

The Dietary Supplement Taurine Suppresses Ovarian Cancer Growth.

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ABSTRACT

Loss of treatment-induced ovarian carcinoma (OC) growth suppression poses a major clinical challenge because it leads to disease recurrence. Therefore, new and well-tolerated approaches to maintain OC suppression after standard-of-care treatment are needed. We have profiled ascites as OC tumor microenvironments (TMs) to search for potential components that would exert growth suppression on OC cell cultures. Our investigations revealed that low levels of taurine, a non-proteogenic sulfonic amino acid, were present within OC ascites. Taurine supplementation, beyond levels found in ascites, induced growth suppression without causing cytotoxicity in multiple OC cell cultures, including patient-derived chemotherapy-resistant spheroid and organoid cultures. Suppression of proliferation by taurine was associated with the inhibition of glycolysis, mitochondrial function, and the activation of p21 and TIGAR, the *TP53*-dependent and independent tumor suppression regulatory pathways. Expression of p21 or TIGAR in various OC cells, in part, mimicked taurine-induced inhibition of OC cell proliferation. Our data support the potential therapeutic value of taurine supplementation in OC after chemotherapy.

INTRODUCTION

Ovarian Carcinoma (OC) often recurs after aggressive and exhaustive rounds of cytotoxic and targeted therapies¹. The recurrence is due to the ability of tumor cells to re-initiate proliferation² which contributes to disease progression and poor patient outcomes³. Therefore, the development of treatment strategies that aid current therapies to maintain suppression of cancer cell proliferation represents an unmet clinical need.

The tumor protein p53 (p53) is a major tumor suppressor molecule that is mutated in a significant proportion of OCs^{4,5}. *TP53* gene mutations occur early in OC tumorigenesis involving transformation of fallopian tube non-ciliated epithelial (FNE) cells^{6,7}. One of the tumor suppressive functions of p53 is to arrest the cell cycle through the activation of cyclin-dependent kinase inhibitor 1A (p21) CDKN1^{8,9}. Low levels of nuclear p21 protein in OC-expressing p53 mutant proteins correlate with tumor cell proliferation and reduced progression-free intervals¹⁰⁻¹³. In addition to the regulation of the cell cycle¹⁴, loss of p53 activity is frequently associated with increased glycolysis¹⁵ and metabolic dysfunction in cancer¹⁶. Considering these data, multiple synthetic chemistry-based approaches have been used to restore functions of mutated p53 proteins to activate p21¹⁷⁻²⁰. However, these methodologies, in addition to activation of p21, induced cell toxicities that might pose clinical challenge. Therefore, it is important to continue to search for safe and less toxic strategies that could maintain tumor suppression without causing additional toxicities after standard-of-care treatment.

A recent OC clinical study has demonstrated that the increase in certain components of OC tumor microenvironments (TMs) could locally control tumor growth, after multiple rounds of standard-of-care treatments². OC growth suppression was associated with the expansion of immune molecules and immune cells within stabilized tumors. This study raised the question of whether there are additional components of OC TMs that, when supplemented, could maintain tumor growth suppression after standard-of-care treatment. One possibility is taurine.

Taurine is a natural product of body metabolism²¹, it can be synthesized from intracellular cysteine pools²², and its concentration can reach mM ranges within cells representing various tissues of the human body. Taurine functions as an osmolyte to regulate cell size and volume²⁴⁻²⁹. In addition to the regulation of cell and tissue homeostasis, high taurine supplementation has been found to improve (1) cognitive functions³⁰, (2) glucose metabolism³¹, and (3) motor functions³² in rodent models of Alzheimer's disease, diabetes, and Duchenne muscular dystrophy, respectively. Taurine activates signal transduction downstream of neuronal cell surface receptors for glycine GlyR³³, glutamate (N-Methyl D-Aspartate Receptor)³⁴ and, in non-neuronal cells, G-protein coupled 87 (GPR87)³⁵. Taurine, in most cells, can be transported into cells via a sodium/chloride-dependent symporter, SLC6A6³⁶. A few recent reports provided evidence that taurine supplementation suppresses the growth of colon, cervical and endometrioid cancer cells³⁷⁻³⁹; however, the role of taurine in OC growth suppression is poorly understood.

Here, we identified taurine as a component of OC TMs. Using a combination of transcriptomic, cell biologic, and biochemical approaches, we provide evidence that supplementation of various monolayer, spheroid, and organoid OC cell cultures with taurine, beyond the levels found in OC TMs (ascites), activates p53-dependent and independent tumor suppression pathways leading to inhibition of OC cell growth without causing cytotoxicity. Taurine-mediated growth suppression was associated with a ~12-20-fold increase in intracellular taurine levels and involved the activation of p21 in OC cells carrying full-length mutant p53 proteins or wild-type p53. Moreover, in OC cells lacking p53 protein expression, taurine did not activate p21 but did induce expression of the phosphatase TIGAR, a negative regulator of glycolysis. TIGAR activation correlated with suppression of glycolysis and mitochondrial oxidative phosphorylation. Ectopic expression of p21 or TIGAR in OC cell lines partially mimicked the effects of taurine. Our studies indicate that elevation of taurine levels within TMs could potentially suppress OC proliferation through the activation of p21 and/or TIGAR signal transduction pathways.

RESULTS

Proteomic screen identifies taurine transporter enrichment in suspended fallopian tube non-ciliated epithelial (FNE) cells expressing mutant p53^{R175H}.

We have previously reported that mutant p53 expression in FNE cells supports OC-transformed phenotypes including ECM-induced outgrowths⁴⁰, anchorage-independent survival, and mesothelial intercalation⁴¹. To further investigate the changes associated with mutant p53 expression in FNE cells, we have compared the cell surface proteomes of control FNE cells expressing empty plasmid and FNE cells overexpressing plasmid containing mutant p53^{R175H} (FNE-m-p53). Based on the Weekes *et al.* methodology of cell surface protein purification⁴² we performed three independent tandem-mass-tag-based mass spectrometry⁴³ experiments and found 110 differentially expressed proteins (Fig. 1A). Only proteins that appeared in all three experiments were included in the analysis. Our analysis revealed that one of the significantly enriched cell surface proteins in FNE-m-p53 was SLC6A6 (Fig. 1B), a taurine transporter. The literature supports transcriptional suppression of SLC6A6 by Wild-Type (WT) p53⁴⁴; thus, we wanted to verify whether the expression of mutant p53 increases SLC6A6 levels in FNE cells. Due to the lack of suitable SLC6A6 antibody, we used quantitative polymerase chain reaction (qPCR) to validate SLC6A6 primers in HEK293 cells overexpressing plasmids containing the SLC6A6 gene (S. Fig. 1A) and, based on the validation experiment used appropriate primers to measure transcripts levels among syngeneic FNE cell lines that express WT p53 or mutant p53^{R175H} (m-p53^{R175H}). We found that ectopic expression of m-p53^{R175H} in FNE cells significantly increased SLC6A6 mRNA levels (Fig. 1C). These results validated our proteomic data and indicated the possibility that the taurine transporter is expressed in OC cells. So, we profiled SLC6A6 mRNA expression levels in seven additional OC cell lines and observed differential expression of SLC6A6 among these cell lines, with the highest expression in cells carrying mutant p53^{R175H} (Fig. 1D). Taken together our data are consistent with the idea that SLC6A6 is expressed in OC cells.

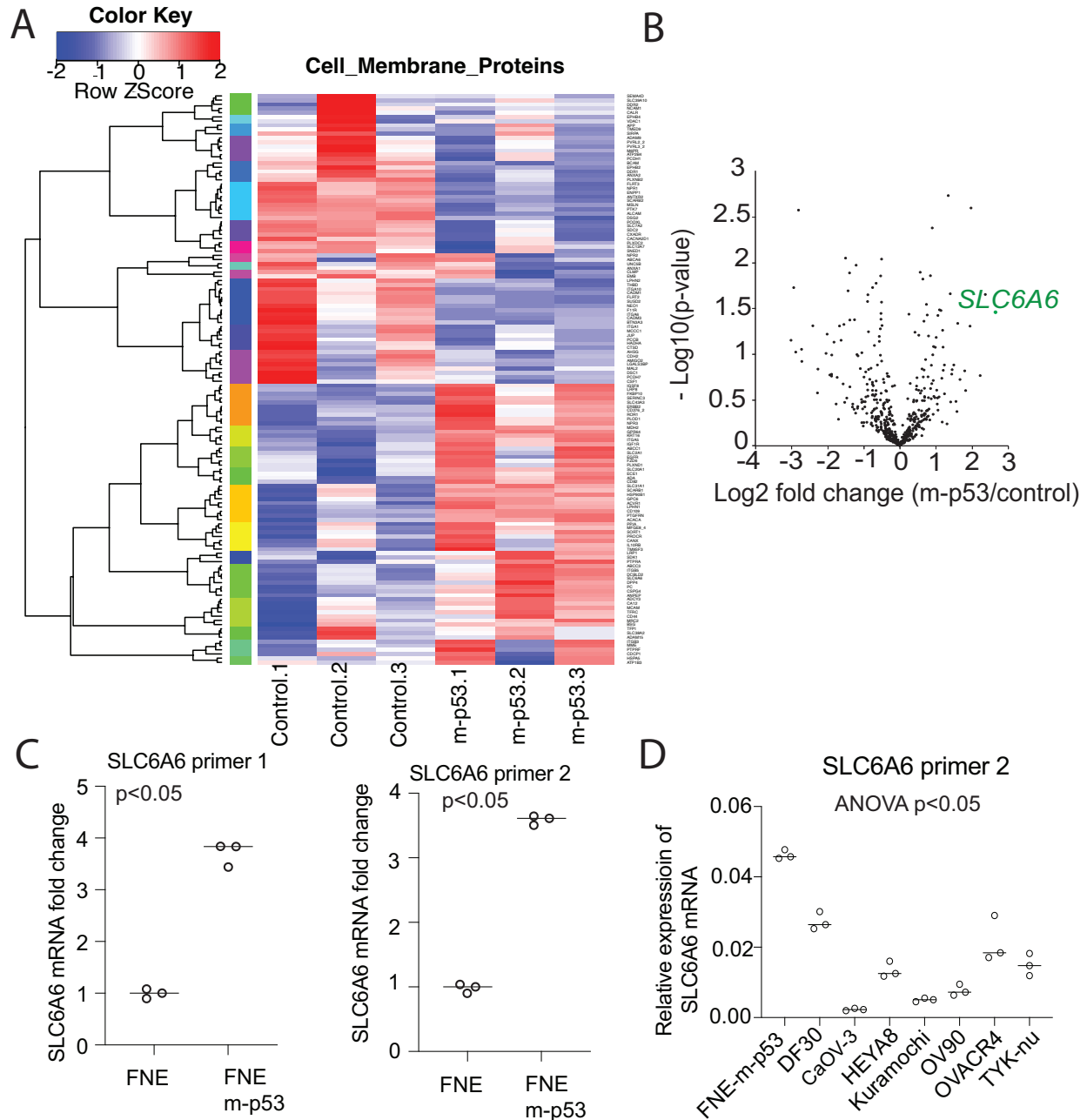


Figure 1. (A) Heat map representation of 110 cell surface protein expressions significantly changed between FNE cells carrying empty plasmid (control) or plasmid containing mutant p53^{R175H} (mp-53). Each column (control.n, m-p53.n) represents one replicate. (B) Volcano plot of all differentially expressed proteins. A labeled green dot represents the SLC6A6 protein. (C-D) SLC6A6 mRNA levels in syngeneic FNE cells and various OC cell lines. Each dot represents one replicate. An unpaired, two-sided t-test (in C) or ANOVA (in D) was used to determine statistical differences between the means.

