Helminth-derived metabolites induce tolerogenic functional, metabolic, and

transcriptional signatures in dendritic cells that attenuate experimental colitis

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Summary Sentence: Metabolites produced by *Heligmosomoides polygyrus* induce metabolic and

transcriptional changes in DCs consistent with tolDCs, and adoptive transfer of these DCs

attenuated DSS-induced intestinal inflammation.

ABSTRACT

Inflammatory bowel diseases (IBD) are chronic inflammatory diseases in which abdominal pain, bloody diarrhea, weight loss, and fatigue collectively result in diminished quality of patient life. The disappearance of intestinal helminth infections in Western societies is associated with an increased prevalence of IBD and other immune-mediated inflammatory diseases. Evidence indicates that helminths induce tolerogenic dendritic cells (tolDCs), which promote intestinal tolerance and attenuate intestinal inflammation characteristic of IBD, but the exact mechanism is unclear. Helminth-derived excretory-secretory (HES) products including macromolecules, proteins, and polysaccharides have been shown to modulate the antigen presenting function of DCs with down-stream effects on effector $CD4^+$ T cells. Previous studies indicate that DCs in helminth-infected animals induce tolerance to unrelated antigens and DCs exposed to HES display phenotypic and functional features of tolDCs. Here, we identify that nonpolar metabolites (HnpM) produced by a helminth, the murine gastrointestinal nematode *Heligmosomoides polygyrus bakeri* (Hpb), induce tolDCs as evidenced by decreased LPS-induced TNF and increased IL-10 secretion and reduced expression of MHC-II, CD86, and CD40. Furthermore, these DCs inhibited OVA-specific $CD4^+$ T cell proliferation and induced $CD4^+Foxp3^+$ regulatory T cells. Adoptive transfer of HnpM-induced tolDCs attenuated DSS-induced intestinal inflammation characteristic of IBD. Mechanistically, HnpM induced metabolic and transcriptional signatures in BMDCs consistent with tolDCs. Collectively, our findings provide groundwork for further investigation into novel mechanisms regulating DC tolerance and the role of helminth secreted metabolites in attenuating intestinal inflammation associated with IBD.

INTRODUCTION

Inflammatory bowel diseases (IBD) such as Crohn's disease and ulcerative colitis (UC) are characterized by symptoms of watery or bloody diarrhea, abdominal pain, fatigue, weight loss, and significantly diminished patient quality-of-life[1, 2]. In genetically-prone individuals, environmental factors contribute to dysregulated intestinal tolerance, leading to immune responses to foreign antigens that are usually innocuous[3]. This dysregulated tolerance results in exaggerated CD4$^+$ Th$_1$ and Th$_{17}$ cell responses[4-8], and, in some cases, atypical Th$_2$ responses[9, 10].

Evidence indicate that a broad range of helminth species induce intestinal tolerance and inhibit intestinal inflammation by modulating CD4$^+$ Th cell responses. In particular, lamina propria (LP) T cells from wild-type (WT) C57Bl/6 (B6) mice infected with *Heligmosomoides polygyrus bakeri* (Hpb), a murine gastrointestinal nematode, secrete high levels of the regulatory cytokines IL-10 and TGF-β[11]. Furthermore, T cells from the mesenteric lymph nodes (MLN) of Hpb-infected WT B6 mice alleviate established intestinal inflammation when transferred into IL-10$^{-/-}$ recipients[12]. Interestingly, Hpb infection mitigates the Th$_1$/Th$_{17}$-driven intestinal inflammation observed in IL-10$^{-/-}$ mice[12, 13]. Infections with various helminth species including Hpb also protect mice from chemically induced intestinal inflammation[13-18].

CD4$^+$ Th cell responses are shaped by antigen presenting cells (APCs) especially dendritic cells (DCs), which also promote immune tolerance by influencing CD4$^+$ T cell responses via inducing T cell depletion, T cell anergy, and regulatory T cells (T$_{regs}$)[19, 20]. A potential mechanism by which helminths indirectly shape CD4$^+$ Th cell responses is by their ability to modulate DC function. Importantly, monocyte-derived DCs from patients with helminth infections[21] and DCs from mice with experimental helminth infections induce tolerance to

unrelated antigens[22]. Moreover, helminths release molecules that shift DCs toward a tolerogenic

DC (tolDC) phenotype, which modulate CD4^{+} Th cell polarization and inhibit experimental

intestinal inflammation[23-25]. Helminth-derived products induce distinct DC phenotypes in

terms of co-stimulatory molecule expression, cytokine production, and signaling pathways[25-27].

Thus, it is critical to identify molecules in the helminth secretome and characterize their

immunomodulatory effects, especially their ability to induce novel tolerogenic pathways. Previous

studies have identified important phenotypic and functional changes in DCs and macrophages in

response to secretome components, including macromolecules, proteins, and polysaccharides, of

various helminths. Here, we investigated the responses of DCs to metabolites in the excretory-

secretory products of Hpb adult worms by characterizing the functional, metabolic, and

transcriptional signatures of DCs treated with Hpb-derived metabolites. We also determined the

effects of these DCs on CD4^{+} Th cell responses *in vitro* and their therapeutic effects *in vivo* on

experimental colitis in mice induced by administration of DSS, a widely used method to induce

intestinal inflammation.

