Spontaneous helping in pigs is mediated by helper's social attention and distress signals of individuals in need

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Abstract

Helping behaviour is of special interest for the study of prosociality because it appears to be motivated by the needs of others. We developed a novel paradigm to investigate helping behaviour in pigs (*Sus scrofa domesticus*) and tested n = 75 individuals in eight groups in their home pens. During familiarization, two identical compartments were attached to the home pen, equipped with a mesh window and a door that could be opened from the outside by lifting a handle. During testing, a pig was briefly isolated from its group and then placed in one of the compartments. Each pig was trapped once, during two daily test sessions per group. Pigs spontaneously learned to open doors, and in 85% of cases, pigs released a trapped group member within 20 minutes (median latency = 2.2 minutes). Pigs who were more proficient at door-opening during familiarization, and more attentive to the trapped pig were more likely to help. Trapped pigs exhibited behavioural signals of distress and increases in cortisol. Distress signals by the trapped pig increased its chances of being helped. Results are consistent with several criteria for identifying targeted helping in animals, but we also discuss alternative explanations based on selfish motivations.

1. Background

Helping behaviour, in which an individual assists another to reach an otherwise unachievable goal, is of special interest for the study of prosociality. Helping can be costly (1), and often does not provide immediate benefits to the helper, but rather appears to be motivated by an understanding of the needs of others, also referred to as targeted helping (2). Examples of helping are wide-spread across animal taxa in the wild, and include intervening on behalf of group members against predators (ants: (3); primates: (4); whales: (5)), ii) releasing individuals caught in snares, traps or sticky seeds (ants: (6); wild boars (7); birds(1)) and defending group members from conspecific attacks (elephants: (8); primates: (9)).

Animal helping is also the subject of experimental research to identify common biological mechanisms underlying empathy, broadly defined as the ability to recognize the emotional states of others and generate appropriate responses (2,10). Animal helping and human empathic responses share several trait features, including that both are: i) Directed preferentially at in-group members (rodents: (11); primates: (12), humans: (13); ii) Enhanced by having previous experience with the same situation as the individual in need (Rodents: (14,15); humans: (16)); and iii) Mediated by the processing of social affective cues in similar brain regions (rodents: (17,18), humans: (19)).

Long-standing criticisms maintain that the available evidence is not sufficient to support empathy-like motivations underlying animal helping paradigms, and that more parsimonious explanations are possible (20–22). One major point of contention is about whether helping is truly goal-oriented, rather than being an inflexible or learnt response. Proving that helping is goal-oriented would require showing not only that animals help in response to individuals in need, but also that observers modify helping appropriately when the target's needs change or when they no longer require help (23). In animal models of helping across diverse taxa, individuals in need may use a range of acoustic, behavioural, physiological and/or pheromonal cues as communicative signals to

influence helper's behaviour. Several studies have emphasized the role of distress
signals in attracting helpers (ants: (3,24); birds: (1)), but there has been little research
examining how variation in the use of distress signalling, either between individuals in
need if they react differently to the situation, or within individuals if their needs change,
influences helping. There has also been little work exploring if and how animals may
use other social signals to request help (but see (25,26)).

Another criticism results directly from the fact that many animal helping experiments are
designed to elicit robust distress responses from individuals in need (e.g. (14,27)).
Evidence for selective helping in contexts that elicit distress signals, but not in otherwise
similar contexts when the source of distress is removed (e.g. 15), has been interpreted
as consistent with empathic responses. However, others have pointed out the difficulty
in discerning between helping responses that are motivated by concern for others, or by
the selfish need to end aversive distress signals, which potential helpers have limited
means to avoid other than by helping (reviewed in (25)).

We developed a novel helping paradigm that gives potential helpers and individuals in
need more behavioural flexibility to express a range of responses, in an attempt to
address some of these criticisms. Our paradigm is inspired by the work of Ben-Ami
Bartal and colleagues (28), in which rats could open a door to release a partner trapped
inside a restraint tube. However, our approach differs in several important aspects.
Firstly, subjects are tested in social groups in their home environment (e.g. (29,30)),
which improves ecological validity by giving animals the choice about whether, when
and whom to help, while allowing for competing motivations (e.g. exploring, feeding,
resting, social interactions with other group members). Secondly, subjects can
simultaneously choose to perform the same behaviour in a helping context (opening the
door of the compartment with a trapped group member inside) or in a non-helping
context (opening the door of an identical but empty compartment). This allows us to
assess prosocial as well as selfish motivations for door-opening. Finally, the trapped
individual is able to move around and explore their compartment and can also maintain
visual contact and interact with potential helpers through a mesh window. Giving

individuals in need more options to respond to being trapped allows us to investigate

how different expressions of need, including social solicitations as well as distress

signals, may influence helping (26,31).

We tested the paradigm in pigs, which are a promising model species for studying the

mechanisms mediating helping behaviour. Pigs show evidence of emotional contagion

when observing group members in stressful situations (32,33), but without opportunities

to assist them. In addition, a case of spontaneous rescue behaviour was recently

documented in wild boars (*Sus Scrofa*), the ancestors of domestic pigs (7). However,

helping has not been systematically studied in pigs.

Our objectives were to determine whether pigs would show spontaneous helping

behaviour, to identify characteristics of helpers and to determine whether the helpers'

responses were consistent with emotional and cognitive components of targeted

helping. We followed the three criteria suggested by Pérez-Manrique and Gomila (34)

for determining whether animals demonstrate "empathic targeted helping": 1) Helpers

should show an other-oriented reaction, including cognitive appraisal of the situation

and a moderate level of arousal, consistent with emotional regulation; 2) Helpers should

show a flexible helping response that is appropriate to the situation and 3) Helping

should lead to an improvement in the situation for the individual in need.

