Starvation response strategies of human gut bacteria *Bacteroides*

***thetaiotaomicron* and *Roseburia intestinalis* and their impact on co-culture**

dynamics

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Abstract

We explore the impact of nutrient scarcity on the interaction dynamics of two common human gut bacteria, *Bacteroides thetaiotaomicron* (BT) and *Roseburia intestinalis* (RI). Upon depletion of glucose, the viable cell numbers of BT decrease, whereas RI enters a slow growth mode. When mucin beads are supplemented, both species attach to the beads and the number of viable BT but not RI cells in liquid increases significantly. In co-culture, viable cell numbers decrease or increase significantly compared to monoculture, depending on the time point. A combination of targeted metabolomics and RNA-seq showed that RI's slow growth mode represents a diauxic shift towards acetate and lactate consumption, whereas BT survives glucose depletion by foraging mucin sugars. Most tested mucin monosaccharides inhibit the growth of RI but not BT on glucose. We encoded our findings in a kinetic model, which qualitatively reproduces the observed dynamics.

Introduction

The human gut is populated by hundreds of microbial species interacting with each other and with the human host. Gut bacterial species differ in their distribution along the human digestive tract and favor different microhabitats, such as the lumen of the large intestine, colonic crypts and mucus layers[1,2]. Diverse growth rates and attachment properties of gut bacteria help establish spatially structured communities. Also, the spatially heterogeneous environment influences the colonization success of different members of the gut microbiota and their competitive or cooperative relationships with one another[3–8].

An efficient way to acquire nutrients is essential for microbial persistence in the human gut. In addition to dietary fiber in the lumen, host-derived mucin glycans provide an alternative source of nutrients for members of the gut microbiota[9]. The colonic mucus layer, located at the interface between the epithelium and the gut microbiota, is key to maintain intestinal homeostasis and to enhance the resilience to perturbations of the gut microbiome[10,11]. Mucus is continuously secreted by goblet cells and is organized into two distinct layers: an inner dense layer tightly attached to the epithelium, which appears to be essentially sterile when healthy; and an outer loose layer with an expanded volume, which supports a metabolically diverse community. The outer layer provides mucin polysaccharides and

serves as attachment sites for the gut species that co-evolved to utilize these substrates,

giving rise to complex microbial interactions[9,10,12,13]. *Bacteroides* is one of the most

abundant but also most variable genera across human fecal samples[14]. Its most studied

species *Bacteroides thetaiotaomicron* (BT) holds a large repertoire of genes involved in

sensing and hydrolyzing many different polysaccharides, and BT was reported to strongly

express genes involved in the degradation of dietary plant glycans[15,16]. As a nutritional

generalist, BT can alter its metabolic response to mucin glycans in the absence of dietary

nutrients, to colonize the mucus layer and maintain its persistence in the human gut[17].

Short-chain fatty acids (SCFAs) including acetate, propionate and butyrate, are the major

end products of the anaerobic fermentation of polysaccharides by the human gut

microbiota. All these SCFAs exert multiple health benefits, in particular butyrate, which is

used preferentially as an energy source to fuel colonic enterocytes and may trigger signals

regulating mucin synthesis and secretion[18,19]. Metabolic cross-feeding of the human gut

microbiota impacts SCFA production[20]. For example, members of the most abundant

genera, including *Faecalibacterium*, *Eubacterium* and *Roseburia*, are able to convert acetate

and/or lactate into butyrate using the prevalent butyryl-CoA:acetate CoA-transferase

pathway[21,22]. Lactate is also an important end product of anaerobic fermentation in the

gut[23]. In addition to acetate as a key intermediate that promotes cross-feeding interactions

of the gut microbiota, the role of lactate as substrate for butyrate producers may explain its

low levels of accumulation in the human colon of healthy adults[24,25]. Upon exhaustion of the

primary carbon sources such as carbohydrates in the gut, microbes have to hunt for another

carbon source to thrive. It was reported that acetate could promote the growth of a

common intestinal butyrate-producing species *Roseburia intestinalis* (RI) during growth on

glucose[26–28].

Several studies employing in vitro fermentation systems have shown mucin as a driving

force in forming a microbial community that is phylogenetically and metabolically distinct

from the luminal one[29,30]. 16S rRNA gene-based results of complex communities from an in

vitro gut model showed that RI colonized mucin-covered carriers[31]. For unclear reasons,

Roseburia but not *Bacteroides* decreased in relative abundance with mucin

supplementation[32]. We thus require a mechanistic understanding of how mucin formed

microhabitats impact the abundance of different gut species. Here, we built an in vitro batch

system containing mucin beads, to systematically investigate how a spatially structured

environment in the presence of mucin beads influences the growth and interactions of the

model gut species BT and RI. The growth dynamics of monocultures and co-cultures in the

liquid medium and attached to the beads were monitored using live/dead cell staining

followed by flow cytometry in combination with machine learning techniques to quantify

their proportions in co-culture. Subsequently, we characterized the effect of mucin

degradation products on the abundance of BT and RI, and found that it depended on the

sugar level being considered. Transcriptomic analyses of monoculture and co-culture in

medium with and without mucin beads at several time points revealed different nutrient

harvesting strategies employed by BT and RI, which resulted in their different growth

modes, and also changed their interaction mechanisms depending on nutrient availability.

We further developed a kinetic model that accounts for pH conditions, metabolites, and

growth profiles, to mechanistically understand how gel-entrapped mucin influences the

proliferation of BT and RI and the dynamics of their relationship.

Figure 1. Experimental setup and design. We used a bottle system containing mucin beads

in WC medium to mimic the spatially structured environment of the human gut. The growth

dynamics of monoculture and co-culture in the liquid medium and attached to the beads

were monitored using flow cytometry with live/dead cell staining. Live cells of BT and RI

were differentiated from each other and from debris using a UMAP-based classification

strategy (details in the "Methods" section). Fermentation products, including short-chain

fatty acids and mucin-derived monomeric sugars, were measured by high-performance

liquid chromatography and gas chromatography. The presence and quantity of mRNA in

samples collected at different time points were assessed by RNA-seq. Further, a kinetic

model with ordinary differential equations was developed that summarizes our

understanding of the system. O_2: oxygen; WC: Wilkins Chalgren medium; BT: *Bacteroides*

thetaiotaomicron; RI: *Roseburia intestinalis*.