RESULTS & DISCUSSION

Hpb-derived non-polar metabolites (HnpM) induce a tolerogenic DC phenotype

Engagement of TLR4 expressed on DCs by bacterial lipopolysaccharide (LPS) initiates a

complex signaling cascade and the release of proinflammatory cytokines including TNF, IL-6, IL-

8, and IL-1β[28]. To investigate if helminth-derived metabolites induce tolDCs, we isolated polar

(HpM) and nonpolar (HnpM) metabolites from Hpb culture supernatants using chromatography.

We first questioned if HpM and HnpM metabolites induce a tolerogenic phenotype in DCs by

determining changes in proinflammatory and immunoregulatory cytokine secretion. Bone

marrow-derived DCs (BMDC) were prepared from B6 mice and cultured in the presence of HnpM

or HpM for 20 h and stimulated subsequently with 100 ng/ml LPS for 4 h **(Fig. 1a)**. Mock purified

polar and non-polar fractions from media without Hpb were used as negative controls. As

expected, LPS induced BMDC to secrete high levels of TNF **(Fig. 1b)**. Remarkably, TNF

production was significantly reduced when BMDCs were incubated with HnpM compared to LPS

alone, the HpM fraction, or polar/nonpolar controls. BMDCs treated with HnpM and stimulated

with LPS had significantly enhanced IL-10 production compared to LPS alone; there were no

changes in IL-10 production by BMDCs pre-treated with HpM or polar/nonpolar controls **(Fig.**

1b). It should be noted that in the absence of LPS stimulation, neither HpM nor HnpM altered

BMDC secretion of TNF or IL-10 (data not shown). The TNF/IL-10 ratio was more than 2-fold

higher in HnpM-treated compared to control BMDCs after LPS stimulation **(Fig. 1c)**. Together,

these data suggest that HnpM present in HES produced by Hpb induced a cytokine profile in

BDMCs characteristic of tolDCs. There are conflicting reports regarding the ability of helminth

products to modulate TLR-dependent pathways in DCs. For instance, *Schistosoma mansoni*

soluble egg antigen has been shown to suppress MyD88-dependent and independent pathways

leading to IL-12p40 production induced by engaging TLR3, TLR4, or TLR9[29]. We have shown

previously that unfractionated HES from Hpb suppresses IL-12p70 as well as IL-10 secretion by

BMDCs following TLR4 or TLR9 ligation[23]. Thus, it is likely that different helminth species

secrete various molecules that have diverse effects on DC cytokine secretion and other functions.

In addition to cytokines produced by antigen presenting cells (APC) including DCs, activation

of CD4^{+} T cells as fully licensed effector cells requires T cell receptor (TCR) signaling initiated

by binding to cognate peptide-MHC complexes expressed by DCs and co-stimulatory molecule

expression. TolDCs are known to express low levels of MHC complexes and co-stimulatory

molecules[30]. BMDCs pre-treated for 20 h with HnpM had significantly reduced expression of

MHC-II and the co-stimulatory molecules CD86 and CD40 **(Fig. 1d, 1e)**. Moreover, CD11c$^+$ DCs

isolated from the spleens of mice treated i.p. with HnpM once daily for 3 days also had reduced

expression of MHC-II, CD86, and CD40, an observation that corroborates our *in vitro* findings in

BMDCs treated with HnpM **(Fig. 1f, 1g)**.

To functionally assess the tolerogenic capacity of DCs treated *in vitro* with HnpM, we

investigated if these DCs inhibited antigen-specific CD4$^+$ T cell proliferation using the OT-II

transgenic mouse model. HnpM-treated DCs were pulsed with OVA or the OT-II peptide 323-339

for 6 h and co-cultured with purified CFSE-labelled OT-II CD4$^+$cells for 72 h. HnpM-treated DCs

signifantly suppressed OVA-specific CD4$^+$ T cell proliferation **(Fig. 1h-1j)**. In addition, CD4$^+$ T

cells co-cultured with HnpM-treated DCs displayed increased polarization towards Treg cells that

expressed Foxp3 **(Fig. 1k, 1l)**.

HnpM induce metabolic changes in DCs

Since metabolic reprogramming of immune cells is closely intertwined with inflammatory and

tolerogenic responses, we next sought to determine if a unique metabolic signature distinguishes

HnpM-induced tolDCs. We performed untargeted metabolomics on supernatants harvested from

BMDCs treated with PBS or HnpM for 4 and 20 h **(Fig 2a)**. As the identity and chemical

composition of most host metabolites are still undefined, our aim was to identify a comprehensive

molecular weight profile of HnpM-treated DCs to pinpoint potentially new metabolite biomarkers.