We predicted that pigs would selectively and consistently open doors to release trapped

group members, but not to access empty compartments. We further predicted that

potential helpers would be more likely and quicker to help individuals: 1) if they were

more proficient in the novel door-opening behaviour, 2) if they were more attentive to

the trapped individual and 3) if the trapped individual expressed greater need to be

released, either by producing distress signals, or by making social solicitations. We also

measured changes in salivary cortisol (sCORT) in trapped pigs, to test whether specific

behavioural responses to being trapped were associated with greater activation of the

hypothalamic-pituitary-adrenal axis, consistent with a physical or psychological stress

response (reviewed in (35)). Whenever the identity of helpers could be quickly

confirmed without requiring video analysis, we also measured their sCORT

concentrations soon after helping, to test whether helpers showed evidence for

increases in cortisol, consistent with emotional contagion of distress from trapped pigs,

or for more moderate levels of arousal, consistent with emotional regulation that can

facilitate targeted helping (34,36).

2. Methods

2.1 Animals and husbandry

All research procedures were approved under the German Animal Welfare Act (German

Animal Protection Law, §8 TierSchG) by the Committee for Animal Use and Care of the

Agricultural Department of Mecklenburg-Western Pomerania, Germany (permit LALLF

7221.3-1-036/20).

Subjects were German Landrace pigs born and housed at the Experimental Pig Facility

at the Research Institute for Farm Animal Biology (FBN) in Dummerstorf, Germany.

After birth, piglets were housed with their mothers in 6 m^2 farrowing pens. Piglets had

ad libitum access to water and were offered dry food (HAKRA-Immuno-G; Una Hakra,

Hamburg, Germany) beginning from 14 days of age in addition to milk from their

mothers. Piglets received tattoos for identification at 1 day of age and ear tags with

unique numbers at 27 days of age. Piglets were not subjected to tail docking, teeth

clipping, castration or other invasive procedures, and none of the study subjects were

cross-fostered to other litters, which can occur in farm practice. At 28 days of age,

subjects were weaned and mixed into new social groups, by randomly selecting 3-5

pigs from each of two to three different litters to form groups of 9-10 individuals. Groups

were sex-balanced and contained equal numbers of littermates from each contributing

litter, such that each pig had either two (22% of group members) or four (44% of group

members) relatives in their group. Pigs were tested in four temporally-separated

cohorts, with each cohort consisting of two social groups, for a total of n = 78 subjects.

Groups within a cohort were housed in identical, neighbouring 2.8 × 2.8 m pens in the

same room, with partial slatted flooring and a sleeping mat. Pigs in neighbouring pens

did not have direct visual or physical contact but could exchange auditory and olfactory

cues. Indoor lighting in the room was controlled on a timer, with lights on from 7:00-

15:00 hr. Pigs also received natural light through a window. Food (Porcistart, Trede und

von Pein GmbH, Damfleth, Germany) and water were provided *ad libitum*, and straw

and an enrichment object (Easyfix® Luna 68, Ballinasloe, Ireland) were provided daily.

Room temperature was maintained between 20-22°C. Pigs were regularly given back

numbers using livestock spray paint to facilitate individual identification. The room was

equipped with multiple video cameras in order to cover the entire home pen and two

additional compartments that were attached to the home pen for the experiment (see

section 2.2.). Pigs were tested between 46 – 55 days of age. Prior to testing, pigs were

habituated to saliva sampling and had participated in one social play experiment within

their social group (37) but had not been involved in other experiments. Of the 78

subjects, one died of unknown causes, and two subjects from the same group were

removed from the study to be treated for illnesses before testing began. The remaining

n = 75 subjects completed the study.

2.2 Familiarization, Separation and Testing phases

Two weeks after weaning, pigs went through the familiarization phase, during which

they were presented as a group in their home pen with two identical compartments (90

× 90 × 80 cm in height) that were temporarily attached to opposite sides of the home

pen (**Fig. 1**). Compartments were open on the top to facilitate video recording of the

trapped pig. Each compartment had a mesh window and a door with a metal handle,

placed at 20 cm height (**Fig. S1**). Opening the door required the use of 1.3 kg of force to

lift the handle with the snout high enough to release an inner latch, causing the door of

the compartment to swing open into the home pen. This design is suitable for pigs, who

can exert strong force with their snout to dig or lift (38). Each group went through five

consecutive days of one-hour familiarization sessions applied in a counter-balanced

order between the two groups within a day. During each familiarization session, pigs

were presented simultaneously with the compartments, with both doors closed. If a pig

spontaneously opened a door, the door was left open for two minutes so that pigs could

freely explore the inside of the compartment. At that point, any pigs still in the

compartment were gently led out and a researcher closed the door in a standardized

way from outside the pen, using a hook to insert the door handle back into its slot. If no

pig had opened the door of a compartment for five minutes, a researcher opened that

door using the hook and left the door open for two minutes, before removing any pigs

inside the compartment and closing the door.

