1	EDA2R/NIK signaling promotes skeletal muscle atrophy linked to cancer cachexia
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31 Summary

Skeletal muscle atrophy is a hallmark of the cachexia syndrome that is associated with poor 32 survival and reduced quality of life in cancer patients¹. Muscle atrophy involves excessive 33 protein catabolism and loss of muscle mass and strength². An effective therapy against muscle 34 wasting is lacking as mechanisms driving the atrophy process remain incompletely 35 36 understood. Our gene expression analysis in muscle tissues revealed upregulation of 37 Ectodysplasin A2 Receptor (EDA2R) in tumor-bearing mice and cachectic cancer patients. Here we show that activation of EDA2R signaling promotes skeletal muscle atrophy. 38 Stimulation of primary myotubes with EDA2R ligand, EDA-A2, triggered pronounced 39 cellular atrophy via inducing the expression of muscle atrophy-related genes Atrogin1 and 40 MuRF1. EDA-A2-driven myotube atrophy involved activation of the noncanonical NFKB 41 pathway and depended on NIK kinase activity. While EDA-A2 overexpression induced 42 muscle wasting in mice, the deletion of EDA2R or muscle NIK protected tumor-bearing mice 43 from the loss of muscle mass and function. Tumor-induced Oncostatin M upregulated muscle 44 EDA2R expression and muscle-specific Oncostatin M Receptor (OSMR) knockout mice were 45 resistant to tumor-driven muscle wasting. Our results demonstrate that EDA2R/NIK 46 signaling mediates cancer-associated muscle atrophy in an OSM/OSMR-dependent manner. 47

48 Thus, therapeutic targeting of these pathways may be beneficial in preventing muscle loss.

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Skeletal muscle atrophy is characterized by excessive protein catabolism leading to loss of muscle 50 mass and strength². Muscle loss is associated with aging (i.e., sarcopenia), muscular dystrophies 51 and the cachexia syndrome that is linked to chronic diseases such as cancer and kidney failure. 52 Cachexia involves progressive muscle wasting that is often accompanied by the loss of adipose 53 tissue³. Cachexia is highly prevalent in patients with lung, gastric, pancreatic or colorectal cancers 54 where it leads to dramatic weight loss and poor quality of life. Cancer patients experiencing 55 cachexia exhibit frailty, reduced response to treatment and poor survival¹. Without an effective 56 therapy to reverse muscle wasting, cachexia remains a major problem for the patients⁴. A better 57 understanding of tumor-driven mechanisms promoting muscle atrophy is urgently needed to design 58 59 new therapeutics.

Ectodysplasin A (EDA) is a Tumor Necrosis Factor (TNF) family member involved in ectodermal 60 development. Mutations in the EDA gene have been associated with X-linked hypohidrotic 61 ectodermal dysplasia, a congenital disease characterized by abnormalities in the development of 62 skin, hair, nails, teeth, and sweat glands⁵. Alternative splicing generates numerous EDA transcripts, 63 including well-known isoforms EDA-A1 and EDA-A2 which differ only by two amino acids 64 missing in EDA-A2. While EDA-A1 binds to the EDAR receptor, EDA-A2 exclusively interacts 65 with EDA2R⁶. These ligands are produced as transmembrane proteins but they are also 66 enzymatically cleaved and secreted. Defects in EDA and EDAR genes are linked to ectodermal 67 dysplasia⁷. However, the deletion of EDA2R does not affect the development of ectodermal tissues 68 69 and the physiological roles of the EDA-A2/EDA2R pathway remain largely elusive⁸.

70 We investigated skeletal muscle wasting driven by cachexia-inducing Lewis Lung Carcinoma

71 (LLC) and B16 melanoma tumors in the syngeneic C57BL/6 mice^{9,10}. Our gene expression analysis

revealed significant upregulation of *Eda2r* mRNA in skeletal muscles of tumor-bearing mice (Fig. 72 1a). In fact, by comparing gene expression in different tissues of mice, we identified high levels of 73 Eda-al and Eda-a2 mRNA in skeletal muscle (Extended Data Fig. 1a,b). While Edar expression 74 was the highest in the skin, Eda2r mRNA levels were markedly enriched in skeletal muscle 75 (Extended Data Fig. 1c,d), arguing a potential role for EDA2R signaling in muscle 76 77 pathophysiology. Testing gene expression in muscle biopsies, we detected elevated EDA2R mRNA in a subset of lung and colorectal cancer patients experiencing cachexia (Fig. 1b). Furthermore, our 78 79 analysis of gene expression datasets indicated significantly increased EDA2R transcript levels in muscle biopsies of cachectic patients with pancreatic ductal adenocarcinoma (PDAC) compared to 80 non-cachectic PDAC patients and non-cancer subjects (Fig. 1c). Similarly, muscle EDA2R levels 81 82 were elevated in cachectic patients with upper gastrointestinal cancers (UGIC) compared to healthy controls. Upon the resection of tumors, there was a trend for reduced EDA2R expression in these 83 patients (Fig. 1d and Extended Data Fig. 2a). In addition, we also detected significantly elevated 84 85 EDA2R transcript in muscle biopsies of Duchenne muscular dystrophy (DMD) and Facioscapulohumeral muscular dystrophy (FSHD) patients who suffer from reduced muscle mass 86 and function (Extended Data Fig. 2b-d). Intrigued by these observations, we asked whether the 87 EDA-A2/EDA2R pathway is involved in muscle loss. 88

89 First, we studied the outcome of the activation of this pathway in muscle cells. For this purpose, we isolated primary myoblasts from C57BL/6 mice and differentiated them into fully mature 90 myotube cells. Treatment of primary myotubes with recombinant EDA-A2 protein stimulated 91 mRNA levels of muscle atrophy-related genes; Atrogin1 (Fbxo32) and MuRF1 (Trim63) (Fig. 1e). 92 These genes encode E3 ubiquitin ligase enzymes that are well-recognized inducers of muscle 93 protein breakdown². EDA-A2 treatment promoted cellular atrophy in primary myotubes as 94 95 evidenced by a reduction in the diameter of these cells (Fig. 1f,g). While primary myotubes did not respond to EDA-A1 treatment, a marginal effect on cellular atrophy was induced by TNFa (Fig. 96 1f,g). Overexpression of EDA-A2 and not EDA-A1 in primary myotubes promoted mRNA levels 97 of Atrogin1 and MuRF1, and induced cellular atrophy (Extended Data Fig. 3a-c). In addition, the 98 overexpression of EDA-A2 or the administration of recombinant EDA-A2 also induced 99 100 ATROGIN1 and MURF1 expression in human myotubes and led to a reduction in myotube diameter 101 (Fig. 1h,i and Extended Data Fig. 3d-f). We further documented the atrophic effects of EDA-A2 in mouse primary myotubes by measuring myosin heavy chain (MyHC) protein levels. 102 Immunofluorescently labeled MyHC signal dropped significantly post EDA-A2 administration 103 (Extended Data Fig 3g,h). MyHC downregulation was also detected by western blotting. Notably, 104 proteasomal inhibition by MG132 reversed this effect, arguing that EDA-A2 promoted MyHC loss 105 by enhancing proteasomal degradation (Extended Data Fig 3i). 106

107Previous studies indicated the activation of NFκB signaling by EDA-A2/EDA2R^{11,12}. Therefore,108we further tested changes in mRNA and protein levels of NFκB factors and their IκB inhibitors.109NFκB transcription factors are normally sequestered in the cytoplasm by inhibitory IκB proteins.110The canonical NFκB signaling involves IKKβ-dependent phosphorylation of IκBs and their111degradation while the noncanonical (alternative) NFκB activation depends on NFκB-inducing112kinase (NIK) which promotes the processing of p100-NFκB2 into the active p52-NFκB2 form113resulting in nuclear translocation of the p52-NFκB2/RelB complex¹³. Notably, EDA-A2

administration or overexpression increased mRNA levels of *Nik (Map3k14)*, *Nfkb2*, *Relb*, *Nfkbia* and *Nfkbie* in mouse primary myotubes (Fig. 1e and Extended Data Fig. 3a and 4a,b). A similar effect was also detected in human myotubes (Fig. 1h and Extended Data Fig. 3e). Compared to TNF α , EDA-A2 treatment in mouse primary myotubes promoted a more pronounced effect on the expression of the atrophy genes and the NF κ B signaling elements while EDA-A1 failed to stimulate these changes (Fig. 1j). Our results demonstrate that EDA-A2 induces the atrophy of myotubes and

120 the transcription of noncanonical NFkB signaling components along with high levels of IkBs.

