Figure 3C-D). We speculated that the greater proportion of GFP-negative cells

within the MACS-enriched cell population could be owed to integrin α-7$^+$ contaminating cell

types[16], or that it may be an artifact of magnetic-enrichment protocols which are less effective than

FACS at removing cellular debris. In prior studies, we plated the FACS and MACS-enriched cell

populations in culture and then 12 hrs later, enumerated the viable GFP positive and negative cells

in each well[17]. This uncovered a dramatic loss of the GFP-negative population from the MACS-

enriched cell population, resulting in an enrichment for GFP-positive cells that matched values

obtained using FACS-enrichment. Anecdotally, we have found that increased experience using the

MACS method correlated with a consistently higher proportion of GFP$^+$ cells in the populations

enriched from Pax7-nGFP transgenic animals (data not shown). It is also worth noting that in our

experience MACS-based enrichment consistently offered higher cell yields when compared to the

FACS-based strategy (data not shown). Together this data suggested that MACS was a feasible

and convenient method for sorting MuSCs from mouse hindlimb skeletal muscle tissue for our

scaled MEndR assay.

474 Miniaturized format supports muscle endogenous repair (mini-MEndR) assays

We next wanted to confirm that our miniaturized myotube template system, seeded with MuSCs,

could replicate key results observed using the original MEndR assay which successfully identified

and recapitulated outcomes of known stimulators of murine muscle stem cell mediated muscle

tissue repair[10]. We generated myotube templates, and then on day 6 of differentiation we

introduced MACS enriched MuSCs from YFP-transgenic animals. 12 hr after MuSC engraftment,

co-cultures were then exposed to cardiotoxin to injure the myotube templates, after which we

introduced to the culture media p38 α/β MAPK inhibitor (p38i), a known modulator of stem cell

skeletal mediated repair, or DMSO carrier control. At 7 or 10 days post-injury (DPI), the tissues

were fixed and immunostained to evaluate the donor-derived contributions to muscle tissue repair

(Figure 6A-B). Consistent with our results in the large MEndR format, we observed increased

donor derived myotube formation in tissues treated with p38i, suggesting enhanced stem cell

mediated repair that was apparent at 10 DPI (Figure 6C-D). This effect was observed when MuSCs

were introduced to myotube templates generated from both the 18M and 19F primary myoblasts

(Figure 6C-D). Further, MuSCs prospectively isolated using the MACS-enrichment method

performed in a functionally equivalent manner by this metric when compared against those sorted

using a classic FACS-based method (Supplementary Figure 4). The effect of p38i on donor

myotube production was detectable statistically by 7 DPI, and was not significantly different from

the results obtained at 10 DPI. This observation suggests that a shortened timeline to assess stem

cell-mediated muscle production using the mini-MEndR assay is feasible, benefiting future

screening applications.

We next assessed another key read-out of stem cell mediated skeletal muscle repair, niche

repopulation, which we have shown is captured in the original MEndR format[10]. For these studies,

we repeated the protocol described above, using instead MuSCs isolated from Pax7-nGFP

transgenic reporter animals (Figure 7A). On day 7 post-injury, when tissue repair was complete,

we observed a population of mononucleated Pax7$^+$ donor-derived (GFP; Figure 7B), which we

previously showed had reversibly exited cell cycle[10]. Further, and in line with results obtained in

the original MEndR platform, we observed a ~3-fold increase in these donor-derived Pax7$^+$ cells

in response to p38i treatment (Figure7C-D). The MEndR and mini-MEndR assays were designed

as a mixed species cell 'competition' assay in part to enable multiplexed analyses of human and

mouse Pax7$^+$ populations within the same assay. The mouse Pax7$^+$ cell population is isolated from

a transgenic animal and therefore easily distinguished from the unlabeled Pax7$^+$ 'reserve cells' that

exist within the primary human myoblast population, which is used to fabricate the myotube

template. Thus, enumerating the mononucleated Pax7 immunoreactive cells present in the

myotube template at the end-point of a mini-MEndR assay, while tracking whether they are GFP

labeled (mouse) or unlabeled (human) enables a cursory assessment of species specific Pax7$^+$ cell

responses. Consistently, when we enumerated the Pax7$^+$ reserve cell abundance at the assay end-

point, treatment with the p38i produced an increase in the incidence of mononucleated Pax7$^+$

reserve cells (Figure 7E-F).

