Local neurovascular coupling in the amygdala is responsible for context-dependent emotional adjustment

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Abstract

The ability to flexibly regulate emotions in a contextually appropriate manner is essential for individuals to adapt to varying social stresses, and companion inflexibility involves psychiatric diseases. The extent of this flexibility can be quantified by measuring neurovascular coupling (NVC)-based hemodynamics signal through functional brain imaging. However, whether NVC, in turn, plays an active role in emotion regulation remains unknown due to the absence of exclusive strategies for bidirectionally manipulating NVC. By establishing fifteen genetic mouse lines to suppress or enhance NVC, we demonstrated that NVC is an allostatic component that shapes emotion regulation flexibility. With NVC deficits, the same individual mice simultaneously exhibited being overwhelmed (hyper-response) and suppressing emotions (hypo-response), depending on different contexts. Surprisingly, by knocking down vascular mural cell contractile protein, local suppression of NVC within the basal lateral amygdala (BLA), a central emotion regulation hub, induces hyper-response. Mechanistically, such opposite responses were likely attributed to NVC's opposite regulation of BLA's neural activity in a context-dependent manner. Importantly, BLA local neuron-specific chemogenetic antagonization can attenuate hyper-response. More importantly, enhancing NVC alleviated emotional distress induced by acute and chronic restraint stress, highlighting the potential of NVC as a unique therapeutic target that may avoid directly acting on neurons. These findings indicate the active role of NVC in the bidirectional modulation of emotion regulation to fit varying contexts appropriately, emphasizing the necessity of proper NVC for maintaining the homeostasis of advanced brain functions.

Introduction

The flexibility of emotion control, which may be quantitatively measured by functional brain imaging techniques that detect changes in regional cerebral blood flow (rCBF), is essential to survive in varying environmental stresses that produce rapidly changing contextual demands [1,2]. Enhancing flexibility, such as by acceptance and commitment therapy (ACT), benefits psychological and physical health [3-5]. Impaired flexibility is often associated with abnormal neurovascular coupling (NVC) and leads to hypo- or hyper-reactions termed emotion inflexibility, which links diverse psychiatric diseases and even physical well-being [1,4]. For instance, emotional inflexibility, resulting from acute or chronic stresses, is a risk factor for mental health problems such as anxiety, depression, panic disorders, hypervigilance, and agoraphobia [6]. These problems sometimes cause physical health problems such as bowel movement problem like chronic pain and constipation [4,7]. Functional magnetic resonance imaging (fMRI) studies have documented a tight spatiotemporal correlation between rCBF and emotion-mirrored neural activities, belonging to the concept of NVC [8,9]: under the contexts of innate fear or fear-related post-traumatic stress disorder (PTSD), a profound increase in blood-oxygen-level-dependent (BOLD) signal is always observed in the amygdala, a neural hub that has a central role in the regulation of emotions cross species [10-13]. However, whether NVC plays an active role in emotional regulations rather than being a passive measurable parameter remains poorly understood. Therefore, understanding this question may provide a potential therapeutic target that targets vascular cells to regulate emotions and avoids direct actions on neurons, frequently resulting in unwanted severe side effects [14-16].

NVC dysfunction is thought to involve many diseases ranging from neurological to psychological conditions [11,13,17,18]. However, determining the definitive role of NVC in brain

functions remained largely experimentally intractable despite NVC being discovered for

more than a century [19,20]. Conventional pharmacological interventions to acutely alter

NVC, such as broadly active NO synthase (NOS) inhibitors and PGE2 synthase COX2

inhibitors to suppress the synthesis of vasodilatory substances, introduce insuperable

confounds through initial actions beyond the direct inhibiting NVC and thus lack the cell-

type specificity and necessary precision. Available nonspecific genetic interventions by

depleting COX2 [21], eNOS [22], nNOS [23], and potassium channel subunit KCNJ8 [24] to

suppress NVC chronically. They are also well known to induce severe renal pathology [25],

hypertension [26], numerous neural circuit changes [27-29], and vascular arterial smooth

muscle cell (aSMC) development deficits [24] that would be unwanted in this context, giving

rise to multiple direct confounds for the question explored here. Recently, more specific

interventions such as endothelial cell (EC)-specific conditional knockout (cKO) of NMDA

receptor core-subunit GluN1 and arteriolar EC-specific (aEC)-Cav1 cKO have been newly

developed [22,30]. These may satisfy the question here, but their effects on emotional

regulation remain unexplored. In addition, the role of eNMDAR on blood-brain barrier

(BBB) integrity should be first evaluated because the damage of BBB integrity in response

to stress emerges as a new mechanism to adjust emotional responses [31-33]. On the other

hand, explicitly enhancing NVC is a critical, independent aspect of evaluating the question,

but to our knowledge, no such genetic models are available. Studying the critical question

of how NVC actively regulates emotional states has remained inaccessible, and the effect

on behaviour still needs to be discovered.

Previously, we have established a synaptic-like transmission mechanism for NVC, a

discovery based on the finding of the neuron-smooth muscular junction (NsMJ) [34]. We

are now exploring the potential of bidirectional NVC interventions by manipulating cation-

and anion-permeable neurotransmitter receptors exclusively at NsMJ, the neurovascular communication interface. We could offer potential interventions to avoid unwanted common side effects of mood stabilizers on neural circuits. These models would enable long-sought functional studies of the physiology of NVC and reveal the active influences on high-order brain functions.

Results

A variety of genetic models that bidirectional regulate NVC

We first generated fifteen cell-type-specific mouse lines (including corresponding loxp controls) using three different promotors (*SMA-creER*, *Pdgfrβ-creER*, and *Emx1-cre*) across two cell types in the neurovascular unit NVU: mural cells and neurons (Fig. 1a). Their effects on NVC were confirmed through a same examination procedure by measuring the functional hyperemia in the barrel cortex with Laser Speckle Imaging System (LSIS) during the whisker stimulation (Fig.1b). These lines were designed to actively alter NVC using three independent components of NVU: ① blocking NsMJ *(34)* (*SMA-creER:Grin1^{f/f}*, *SMA-creER:Grin2d^{f/f}*, *SMA-creER:Grin2d^{f/f}:Grin1^{f/f}*, *Pdgfrβ-creER:Grin2d^{f/f}*, *Pdgfrβ-creER:Grin2d^{f/f}:Glrb^{f/f}*, *Pdgfrβ-creER:Glrb^{f/f}*); ② narrowing down traditional study on total COX2 (encoded by gene *Ptsg2*) null mutant *(15)* to neuron-specific (*Emx1-cre:Ptgs2^{f/f}*) and aSMC-specific cKO models (*SMA-creER:Ptsg2^{f/f}*); ③ directly disrupt contractility of mural cells (*Pdgfrβ-creER:Acta2^{f/f}*) [35] (Fig. 1a). If these three categories of models truly converged to reveal a similar effect of NVC on emotion-related changes, it would strongly support that is the case.

Following our previous work, to examine which subunits assemble with GluN1 to form functional NMDAR in NsMJ [34], we used RT-PCR to detect all NMDAR subunits

expression in sorted parenchymal aSMCs, using cerebellum as a positive control. We found that *Grin2d* (gene name of GluN2D) was the only non-core subunit detected (Fig. 1c, d). RNAscope further confirmed that *Grin2d* puncta appeared in aSMCs of *SMA-creER:Ai14* brain slices (Fig. 1e). The specificity of RNAscope probes was strictly validated in young and adult cerebellum, wherein *Grin2d* is known to show an opposite temporal expression trajectory to *Grin1* [36] (Extended Data Fig. 1a and b). The GluN2D antibody was evaluated by detecting robust signals in the postnatal day 0 (P0) cerebellum, extremely low in neural stem cell promotor (*Nestin-cre*)-driven cKO cerebellum at the same age, and adult cerebellum, where GluN2D is known as barely expressed [37] (Extended Data Fig. 1c). Similar to RNAscope data, GluN2D was found clustered in aSMCs, while it was almost absent in *SMA-creER:Grin2d^{f/f}* cells (Fig. 1f and g). These imaging data were further confirmed by biochemistry elevations *in vitro* (Fig. 1h). Importantly, this absence of GluN2D in *SMA-creER:Grin2d^{f/f}* mice caused no interruptions for neuronal GluN2D expression (Fig. 1i), which also proved the cell-type specificity of *SMA-creER* (Extended Data Fig. 14b,d, and e). Besides, the basal level of contractile proteins, smoothelin and α-SMA, in the *SMA-creER:Grin2d^{f/f}* group did not change, implying basal contraction ability was unaffected (Extended Data Fig. 1d, e). Like GluN1 [34], GluN2D was merely found in aSMCs in peripheral organs, excluding the potential impacts on peripheral systems (Extended Data Fig. 2). Except for specificity inspection, we excluded the possibility of the side effects of tamoxifen and long-term stimulations on whisker stimulation-induced hemodynamic increase (Extended Data Fig. 3). All these examinations indicated that we neither directly altered neural circuits nor caused any functional defects in aSMCs, which is particularly important.

