Multi-omic analysis of coral development elucidates the metabolic transitions from
parental provisioning to endosymbiotic nutritional exchange

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Keywords: Montipora capitata, Symbiodiniaceae, metabolomics, transcriptomics, larvae

Running Title: Developmental transitions in coral-symbiont nutritional exchange

Abstract

Anthropogenic climate change threatens the persistence of coral reefs by impacting reproduction
and accelerating coral loss. Adult corals depend on nutritional exchange with their endosymbiotic
algae (Symbiodiniaceae) to fulfill their energetic demands. However, the mechanisms underlying
the onset of this exchange during early life stages and how it contributes to developmental energy
demands are unclear. We conducted an integrative analysis of the dependence on nutritional
exchange across developmental stages in *Montipora capitata*, a vertically transmitting coral
(Symbiodiniaceae are passed from parent to offspring) in Hawai□i. We applied physiological
(metabolism and symbiont density) and multi-omic (metabolomics, transcriptomics, and microbial
amplicon sequencing) approaches over 13 time points (1-255 hours post-fertilization; eggs,
embryos, larvae, and recruits) to understand ontogenetic shifts in metabolism. Energetic demand
(respiration) and symbiont population photosynthetic capacity (photosynthesis and cell density)
increased with development, and metabolism shifted from using stored reserves to relying on
symbiont-derived resources. Specifically, pathways associated with nutritional exchange,
including organic compound transport, glucose and fatty acid metabolism, nitrogen metabolism,
and reactive oxygen regulation were enriched in larvae. Recruits expanded utilization of
carbohydrate and lipid pathways in response to the energetic demands of settlement and
calcification. Our study shows that symbiotic nutritional exchange buffers the energetic demands
of development in vertically transmitting corals, suggesting that in environmentally stressful
conditions, these stages may be increasingly vulnerable to the loss of symbiont-derived nutrition.
Therefore, intervening early to reduce stress during sensitive developmental stages could
enhance coral reef recruitment and recovery as climate change intensifies.
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Introduction

Symbiotic relationships between animals and microbial organisms enable survival in nutritionally challenging environments (1). The function and structure of one of the most ecologically and economically important ecosystems on Earth, coral reefs, is driven by the productivity of marine symbioses. The nutritional symbiosis between reef-building corals and endosymbiotic algae in the family Symbiodiniaceae (2) can provide >100% of the coral's daily metabolic demands through translocated organic carbon compounds generated via symbiont photosynthesis (3, 4). In return, metabolic waste from the coral host, including nitrogen and inorganic carbon, is provided to the Symbiodiniaceae to support growth and metabolism (5, 6). The energy-enhancing nutrient exchange between Symbiodiniaceae and corals, as well as a diverse bacterial and archaeal microbiome (7), enables calcium carbonate production and thus the 3D skeletal structure that provides a habitat for high biodiversity (8) and invaluable goods and services (9). However, this delicate symbiosis is susceptible to destabilization by environmental stress. Rising sea surface temperatures and acute marine heat waves cause coral bleaching, or the dysbiosis and loss of symbionts and their carbon surplus from the coral (10), which can, and often does, culminate in mortality at reef-wide levels (11). Increasingly, the stability and persistence of the nutritional relationship between corals, their algal endosymbionts, and symbiotic microbes are critical for the continued survival of reefs and the maintenance of essential ecosystem services that coastal communities rely on.

Globally, half of the live coral cover has been lost since the 1950s (12), significantly increasing the importance of coral reproduction and recruitment to replenish and maintain reef ecosystems. Corals have complex and biphasic life cycles, in which adults produce gametes that are internally or externally fertilized and develop into swimming larvae that then undergo metamorphosis into the sessile polyp recruit stage and grow into mature colonies (13). Survivorship from fertilization to recruitment represents the primary bottleneck for marine larvae (14), due to environmental impacts on fertilization, larval dispersal and behavior, predation, and substrate suitability (13). Key among the myriad challenges facing these sensitive life stages is the energetic requirement for successful development, homeostasis, and metamorphosis (15). To buffer these challenges, corals form associations with Symbiodiniaceae either immediately through vertical transmission (i.e., symbionts are provisioned to the eggs), or within days to weeks of release and/or settlement through the process of horizontal transmission (i.e., symbionts are acquired from the environment) (16). Initiation of symbiosis is a topic of intense study (17), but the successful establishment of the nutritional exchange, or symbiotic integration, in early life history remains less well understood despite its increasing importance to reef persistence and recovery.

