

# 1 Cellular iron governs the host response to malaria

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15 **ABSTRACT**

16 Malaria and iron deficiency are major global health problems with extensive epidemiological overlap.  
17 Iron deficiency-induced anaemia can protect the host from malaria by limiting parasite growth. On the  
18 other hand, iron deficiency can significantly disrupt immune cell function. However, the impact of host  
19 cell iron scarcity beyond anaemia remains elusive in malaria. To address this, we employed a transgenic  
20 mouse model carrying a mutation in the transferrin receptor ( $Tfrc^{Y20H/Y20H}$ ), which limits the ability of  
21 cells to internalise iron from plasma. At homeostasis  $Tfrc^{Y20H/Y20H}$  mice appear healthy and are not  
22 anaemic. However,  $Tfrc^{Y20H/Y20H}$  mice infected with *Plasmodium chabaudi chabaudi AS* showed  
23 significantly higher peak parasitaemia and body weight loss. We found that  $Tfrc^{Y20H/Y20H}$  mice displayed  
24 a similar trajectory of malaria-induced anaemia as wild-type mice, and elevated circulating iron did not  
25 increase peak parasitaemia. Instead, *P. chabaudi*-infected  $Tfrc^{Y20H/Y20H}$  mice had an impaired innate and  
26 adaptive immune response, marked by decreased cell proliferation and cytokine production.

27 Moreover, we demonstrated that these immune cell impairments were cell-intrinsic, as *ex vivo* iron  
28 supplementation fully recovered CD4 T cell and B cell function. Despite the inhibited immune response  
29 and increased parasitaemia,  $Tfrc^{Y20H/Y20H}$  mice displayed mitigated liver damage, characterised by  
30 decreased parasite sequestration in the liver and an attenuated hepatic immune response. Together, these  
31 results show that host cell iron scarcity inhibits the immune response but prevents excessive hepatic  
32 tissue damage during malaria infection. These divergent effects shed light on the role of iron in the  
33 complex balance between protection and pathology in malaria.

## 34 INTRODUCTION

35 Malaria is a major global health problem that causes significant morbidity and mortality worldwide (1).  
36 It is caused by *Plasmodium* species parasites, which have a complex life cycle and are transmitted  
37 between humans by *Anopheles* mosquitos. In the human host, multiple cycles of asexual parasite  
38 replication inside red blood cells (RBC) result in extensive RBC destruction, immune activation, and  
39 microvascular obstruction (2). This blood stage of infection gives rise to symptoms such as fever, chills,  
40 headache, and malaise. In severe cases, it can also cause life-threatening complications such as acute  
41 anaemia, coma, respiratory distress, and organ failure (2).

42 There is a complex relationship between host iron status and malaria. Iron is an essential micronutrient  
43 that is required by most living organisms to maintain physiological and biochemical processes, such as  
44 oxygen transport and storage, cellular metabolism, and reduction-oxidation reactions (3,4). Despite the  
45 importance of iron, iron deficiency is exceedingly common in humans, and iron deficiency anaemia is  
46 estimated to affect a sixth of the world's population (5,6). In the context of human malaria infection,  
47 iron deficiency can decrease the risk of disease, severe disease, and mortality (7–9). The protective  
48 effect of iron deficiency is at least partly mediated by anaemia, as RBCs isolated from anaemic  
49 individuals are less amenable to malaria parasite growth (10).

50 Meanwhile, oral iron supplementation is a risk factor for malaria in areas with limited access to  
51 preventative measures and treatment (11,12). This effect can to some extent be explained by iron  
52 supplementation stimulating erythropoiesis and increasing the proportion of reticulocytes and young  
53 erythrocytes, which are preferred targets for invasion by *P. falciparum* parasites (10). Malaria and iron  
54 deficiency also often disproportionately affect the same populations (e.g. young children in the WHO  
55 African Region) (1,6), in part, because malaria causes iron deficiency (13).

56 Anaemia is the primary and most profound consequence of iron deficiency. However, iron deficiency  
57 can also have other negative impacts on human health. Immune cells with high proliferative and  
58 anabolic capacities appear to be particularly sensitive to iron deficiency. As such, decreased iron  
59 availability can impair the proliferation and maturation of lymphocytes and neutrophils (14–16).

60 Neutrophils and macrophages also require iron for enzymes involved in microbial killing (16–20). In  
61 animal models of iron deficiency, lymphocyte function is severely impaired, and the immune response  
62 to immunisation and viral infection is inhibited (21,22). Similarly, iron deficiency decreases  
63 inflammation and improves outcomes in mouse models of autoimmune disease (23–26). In humans,  
64 associations between iron deficiency and attenuated responses to some vaccines have been observed  
65 (21,22,27–29). Moreover, patients with a rare mutation in transferrin receptor-1 (TfR1), the primary  
66 receptor for iron uptake in cells, present with lymphocyte dysfunction and combined immunodeficiency  
67 (30,31).

68 Controlling a malaria infection requires two distinct but complementary immune responses. An early  
69 cell-mediated response, primarily driven by interferon- $\gamma$  (IFN- $\gamma$ ) producing CD4<sup>+</sup> T cells, prevents  
70 uncontrolled exponential parasite growth (32–36). Meanwhile, a humoral response is required to  
71 prevent recrudescence and to clear the infection (37,38). Excessive production of pro-inflammatory  
72 immune cells and cytokines can lead to sepsis-like complications and cause collateral damage to tissues  
73 and organs (39,40). Thus, the pro-inflammatory anti-parasite response must be balanced by  
74 immunoregulatory and tissue-protective responses to prevent immunopathology (41–44).

75 Although it is known that host iron deficiency influences malaria infection, the mechanisms that affect  
76 host health or *Plasmodium* virulence remain largely unknown. In particular, the effects of iron  
77 deficiency aside from anaemia, have scarcely been explored. Moreover, any effects on malaria  
78 immunity have not been investigated beyond a few observational studies that found associations  
79 between iron deficiency and attenuated antibody responses to malaria in children (7,45,46).

80 In this study, we aspired to deepen our understanding of how malaria infection is affected by host iron  
81 deficiency. To this end, we employed a genetic mouse model of cellular iron deficiency based on a rare  
82 mutation in TfR1 (*Tfrc*<sup>Y20H/Y20H</sup>), which causes combined immunodeficiency in humans (30,31). We  
83 found that decreasing host cellular iron levels increased peak malaria parasitaemia in mice infected with  
84 *P. chabaudi*. While *P. chabaudi*-induced anaemia and RBC invasion remained unaffected, the immune  
85 response to *P. chabaudi* was drastically inhibited. Interestingly, mice with cellular iron deficiency also  
86 had attenuated *P. chabaudi*-induced liver damage, suggesting reduced immunopathology. Hence, host

87 cellular iron deficiency attenuated the immune response to malaria, leading to increased pathogen  
88 burden and mitigated liver pathology.

## 89 **RESULTS**

### 90 **Decreased cellular iron uptake increases *P. chabaudi* pathogen burden**

91 To investigate the effects of cellular iron availability on the host's response to malaria, we utilised a  
92 transgenic mouse with a mutation in the cellular iron transporter TfR1. The *Tfrc*<sup>Y20H/Y20H</sup> mutation  
93 decreases receptor internalisation by approximately 50%, resulting in decreased cellular iron uptake  
94 (30). The effects of the *Tfrc*<sup>Y20H/Y20H</sup> mutation in erythroid cells are minimised due to a STEAP3-  
95 mediated compensatory mechanism (30). At homeostasis, adult *Tfrc*<sup>Y20H/Y20H</sup> mice are healthy, normal-  
96 sized, and not anaemic (Figure S1A-B). However, they have microcytic RBCs, compensated for by an  
97 increase in RBCs (Figure S1C-D), and mildly suppressed liver and serum iron levels (Figure S1E-F).

98 *Tfrc*<sup>Y20H/Y20H</sup> and wild-type mice were infected with a recently mosquito-transmitted rodent malaria  
99 strain, *P. chabaudi chabaudi* AS, which constitutively expresses GFP (hereafter referred to as *P.*  
100 *chabaudi*) (47,48) (Figure 1A). Recently mosquito-transmitted parasites were used to mimic a natural  
101 infection more closely, as vector transmission is known to regulate *Plasmodium* virulence and alter the  
102 host's immune response, resulting in lower parasitaemia (48–50).

103 Strikingly, mice with decreased cellular iron uptake had significantly higher peak parasitaemia and  
104 higher peak infected red blood cell (iRBC) counts (Figure 1B-C). The higher pathogen burden coincided  
105 with more severe weight loss than wild-type mice (Figure 1D). This phenotype contrasts previous  
106 studies, in which nutritional iron deficiency resulted in lower parasitaemia and increased survival of  
107 malaria infected mice (51,52). Hence, our findings highlight a distinct role for cellular iron in malaria  
108 pathology, which acts inversely to the protective effect of anaemia. This prompted us to investigate the  
109 cause of the higher parasite burden observed in our model.

### 110 ***Tfrc*<sup>Y20H/Y20H</sup> and wild-type mice have comparable malaria-induced RBC loss and anaemia**

111 Anaemia-associated alterations of RBC physiology can affect malaria infection and have been put  
112 forward as the main cause of both the protective effect of iron deficiency and the increased risk

113 associated with iron supplementation (10). We therefore monitored RBCs in wild-type and *Tfrc*<sup>Y20H/Y20H</sup>  
114 mice infected with *P. chabaudi*. Both genotypes displayed similar levels of malaria-induced RBC loss  
115 and RBC recovery (Figure 1E). Moreover, *Tfrc*<sup>Y20H/Y20H</sup> and wild-type mice were equally severely  
116 anaemic at the nadir of RBC loss, eight days post infection (dpi) (Figure 1F). At the chronic stage of  
117 infection (20 dpi), however, wild-type mice showed improved recovery from anaemia compared to  
118 *Tfrc*<sup>Y20H/Y20H</sup> mice (Figure 1G), consistent with a decreased ability of the *Tfrc*<sup>Y20H/Y20H</sup> cells to incorporate  
119 iron.

120 While anaemia and RBC counts were comparable between both genotypes during infection, it was  
121 nevertheless possible that differences in RBC physiology could alter the course of infection.  
122 Consequently, we performed an *in vitro* invasion assay to determine whether *Tfrc*<sup>Y20H/Y20H</sup> RBCs were  
123 more susceptible to *P. chabaudi* invasion. Fluorescently labelled wild-type or *Tfrc*<sup>Y20H/Y20H</sup> RBCs were  
124 incubated *in vitro* with RBCs from a *P. chabaudi* infected wild-type mouse. Upon completion of one  
125 asexual replication cycle, invasion was assessed, and the susceptibility index was calculated (Figure  
126 1H). The RBC susceptibility indices of both genotypes were comparable (Figure 1I), thus indicating  
127 that the higher parasite burden in *Tfrc*<sup>Y20H/Y20H</sup> mice was not due to a higher susceptibility of their RBCs  
128 to *P. chabaudi* invasion.

### 129 **Hyperferremia does not substantially alter *P. chabaudi* infection**

130 In addition to anaemia, it has been suggested that that variations in host iron levels could affect blood-  
131 stage *Plasmodium* parasite growth (53,54). Consequently, non-haem liver iron and serum iron was  
132 measured in wild-type and *Tfrc*<sup>Y20H/Y20H</sup> mice upon *P. chabaudi* infection. At the peak of infection, both  
133 genotypes had elevated liver and serum iron levels compared to homeostasis (Figure S1E-F & Figure  
134 1J-K). Infected wild-type and *Tfrc*<sup>Y20H/Y20H</sup> mice had equivalent liver iron levels (Figure 1J), but serum  
135 iron levels were higher in *Tfrc*<sup>Y20H/Y20H</sup> mice (Figure 1K).

136 We therefore decided to investigate whether supraphysiological serum iron (i.e., hyperferremia) can  
137 alter *P. chabaudi* parasite growth. To do this, we treated wild-type mice with a recombinant monoclonal  
138 anti-BMP6 IgG antibody ( $\alpha$ BMP6) or an isotype control (Figure S2A).  $\alpha$ BMP6 treatment suppresses  
139 hepcidin expression and elevates serum iron, as a consequence of unregulated release of iron from

140 cellular stores (55) (Figure S2A). *P. chabaudi* infected mice treated with  $\alpha$ BMP6 had higher serum iron  
141 than isotype control-treated mice on days 9 and 21 after infection (Figure S2B). Nevertheless, mice  
142 treated with  $\alpha$ BMP6 and isotype had comparable peak parasitaemia and peak iRBC counts, although  
143  $\alpha$ BMP6 treated mice appeared to clear the parasites slightly more efficiently (Figure S2C-D). In  
144 addition,  $\alpha$ BMP6 treatment did not significantly alter weight loss (Figure S2E). Taken together, this  
145 data indicates that hyperferremia, as observed in infected *Tfrc*<sup>Y20H/Y20H</sup> mice, does not increase peak  
146 parasitaemia. Accordingly, these findings further indicate that iron uptake by non-erythropoietic cells  
147 is decisive in the host response to malaria.

### 148 **Decreased cellular iron uptake attenuates the immune response to *P. chabaudi***

149 The immune response to malaria exerts control of parasitaemia, and the spleen is the main site of the  
150 immune response to blood-stage malaria (40,56). Therefore, we assessed the splenic immune response  
151 to *P. chabaudi* during the acute stage of infection (8 dpi). Interestingly, *Tfrc*<sup>Y20H/Y20H</sup> mice had attenuated  
152 splenomegaly during acute *P. chabaudi* infection (Figure 2A-B), suggesting a disrupted splenic  
153 response.

154 Malaria infection leads to an influx of mononuclear phagocytes (MNP) into the spleen, where they are  
155 involved in cytokine production, antigen presentation, and phagocytosis of iRBCs (35,36,44). Upon *P.*  
156 *chabaudi* infection, fewer MNPs were detected in the spleen of *Tfrc*<sup>Y20H/Y20H</sup> mice (Figure 2C). This  
157 applied both to CD11b<sup>+</sup> Ly6C<sup>+</sup> MNPs (resembling inflammatory monocytes and/or monocyte-derived  
158 macrophages) and to CD11c<sup>+</sup> MHCII<sup>+</sup> MNPs (resembling dendritic cells) (Figure 2D-E & Figure S3A).  
159 In malaria infection, some MNPs can produce IFN $\gamma$  that facilitates naïve CD4<sup>+</sup> T cell activation and  
160 polarisation (35). Consequently, splenocytes from infected mice were cultured *ex vivo* with a protein  
161 transport inhibitor, and intracellular cytokine staining was performed. Interestingly, fewer MNPs from  
162 *Tfrc*<sup>Y20H/Y20H</sup> mice produced IFN $\gamma$  compared to MNPs from wild-type mice (Figure 2F-G). Infected wild-  
163 type and *Tfrc*<sup>Y20H/Y20H</sup> mice had comparable splenic neutrophil, eosinophil and NK cell numbers during  
164 acute infection (8 dpi) (Figure S3B-D). Thus, mice with decreased cellular iron uptake had an attenuated  
165 MNP response to *P. chabaudi* infection.

166 **Cellular iron deficiency impairs the CD4<sup>+</sup> T cell response to *P. chabaudi***

167 T cells, particularly CD4<sup>+</sup> T cells, are a critical component of the immune response to blood-stage  
168 malaria (57). Therefore, we assessed the splenic T cell response to acute *P. chabaudi* infection. Total  
169 splenic CD4<sup>+</sup> T cell count was comparable in both genotypes eight days after infection (Figure 3A).  
170 However, mice with decreased cellular iron uptake had a decreased proportion of effector CD4<sup>+</sup> T cells  
171 (Figure 3B), and, consequently, fewer total splenic effector CD4<sup>+</sup> T cells than wild-type mice (Figure  
172 3C). In addition, the proportion of antigen-experienced CD44<sup>+</sup> and PD1<sup>+</sup> CD4<sup>+</sup> T cells was also reduced  
173 in *Tfrc*<sup>Y20H/Y20H</sup> mice, re-enforcing their less activated state (Figure 3D-E). Moreover, fewer *Tfrc*<sup>Y20H/Y20H</sup>  
174 CD4<sup>+</sup> T cells were actively dividing, based on the proliferation marker KI-67 (Figure 3F). This suggests  
175 a functional impairment of the CD4<sup>+</sup> T cell response to *P. chabaudi* in mice with decreased cellular iron  
176 uptake.