Taurine is a component of OC tissue microenvironments (TMs) and taurine supplementation suppresses OC cell proliferation.

The expression of taurine transporter in various OC cell lines suggested the possibility that taurine, a constituent of the human body, is present within OC TMs. To explore this possibility, we used mass spectrometry to profile 16 ascites samples isolated from patients representing primary and recurrent diseases. We found that taurine concentration within ascites varied from 30-125 μM (Fig. 2A). Taurine is an osmolyte implicated in the regulation of cell volume²⁵⁻²⁹. Depletion of taurine also decreases cell size⁴⁵ and a recent report suggested that cell area and cell volume increase was associated with the suppression of cell proliferation⁴⁶. Based on this information, we wondered whether taurine supplementation, at the levels found in ascites, increases cell area, cell volume and modulates cell proliferation. We treated a DF30 cell line expressing green fluorescent protein (GFP) with 100 μM of taurine for 72 hours. Following taurine treatment, we used fluorescent microscopy to image single adherent or suspended DF30 cells. Based on microscopy recordings we measured the cell area/volume and cell proliferation. We found that 100 μM taurine supplementation did not affect cell area, cell volume, or cell proliferation as determined by live-cell microscopy recordings of cell number changes over 72 hours (S. Fig 1B). Our data indicate that supplementation of DF30 cell cultures, with taurine concentrations similar to those detected in patient ascites does not suppress OC cell proliferation, which suggests a possibility that increasing taurine beyond the levels found in ascites, might increase cell area, cell volume, and suppress OC cell proliferation. To explore this possibility, we first determined the concentration of taurine that evokes an increase in cell area. We found that 160 mM taurine supplementation increased the average cell area of adherent DF30 cells from 2500 μm^2 to 5000 μm^2 (Fig. 2B, **MOVIE 1**). We also observed a ~30% increase in suspended DF30 cell volume in response to 160-mM taurine supplementation (Fig. 2C).

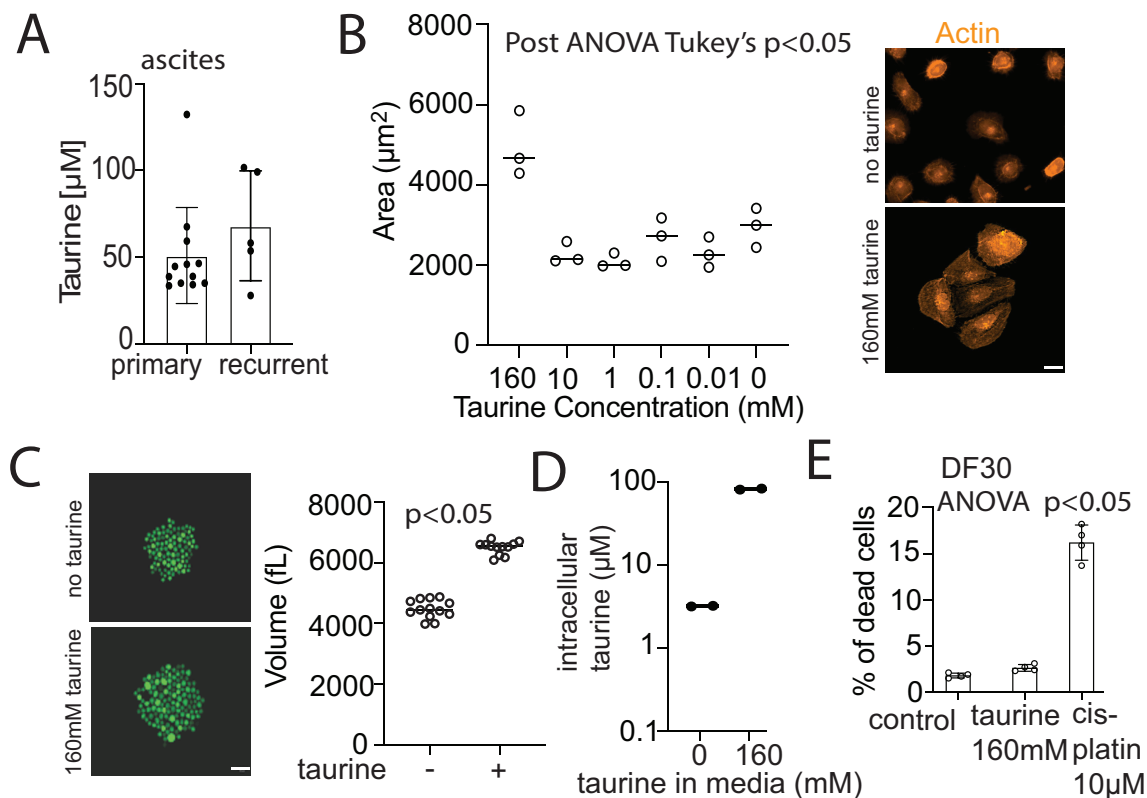


Figure 2. (A) Taurine concentration in primary and recurrent ascites. Each dot represents ascitic fluid from one OC patient. (B) Quantification of cell adhesion area in DF30 cell monolayer cultures supplemented with various amounts of taurine. Each dot represents the mean area of one imaging replicate containing at least 300 cells. Fluorescent images of actin in DF30 cell cultures supplemented with media, or media containing 160 mM of taurine. Scale bar is 50 μm . Ordinary one-way ANOVA followed by Tukey's multiple comparison tests were performed with a p-value representing the difference between 0 mM and 160 mM taurine groups. (C) Fluorescent images of GFP expression in suspended DF30 cells cultured in the absence or the presence of 160 mM of taurine. Scale bar is 50 μm . The graph represents the quantification of suspended DF30 cell volume changes in response to taurine supplementation. Each dot represents the mean volume calculated from 100 cells. An unpaired two-sided t-test was used to determine the difference between the means. (D) The graph represents a mass spectrometry-based measurement of intracellular taurine in DF30 cell monolayers supplemented with media, or media containing 160 mM taurine. Each dot refers to one replicate. (E) Flow cytometry-based quantification of cell death based on propidium iodide (PI) incorporation by DF30 cells cultured under indicated conditions. Each dot represents the mean PI fluorescence of one experimental replicate. Ordinary one-way ANOVA was used to determine differences between the means.

Taurine-dependent increase in cell area and cell volume was associated with nearly 20-fold taurine influx (Fig. 2D), as measured by mass-spectrometry⁴⁷. These changes in intracellular taurine concentration had no effect on cell viability (Fig. 2E), indicating that taurine supplementation does not cause cytotoxicity. shRNA-mediated attenuation of SLC6A6 in DF30 cells (S. Fig. 1C) decreased taurine influx (S. Fig. 1D) indicating that in OC cells taurine is imported into the cytoplasm through the taurine transporter. Our data are consistent with the idea that taurine supplementation of OC cell cultures results in SLC6A6-dependent taurine influx that is associated with an increase of cell area and volume without causing cell cytotoxicity. Next, we wondered whether taurine supplementation could suppress OC cell proliferation. Our initial live-cell phase-contrast microscopy imaging revealed less frequent cell divisions in DF30 cells cultured in the presence of taurine (MOVIE1 and Fig. 3A-B), indicating a possibility that taurine suppresses cell proliferation. As predicted, taurine supplementation suppressed DF30 and FNE-m-p53 cell proliferation (Fig. 3B). Image analysis of DF30 cell death as measured by propidium iodide (PI) incorporation into suspended structures confirmed that taurine does not cause cell death (S. Fig 1E). Motivated by these results, we wanted to extend taurine supplementation studies to multiple OC cell lines representing distinct types of OC including chemotherapy resistance types. Thus, we examined nine additional OC cell lines (Kuramochi, OV90, OVCAR4, Tyk-Nu, Hey-A8) including four syngeneic cell lines representing parental and chemotherapy-resistant cell clones⁴⁸, OV81, OV81-CP40 and OV231, OV231-CP30, cultured as adherent monolayers. Our examination found that taurine supplementation suppressed proliferation in all tested cell lines (Fig. 3C). In addition, we used suspended basement membrane (BM) reconstituted organotypic cultures of FNE-m-p53, OV90, Hey-A8, OV81-CP40 and OV231-CP30, to demonstrated that taurine significantly inhibited organotypic structure expansion (Fig. 3D-H). Taken together, our data suggest that taurine, a commonly used dietary supplement suppresses OC cell line proliferation without causing cytotoxicity.