Results

Different responses to sugar depletion

Glucose and pyruvate were provided as the main carbon sources in WC (Wilkins Chalgren)

medium (Figure 2a). When grown in monoculture, BT produced succinate, lactate, formate,

and acetate during fermentation, which decreased the pH from 6.7 to 5.0. At 16 h, BT

reached its maximal density of 1.2×10^6 viable cells/µl. After the depletion of glucose and

pyruvate, the acidic conditions led to a loss of viable BT cells but did not affect the total cell

count. Loss of viability at low pH (5.0) was further confirmed by spent media and pH

experiments. We re-grew BT in its spent medium (collected at 48 h cultivation when glucose

is depleted), and found that an initial pH of 6.5 is required for growth (on trehalose; Figure

S1). Supplementing the spent medium with glucose and pyruvate only enhanced growth

when the pH was also increased (Figure S1a). In addition, BT did not grow on glucose and

pyruvate when the pH of WC medium was lowered to 4.5 and 5.0, respectively, and its

growth rate was decreased at pH 5.5 and 6.0 compared to pH 6.7 (Figure S1b). RI in

monoculture produced lactate, formate, acetate and butyrate from glucose and pyruvate,

corresponding to a pH decrease from 6.7 to 5.7 at 16 h and reached a maximal density of 7.8

$\times 10^5$ viable cells/µl (Figure 2b). After the depletion of glucose and pyruvate in 24 h, RI

gradually entered a slow growth mode, seen as a drop in viable cells to $1.8\text{-}3.8 \times 10^5$ cells/µl

from 40 h to 120 h in two independent experiments. In addition, we observed a further

significant ($P < 0.001$ by Student's t test) increase of butyrate concentration concurrent with

decreasing acetate and, in some cases, lactate (Figure 2b and Figure S2 for lactate

consumption in RI monoculture), resulting in a pH increase from 5.7 to 6.0. In brief, viable

BT cells decline primarily due to the lowered pH, whereas RI maintains higher cell densities

by entering a slow growth mode.

Given the observed diauxic shift from glucose/pyruvate to lactate/acetate, we performed

RNA-seq of RI grown in monoculture for several time points and replicates to investigate its

metabolic mechanism. During the exponential growth period, genes associated with

glycolytic and pyruvate-utilizing pathways were more highly expressed at mid-log phase of

12 h compared to at 4 h (Figure S3b). Interestingly, although glucose ran out at 48 h, we

found that RI kept expressing glycolysis genes and also non-essential genes such as those

involved in cell motility although growing in a well-mixed environment (Figure S4). We

further compared the effect of different normalization methods (transcripts per million and

DESeq2's median of ratios[33]). In general, both methods showed consistent results except for

some glycolysis genes, including hexokinase (HEX1; RIL182_00253) and phosphoglycerate

mutase (PGM; RIL182_01289) (Figure S5). We used a strict cutoff of at least 1.5-fold change

and a Benjamini-Hochberg adjusted P value less than or equal to 0.01 for differential

expression calculated by DESeq2. When comparing the transcript levels of RI in monoculture

between 12 h and 48 h, the significant up-regulation of genes encoding lactate

dehydrogenase (RIL182_00335 and 01719) and butyryl-CoA:acetate CoA-transferase

(RIL182_00413) corroborates the finding that RI converts lactate/acetate to butyrate after

glucose depletion. The energy yielded by butyrate production from lactate/acetate ($\Delta_f G^0$ = -

46 KJ/mol) is much lower than that from glucose ($\Delta_f G^0$ = -250 KJ/mol)[34]. Therefore, it is not

surprising that RI grows more slowly on lactate/acetate. In summary, RI maintains its slow

growth in the absence of glucose by converting acetate and lactate to butyrate.

Effects of mucin on monoculture

BT survives longer in the presence of mucin beads than without them. After depleting

glucose and pyruvate at 24 h, BT in liquid retained a viable cell count higher than 1.0×10^6

cells/µl (Figure 2d). We further extended the cultivation period with mucin beads from 120

h to 288 h and observed a consistently stable population of BT in the liquid broth (Figure

S6). In addition, the growth of RI on glucose/pyruvate seems to be impeded by mucin,

demonstrated by a longer lag phase of 12 h and lower maximum of 4.5×10^5 viable cells/µl

at 36 h when compared with RI grown in WC without mucin beads (Figure 2e). After nutrient

depletion, RI still exhibited the slow growth mode characterized by a further increase of

butyrate and decrease of lactate/acetate, but with a much lower density of 0.3-0.5 × 10^5

viable cells/µl than in the absence of mucin. In addition to the planktonic cells in liquid, we

also quantified the cells of BT and RI attached to the mucin beads at different time points.

As shown in Figure 2d and 2e, attached BT and RI in monoculture reached maximal densities

of 6.0 × 10^5 viable cells/µl at 24 h and 1.1 × 10^5 viable cells/µl at 32 h, respectively. Thus, in

the presence of mucin, BT can maintain high densities in the long term, whereas the density

of RI declines.

Regarding the mucin degradation products, the concentration of *N*-Acetylneuraminic acid

(Neu5Ac) showed a significant ($P < 0.001$ by Student's t test) increase of 0.12 mM in BT

monoculture after 120 h and no significant change in RI monoculture (Figure 2d-e). We also

observed higher levels of fucose and galactose for BT grown with mucin beads than without

it. The dynamics of galactose in RI monoculture indicates that RI also hydrolyzed mucin and

further utilized its degradation products such as galactose. To investigate the effects of

mucin degradation products on the growth of BT and RI at different glucose levels,

monosaccharides including Neu5Ac, *N*-acetylgalactosamine, *N*-acetylglucosamine, fucose,

galactose, mannose, and their mixture were added to the standard WC medium and WC

medium without glucose and pyruvate in 24-well plates. In the presence of

glucose/pyruvate, none of the supplemented sugars influenced BT growth significantly ($P >$

0.05 by Student's t test) compared to the WC control (Figure S7a). In contrast, Neu5Ac

impacted RI growth positively while other sugars had negative effects (Figure S7c). In the

absence of glucose/pyruvate, all sugars except Neu5Ac had positive effects on BT growth

(Figure S7b), and all sugars, in particular galactose, promoted RI growth (Figure S7d). In

conclusion, mucin-derived monosaccharides have species-specific effects that in addition

depend on the level of glucose.

The RNA-seq data further elucidated the different responses of BT and RI to mucin. For BT,

we first collected a list of genes/operons associated with the polysaccharide utilization loci

of mucin *O*-glycans, which were possibly activated by two types of transcriptional

regulators, namely extracytoplasmic function sigma/anti-sigma pair (ECF-σ) and hybrid two-

component system (HTCS)[35]. Interestingly, those genes linked to HTCS and ECF-σ showed

significantly high expression in the lag phase of 4 h (Figure 3a; $P < 0.001$ for both by

Student's t test), and genes of ECF-σ-linked loci were also expressed after the

glucose/pyruvate depletion (48 h and 120 h), indicating BT utilization of mucin O-glycan

components, which further supports the hypothesis that nutrients derived from mucin were

responsible for the long-term survival of BT. Specifically, after glucose/pyruvate ran out at

24 h, we observed a significantly ($P < 0.001$ in all cases; Student's t test) increased

expression of genes encoding the extracellular galactosidase (BT_3340, 4684) and

fucosidase (BT_1842), as well as genes involved in the utilization of galactose (BT_0370-71,

0623) and fucose (BT_3606, 1273-75). These results are consistent with BT metabolism of

mucin O-glycans including galactose and fucose (Figures 2d and S7b). Based on expression

levels measured in transcripts per million, RI consistently increased the expression of genes

involved in glycolysis, pyruvate utilization, mucin hydrolysis, galactose and mannose

utilization, and the butyrate-producing process after depletion of glucose/pyruvate, with or

without mucin beads present in the medium (Figures 3b and S3b). At a high

glucose/pyruvate level (Figure S8a), the presence of mucin significantly reduced the

expression of genes associated with the transport of glucose (RIL182_03793, 03794, 03796),

pyruvate (RIL182_01689), galactose (RIL182_01067-69) and N-acetylglucosamine

(RIL182_02688-89) across the outer membrane. At a low glucose/pyruvate level, our results

suggest that mucin impaired the utilization of lactate and acetate. For example, genes of

lactate dehydrogenase (RIL182_00335) and butyryl-CoA:acetate CoA-transferase

(RIL182_00413) were significantly down-regulated (Figure S8b). Thus, mucin supports the

long-term survival of BT, while it undermines RI's growth on glucose/pyruvate and

lactate/acetate.

