1	Helminth-derived metabolites induce tolerogenic functional, metabolic, and
2	transcriptional signatures in dendritic cells that attenuate experimental colitis
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4	Nathalia L. Malacco ¹ *, Aubrey N. Michi ^{2,3} *, Elizabeth Siciliani ¹ , Ana G. Madrigal ¹ , Tamara
5	Sternlieb ¹ , Ghislaine Fontes ⁴ , Irah L. King ⁴ , Igor Cestari ¹ , Armando Jardim ¹ , Mary M.
6	Stevenson ^{1,4} , Fernando Lopes ⁵
7	
8	¹ Institute of Parasitology, McGill University, Ste-Anne-de-Bellevue, QC, H9X 3V9, Canada
9	² Department of Cancer Biology, Dana-Farber Cancer Institute, Boston, MA, 02215, USA
10	³ Department of Cell Biology, Harvard Medical School, Boston, MA, 02215, USA
11	⁴ Department of Microbiology and Immunology, McGill University, Montreal, QC, H3A 2B4
12	⁵ The Broad Institute of MIT and Harvard, Cambridge, MA, 02142, USA
13	*Equal contribution
14	
15	Correspondence: <u>lopes@broadinstitute.org</u>
16	
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19	Summary Sentence: Metabolites produced by Heligmosomoides polygyrus induce metabolic and
20	transcriptional changes in DCs consistent with tolDCs, and adoptive transfer of these DCs
21	attenuated DSS-induced intestinal inflammation.
22	

23 ABSTRACT

24 Inflammatory bowel diseases (IBD) are chronic inflammatory diseases in which abdominal pain, 25 bloody diarrhea, weight loss, and fatigue collectively result in diminished quality of patient life. 26 The disappearance of intestinal helminth infections in Western societies is associated with an 27 increased prevalence of IBD and other immune-mediated inflammatory diseases. Evidence 28 indicates that helminths induce tolerogenic dendritic cells (tolDCs), which promote intestinal 29 tolerance and attenuate intestinal inflammation characteristic of IBD, but the exact mechanism is unclear. Helminth-derived excretory-secretory (HES) products including macromolecules, 30 31 proteins, and polysaccharides have been shown to modulate the antigen presenting function of DCs 32 with down-stream effects on effector CD4⁺ T cells. Previous studies indicate that DCs in helminth-33 infected animals induce tolerance to unrelated antigens and DCs exposed to HES display 34 phenotypic and functional features of toIDCs. Here, we identify that nonpolar metabolites (HnpM) produced by a helminth, the murine gastrointestinal nematode Heligmosomoides polygyrus bakeri 35 (Hpb), induce toIDCs as evidenced by decreased LPS-induced TNF and increased IL-10 secretion 36 37 and reduced expression of MHC-II, CD86, and CD40. Furthermore, these DCs inhibited OVAspecific CD4⁺ T cell proliferation and induced CD4⁺Foxp3⁺ regulatory T cells. Adoptive transfer 38 39 of HnpM-induced toIDCs attenuated DSS-induced intestinal inflammation characteristic of IBD. 40 Mechanistically, HnpM induced metabolic and transcriptional signatures in BMDCs consistent 41 with tolDCs. Collectively, our findings provide groundwork for further investigation into novel 42 mechanisms regulating DC tolerance and the role of helminth secreted metabolites in attenuating intestinal inflammation associated with IBD. 43

45 INTRODUCTION

Inflammatory bowel diseases (IBD) such as Crohn's disease and ulcerative colitis (UC) are
characterized by symptoms of watery or bloody diarrhea, abdominal pain, fatigue, weight loss, and
significantly diminished patient quality-of-life[1, 2]. In genetically-prone individuals,
environmental factors contribute to dysregulated intestinal tolerance, leading to immune responses
to foreign antigens that are usually innocuous[3]. This dysregulated tolerance results in
exaggerated CD4⁺ Th₁ and Th₁₇ cell responses[4-8], and, in some cases, atypical Th₂ responses[9,
10].

53 Evidence indicate that a broad range of helminth species induce intestinal tolerance and inhibit 54 intestinal inflammation by modulating CD4⁺ Th cell responses. In particular, lamina propria (LP) 55 T cells from wild-type (WT) C57Bl/6 (B6) mice infected with Heligmosomoides polygyrus bakeri 56 (Hpb), a murine gastrointestinal nematode, secrete high levels of the regulatory cytokines IL-10 57 and TGF- β [11]. Furthermore, T cells from the mesenteric lymph nodes (MLN) of Hpb-infected 58 WT B6 mice alleviate established intestinal inflammation when transferred into IL-10^{-/-} 59 recipients[12]. Interestingly, Hpb infection mitigates the Th₁/Th₁₇-driven intestinal inflammation 60 observed in IL-10^{-/-} mice[12, 13]. Infections with various helminth species including Hpb also 61 protect mice from chemically induced intestinal inflammation[13-18].

62 $CD4^+$ Th cell responses are shaped by antigen presenting cells (APCs) especially dendritic 63 cells (DCs), which also promote immune tolerance by influencing $CD4^+$ T cell responses via 64 inducing T cell depletion, T cell anergy, and regulatory T cells (T_{regs})[19, 20]. A potential 65 mechanism by which helminths indirectly shape $CD4^+$ Th cell responses is by their ability to 66 modulate DC function. Importantly, monocyte-derived DCs from patients with helminth 67 infections[21] and DCs from mice with experimental helminth infections induce tolerance to

68 unrelated antigens[22]. Moreover, helminths release molecules that shift DCs toward a tolerogenic 69 DC (tolDC) phenotype, which modulate CD4⁺ Th cell polarization and inhibit experimental 70 intestinal inflammation[23-25]. Helminth-derived products induce distinct DC phenotypes in 71 terms of co-stimulatory molecule expression, cytokine production, and signaling pathways [25-27]. 72 Thus, it is critical to identify molecules in the helminth secretome and characterize their 73 immunomodulatory effects, especially their ability to induce novel tolerogenic pathways. Previous 74 studies have identified important phenotypic and functional changes in DCs and macrophages in 75 response to secretome components, including macromolecules, proteins, and polysaccharides, of 76 various helminths. Here, we investigated the responses of DCs to metabolites in the excretory-77 secretory products of Hpb adult worms by characterizing the functional, metabolic, and 78 transcriptional signatures of DCs treated with Hpb-derived metabolites. We also determined the 79 effects of these DCs on CD4⁺ Th cell responses in vitro and their therapeutic effects in vivo on experimental colitis in mice induced by administration of DSS, a widely used method to induce 80 81 intestinal inflammation.

82

83 RESULTS & DISCUSSION

84 Hpb-derived non-polar metabolites (HnpM) induce a tolerogenic DC phenotype

Engagement of TLR4 expressed on DCs by bacterial lipopolysaccharide (LPS) initiates a
complex signaling cascade and the release of proinflammatory cytokines including TNF, IL-6, IL8, and IL-1β[28]. To investigate if helminth-derived metabolites induce tolDCs, we isolated polar
(HpM) and nonpolar (HnpM) metabolites from Hpb culture supernatants using chromatography.
We first questioned if HpM and HnpM metabolites induce a tolerogenic phenotype in DCs by
determining changes in proinflammatory and immunoregulatory cytokine secretion. Bone