Together this data suggested that the miniaturized muscle endogenous repair assay (mini-

MEndR) replicated all of the stem cell functional metrics previously reported in the original large

format MEndR assay.

Discussion

In this paper we set out to miniaturize and improve the manufacturing workflow of our

previously reported skeletal muscle stem cell mediated repair assay, known as MEndR[10] to

enable wider adoption of this powerful assay to identify novel molecular targets that promote

muscle regeneration. We addressed three critical bottlenecks in the workflow of the original

MEndR assay, that have up until now limited its capacity to assess molecular targets at a

practically useful scale. Firstly, we demonstrate use of primary human myoblasts from a

commercial source to generate the myotube template to reduce myotube template variation associated with the use of different muscle biopsy donors. Second, we developed a method to integrate the hydrogel crosslinker into the scaffold to trigger in situ gelation to counter the rapid gelation properties of the fibrin hydrogel used to manufacture the myotube template, which had limited the number of myotube templates that can be robustly manufactured using one batch of myoblast-hydrogel suspension. Third, we validate the use of an alternative to FACS for sorting skeletal muscle stem cells from digested skeletal muscle which overcomes limits on the number of wells that can be assessed in parallel using freshly isolated adult stem cells. Further, we miniatured the format of the assay ~6-fold to reduce both the number of template cells and added stem cells required per well to perform the assay.

The use of cross-linker adsorption to the paper scaffold to enable in situ hydrogel gelation during tissue manufacturing was particularly critical to able scalable manufacturing of the myotube template due to the rapid gelation of fibrin upon addition of the thrombin crosslinker to the bulk hydrogel solution containing the myoblasts. We anticipate this innovation could enable the manufacturing of myotube templates using robotic liquid handling in the future to support tissue manufacturing for large scale screening efforts. Indeed this strategy could potentially be utilized to generate tissues for other applications that use two component hydrogels in which gel crosslinking is initiated by the addition of an external crosslinking component as opposed to simply a temperature change alone. Interestingly, we observed that the use of thrombin pre-adsorption dramatically reduced the number of attempts required to master the mini-MEndR seeding protocol, which suggests that pre-mature hydrogel gelation could be a key source of inter-well variation in other paper-based systems[11,18].

While this work successful increased the throughput capacity of our MEndR assay to enable potential screening of drug candidates at a 96-well plate scale, it is important to note some remaining limitations of the mini-MEndR assay. We note that removal of the myotube template from each well to integrate the muscle stem cells remains a rate limiting step in our work flow. However, this step does not significantly impact usability at a 96-well plate throughput. A 96-well throughput is appropriate for assessing 10s to 100s of targets. This manual removal step, however would limit use of robots in fully automating our assay. If a larger scale screening capacity is desirable in the future, the MEndR assay could be further integrated with the SPOT

platform[18], reported by our group, which we recently demonstrated is compatible with robotic

liquid handler to enable massive increases in scale[19].

Given that the myotube template contains a population of Pax7$^+$ reserve cells that have

the potential to contribute to myotube template repair, even in the absence of adding a MuSC

population, means that readouts of mini-MEndR SAA-coverage alone are not able to distinguish

between drugs that target this reserve cell population versus those that target the MuSC

population specifically. Thus, it is important for MuSCs that are added to mini-MEndR

experiments to be fluorescently labeled to disentangle MuSC and template reserve cell

regenerative activities. An advantage of conducting mixed species mini-MEndR experiments is

the ability to track the influence of treatments on both human Pax7$^+$ reserve cell and mouse

MuSC self-renewal and differentiation within the same experiment. The user has complete

control over MuSC content in each experiment, but limited control over the drift in Pax7$^+$ reserve

cell content. Further, there is ongoing debate with regards to drawing conclusions about human