Impact of mucin on interaction dynamics

For the co-culture grown in WC, the co-utilization of glucose and pyruvate resulted in two

separate density peaks of 7.4 and 4.6×10^5 viable cells/µl for BT and RI, respectively (Figure

2c). The pH decreased from 6.7 to 5.3, which was not as acidic as in the BT monoculture

(5.0) but lower than in RI monoculture (5.7). After depletion of glucose and pyruvate, BT's

viable cell numbers gradually went down, as in monoculture. Interestingly, RI presented a

second peak of 4.1×10^5 viable cells/µl at 38 h. In addition, the net concentration of lactate

in co-culture was significantly lower than in each monoculture ($P < 0.001$ in both cases;

Student's t test). For the co-culture grown in the presence of mucin beads, BT reached a

maximal density of 1.5×10^6 viable cells/µl at 16 h, which was two-fold higher than that in

WC. RI in the mucin co-culture exhibited significantly lower cell densities than in WC co-

culture ($P < 0.01$ by Student's t test), accompanied by a lower maximal density of 1.8×10^5

viable cells/µl. The pH of 5.1 was nearly as acidic as in the BT monoculture with or without

mucin. A second peak of RI density in mucin co-culture was observed at 120 h,

corresponding to a roughly ten-fold increase in density from 96 h to 120 h (Figure S6; mean

values of three independent experiments with three biological replicates). The significant (P

< 0.001 by Student's t test) increase of galactose in the co-culture compared to the BT

monoculture suggests that both species hydrolyzed mucin (Figure 2f).

To investigate the interaction dynamics of BT and RI and mucin's impact on it, we compared

viable cell counts in co-culture and monoculture over time. We computed the interaction

strength, here defined as the impact of one organism on the other's abundance, as the log

ratio of viable cell counts in liquid in co- versus monocultures. As shown in Figure S9, the

interaction strength and in some cases its sign (i.e., positive or negative impact) changed

over time for both organisms with and without mucin beads. In the presence of

glucose/pyruvate, the competition for these nutrients resulted in negative interaction

strengths for both organisms. After depletion of glucose/pyruvate and in the absence of

mucin, RI impacts BT positively, likely by increasing the pH in the co-culture compared to the

BT monoculture. In the presence of mucin, BT's impact on RI during the initial growth on

glucose/pyruvate (20-48 h) changed from negative to positive, likely by reducing the

concentration of mucin degradation products that affect RI's growth negatively in the

presence of glucose. In summary, changing conditions alter interaction mechanisms

between the two species, which lead to varying interaction signs and strengths.

To further elucidate their changing interaction mechanisms across growth phases, we

compared the differential gene expression between co-culture and monoculture (Figure 3c-

d). In the presence of RI, BT genes associated with the transport of glucose (BT_0371, 1758)

were significantly down-regulated in WC without mucin (Figure 3c; I, II). In addition, the

expression of six out of ten glycolysis genes as well as genes involved in succinate, acetate

and formate production was significantly lowered in WC at low glucose/pyruvate levels

(Figure 3c; II). With mucin, BT up-regulated glycolysis genes and genes involved in producing

formate, acetate, succinate and lactate (Figure 3c; III, IV). At low nutrient levels, it also up-

regulated genes encoding the exocellular galactosidase (BT_3340, 4684), fucosidase

(BT_1842), mannosidase (BT_0458) and sialidase (BT_0455) in response to mucin hydrolysis,

and genes associated with the utilization of galactose and N-Acetylgalactosamine (Figure 3c;

IV). BT genes (BT_0617-22) belonging to the membrane-associated, proton-translocating

ferredoxin:NAD$^+$ oxidoreductase (Rnf complex) were also more expressed with mucin

(Figure 3c; III, IV). In conclusion, BT down-regulates the genes of glycolysis and pyruvate

oxidation when RI is present in WC, but does the opposite in WC and mucin.

In the presence of BT, RI genes associated with glucose transport (RIL182_03793-94, 03796,

01587-88) and the ATP generation via proton pump (RIL182_00203-10) were down-

regulated at high and low glucose/pyruvate levels, respectively (Figure 3d; I and II,

respectively). A candidate gene of the alarmone ppGpp biosynthesis was significantly up-

regulated (RIL182_00174). It is part of RI's response to stress such as carbon starvation and

may be involved in triggering its diauxic shift. RI genes associated with the import of glucose

(RIL182_03794, 03796), pyruvate (RIL182_01689), galactose (RIL182_01067-69) and N-

acetylglucosamine (RIL182_02688-89), as well as seven out of ten glycolysis genes were

systematically down-regulated at high glucose/pyruvate levels with mucin (Figure 3d; III). In

addition, RI genes associated with the butyrate-producing process via butyryl-CoA:acetate

CoA-transferase pathway were more expressed when glucose/pyruvate was depleted, with

or without mucin (Figure 3d; II, IV). BT restricts RI's import of glucose and assists its

production of butyrate from lactate/acetate, regardless of mucin supplementation.

Figure 2. Performance of BT and RI in monoculture and co-culture without and with mucin beads during batch fermentation. Cell density, concentrations of glucose, pyruvate and fermentation products, and pH values for BT monoculture **(a)**, RI monoculture **(b)** and their co-culture **(c)** in WC medium during 120 h cultivation; Cell density, concentrations of glucose, pyruvate and fermentation products, pH values as well as concentrations of mucin monomeric sugars for BT monoculture **(d)**, RI monoculture **(e)** and their co-culture **(f)** in WC with mucin beads during 120 h cultivation. Circles represent the mean values of biological replicates. Error bars indicate the standard deviation of biological replicates (n=3 for BT and RI monocultures in WC experiment 1; n=2 for BT and RI monocultures in WC experiment 2; n=6 for co-culture in WC; n=3 and n=5 for BT and RI monocultures in WC with mucin beads, respectively; n=5 for co-culture in WC with mucin beads). Concentrations of mucin sugars are represented by the integrated area under the peak corresponding to the metabolite. To show the same range on the y axis of barplots, we divided these values by factors of 1,000,000, 5,000,000 and 10,000 for galactose, mannose and fucose, respectively. WC: Wilkins Chalgren medium; BT: *Bacteroides thetaiotaomicron;* RI: *Roseburia intestinalis*; Neu5Ac: *N*-Acetylneuraminic acid.