Using this unbiased approach, we observed that supernatants harvested from BMDCs treated with

HnpM contained 1,992 unique metabolite peaks **(Sup. File)**. To create a hierarchy of relevant

metabolic changes, the peaks were selected using a 2-fold change cut-off against cell-free media

control samples, in which 227 peaks were identified **(Sup. File)**. Data were analysed using

MetaboAnalyst; interquartile range (IQR) filtering reduced the number of peaks to 225 in the

supernatants of HnpM-treated DCs. Principal component analysis (PCA) indicated that BMDCs

treated with HnpM for 4 h formed clusters distinct from control BMDCs **(Fig. 2c)**. Curiously, DCs

that were exposed to HnpM for 20 h clustered together independently of pre-treatment with HnpM.

Moreover, a similar pattern was observed by heatmap analysis of peaks clustered by similarity

(Fig. S1a, S1b).

As the metabolite analysis of DCs treated with HnpM for 20 h did not reveal meaningful

differences, we pursued further analysis focusing on the 4 h group. Statistical analyses indicated a

downregulated clustering of metabolites **(Fig. S1c)** as shown in the heatmap of the top 50 most

enriched metabolites **(Fig. 2b)**. Volcano plot analysis showed a total of 17 downregulated

metabolites, as opposed to only one upregulated metabolite of the 225 total peaks analyzed **(Fig.**

S1d). Functional analyses were performed to infer pathways related to the differentially enriched

metabolites by using Mummichog enrichment and KEGG database. The results predicted a total

of 29 pathways and 43 matched compounds **(Sup. File)**. Scatter plot test of significant peaks

revealed two differentially enriched pathways: sphingolipid metabolism and terpenoid backbone

metabolism with the metabolite, C00418, a potential match to mevalonic acid (3,5-dihydroxy-3-

methylvaleric acid), according to the KEGG compound database **(Fig. 2d)**. Interestingly,

sphingolipid metabolism has been associated with the resolution phase of inflammatory responses

in human macrophages as shown by sharp increases in glycosphingolipids and cholesteryl esters

during this phase[31]. Furthermore, sphingolipid metabolism is essential for DC activation and

secretion of pro-inflammatory cytokines in response to stimulation by TLR ligands[32]. In

particular, the mevalonate pathway has been implicated in DC maturation as evidenced by

increased expression of MHC class II and CD40 by DC and increased cytokine production[33].

Together, these data support the conclusion that the metabolic profile induced in DCs by treatment

with HnpM is consistent with HnpM interference in DC activation leading to polarization of DCs

to a tolerogenic phenotype.

HnpM induce a unique transcriptomic signature in DCs

Previous studies have shown that immunogenic DCs and tolDCs express distinct

transcriptional profiles[34, 35]. Using matched samples of DCs from the metabolomic study, we

compared the transcriptional profiles of HnpM-treated and control DCs at 4 and 20 h using RNA

sequencing **(Fig. 2a)**. Differential expression analysis of HnpM-treated BMDCs against control

samples showed that DCs treated with HnpM for 4 h did not present any statistically significant

changes in gene expression **(Fig. S2a)**. Conversely, DCs treated with HnpM for 20 h had 183

significantly upregulated and 76 significantly downregulated genes **(Fig. 3a, 3b; Sup. File)**. The

differences in the metabolome at 4 h and changes in gene expression at 20 h suggest that HnpM

initially induced a metabolic shift that does not require gene regulation, that is, the metabolic shift

preceded HnpM-induced changes in gene expression. Indeed, previous studies indicate that

metabolism may regulate gene expression. DNA and histones are modified by different

modulators, such as histone-modifying enzymes, chromatin-remodelling complexes, and

transcription regulators. The enzymatic activities of these modifiers are regulated by metabolism

via production of metabolites and metabolic enzymes[36]. Thus, the changes in metabolites and

gene expression that we observed in HnpM-treated BMDCs may be important signatures of tolDCs

induced by metabolites produced by Hpb and other helminths.

Gene ontology (GO) annotation and pathway enrichment ontology clusters with network layouts of representative terms of the upregulated genes revealed statistically enriched terms, showing significant features associated with immune responses, including exogenous antigen processing and presentation, cell signaling, and regulation of cytokine production as well as the adaptive immune response **(Fig. 3c; Sup. File)**. The protein-protein interactions (PPI) and MCODE algorithms were applied to this network to identify neighborhoods where proteins are densely connected. This analysis strongly confirmed features related to exogenous antigen presentation by MHC-II **(Fig. S2b, S2c)**. Enrichment ontology clusters and network layouts for the downregulated genes showed significance in genes related to cell proliferation, including mitotic cell cycle and cytokinesis **(Fig. 3d, Fig. S2d-S2g, and Sup. File)**.