MuSC biology based solely on human Pax7$^+$ reserve cell studies. For example, EGFRi treatment

induced different effects on mouse MuSCs as compared to human Pax7$^+$ reserve cells based

upon our experiments, and whether this reflects an influence of species or is a MuSC vs reserve

cell difference has yet to be determined. Thus, downstream studies to evaluate the effects of

'hits' on bonefide human MuSCs are to be expected, and adaptions of the assay to integrate

MuSC freshly enriched from human muscle biopsies are underway. The capacity to conduct

follow up experiments at a higher scale in combination with the compatibility of mini-MEndR

tissues to be imaged semi-automatically with high-content imaging systems will serve to

facilitate follow up dose response and mechanistic studies of molecular targets identified in the

initial screen.

Conclusions

Identification of drugs to boost the capacity of MuSCs to drive skeletal muscle endogenous repair

is an exciting approach to address various conditions that lead to impaired skeletal muscle

regeneration, such as aging or DMD. The MEndR assay provides a powerful functional assay "in

a dish" with the potential to identify molecular targets that enhance human skeletal muscle

endogenous repair. Here we adapted the original MEndR manufacturing workflow to enable the

robust manufacturing of a 96-well plate "mini-MEndR" platform. Further we validated that this

miniaturized platform recapitulates the known endogenous repair readouts captured in the original
larger MEndR format. The mini-MEndR platform has the potential to enable the identification of
novel molecular targets to modulate stem-cell mediated skeletal muscle repair and to facilitate an
exploration of their cellular and molecular mechanism(s) of action.
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602 **Author contributions**
603 N.G., S.D., B.X., S.R., E.J., J.P., and A.F. designed and performed research, analyzed data, and
604 prepared figures. A.P.M., P.M.G., and S.D. conceived of the project and supervised the research.
605 All authors contributed to data interpretation. A.P.M., P.M.G., N.G., B.X., and S.R. wrote the
606 manuscript. All authors reviewed and approved the manuscript.
607

608 **Conflict of Interest**
609 The authors have no competing interests, or other interests that might be perceived to influence
610 the results and/or discussion reported in this paper.
611

612 **Data and Materials Availability Statement**
613 The datasets generated during and analyzed in this study are available from the corresponding
614 author on reasonable request.
615

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Figure Legends

Figure 1. Characterization of commercially available human pMB lines. (A) Experimental timeline for the 2D differentiation of the human primary myoblasts. **(B)** Representative 10X confocal images of the three commercially available human myoblasts immunostained for sarcomeric α-actinin (SAA; magenta) and counterstained for DRAQ5 (grey) on day 9 of differentiation in 2D culture. Scale bar, 500 µm. **(C-E)** Bar graphs quantifying SAA coverage **(C)**, average nuclear fusion index **(D)**, and ratio of Pax7$^+$ reserve cells amongst the mononuclear cells **(E)** in 2D culture on day 9 differentiation comparing the three cell lines. Graphs display mean ± s.e.m., one-way ANOVA with Tukey post-test. ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$, ns. - no significance. n=3 wells from N=1 experiment per cell line. **(F)** Schematic of the 24-well myotube template derivation workflow. **(G)** Representative confocal images of SAA (magenta) immunostaining in myotube templates at day 8 of differentiation that were generated using the 18M, 18F and 19F cell lines. Scale bar, 500 µm. **(H)** Bar graph quantification of myotube template SAA coverage at day 8 of differentiation. Graphs display mean ± s.e.m., one-way ANOVA with Tukey post-test, ns. – no significance. n=2 tissues from N =1 experiment per cell line.