Next, we embarked on evaluating NVC for those tamoxifen-induced cKO lines. First of all, singly *SMA-creER:Grin1^{f/f}* and Singly *SMA-creER:Grin2d^{f/f}* produced a similar degree of NVC suppression as that was produced by singly *Pdgfrβ-creER:Grin2d^{f/f}* (*Pdgfrβ-creER* specificity inspection analyzed in Extended Data Fig. 14a, c, and e) and doubly *SMA-creER:Grin2d^{f/f}:Grin1^{f/f}* (Fig. 1j). This again functionally supported GluN2D the only subunit assembled with GluN1 in aSMCs and confirming the role of glutamatergic-NsMJ in NVC [34]. Secondly, *Emx1-cre:Ptgs2^{f/f}* with molecular validations (Extenden data Fig. 4a-c) exhibited robust reduction in NVC (Fig. 1j) to the level of null mutant [21]. Although *Ptgs2* can be detected in aSMC (Extended data Fig. 4d) with the protein level confirmed [38-40] (Extended data Fig. 4e), *SMA-creER:Ptgs2^{f/f}* showed comparable NVC as controls (Fig. 1j), indicating that neurons and aSMC likely used different COX2 signalling pathways to mediate NVC. Thirdly, the reduction of α-SMA, a contractile protein encoded by gene *Acta2*, through *Pdgfrβ-creER:Acta2^{f/f}* in mural cells profoundly damaged NVC (Fig. 1j and k). In brief, compared with previous work, we established different cell-type specifically genetic models that suppressed NVC from three independent components of NVU.

Lastly but notably, we successfully established an NVC-upregulation genetic model. Considering that disrupting a cation channel as NMDAR in NsMJ suppresses NVC [34] (Fig. 1j), we assumed that disrupting anion channels might enhance NVC. According to past brain SMC transcriptomic studies detected ligand-gating chloride channels, for instance, glycine receptor subunit b (GlyRβ, encoded by gene *Glrb*, Extended data Fig. 4f) showed relative high expression in venular SMCs (vSMCs) [38,39]. We confirmed *Glrb* puncta and protein clusters with more frequency found in vSMCs than aSMCs (Fig. 1l-o). We further identified GlyRβ colocalizing with gephyrin *in vitro* (Fig. 1r), a scaffold protein often

segregated in inhibitory postsynaptic sites [41], suggesting that GlyRβ could be clustered on the postjunctional membrane of glycinergic-NsMJ. This speculation was further supported by the finding that frequent direct contact of neural axons onto venular SMCs by both confocal laser scanning microscope (Fig. 1s) and electron microscope (Fig. 1t). We effectively cKO *Glrb* specifically in mural cells using *Pdgfrβ-creER:Glrb^{f/f}* (Fig. 1n, p, and q) and whisker stimulation assay revealed that *Pdgfrβ-creER:Glrb^{f/f}* line enhanced NVC approximately 37.25% higher than averaging from loxp controls (Fig. 1j). These data together supported the viewpoint that glycinergic-NsMJ suppresses NVC at basal homeostasis condition and removal of it leads to enhanced NVC. We predicted that double knockout of *Grin2d* and *Glrb* would neutralize the effects of single cKO on NVC. Indeed, we found no changes in NVC in *Pdgfrb-creER:Grin2d^{f/f}:Glrb^{f/f}* mice (Fig. 1j), not only providing a stricter control than usual single *Grin2d^{f/f}* or *Glrb^{f/f}* mice but also suggesting that two independent pathways could antagonize with each other.

Taking it all together, we have generated genetic models of bidirectional alterations in NVC with cell-type specificity that crossed multiple NVU enterprise components: neurons, mural cells, and NsMJ. With such a variety of genetic tools, we could approach the long-standing question of whether NVC actively regulates emotional responses.

NVC is required to shape the capacity of flexible emotion regulation

Prior to determining whether NVC-deficient mice exhibit an abnormal emotional responses, we first use *SMA-creER:Grin2d^{f/f}* and its control as an example to examine overall physiological features under the home cage context where there would be the minor stress level. All features were comparable between the two lines, including food

consumption, water intake, defecation, urination, body weight, blood pressure, and colorectal health inspection (Extended data Fig. 5a-n). Importantly, *SMA-creER:Grin2d^{f/f}* and *Pdgfrβ-creER:Grin2d^{f/f}* mice did not show BBB leakage (Extended data Fig. 5o, p).

Because defecation and urination behaviours have been documented as emotional index to measure emotional responses in numerous research works regarding anxiety, excitement, or fear-like emotions [42,43], we included them as examination objectives. Surprisingly, only very mild stress, just by switching mice from the home cage to a regular open field box (40*40 cm^2, shortened as OFT_40*40) for 15 min (Fig. 2a), revealed hyper-response in whichever NVC-downregulation models (Fig. 2b-d).

Specifically, we examined a total of 228 mice, which comprised eight cKO lines and corresponding controls, leaving out *SMA-creER:Grin2d^{f/f}:Grin1^{f/f}* (Fig. 2b-c). Notably, qualitative analysis of defecation rate, defined as the fraction of total tested mice that defecated at least once, revealed that all lines with NVC deficiency, regardless of neuron-, aSMC- or mural cell-specific lines, exhibited nearly twice as high as control lines (87.5%-100% vs. 50%-64.29%) (Fig. 2b). And the urination rate was generally consistent (Exyended data Fig. 6). Particularly, in two lines with direct impact on executors of NVC (*Exm1-cre:Ptsg2^{f/f}* and *Pdgfrβ-creER:Acta2^{f/f}*), we observed a 100% defecation rate as high as the results from constrictive tube stress assay (Fig. 2a and b), suggesting that the NVC deficit may have made a big splash in emotional regulations.

Quantitative analysis consistently revealed that all NVC-deficient lines produced three to four times more total fecal particles than controls (Fig. 2b, c). By contrast, control lines, cKO lines with no NVC deficits (*Pdgfrβ-creER:Grin2d^{f/f}:Glrb^{f/f}* and *SMA-creER:Ptsg2^{f/f}*), and NVC enhancement line (*Pdgfrβ-creER:Grin2d^{f/f}*) produced around one fecal particle during 15 min (Fig. 2c). Similarly, feces maximum values also indicated

the same conclusion (Fig. 2d). These observations suggest that the basal level NVC is a

necessarily allosteric component for the brain to avoid generating overwhelmed emotion

status under the context of mild stress, where further enhancing NVC above baseline

seemed no more benefits (Fig. 2c). By contrast, enhanced NVC (*Pdgfrβ-creER:Glrb$^{f/f}$*)

robustly suppressed the defecation amount once the context shifted from OFT to tube

stress assay, a much more potent stressor (Fig. 2c). These bidirectional manipulations of

NVC suggested that the brain may demand a wide range of NVC capacity to adjust swift

emotional responses when switching from context to context.

More detailed examinations further consolidated the observations aforementioned.

Using *SMA-creER:Grin2d$^{f/f}$* mice as an example, they responded strongest during the first

5 min, showing 12 times more feces and then gradually lesser during the following two 5-

min periods, 3.5 folds and 3.0 folds, respectively (Fig. 2e). Besides, there was a

profoundly shorter latency, referring to the time needed to produce the first feces, in NVC-

deficient mice compared to controls (Fig. 2f). Some cKO individuals immediately

defecated after entering the arena, which was never observed in controls. There was no

difference in the total running distance and the related time-in-centre parameter for

measuring anxiety-like levels of these lines in OFT_40*40 (Extended data Fig. 7).

Aforementioned evidence suggested that the defecation-represented emotion was less

associated with anxiety under the open-field context.

Surprisingly, the size of OFT with gradually decreasing space revealed a neat,

negative correlation with the changes in emotion index (defecation), showing gradually

increasing fecal particles (Fig. 2g, h). Control mice can distinguish the slight difference in

spatial sizes among open-filed areas of 40*40 cm^2 (OFT_40*40), 35*35 cm^2 (OFT_35*35),

and 16*38 cm^2 (OFT_16*38) (Fig. 2g, h), reflecting the capacity of modulating the intensity

of emotions, a hard-core nature of emotion flexibility to adapt to the demands of a given

situation. This behaviour paradigm provided an objective method to explicitly exhibit

emotion flexibility, often subjectively measured in human studies by addressing

questionnaires [44]. Notably, disrupted flexibility by defective NVC showing abruptly

reaching the plateau (Fig. 2h). This data demonstrated that mice with down-regulated

NVC lost the capability of emotion flexibility.

A summary heatmap including two more genetics-independent manipulations

(mentioned below) revealed a qualitative correlation: the basal NVC function was linked

to the emotion index (defecation), the higher NVC function was mirrored with the lower

emotional index, and the lower NVC function was associated with the higher emotional

index (Fig. 2i).

In mechanism, to identify functional protein partners of NMDAR within aSMC cytosol,

we performed proteomic analysis after co-immunoprecipitation assay using primary

aSMCs with overexpression GluN2D. KEGG analysis of the overlapped 75 proteins that

were repeatedly identified in three separate independent experiments revealed that the

pathway of *vascular smooth muscle cell contraction* was enriched (Extended data Fig.

8a). Among proteins in this pathway, caldesmon, a calmodulin-binding protein crucial for

SMC contraction and relaxation [45], was further confirmed to interact with GluN2D by

Western blotting (Extended data Fig. 8b). Due to the specific expression patterns of

caldesmon in mural cells, knocking down caldesmon by cistern magna injection of *Cald*

(gene name of caldesmon) siRNA led to NVC downregulation as well as hyper defecation

(Extended data Fig. 8c-i). The aforementioned evidence suggested that mechanistically,

caldesmon may be the downstream protein of GluN2D in aSMCs for NVC regulation.

