MICA: A multi-omics method to predict gene regulatory networks in early human embryos

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Abstract

Recent advances in single cell omics have been transformative in the characterisation of challenging to study biological contexts, including when the source material is precious, such as the early human embryo. Single cell datasets are technically challenging to infer transcription factor-gene regulatory interactions, due to low read-depth leading to zero inflated data. Here we have systematically assessed the application of four different machine learning linear or non-linear gene regulatory network prediction strategies to single cell simulated and human embryo transcriptome datasets. We have also compared how the method of gene expression normalisation impacts on regulatory network predictions. Integrating chromatin accessibility together with transcript expression datasets improved the reproducibility of the predicted gene regulatory networks. We found that the application of a non-linear network prediction method based on mutual information (MI) to single cell transcriptome datasets refined with chromatin accessibility (CA) (called MICA), exhibited higher reproducibility compared to the alternative network interference methods tested. Moreover, MICA was used to make predictions about GRNs in the preimplantation human embryo, which were supported by previous findings in other developmental and stem cell contexts. Based on the gene regulatory networks predicted by MICA, we discovered co-localisation of the AP-1 transcription factor subunit proto-oncogene JUND and the TFAP2C transcription factor AP-2γ in human preimplantation embryos. Overall, our comparative analysis of gene regulatory network prediction methods defines a pipeline that can be applied to single-cell multi-omics datasets to infer interactions between transcription factor expression and target gene regulation, which can then be functionally tested.

Introduction

Following the fusion of the oocyte and sperm, the zygote undergoes a series of cell divisions until it forms a blastocyst prior to implantation into the uterus. A human blastocyst is comprised of a fluid-filled cavity and approximately 200 cells that comprise three distinct cell types: the trophectoderm (TE), which gives rise to fetal components of the placenta; the primitive endoderm (PE), which forms the yolk sac; and the pluripotent epiblast (EPI), which gives rise to the embryo proper (Blakeley et al., 2015). The specification of these three lineages represents the earliest cell-fate decisions in humans. Understanding the molecular mechanisms that regulate these decisions is important for applications including stem cell biology, regenerative medicine, and reproductive technologies (Niakan et al., 2012).

We do not yet understand how cell fate specification is regulated in the human embryo. Transcription factor (TF) and target gene regulatory interactions associated with cell fate specification in this context would be informative and has not been elucidated. Defining the gene regulatory networks (GRNs) associated with a given cell type at a distinct time in development facilitates characterisation of cell type identity and prediction of the transcriptional regulators and cis-regulatory DNA sequences that may underlie cell fate specification (Davidson and Erwin, 2006; Materna and Davidson, 2007; Peter and Davidson, 2011). Challenges to determining GRNs in early embryos include the small number of cells that contribute to the distinct cell lineages of the human embryo at these early stages of development. Moreover, while single cell omics technologies facilitate the characterisation of genome-wide gene expression and chromatin accessibility changes in human blastocysts (Blakeley et al., 2015; Li et al., 2018; Liu et al., 2019; Petropoulos et al., 2016; Yan et al., 2013), it is unclear if resolution at this level would allow for accurate predictions of GRNs contributing to cell type specific identity.

The most common computational approach to infer TF-gene regulatory interactions is to model the expression of each target gene as either a linear or non-linear combination of the expression of a set of potential regulators (e.g., the TFs in the dataset of interest) (Dobra et al., 2004; Marbach et al., 2012). The 'target gene' method uses advanced regression methods, such as sparse penalised regression or random forests, to model the expression level of a particular 'target' gene (the response), conditional on the expression levels of a set of other genes (predictors, such as TFs) (Haury et al., 2012; Huynh-Thu et al., 2010). By combining these local network model fits genome-wide, with each gene taking a turn as the response or 'target gene' (Dobra et al., 2004), the GRN is constructed. The linear regression model has previously been used in combination with chromatin accessibility to infer GRNs in human brain organoids(Fleck et al., 2022). Bayesian networks also model the expression of each gene conditional on a set of regulating genes (i.e., parents in the network) by computing how likely it is that each TF in the dataset was responsible for the expression of a certain gene (Kamimoto et al., 2020; Marbach et al., 2012; Pe'er, 2005; Tipping, 2001). The Bayesian/Bagging Ridge model in combination with chromatin accessibility has been used effectively to predict the consequence of gene perturbations and to understand cell fate transitions in the context of development and cellular reprogramming (Argelaguet et al., 2022; Kamimoto et al., 2020). Of note, when fitting Bayesian models it is usually necessary to assume global compatibility (of the local network models), which in turn typically requires that the graph contains no loops (acyclicity). This an assumption which is challenging for biological systems, where feedback loops are a persistent feature (Brandman and Meyer, 2008). In another important group of methods, TF-gene (or more generally gene-gene) interactions are ranked based on a pairwise similarity measure of their expression across samples, such as a variant of correlation or mutual information (Daub et al., 2004; Krishnaswamy et al., 2014). Again, alternatives are available that consider conditional statistics (e.g., partial correlation or partial information decomposition) (Chan et al., 2017). Finally, a range of 'black-box' machine learning methods are available that model the expression of each gene in hard to visualise ways using for