177 Similarly, total CD8<sup>+</sup> T cell count did not differ between genotypes (Figure S4A), but *P. chabaudi*  
178 infected *Tfrc*<sup>Y20H/Y20H</sup> mice had fewer effector CD8<sup>+</sup> T cells eight days after infection (Figure S4B-C).  
179 However, there was no difference in the percentage of antigen-experienced (CD44<sup>+</sup> or PD-1<sup>+</sup>) (Figure  
180 S4D-E), proliferating (KI-67<sup>+</sup>) (Figure S4F) or IFN $\gamma$  producing (Figure S4G) CD8<sup>+</sup> T cells. Hence the  
181 CD8<sup>+</sup> T cell response to *P. chabaudi* infection was also attenuated, albeit to a lesser degree than CD4<sup>+</sup>  
182 T cells.

183 T helper 1 (Th1) cells and other T helper subsets that express IFN $\gamma$  are particularly important for malaria  
184 immunity (57). Interestingly, the proportion of CD4<sup>+</sup> T cells that expressed the Th1 transcription factor  
185 T-BET was lower in mice with decreased cellular iron uptake (Figure 3G). Furthermore, fewer CD4 T  
186 cells from *Tfrc*<sup>Y20H/Y20H</sup> mice produced IFN $\gamma$  upon *ex vivo* restimulation (Figure 3H-I). Thus, further  
187 strengthening the evidence of functional CD4<sup>+</sup> T cell impairment in *Tfrc*<sup>Y20H/Y20H</sup> mice during *P.*  
188 *chabaudi* infection.

189 To determine whether these impairments were T cell intrinsic and iron-dependent, we utilized naïve  
190 CD4<sup>+</sup> T cells isolated from uninfected wild-type and *Tfrc*<sup>Y20H/Y20H</sup> mice. The cells were cultured *in vitro*  
191 under Th1 polarising conditions for four days, in standard or iron supplemented culture media (Figure  
192 4A). *Tfrc*<sup>Y20H/Y20H</sup> lymphocytes can acquire iron under conditions where transferrin is hyper-saturated



193 and sufficient quantities of free iron are likely to be generated (30,58). Proliferation was significantly  
194 impaired in *Tfrc*<sup>Y20H/Y20H</sup> CD4<sup>+</sup> T cells but could be rescued in a dose-dependent manner by iron  
195 supplementation (Figure 4B-C). In addition, very few *Tfrc*<sup>Y20H/Y20H</sup> CD4<sup>+</sup> T cells cultured in standard  
196 media produced IFN $\gamma$ . However, iron supplementation completely rescued IFN $\gamma$  production (Figure  
197 4D-F). Hence, the CD4<sup>+</sup> T cell deficiencies observed in *Tfrc*<sup>Y20H/Y20H</sup> mice during *P. chabaudi* infection  
198 were replicated *in vitro* and could be rescued by iron supplementation. These observations confirm that  
199 host cell iron scarcity disrupts CD4<sup>+</sup> T cell function, leading to an inhibited CD4<sup>+</sup> T cell response to *P.*  
200 *chabaudi* infection.

### 201 **Decreased cellular iron uptake disrupts the germinal centre response to *P. chabaudi***

202 An efficient germinal centre (GC) response is required to generate high-affinity antibodies that enable  
203 malaria clearance (37,38). In light of the impaired CD4<sup>+</sup> T cell response to *P. chabaudi* in *Tfrc*<sup>Y20H/Y20H</sup>  
204 mice, we further examined the B cell supporting T follicular helper cell (Tfh) response. During the acute  
205 stage of infection, a smaller proportion of CD4<sup>+</sup> T cells from *Tfrc*<sup>Y20H/Y20H</sup> mice expressed B cell co-  
206 stimulation receptor ICOS (Figure 5A). ICOS is essential in malaria infection, as it is required to  
207 maintain the Tfh cell response and sustain antibody production (59). In line with this, *Tfrc*<sup>Y20H/Y20H</sup> mice  
208 had fewer Tfh cells, both during the acute (8 dpi) and chronic (20 dpi) stages of infection (Figure 5B-  
209 C). Tfh cells support the activation, differentiation, and selection of high-affinity GC B cells, and are  
210 an essential component of the humoral immune response to malaria (38). Therefore, we next sought to  
211 assess the B cell response to *P. chabaudi* infection in *Tfrc*<sup>Y20H/Y20H</sup> and wild-type mice.

212 We observed no difference between genotypes in the total number of splenic B cells at the acute stage  
213 of infection (8 dpi) (Figure 5D). However, mice with decreased cellular iron uptake had severely  
214 impaired B cell activation and fewer antibody-secreting effector B cells (Figure 5E-F). Additionally,  
215 *Tfrc*<sup>Y20H/Y20H</sup> mice had fewer GC B cells during acute infection (8 dpi) (Figure 5G). This effect remained  
216 in the chronic stage of infection (20 dpi) (Figure 5H-I), indicating a prolonged immune inhibition caused  
217 by restricted cellular iron availability.

## 218 **Cellular iron deficiency impairs B cell function**

219 To determine if the *Tfrc*<sup>Y20H/Y20H</sup> mutation also had cell-intrinsic and iron-dependent effects on B cells,  
220 their functionality was further investigated *in vitro*. B cells were isolated from uninfected *Tfrc*<sup>Y20H/Y20H</sup>  
221 and wild-type mice, activated, and cultured in standard or iron iron-supplemented media for three days  
222 (Figure 6A). Expression of the B cell activation marker LAT-1 was lower on *Tfrc*<sup>Y20H/Y20H</sup> B cells than  
223 wild-type (Figure 6B). However, LAT-1 expression was rescued by iron supplementation, indicating  
224 improved B cell activation (Figure 6B). *Tfrc*<sup>Y20H/Y20H</sup> B cell proliferation was also severely impaired  
225 compared to wild-type cells, but was rescued by iron supplementation in a dose-dependent manner  
226 (Figure 6C-D). Iron scarcity also inhibited the potential of *Tfrc*<sup>Y20H/Y20H</sup> B cells to differentiate into  
227 antibody-secreting and class-switched cells (Figure 6E-G). This impairment was fully restored upon  
228 iron supplementation (Figure 6E-G). Overall, our data clearly show that the activation, proliferation,  
229 and differentiation of *Tfrc*<sup>Y20H/Y20H</sup> B cells were impaired, demonstrating that cellular iron deficiency  
230 causes cell-intrinsic B cell dysfunction.

## 231 **Decreased cellular iron uptake ameliorates *P. chabaudi*-induced liver pathology**

232 *Tfrc*<sup>Y20H/Y20H</sup> mice experienced higher *P. chabaudi* parasitaemia and an inhibited immune response.  
233 However, the precise consequences of this disease phenotype remained unclear. Aspects of the immune  
234 response, such as the cytokine profile and the balance between pro-inflammatory and  
235 immunoregulatory responses, can tip the scales toward protection or pathology in malaria (40). Hence,  
236 an attenuated immune response could cause hyperparasitaemia, but it may also be crucial in limiting  
237 immunopathology. We therefore set out to characterise key indicators of malaria disease severity.

238 We first measured circulating levels of angiopoietin-2 (ANG-2) and alanine transferase (ALT). ANG-  
239 2 is a marker of endothelial activation that correlates with malaria disease severity and mortality in  
240 humans (60,61). Liver damage is also indicative of severe malaria (62), and ALT is a standard marker  
241 of liver damage. There was a trend towards lower ANG-2 and significantly decreased ALT in  
242 *Tfrc*<sup>Y20H/Y20H</sup> mice eight days after *P. chabaudi* infection, suggesting milder pathology (Figure 7A-B).  
243 Considering the substantial difference in serum ALT between genotypes, we further examined the  
244 malaria induced liver pathology. *Tfrc*<sup>Y20H/Y20H</sup> mice had lower expression of the tissue-damage and

245 inflammation-induced acute phase protein genes *Saa1* and *Fga* (Figure S5A-B). Additionally, there was  
246 some evidence of decreased malaria-induced hepatomegaly (Figure S5C).

247 Histological analysis revealed hepatic pathology in all *P. chabaudi* infected mice, characterised by  
248 hepatocellular necrosis, sinusoidal dilatation, glycogen depletion, and infiltration by mononuclear  
249 immune cells (Figure 7C-D & Figure S5D-E). All infected wild-type mice developed confluent necrosis  
250 (areas of lobular disarray, eosinophilia, and loss of glycogen deposits, score  $\geq 3$ ), and most individuals  
251 (8 out of 11) also displayed bridging necrosis (areas of confluent necrosis extending across multiple  
252 lobules, score=4) (Figure 7E & Figure S5F). In contrast, severe focal necrosis or confluent necrosis  
253 (score  $\geq 3$ ) was detected in just over half (6 out of 10) infected *Tfrc*<sup>Y20H/Y20H</sup> mice, and only four  
254 individuals developed bridging necrosis (Figure 7E & Figure S5F). Hence, the proportion of mice that  
255 developed severe hepatic necro-inflammation (score  $\geq 3$ ) upon *P. chabaudi* infection was significantly  
256 smaller in *Tfrc*<sup>Y20H/Y20H</sup> than in wild-type mice (Figure 7E).

257 Excess reactive liver iron and haem are known to cause liver damage in malaria (63,64). However, we  
258 observed no differences in total non-haem liver iron (Figure 1I) or liver lipid peroxidation, which  
259 correlates with ROS levels (Figure S5G). Hence, it is unlikely that tissue level variations in hepatic  
260 reactive iron or haem can explain the difference in liver damage.

261 During malaria infection, endothelial activation leads to increased adhesion and sequestration of iRBCs,  
262 resulting in hepatic vascular occlusions and hypoxia that cause damage (2,65). Fewer sequestration,  
263 rosetting, and vascular occlusion events were detected in liver sections from *Tfrc*<sup>Y20H/Y20H</sup> mice eight  
264 days after *P. chabaudi* infection (Figure 7F). Together with the trend toward lower ANG-2 levels in  
265 *Tfrc*<sup>Y20H/Y20H</sup> mice (Figure 7A), this indicates that decreased endothelial activation and iRBC  
266 sequestration contributed to the attenuated liver pathology observed in *Tfrc*<sup>Y20H/Y20H</sup> mice.

267 Inflammation also causes severe disease and liver pathology in malaria (40,63,66). Hence, hepatic  
268 inflammation was approximated by measuring the expression of genes encoding pro-inflammatory  
269 cytokines IFN $\gamma$ , TNF $\alpha$ , and IL-1 $\beta$ . We observed no difference in the expression of *Ifng* or *Tnf*, but *Il1b*  
270 expression was lower in *Tfrc*<sup>Y20H/Y20H</sup> mice eight days after *P. chabaudi* infection (Figure S5H-J).

271 Moreover, immunohistochemistry staining showed reduced infiltration of leukocytes (CD45<sup>+</sup> cells) in  
272 livers of *Tfrc*<sup>Y20H/Y20H</sup> mice (Figure 7G-H). Additionally, a smaller proportion of liver leukocytes  
273 (CD45<sup>+</sup>) were effector immune cells such as dendritic cells, CD44<sup>+</sup> CD4<sup>+</sup> T cells, and CD44<sup>+</sup> CD8<sup>+</sup> T  
274 cells (Figure 7I-L). Taken together, this data shows that host cell iron scarcity leads to an attenuated  
275 hepatic immune response during *P. chabaudi* infection.

## 276 **DISCUSSION**

277 Iron deficiency impacts malaria infection in humans (7–9), but beyond the effects of anaemia (10), little  
278 is known about how host iron deficiency influences malaria infection. Here we investigated how  
279 restricted cellular iron acquisition influenced *P. chabaudi* infection in mice. *Tfrc*<sup>Y20H/Y20H</sup> mice developed  
280 comparable malaria-induced anaemia to wild-type mice, and RBC susceptibility to parasite invasion  
281 did not differ between genotypes. This therefore allowed us to largely decouple the effects of anaemia  
282 from other effects of iron on the host response to malaria. Strikingly, *Tfrc*<sup>Y20H/Y20H</sup> mice displayed an  
283 attenuated *P. chabaudi* induced splenic and hepatic immune response. This immune inhibition was  
284 associated with increased parasitaemia and mitigated liver pathology. Hence, for the first time, we show  
285 a role for host cellular iron acquisition via TfR1 in modulating the immune response to malaria, with  
286 downstream effects on both pathogen control and host fitness.

287 On first inspection, the higher parasite burden observed in *Tfrc*<sup>Y20H/Y20H</sup> mice may appear to be a severe  
288 consequence of cellular iron deficiency. In humans, however, high parasitaemia is not sufficient to  
289 cause severe disease (67). Moreover, the risk of severe malarial disease decreases significantly after  
290 only one or two exposures, whereas anti-parasite immunity is only acquired after numerous repeated  
291 exposures (2,68). It follows that mitigating immunopathology may be more important than restricting  
292 parasite growth for host survival. As previously noted, the *Tfrc*<sup>Y20H/Y20H</sup> mutation has relatively mild  
293 consequences for erythropoietic parameters compared to other haematopoietic lineages (30,31).  
294 However, in humans with normal TfR1-mediated iron uptake, iron deficiency sufficient to cause  
295 immune cell iron scarcity is normally accompanied by anaemia (69). In such circumstances, parasite  
296 growth would likely be limited by anaemia, with the final result that iron deficiency may be protective  
297 overall, if it also minimises aspects of immunopathology.

298 Previous work has demonstrated the importance of regulating tissue haem and iron levels to prevent  
299 organ damage in malaria (63,64,70,71). Interestingly, there is a correlation between transferrin  
300 saturation and ALT levels in patients with symptomatic malaria (64,72), indicating that iron status may  
301 be linked to malaria-induced liver pathology in humans. However, it can be difficult to interpret  
302 measures of iron status in malaria infected individuals, since they can be altered by inflammation and  
303 red blood cell destruction. Our findings reveal another dimension through which host iron status impacts  
304 malaria-induced tissue damage. The mitigated liver damage that we observed in *P. chabaudi* infected  
305 *Tfrc*<sup>Y20H/Y20H</sup> mice can likely be explained by decreased immune mediated endothelial activation, iRBC  
306 sequestration, and hepatic vascular occlusion, as well as, inhibited hepatic inflammation.

307 The pro-inflammatory immune response to malaria has downstream effects on cytoadherence, as pro-  
308 inflammatory cytokines activate endothelial cells, leading to higher expression of receptors for  
309 cytoadherence (2). As a consequence, *P. chabaudi* infected mice that lack adaptive immunity or IFN $\gamma$ -  
310 receptor signalling, have substantially decreased sequestration of iRBCs in the liver, and no detectable  
311 liver damage (as measured by ALT) (65). Endothelial cells can also be activated by direct interactions  
312 with iRBCs (2), and in humans, ANG-2 correlates with estimated parasite biomass (61). However,  
313 although *P. chabaudi* infected *Tfrc*<sup>Y20H/Y20H</sup> mice had higher peak parasitaemia, they had fewer hepatic  
314 sequestration, rosetting, and vascular occlusion events and lower ANG-2 levels. The attenuated innate  
315 and adaptive immune response is the most probable cause of decreased endothelial activation and  
316 hepatic microvascular obstruction in *Tfrc*<sup>Y20H/Y20H</sup> mice. This, in turn, likely contributed to the clearly  
317 mitigated liver pathology, in spite of the higher parasitaemia.