Figure 3. Metabolic maps summarizing gene expression in monocultures and significantly

differential expression in co- versus monocultures of BT and RI. Gene expression of the key

metabolic routes of glucose and pyruvate fermentation, as well as mucin hydrolysis and

mucin sugars utilization in BT **(a)** and RI **(b)** monocultures in WC medium with mucin beads

(Supplementary files 3 and 4); differential gene expression between co-culture and

monocultures of BT **(c)** and RI **(d)**. In each barplot of **a** and **b**, gene expression levels (x axis)

were measured in transcripts per million of RNA samples at time (y axis) 4 h, 12 h, 24 h, 48 h

and 120 h for BT, and at time 16 h, 28 h, 40 h and 48 h for RI. In each barplot of **c** and **d**,

differential gene expression was calculated with DESeq2 for four categories: high levels of

glucose/pyruvate in WC (I), low levels of glucose/pyruvate in WC (II), high levels of

glucose/pyruvate in WC with mucin beads (III) and low levels of glucose/pyruvate in WC

with mucin beads (IV); positive and negative values of log_2fold-change are shown in red and

blue on the x axis, respectively. Numbers in each barplot stand for the Gene ID in the

genomes of BT and RI. The solid and dashed lines represent single- and multi-enzyme

reactions between the two indicated molecules, respectively. Error bars indicate the

standard deviation of three biological replicates. Metabolic maps with gene expression in BT

and RI monocultures in WC are shown in Figure S3 and the Supplementary files 3 and 4. ECF:

extracytoplasmic function sigma/anti-sigma pair; HTCS: hybrid two-component system;

GlcR: HTH-type transcriptional repressor of glucose; ppGpp: alarmone guanosine-5'-3'-

bispyrophosphate.

Kinetic model reproduces the observed dynamics

To reproduce physiological observables such as total and viable cell counts as well as

concentrations of key nutrients and metabolites, we developed a model with ordinary

differential equations that summarizes our understanding of the interaction mechanisms

(Figure 4a). Since we see a roughly linear relationship between counts of viable attached

and free-swimming cells (Figure S10), the model assumes that a fixed fraction of the cells

attaches to mucin beads and that only these cells can degrade mucin. Mucin is treated as an

inexhaustible resource. We further assume that changes in SCFAs fully determine changes in

the pH, since we observed a strong linear relationship between pH and the sum of the

concentrations of SCFAs (Figure S11). Based on the literature, we also assume that a low pH

affects the growth of BT more strongly than that of RI, i.e., BT is more sensitive to acidity[36].

In addition, BT and RI can both grow on glucose and mucin sugars, which was well-

supported by our fermentation data and also confirmed at the transcriptional level. Given

our microtiter plate data, we further assume that mucin degradation products inhibit RI's

growth on glucose (Figure S7c). RI only switches to its lactate/acetate-consuming slow

growth mode when the concentrations of glucose and mucin degradation products are low

(Figure S8b). Finally, we hypothesize that glucose inhibits BT's growth on mucin sugars,

which is supported by the significant overexpression of the cAMP-Crp gene in the presence

of glucose (log$_2$fold-change of BT_2187 in mucin monoculture: 1.7 for 4 h vs 12 h, 3.6 for 4 h

vs 24 h and 1.8 for 12 h vs 24 h). We simplified the model by treating glucose and pyruvate,

acetate and lactate as well as mucin sugars as single entities (see model scheme in Figure

4a). The slow growth mode of RI and the behavior of BT on mucin after depletion of sugar

are represented by separate states (in both cases referred to as 'slow growth mode').

Parameter values including metabolite production and consumption as well as state

switching rates were determined manually. The equations, parameter values and initial

conditions are given in the Supplementary file 2.

The model qualitatively reproduces our observations, including the second peak observed

for BT at 32 h in WC monoculture, the long-term survival of RI in WC and of BT in the

presence of mucin beads (Figure 4b). However, the model fails to reproduce the second

peak for RI in WC in co-culture, implying that additional mechanisms are at play that are not

yet fully understood.

Figure 4. Model scheme and simulations reproducing observations qualitatively. a,

Scheme of the kinetic model. **b**, Dynamics generated by the model without and with mucin.

The equations, parameter values and initial conditions are given in Supplementary file 2.

Figure 5. Summary of the interaction mechanisms driving abundances and metabolite concentrations in the BT and RI co-cultures without and with mucin beads. Signs of positive, negative and absence of an interaction are shown as +, - and 0, respectively. The thickness of the arrow represents the interaction strength quantified as the logarithm of viable cell density ratios in co- versus monocultures (detailed in Figures S9 and S12). Main metabolic pathways including glycolysis, converting lactate/acetate to butyrate, mucin hydrolysis and mucin sugars utilization are colored in teal, pink and black for BT, RI and both, respectively. Neu5Ac: *N*-acetylneuraminic acid**;** GlcNAc**:** *N*-acetylglucosamine; GalNAc: *N*-acetylgalactosamine.

Discussion

Here, we systematically investigated the molecular mechanisms underlying the ecological
interactions between two representative gut bacteria in the presence of simple and
complex carbon sources within a spatially structured environment (Figure 5). Our results are
in agreement with known niches in the human gut: BT survives as a mucus resident and RI
prefers to stay in the lumen[17,32].

We found that even when feeding on similar resources, BT and RI used alternative strategies
to cope with and anticipate nutrient scarcity. Growth data combined with temporal gene
expression patterns suggest that BT acts as a 'funnel' with its central carbon/energy
metabolism capable of tapping several monosaccharides. Independent entry points are
funneled into glycolysis until phosphoenolpyruvate is produced, which is converted into
oxaloacetate by fixing a CO_2 molecule with the generation of an extra ATP[37]. CO_2 could be
supplied from either the external environment or the conversion of pyruvate to acetyl-CoA.
Although this strategy results in accelerated growth, it comes at the cost of significantly
inferior performance when actively consumed nutrients are depleted. In contrast, RI uses
carbon chain elongation to generate additional energy and maintain a redox balance (Figure
3b), resulting in butyrate production. Although its growth is slower than that of BT, it can
switch its energy source to acetate and lactate, which are also produced by BT. This diauxic
shift resembles the nutrient utilization strategies adopted by other bacterial species[38],
mostly well characterized in *E. coli* [39–42]. Some butyrate producers such as RI can overcome
the energetic barrier to convert lactate to pyruvate by employing the flavin-based electron
confurcation: driving electron flow from lactate to NAD^+ at the cost of exergonic electron
flow from reduced ferredoxin to NAD^+. However, producing butyrate from lactate and
acetate is a much lower energy-yielding process, compared to glucose[34]. Slow growth is also
a known strategy to deal with starvation in other nonsporulating bacteria[43].

BT's growth strategy results in a dramatic reduction in the environmental pH, which
significantly inhibits its own growth. This self-inhibition resembles the hypothesis of
ecological suicide suggested by Ratzke et al. with some additional complexity[44]. At low pH,
BT cells remain viable for an extended period of time when mucin beads are present.

Without mucin, when glucose and pyruvate are depleted, a loss of viability is observed

throughout the population (Figure 2a). The depletion of nutrients per se is probably not the

cause of this loss since when the pH was restored in a spent medium assay, the BT cells

metabolized an alternative carbon source and restored growth (Figure S1). Taken together,

these results suggest that similar to other bacteria[45], BT requires an energy source to be

metabolically active in an acidic environment, possibly channeling its ATP from growth to

maintaining its intracellular pH within a physiologically viable range. When this source of

energy is no longer available, cells quickly lose viability and no longer have the opportunity

to utilize new nutrients. Interestingly, pH also opens up a new dimension in the ecological

interactions between BT and RI, particularly in WC medium. As shown in Figure 5, although

the two species compete for glucose and pyruvate, and thus initially sustain a negative

interaction, the glucose and pyruvate that RI manages to consume result in a smaller

decrease in the environmental pH (since RI does not lower the pH as much as BT), leading to

an indirect positive effect on BT at later stages.