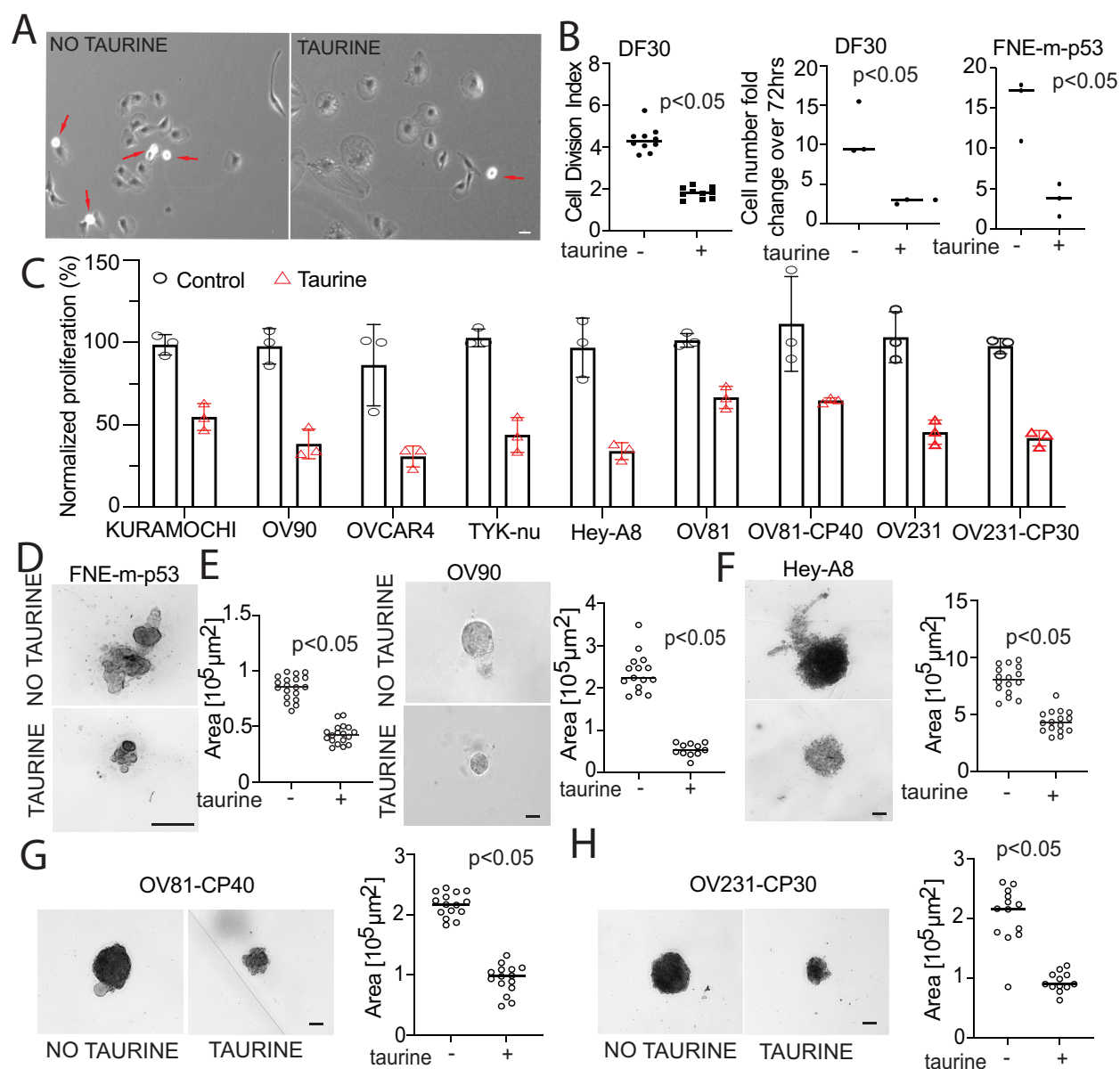


Figure 3. (A) Phase contrast images of DF30 cell monolayers cultured in the absence or presence of 160 mM taurine. Red arrows point to mitotic cells. Scale bar is 50 μm . (B) Quantification of cell division (based on time lapse recordings), and cell proliferation in DF30 and FNE-m-p53 cells supplemented with media or media containing 160 mM taurine. Each dot represents the mean of cell division events within one ROI containing 24-125 cells. In proliferation experiments each dot corresponds to one replicate counting. (C) Quantification of cell proliferation, based on automatic counting, in DF30 cell monolayers, supplemented with growth media or growth media containing 160 mM taurine. Each dot represents one replicate counting. (D-H) Phase contrast images and quantification of organotypic structure area under normal growth or taurine-supplemented reconstituted basement membrane conditions. Each dot represents one organotypic structure. An unpaired, and two-sided t-test was used to determine the difference between the means. Scale bars are 50 μm .

Taurine supplementation inhibits growth of OC patient-derived organoids. Utilization of organoid cultures in cancer research can support experiments that interrogate cancer biology in the context of relevant TMs and carcinoma cell organization⁴⁹. Therefore, we wanted to know whether taurine supplementation suppresses growth of patient-derived OC organoids (PDO). We used two organoid cultures, BP0044 and BP0050, representing mucinous, and high-grade serous OC, respectively. BP0050 has been established from tissues previously exposed to neo-adjuvant chemotherapy, while BP0044 represents chemotherapy naïve tumors. PDO cultures were dissociated into single cells and seeded embedded in basement membrane extract (BME) at 200 cells/ μ l for expansion up to nine days in the control media or media containing taurine. To follow PDO growth we used a combination of bright-field imaging, cell count and automated analysis of PDO area. Consistent with the cell line data (Fig. 3), we observed that taurine significantly decreased growth (Fig.4A-B) and the surface area of PDOs (Fig. 4C), indicating that taurine suppresses PDO growth. In parallel, 20-50 μ m organoids were collected, plated in diluted BME, and allowed to expand for five days (Fig.4D). CellTiter®-Glo 3D assays revealed that taurine decreased the ATP levels, indicating a possible suppression of cell metabolisms in PDOs (Fig. 4E). These results are consistent with the idea that taurine activates growth suppression mechanisms in OC.

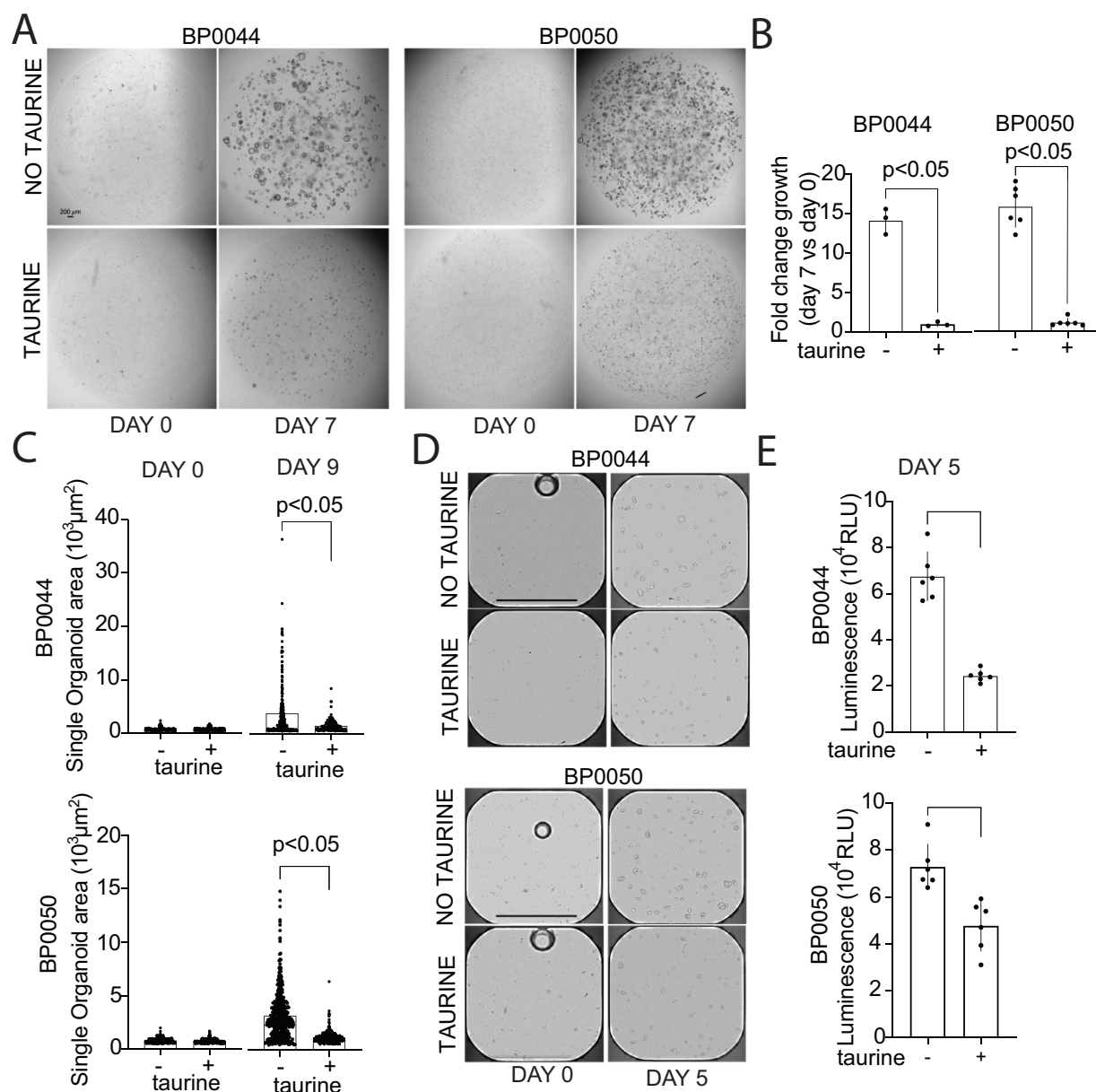


Figure 4. (A) Bright-field images showing the expansion of PDOs embedded in basement membrane extract (BME) droplets at 200 cells/ μl . Scale bar is 200 μm . (B) Fold-change in PDO growth. Each dot represents one technical replicate. (C) Quantification of PDO structure surface area. Each dot represents a single organoid structure pooled from three technical replicates. (D) Bright-field images of PDO structures cultured in 10% BME. Scale bars are 2 mm. (E) CellTiter-Glo® of ATP levels in PDO cultures. Each dot corresponds to one technical replicate. Unpaired, non-parametric two-tailed t-tests with Welch's correction were used to determine the difference between groups.

Taurine supplementation activates p53-dependent and independent OC cell growth regulatory pathways.

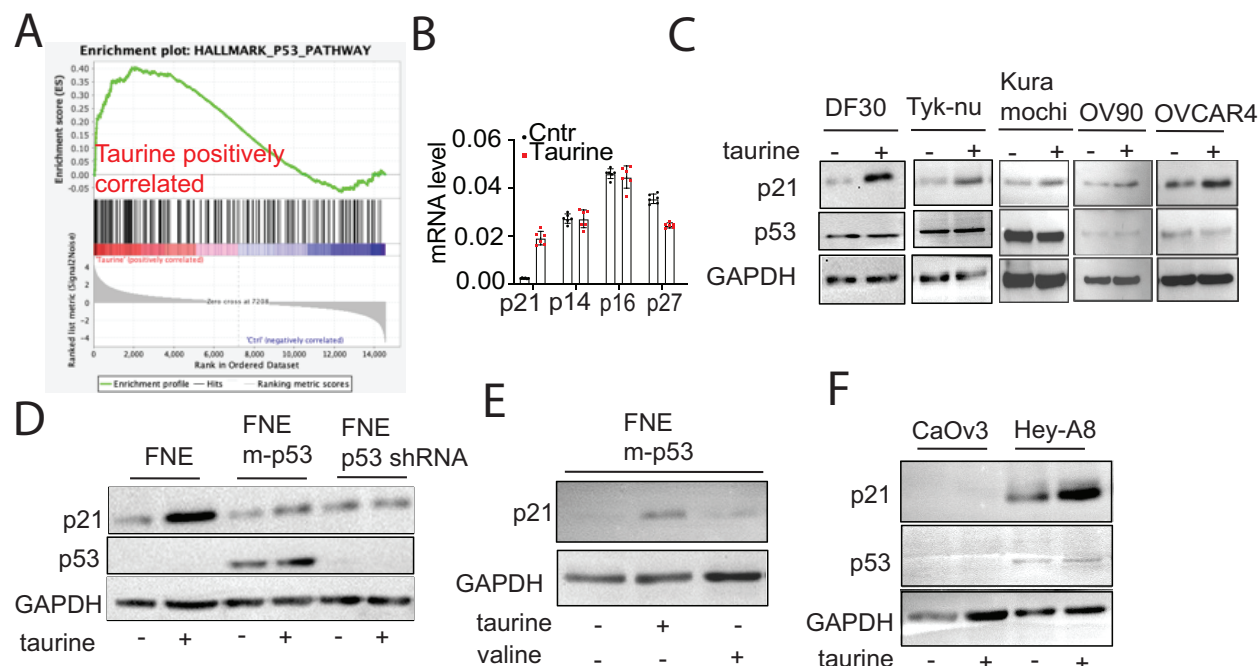


Figure 5. (A) Differential transcriptomic analysis of *TP53* gene pathway in DF30 cell monolayers grown under normal conditions or in media supplemented with taurine. (B) Quantification of mRNA expression levels of cyclin-dependent kinase inhibitors in DF30 cell monolayers cultured in the absence or presence of taurine. (C) Western blot analysis of p21, p53, and GAPDH protein expression in various OC lines expressing mutant p53. (D) Western blot analysis of p21, p53, and GAPDH in syngeneic FNE cell lines expressing empty plasmid, plasmid-containing mutant p53^{R175H} or p53shRNA cultured in the presence or absence of taurine. (E) Western blot analysis of p21 and GAPDH expression in FNE-m-p53 cells cultured in the absence or presence of taurine or valine. (F) Western blot analysis of p21, p53, and GAPDH in OC cells lacking p53 expression or OC cells expressing wild-type p53.