101 example sophisticated non-linear combinations of TF expression values (Shu et al., 2021;
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Although GRN inference methods have been comprehensively compared and developed for
whole-tissue or bulk transcriptome analysis (Cahan et al., 2014; Chai et al., 2014; Marbach et
al., 2012; Morris et al., 2014; Thompson et al., 2015), the interest in cell type-specific
regulatory networks has prompted the application of these methods to single cell RNA-seq
(scRNA-seq) datasets (Aibar et al., 2017; Chen and Mar, 2018; Fiers et al., 2018; Iacono et
al., 2019; Kang et al., 2021; Mochida et al., 2018; Nguyen et al., 2021; Pratapa et al., 2020;
Stone et al., 2021). These previous studies showed that the approaches with the best overall
performance belong to the regression and mutual information categories and highlighted the
challenges of performing GRN inference on single cell datasets. This is attributed mainly to
the heterogeneous and stochastic nature of gene expression in individual cells (Nguyen et al.,
2021). Of note is that even state-of-the-art methods that have been evaluated on well-defined
benchmark datasets predict a considerable number of false positive interactions (Kang et al.,
2021; Marbach et al., 2012; Nguyen et al., 2021; Pratapa et al., 2020; Stone et al., 2021). Most
of these false predictions originate from indirect associations, for example a path $a \rightarrow b \rightarrow c$
can result in the prediction of $a \rightarrow c$ even if there is no direct link between those nodes (i.e., a
'transitive edge' in the network). Several methods to eliminate such effects have been
proposed (Barzel and Barabási, 2013; Chan et al., 2017; Feizi et al., 2013; Margolin et al.,
2006; Wang et al., 2018) but they can be computationally demanding and sensitive to the
choice of hyper-parameters (Feizi et al., 2013).
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Given the stage of development of human preimplantation embryos and their precious nature,
together with the restrictions on such research in some countries, the omics datasets from
human blastocysts are very small compared to those from other biological contexts. This
makes it challenging to mine these datasets using GRN inference methods, which require a
sufficiently large number of cells to produce reproducible results (Kang et al., 2021; Pratapa
et al., 2020). Here, we assessed whether the integration of other types of omics datasets with
transcriptomic-based predictions could help to reduce indirect TF-gene relationships and
thereby produce more reliable gene regulatory networks. We utilised a low number of samples
in high quality omics data from early human embryos at the blastocyst stage (6-7 days post-
fertilisation) (Blakeley et al., 2015; Petropoulos et al., 2016; Yan et al., 2013) to evaluate the
plausibility of our predictions: this has the advantage of being a biological context with only
three well-defined cell types (Blakeley et al., 2015) to evaluate the plausibility of our
predictions.
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The aims of this work were (i) to evaluate whether it is possible to infer reliable cell type-
specific regulatory networks for each one of the cell types in the early human embryo in spite
of the size of the available omics data, (ii) to determine if the integration of chromatin
accessibility data with transcriptome analysis would better inform predictions of GRNs, and
(iii) to predict and validate previously unidentified gene regulation in the human blastocyst.
Overall, we demonstrate that the available single cell transcriptomic data was most robustly
analysed by a mutual information-based inference method which had been refined with
chromatin accessibility data (MICA). The resulting Analysis predicted GRNs that were
consistent with the transcripts and proteins that are known to be enriched in specific lineages.
This method allowed us to discover a novel putative regulatory interaction between the
TFAP2C transcription factor AP-2γ and the AP-1 transcription factor subunit proto-oncogene
JUND in human preimplantation embryos. Mouse embryos analysed at equivalent stages of
development did not have correlated expression of AP-2γ and JUND, suggesting a network
interaction that may be distinct between these species. Overall, we propose that MICA will be
a useful method to make gene regulatory network predictions in other challenging-to-study
biological contexts.
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Figure 1. An overview of our regulatory network inference, evaluation, and validation framework.
Footprinting analysis was applied to ATAC-seq data from human embryos at the late blastocyst stage to identify
potential transcription factor (TF) binding sites and TF-gene regulations. The TFs and genes in this list of chromatin
accessibility (CA)-predicted regulations were used to reduce the size of scRNA-seq data from each of the cell types
in embryos at the same developmental stage (EPI: Epiblast, 26 samples; PE: Primitive Endoderm, 33 samples;
TE: Trophectoderm, 45 samples). Five gene regulatory network (GRN) inference approaches were applied to the
transcriptomic data normalised using four different methods for comparison (log(TPM+1), log(FPKM+1), batch-
corrected and log-counts). The reproducibility and biological content of the predicted GRNs were evaluated with
several metrics. GRNs refined by keeping CA-predicted regulations only were also evaluated.
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Results

Assessing the conditions for optimal GRN inference on synthetic data

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We initially generated synthetic gene-expression data with known ground-truth GRN structure
for a variety of sample sizes (see Methods) to determine the characteristics of the
transcriptomic data on which GRN inference methods perform best and, importantly, to
compare these conditions with our human blastocyst scRNA-seq datasets (see Fig. 1). We
then applied four different GRN prediction strategies to the simulated transcriptomes (see
Supplementary Information (SI)-Section 1 and Figs. S1-S2 for more details). 1) We applied
GENIE3 (Aibar et al., 2017; Huynh-Thu et al., 2010), a random forests regression approach
which takes into account expression levels of the regulated or target gene and is used for
regulatory network inference in the SCENIC GRN prediction pipeline (Aibar et al., 2017; Kang
et al., 2021; Marbach et al., 2012; Nguyen et al., 2021; Pratapa et al., 2020; Stone et al.,
2021). 2) We compared this to the L0L2 sparse penalised regression model (Hazimeh and
Mazumder, 2018; Tibshirani, 1996) which minimizes the total size of the linear model
coefficients so that a minimal set of regulatory TFs receive the largest linear model
coefficients. 3) We also compared with the correlation coefficient as a reference: we used
Spearman's rank correlation coefficient (Fieller et al., 1957) as we expect non-linear
associations in the data. 4) Lastly, we applied a non-linear alternative method based on mutual
information (MI) that we speculated may be more appropriate for non-linear response
functions in single-cell data (Faith et al., 2007; Krishnaswamy et al., 2014) (Fig. S2). For the
MI method, we used the empirical distribution of the MI values for each gene (Faith et al.,
2007) (see Methods for more detail). We also varied the number of transcriptional regulators
of each target gene in the synthetic data, to study the impact of this parameter on their
performance. Further details of the analysis methods and step-by-step codes are also
available at: https://github.com/galanisl/early_hs_embryo_GRNs

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Two main conclusions emerged from these simulations. First, using synthetic datasets, the
performance of all methods increases from the sample size of n = 10 to n = 1000, as assessed
statistically by the area under the receiver operating characteristic curve (AUROC) (Fig. 2).
However, we noted that the prediction accuracy of the GRNs only marginally improves as the
number of samples surpasses n = 100 (Fig. 2). Therefore, while sample size is important,
increasing this beyond a threshold sample size does not further improve the predicted
transcriptional regulations. We further note that low sequencing depth (such as in many single-
cell studies) may increase this optimal value of n. Second, limiting the number of potential
transcriptional regulators of a target gene, positively impacts the ability of a chosen inference
method to recover the ground-truth GRN (Fig. 2). From our simulations, 50 or fewer TFs yield
the highest AUROC values for n < 100 (Fig. 2). This would be a reasonable prediction for a
given gene in a specific cell type based on our analysis of low input chromatin accessibility
(CA) data from the human blastocyst (Liu et al., 2019), where the median number of TF motifs
per gene is 35 for the inner cell mass (ICM) and 40 for the TE (Fig. S3).
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Figure 2. GRN inference on simulated scRNA-seq data. Ability of different GRN inference methods (L0L2,
GENIE3, Spearman correlation and MI) to recover the ground-truth GRN structure from simulated gene expression
data as measured with the average area under the receiver operating characteristic curve (AUROC) from 100
simulations. The AUROC is shown as a function of different sample sizes (n=10 to 1000) and the number of
potential regulators of each gene in the simulated datasets is also varied from 10 to 100. The range of sizes of the
three human blastocyst datasets that we analysed is highlighted in grey as a reference. Error bars correspond to
standard errors of the mean.
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Based on these results and given the size of our human blastocyst datasets (EPI: 26 samples,
PE: 33 samples, TE: 45 samples with 1,366 TFs among 25,098 genes (Blakeley et al., 2015;
Petropoulos et al., 2016; Yan et al., 2013)), we reasoned that TF-gene interactions predicted
from experimentally collected gene expression data could be refined with complementary,
context-specific epigenomic datasets. Specifically, we used low-input CA analysis of human
blastocyst TE cells and the inner cell mass, comprised of EPI and PE cells, to refine the GRNs
of the respective cell types (Liu et al., 2019). Peak calling and annotation were performed with
nf-core/atacseq to identify regions of open chromatin (Ewels et al., 2020). TF motif enrichment
analysis in these open regions of open chromatin were identified using rgt-hint with TF binding
models from HOCOMOCO and JASPAR (Li et al., 2019). Finally, the open chromatin regions
enriched for TF motifs along with the predicted downstream target genes were determined
based on the nearest transcriptional start sites (most distances ranging from -5kbp to 10kbp).
This narrowed down the number of genes (to 12,780 for EPI and PE, 12,981 for TE) and TFs
(514) in the datasets, thus bringing our sample sizes and potential TFs per gene to the ranges
suggested by our simulations.
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236 ## Statistical evaluation of inferred human blastocyst GRNs
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We next integrated the single-cell transcriptome data from human blastocysts generated using
the SMART-seq2 library preparation protocol (Blakeley et al., 2015; Petropoulos et al., 2016;
Picelli et al., 2014; Yan et al., 2013) where fewer cells are sequenced but better transcript
coverage and sequencing depth is obtained (~15,000 genes and ~7 million reads per cell)
compared to more conventional scRNA-seq methods, such as 10X (~3,000 genes and