Pigs then experienced the testing phase, which was initially similar to the familiarization

phase in that on each testing day the compartments were attached to the home pen and

pigs could freely explore and open the doors. Researchers monitored the pigs from a

different room using a live video stream. Every ten minutes a researcher entered the

room and, if the doors were opened, led out any pigs inside the compartments and

closed the doors. Once the pigs had not touched or opened any door for ten minutes

(this typically occurred within 30 min of initial exposure on each test day), a researcher

entered the home pen and removed the designated trapped pig, using a pre-determined

pseudo-random order, so that each pig was trapped once over the course of the testing

phase. The designated trapped pig was placed in a separate room in a 2.8 m^2 empty

arena without any contact with other pigs. During this separation period, researchers

monitored the test group remotely. If no doors were opened during the first five minutes

of the separation, the designated trapped pig was then returned to the room and placed

in one of the two compartments, which then became the test compartment. In the event

that a pig opened a door during the initial 5-minute separation period, a researcher

entered the room, closed the door and left the room. We then waited an additional five

minutes before returning the designated trapped pig and placing it in the test

compartment. As a result, the total isolation time for each pig ranged from 5–11 minutes

(median isolation time = 5.8 minutes).

The trial began once the trapped pig was placed in the test compartment. The

researcher left the room and monitored the pigs remotely using live video. During the

trial, the trapped pig had olfactory and auditory contact with their group members (the

potential helpers) at all times. In addition, the trapped pig could maintain visual and
limited physical contact with group members through a mesh window located on one
side of the compartment. The trapped pig remained in the compartment until either: 1) A
helper pig opened the door, releasing the trapped pig, or 2) Twenty minutes elapsed
without helping, at which point a researcher entered the room and opened the door to
release the trapped pig. If the trapped pig showed signs of distress (screaming, squeals
and/or escape attempts) continuously for three minutes and was not let out by a pig, a
researcher opened the door, thus ending the trial for ethical reasons. This happened
only once. Once the door of the test compartment was opened (either by a pig or by a
researcher), the pigs were left undisturbed for an additional 15 minutes to allow for
subsequent hormone sampling (see section 2.4). The compartments were then
removed and cleaned. On each of five test days, we alternated trials between the two
groups until two pigs per group have been tested as trapped pigs, each in a different
compartment, with the location of the first test compartment (at the front or side of the
pen) alternated across days. At the completion of the testing phase, each pig had been
trapped once, and potential helpers had between 6-9 opportunities (depending on their
group size) to release different members of their social group from the test
compartment.
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236   2.3 Behavioural measures
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Behavioural data were coded from video recordings by two trained assistants using the
Observer software (version 15, Noldus, The Netherlands), with an inter-observer
reliability of 91.2%. During the familiarization phase, data were recorded on each pig's
daily frequency of contacts with the handle, reflecting curiosity and their frequency of
door-opening, reflecting task proficiency. The daily latency for a door to first be opened
within each group was also recorded as a measure of group task performance, to test
for learning effects over the course of the familiarization phase.
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During the testing phase, we recorded all occurrences of squeals or screams by the
trapped pig, which were identified as prolonged (> 2 sec) vocalizations with high-

frequency components and amplitude modulation (39). Squeals or screams are

commonly associated with negative affect in pigs (39,40). As further validation that we

were recording vocalizations related to negative affect, and to test whether parts of the

data analysis can be automated in future studies, we compared our manual coding of

screams and squeals with analysis of vocalizations using the Stremodo software, which

was developed for the automated detection of distress in pigs (41). Stremodo detects

distress signals in 100 ms time windows of audio recordings without considering the

context. To facilitate comparison with human classifications of vocalizations, a post-

processing routine automatically detected the beginning and end of a vocalisation

based on the loudness of the audio data. Then this vocalisation as a whole was marked

as a stress event regardless of its duration, if Stremodo identified one or more of its

segments as stressful. We also recorded each pig's rate of escape attempts (attempting

to climb or jump against the side of the compartment) and their investigations of either

the window or the door, with investigations counted whenever the snout was within 5 cm

of the object. For two pigs, the compartment was not entirely visible in the video

recording while they were trapped, so behavioural data were analysed for the remaining

n = 73 trapped pigs. For each potential helper (referring to all other pigs in the group

besides the trapped pig), we recorded the amount of time that they spent looking in the

window, defined as being within 10 cm of the window with their head oriented towards

the window. When a potential helper released the trapped pig from the test

compartment within the 20-minute trial, we recorded the identity of the helper, and their

latency to release the trapped pig, based on the time at which the latch of the door was

successfully lifted, leading to the door opening. In the event that the control

compartment was opened before the trapped pig was released, we also recorded the

identity of the pig who opened the control compartment.

2.4. Hormonal measures

We assessed the physiological responses of trapped pigs by measuring changes in the

concentration of sCORT, which increases in response to physical or psychosocial

challenges in mammals, including pigs (37). Saliva samples were collected by one of

the authors (LRM) and two assistants using SalivaBio® Infant Swabs (Salimetrics, CA,

USA). Subjects were familiar with the sample collectors and had been previously

habituated to sample collection, which occurred voluntarily and took one to two minutes

per pig, thus minimizing the possibility of any stress associated with sampling. We

collected saliva samples from the designated trapped pig in their home pen before they

were removed from the group (pre-test), and 15 minutes after the door of the test

compartment was open and the trapped pig was released (post-test). During the post-

test sampling, we also attempted to collect saliva samples from the pig that helped

when this was already confirmed, to examine physiological responses of helpers. Due

to the time delay between exposure to a stimulus and peak cortisol responses in pig

saliva (42), the post-test sample should reflect free cortisol concentrations around the

time that pigs were released. Saturated swabs were inspected and discarded if there

were any signs of blood on the swabs. Swabs were placed in polypropylene tubes on

ice immediately after collection and were centrifuged within 30 minutes of collection at

4° C (15 min, 2,000 × g). The eluent was stored at -80°C until hormone analyses.