Besides, previous studies have found that subjecting mice to an eight-week high-fat diet (HFD) led to deficits in NVC and blood-brain barrier (BBB) leakage [17,46,47]. However, whether BBB leakage is the primary cause of NVC deficits is still uncertain. Additionally, if the HFD in humans also results in NVC deficits and emotional inflexibility, an applicable connection between this study and clinical therapy could be established. To clear the relationship between NVC deficits and BBB leakage, we shorted the HFD challenge to four weeks. A robust increase in body weight can be observed from the first week (Extended data Fig. 9a). Importantly, we found that at the end of 4-week HFD, BBB seemed still intact (Extended data Fig. 9b, c) when NVC was damaged (Extended data Fig. d, e) and defecation increased in OFT_40*40 (Fig. 2j), demonstrating NVC deficits and emotional inflexibility occurring earlier than the potential BBB breakage. Interestingly, we found that during the HFD challenge, HFD mice ate less food than control mice (Extended data Fig. 9f) and produced fewer fecal particles during the home cage (Extended data Fig. 9g), further demonstrating that increased emotional index (defecation) is context-dependent and specific to NVC deficits rather than increased food intake. This result raised a stronger temporal association between NVC and emotional changes, providing a potential treatment for high Body Mass Index (BMI) individuals with emotional inflexibility.

Given that several reviews have suggested that NVC is one of the critical factors in neurological diseases, especially Alzheimer's disease [48], we compared the accumulation of Amyloid-β plaque in 18-month-old *SMA-creER:Grin1^{f/f}* mice and 5XFAD mice. No apparent plaques were developed in chronic NVC-deficient mice (Extended data Fig. 10). This suggested that a single factor of NVC dysfunction alone cannot induce neurological diseases.

In summary, three effects on NVC (upregulated, unchanged, downregulated) observed in these models revealed a negative correlation between the NVC function and the capacity for emotional regulation. This versatility has likely ruled out other contributions of side effects but the indispensable NVC deficit. Taking all results together, we claim that NVC primarily adjusts emotional responses that fit stress levels appropriately.

NVC-deficient mice exhibit decreased fear-like behaviors

We continued to use *SMA-creER:Grin2d^{f/f}* mice as NVC-deficit model to evaluate the universality of the NVC function in emotion regulation beyond the context of switching to a new locomotion environment, such as innate fear of insecure places, innate fear of predators, and social fear of aggressors. Prey C57/B6 mice are believed to feel emotionally and naturally more fearful on white floors and more secure on black floors [49]. We separated a chamber with a metal fence into the left with a white floor and the right with a black floor (Fig. 3a). We placed one mouse at a time into the white side. This design allowed the mouse to see through but not be able to cross the fence to get into the darker side so that the travelling time spent and active approaches near the dark side may be used as emotion index of innate fearful-like emotional response to the white side (Fig. 3a). We have named this assessment the "open-field-like test" (OFLT) in this study. Control mice displayed an expected innate fear-like response as evidenced by their longer travel time near the dark side (Fig. 3b-d), longer time to approach the dark side by exhibiting more times of sniffing and climbing the fence (Extended data Fig. 11a, b). Although NVC-deficient mice could cognitively recognize which side was insecure, they exhibited a much lower-level preference to the dark side, implicating lower innate fear-like status while

staying in an insecure place (Fig. 3b-d). Interestingly, hyper-defecation behaviour was again observed under the OFLT context (Extended data Fig. 11c). Given that hyper-defecation may represent higher levels of anxiety, fear, and excitement, what NVC-deficient mice exhibited should belong to hyper-excitement because they had a lower level of fear-like emotion compared to normal mice shown above. Secondly, higher total running distance (Extended data Fig. 11d) observed, a typical hyperactivity phenotype induced by psychostimulants such as morphine [50]. Thus, in a more complex context like the OFLT than OFT, individual mice may simultaneously exhibit decreased innate fear-like emotion and oppositely increased hyper-excitation-like emotion.

Shortened subsiding process after predator-like threats stimulation in NVC-deficient mice

To systemically evaluate the level of innate fear in the NVC-deficient model, mice undergo three threatening paradigms: a video showing an approaching cat, classic looming stimulation imitates predator diving, and virtual reality of eagle hunting (shortened as Cat_{video}, looming, and VR_{eagle}, respectively, Fig. 3e-s).

First, we recorded the behavioural responses of awake, head-fixed mice on a treadmill repeatedly stimulated by Cat_{video} with three trials (Fig. 3e and Supplementary Video. 1). As expected, in response to the first trial, control mice showed the most retreat and tail rattling, typical defensive behaviours when experiencing innate fear (Fig. 3f, g). This demonstrated Cat_{video} was an effective stimulus. Notably, most NVC-deficient mice exhibited no retreat behaviour at all (Fig. 3f). Even among the rest small subset of this group, the intensity of defensive behaviours was also remarkably reduced (Fig. 3i-j).

These observations of defensive responses suggest a lower level of innate fear-like status

in NVC-deficient mice, supporting the findings from OFLT (Fig. 3a-d).

Next, to enhance the observation by the Cat_{video}, we stimulated free-moving instead

of head-fixed mice with looming (Fig. 3k). Mice would not receive stimulation until they

reached a moving speed of 13-15 cm/s (Fig. 3l) before the stimulation. No differences in

locomotion speed can be detected between NVC-deficient mice and their controls before

the stimulation (Extended data Fig. 12a). The looming constantly induced consistent

subsiding behaviour of both genotypes, showing the reduction of locomotion speed down

to 1-2 cm/s shortly after the initiation of stimulation. This observation demonstrated that

NVC-deficient mice had normal visual sensation and cognitive understanding of looming

threats (Fig. 3l). Notably, the heatmap profile, showing the locomotion speed of all mice

for each group, revealed that NVC-deficient mice exhibited shorter subsiding than

controls (Fig. 3m). Other behavioural characterizations including shorter latency recovery

from subsiding status (Fig. 3n) and lower rearing index (Fig. 3o), which indicates the fear

level of mice, observed in NVC-deficient mice. Above evidence, again, reflected a lower

innate fear-like status like in Cat_{video} assay (Fig. 3e-j).

Lastly, we updated looming system to VR_{eagle} system to threaten mice by delivering

an eagle-hunting video played in a ballroom to make more realistic environment (Fig. 3p).

As the nonvoluntary change of pupil size serves as an objective measurement for innate

fear status [51] and the locomotion speed is an index often used across many studies [52],

we recorded these two parameters simultaneously from awake, head-fixed mice placed

on a floating ball (Fig. 3p and Supplementary Video. 2). Under basal level, pupil size and

locomotion speed between two genotypic were not different (Extended data Fig. 12b and

c). Similarly, eagle stimulation was not provided until mice started to move. Eagle

stimulation successfully frightened both genotypic mice by showing a similar abrupt rise in pupil size (Extended data Fig. 12d), mirrored by a sudden decrease in locomotion speed (Fig. 3q), again reflecting unchanged cognitive recognition of threats. Based on the aforementioned data, we normalized the locomotion speed at 0s and the pupil size at 3s (Fig. 3q), and we used the intersection point of normalized locomotion speed and normalized pupil size (shown by the arrow in Fig. 3q) as the response index to reflect the subsiding extend. It can be observed that NVC-deficient mice exhibited a lower response index compared with controls (Fig. 3r). Besides, we also examined the subsiding process following imminent fear by measuring the latency of recovering these two parameters (for looming assay used locomotion speed, and for VR_{eagle} assay used pupil size) back to the initial basal level (Fig. 3s) in looming assay and VR_{eagle} assay. To our great surprise, two independent assays revealed a very close fold change in the subsiding duration (Fig. 3s), strongly suggesting that NVC deficiency makes animals recover faster from predator threats. Premature release of the defense state may be fatal because the danger from predators may not have disappeared. Therefore, individuals with shorter fear retention may be preyed upon, and they may have been eliminated earlier in evolution.

Collectively, all these paradigms were repeatedly applied for three trials (Cat_{video} and looming) or five trials (VR_{eagle}), and most mice show a general adaptation (Extended data Fig. 13). Importantly, independent paradigms (looming and VR_{eagle}) commonly revealed a shared feature, and this significant finding that NVC deficit lowered the level of innate fear-like emotion underscores the importance of our research in understanding fear responses in mice.

NVC-deficient mice are less threatened by a real social aggressor

In addition to virtual stressors, we continued to examine emotion regulation under real threats from cohabitating control or NVC-deficiency mice in the same cage with social aggressor CD1 mice. This cage was partly separated into small and large subregions due to the dented metal top so that the two mice were able to travel between them freely (Fig. 3t). Due to naturally fear, the control and NVC-deficient mice tended to avoid CD1 by keeping distance, we predicted that NVC-deficient mice would show less avoidance. Indeed, under the condition that the sniffing recognition process between CD1 and both genotypes of mice was not different (fig.3u), the quantification of the total time when two mice cohabited in the small subregion revealed that the NVC-deficient mice exhibited a longer time (Fig. 3v light color), and so exhibited the total time that recorded which genotype mice took the active entrance into the small region when CD1 had been there (Fig. 3u deep color), indicating that NVC-deficient mice might have a lower intention to avoid aggressive CD1 mice. More strikingly, 98% of control mice fled away from CD1 after fights, and so did only 37% of NVC-deficient mice (Fig. 3w left). Consistent with the mice flee rate, we normalized it to total fight events. There were 37 and 19 fights between the 8 controls with CD1 and 10 NVC-deficient mice with CD1, respectively, among which CD1 actively triggered the most fights. NVC-deficient mice exhibited significant smaller percentage of flee rate than controls (Fig. 3w right). These observations strongly supported that even under the context of real stressors, NVC modulated internal emotional status, highlighting that NVC deficit disrupted fear emotion processing.