~50,000 reads per cell) (Wang et al., 2021). Due to the lack of genome-scale experimentally
derived GRNs in the human embryo context, we evaluated the robustness of the predictions
made by four inference approaches (L0L2 regression, GENIE3, Spearman correlation and MI)
using three different strategies (see Methods and SI-Section 1). Since we did not find reports
about the impact of gene expression normalisation choice on GRN predictions, we also
assessed this parameter and considered the application of GRN predictors to log(TPM+1),
log(FPKM+1), log-count and batch-corrected expression data.

For GENIE3, transcription factors are ranked according to the degree of variability in their
expression level and how the expression of the putative regulator correlates with a target gene.
This ranking is then used to construct the co-expression network for all genes and transcription
factors, by thresholding the algorithm's variance reduction score at the tenth percentile of its
empirical distribution. The GRN is then inferred as the intersection of the edges in this co-
expression network with the edges in the network of all possible gene regulations derived from
the chromatin accessibility / DNA binding motif data. This network of all possible gene
regulations is defined as all network edges from regulating TF to regulated gene, where an
edge represents a DNA binding motif for the TF in regulatory DNA within open chromatin in
the regulated gene.

For L0L2 regression, the model automatically chooses a ranked subset of TFs from those
predicted as regulators of the target gene in the chromatin accessibility / DNA binding motif
data inferences. In this way, each target gene takes its turn for a model to be fitted around that
target gene. After the model has been fitted to every target gene, the global gene regulatory
network can be constructed by combining the local networks fitted around each target gene.

With the Spearman correlation coefficient, a weighted co-expression network is inferred as
the absolute value of the correlation coefficient. The gene regulatory network is then inferred
as the intersection of the edges in this co-expression network with the edges in the network of
all potential gene regulations derived from the chromatin accessibility / DNA binding motif
data.

For MI-based inference, the co-expression network is estimated first, by estimating p-values
from a model likelihood based on the empirical distributions of the calculated MI values (Daub
et al., 2004; Faith et al., 2007). Again, the gene regulatory network is inferred as the
intersection of the edges in this co-expression network with the edges in the network of all
possible gene regulations derived from the chromatin accessibility / DNA binding motif data.

We first calculated a reproducibility score R for each putative regulatory interaction following
the application of these network inference methods to human blastocyst data (see Methods)
and investigated the distribution of the reproducibility values for the top-100,000 predicted
edges (Fig. S4). Fig. 3A reports the difference between the median of this distribution and the
median of the distribution produced by a predictor that generates a random ranking of all
possible TF-gene interactions (ΔR). We found that the most reproducible regulatory
interactions were inferred by MI followed by a filtering process in which only TF-gene
associations supported by CA data were considered in the final network (MICA) (Fig. 3A). As
predicted by our simulations, the size of each cell type-specific dataset had a clear impact on
GRN inference with methods such as GENIE3 producing more reproducible interactions in the
TE. Interestingly, most inference methods produced better results with gene expression
values following log(TPM+1) or log(FPKM+1) normalisation (Fig. 3A).

Noting that the reproducibility score R quantifies robustness at the edge level, we also
assessed robustness at the level of network structures, features, or subnetworks. To do so,
we randomly split each dataset (EPI, PE and TE) into two groups with the same number of
samples, then applied the inference methods to each one (with or without CA refinement), and
finally benchmarked them either focussing on the top regulatory interactions (early

recognition) or on all regulatory interactions (see Methods). We repeated this 10 times for 10 random splits of the data. For the first comparison, we identified the top 1% (by network score) of all possible regulatory interactions from each group, and then quantified the overlap of these top interactions between the groups using the area under the precision-recall curve (AUPRC) (Fig. S5). By comparing the differences between the median of ten resulting AUPRCs for each method to the random predictions described above, we found that MICA outperformed the other approaches and gave the highest difference in AUPRC when applied to log(TPM+1)- and log(FPKM+1)-normalised expression values (Fig. 3B). For the second comparison, we divided the data into two portions and then calculated a normalised L2 loss between the network scores over the whole network, rather than just the top 1% of interactions (Fig. S6). We found that the inverse value of this metric also confirms the robustness of MICA (Fig. 3C).

Overall, our statistical evaluation strategies showed that the most robust GRN inference method to analyse the limited number of human blastocyst cells was MICA. Importantly, if transcriptome-based predictions are not refined with CA data, most methods perform just slightly better than random (Figs. S4 and S5), underscoring the importance of integrating multi-omics analysis in inference models. It was also important to assess the impact of gene expression normalisation on GRN prediction because we observed apparent effects in our benchmarks depending on the normalisation method used, with log(TPM+1) or log(FPKM+1) being the most suitable gene expression units in this context.

Figure 3. Statistical evaluation of inferred human blastocyst GRNs. Robustness of the GRNs predicted by four inference methods with or without chromatin accessibility (CA) refinement was evaluated with three different metrics. **(A)** ΔR measures the difference between the median edge-level reproducibility for a GRN inference method and a random predictor. **(B)** ΔAUPRC quantifies the extent to which the interactions inferred from half of a dataset coincide with the top-1% interactions inferred from the second half in a 2-fold cross-validation experiment repeated ten times, also with respect to a random predictor. **(C)** Finally, the inverse of the normalised L2 loss between the network scores from the two folds was also computed. L0L2 did not converge when applied to the TE dataset.