We highlighted the asymmetries in the way BT and RI respond to mucin, whose positive or

negative effect depends on the presence or absence of glucose during fermentation. In the

absence of glucose, most of the mucin sugars tested boost BT's growth, except for Neu5Ac.

Analysis of its genome reveals the absence of a Neu5Ac lyase (*nanL*) gene. BT is unable to

catabolize Neu5Ac and did not grow on it in a minimal medium[46,47]. As mucin beads and the

tested mucin sugars did not significantly affect BT's growth during glucose fermentation

(Figure S7a), we assume that glucose prevents BT from simultaneously consuming other

carbon sources. This assumption was also necessary to reproduce BT's behavior with our

model. In *E. coli*, further uptake of carbon sources is suppressed by the transcriptional

regulator cAMP-Crp when nutrient uptake surpasses anabolism[38]. Here, we found that a

candidate gene of cAMP-Crp (BT_2187) was significantly over-expressed when BT consumed

glucose. As BT was reported to easily switch its metabolism from dietary input to mucin

glycans[17], we assume that BT relies on cAMP-Crp regulation to cope with excessive carbon

flux. In contrast to BT, RI does not grow well when glucose and mucin are supplied together

(Figure 2e). Adding mucin beads also significantly up-regulated the gene of HTH-type

transcriptional repressor GlcR (RIL182_03930), which indicated the repression of glucose

catabolism by RI. As no cAMP-Crp genes were found in its genome, we assume that glucose

and mucin sugars may compete for ATP-binding cassette transporters. Combined with

slower growth on mucin sugars, this may explain the negative effects of mucin sugars on RI's

growth on glucose. This is also supported by its significantly increased abundance in the

mucin co-culture (Figure 5), which likely resulted from a decreased concentration of mucin

sugars such as mannose due to uptake by BT. However, a mechanism of RI's carbon uptake

strategy has to be explored further.

Glycan-mediated attachment was reported as an important strategy for gut bacteria to

access nutrients[8]. Since both BT and RI attached to the mucin beads, the physical proximity

could influence their interactions on the beads. The beads were also not saturated by cells,

illustrated by a roughly linear relationship between density on beads and in the liquid of co-

culture (Figure S13). In addition, the observed fast attachment and detachment implies that

the dynamics between attached and free-swimming cells may be tightly coupled. Spatial

transcriptomics at a single-cell resolution may further reveal the interaction mechanisms of

human gut bacteria in a spatial context[48].

In the presence of BT, RI exhibited additional density peaks at 38 h without mucin and at

120 h with mucin, which were not predicted by our model. In most of the cases, the

classification technique we used showed high accuracy in distinguishing BT and RI on a basis

of their optical characteristics in flow cytometry, and the method accuracy was confirmed

with the data of a GFP labelled BT (Figure S14). However, when the cells are losing viability

(Figure 2c, 24-38 h), the similarity between live and inviable cells causes difficulties in

species separation. Thus, the transition from the first peak of viable RI cells to the second in

the WC co-culture may be smoother than observed. There are also alternative explanations

for the peak. Since BT can produce a higher concentration of lactate than RI in monoculture,

a transiently sufficient amount of lactate in the presence of BT may reverse the flow from

lactate to pyruvate in RI so that lactate is consumed instead of produced. In addition, under

the stress of an acidic pH BT may release toxins that contribute to the loss of viability of RI[49].

Some viable cells of RI may also grow by necrophagy on accumulated dead cells[50].

We found that interaction strength significantly varies in value and sign along the growth

curve, both with and without mucin (Figure 5), due to the variability in pH and nutrient

levels. Widely used population models such as the generalized Lotka-Volterra assume

interaction strengths to be constant. This is problematic, because even if environmental

conditions are controlled, bacteria themselves will frequently alter their environment and

hence their interaction mechanisms. Thus, the generalized Lotka-Volterra is only applicable

in systems where environmental conditions (including pH and nutrient levels) are kept

constant, i.e., chemostats. However, the intestine is not well described by a chemostat,

since nutrient levels, moisture and pH fluctuate with the daily intake of meals and the

circadian rhythm[51,52]. To cope with this, models can either account for changing interaction

strengths as done here, which requires knowledge of interaction mechanisms and

parameter values, or average over interaction strengths encountered in typical scenarios in

the environment of interest. Such an ensemble approach may better represent the

interaction between two organisms than the usual 'snapshot' strategy of quantifying

interactions in one particular condition but may not lend itself to predictive modelling. Thus,

changing interaction strengths are a challenge for predictive models of human gut

microbiota.

A deeper understanding of alternative metabolic strategies and changing species

interactions in gut microbiota is necessary to rationally design next-generation probiotics

and to predict the outcome of fecal microbiota transplantation. By deciphering the

interaction mechanisms between two common gut bacteria across changing conditions, we

have taken another step towards this goal.

Methods

Human gut bacterial strains

Bacterial strains of *Bacteroides thetaiotaomicron* VPI-5482 (DSM 2079[T]) and *Roseburia intestinalis L1-82* (DSM 14610[T]) were obtained from the Deutsche Sammlung von Mikroorganismen und Zellkulturen (DSMZ, Germany). The strains were frozen in Wilkins-Chalgren Anaerobe Broth (WC; Oxoid Ltd., Basingstoke, United Kingdom) plus 20% glycerol and maintained at -80°C until use.

Mucin bead preparation

Mucin beads were generated based on a protocol previously described[53]. Briefly, a polysaccharide gel was prepared that contained (in g/100ml) Gelrite gellan gum (2.5, Sigma), xanthan gum (0.25, Sigma) and porcine mucin type II (5, Sigma). The dried powders were suspended in 100 ml of 90°C pre-heated distilled water containing 0.2 g sodium citrate (Sigma) and 350 µl 10 M NaOH. This polymer solution was mixed until dissolved and then autoclaved for 20 min at 121°C. The bead generation was performed under sterile conditions and was based on a two-phase dispersion process[54]. The autoclaved solution was cooled down to 50°C on a heater and slowly poured with a distance of 40 cm into 45°C sunflower oil while keeping the stirring speed at 300 rpm, to obtain a suspension of aqueous gel droplets in the hydrophobic phase. Gel beads were formed when cooling the suspension down to 15°C on ice. The oil was carefully washed off the beads and were subsequently hardened by soaking in a 0.1 M $CaCl_2$ solution (adjusted to pH 5.2) for 20 min at room temperature. Beads with a diameter of 500 µm were selected by wet sieving and stored at 4°C in aseptic conditions until use.