The establishment of nutritional symbioses in early life history has direct implications for coral survival. Without symbiotic nutritional sources, coral embryos and larvae initially rely on limited endogenous lipid reserves in the forms of phospholipids (primarily for use in cell membranes), wax esters (most abundant class available as fatty acid reserves for metabolic oxidation), and triacylglycerols (storage lipids that can be rapidly metabolized) (18). Furthermore, there are conflicting findings on the capacity of the coral-algal symbiosis to contribute substantially to the energetic demands of early life stages. For example, high-performance thin-layer chromatography lipid analysis in aposymbiotic larvae indicates a decline in wax ester abundance as larvae age, with a strong reliance on parentally provisioned fatty acids for energetic fuel (19). In symbiotic larvae, this demand for energy reserves can be supplemented by symbiotic nutrition, observed as carbon translocation (20) and reduced rates of lipid depletion under light conditions (21). In contrast, stable isotope pulse-chase and nanoscale secondary ion mass spectrometry (NanoSIMS) imaging in symbiotic larvae indicate that nutritional exchange is possible, but substantially lower relative to levels of exchange at the adult stage (22), highlighting the need for ontogenetic and mechanistic studies to resolve the role of symbiotic nutrition in contributing to recruitment costs. However, heavy reliance on nutritional exchange during early life history can increase susceptibility to climate change stressors, such as light driven increases

in cellular damage due to the presence of symbionts (23). As thermal stress increases, bleaching
and symbiotic disruption could destabilize nutritional exchange and worsen recruitment
bottlenecks. Further, it has been hypothesized, but not yet tested, that nutritional exchange plays
a more important role in metabolism as development progresses through metamorphosis and
settlement (22, 24). Therefore, to understand how symbiont-derived nutrition affects coral
recruitment under ocean warming, it is important to track metabolism and how nutrients are
exchanged across life stages. This requires studying the metabolic changes at molecular and
metabolomic levels that occur as corals shift from relying on nutrients provided by their parents
(e.g., metabolism of wax esters and storage lipids) to those provided by symbionts (e.g., glucose
metabolism and transport of organic compounds).

Considering the critical need to increase our understanding of coral recruitment, we took
a cross-scale approach integrating physiological, molecular, metabolomic, and microbiome data
of symbiotic performance and nutritional exchange longitudinally across early life history stages of
the vertically transmitting coral, *Montipora capitata*, from eggs through metamorphosed and
attached recruits (Fig 1AB). We found that (i) energetic demands increase with ontogeny, peaking
at metamorphosis; (ii) endosymbiont density and photosynthetic function increase, while
Symbiodiniaceae community diversity remains stable and bacterial community diversity
increases; and (iii) larva demonstrate shifts in metabolism from parentally provisioned lipids to
symbiont-derived carbohydrate and lipids that promote energetic enhancement through the
vulnerable transitions of metamorphosis and settlement. This comprehensive characterization of
early life history transitions in metabolism demonstrates that energy demands can be buffered by
symbiotic nutritional exchange and identifies ontogenetic windows that are vulnerable to dysbiosis
because of climate change stressors.

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118 **Results and Discussion**
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120   ***A. Energetic demands of development, metamorphosis, and settlement can be***
121   ***buffered by endosymbiont productivity***
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Progressing through development is an energetically demanding process (25, 26), but it
has been debated whether symbiotic nutritional exchange meaningfully contributes to these
requirements. To address this, we tracked energy demand (light-enhanced dark respiration) and
symbiont carbon fixation (gross photosynthesis) across stages in embryos, larvae, and
metamorphosed polyps (65-231 hours post fertilization, hpf) (Fig 1A). There was significant
morphological variation in size as embryos developed followed by growth in the larval stage
(Kruskal-Wallis, χ^2(9,563)=266.37, *P*<0.001; SI Appendix, Fig S1). Across this time series,
individual-normalized respiratory demand significantly increased to be 82-180% higher in polyps
than in swimming larvae (Kruskal-Wallis, χ^2(5,93)=69.3, *P*<0.001) (Fig 1C). This is consistent with
observations of an 83% increase in post-metamorphosis respiration in Pocilloporid recruits
relative to larvae (27). As energetic costs increase with ontogeny and existing reserves are
depleted (18), symbiont-derived and/or heterotrophic supplementation becomes essential to
support continued development and ultimately survival.
In vertically transmitting corals, the presence of symbionts at these energetically
demanding life stages provides the capacity for nutritional supplementation of parental provisions
(21). Our cross-stage measurements of symbiont photosynthesis rate in embryo, larval, and
metamorphosed polyps (65-231 hpf) (Fig 1A) revealed an average increase of 76% from earliest
to latest stages (Fig 1C; Kruskal-Wallis, χ^2(5,93)=32.1, *P*<0.001). This substantial increase in
primary production corresponded with reduced energetic capacity (quantified as
photosynthesis:respiration ratio) and higher post-metamorphosis metabolic demand (44-58%
higher respiration compared to larvae that remained swimming) (Fig 1C; Kruskal-Wallis,
χ^2(5,93)=38.7, *P*<0.001). The increased rates in photosynthesis can partially be attributed to
proliferation rates of the symbiont population, with density peaking in metamorphosed and settled
polyps (Fig 1D; ANOVA, SS=1.02e8, F(9,30)=25.06, *P*<0.001). Increased photosynthetic activity