318 Upon *P. chabaudi* infection, we observed extensive infiltration of leukocytes into the liver, but this  
319 response was repressed in *Tfrc*<sup>Y20H/Y20H</sup> mice. Specifically, we observed fewer effector-like immune cells  
320 in the livers of infected *Tfrc*<sup>Y20H/Y20H</sup> mice. Hepatic immune cells can contribute to liver damage in  
321 malaria, for example, by producing pro-inflammatory cytokines or through bystander killing of  
322 hepatocytes (73). Consequently, a weaker hepatic pro-inflammatory immune response likely limited  
323 immunopathology and ameliorated malaria-induced liver damage in mice with cellular iron deficiency.

324 We have previously shown that hepcidin mediated hypoferremia inhibits the immune response to  
325 influenza infection in mice (22). In influenza, cellular iron scarcity exacerbated pulmonary tissue  
326 damage, because failed adaptive immunity led to an exacerbated inflammatory response and poor  
327 pathogen control (22). In contrast, we observed that decreased cellular iron acquisition inhibited the  
328 innate and adaptive immune response, ameliorating malaria-induced hepatic tissue damage and  
329 inflammation. This highlights the complex effects of iron deficiency on the immune system and  
330 underscores the need to consider its effect on different infectious diseases in a pathogen-specific  
331 manner. A better understanding of how host iron status affects immunity to infection could benefit the  
332 development of improved antimicrobial therapies and increase the safety of iron deficiency therapies.

333 We have shown that CD4<sup>+</sup> T cells and B cells become cell intrinsically dysfunctional during iron  
334 scarcity. However, such cell-intrinsic effects are likely further aggravated by interactions with other  
335 iron-depleted cells *in vivo*. For example, CD4<sup>+</sup> T cells support the B cell response to malaria (38,74),  
336 and the repressed CD4<sup>+</sup> T cell response to *P. chabaudi* in *Tfrc*<sup>Y20H/Y20H</sup> mice presumably further  
337 constrained the B cell response. Proliferation is an aspect of immune cell function that appears to be  
338 particularly sensitive to iron deficiency (14,21,22). Unsurprisingly, we also see the most significant  
339 inhibitory effect on immune cell populations that expand greatly during *P. chabaudi* infection. In  
340 addition, proliferation is often required for lymphocyte differentiation and effector function (75), and  
341 the differentiation of Tfh and Th1 cells in malaria depends on a highly proliferative CD4<sup>+</sup> T cell  
342 precursor (76). T cells from *Tfrc*<sup>Y20H/Y20H</sup> mice also had decreased KI-67 expression, further confirming  
343 impaired proliferation as a critical mechanism of immune inhibition under conditions of cellular iron  
344 scarcity. CD4<sup>+</sup> T cells that produce pro-inflammatory cytokine are also sensitive to iron restriction, as  
345 we have shown for IFN $\gamma$ , and as has been shown previously for IL-2 and IL-17 (77,78). Interestingly,  
346 iron overload can also alter CD4<sup>+</sup> T cell cytokine production, and excess iron can have an inhibitory  
347 effect on IFN $\gamma$  production (23,79). These observations underline that iron imbalance at either extreme  
348 can disturb immune cell function.

349 This study did not investigate the effects of immune cell iron deficiency on the formation of long-term  
350 immunity. However, the attenuated immune response, in particular the impaired GC response, indicates

351 that iron deficiency could counteract the formation of efficient immune memory to subsequent malaria  
352 infections. This is in line with human observational studies that have found a link between iron  
353 deficiency and weak antibody responses to *P. falciparum* (7,45,46). In humans, anti-parasite immunity  
354 forms very slowly and only after numerous repeated exposures to malaria infection (2). Some have  
355 suggested that this effect could be explained by impaired immune cell function in malaria (80,81), and  
356 future studies should consider whether inhibited immunity as a result of iron deficiency could contribute  
357 to this phenomenon. Moreover, the extensive geographical and epidemiological overlap of iron  
358 deficiency and malaria (1,6,13) makes this concept particularly relevant for further research.

359 This study revealed that decreased host cell iron acquisition inhibits the immune response to malaria  
360 and ameliorates hepatic damage, despite a higher parasite load and similar degree of anaemia.  
361 Altogether, the data highlight an underappreciated role for host cell iron in the trade-off between  
362 pathogen control and immunopathology, and add to our understanding of the complex interactions  
363 between iron deficiency and malaria. Hence, these findings have implications for these two widespread  
364 and urgent global health problems.

## 365 **METHODS**

### 366 **Mice**

367 *Tfrc*<sup>Y20H/Y20H</sup> mice were provided initially by Professor Raif Geha, Boston Children's Hospital/Harvard  
368 Medical School (30), and they were subsequently bred in-house at the University of Oxford. Control  
369 wild-type C57BL/6J0laHsd mice were purchased from Envigo and co-housed with *Tfrc*<sup>Y20H/Y20H</sup> mice for  
370 2-3 weeks prior to *P. chabaudi* infection. All mice were housed in individually ventilated specific-  
371 pathogen-free cages under normal light conditions (light 07.00-19.00, dark 19.00-07.00) and fed  
372 standard chow containing 188 ppm iron (SDS Dietex Services, diet 801161) ad-libitum. Age-matched,  
373 8-13 week-old female mice were used for experiments. Females were exclusively utilised to prevent  
374 loss of animals due to fighting, and to minimise the risk of severe adverse events from *P. chabaudi*  
375 infection, which is higher in males (82). Euthanasia was performed through suffocation by rising CO<sub>2</sub>  
376 concentrations, and death was confirmed by cervical dislocation.



377 **Ethics**

378 All animal experiments were approved by the University of Oxford Animal Welfare and Ethical Review  
379 Board and performed following the U.K. Animals (Scientific Procedures) Act 1986, under project  
380 licence P5AC0E8C9.

381 **Parasites and infection**

382 Transgenic recently mosquito-transmitted *P. chabaudi chabaudi* AS parasites expressing GFP (47,48)  
383 were obtained from the European Malaria Reagent Repository at the University of Edinburgh. To  
384 generate iRBCs for blood-stage *P. chabaudi* infections, frozen parasite stocks were rapidly thawed by  
385 hand and injected intraperitoneally (i.p.) into a single wild-type mouse. Once ascending parasitaemia  
386 reached 0.5-2%, the animal was euthanised and exsanguinated through cardiac puncture. Subsequent  
387 experimental infections were immediately initiated from the collected blood, by intravenously (i.v.)  
388 injecting  $10^5$  iRBCs in 100  $\mu$ L Alsever's solution. Uninfected control mice received Alsever's solution  
389 only.

390 To monitor *P. chabaudi* infection, blood was collected through micro-sampling from the tail vein of  
391 infected mice. Parasitaemia, iRBC count and RBC count was measured by flow cytometry, as  
392 previously described (47). Briefly, 2  $\mu$ L of blood was diluted in 500  $\mu$ L Alsever's solution immediately  
393 after collection. The solution was further diluted 1:10 in PBS before acquisition on an Attune NxT Flow  
394 Cytometer (Thermo Fisher Scientific). A fixed volume of each sample was acquired, thus allowing for  
395 the enumeration of total RBCs and iRBCs per  $\mu$ L of blood.

396  **$\alpha$ BMP6 treatment**

397 In order to experimentally raise serum iron levels, an  $\alpha$ BMP6 human IgG monoclonal blocking antibody  
398 that cross-reacts with murine BMP6 (55) was administered. Control mice received a human IgG4  
399 isotype control antibody. Both antibodies were diluted in 100  $\mu$ L PBS and injected i.p at a dose of  
400 approximately 10 mg/kg body weight.



401 **Tissue processing**

402 Organs and tissues were harvested shortly after euthanasia and kept cold until further analysis could be  
403 performed. Liver and spleen indices were calculated as the mass of the respective organs relative to  
404 mouse body weight. Blood was collected into appropriate blood collection tubes (BD Microtainer  
405 K2EDTA for whole blood or BD Microtainer SST/Sarstedt Microvette 100 Serum for serum), either by  
406 tail vein sampling or by cardiac puncture after euthanasia. Serum was prepared by centrifugation of the  
407 collection tubes at 10,000 x g for 5 min, and stored at -80° C.

408 **Blood analysis**

409 RBC count, haemoglobin, and mean cell volume was measured from whole blood using an automatic  
410 KX-21N Haematology Analyser (Sysmex). Serum levels of ANG-2 and ALT were measured according  
411 to the producers' instructions, using the Mouse ALT ELISA Kit (ab282882, Abcam) and the Mouse/Rat  
412 Angiopoietin-2 Quantikine ELISA Kit (MANG20, R&D Systems), respectively. Serum cytokines were  
413 measured using the LEGENDplex Mouse Inflammation Panel (740446, BioLegend) bead-based  
414 immunoassay. The assay was performed according to the manufacturer's instructions, except that the  
415 protocol was adapted to use half-volumes.

416 ***In vitro* P. chabaudi invasion assay**

417 To assess the susceptibility of wild-type and *Tfrc*<sup>Y20H/Y20H</sup> RBCs to *P. chabaudi* invasion, blood was  
418 collected from a *P. chabaudi* infected wild-type mouse during ascending parasitaemia (donor RBCs/Y),  
419 and from uninfected wild-type and *Tfrc*<sup>Y20H/Y20H</sup> mice (target RBCs/X). To remove leukocytes, the blood  
420 was passed through a cellulose (C6288, Merck) packed column, as previously described (84). The target  
421 RBCs were fluorescently labelled with 1 µM CellTrace Far Red (C34572, Thermo Fisher Scientific) in  
422 PBS, by diluting blood 1:10 with CellTrace solution and incubating in the dark for 15 min at 37° C,  
423 while mixing the samples every 5 min. Afterward, the cells were washed twice in R10 media (RPMI-  
424 1640 with 10% FBS, 2 mM glutamine (G7513, Merck), 1% penicillin-streptomycin (P0781, Merck),  
425 50 µM 2-Mercaptoethanol (31350, Thermo Fisher Scientific)) and resuspended in R10 media  
426 supplemented with 0.5 mM sodium pyruvate (1136007050, Thermo Fisher Scientific). 2 x 10<sup>7</sup> donor  
427 RBCs and 2 x 10<sup>7</sup> fluorescently labelled target RBCs were plated in the same well of a 96-well plate,

428 and incubated overnight (~16 h) in a candle jar at 37° C, to allow sufficient time for schizonts to develop  
429 and release merozoites. Invasion was measured as GFP<sup>+</sup> RBCs and compared by calculating the  
430 susceptibility index, as previously described (85).

$$431 \quad SI = \frac{\frac{X \text{ RBC}}{\bar{X} \text{ iRBC}}}{\frac{Y \text{ RBC}}{\bar{Y} \text{ iRBC}}}$$

432 X = fluorescently labelled target wild-type or *Tfrc*<sup>Y20H/Y20H</sup> RBCs

433 Y = donor derived wild-type RBCs

#### 434 **Iron measurements**

435 Serum iron measurements were performed on an Abbott Architect c16000 automated analyser by  
436 Oxford University Hospitals Clinical Biochemistry staff using the MULTIGENT Iron Kit (Abbott), or  
437 using a Pentra C400 automated analyser with the Iron CP ABX Pentra Kit (HORIBA Medical).

438 Non-haem liver iron measurements were performed as previously described (83). In short, pieces of  
439 liver tissue were collected, snap-frozen, and stored at -80° C. The tissue was dried at 100° C for ~6 h,  
440 weighed, and then digested in 10% trichloroacetic acid / 30% hydrochloric acid in water for ~20 hours  
441 at 65°C. Subsequently, a chromogen reagent containing 0.1% bathophenanthrolinedisulphonic acid  
442 (Sigma, 146617) / 0.8% thioglycolic acid (Sigma, 88652) / 11% sodium acetate in water was added,  
443 and the absorbance at 535 nm measured. The iron content was determined by comparing the samples  
444 against a standard curve of serially diluted ammonium ferric citrate (F5879, Merck).

#### 445 **Flow cytometry**

446 Single cell suspensions for flow cytometry were prepared through mechanical and enzymatic  
447 dissociation. Spleens were passed through 70 µM cell strainers, incubated with 120 Kunitz U/mL  
448 deoxyribonuclease I (DN25, Merck) in R10 for 15 min with agitation, and passed through 40 µM cell  
449 strainers. Livers were perfused with PBS with 10% FBS prior to harvest. To prepare single cell  
450 suspensions, the livers were disrupted with scissors, incubated with 0.5 mg/mL collagenase IV (C5138,  
451 Merck) and 120 Kunitz U/mL DNase I in R10 for 45 min with agitation, and passed through 70 µM  
452 cell strainers. Red blood cell lysis was subsequently performed by resuspending pelleted cells in tris-

453 buffered ammonium chloride buffer (0.017 M Tris / 0.14 M NH<sub>4</sub>Cl, adjusted to pH 7.2 with HCl) and  
454 incubating for ~5 min on ice before washing with R10.

455 Immune cells were isolated from livers by Percoll (17-08-91, GE Healthcare) separation. Single-cell  
456 suspensions were gently overlaid onto 33% Percoll and centrifuged for 25 min at 800 x g. After  
457 centrifugation, the supernatant was discarded and the remaining leukocytes were washed twice with  
458 R10.

459 For intracellular cytokine staining, splenocytes were cultured *ex vivo* in R10 at 5-2 x 10<sup>5</sup> cells/mL, in  
460 round-bottom tissue culture treated 96-well plates, with protein transport inhibitor Brefeldin A for 4-6  
461 h at 37° C, 5% CO<sub>2</sub>. To activate T cells, 0.5 µg/mL anti-mouse CD3 (100201, BioLegend) was added  
462 to splenocytes from *P. chabaudi* infected mice.

463 Cells were counted using a CASY Cell Counter and Analyser (BOKE), and 1-5 x 10<sup>6</sup> cells were stained  
464 for flow cytometry. The cells were washed in PBS, blocked with TruStain FcX (101319, BioLegend),  
465 and stained with a viability dye (NIR Fixable Viability Kit (42301/5, BioLegend) or LIVE/DEAD  
466 Fixable Near-IR Dead Cell Stain Kit (L34975, Thermo Fisher Scientific)) for ~10 min at 4° C in the  
467 dark. Next, fluorophore-conjugated antibodies were added to the cells and incubated for ~20 min. The  
468 cells were washed twice in PBS and fixed by incubating with Fixation Buffer (420801, BioLegend) for  
469 ~10 min at 4° C in the dark. Alternatively, the cells were fixed and permeabilised using eBioscience  
470 FOXP3/Transcription Factor Staining Buffer Set (00-5523-00, Thermo Fisher Scientific), and  
471 transcription factor staining was performed, according to the manufacturer's instructions. Intracellular  
472 cytokine staining was performed after permeabilization with Intracellular Staining Permeabilization  
473 Wash Buffer (421002, BioLegend) for ~30 min, according to the manufacturer's protocol. The samples  
474 were acquired on an Attune NxT or BD LSR Fortessa X-20 (BD) flow cytometer.

#### 475 ***In vitro* culture of primary immune cells**

476 Naïve CD4<sup>+</sup> T cells and B cells were isolated according to the manufacturer's instructions from mixed  
477 splenocyte and lymph node single-cell suspensions using the EasySep Mouse Naïve CD4<sup>+</sup> T Cell  
478 Isolation Kit (19765, STEMCELL), or from splenocyte single-cell suspensions using the EasySep

479 Mouse B Cell Isolation Kit (19854, STEMCELL). The isolated cells were fluorescently labelled with 5  
480  $\mu\text{M}$  CellTrace Violet (C34571, Thermo Fisher Scientific) in PBS for 8 min at  $37^\circ\text{C}$  and washed twice  
481 in R10 media. Cell counting was performed with a CASY Cell Counter and Analyser.