Association of inferred GRNs to human blastocyst cell lineages

We next evaluated the inferred GRNs to determine if they could recapitulate interactions of molecular markers of the three cell types that in the human blastocyst (Fig. S7). First, we computed the overlap between the GRN edges predicted by each inference method for each blastocyst cell type to identify interactions associated with the EPI, PE and TE, as well as the interactions common to the three cell types (see Methods). We then used the out-degree of NANOG, GATA4 and CDX2, TFs which respectively mark the EPI, PE and TE (Fig. 4A), as a proxy for their activity in each one of the four networks. Our prediction is that these TFs should be actively regulating genes in the cell type-specific networks and participate in only a few interactions in the common GRN, based on their known expression pattern in the blastocyst and function in other mammalian contexts such as the mouse (Arceci et al., 1993; Chambers et al., 2003; Dietrich and Hiiragi, 2007; Mitsui et al., 2003; Strumpf et al., 2005). The common network did not show marker activity in the predicted GRNs (Fig. 4B and Figs. S8-S11), which is expected given that the expression of these markers is known to be mutually exclusive at this stage. The expected pattern for NANOG (active in the EPI and inactive in the PE and TE, Fig. 4A), was observed in the GRNs with TF-gene interactions supported by CA data and inferred with GENIE3, Spearman correlation and MI when applied to batch-corrected, FPKM and TPM data with some instances of the non-refined L0L2, GENIE3 and Spearman GRNs also matching the expected pattern (Fig. 4B). In the PE, the expected activity pattern for GATA4 (active in the PE and inactive in EPI and TE, Fig. 4A) and lack of detectable networks for NANOG and CDX2, were predicted by applying GENIE3+CA, Spearman correlation+CA and MICA to the FPKM and TPM datasets (Fig. 4B). Finally, the TE-expected pattern for CDX2 (active in the TE and inactive in the EPI and PE) and lack of detectable network for NANOG and GATA4, Fig. 4A) was only observed when using Spearman correlation or MICA on log-counts and batch-corrected data, MICA or MICA+CA on FPKM data and MICA+CA on TPM data (Fig. 4B). L0L2, with or without CA refinement, consistently performed poorly at predicting GRNs compared to the other methods used. Log count normalisation failed to recover GRNs for these TFs that were associated with the specific cell type in which they are known to be exclusively expressed.

We next manually curated a list of gene sets representing the most relevant pathways and biological processes in the EPI (e.g., regulation of pluripotency) and the TE (e.g., embryonic placenta development) to perform a gene set enrichment analysis with the genes involved in the 500 regulatory interactions with the best prediction scores in the EPI and TE GRNs of the 25 most active TFs (Tables S2, S3, Methods). We restricted this analysis to the EPI and TE to compare between these distinct cell types and because the CA data we used were generated for the TE and ICM only. Next, we computed a validation score V as the number of relevant gene sets that were enriched at a significance level of 10% ($p<0.1$) in the EPI and TE GRNs. We note that a low significance level was set because the resulting inferences are aggregated, mitigating the effect of false positive hits for individual gene groups. To facilitate the comparison between V scores across GRNs from different inference and normalisation methods, we normalised this score to the maximum score attained at the cell type level (Fig. 4C). We found that the CA-refined data agree better with the cell type-specific gene sets for both the top-predicted EPI and TE interactions, i.e. the interactions with the highest prediction scores (Fig. 4B). The GRNs inferred by Spearman+CA produced the highest V scores in the EPI and TE, and these were not impacted by the normalisation method employed. The second-best inference method was MICA, with consistent V scores across normalisation methods. We note that both MICA and Spearman+CA are non-linear methods which do not involve regression, indicating that advanced regression methods may not be the most effective choice for biological discovery with these restricted sample-sizes.

Taken together, both biological evaluation metrics that we considered confirmed the importance of refining single-cell transcriptome-based GRN inferences with CA data and underscored the robustness of MICA in predicting GRNs from the analysed human blastocyst

386 datasets. Based on these results, we decided to focus on the GRNs predicted by this method
387 for the analyses presented in the following sections.
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Figure 4. Biological evaluation of inferred human blastocyst GRNs. (A) Two-dimensional UMAP
representation of the scRNA-seq data from each of the three cell types in the early human at the
blastocyst stage. The expression of marker genes for each cell type is also represented in UMAP space:
NANOG is used as an Epiblast marker, CDX2 as a Trophectoderm marker and GATA4 as a Primitive
endoderm marker. **(B)** Marker activity in the cell type-specific GRNs (EPI: Epiblast, PE: Primitive endoderm; TE:

Trophectoderm) and the network common to the three cell types in the human blastocyst. The expected pattern,
i.e. the marker that was expected to be active in each GRN, is shown for reference. **(C)** Normalised V-statistic
across datasets and inference methods. V corresponds to the number of gene sets that were enriched at a
significance level of 10% in a gene set enrichment analysis performed with the genes involved in the top-500
regulations by the 25 most-connected TFs in the EPI or TE GRNs.

Predicted TF networks for NANOG, GATA4 and CDX2

Using MICA, we constructed GRNs for TFs expressed in the EPI, PE and TE (FigShare:
doi.org/10.6084/m9.figshare.21968813). For visualization, the predicted GRN for each of the
TFs is separated into target and regulator TF networks. Target networks contain a maximum
of 25 top potential target TFs of the hub (or central) TF, whereas regulator networks include a
maximum of 25 top TFs that potentially regulate the hub. The average expression of the
network members across samples of the cell type of interest is represented by the size of the
node. MI scores are represented by the thickness of the edges in the network and edge colour
highlights whether the expression of the source and target node is correlated, anti-correlated
or uncorrelated across samples. To define these three categories, we used the Spearman's
rank correlation coefficient between the expression levels of the source and target nodes
across samples of the cell type of interest. Correlated or anti-correlated node pairs correspond
to positive or negative Spearman's rank coefficient with p-value smaller than 0.1, whereas
node pairs having p-value equals or larger than 0.1 were defined as uncorrelated.

Among the top NANOG targets, TFs RREB1, NCAO3, ZNF343, ZFP42, and NME2 are
predicted to be positively regulated by NANOG (Fig. 5A). ZFP42 is a pluripotency marker
encoding the REX1 protein and has been shown to be a direct target of NANOG in mouse
pluripotent stem cells (Shi et al., 2006). ZNF343 is a less well-characterized TF, but multiple
NANOG ChIP-seq datasets in both naïve and primed human embryonic stem cells (ESCs)
showed high binding score (MACS2 score > 1000) in the proximal region of the transcription
start site (TSS) of ZNF343 (Fig. S13; Barakat et al., 2018; Chovanec et al., 2021; Lyu et al.,
2018), which suggests direct regulation of ZNF343 by NANOG. Interestingly, NME2 was
previously predicted to be a regulator instead of a target of NANOG in mouse pluripotent stem
cells using the TENET GRN inference method (Kim et al., 2021). This inconsistency may be
due to the lack of chromatin accessibility data for robust directionality inference in the TENET
method, or a species difference. Indeed, some mouse naïve pluripotency regulators, such as
ESRRB, which is also a direct target of NANOG in mouse pluripotent stem cells (Festuccia et
al., 2012), was not expressed in the human EPI (Fig. S14). Putative regulators of NANOG
predicted from our MICA network analysis contain multiple KLF factors, including KLF3, KLF5,
KLF9 and KLF16 (Fig. 5B). Spearman correlation analysis suggest that KLF9 and KLF16
potentially down-regulate NANOG expression, based on their anti-correlated expression,
whereas KLF3 and KLF5 are not significantly correlated with the NANOG expression profile.