Cortisol analyses were conducted at the FBN, using an ELISA kit for salivary cortisol

(Demeditec Diagnostics®, GmbH, Kiel, Germany) that our lab has previously validated

in pigs (37). The inter-assay CVs of low- and high-concentration pooled controls were

9.3% and 8.3% respectively (n = 16 samples). Intra-assay CVs of low- and high-

concentration pooled samples were 10.7% and 8.6% respectively.

2.5 Statistical analyses

Data were analysed using the R statistical software (version 4.2.1, (43)). For continuous

predictors, we fit linear models and linear mixed models (LMM) using the R package

`lme4` (44). For binomial data, we fit generalized linear mixed models (GLMM) using the

R package `glmmTMB` (45). When necessary, continuous response and predictor

variables were square-root or log-transformed to approximate a normal distribution and

all continuous predictors were z-transformed to facilitate interpretability of the results.

We assessed model performance by checking for normality of residuals, over-

dispersion and collinearity of predictors using the `performance` package (46). We used

likelihood ratio tests to compare the full model to a reduced model excluding the test

predictors, and present results when the model differed significantly from the reduced

model. To test for fixed effects of predictors, we calculated deviance tables and Chisq-

statistics using the `car` package (47). If applicable, pairwise post-hoc comparisons on

estimated marginal means were performed and p-values were adjusted for multiple

comparisons using Tukey's HSD tests in the `emmeans` package (48). Unless

otherwise indicated, results are presented as Mean ± SD

To test for evidence of learning how to open doors, we fit a linear model comparing the

latency for a door to first be opened within a group across familiarization days, with

familiarization day as the test predictor and group as a control predictor. We also

determined the proportion of pigs that successfully opened a door at least once, on

each familiarization day and cumulatively across that day and previous days.

To test whether helping was influenced by potential helpers' previous experience and

their appraisal of the situation, we fit a GLMM with a zero-inflated negative binomial

error distribution. For each potential helper (n = 7-9 pigs) in each of the 75 trials, we

indicated whether that group member helped the trapped pig or not. We then tested

how each pig's likelihood of helping was influenced by their mean daily curiosity and

proficiency during familiarization and their proportion of time spent near the window with

their head oriented towards the window while a pig was trapped, as a measure of social

attentiveness. We included control predictors for each potential helper's sex, their

relatedness to the trapped pig (sibling or non-sibling), the test order within each group

and whether the pig opened a door or not while the designated trapped pig was

separated from the group before the trial began. We included random effects for

potential helper identity. We found no evidence for collinearity of the predictors (VIFs <

1.06), or for over-dispersion (dispersion parameter = 0.65).

We also fit a second GLMM to test two unplanned predictions that we became

interested in after determining that helpers were consistently releasing unrelated pigs as

well as relatives. In this model, we asked whether potential helpers were more likely to

help: i) after they had been trapped and released themselves, consistent with

generalized reciprocity (49), or ii) if the trapped individual had previously helped them,

consistent with direct reciprocity (50). Both processes can help to explain cooperation

among non-kin in humans and rodents (reviewed in (51)). We included the same control

predictors and random effects as described for the previous GLMM. There was no

evidence for collinearity of predictors (VIFs < 1.74) or for over-dispersion (dispersion

parameter= 0.64).

We tested for correlations between different behavioural responses of trapped pigs

using Pearsons correlation coefficients with Bonferroni corrections for multiple testing.

Rates of distress vocalizations (screams or squeals) and escape attempts were

correlated (see results), so we summed these two measures to obtain a combined rate

of distress signals. We fit a LMM to test whether changes in sCORT concentrations in

trapped pigs from pre- to post-test samples were related to their behavioural responses

while trapped. We included in this model n = 70 pigs for which we had complete data on

their physiological and behavioural responses to being trapped. The response was each

pig's salivary cortisol concentrations. As test predictors we included each pig's rate of

investigations to the window, as a measure of social solicitations, and their rate of

distress signals (the sum of their screams, squeals and escape attempts). We also

included the duration that each pig was separated from the group before being trapped

and the duration that each pig was trapped. To model changes in sCORT in trapped

pigs, we tested for two-way interactions between sampling context (pre- or post-

trapped, representing relative changes in sCORT), and the various test predictors. As

control predictors, we included each pig's sex, the order in which they were tested

within their group and the time that each sample was taken. We included subject and

date of sampling as random effects. We also compared sCORT concentrations of

trapped pigs and their helpers shortly after pigs had been released, using paired t-tests

and Pearson correlation coefficients.

To test whether helpers' responses were appropriate to the expressions of need by the

trapped pig, we fit a Cox proportional hazards regression model using the Survival

package (v 3.2-7; (52)). We tested whether the occurrence or frequencies of a trapped

pig's behaviours predicted their latency and likelihood to be helped by other pigs. In

survival analyses, latencies and likelihoods of occurrence of an event of interest (in this

case being released from the test compartment by a pig) are combined into a hazard

ratio (HR), which indicates the probability of the event happening. An HR above one

indicates a covariate that is associated with a greater likelihood and shorter latency for

the event to occur. Trials in which pigs were released by humans were right-censored,

to indicate that the event of interest did not occur during that pig's observation period.