482 For  $\text{CD4}^+$  T cells, flat-bottom tissue culture treated 96-well plates were pre-coated with  $5\ \mu\text{g}/\text{mL}$  anti-  
483 mouse CD3 and the cells were seeded at  $5 \times 10^5$  cells/mL. They were cultured in Th1-polarising media  
484 consisting of R10 with  $1\ \mu\text{g}/\text{mL}$  anti-mouse CD28 (102101, BioLegend),  $5\ \mu\text{g}/\text{mL}$  anti-mouse IL-4  
485 (504102, BioLegend),  $10\ \text{ng}/\text{mL}$  IL-12 (505201, BioLegend),  $25\ \text{U}/\text{mL}$  IL-2 (575404, BioLegend) and  
486  $50\ \mu\text{M}$  2-Mercaptoethanol. The media was replaced after 48 h of culture. To iron supplement the culture  
487 medium, iron sulphate heptahydrate (F8633, Merck) was added at the previously specified  
488 concentrations.

489 B cells were cultured at  $7.5 \times 10^5$  cells/mL in flat-bottom tissue culture treated 96-well plates, in R10  
490 media with 1% MEM amino acids (11130, Thermo Fisher Scientific),  $2\ \mu\text{g}/\text{mL}$  LPS (tlrl-peklps,  
491 InvivoGen),  $10\ \text{ng}/\text{mL}$  IL-4 (574302, BioLegend),  $10\ \text{ng}/\text{mL}$  IL-5 (581502, BioLegend) and  $50\ \mu\text{M}$  2-  
492 Mercaptoethanol. Ammonium ferric citrate was added at the specified concentrations to iron  
493 supplement the media.

494  $\text{CD4}^+$  T cells were cultured for 96 h and B cells for 72 h at  $37^\circ\text{C}$ , 5%  $\text{CO}_2$ , before flow cytometry  
495 staining. The type of iron used to supplement the culture media was chosen to optimise cell viability.

#### 496 **Software and statistical analysis**

497 All flow cytometry data analysis was performed using FlowJo analysis software (BD). Graphs were  
498 generated using GraphPad Prism (GraphPad Software). Statistical analysis was also performed in  
499 GraphPad Prism and differences were considered statistically different when  $p < 0.05$  (\*  $p < 0.05$ , \*\*  
500  $p < 0.01$ , \*\*\*  $p < 0.001$ , \*\*\*\*  $p < 0.0001$ ). The D'Agostino-Pearson omnibus normality test was used to  
501 determine normality/lognormality. For lognormal distributions, the data was log-transformed prior to  
502 statistical analysis. Where data did not have a normal or lognormal distribution, or too few data points  
503 were available for normality testing, a nonparametric test was applied.

504 A t-test (or a comparable nonparametric test) was used to compare the means of two groups. As a rule,  
505 t-tests were performed with Welch's correction, as it corrects for unequal standard deviations but does  
506 not introduce error when standard deviations are equal. Two-way ANOVA was used for analysis with  
507 two categorical variables and one continuous variable. The applied statistical test and sample size (n) is  
508 indicated in each figure legend.

## 509 **Gene expression analysis**

510 Gene expression analysis by quantitative real-time PCR, was performed on liver samples preserved in  
511 RNeasy Lysis Solution and stored at -80° C (AM7020, Thermo Fisher Scientific). The tissue  
512 was homogenised with a TissueRuptor II (9002725, QIAGEN) before total RNA was extracted using  
513 the RNeasy Plus Mini Kit (74136, QIAGEN), according to the manufacturer's protocols. cDNA was  
514 synthesised using the High-Capacity RNA-to-cDNA Kit (4387406, Thermo Fisher Scientific) and  
515 subsequent gene expression analysis was performed on 1-5 ng/mL cDNA, using TaqMan Gene  
516 Expression Master Mix (4369016, Thermo Fisher Scientific) and the TaqMan Gene Expression Assays  
517 (Thermo Fisher Scientific) listed in Table 1, all according to the manufacturers' instructions. An  
518 Applied Biosystems 6500 Fast Real-Time PCR System (Thermo Fisher Scientific) instrument was used  
519 to run the samples, and the relative gene expression was calculated through the  $2^{-\Delta CT}$  method (86).

520 **Table 1. List of TaqMan Gene Expression Assays.**

Protein	Gene	Assay code
Fibrinogen alpha chain	<i>Fga</i>	Mm00802584_m1
Hypoxanthine-guanine phosphoribosyltransferase	<i>Hprt</i>	Mm01545399_m1
Interferon $\gamma$	<i>Ifng</i>	Mm01168134_m1
Interleukin 1 $\beta$	<i>Il1b</i>	Mm00434228_m1
Serum amyloid A1	<i>Saa1</i>	Mm00656927_g1
Tumour necrosis factor $\alpha$	<i>Tnf</i>	Mm00443258_m1

521

## 522 **Liver histology**

523 Liver samples were fixed with 4% paraformaldehyde in PBS and embedded in paraffin. Following  
524 deparaffinization with xylene and hydration by a passage through a grade of alcohols, 3  $\mu$ m-thick  
525 sections were stained with haematoxylin-eosin, and Periodic Acid-Schiff, before and after diastase  
526 digestion, at IPATIMUP Diagnostics, Portugal, using standard procedures.

527 Histopathology scores for lobular necro-inflammatory activity were assigned using the criteria of  
528 Scheuer (87) for the grading of chronic hepatitis. In short, the scores were assigned as follows, 0 =

529 inflammation absent, 1 = inflammation but no hepatocellular death, 2 = focal necrosis (one or a few  
530 necrotic hepatocytes/acidophil bodies), 3 = severe focal death, confluent necrosis without bridging, and  
531 4 = damage includes bridging necrosis. Sections were scored independently by two investigators with  
532 experience in liver histopathology who were blinded to the experimental groups. The total numbers of  
533 RBC endothelial cytoadherence (sequestration), rosetting and vascular occlusion events were counted  
534 blindly in random high-power ( $\times 400$  magnification) fields of liver sections. Images were captured using  
535 an Olympus BX50 photomicroscope.

536 For the immunohistochemical detection of CD45<sup>+</sup> cells, liver sections were subjected to antigen  
537 retrieval with citrate buffer, endogenous peroxidases were blocked with 0.6% H<sub>2</sub>O<sub>2</sub> and non-specific  
538 antigens were blocked with 5 % bovine serum albumin. Samples were incubated with goat anti-mouse  
539 CD45 antibody (1:50, AF114, R&D Systems, MN, USA) followed by horseradish peroxidase-  
540 conjugated rabbit anti-goat IgG (1:250, R-21459, ThermoFisher Scientific). Immunoreactivity was  
541 visualized using 3,3'-diaminobenzidine. Quantification was performed by counting positive cells in 5  
542 random fields per liver at 200 $\times$  magnification using QuPath Open Software for Bioimage Analysis  
543 (version 0.4.0).

#### 544 **Thiobarbaturic acid reactive substances assay**

545 Liver ROS/lipid peroxidation was appreciated by quantifying malondialdehyde, using the TBARS  
546 Assay Kit (700870, Cayman Chemical) as described by the manufacturer. Briefly, tissue homogenates  
547 were prepared from snap-frozen liver tissue by adding 1 mL RIPA buffer per 100 mg of tissue, and  
548 lysing using Precellys soft tissue homogenising tubes (KT03961-1-003.2, Bertin Instruments)  
549 according to manufacturers instruction. The lysates were allowed to react with thiobarbaturic acid at  
550 95° C for 1 h, cooled on ice, and centrifuged for 10 min at 1,600 x g at 4° C. Subsequently, the  
551 absorbance of the lysates at 530 nm was measured.

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797

## 798 **FIGURE LEGENDS**

799 ***Figure 1: Decreased cellular iron uptake increases the *P. chabaudi* pathogen burden.***

800 **A)** C57BL/6 (WT) and *Tfrc*<sup>Y20H/Y20H</sup> (TfR) mice were infected by intravenous (i.v.) injection of 10<sup>5</sup>  
801 recently mosquito transmitted *P. chabaudi* infected red blood cells (iRBC).

802 **B-E)** Parasitaemia (B), iRBC count (C), body weight change (D) and RBC count (E) measured  
803 throughout the course of infection. Mean  $\pm$  SEM, mixed-effects analysis (B, C, E) or repeated measures  
804 two-way ANOVA (D), with Sidak's multiple comparisons test, n=7-9.

805 **F-G)** Haemoglobin measured 8 (F) and 20 (G) days after infection. Welch's t-test, n=6-9.

806 **H-I)** A mix of unlabelled WT RBC and iRBC were incubated with fluorescently labelled WT or TfR  
807 RBC and the invasion susceptibility index (SI) was determined after completion of a new invasion  
808 cycle. Mean, Welch's t-test, n=3.

809 **J-K)** Liver iron and serum iron levels measured 8 days after infection. Mean, Welch's t-test, n=9.

810 **Figure 2: Decreased cellular iron uptake impairs the splenic MNP response to *P. chabaudi*.** Splenic  
811 immune response to *P. chabaudi* in C57BL/6 (WT) and *Tfrc*<sup>Y20H/Y20H</sup> (TfR) mice at 8 dpi.

812 **A)** Representative picture of spleens from naïve and *P. chabaudi* infected mice.

813 **B)** Spleen index of spleens from naïve and *P. chabaudi* infected mice. Mean, Welch's t-test n=9.

814 **C-E)** Absolute numbers of CD11b<sup>+</sup> CD11c<sup>+</sup> mononuclear phagocytes (MNPs) (C), Ly6C<sup>hi</sup> CD11b<sup>+</sup>  
815 monocytes/macrophages (D) and MHCII<sup>+</sup> CD11c<sup>+</sup> dendritic cells (E) in spleens from naïve and *P.*  
816 *chabaudi* infected mice. Mean, Welch's t-test on untransformed (C) or log transformed data (D, E)  
817 n=9-11.

818 **F)** Representative flow cytometry plot of interferon- $\gamma$  (IFN $\gamma$ ) production of CD11b<sup>+</sup> CD11c<sup>+</sup> MNPs.

819 **G)** Proportion of IFN $\gamma$ -producing MNPs, detected by intracellular cytokine staining. Mean, Welch's t-  
820 test n=9-11.

821 Dotted line represents uninfected mice.

822 **Figure 3: Decreased cellular iron uptake disrupts the effector CD4<sup>+</sup> T cell response to *P. chabaudi*.**

823 Conventional CD4<sup>+</sup> T cells (FOXP3<sup>-</sup>) in the spleen of *P. chabaudi* infected C57BL/6 (WT) and  
824 *Tfrc*<sup>Y20H/Y20H</sup> (TfR) mice, 8 dpi.

825 **A)** Absolute number of CD4<sup>+</sup> T cells in the spleen of *P. chabaudi* infected WT and TfR mice. Mean,  
826 Welch's t-test, n=9-11.

827 **B)** Proportions of naïve (CD44<sup>-</sup> CD62L<sup>+</sup>), effector (CD62L<sup>-</sup> CD127<sup>-</sup>) and memory (CD44<sup>+</sup> CD127<sup>+</sup>)  
828 CD4<sup>+</sup> T cells in the spleen of *P. chabaudi* infected WT and TfR mice. Mean, two-way ANOVA with  
829 Sidak's multiple comparisons test, n=9-11.

830 **C)** Absolute number of effector CD4<sup>+</sup> T cells in the spleen of *P. chabaudi* infected WT and TfR mice.  
831 Mean, Mann-Whitney test, n=9-11.

832 **D-E)** Proportions of CD4<sup>+</sup> T cells expressing markers of antigen experience CD44<sup>+</sup> (D) and PD-1<sup>+</sup> (E)  
833 in the spleen of *P. chabaudi* infected WT and TfR mice. Mean, Welch's t-test n=9-11

834 **F)** Proportion of proliferating (KI-67<sup>+</sup>) CD4<sup>+</sup> T cells in the spleen of *P. chabaudi* infected WT and TfR  
835 mice. Mean, Welch's t-test n=9-11

836 **G)** Proportion of T helper 1 (TBET<sup>+</sup>) CD4<sup>+</sup> T cells in the spleen of *P. chabaudi* infected WT and TfR  
837 mice. Mean, Welch's t-test n=9-11

838 **D)** Representative flow cytometry plot of IFN $\gamma$  producing CD4<sup>+</sup> T cells in the spleen of *P. chabaudi*  
839 infected WT and TfR mice.

840 **H)** Proportion of IFN $\gamma$  producing CD4<sup>+</sup> T cells, detected by intracellular cytokine staining, in the spleen  
841 of *P. chabaudi* infected WT and TfR mice. Mean, Welch's t-test n=10-11.

842 Dotted line represents uninfected mice.

843 **Figure 4. In vitro T helper 1 (Th1) polarised *Tfrc*<sup>Y20H/Y20H</sup> CD4<sup>+</sup> T cells have impaired proliferation**  
844 **and effector function, which can be rescued by iron supplementation.**

845 **A)** Naïve CD4<sup>+</sup> T cells were isolated from uninfected C57BL/6 (WT) and *Tfrc*<sup>Y20H/Y20H</sup> (TfR) mice, and  
846 cultured for 96 h in Th1 polarising media, with varying concentrations of iron sulfate (FeSO<sub>4</sub>).

847 **B)** Representative flow cytometry plot of CD4<sup>+</sup> T cell proliferation, quantified using CellTrace Violet.

848 **C)** Proportion of CD4<sup>+</sup> T cells that have divided more than two times (> 2X). Mean, two-way ANOVA,  
849 Sidak's multiple comparisons test, n=3.

850 **D)** Representative flow cytometry plot of IFN $\gamma$  producing CD4<sup>+</sup> T cell in the absence or presence of  
851 FeSO<sub>4</sub>.

852 **E-F)** Proportion of IFN $\gamma$  producing CD4 T cells (E) and IFN $\gamma$  production per cell (F). Mean, two-way  
853 ANOVA, Sidak's multiple comparisons test, n=3.

854 **Figure 5. Decreased cellular iron uptake disrupts the germinal centre response to *P. chabaudi*.**  
855 Splenic immune response of *P. chabaudi* infected C57BL/6 (WT) and *Tfrc*<sup>Y20H/Y20H</sup> (TfR) mice.

856 **A)** Proportion of CD4<sup>+</sup> T cells expressing B cell co-stimulatory receptor ICOS in the spleen of of *P.*  
857 *chabaudi* infected WT and TfR mice, 8 dpi. Mean, Welch's t-test, n=10-11.

858 **B)** Proportion of T follicular helper (Tfh) cells in the spleen of of *P. chabaudi* infected WT and TfR  
859 mice, 8 dpi. Mean, Welch's t-test, n=9.

860 **C)** Proportion of Tfh cells in the spleen of of *P. chabaudi* infected WT and TfR mice, 20 dpi. Mean,  
861 Welch's t-test, n=6-7.

862 **D-F)** Absolute total number of splenic B cells (D) and proportion of activated (E) and antibody secreting  
863 (F) splenic B cells in the spleen of of *P. chabaudi* infected WT and TfR mice, 8 dpi. Mean, Welch's t-  
864 test, n=9.

865 **G)** Proportion of germinal centre B cells in the spleen of of *P. chabaudi* infected WT and TfR mice, 8  
866 dpi. Mean, Welch's t-test, n=9.

867 **H)** Representative flow cytometry plot of germinal centre B cells in the spleen of of *P. chabaudi*  
868 infected WT and TfR mice, 20 dpi.