NVC actively modulates context-dependent emotion flexibility through differently tuning BLA neural activity

Next, we focused on the well-known emotional regulation nucleus, the amygdala, to delineate the mechanism underlying how NVC regulates emotions. We hypothesize that NVC deficiency differentially alters amygdala activity in a context-dependent manner. So, we profiled the expression patterns in the basal lateral amygdala (BLA) of early response gene c-Fos expressions across the aforementioned seven paradigms, shown as heatmaps (Fig. 4a). As expected and consistent with previous reports [53], compared to the home cage, the rest six paradigms all increased c-Fos expressions, but their levels and location patterns varied from context to context (Fig. 4a). We generated a pattern similarity index by a double-blinded data-analysis specialist (see the Method) to conduct an unbiased cluster analysis to see whether the c-Fos expression patterns can represent the corresponding paradigms. Notably, among the seven paradigms, the similarity index between the most similar two paradigms of looming and VR$_{eagle}$ ranked the top one and ranked top two between the home cage and OFT_40*40. This analysis demonstrated that the similarity index was a reliable indicator, and combine with the data in Fig. 3s, this index also suggested that VR$_{eagle}$ is a reliable and updated behavioural assay born out of the looming assay. Thus, we considered that NVC could differentially alter BLA neural activity in a context-dependent way. Apparently, *SMA-creER:Grin2d$^{f/f}$* mice exhibited disrupted BLA activation patterns across contexts (Fig. 4a bottom panel), which may be the basis of abnormal behaviours.

We chose the series of OFT and predator threats as exemplary paradigms for deeper investigations. Within this pool of five contexts, the similarity classification unbiasedly grouped the home cage and two OFT assays into one class while grouped looming and VR$_{eagle}$ into the other class (Fig. 4b). In contrast, this classification messed up in *SMA-creER:Grin2d$^{f/f}$* mice (Fig. 4b). Furthermore, we found that comparing these two genotypic

mice, the higher elevation of c-Fos expression in the BLA (hyperactive BLA) under the OFT context, whereas oppositely lower elevation (hypoactive BLA) in the predator context in *SMA-creER:Grin2d^{f/f}* mice compared to controls (Fig. 4c). It is worthy to mention that this observation was consistently repeated by two independent paradigms for each context (Fig. 4c). When plotting the differences in the emotion-index changes and the differences in the c-Fos-expression changes between the two genotypes in one graph, there seemed to be a positive correlation, that is, hyperactive BLA correlating with hyper-excitement under the OFT contexts and hypoactive BLA correlating with hypo-response under the looming and VR_{eagle} contexts (Fig. 4d, see the Methods). This observation of differentially neural regulations by NVC may mechanistic explain how NVC differently modulate emotion regulations in a context-dependent manner.

Here remains a question: Is the regulation of emotions by NVC global or specific to a particular nucleus? The NVC manipulations mentioned above were all global. Since we observed context-dependent neural activation in BLA, we expected BLA to be one of the nuclei that could regulate emotions through local NVC manipulation. Therefore, we plan to manipulate NVC locally by injecting *Cald* siRNA to suppress caldesmon expression in BLA. Before we locally injected *Cald* siRNA at BLA, we confirmed that BLA has conservative blood vessels for *Cald* knock-down (Extended data Fig. 14). Caldesmon expression level significantly decreased after acute siRNA interference (Extended data Fig. 15a-c), along with the same defecation increase to global caldesmon interference (Fig. 4e left 4 columns) and global genetically NVC-down regulation mice (Fig. 4f) in OFT_40*40. These results indicate that loss of NVC in BLA is enough to induce emotional regulation. Based on the c-Fos expression pattern in Figure. 4a-c, we predicted that c-Fos in BLA should increase due to the *Cald* knock-down. Indeed, we found that c-Fos

expression in BLA of *Cald* siRNA local injection mice exhibited similar both expression

increase and expression pattern to globally genetic NVC-deficiency mice (Fig.4a and

Extended data Fig. 15d-e), further suggesting that BLA local NVC suppressing through

mural cells could induce neural activation increase and hyper-emotional response. Since

we confirm BLA is responsible for context-dependent NVC-based emotional adjustment,

and neurons in BLA are executors for emotional regulation. Therefore, we chose one

assay, OFT_40*40 again, to verify the causal relationship between neural activation and

defecation-related emotional regulation by performing BLA local chemogenetic inhibition

to antagonise the neural hyper-active in BLA. Before OFT, we determined the

effectiveness and specificity of neural inhibition by using 15 min quarantine and tube

stress assays. (Extended data Fig. 16a-b). C21, an agonist for chemogenetic receptor

(DREAD), could significantly attenuate excess defecation (Extended data Fig. 16b-c). The

intraperitoneal injection of saline or C21 causes extra stress. It thus induces a higher

basal defecation index (Fig. 4e and Extended data Fig. 16b) than the data shown in earlier

OFT_40*40 and Tube stress assays (Fig. 2c). As we expected, we found that suppression

of BLA neural activity attenuated the context-induced over-defecation behaviour in both

genotypes in OFT_40*40, suggesting that BLA neural activity is required for NVC-

dependent emotional regulation (Fig. 4e right 4 columns).

Enhanced NVC mice show emotional resistance to chronic restraint stress

Finally, apart from HFD, we want to find another point to link our study to clinical

application. We aimed to determine the role of enhanced NVC in emotion regulation

because we found that *Pdgfrβ-creER:Glrb^{f/f}* mice exhibited attenuated abnormal emotion

index (defecation) increase in the 15 min tube stress assay, which is a sort of acute

restraint stress (ARS, Fig. 2b, c). We hypothesise that loss of Glyβ in mural cells may

help to resist stress challenges. To verify it through more dimensions, we continued to

embark on 2-hour tube stress every day for 28 consecutive days to achieve the chronic

restraint stress (CRS) model (See the Method), which is believed to eventually lead to

depression, anxiety and mood-dominant constipation (54-56). After validating the

effectiveness of the CRS model (Fig. 5a), we found that control mice and *Pdgfrβ-*

creER:Glrb^{f/f} mice with CRS exhibited obvious constipation from day 21, showing not only

apparent fewer feces production but also dryer, less water-containing feces (Fig. 5b-

d). Compared with the data in ARS, the NVC deficiency model cannot exacerbate or

ameliorate restraint stress-induced emotional change in response to these two specific

contexts. In great contrast, although NVC-enhanced mice (*Pdgfrβ-creER:Glrb^{f/f}*) are

powerless to maintain body weight during the CRS and even showed significant body

weight loss during the CRS (Extended data Fig. 17a), NVC-enhance mice exhibited a

robust stress resistance during the CRS, similar to the home cage control group, reflected

by showing normal-trend defecation behaviour and fecal quality despite enduring 28 days

of torment (Fig. 5b-e). Theses evidence emphasised that NVC may be a new therapeutic

target for mood disorders and related gastrointestinal problems. Previous work thought

that BBB integrity may be damaged after CRS [54]. To verify it in our model, we inspect the

BBB integrity after a 4-week CRS through IgG leakage in parenchyma. No apparent IgG

leakage in the cortex and BLA can be detected in all CRS-treated mice, suggesting that

the gastrointestinal protective effect during the chronic stress was not due to the

secondary impact of BBB leakage but NVC enhancement (Extended data Fig. 17b-e).

Discussion

In this study, we developed fifteen genetic models with cell-type-specificity plus two Cre-independent NVC-deficient models (HFD and global/local Cald siRNA), achieving bidirectional regulations of hemodynamic changes during NVC. These models resulted from single or double perturbations of six protein expressions (GluN1, GluN2D, SMA, GlyRβ, COX2, and caldesmon) within mural cells and neurons of NVU (Fig. 1). We then uncovered that NVC actively regulates emotional/affective behaviours in a context-dependent manner through differently modulating the activity of the emotion centre amygdala. Local NVC suppression in BLA could generate similar consequences to global NVC deficits, indicating that BLA is a crucial region for NVC-based emotional regulation. This study implies that active NVC alterations can be critical in causing or ameliorating affective disorders. We propose that NVC in BLA may be a new therapeutic target for treating mood-spectrum disorders.

As most gene perturbations in this study were in mural cells, an out layer of vasculature critical for BBB integrity, one may be concerned that there could be side effects independent of NVC playing a more critical role. For instance, BBB leakage and subsequent immune cell infiltration have been documented to have tight associations with affective changes [55]. Through the evens blue/IgG leakage inspection, we have preliminarily ruled out this possibility. Besides, the mural-cell-independent model (neuron-specific *Emx1-cre:Pgst2$^{f/f}$*) consistently yielded the same effects (Fig. 1j and Fig. 2c). Moreover, if it was due to BBB breakage, the *Pdgfrβ-creER:Grin2d$^{f/f}$:Glrb$^{f/f}$* mice, showing no NVC dysfunction, should have exhibited over-defecation behaviours but it did not (Fig. 2b-d). BBB leakage is thought to be the primary reason for HFD-induced cognition declines or emotional changes. However, this study provides that NVC dysfunction could be an alternative primary reason because NVC dysfunction and correlated behavioural

changes occur earlier than BBB dysfunction (Fig. 2j and Extended data Fig. 9). As for other BBB-irrelevant unknown side effects, it would also be improbable because the only overlapped feature of NVC downregulation among the HFD, knockdown of *Cald* and five other independent lines (*SMA-creER:Grin1^{f/f}*, *SMA-creER:Grin2d^{f/f}*, *Pdgfrβ-creER:Grin2d^{f/f}*, *Emx1-cre:Ptgs2^{f/f}*, and *Pdgfrβ-creER:Acta2^{f/f}*) commonly showed emotional overreactions (Fig. 2i).