In the PE, GATA4 was predicted to enhance the expression of SP8, TET1, and SKIL while
repressing the expression of ELF3, TFDP2 POGK, ZNF770, and NR2F2 (Fig. 5C). It is also
predicted to be a target of HNF1B and SALL4 and repressed by ETV4 and E2F6 (Fig. 5D).
Most of these interactions have not been experimentally validated or inferred. However,
NR2F2 was previously identified as a maturation marker of polar TE (Meistermann et al.,
2021). The repression of NR2F2 by GATA4 predicted in the PE suggests the role of GATA4
in maintaining the PE cell identity by inhibiting the polar TE program. Furthermore, it has been
shown that SALL4 is required for mouse PE-derived extra-embryonic endoderm cell derivation
and knockout of SALL4 in these cells cause down-regulation of GATA4 (Lim et al., 2008). In
addition, multiple endoderm genes such as GATA4, GATA6, and SOX17 were shown to be
SALL4-bound genes by ChIP-seq (Lim et al., 2008). These findings are consistent with the
inferred GATA4 regulatory network.

Interestingly, TBX3 is a target of CDX2, and its role has been implicated in trophoblast cell
differentiation (Lv et al., 2019). CDX2 is predicted to be regulated by both KLF5 and KLF6,
which are also markers of the trophectoderm lineage (Fig. 5F). KLF5 is necessary for the
trophectoderm formation in the mouse pre-implantation embryo and is required for CDX2
expression in mouse ESCs (Ema et al., 2008; Lin et al., 2010). Interestingly, further analysis
of the CDX2 target-to-regulator interactions showed that TBX3 and FOXH1 are also potential
positive regulators of KLF5 and KLF6. Positive feedback loops are formed between CDX2,
TBX3 and KLF5, as well as CDX2, FOXH1 and KLF6 (Fig. S15). Other key developmental
regulators including HAND1, GATA3 and GATA6, are also predicted to regulate CDX2
expression. This is consistent with the timing of GATA3 protein expression preceding that of
CDX2 (Gerri et al., 2020). Further investigation will be needed to understand the differences
between the CDX2-high and CDX2-low TE cells and how the positive feedback loops formed
within the CDX2 network enhance and stabilize CDX2 expression in the CDX2-high
population.

Figure 5. TF-to-TF networks of NANOG, GATA4 and CDX2 inferred by MICA. (A) Network of TFs targeted by NANOG. (B) Network of TFs that regulate NANOG. (C) Network of TFs targeted by GATA4. (D) Network of TFs that regulate GATA4. (E) Network TFs targeted by CDX2. (F) Network of TFs that regulate CDX2.

Maintenance of TFAP2C expression by JUND in all lineages of human blastocyst

We next sought to determine if the MICA network modelling could predict novel interactions or associations between TFs in early human embryo development. We focused on TFAP2C as an example for the network comparison. TFAP2C is a molecular marker that is initially expressed in all the cells at the morula stage and later specifically restricted to the TE at the blastocyst stage in the mouse embryo and not expressed in other lineages (Cao et al., 2015; Gerri et al., 2020). However, in human embryos, TFAP2C is expressed in the TE, EPI and PE at the blastocyst stage (Blakeley et al., 2015) and has been shown to maintain pluripotency in naïve human embryonic stem cells by regulating OCT4 expression (Chen et al., 2018; Pastor et al., 2018). By performing comparisons of TFAP2C networks in human EPI, TE, and PE cells, we found conserved interactions consisting of TFAP2C, JUND, SOX4, and GCM1 (Fig. 6A). In addition, all four factors showed significant positive correlations in their expression (Figs. 6B, S16, S17). The MICA network predicts that JUND and SOX4 regulate TFAP2C, while TFAP2C targets GCM1 in all three lineages. In the EPI and PE, SOX4 and GCM1 formed a feedback loop, resulting in a larger positive feedback loop comprised of TFAP2C, GCM1 and SOX4. Interestingly, in the TE, the correlation between GCM1 and SOX4 is absent, and SOX4 is predicted to target JUND, which in turn may regulate TFAP2C. Our network predicts that interactions between these four TFs maintains TFAP2C expression in all three lineages.

We subsequently performed immunostaining of TFAP2C and JUND initially on naïve human embryonic stem cells, thought to represent the blastocyst EPI (naïve hESCs) and compared the expression pattern to primed hESCs, which are thought to reflect later stages of EPI development (Bredenkamp et al., 2019; Vallier et al., 2009). TFAP2C and JUND showed a correlated expression pattern in the naïve hESCs (Fig. S18A). Although TFAP2C is expressed at a much lower level in the primed H9 cells, nuclei staining could be observed in the cells with JUND expression (Fig. S18A). To determine if TFAP2C and JUND protein expression is positively correlated, we performed immunofluorescence analysis of human preimplantation blastocysts approximately 6.5 days after fertilisation. This showed that TFAP2C and JUND were co-expressed in human blastocysts (Fig. 6C, S18B; n=4). To further characterize the protein expression correlation, we performed 3D nuclear segmentation and calculated the Pearson correlation between TFAP2C and JUND based on the DAPI-normalized protein intensity (Fig. 6D). TFAP2C intensity showed a linear increase with the increase of JUND intensity in all analysed human embryos, and their intensities are highly correlated (0.68-0.85 Pearson correlation; p < 0.001; Fig. 6D).

To compare TFAP2C and JUND correlation between species, we performed immunofluorescence analysis and 3D nuclei segmentation on the mouse blastocysts approximately 3.5 days after fertilisation, which is a similar stage to the human embryos analysed. As expected from previous studies, TFAP2C showed specific localisation to the TE, whereas JUND was expressed in both TE and EPI cells (Fig. 6E). Moreover, Pearson correlation analysis showed insignificant or weaker correlations between TFAP2C and JUND intensity in mouse blastocysts (Fig. 6F). Overall, these results indicate a positive correlation between TFAP2C and JUND in human embryos that warrants further investigation. Moreover, the difference between the correlation of these factors in mouse embryos versus human embryos is intriguing. Overall, this demonstrates the informativeness of the MICA network analysis to predict correlations and possible regulatory relationships between transcription factors that can be experimentally tested.