Next, we examined the activation of the canonical NFkB pathway by determining the 121 phosphorylation of IkB, p105-NFkB and p65-RelA. Treatment of mouse primary myotubes with 122 either EDA-A2 or TNFα induced the phosphorylation of these proteins acutely (Fig. 1k). We also 123 detected an EDA-A2-induced increase in the phosphorylation of JNK, which was previously 124 implicated in EDA2R signaling^{11,14} (Fig. 1k). A stable change in the processing of p105-NFkB into 125 126 p50-NFkB was not detected after 24 hours of treatment (Fig. 11). Interestingly, prolonged treatment 127 of primary myotubes with recombinant EDA-A2 promoted alternative activation of NFKB signaling as evidenced by increased processing of p100-NFkB2 into p52-NFkB2, a process driven 128 by NIK¹³. In fact, EDA-A2 treatment elevated NIK protein levels and particularly induced an 129 electrophoretic mobility shift of this protein (Fig. 11,m). This shift is in part due to the 130 131 phosphorylation of NIK since it can be partially suppressed by alkaline phosphatase treatment (Fig. 1m). Other types of post-translational modifications likely contribute to this behavior. Wild-type 132 mouse NIK protein overexpressed in primary myotubes also exhibited the mobility shift, unlike 133 134 kinase-dead and autophosphorylation-deficient NIK mutants (Extended Data Fig. 4c). Notably, 135 EDA-A2 treatment increased protein levels of the mutants without inducing a shift. Therefore, EDA-A2-induced mobility shift likely requires intact NIK kinase activity and depends on the 136 137 autophosphorylation of the protein (Extended Data Fig. 4c). This shift was not detected for human NIK protein overexpressed in mouse primary myotubes (Extended Data Fig. 4d). In addition, 138 overexpression of EDA-A2 in primary myotubes also activated the alternative NFkB signaling via 139 NIK accumulation (Extended Data Fig. 4e). Our results indicate that EDA-A2 is a potent inducer 140 of atrophy in myotubes where it leads to transient and stable activation of the canonical and 141 142 noncanonical NFkB pathways, respectively.

143 To distinguish the relative contribution of NFkB pathways to EDA-A2-driven atrophy, we treated

primary myotubes with the selective IKKβ inhibitor TPCA-1 and the proteasome inhibitor MG132.

145 We found that EDA-A2-induced phosphorylation of IkB, p105-NFkB and p65-RelA was blocked

146 by TPCA-1 treatment. However, inhibition of the canonical NFKB pathway did not suppress EDA-

147 A2's effects on gene expression (Fig. 2a,b). We tested additional IkB phosphorylation inhibitors

such as BAY 11-7082 and BOT-64, which also failed to block EDA-A2-induced transcriptional

149 changes (Extended Data Fig. 5a). IKB phosphorylation inhibitors also did not alter p100-NFKB2

150 processing driven by EDA-A2 (Fig. 2c and Extended Data Fig. 5b). On the other hand, proteasomal

inhibition by MG132 was able to prevent p100-NFkB2 processing and the transcriptional effects

elicited by EDA-A2 treatment in primary myotubes (Fig. 2a,c), consistent with an implication of

153 the alternative NF κ B activation at the downstream of EDA-A2 signaling.

Because EDA-A2 induced mRNA and protein levels of NIK, we compared it with cytokines that are known to activate NIK kinase, such as BAFF and TWEAK¹⁵. While BAFF failed to trigger an effect in primary myotubes, EDA-A2 and TWEAK acted similarly as both factors stimulated the mRNA expression of the target genes, the accumulation of NIK protein and the processing of p100-

158 NFκB2 (Fig. 2d,e). In fact, TWEAK was previously implicated in muscle atrophy^{16,17}. Our findings

159 suggest that both factors may utilize a similar downstream signaling mechanism in myotubes.

160 If noncanonical NFkB signaling is involved in muscle atrophy, then activation of this pathway 161 should alone stimulate this process. For this purpose, we transduced primary myotubes with an adenovirus expressing NIK. The overexpression of NIK promoted the processing of NFkB2 and 162 the expression of Atrogin1, MuRF1 and other EDA-A2 targets (Extended Data Fig. 6a and Fig. 2f). 163 In fact, NIK overexpression was sufficient to induce cellular atrophy in primary myotubes (Fig. 2g 164 and Extended Data Fig. 6b). Similar effects on gene expression and cellular atrophy were also 165 observed in human myotubes (Extended Data Fig. 6c-e). We overexpressed mutant mouse NIK 166 isoforms in mouse primary myotubes. While the kinase-dead mutant did not elicit an effect, the 167 168 autophosphorylation-deficient mutant triggered partial responses in the NFkB2 processing and 169 target gene expression (Extended Data Fig. 6f,g).

170 We next addressed the necessity of the alternative NFkB activation for EDA-A2-driven myotube

atrophy. Treatment of primary myotubes with B022, a specific NIK kinase inhibitor^{18,19}, blocked

- 172 NIK-induced NFkB2 processing and gene expression in a dose-dependent manner (Extended Data
- Fig. 7a,b). Combined treatment with B022 and recombinant EDA-A2 also inhibited the expression
- of *Atrogin1*, *MuRF1* and other EDA-A2 target genes and blunted the NFκB2 processing in primary
 myotubes (Fig. 3a,b). In fact, the B022 treatment also blocked the EDA-A2-induced mobility shift
- of NIK protein while the original NIK signal was massively enhanced possibly due to a negative
- feedback loop broken by the inhibition. A similar effect on NIK protein levels was also observed
- when EDA-A2-overexpressing primary myotubes were treated with B022 (Extended Data Fig. 7c).
- 179 Furthermore, overexpression of a dominant-negative NIK form that suppressed the NIK-induced
- processing of NFκB2 also interfered with the upregulation of atrophy genes by EDA-A2 (Extended
- 181 Data Fig. 7d-f). Upon NIK kinase inhibition, EDA-A2 was unable to stimulate atrophy in primary
- 182 myotubes, indicating a major role for NIK signaling in EDA-A2-driven atrophy (Fig. 3c,d).
- EDA-A2's potent effects on primary myotubes urged us to study its induction in muscle tissue. 183 Previously, transgenic mice overexpressing EDA-A2 in skeletal muscle were generated. These 184 185 mice exhibited profound muscle degeneration which was prevented by the deletion of EDA2R⁸. 186 Here, we acutely overexpressed EDA-A2 by adenoviral delivery in the tibialis anterior (TA) muscle of mice. Within 7 days, the expression of EDA-A2 target genes, including MuRF1, Nik, Nfkb2, and 187 Relb, were induced in TA muscles (Fig. 3e). Concomitantly, the weight of TA muscles transduced 188 with EDA-A2 adenovirus significantly dropped while the weight of untreated gastrocnemius 189 muscles remained similar (Fig. 3f). Hematoxylin&eosin (H&E) staining of TA muscles showed 190
- 191 that muscle fiber cross-sectional area reduces and the frequency of fibers with small cross-sectional
- area increases in response to EDA-A2 overexpression (Fig. 3g-i). These results argue that EDA-
- 193 A2 induction is capable of promoting muscle atrophy *in vivo*.
- 194 Next, we addressed the role of EDA2R/NIK signaling in tumor-driven muscle wasting. We utilized
- 195 EDA2R-null (EDA2R-KO) mice which have normal body weight and lack any obvious phenotypic
- 196 characteristics 8 . We inoculated littermate wild-type and knockout mice with LLC tumors.

197 Remarkably, muscle wasting was attenuated in EDA2R-KO mice as evidenced by the preservation
198 of gastrocnemius and TA muscles (Fig. 4a). Accordingly, these mice had significantly higher

- tumor-free body weight compared to tumor-bearing wild-type mice (Extended Data Fig. 8a,b) and
- they also exhibited improved muscle performance measured by forelimb grip strength (Fig. 4b).
 Tumor weight, the expression of immune response-related genes in tumors, and plasma C-Reactive
- 202 Protein (CRP) levels as an indicator of systemic inflammation were comparable between the wild-
- 203 type and knockout groups (Extended Data Fig. 8b-d). We also dissected and weighed adipose tissue
- depots, such as epididymal and inguinal white adipose tissue and interscapular brown adipose
- tissue (BAT). However, a distinct effect on adipose tissue wasting was not detected (Fig. 4a).
- 206 Similar results on tumor-free body weight, muscle mass and physical strength were obtained when
- 207 EDA2R-KO mice were inoculated with B16 tumors (Fig. 4c,d and Extended Data Fig. 8e,f).
- 208 The improvements in muscle mass and function were also reflected in muscle histology. H&E
- staining of muscle tissue demonstrated an increase in muscle fiber cross-sectional area in tumor-
- 210 bearing knockout mice compared to wild-type counterparts (Fig. 4e,f, Extended Data Fig. 8g,h).
- 211 Tumor-driven enrichment of muscle fibers with a small cross-sectional area was suppressed in
- EDA2R-deficient mice (Fig. 4g and Extended Data Fig. 8i). We also examined changes in the
- expression of EDA-A2 target genes in these samples. In the absence of EDA2R, tumor-induced
- mRNA expression of *Atrogin1*, *MuRF1* and *Nik* was suppressed while a limited induction in *Nfkb2*
- and *Relb* mRNA levels was detected (Fig. 4h and Extended Data Fig. 8j-1). Furthermore, Atrogin1
- and MuRF1 protein levels were also reduced in the muscles of tumor-bearing EDA2R-KO mice (Fig. 4i). These findings indicate that EDA2R function is essential for tumor-driven muscle
- 218 wasting.