To compare behavioural data that varied over time while ensuring that we did not violate

the proportional hazards assumptions, we stratified each trapped pig's behavioural data

at one-minute intervals and removed any intervals of less than 60-sec at the beginning

of each pig's trapped period. We also excluded from analysis each pig's behaviour

during the last 10-secs before they were released, to avoid committing "immortal

biases" (53) by using information from the future to predict the outcome. Based on these

criteria, we removed from the survival analysis n = 15 pigs who were released in under

one minute, as well as n = 2 pigs whose behavioural data could not be analysed,

resulting in a subset of n = 58 trapped pigs. We included each trapped pig's number of

investigations to the window per minute interval as a measure of social solicitations. The

number of distress signals (screams, squeals or escape attempts) per minute could not

be transformed to approximate normality. Therefore, we included the presence or

absence of distress signals (screams, squeals or escape attempts) at one-minute

intervals as a binomial predictor in the model. We included as control predictors the sex

and group identity for each trapped pig, the counter-balanced location of the test

compartment (either located at the front or the side of the pen), the pseudo-randomly

assigned order in which each pig was trapped within the group and the time when the

trapped pig was first placed in the compartment. Diagnostic tools indicated that the

proportional hazards assumptions were not violated (global hazard ratio, $\chi2 = 22.07$, df

= 21, p = 0.40). The Concordance Index (CI) was 0.69, indicating good predictive

discrimination of the covariates. We used the ANOVA function in the car package (47)

to test for effects of the predictors on helping outcomes. Data and scripts related to this

study can be found on-line at: https://github.com/AnjaEggert/spontaneous-helping-in-

pigs.

3. Results

3.1 Spontaneous learning of door opening

Despite having no exposure or training in the task beforehand, the majority of pigs in

every group spontaneously opened a door on the first day of the familiarization phase,

with the first successful door-opening occurring within Mean ± SD = 41.6 (± 21.7) sec.

Latencies to first open doors differed across familiarization days (F = 3.95, df = 4, p =

0.012). Groups were quicker to first open the door on days 3 and 4, compared to day 1

(Tukey's p-values < 0.04, **Fig. S2**). Within groups, 82.3 (± 15.7)% of pigs opened doors

on each familiarization day. By the end of the familiarization phase all but 1 of the 75

pigs opened a door at least once **(Fig. S3)**. However, there was also variation between

pigs in their curiosity (15.5 ± 9.2 daily contacts with the handle), and in their proficiency

(3.3 ± 2.3 daily door openings) during familiarization.

3.2 Comparison of door opening in helping and non-helping contexts

Across all trials, 85.3% (n = 64) of the trapped pigs were helped by group members,

with a median latency of 2.2 min (range= 0.2–17 min) to be released, **Fig. 2**). Of the

additional 11 pigs, ten were released by a researcher after the 20-minute trial duration

ended and one was released for ethical reasons after exhibiting repeated distress

signals for three minutes without being helped.

In total, n = 33 pigs (44% of potential helpers) helped a trapped pig, and each helper

helped a median of two trapped pigs (range= 1–4 pigs, or 11-57% of their group

members). In 69% of cases (n = 44 out of 64) in which helping occurred, the helper was

an unrelated pig from a different litter as the trapped pig. In 19% of helping trials (n =

12), the helper did not enter the test compartment within a minute of helping. In the

remaining n = 52 cases when helpers did enter the test compartment soon after helping,

in 54% (n = 28) of those cases, the trapped pig had already left the compartment, so

entering the compartment did not result in gaining social contact with the trapped pig.

During each trial, potential helpers also had opportunities to perform the same door-

opening behaviour in non-helping contexts, either by opening a compartment during the

separation period before the designated trapped pig was placed in the test

compartment, or by opening the empty compartment during the testing phase. In total

37 pigs (49% of potential helpers) opened doors during the separation period, during 36

trials (48% of trials). During each separation period, doors were opened 0.2 (± 0.3)

times per minute, accounting for the variable duration of isolation time (from 5 to 11

minutes) required to meet the criteria that no door had been opened for five minutes

before a test trial began. Of the pigs who opened doors of empty boxes during the

isolation period, only nine of them (23%), went on to open the door for the trapped pig

during the subsequent test. In 16 test trials (21%), a potential helper (n = 13) opened

the door of the control compartment before the trapped pig had been released from the

test compartment. In only two of these trials (12.5%) did the same pig proceed to open

the door for the trapped pig.

3.3 Role of previous experience, attentiveness to trapped pigs and physiological

responses in helping behaviour.

The full GLMM predicting the likelihood of helping differed significantly from a reduced

model that excluded the test predictors (likelihood ratio test, $\chi2 = 44.91$, df = 2, p <

0.001). The strongest predictor of helping was the proportion of time spent looking in the

window. Pigs who spent a greater proportion of time looking in the window of the test

compartment while a pig was trapped inside were more likely to help the trapped pig

(est ± SE = 0.57 ± 0.09, p< 0.001, **Fig. 3**). Pigs who were more proficient with door-

opening across familiarization days were also more likely to help their group members

(est ± SE= 0.38 ± 0.16, p= 0.017). The other predictors, including the potential helper's

curiosity score during familiarization, whether they opened a door during the pre-test

separation, their sex and their relatedness to the trapped pig did not influence the

likelihood of helping a trapped group member (**Table 1**).

The model in which we tested for evidence of direct or generalized reciprocity in

influencing helping decisions tended to differ from a reduced model that excluded the

test predictors ($\chi2 = 5.84$, df = 2, p = 0.054). We therefore interpreted the results with

caution. Results indicate that pigs were more likely to help trapped pigs who had

previously helped them (est ± SE = 1.11 ± 0.42, p= 0.008, **Table S1 and Fig. S4**).