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Figure 6. Conserved TFAP2C interactions across EPI, TE, and PE in the human blastocyst. (A) Network composed of TFAP2C, JUND, SOX4, and GCM1 in EPI (left), TE (middle), and PE (right). (B) Correlation plots between TFAP2C, JUND, SOX4, and GCM1 RNA expression in trophectoderm. Bottom left: log transformed RNA expression of genes in single cells. Diagonal: Distribution of log transformed RNA expression for TFAP2C, JUND, SOX4 and GCM1. Top right: Spearman correlation between TF pairs. (***: p < 0.001). (C) Immunofluorescence staining of TFAP2C and JUND in E6.5 human blastocysts. (D) Correlation plot of TFAP2C and JUND protein intensity in nuclei of human E6.5 blastocysts. Numbers on the plot are Pearson correlation value. (***: p < 0.001). (E) Immunofluorescence staining of TFAP2C and JUND in E3.5 mouse blastocysts. (F) Correlation plot of TFAP2C and JUND protein intensity in nuclei of E3.5 mouse blastocysts. Numbers on the plot are Pearson correlation values. (*: p < 0.05; ***: p < 0.001).

Discussion

The relationship between genome-wide transcriptomic and epigenomic changes and cell fate specification in human embryogenesis is unclear. Studies of human pre-implantation development rely on the donation of surplus embryos derived from assisted reproduction technologies, and the use of such embryos for research is tightly regulated and subject to significant limitations, such as a lack of ability to conduct such research in some jurisdictions (Niakan et al., 2012). In addition, the collection of single cells from such precious embryos is technically challenging and requires specialist expertise and micropipettes to disaggregate microscopic embryos. Therefore, currently available -omics datasets from human blastocysts comprise only a few tens of samples per cell type and are therefore very limited. This contrasts with single-cell analyses in other cellular and developmental contexts that are based on tens of thousands of samples (or more) per cell type (Zheng et al., 2017).

Sample size is one of the most important considerations when selecting or designing statistical methodology, for example to infer networks of regulations of TFs and their target genes. Hence, GRN inference in -omics data from human pre-implantation embryos presents unique statistical challenges. In particular, methodology that can leverage information about gene regulations from small sample-sizes is required for this context. On the other hand, the lack of heterogeneity in early human embryos compared to adult tissue makes this a good context in which to assess GRN inference methodologies, because there is less unmeasured variability arising from environmental factors. To assess which GRN inference method performs the best in this challenging-to-study context, we have systematically compared several popular methodologies. Furthermore, we have tested how incorporation of complementary epigenomic data from ATAC-seq improves GRN inferences. Consistent with other contexts (Argelaguet et al., 2022; Kamimoto et al., 2020), we found that incorporating chromatin accessibility/TF motif analysis together with transcriptional inferences improves the accuracy of GRN inference, by first narrowing down the choice of TF targets from which to infer the mRNA transcript co-expression network, a principle that is likely to be especially important with small sample sizes.

Here we have shown that incorporating complementary epigenomic data with transcriptomic data improves the reproducibility of inferred GRNs. Furthermore, it has enabled us to make predictions about GRNs operational in early human embryos that are consistent with an understanding of the function and association of the regulators in other developmental and stem cell contexts. We suggest that for network inference using advanced regression methods, it may be preferable to pre-filter using epigenomic data to first narrow down the TF targets to choose from in scRNA-seq datasets, because this gives the network inference algorithm an easier time of selecting the regulators from transcriptome data, which is consistent with the experience of others using alternative GRN prediction methods (Fleck et al., 2022; Kamimoto et al., 2020; Kartha et al., 2022) . Alternative methods incorporate epigenomic data after inference of the mRNA transcript co-expression network (González-Blas et al., 2022) and this has been applied successfully to infer GRNs in the fly brain

577 (Janssens et al., 2022). It will be interesting to determine how the type and sequential order
578 of incorporating multi-omics datasets impacts on GRN predictions.
579
We also note some limitations on the interpretation of the GRNs predicted. For example, one
ATAC-seq peak could cover multiple transcription factor binding sites in a region. In such
cases, we include all TFs with motifs mapping to this region as potential regulators of the gene
with the closest TSS (transcriptional start site) to the region, for subsequent transcript co-
expression network modelling. However, it will be interesting to determine if this can be
refined, by applying the recently developed chromVAR-Multiome method to human
blastocysts to generate an *in silico* ChIP-seq library for this context (Argelaguet et al., 2022).
Moreover, the ATAC-seq data applied in this study analysed the inner cell mass data in bulk,
without distinguishing between EPI and PE cells. Therefore, cell-type specific chromatin
accessibility could not be considered, and specific interactions may have been missed due to
the heterogeneity of the data. In addition, predictions based on the nearest TSS will miss long-
range enhancers that are known to be important for gene regulation (Schoenfelder and Fraser,
2019). In the future, integration of single-cell or nuclei matched transcriptome and ATAC-seq
chromatin accessibility data, like recent studies in the mouse (Argelaguet et al., 2022), would
be preferable to apply in the human blastocyst context.
595
We also note that so far, we have separately modelled GRN structure to specific pre-
implantation embryonic cell types constrained to a single developmental time-point. In the
future, we seek to model dynamic GRN structure in transcriptionally distinct human blastocyst
lineages. Moreover, we seek to integrate CUT&RUN or CUT&TAG TF-DNA binding analysis
(Kaya-Okur et al., 2019; Meers et al., 2019; Skene and Henikoff, 2017) for key putative
developmental regulators, such as GATA3, to further narrow down experimentally validated
occupancy from the ATAC-seq predictions we used in this study, similarly to a recent
application in mouse blastocysts (Hainer et al., 2019; Hayashi and Inoue, 2023), though we
note that in this context TF occupancy studies will be restricted to a few TFs with good quality
antibodies.
606
607 In summary, the MICA network analysis pipeline we developed is a tool that can be applied to
608 challenging-to-study developmental contexts with limited sample size, such as the human
609 blastocyst, to make predictions about TF interactions that can be experimentally tested in the
610 future. As more datasets become available, we anticipate that the networks predicted will be
611 further refined.
612
613
614 **Methods**
615
616 **Ethics statement**
617
618 All human embryo experiments followed all relevant institutional and national guidelines and
619 regulations.
620
621 This study was approved by the UK Human Fertilisation and Embryology Authority (HFEA):
622 research licence number R0162, and the Health Research Authority's Research Ethics
623 Committee (Cambridge Central reference number 19/EE/0297).
624
625 The process of licence approval entailed independent peer review along with consideration by
626 the HFEA Licence and Executive Committees. Our research is compliant with the HFEA code
627 of practice and has undergone inspections by the HFEA since the licence was granted.
628 Research donors were recruited from patients at Bourn Hall Clinic, Homerton University
629 Hospital, The Bridge Centre and IVF Hammersmith.
630

Informed consent was obtained from all couples that donated surplus embryos following IVF treatment. Before giving consent, people donating embryos were provided with all of the necessary information about the research project, an opportunity to receive counselling and the conditions that apply within the licence and the HFEA code of practice. Donors were informed that, in the experiments, embryo development would be stopped before 14 days post-fertilization, and that subsequent biochemical and genetic studies would be performed. Informed consent was also obtained from donors for all the results of these studies to be published in scientific journals. No financial inducements were offered for donation. Consent was not obtained to perform genetic tests on patients and no such tests were performed. The patient information sheets and consent document provided to patients are publicly available (https://www.crick.ac.uk/research/a-z-researchers/researchers-k-o/kathy-niakan/hfea-licence/). Donated embryos surplus to the IVF treatment of the patient were cryopreserved and were transferred to the Francis Crick Institute where they were thawed and used in the research project.