To gain mechanistic insights associated with taurine-mediated suppression of proliferation we performed transcriptomic analysis of DF30 cell cultures supplemented with taurine. Our experiment revealed taurine-induced enrichment of genes associated with the activation of the *TP53* regulatory pathway, particularly p53-dependent negative regulation of cell proliferation (Fig. 5A) including activation of the cyclin-dependent kinase inhibitor 1A (CDKN1A also known as p21) (Fig. 5B). Moreover, taurine supplementation did not activate CDKN2A (p14 or p16), and CDKN1B (p27) transcription (Fig. 5B), further supporting the role of *TP53*-mediated cell-cycle

regulatory pathways. We used western blot analysis to confirm taurine-induced activation of p21 in OC cell lines expressing mutant p53 proteins (Fig. 5C). In addition to OC cell lines that express mutant p53, taurine supplementation of FNE or FNE-m-p53 cells, but not FNE cells expressing shRNA-targeting p53 mRNA, led to the activation of p21 expression (Fig. 5D). Interestingly, supplementation of FNE-m-p53 cultures with 160 mM valine did not affect p21 protein and mRNA expression (Fig. 5E and S. Fig 2A), further highlighting the role of taurine in the activation of p21. Moreover, taurine failed to stimulate p21 in CaOv3 OC cells that do not express p53 protein but did in Hey-A8 cells carrying WT p53 (Fig. 5F). Taken together, these data support the involvement of WT p53 protein and various mutant p53 proteins in taurine-mediated activation of p21.

Because p21 can arrest the cell cycle in the Gap1 (G1) phase⁵⁰, we hypothesized that taurine-supplementation arrests cells in the G1. To examine the cell- cycle progression, we used flow-cytometry-based measurements of DNA content. Our experiments, using multiple cell lines, revealed that taurine significantly increased the percentage of cells residing in the G1 phase, and decreased the percentage of cells in the S phase (Fig. 6A and S. Fig. 2B). Curiously, taurine supplementation of CaOv3 cell cultures suppressed the cell cycle (S. Fig. 2B) and decreased cell proliferation by ~30% (Fig. 6B), indicating that taurine can activate tumor suppression independent of p53 and p21 expression. Our RNA-seq experiment revealed that taurine supplementation altered gene transcripts involved in glycolysis and pyruvate oxidation (Fig. 6C), the biochemical pathways that, independent of p53 expression, can generate energy to support

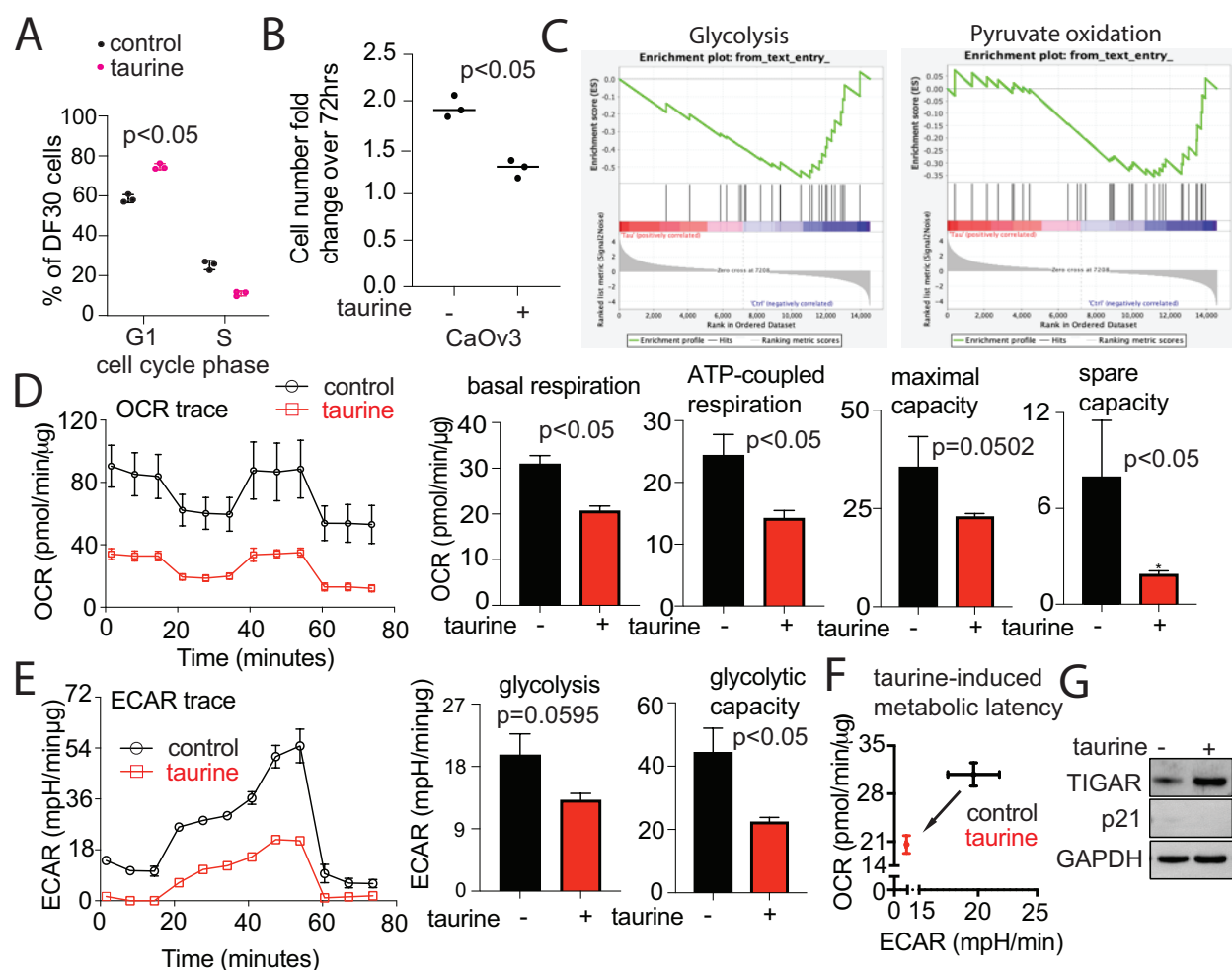


Figure 6. (A) Flow-cytometry and PI-based cell-cycle analysis of DF30 cell monolayers cultured in the absence or presence of taurine. Each dot represents one replicate. (B) Quantification of cell proliferation, based on automatic counting, in CaOv3 cell monolayers, supplemented with growth media or growth media containing taurine. Each dot represents one replicate. (C) Enrichment analysis of transcripts corresponding to genes implicated in the regulation of glycolysis and pyruvate oxidation. (D) Mitochondrial capacity analysis in CaOv3 monolayers supplemented with media or media containing taurine. The line graph shows representative OCR over time. Bar graphs show average values with standard deviations (maximal whiskers) across three experiments. (E) Analysis of ECAR over time representing glycolysis and glycolytic capacity. Bar graphs show average values with standard deviations (maximal whiskers) across three experiments. An unpaired, two-tailed t-test was used to determine statistical differences between the means. (F) Graph representing a taurine-induced decrease in OCR and ECAR rates in CaOv3 cells. (G) Western blot analysis of TIGAR, p21, and GAPDH expression in CaOv3 cell monolayers.

cell proliferation⁵¹. To address the possible hampering of metabolism by taurine, we first determined mitochondrial respiration and their capacity in CaOv3 cell monolayers supplemented with taurine. We found that taurine significantly suppressed mitochondrial function including

oxygen consumption rate (OCR) and the maximal respiratory capacity (Fig. 6D). We next examined whether taurine also inhibits extracellular acidification rates (ECAR), as a proxy of glycolytic activity. ECAR analysis revealed that taurine suppressed glycolysis and glycolytic capacity (rate of conversion of glucose to pyruvate/lactate) in CaOv3 cells (Fig. 6E). Our data provide evidence that supplementing taurine into CaOv3 cell monolayer cultures causes a shift from metabolically active towards a latent metabolic state (Fig. 6F), which is consistent with the suppression of cell proliferation and activation of a negative glycolysis-regulatory phosphatase the TP53-Inducible Glycolysis and Apoptosis Regulator (TIGAR) (Fig. 6G). Taken together, our data indicate that taurine induces growth suppression of OC cells through p53-dependent and independent mechanisms including activation of the cell-cycle and metabolic inhibitory pathways.

Expression of p21 or TIGAR mimics taurine-induced inhibition of OC cell proliferation.

To determine whether activation of tumor suppression pathways, which were evoked by taurine treatment, is sufficient to suppress OC cell growth, we used lentiviral transduction to express control plasmid or plasmid containing p21 in DF30 or Hey-A8 cells (Fig. 7A). As expected, we observed, in both cell lines, that elevation of p21 expression was sufficient to decrease proliferation of cells grown as 2D monolayers (Fig. 7A). Furthermore, expression of p21 suppressed the formation of Hey-A8 outgrowths under reconstituted basement-membrane conditions (Fig. 7B), further supporting that role of p21 expression in the inhibition of OC growth. We next set to determine whether overexpression of TIGAR in CaOv3 cells is sufficient to suppress cell proliferation. We discovered that doxycycline-regulated TIGAR expression decreased CaOv3 cell proliferation by ~22% (Fig. 7C). These results support the idea that either p21 or TIGAR is sufficient to restrict growth of OC cells, and taurine's OC growth suppression mechanisms could involve activation of p21-dependent cell-cycle control and/or TIGAR regulation of metabolism.