coupled with symbiont population growth indicate larvae have enhanced potential for nutritional
contribution from the symbionts through the production of fixed carbon products (4). The
disproportionate enhancement in photosynthetic capacity (76%) relative to symbiont cell
population growth (34%) (Fig 1CDE) suggests higher photosynthetic capacity on a cell-specific
level, which could result from greater photopigment concentrations and/or increased supply of
inorganic carbon from host respiration (Fig 1C) as development progress (6, 28), resulting in
enhanced capacity for photosynthate generation and translocation (29).

Shifts in photosynthetic function and holobiont performance have been attributed to
changes in symbiont community composition in adult *M. capitata* (30, 31). A mixture of
Cladocopium sp. and *Durusdinium* sp. is characteristic of this species in Kāneʻohe Bay, Hawaiʻi
(30, 32). Considering this, we tested the hypothesis that the genetic identification of
Symbiodiniaceae changed with ontogeny. There was no effect of life stage on Symbiodiniaceae
ITS2 profile (Defining Intragenomic Variant (DIVs); (35)) community similarity (PERMANOVA,
SS=0.360, R^2=0.261, F(9,28)=1.098, *P*=0.217; SI Appendix, Fig S2A) and alpha diversity did not
change across ontogeny (Kruskal-Wallis, χ^2(9,28)=9.541, *P*=0.389; SI Appendix, Fig S2B),
indicating stable symbiont communities in early life history. Our samples contained both
Cladocopium sp. (ITS2 Profile C31.C17d.C21.C21ac.C31a; (33)) and *Durusdinium glynnii* (ITS2
Profile D1.D4.D6.D1ab.D17d; (34)), with a majority of the former (55.9±0.8% and 44.1±0.8%,
respectively) (SI Appendix, Fig S2C). However, as environmental conditions continue to change
(e.g., chronic temperature stress, acute heat waves increase), the thermal tolerance of *D. glynnii*
previously documented in adult *M. capitata* (36, 37) could manifest in a shift to a greater
abundance of *D. glynnii* than *Cladocopium sp.* provisioned to offspring (38). Since *D. glynnii*
translocates lower amounts of photosynthates than *Cladocopium sp.* in *M. capitata* (29), this
could result in detrimental impacts on nutritional availability for offspring in the future. Our results
indicate no evidence of winnowing or selection of symbiont partners with ontogeny in *M. capitata*
and indicate that increased photosynthetic capacity with age is driven by the growth and
physiology of a stable, mixed *Cladocopium* sp. and *D. glynnii* symbiont population.

