Starvation responses impact interaction dynamics of human gut bacteria *Bacteroides thetaiotaomicron* and *Roseburia intestinalis*

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Abstract

Bacterial growth often alters the environment, which in turn can impact interspecies interactions

among bacteria. Here, we used an *in vitro* batch system containing mucin beads to emulate the

dynamic host environment and to study its impact on the interactions between two abundant and

prevalent human gut bacteria, the primary fermenter *Bacteroides thetaiotaomicron* and the

butyrate producer *Roseburia intestinalis*. By combining machine learning and flow cytometry, we

found that the number of viable *B. thetaiotaomicron* cells decreases with glucose consumption

due to acid production, while *R. intestinalis* survives post-glucose depletion by entering a slow

growth mode. Both species attach to mucin beads, but only viable cell counts of *B.

thetaiotaomicron* increase significantly. The number of viable co-culture cells varies significantly

over time compared to those of monocultures. A combination of targeted metabolomics and RNA-

seq showed that the slow growth mode of *R. intestinalis* represents a diauxic shift towards

acetate and lactate consumption, whereas *B. thetaiotaomicron* survives glucose depletion and

low pH by foraging on mucin sugars. In addition, most of the mucin monosaccharides we tested

inhibited the growth of *R. intestinalis* but not *B. thetaiotaomicron*. We encoded these causal

relationships in a kinetic model, which reproduced the observed dynamics. In summary, we

explored how *R. intestinalis* and *B. thetaiotaomicron* respond to nutrient scarcity and how this

affects their dynamics. We highlight the importance of understanding bacterial metabolic

strategies to effectively modulate microbial dynamics in changing conditions.

Introduction

The human gut is populated by hundreds of microbial species interacting with each other and with

their host. Gut bacterial species differ in their distribution along the human digestive tract and

favor different microhabitats, such as the lumen of the large intestine, colonic crypts and mucus

layers [1, 2]. Diverse growth rates and attachment properties of gut bacteria help establish

spatially structured communities. Also, the spatially heterogeneous environment influences the

colonization success of different members of the gut microbiota and their competitive or

cooperative relationships with one another [3–8].

An efficient way to acquire nutrients is essential for microbial persistence in the human gut. In

addition to dietary fiber in the lumen, host-derived mucin glycans provide an alternative source of

nutrients for members of the gut microbiota [9]. The colonic mucus layer, located at the interface

between the epithelium and the gut microbiota, is key to maintain intestinal homeostasis and to

enhance the resilience to perturbations of the gut microbiome [10, 11]. Colon mucus is

continuously secreted by goblet cells and is organized into two distinct layers: an inner dense

layer tightly attached to the epithelium, which appears to be essentially sterile when healthy; and

an outer loose layer with an expanded volume, which supports a metabolically diverse

community. The outer layer provides mucin polysaccharides and serves as attachment sites for

the gut species that co-evolved to utilize these substrates, giving rise to complex microbial

interactions [9, 10, 12, 13]. *Bacteroides* is one of the most abundant but also most variable

genera across human fecal samples [14]. Its most studied species *Bacteroides thetaiotaomicron*

(*B. thetaiotaomicron*) holds a large repertoire of genes involved in sensing and hydrolyzing many

different polysaccharides, and *B. thetaiotaomicron* was reported to strongly express genes

involved in the degradation of dietary plant glycans [15, 16]. As a nutritional generalist, *B.*

thetaiotaomicron can alter its metabolic response to mucin glycans in the absence of dietary

nutrients, to colonize the mucus layer and maintain its persistence in the human gut [17].

Short-chain fatty acids (SCFAs) including acetate, propionate and butyrate, are the major end

products of the anaerobic fermentation of polysaccharides by the human gut microbiota. All these

SCFAs exert multiple health benefits, in particular butyrate, which is used preferentially as an

energy source to fuel colonic enterocytes and may trigger signals regulating mucin synthesis and

secretion, as well as to maintain the integrity of epithelial barriers [18, 19]. Metabolic cross-

feeding of the human gut microbiota impacts SCFA production [20]. For example, members of the

most abundant genera, including *Faecalibacterium*, *Eubacterium* and *Roseburia*, are able to

convert acetate and/or lactate into butyrate using the prevalent butyrate-producing pathway via

butyryl-CoA:acetate CoA-transferase [21, 22]. Lactate is also an important end product of

anaerobic fermentation in the gut [23]. In addition to acetate as a key intermediate that promotes

cross-feeding interactions of the gut microbiota, the role of lactate as substrate for butyrate

producers or for propionate producers via the acrylate pathway may explain its low levels of

accumulation in the human colon of healthy adults [24, 25]. Upon exhaustion of the primary

carbon sources such as carbohydrates in the gut, microbes have to hunt for another carbon

source to thrive. It was reported that acetate could promote the growth of a common intestinal

butyrate-producing species *Roseburia intestinalis* (*R. intestinalis*) during growth on glucose [26–

28].

Several studies employing *in vitro* fermentation systems have shown mucin as a driving force in

forming a microbial community that is phylogenetically and metabolically distinct from the luminal

one [29, 30]. 16S rRNA gene-based results of complex communities from an *in vitro* gut model

showed that *R. intestinalis* colonized mucin-covered carriers [31]. For unclear reasons, *Roseburia*

but not *Bacteroides* decreased in relative abundance with mucin supplementation [32]. We thus

require a mechanistic understanding of how mucin formed microhabitats impact the abundance of

different gut species. Here, we built an *in vitro* batch system containing mucin beads, to

systematically investigate how a spatially structured environment in the presence of mucin beads

influences the growth and interactions of the model gut species *B. thetaiotaomicron* and *R.*

intestinalis (Figure 1). The growth dynamics of monocultures and co-cultures in the liquid medium

and attached to the beads were monitored using live/dead cell staining followed by flow cytometry

in combination with machine learning techniques to quantify their proportions in co-culture.

Subsequently, we characterized the effect of mucin monosaccharides on the abundance of *B.*

thetaiotaomicron and *R. intestinalis*, and found that it depended on the sugar level being

considered. Transcriptomic analyses of monoculture and co-culture in medium with and without

mucin beads at several time points revealed different nutrient harvesting strategies employed by

B. thetaiotaomicron and *R. intestinalis*, which resulted in their different growth modes, and also

changed their interaction mechanisms depending on nutrient availability. We further developed a

kinetic model that accounts for pH conditions, metabolites, and growth profiles, to mechanistically

understand how gel-entrapped mucin influences the proliferation of *B. thetaiotaomicron* and *R.*

intestinalis and the dynamics of their relationship. Our methodology could potentially be applied to

other ecosystems where microbial growth alters environmental conditions, which in turn affect

microbial interactions.

Materials and Methods

Human gut bacterial strains

Bacterial strains of *Bacteroides thetaiotaomicron* VPI-5482 (DSM 2079^T), DSM 24846, DSM

108160, DSM 108161 and *Roseburia intestinalis* L1-82 (DSM 14610^T) were obtained from the

Deutsche Sammlung von Mikroorganismen und Zellkulturen (DSMZ, Germany). The strains were

frozen in Wilkins-Chalgren Anaerobe Broth (WC; Oxoid Ltd., Basingstoke, United Kingdom) plus

20% glycerol and maintained at -80°C until use.

Mucin bead preparation

Mucin beads were generated based on a protocol previously described [33]. Briefly, a

polysaccharide gel was prepared that contained (in g/100 ml) Gelrite gellan gum (2.5, Sigma),

xanthan gum (0.25, Sigma) and porcine mucin type II (5, Sigma; pretests of the strains grown in

WC medium showed no difference between the beads supplemented with type II and type III

mucins). The dried powders were suspended in 100 ml of 90°C pre-heated distilled water

containing 0.2 g sodium citrate (Sigma) and 350 µl 10 M NaOH. This polymer solution was mixed

until dissolved and then autoclaved for 20 min at 121°C. The bead generation was performed

under sterile conditions and was based on a two-phase dispersion process [34]. The autoclaved

solution was cooled down to 50°C on a heater and slowly poured with a distance of 40 cm into

45°C sunflower oil while keeping the stirring speed at 300 rpm, to obtain a suspension of

aqueous gel droplets in the hydrophobic phase. Gel beads were formed when cooling the

suspension down to 15°C on ice. The oil was carefully washed off the beads and were

subsequently hardened by soaking in a 0.1 M $CaCl_2$ solution (adjusted to pH 5.2) for 20 min at

room temperature. Beads with a diameter of 500 μm were selected by wet sieving and stored at

4°C in aseptic conditions until use.