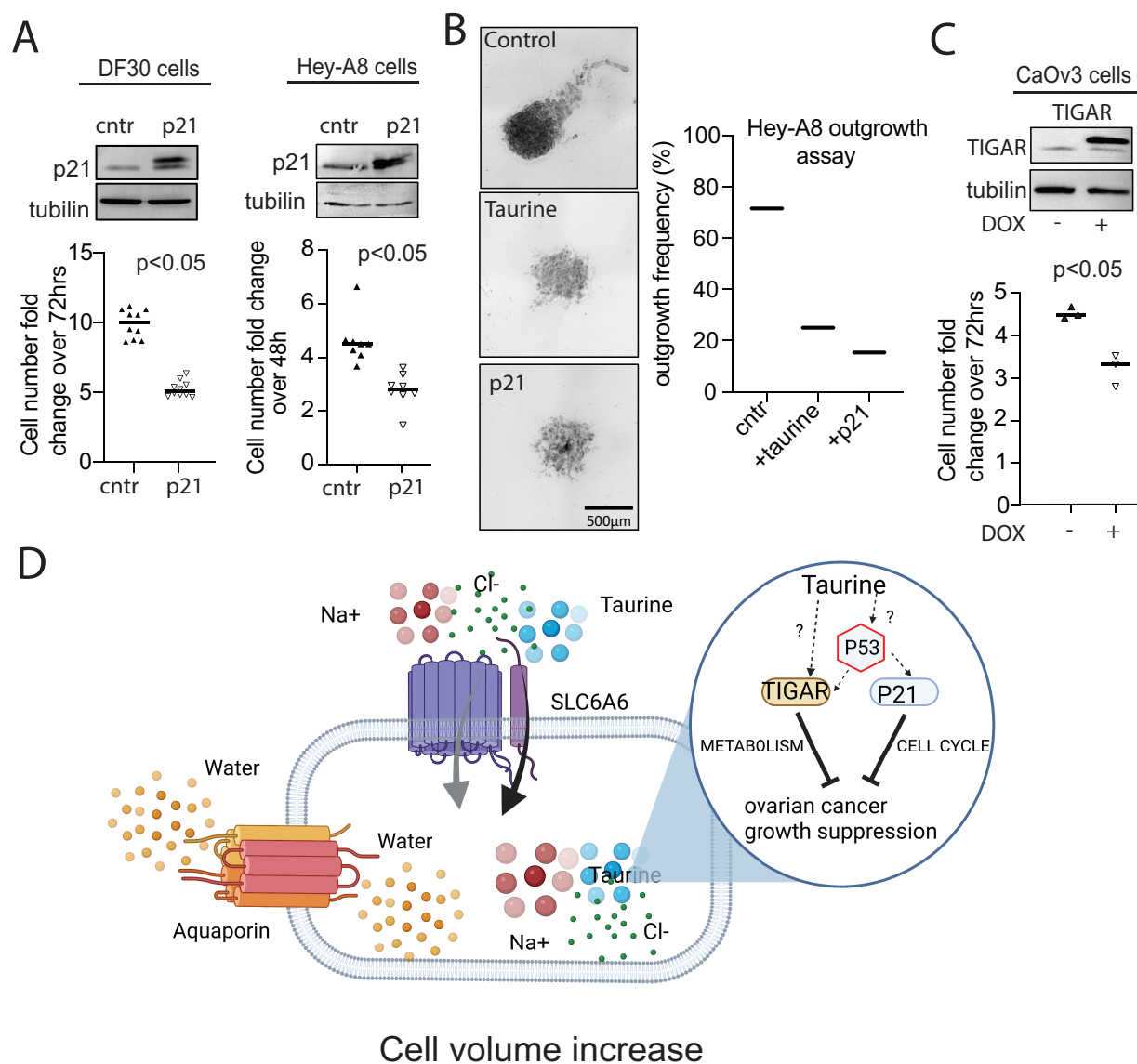


Figure 7. (A) Western blot analysis of p21 and tubulin expression in DF30 and Hey-A8 cells expressing empty plasmid or plasmid-containing p21 gene. Dot plots represent time-lapse assisted cell proliferation measurements based on GFP-positive cell tracking. Each dot corresponds to one region of interest that contained 20-50 cells. An unpaired, two-tailed t-test was used to determine statistical differences between the means. (B) Representative, same-scaled, bright-field images of various Hey-A8 cell assemblies forming outgrowths. Graph represents quantification of frequency of outgrowth formation by control Hey-A8 cells or Hey-A8 cells treated with taurine or overexpressing p21. (C) Western blot analysis of TIGAR and GAPDH expression in CaOv3 cells expressing doxycycline-regulated TIGAR. Dot plot representing quantification of CaOv3 cell proliferation. Each dot represents one replicate count. (D) Graphical representation of taurine-mediated suppression of OC growth.

In summary, we provide evidence that the dietary supplement taurine can activate tumor suppressor pathways and inhibit cancer cell proliferation in various OC cells (including chemotherapy-resistant) carrying WT or *TP53* gene mutations. Taurine's tumor suppressive activities were associated with cell volume increase, p21/TIGAR activation, G1 arrest, and inhibition of glycolysis and mitochondrial function.

DISCUSSION

These studies provide potentially new insights into the mechanisms of OC growth suppression by taurine, a sulfonic non-proteogenic amino acid and a common dietary supplement. The biochemical examination of human FNE cells, patient-derived cells, OC cell cultures, and patient ascites made it possible to identify the SLC6A6 and taurine as a molecular components of OC and its TM. The data presented here are consistent with the model that exogenous taurine supplementation, that exceeds taurine levels found in OC TMs, induces SLC6A6-dependent taurine intracellular accumulation which correlates with OC cell area and cell volume increase, suppression of OC cell metabolism and growth (Fig. 7D). Our experiments revealed that taurine supplementation activates inhibitors of the cell cycle and metabolism, including p21 and TIGAR, and ectopic expression of p21 or TIGAR in OC cell lines was sufficient to suppress OC cell proliferation.

Ovarian tumors that arise in the fallopian tube, can lose cell-cycle regulation, in part, through the inactivation of the p53/p21 pathway⁵². Low levels of nuclear p21 in ovarian tumors correlate with tumor cell proliferation and reduced progression-free interval for patients¹⁰⁻¹³. Platinum-based chemotherapy, a standard approach to treat OC⁵³, can activate p21 and arrest the cell cycle in OC cells^{54,55}; however, due to overt cell toxicities and emerging chemotherapy resistance, the treatment is temporary, and, in most cases, surviving tumor cells regain the ability to proliferate and cause disease progression. In this study, we provide evidence that supplementation of OC cell cultures with the dietary supplement taurine activates cell-cycle control without causing cytotoxicity in OC cells expressing Wild Type p53 protein or various full-

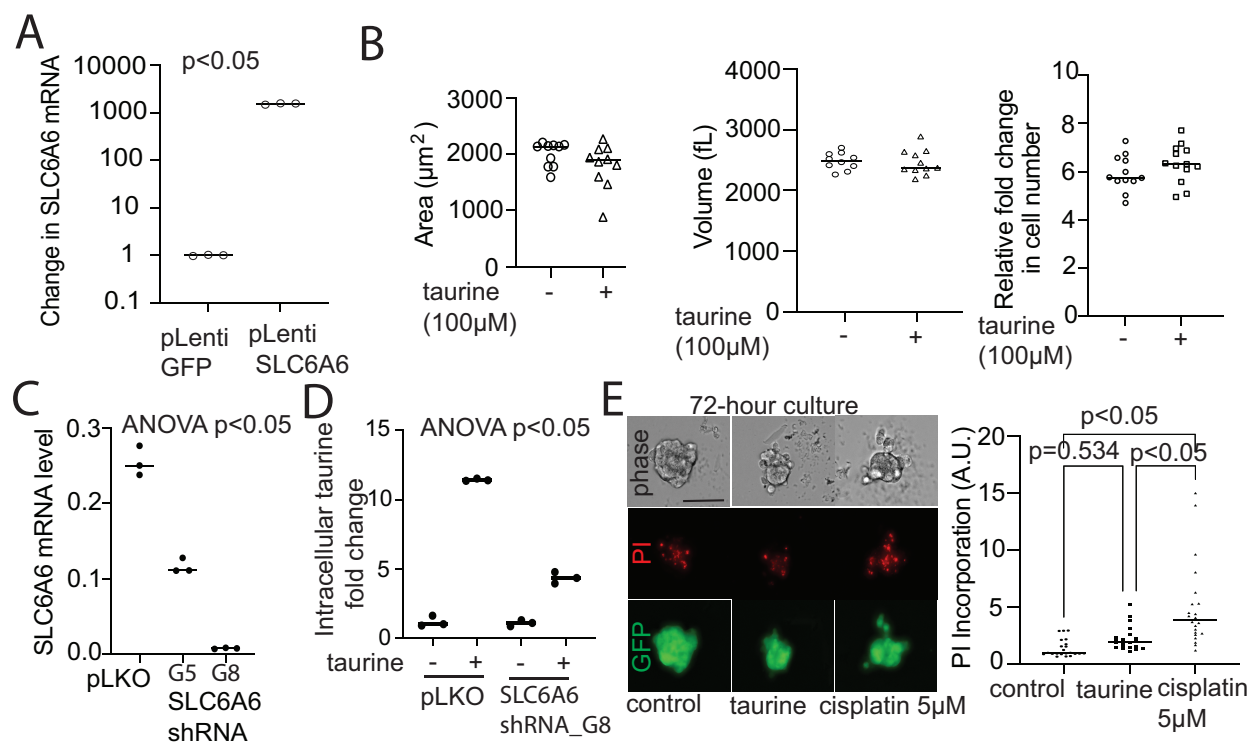
length mutant p53 proteins. In these cell lines, we observed that taurine-mediated suppression of proliferation correlated with the activation of p21. Overexpression of p21 in OC cells mimicked taurine-induced inhibition of proliferation, further supporting the idea that taurine could potentially provide a strategy to inhibit OC cell proliferation through the activation of a major cell-cycle inhibitory pathway. Our data are consistent with recent *in silico* and cell-free biochemical studies⁵⁶ demonstrating that taurine can directly bind cyclin-dependent kinase 6 (CDK6). This interaction appears to inhibit CDK6 activity in solution, supporting the possibility that intracellular taurine accumulation could directly suppress CDK6/Cyclin D activity and arrest the cell cycle in G1 (demonstrated by our data). Thus, taurine-mediated inhibition of carcinoma cell proliferation could potentially involve inhibition of CDK6 and, through p53, activation of p21 leading to G1 arrest.