GSEA analysis revealed that the differentially expressed genes identified in BMDCs treated with HnpM had significant similarities with genes previously identified to be upregulated in dexamethasone-[37] and vitamin D3-induced[38] tolDCs **(Fig. 3e, Fig. S2h, S2i, Supp. File)**. Of note, there were common genes in the barcode leading-edge genes (**Sup. File**). Upregulated genes identified in our transcriptomics and enrichment ontology clusters indicated these genes are involved in regulating the inflammatory response **(Fig. S2j)**. Moreover, integrative analysis of transcriptional and metabolic signatures showed relevant and statistically significant pathways related to the regulation of immune responses, including antigen processing and presentation, differentiation of Th_1 and Th_2 cells, D-arginine and D-ornithine metabolism, and the PI3K-Akt signaling pathway **(Fig. 3f and Sup. File)**. Previous studies showed that subsets of DCs have molecular signatures including those involved in immune system processes, cell differentiation, metabolism, and cell death which are associated with their activation status. For example, the expression of critical genes, such as macrophage galactose N-acetyl-galactosamine (*Mgl2)*,

cadherin-1 (*Cdh1*), CD137 (*TNF-asf9*), and RhoB (*RhoB*) were observed to change markedly with

DC maturation[39]. Of note, our GSEA analysis displayed remarkable similarity in HnpM-treated

DCs to differentially expressed genes in tolDCs. Together, these findings may lead to the

identification of a helminth-induced tolerogenic transcriptional signature in DCs and expand our

understanding of the interactions between the helminth secretome and host immune tolerance.

Adoptive transfer of HnpM-treated DCs alleviates intestinal inflammation in experimental

colitis

Recently, progress in the development of pharmaceutical strategies to attenuate intestinal

inflammation characteristic of IBD has been noteworthy including immunosuppressive therapies,

such as anti-cytokine monoclonal antibodies, and antibiotic therapy to control microbiota species

and abundance[45,46]. Importantly, there is no available treatment to date to rescue or induce

tolerance to alleviate intestinal inflammation and modulate disease severity. As described above,

TNF secretion by HnpM-treated BMDC was significantly decreased *in vitro* in response to LPS

stimulation together with increased IL-10 production. We also observed that exposure of DCs *in*

vitro or *in vivo* to HnpM resulted in reduced expression of MHC-II and co-stimulatory molecules

by BMDCs and splenic DCs, respectively. Co-culture of HnpM-treated BMDCs dramatically

reduced OVA-specific CD4$^+$ T cell proliferation and increased the frequency of Foxp3$^+$ Tregs.

These observations prompted us to investigate the tolerogenic potential of HnpM-treated BMDCs

in mice with DSS-induced intestinal inflammation. B6 mice administered 3% DSS in drinking

water for 5 days[40] were injected i.p. with either 1 x 10^6 control BMDCs or HnpM-treated

BMDCs. Mice adoptively transferred with HnpM-treated DCs displayed significant reductions in

disease activity score (DAS), colon shortening, and weight loss **(Fig. 4a-4c)**. Histopathological

analysis indicated decreased loss of intestinal parenchyma and significantly less tissue damage in

the mid-distal colon **(Fig. 4d)**. We have previously reported that adoptively transferred

BMDCs[41] or macrophages[42] migrate to the spleen, MLN, and GI tract of recipient mice where

they can interact with T cells. In previous work, we confirmed that adoptively transferring

regulatory/tolerogenic APCs, such as macrophages, which migrate to secondary lymphoid organs

and interact with T cells to alleviate intestinal inflammation[42]. Others demonstrated that

adoptive transfer of tolDCs[43] effectively blocked dinitrobenzene sulfonic acid (DNBS)-induced

intestinal inflammation in immunocompetent mice. In contrast, adoptive transfer of tolDCs was

ineffective in Rag$^{-/-}$ mice with DNBS-induced colitis, indicating interaction between tolDCs and

T cells is critical to alleviate intestinal inflammation characteristic of IBD.

CONCLUSION

Tolerogenic DCs (tolDCs) promote immune homeostasis and tolerance by influencing CD4$^+$

Th cell responses via various mechanisms including inducing Foxp3$^+$ Tregs[19-22]. Recent studies

indicate that different functional classes of DCs are marked by distinct phenotypic, molecular and

transcriptional profiles, which translate to a diversity of immunological functions among DC

subsets. Collectively, our findings demonstrate that DC maturation and function are influenced by

exposure to HnpM produced by adult stage Hpb. Treatment with HnpM *in vitro* or *in vivo* induced

tolerogenic features in DCs including modulating their cytokine secretion in response to the TLR4

agonist LPS and expression of MHC-II, CD86, and CD40 responses associated with inhibition of

antigen-specific, effector CD4$^+$ T cell responses and induction of Foxp3$^+$ Tregs. Importantly,

adoptive transfer of HnpM-induced tolDCs resulted in dramatic reduction in intestinal

inflammation in DSS-induced colitis in mice. Mechanistically, HnpM induced metabolic and

transcriptional signatures in BMDCs consistent with those established previously for tolDCs[19,

20].

It is likely that metabolites and other molecules released by helminths, which promote tolDCs,

have evolved as an immune evasion mechanism to avoid expulsion by the host and establishment

of a chronic infection characteristic of these parasites. Thus, our findings provide groundwork for

further investigation into novel mechanisms regulating DC tolerance and the role of helminth

secreted metabolites in attenuating intestinal inflammation associated with IBD. Future studies

may uncover novel pathways to induce tolDCs by harnessing information from the list of

metabolites and genes regulated up or down by HnpM presented here, leading to innovative

therapies to treat IBD and other immune-mediated, inflammatory diseases.