Cultivation and sample collection

Serum bottles (120 ml) containing 60 ml WC medium and around 8000 mucin beads were used as a spatially structured system to grow BT and RI. Briefly, each bottle was first filled up with 50 ml WC medium, and 3 g wet mass of 500 µm mucin beads in 10 ml WC were pipetted into each bottle under sterile conditions. The bottles were transferred to the anaerobic workstation (Don Whitley A35 with HEPA filter; 10% H_2, 10% CO_2, 80% N_2, 55% humidity) to be deoxygenated for 120 h. Oxygen-free conditions in liquid and in the beads

were confirmed through the color change of redox indicator resazurin. The bottles were

closed with rubber stoppers and sealed with aluminum caps that were UV sterilized for 1 h

in a laminar flow chamber before use. For bottle experiments without mucin beads, bottles

were filled with 60 ml WC medium that was prepared in the same way as described above.

To prepare the inoculum, 100 µl of BT or RI from frozen stocks was first inoculated in a 10-

ml Wheaton® serum vial containing 5 ml WC medium as preculture. These serum vials were

prepared by adding autoclaved medium and were deoxygenated in the anaerobic

workstation for 24 h. The vials were closed with rubber stoppers and sealed with aluminum

caps before use. After 16 h, each species' preculture was diluted to an OD_{600} of 0.1

determined by a portable spectrometer (DR1900; Hach Lange GmbH, Germany) and used as

the inoculum. The serum bottles were inoculated with 1 ml of the diluted preculture and

were incubated at a constant stirring rate of 170 rpm at 37°C in a shaker (KS 4000 i; IKA,

Staufen, Germany). Cultivations of the monoculture and co-culture were followed for 120 h

after inoculation, with samples taken from both the liquid and beads every four hours for

the first 48 h and every 12 h afterwards. For further investigation of the BT and RI growth

and their interactions in the long term, an experiment was designed for the co-culture to

follow for 288 h with samples taken every 24 h since 120 h after inoculation. All experiments

were performed at least in three biological replicates and always had a negative control

bottle without inoculation but with sampling for each time, to verify its sterility.

For each time point, two milliliters of the fermentation broth containing the suspended

mucin beads were sampled to 2-ml Eppendorf tubes. The serum bottles were opened and

closed carefully each time to avoid contamination in the anaerobic workstation. During

sampling the beads settled downward to the bottom within seconds. The supernatant was

carefully pipetted into new 2-ml tubes in the anaerobic workstation, and subsequently was

used to measure pH (PH-922, ISFET, Japan) and OD_{600}, and to profile metabolites as well as

quantify bacterial cell counts by live/dead staining followed by flow cytometry.

Spent media and pH preference experiments

Several spent media assays were conducted in serum bottles to clarify how BT and RI

interact with each other, and how abiotic factors influenced their growth. First, we grew a

culture of BT in WC for 48 h without mucin beads and sterilized the spent medium through a

filtration with 0.2-μm sterile syringe filters (PES; VWR International). In addition, the filtered

medium was autoclaved and deoxygenated for 24 h in the anaerobic workstation. Four

conditions were prepared to cultivate BT in the spent medium: *i*) the original spent medium

without adjusting pH (pH 5) and without adding carbon source, *ii*) spent medium with pH

adjusted to 6.5, *iii*) spent medium with glucose and pyruvate added in the same

concentrations as in WC at pH 5 and *iv*) spent medium with added glucose and pyruvate

plus pH adjusted to 6.5. We grew BT in three biological replicates in the serum bottles for a

period of 48 h and sampled every 8 h for measuring pH, OD_{600}, metabolites and live/dead

cell counts. Second, we grew BT in WC plus mucin beads in different periods of 24 h, 48 h

and 72 h, as well as in WC without mucin beads for 48 h. The cell- and oxygen-free spent

media were prepared in the same way as described above, and the pH was adjusted to 6.5

before autoclaving.

We further adjusted the pH of WC medium to the specified values of 4.5, 5.0, 5.5 and 6.0 by

using 1 M HCl solution, and also included the original WC of pH 6.7 for testing in serum

bottles. The growth of BT was followed for 48 h, with samples taken at 0 h, 4 h, 8 h, 12 h, 24

h, 36 h and 48 h and measured as described above.

Detachment experiment

To estimate the rate at which bacterial cells detach from particles, we followed the

population change of planktonic cells in a fresh WC medium, into which mucin beads with

attached BT cells were added. We first grew BT culture in a serum bottle containing 60 ml

WC plus mucin beads, with a same inoculum size as described: 1 ml of OD_{600} 0.1. After 24 h

cultivation, 2 ml of the fermentation broth containing the suspended mucin beads were

sampled to each 2-ml tube. 0.5 ml of phosphate buffer (PBS, pH 7.3; Invitrogen, Thermo

Fisher Scientific, USA) was added to each tube after washing with 1 ml PBS. The beads in PBS

were transferred to a 12-well plate (Sarstedt, Germany), with 1.5 ml sterile WC medium in

each well. For comparison, we included wells of fresh WC medium and WC medium

supplemented with sterile mucin beads, both of which were inoculated with BT in a volume

of 25 μl of OD_{600} 0.1. The experiment was performed in four replicate wells for each group.

The plates were incubated at a constant stirring rate of 170 rpm at 37°C, with liquid samples

taken at 0 min, 30 min, 60 min, 90 min, 150 min and 240 min for live/dead cell staining

followed by flow cytometry.

Mucin monomeric sugar assays

The degradation products of mucin including Neu5Ac, *N*-acetylgalactosamine, *N*-

acetylglucosamine, fucose, mannose and galactose were tested for their effects on the

growth of BT and RI. The tests for each species were performed by using 24-well plates

(Sarstedt, Germany) filled with two types of media: the standard WC and WC without

carbon sources glucose and pyruvate. Each medium was split into eight aliquots, each of

which was supplemented with either one of those mucin sugars in 1 mM or a mixture of all

six sugars together in 1 mM or without any sugar added as the control. We first inoculated

0.5 ml preculture with OD_{600} 0.1 to 20 ml of each aliquot, and then transferred 1.2 ml to

each well in three replicates. The plates of BT or RI were incubated at a constant stirring rate

of 120 rpm at 37°C for 24 h or 48 h, respectively, with samples taken every 12 h for pH and

live/dead staining followed by flow cytometry measurements.

Quantification of bacterial cell counts using flow cytometry

DNA-based staining using SYBR Green I (SG; Invitrogen) in combination with propidium

iodide (PI; Invitrogen) was applied to quantify and differentiate bacterial cells with intact

and damaged cytoplasmic membranes following the protocols described before[55]. Briefly,

the stock staining solution contained per ml: 10 µl of SG (10,000 concentrate), 20 µl of 20

mM PI and 970 µl of the filtered dimethylsulfoxide. Cells of the fresh culture in liquid from

different time points were diluted in a filter-sterilized PBS buffer for the live/dead cell

staining. Dilutions in 1:10 and 1:200 were performed for the first two time points (0 h and 4

h) and the later time points (after 8 h), respectively. Under anoxic conditions, cell samples

were diluted in 1-ml 96-well plates (Eppendorf, Germany) and stained with 3 µl of the SG/PI

staining solution, and subsequently were incubated for 20 min in the dark at 37°C right

before flow cytometric measurements. To quantify the attached cell counts, the mucin

beads sampled from different time points were first washed with 1 ml filter-sterilized PBS in

2-ml Eppendorf tubes. After carefully removing the supernatant, we added another 0.5 ml

PBS to the tubes that later were sonicated in the water bath of an ultrasonic cleaner

(USC200TH, VWR International) for 5 min at 45 kHz. The fresh detached cells in PBS were

diluted 1:10 in 96-well plates for all time points and were used for the live/dead cell staining

as described above. To confirm method accuracy, we also used a green fluorescent protein

(GFP)-tagged BT containing the modified plasmid pWW3452 (CTAATG in the start codon of

GFP was replaced with CATATG), which can stably fluoresce when grown anaerobically with

subsequent exposure to oxygen for 60 min as described[56].