A growing body of research in neuroscience, neurology, and psychiatry examines how the diverse NVU cells, beyond the canonical roles in regulating CBF, coordinate and modulate brain activity to regulate cognition and emotion over diverse timescales [31,56]. This study further consolidates this emerging view by demonstrating that NVC, as the prototypic function of NVU cells, actively regulates emotional flexibility. The space size-dependent defection index indicates that emotional flexibility is quantifiable (Fig. 2g and h). Our genetic models highlight that NVC is essential for shaping such flexibility based on varying contextual demands, which is demonstrated by the finding that NVC dysfunction leads to the loss of such flexibility (Fig. 2h). Furthermore, it suggested that individuals with impaired NVC may exhibit atypical emotional responses to common stressors.

The cerebral control over emotional flexibility may involve switching neural circuits to achieve the switch of emotional regulatory strategies. Such a neural switch seems regulated by NVC, as the similarity index analyses between environment shift to virtual threats revealed that the same manipulation of NsMJ-based NVC had opposite effects on different subgroups of BLA neurons (Fig. 4a). This may be attributed to different neural circuits that execute different emotion regulatory strategies with different responses to the same incompatible NVC. This could explain how NVC downregulation potentiated

emotional overreaction while conversely shortening subsiding after innate fear. Through the local *Cald* siRNA injection in BLA, we proved the possibility of local NVC suppression, which had never been achieved before. This study first confirmed that BLA neurons are responsible for defecation-related emotional regulation, and the local NVC in BLA may modulate these neurons.

To our knowledge, this study, for the first time, developed an NVC upregulated model and demonstrated unprecedented venule-dependent mechanisms underlying NVC. Ultrastructural reconstruction revealed that venular end feet discontinuity was substantially more significant than capillaries and arterioles. In confocal laser scanning imaging, we found that glycinergic-NsMJ located in venules (Fig.1s) and responsible for the NVC upregulation. Previous work mentioned that axon terminals of glycinergic neurons can be observed both in BLA and lateral habenula (LHb) and are involved in depression regulation [57-59]. Notably, under CRS, NVC upregulation ameliorated repeated physical constraints-induced anxiety-like behaviours, while NVC downregulation involved neither exacerbation nor amelioration. This indicates that GlyRβ in mural cells may suppress a defecation-inhibited pathway. Manipulating this pathway would open a new avenue for studying venule-based NVC to regulate emotions.

In summary, by leveraging these multiple combinations of different genetic models, we have further broadened the research fields of NVC and emotion regulation. NVC is responsible for balancing emotions in homeostasis. Current mood stabilizers are often accompanied by severe side effects on memory or cognitive functions, a significant reason why patients are reluctant to take them. This study suggests an alternative strategy, targeting NsMJ rather than neurons, to avoid unwanted neural side effects.

Methods

Animal and animal care

All mouse procedures complied with the Institutional Animal Care and Use Committee (IACUC) guidelines of the School of Life Sciences, Westlake University. All mice were housed in the Westlake University Laboratory Animal Resource Centre with standard animal facilities, which provided a 12-hour light/dark cycle at 25 °C. No more than six mice were fed each cage, and standard chow/water were provided to the mice *ad libitum*. All the genetic information of mice is in Extended data Table 1.

Cell culture

SMA-creER:Ai47 P0 mice were anesthetized with ice. Surgical tweezers were used to quickly extract the cortex and then transfer it into the 0.25% Trypsin (Thermo Scientific, Cat# 25200072, USA) for 15 min at 37°C. Next, FBS (Gibico, Cat# 10099, USA) was added to block digestion. Then, cells were filted by a 40 μm filter (Falcon, Cat# 352340, CHN). Finally, cells were centrifuged 1,600*g at 4 °C for 5 min and resuspended by SMCM (ScienCell, Cat# 1101, USA) in T25 flasks (Corning, Cat# 430639, USA). When cells reached approximately 80% full of the bottom surface of T25 flasks, tamoxifen (MCE, Cat# HY-13757A, USA) was administrated to cells. Tamoxifen was dissolved in DMSO (Solarbio, Cat# D8371, CHN), and the final concentration of tamoxifen was 5 μM. After a four-day culture, EGFP in cells were expressed. Cells were sorted by MA-900 (Sony, FCCF-MBR, JPN) to obtain EGFP⁺ cells. Sorted cells were cultured in SMCM for further assay. The purity of cells sorted by the same method was verified in a paper published by our laboratory [60]. For data in Figure. 1q, samples were directly sorted from Pdgfrβ⁺ cells in brain lysis by using Anti-Pdgfrβ antibody (without cell culture). Then, *Pdgfrβ⁺*cells

587   were quickly resuspended by Trizol (Sangon Biotec, Cat# B511311-0100, CHN) for RNA

588   extraction. A list of antibodies is in Extended data Table 3. In Figure 1r, Human Umbilical

589   Vein Smooth Muscle Cells (HU-vSMC, Sciencell, Cat# 8020, USA) used for cell culture

590   in Fig. 1r.

RT-PCR

For cultured cells, after obtaining pure sorted EGFP$^+$ cells from the cortex, cells were

cultured in 6 cm dishes (Corning, Cat# 430166, USA) with SMCM. After cells reached

around 90% density, Trizol was used for the RNA extraction. For brain tissue, after mice

were anesthetized with ice, the cortex or cerebellum of the mice was directly taken out,

and TRIzol was used for RNA extraction. After extraction, all RNA samples were reverse

transcribed to cDNA (50 ng/μl) using HiScript III 1st Strand cDNA Synthesis Kit (Vazyme,

Cat# R312-02, CHN). For the Real-Time Polymerase Chain Reaction (RT-PCR), each

reaction contained 10 μl of Green Taq Mix (Vazyme, Cat# P131-AA, CHN), 2 μl of cDNA,

2 μl of primer pairs (10 μM), and 6 μl of RNAase-free water. Agarose gel electrophoresis

used 2 % agarose gel (BIOWESTE, Cat# 111860, ESP) and ran at 220V for 30 min. RT-

PCR gel images were obtained from a Tanon imager (Tanon, 1600 Geil imager, CHN). A

list of primer pairs is in Extended data Table 2.

RNAscope in situ hybridisation

607   Horizontal sections (15 μm) of tamoxifen administrated *SMA-creER:Ai14* (for *Grin2d*),

608   *Pdgfrβ-creER:Ai14* (for *Glrb*) and C57/B6 wild-type (for *Grin2d and Grin1* probe inspection)

609   mice brains were obtained by CM1950 (Lecia, Histo-CM1950, DEU). All RNA scope *in*

610   *situ* hybridisation productions were obtained from ACDbio, including RNAscope Multiplex

Fluorescent Reagent Kit v2 (ACDbio, Cat# 323100, USA), *Grin2d* probe (ACDbio, Cat# 425951-C3, USA), *Grin1* probe (ACDbio, Cat# 431611, USA), and *Glrb* probe (ACDbio, Cat# 1225261-C1, USA). All operations were carried out following the reagent instructions of ACDbio company and published papers [34,61].

Tamoxifen administration for mice

Tamoxifen was dissolved in corn oil (Aladdin, Cat# C116023-500ml, CHN) and orally administered to mice (10 mg/ml, 200 ul per mouse per day). For conditional knockout *Acta2*, tamoxifen was given from P21 to P24. Otherwise, tamoxifen was orally administered to mice from P60 to P63.

Immunofluorescence staining

For Immunofluorescence (IF) staining, after anesthesia with 1% pentobarbital sodium, the mice were perfused with 1X PBS (5 min) and 4% PFA in 1X PBS (5min) through the left ventricle to empty blood and fix tissue. Afterwards, tissue was extracted and fixed by 4% PFA in 1X PBS for 6 hours at 4 °C. For samples like the brain and peripheral organs, samples were sliced into 50 μm (Leica, Histo-VT1200S, DEU). Then, treated samples by 1% Triton X-100 (Diamond, Cat# A110694-0500, CHN) and 0.25% NDS (Jackson Resources, Cat# 017-000-121, USA) in 1X PBS for 60 min at room temperature. After that, samples were rewashed three times by 1X PBS.

In the staining process, the primary antibody diluted with 0.1% Triton X-100 in 1X PBS was used to incubate samples overnight at 4 °C. After the incubation, samples were washed with 1X PBS 10 min (3 replicates). The corresponding secondary fluorescence-conjugated antibody diluted with 0.1% Triton X-100 in 1X PBS was used to incubate

samples for 120 min at room temperature. After the incubation, samples were washed with 1X PBS 10 min (3 replicates). After that, 1000X diluted DAPI (Beyotime, Cat# C1002, CHN) was used for nucleus staining. Finally, samples were covered by a glass slice with the mounting medium (SouthernBiotech, 0100-01, USA). Zeiss LSM800 (Zeiss, LSM800, DEU) microscopy was used for photography. A list of antibodies is in Extended data Table 3.

Western-bolt

For tissue sample collection, samples were ground with RIPA (Thermo Scientific, Cat# 89901, USA) in the tube on ice for 30 min. For cells, after they reached around 90% density, the RIPA was used for protein extraction on ice for 30 min. Protease Inhibitor Cocktail (CWBIO, Cat# CW22008, CHN) was added into RIPA to prevent protein enzymolysis. After that, samples were centrifuged at 12,000*g at 4 °C for 5min, and the supernatant was collected. Concentrations of proteins were measured by Micro BCA Protein Assay kit (CWBIO, Cat# CW2011S, CHN), and all samples were boiled with SDS-PAGE loading buffer (CWBIO, Cat# CW0027S, CHN) for 10 min at 100 °C. 8% SDS-polyacrylamide electrophoresis gels were used for gel running. After 90 min, gels running at 120V (80V for the first 30 min), gels were transferred to 0.45 μm PVDF membranes (Millipore, Cat# IPVH00010, USA) at 400mA for 120 min. After transfer, PVDF membranes were blocked by 5% non-fat milk in 1X TBST buffer for 60 min at room temperature with a mild horizontal shake.