91 marrow-derived DCs (BMDC) were prepared from B6 mice and cultured in the presence of HnpM 92 or HpM for 20 h and stimulated subsequently with 100 ng/ml LPS for 4 h (Fig. 1a). Mock purified 93 polar and non-polar fractions from media without Hpb were used as negative controls. As 94 expected, LPS induced BMDC to secrete high levels of TNF (Fig. 1b). Remarkably, TNF 95 production was significantly reduced when BMDCs were incubated with HnpM compared to LPS 96 alone, the HpM fraction, or polar/nonpolar controls. BMDCs treated with HnpM and stimulated 97 with LPS had significantly enhanced IL-10 production compared to LPS alone; there were no 98 changes in IL-10 production by BMDCs pre-treated with HpM or polar/nonpolar controls (Fig. 99 **1b**). It should be noted that in the absence of LPS stimulation, neither HpM nor HnpM altered 100 BMDC secretion of TNF or IL-10 (data not shown). The TNF/IL-10 ratio was more than 2-fold 101 higher in HnpM-treated compared to control BMDCs after LPS stimulation (Fig. 1c). Together, 102 these data suggest that HnpM present in HES produced by Hpb induced a cytokine profile in 103 BDMCs characteristic of tolDCs. There are conflicting reports regarding the ability of helminth 104 products to modulate TLR-dependent pathways in DCs. For instance, Schistosoma mansoni 105 soluble egg antigen has been shown to suppress MyD88-dependent and independent pathways 106 leading to IL-12p40 production induced by engaging TLR3, TLR4, or TLR9[29]. We have shown 107 previously that unfractionated HES from Hpb suppresses IL-12p70 as well as IL-10 secretion by 108 BMDCs following TLR4 or TLR9 ligation[23]. Thus, it is likely that different helminth species 109 secrete various molecules that have diverse effects on DC cytokine secretion and other functions. 110 In addition to cytokines produced by antigen presenting cells (APC) including DCs, activation 111 of CD4⁺ T cells as fully licensed effector cells requires T cell receptor (TCR) signaling initiated 112 by binding to cognate peptide-MHC complexes expressed by DCs and co-stimulatory molecule 113 expression. TolDCs are known to express low levels of MHC complexes and co-stimulatory

molecules[30]. BMDCs pre-treated for 20 h with HnpM had significantly reduced expression of
MHC-II and the co-stimulatory molecules CD86 and CD40 (Fig. 1d, 1e). Moreover, CD11c⁺ DCs
isolated from the spleens of mice treated i.p. with HnpM once daily for 3 days also had reduced
expression of MHC-II, CD86, and CD40, an observation that corroborates our *in vitro* findings in
BMDCs treated with HnpM (Fig. 1f, 1g).

To functionally assess the tolerogenic capacity of DCs treated *in vitro* with HnpM, we investigated if these DCs inhibited antigen-specific CD4⁺ T cell proliferation using the OT-II transgenic mouse model. HnpM-treated DCs were pulsed with OVA or the OT-II peptide 323-339 for 6 h and co-cultured with purified CFSE-labelled OT-II CD4⁺cells for 72 h. HnpM-treated DCs signifantly suppressed OVA-specific CD4⁺ T cell proliferation (**Fig. 1h-1j**). In addition, CD4⁺ T cells co-cultured with HnpM-treated DCs displayed increased polarization towards Treg cells that expressed Foxp3 (**Fig. 1k, 1l**).

126

127 HnpM induce metabolic changes in DCs

128 Since metabolic reprogramming of immune cells is closely intertwined with inflammatory and 129 tolerogenic responses, we next sought to determine if a unique metabolic signature distinguishes 130 HnpM-induced toIDCs. We performed untargeted metabolomics on supernatants harvested from BMDCs treated with PBS or HnpM for 4 and 20 h (Fig 2a). As the identity and chemical 131 132 composition of most host metabolites are still undefined, our aim was to identify a comprehensive 133 molecular weight profile of HnpM-treated DCs to pinpoint potentially new metabolite biomarkers. 134 Using this unbiased approach, we observed that supernatants harvested from BMDCs treated with 135 HnpM contained 1,992 unique metabolite peaks (Sup. File). To create a hierarchy of relevant 136 metabolic changes, the peaks were selected using a 2-fold change cut-off against cell-free media control samples, in which 227 peaks were identified (Sup. File). Data were analysed using
MetaboAnalyst; interquartile range (IQR) filtering reduced the number of peaks to 225 in the
supernatants of HnpM-treated DCs. Principal component analysis (PCA) indicated that BMDCs
treated with HnpM for 4 h formed clusters distinct from control BMDCs (Fig. 2c). Curiously, DCs
that were exposed to HnpM for 20 h clustered together independently of pre-treatment with HnpM.
Moreover, a similar pattern was observed by heatmap analysis of peaks clustered by similarity
(Fig. S1a, S1b).

As the metabolite analysis of DCs treated with HnpM for 20 h did not reveal meaningful 144 145 differences, we pursued further analysis focusing on the 4 h group. Statistical analyses indicated a 146 downregulated clustering of metabolites (Fig. S1c) as shown in the heatmap of the top 50 most 147 enriched metabolites (Fig. 2b). Volcano plot analysis showed a total of 17 downregulated 148 metabolites, as opposed to only one upregulated metabolite of the 225 total peaks analyzed (Fig. 149 **S1d**). Functional analyses were performed to infer pathways related to the differentially enriched 150 metabolites by using Mummichog enrichment and KEGG database. The results predicted a total 151 of 29 pathways and 43 matched compounds (Sup. File). Scatter plot test of significant peaks 152 revealed two differentially enriched pathways: sphingolipid metabolism and terpenoid backbone 153 metabolism with the metabolite, C00418, a potential match to mevalonic acid (3,5-dihydroxy-3-154 methylvaleric acid), according to the KEGG compound database (Fig. 2d). Interestingly, 155 sphingolipid metabolism has been associated with the resolution phase of inflammatory responses 156 in human macrophages as shown by sharp increases in glycosphingolipids and cholesteryl esters during this phase[31]. Furthermore, sphingolipid metabolism is essential for DC activation and 157 158 secretion of pro-inflammatory cytokines in response to stimulation by TLR ligands[32]. In 159 particular, the mevalonate pathway has been implicated in DC maturation as evidenced by increased expression of MHC class II and CD40 by DC and increased cytokine production[33].
Together, these data support the conclusion that the metabolic profile induced in DCs by treatment
with HnpM is consistent with HnpM interference in DC activation leading to polarization of DCs
to a tolerogenic phenotype.

164

165 HnpM induce a unique transcriptomic signature in DCs

166 Previous studies have shown that immunogenic DCs and tolDCs express distinct 167 transcriptional profiles [34, 35]. Using matched samples of DCs from the metabolomic study, we 168 compared the transcriptional profiles of HnpM-treated and control DCs at 4 and 20 h using RNA 169 sequencing (Fig. 2a). Differential expression analysis of HnpM-treated BMDCs against control 170 samples showed that DCs treated with HnpM for 4 h did not present any statistically significant 171 changes in gene expression (Fig. S2a). Conversely, DCs treated with HnpM for 20 h had 183 172 significantly upregulated and 76 significantly downregulated genes (Fig. 3a, 3b; Sup. File). The 173 differences in the metabolome at 4 h and changes in gene expression at 20 h suggest that HnpM 174 initially induced a metabolic shift that does not require gene regulation, that is, the metabolic shift 175 preceded HnpM-induced changes in gene expression. Indeed, previous studies indicate that 176 metabolism may regulate gene expression. DNA and histones are modified by different 177 modulators, such as histone-modifying enzymes, chromatin-remodelling complexes, and 178 transcription regulators. The enzymatic activities of these modifiers are regulated by metabolism 179 via production of metabolites and metabolic enzymes[36]. Thus, the changes in metabolites and 180 gene expression that we observed in HnpM-treated BMDCs may be important signatures of tolDCs 181 induced by metabolites produced by Hpb and other helminths.

182 Gene ontology (GO) annotation and pathway enrichment ontology clusters with network 183 layouts of representative terms of the upregulated genes revealed statistically enriched terms, 184 showing significant features associated with immune responses, including exogenous antigen 185 processing and presentation, cell signaling, and regulation of cytokine production as well as the 186 adaptive immune response (Fig. 3c; Sup. File). The protein-protein interactions (PPI) and 187 MCODE algorithms were applied to this network to identify neighborhoods where proteins are 188 densely connected. This analysis strongly confirmed features related to exogenous antigen 189 presentation by MHC-II (Fig. S2b, S2c). Enrichment ontology clusters and network layouts for 190 the downregulated genes showed significance in genes related to cell proliferation, including 191 mitotic cell cycle and cytokinesis (Fig. 3d, Fig. S2d-S2g, and Sup. File).