Cultivation and sample collection

Serum bottles (120 ml) containing 60 ml WC medium and around 8 000 mucin beads were used

as a spatially structured system to grow *B. thetaiotaomicron* and *R. intestinalis*. Briefly, each

bottle was first filled up with 50 ml WC medium, and 3 g wet mass of 500 μm mucin beads in

10 ml WC were pipetted into each bottle under sterile conditions. The bottles were transferred to

the anaerobic workstation (Don Whitley A35 with HEPA filter; 10% H_2, 10% CO_2, 80% N_2, 55%

humidity) to be deoxygenated for 120 h. Oxygen-free conditions in liquid and in the beads were

confirmed through the color change of redox indicator resazurin. The bottles were closed with

rubber stoppers and sealed with aluminum caps that were UV sterilized for 1 h in a laminar flow

chamber before use. For bottle experiments without mucin beads, bottles were filled with 60 ml

WC medium that was prepared in the same way as described above.

To prepare the inoculum, 100 μl of *B. thetaiotaomicron* or *R. intestinalis* from frozen stocks was

first inoculated in a 10-ml serum vial (Wheaton) containing 5 ml WC medium as preculture. These

serum vials were prepared by adding autoclaved medium and were deoxygenated in the

anaerobic workstation for 24 h. The vials were closed with rubber stoppers and sealed with

aluminum caps before use. After 16 h, each species' preculture was diluted to an OD_{600} of 0.1

determined by a portable spectrometer (DR1900; Hach Lange GmbH, Germany) and used as the

inoculum. The serum bottles were inoculated with 1 ml of the diluted preculture and were

incubated at a constant stirring rate of 170 rpm at 37°C in a shaker (KS 4000 i; IKA, Staufen,

Germany). Cultivations of the monoculture and co-culture were followed for 120 h after

inoculation, with samples taken from both the liquid and beads every four hours for the first 48 h

and every 12 h afterwards. For further investigation of the *B. thetaiotaomicron* and *R. intestinalis*

growth and their interactions in the long term, an experiment was designed for the co-culture to

follow for 288 h with samples taken every 24 h since 120 h after inoculation. These batch

fermentation experiments were performed in closed bottles, with a controlled environment only at

the beginning of an experiment. All experiments were performed at least in three biological

replicates and always had a negative control bottle without inoculation but with sampling for each

time, to verify its sterility.

For each time point, two milliliters of the fermentation broth containing the suspended mucin

beads were sampled to 2-ml tubes (Eppendorf). The serum bottles were opened and closed

carefully each time to avoid contamination in the anaerobic workstation. During sampling the

beads settled downward to the bottom within seconds. The supernatant was carefully pipetted

into new 2-ml tubes in the anaerobic workstation, and subsequently was used to measure pH

(PH-922, ISFET, Japan) and OD_{600}, and to profile metabolites as well as quantify bacterial cell

counts by live/dead staining followed by flow cytometry.

Spent media and pH preference experiments

Several spent media assays were conducted in serum bottles to clarify how *B. thetaiotaomicron*

and *R. intestinalis* interact with each other, and how abiotic factors influenced their growth. First,

we grew a culture of *B. thetaiotaomicron* in WC for 48 h without mucin beads and sterilized the

spent medium through a filtration with 0.2-μm sterile syringe filters (PES; VWR International). In

addition, the filtered medium was autoclaved and deoxygenated for 24 h in the anaerobic

workstation. Four conditions were prepared to cultivate *B. thetaiotaomicron* in the spent medium:

i) the original spent medium without adjusting pH (pH 5) and without adding carbon source, *ii*)

spent medium with pH adjusted to 6.5, *iii*) spent medium with glucose and pyruvate added in the

same concentrations as in WC at pH 5 and *iv*) spent medium with added glucose and pyruvate

plus pH adjusted to 6.5. We grew *B. thetaiotaomicron* in three biological replicates in the serum

bottles for a period of 48 h and sampled every 8 h for measuring pH, OD_{600}, metabolites and

live/dead cell counts. Second, we grew *B. thetaiotaomicron* in WC plus mucin beads in different

periods of 24 h, 48 h and 72 h, as well as in WC without mucin beads for 48 h. The cell- and

oxygen-free spent media were prepared in the same way as described above, and the pH was

adjusted to 6.5 before autoclaving.

We further adjusted the pH of WC medium to the specified values of 4.5, 5.0, 5.5 and 6.0 by

using 1 M HCl solution, and also included the original WC of pH 6.7 for testing in serum bottles.

The growth of *B. thetaiotaomicron* was followed for 48 h, with samples taken at 0 h, 4 h, 8 h, 12 h,

24 h, 36 h and 48 h and measured as described above.

Detachment experiment

To estimate the rate at which bacterial cells detach from particles, we followed the population

change of planktonic cells in a fresh WC medium, into which mucin beads with attached *B.*

thetaiotaomicron cells were added. We first grew *B. thetaiotaomicron* culture in a serum bottle

containing 60 ml WC plus mucin beads, with a same inoculum size as described: 1 ml of OD_{600}

0.1. After 24 h cultivation, 2 ml of the fermentation broth containing the suspended mucin beads

were sampled to each 2-ml tube. 0.5 ml of phosphate buffer (PBS, pH 7.3; Invitrogen, Thermo

Fisher Scientific, USA) was added to each tube after washing with 1 ml PBS. The beads in PBS

were transferred to a 12-well plate (Sarstedt, Germany), with 1.5 ml sterile WC medium in each

well. For comparison, we included wells of fresh WC medium and WC medium supplemented

with sterile mucin beads, both of which were inoculated with *B. thetaiotaomicron* in a volume of

25 µl of OD_{600} 0.1. The experiment was performed in four replicate wells for each group. The

plates were incubated at a constant stirring rate of 170 rpm at 37°C, with liquid samples taken at

0 min, 30 min, 60 min, 90 min, 150 min and 240 min for live/dead cell staining followed by flow

cytometry.

Mucin monomeric sugar assays

The degradation products of mucin including *N*-acetylneuraminic acid (Neu5Ac), *N*-

acetylgalactosamine, *N*-acetylglucosamine, fucose, mannose and galactose were tested for their

effects on the growth of *B. thetaiotaomicron* and *R. intestinalis*. The tests for each species were

performed by using 24-well plates (Sarstedt, Germany) filled with two types of media: the

standard WC and WC without carbon sources glucose and pyruvate. Each medium was split into

eight aliquots, each of which was supplemented with either one of those mucin sugars in 1 mM or

a mixture of all six sugars together in 1 mM or without any sugar added as the control. We first

inoculated 0.5 ml preculture with OD_{600} 0.1 to 20 ml of each aliquot, and then transferred 1.2 ml to

each well in three replicates. The plates of *B. thetaiotaomicron* or *R. intestinalis* were incubated at

a constant stirring rate of 120 rpm at 37°C for 24 h or 48 h, respectively, with samples taken

every 12 h for pH and live/dead staining followed by flow cytometry measurements.