After the block, the primary antibody diluted with 5% non-fat milk in 1X TBST buffer was used to incubate the membrane overnight at 4 °C with a mild horizontal shake. After the incubation, the membrane was washed by 1X TBST 10min (3 replicates). The

corresponding secondary HRP-conjugated antibody diluted with 5% non-fat milk in 1X TBST buffer was used to incubate the membrane 45 min at room temperature with a mild horizontal shake. After the incubation, the membrane was washed by 1X TBST 10 min (3 replicates). ECL kits (Abbkine, Cat# BMU102-CN, CHN) and gel image system (GE, GEL Imaging System AI680RGB v.2.0, USA) were used for exposure photography. A list of antibodies is in Extended data Table 3.

Whisker stimulation

Mice were anesthesia with 1% pentobarbital sodium and open the scalp, then mice stable fixated on the holder. The electro-motor-driven brush stimulated the whisker longitudinally for 1 minute at a frequency of 12 Hz. The principle of laser speckle contrast imaging has been described in the previous paper *(21)*, and the operation referred to in the published paper [34,62,63]. Laser Speckle Image System (RWD, RFSLI ZW/RFSLI III, CHN) was used to record the CBF change in the ROI of the opposite barrel cortex of mice. The recording parameters were 512*512 resolution, 10 FPS, and 2-minute recording. For long-term stimulation assay, data recording was performed on the first and last days of long-term stimulation. The mouse scalp was sutured after the first recording. Subsequent stimulations did not record data until the last stimulation.

Serial block-face scanning electron microscopy image

The specimen was obtained in the same batch as the previously published paper from our laboratory [34]. The details in the "SBF-SEM imaging" section of the methods in that paper. In brief, the ascending venule was identified using X-ray microscopy (Zeiss, XRM, Xradia 520 Versa, DEU) at ×4 and 80 kV magnification. The specimen adhered to

an aluminum metal pin using conductive epoxy (Chemtronics, CW2400, USA). Then, it was further precisely trimmed into a block of 600*600*700 μm^3 using a glass knife and a right-angled diamond knife (DiATOME, Trim 90, CHE) after coating with gold-palladium (Leica, EM ACE200, DEU) and a final trim using a 3View ultramicrotome (Gatan, USA). Image acquisition was performed using a BSE detector on a Carl Zeiss Gemini 300 scanning electron microscope at 2 kV voltage and approximately 1.8*10^{-3} mBar in high-vacuum mode with focus charge compensation. The specimens were sectioned at a 50–75 nm thickness and a cutting speed of 0.1 mm/s.

siRNA cisternal magna/BLA local injection

Cisterna magna injection protocol referred to *Cannula Implantation into the Cisterna Magna of Rodents* (https://doi.org/10.3791/57378) and paper published by our laboratory *(34)*. 1nM siRNA was mixed with FITC (10mg/ml, Sigma, FD40S-1G, USA) for injection (20 μl in total). The scalp was opened 10 min after the injection, and the microscope was used to detected the FITC signal (Zeiss, Axio Zoom v16, DEU) in perivascular spaces. Only successfully injected mice remain. Whisker stimulation was performed 48 hours after siRNA injection followed by OFT_40*40. As for BLA local siRNA injection, 150nl of 1nM siRNA was injected in two sides of BLA (AP: -1.55 mm; ML: +/-3.40 mm; DV: -4.00 mm), and OFT_40*40 was performed 48 hours after siRNA injection. Brain slices collection performed after OFT for IF satining. Sequence of siRNA can be found in the Extended data Table 2.

Immunoprecipitation assay

tdTomato[+] sorted aSMCs from P0 *SMA-creER:Ai14* mice were used for lentivirus infection and further immunoprecipitation (IP) assay. Sorted cells were cultured in 6 cm dishes with SMCM. After cells reach around 90% density, add lentivirus (Lenti-EF1-EGFP-CMV-grin2d-3XFlag-WPRE, virus titer: $2.6*10^9$) into the culture and keep for one week to over-express GluN2D. MA-900 sorted out EGFP and tdTomato double-positive cells, which were lentivirus-infected aSMCs. These cells were then cultured in 10 cm dishes. After cells reached around 90% density, cells were collected by RIPA reagent. The Protein G Magnetic beads kit (Epizyme, Cat# YJ002, CHN) was used for the immunoprecipitation assay. GluN2D and IgG control antibodies were mixed with Protein G Magnetic beads to pull down GluN2D and its related protein. Pull-down products were verified by western-bolt and analyzed through mass spectrometry. A list of antibodies is in Extended data Table 3.

Home cage monitor assay

The blood pressure of mice was measured by Kent Noninvasive blood pressure measurement system for animals (Kent/Biopac, USA) before the mice were put into the home cage. Each home cage only contains four mice. In each cycle (three days), 60g of food, 340g of water (including bottle weight), and 100g of padding were provided. Weight of mice, food/water consumption, fecal particles, and urination amount (counted by increased padding weight) were measured by calculate the mean data. Three cycles of monitoring were performed for each home cage. After the assay, mice were fed alone in a clean new cage for 90 min and then used for brain extraction to detect c-Fos expression. The intestine system inspection was performed after three cycles of monitor.

BBB leakage inspection (evens blue)

2% evens blue (Merck, Cat#E2129, USA) in saline was used for orbital injection (4 ul/g). After 45 min, the mouse was anesthetized, and the brain was extracted for appearance inspection for BBB leakage using a microscope (Zeiss, Axio Zoom v16, DEU). The brain was weighted and then homogenized using 1 ml of 50% trichloroacetic acid (Merck, Cat#190780, USA). Then, samples were centrifuged at 10,000*g at 4 °C for 20 min, supernatants were collected, and absorbance detection at 620 nm was performed.

Colorectal inspection

Representative images of colorectal tissue were taken by ENDOQ Colonscopy system. Scoring of the endoscopic images was performed by professional physician in a double-blind manner to ensure unbiased assessment.

Hematoxylin and eosin staining

For hematoxylin and eosin (HE) staining, after anaesthesia with 1% pentobarbital sodium, the mice were perfused with 1X PBS (5 min) and 4% PFA in 1X PBS (5 min) through the left ventricle to empty blood and fix tissue. Afterwards, tissue was extracted and fixed by 4%PFA in 1X PBS for 6 hours at 4 °C. After a paraffin block, tissues were sliced into 8 μm sections and examined following HE staining.

Open field test

The setup of open field test (OFT) referred to published papers [64-67]. Each mouse was placed in the central area of a 40*40 cm, 35*35 cm or 16*38 cm box for the OFT. The camera recording was 15 min. For the chemogenetic manipulation assay, the C21

intraperitoneal injection was 45 min before the OFT. After the assay, mice were fed alone in a clean new cage for 90 min and then used for brain extraction to detect c-Fos expression.

Quarantine assay

Each mouse was placed in the central area of an empty home cage box for 15 min, 60 min, or 24 hrs. Fecal particles was quantified at the end of quarantine assay. For the chemogenetic manipulation, mice were C21 intraperitoneal injected 45 min before the assay, and then each mouse was put into the box for 15 min.

Tube stress assay (ARS & CRS)

A 50ml tube was used to restrain the mice [39,68,69] to perform acute restraint stress (ARS) and chronic restraint stress (CRS). The tube cover and wall will be drilled to ensure normal breathing. For ARS, the mice were restrained in the tube for 15 min, and then the fecal production was measured. For the ARS plus chemogenetic manipulation assay, the C21 intraperitoneal injection was 45 min before the tube stress assay. After the assay, mice were fed alone in a clean new cage for 90 min and then used for brain extraction to detect c-Fos expression. For CRS, the mice were restrained in the tube for 120 min/day, constant for 28 days, and fecal production and Modified Bristol Score (Add "0" to indicate no defecation) was measured at the end of each seven days using 60 min quarantine assays described above.

Open field-like test

The open field-like test (OFLT) setup referred to a published paper [70]. Each mouse

was placed in the central area of the left part of OFLT box. One side of OFLT box has

white bottom (mouse put into this side), and black bottom in another side. The camera

recording was 20 min. For the analysis, the box was divided into three parts (left area,

central area, and right area) to analyze the preference of mice for metal fence (right area

close to the metal fence). After the assay, mice were fed alone in a clean new cage for

90 min and then used for brain extraction to detect c-Fos expression.

High fat diet challenge assay

Mice were given high-fat food (SYSE, Cat# PD6001, CHN) for four weeks. The

weight of mice and food consumption were measured before the assay, and at the end

of each week. The home cage fecal production was measured using the same method

mentioned in the "Home cage monitor assay" part. OFT_40*40 assay and whisker

stimulation assay were performed after four weeks of HFD challenge.

Cat$_{video}$ stimulation assay

The assay was carried out in a 40*40 cm OFT box. The mouse head was fixed with

a fixator and trained to fit the treadmill two weeks before the assay. On the day of the

assay, the mice were anesthetized with isoflurane and fixed on the treadmill. After the

mouse wakes up, play the video of cat hunting on the iPad Air (Apple. Cat# 3rd generation,

USA) in front of the mouse (Supplementary Video 1). The stimulation video played three

consecutive times, each stimulation lasting 30 seconds. A camera directly above was

used to record the assay.