To further delineate this pathway, we generated skeletal muscle-specific NIK knockout mice (Myo-219 NIK-KO). We confirmed that the deletion was restricted to skeletal muscle by comparing Nik 220 221 mRNA levels in various tissues (Extended Data Fig. 9a). We then inoculated these mice with LLC tumors and studied the cachexia phenotypes. Similar to EDA2R-KO mice, Myo-NIK-KO mice 222 223 were also resistant to tumor-induced weight loss (Extended Data Fig. 9b-c). The lack of NIK in muscles of tumor-bearing mice prevented muscle loss and also preserved muscle function as 224 225 determined by forelimb grip strength measurements (Fig. 5a,b). A distinct effect on adipose tissue 226 wasting was not observed (Fig. 5a). The examination of muscle histology of tumor-bearing mice also demonstrated an increase in muscle fiber cross-sectional area and a decrease in the frequency 227 of fibers with small cross-sectional area in Myo-NIK-KO mice compared to wild-type counterparts 228 (Fig. 5c-e). Analysis of gene expression in muscle tissues also demonstrated a reduction in tumor-229 induced mRNA and protein levels of Atrogin1 and MuRF1 in the knockout mice (Fig. 5f,g and 230 Extended Data Fig. 9d). The similarities in the tumor-driven responses shared by Myo-NIK-KO 231 and EDA2R-KO mice suggest that a common pathway involving EDA2R/NIK acts to promote 232 muscle atrophy. 233

- 234 We also investigated how tumors upregulate *Eda2r* expression in muscle tissue. Testing various
- tumor-induced cytokines on primary myotubes, we observed *Eda2r* upregulation by Oncostatin M
- 236 (OSM) (Fig. 6a and Extended Data Fig. 10a), an IL-6 family cytokine involved in a variety of
- 237 biological processes, including muscle atrophy^{20,21}. When overexpressed in TA muscles of mice,
- 238 OSM significantly increased Eda2r mRNA (Fig. 6b). Analysis of blood plasma from LLC tumor-

bearing mice detected elevated OSM levels (Fig. 6c), implying that tumor-induced OSM mayactivate the EDA2R signaling in muscle tissue. In fact, treatment of mouse primary myotubes with

- recombinant OSM protein also stimulated the expression of *Atrogin1* and resultant cellular atrophy,
- indicating that OSM itself is an atrophy-inducing factor (Fig. 6d, Extended Data Fig. 10b,c). We
- found that combined treatment of OSM and EDA-A2 resulted in atrophy-related gene expression
- 244 in primary myotubes in an additive manner. After testing changes in mRNA levels of OSM target
- 245 genes; Osmr and Socs3, EDA-A2-specific targets; MuRF1, Nik, Nfkb2 and Relb, and OSM/EDA-
- A2 common gene targets; *Atrogin1* and *Ampd3*, we detected additive effects on the expression of
- 247 Atrogin1, Ampd3 and Osmr (Fig. 6d). Combination of OSM and EDA-A2 also caused a further
- reduction in myotube diameter (Extended Data Fig. 10b,c). These secreted factors may operate
- alone or together to induce the atrophy of cultured myotubes.

To determine the role of OSM in EDA2R regulation and muscle wasting, we generated skeletal 250 251 muscle-specific OSM receptor knockout (Myo-OSMR-KO) mice. We confirmed the depletion of 252 OSMR in muscle fibers using immunohistochemistry (Extended Data Fig 10d). Upon LLC tumor inoculation, Myo-OSMR-KO mice were protected from weight loss and muscle wasting (Fig. 6e 253 and Extended Data Fig. 10e,f). However, tumor-bearing knockout mice still lost adipose tissue 254 mass (Extended Data Fig. 10g). Muscle strength assessed by forelimb grip measurements reflected 255 256 the preservation of muscle mass in the knockout mice while the wild-type mice exhibited evident reduced performance (Extended Data Fig. 6f). H&E staining of gastrocnemius tissue sections 257 indicated that tumor-bearing Myo-OSMR-KO mice had significantly wider muscle fibers than 258 259 tumor-bearing controls (Extended Data Fig. 6g,h). Fibers with small cross-sectional area were 260 enriched in the latter group (Extended Data Fig. 6i). Gene expression analysis demonstrated that tumor-induced mRNA and protein levels of Atrogin1 and MuRF1 are reduced in muscles of Myo-261 262 OSMR-KO mice compared to the wild-type counterparts (Fig. 6j,k and Extended Data Fig. 10h). Importantly, OSMR depletion also suppressed the upregulation of Eda2r and its downstream 263 targets in these samples (Fig. 6j and Extended Data Fig. 10h). These findings argue that the 264 OSM/OSMR pathway plays a major role in tumor-driven muscle wasting, including the activation 265 of EDA2R/NIK signaling. 266

267 Discussion

268 Taken together, our findings indicate that EDA2R signaling is a potent inducer of muscle atrophy. While the EDA-A1/EDAR pathway is important for the development of ectodermal structures, 269 EDA-A2/EDA2R signaling is involved in skeletal muscle pathophysiology⁸. EDA2R expression 270 is upregulated in muscles of tumor-bearing mice and also in muscle biopsies of cachectic cancer 271 patients. Previously, chronic activation of EDA2R signaling was shown to cause myodegeneration 272 in EDA-A2 transgenic mice⁸. Our results show that EDA2R upregulation during cancer cachexia 273 contributes to muscle loss. The canonical NFkB signaling has been shown to promote muscle 274 protein breakdown². This study revealed that noncanonical NFKB activation also triggers muscle 275 276 atrophy in which NIK kinase plays a central role. Deletion of either EDA2R or NIK in mice was sufficient to confer resistance against tumor-induced muscle wasting. EDA2R expression is 277 278 induced by inflammatory cytokines and we identified OSM as a prominent regulator. In fact, the depletion of OSMR in muscle protected from the wasting of this tissue. Our results argue that 279

OSM/OSMR signaling acts in parallel to the EDA2R/NIK pathway and reinforces muscle atrophyand EDA2R upregulation.

Systemic inflammation has been implicated to play a major role in cancer cachexia and pro-282 inflammatory cytokines TNFa, IL-1, and IL-6 were described as causal agents²². However, clinical 283 trials testing anti-TNFa therapies failed to prevent muscle atrophy in patients with advanced cancer 284 cachexia ^{23,24}. Although anti-IL-1 and anti-IL-6 therapies showed promising results in cachectic 285 cancer patients, a satisfactory effect on skeletal muscle mass was not achieved^{25,26}. An effective 286 therapy against cachexia-associated muscle wasting is urgently needed. Our findings argue that 287 EDA2R/NIK and OSM/OSMR pathway elements may serve as novel therapy targets. Prospective 288 studies should test the pharmacologic inhibition of these pathways to prevent muscle wasting. The 289 blockade of EDA2R or OSMR and the inhibition NIK kinase may be useful in reversing muscle 290 loss. Because pathways parallel to EDA-A2/EDA2R, such as TWEAK/FN14, may also utilize NIK 291 292 to promote muscle atrophy, NIK inhibition stands as a preferable choice. However, the ubiquitous 293 expression of NIK in the body and its prominent roles in immunity may limit this strategy. Interestingly, the depletion of muscle OSMR was sufficient to both attenuate muscle loss and 294 silence the EDA2R activation, making the OSM/OSMR pathway a potentially attractive 295 296 therapeutic target.

EDA-A2 was previously shown to contribute to obesity-related glucose intolerance possibly 297 through promoting insulin resistance in muscle¹⁴. Impaired glucose metabolism during cancer 298 cachexia has also been reported²⁷. Therefore, it is possible that the inhibition of the EDA2R/NIK 299 pathway may improve cachexia-related abnormalities in glucose metabolism. Furthermore, our 300 301 gene expression analysis demonstrated elevated EDA2R mRNA in the muscle biopsies of muscular dystrophy patients and *EDA2R* upregulation was also reported in muscles of aging individual²⁸. It 302 is likely that the role of EDA2R/NIK in muscle atrophy is not restricted to cancer cachexia and 303 therapeutic targeting of this pathway may be beneficial in other muscle disorders. 304

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306 Methods

307 Reagents

308 Recombinant proteins were purchased from R&D Systems: EDA-A1 (3944-ED), EDA-A2 (922-ED), TNFα (410-MT), BAFF (8876-BF), TWEAK (1237-TW), OSM (495-MO), IL-6 (406-ML) 309 and LIF (8878-LF). Small molecule inhibitors were acquired from indicated sources: TPCA-1 310 (abcam, ab145522), MG132 (Sigma; M8699), BAY 11-7082 (abcam, ab141228), BOT-64 (Santa 311 Cruz; sc-222062), B022 (Aobious; AOB8699). Mouse EDA-A1 (MC208411), mouse EDA-A2 312 (MC208415) and mouse OSM (MR226014) expression plasmids were purchased from Origene. 313 Mouse NIK expression plasmid was purchased from Invivogen (pUNO1-mMap3k14). Wild-type 314 human NIK and the NIK-K429/430A mutant plasmids were a gift from Prof. Michael Kracht (JLU 315 316 Giessen).