Holobiont function is driven by metabolic linkages and nutritional cycling between the
host and symbiont, and the associated microbial communities (39, 40), but the nutritional
relationships between corals and associated bacteria across ontogeny has not been elucidated.
Previous work found that nitrogen was translocated between *Pocillopora damicornis* larvae and
associated bacteria and was subsequently incorporated into Symbiodiniaceae populations,
illustrating microbial influences on nutritional functionality (41). We characterized bacterial
communities in *M. capitata* to test the hypothesis that shifts in bacterial associations co-occur with
ontogenetic shifts in metabolism. Indeed, bacterial communities varied significantly across
ontogeny (PERMANOVA, SS=4.879, R^2=0.643, F(7,17)=4.378, *P*=0.001; SI Appendix, Fig S3A),
with alpha diversity peaking during metamorphosis and recruitment (One-way ANOVA; Shannon:
SS=20.247, F(7,17)=22.31, *P*<0.001; Inverse Simpson: SS=1.69e4, F(7,17)=17.46, *P*<0.001) (SI
Appendix, Fig S3B). This pattern was also observed in the bacterial diversity of *Coelastrea*
aspera, which increases from recruit (<6 cm colony diameter) to adult colonies (>28 cm in colony
diameter), suggesting community succession with ontogeny (42). In our study, Alteromonadaceae
(*Alteromonas* sp.), *Vibrio* sp., and Pseudoalteromonadaceae (*Psychrosphaera* sp.) peak early in
development followed by Oceanospiriliaceae (unclassified) increasing in mid-development (SI
Appendix, Fig S3CD). In late development, the relative abundance of Rhodobacteraceae and
Flavobacteriaceae increases (SI Appendix, Fig S3CD). These taxa play a role in carbon (43),
nitrogen (41), sulfur (e.g., DMSP/DMS; (44), and micronutrient cycling (45) along with the
production of antimicrobial compounds (46) and, therefore, we hypothesize that an increase in
bacterial diversity could confer increased nutritional functional diversity for the host (47, 48).
Quantitative measures of nutritional production and cycling in bacterial communities across
ontogeny should be completed in future studies with approaches such as metatranscriptomics,
DNA-stable isotope probing (e.g., DNA-SIP), as well as metabolomic stable isotope probing and
microscopy techniques (e.g., NanoSIMS) to test this hypothesis (49).

B. Transitions from parentally provisioned lipid metabolism to symbiont-derived
carbohydrate and lipid metabolism contribute to developmental energy demands
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Adult corals meet their energy needs through nutritional exchange with Symbiodiniaceae
(3). However, it is unclear how this exchange is initiated in early life stages and when the
transition from using parental reserves to relying on symbiont resources occurs. Previous work
has examined nutritional exchange only in the larval stage or at a discrete time point and focuses
primarily on brooding species (21, 22). To improve our knowledge of these early symbiotic
relationships, we studied the metabolic and molecular mechanisms of nutrient exchange across
different life stages in a longitudinal approach across development. We characterized gene
expression and metabolomic patterns through TagSeq (50) and liquid chromatography–mass
spectrometry (LC–MS) metabolomics profiling (*sensu;* (51)), respectively, and assessed these
data via weighted co-expression network (WCNA; (52), and functional enrichment analyses
(GOSeq Biological Processes ontology, $p<0.001$; MetaboAnalyst, $p<0.05$). Strong gene
expression (PERMANOVA; SS=3.18e5, R^2=0.751, F(9,28)=9.362, P=0.001; SI Appendix, Fig
S4A) and metabolic (PERMANOVA; SS=5.39e3, R^2=0.644, F(12,34)=5.122, P=0.001; SI
Appendix, Fig S4B) temporal signatures were seen across ontogeny. Based on separate gene
(Fig 2AB) and metabolite (Fig 3AB) network analyses, both genes and metabolites displayed
three ontogenetic patterns: i) decreasing across development, ii) peaking in mid-development,
and iii) increasing across development. Collectively, the results of the gene and metabolite
enrichment in each of these three patterns support increased metabolism of symbiont-derived
nutrition corresponding to the timeline of increased energy demand, which we describe below.