192 GSEA analysis revealed that the differentially expressed genes identified in BMDCs treated 193 with HnpM had significant similarities with genes previously identified to be upregulated in 194 dexamethasone-[37] and vitamin D3-induced[38] tolDCs (Fig. 3e, Fig. S2h, S2i, Supp. File). Of 195 note, there were common genes in the barcode leading-edge genes (Sup. File). Upregulated genes 196 identified in our transcriptomics and enrichment ontology clusters indicated these genes are 197 involved in regulating the inflammatory response (Fig. S2j). Moreover, integrative analysis of 198 transcriptional and metabolic signatures showed relevant and statistically significant pathways 199 related to the regulation of immune responses, including antigen processing and presentation, 200 differentiation of Th₁ and Th₂ cells, D-arginine and D-ornithine metabolism, and the PI3K-Akt 201 signaling pathway (Fig. 3f and Sup. File). Previous studies showed that subsets of DCs have 202 molecular signatures including those involved in immune system processes, cell differentiation, 203 metabolism, and cell death which are associated with their activation status. For example, the 204 expression of critical genes, such as macrophage galactose N-acetyl-galactosamine (Mgl2),

cadherin-1 (*Cdh1*), CD137 (*TNF-asf9*), and RhoB (*RhoB*) were observed to change markedly with
DC maturation[39]. Of note, our GSEA analysis displayed remarkable similarity in HnpM-treated
DCs to differentially expressed genes in tolDCs. Together, these findings may lead to the
identification of a helminth-induced tolerogenic transcriptional signature in DCs and expand our
understanding of the interactions between the helminth secretome and host immune tolerance.

210

Adoptive transfer of HnpM-treated DCs alleviates intestinal inflammation in experimental colitis

213 Recently, progress in the development of pharmaceutical strategies to attenuate intestinal 214 inflammation characteristic of IBD has been noteworthy including immunosuppressive therapies, 215 such as anti-cytokine monoclonal antibodies, and antibiotic therapy to control microbiota species 216 and abundance^{45,46}. Importantly, there is no available treatment to date to rescue or induce 217 tolerance to alleviate intestinal inflammation and modulate disease severity. As described above, 218 TNF secretion by HnpM-treated BMDC was significantly decreased in vitro in response to LPS 219 stimulation together with increased IL-10 production. We also observed that exposure of DCs in 220 vitro or in vivo to HnpM resulted in reduced expression of MHC-II and co-stimulatory molecules 221 by BMDCs and splenic DCs, respectively. Co-culture of HnpM-treated BMDCs dramatically 222 reduced OVA-specific CD4⁺ T cell proliferation and increased the frequency of Foxp3⁺ Tregs. 223 These observations prompted us to investigate the tolerogenic potential of HnpM-treated BMDCs 224 in mice with DSS-induced intestinal inflammation. B6 mice administered 3% DSS in drinking water for 5 days[40] were injected i.p. with either 1 x 10⁶ control BMDCs or HnpM-treated 225 226 BMDCs. Mice adoptively transferred with HnpM-treated DCs displayed significant reductions in 227 disease activity score (DAS), colon shortening, and weight loss (Fig. 4a-4c). Histopathological

228 analysis indicated decreased loss of intestinal parenchyma and significantly less tissue damage in 229 the mid-distal colon (Fig. 4d). We have previously reported that adoptively transferred 230 BMDCs[41] or macrophages[42] migrate to the spleen, MLN, and GI tract of recipient mice where 231 they can interact with T cells. In previous work, we confirmed that adoptively transferring 232 regulatory/tolerogenic APCs, such as macrophages, which migrate to secondary lymphoid organs 233 and interact with T cells to alleviate intestinal inflammation[42]. Others demonstrated that 234 adoptive transfer of toIDCs[43] effectively blocked dinitrobenzene sulfonic acid (DNBS)-induced 235 intestinal inflammation in immunocompetent mice. In contrast, adoptive transfer of toIDCs was ineffective in Rag^{-/-} mice with DNBS-induced colitis, indicating interaction between toIDCs and 236 237 T cells is critical to alleviate intestinal inflammation characteristic of IBD.

238

239 CONCLUSION

240 Tolerogenic DCs (tolDCs) promote immune homeostasis and tolerance by influencing CD4⁺ 241 Th cell responses via various mechanisms including inducing Foxp3⁺ Tregs[19-22]. Recent studies 242 indicate that different functional classes of DCs are marked by distinct phenotypic, molecular and 243 transcriptional profiles, which translate to a diversity of immunological functions among DC 244 subsets. Collectively, our findings demonstrate that DC maturation and function are influenced by 245 exposure to HnpM produced by adult stage Hpb. Treatment with HnpM in vitro or in vivo induced 246 tolerogenic features in DCs including modulating their cytokine secretion in response to the TLR4 247 agonist LPS and expression of MHC-II, CD86, and CD40 responses associated with inhibition of antigen-specific, effector CD4⁺ T cell responses and induction of Foxp3⁺ Tregs. Importantly, 248 249 adoptive transfer of HnpM-induced toIDCs resulted in dramatic reduction in intestinal 250 inflammation in DSS-induced colitis in mice. Mechanistically, HnpM induced metabolic and

transcriptional signatures in BMDCs consistent with those established previously for tolDCs[19,20].

253 It is likely that metabolites and other molecules released by helminths, which promote tolDCs, 254 have evolved as an immune evasion mechanism to avoid expulsion by the host and establishment of a chronic infection characteristic of these parasites. Thus, our findings provide groundwork for 255 256 further investigation into novel mechanisms regulating DC tolerance and the role of helminth 257 secreted metabolites in attenuating intestinal inflammation associated with IBD. Future studies 258 may uncover novel pathways to induce toIDCs by harnessing information from the list of 259 metabolites and genes regulated up or down by HnpM presented here, leading to innovative 260 therapies to treat IBD and other immune-mediated, inflammatory diseases.

261

262 AUTHOR CONTRIBUTIONS

263 Conceptualization, N.L.M., A.N.M., A.J., M.M.S., F.L.; Data Curation, N.L.M., A.N.M., T.S.,

264 G.F., I.L.K., I.C., A.J., F.L.; Data Analysis, N.L.M., A.N.M., T.S., G.F., I.L.K., I.C., A.J., F.L.;

265 Funding Acquisition, M.M.S., F.L.; Investigation, N.L.M., A.N.M., G.F., I.L.K.; Methodology,

266 N.L.M., A.N.M., E.S., A.G.M., T.S., G.F., I.L.K., I.C., A.J., M.M.S., F.L.; Project Administration,

267 F.L.; Resources, I.L.K., M.M.S., F.L.; Software, I.C.; Supervision, M.M.S, F.L.; Validation, F.L.;

268 Visualization, N.L.M., A.N.M.; Writing - Original Draft, N.L.M., A.N.M.; Writing - Review &

269 Editing, N.L.M., A.N.M., E.S., A.G.M, T.S., G.F., I.L.K., I.C., A.J., M.M.S., F.L.

270

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278 MATERIALS & METHODS

Mice Male BALB/c mice, 8-10 weeks old, and female C57Bl/6 (B6) mice, 6-8 weeks old, obtained
from Charles River Laboratories (St. Constant, QC, Canada) and B6 OT-II/Rag^{-/-} mice, 6-8 weeks
old, were housed under specific pathogen-free conditions at McGill University. All experiments
were approved and conducted in accordance with the guidelines of the Canadian Council on
Animal Care.