    Looming assay

    The assay was carried out in a 35cm*35cm OFT box. The settings of the assay were

    based on the published paper [52]. Modifications include:

    • mice will be put in the OFT box to adapt for 10 min before starting the assay;

    • we only use a single camera at the top of the box to record;

    • we stimulate the mice when they move and are not close to the box wall rather

    than continuously stimulating them.

    Each mouse performs three trails of stimulations. After the assay, mice were fed

    alone in a clean new cage for 90 min and then used for brain extraction to detect c-Fos

    expression.

    VR_{eagle} assay

    Assay set up referred published paper [51]. The mouse head was fixed with a fixator

    two weeks before the assay. The mice received daily adaptive training on the VR system

    one week before the assay. On the day of the assay, the mice were fixed on the VR

    system and given 5 min of adaptation. Unless stimulated, the screen in front of the mouse

    will always play the regular landscape video. The stimulation of the eagle lasts for three

    seconds. The eagle dives down from far to near and plays the voice of the eagle at the

    beginning of the stimulation. There were five trails of stimulation in total, and the criterion

    for the first stimulation was that the mice moved for the first time after 5 min of adaptation.

    The criteria for subsequent stimulation were that the last stimulation ended for at least 2

    min, and mice resumed movement. The assay ended 2 min after the last stimulation. The

    pupil changes (Supplementary Video 2) and locomotion speed of mice were recorded at

    the same time. After the assay, mice were fed alone in a clean new cage for 90 min and

then used for brain extraction to detect c-Fos expression. For VR_{eagle} encircle area

between curves (ABC) calculations in Extended data Figure. 13b, in brief, we first shift

the row data of locomotion speed and pupil size into Z-score, and then we calculate the

encircle area by curves of locomotion speed and pupil size from before stimulation to

post-stimulation. The larger the encircling area, the more intense the response to the

stimulus (because there is a negative correlation between pupil size and locomotion

speed when the stimulation reaches its peak).

CD1 social assay

The setup of CD1 fear assay referred to published papers [70-73]. Aggressive CD1 mice

never exposed to *Grin2d^{f/f}* or *SMA-creER:Grin2d^{f/f}* mice were used for the assay. Before

the assay, simultaneously put a single *Grin2d^{f/f}* or *SMA-creER:Grin2d^{f/f}* mouse and a CD1

mouse into a cage. The cage contains new padding and a metal lid on the top. One side

of the metal lid is used to place food and water bottles, so the height is lower than the

other. A camera was used to record all the behaviours of two mice for 10 min. After the

assay, mice were separated again. *Grin2d^{f/f}* or *SMA-creER:Grin2d^{f/f}* mice were fed alone

in a clean new cage for 90 min and then used for brain extraction to detect c-Fos

expression.

In vivo virus injection

rAAV2/4-Glyt2-EGFP-WPRE-hGHpolyA (5E+12VG/ml) was used for label

glycinergic neurons. Two weeks before the assay, bilateral medullary reticular formation

injection (500nl on each side, AP: -3.5 mm; ML: +/-0.84 mm; DV: -2.8 mm) was

administered [57]. AAV2/5-mCaMKIIa-hM4D(Gi)-EGFP-ER2-WPRE-pA(2.30E+12VG/ml)

or AAV2/5-mCaMKIIa-EGFP-ER2-WPRE-pA(2.30E+12VG/ml) were used for the

chemogenetical manipulation. Two weeks before the assay, bilateral amygdala injection

(150nl on each side, AP: -1.6 mm; ML: +/-3.45 mm; DV: -4.1 mm) was administered [74].

Elevated plus-maze test

854   The setup of elevated plus-maze (EPM) referred to published papers [61,75]. The EPM

855   comprises two open arms (65*5 cm) and two close arms (65*5 cm). Each mouse was

856   placed in the center, facing one of the two open arms, and allowed to explore for 5 min.

857   Time spent in open arms was recorded.

Statistical analysis software and code

All the image processing and analysis of fluorescence intensity used Zeiss Zen Lite (v3.4)

and ImageJ (v1.53u). All whisker stimulation original data were measured by RWD LSIS-

self software (v5.0). All the original behavioural data for OFT/OFLT/EPM were recorded

using Noldus. Data recording and analysis of Looming and VR_{eagle} assay was performed

using self-compiled MATLAB codes provided by Bayonne company. All statistical data

were processed by Numbers (v12.2). Unless otherwise specified, Student's t test was

used for differential analysis on all data that conform to a normal distribution. Non-

continuous data that does not conform to a normal distribution, such as fecal particles,

signal dots in vessels, and rearing index were analyzed using the Mann-Whitney U test.

All figures were made by Prism (v9.4.1) and Adobe Illustrator 2024 (v28.3). CBF peak

mean value, heat maps, mass spectrometry data inclusion criteria, and similarity index

(based on the Structural Similarity Index, SSIM) were analyzed by self-compiled MATLAB

codes. Besides, the KEGG pathways, c-Fos expression pattern classification, and Mann-

Whitney U test were analyzed using self-compiled R code. All available code can be found at https://github.com/JialabEleven/Functional_hyperemia_regulates_emotion.

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Author contributions

J.-M.J. conceived the project, designed the experiments, and supervised this study. J.R. did primary experiments, obtained and organized majority original data, and wrote the manuscript draft. X.Q. participated in behavioural assay design and operations, siRNA cisternal magna injection, gut health inspection assay, BBB integrity inspection, cluster analysis of similarity index, and wrote Mann-Whitney U test R code. H.X. participated in the looming assay and VReagle assay, as well as in blood pressure measurement and long-term whisker stimulation. Y.Z.wrote the main MATLAB code. D.Z. provided primer pairs of Grin1 and critical suggestions. W.W. contributed to the writing of MATLAB code with Y.Z.. B.Z. participated in the genotyping of mice and cell sorting. D.L. helped the mouse brain section.

Competing interests

The authors declare that they have no competing interests.

Materials & Correspondence

Should be addressed to J.-M.J. Necessary data needed to evaluate the conclusions in the paper are present in the paper and/or the Extended data. More information please contact the corresponding author.

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Figures and figure legends

Figure 1   Ruan et al.

Fig.1 Bidirectional NVC genetic models. a, The schematic diagram of three components in NVU targeted by genetic manipulations. MC: mural cell. **b,** The schematic diagram of LSIS recording during the whisker stimulation. **c,** mRNA expression levels of all subunits of NMDARs in primary aSMCs. **d,** The quantification for Figure. 1c. 3 biological replications. **e,** RNAscope detection of *Grin2d* transcripts in brain slices of *SMA-creER:Ai14* mice. The white arrow pointed to *Grin2d* mRNA, plotted in the inserted histogram. **f,** The immunofluorescence staining of GluN2D in the arterioles of *Grin2d^{f/f}* and *SMA-creER:Grin2d^{f/f}* mice. **g,** The quantification for Figure. 1f. n=12 SMCs for *Grin2d^{f/f}*, and n=11 SMCs for *SMA-creER:Grin2d^{f/f}*. ****P<0.0001. **h,** The expression of GluN2D in the sorted aSMCs from *SMA-creER:Ai47* and *SMA-creER:Ai47:Grin2d^{f/f}* mice. 3 biological replications. **i,** The expression of GluN2D in the cerebral cortex of *Grin2d^{f/f}* and *SMA-creER:Grin2d^{f/f}* mice. 3 biological duplications. **j,** CBF changes in barrel cortex upon whisker stimulation. The mean of CBF changes from individual mice plotted in the right panel (n=30 mice for flox control, n=5 mice for *SMA-creER:Grin1^{f/f}*, n=7 mice for *SMA-creER:Grin2d^{f/f}*, n=7 mice for *SMA-creER:Grin2d^{f/f}:Grin1^{f/f}*, n=5 mice for *Pdgfrβ-creER:Grin2d^{f/f}*, n=6 mice for *Pdgfrβ-creER:Glrb^{f/f}*, n=5 mice for *Pdgfrβ-creER:Grin2d^{f/f}:Glrb^{f/f}*. n=6 mice for *Emx1-cre:Ptgs2^{f/f}*. n=6 mice for *SMA-creER:Ptgs2^{f/f}*, and n=6 mice for *Pdgfrβ-creER:Acta2^{f/f}*). **k,** The expression of α-SMA in the cerebral cortex of *Acta2^{f/f}* and *Pdgfrβ-creER:Acta2^{f/f}* mice. 3 biological replications. **l,** RNAscope detection of *Glrb* transcripts in brain slices of *Pdgfrβ-creER:Ai14* mice. **m,** The quantification of mRNA signal dots in aSMCs and vSMCs for Figure. 1m (n=41 cells for aSMCs, and n=32 cells for vSMCs). ****P<0.0001. **n,** The expression of GlyRβ in brain slices of *Pdgfrβ-creER:Ai14* and *Pdgfrβ-creER:Glrb^{f/f}:Ai14* mice. **o,** The statistical data of GlyRβ clusters in aSMCs and vSMCs of *Pdgfrβ-creER:Ai14* mice in Figure. 1n (n=14

arterioles, and n=19 venules). **p,** The quantification of GlyRβ immunosignal intensity for

Figure. 1n (n=6 mice for each group). **q,** Semi-quantitative analysis of *Glrb* mRNA by RT-

PCR for the sorted PDGFRβ$^+$ cells in the cerebral cortex of *Glrb$^{f/f}$* and *Pdgfrβ-creER:Glrb$^{f/f}$*

mice. 3 biological replications. **r,** Co-immunostaining of GlyR*β* and Gephyrin in HUvSMC.