Figure 2. Preabsorbing thrombin in paper scaffolds to facilitate myotube template seeding. (A) Schematic of the bead assay workflow. Cellulose scaffolds were pre-adsorbed with thrombin and seeded with fluorescent beads diluted 10 times in ECM master mix. The beads were imaged before and after washing to quantify bead retention. **(B)** Representative confocal images of bead assay paper scaffolds before and after washing. Scale bar, 500 µm. **(C)** Quantification of the number of beads before washing (black) and after washing (grey) for fluorescent beads seeded on paper scaffolds without thrombin, with 0.8 U/ml thrombin mixed-in, or with 0.8 U/ml thrombin pre-adsorption. Graphs display mean ± s.e.m., two-way ANOVA followed by Sidak's multiple comparisons test *** $p < 0.001$, N=2, n=8. **(D)** Experimental workflow for comparing thrombin mixed-in (left) to pre-adsorption (right) methods on myotube template formation. **(E)** Representative confocal images of myotube template stained for phalloidin (magenta) after 7 days

of differentiation. Scale bar, 500 µm. **(F)** Quantification of phalloidin coverage for thrombin

mixed-in vs pre-adsorption methods. ns. = no significance. n=11-24 tissues from N=3-4

independent experiments.

Figure 3. **Mini-myotube template derivation. (A)** Schematic of the mini-myotube template

derivation workflow. Cellulose scaffolds were pre-adsorbed with thrombin and seeded with human

pMBs mixed in an ECM mixture containing DMEM, fibrinogen and Geltrex^{TM}. **(B)** Representative

confocal images of SAA (magenta) immunostaining for mini-myotube templates generated with

the 18M and 19F cell lines and analyzed on days 7, 10, and 14 of differentiation. Scale bar, 500

µm. **(C, D)** Quantification of SAA coverage in mini-myotube templates generated with the 18M

(C) and 19F **(D)** cell lines on days 7, 10, and 14 of differentiation. Graphs display mean ± s.e.m.

one-way ANOVA with Tukey post-test. * $p < 0.05$, ** $p < 0.01$ ns. = no significance. n = 6-10

tissues from N = 3-4 independent experiments per cell line.

Figure 4. Myotoxin-induced mini-myotube templates injury. (A) Schematic of the template

injury workflow. Mini-myotube templates are incubated in MEndR differentiation media

containing 0.5 µm cardiotoxin (CTX) for 4 hr at 37 °C on an orbital shaker. **(B)** Representative

confocal images of uninjured (left; (-)) and injured (right; (+)) mini-myotube templates generated

with the 18M (top) or 19F (bottom) cell lines (SAA; magenta) at 1 DPI. Scale bar, 500 µm. **(C,**

D) Quantification of SAA tissue coverage in uninjured and injured mini-myotube templates

generated with 18M **(B)** or 19F **(C)** cell lines at 1 DPI. Graphs display mean ± s.e.m. Unpaired

student's t-test, **** $p < 0.0001$. n =11-20 tissues from N=5-6 independent experiments per cell

line.

Figure 5. p38α/β MAPKi, but not EGFRi, induces mini-myotube template self-repair. (A)

Experimental timeline to study mini-myotube template self-repair capacity. **(B)** Representative

confocal images of uninjured (CTX(-)) and injured (CTX(+)) myotube templates generated with

18M (top) or 19F (bottom) cell lines in response to treatment with p38α/β MAPK inhibitor (p38i),

epidermal growth factor inhibitor (EGFRi) or DMSO carrier control at 10 DPI. Scale bar, 500 µm.

(C, D) Quantification of SAA coverage in uninjured and injured myotube templates generated with

18M **(C)** or 19F **(D)**. Graphs display mean ± s.e.m. one-way ANOVA with Tukey post-test, *

p<0.05, ** p < 0.01, *** p < 0.001, **** p < 0.0001. n =10-15 tissues from N=4-5 independent experiments per cell line.

Figure 6. p38α/β MAPKi treatment augments MuSC-mediated muscle production in mini-MEndR assay. (A) Schematic of the mini-MEndR assay workflow. MuSCs from YFP transgenic mice are isolated using the adapted magnetic assisted cell sorting (MACS) protocol and then engrafted onto the mini-myotube templates on day 6 of differentiation, followed by drug treatments and cardiotoxin-induced tissue injury. **(B)** Detailed experimental timeline for the mini-MEndR assay workflow. **(C)** Representative confocal images of MuSC-mediated (YFP$^+$) myotube production in the injured mini-myotube templates produced with 18M (top panel) 19F (bottom panel) in response to treatment with DMSO or p38α/β MAPKi harvested at 7 DPI. Scale bar, 500 μm. **(D-E)** Quantification of the MuSC-mediated regeneration (%YFP coverage) in the injured mini-myotube templates generated with 18M **(D)** or 19F **(E)** cell line harvested at 7 DPI or 10 DPI. Graphs display mean± s.e.m; Unpaired two-tailed T-test with Welch's correction was conducted for each condition. * p<0.05, ** p < 0.001, **** p, n=9-12 tissues from N=3-4 independent experiments per cell line.