284 H. polygyrus bakeri (Hpb)-Derived Metabolites Helminth-derived excretory/secretory (HES) products were obtained as previously described[44]. BALB/c mice were infected with 400-500 285 286 infective larvae (L3) of Hpb for 21 days. Adult worms were collected from the small intestine and cultured in RPMI 1640 medium containing 2% w/v glucose, 80 µg/ml gentamicin, 100 U/ml 287 penicillin/streptomycin, and 20 µg/ml polymyxin B for 40 h at 37°C, 5% CO₂. Supernatant was 288 289 collected, centrifuged at 8000 \times g for 10 min at 4°C, and passed through a 0.2 µm filter. 290 Metabolites were separated from proteins and exosomes using a 3 kDa MWCO centrifugation unit (UFC910024, Millipore) and centrifuged at $4000 \times g$ for 40 min at 4°C. Hpb-derived metabolites 291 292 were further separated into polar (HpM) and nonpolar (HnpM) fractions by chromatography using 293 a C_{18} column. The flow-through containing polar metabolites from the C_{18} column was further subjected to a universal polymeric reversed-phase sorbent containing column (WAT106202, 294 295 Waters), and the polar metabolites were eluted using acetonitrile at 100% v/v. HpM and HnpM 296 stock fractions were concentrated using a speed vacuum concentrator, resuspended in ultrapure 297 water and maintained at -20°C.

Dendritic Cells Bone marrow-derived dendritic cells (BMDCs) and splenic dendritic cells (DCs)
were obtained from B6 mice. Bone marrow cell suspensions were cultured and differentiated in
10 cm petri dishes in complete RPMI 1640 medium supplemented with 10% fetal bovine serum

301 (FBS), 1% 100X penicillin/streptomycin solution, 1% 100 mM sodium pyruvate, and 20 ng/ml 302 GM-CSF (StemCell Technologies) for 8 days at 37°C, 5% CO₂. On days 3 and 6, BMDCs were 303 given an additional 10 ml and 5 ml, respectively, of complete medium containing 20 and 40 ng/ml 304 GM-CSF. Floating cells were collected and used for all experiments; flow cytometry confirmed 305 the purity of BMDCs as >90% CD11c⁺. Aliquots of BMDCs (1 x 10^5) were seeded into 96-well 306 plates, treated with 50 µg/ml HnpM, 50 µg/ml HpM, or 50 µg/ml polar and nonpolar control mock 307 extractions in complete RPMI 1640 containing 20 ng/ml GM-CSF and cultured at 37°C, 5% CO₂ 308 for 20 h, washed, and stimulated with LPS (100 ng/ml; Millipore-Sigma) for 4 h. For splenic DCs, 309 spleens were minced, passed through a 40 µm cell strainer to obtain single cell suspensions, and 310 red blood cells lysed using ACK lysis buffer (ThermoFisher).

311 Cytokine ELISAs Supernatants were collected from BMDCS for TNF (R&D Technologies) or
312 IL-10 (R&D Technologies) quantification. ELISAs were performed according to manufacturer's
313 instructions.

Immunophenotyping Cultured BMDCs or splenic DCs were treated with Fc block, and labeled with the following antibodies from BioLegend for 30 min at 4°C: anti-CD45-PeCy7, -CD11c-FITC), -MHC-II (I-A/I-E)-BV421, -CD40-PE, and -CD86-PerCP mAbs. To quantify CD4⁺Foxp3⁺ cells, spleen cells were stained with anti-CD4-FITC mAb (eBioscience), fixed, and permeabilized using the Foxp3 staining kit (Invitrogen), and stained with anti-Foxp3-Alexa Fluor 488 mAb (eBioscience) for 30 min at 4°C. Cells were acquired in Attune Nxt flow cytometer (ThermoFisher Scientific) and analyzed using FlowJo software v.10.2 (Tree Star).

321 OVA-specific CD4⁺ T cell proliferation To evaluate OVA-specific CD4⁺ T cell proliferation,
 322 spleens were harvested from naïve OT-II TCR-transgenic mice, and single cell suspensions were
 323 prepared as described above. CD4⁺ T cells were isolated using the EasySep Mouse CD4⁺ T cell

324 Isolation Kit (StemCell Technologies) according to the manufacturer's instructions. BMDCs were either untreated or treated with 50 µg/ml HnpM for 24 h prior to co-culture with OT-II CD4⁺ T 325 326 cells. During the last 6 h of culture, BMDCs were pulsed with 250 µg/ml OVA (Sigma) or 10 µg/ml OVA peptide 323-339 (Sigma) at 37°C, 5% CO₂, prior to co-culture for 72 h with purified, 327 328 CFSE-labelled (eBioscience) OT-II CD4⁺ T cells at a final T cell:BMDC ratio of 2:1. Cells were 329 collected and labelled with anti-CD4-FITC and anti-CD44-APC mAbs (BD Biosciences). Flow cytometry was used to determine CFSE dilution in gated CD4⁺CD44⁺ cells (LSR Fortessa; BD 330 331 Biosciences); data were analyzed using FlowJo software.

DSS Treatment Female B6 mice at 6-8 weeks old were provided with 3% w/v DSS (MP Biomedicals) in drinking water *ad libitum* for 5 days. On day 5, drinking water was changed to normal drinking water and mice were injected i.p. with 1 x 10⁶ vehicle control (PBS) DCs, naïve DCs, or HnpM-treated DCs. Mice were weighed daily. On day 8, necropsies were performed and colon lengths, percent weight changes and disease activity scores (DAS) based on a scale of 0-5 were determined as previously described[45].

338 Histology Mid-distal colon sections were fixed in 10% neutral buffered formalin, embedded in 339 paraffin wax, and sectioned to 4 µm thickness. Sections were de-paraffinized in two changes of 340 xylene and rehydrating through graded ethanol solutions (100%, 95%, 70% EtOH) and distilled 341 H₂O. Sections were stained in Gills II hematoxylin (Leica Biosystems) for 5 minutes and rinsed in 342 warm tap water for 5 minutes and counter-stained in eosin (Leica Biosystems) for 1 min followed 343 by 1 min in distilled H₂O. Slides were dehydrated through reverse graded ethanol solutions (70%, 344 95%, 100% EtOH) and cleared in two changes of xylene before mounting overnight with Permount 345 (Fisher Scientific). Brightfield microscopy on mid-distal histological sections was performed 346 using a 100X objective on an EVOS XL Cell Imaging System (ThermoFisher Scientific) in which 5 mid-distal colon sections per mouse per group were blindly assessed using a validated 12-pointscoring system[45].

349 Metabolomics and Transcriptomics As shown in Fig. 2a, matched BMDCs prepared and treated 350 with HnpM for 4 and 20 h were used for metabolomics and transcriptomics. For metabolomics, 351 supernatants and cell-free media controls were collected and incubated with ice-cold HPLC-grade 352 methanol for 30 min on ice, centrifuged at $10,000 \times g$ for 10 min at 4°C, and stored at -80°C until 353 analysis. For transcriptomics, RNA from HnpM-treated and control BMDCs was extracted with 354 TRIzol (Life Technologies) and chloroform and precipitated with isopropanol and extracted using 355 PureLink RNA Micro Scale Kit (ThermoFisher).

356 Metabolomic profiling The profiling of nonpolar metabolites was performed at the UVic-Genome 357 BC Proteomics Centre by LC-MS/MS analysis of the deproteinated conditioned media by injecting 358 3 mL of sample onto a Dionex UHPLC system equipped with an Agilent Eclipse C_{18} (2.1 × 15) mm, 1.8 mm) column incubated at 45°C. Metabolites were resolved with a 30 min linear running 359 360 0-80% using the buffer system 0.05% formic acid and 0.05% formic acid in acetonitrile at a flow 361 rate of 300 mL/min. The column effluent was introduced by electrospray ionization onto a Velos 362 LTQ Orbitrap Analyzer (Thermo Scientific) using a spray voltage of 3.6 kV, a source heater 363 temperature of 350°C, and a sheath gas flow of 40 l/min. Survey scans were performed using the 364 Orbitrap mass spectrometer and the 10 most intense ions were selected for fragmentation using a 365 30-40 V-stepped collision-induced dissociation energy. Fragmentation products were analyzed in 366 the linear ion trap mass spectrometer. Fragmentation was used to perform an online search using 367 the XCMS database (https://xcmsonline.scripps.edu) to identify possible metabolites.