317

318 Mice

319 Mice were housed in 12 hour light/dark cycles (7am-7pm) and given ad libitum access to a standard

320 rodent chow diet and water. 8-12-week-old male mice were used in all animal experiments. Mice

321 were kept in the Koc University Animal Research Facility in accordance with institutional policies

and animal care ethics guidelines. EDA2R-KO and NIK-floxed mice were generated by 322 323 Genentech^{8,29}. NIK-floxed mice were a gift from Prof. Shao-Cong Sun (MD Anderson Cancer Center). Myo-NIK-KO mice were generated by crossing NIK-floxed and ACTA1-Cre mice 324 (Jackson strain #006149). OSMR-floxed mice (strain #011081) were purchased from Jackson 325 laboratory. Myo-OSMR-KO mice were generated by crossing OSMR flox and ACTA1-Cre mice 326 (Jackson strain #006149). All mice were maintained on a pure C57BL/6 background. Plasma CRP 327 328 levels were measured using an ELISA assay (BT Lab E0218Mo). All animal protocols were approved by the Institutional Animal Care and Use Committee of Koc University. 329

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331 Tumor inoculation

LLC and B16 (B16-F10) cells were cultured in DMEM medium (Sigma 5796) with 10% Fetal 332 Bovine Serum (FBS) and penicillin/streptomycin (Invitrogen). B16 cells were also supplemented 333 with freshly added 2 mM L-glutamine (Invitrogen). Mice were divided into groups randomly while 334 satisfying the criteria that the average body weight in each group is similar. All mice used in tumor 335 336 inoculation experiments including the transgenic lines were from C57BL/6 background. LLC cells $(5 \times 10^6 \text{ per mouse})$ or B16 (2.5 × 10⁶ per mouse) cells were injected subcutaneously over the 337 338 flank. Non-tumor-bearing control mice received the vehicle (PBS) only. Mice were housed individually in all tumor inoculation experiments. Mice were sacrificed 16 days (LLC) or 14 days 339 (B16) post tumor inoculation. Epididymal, inguinal and interscapular fat depots, gastrocnemius 340 and tibialis anterior muscles and tumors were dissected and weighed using an analytical balance. 341

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343 Grip strength

Forelimb grip strength was measured on the same day as the sacrifice. Each mouse was allowed to grab a bar attached to a force transducer while the mouse was steadily pulled by the tail horizontally away from the bar (Ugo Basile grip strength meter). The maximum strength produced before releasing the bar registered from at least 3 repetitions was averaged to determine the grip strength of each mouse.

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350 Tissue histology

Isopentane was cooled by liquid nitrogen until 2/3 is frozen. Muscle samples wrapped in aluminum foil were placed in the cooled isopentane for 15-20 seconds. Frozen tissues were embedded in Tissue-Tek OCT freezing medium (Sakura) in cryomolds. Using a cryostat, 8 µm thick sections were cut and collected on Superfrost Plus slides (Thermo). Sections were fixed with 4% paraformaldehyde and treated with hematoxylin (Merck 105174), 0.1% HCl, eosin (Merck 109844), 70-100% ethanol gradient and xylene (Isolab), respectively. Muscle fiber cross-sectional area was measured using Image J software.

359 Immunohistochemistry

5 µm thick cryosections were fixed with neutral buffer formalin and then incubated with 0.3% 360 hydrogen peroxide for 10 min to block endogenous peroxidase activity. Sections were incubated 361 in blocking solution (3% bovine serum albumin + 0.1% Triton X-100 + 5% Horse serum) at room 362 temperature for 1hr and then with anti-OSMR beta (R&D Systems, AF662) antibody (10 µg/ml) 363 in blocking solution overnight at +4°C. Sections were washed with PBS and incubated in the 364 blocking solution containing anti-goat IgG H&L HRP-conjugated secondary antibody (1:1000) 365 (Abcam, ab6885) for 1hr. Finally, the sections were stained with diaminobenzidine (DAB; Abcam, 366 367 ab64238,) and counterstained with hematoxylin (Merck 105174).

369 Adenovirus production and injection

Adenovirus vectors were generated using the Virapower Adenoviral expression system 370 (Invitrogen). Briefly, open reading frames of the genes following a CACC sequence were cloned 371 into a pENTR-D-TOPO plasmid and then recombined into a pAd-CMV-DEST adenoviral plasmid 372 using LR clonase II. PacI (Thermo) digested adenoviral plasmids were transfected into 293A cells 373 using Lipofectamine 2000 (Invitrogen). 293A cells were cultured in DMEM (Sigma 5796), 10% 374 375 FBS (Invitrogen) and penicillin/streptomycin (Invitrogen). Adenoviral particles were collected from cell culture supernatant following the manufacturer's instructions. For purification and 376 titration, Adeno-X Maxi Purification Kit and Adeno-X Rapid Titer Kit from Clontech were used. 377 Mice were injected unilaterally with 5x10⁸ ifu (infectious units) of Adeno-EDA-A2 or Adeno-378 OSM into the tibialis anterior muscle while the contralateral muscle received the same dose of 379 380 control Adeno-LacZ. Mice were sacrificed 7 days later.

381

382 Site-directed mutagenesis

Mouse NIK coding sequence in the pENTR shuttle plasmid was mutated using Phusion high 383 fidelity polymerase (NEB) and oligonucleotides designed to carry the desired mutations (indicated 384 385 by lowercase letters): mNIK-T561A F: 5'- CTACATTCCTGGCgCGGAGACCCACATG-3', R: CATGTGGGTCTCCGcGCCAGGAATGTAG-3'. 5'mNIK-K431A-K432A 5'-386 5'-GCTTCCAGTGTGCTGTCgcAgcGGTACGACTCGAGGTG-3' 387 R: CACCTCGAGTCGTACCgcTgcGACAGCACACTGGAAGC-3'. Mutated coding sequences 388 389 were recombined into the adenoviral plasmid for adenovirus production as described above.

390

391 Myoblast culture

392 Primary myoblasts were isolated from limb muscles of mice (2-3 days old) as described before³⁰. Myoblasts were cultured in Ham's F-10 nutrient mixture (Invitrogen) with 20% FBS (Invitrogen) 393 supplemented with 2.5 ng/ml basic fibroblast growth factor (bFGF) (Sigma) and 394 penicillin/streptomycin (Invitrogen). For differentiation, myoblasts were then transferred to 395 DMEM (Sigma 5796) supplemented with horse serum (HS) and penicillin/streptomycin 396 (Invitrogen). Myotube cells were differentiated in 2% HS for 48 hours for protein isolation and 397 they were differentiated in 5% HS for 72 hours for gene expression and imaging experiments. 398 Adeno-GFP was added to the cells at the start of differentiation for fluorescent myotube imaging 399 performed using a live cell imager (Zeiss Axiolab live cell imager). Cells were treated with other 400 adenoviruses after differentiation for 24-48 hr. Human Skeletal Muscle Myoblasts (HSMM; Lonza) 401 were cultured in DMEM/F12-glutamax (Invitrogen) with 20% FBS (Invitrogen) supplemented 402 with 5 ng/ml bFGF (Sigma). Cells were differentiated in DMEM/F12-glutamax with 5% HS for 403 72 hours. Human myotubes were treated with recombinant proteins or adenoviruses for 48 hr. The 404 405 diameters of individual myotubes were measured using Image J software. Each myotube was measured at 3 different sites and the values were averaged. 406

407

408 Immunofluorescence

409 Cells were fixed with ice-cold 100% methanol at -20°C for 10 min, incubated in a blocking solution
410 (3% bovine serum albumin + 0.1% Triton X-100 + 10% Horse serum) at room temperature for 1hr

and then incubated with myosin heavy chain (MyHC) antibody (1:1000) (DSHB, MF20) in the

412 blocking solution for 1 hr at room temperature. Cells were washed with PBS and incubated with

- 413 anti-mouse IgG H&L Alexa Fluor 594 secondary antibody (1:2000) (Abcam, ab150116) and DAPI
- 414 (1:3000) (Cayman, 14285) in the blocking solution for 1hr and mounted using homemade mounting

medium. Cells were visualized using fluorescence microscopy (Zeiss). MyHC signal was 415 416 normalized to the number of myotube nuclei. Fields with similar density of myotubes were chosen.