Quantification of bacterial cell counts using flow cytometry

DNA-based staining using SYBR Green I (SG; Invitrogen) in combination with propidium iodide

(PI; Invitrogen) was applied to quantify and differentiate bacterial cells with intact and damaged

cytoplasmic membranes following the protocols described before [35]. Briefly, the stock staining

solution contained per ml: 10 µl of SG (10 000 concentrate), 20 µl of 20 mM PI and 970 µl of the

filtered dimethylsulfoxide. Cells of the fresh culture in liquid from different time points were diluted

in a filter-sterilized PBS buffer for the live/dead cell staining. Dilutions in 1:10 and 1:200 were

performed for the first two time points (0 h and 4 h) and the later time points (after 8 h),

respectively. Under anoxic conditions, cell samples were diluted in 1-ml 96-well plates

(Eppendorf, Germany) and stained with 3 µl of the SG/PI staining solution, and subsequently

were incubated for 20 min in the dark at 37°C right before flow cytometric measurements. To

quantify the attached cell counts, the mucin beads sampled from different time points were first

washed with 1 ml filter-sterilized PBS in 2-ml tubes (Eppendorf). After carefully removing the

supernatant, we added another 0.5 ml PBS to the tubes that later were sonicated in the water

bath of an ultrasonic cleaner (USC200TH, VWR International) for 5 min at 45 kHz. The fresh

detached cells in PBS were diluted 1:10 in 96-well plates for all time points and were used for the

live/dead cell staining as described above. To confirm method accuracy, we also used a green

fluorescent protein (GFP)-tagged *B. thetaiotaomicron* containing the modified plasmid pWW3452

(CTAATG in the start codon of GFP was replaced with CATATG), which can stably fluoresce

when grown under anoxic conditions with subsequent exposure to oxygen for 60 min as

described [36].

Flow cytometric counts of the fresh cells were obtained by using a benchtop CytoFLEX S flow

cytometer (Beckman Coulter, Brea, USA), equipped with the identical lasers and detectors as

described previously [37]. Cell events of each sample were recorded for 1 min at a sample flow

rate of 10 µl/min, using the CytExpert software (version 2.4.0.28). Threshold values of 3 000 and

2 000 were applied to the channels of forward scatter and side scatter, respectively. These

thresholds were selected based on our tests of *B. thetaiotaomicron* and *R. intestinalis* cells from

different growth phases in serum bottles containing WC medium without and with mucin beads to

exclude most of the background events and to obtain accurate cell counts. In addition to the

instrumental calibration with CytoFLEX Daily QC Fluorospheres, 0.5 µm and 1 µm green

fluorescent beads (Thermo Fisher Scientific, USA) were applied to each batch of experiments as

internal standards, to monitor the instrument stability and to make cytometric data from different

batches more comparable.

Flow cytometry data processing

We used an in-house pipeline to quantify the absolute abundance of *B. thetaiotaomicron* and *R.*

intestinalis cells by clustering populations of flow cytometric events in a UMAP space [38]. The

detailed protocol and scripts to reproduce our cell population counts are available at:

bit.ly/3WNrslL. Briefly, we normalized and scaled raw flow cytometry data, transforming the

values with the arcsin function for uncorrelated unit variances and zero means. We then projected

this data into three-dimensional UMAP space using Euclidean distance, with parameters of 25

and 0.1 for the number of neighbors and minimum distance. Flow cytometry runs containing cells

and runs containing only the media (blank) allowed classification into four categories: (1) "live"

(SG positive, PI negative, and not in the blanks); (2) "inviable" (not in the blanks, but PI positive)

and; (3) "debris" (PI and SG negative, but not in the blanks); (4) "blank" (overlap with the blank

files). PI and SG positive events were determined based on a threshold signal in their respective

channels, which were empirically estimated from the distribution of all the data samples. The

overlap with blank events from blank control files was determined by drawing a circle around the

points in the blank files, whose radius is proportional to the density of blank points found in its

proximity and classifying the area spanned by this circle as blanks in a combined UMAP

projection of samples and blank files. This approach, that mimics the process of drawing a circle

around the events in the blank file was sufficient because the UMAP projection showed a clear

separation between the blank and cell events. Using the density as a basis for the circles allowed

us to automatically account for the cases where there is a small carryover from cell events to the

blank runs, preventing the automatic detection of cell events as blanks. Only the events classified

as "live" were selected for the next steps. We then used the monoculture samples of each

respective time point to classify cells in the co-culture samples. For this we first built a training

space consisting of a labeled UMAP projection of 5 000 random events selected from each

monoculture biological replicate. Next, we used supervised UMAP to reproject the monoculture

and co-culture live-cell events into the training space. We then used the K-nearest neighbors vote

classifier (with parameters: n_neighbors = 50, weights = distance, and metric = Mahalanobis) to

identify the species labels of the co-culture events based on their proximity to the monoculture

events in the supervised UMAP space. Before filtering out the blanks, each sample was

overlayed with their corresponding blank runs and manually inspected using clickable three-

dimensional scatter plots, where we could visually assure that the populations classified as blank

in our samples overlap with the populations in the blank files and not with the cell populations.

Examples of these scatter plots are available at: bit.ly/3WNrslL. Similarly, we manually verified

that each classified species population overlapped with their monoculture runs for similar time

points. The manual inspection also showed that our parameter choices for UMAP and the *K*-

nearest vote classifier were robust.

Contamination check and confirmation of abundance profiles with 16S rRNA genes

Sanger sequencing of 16S rRNA genes was performed regularly to check each strain identity. In

addition, we selected four biological replicates for each time point from the co-cultivation

experiments of *B. thetaiotaomicron* and *R. intestinalis* in WC with and without mucin beads, to

confirm the abundance profile of *B. thetaiotaomicron* and *R. intestinalis* in co-culture with 16S

rRNA gene amplicon sequencing (Figure S1). Sequencing was performed using the MiSeq

platform (Illumina) to generate paired-end reads of 250 base pairs. The taxonomy was assigned

by using the RDP classifier v2.13 with a confidence threshold of 80% [39].

Metabolite profiling

Liquid samples in 1 ml were collected and centrifuged for 20 min at 21 130 × *g* at 4°C (Centrifuge

5424 R; Eppendorf, Hamburg, Germany). The supernatants were used for chemical analyses by

applying external standards for calibration and quality control. For the calibration curves, all

compounds (Merck) were in high purity and acidic form (except sugars), and were dissolved or

diluted in ultrapure water for calibration. The concentrations of trehalose, glucose, pyruvate,

succinate, formate, acetate, propionate, lactate, *n*-butyrate and Neu5Ac were determined by high-

performance liquid chromatography (HPLC). HPLC analysis was carried out on an Agilent 1200

series HPLC system (Agilent Technologies, USA) equipped with a Bio-Rad Aminex HPX-87H

column (Bio-Rad, USA) and a refractive index detector at 40°C. Samples in 20 µl were injected

and eluted for 60 min using 5 mM H_2SO_4 as the mobile phase at a flow rate of 0.6 ml/min.

Concentrations of mucin monomeric sugars galactose, fucose and mannose were relatively

quantified by using gas chromatography, carried out by the Metabolomics Core of KU Leuven.

The supernatant in 100 µl of each sample was diluted to 1 ml in 80% methanol, and left overnight

to allow the precipitation of lipids and proteins. After centrifugation, 100 µl of the supernatant was

transferred and evaporated to dryness on a speedvac. A 2% methoxyamine solution was

prepared by dissolving methoxyamine hydrochloride (Supelco, ref. 226904-5g) in pyridine

(Sigma-Aldrich, ref. 270970-1L). 25 µl of the methoxyamine solution was added to each sample

and left to react for 1.5 h at 37°C for methoximation of the hexoses. Afterwards, 80 µl N,O-

bis(trimethylsilyl)trifluoroacetamide with 1% trimethylchlorosilane (Supelco, ref. 15238) was

added and left to react for 30 min at 60°C for trimethylsilylation of the methoximated hexoses.

One microliter of each methoximated and trimethylsilylated sample was injected by 2:1 split

injection by an Agilent Technologies 7693 autosampler (Agilent Technologies, Santa Clara;

California) into an Agilent 7890A gas chromatograph equipped with a fused silica capillary column

(0.25 mm × 30 m) with a chemically bonded 0.25 µm HP-5MS stationary phase (Agilent J&W GC

columns, Folsom; California, ref 19091S-433). The injector temperature was 250°C, and the

septum purge flowrate was 3 ml/min. The helium flowrate through the column was 0.9 ml/min.