869 **I)** Proportion of germinal centre B cells in the spleen of of *P. chabaudi* infected WT and TfR mice, 20  
870 dpi. Mean, Welch's t-test on log transformed data, n=6-9.

871 Dotted line represents uninfected mice.

872 **Figure 6. In vitro cultured *Tfrc*<sup>Y20H/Y20H</sup> B cells display impaired activation, proliferation and**  
873 **differentiation, which can be rescued by iron supplementation.**

874 **A)** B cells were isolated from uninfected C57BL/6 (WT) and *Tfrc*<sup>Y20H/Y20H</sup> (TfR) mice and cultured for  
875 96 h in B cell activating media, with varying concentrations of ammonium ferric citrate (AFcC).

876 **B)** Large neutral amino acid transporter-1 (LAT-1/CD98) expression on divided B cells. Mean, two-  
877 way ANOVA, Sidak's multiple comparisons test, n=3.

878 **C)** Representative flow cytometry plot of proliferating B cells, quantified using CellTrace Violet.

879 **D)** Proportion of proliferating B cells (CTV<sup>low</sup>). Mean, two-way ANOVA, Sidak's multiple  
880 comparisons test, n=3.

881 **E)** Representative flow cytometry plots of antibody secreting (CD138<sup>+</sup>) and class-switched (IgG<sup>+</sup>)  
882 divided B cells.

883 **F-G)** Proportion of antibody secreting (F) and class-switched (G) divided B cells. Mean, two-way  
884 ANOVA, Sidak's multiple comparisons test, n=3.

885 **Figure 7. Decreased cellular iron uptake mitigates *P. chabaudi* liver pathology.** Liver pathology of  
886 *P. chabaudi* infected C57BL/6 (WT) and *Tfrc*<sup>Y20H/Y20H</sup> (TfR) mice, 8 dpi.

887 **A-B)** Serum levels of angiopoietin-2 (A) and alanine transaminase (B). Mean, Welch's t-test, n=15-16.  
888 Dotted line represents uninfected mice

889 **C-D)** Haematoxylin and eosin (C), and periodic acid-Schiff (D) staining of representative liver sections.  
890 Labels indicate central veins (CV), portal triads (PT), and areas of focal (black arrows) and bridging  
891 (white arrows) necrosis. Original magnification 40X, scale bar 100  $\mu$ m.

892 **E)** Quantification of severe hepatic necrosis (score  $\geq 3$ ) as measured by histological scoring. Count,  
893 Fisher's exact test, n=10-11.

894 **F)** Number of hepatic red blood cell sequestration, rosetting and vascular occlusion events per randomly  
895 imaged high-power field (HPF). Mean, Welch's t-test, n=10-11.

896 **G)** Immunohistochemistry staining of liver leukocytes (CD45+) in representative liver sections.

897 Original magnification 20X, scale bar 100  $\mu$ m.

898 **H)** Quantification of CD45<sup>+</sup> leukocytes in liver sections identified by immunohistochemistry staining.

899 n= 9-11

900 **I-L)** Hepatic monocytes/macrophages (I), dendritic cells (J), CD44<sup>+</sup> CD4<sup>+</sup> T cells (K) and CD44<sup>+</sup>

901 CD8<sup>+</sup> T cells (L). Mean, Welch's t-test, n=7-12.

902 **Figure S1: *Tfrc*<sup>Y20H/Y20H</sup> mice have mild microcytosis and decreased iron levels at homeostasis.**

903 Uninfected 8–12-week-old C57BL/6 (WT) and *Tfrc*<sup>Y20H/Y20H</sup> (TfR) mice were used for characterization.

904 **A)** Body weight. Mean, Welch's t-test, n=9-10.

905 **B-D)** Haemoglobin (B), mean RBC volume (C) and RBC count (D). Mean, Welch's t-test, n=7.

906 **E-F)** Liver iron (E) and serum iron (F). Mean, Welch's t-test, n=8-10.

907 **Figure S2. Hyperferremia does not increase *P. chabaudi* parasitaemia.**

908 **A)** C57BL/6 mice were infected by intravenous (i.v.) injection of 10<sup>5</sup> *P. chabaudi* infected red blood

909 cells (iRBC). A monoclonal anti-BMP-6 antibody ( $\alpha$ BMP6) or an isotype control antibody (Iso) was

910 administered 2, 12 and 16 days after infection.

911 **B)** Serum iron measured 9 and 21 dpi in mice treated with anti-BMP6 or Iso. At day 9 post-infection,

912 serum samples, collected through tail bleeding, were pooled for each experimental group to obtain

913 sufficient sample for the quantification. At day 21 post-infection, mice were sacrificed, and serum

914 samples collected through cardiac puncture. Mean, Welch's t-test, n=6-8.

915 **C-E)** Parasitaemia (C), iRBC count (D) and relative change in body weight (E) were measured

916 throughout the course of infection. Mean  $\pm$  SEM, two-way ANOVA with Sidak's multiple comparisons

917 test, n=6-8.

918 **Figure S3: Mononuclear phagocyte gating scheme and innate immune response to *P. chabaudi***  
919 **infection.** Splenic immune response of *P. chabaudi* infected C57BL/6 (WT) and *Tfrc*<sup>Y20H/Y20H</sup> (TfR)  
920 mice, 8 dpi.

921 **A)** Gating strategy for mononuclear phagocytes (MNP), monocytes/macrophages (Mo/Mac) and  
922 dendritic cells (DC).

923 **B-D)** Absolute number of splenic neutrophils (B), eosinophils (C) and NK cells (D) of WT and TfR  
924 mice at 8dpi. Mean, Welch's t-test, n = 6-8.

925 **Figure S4: Decreased cellular iron uptake attenuates the effector CD8<sup>+</sup> T cell response to *P.***  
926 ***chabaudi*.** CD8<sup>+</sup> T cells in the spleen of *P. chabaudi* infected C57BL/6 (WT) and *Tfrc*<sup>Y20H/Y20H</sup> (TfR)  
927 mice, 8 dpi.

928 **A)** Absolute numbers of splenic CD8<sup>+</sup> T cells of *P. chabaudi* infected WT and TfR mice. Mean, Welch's  
929 t-test, n=9-10.

930 **B)** Proportion of naïve (CD44<sup>-</sup> CD62L<sup>+</sup>), effector (CD62L<sup>-</sup> CD127<sup>-</sup>) and memory (CD44<sup>+</sup> CD127<sup>+</sup>)  
931 splenic CD8<sup>+</sup> T cells of *P. chabaudi* infected WT and TfR mice. Mean, two-way ANOVA with Sidak's  
932 multiple comparisons test, n=9-11.

933 **C)** Absolute number of effector CD8<sup>+</sup> T cells of spleens from *P. chabaudi* infected WT and TfR mice.  
934 Mean, Mann-Whitney test, n=9-11.

935 **D-E)** Proportion of splenic CD8<sup>+</sup> T cells expressing markers of antigen experience CD44<sup>+</sup> (D) and PD-  
936 1<sup>+</sup> (E) of *P. chabaudi* infected WT and TfR mice. Mean, Welch's t-test n=10

937 **F)** Proportion of proliferating (KI-67<sup>+</sup>) splenic CD8<sup>+</sup> T cells of *P. chabaudi* infected WT and TfR mice.  
938 Mean, Welch's t-test n=9-11

939 **G)** Proportion of IFN $\gamma$  producing splenic CD8<sup>+</sup> T cells, detected by intracellular cytokine staining of *P.*  
940 *chabaudi* infected WT and TfR mice. Mean, Welch's t-test n=10-11.

941 Dotted line represents uninfected mice.

942 **Figure S5. Decreased cellular iron uptake attenuates *P. chabaudi* induced liver damage.** Hepatic  
943 response of *P. chabaudi* infected C57BL/6 (WT) and *Tfrc*<sup>Y20H/Y20H</sup> (TfR) mice, 8 dpi.

944 **A-B)** Liver gene expression of *Saa1* (A) and *Fga* (B) of *P. chabaudi* infected WT and TfR mice. Mean,  
945 Welch's t-test, n=12.

946 **C)** Liver index of *P. chabaudi* infected WT and TfR mice. Mean, Welch's t-test, n=10-11.

947 **D-E)** Higher magnification depiction of H&E (D) and PAS (E) stained liver sections from a  
948 representative *P. chabaudi* infected WT mouse. The arrowheads indicate areas of confluent necrosis,  
949 featuring lobular disarray, lympho-histiocytic inflammation, acidophil body formation, and glycogen  
950 depletion. Original magnification 200×, scale bar 20µm.

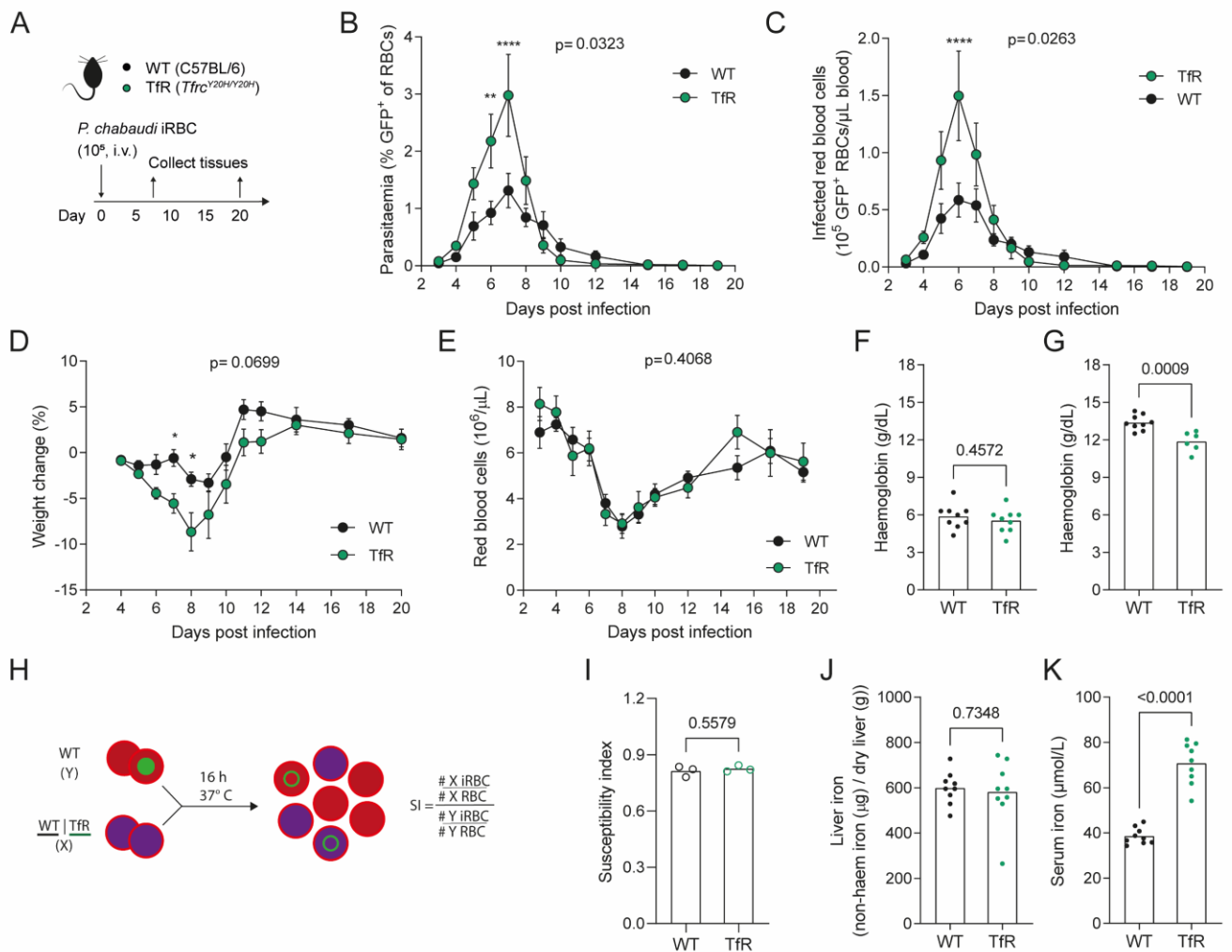
951 **F)** Blinded scoring of lobular necro-inflammatory activity. Mann-Whitney test, n=10-11.

952 **G)** Hepatic malondialdehyde (MDA), quantified as an indirect measurement of ROS, using a  
953 thiobarbituric acid reactive substances assay in *P. chabaudi* infected WT and TfR mice. Mean, Welch's  
954 t-test, n=10-12.

955 **H-J)** Liver gene expression of *Tnf* (H), *Ifn* (I) and *Il1b* (J). Mean, Welch's t-test on untransformed  
956 (H&J) or log transformed data (I), n=12.

957





**Figure 1: Decreased cellular iron uptake increases the *P. chabaudi* pathogen burden.**

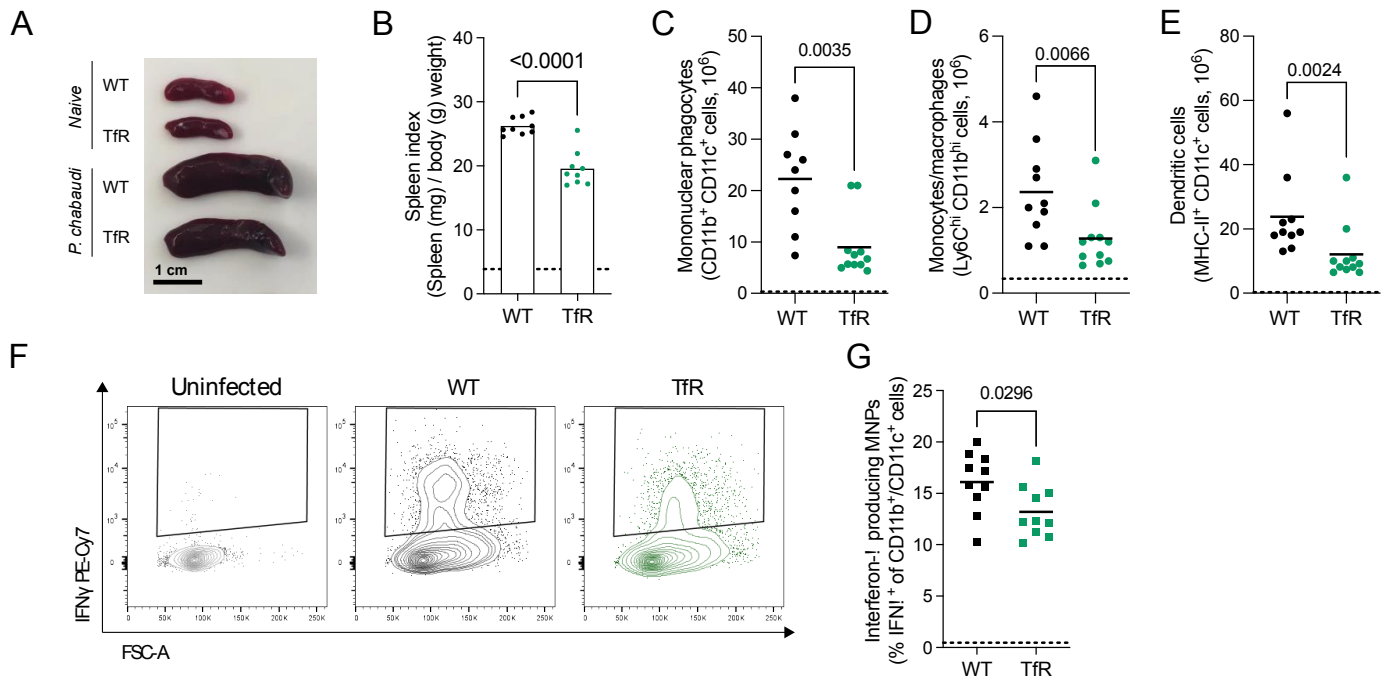
**A)** C57BL/6 (WT) and *Tfrc*<sup>Y20H/Y20H</sup> (TfR) mice were infected by intravenous (i.v.) injection of 10<sup>5</sup> recently mosquito transmitted *P. chabaudi* infected red blood cells (iRBC).