Figure 7. mini-MEndR assay captures response of treatment known to stimulate MuSC self-renewal. (A) Detailed experimental timeline of donor-derived MuSC niche repopulation. **(B)** Representative confocal images of Pax7$^+$GFP$^+$ donor derived MuSCs in mini-MEndR tissues treated with p38α/β MAPKi at 7 DPI. Tissues are immunostained for Pax7 (grey), GFP (green), and DAPI (cyan). Magenta arrowheads point to the Pax7$^+$ GFP$^+$ donor MuSCs and yellow arrowheads point to the Pax7$^+$ GFP$^-$ reserve cells derived from the myotube template. Scale bar, 50 μm. **(C-F)** Quantification of Pax7$^+$ GFP$^+$ cells derived from donor MuSCs **(C-D)** or Pax7$^+$ GFP$^-$ reserve cells derived from the myotube template **(E-F)** in mini-MEndR tissues generated with 18M **(C, E)** and 19F **(D, F)** cell lines, following treatment with DMSO or p38α/β MAPKi in the context of injury and analyzed at 7 DPI. Graphs display mean ± s.e.m.; Unpaired two-tailed T-test with Welch's correction. * p < 0.5, *** p < 0.001, **** p < 0.0001. n=6-9 tissues from N=3 independent experiments per cell line.

Supplementary Figure Legends

Supplementary Figure 1. Pluronic acid coating allows for the generation of smooth mini-myotube template edges. Representative confocal images of mini-myotubes generated with (+) and without (-) pluronic acid coating. Tissues are immunostained for sacromeric α-actinin (SAA; magenta). Scale bar, 1 mm.

Supplementary Figure 2. Mini-MEndR platform manufacture can be quickly mastered by new users. (A) Representative confocal images of myotube templates generated by the same user at different levels of experience. Tissues were fixed after 7 days of differentiation and stained with phalloidin (magenta). Scale bar, 500 μm. **(B)** Quantification of Phalloidin (User 1) or SAA (User 2, 3) tissue coverage attained by three different users who trained from first-time user to expert level as indicated by plateauing coverage and homogeneous mini-myotube templates. Coverage was normalized to the average of each user's three most recent seeding attempts at expert level to account for cell line-to-cell line differences in absolute fiber coverage.

Supplementary Figure 3. Gating strategy used for MACS or FACS based MuSCs isolation. (A) Schematic showcasing the workflow of MACS vs FACS MuSC isolation protocols. **(B)** Flow cytometry plots demonstrating gating strategy to enrich MuSCs from Pax7-nGFP transgenic mice using FACS. **(C)** Representative plots of green fluorescent protein (GFP)[+] cells present in MuSC preparations derived from Pax7-nGFP tissue samples using FACS (left) as compared to MACS (right). **(D)** Enumeration of % total GFP^{+} cells enriched from Pax7-nGFP tissue samples using a variety of optimisations that include the number of lineage depletion column rounds with or without an integin-α7 column enrichment round performed during the MACS protocol.

Supplementary Figure 4. MACS and FACS sorted MuSCs are functionally similar in mini-MEndR assays. (A) Representative confocal images and **(B)** quantification of yellow fluorescent protein (YFP; yellow) immunostaining coverage of 18M mini-MEndR tissues at 10 DPI that were generated with FACS or MACS sorted MuSCs and treated with DMSO. Scale bar, 500 μm. Graphs display mean ± s.e.m.; unpaired two-tailed T-test with Welch's correction, ns = no significance. n=9-10 tissues from N = 3 independent experiments per cell line.