i. Early development: parentally derived metabolic building blocks

Parentally provisioned transcripts and macromolecules provide the molecular capacity
and energy required for rapid cell proliferation and growth during coral embryonic development
(53). In early development, embryos undergo a reorganization of tissues and cellular structures,
gastrulation and differentiation of germ layers, and rapid cell proliferation. These processes
require structural molecules and metabolic building blocks (e.g., glycogen, amino acids, lipids)
and capacity for cell signaling and transport (54, 55). However, it is unclear when early life stages
of corals transition from utilizing these parental reserves to relying more heavily on symbiont-
derived nutrition. In this study, we characterized metabolic and molecular functions in fertilized
eggs (1 hpf), cleavage (5 hpf), and mid (38 hpf) to late gastrula (65 hpf) stages, encompassing
the maternal to zygotic transcriptional transition previously identified in this species (53) and seen
here between expression at 38 and 65 hpf (SI Appendix, Fig S4A). Throughout *M. capitata*
embryonic stages, we observed strong signals of the utilization of parentally provisioned energy
reserves including lipid and carbohydrate reserves. Specifically, there was enrichment of genes
involved in the metabolism of amino sugars and simple carbohydrates (Fig 2C) and lipids (lipid
catabolic process) and activation of immune and apoptosis regulation systems (regulation of
kappaB, NF-kappaB, and hippo signaling) facilitated by cell signaling (G-protein coupled receptor
regulation, signal transduction regulation, steroid metabolism) and transport (organic substance
and amino acid transport and ion transport) (Fig 2DE). Further, there was an accumulation of
metabolites that result from the catabolism of stored carbohydrates (monosaccharides,
tricarboxylic cycle acids) and derivatives (glycosyl compounds) (Fig 3C), with metabolomic
enrichment of pathways that generate metabolic coenzymes and dinucleotides (NAD+/NADH;
nicotinate and nicotinamide metabolism; Fig 3D).

These findings demonstrate that the energy demand of cell proliferation and signaling
functions during embryonic development is met by parentally provisioned reserves with limited
evidence for symbiotic nutritional exchange. These results are supported by previous
observations of lipid and simple carbohydrate metabolic processes in aposymbiotic larvae (56).
Under environmental stressors, maintaining energetic homeostasis in adult tissues reduces the
energy available for gamete provisioning (57), which may compromise coral capacity to supply
sufficient resources to offspring in subsequent reproductive events following stress (58).

ii. Mid-development: initiating nutritional exchange and regulating symbiosis

Research comparing lipid use in aposymbiotic (horizontal transmitters) and symbiotic
(vertical transmitters) larvae indicates that symbiont-derived nutrition can be utilized in the first
week of life (19). However, the timing of the metabolic shift from parental reserves to symbiont-
derived resources and the extent of its contribution are unclear. Specifically, of the lipids
consumed in a spawned aposymbiotic larvae, 26% of these are consumed in the first 3 days of
life, while in brooded symbiotic larvae, it takes twice the time for only 16% of their lipid reserve
consumption to occur (19). It is possible the lower lipid consumption in the brooded symbiotic
larvae reflects the cost savings from already completing the intense demands of cell division for
development. In contrast, our data indicate that in a vertically transmitting spawning coral,
symbiotic nutrition can supplement stored lipid reserves to support developmental processes, and
thus the longevity of lipid stores and potential pelagic duration could be extended. The initial
signatures of metabolism of symbiont-derived nutrition are clearly present by mid-development
(65-163 hpf) in *M. capitata* ontogeny (Fig 2CDE). In the coral-Symbiodiniaceae symbiosis,
metabolites transferred from symbionts to the coral host produced through photosynthesis include
glucose, glycerol, galactose, amino acids, fatty acids, and organic acids (59–62). In *M. capitata*,
enrichment of genes peaking during the swimming larval stages (93-183 hpf) revealed processes
involved in glucose and fatty acid metabolism and enrichment of metabolic derivatives of lipids
and carbohydrates. This indicates that concurrent with increased symbiont density and
photosynthetic rates, these larvae have the molecular machinery and metabolic capacity to utilize
photosynthates.

Glucose, a major metabolite involved in nutritional transfer between symbiont to host
(63), is one of the first metabolites utilized by the host at the onset of host-symbiont nutritional
exchange in this study. In mid-development, genes involved in glucose and monosaccharide
metabolic processes (Fig 2C) are enriched along with metabolite derivatives of tricarboxylic acid
cycle metabolism (Fig 3C) resulting from glucose metabolism. To facilitate the translocation and
metabolism of carbohydrates, carbohydrate derivative transport and carboxylic acid and organic
acid transmembrane transport are active in larval stages (Fig 2E). Utilization of carbohydrates in
larval stages supports prior observations that symbiotic larvae use stored reserves at lower rates
due to the added energy supplement from symbiont photosynthates (21).