417

Western blotting 418

419 Cells were homogenized in a cell lysis buffer containing 50 mM Tris (pH 7.4), 150 mM NaCl, 1% Triton X-100, 5 mM EDTA, 1 mM PMSF, supplemented with protease inhibitor tablets (Roche) 420 421 and phosphatase inhibitors; 20 mM NaF, 10 mM β-glycerol phosphate, 10 mM Na₄P₂O₇, 2 mM Na₃VO₄. A similar lysis buffer was used for tissue samples where 1% NP40 was used as the 422 detergent and 10% glycerol was added. Tissues were homogenized using a Kinematica (PT1200E) 423 424 homogenizer. The homogenates were centrifuged at 13,000 rpm for 10 min and the supernatants were used as lysates. Protein concentration was determined by Bio-Rad Protein assay and 30 µg of 425 426 protein lysate was used in each SDS-PAGE run. For the detection of endogenous NIK protein and its mobility shift, 90 µg of protein lysate was loaded. Nitrocellulose membrane was blotted with 427 primary antibodies in TBS containing 0.05% Tween and 5% BSA (Cell signaling; p65-RelA 428 (8242), phospho-p65-RelA-Ser536 (3033), p105/p50-NFkB (12540), phospho-p105-NFkB-429 Ser932 (4806), p100/p52-NFkB2 (4882), IkB (4814), phospho-IkB-Ser32 (2859), NIK (4994), 430 431 JNK (9252), phospho-JNK-Thr183/Tyr185 (4668), anti-Flag/DYKDDDDK (2368), ECM 432 Bioscience; Atrogin1 (AP2041), MuRF1 (MP3401), and DSHB; MyHC antibody (MF20)). For secondary antibody incubation, TBS-T containing 5% milk was used (Cell signaling anti-rabbit 433 (7074), anti-mouse (7076)). WesternBright blotting substrates from Advansta were used for 434 435 visualization of the results on a Chemidoc imaging system (Bio-rad). For blots visualized with a 436 Licor Odyssey CLx imaging system, IRDye 680RD anti-mouse (926-68070) and IRDye 800CW anti-rabbit (926-32211) secondary antibodies were used. 437

438

In vitro phosphatase assay 439

A cell lysis buffer similar to the recipe described above but lacking EDTA and phosphatase 440 inhibitors was used to collect cells. The protein concentration of the homogenate supernatants was 441 determined by Bio-Rad Protein assay. 90 µg of lysate was mixed with or without alkaline 442 phosphatase (0.1U/ug lysate) and its buffer (Thermo) and incubated at 37°C for 1 hour. Samples 443 were run on SDS-PAGE and processed as described above. 444

445

RT-qPCR 446

Total RNA from cultured cells or tissue samples was extracted using Qiazol reagent (Qiagen) and 447 purified with RNA spin columns (Ecotech). Tissues were homogenized using TissueLyzer LT 448 (Qiagen). Complementary DNA synthesis was carried out with a High-Capacity cDNA Reverse 449 Transcription kit (Thermo). The resultant cDNA was analyzed by RT–qPCR using a CFX Connect 450 451 instrument (Bio-Rad). In each reaction, 25 ng of cDNA and 150 nmol of each primer were mixed with iTag Universal SYBR Green Supermix (Bio-Rad). Relative mRNA levels were calculated by 452 the $\Delta\Delta$ Ct method and normalized to cyclophilin mRNA. The following primers were used: Cyclo 453 F: 5'-GGAGATGGCACAGGAGGAA-3', R: 5'-GCCCGTAGTGCTTCAGCTT-3'. Atrogin1 F: 454 455 5'-TCAGAGAGGCAGATTCGCAA-3', R: 5'-GGGTGACCCCATACTGCTCT-3'. MuRF1 F: 5'-TCCTGATGGAAACGCTATGGAG-3', R: 5'-ATTCGCAGCCTGGAAGATGT-3'. Eda2r F: 5'-456 TCCCCTCTACTGGACCTGAA-3', R: 5'-TGAAAGAGACCTTTCTAGTTCACCT-3'. Eda2r-457 KO F: 5'-CAGGACCAAGAATGCATCCCA-3', R: 5'-GCTCAACTGGAAGGTACACTGAA-3'. 458 Eda-a2 5'-TCAAAAATGATCTTTCAGGTGGAG-3', 459 F: R: 5'-TGAAGTTGATGTAGTAGACCTG-3'. Edar F: 5'-TTGTTGAAGGTCTCAGCCCC-3', R: 5'-460 461

TGAAGTTGATGTAGTAGACTTCTAC-3'. Nik F: 5'-CGAGCTACTTCAACGGGGTC-3', R: 462 463 5'-GGCAATGTCTCCCACCTTGA-3'. Nik-KO F: 5'-TGTTCTGTGGGAAGTGGGAG -3', R: 5'-CTCTTGGCTATTCTCACATTCAGC-3'. Nfkb1 F: 5'-CTGAACAATGCCTTCCGGCT-3', R: 464 5'- TGGTACCCCCAGAGACCTCAT-3'. Nfkb2 F: 5'-CCTTCGTAGTTACAAGCTGGC-3', R: 465 5'-GGCACTGTCTTCTTCACCT-3'. Nfkbia F: 5'-TAGCAGTCTTGACGCAGACC-3', R: 5'-466 CGTGTGGCCATTGTAGTTGG-3'. Nfkbib F: 5'-ACCTCAATAAACCGGAGCCTAC-3', R: 5'-467 CACCGGCTTTCAGGAGAAGTT-3'. Nfkbid F: 5'-CAGTCATACAAGCCAGGAGAT-3', R: 5'-468 TCATATTAACAAAGGCCCGCA-3'. Nfkbie F: 5'-GACATTGATGTACAGGAGGGCA-3', R: 469 5'-GGTGTGCACCCGTTAAGCAT-3'. Nfkbiz F: 5'-CAGTGGAGGCAAAGGATCGTA-3', R: 470 5'-GGCAACTCCAAAAAGAGGCG-3'. Rela F: 5'-GATCGCCACCGGATTGAAGA-3', R: 5'-471 GGGGTTCAGTTGGTCCATTG-3'. Relb F: 5'-TTCAAAACGCCACCCTACGA-3', R: 5'-472 473 ACACCGTAGCTGTCATGATCC-3'. Relc F: 5'-ATTTATGACAACCGTGCCCCA-3', R: 5'-CCCTGACACTTCCACAGTTCT-3'. Ampd3 F: 5'-CTCCTCTCAGCAACAACAGCC-3', R: 5'-474 CTCCATGAGCGCTTCCTTTGTG-3'. Osmr F: 5'-GGTCCTTCATCCAGCCTTCC-3', R: 5'-475 GCTCCTCCAAGACTTCGCTT-3'. Socs3 F: 5'-TAGACTTCACGGCTGCCAAC-3', R: 5'-476 CGGGGAGCTAGTCCCGAA-3'. Tnfa F: 5'-CCACCACGCTCTTCTGTCTA-3', R: 477 5'-478 CCATTTGGGAACTTCTCATCCC-3'. Il6 F: 5'-CACTTCACAAGTCGGAGGCT-3', R: 5'-TGCCATTGCACAACTCTTTTCT-3'. Ifng F: 5'-CTTCAGCAACAGCAAGGCG-3', R: 5'-479 CTGTGGGTTGTTGACCTCAAACT-3'. Illb F: 5'-AAGGAGAACCAAGCAACGACA-3', R: 480 5'-TTGGGATCCACACTCTCCAGC-3'. Il10 F: 5'-GTAGAAGTGATGCCCCAGGC-3', R: 5'-481 GGGGAGAAATCGATGACAGC-3'. Ccl2 F: 5'-CACTCACCTGCTGCTACTCA-3', R: 5'-482 483 GCTTGGTGACAAAAACTACAGC-3'. Ccl5 F: 5'-TGCCCACGTCAAGGAGTATT-3', R: 5'-TTCGAGTGACAAACACGACTG-3'. F4/80 F: 5'-CTTCTGGGGGAGCTTACGATGG-3', R: 5'-484 GGCCAAGGCAAGACATACCA-3'. Cd68 F: 5'-ACTTCGGGCCATGTTTCTCT-3', R: 5'-485 GGGGCTGGTAGGTTGATTGT-3'. Nos2 F: 5'-CAGGAGATGGTCCGCAAGAG-3', R: 5'-486 GTCCTGAACGTAGACCTTGGG-3'. Argl F: 5'-CGTAGACCCTGGGGAACACTAT-3', R: 5'-487 TCCATCACCTTGCCAATCCC-3'. Cd163 F: 5'-GTGTTCCGAAGGACAGGTGG-3', R: 5'-488 AAGCTGGCCACTTGCTATGC-3'. Cd19 F: 5'-GAAGCATCCTCGCTTGGGTC-3', R: 5'-489 ACTGGGACCGGACTGAATTG-3'. Cd3e F: 5'-TGTATCACTCTGGGCTTGCTG-3', R: 5'-490 CTCCTTGTTTTGCCCTCTGGG-3'. hCYCLO F: 5'-GGAGATGGCACAGGAGGAA-3', R: 5'-491 GCCCGTAGTGCTTCAGTTT-3'. hNIK F: 5'-GGGACGTCAAAGCTGACAAC-3', R: 5'-492 GACACAGCATGGCCAAAG-3'. hEDA2R F: 5'-TGCCTCCTATACTGGAGCTGA-3', R: 5'-493 GGGGCCCAAGAGACCTCATTA-3'. hATROGIN1 F: 5'-AGGAAGTACTAAAGAGCGCCA-494 3', R: 5'-GCAGGCCGGACCACGTA-3'. hMURF1 F: 5'-GCCCCATTGCAGAGTGTCTT-3', R: 495 5'-ACTGTTCTCCTTGGTCACTCG-3'. hNFKB2 F: 5'-TCTGCAACTGAAACGCAAGC-3', R: 496 5'-CCTCTTCCTTGTCTTCCACCA-3'. hRELB F: 5'-CTCGCGACCATGACAGCTAC-3', R: 5'-497 498 GGCTTTTTCTTCCGCCGTTT-3'.