ATAC-seq data processing and analysis

Chromatin accessibility profiles from the inner cell mass (ICM) and TE were obtained from the data produced by Liu *et al.* with the LiCAT-seq protocol (Liu et al., 2019). Alignment to the reference genome (GRCh38), peak calling and annotation were performed with nf-core/atacseq v1.1.0 (Ewels et al., 2020). Then, we carried out footprinting followed by TF motif enrichment analysis in the regions of open chromatin using rgt-hint v0.13.0 with TF binding models from HOCOMOCO and JASPAR (Li et al., 2019). Finally, we associated the TFs that exhibited over-represented motifs in these regions with their closest transcription starting sites (most distances ranging from -5kbp to 10kbp).

scRNA-seq data processing and analysis

We integrated scRNA-seq data from three different studies (Blakeley et al., 2015; Petropoulos et al., 2016; Yan et al., 2013) focusing on the three cell types present at the late blastocyst stage (Fig. 1, Fig. S7A). Cell type annotations were taken from the work by Stirparo *et al*. Alignment to the reference genome (GRCh38) and calculation of gene counts and TPM-normalised counts were performed on each dataset separately with nf-core/rnaseq v1.4.2 (Ewels et al., 2020). The resulting gene expression matrices were integrated and normalised (log-counts and batch-corrected counts) using Bioconductor tools (Amezquita et al., 2019). The final set of samples was manually curated based on the UMAP representation of the batch-corrected data (see Fig. S7 and Table S1). The list of 25,098 genes in the expression matrices was reduced to the unique set of TFs and transcription starting sites (TSS) derived from the motif enrichment analysis applied to the ATAC-seq data. We used the ICM TFs and TSS for the EPI and PE matrices (12,780 genes) and the TE TFs and TSS for the TE matrices (12,981 genes).

Network inference methods

For network inference, we compared the best performing strategy in the DREAM5 challenge, GENIE3 (Huynh-Thu et al., 2010), with a non-linear alternative based on MI (Faith et al., 2007), the Spearman's rank correlation coefficient and the L0L2 sparse regression method that we applied using recent advances in sparse multivariate statistical modelling (Bartlett et al., 2019; Hazimeh and Mazumder, 2018). We also considered a "random predictor" that outputs a random ordering of all the possible TF-gene interactions. See SI-Section 1 and Figs. S1-S3 for more details.

The putative regulatory links predicted by each of these methods using the scRNA-seq data were evaluated *as is* but also subjected to a filtering process in which only TF-gene

associations supported by the chromatin accessibility data were considered in the final
network. To identify these refined predictions, we added the *+CA* suffix to the name of the
GRN inference methods. In both cases, to generate the final network, we selected the top
100,000 edges by ranking edges according to their network score. We define network score
as the absolute correlation coefficient or linear regression coefficient (in the case of
Spearman's correlation and sparse regression respectively), or as -log10p for mutual
information, or the GENIE3 score.
692

Simulation study

For our simulation study, we used the `daggitty` package in `R` to generate synthetic gene
expression data with a known ground-truth GRN structure, as follows. These synthetic
datasets were generated with a range of sample sizes n and number of potential regulators of
each node (gene) p using linear structural equation models (SEMs) (Eq. 1 in SI-Section 1)
based on pre-defined GRNs (with known ground-truth structure) generated with network edge
density ρ=0.07. We note that this value of ρ was based on an empirical estimate from the
available ATAC-seq+TF motif data. For each combination of n and p, we generated 100
network instances. Inferences from the different network methods we considered (GENIE3,
L0L2 sparse regression, MI, Spearman correlation) were then compared with the known
ground-truth. This comparison was assessed by the AUC statistic, the 'area under the ROC
(receiver-operator characteristic) curve'. This statistic was averaged across the 100 network
instances we generated.
707

Statistical evaluation metrics

We calculated a reproducibility score R as a bootstrap estimate of the posterior probability of
observing an edge E given the dataset D, $R=P(E|D)$ (Pe'er, 2005), for the top 100,000
predicted edges. We also carried out 2-fold cross-validation in two ways as follows. We
randomly split each dataset (EPI, PE and TE) in two groups with the same number of samples
ten times (repeated 2-fold cross-validation), applied the inference methods (with or without
chromatin accessibility refinement), took the top-1% of all possible regulatory interactions from
one group and quantified the extent to which the top interactions inferred from the other group
coincide with that reference using the area under the precision-recall curve (AUPRC). In
addition, we calculated a normalised L2 loss comparing all the network inferences from the
two network fits on the 2 folds of the data (at the level of the network scores). The normalised
L2 loss is then defined as the L2 loss comparing the network scores from each of the 2 data
folds, divided by the product of the square roots of the L2 norms of the network scores of each
of the 2 data folds.
723

Biological evaluation metrics

For each combination of inference method and normalisation approach, we computed the
intersection between the GRN edges predicted to identify interactions that are specific to the
EPI, PE and TE, as well as the interactions common to the three cell types. In set notation this
corresponds to EPI-specific = (EPI \ PE) \ TE, PE-specific = (PE \ EPI) \ TE, TE-specific = (TE
\ EPI) \ PE and Common = EPI ∩ PE ∩ TE. Then, we used the out-degree of NANOG, GATA4
and CDX2 (marker TFs of the EPI, PE and TE, respectively) as a proxy for their activity in
each one of the four networks. We considered that a marker was active if its normalised out-
degree (i.e., the proportion of all genes it regulates in that GRN) was at least the median
normalised out-degree across all networks.
735

We calculated a validation score V as the number of relevant gene sets that were enriched at
a significance level of 10% (p<0.1) in a gene-set enrichment analysis performed with the genes
regulated by the 25 most connected TFs and that were part of the 500 interactions with the

highest prediction scores produced by the GRN inference methods for the EPI and TE. The
list of gene sets for the EPI and TE were manually curated and represent the most relevant
pathways and biological processes in each one of these cell types (see Tables S2 and S3).
The starting list of gene sets comprised all the pathways and Gene Ontology Biological
Process (GO BP) terms collated by the Bader Lab at the University of Toronto on 01 October
2020
(http://download.baderlab.org/EM_Genesets/October_01_2020/Human/symbol/Human_GO
BP_AllPathways_no_GO_iea_October_01_2020_symbol.gmt). To facilitate the comparison
between V scores from different GRN inference methods within a cell type, we normalised V
to the maximum score attained by a network predictor for that cell type (i.e., EPI or TE).