AUTHOR CONTRIBUTIONS

Conceptualization, N.L.M., A.N.M., A.J., M.M.S., F.L.; Data Curation, N.L.M., A.N.M., T.S.,

G.F., I.L.K., I.C., A.J., F.L.; Data Analysis, N.L.M., A.N.M., T.S., G.F., I.L.K., I.C., A.J., F.L.;

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N.L.M., A.N.M., E.S., A.G.M., T.S., G.F., I.L.K., I.C., A.J., M.M.S., F.L.; Project Administration,

F.L.; Resources, I.L.K., M.M.S., F.L.; Software, I.C.; Supervision, M.M.S, F.L.; Validation, F.L.;

Visualization, N.L.M., A.N.M.; Writing - Original Draft, N.L.M., A.N.M.; Writing - Review &

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MATERIALS & METHODS

Mice Male BALB/c mice, 8-10 weeks old, and female C57Bl/6 (B6) mice, 6-8 weeks old, obtained from Charles River Laboratories (St. Constant, QC, Canada) and B6 OT-II/Rag$^{-/-}$ mice, 6-8 weeks old, were housed under specific pathogen-free conditions at McGill University. All experiments were approved and conducted in accordance with the guidelines of the Canadian Council on Animal Care.

***H. polygyrus bakeri* (Hpb)-Derived Metabolites** Helminth-derived excretory/secretory (HES) products were obtained as previously described[44]. BALB/c mice were infected with 400-500 infective larvae (L3) of Hpb for 21 days. Adult worms were collected from the small intestine and cultured in RPMI 1640 medium containing 2% w/v glucose, 80 μg/ml gentamicin, 100 U/ml penicillin/streptomycin, and 20 μg/ml polymyxin B for 40 h at 37°C, 5% CO_2. Supernatant was collected, centrifuged at $8000 \times g$ for 10 min at 4°C, and passed through a 0.2 μm filter. Metabolites were separated from proteins and exosomes using a 3 kDa MWCO centrifugation unit (UFC910024, Millipore) and centrifuged at $4000 \times g$ for 40 min at 4°C. Hpb-derived metabolites were further separated into polar (HpM) and nonpolar (HnpM) fractions by chromatography using a C_{18} column. The flow-through containing polar metabolites from the C_{18} column was further subjected to a universal polymeric reversed-phase sorbent containing column (WAT106202, Waters), and the polar metabolites were eluted using acetonitrile at 100% v/v. HpM and HnpM stock fractions were concentrated using a speed vacuum concentrator, resuspended in ultrapure water and maintained at -20°C.

Dendritic Cells Bone marrow-derived dendritic cells (BMDCs) and splenic dendritic cells (DCs) were obtained from B6 mice. Bone marrow cell suspensions were cultured and differentiated in 10 cm petri dishes in complete RPMI 1640 medium supplemented with 10% fetal bovine serum

(FBS), 1% 100X penicillin/streptomycin solution, 1% 100 mM sodium pyruvate, and 20 ng/ml

GM-CSF (StemCell Technologies) for 8 days at 37°C, 5% CO_2. On days 3 and 6, BMDCs were

given an additional 10 ml and 5 ml, respectively, of complete medium containing 20 and 40 ng/ml

GM-CSF. Floating cells were collected and used for all experiments; flow cytometry confirmed

the purity of BMDCs as >90% CD11c$^+$. Aliquots of BMDCs (1 x 10^5) were seeded into 96-well

plates, treated with 50 μg/ml HnpM, 50 μg/ml HpM, or 50 μg/ml polar and nonpolar control mock

extractions in complete RPMI 1640 containing 20 ng/ml GM-CSF and cultured at 37°C, 5% CO_2

for 20 h, washed, and stimulated with LPS (100 ng/ml; Millipore-Sigma) for 4 h. For splenic DCs,

spleens were minced, passed through a 40 μm cell strainer to obtain single cell suspensions, and

red blood cells lysed using ACK lysis buffer (ThermoFisher).

Cytokine ELISAs Supernatants were collected from BMDCS for TNF (R&D Technologies) or

IL-10 (R&D Technologies) quantification. ELISAs were performed according to manufacturer's

instructions.

Immunophenotyping Cultured BMDCs or splenic DCs were treated with Fc block, and labeled

with the following antibodies from BioLegend for 30 min at 4°C: anti-CD45-PeCy7, -CD11c-

FITC), -MHC-II (I-A/I-E)-BV421, -CD40-PE, and -CD86-PerCP mAbs. To quantify CD4$^+$Foxp3$^+$

cells, spleen cells were stained with anti-CD4-FITC mAb (eBioscience), fixed, and permeabilized

using the Foxp3 staining kit (Invitrogen), and stained with anti-Foxp3-Alexa Fluor 488 mAb

(eBioscience) for 30 min at 4°C. Cells were acquired in Attune Nxt flow cytometer (ThermoFisher

Scientific) and analyzed using FlowJo software v.10.2 (Tree Star).