Some *TP53* mutations result in the loss of p53 protein expression preventing the induction of p53-mediated p21 and cell-cycle suppression. We discovered that taurine supplementation could suppress OC cell proliferation in the absence of p53 protein and p21 activation, implicating that taurine activates distinct tumor suppression pathways. Our RNA-seq analysis revealed that, in addition to activation of p21, taurine inhibited energy generation through suppression of glycolysis and mitochondrial oxidative phosphorylation. The literature provides evidence that depletion of taurine results in a significant increase in glucose utilization⁵⁷, and taurine supplementation decreases glycolysis^{58,59}. These and our studies are consistent with the idea that, in addition to direct regulation of the cell cycle, prolonged exposure to taurine could inhibit tumor growth by interfering with energy production to shift tumor cells into a growth-suppressed state. Consistently, taurine-induced activation of the negative regulator of glycolysis, TIGAR, and ectopic expression of TIGAR was sufficient to decrease OC proliferation independently of taurine. TIGAR is a phosphatase that inactivates phosphofructokinase-1 (PFK1) a key glycolytic enzyme involved in glycolytic flux⁶⁰. TIGAR can be regulated by p53-dependent⁶⁰ and independent⁶¹ pathways, and we provide evidence that taurine promotes TIGAR in OC cells that lack p53 protein expression. How taurine activates TIGAR expression in the absence of p53 is not clear. One of

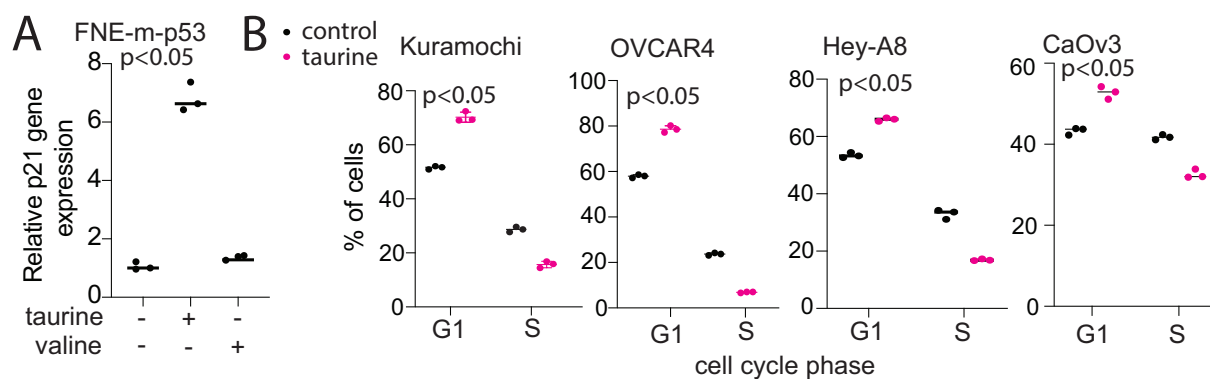
the possibilities could be that taurine activates TIGAR through the regulation of Cyclic AMP-responsive Element Binding protein (CREB) expression or phosphorylation^{62,63}.

Taurine is an osmolyte that can regulate cell volume and cell size. Depletion of intracellular taurine through β -alanine supplementation⁴⁵ or taurine transporter knockout results in atrophic hearts and reduced myocyte size⁶⁴. In OC cells, we found that a 20-fold rise in intracellular taurine levels correlated with increases in cell size and cell volume. These changes were associated with the induction of cell-cycle arrest, decreased metabolism, and suppression of OC cell proliferation. Our data support the model that increasing taurine levels within TMs might suppress tumor growth through mechanisms associated with cell size and cell volume regulation. Further investigation of these mechanisms might inform novel strategies to suppress OC cell growth. Because our studies are limited to cell culture experiments, in which a high concentration of taurine is used for an extended time, it remains to be determined whether a high-dose taurine diet can suppress OC growth *in vivo* or in patients.

Supplementary figures



Supplementary Figure 1. (A) Quantification of SLC6A6 mRNA in HEK293 cells expressing a control plasmid or a plasmid containing SLC6A6. An unpaired, two-sided t-test was used to determine the difference between the means. (B) Quantification of DF30 cell adhesion area, cell volume, and cell proliferation in the absence or presence of 100 μM of taurine supplementation. Each dot represents one ROI containing 25-100 cells. (C) Quantification of SLC6A6 mRNA in control or DF30 cells expressing plasmid containing shRNA sequences G5 and G8 targeting SLC6A6 mRNA. Each dot represents one replicate. (D) Quantification of intracellular levels of taurine in DF30 cells expressing a control or plasmid containing SLC6A6 shRNA G8 cultured in the absence or presence of taurine. Each dot represents one replicate. (E) Equal magnification fluorescent images of suspended DF30 cell spheroids (phase) expressing GFP (green) and treated with propidium iodide (red) and cultured in the absence or presence of taurine or cisplatin. The scale bar is 200 μm . Quantification of DF30 spheroid viability based on PI incorporation. Each dot represents one spheroid. One-way ANOVA followed by the post-hoc Sidak correction was used to determine the difference between the means (horizontal lines).



Supplementary Figure 2. (A) Quantification of p21 mRNA in FNE-m-p53 cells cultured in the absence or presence of taurine or valine. One-way ANOVA was used to determine difference between the means. (B) Flow cytometry and PI – based quantification of G1/S cell-cycle phases in various OC cell lines cultured in the absence or presence of taurine. Unpaired, two-sided t-tests were used to determine the difference between the means (horizontal lines). Each dot represents one replicate.

Experimental procedures

Cell culture

DF30 (kind gift from Dr. Ronny Drapkin, University of Pennsylvania) and FNE cells (kind gift from Dr. Tan Ince, Weill Cornell Medicine, New York) were cultured in a 1:1 ratio of DMEM/F12 (HiMedia), and Medium 199 (HiMedia), 2% heat-inactivated Fetal Bovine Serum (HI-FBS; Sigma-Aldrich), 1% v/v penicillin-Streptomycin (VWR), 0.5 ng/mL of beta-estradiol (US Biological), 0.2 pg/mL of triiodothyronine (Sigma-Aldrich), 0.025 μ g/mL all-trans retinoic acid (Beantown Chemical), 14 μ g/mL of insulin (Sigma-Aldrich), 0.5 ng/mL of EGF (Peprotech), 0.5 μ g/mL hydrocortisone (Sigma-Aldrich), and 25 ng/mL of cholera toxin (Calbiochem). Kuramochi, OVCAR4, and OV90 (kind gift from Dr. Denise Connolly, Fox Chase Cancer Center) and HEK293T cells (Thermofisher) were cultured in DMEM/F12 supplemented with 10% HI-FBS and 1% v/v penicillin-Streptomycin. CaOv3 (ATCC), HEY-A8 (kind gift from Dr. Sumegha Mitra's laboratory, University of Indiana), and TYK-nu (kind gift from Dr. Joan Brugge's laboratory, Harvard Medical School) cells were cultured in a 1:1 ratio of MCDB 105 (Sigma-Aldrich) and Medium 199 supplemented with 5% HI-FBS and 1% v/v penicillin-Streptomycin. OV81-CP, OV81-CP40 and OV231, OV231-CP30 were cultured in DMEM/FBS 10%. All cell lines were

cultured in a humidified incubator at 37°C and with 5% carbon dioxide. Cell cultures were tested for the presence of mycoplasma every 3-6 months using the Uphoff and Drexler detection method⁶⁵. Taurine (TCI Chemicals) was dissolved directly into complete cell culture media at a concentration of 40 mg/mL and passed through a 0.22 micron filter before treatment

Labeling and enrichment of cell surface proteins and mass spectrometry experiment.

To enrich cell surface proteins for mass spectrometry analysis, we followed the protocol from Weekes *et al.*⁶⁶ Briefly, cells were grown in suspension for three days. On the third day of suspension culture, cells were placed on ice and subjected to treatment with oxidation/biotinylation mix containing ice-cold PBS solution of 1 mM sodium-meta periodate, 100 mM aminoxy-biotin (Biotium, INC.) and 10 mM Aniline (Sigma). The oxidation/biotinylation reaction was quenched with 1 mM glycerol after 30 minutes. Cells were washed twice with ice-cold PBS pH 7.4. Cells were lysed in lysis buffer containing 1% Triton X-100 (high purity ThermoFisher), 150 mM NaCl, 1X protease inhibitors (Roche), 5 mM iodoacetamide (Sigma), 0.1 mg/ml PMSF and 10 mM Tris-HCL pH 7.6. Cell lysates were spun twice at 16,000 x g, and supernatants were used to enrich for biotinylated proteins by incubating for two hours at 4°C with streptavidin agarose beads. After the enrichment step, beads were washed extensively with lysis buffer followed by PBS/0.5% (w/v) SDS wash. Beads were incubated for 20 minutes with PBS/0.5% SDS containing 100 mM DTT. Further washing was performed with UC buffer containing 6M urea, 100 mM Tris-HCL pH 8.5, followed by 20 minutes, at room temperature, an alkylation reaction in the additional presence of 50 mM iodoacetamide. Beads were washed in UC buffer, 5M NaCl, 100 mM Na₂CO₃, PBS then water, resuspended in 400 µL 50 mM NH₄HCO₃ containing 5 µg modified sequencing grade trypsin (Promega), then transferred to a protein LoBind tube (Eppendorf) for overnight digestion. The next day, tryptic digests were eluted in Pierce™ Snap-Cap spin columns. Eluted peptides labeling was performed as described before⁴³. Briefly, desalted peptides were dissolved in 100 mM HEPES pH 8.5. 100% of each sample was

labeled with TMT. TMT reagents (0.8 mg) were dissolved in 40 μ M anhydrous acetonitrile and 2.5 μ L were added to a peptide final acetonitrile concentration of 30% (v/v). Mass spectrometry data were acquired using an Orbitrap Elite mass spectrometer coupled with Proxeon EASY-nLC 1000 LC pump (Thermo Fisher). Mass spectra were processed using a Sequest-based in-house software pipeline. MS spectra were converted to mzXML by ReAdW.exe. Database was constructed from the human Uniprot database. Clustered heatmaps of the first 110 significant relative protein reads for taurine treated and control samples were generated with R function heatmap.2 from the gplots package, which generates highly customizable heatmaps. The heatmap was extracted based on the mass spectrometry read values on a logarithmic scale. Hierarchical clustering of this data was performed using the function hclust available by Cluster package (version 2.1.4).

Patients Ascites

From 2021 to 2022, we enrolled in the study Caucasian patients with histologically confirmed high-grade serous ovarian cancer and ascites in the Department of Gynecologic Oncology, Poznan University of Medical Sciences. Ovarian tumors were staged according to FIGO (International Federation of Gynecology and Obstetrics) system. Ascites fluid samples were collected from patients (i) at laparoscopy before starting the neoadjuvant chemotherapy and (ii) by paracentesis in women with recurrent disease. Ascites fluid (10mL) was centrifuged within 2 hours after collection in a falcon tube at $1,100 \times g$ for 10 minutes at room temperature to separate a cell pellet. The supernatant was stored in -80°C and analyzed collectively after completion of the study. All patients provided a signed informed consent, approved by the Ethics Review Board of Poznań University of Medical Sciences (Consent No 737/17). All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and national research committee and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards.