**B-E)** Parasitaemia (B), iRBC count (C), body weight change (D) and RBC count (E) measured throughout the course of infection. Mean ± SEM, mixed-effects analysis (B, C, E) or repeated measures two-way ANOVA (D), with Sidak's multiple comparisons test, n=7-9.

**F-G)** Haemoglobin measured 8 (F) and 20 (G) days after infection. Welch's t-test, n=6-9.

**H-I)** A mix of unlabelled WT RBC and iRBC were incubated with fluorescently labelled WT or TfR RBC and the invasion susceptibility index (SI) was determined after completion of a new invasion cycle. Mean, Welch's t-test, n=3.

**J-K)** Liver iron and serum iron levels measured 8 days after infection. Mean, Welch's t-test, n=9.



**Figure 2: Decreased cellular iron uptake impairs the splenic MNP response to *P. chabaudi*.** Splenic immune response to *P. chabaudi* in C57BL/6 (WT) and *Tfrc*<sup>Y20H/Y20H</sup> (TfR) mice at 8 dpi.

**A)** Representative picture of spleens from naïve and *P. chabaudi* infected mice.

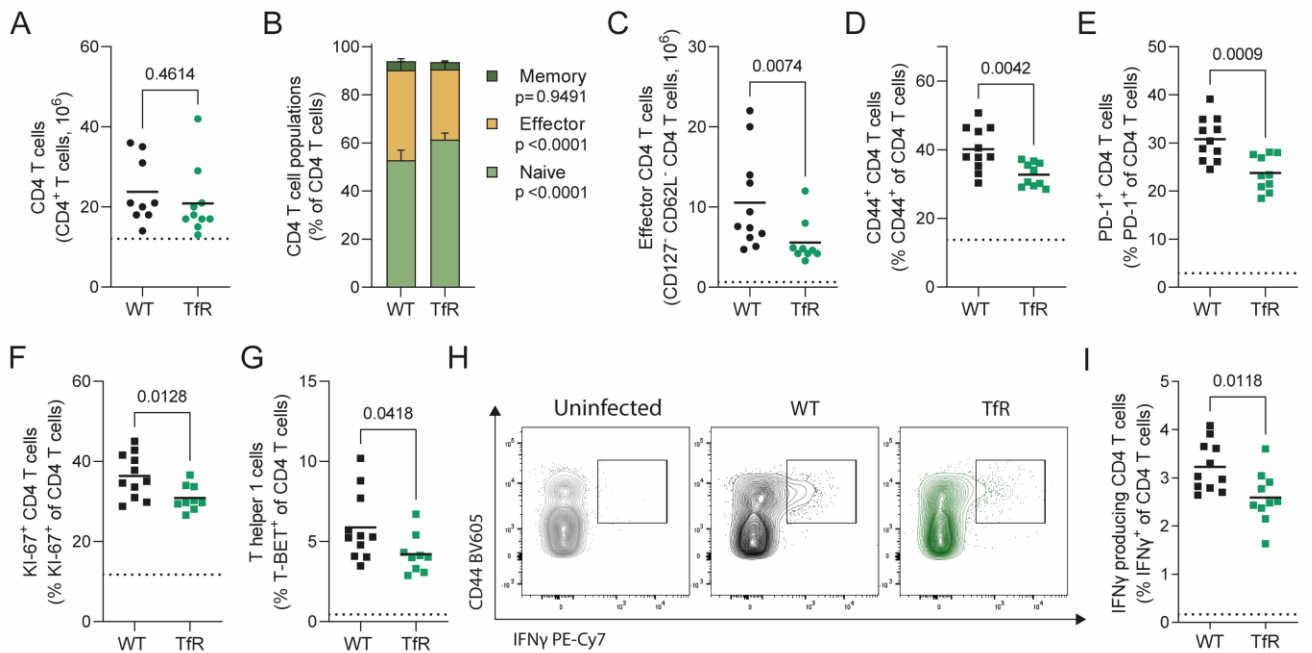
**B)** Spleen index of spleens from naïve and *P. chabaudi* infected mice. Mean, Welch's t-test n=9.

**C-E)** Absolute numbers of CD11b<sup>+</sup> CD11c<sup>+</sup> mononuclear phagocytes (MNPs) (C), Ly6C<sup>hi</sup> CD11b<sup>+</sup> monocytes/macrophages (D) and MHCII<sup>+</sup> CD11c<sup>+</sup> dendritic cells (E) in spleens from naïve and *P. chabaudi* infected mice. Mean, Welch's t-test on untransformed (C) or log transformed data (D, E) n=9-11.

**F)** Representative flow cytometry plot of interferon- $\gamma$  (IFN $\gamma$ ) production of CD11b<sup>+</sup> CD11c<sup>+</sup> MNPs.

**G)** Proportion of IFN $\gamma$ -producing MNPs, detected by intracellular cytokine staining. Mean, Welch's t-test n=9-11.

Dotted line represents uninfected mice.



**Figure 3: Decreased cellular iron uptake disrupts the effector CD4<sup>+</sup> T cell response to *P. chabaudi*.** Conventional CD4<sup>+</sup> T cells (FOXP3<sup>-</sup>) in the spleen of *P. chabaudi* infected C57BL/6 (WT) and *Tfr*<sup>Y20H/Y20H</sup> (Tfr) mice, 8 dpi.

**A)** Absolute number of CD4<sup>+</sup> T cells in the spleen of *P. chabaudi* infected WT and Tfr mice. Mean, Welch's t-test, n=9-11.

**B)** Proportions of naïve (CD4<sup>-</sup> CD62L<sup>+</sup>), effector (CD62L<sup>-</sup> CD127<sup>-</sup>) and memory (CD44<sup>+</sup> CD127<sup>+</sup>) CD4<sup>+</sup> T cells in the spleen of *P. chabaudi* infected WT and Tfr mice. Mean, two-way ANOVA with Sidak's multiple comparisons test, n=9-11.

**C)** Absolute number of effector CD4<sup>+</sup> T cells in the spleen of *P. chabaudi* infected WT and Tfr mice. Mean, Mann-Whitney test, n=9-11.

**D-E)** Proportions of CD4<sup>+</sup> T cells expressing markers of antigen experience CD44<sup>+</sup> (D) and PD-1<sup>+</sup> (E) in the spleen of *P. chabaudi* infected WT and Tfr mice. Mean, Welch's t-test n=9-11

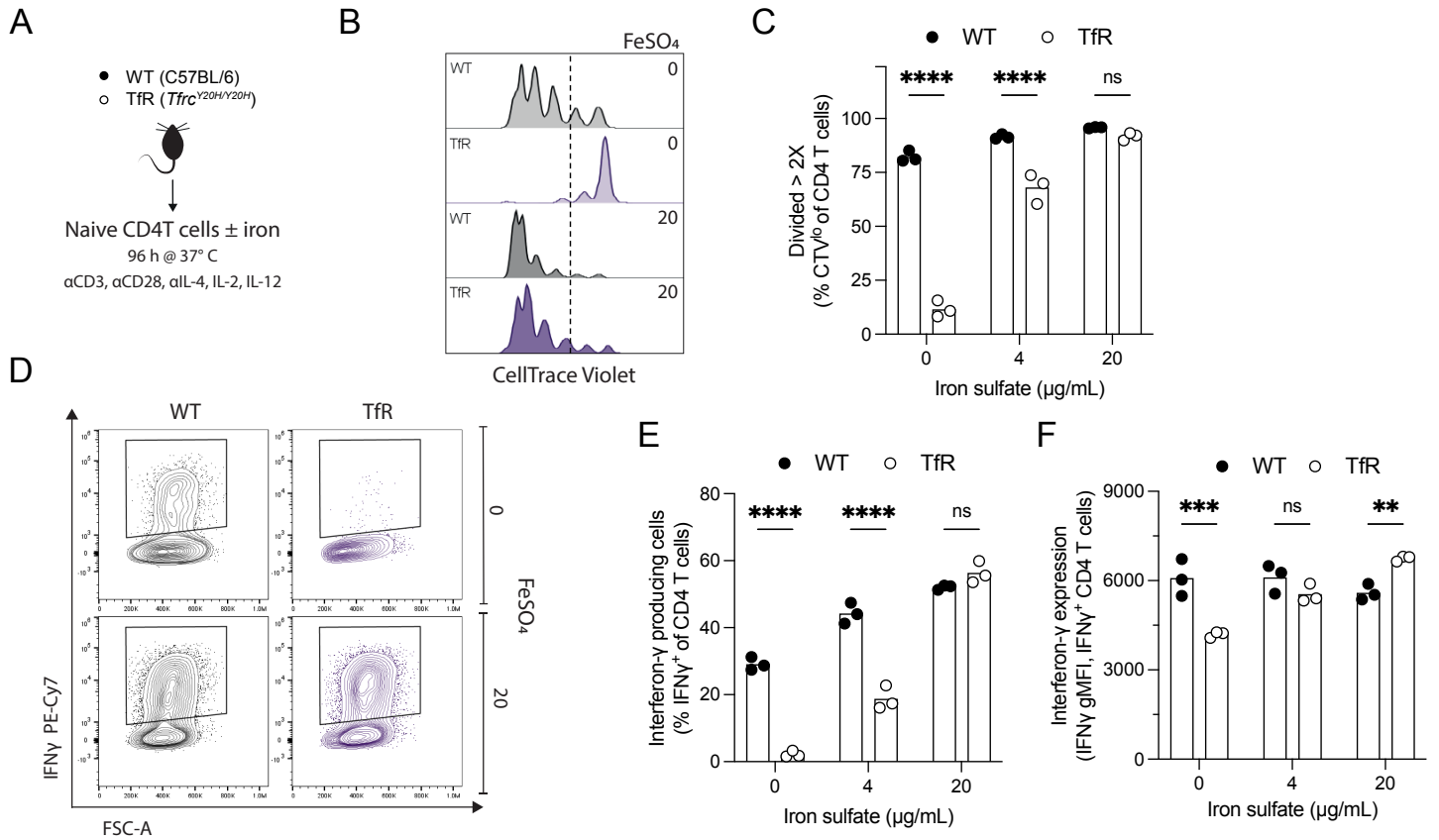
**F)** Proportion of proliferating (KI-67<sup>+</sup>) CD4<sup>+</sup> T cells in the spleen of *P. chabaudi* infected WT and Tfr mice. Mean, Welch's t-test n=9-11

**G)** Proportion of T helper 1 (TBET<sup>+</sup>) CD4<sup>+</sup> T cells in the spleen of *P. chabaudi* infected WT and Tfr mice. Mean, Welch's t-test n=9-11

**I)** Representative flow cytometry plot of IFN $\gamma$  producing CD4<sup>+</sup> T cells in the spleen of *P. chabaudi* infected WT and Tfr mice.

**H)** Proportion of IFN $\gamma$  producing CD4<sup>+</sup> T cells, detected by intracellular cytokine staining, in the spleen of *P. chabaudi* infected WT and Tfr mice. Mean, Welch's t-test n=10-11.

Dotted line represents uninfected mice.



**Figure 4. In vitro T helper 1 (Th1) polarised *Tfrc*<sup>Y20H/Y20H</sup> CD4<sup>+</sup> T cells have impaired proliferation and effector function, which can be rescued by iron supplementation.**

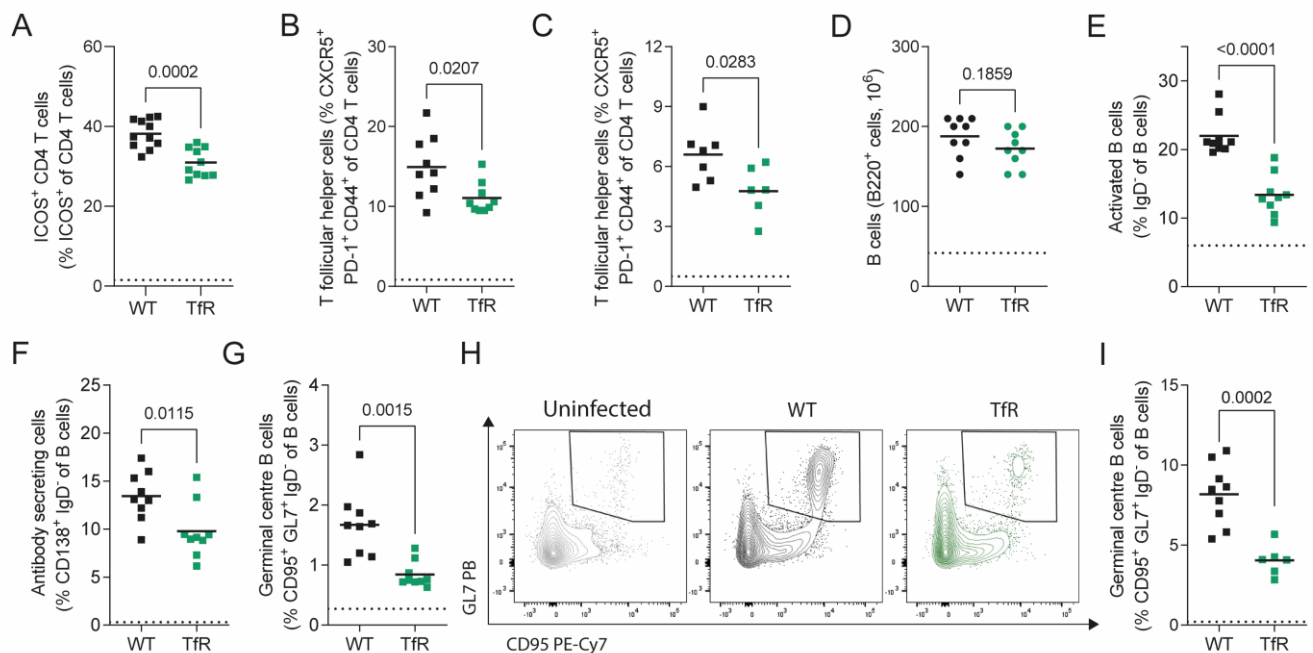
**A)** Naïve CD4<sup>+</sup> T cells were isolated from uninfected C57BL/6 (WT) and *Tfrc*<sup>Y20H/Y20H</sup> (TfR) mice, and cultured for 96 h in Th1 polarising media, with varying concentrations of iron sulfate (FeSO<sub>4</sub>).

**B)** Representative flow cytometry plot of CD4<sup>+</sup> T cell proliferation, quantified using CellTrace Violet.

**C)** Proportion of CD4<sup>+</sup> T cells that have divided more than two times (> 2X). Mean, two-way ANOVA, Sidak's multiple comparisons test, n=3.

**D)** Representative flow cytometry plot of IFN $\gamma$  producing CD4<sup>+</sup> T cell in the absence or presence of FeSO<sub>4</sub>.

**E-F)** Proportion of IFN $\gamma$  producing CD4 T cells (E) and IFN $\gamma$  production per cell (F). Mean, two-way ANOVA, Sidak's multiple comparisons test, n=3.



**Figure 5. Decreased cellular iron uptake disrupts the germinal centre response to *P. chabaudi*.** Splenic immune response of *P. chabaudi* infected C57BL/6 (WT) and *Tfrc*<sup>Y20H/Y20H</sup> (TfR) mice.

**A)** Proportion of CD4<sup>+</sup> T cells expressing B cell co-stimulatory receptor ICOS in the spleen of of *P. chabaudi* infected WT and TfR mice, 8 dpi. Mean, Welch's t-test, n=10-11.

**B)** Proportion of T follicular helper (Tfh) cells in the spleen of of *P. chabaudi* infected WT and TfR mice, 8 dpi. Mean, Welch's t-test, n=9.