Table 1. Human skeletal muscle myoblast donor information

Age	Sex	Ethnicity	Vendor	Catalog #	Tissue of Origin	Additional Information
18	M	Caucasian	Cook MyoSite	SK-1111-P01236-18M	Rectus Abdominus	Active
18	F	Caucasian	Cook MyoSite	SK-1111-P01431-18F	Vastus Lateralis	Healthy, No known medical conditions
19	F	Caucasian	Cook MyoSite	SK-1111-P01358-19F	Vastus Lateralis	N/A

Table 2. Culture medium and solutions

Media	Composition
Wash Medium	10 % FBS, 90 % DMEM
Human pMB Growth Medium	Ham's F-10 nutrient mix, 20 % Foetal bovine serum FBS, 5 ng/mL rh-FGF2, 1 % Penicillin-Streptomycin
2D Differentiation Media	DMEM, 2 % Horse serum, 10 g/mL insulin (Sigma, #I6634), 1 % Penicillin-Streptomycin
Rat Tail Collagen Solution	0.1 M Acetic Acid, Collagen I Rat Tail Stock solution (Gibco #A1048301), 0.1 M Acetic Acid, Collagen Stock Solution
MuSC Growth Medium	DMEM/F12, 1 % Pen-strep (P/S), 20 % Foetal bovine serum (FBS), 10 % Horse serum (HS), 1 % 2 mM Q (Glutamax), 1 % Insulin-Transferrin-Selenium (ITS), 1 % Non-Essential Amino acids, 1 % 1 mM Sodium Pyruvate, 50 uM (1/1,000) β-mercaptoethanol, 5 ng/ml (1/5,000) Gibco FGF2
MEndR Growth Medium	Ham's F-10 nutrient mix, 20 % FBS, 1.5 mg/mL 6-Aminocaproic Acid (ACA, Sigma, #A2504), 1 % Penicillin-Streptomycin
MEndR Differentiation Medium	DMEM, 2 % Horse serum, 2 mg/mL ACA, 10 g/mL insulin (Sigma, #I6634), 1 % Penicillin-Streptomycin
Fibrinogen Solution	10 mg/mL Fibrinogen (Sigma, #F8630) in NaCl solution (0.9 % wt/vol in ddH2O)
Extracellular Matrix (ECM) Master Mix	40 % DMEM, 40 % Fibrinogen, 20 % Geltrex™

Red Blood Cell Lysis Buffer	H_2O, 0.155 M NH_4Cl, 0.01 M $KHCO_3$, 0.1 mM EDTA
FACS Buffer	PBS, 2.5 % goat serum, 2 mM EDTA
Blocking Solution	PBS, 10 % goat serum, 0.3 % Triton X-100 (BioShop, #TRX777)

789 **Table 3. Antibodies and other reagents**

Antibody	Host species	Dilution	Manufacturer
Alexafluor® 647 Anti-Human CD56	Mouse	1:20 (FC)	BD, #557711
eFluor® 660 Anti-Mouse CD34	Rat	1:66 (FC)	eBioscience, #50034182
PE Anti-Mouse α7-Integrin	Rat	1:500 (FC)	AbLab, #530010-05
Biotin Anti-Mouse CD31	Rat	1:200 (FC)	BD, #553371
Biotin Anti-Mouse CD45	Rat	1:500 (FC)	BD, #553078
Biotin Anti-Mouse CD11b	Rat	1:200 (FC)	BD, #553309)
Biotin Anti-Mouse Ly-6A/E	Rat	1:200 (FC)	BD, #553334
Propidium Iodide	-	1:1000	Sigma, # P4864
Anti-Sarcomeric α-actinin	Mouse	1:500	Sigma, #A7811
Anti-GFP	Rabbit	1:500 (IF)	ThermoFisher, #A11122
Anti-Pax7	Mouse	1.5:1 (IF)	Iscove
Alexafluor® 488 Anti-Rabbit	Goat	1:500 (IF)	ThermoFisher, #A11008
Alexafluor® 546 Anti-Mouse	Goat	1:500 (IF)	ThermoFisher, #A11003
Alexafluor® 647 Anti-Rat	Goat	1:500 (IF)	ThermoFisher, #A21247
Phalloidin 568	-	1:500 (IF)	Life Technologies, #A12380