The column temperature was held at 160°C for 23.5 min and then increased by 100°C/min to

300°C, with 1 min holding there. The column effluent then entered an Agilent 7000 triple

quadrupole mass spectrometer. Temperatures of the transfer line and electron impact ion source

were 250°C and 230°C, respectively. Ions were generated by a 70 eV electron beam. Spectra

were acquired in a selected ion monitoring mode, with fragment masses based on the analyses of

standards.

RNA extraction and sequencing

We included a total of 69 samples representing the different growth phases of *B. thetaiotaomicron*

and *R. intestinalis* in three biological replicates for RNA sequencing, which were selected from

the following six independent experiments: monoculture *B. thetaiotaomicron* in WC (4 h, 12 h and

36 h), monoculture *R. intestinalis* in WC (4 h, 12 h and 48 h), coculture *B. thetaiotaomicron* and

R. intestinalis in WC (12 h , 24 h and 36 h), monoculture *B. thetaiotaomicron* in WC plus mucin

beads (4 h, 12 h, 24 h, 48 h and 120 h), monoculture *R. intestinalis* in WC plus mucin beads (16

h, 28 h, 40 h and 48 h), and coculture *B. thetaiotaomicron* and *R. intestinalis* in WC plus mucin

beads (6 h, 12 h, 24 h, 48 h and 120 h).

Total RNA was extracted and purified from RNAprotect-treated (Qiagen, Hilden, Germany) frozen

liquid samples using the phenol-free RNeasy Plus Mini Kit (Qiagen) according to the instructions

of the manufacturer. The cell pellets from -80°C were first lysed by adding the lysis buffer RLT

from the kit with 10 µl/ml *β*-mercaptoethanol. The content of PowerBead tube (glass, 0.1 mm;

Qiagen) was further added to the lysate prior to using a bead beater (TissueLyser II, Qiagen) for

homogenizing the mixture for 5 min at a speed of 30 beats/sec. Other steps were performed by

following the instructions. The eluted RNA samples in nuclease free water were stored at -80°C

until use. RNA concentrations were determined with a Nanodrop ND 1000 spectrophotometer

(Thermo Fisher Scientific, USA) and a Qubit 2.0 fluorometer using the Qubit RNA High Sensitivity

Assay Kit (Invitrogen). Samples with a 260/230 absorbance ratio below 0.5 were purified using

the MinElute PCR Purification kit (Qiagen) and re-measured afterwards, with all samples above

0.5 after purification. RNA integrity and yield were evaluated using RNA Nano and Pico 6000

LapChips (Agilent Technologies, Santa Clara, CA, USA) run on an Agilent 2100 Bioanalyzer

(Agilent Technologies).

Library preparation and sequencing of RNA-seq libraries were carried out by the Genomics Core

of KU Leuven. All samples were prepared using the NEBNext Ultra II Directional RNA Library

Prep Kit for Illumina (New England BioLabs, #E7760L), with an initial amount of 100 ng total RNA

in 12 µl. Bacterial rRNA depletion was proceeded using the rRNA Depletion Kit (Bacteria) (New

England BioLabs, #E7850L), and the residual mRNA was quality controlled and converted to the

libraries that were sequenced on a NovaSeq 6000 (Illumina, San Diego, CA, USA) on a v1.5

S4_300 kit in XP mode. The resulting data of paired-end reads in fastq file format were obtained

and demultiplexed before further analysis.

RNA-seq data processing

The analysis of the raw sequencing reads was performed as follows: low quality reads and

adapters were trimmed with fastp [40]. High quality RNA reads were mapped to their respective

reference transcripts with Salmon run in a selective alignment mode and with a decoy-aware

index constructed from each organism's genome [41]. The latest reference genomes and

transcripts for *B. thetaiotaomicron* and *R. intestinalis* were downloaded from the ensemble

bacteria [42] and BV-BRC databases [43], respectively:

GCA_000011065.ASM1106v1.dna.toplevel.fa (*B. thetaiotaomicron* VPI-5482),

GCA_000011065.ASM1106v1.cds.all.fa (*B. thetaiotaomicron* VPI-5482),

GCA_900537995.1_Roseburia_intestinalis_strain_L1-82_genomic.fna (*R. intestinalis* L1-82),

GCA_900537995.1_Roseburia_intestinalis_strain_L1-82_cds_from_genomic.fna (*R. intestinalis*

L1-82). Raw transcript counts were extracted from salmon's output and used for differential gene

expression analysis. COG categories, COG numbers and KO numbers were extracted from NCBI

COG and KEGG database [44, 45], for *B. thetaiotaomicron*. To obtain annotations for *R.*

intestinalis, we mapped the respective transcripts to the eggNOG database v5.0 with the

eggNOG-mapper 2.1.9 [46, 47].

Statistics

To measure gene expression levels, we used methods of transcripts per million and DESeq2's

median of ratios to normalize RNA read counts [48]. A strict cutoff of at least 1.5-fold change and

a Benjamini-Hochberg adjusted p value less than or equal to 0.01 were applied for differential

gene expression calculated by DESeq2. Other statistical analyses were performed using R

(version 4.2.0).

Modelling

Details of model definition and parameterization can be found in the Supplementary file 2.

Results

Different responses to sugar depletion

Glucose and pyruvate were provided as the main carbon sources in WC medium (Figure 2a).

When grown in monoculture, *B. thetaiotaomicron* produced succinate, lactate, formate, and

acetate during fermentation, which decreased the pH from 6.7 to 5.0. At 20 h, *B. thetaiotaomicron*

reached its maximal density of 1.2×10^6 viable cells/µl and hereafter its density decreased. After

the depletion of glucose and pyruvate, the acidic conditions led to a loss of viable *B.*

thetaiotaomicron cells but did not affect the total cell count. Loss of viability at low pH (5.0) was

further confirmed by spent media and pH experiments. We re-grew *B. thetaiotaomicron* in its

spent medium (collected at 48 h cultivation when glucose is depleted), and found that an initial pH

of 6.5 is required for growth (on trehalose; Figure S2). Supplementing the spent medium with

glucose and pyruvate only enhanced growth when the pH was also increased (Figure S2a). In

addition, *B. thetaiotaomicron* did not grow on glucose and pyruvate when the pH of WC medium

was lowered to 4.5 and 5.0, respectively, and its growth rate was decreased at pH 5.5 and 6.0

compared to pH 6.7 (Figure S2b). *R. intestinalis* in monoculture produced lactate, formate,

acetate and butyrate from glucose and pyruvate, corresponding to a pH decrease from 6.7 to 5.8

at 24 h and reached a maximal density of 7.8×10^5 viable cells/µl (Figure 2b). After the depletion

of glucose and pyruvate in 24 h, *R. intestinalis* gradually entered a slow growth mode, seen as a

drop in viable cells to $1.8\text{-}3.8 \times 10^5$ cells/µl from 40 h to 120 h in two independent experiments. In

addition, we observed a further significant ($p < 0.001$ by Student's t test) increase of butyrate

concentration concurrent with decreasing acetate and, in some cases, lactate (Figure 2b and

Figure S3 for lactate consumption in *R. intestinalis* monoculture), resulting in a pH increase from

5.7 to 6.0. In brief, viable *B. thetaiotaomicron* cells decline primarily due to the lowered pH,

whereas *R. intestinalis* maintains higher cell densities by entering a slow growth mode.