**C)** Proportion of Tfh cells in the spleen of of *P. chabaudi* infected WT and TfR mice, 20 dpi. Mean, Welch's t-test, n=6-7.

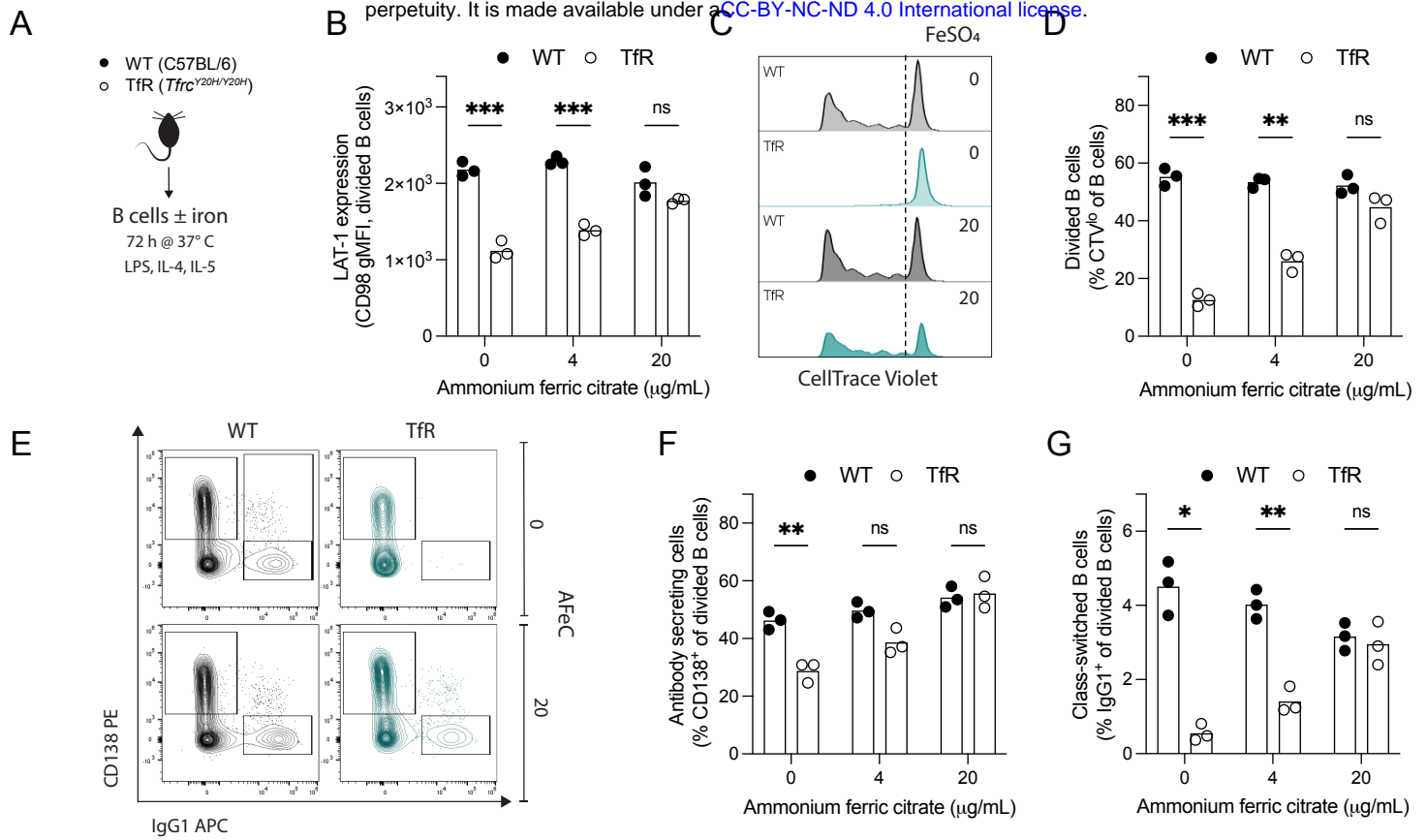
**D-F)** Absolute total number of splenic B cells (D) and proportion of activated (E) and antibody secreting (F) splenic B cells in the spleen of of *P. chabaudi* infected WT and TfR mice, 8 dpi. Mean, Welch's t-test, n=9.

**G)** Proportion of germinal centre B cells in the spleen of of *P. chabaudi* infected WT and TfR mice, 8 dpi. Mean, Welch's t-test, n=9.

**H)** Representative flow cytometry plot of germinal centre B cells in the spleen of of *P. chabaudi* infected WT and TfR mice, 20 dpi.

**I)** Proportion of germinal centre B cells in the spleen of of *P. chabaudi* infected WT and TfR mice, 20 dpi. Mean, Welch's t-test on log transformed data, n=6-9.

Dotted line represents uninfected mice.



**Figure 6. *In vitro* cultured *Tfr<sup>Y20H/Y20H</sup>* B cells display impaired activation, proliferation and differentiation, which can be rescued by iron supplementation.**

**A)** B cells were isolated from uninfected C57BL/6 (WT) and *Tfr<sup>Y20H/Y20H</sup>* (TfR) mice and cultured for 96 h in B cell activating media, with varying concentrations of ammonium ferric citrate (AFcC).

**B)** Large neutral amino acid transporter-1 (LAT-1/CD98) expression on divided B cells. Mean, two-way ANOVA, Sidak's multiple comparisons test, n=3.

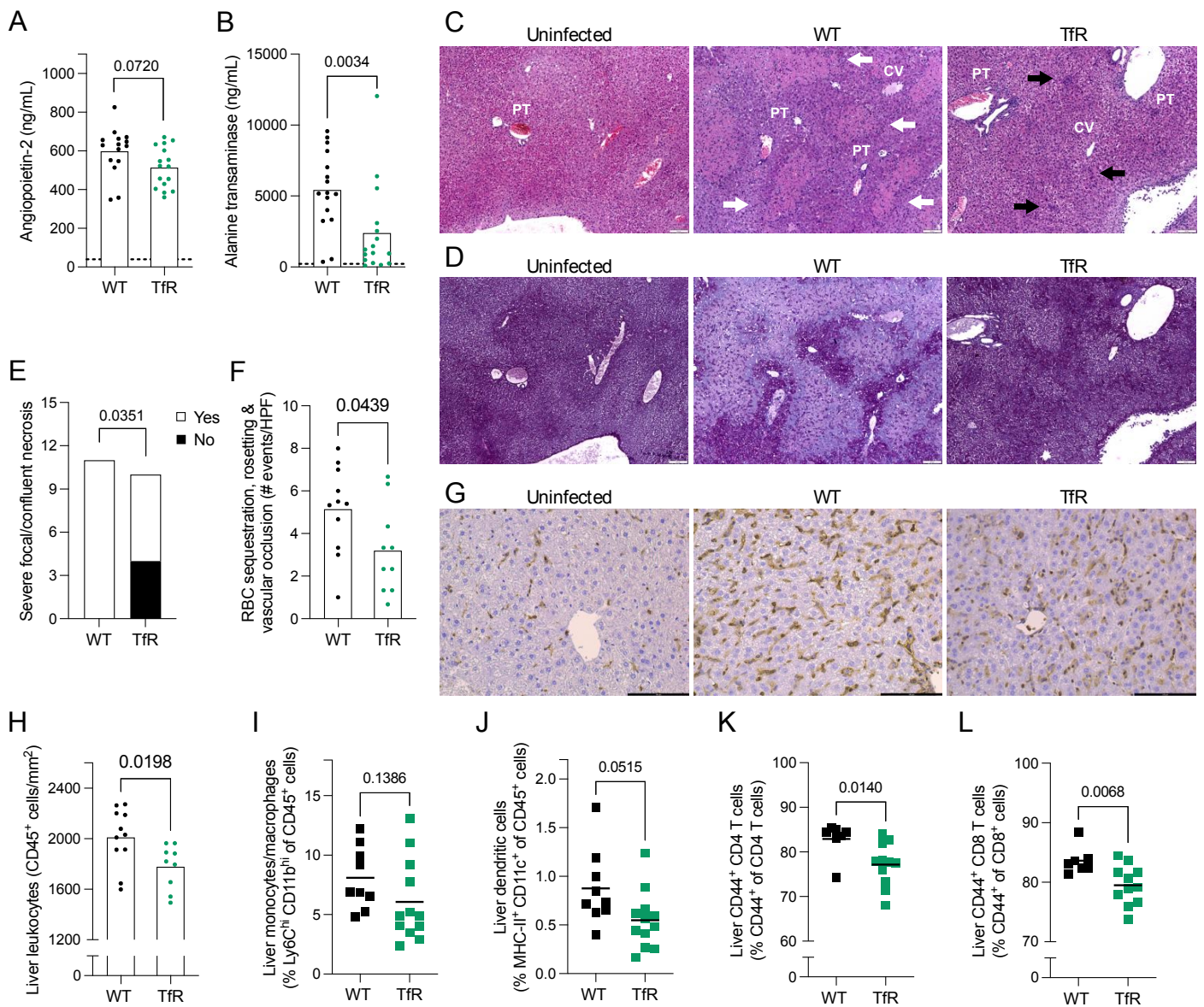
**C)** Representative flow cytometry plot of proliferating B cells, quantified using CellTrace Violet.

**D)** Proportion of proliferating B cells (CTV<sup>low</sup>). Mean, two-way ANOVA, Sidak's multiple comparisons test, n=3.

**E)** Representative flow cytometry plots of antibody secreting (CD138<sup>+</sup>) and class-switched (IgG<sup>+</sup>) divided B cells.

**F-G)** Proportion of antibody secreting (F) and class-switched (G) divided B cells. Mean, two-way ANOVA, Sidak's multiple comparisons test, n=3.





**Figure 7. Decreased cellular iron uptake mitigates *P. chabaudi* liver pathology.** Liver pathology of *P. chabaudi* infected C57BL/6 (WT) and *Tfrc*<sup>Y20H/Y20H</sup> (TfR) mice, 8 dpi.

**A-B)** Serum levels of angiopoietin-2 (A) and alanine transaminase (B). Mean, Welch's t-test, n=15-16. Dotted line represents uninfected mice

**C-D)** Haematoxylin and eosin (C), and periodic acid-Schiff (D) staining of representative liver sections. Labels indicate central veins (CV), portal triads (PT), and areas of focal (black arrows) and bridging (white arrows) necrosis. Original magnification 40X, scale bar 100  $\mu$ m.

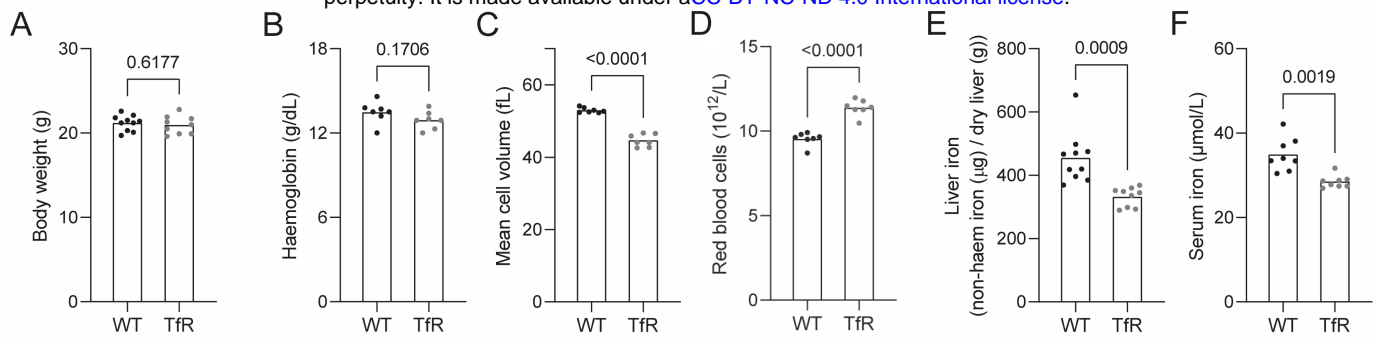
**E)** Quantification of severe hepatic necrosis (score  $\geq 3$ ) as measured by histological scoring. Count, Fisher's exact test, n=10-11.

**F)** Number of hepatic red blood cell sequestration, rosetting and vascular occlusion events per randomly imaged high-power field (HPF). Mean, Welch's t-test, n=10-11.

**G)** Immunohistochemistry staining of liver leukocytes (CD45+) in representative liver sections. Original magnification 20X, scale bar 100  $\mu$ m.

**H)** Quantification of CD45+ leukocytes in liver sections identified by immunohistochemistry staining. n= 9-11

**I-L)** Hepatic monocytes/macrophages (I), dendritic cells (J), CD44+ CD4+ T cells (K) and CD44+ CD8+ T cells (L). Mean, Welch's t-test, n=7-12.



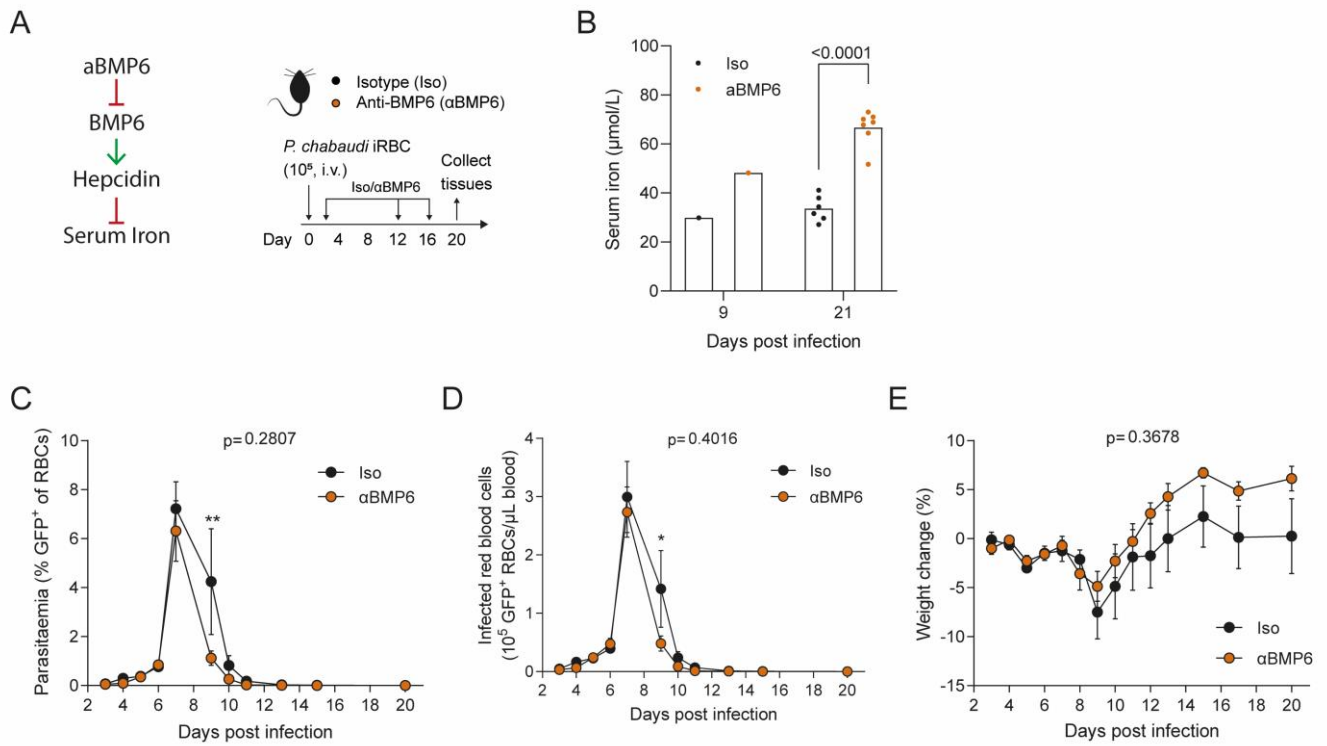
**Figure S1: *Tfrc*<sup>Y20H/Y20H</sup> mice have mild microcytosis and decreased iron levels at homeostasis.** Uninfected 8–12-week-old C57BL/6 (WT) and *Tfrc*<sup>Y20H/Y20H</sup> (TfR) mice were used for characterization.