368 Following peak profiling, 2-fold change enriched peaks (compared to control samples, i.e.,369 samples with media only) were selected to perform statistical and functional interpretation using

MetaboAnalyst 5.0 (https://www.metaboanalyst.ca/)[46]. Data were analyzed using interquartile range (IQR) and normalized by doing a log₁₀ transformation. Principal component (PC) analysis, volcano plot (2-fold change threshold, 0.1 p-value threshold, and equal group variance), and heatmap (with Euclidean distance measure and Ward clustering algorithm with clustered group samples) were performed. Peak annotations were further analyzed using Mummichog algorithm and KEGG database for functional interpretation.

376 RNA sequencing

377 RNA sequencing of poly-A enriched RNAs was performed at Centre d'expertise et de services 378 Génome Québec, as previously described[47]. Briefly, libraries were sequenced by Illumina RNA-379 Seq Libraries on two experimental replicates for each experiment. Reads alignment and gene ID 380 mapping were performed using Bowtie2 and HTSeq, respectively, against the Genome Reference 381 Consortium Mouse Build 38 patch release 6 (GRCm38.p6) database. Read counts were obtained 382 with featureCounts from package subread and differential gene expression was obtained using 383 EdgeR with a quasi-likelihood negative binomial generalized log-linear model likelihood ratio test. 384 One count per million (CPM) minimum per gene, or five counts per gene in the smallest library, 385 and counts represented by at least two replicate libraries were required for a gene to be considered 386 for analysis. Genes were considered differentially expressed if the fold changes were ≥ 2 and p \leq 387 0.05. Further GSEA tests were performed using the fgsea and gage packages in R. Gene sets were 388 constructed with genes differentially expressed up and down. Gene sets were analyzed using 389 published data on tolerogenic and inflammatory DCs (Supp. File)[39, 48, 49]. Gene sets are 390 represented as a barcode plot using the Limma package in R.

391 Statistical analysis Statistical analyses of metabolomic and transcriptomic data are described in
392 each corresponding method sections. All other data are presented as boxplots indicating the median

- 393 (center line), upper and lower box bounds (IQR = first and third quartiles), and whiskers (minimum
- and maximum values), with individual data points superimposed onto the boxplot. Normality of
- 395 datasets were tested using the Kolmogorov-Smirnoff test. Data that were normally distributed were
- analyzed by one-way ANOVA with appropriate post-hoc tests. Unpaired data were compared
- 397 using two-tailed unpaired Student's *t* test. Statistical analysis was performed using GraphPad
- **398** Prism v.9.3.1, and significance was assumed for p < 0.05.

399 FIGURE LEGENDS

400 Figure 1. Helminth-derived nonpolar metabolites (HnpM) induce a tolerogenic phenotype in

- 401 DCs
- 402 (a) Experimental design workflow. Created in BioRender.
- 403 (b) TNF and IL-10 secreted protein quantified by ELISA from BMDCs either untreated controls
- 404 or treated with 50 μg/ml helminth-derived polar metabolites (HpM), 50 μg/ml HnpM, or 50
- 405 µg/ml of mock-extracted polar/nonpolar media controls for 20 h, and then stimulated with 100
- 406 ng/ml LPS for 4 h. Data are represented as boxplots and analyzed by one-way ANOVA with
- Holm-Sidak multiple comparisons: ****p<0.0001, ***p<0.001, n=4 biological replicates for
 BMDCs from 4 individual mice per group.
- 409 (c) Ratio of secreted TNF/IL-10 based on data presented in Figure 1a. Data are represented as
 410 boxplots and analyzed by unpaired t test: p=0.0022, n=4 individual mice per group.
- 411 (d) Gating strategy used to assess CD45/CD11c⁺ BMDC populations.
- (e) FACS analysis of MHC-II, CD86, and CD40 expression assessed by BMDCs were treated
 with vehicle control (PBS) or 50 μg/ml HnpM for 20 h. Data are represented as boxplots and
 analyzed by unpaired t test: p=0.0447, p=0.0391, p=0.0007, for MHC-II, CD86 and CD40,
 respectively. n=4 biological replicates for BMDCs from 4 individual mice/group that were
 isolated, differentiated, and treated as described.
- To isolated, differentiated, and ifeated as described.
- 417 (f) Gating strategy used to assess splenic $CD45/CD11c^+ DC$ populations.
- (g) Splenic DC surface expression of MHC-II, CD86, and CD40 assessed by flow cytometry. Mice
 were injected i.p. with 25 μg HnpM or PBS as a control per day for 3 days and splenic DCs
 were isolated for flow cytometry. Data are represented as boxplots and analyzed by unpaired t
- test: p=0.0260, p=0.0194, p=0.0066, for MHC-II, CD86 and CD40, respectively. n=biological
 replicates of splenic DCs from 5 individual mice per group.
- (h) Gating strategy used to assess the proliferation of CD4⁺CD44⁺ T cells co-cultured with either
 control (PBS) or HnpM-treated BMDCs for 72 h. Plots indicate the CFSE⁺ cells in gated
 CD4⁺CD44⁺T cells.
- 426 (i) Data presented as mean fluorescence intensity of CSFE dye dilution in gated CD4⁺CD44⁺ T
 427 cells and the percentage of cells undergoing > 3 cell divisions.
- 428 (j) Histogram of the percentage of $CD4^+CD44^+$ T cells undergoing > 3 cell divisions. Data are 429 represented as bar graphs with experimental replicate data points and analyzed by paired *t* test:

- p=0.0001 (top), p=0.0429 (bottom). n=3 biological replicates for CD4⁺CD44⁺ T cells obtained
 from 3 individual OT-II mice.
- (k) Gating strategy used to assess Foxp3⁺ populations in gated CD4⁺ T cells co-cultured with
 control or HnpM-treated BMDCs.
- 434 (I) CD4⁺ T cell expression of Foxp3 assessed by flow cytometry. BMDCs were treated with either
 435 vehicle control (PBS) or 50 µg/ml HnpM for 20 h, and co-cultured for 48 h with OT-II CD4⁺
- 436 T cells isolated from spleen by negative selection using magnetic beads. Data are represented
- 437 as boxplots and analyzed by unpaired t test: p= 0.0077, n=6 biological replicates of BMDCs
 438 from 4 individual mice per group.
- 439

440 Figure 2. Helminth-derived nonpolar metabolites (HnpM) induce metabolic changes in 441 BMDCs.

- (a) Experimental design workflow schematic of matched metabolomics and transcriptomics
 experiments. BMDCs were isolated and differentiated with 20 ng/ml GM-CSF and treated with
 HnpM or vehicle control (PBS) for 4 and 20 h. The supernatants were collected for untargeted
 metabolomics analysis and mRNA was extracted for RNA sequencing. n=biological replicates
 from 3 individual mice per group of BMDCs. Graphic created in BioRender.
- (b) Heatmap of top 50 statistically enriched peak intensities at 4 h. Hierarchical clustering of
 metabolite concentrations with a higher enrichment (red) and lower enrichment (blue) were
 determined by Euclidean distance measuring and Ward clustering algorithms.
- 450 (c) Principal component (PC) analysis was performed using the prcomp package. The calculation
 451 was based on singular value decomposition and the Rscript chemometrics. The 2-D score plots
 452 between selected PCs are shown and the respective variances are provided.
- (d) Scatter plot of inferred pathways with potential matched compounds. The peak annotations
 were performed using the Mummichog algorithm and the KEGG database was used for
 functional interpretation.
- 456

457 Figure 3. Helminth-derived nonpolar metabolites (HnpM) induce a unique transcriptomic 458 signature in BMDCs.

459 Data for BMDCs treated with HnpM or vehicle control (PBS) for 20 h are presented. RNA was
460 extracted as described in Materials and Methods for RNA sequencing by Illumina RNA-seq. Reads

461 alignment and gene ID mapping were performed using Bowtie2 and HTSeq, respectively, against
462 the Genome Reference Consortium Mouse Build 38 patch release 6 (GRCm38.p6) database.