Given the observed diauxic shift from glucose/pyruvate to lactate/acetate, we performed RNA-seq

of *R. intestinalis* grown in monoculture for several time points and replicates to investigate its

metabolic mechanism. During the exponential growth period, genes associated with glycolytic

and pyruvate-utilizing pathways were more highly expressed at mid-log phase of 12 h compared

to at 4 h (Figure S4b). Although glucose ran out at 48 h, we found that *R. intestinalis* kept

expressing glycolysis genes and also non-essential genes such as those involved in cell motility

despite growing in a well-mixed environment (Figure S5). We further compared the effect of

different normalization methods (transcripts per million and DESeq2's median of ratios [48]),

which showed consistent results except for some glycolysis genes (Figure S6). When comparing

the transcript levels of *R. intestinalis* in monoculture between 12 h and 48 h, the significant up-

regulation of genes encoding lactate dehydrogenase (RIL182_00335 and 01719) and butyryl-

CoA:acetate CoA-transferase (RIL182_00413) corroborates the finding that *R. intestinalis*

converts lactate/acetate to butyrate after glucose depletion. The energy yielded by butyrate

production from lactate/acetate ($\Delta_f G^0$ = -46 KJ/mol) is much lower than that from glucose ($\Delta_f G^0$ =

-250 KJ/mol) [49]. Therefore, it is not surprising that *R. intestinalis* grows more slowly on

lactate/acetate. In summary, *R. intestinalis* maintains its slow growth in the absence of glucose by

converting acetate and lactate to butyrate.

Effects of mucin on monoculture

B. thetaiotaomicron survives longer in the presence of mucin beads than without them. After

depleting glucose and pyruvate at 24 h, planktonic *B. thetaiotaomicron* retained a viable cell

count higher than 1.0×10^6 cells/μl (Figure 2d), which was also maintained when further

extending the cultivation period from 120 h to 288 h (Figure S7a; Figure S7b for three non-type

strains). In contrast, the growth of *R. intestinalis* on glucose/pyruvate seems to be impeded by

mucin, demonstrated by significantly lower cell densities at the same time points and lower

maximum of 4.5×10^5 viable cells/μl at 36 h when compared with *R. intestinalis* grown without

mucin beads (Figure 2e; Figure S8). After nutrient depletion, *R. intestinalis* still exhibited the slow

growth mode characterized by a further increase of butyrate and decrease of acetate, but with a

much lower density of $0.3\text{-}0.5 \times 10^5$ viable cells/μl than in the absence of mucin. In addition to the

planktonic cells in liquid, we also quantified the cells of *B. thetaiotaomicron* and *R. intestinalis*

attached to the mucin beads at different time points. Attached *B. thetaiotaomicron* and *R.*

intestinalis in monoculture reached maximal densities of 6.0×10^5 viable cells/μl at 24 h and 1.1 ×

10^5 viable cells/μl at 32 h, respectively (Figure 2d-e). Thus, in the presence of mucin, *B.*

thetaiotaomicron can maintain high densities in the long term, whereas the density of *R.*

intestinalis declines.

Regarding the mucin degradation products, the concentration of Neu5Ac showed a significant (*p*

< 0.001 by Student's t test) increase of 0.12 mM in *B. thetaiotaomicron* monoculture after 120 h

and no significant change in *R. intestinalis* monoculture (Figure 2d-e). We also observed higher

levels of fucose and galactose for *B. thetaiotaomicron* grown with mucin beads than without it.

The dynamics of galactose in *R. intestinalis* monoculture indicates that *R. intestinalis* also

hydrolyzed mucin and used resulting degradation products such as galactose. To investigate the

effects of mucin degradation products on the growth of *B. thetaiotaomicron* and *R. intestinalis* at

different glucose levels, monosaccharides including Neu5Ac, *N*-acetylgalactosamine, *N*-

acetylglucosamine, fucose, galactose, mannose, and their mixture were added to the standard

WC medium and WC medium without glucose and pyruvate in 24-well plates. In the presence of

glucose/pyruvate, none of the supplemented sugars influenced *B. thetaiotaomicron* growth

significantly (*p* > 0.05 by Student's t test) compared to the WC control (Figure S9a). In contrast,

Neu5Ac increased *R. intestinalis* growth by 43% while other sugars had negative effects (14%-

46%; Figure S9c). In the absence of glucose/pyruvate, all sugars except Neu5Ac had positive

effects on *B. thetaiotaomicron* growth (2%-35%; Figure S9b), and all sugars, in particular

galactose, promoted *R. intestinalis* growth (13%-197%; Figure S9d). In conclusion, mucin-derived

monosaccharides have species-specific effects that in addition depend on the level of glucose.

The RNA-seq data further elucidated the different responses of *B. thetaiotaomicron* and *R.*

intestinalis to mucin. For *B. thetaiotaomicron*, we first collected a list of genes/operons associated

with the polysaccharide utilization loci of mucin *O*-glycans, which were possibly activated by two

types of transcriptional regulators, namely extracytoplasmic function sigma/anti-sigma pair (ECF-

σ) and hybrid two-component system (HTCS) [50]. The genes linked to HTCS and ECF-*σ*

showed significantly high expression in the first 4 h (Figure 3a; $p < 0.001$ for both by Student's t

test), and genes of ECF-*σ*-linked loci were also expressed after the glucose/pyruvate depletion

(48 h and 120 h), indicating BT utilization of mucin *O*-glycan components. Specifically, after

glucose/pyruvate ran out at 24 h, we observed a significantly ($p < 0.001$ in all cases; Student's t

test) increased expression of genes encoding the extracellular galactosidase (BT_3340,

BT_4684) and fucosidase (BT_1842), as well as genes involved in the utilization of galactose

(BT_0370-71, BT_0623) and fucose (BT_3606, BT_1273-75). These results are consistent with

B. thetaiotaomicron metabolizing mucin *O*-glycans including galactose and fucose (Figures 2d

and S9b). In addition, *R. intestinalis* consistently increased the expression of genes involved in

glycolysis, pyruvate utilization, mucin hydrolysis, galactose and mannose utilization, and the

butyrate-producing process after depletion of glucose/pyruvate, with or without mucin beads

present in the medium (Figures 3b and S4b). At a high glucose/pyruvate level (Figure S10a), the

presence of mucin significantly reduced the expression of genes associated with the transport of

glucose (RIL182_03793, RIL182_03794, RIL182_03796), pyruvate (RIL182_01689), galactose

(RIL182_01067-69) and *N*-acetylglucosamine (RIL182_02688-89) across the outer membrane. At

a low glucose/pyruvate level, genes of lactate dehydrogenase (RIL182_00335) and butyryl-

CoA:acetate CoA-transferase (RIL182_00413) were significantly down-regulated (Figure S10b).

Thus, mucin supports the long-term survival of *B. thetaiotaomicron*, while it undermines *R.*

intestinalis' growth on glucose/pyruvate and possibly also on lactate/acetate.

Impact of mucin on interaction dynamics

For the co-culture grown in WC, the co-utilization of glucose and pyruvate resulted in two

separate density peaks of 7.4 and 4.6 × 10^5 viable cells/µl for *B. thetaiotaomicron* and *R.*

intestinalis, respectively (Figure 2c). The pH decreased from 6.7 to 5.3, which was not as acidic

as in the *B. thetaiotaomicron* monoculture (5.0) but lower than in *R. intestinalis* monoculture (5.7).

After depletion of glucose and pyruvate, *B. thetaiotaomicron*'s viable cell numbers gradually

declined, as in monoculture. *R. intestinalis* presented a second peak of 4.1 × 10^5 viable cells/µl at

38 h. In addition, the net concentration of lactate in co-culture was significantly lower than in each

monoculture ($p < 0.001$ in both cases; Student's t test). For the co-culture grown in the presence

of mucin beads, *B. thetaiotaomicron* reached a two-fold higher maximal density than without

beads (1.5 × 10^6 viable cells/µl at 16 h). In contrast, *R. intestinalis* in the mucin co-culture

exhibited significantly lower cell densities than in WC co-culture ($p < 0.01$ by Student's t test),

accompanied by a lower maximal density of 1.8 × 10^5 viable cells/µl. The pH of 5.1 was nearly as

acidic as in the *B. thetaiotaomicron* monoculture with or without mucin. A second peak of *R.*

intestinalis density in mucin co-culture was observed at 120 h, corresponding to a roughly ten-fold

increase in density from 96 h to 120 h (Figure S7a). The significant ($p < 0.001$ by Student's t test)

increase of galactose in the co-culture compared to the *B. thetaiotaomicron* monoculture

suggests that both species hydrolyzed mucin (Figure 2f).