However, there was no effect of generalized reciprocity on subsequent helping (see

Table S1). Of the eight cases of direct reciprocity, in two cases, helpers opened the

door for the trapped pig on the subsequent trial after being helped by that pig, and in

four cases, helpers opened the door for the trapped pig within two trials of being helped

by the trapped pig.

For a subset of n = 50 trials where we were able to identify the helper without requiring

additional video analysis, we obtained post-helping saliva samples from the helper and

the recipient fifteen minutes after helping had occurred. Helpers had lower sCORT

concentrations in comparison with time-matched samples from the released pig (3.9 (±

1.9) ng/mL vs 7.3 (± 2.4) ng/mL, t = 8.14, df = 49, p < 0.001, **Fig. 4**), and there was no

correlation between the sCORT concentrations of released pigs and their helpers

shortly after the release (Pearson, r = 0.07, t = 0.49, df = 48, p = 0.63).

3.4 Behavioural and physiological responses of trapped pigs and influences on being

helped

Of the 73 pigs for whom behavioural data could be analysed from video recordings, 72

investigated the window and 71 investigated the door. Per minute trapped, pigs

investigated the window 4.8 (± 3.2) times and they investigated the door 2.4 (± 2.5)

times. Rates of investigations to the window and door were positively correlated (r =

0.80, t = 11.3, df = 71, adj. p-value < 0.001). The majority of trapped pigs (74%, n = 54)

attempted to escape and 44% of trapped pigs (n = 32) emitted screams or squeals while

trapped. Measures of distress vocalizations based on manual coding of screams or

squeals and the automated Stremodo analysis were positively correlated (r = 0.54, t =

5.52, df = 71, p < 0.001). The lack of a stronger correlation is likely related to

interference from additional noises in the room, which the Stremodo algorithm may have

sometimes falsely classified as screams or squeals. We used data from manually-coded

distress vocalizations in subsequent analyses. Rates of distress vocalizations and

escape attempts were positively correlated with each other (r = 0.34, t = 3.04, df = 71,

adj. p-value= 0.02), but were not correlated with either of the investigatory behaviours (r

< 0.22, adj. p values > 0.36). We therefore summed rates of distress vocalizations and

escape attempts to create a combined measure of distress signals. Trapped pigs

exhibited decreases in investigatory behaviours as well as distress signals with longer

time spent in the compartment (**Fig S5).**

For the n = 72 pigs with sufficient sample volumes to measure sCORT before and after

being trapped, most pigs (87.5%, n= 63) exhibited increases in sCORT in their post-

trapped samples (7.3 (± 2.7) ng/mL), compared to their samples before being trapped

(4.7 (± 2.0) ng/mL, t = 7.97, df = 71, p < 0.001). The LMM predicting changes in cortisol

in the n = 70 trapped pigs with both hormonal and behavioural data available differed

from a reduced model with the test predictors excluded (χ2 = 51.03, df = 9, p < 0.001).

Pigs who exhibited higher rates of distress signals while trapped tended to have greater

changes in sCORT concentrations (χ2 = 3.83, df = 1, p = 0.050, **Table S2** and **Fig. S6**).

Changes in sCORT concentrations while trapped were not related to the other

predictors (see Table S2).

The Cox proportional hazards model indicated that trapped pigs who exhibited distress

signals in a given interval were 2.4 times more likely to be subsequently released,

compared with pigs who did not exhibit any distress signals during that interval (χ^2 =

4.65, df = 1, p = 0.031, **Table 2**, **Fig. 5 and Supplementary videos**). The number of

window investigations by trapped pigs did not influence responses of potential helpers

(see Table 2). Interestingly, there were significant differences among groups in the

likelihood that pigs would be helped by a group member (χ^2 = 16.26, df = 7, p = 0.023,

see Table 2). The other control predictors did not influence the probability of being

helped.

4. Discussion

Pigs spontaneously learned to open doors, and subsequently used this ability to help a

trapped group member, while rarely opening identical doors leading to an empty

compartment, ruling out a simple curiosity or exploration effect to explain door opening

during testing. Pigs who were more attentive to the trapped pig were more likely to help,

and distress signals from trapped pigs increased their chances and decreased their

latency to be helped. Our results support anecdotal evidence for spontaneous rescue

behaviour in wild boars (*Sus scrofa*), the ancestor of domestic pigs (7). We avoid using

the term 'rescue' here, since not all trapped pigs exhibited signs of distress, and helping

did not necessarily require a great cost or risk, which are two of the criteria suggested

by Hollis and Nowbahari (54) to define rescue behaviour.

In the majority of cases, trapped pigs were released within a few minutes, and the

latency to help decreased with increasing test trials, suggesting a learning or

sensitization effect. This is also supported by the fact that nine of the ten cases in which

pigs were not released within the allotted test period occurred within the first six trials for

the group, demonstrating that helpers become more motivated or proficient in helping

with increasing exposure to trapped pigs. In addition, pigs were more likely to help if

they were more successful at opening the door during the preceding familiarization

phase, suggesting that their ability to learn this novel task also played a role in their

likelihood of helping. While all but one pig opened doors during the familiarization

phase, roughly half (44%) of the pigs in each group helped others during the test phase.

However, given that only one pig could be a helper per trial, our group-testing paradigm

may also underestimate the potential for helping behaviour at the population level.