- 463 (a) Venn diagram and (b) volcano plot for differentially expressed genes at 20 h. Read counts
 464 were obtained with Get_ReadCount.py and differential gene expression was obtained using
 465 EdgeR with a likelihood ratio test. Genes were considered differentially expressed if the fold
 466 change ≥ 2 and p ≤ 0.05.
- 467 (c) GO annotation and pathway enrichment. All statistically enriched terms were identified based
 468 on the default choices under accumulative hypergeometric p-values and enrichment factors
 469 were calculated and used for filtering. Remaining significant terms were then hierarchically
 470 clustered into a tree based on Kappa-statistical similarities among their gene memberships.
 471 Then 0.3 kappa score was applied as the threshold to cast the tree into term clusters.
- (d) Protein-protein interaction (PPI) network among the input genes. A subset of representative
 terms from the full cluster was converted into a network layout and each term is represented
 by a circular node, where the size is proportional to the number of input genes falling under
 that term with similar color representing cluster identity. Terms with a similarity score > 0.3
 are linked by an edge and the thickness of the edge represents the similarity score.
- (e) GSEA analysis was performed with phenoTest package in R. Gene sets were constructed with
 genes that are differentially expressed up and down. Gene sets were analyzed using published
 data on tolerogenic and inflammatory DCs (Supp. File) Gene sets are represented using a
 barcode plot using the Limma package in R.
- (f) Integrative analysis of transcriptional and metabolic signatures. Enrichment analysis by
 hypergeometric test and topology measured degree centrality. Combined queries integration
 method was performed, and the overviews indicate all matched pathways according to the p
 values from the pathway enrichment analysis and pathway impact values from the pathway
 topology analysis.
- 486

487 Figure 4. DCs treated with HnpM alleviate DSS-induced intestinal inflammation.

Intestinal inflammation was chemically-induced in B6 mice by administration of 3% DSS in
drinking water for 5 days. On day 5, mice were injected i.p. with PBS as a control or 1 x 10⁶ naïve
BMDCs or HnpM-treated BMDCs. Mice without DSS served as a negative control. Control mice

- 491 and mice adoptively transferred with BMDCs were sacrificed on day 8 post-DSS and necropsies
- 492 were performed to determine the following:
- (a) Disease activity scores (DAS) on a scale from 0-5 were determined based on body weight,colon length, health of the animal, rectal bleeding, and macroscopic appearance of the colon.
- **495 (b)** Colon lengths in cm.
- 496 (c) Percent weight changes were determined on day 8 as a percentage compared to weight before497 DSS exposure.
- (d) Histopathology scores (left) assessed in 5 sections per mouse per group of H&E-stained middistal colon sections (right).
- 500 Data in **Fig. 4a-d** are represented as boxplots and analyzed by one-way ANOVA with Holm-Sidak
- 501 multiple comparisons: ****p<0.0001, ***p<0.001, n=4-5 mice per group.
- 502

503 COMPETING INTERESTS

- 504 The authors declare no competing interests.
- 505

506 DATA AVAILABILITY

507 Source data associated with Figure and Supplemental Figure panels are provided with this paper 508 as a Source Data file. Metabolite LC-MS data was deposited to Metabolomics Workbench under

509 accession number ST002230. Transcriptomics data (RNAseq) was deposited to the NCBI

accession number 510022501 franceripterines auta (filtrised) was appointed to the

510 Sequence Read Archive (SRA) under accession number PRJNA856720.

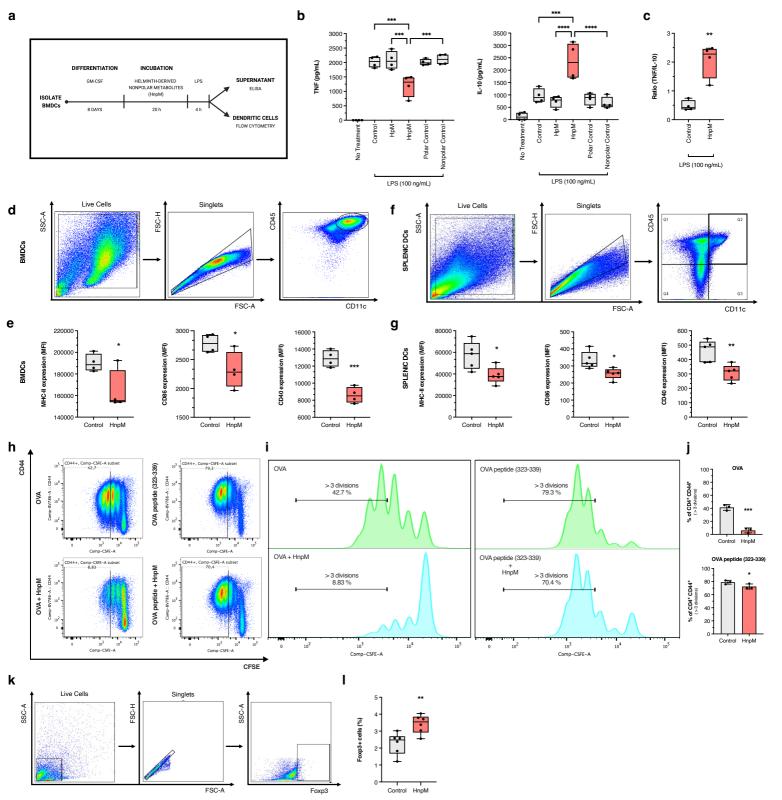
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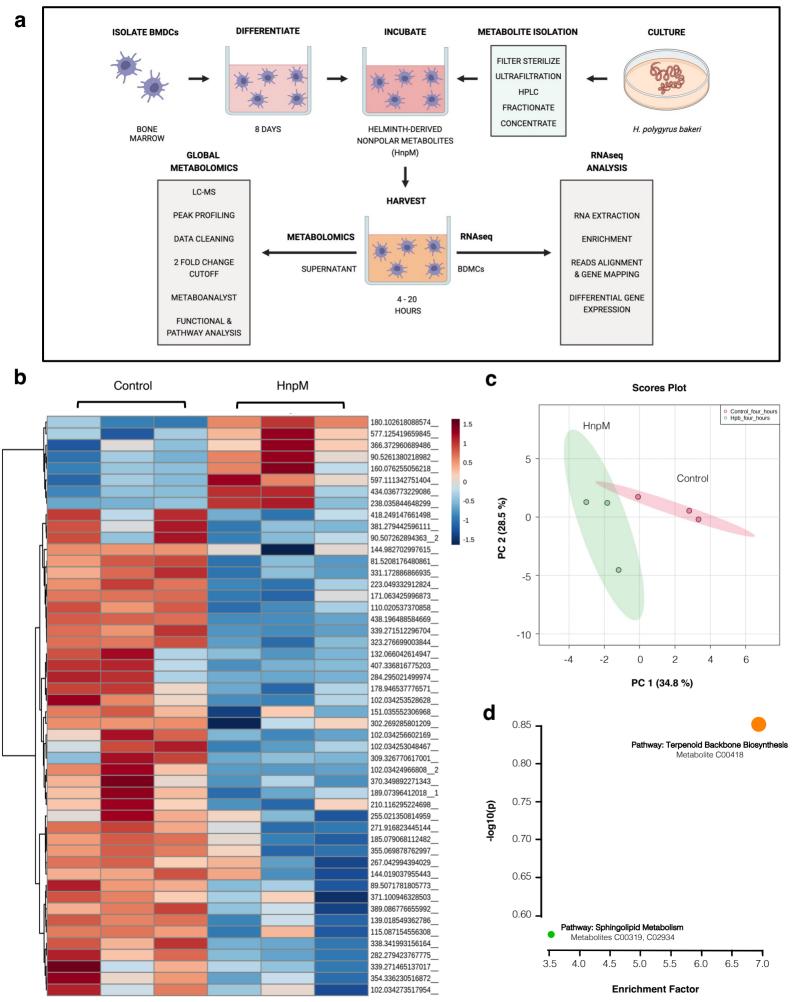
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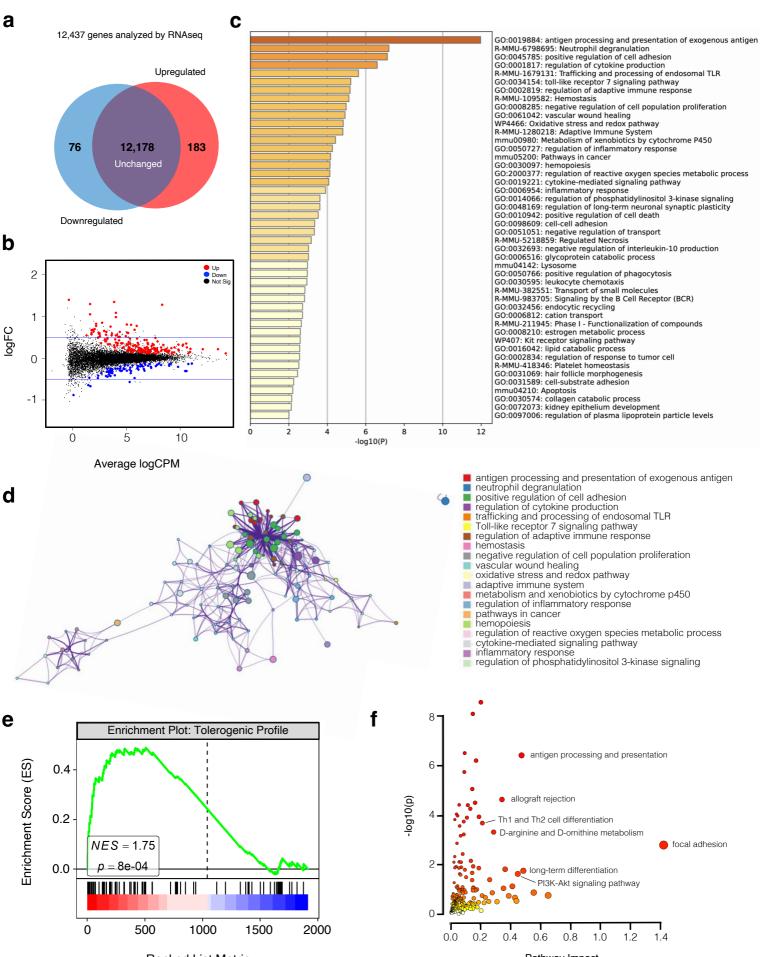
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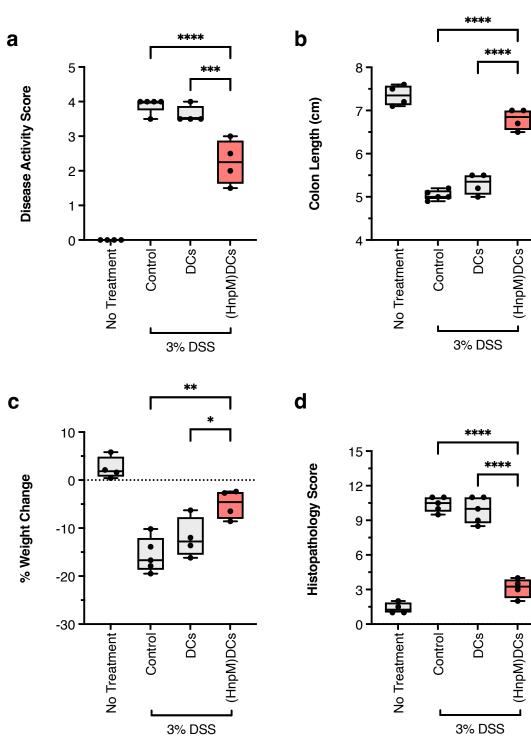