To investigate the interaction dynamics of *B. thetaiotaomicron* and *R. intestinalis* and mucin's

impact on it, we compared viable cell counts in co-culture and monoculture over time. We

computed the interaction strength, here defined as the impact of one organism on the other's

abundance, as the log ratio of viable cell counts in liquid in co- versus monocultures. The

interaction strength and in some cases its sign (i.e., positive or negative impact) changed over

time for both organisms with and without mucin beads (Figure S11). In the presence of

glucose/pyruvate, the competition for these nutrients resulted in negative interaction strengths for

both organisms. After depletion of glucose/pyruvate and in the absence of mucin, *R. intestinalis*

impacts *B. thetaiotaomicron* positively, likely by increasing the pH in the co-culture compared to

the *B. thetaiotaomicron* monoculture. In the presence of mucin, *B. thetaiotaomicron*'s impact on

R. intestinalis during the initial growth on glucose/pyruvate (20-48 h) changed from negative to

positive, likely by reducing the concentration of mucin degradation products that affect *R.*

intestinalis' growth negatively in the presence of glucose. In summary, changing conditions alter

interaction mechanisms between the two species, which lead to varying interaction signs and

strengths.

To further elucidate their changing interaction mechanisms across growth phases, we compared

the differential gene expression between co-culture and monoculture (Figure 3c-d). In the

presence of *R. intestinalis*, *B. thetaiotaomicron* genes associated with the transport of glucose

(BT_0371, BT_1758) were significantly down-regulated in WC without mucin (Figure 3c; I, II). In

addition, the expression of six out of ten glycolysis genes as well as genes involved in succinate,

acetate and formate production was significantly lowered in WC at low glucose/pyruvate levels

(Figure 3c; II). With mucin, *B. thetaiotaomicron* up-regulated glycolysis genes and genes involved

in producing formate, acetate, succinate and lactate (Figure 3c; III, IV). At low nutrient levels, it

also up-regulated genes encoding the exocellular galactosidase (BT_3340, BT_4684), fucosidase

(BT_1842), mannosidase (BT_0458) and sialidase (BT_0455) in response to mucin hydrolysis,

and genes associated with the utilization of galactose and *N*-acetylgalactosamine (Figure 3c; IV).

B. thetaiotaomicron genes (BT_0617-22) belonging to the membrane-associated, proton-

translocating ferredoxin:NAD$^+$ oxidoreductase (*Rnf* complex) were also more expressed with

mucin (Figure 3c; III, IV). In conclusion, *B. thetaiotaomicron* down-regulates the genes of

glycolysis and pyruvate oxidation when *R. intestinalis* is present in WC but does the opposite

when mucin is also present.

In the presence of *B. thetaiotaomicron*, *R. intestinalis* genes associated with glucose transport

(RIL182_03793-94, RIL182_03796, RIL182_01587-88) and the ATP generation via proton pump

(RIL182_00203-10) were down-regulated at high and low glucose/pyruvate levels, respectively

(Figure 3d; I and II, respectively). A candidate gene of the alarmone ppGpp biosynthesis was

significantly up-regulated (RIL182_00174). It is part of *R. intestinalis*' response to stress such as

carbon starvation and may be involved in triggering its diauxic shift. *R. intestinalis* genes

associated with the import of glucose (RIL182_03794, RIL182_03796), pyruvate (RIL182_01689),

galactose (RIL182_01067-69) and *N*-acetylglucosamine (RIL182_02688-89), as well as seven

out of ten glycolysis genes were systematically down-regulated at high glucose/pyruvate levels

with mucin (Figure 3d; III). In addition, *R. intestinalis* genes associated with the butyrate-

producing process via butyryl-CoA:acetate CoA-transferase pathway were more expressed when

glucose/pyruvate was depleted, with or without mucin (Figure 3d; II, IV). Thus, *B.*

thetaiotaomicron reduces *R. intestinalis*' import of glucose and may assist its production of

butyrate from lactate/acetate, regardless of mucin supplementation.

Kinetic model reproduces the observed dynamics

To reproduce physiological observables such as total and viable cell counts as well as

concentrations of key nutrients and metabolites, we developed a model with ordinary differential

equations that summarizes our understanding of the interaction mechanisms (Figure 4a). Since

we see a roughly linear relationship between counts of viable attached and free-swimming cells

(Figure S12), the model assumes that a fixed fraction of the cells attaches to mucin beads and

that only these cells can degrade mucin. Mucin is treated as an inexhaustible resource. We

further assume that changes in SCFAs fully determine changes in the pH, since we observed a

strong linear relationship between pH and the sum of the concentrations of SCFAs (Figure S13).

Based on the literature, we also assume that a low pH affects the growth of *B. thetaiotaomicron*

more strongly than that of *R. intestinalis* (i.e., *B. thetaiotaomicron* is more sensitive to acidity [51]).

In addition, *B. thetaiotaomicron* and *R. intestinalis* can both grow on glucose and mucin sugars,

which was well-supported by our fermentation data and also confirmed at the transcriptional level.

Given our microtiter plate data, we further assume that mucin degradation products inhibit *R.*

intestinalis' growth on glucose (Figure S9c). *R. intestinalis* only switches to its lactate/acetate-

consuming slow growth mode when the concentrations of glucose and mucin degradation

products are low (Figure S10b). Finally, we hypothesize that glucose inhibits *B.*

thetaiotaomicron's growth on mucin sugars, which is supported by the significant overexpression

of the master regulator of carbohydrate utilization in the presence of glucose (log_2fold-change of

BT_4338 in mucin monoculture: 1.8 for 4 h vs 12 h, 3.5 for 4 h vs 24 h and 1.6 for 12 h vs 24 h).

We simplified the model by treating glucose and pyruvate, acetate and lactate as well as mucin

sugars as single entities (see model scheme in Figure 4a). The slow growth mode of *R.*

intestinalis and the behavior of *B. thetaiotaomicron* on mucin after depletion of sugar are

represented by separate states (in both cases referred to as "slow growth mode"). Parameter

values including metabolite production and consumption as well as state switching rates were

determined manually. The equations, parameter values and initial conditions are given in the

Supplementary file 2.

The model qualitatively reproduces our observations, including the second peak observed for *B.*

thetaiotaomicron at 32 h in WC monoculture, the long-term survival of *R. intestinalis* in WC and of

B. thetaiotaomicron in the presence of mucin beads (Figure 4b). However, the model fails to

reproduce the second peak for *R. intestinalis* in WC in co-culture, implying that additional

mechanisms are at play that are not yet fully understood.

Discussion

Here, we investigated the molecular mechanisms underlying the ecological interactions between

two representative gut bacteria in the presence of simple and complex carbon sources within a

spatially structured environment (Figure 5). The greater affinity of *B. thetaiotaomicron* for the

mucin beads (with a mean percentage of 33% attached cells out of total cells, compared to 25%

for *R. intestinalis*), coupled with the more beneficial effect of mucin on the growth of *B.*

thetaiotaomicron than *R. intestinalis*, agrees with their known niches in the human gut: *B.*

thetaiotaomicron thrives as a mucus resident, while *R. intestinalis* tends to inhabit the lumen [17,

32].

We found that even when feeding on similar resources, *B. thetaiotaomicron* and *R. intestinalis*

used alternative strategies to cope with and anticipate nutrient scarcity. Growth data combined

with temporal gene expression patterns suggest that *B. thetaiotaomicron* acts as a "funnel" with

its central carbon/energy metabolism capable of tapping several monosaccharides. Independent

entry points are funneled into glycolysis until phosphoenolpyruvate is produced, which is

converted into oxaloacetate by fixing a CO_2 molecule with the generation of an extra ATP [52].