Flow cytometric counts of the fresh cells were obtained by using a benchtop CytoFLEX S flow

cytometer (Beckman Coulter, Brea, USA), equipped with the identical lasers and detectors

as described previously[57]. Cell events of each sample were recorded for 1 min at a sample

flow rate of 10 µl/min, using the CytExpert software (version 2.4.0.28). Threshold values of

3,000 and 2,000 were applied to the channels of forward scatter and side scatter,

respectively. These thresholds were selected based on our tests of BT and RI cells from

different growth phases in serum bottles containing WC medium without and with mucin

beads to exclude most of the background events and to obtain accurate cell counts. In

addition to the instrumental calibration with CytoFLEX Daily QC Fluorospheres, 0.5 µm and 1

µm green fluorescent beads (Thermo Fisher Scientific, USA) were applied to each batch of

experiments as internal standards, to monitor the instrument stability and to make

cytometric data from different batches more comparable.

Flow cytometry data processing

We quantified the absolute abundance of BT and RI cells by clustering populations of flow

cytometric events in a UMAP[58] space using an in-house developed pipeline. The detailed

protocol and scripts necessary to reproduce our cell population counts are available in:

bit.ly/3WNrslL. Briefly, raw flow cytometry data from all channels were normalized and

scaled. Since flow cytometry data values have approximately log-normal distributions and

contain negative values, we first transformed the data with the arcsinh function and then

scaled it to exhibit uncorrelated unit variances and means around zero. Next, we projected

the transformed data into a three-dimensional UMAP space using the Euclidean distance as

a metric, and parameters of 25 and 0.1, respectively, for the number of neighbors and

minimum distance. Using flow cytometry runs containing cells and runs containing only the

media (blank) we first classified the events into four categories: (1) "live" (events in the

UMAP space that are SG positive, PI negative, and not in the blanks); (2) "inviable" (events

that are not in the blanks, but PI positive) and; (3) "debris" (events that are PI and SG

negative, but not in the blank files); (4) "blank" (events that overlap with the blank files). PI

and SG positive events were determined based on a threshold signal in their respective

channels, which were empirically estimated from the distribution of all the data samples.

The overlap with blank events from blank control files was determined by drawing a circle

around the points in the blank files, whose radius is proportional to the density of blank

points found in its proximity and classifying the area spanned by this circle as blanks in a

combined UMAP projection of samples and blank files. Only the events classified as 'live'

were selected for the next steps. We then used the monoculture samples of each respective

time point to classify cells in the co-culture samples. For this we first built a training space

consisting of a labeled UMAP projection of 5,000 random events selected from each

monoculture biological replicate. Next, we used supervised UMAP to reproject the

monoculture and co-culture live-cell events into the training space. We then used the *K*-

nearest neighbors vote classifier (with parameters: n_neighbors = 50, weights = distance,

and metric = Mahalanobis) to identify the species labels of the co-culture events based on

their proximity to the monoculture events in the supervised UMAP space.

Contamination check and confirmation of abundance profiles with 16S

Sanger sequencing of 16S rRNA genes was performed regularly to check each strain identity.

In addition, we selected four biological replicates for each time point from the co-cultivation

experiments of BT and RI in WC with and without mucin beads, to confirm the abundance

profile of BT and RI in co-culture with 16S rRNA gene amplicon sequencing (Figure S15).

Sequencing of Illumina MiSeq and downstream analysis was performed as described

previously[57].

Metabolite profiling

Liquid samples in 1 ml were collected and centrifuged for 20 min at 21,130 × *g* at 4°C

(Centrifuge 5424 R; Eppendorf, Hamburg, Germany). The supernatants were used for

chemical analyses by applying external standards for calibration and quality control. The

concentrations of trehalose, glucose, pyruvate, succinate, formate, acetate, lactate, *n*-

butyrate and Neu5Ac were determined by high-performance liquid chromatography (HPLC).

HPLC analysis was carried out on an Agilent 1200 series HPLC system (Agilent Technologies,

USA) equipped with a Bio-Rad Aminex HPX-87H column (Biorad, USA) and a refractive index

detector at 40°C. Samples in 20 μl were injected and eluted for 60 min using 5 mM H_2SO_4 as

the mobile phase at a flow rate of 0.6 ml/min.

Concentrations of mucin monomeric sugars galactose, fucose and mannose were relatively

quantified by using gas chromatography, carried out by the Metabolomics Core of KU

Leuven. The supernatant in 100 μl of each sample was diluted to 1 ml in 80% methanol, and

left overnight to allow the precipitation of lipids and proteins. After centrifugation, 100 μl of

the supernatant was transferred and evaporated to dryness on a speedvac. A 2%

methoxyamine solution was prepared by dissolving methoxyamine hydrochloride (Supelco,

ref. 226904-5g) in pyridine (Sigma-Aldrich, ref. 270970-1L). 25 μl of the methoxyamine

solution was added to each sample and left to react for 1.5 h at 37°C for methoximation of

the hexoses. Afterwards, 80 μl N,O-Bis(trimethylsilyl)trifluoroacetamide with 1%

trimethylchlorosilane (Supelco, ref. 15238) was added and left to react for 30 min at 60°C

for trimethylsilylation of the methoximated hexoses. One microliter of each methoximated

and trimethylsilylated sample was injected by 2:1 split injection by an Agilent Technologies

7693 autosampler (Agilent Technologies, Santa Clara; California) into an Agilent 7890A gas

chromatograph equipped with a fused silica capillary column (0.25 mm × 30 m) with a

chemically bonded 0.25 μm HP-5MS stationary phase (Agilent J&W GC columns, Folsom;

California, ref 19091S-433). The injector temperature was 250°C, and the septum purge

flowrate was 3 ml/min. The helium flowrate through the column was 0.9 ml/min. The

column temperature was held at 160°C for 23.5 min and then increased by 100°C/min to

300°C, with 1 min holding there. The column effluent then entered an Agilent 7000 triple

quadrupole mass spectrometer. Temperatures of the transfer line and electron impact ion

source were 250°C and 230°C, respectively. Ions were generated by a 70 eV electron beam.

Spectra were acquired in a selected ion monitoring mode, with fragment masses based on

the analyses of standards.

RNA extraction and sequencing

We included a total of 69 samples representing the different growth phases of BT and RI in

three biological replicates for RNA sequencing, which were selected from the following six

independent experiments: monoculture BT in WC (4 h, 12 h and 36 h), monoculture RI in

WC (4 h, 12 h and 48 h), coculture BT and RI in WC (12 h , 24 h and 36 h), monoculture BT in

WC plus mucin beads (4 h, 12 h, 24 h, 48 h and 120 h), monoculture RI in WC plus mucin

beads (16 h, 28 h, 40 h and 48 h), and coculture BT and RI in WC plus mucin beads (6 h, 12 h,

24 h, 48 h and 120 h).