Pigs varied in their likelihood and latency to help trapped group members, which

enabled us to investigate the influence of individual and contextual characteristics on

helping behaviour. The strongest predictor of helping was the proportion of time that

potential helpers spent looking at the window, through which they could see the trapped

pig. It is possible that pigs who spent more time oriented towards the window at close

range were visually assessing the situation of the trapped pig, in order to acquire

information relevant for helping. This interpretation is consistent with evidence from a

targeted helping paradigm in chimpanzees, where individuals who made more efforts to

visually assess the situation of their partners were more likely to provide appropriate

help (55). As an alternative explanation, it is likely that the movements and vocalizations

of the trapped pig acted as salient features to attract attention to the test compartment

and window, from which potential helpers were then much closer to the door and

handle, increasing the chances of an effect of stimulus enhancement on door-opening.

However, under a stimulus enhancement explanation we would expect that within a

given trial potential helpers would be similarly interested in and attentive to the cues

from the trapped pig, which was not the case here (see Fig. 5 and supplementary video

2).

Distress signals given by the trapped pig, in the form of high-frequency vocalizations

(screams or squeals) or escape attempts, increased the pig's subsequent chances of

being released, by a 2.4 odds ratio. This suggests evidence for flexible responses that

are appropriate to the situation of the trapped pig, which is one of the criteria for

"empathic targeted helping" (34,56). An alternative social facilitation explanation is that

distressed pigs produced more salient signals that attracted the attention of potential

helpers, who then paid more attention to the window in order to gather information

about the situation for themselves (20). Their subsequent helping could similarly result

from a selfish motivation to enter the compartment to gather more information. This

interpretation is consistent with the fact that in the majority of cases (81%), the helper

entered the test compartment after helping, whether the trapped pig was still in the

compartment or had already left, each of which occurred roughly half of the time.

Interestingly, in rodent helping paradigms, similar proportions of helpers entered a tube

where conspecifics had previously been restrained (28,57). In these contexts, it was

proposed that helpers may be motivated to enter the tube as a form of defensive or

escape behaviour in an otherwise barren test arena (57). Given that the pigs were

tested in their home environments and with social partners present, it is unlikely that

opening the door and entering the compartment were due to a similar motivation to

escape the test environment. It is also unlikely that helping was due to a selfish

motivation for social contact more generally (the "social contact hypothesis"; (21)),

although we cannot rule out that the helper may have had an interest in interacting with

the specific trapped individual.

Wild boars reside in stable, cohesive social groups (58) and forced separations from

their social group can induce behavioural and physiological signs of stress in young

domestic pigs (37,42). The majority of trapped pigs had increases in sCORT

concentrations, and pigs with greater increases in sCORT exhibited more behavioural

responses that were consistent with distress. Interestingly, helpers did not show

corresponding increases in sCORT concentrations along with trapped pigs, as expected

if helpers experienced emotional contagion of distress. Although emotional contagion

has been shown in pigs in non-helping contexts (32,33), it does not appear to explain

helping behaviour in this case. It is possible that helpers were not stressed by

witnessing the trapped pigs, which is consistent with a previous study in which juvenile

pigs did not show emotional contagion of fear after hearing playbacks of distress

vocalizations from unfamiliar pigs (59). Alternatively, it is possible that helpers were able

to regulate their emotional responses in order to help, which would be consistent with

theoretical and empirical evidence that high levels of emotional arousal can interfere

with helping behaviour (36,60). For example, rats who exhibited stronger corticosterone

responses to observing partners in need were less likely to help than rats who exhibited

weaker physiological responses (36). Indeed, a moderate level of emotional arousal,

consistent with emotional control regulation, is one of the criteria used to distinguish

empathic targeted helping from selfish responses in order to alleviate one's personal

distress (34).

While distress signals enhanced the likelihood of being helped, they were neither

necessary nor sufficient for helping to occur. Of the $n = 15$ pigs who were released in

under one minute, 67% (n = 10) did not produce measurable distress signals before

being released. This evidence suggests that spontaneous helping was not always

motivated by selfish needs to alleviate the source of aversive distress signals (25).

Various non-aversive forms of social solicitation may also influence helping decisions,

but are less investigated than distress signals (25,31). Trapped pigs investigated the

window, where they could make visual contact with potential helpers, twice as often as

they investigated the door, where no visual contact with group members was possible

(see Fig. S5). We hypothesized that investigations to the window may indicate attempts

to make social contact with group members, and possibly to solicit help. Frequencies of

window investigations by trapped pigs were not correlated with their frequencies of

distress signals, suggesting different underlying motivations for these behaviours.

However there was no evidence that increases in window investigations influenced a

pig's chances of being helped. Given the promising evidence that social attention to the

individual in need can influence helping behaviour in pigs, follow-up research should

test whether a broader range of communicative signals by trapped pigs may mediate

helping. Two likely candidates are low-frequency vocalizations such as grunts, and

nose-to-nose contacts, both of which are common socio-communicative behaviours in

pigs (61). Grunts were emitted frequently during trials but could not be attributed to

specific pigs with our recording equipment. Anecdotal observations suggest that

potential helpers sometimes engaged in nose-to-nose contact with the trapped pig

through the mesh window, although these situations could not be systematically

recorded with our cameras. Helping paradigms in which individuals in need can express

a broader range of behavioural responses will help to clarify the role of social

solicitations in influencing helping.

More research is also needed to identify additional social dynamics, within groups and

pairs, which influence helping decisions. In a follow-up analysis, we found that pigs

were more likely to help a conspecific who helped them previously, consistent with

direct reciprocity. Out of 29 possible chances, pigs exhibited direct reciprocity 8 times

(27%). This is interesting, especially since the helper had to also be the quickest of the

group members to open the door. The majority of the reciprocity occurred within a short

timeframe, either within one or two trials, consistent with a 'tit-for-tat' strategy. Rats also

demonstrate reciprocity in helping that is based on their most recent interactions (50).