Hoechst	-	1:1000 (IF)	ThermoFisher, #H3570
DRAQ5	-	1:1000 (IF)	Cell Signaling Technology, #4084L
DAPI	-	1:1000 (IF)	Roche, #10236276001
Satellite Cell Isolation Kit	Mouse	1:5 (MACS)	Miltenyi Biotec, #130-104-268
Anti-Integrin-α7 Beads	Mouse	1:5 (MACS)	Miltenyi Biotec, #130-104-261
Click-iT^{TM} Plus EdU Cell Proliferation Kit		(EdU, 1 μM)	ThermoFisher, #C10638

792 **Table 4. Small molecule information**

Drug name	Target	Working concentration	Manufacturer
SB203580	p38α/β MAPK	10 μM	New England biolabs, #5633
Erlotinib Hydrochloride	Epidermal Growth Factor Receptor (EGF)	5 μM	Sigma Aldrich, #sc-202154
DMSO	-	-	Sigma Aldrich, #D2650

794 **Table 5. Statistical tests and analysis**

Figure	Biological experiments (N)	Total tissues/wells per condition (n)	Total images/wells per tissue	Statistical tests
1C	1 per cell line	3	5	Ordinary one-way ANOVA with Tukey's multiple comparison's test
1D	1 per cell line	3	5	Ordinary one-way ANOVA with Tukey's multiple comparison's test
1E	1 per cell line	3	5	Ordinary one-way ANOVA with

				Tukey's multiple comparison's test
1H	1 per cell line	2	3	Ordinary one-way ANOVA with Tukey's multiple comparison's test
2C	2	8	1	Two-way ANOVA with Sidak's multiple comparisons test
2F	Mixed in: 3 Pre-adsorped: 4	Mixed in: 11 Pre-adsorped:24	1	Unpaired two-tailed t-test
3C	3	Day 7: 9 Day 10: 10 Day 14: 10	1	Ordinary one-way ANOVA with Tukey's multiple comparison's test
3D	3	Day 7: 9 Day 10: 8 Day 14: 6	1	Ordinary one-way ANOVA with Tukey's multiple comparison's test
4C	6	CTX (-): 18 CTX (+): 20	1	Unpaired t-test
4D	5	CTX (-): 15 CTX (+): 16	1	Unpaired t-test
5C	5	DMSO CTX (-):15 DMSO CTX (+):15 p38i CTX (+):15 EGFRi CTX (+):15	1	Ordinary one-way ANOVA with Tukey's multiple comparison's test
5D	4	DMSO CTX (-):12 DMSO CTX (+):12 p38i CTX (+):12 EGFRi CTX (+):10	1	Ordinary one-way ANOVA with Tukey's multiple comparison's test
6C	4	DPI7 DMSO: 11 DPI7 p38i:12 DPI10 DMSO:11 DPI10 p38i:10	1	Multiple t-tests with Welch's correction
6D	3	DPI7 DMSO: 9 DPI7 p38i:9	1	Multiple t-tests with Welch's correction

		DPI10 DMSO:8 DPI10 p38i:9		
7C	3	DMSO: 6 p38i: 8	4-7	Unpaired two-tailed T-test with Welch's correction
7D	3	DMSO: 7 P38i: 8	4-7	Unpaired two-tailed T-test with Welch's correction
7E	3	DMSO: 6 p38i: 8	4-7	Unpaired two-tailed T-test with Welch's correction
7F	3	DMSO: 7 P38i: 8	4-7	Unpaired two-tailed T-test
SI 4B	3	FACS: 9 MACS: 10	1	Unpaired two-tailed T-test with Welch's correction

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Figure 1

Figure 2

Figure 3

Figure 4

Figure 5

SAA

Figure 6

Figure 7

Supplementary Figure 1

Pluronic Acid (+) Pluronic Acid (-)

SAA

Supplementary Figure 2

Supplementary Figure 3

Supplementary Figure 4

A

FACS   MACS

CTX(+) DMSO

YFP

B

ns

YFP Coverage (%)

FACS   MACS