The white arrow marked their colocalizations. Right up panel is the statistical co-

localization analysis (n=4 cells). **s,** The diagram is glycinergic NsMJ in a venule. The

bottom profile analysis ROI is indicated by the white arrow in the top image. **t,** Serial SEM

sections of the ascending venule in mouse cerebral cortex. The white arrows point to

presynaptic boutons of NsMJ in venules. Data are presents as mean ± SEM.

Fig. 2 NVC is required to actively modulate the capacity of flexible emotion regulation. a, The schematic diagram of the OFT and Tube stress. **b,** The defecation rates of each mouse line subjected to the assay of OFT_40*40 and that of all summed six loxp control lines subjected to tube stress. **c,** The total number of fecal particles produced by each line within a 15-minute period of OFT_40*40 and that produced by the *Glrb* gene-modified lines within the same period of tube stress. The gray area indicates the mean fecal production in all loxp control groups. **d,** The maximum feces number produced by each line subjected to the OFT_40*40 assay. Raw data generating b-d panels shared the same bunch of mice. Mouse numbers (N) used for each line were listed in Figure. 2b. **e,** The feces production within every 5 min during the 15-minute OFT_40*40 assay (n = 14 mice for *Grin2d^{f/f}*, and n=16 mice for SMA-creER:*Grin2d^{f/f}*). The gray area indicates the maximum fecal production in all loxp control groups. **f,** The cumulative defecation latency summarized from fourteen mice for each genotype subjected to the OFT_40*40 assay (n=14 mice for each group). ****P<0.0001. **g,** The defecation rates for the OFTs of 40*40 cm^2, 35*35 cm^2, 16*38 cm^2, and the 50 cm^3 tube assay. **h,** The total number of fecal particles produced in Figure. 2g. The raw data generating in figure. 2c (*Grin2d^{f/f}* and *SMA-creER:Grin2d^{f/f}*), 2g and 2h shared the same bunch of mice, and the total mouse number (N) used is listed in Figure. 2g. **i,** The negative correlative relationship between NVC changes and defecation activity recorded in the assays of OFT_40*40 and tube stress. **j,** The fecal production in OFT_40*40 of normal mice with or without prior HFD challenge (n=8 for each group). Data are presents as mean ± SEM.

Fig. 3 NVC is required to actively modulate the innate fear response. a, The schematic diagram of the OFLT box setting. **b,** The schematic diagram of the trajectory heat map of *Grin2d^{f/f}* and *SMA-creER:Grin2d^{f/f}* mice in the OFLT. **c,** The heat map of mice stay rate in the left, middle, and right areas of the OFLT box. **d,** The statistical data for Figure 2c (n=10 mice for each group). **e,** The schematic diagram of Cat$_{video}$ assay. **f,** The locomotion pattern of *Grin2d^{f/f}* and *SMA-creER:Grin2d^{f/f}* mice during the Cat$_{video}$ assay. **g,** The retreat time of *Grin2d^{f/f}* mice before and after cat appearance during the Cat$_{video}$ assay. **h,** The retreat rate of *Grin2d^{f/f}* and *SMA-creER:Grin2d^{f/f}* in the Cat$_{video}$ assay after cat appearance. **i,** The retreat time accumulation curve of *Grin2d^{f/f}* and *SMA-creER:Grin2d^{f/f}* mice in the Cat$_{video}$ assay after cat appearance. **j,** The tail rattling times of *Grin2d^{f/f}* and *SMA-creER:Grin2d^{f/f}* mice in the Cat$_{video}$ assay after cat appearance. Raw data generating f-j panels shared the same bunch of mice (n=12 mice for each group). **k,** The schematic diagram of looming assay. **l,** The diagram of locomotion speed of *Grin2d^{f/f}* and *SMA-creER:Grin2d^{f/f}* mice from -3s to 6s in the looming assay. **m,** The locomotion speed heat map of *Grin2d^{f/f}* and *SMA-creER:Grin2d^{f/f}* mice from -6s to 24s in the looming assay. **n,** The subsiding status recovery latency accumulation curve of *Grin2d^{f/f}* and *SMA-creER:Grin2d^{f/f}* mice in the looming assay. **o,** The rearing index of *Grin2d^{f/f}* and *SMA-creER:Grin2d^{f/f}* mice in the looming assay. It is calculated by the rearing times after stimulation minus that before the stimulation. Raw data generating i-o panels shared the same bunch of mice (n=15 mice for each group). **p,** The exterior of the VR stimulation system. **q,** The normalized pupil size and locomotion speed of *Grin2d^{f/f}* and *SMA-creER:Grin2d^{f/f}* mice in the VR$_{eagle}$ assay. **r,** The statistical data of response index from Figure. 3q. **s,** The statistical data of pupil size recovery latency and looming locomotion recovery latency from Figure. 3m and q. Raw data generating q-s panels shared the same

bunch of mice (for VR$_{eagle}$ assay, n=7 mice for each group, and for Looming assay, n=15 mice for each group). **t,** The schematic diagram of CD1 social assay box setting. **u,** The sniffing times during the CD1 social assay. **v,** The total time of *Grin2d*$^{f/f}$ and *SMA-creER:Grin2d*$^{f/f}$ mice together with aggressive CD1 mouse in the small space (light color), and the time of *Grin2d*$^{f/f}$ and *SMA-creER:Grin2d*$^{f/f}$ mice in the small space when CD1 mice already stayed in the small space (deep color). **w,** The total flee rate of *Grin2d*$^{f/f}$ and *SMA-creER:Grin2d*$^{f/f}$ mice (counted as per mouse) after fight with aggressive CD1 mouse (left), and the normalized flee rate of *Grin2d*$^{f/f}$ and *SMA-creER:Grin2d*$^{f/f}$ mice (counted as per fight event) after fight with aggressive CD1 mouse (right). Raw data generating u-w panels shared the same bunch of mice (n=8 mice for *Grin2d*$^{f/f}$, and n=10 mice for *SMA-creER:Grin2d*$^{f/f}$). Data are presents as mean ± SEM.

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Fig. 4 NVC differentially regulates BLA neural activation. a, Similarity index-based unbiased classification of c-Fos$^+$ neuron distribution pattern in BLA of the two genotypic lines across eight different contexts and BLA local siRNA interference in OFT_40*40. **b,** A similar classification as in a except for excluding tube stress, OFLT, and CD1 contexts. **c,** Quantification of the density of c-Fos $^+$ neurons in BLA under five contexts (n=4 for home cage, n=9 mice for OFT_40*40, n=4 mice for *Grin2d$^{f/f}$* in OFT_35*35, n=3 mice for *SMA-creER:Grin2d$^{f/f}$* in OFT_35*35, n=4 mice for each group in Looming and VR$_{eagle}$ assay). **d,** Correlation between the level of BLA activation and the level of emotion indices. Hyper-response (higher emotion indices) mirrored with higher c-Fos$^+$ neuron density in BLA (green marks); Hypo-response (lower emotion indices) mirrored with lower c-Fos$^+$ neuron density (red marks). For OFT_40*40, OFT_35*35, and tube stress (15 min), fecal production used for emotion index; for OFLT, time percentage in right area used for emotion index; for Looming assay, locomotion speed recovery latency used for emotion index; for VR$_{eagle}$ assay, pupil size recovery latency used for emotion index; for CD1 social assay, time in small space used for emotion index. **e,** The fecal particles produced in OFT_40*40 by BLA global/local *Cald* knock-down mice (left 4 rows) and *Grin2d$^{f/f}$* and *SMA-creER:Grin2d$^{f/f}$* mice, respectively, after local BLA overexpression of hM4D (right 4 rows). , n=6 mice for scramble siRNA group, n=6 mice for *Cald* siRNA group, n=10 mice for *Grin2d$^{f/f}$* saline group, n=9 mice for *Grin2d$^{f/f}$* C21 group, n=8 mice for *SMA-creER:Grin2d$^{f/f}$* saline group, and n=8 mice for *SMA-creER:Grin2d$^{f/f}$* C21 group. The raw data of cisternal magna siRNA injection (global) from Extended data Fig. 8i. **f,** The fecal particles produced in OFT_40*40 by BLA global/local *Cald* knock-down mice and *Grin2d$^{f/f}$* and *SMA-creER:Grin2d$^{f/f}$* mice, respectively. The raw data from Fig. 2c and Fig. 4e. Data are presents as mean ± SEM.

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Fig. 5 The NVC-upregulation model showed emotional resistance to chronic restraint stress (CRS). a, The total time spent in open arms of EPM before/after the CRS and the Modified Bristol Score at day 28 of the CRS assay. **b,** Representative images of stools scoring of each group according to Modified Bristol Score assessment. **c & d**, Progressive changes in Modified Bristol scores and fecal particle number produced within a period of 60 min. The evaluation was performed before the assay and at the end of every week for consecutive 4 weeks of CRS. **e,** The defecation rate of each group. **f,** Profiling of differential defecation behavioral responses of the two genotypic lines across three contexts of OFT_40*40, acute restriction tube stress (ARS) and CRS. The raw data of OFT_40*40 and ARS from Figure 2c. Raw data generating a and c-f panels shared the same bunch of mice (n=6 mice for loxp_home cage, n=13 mice for loxp CRS groups, n=7 mice for *Pdgfrβ-creER:Grin2d^{f/f}* and n=8 mice for *Pdgfrβ-creER:Glrb^{f/f}* groups). Data are presents as mean ± SEM.