Similar to evidence in rats (51), we found stronger support for direct reciprocity than for

generalized reciprocity, given that the mere experience of having been trapped and

helped did not increase a pig's likelihood of helping on subsequent trials. Further

research with repeated opportunities to help in smaller groups and pairs is needed to

confirm these findings, for example by manipulating the ability of individuals to help and

then testing for direct and also indirect (*i.e.* helping a pig that helped another pig before)

reciprocity.

5. Conclusion

This group-testing paradigm offers a novel experimental approach to systematically

study the proximate factors mediating spontaneous helping in a broad range of social

species, including farm animals. Applying the framework suggested by Pérez-Manrique

& Gomila (34) for evaluating comparative evidence for empathy, our results are

consistent with "empathic targeted helping" in that: 1) helpers exhibited visual

assessment of the situation and weak to moderate physiological responses, consistent

with an other-oriented reaction and emotional regulation, 2) pigs were more likely to

help shortly after trapped pigs signalled distress, consistent with a flexible, other-

oriented response and 3) helping improved the situation for trapped pigs by reuniting

them with their social group. However, there are alternative, more parsimonious

explanations for the results, which we also discussed. Thus, follow-up studies are

needed to further explore the motivations underlying spontaneous helping in pigs.

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929 **Tables and Figures**

931 **Table 1.** Results of a zero-inflated negative binomial model predicting the likelihood of

932 helping. Significant predictors are indicated in bold.

Predictor	Estimate	Std Error	χ^2	df	*P*
(Intercept)	-2.48	0.27			(†)
Proportion time looking in window	**0.57**	**0.09**	**43.43**	**1**	**< 0.001**
Proficiency during familiarization‡	**0.38**	**0.16**	**5.66**	**1**	**0.017**
Curiosity during familiarization‡	-0.14	0.16	0.75	1	0.385
Opened door during separation§	0.11	0.42	0.07	1	0.793
Potential helper sex_Female¥	0.37	0.32	1.30	1	0.251
Related to trapped pig#	-0.53	0.28	3.57	1	0.059
Test order in group	-0.01	0.13	<0.01	1	0.952

† Not indicated due to limited interpretability
‡ Data were square-root transformed
§-# Estimates refer to comparison with reference categories:
§ Did not open door during separation
¥ Potential helper sex_Male
Not related to trapped pig

953 **Table 2.** Results of a survival analysis predicting the likelihood and latency for trapped

954 pigs to be helped. Hazard ratios are indicated by the exponentiated coefficients.

955 Significant predictors are indicated in bold.

Predictor	coef	exp(coef)	se(coef)	robust se	χ^2	df	P
Signals distress_Yes[†]	0.86	2.37	0.41	0.40	4.65	1	**0.031**
Rate window investigations[‡]	-0.18	0.84	0.22	0.20	0.81	1	0.368
Trapped pig sex_Female[§]	0.05	0.95	0.34	0.33	0.03	1	0.868
Time in compartment	0.03	1.03	0.16	0.14	0.04	1	0.836
Location compartment _Side[¥]	0.39	1.48	0.34	0.34	1.37	1	0.242
Test order in group	0.15	1.16	0.16	0.16	0.91	1	0.341
Group identity_1B[#]	1.46	4.31	0.92	0.80	16.26	7	**0.023**
Group identity_2A[#]	-0.14	0.87	0.67	0.72			[Þ]
Group identity_2B[#]	1.00	2.72	0.62	0.65			[Þ]
Group identity_3A[#]	0.51	1.66	0.64	0.69			[Þ]
Group identity_3B[#]	0.73	2.07	0.61	0.62			[Þ]
Group identity_4A[#]	-0.04	0.97	0.62	0.67			[Þ]
Group identity_4B[#]	1.33	3.78	0.65	0.60			[Þ]

[†,§,¥,#] Estimates refer to comparison with reference categories:

[†] Trapped pig did not signal distress

[§] Trapped pig sex_Male

[¥] Location compartment_Front

[#] Group Identity_1A

[‡] Data were square-root transformed

[Þ] Refer to chi-square result under "Group Identity_1B" for over-all effect of Group

identity on the likelihood of being helped

969   **Figure 1.** Diagram of the experimental set-up, showing two identical compartments that
970   were attached to opposite sides of the home pen during familiarization and testing. The
971   door of each compartment opens into the home pen when the handle is lifted high
972   enough to release an inner latch.

 Figure 2. Latency (median and interquartile range) for helper pigs (indicated in circles)
989   to release trapped pigs across test trials within each group. Colours indicate different
990   social groups. Triangles indicate the trials where pigs were released by humans (not
991   included in latency calculations).

1007   **Figure 3.** Relationship between each potential helper's social attention to the trapped

1008   pig and their likelihood of helping, averaged across their 6–9 exposures to trapped pigs.

1009   Colours indicate different social groups. The dashed line depicts the fitted model with

1010   control predictors centred around 0. For full model results see Table 1.

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1027   **Figure 4.** Comparison of post-release salivary cortisol concentrations in trapped pigs

1028   and their helpers.

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1043 **Figure 5.** Survival curve showing the probability for n = 58 pigs who were trapped for at

1044 least one minute to be helped by a group member. At each minute interval, pigs who

1045 gave distress signals were more likely to be released than those who did not (Hazard

1046 ratio = 2.4, p = 0.03). For full results, see Table 2.

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