749
750 **Human and Mouse Embryo Culture**

751
752 Human embryos were cultured as previously described (Gerri et al., 2020). Vitrified human
753 blastocyst stage embryos were thawed using Kitazato Thawing Media (VT602, order number
754 91121) following the manufacturer's instructions.

755
All animal research was performed under the project licence PP8826065 according to UK
Home Office regulations. The project passed ethical review by the Francis Crick Institute
Animal Welfare Review Board in 2019. Six-week-old CBA female mice were super-ovulated
using injection of 5 IU of pregnant mare serum gonadotrophin (PMSG; Sigma-Aldrich). Forty-
eight hours after PMSG injection, 5 IU of human chorionic gonadotrophin (HCG; Sigma-
Aldrich) was administered. Superovulated females were set up for mating with eight-week-old
or older (C57BL6) males. F1 hybrid mouse zygotes were isolated in FHM and cumulus cells
were removed with hyaluronidase (Sigma-Aldrich; H4272).

764
765 Mouse embryos and human embryos were cultured in drops of pre-equilibrated Global
766 medium (LifeGlobal; LGGG-20) supplemented with 10% human serum albumin (LifeGlobal;
767 GHSA-125) and overlaid with mineral oil (Origio; ART-4008-5P). Preimplantation embryos
768 were incubated at 37 °C and 5% CO_2 in an EmbryoScope+ time-lapse incubator (Vitrolife) and
769 cultured for up to 24hrs for human blastocyst and 4 days for mouse blastocysts.

770
771 **Cell Culture**

772
773 Primed hESC culture
774 Primed hESCs were cultured on growth factor-reduced Matrigel-coated dishes (BD
775 Biosciences; 356231) in humidified incubators at 37°C, 5% CO_2. Cells were fed with fresh
776 mTeSR1 medium (Stem Cell Technologies; 85850) every day and passaged as clumps at a
777 ∼1:10 ratio using ReLeSR (Stem Cell Technologies; 05872) every 5-6 days.

778
Naïve hESC culture
Naïve hESCs were cultured on mitotically inactivated DR4 mouse embryonic fibroblasts
(MEFs; density = 1×106 per well of a six-well plate) in humidified incubators at 37°C, 5% O_2
and 5% CO_2. Cells were fed with fresh PXGL medium [N2B27 basal medium (Takara; Y40002)
+ 1 uM PD03 (Cambridge Bioscience; 13034) + 2 uM XAV939 (Sigma; X3004) + 2 uM Go6983
(Bio-Techne; 2285) + 10 ng/mL hLIF (PepROTECH; 300-05-25)] every 2 days and passaged
as single cells at ∼1:5 ratio using Accutase (ThermoFisher; A11105-01) every 4-5 days. 10
µM ROCK inhibitor (Tocris Bioscience; Y-27632) were added into the medium for 24 hours
after passaging to increase the cell survivability.

788
789 **Immunofluorescence staining**

790
791 Cells were cultured on µ-Slide 8-well dishes (Ibidi; 80826) before immunofluorescence
792 staining. Embryos and cell cultures were fixed with freshly prepared 4% paraformaldehyde in

PBS. Fixation was performed for 20 min at room temperature for embryos and overnight at 4 °C for cell cultures. Embryos and cell cultures were then washed 3 times in 1× PBS with 0.1% Tween-20 to remove residual paraformaldehyde. Permeabilization was performed with 1× PBS with 0.5% Tween-20 and followed by blocking in blocking solution (10% donkey serum in 1× PBS with 0.1% Tween-20) for 1 h at room temperature on a rotating shaker. Then, antibody incubation was performed with primary antibodies diluted in blocking solution overnight at 4 °C on rotating shaker. The following day, embryos and cell cultures were washed in 1× PBS with 0.1% Tween-20 for 3 times, and then incubated with secondary antibodies diluted in blocking solution for 1 h at room temperature on a rotating shaker in the dark. Next, embryos and cell cultures were washed in 1× PBS with 0.1% Tween-20 for 3 times. Finally, embryos were placed in 1× PBS with 0.1% Tween-20 with Vectashield and DAPI mounting medium (Vector Lab; H-1200) (1:30 dilution). Embryos were placed on µ-Slide 8-well dishes (Ibidi; 80826) for confocal imaging. The antibodies and concentrations used are reported in Table S4.

Confocal imaging

Confocal immunofluorescence images were taken with Leica SP8 confocal microscopes for cell cultures and embryos. 2-µm-thick optical sections were collected for embryo Z-stack imaging.

Nuclei segmentation and quantification

Nuclei segmentation and quantification were performed on Z-stack confocal images taken at 2-µm-thick optical sections. Stardist (Weigert et al., 2020) was used for nuclei segmentation followed by CellProfiler (Stirling et al., 2021) for nuclei tracking and fluorescence intensity quantification. Detailed pipeline and scripts can be found here: https://github.com/galanisl/early_hs_embryo_GRNs

Data and code availability

scRNA-seq and ATAC-seq data were obtained from the European Nucleotide Archive [accession numbers: PRJNA153427, PRJNA277181, PRJEB11202 and PRJNA494280]. Data pre-processing and analysis scripts are available at https://github.com/galanisl/early_hs_embryo_GRNs.

Acknowledgements

We thank Zimeng Chen for contributing to the initial analysis of the synthetic datasets. We thank members of the Niakan lab for helpful discussions and feedback on the manuscript. Work in the laboratory of KKN was supported by the Wellcome Trust (221856/Z/20/Z). Work in the laboratory of KKN was also supported by the Francis Crick Institute, which receives its core funding from Cancer Research UK (CC2074), the UK Medical Research Council (CC2074) and the Wellcome Trust (CC2074). The work carried out by TEB was partly supported by MRC grant MR/P014070/1. For the purpose of Open Access, the authors have applied a CC BY public copyright licence to any Author Accepted Manuscript version arising from this submission.

Competing Interests

No competing interests declared

Author contributions

GAL, TEB and KKN conceived the project. GAL and TEB developed the analytical network interference and statistical methods and analysed data. QH developed the network model representation pipeline, analysed data and performed immunostaining analysis and quantification. AM performed human and mouse embryo thaw and culture. CS provided advice on image quantification and analysed data. KKN analysed data and funded the project. KE, PS and LC coordinate the donation of embryos to the research project. GAL, TEB, QH, CS and KKN wrote the manuscript.

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