Total RNA was extracted and purified from RNAprotect-treated (Qiagen, Hilden, Germany)

frozen liquid samples using the phenol-free RNeasy Plus Mini Kit (Qiagen) according to the

instructions of the manufacturer. The cell pellets from -80°C were first lysed by adding the

lysis buffer RLT from the kit with 10 µl/ml β-mercaptoethanol. The content of PowerBead

tube (glass, 0.1 mm; Qiagen) was further added to the lysate prior to using a bead beater

(TissueLyser II, Qiagen) for homogenizing the mixture for 5 min at a speed of 30 beats/sec.

Other steps were performed by following the instructions. The eluted RNA samples in

nuclease free water were stored at -80°C until use. RNA concentrations were determined

with a Nanodrop ND 1000 spectrophotometer (Thermo Fisher Scientific, USA) and a Qubit

2.0 fluorometer using the Qubit RNA High Sensitivity Assay Kit (Invitrogen). Samples with a

260/230 absorbance ratio below 0.5 were purified using the MinElute PCR Purification kit

(Qiagen) and re-measured afterwards, with all samples above 0.5 after purification. RNA

integrity and yield were evaluated using RNA Nano and Pico 6000 LapChips (Agilent

Technologies, Santa Clara, CA, USA) run on an Agilent 2100 Bioanalyzer (Agilent

Technologies).

Library preparation and sequencing of RNA-seq libraries were carried out by the Genomics

Core of KU Leuven. All samples were prepared using the NEBNext Ultra II Directional RNA

Library Prep Kit for Illumina (New England BioLabs, #E7760L), with an initial amount of 100

ng total RNA in 12 µl. Bacterial rRNA depletion was proceeded using the rRNA Depletion Kit

(Bacteria) (New England BioLabs, #E7850L), and the residual mRNA was quality controlled

and converted to the libraries that were sequenced on a NovaSeq 6000 (Illumina, San Diego,

CA, USA) on a v1.5 S4_300 kit in XP mode. The resulting data of paired-end reads in fastq file

format were obtained and demultiplexed before further analysis.

RNA-seq data processing

The analysis of the raw sequencing reads was performed as follows: low quality reads and

adapters were trimmed with fastp[59]. High quality RNA reads were mapped to their

respective reference transcripts with Salmon run in a selective alignment mode and with a

decoy-aware index constructed from each organism's genome[60]. The latest reference

genomes and transcripts for BT and RI were downloaded from the ensemble bacteria[61] and

BV-BRC databases[62], respectively:

GCA_000011065.ASM1106v1.dna.toplevel.fa (*B. thetaiotaomicron* VPI-5482),

GCA_000011065.ASM1106v1.cds.all.fa (*B. thetaiotaomicron* VPI-5482),

GCA_900537995.1_Roseburia_intestinalis_strain_L1-82_genomic.fna (*R. intestinalis* L1-82),

GCA_900537995.1_Roseburia_intestinalis_strain_L1-82_cds_from_genomic.fna (*R.*

intestinalis L1-82). Raw transcript counts were extracted from salmon's output and used for

differential gene expression analysis. COG categories, COG numbers and KO numbers were

extracted from NCBI COG and KEGG database[63,64], for BT. To obtain annotations for RI, we

mapped the respective transcripts to the eggNOG database v5.0 with the eggNOG-mapper

2.1.9[65,66].

Statistics

To measure gene expression levels, we used methods of transcripts per million and

DESeq2's median of ratios to normalize RNA read counts[33]. A strict cutoff of at least 1.5-fold

change and a Benjamini-Hochberg adjusted *P* value less than or equal to 0.01 were applied

for differential gene expression calculated by DESeq2. Other statistical analyses were

performed using R (version 4.2.0).

Modelling

Details of model definition and parameterization can be found in the Supplementary file 2.

Data availability

Raw amplicon sequencing data and RNA-seq data have been deposited to the Sequence

Read Archive database under accession numbers of SAMN32182740-827 and

SAMN32321133-55, respectively (https://www.ncbi.nlm.nih.gov/bioproject/PRJNA911421/

and https://www.ncbi.nlm.nih.gov/bioproject/PRJNA914119/). Raw flow cytometry data

have been deposited to flowrepository.org, under Repository IDs of FR-FCM-Z6YM, FR-FCM-

Z6YN, FR-FCM-Z6YP, FR-FCM-Z6YQ, FR-FCM-Z6YR, FR-FCM-Z6YS, FR-FCM-Z6YT, FR-FCM-

Z6YU, FR-FCM-Z6YV and FR-FCM-Z6YX, and will be made available upon acceptance of this

work. The processed RNA-seq data, flow cytometry data and fermentation data are

available at: https://github.com/msysbio.

Code availability

782 Flow cytometry data processing: bit.ly/3WNrslL, MATLAB file for the kinetic model and RNA-

783 seq processing scripts: https://github.com/msysbio.

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967

Author contributions

969 BL, DRG and KF designed the experiments and BL and DRG carried them out. AK processed
970 raw RNA-seq data. DG developed the kinetic model and performed simulations. KS
971 measured metabolite concentrations. AG and KB gave advice on experimental design and
972 interpretation. BL, DRG, KF and DG analyzed the results and BL, DRG and KF wrote the
973 manuscript. All authors read the manuscript.
974

Competing interests

976 None
977

Additional information

979 Supplementary file 1: supplementary figures.
980 Supplementary file 2: description of the kinetic model.
981 Supplementary file 3: RNA expression data for *Bacteroides thetaiotaomicron*.
982 Supplementary file 4: RNA expression data for *Roseburia intestinalis*.

a BT

b RI

c BTRI

WC
- ○ BT_total_1
- ○ BT_total_2
- ○ BT_viable_1
- ○ BT_viable_2
- ○ RI_total_1
- ○ RI_total_2
- ○ RI_viable_1
- ○ RI_viable_2
- ○ BTRI_total
- ○ BTRI_viable
- ○ BTRI_BT_viable
- ○ BTRI_RI_viable

- Glucose
- Pyruvate
- Succinate
- Lactate
- Formate
- Acetate
- Butyrate
- pH

d

e

f

mucin
- ○ BT_liquid_total
- ○ BT_liquid_viable
- ✕ BT_attached_viable
- ○ RI_liquid_total
- ○ RI_liquid_viable
- ✕ RI_attached_viable
- ○ BTRI_liquid_total
- ○ BTRI_liquid_BTRI_viable
- ○ BTRI_liquid_BT_viable
- ✕ BTRI_attached_BTRI_viable
- ✕ BTRI_attached_BT_viable
- ○ BTRI_liquid_RI_viable
- ✕ BTRI_attached_RI_viable

- Glucose
- Pyruvate
- Succinate
- Lactate
- Formate
- Acetate
- Butyrate
- Neu5Ac
- pH

- Mannose
- Galactose
- Fucose

Time (h)

a

b