Fatty acids are energy-rich compounds that are largely acquired from the symbiont (e.g.,
saturated and polyunsaturated fatty acids, docosahexaenoic acid, arachidonic acid, and palmitic
acid) (64, 65). However, the role of symbiont-derived fatty acids in supporting developmental
costs in the early life history of symbiotic corals is not well understood. In adult corals, fatty acids
translocated from the symbionts can be directly metabolized through beta-oxidation in the
epidermis, and, simultaneously, excess translocated glucose can be used to synthesize fatty
acids in gastrodermis cells and subsequently stored as neutral lipids or wax esters for later use
(66). Our data indicate that both processes are occurring in larval stages. First, there was
enrichment in fatty acid oxidation (Fig 2D) along with metabolomic enrichment of fatty acids and
conjugates and short-chain acids and derivatives (Fig 3C), suggesting that fatty acids from the
symbiont are translocated, evidenced by enrichment of organic acid transmembrane transport,
and directly metabolized (Fig 2DE). Second, genes involved in fatty acid derivative biosynthesis
and positive regulation of lipid biosynthetic processes were enriched, demonstrating that the host
is also synthesizing fatty acids from carbohydrate sources and building stored reserves (Fig 2D).
Throughout ontogeny, genes involved in lipid metabolism and regulation and lipid catabolism are
enriched, indicating continual utilization of stored lipid reserves to support developmental costs
(Fig 2D) (19, 21). Because the metabolism of one class of storage lipids, triacylglycerides, does
not emerge until late development (described below), lipid metabolism in mid-development is
most likely from the catabolism of wax ester stores, which is the largest lipid fraction in coral
tissues and the primary lipid energy source in larvae (18, 19). As the contribution of
photosynthates increases translocated fatty acids, these compounds may be utilized to rebuild
depleted wax ester stores as development progresses. Our understanding of ontogenetic shifts in

lipid translocation and utilization would be improved by the characterization of lipid classes and
fatty acid profiles (e.g., (67)) across life stages in vertically transmitting species.

Nitrogen cycling is a critical component of maintaining a stable symbiotic state, since
active host nitrogen limitation to the symbionts can enhance the translocation of excess
photosynthetically fixed carbon back to the host (5, 28, 68). These processes are at play in early
life stages, for example, in brooded *P. damicornis* larvae, exposure to increasing ammonium
conditions resulted in increased symbiont population growth (20) and nitrogen transfer has been
observed between the larval host and associated bacterial and Symbiodiniaceae communities
(41). However, the role of nutrient cycling in establishing symbiotic nutritional exchange across
early life history stages has not been characterized. Critically, our data demonstrate that nitrogen
cycling occurs during periods when symbiotic nutritional exchange is initiated. Specifically, in mid-
development at the swimming larval stages, there was enrichment in alanine, aspartate, and
glutamate metabolic pathways (Fig 3D). This observation indicates that nitrogen acquisition via
ammonium assimilation into amino acids is occurring through the sequential activity of glutamine
synthetase and glutamine synthase. These results are consistent with previous observations that
this pathway contributes to nitrogen uptake and subsequent recycling between the host and
symbiont (69) and is seen also by its upregulation in symbiotic cnidarians (*Aiptasia* sp.; (66)).

As metabolic activity increases to fuel developmental demands and photosynthetic rates
increase with Symbiodiniaceae cell density, we observed that larvae employed reactive oxygen
species (ROS) metabolism and management of cellular stress, indicated by enriched gene
functions for regulation and metabolism of ROS and immune and stress response signaling
(terpenoid and sphingolipid metabolism, protein kinase B signaling) (Fig 2E) (17, 70–72). These
results demonstrate that the metabolic transition towards increased utilization of symbiont-derived
nutrition begins in larval stages in *M. capitata* and therefore represents a critical period of
development that could be energetically sensitive to symbiotic disruption and dysbiosis.
Previously, it has been hypothesized that early nutritional exchange has negligible contributions
to organismal metabolic demand in larval stages relative to the contributions at adult stages (22).
In contrast, our data suggest a key role for symbiont-derived products by mid and late
development, even if they are generated and translocated at lower levels than in the adult.

iii. Late development: integrating metabolism to meet energetic demand

In late development (metamorphosis and attached recruits; 183-255 hpf), host-symbiont
metabolic interaction increased, demonstrating a greater contribution of symbiont-derived
nutrition to support the energetic demands of metamorphosis and settlement. Our data indicate
utilization of carbohydrate photosynthates, specifically glucose and galactose (63, 73), in late
developmental stages supported by enrichment of glucose, hexose, and monosaccharide
metabolism, catabolism, and biosynthesis genes (Fig 2C), monosaccharide and galactose
metabolism metabolites (Fig 3CD) and the transport of organic compounds (Fig 2E). Our finding
that gene expression and metabolism increased concurrent with elevated symbiont
photosynthesis are aligned with previous observations that carbohydrate metabolism and
transport genes are upregulated during the day in adult tissues of the confamilial species
Acropora cervicornis when photosynthetic activity is highest (74). However, there is variability by
species and life stage in metabolism and carbohydrate usage dependent on diel cycles and
energetic priorities (e.g., investment in calcification or reproduction) (75, 76). Shifts in
carbohydrate utilization should be examined across life stages in the context of energy demands
in future work.