499

500 Human gene expression analysis

Patients were enrolled in the ACTICA study, a cross-sectional study aimed at assessing cachexia 501 in patients diagnosed with colorectal or lung cancer. The study was performed at the Cliniques 502 Universitaires Saint-Luc, Brussels, Belgium from January 2012 to March 2014. The study protocol 503 was approved by the local ethical committee of the Université Catholique de Louvain (protocole 504 code: 2011/19AVR/157, approved on the 9 May 2011) and written consent was given prior to entry 505 into the study. The inclusion and exclusion criteria have been precisely described previously in the 506 original paper³¹. Cachexia was defined, according to the definition proposed by Fearon et al³², as 507 an involuntary weight loss >5 % over the past 6 months or weight loss >2% and BMI <20 kg/m² 508

or weight loss >2% and low muscularity. Among 152 patients enrolled in the study, a skeletal 509 510 muscle microbiopsy was performed in 35 patients under general anesthesia, just before the surgery for cancer and before any other therapeutic intervention. The microbiopsies were taken from the 511 vastus lateralis of the quadriceps, with a 14 Gauge true-cut biopsy needle (Bard Magnum Biopsy 512 gun; Bard, Inc.). The muscle samples were cleaned of gross blood contamination and fat or fibrous 513 tissue prior to being frozen in liquid nitrogen and stored at -80°C until RNA extraction. Total RNA 514 515 was extracted from frozen muscle samples using TriPure Isolation Reagent (Roche Diagnostics, Basel, Switzerland), as described by the manufacturer. Reverse transcription was performed as 516 previously described by Gueugneau et al³³. 517

Gene expression profiles of rectus abdominis muscle biopsies from cachectic and non-cachectic 518 pancreatic ductal adenocarcinoma patients and non-cancer subjects were accessed from Gene 519 Expression Omnibus (GEO) database with the GSE130563 accession number³⁴. Differential gene 520 expression analysis was performed by GEO2R with default settings. One sample from GSE130563 521 was identified as an outlier (GSM3743567) for EDA2R expression according to Grubbs' test 522 (Alpha = 0.0001) and excluded from the analysis. Gene expression profiles of quadriceps muscle 523 524 biopsies collected from non-cancer subjects and cachectic patients with upper gastrointestinal 525 cancer before and after the tumor resection were accessed from the GEO database (accession number: GSE34111)³⁵ and analyzed by GEO2R using default settings. Gene expression profiles of 526 skeletal muscles samples from DMD patients and normal subjects were accessed with the GSE1007 527 accession number³⁶. Samples grouped as DMD and Normal were analyzed by GEO2R using 528 default settings. RNA sequencing results of muscle biopsy samples from FSHD subjects were also 529 accessed from the GEO database (accession number: GSE115650)³⁷. 1-year follow-up gene 530 expression assessment of muscle biopsies from the same patients was also analyzed (accession 531 532 number: GSE140261)³⁸. Gene counts normalization and fold change calculations were performed using the DEseq2 (v1.34.0) R package. 533

534

535 Statistical Analysis

Values are expressed as mean \pm SEM. Error bars (SEM) shown in all results were derived from biological replicates. Significant differences between two groups were evaluated using a twotailed, unpaired *t*-test. Comparisons of more than two groups were performed using one-way or two-way ANOVA and corrected for multiple comparisons using Tukey's post-hoc test. Values of p < 0.05 were considered statistically significant. Exact *p*-values and the type of statistical test used in each experiment can be found in the Figure legends.

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653 Author contributions

- 654 S.K. conceived and designed the experiments. S.N.B., A.D., B.T., S.A., B.Z.C.W., D.H.A., Z.O.,
- 655 P.L., J.P.T., A.L. and S.K. performed the experiments. S.N.B., A.D., B.T., S.A. and S.K. analyzed
- the data. S.N.B., A.D. and S.K. wrote the manuscript.

657 **Competing interests**

The authors declare no competing financial interests.

659 Data Availability

Human gene expression datasets analyzed in this study are available in the GEO database;
 GSE130563³⁴, GSE34111³⁵, GSE1007³⁶, GSE115650³⁷, and GSE140261³⁸. A detailed description

661 GSE130563³⁴, GSE34111³⁵, GSE1007³⁶, GSE115650³⁷, and GSE140261³⁸. A detailed 662 of the cancer patient muscle biopsies used in this study was previously published³¹.

663 Materials & Correspondence

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Figure 1. EDA-A2 promotes atrophy and activates NF\kappaB signaling in myotubes. a, *Eda2r* mRNA levels were tested by RT-qPCR in gastrocnemius muscles of mice bearing LLC tumors (for 16 days) (control n = 5, LLC n = 7) or B16 tumors (for 14 days) (n = 5). **b**, *EDA2R* mRNA levels were determined by RT-qPCR in quadriceps muscle biopsies of lung and colorectal cancer patients with or without cachexia (w/o cachexia n = 16, with cachexia n = 18). **c**, *EDA2R* transcript levels were analyzed in rectus abdominis muscle biopsies from non-cancer controls (n = 15), and PDAC patients with cachexia (n = 17) and without cachexia (n = 5) (GSE130563). **d**, *EDA2R* transcript levels were analyzed in quadriceps muscle biopsies collected from non-cancer subjects (n = 6) and cachectic patients with upper

675 gastrointestinal cancer (n = 12) before and after tumor resection (GSE34111). e, Fully differentiated mouse primary 676 myotubes were treated with recombinant EDA-A2 (250 ng/ml) for 24 hr and gene expression was determined by RT-677 qPCR (n = 3). f.g, Mouse primary myotubes were treated with recombinant EDA-A1, EDA-A2 or TNF α proteins (250 678 ng/ml each) for 48 hr. Cells also transduced with a GFP adenovirus were visualized under the fluorescence microscope. 679 Average myotube diameter was measured (n = 3) (f). The scale bar is 50 μ m (g). h,i, Human Skeletal Muscle Myoblasts 680 (HSMM) were differentiated into myotubes and treated with an adenovirus expressing EDA-A2 (h) or recombinant 681 EDA-A2 protein (250 ng/ml) (i) for 48 hr. Gene expression was determined by RT-qPCR (n = 3) (h) and myotube 682 diameter was measured (n = 3) (i). j-m, Mouse primary myotubes were treated with EDA-A1, EDA-A2 or TNF α (250 683 ng/ml each) for 24 hr (j,l,m) or 10 min (k). Changes in gene expression were determined by RT-qPCR (n = 3) (j). Cell 684 lysates were investigated by western blotting (k,l). The lysate of EDA-A2-treated myotubes was also treated with 685 alkaline phosphatase (m). The values are mean \pm SEM. Statistical analysis was conducted using the two-tailed *t*-test 686 $(\mathbf{a},\mathbf{b},\mathbf{c},\mathbf{d},\mathbf{e},\mathbf{h},\mathbf{i})$ and one-way ANOVA (\mathbf{f},\mathbf{j}) . *p < 0.05, **p < 0.01, **p < 0.001, compared with the Control group.



688 Figure 2. Activation of the noncanonical NFkB signaling by EDA-A2 or NIK kinase induces atrophy in primary 689 **myotubes.** a, Mouse primary myotubes were treated with IKK β inhibitor TPCA-1 (10 μ M), proteosome inhibitor 690 MG132 (5 μ M) and EDA-A2 (250 ng/ml) for 24 hr. Changes in gene expression were determined by RT-qPCR (n = 691 3). **b,c**, Primary myotubes were treated with TPCA-1 (10 μ M) or proteosome inhibitor MG132 (5 μ M) and EDA-A2 692 (250 ng/ml) for 10 min (b) or 24 hr (c) and protein levels of NFkB signaling components were studied by western blotting. d,e, Primary myotubes were treated with recombinant EDA-A2, BAFF or TWEAK proteins (250 ng/ml each) 693 694 for 24 hr. Protein levels were determined by western blotting (d) and gene expression was studied by RT-qPCR (n =695 3) (e). f,g, Primary myotubes were transduced with adenoviruses expressing LacZ or human NIK (hNIK). 24hr later, 696 changes in gene expression were determined by RT-qPCR (n = 3) (f). Myotubes also treated with GFP adenovirus 697 were visualized 48 hr later under the fluorescence microscope. The scale bar is 50 μ m (g). The values are mean \pm SEM. 698 Statistical analysis was conducted using one-way ANOVA (a,e) and the two-tailed *t*-test (f). p < 0.05, p < 0.01, 699 ***p < 0.001, compared with the control group or the respective inhibitor only group.