Mass-spectrometry-based quantification of taurine levels in ascites and cell lysates

The panel of amino acids was quantified based on aTRAQ kit for amino acid analysis (SCIEX, Framingham, MA, USA) and liquid chromatography coupled to a triple quadrupole tandem mass spectrometry technique. The samples (ascites or cell lysates) were thawed at room temperature, and 40 μ L of a matrix was transferred to a 0.5 ml Eppendorf tube. Then, 10 μ L of sulfosalicylic acid was added to precipitate the proteins, and the vial contents were mixed and centrifuged. Subsequently, 10 μ L of supernatant was transferred to a clean tube, and 40 μ L of borate buffer was added, mixed, and centrifuged. In the next step, the 10 μ L of obtained mixture was transferred to a clean tube and mixed with 5 μ L of amino labeling reagent (aTRAQ Reagent $\Delta 8^{\circ}$). After centrifugation, samples were incubated for 30 minutes at room temperature. The incubation was followed by the addition of 5 μ L of hydroxylamine solution, mixing and centrifugation. Then the samples were incubated for 15 minutes at room temperature. In the next step, 32 μ L of freshly-prepared internal standards solution was added, mixed up and centrifuged. The contents of the tubes were concentrated (temperature 50°C for about 15 minutes) to a volume of about 20 μ L using a vacuum concentrator (miVac Duo, Genevac, Stone Ridge, NY, USA). In the last step, 20 μ L of ultrapure water was added to each vial and mixed. The contents of the tubes were transferred to amber-glass autosampler vials with inserts. Samples were analyzed in random order by chromatographic separation followed by tandem mass spectrometry detection LC-MS/MS.

The analytes were separated on a Sciex C18 column (4.6 mm \times 150 mm, 5 μ m) maintained at 50 °C using a 1260 Infinity HPLC instrument (Agilent Technologies, Santa Clara, CA, USA). A gradient flow of the mobile phase was applied. The mobile phase consisted of 0.1% formic acid (FA) and 0.01% heptafluorobutyric acid (HFBA) in water—phase A, and 0.1% FA and 0.01% HFBA in methanol—phase B, maintained at a flow rate 800 μ L/min. Total runtime was 18 min per sample, with injection volume equal to 2 μ L. Detection and quantitation of analytes were performed by means of a quadrupole tandem mass spectrometer with an electrospray ionization (ESI)

TurboV ion source operated in positive ion mode. All results were generated in a scheduled multiple reaction monitoring mode. Raw data from amino acids assays was acquired and analyzed using the Analyst software version 1.6.3 (Sciex, Framingham, MA, USA). The method validation and sample preparation were described in detail before ⁴⁷

Quantification of taurine levels in cell lysates using a commercial kit.

To determine the intracellular taurine concentration, a Taurine Assay Kit (Cell Biolabs, Inc.) was used. Cells were treated with taurine for the indicated amount of time, washed three times with PBS, lysed in ice-cold RIPA buffer to extract intracellular contents, and protein content was determined using BCA Assay. Then, 25 µg of protein were loaded into a 96-well plate in triplicate for each sample. Taurine concentration was determined using the Taurine Assay Kit following the manufacturer's instructions, and absorbance values were read at 405 nm using a SpectraMax i3x Multi-Mode Microplate Reader (Molecular Devices). Absorbance values were then background subtracted and normalized to the average absorbance value of the control group. Values were reported as fold change in intracellular taurine concentration.

Organoid derivation and culture

Organoids were derived from primary tissue tumor samples of patients with ovarian cancer as described by Kopper et al.⁶⁷. Briefly, fresh tumor resections were cut in small pieces. Two to four random pieces were snap frozen and stored in liquid nitrogen for DNA isolation or fixed for histological analysis. The remaining of the tissue was minced, digested with 0.7 mg/ml collagenase (Sigma C9407) in the presence of 10 µM ROCK inhibitor (Y-27632 dihydrochloride, Abmole) at 37C for 25-50 minutes and strained over a 100 µm filter. The digested tissue suspension was centrifuged at 300 x g for 5 min. Visible red pellets were lysed with red blood lysis buffer (Sigma-Aldrich) for 3 min. at room temperature and centrifuged at 300 x g for 5 min.

The dissociated tissue pellet was resuspended in cold Cultrex Reduced Growth Factor BME type 2 (Cultrex BME) (R&D systems) and 25 μ l drops per well were plated on pre-warmed 48-well plates. The Cultrex BME/cell suspension droplets were allowed to solidify at 37C for at least 30 minutes. Solidified droplets with the embedded cells were then overlaid with ovarian tumor organoid medium containing 10 μ M ROCK inhibitor (Y-27632 dihydrochloride, Abmole). Medium is composed of: Advanced DMEM/F12 (Gibco) containing GlutaMAX (Gibco), 100 U/ml penicillin, 100 μ g/ml streptomycin (Gibco), 10 mM HEPES (Gibco) , 100 μ g/ml Primocin® (InvivoGen) , 1x B-27™ supplement (Gibco) , 1.25 mM N-Acetyl-L-cysteine (Sigma-Aldrich), 10 mM Nicotinamide (Sigma-Aldrich), 0.5 μ M A83-01 (R&D systems), 0.5 μ g/ml Hydrocortisone (Sigma-Aldrich), 10 μ M Forskolin (R&D systems), 100 nM β -Estradiol (Sigma-Aldrich), 16.3 μ g/ml BPE (Thermo Fisher Scientific) , 10 ng/ml recombinant human FGF-10 (PeproTech), 5 ng/ml recombinant human FGF-7 (PeproTech), 37.5 ng/ml recombinant human Heregulin Beta-1 (PeproTech), 5 ng/ml recombinant human EGF (PeproTech), 0.5 nM WNT Surrogate-Fc fusion protein (ImmunoPrecise), 10% R-Spondin1 condition media and 1% Noggin-Fc fusion protein conditioned medium (ImmunoPrecise). Media was changed every 2-3 days. For established lines, dense cultures containing organoids ranging in size from 100 to 500 μ m were passaged every 7-10 days with TrypLE (Life Technologies) containing 10 μ M ROCK inhibitor and 10 mg/ml DNase I (Sigma-Aldrich). For Taurine supplementation, 2-Aminoethanesulfonic Acid (TCI chemicals) was freshly added directly to ovarian tumor organoid medium at a 160 mM final concentration, filtered and stored at 4C. Filtered ovarian tumor organoid medium from the same batch was used as control. For single cell plating, dense organoid cultures were dissociated with TrypLE (Life Technologies) containing 10 μ M ROCK inhibitor and 10 mg/ml DNase I (Sigma-Aldrich) for 10 min at 37C followed by mechanical shearing through a 30 G needle, 5x dilution with Advanced DMEM/F12 (Gibco) containing antibiotics, HEPES and GlutaMax as indicated above supplemented with 10 μ M ROCK inhibitor and 10 mg/ml DNase I, and centrifugation at 300g for

5 min. Cell pellets were resuspended in cold Cultrex BME and plated at 200 or 400 cells/ μ l of BME. Media \pm taurine was fully changed every 2-3 days. For organoid collection and plating, 20-50 μ m organoids were extracted from the Cultrex BME droplet using cold Cell Recovery Solution containing 10 mg/ml DNase I at 4C for 30 min. The dissolved Cultrex BME containing intact organoids was then collected into 2-3x volume of cold Advanced DMEM/F12 containing 0.1% BSA (Sigma-Aldrich) and 10 mg/ml DNase I and centrifuged at 200-250g for 5 min. The organoid solution is resuspended in cold ovarian tumor organoid medium containing 10 % Cultrex BME with or without taurine. The organoid solution is counted prior plating at 500 organoids in 384-well plate forma.

Organoid metrics

Brightfield images were acquired and analyzed by a Perkin Elmer Opera Phenix High-Content Screening System and Harmony high-content analysis software (4.9). The area of each organoid was measured with an automated quantification pipeline set up to identify well defined organoid structures in the same focal plane of one single z-plane after selection based on image texture, single structure size and morphology.

Organoid ATP assay

CellTiter-Glo[®] 3D Assay (Promega) to measure ATP in cells was performed on PDO at the specified experimental endpoint following manufacturer's instructions. Briefly, CellTiter-Glo 3D Reagent was added to each well at 1:1 ratio. Plates were shaken for 25 min. and luminescence was measured with a ClarioStar Plus reader (BMG).

Cell proliferation analysis

Cell proliferation was determined by two methods: cell counting using fluorescence microscopy or by using an automated cell counter. To assess proliferation by fluorescence microscopy, GFP-expressing cells were seeded in a 12-well plate (CELLTREAT) and incubated overnight. The following day, cells were treated as indicated. Images were captured using an Agilent Biotek LionheartFX automated fluorescence microscope using a 4X objective in the GFP channel immediately after treatment and at the indicated time points. Z-projections were captured for 10-15 regions of interest (ROI) at each time point. Maximum Z-projections of each ROI were generated using Gen5 software (Agilent). To quantify cell number, images were processed with FIJI (FIJI is Just ImageJ) using an in-house macro as follows: images were background subtracted and an automated threshold was applied. Images were then converted to binary and a watershed was applied to separate adjacent cells. The number of particles (cells) within each image was then measured, and the ratio of cell number at the final time point to the initial time point was reported as the fold change in cell number.

To assess proliferation using an automated cell counter, cells were first seeded into a 12-well plate. The following day, three wells per condition were treated as indicated and another three wells were trypsinized and counted using a Luna II Automated Cell Counter (Logos Biosystems). After 72h of treatment, cells were once again harvested and counted, and cell numbers were normalized to the average value of the initial count and reported as fold change in cell number.

Cell volume and adhesion area quantification

GFP-expressing DF30 or FNE-m-p53 cells were seeded in a 6-well plate and incubated overnight. The following day, cells were treated as indicated and incubated for 72h. Cells were then trypsinized and seeded into a low adhesion 96-well round bottom plates at a density of 100 cells per well. The plate was then centrifuged at 900 rpm for 5 minutes and cell clusters were immediately imaged using an Agilent Biotek Lionheart FX fluorescence microscope. Images

were captured using a 10X objective in the GFP and phase contrast channels. To determine cell volume, GFP images were processed in FIJI using an in-house macro. Briefly, images were background subtracted and an automated threshold was applied. Images were then converted to binary and a watershed was applied to separate adjacent cells. The area of each particle (cell) was then measured. From this value, the radius of each cell was determined and volume was estimated from the equation for the volume of a sphere ($V = 4/3 \pi r^3$). Between 15-20 wells were analyzed per condition, and the average volume of a cell per well was reported. To quantify cell adhesion area, cells were seeded and treated as described for the proliferation assay. At the endpoint, images were captured using an Agilent Biotek LionheartFX microscope with a 10X objective in the GFP and phase contrast channels. Then, as described for the fluorescence microscopy cell proliferation assay, images were processed in FIJI with an in-house macro and the area of each particle (cell) was reported as cell adhesion area.

Spheroid viability and propidium iodide incorporation assay

The viability of individual spheroids was quantified using a propidium iodide (PI) incorporation assay. PI is a fluorescent dye that intercalates with DNA but is only permeable to the cell membrane of dead or dying cells. The fluorescent intensity of PI was used as an indicator for cell death. Fluorescent intensity in the GFP channel from cells stably expressing GFP was used as an indicator of living cells. GFP-expressing DF30 cells were seeded in an ultra-low adhesion 96 well Nunclon Sphera plate (ThermoFisher), centrifuged at 900 rpm for 5 min, and incubated overnight at 37°C. The following day, spheroids were treated and incubated for the indicated amount of time. PI was then added to media to a concentration of 1 µg/mL and incubated in the dark at 37°C for 30 minutes. Spheroids were then analyzed using an Agilent Biotek LionheartFX fluorescence microscope, and Z-projected images were captured using a 10X objective in the GFP, PI (RFP), and bright field channels. Images were processed using Gen5 software (Agilent) to background subtract and to produce maximum projections of the GFP and

PI channels. Then, by utilizing an in-house macro, FIJI (FIJI Is Just ImageJ) was used to assess the integrated fluorescent density within each maximum Z-projection. PI incorporation was calculated as the ratio of integrated density of RFP signal to the integrated density of GFP signal, and all reported values were normalized to the median value of the control group.