Complex carbohydrates were also metabolized in attached recruits indicated by
enrichment of disaccharide metabolites and starch and sucrose metabolic pathways (Fig 3CD) in
addition there was usage of stored carbohydrates demonstrated by enrichment of glycogen,
cellular glycan, and glucan metabolism genes (Fig 2C), which are known to be provided by the
symbiont and/or generated through the metabolism of stored lipids (77, 78). Our results

demonstrate that the post-settlement energetic demand requires the utilization of translocated
and stored sources of carbohydrates in *M. capitata* late developmental stages. This supports
previous hypotheses by (22, 24) that nutritional exchange is more meaningful to post-settlement
energy demand than in larval stages. This is also consistent with observations that under other
energetically stressful conditions, such as thermal stress bleaching, pools of both simple and
complex carbohydrates are depleted (77, 79). Additionally, utilization of carbohydrate resources
in attached recruit stages may be in response to energy requirements of early calcification.
Indeed, in late development, there was upregulation of inorganic ion and cation import across
plasma membranes (Fig 2E), which transport ion substrates (e.g., bicarbonate) to the site of
calcification (80). Another indicator that nutritional exchange is occurring in attached recruits is
through the enrichment of phenylalanine, tyrosine, and tryptophan metabolism (Fig 3D), which
are essential amino acids translocated from the symbiont (81) and facilitated by amino acid
transmembrane transport genes (Fig 2E) (66).

Similarly, we found evidence that both translocated (fatty acids) and stored lipids
(triglycerides and wax esters) are important energy sources during metamorphosis and
settlement (Fig 2D) (60). Fatty acid beta-oxidation and metabolism genes (Fig 2D) continued to
be expressed corresponding to the enrichment of short chain acids and derivative metabolites
(Fig 3C) and genes involved in organic acid transport (Fig 2E). Notably, the enrichment of genes
involved in triacylglycerides (also referred to as triglycerides), emerged in late development (i.e.,
triglyceride metabolic process) (Fig 2D). In several studies (18, 19, 21), triacylglycerols are
present and metabolized in symbiotic larvae, but not in aposymbiotic larvae, and is therefore an
indicator that symbiont-derived lipid products are synthesized into triacylglyceride stores in the
host and used to meet energy demand. Continued enrichment of lipid metabolic processes and
neutral lipid metabolism (Fig 2D) indicates that wax ester stores are simultaneously metabolized
to support late developmental stages. The capacity to supplement energy demand with symbiotic
nutrition can extend the period of lipid catabolism during larval stages, potentially expanding
pelagic duration, survival, and dispersal potential in vertical transmitters (21).

The enhancement of products for increased metabolic demands is not, however, without
its dangers (23, 82). For example, ROS damage and transcriptional responses have been seen in
symbiotic *Acropora intermedia* larvae (144-216 hpf) under increased temperatures (83),
corresponding to the stages where we observed enrichment in ROS regulation in mid and late
developmental stages (65 through 231 hpf). Specifically, ROS regulation, sphingolipid and
ceramide metabolism, and sterol transport genes were expressed in late development (Fig 2E),
which have been shown to assist with mitigating cellular stress and increasing membrane stability
(71, 72). In addition to redox balance challenges and free radical repair, increases in energetic
stress during metamorphosis and recruitment may also enable pathogenic infections (84). We
documented enrichment in anti-microbial metabolic pathways (i.e., neomycin, kanamycin,
gentamicin biosynthesis) (39, 85, 86) in recruits, which may result from defense to pathogenic
infections and/or defense against benthic microbial communities during settlement (87). These
results demonstrate that metabolic interaction and integration between the host and
Symbiodiniaceae increases in late development, representing an ontogenetic window that relies
heavily on the input of symbiotic nutrition in vertically transmitting species to progress through the
costly process of metamorphosis and settlement.