701 Figure 3. EDA-A2-driven muscle atrophy requires NIK kinase activity. a,b, Mouse primary myotubes were treated 702 with NIK kinase inhibitor B022 (5 µM) and EDA-A2 (250 ng/ml) for 24 hr. Changes in gene expression were tested 703 by RT-qPCR (n = 3) (a) and protein levels were determined by western blotting (b). c,d, Primary myotubes transduced 704 with GFP adenovirus were treated with B022 (5 µM) and EDA-A2 (250 ng/ml) for 48 hr. Cells were visualized under 705 the fluorescence microscope and myotube diameters were measured (n = 3). The scale bar is 50 μ m. e-i, Tibialis 706 anterior muscles of mice were transduced with LacZ or EDA-A2 adenoviruses. Mice were sacrificed 7 days later (n = 707 5). Changes in gene expression were determined by RT-qPCR (n = 5) (e). Tissues were weighed (f) and H&E stained 708 (g). Muscle fiber cross-sectional area (CSA) (h) and the fiber frequency distribution were determined (i) (n = 3). The 709 scale bar is 100 μ m. The values are mean \pm SEM. Statistical analysis was conducted using one-way ANOVA (a,c) and 710 the two-tailed *t*-test (e,f,h). *p < 0.05, **p < 0.01, ***p < 0.001, compared with the control group or the Ad-LacZ 711 group. #p < 0.01, ##p < 0.001 compares differences between EDA-A2 and B022 + EDA-A2 treatment groups.





Figure 4. EDA2R-deficient mice are resistant to tumor-driven muscle wasting. a,b, e-i, Mice were inoculated with LLC cells and sacrificed 16 days later. Collected tissues were weighed (n = 6) (a). Forelimb grip strength was measured

715 before the sacrifice (EDA2R-KO-LLC n = 5, other groups n = 6) (b). c,d, Mice were inoculated with B16 cells and 716 sacrificed 14 days later (EDA2R-KO-B16 n = 5, other groups n = 6). Collected tissues were weighed (c). Forelimb 717 grip strength was measured before the sacrifice (d). e-g, Gastrocnemius muscle cross-sections were H&E stained (e), 718 cross-sectional area (f) and the fiber frequency distribution (g) were measured (n = 6). The scale bar is 100 μ m. h,i, Gastrocnemius muscle mRNA levels were tested by RT-qPCR (n = 6) (h) and their protein levels were determined by 719 western blotting (n = 3) (i). The values are mean \pm SEM. Statistical analysis was conducted using two-way ANOVA. 720 721 *p < 0.05, **p < 0.01, ***p < 0.001 compares differences between tumor-bearing and non-tumor-bearing mice of the 722 same genotype. #p < 0.05, ##p < 0.001 compares differences between tumor-bearing wild-type and tumor-bearing 723 knockout mice.



724

725 Figure 5. Muscle-specific depletion of NIK protects from tumor-driven muscle wasting. a-g, Mice were inoculated 726 with LLC cells and sacrificed 16 days later (Myo-NIK-KO-LLC n = 5, other groups n = 6). Collected tissues were 727 weighed (a). Forelimb grip strength was measured before the sacrifice (b). c-e, Gastrocnemius muscle cross-sections 728 were H&E stained (c), cross-sectional area (d) and the fiber frequency distribution (e) were measured. The scale bar 729 is 100 µm. f,g, Gastrocnemius muscle mRNA levels were tested by RT-qPCR (Myo-NIK-KO-LLC n = 5, other groups 730 n = 6 (f) and their protein levels were determined by western blotting (n = 3) (g). The values are mean \pm SEM. Statistical analysis was conducted using two-way ANOVA. *p < 0.05, **p < 0.01, ***p < 0.001 compares differences 731 732 between WT and WT-LLC groups. #p < 0.05, ##p < 0.01, ###p < 0.001 compares differences between WT-LLC and

733 Myo-NIK-KO-LLC groups.





735 Figure 6. OSM induces Eda2r expression in muscle and the depletion of OSMR protects from muscle wasting. 736 **a**, Mouse primary myotubes were treated with recombinant OSM (250 ng/ml) for 6 hr (n = 3). **b**, Tibialis anterior 737 muscles of mice were transduced with LacZ or OSM adenoviruses. Mice were sacrificed 7 days later. mRNA levels 738 were determined by RT-qPCR (n = 6). c, Mice were inoculated with LLC cells and sacrificed 16 days later. Plasma 739 OSM levels were measured by ELISA (control n = 8, LLC n = 7) d, Mouse primary myotubes were treated with 740 recombinant OSM (250 ng/ml for 48hr) and EDA-A2 (100 ng/ml for 24 hr). Changes in gene expression were 741 determined by RT-qPCR (n = 3). e-k, Mice were inoculated with LLC cells and sacrificed 16 days later (WT-LLC n 742 = 5, other groups n = 6). Collected tissues were weighed (e). Forelimb grip strength was measured before the sacrifice 743 (WT n = 6, other groups n = 5) (f). Gastrocnemius muscle cross-sections were H&E stained (h), cross-sectional area 744 (g) and the fiber frequency distribution (i) were measured (WT-LLC n = 5, other groups n = 6). The scale bar is 100

745μm. j,k, Gastrocnemius muscle mRNA levels were tested by RT-qPCR (WT-LLC n = 5, other groups n = 6) (j) and746their protein levels were determined by western blotting (n = 3) (k). The values are mean ± SEM. Statistical analysis747was conducted using the two-tailed *t*-test (a,b,c), one-way ANOVA (d), and two-way ANOVA (e,f,g,j). *p < 0.05,748**p < 0.01, ***p < 0.001, compared to the Control or Ad-LacZ groups (a,b,c,d). #op < 0.05, ##op < 0.01, compared749to the OSM group, and #ep < 0.05, ###ep < 0.001 compared to the EDA-A2 group (d). *p < 0.05, **p < 0.01, ***p < 0.01, ***p < 0.001 compares differences between WT and WT-LLC groups and #p < 0.05, ##p < 0.01 compares differences between750WT-LLC and Myo-OSMR-KO-LLC groups (e,g,j).





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753 Extended Data Figure 1. The expression of Eda-a2 and Eda2r is enriched in skeletal muscle tissue. a-d, Various

tissue samples were collected from C57BL/6 mice. Relative mRNA levels were determined by RT-qPCR (n = 4). The

755 values are mean \pm SEM.



Extended Data Figure 2. *EDA2R* expression is induced in DMD and FSHD patients. a, *EDA2R* transcript levels
 were analyzed in quadriceps muscle biopsies collected from cachectic patients with upper gastrointestinal cancer (n =

connecting lines) and downregulated in 8 patients (green connecting lines). Statistics by two-tailed paired *t*-test. **b**, GSE1007 dataset was analyzed by GEO2R and *EDA2R* expression values were determined in normal subjects and DMD patients (n = 10). In each group, one individual had 2 technical replicates making the total number of data points 11. **c**, GSE115650 dataset was analyzed by DESeq2 and *EDA2R* expression values were determined in normal subjects (n = 9) and FSHD patients (n = 34). **d**, GSE140261 dataset was analyzed by DESeq2 and *EDA2R* expression values were determined in normal subjects (n = 8) and FSHD patients (n = 27). The values are mean ± SEM. Statistical values were adjusted for multiple tests.



Extended Data Figure 3



Extended Data Figure 3. The overexpression of EDA-A2 or the administration of recombinant EDA-A2 in
 human and mouse myotubes stimulates cellular atrophy. a-c, Mouse primary myotubes were transduced with LacZ,

EDA-A1, or EDA-A2 expressing adenoviruses. 24 hr later, gene expression was tested by RT-qPCR (n = 3) (a).

771 Myotubes also treated with GFP adenovirus were visualized 48 hr later under the fluorescence microscope. The scale 772 bar is 50 μ m (b). Average myotube diameter was measured (n = 3) (c). d-f, Human Skeletal Muscle Myoblasts 773 (HSMM) were differentiated into myotubes and treated with an adenovirus expressing EDA-A2 (d) or recombinant 774 EDA-A2 protein (250 ng/ml) (e,f) for 48 hr. Gene expression was determined by RT-qPCR (n = 3) (d,e). Human 775 myotubes were investigated under the light microscope. The scale bar is 100 μ m (f). g,h, Mouse primary myotubes were treated with recombinant EDA-A1, EDA-A2 or TNFa proteins (250 ng/ml each) for 48 hr. MyHC was 776 immunofluorescently labeled while nuclei was counterstained with DAPI. The scale bar is 50 µm (g). MyHC signal 777 778 was normalized to the number of myotube nuclei (n = 3) (h). i, Mouse primary myotubes treated with recombinant 779 EDA-A2 (250 ng/ml) and proteasome inhibitor MG132 (10 µM) were lysed and protein samples were studied by 780 western blotting. The values are mean \pm SEM. Statistical analysis was conducted using one-way ANOVA (**a**,**c**,**h**) or the two-tailed *t*-test (d,e). p < 0.05, p < 0.01, p < 0.01, p < 0.001, compared with the Ad-LacZ or the Control group. 781



Extended Data Figure 4. EDA-A2 stimulates the expression of NFκB signaling components and the alternative
NFκB activation in primary myotubes. Electrophoretic mobility shift of mouse NIK protein depends on its
autophosphorylation and kinase activity. a,b, Mouse primary myotubes were treated with recombinant EDA-A2
(250 ng/ml) for 24 hr and gene expression was determined by RT-qPCR (n = 3). c,d, Mouse primary myotubes were
transduced with adenoviruses expressing LacZ, wild-type mouse NIK (mNIK), autophosphorylation-deficient mNIKT561A mutant and kinase-dead mNIK-K431/432A mutant or human NIK (hNIK). A day later, recombinant EDA-A2
(250 ng/ml) was also added for another 24 hr. Protein levels were determined by western blotting. e, Mouse primary

790 myotubes were transduced with LacZ, EDA-A1, or EDA-A2 expressing adenoviruses. 24 hr later, protein levels were 791 determined by western blotting. The values are mean \pm SEM. Statistical analysis was conducted using the two-tailed 792 *t*-test. *p < 0.05, **p < 0.01, ***p < 0.001, compared with the Control group.