OVA-specific CD4$^+$ T cell proliferation To evaluate OVA-specific CD4$^+$ T cell proliferation,

spleens were harvested from naïve OT-II TCR-transgenic mice, and single cell suspensions were

prepared as described above. CD4$^+$ T cells were isolated using the EasySep Mouse CD4$^+$ T cell

Isolation Kit (StemCell Technologies) according to the manufacturer's instructions. BMDCs were

either untreated or treated with 50 μg/ml HnpM for 24 h prior to co-culture with OT-II CD4$^+$ T

cells. During the last 6 h of culture, BMDCs were pulsed with 250 μg/ml OVA (Sigma) or 10

μg/ml OVA peptide 323-339 (Sigma) at 37°C, 5% CO_2, prior to co-culture for 72 h with purified,

CFSE-labelled (eBioscience) OT-II CD4$^+$ T cells at a final T cell:BMDC ratio of 2:1. Cells were

collected and labelled with anti-CD4-FITC and anti-CD44-APC mAbs (BD Biosciences). Flow

cytometry was used to determine CFSE dilution in gated CD4$^+$CD44$^+$ cells (LSR Fortessa; BD

Biosciences); data were analyzed using FlowJo software.

DSS Treatment Female B6 mice at 6-8 weeks old were provided with 3% w/v DSS (MP

Biomedicals) in drinking water *ad libitum* for 5 days. On day 5, drinking water was changed to

normal drinking water and mice were injected i.p. with 1 x 10^6 vehicle control (PBS) DCs, naïve

DCs, or HnpM-treated DCs. Mice were weighed daily. On day 8, necropsies were performed and

colon lengths, percent weight changes and disease activity scores (DAS) based on a scale of 0-5

were determined as previously described[45].

Histology Mid-distal colon sections were fixed in 10% neutral buffered formalin, embedded in

paraffin wax, and sectioned to 4 μm thickness. Sections were de-paraffinized in two changes of

xylene and rehydrating through graded ethanol solutions (100%, 95%, 70% EtOH) and distilled

H_2O. Sections were stained in Gills II hematoxylin (Leica Biosystems) for 5 minutes and rinsed in

warm tap water for 5 minutes and counter-stained in eosin (Leica Biosystems) for 1 min followed

by 1 min in distilled H_2O. Slides were dehydrated through reverse graded ethanol solutions (70%,

95%, 100% EtOH) and cleared in two changes of xylene before mounting overnight with Permount

(Fisher Scientific). Brightfield microscopy on mid-distal histological sections was performed

using a 100X objective on an EVOS XL Cell Imaging System (ThermoFisher Scientific) in which

5 mid-distal colon sections per mouse per group were blindly assessed using a validated 12-point

scoring system[45].

Metabolomics and Transcriptomics As shown in **Fig. 2a**, matched BMDCs prepared and treated

with HnpM for 4 and 20 h were used for metabolomics and transcriptomics. For metabolomics,

supernatants and cell-free media controls were collected and incubated with ice-cold HPLC-grade

methanol for 30 min on ice, centrifuged at $10,000 \times g$ for 10 min at 4°C, and stored at -80°C until

analysis. For transcriptomics, RNA from HnpM-treated and control BMDCs was extracted with

TRIzol (Life Technologies) and chloroform and precipitated with isopropanol and extracted using

PureLink RNA Micro Scale Kit (ThermoFisher).

Metabolomic profiling The profiling of nonpolar metabolites was performed at the UVic-Genome

BC Proteomics Centre by LC-MS/MS analysis of the deproteinated conditioned media by injecting

3 mL of sample onto a Dionex UHPLC system equipped with an Agilent Eclipse C_{18} (2.1 × 15

mm, 1.8 mm) column incubated at 45°C. Metabolites were resolved with a 30 min linear running

0-80% using the buffer system 0.05% formic acid and 0.05% formic acid in acetonitrile at a flow

rate of 300 mL/min. The column effluent was introduced by electrospray ionization onto a Velos

LTQ Orbitrap Analyzer (Thermo Scientific) using a spray voltage of 3.6 kV, a source heater

temperature of 350°C, and a sheath gas flow of 40 l/min. Survey scans were performed using the

Orbitrap mass spectrometer and the 10 most intense ions were selected for fragmentation using a

30-40 V-stepped collision-induced dissociation energy. Fragmentation products were analyzed in

the linear ion trap mass spectrometer. Fragmentation was used to perform an online search using

the XCMS database (https://xcmsonline.scripps.edu) to identify possible metabolites.

Following peak profiling, 2-fold change enriched peaks (compared to control samples, i.e.,

samples with media only) were selected to perform statistical and functional interpretation using

MetaboAnalyst 5.0 (https://www.metaboanalyst.ca/)[46]. Data were analyzed using interquartile

range (IQR) and normalized by doing a $\log_{10}$ transformation. Principal component (PC) analysis,

volcano plot (2-fold change threshold, 0.1 p-value threshold, and equal group variance), and

heatmap (with Euclidean distance measure and Ward clustering algorithm with clustered group

samples) were performed. Peak annotations were further analyzed using Mummichog algorithm

and KEGG database for functional interpretation.