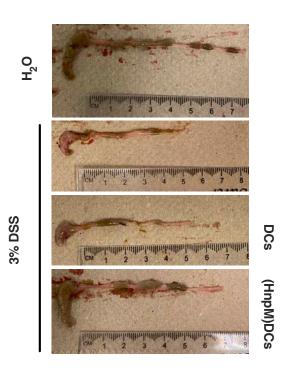




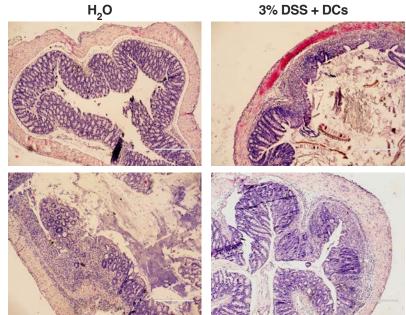
Ranked List Metric

Pathway Impact





3% DSS + DCs



3% DSS

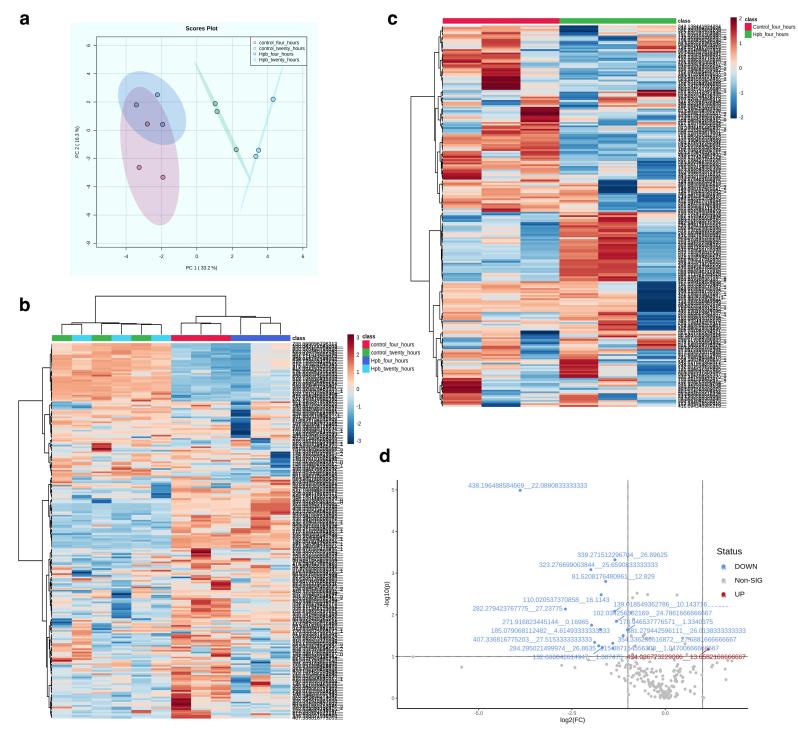
3% DSS + (HnpM)DCs

Supplementary Information

Helminth-derived metabolites induce tolerogenic transcriptional and metabolic signatures in dendritic cells in experimental intestinal inflammation

Nathalia L. Malacco^{1*}, Aubrey N. Michi^{2,3*}, Elizabeth Siciliani¹, Ana G. Madrigal¹, Tamara Sternlieb¹, Ghislaine Fontes⁴, Irah L. King⁴, Igor Cestari¹, Armando Jardim¹, Mary M. Stevenson^{1,4}, Fernando Lopes^{1,4}

¹Institute of Parasitology, McGill University, Ste-Anne-de-Bellevue, QC, H9X 3V9, Canada ²Department of Cancer Biology, Dana-Farber Cancer Institute, Boston, MA, 02215, USA ³Department of Cell Biology, Harvard Medical School, Boston, MA, 02215, USA ⁴Department of Microbiology and Immunology, McGill University, Montreal, QC, H3A 2B4 *Equal contribution Correspondence: fernando.lopes@mcgill.ca bioRxiv preprint doi: https://doi.org/10.1101/2023.01.26.525718; this version posted January 26, 2023. The copyright holder for this preprint (which was not certified by peer review) is the author/funder. All rights reserved. No reuse allowed without permission. Supplementary Figure 1



Supplementary Figure 1. Metabolomics and transcriptomics characterization of (HnpM)BMDCs at 4h and 20h. BMDCs were isolated and differentiated with 20ng/ml of GM-CSF. Cells were incubated with helminth-derived nonpolar metabolites for 4 and 20 h. The supernatants were collected, and metabolomics analysis was performed.