CO_2 could be supplied from either the external environment or the conversion of pyruvate to

acetyl-CoA. Although this strategy results in accelerated growth, it comes at the cost of

significantly inferior performance when actively consumed nutrients are depleted. In contrast, *R.*

intestinalis uses carbon chain elongation to generate additional energy and maintain a redox

balance (Figure 3b), resulting in butyrate production. Although its growth is slower than that of *B.*

thetaiotaomicron, it can switch its energy source to acetate and lactate, which are also produced

by *B. thetaiotaomicron*. This diauxic shift resembles the nutrient utilization strategies adopted by

other bacterial species [53], mostly well characterized in *E. coli* [54–57]. Some butyrate producers

such as *R. intestinalis* can overcome the energetic barrier to convert lactate to pyruvate by

employing the flavin-based electron confurcation: driving electron flow from lactate to NAD^+ at the

cost of exergonic electron flow from reduced ferredoxin to NAD^+. However, producing butyrate

from lactate and acetate is a much lower energy-yielding process, compared to glucose [49].

Slow growth is also a known strategy to deal with starvation in other nonsporulating bacteria [58,

59].

B. thetaiotaomicron's growth strategy results in a dramatic reduction in the environmental pH,

which significantly inhibits its own growth. This self-inhibition resembles the hypothesis of

ecological suicide suggested previously [60]. At low pH, *B. thetaiotaomicron* cells remain viable

for an extended period of time when mucin beads are present. Without mucin, when glucose and

pyruvate are depleted, a loss of viability is observed (Figure 2a). When the pH was restored in a

spent medium assay, *B. thetaiotaomicron* metabolized an alternative carbon source and restored

growth (Figure S2). Thus, the depletion of nutrients per se is probably not the cause of this

viability loss. Taken together, these results suggest that similar to other bacteria [61], the

metabolic activity of *B. thetaiotaomicron* requires an energy source in an acidic environment,

possibly channeling its ATP from growth to maintaining its intracellular pH within a physiologically

viable range. When this source of energy is no longer available, cells quickly lose viability and

can no longer exploit new nutrients. Although the two species compete for glucose and pyruvate,

and thus initially sustain a negative interaction, the growth of *R. intestinalis* results in a smaller

decrease in the environmental pH than the growth of *B. thetaiotaomicron*, leading to an indirect

positive effect on *B. thetaiotaomicron* at later stages (Figure 5).

B. thetaiotaomicron and *R. intestinalis* respond differently to mucin, depending also on the

presence or absence of glucose. In the absence of glucose, most of the mucin sugars tested

boost *B. thetaiotaomicron*'s growth, except for Neu5Ac. Analysis of its genome reveals the

absence of a Neu5Ac lyase (*nanL*) gene. *B. thetaiotaomicron* is unable to catabolize Neu5Ac and

did not grow on it in a minimal medium [62, 63]. As mucin beads and the tested mucin sugars did

not significantly affect *B. thetaiotaomicron*'s growth during glucose fermentation (Figure S9a), we

assume that glucose prevents *B. thetaiotaomicron* from simultaneously consuming other carbon

sources such as mucin-derived galactose and fucose. This assumption was also necessary to

reproduce *B. thetaiotaomicron*'s behavior with our model. In *E. coli*, further uptake of carbon

sources is suppressed by the transcriptional regulator cAMP-Crp when nutrient uptake surpasses

anabolism [53]. *B. thetaiotaomicron* uses another master regulator of carbohydrate utilization

(BT_4338) particularly for mucin utilization [64], which we found to be significantly over-expressed

when *B. thetaiotaomicron* consumed glucose. As *B. thetaiotaomicron* was reported to easily

switch its metabolism from dietary input to mucin glycans [17], we assume that it relies on

BT_4338 to cope with excessive carbon flux. In contrast, *R. intestinalis* does not grow well when

glucose and mucin are supplied together (Figure 2e). Adding mucin beads also significantly up-

regulated the gene of HTH-type transcriptional repressor GlcR (RIL182_03930), which indicated

the repression of glucose catabolism by mucin sugars. Combined with slower growth on mucin

sugars, this may explain the negative effects of mucin sugars on its growth on glucose. This is

also supported by its significantly increased abundance in the mucin co-culture (Figure 5), which

likely resulted from a decreased concentration of mucin sugars such as mannose due to uptake

by *B. thetaiotaomicron*. However, a mechanism of *R. intestinalis*' carbon uptake strategy has to

be explored further.

Glycan-mediated attachment was reported as an important strategy for gut bacteria to access

nutrients [8]. Since both *B. thetaiotaomicron* and *R. intestinalis* attached to the mucin beads, the

physical proximity could influence their interactions on the beads. The beads were also not

saturated by cells, illustrated by a roughly linear relationship between density on beads and in the

liquid of co-culture (Figures S12 and S14). In addition, the observed fast attachment and

detachment implies that the dynamics between attached and free-swimming cells may be tightly

coupled. Spatial transcriptomics at a single-cell resolution may further reveal the interaction

mechanisms of human gut bacteria in a spatial context [65].

In the presence of *B. thetaiotaomicron*, *R. intestinalis* exhibited additional density peaks at 38 h

without mucin and at 120 h with mucin, which were not predicted by our model. In most of the

cases, the classification technique we used showed high accuracy in distinguishing *B.*

thetaiotaomicron and *R. intestinalis* on a basis of their optical characteristics in flow cytometry,

and the method accuracy was confirmed with the data of a GFP labelled *B. thetaiotaomicron*

(Figure S15). However, when the cells are losing viability (Figure 2c, 24-38 h), the similarity

between live and inviable cells causes difficulties in species separation. Thus, the transition from

the first peak of viable *R. intestinalis* cells to the second in the WC co-culture may be smoother

than observed. There are also alternative explanations for the peak. Since *B. thetaiotaomicron*

can produce a higher concentration of lactate than *R. intestinalis* in monoculture, a transiently

sufficient amount of lactate in the presence of *B. thetaiotaomicron* may reverse the flow from

lactate to pyruvate in *R. intestinalis* so that lactate is consumed instead of produced. In addition,

under the stress of an acidic pH *B. thetaiotaomicron* may release toxins that contribute to the loss

of viability of *R. intestinalis* [66]. Some viable cells of *R. intestinalis* may also grow by necrophagy

on accumulated dead cells [67].

We found that interaction strength significantly varies in value and sign along the growth curve,

both with and without mucin (Figure 5), due to the change in pH and nutrient levels caused by

bacterial growth. Such an interplay between microbial growth and the environment is not only

limited to the human gut, but also commonly described for other natural or engineered

ecosystems, such as soil [68] or anaerobic digesters [69]. Understanding it requires new

experimental and analytical approaches that track ecosystems in time and reveal how and when

interactions change with the environment. However, widely used population models such as the

generalized Lotka-Volterra assume interaction strengths to be constant. Thus, the generalized

Lotka-Volterra is only applicable in systems where environmental conditions (including pH and

nutrient levels) are kept constant, i.e., chemostats. The intestine is not well described by a

chemostat, since nutrient levels, moisture and pH fluctuate with the daily intake of meals and the

circadian rhythm [70, 71]. As confirmed by *in situ* measurements with capsules, the pH is also

known to be variable across colon segments and across colons [72]. To cope with this variability,

models can either account for changing interaction strengths as done here, which requires

knowledge of interaction mechanisms and parameter values, or average over interaction

strengths encountered in typical scenarios in the environment of interest. Such an ensemble

approach may better represent the interaction between two organisms than the usual "snapshot"

strategy of quantifying interactions in one particular condition but may not lend itself to predictive

modelling. Thus, changing interaction strengths are a challenge for predictive models of the

human gut microbiota and other ecosystems that sustain dynamic environmental conditions.

While our experiments were designed to mimic some aspects of the human colon, they neglected

others. Not only is the chemical environment in the colon more complex than WC medium, but

also the commercially available pig gastric mucins and subsequent treatment (e.g., autoclavation)

alters the composition and structural properties compared to the colonic mucins, which could

potentially alter the attachment and further utilization abilities of gut bacteria. In addition, nutrient

availability and pH may vary less in the colon than in our experiments since sorption across the

epithelium reduces the accumulation of fermentation products.