RNA sequencing

RNA sequencing of poly-A enriched RNAs was performed at Centre d'expertise et de services

Génome Québec, as previously described[47]. Briefly, libraries were sequenced by Illumina RNA-

Seq Libraries on two experimental replicates for each experiment. Reads alignment and gene ID

mapping were performed using Bowtie2 and HTSeq, respectively, against the Genome Reference

Consortium Mouse Build 38 patch release 6 (GRCm38.p6) database. Read counts were obtained

with featureCounts from package subread and differential gene expression was obtained using

EdgeR with a quasi-likelihood negative binomial generalized log-linear model likelihood ratio test.

One count per million (CPM) minimum per gene, or five counts per gene in the smallest library,

and counts represented by at least two replicate libraries were required for a gene to be considered

for analysis. Genes were considered differentially expressed if the fold changes were ≥ 2 and $p \leq$

0.05. Further GSEA tests were performed using the fgsea and gage packages in R. Gene sets were

constructed with genes differentially expressed up and down. Gene sets were analyzed using

published data on tolerogenic and inflammatory DCs **(Supp. File)**[39, 48, 49]. Gene sets are

represented as a barcode plot using the Limma package in R.

Statistical analysis Statistical analyses of metabolomic and transcriptomic data are described in

each corresponding method sections. All other data are presented as boxplots indicating the median

(center line), upper and lower box bounds (IQR = first and third quartiles), and whiskers (minimum

and maximum values), with individual data points superimposed onto the boxplot. Normality of

datasets were tested using the Kolmogorov-Smirnoff test. Data that were normally distributed were

analyzed by one-way ANOVA with appropriate post-hoc tests. Unpaired data were compared

using two-tailed unpaired Student's *t* test. Statistical analysis was performed using GraphPad

Prism v.9.3.1, and significance was assumed for $p < 0.05$.

 FIGURE LEGENDS

Figure 1. Helminth-derived nonpolar metabolites (HnpM) induce a tolerogenic phenotype in DCs

(a) Experimental design workflow. Created in BioRender.

(b) TNF and IL-10 secreted protein quantified by ELISA from BMDCs either untreated controls or treated with 50 μg/ml helminth-derived polar metabolites (HpM), 50 μg/ml HnpM, or 50 μg/ml of mock-extracted polar/nonpolar media controls for 20 h, and then stimulated with 100 ng/ml LPS for 4 h. Data are represented as boxplots and analyzed by one-way ANOVA with Holm-Sidak multiple comparisons: ****$p<0.0001$, ***$p<0.001$, n=4 biological replicates for BMDCs from 4 individual mice per group.

(c) Ratio of secreted TNF/IL-10 based on data presented in Figure 1a. Data are represented as boxplots and analyzed by unpaired t test: $p=0.0022$, n=4 individual mice per group.

(d) Gating strategy used to assess CD45/CD11c$^+$ BMDC populations.

(e) FACS analysis of MHC-II, CD86, and CD40 expression assessed by BMDCs were treated with vehicle control (PBS) or 50 μg/ml HnpM for 20 h. Data are represented as boxplots and analyzed by unpaired t test: $p=0.0447$, $p=0.0391$, $p=0.0007$, for MHC-II, CD86 and CD40, respectively. n=4 biological replicates for BMDCs from 4 individual mice/group that were isolated, differentiated, and treated as described.

(f) Gating strategy used to assess splenic CD45/CD11c$^+$ DC populations.

(g) Splenic DC surface expression of MHC-II, CD86, and CD40 assessed by flow cytometry. Mice were injected i.p. with 25 μg HnpM or PBS as a control per day for 3 days and splenic DCs were isolated for flow cytometry. Data are represented as boxplots and analyzed by unpaired t test: $p=0.0260$, $p=0.0194$, $p=0.0066$, for MHC-II, CD86 and CD40, respectively. n=biological replicates of splenic DCs from 5 individual mice per group.

(h) Gating strategy used to assess the proliferation of CD4$^+$CD44$^+$ T cells co-cultured with either control (PBS) or HnpM-treated BMDCs for 72 h. Plots indicate the CFSE$^+$ cells in gated CD4$^+$CD44$^+$T cells.

(i) Data presented as mean fluorescence intensity of CSFE dye dilution in gated CD4$^+$CD44$^+$ T cells and the percentage of cells undergoing > 3 cell divisions.

(j) Histogram of the percentage of CD4$^+$CD44$^+$ T cells undergoing > 3 cell divisions. Data are represented as bar graphs with experimental replicate data points and analyzed by paired *t* test:

p=0.0001 (top), p=0.0429 (bottom). n=3 biological replicates for CD4$^+$CD44$^+$ T cells obtained

from 3 individual OT-II mice.

(k) Gating strategy used to assess Foxp3$^+$ populations in gated CD4$^+$ T cells co-cultured with

control or HnpM-treated BMDCs.