**A)** Body weight. Mean, Welch's t-test, n=9-10.

**B-D)** Haemoglobin (B), mean RBC volume (C) and RBC count (D). Mean, Welch's t-test, n=7.

**E-F)** Liver iron (E) and serum iron (F). Mean, Welch's t-test, n=8-10.



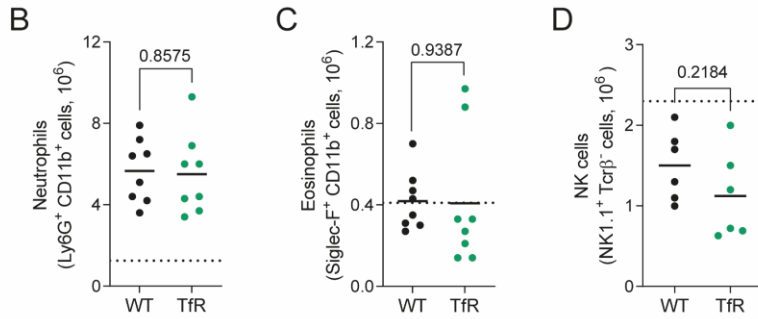
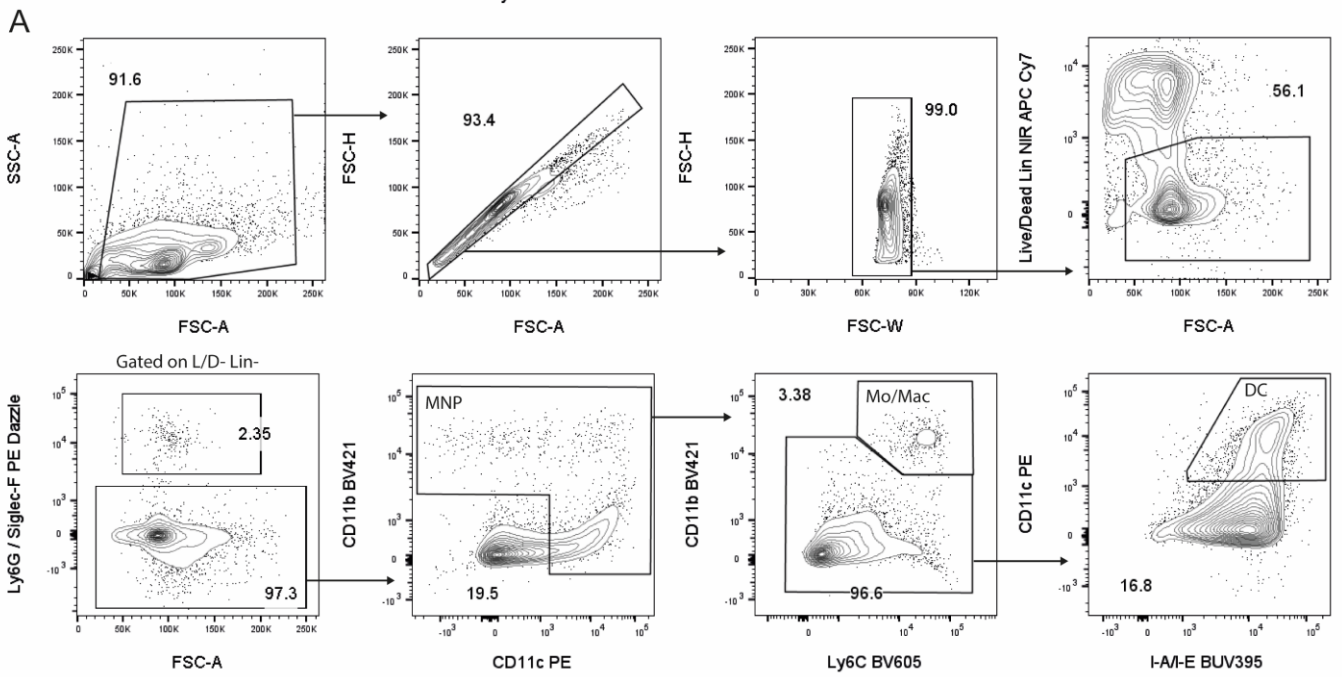


**Figure S2. Hyperferremia does not increase *P. chabaudi* parasitaemia.**

**A)** C57BL/6 mice were infected by intravenous (i.v.) injection of  $10^5$  *P. chabaudi* infected red blood cells (iRBC). A monoclonal anti-BMP-6 antibody ( $\alpha$ BMP6) or an isotype control antibody (Iso) was administered 2, 12 and 16 days after infection.

**B)** Serum iron measured 9 and 21 dpi in mice treated with anti-BMP6 or Iso. At day 9 post-infection, serum samples, collected through tail bleeding, were pooled for each experimental group to obtain sufficient sample for the quantification. At day 21 post-infection, mice were sacrificed, and serum samples collected through cardiac puncture. Mean, Welch's t-test,  $n=6-8$ .

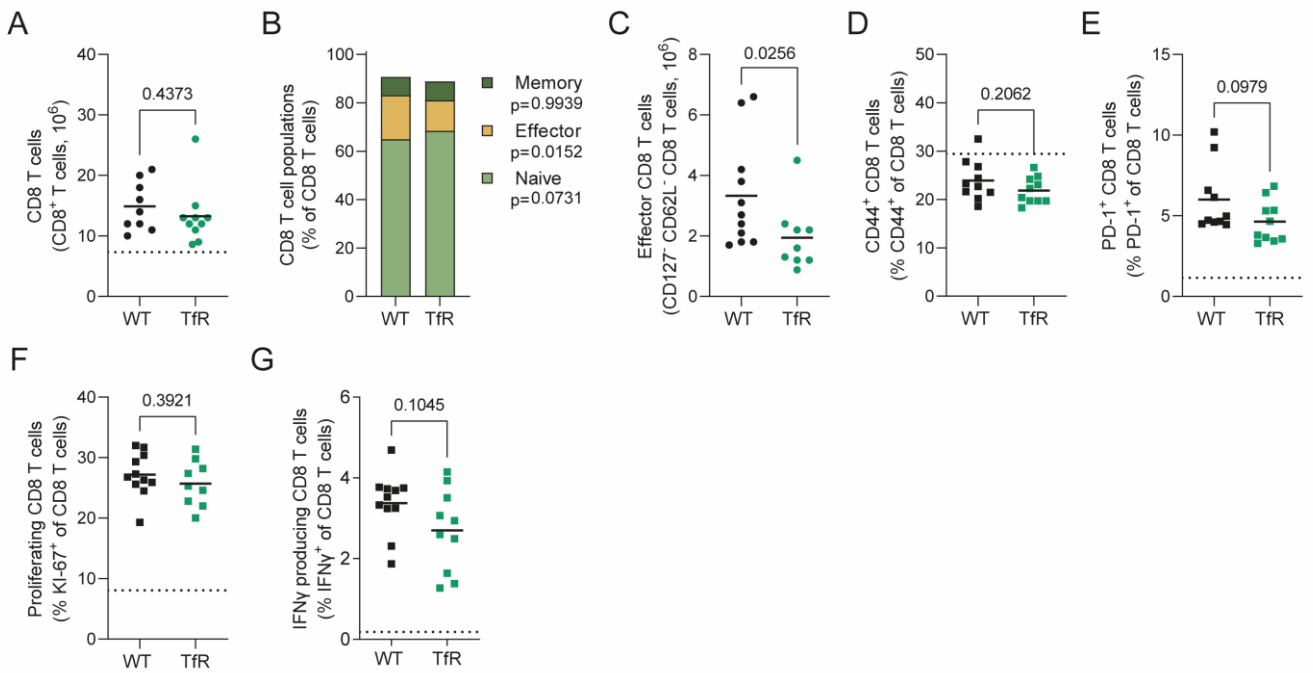
**C-E)** Parasitaemia (C), iRBC count (D) and relative change in body weight (E) were measured throughout the course of infection. Mean  $\pm$  SEM, two-way ANOVA with Sidak's multiple comparisons test,  $n=6-8$ .



**Figure S3: Mononuclear phagocyte gating scheme and innate immune response to *P. chabaudi* infection.** Splenic immune response of *P. chabaudi* infected C57BL/6 (WT) and *Tfrc*<sup>Y20H/Y20H</sup> (Tfr) mice, 8 dpi.

**A)** Gating strategy for mononuclear phagocytes (MNP), monocytes/macrophages (Mo/Mac) and dendritic cells (DC).

**B-D)** Absolute number of splenic neutrophils (B), eosinophils (C) and NK cells (D) of WT and Tfr mice at 8dpi. Mean, Welch's t-test, n = 6-8.



**Figure S4: Decreased cellular iron uptake attenuates the effector CD8<sup>+</sup> T cell response to *P. chabaudi*.** CD8<sup>+</sup> T cells in the spleen of *P. chabaudi* infected C57BL/6 (WT) and *Tfrc*<sup>Y20H/Y20H</sup> (TfR) mice, 8 dpi.

**A)** Absolute numbers of splenic CD8<sup>+</sup> T cells of *P. chabaudi* infected WT and TfR mice. Mean, Welch's t-test, n=9-10.

**B)** Proportion of naïve (CD44<sup>-</sup> CD62L<sup>+</sup>), effector (CD62L<sup>-</sup> CD127<sup>-</sup>) and memory (CD44<sup>+</sup> CD127<sup>+</sup>) splenic CD8<sup>+</sup> T cells of *P. chabaudi* infected WT and TfR mice. Mean, two-way ANOVA with Sidak's multiple comparisons test, n=9-11.

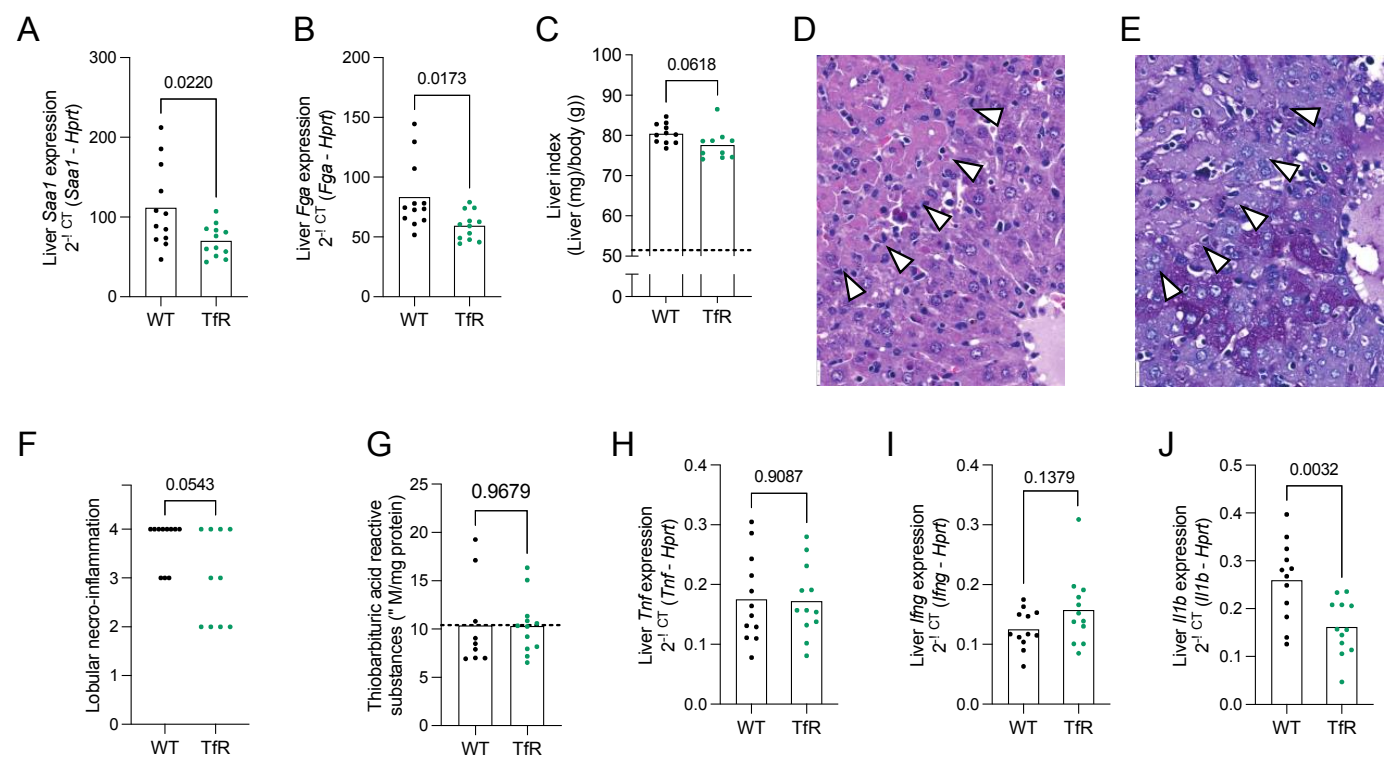
**C)** Absolute number of effector CD8<sup>+</sup> T cells of spleens from *P. chabaudi* infected WT and TfR mice. Mean, Mann-Whitney test, n=9-11.

**D-E)** Proportion of splenic CD8<sup>+</sup> T cells expressing markers of antigen experience CD44<sup>+</sup> (D) and PD-1<sup>+</sup> (E) of *P. chabaudi* infected WT and TfR mice. Mean, Welch's t-test n=10

**F)** Proportion of proliferating (KI-67<sup>+</sup>) splenic CD8<sup>+</sup> T cells of *P. chabaudi* infected WT and TfR mice. Mean, Welch's t-test n=9-11

**G)** Proportion of IFN $\gamma$  producing splenic CD8<sup>+</sup> T cells, detected by intracellular cytokine staining of *P. chabaudi* infected WT and TfR mice. Mean, Welch's t-test n=10-11.

Dotted line represents uninfected mice.



**Figure S5. Decreased cellular iron uptake attenuates *P. chabaudi* induced liver damage.** Hepatic response of *P. chabaudi* infected C57BL/6 (WT) and *Tfrc*<sup>Y20H/Y20H</sup> (TfR) mice, 8 dpi.

**A-B**) Liver gene expression of *Saa1* (A) and *Fga* (B) of *P. chabaudi* infected WT and TfR mice. Mean, Welch's t-test, n=12.

**C**) Liver index of *P. chabaudi* infected WT and TfR mice. Mean, Welch's t-test, n=10-11.

**D-E**) Higher magnification depiction of H&E (D) and PAS (E) stained liver sections from a representative *P. chabaudi* infected WT mouse. The arrowheads indicate areas of confluent necrosis, featuring lobular disarray, lympho-histiocytic inflammation, acidophil body formation, and glycogen depletion. Original magnification 200 $\times$ , scale bar 20 $\mu$ m.

**F**) Blinded scoring of lobular necro-inflammatory activity. Mann-Whitney test, n=10-11.

**G**) Hepatic malondialdehyde (MDA), quantified as an indirect measurement of ROS, using a thiobarbituric acid reactive substances assay in *P. chabaudi* infected WT and TfR mice. Mean, Welch's t-test, n=10-12.

**H-J**) Liver gene expression of *Tnf* (H), *Ifn* (I) and *Il1b* (J). Mean, Welch's t-test on untransformed (H&J) or log transformed data (I), n=12.