A deeper understanding of alternative metabolic strategies and changing species interactions in

gut microbiota is necessary to rationally design next-generation probiotics and to predict the

outcome of fecal microbiota transplantation. By deciphering the interaction mechanisms between

two common gut bacteria across changing conditions, we have taken another step towards this

goal.

Data Availability

Raw amplicon sequencing data and RNA-seq data have been deposited to the Sequence Read

Archive database under accession numbers of SAMN32182740-827 and SAMN32321133-55,

respectively (https://www.ncbi.nlm.nih.gov/bioproject/PRJNA911421/ and

https://www.ncbi.nlm.nih.gov/bioproject/PRJNA914119/). Raw flow cytometry data have been

deposited to flowrepository.org, under Repository IDs of FR-FCM-Z6YM, FR-FCM-Z6YN, FR-

FCM-Z6YP, FR-FCM-Z6YQ, FR-FCM-Z6YR, FR-FCM-Z6YS, FR-FCM-Z6YT, FR-FCM-Z6YU,

FR-FCM-Z6YV and FR-FCM-Z6YX. The processed RNA-seq data, flow cytometry data and

fermentation data are available at: https://github.com/msysbio.

Code Availability

728 Flow cytometry data processing: bit.ly/3WNrslL, MATLAB file for the kinetic model and RNA-seq

729 processing scripts: https://github.com/msysbio.

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Author Contributions

746 B.L., D.R.G. and K.F. designed the experiments and B.L. and D.R.G. carried them out. A.K.

747 processed raw RNA-seq data. D.G. developed the kinetic model and performed simulations. K.S.

748 measured metabolite concentrations. A.G. and K.B. gave advice on experimental design and

749 interpretation. B.L., D.R.G., K.F. and D.G. analyzed the results and B.L., D.R.G. and K.F. wrote

750 the manuscript. All authors read the manuscript.

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Figure Legends

Figure 1. Experimental setup and design. We used a bottle system containing mucin beads in

WC medium to mimic the spatially structured environment of the human gut. The growth

dynamics of monoculture and co-culture in the liquid medium and attached to the beads were

monitored using flow cytometry with live/dead cell staining. Live cells of *B. thetaiotaomicron* and

R. intestinalis were differentiated from each other and from debris using a UMAP-based

classification strategy (details in the "Methods" section). Fermentation products, including short-

chain fatty acids and mucin-derived monomeric sugars, were measured by high-performance

liquid chromatography and gas chromatography. The presence and quantity of mRNA in samples

collected at different time points were assessed by RNA-seq. Further, a kinetic model with

ordinary differential equations was developed that summarizes our understanding of the system.

O_2: oxygen; WC: Wilkins Chalgren medium; BT: *Bacteroides thetaiotaomicron*; RI: *Roseburia*

intestinalis.

Figure 2. Performance of *B. thetaiotaomicron* and *R. intestinalis* in monoculture and co-

culture without and with mucin beads during batch fermentation. Cell density,

concentrations of glucose, pyruvate and fermentation products, and pH values for *B.*

thetaiotaomicron monoculture **(a)**, *R. intestinalis* monoculture **(b)** and their co-culture **(c)** in WC

medium during 120 h cultivation; Cell density, concentrations of glucose, pyruvate and

fermentation products, pH values as well as concentrations of mucin monomeric sugars for *B.*

thetaiotaomicron monoculture **(d)**, *R. intestinalis* monoculture **(e)** and their co-culture **(f)** in WC

with mucin beads during 120 h cultivation. Circles represent the mean values of biological

replicates. Error bars indicate the standard deviation of biological replicates (n=5 for *B.*

thetaiotaomicron and *R. intestinalis* monocultures in WC experiment; n=6 for co-culture in WC;

n=3 and n=5 for *B. thetaiotaomicron* and *R. intestinalis* monocultures in WC with mucin beads,

respectively; n=5 for co-culture in WC with mucin beads). Concentrations of mucin sugars are

represented by the integrated area under the peak corresponding to the metabolite. To show the

same range on the y axis of barplots, we divided these values by factors of 1 000 000, 5 000 000

and 10 000 for galactose, mannose and fucose, respectively. WC: Wilkins Chalgren medium; BT:

Bacteroides thetaiotaomicron; RI: *Roseburia intestinalis*; mono: monoculture; co: co-culture;

Neu5Ac: *N*-acetylneuraminic acid.

Figure 3. Metabolic maps summarizing gene expression in monocultures and significantly

differential expression in co- versus monocultures of *B. thetaiotaomicron* and *R.*

intestinalis. Gene expression of the key metabolic routes of glucose and pyruvate fermentation,

as well as mucin hydrolysis and mucin sugars utilization in *B. thetaiotaomicron* **(a)** and *R.*

intestinalis **(b)** monocultures in WC medium with mucin beads; differential gene expression

between co-culture and monocultures of *B. thetaiotaomicron* **(c)** and *R. intestinalis* **(d)**. In each

barplot of **a** and **b**, gene expression levels (x axis) were measured in transcripts per million of

RNA samples at time (y axis) 4 h, 12 h, 24 h, 48 h and 120 h for *B. thetaiotaomicron*, and at time

16 h, 28 h, 40 h and 48 h for *R. intestinalis*. In each barplot of **c** and **d**, differential gene

expression was calculated with DESeq2 for four categories: high levels of glucose/pyruvate in

WC (I), low levels of glucose/pyruvate in WC (II), high levels of glucose/pyruvate in WC with

mucin beads (III) and low levels of glucose/pyruvate in WC with mucin beads (IV); positive and

negative values of $\log_2$fold-change are shown in red and blue on the x axis, respectively.

Numbers in each barplot stand for the Gene ID in the genomes of *B. thetaiotaomicron* and *R.*

intestinalis. The solid and dashed lines represent single- and multi-enzyme reactions between the

two indicated molecules, respectively. Error bars indicate the standard deviation of three

biological replicates. Metabolic maps with gene expression in *B. thetaiotaomicron* and *R.*

intestinalis monocultures in WC without mucin beads are shown in Figure S4 and the

Supplementary files 3 and 4. ECF: extracytoplasmic function sigma/anti-sigma pair; HTCS: hybrid

two-component system; GlcR: HTH-type transcriptional repressor of glucose; ppGpp: alarmone

guanosine-5'-3'-bispyrophosphate.

Figure 4. Model scheme and simulations reproducing observations qualitatively. a,

Scheme of the kinetic model. **b**, Dynamics generated by the model without and with mucin. The

equations, parameter values and initial conditions are given in Supplementary file 2.

Figure 5. Summary of the interaction mechanisms driving abundances and metabolite

concentrations in the *B. thetaiotaomicron* and *R. intestinalis* co-cultures without and with

mucin beads. Signs of positive, negative and absence of an interaction are shown as +, - and 0,

respectively. The thickness of the arrow represents the interaction strength quantified as the

logarithm of viable cell density ratios in co- versus monocultures (detailed in Figures S8 and S11).

Main metabolic pathways including glycolysis, converting lactate/acetate to butyrate, mucin

hydrolysis and mucin sugars utilization are colored in teal, pink and black for *B. thetaiotaomicron*,

R. intestinalis and both, respectively. Except for the metabolic pathways inferred from RNA-seq

data, others shown in the figure are representations of real data. Neu5Ac: *N*-acetylneuraminic

acid**;** GlcNAc**:** *N*-acetylglucosamine; GalNAc: *N*-acetylgalactosamine.

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Supplementary Information

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Supplementary file 1: supplementary figures S1-S15.

Supplementary file 2: description of the kinetic model.

Supplementary file 3: RNA expression data for *Bacteroides thetaiotaomicron*.

Supplementary file 4: RNA expression data for *Roseburia intestinalis*.

Growth RI attached

Interactions

Growth BT attached

Attachment

Detachment

Growth RI planktonic

Interactions

Growth BT planktonic

Mucin bead

WC medium

O₂

Flow cytometry

Debris

BT

RI

Targeted metabolomics

RNA-seq

Modelling

$$\frac{dx}{dt} = 0$$

a

b