(l) CD4$^+$ T cell expression of Foxp3 assessed by flow cytometry. BMDCs were treated with either

vehicle control (PBS) or 50 µg/ml HnpM for 20 h, and co-cultured for 48 h with OT-II CD4$^+$

T cells isolated from spleen by negative selection using magnetic beads. Data are represented

as boxplots and analyzed by unpaired t test: p= 0.0077, n=6 biological replicates of BMDCs

from 4 individual mice per group.

Figure 2. Helminth-derived nonpolar metabolites (HnpM) induce metabolic changes in

BMDCs.

(a) Experimental design workflow schematic of matched metabolomics and transcriptomics

experiments. BMDCs were isolated and differentiated with 20 ng/ml GM-CSF and treated with

HnpM or vehicle control (PBS) for 4 and 20 h. The supernatants were collected for untargeted

metabolomics analysis and mRNA was extracted for RNA sequencing. n=biological replicates

from 3 individual mice per group of BMDCs. Graphic created in BioRender.

(b) Heatmap of top 50 statistically enriched peak intensities at 4 h. Hierarchical clustering of

metabolite concentrations with a higher enrichment (red) and lower enrichment (blue) were

determined by Euclidean distance measuring and Ward clustering algorithms.

(c) Principal component (PC) analysis was performed using the prcomp package. The calculation

was based on singular value decomposition and the Rscript chemometrics. The 2-D score plots

between selected PCs are shown and the respective variances are provided.

(d) Scatter plot of inferred pathways with potential matched compounds. The peak annotations

were performed using the Mummichog algorithm and the KEGG database was used for

functional interpretation.

Figure 3. Helminth-derived nonpolar metabolites (HnpM) induce a unique transcriptomic

signature in BMDCs.

Data for BMDCs treated with HnpM or vehicle control (PBS) for 20 h are presented. RNA was

extracted as described in Materials and Methods for RNA sequencing by Illumina RNA-seq. Reads

alignment and gene ID mapping were performed using Bowtie2 and HTSeq, respectively, against

the Genome Reference Consortium Mouse Build 38 patch release 6 (GRCm38.p6) database.

(a) Venn diagram and **(b)** volcano plot for differentially expressed genes at 20 h. Read counts

were obtained with Get_ReadCount.py and differential gene expression was obtained using

EdgeR with a likelihood ratio test. Genes were considered differentially expressed if the fold

change ≥ 2 and $p \leq 0.05$.

(c) GO annotation and pathway enrichment. All statistically enriched terms were identified based

on the default choices under accumulative hypergeometric p-values and enrichment factors

were calculated and used for filtering. Remaining significant terms were then hierarchically

clustered into a tree based on Kappa-statistical similarities among their gene memberships.

Then 0.3 kappa score was applied as the threshold to cast the tree into term clusters.

(d) Protein-protein interaction (PPI) network among the input genes. A subset of representative

terms from the full cluster was converted into a network layout and each term is represented

by a circular node, where the size is proportional to the number of input genes falling under

that term with similar color representing cluster identity. Terms with a similarity score > 0.3

are linked by an edge and the thickness of the edge represents the similarity score.

(e) GSEA analysis was performed with phenoTest package in R. Gene sets were constructed with

genes that are differentially expressed up and down. Gene sets were analyzed using published

data on tolerogenic and inflammatory DCs **(Supp. File)** Gene sets are represented using a

barcode plot using the Limma package in R.

(f) Integrative analysis of transcriptional and metabolic signatures. Enrichment analysis by

hypergeometric test and topology measured degree centrality. Combined queries integration

method was performed, and the overviews indicate all matched pathways according to the p

values from the pathway enrichment analysis and pathway impact values from the pathway

topology analysis.

Figure 4. DCs treated with HnpM alleviate DSS-induced intestinal inflammation.

Intestinal inflammation was chemically-induced in B6 mice by administration of 3% DSS in

drinking water for 5 days. On day 5, mice were injected i.p. with PBS as a control or 1 x 10^6 naïve

BMDCs or HnpM-treated BMDCs. Mice without DSS served as a negative control. Control mice

and mice adoptively transferred with BMDCs were sacrificed on day 8 post-DSS and necropsies
were performed to determine the following:

(a) Disease activity scores (DAS) on a scale from 0-5 were determined based on body weight,
colon length, health of the animal, rectal bleeding, and macroscopic appearance of the colon.

(b) Colon lengths in cm.

(c) Percent weight changes were determined on day 8 as a percentage compared to weight before
DSS exposure.

(d) Histopathology scores (left) assessed in 5 sections per mouse per group of H&E-stained mid-
distal colon sections (right).

Data in **Fig. 4a-d** are represented as boxplots and analyzed by one-way ANOVA with Holm-Sidak
multiple comparisons: ****$p<0.0001$, ***$p<0.001$, n=4-5 mice per group.

COMPETING INTERESTS
The authors declare no competing interests.

DATA AVAILABILITY
Source data associated with Figure and Supplemental Figure panels are provided with this paper
as a Source Data file. Metabolite LC-MS data was deposited to Metabolomics Workbench under
accession number ST002230. Transcriptomics data (RNAseq) was deposited to the NCBI
Sequence Read Archive (SRA) under accession number PRJNA856720.

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