793

794 Extended Data Figure 5. Activation of the canonical NFκB signaling is dispensable for EDA-A2-induced gene

expression in primary myotubes. a,b, Mouse primary myotubes were treated with IkB phosphorylation inhibitors BAY 11-7082 (10 μ M) and BOT-64 (10 μ M) in combination with recombinant EDA-A2 (250 ng/ml) for 24 hr. Gene expression was studied by RT-qPCR (n = 3) (**a**) and protein levels were determined by western blotting (**b**). The values

are mean \pm SEM. Statistical analysis was conducted using one-way ANOVA. *p < 0.05, **p < 0.01, ***p < 0.001,

compared with the control group or the respective inhibitor only group.

Extended Data Figure 6



801 Extended Data Figure 6. Overexpression of NIK promotes the alternative NFkB activation and atrophy in 802 primary myotubes. a,b, Mouse primary myotubes were transduced with adenoviruses expressing LacZ or human 803 NIK (hNIK). 24hr later, protein levels were determined by western blotting (a). Myotubes also treated with GFP 804 adenovirus were visualized 48 hr later under the fluorescence microscope and average myotube diameter was measured (n = 3) (b). c-e, Human Skeletal Muscle Myoblasts (HSMM) were differentiated into myotubes and treated with 805 806 adenoviruses expressing LacZ or human hNIK for 48 hr. Gene expression was determined by RT-qPCR (n = 3) (c). 807 Human myotubes were investigated under the light microscope. The scale bar is $100 \ \mu m$ (d). Myotube diameter was 808 measured (n = 3) (e). f,g, Primary myotubes were transduced with adenoviruses expressing LacZ, mouse NIK (mNIK), 809 autophosphorylation-deficient mNIK-T561A mutant or kinase dead mNIK-K431/432A mutant. Protein levels were 810 determined by western blotting (f). This is the same experiment as Extended Data Fig. 4a. NIK and p65-RelA blots 811 were cropped from Extended Data Fig. 4a. mRNA levels were tested by RT-qPCR (g). The values are mean \pm SEM. 812 Statistical analysis was conducted using the two-tailed *t*-test (**b**,**c**,**e**) and one-way ANOVA (**g**). *p < 0.05, **p < 0.01, 813 ***p < 0.001, compared with the Ad-LacZ group.







Extended Data Figure 7. The inhibition of NIK kinase activity with B022 or a dominant-negative NIK mutant 815 816 blocks EDA-A2's effects in primary myotubes. a,b, Mouse primary myotubes were transduced with adenoviruses 817 expressing LacZ or human NIK and treated with different doses of B022 (1 µM, 5 µM or 10 µM) for 24hr. Protein 818 levels were determined by western blotting (a) and changes in gene expression were tested by RT-qPCR (n = 3) (b). 819 c, Mouse primary myotubes were transduced with LacZ or EDA-A2 adenoviruses and treated with B022 (5 μ M) for 820 24hr. Protein levels were determined by western blotting. d, Mouse primary myotubes were transduced with 821 adenoviruses expressing wild-type human NIK or the dominant-negative human NIK-K429/430A mutant. Protein 822 levels were determined by western blotting. e,f, Mouse primary myotubes were transduced with adenoviruses 823 expressing LacZ or the NIK-K429/430A mutant and treated with recombinant EDA-A2 (100 ng/ml) for 24hr. Protein 824 levels were determined by western blotting (e) and changes in gene expression were tested by RT-qPCR (n = 3) (f). 825 The values are mean \pm SEM. Statistical analysis was conducted using one-way ANOVA. **p < 0.01, ***p < 0.001, 826 compared with the Ad-LacZ group. ##p < 0.01, ##p < 0.001, compared with the Ad-NIK only group (b). ##p < 0.01827 compares differences between EDA-A2 treatment groups (f).





Extended Data Figure 8. EDA2R-deficient mice are resistant to tumor-driven muscle wasting. a-d,j, Mice were 830 inoculated with LLC cells and sacrificed 16 days later (n = 6). Carcass weight without the tumor mass (a) and tumor 831 weight (b) were measured. c, Gene expression levels in tumor samples were measured by RT-qPCR (n = 6). d, Plasma 832 CRP levels were determined by ELISA (n = 6). e-i, k-l, Mice were inoculated with B16 cells and sacrificed 14 days 833 later (EDA2R-KO-B16 n = 5, other groups n = 6). Carcass weight without the tumor mass (e) and tumor weight (f) 834 were measured. A decrease in carcass weight was induced by LLC tumors. However, tissue wasting was not reflected 835 in the carcass weight when mice received B16 tumors. Because these tumors cause excessive subcutaneous swelling 836 due to inflammation which masks the wasting. g-i, Gastrocnemius muscle cross-sections were H&E stained (g), cross-837 sectional area (h) and the fiber frequency distribution (i) were measured. The scale bar is $100 \mu m. j$, Quadriceps muscle 838 mRNA levels of the LLC tumor-bearing mice were tested by RT-qPCR (n = 6). k,l, Gastrocnemius muscle (k) and 839 quadriceps muscle (I) mRNA levels of the B16 tumor-bearing mice were determined by RT-qPCR (EDA2R-KO-B16

840 n = 5, other groups n = 6). The values are mean \pm SEM. Statistical analysis was conducted using two-way ANOVA. 841 *p < 0.05, **p < 0.01 compares differences between tumor-bearing and non-tumor-bearing mice of the same genotype. 842 #p < 0.05, ##p < 0.01 compares differences between tumor-bearing wild-type and tumor-bearing knockout mice.



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844 Extended Data Figure 9. Muscle-specific depletion of NIK protects from tumor-driven muscle wasting. a. *Nik* 845 mRNA levels were tested by RT-qPCR in various tissues of the Myo-NIK-KO mice (n = 3). b-d, Mice were inoculated 846 with LLC cells and sacrificed 16 days later (Myo-NIK-KO-LLC n = 5, other groups n = 6). Carcass weight without 847 the tumor mass (b) and tumor weight (c) were measured. Quadriceps muscle mRNA levels were tested by RT-qPCR

the tumor mass (**b**) and tumor weight (**c**) were measured. Quadriceps muscle mRNA levels were tested by R1-qPCR (Myo-NIK-KO-LLC n = 5, other groups n = 6) (**d**). Statistical analysis was conducted using the two-tailed *t*-test (**a**) or two-way ANOVA (**b**,**d**). *p < 0.05, **p < 0.01, ***p < 0.001 compares differences between WT and WT-LLC groups.

850 #p < 0.05, ##p < 0.001 compares differences between WT-LLC and Myo-NIK-KO-LLC groups.

Extended Data Figure 10



852 Extended Data Figure 10. OSM induces Eda2r expression in muscle and the depletion of OSMR protects from 853 muscle wasting. a, Mouse primary myotubes were treated with recombinant TNFa, IL-6, LIF and OSM (250 ng/ml 854 each). mRNA levels were determined by RT-qPCR (n = 3). b-c, Mouse primary myotubes were treated with 855 recombinant OSM and EDA-A2 (250 ng/ml each) for 48 hr. Myotubes also treated with the GFP adenovirus were 856 visualized under the fluorescence microscope. The scale bar is 50 μ m (b). Average myotube diameter was measured 857 (n = 3) (c). d, OSMR levels in gastrocnemius muscle were determined by immunohistochemistry. e-h, Mice were 858 inoculated with LLC cells and sacrificed 16 days later (WT-LLC n = 5, other groups n = 6). Carcass weight without 859 the tumor mass (e) and tumor weight (f) were measured. Collected adipose tissues were weighed (g). Quadriceps 860 muscle mRNA levels were tested by RT-qPCR (WT-LLC n = 5, other groups n = 6) (h). The values are mean \pm SEM. Statistical analysis was conducted using one-way ANOVA (**a**,**c**) and two-way ANOVA (**h**). **p < 0.01, ***p < 0.001861 compared to the control group (**a**,**c**). #op < 0.06 compared to the OSM group (**c**). **p < 0.01 compares differences 862

between WT and WT-LLC groups #p < 0.05 compares differences between WT-LLC and Myo-OSMR-KO-LLC groups (**h**).