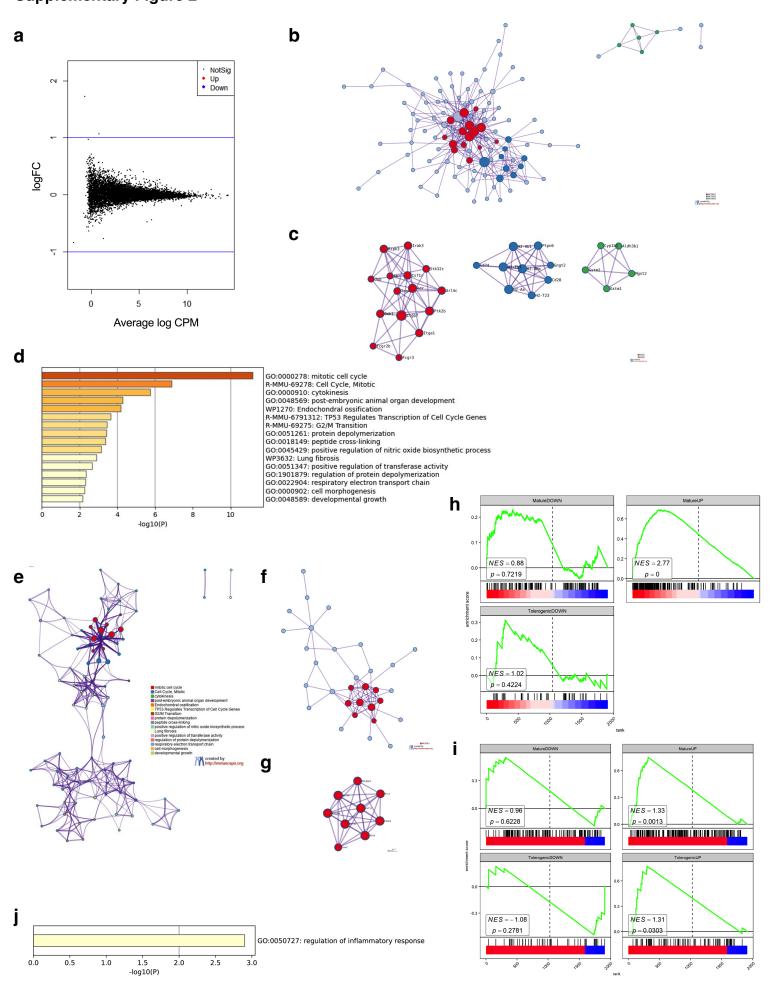
(a) Principal component analysis in which analysis was performed using the prcomp package. The calculation was based on singular value decomposition and the Rscript chemometrics. R is required. The 2-D scores plot between selected PCs is shown and the explained variances are given in brackets.

(b) Heatmap of all statistically enriched peak intensities. Red color represents metabolites with higher enrichment and blue for lower enrichment. The clustering was a result of distance measuring using Euclidean and clustering algorithm using ward.D.

(c) Heatmap of all statistically enriched peak intensities. Red color represents metabolites with higher enrichment and blue for lower enrichment. The clustering was a result of distance measuring using Euclidean and clustering algorithm using ward.D.

(d) Volcano plot. Important features selected by volcano plot with fold change threshold (x) 2 and t-tests threshold (y) 0.1. Both fold changes and p values were log transformed.

bioRxiv preprint doi: https://doi.org/10.1101/2023.01.26.525718; this version posted January 26, 2023. The copyright holder for this preprint (which was not certified by peer review) is the author/funder. All rights reserved. No reuse allowed without permission. Supplementary Figure 2



bioRxiv preprint doi: https://doi.org/10.1101/2023.01.26.525718; this version posted January 26, 2023. The copyright holder for this preprint (which was not certified by peer review) is the author/funder. All rights reserved. No reuse allowed without permission.

Supplementary Figure 2. Helminth-derived nonpolar metabolites induce a transcriptional signature in BMDCs

BMDCs were incubated with HnpM for 4 and 20h. The cell pellets were collected, mRNA was extracted with Trizol, and sequenced by Illumina RNAseq Libraries, n = 3-4. Reads alignment and gene ID mapping were performed using Bowtie2 and HTSeq, respectively, against the Genome Reference Consortium Mouse Build 38 patch release 6 (GRCm38.p6) database.

(a) Volcano plot for gene expression at 4h. Read counts were obtained with Get_ReadCount.py and EdgeR with a likelihood test was performed to obtain differentially expressed genes. Genes were considered differentially expressed if the fold change ≥ 2 and $p \leq 0.05$.

(b) All protein-protein interactions among input genes were extracted from PPI data source and formed a PPI network.

(c) Network modules. Molecular complex detection (MCODE) algorithm was then applied to this network to identify neighborhoods where proteins are densely connected. MCODE1: GO:0046777lprotein autophosphorylationI-6.6;GO:0043408lregulation of MAPK cascadeI-6.4;GO:0006468lprotein phosphorylationI-5.2; MCODE2: mmu05332lGraft-versus-host diseaseI-13.3;mmu05330lAllograft rejectionI-13.3;GO:0019886lantigen processing and presentation of exogenous peptide antigen via MHC class III-13.2; MCODE3: mmu00980lMetabolism of xenobiotics by cytochrome P450I-12.3;mmu05204lChemical carcinogenesis - DNA adductsI-8.9.

(d) Go annotation and pathway enrichment. All statistically enriched terms were identified based on the default choices under accumulative hypergeometric p-values and enrichment factors were calculated and used for filtering. Remaining significant terms were then hierarchically clustered into a tree based on Kappa-statistical similarities among their gene memberships. Then 0.3 kappa score was applied as the threshold to cast the tree into term clusters.

(e) Protein-protein interactions (PPIs) network among the input genes. A subset of representative terms from the full cluster was converted into a network layout and each term is represented by a circle node, where its size is proportional to the number of input genes fall under that term, and its color represent its cluster identity. Terms with a similarity score > 0.3 are linked by an edge and the thickness of the edge represents the similarity score.

(f) All protein-protein interactions among input genes were extracted from PPI data source and formed a PPI network.

(g) Network modules. Molecular complex detection (MCODE) algorithm was then applied to this network to identify neighborhoods where proteins are densely connected. MCODE1: R-MMU-983189IKinesinsI-13.8;R-MMU-6811434ICOPI-dependent Golgi-to-ER retrograde trafficl-12.3;GO:0000226Imicrotubule cytoskeleton organizationI-11.8.

(h, i) GSEA analysis, performed with phenoTest package in R. Gene sets were constructed with genes that are differentially expressed up and down. Gene sets were analyzed using published data on tolerogenic and inflammatory DCs (Supplementary File 5) Gene sets were represented using a barcode plot using the Limma package in R. (h) 20h and (i) 4h of incubation.

(j) Bar graph of enriched term across input gene lists. For each given gene list, pathway and process enrichment analysis has been carried out with the following ontology sources: GO Biological Processes, KEGG Pathway, Reactome Gene Sets, CORUM, TRRUST, PaGenBase and WikiPathways. All genes in the genome have been used as the enrichment background. Terms with a p-value < 0.01, a minimum count of 3, and an enrichment factor > 1.5 was collected and grouped into clusters based on their membership similarities. More specifically, p-values are calculated based on the cumulative hypergeometric distribution2, and q-values are calculated using the Benjamini-Hochberg procedure to account for multiple testing. Kappa scores4 are used as the similarity metric when performing hierarchical clustering on the enriched terms, and sub-trees with a similarity of > 0.3 are considered a cluster. The most statistically significant term within a cluster is chosen to represent the cluster.