Basement-membrane reconstitution and spheroid size quantification

To examine the effects of taurine on basement membrane reconstituted organotypic structures, FNE-m-p53, HEYA8, OV90, OV81-CP and OV231-CP cells were reconstituted in Matrigel® Growth Factor Reduced Basement Membrane Matrix (Corning) as previously described⁴⁰. One hundred cells were seeded per well in a 96-well ultra-low adhesion Nunclon Sphera plate, centrifuged at 900 rpm for 5 minutes, and incubated overnight. The following day, on ice, Matrigel was added to cell culture media to a concentration of 4% v/v. Matrigel solution was then added to each well containing 100 µL of clustered spheroids to a final volume of 200 µL and matrigel concentration of 2% v/v. Z-projections of organotypic structures were captured at the indicated time points using an Agilent Biotek LionheartFX fluorescence microscope using the 4X objective in the bright field and GFP channels. Z-projections were processed into focused stacks using Gen5 software and the area of each structure was measured using FIJI.

RNA sequencing and transcriptomic analysis.

RNA extraction was performed by E.Z.N.A.® total RNA kit (Omega Bio-tek) following the manufacturers' protocol. RNA concentration and purity was assessed by NanoDrop 2000 (ThermoFisher). RNA samples were stored at -80°C freezer and subsequently shipped on dry ice to Genewiz (Azenta US, South Plainfield, New Jersey) for RNA sequencing. The RNA sequencing library preparation workflow started with PolyA-based mRNA enrichment, mRNA fragmentation, and random priming followed by first and second strand complementary DNA (cDNA) synthesis. Subsequently, end-repair with 5' phosphorylation and adenine (dA)-tailing was carried out.

Finally, adaptor ligation, PCR enrichment, and Illumina HiSeq 2500 sequencing with two 150–base-pair (bp) runs were performed, and sequence reads were mapped to the reference genome. Bioinformatics analysis workflow started with evaluation of sequence quality and trimming the reads by means of Trimmomatic v.0.36 software to remove possible adapter sequences and nucleotides with poor quality. STAR aligner v.2.5.2b software were applied to map the trimmed reads to the *Homo sapiens* GRCh38 reference genome available on ENSEMBL. To extract gene hit counts, feature Counts from the Subread package v.1.5.2. were used. The hit counts were reported based on the gene ID feature in the annotation file. Only reads that were within the exon regions were considered. The table generated from extracted gene hit counts was used for differential expression analysis. Using DESeq2, gene expression comparison between the taurine treated and control samples was performed. By using the Wald test, P values and log₂ fold changes were calculated. Genes with an adjusted P value (P_{adj}) of less than 0.05 and absolute log₂ fold change more than 1 were counted as differentially expressed genes (DEG).

The gene ontology analysis was applied on the statistically significant genes by applying the software GeneSCF v.1.1-p2. The goa_human GO list was implemented to cluster the set of genes based on their biological functions and determine their statistical significance. The gene set enrichment analysis (GSEA) was performed as described earlier (Subramanian et al., 2005) by implementing GSEA_4.2.2. software, against a selected gene sets from Molecular Signatures Database (MSigDB 7.5). GSEA was performed with the ranking metric set to Signal2noise and with number of permutations set to 1000. Plots with false discover rate (FDR) of less than 0.25 were considered as significant.

Flow cytometry

DNA staining (cell cycle analysis) by flow cytometry was performed as follows: cells were harvested by trypsinization, collected by centrifugation, and washed twice with PBS. Cell pellets were then fixed with ice-cold 70% ethanol for at least 30 minutes on ice. Cells were then

washed twice with PBS and treated with PBS containing 100 $\mu\text{g}/\text{mL}$ RNase A (Sigma-Aldrich) and 50 $\mu\text{g}/\text{mL}$ PI (Molecular Probes) for 30 minutes at room temperature in the dark before analysis. Data acquisition was performed using an Attune NxT Flow Cytometer (ThermoFisher). Data were then analyzed using FlowJo software. To determine cell viability, cell culture supernatant was collected, adherent cells were trypsinized, and were centrifuged at 300 g for 5 minutes. Cells were washed twice with PBS containing 2% FBS. Cells were then incubated on ice with PBS containing 2% FBS and 50 $\mu\text{g}/\text{mL}$ PI. Data was then acquired by flow cytometry, analyzed using FlowJo, and viability was reported as the percentage of PI-positive cells.

Plasmids

To overexpress p21, pDONR223_CDKN1A_WT (a gift from Jesse Boehm, William Hahn, and David Root; Addgene plasmid #82201) was cloned into PCW57.1 (a gift from David Root; Addgene plasmid #41393) using Gateway LR Clonase II (Invitrogen). The PCW57.1 vector contains a tetracycline inducible promoter, and p21 expression was induced by adding 1 $\mu\text{g}/\text{mL}$ doxycycline hyclate (Sigma-Adlrich) to cell culture media.

pGenLenti-SLC6A6-FLAG and pGenLenti-TIGAR-FLAG were obtained from GenScript.

SLC6A6 shRNA plasmids were obtained from Dharmacon (pLKO.1 vector; TRCN0000038409: TATCACCTCCATATATCCAGG, referred to in this manuscript as G5, and TRCN0000038412: TATACTTGTACTTGTTGTAGC, referred to in this manuscript as G8).

Lentivirus production

To generate third-generation lentivirus, packaging plasmids pLP1, pLP2, and pLP/VSVG (Invitrogen) were mixed with a lentiviral plasmid containing a gene of interest or shRNA and incubated with Lipofectamine 3000 (Invitrogen) in serum free Opti-MEM (Gibco) to generate liposomes containing plasmid DNA. The mixture was then added to HEK293T cells

and media was refreshed the following day. Cell culture supernatant containing viral particles was collected 48h and 72h after transfection. Cell lines were then transduced by adding viral particles to media containing polybrene (Santa Cruz Biotechnology) at a concentration of 10 $\mu\text{g}/\text{mL}$ and selected with an appropriate antibiotic 48-72h after transduction to generate cells stably expressing transgene or shRNA.

RNA Isolation and targeted RT-qPCR analysis

Total RNA was isolated using Quick-RNA Miniprep Kit (Zymo) and reverse transcribed into cDNA using High Capacity cDNA Reverse Transcription Kit (Applied Biosystems) following the manufacturer's instruction. To analyze mRNA expression, 10 ng of cDNA was added to a 10 μL reaction mixture containing Power SYBR Green Master Mix (Applied Biosystems) and primers at a concentration of 330 nM designed to detect the transcript of interest. mRNA levels were quantified using a CFX96 Touch Deep Well Real-Time PCR Detection System (Bio-Rad) and mRNA expression was normalized to a housekeeping gene.

Western Blot Analysis

Cells were washed twice with PBS and lysed in ice-cold RIPA buffer (Cell Signaling Technology) supplemented with a HaltTM Protease Inhibitor Cocktail (ThermoFisher), and cells were collected using a cell scraper. Cell lysates were pelleted at 20,000 x *g* for 20 minutes, supernatant was collected, and protein concentration was determined by BCA Assay (Pierce) according to the manufacturer's instructions. Lysates were then mixed with 6X sample buffer (375 mM Tris Base, 9% sodium dodecyl sulfate, 50% glycerol, 0.075% bromophenol blue, 9% β -mercaptoethanol), boiled for 10 minutes, and then loaded on a polyacrylamide gel and resolved by electrophoresis. Proteins were then transferred to Immobilon membranes (Whatman), blocked with 5% non-fat milk in Tris-buffered saline containing 0.1% v/v Tween-20

(TBST) for 30 minutes at room temperature. Membranes were incubated overnight at 4°C in primary antibodies diluted in 5% non-fat milk in TBST. Membranes were then washed three times with TBST and incubated in an HRP-conjugated secondary antibody (1:10,000) for 1 hour at room temperature. Membranes were then washed three times in TBST. Membranes were developed using Immobilon™ Forte enhanced chemiluminescent substrate (Millipore) and visualized using an iBright CL1500 (ThermoFisher).

Analysis of glycolysis and mitochondrial oxygen consumption rate

Extracellular acidification rate (ECAR) and mitochondrial oxygen consumption rate (OCR) were measured using an XFp Extracellular Flux Analyser (Seahorse Bioscience, North Billerica, MA, USA). The CaOv3 cells were exposed to Taurine for 48 hrs and then reseeded (8000 cells/well) in taurine-containing media into the wells of an XFp Cell Miniplate. 24 hrs later, the cells were analyzed using either XF Cell Mito Stress Test Kit (Seahorse Bioscience) or XFp Glycolysis Stress Test Kit (Seahorse Bioscience) following the manufacturer's instructions.

To measure OCR, cells were washed and incubated with XF Base media (Seahorse Bioscience) supplemented with 1 mM pyruvate, 2 mM glutamine, and 10 mM glucose. After three baseline OCR measurements, 1 µM oligomycin (a mitochondrial ATP synthase inhibitor) was injected followed by sequential injections of 0.5 µM FCCP (a mitochondrial uncoupler), and 0.5 µM Rotenone/Antimycin A (Complex I/Complex III inhibitors of the respiratory chain).

To measure ECAR, cells were washed 3 times with 100 µL of XF Base Media (Seahorse Bioscience) containing 2 mM L-Glutamine. Then the cells were incubated in 180 µL of the same media for 20 minutes. After three baseline ECAR measurements, cells were subsequently injected with 10 mM glucose, 1 µM oligomycin and 50 mM 2-deoxyglucose (glycolysis inhibitor).

After both assays the data obtained were normalized to protein concentrations determined by the bicinchoninic acid (BCA) assay (Pierce, Thermo Fisher Scientific, Waltham, MA, USA).

Wave (Agilent Technology) and GraphPad Prizm 8 software were used to analyze and plot the data.

Acknowledgments. We would like to thank Thomas Cattabiani for editorial help with the manuscript preparation. This study was supported by NIH/NCI R21CA256615 (M.I), an Olipass.Inc grant (M. I), the Kaleidoscope of Hope Ovarian Cancer Research Foundation (MI), the New York Stem Cell Foundation Research Institute (NYSCF), the NCI R21CA240219 (L.A.M), Stiftelsen Lars Hiertas Minne FO2021-0082, , Stiftelsen Långmanska kulturfonden BA22-0941, Stiftelsen Sigurd & Elsa Goljes Minne LA2022-0075 (E.K). Tissue samples were provided by the NCI Cooperative Human Tissue Network (CHTN) RRID SCR_004446. Other investigators may have received specimens from the same tissue specimens.

Competing Interest Statement. No competing interest.

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