C. Conclusions
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As climate change stressors increase, successful reproduction and recruitment is critical
for coral reefs to persist. Because development is energetically demanding, access to symbiont-
derived resources could buffer these costs. However, the contribution of symbiotic nutritional
exchange to development has been debated and the ontogenetic shifts in host-symbiont
metabolic interactions is unclear. Our integrative and multi-omic approach across an ontogenetic
time series in *M. capitata* revealed that in larval stages, symbiont-host nutritional exchange
begins, followed by increased utilization of photosynthetic products through metamorphosis and

settlement (Fig 4). We documented increased diversity in the associated bacterial communities
across ontogeny that suggest enhanced holobiont functionality and microbial interaction through
settlement. Increased metabolic interaction and complexity in attached recruits, evidenced by the
metabolism of both stored and symbiont-derived carbohydrates and lipids, shows that symbiotic
nutrition is an important energy source as early life stages progress through settlement (Fig 4).

We demonstrate that the energetic costs of development and demands against the
limited bank of energy reserves can be buffered by symbiont-derived nutrition in vertically
transmitting corals, especially in post-settlement stages and could outweigh energetic
vulnerabilities to symbiotic light stress (23). However, in horizontal transmission, the dominant
reproductive strategy in reef-building corals (16), the metabolic contribution of symbiont-derived
nutrition will depend on the timing of symbiont acquisition ranging from larval to recruit stages
(24). As developmental costs increase with climate change (15), access to symbiotic nutrition
earlier in development may provide energetic advantages in horizontal transmitters. Reducing
environmental stress during the larval and post-metamorphosis when nutritional exchange is
being established and is essential contributing to high energy requirements could be a key
intervention to enhance recruitment and post-settlement survival on reefs.

Materials and Methods
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423 All raw and processed data and bioinformatic and statistical code are archived openly and are
424 available at https://github.com/AHuffmyer/EarlyLifeHistory_Energetics/releases/tag/v1.0.0 and
425 Open Science Framework (88). Raw sequence files are stored on the NCBI Sequence Read
426 Archive under project PRJNA900235.

427   *A. Gamete collection and developmental rearing*
428
Montipora capitata is a hermaphroditic broadcast spawning, vertically transmitting coral
species that is a dominant reef-builder in Kāneʻohe Bay, Oʻahu, Hawaiʻi where this study was
conducted (Fig 1B). During the July 2020 spawning period, *M. capitata* egg and sperm bundles
were collected on the night of the new moon (21:00 h) by scooping spawned bundles from the
surface of the water in Kāneʻohe Bay. Bundles were then transported to the laboratory at the
Hawaiʻi Institute of Marine Biology (HIMB), fertilized at 27.5°C and added to 20 L conical rearing
vessels (N =30) supplied with 1 μm filtered seawater (FSW) at 27.5°C and <50 μmol photons m^{-2}
s^{-1} (photosynthetic active radiation; PAR) (Fig 1B). Embryos were reared in conical vessels
through development to the swimming larval stage (Fig 1B). At approximately 165 hours post-
fertilization, larvae were transferred in 53 μm mesh-bottom plastic bins to outdoor flow-through
seawater tables for settlement containing aragonite settlement plugs (circular surface; 2.85 cm^2)
conditioned for 3 days in seawater. Settlement was conducted at ambient temperature (~28°C)
and light of <100 PAR. Two settlement states were sampled in this study - larvae that
metamorphosed and attached to the surface of aragonite plugs (Fig 1B) and those that
metamorphosed without attachment (i.e., metamorphosed polyps). We sampled time points
across the early life history of *Montipora capitata* including fertilized eggs (1 hour post-fertilization,
hpf), embryos (cleavage at 5 hpf, late gastrula stage at 38 and 65 hpf), larvae (93, 163, 183, 231
hpf), metamorphosed polyps (83 and 213 hpf), and attached recruits (183, 231, and 255 hpf) (Fig
1A) for molecular, metabolomic, physiological, and amplicon sequencing assays. Detailed
methods for this study are described in SI Appendix, Supplementary Methods.

B. Respirometry
450
Respiration (oxygen consumption) and photosynthesis (oxygen production) rates were
measured using an Oxy-10 Sensor Dish Reader (PreSens Precision Sensing) in combination with
a 24-well microplate (80 μL; Loligo Systems) at six time points: embryos (65 hpf), larvae (93, 183,
and 231 hpf) and metamorphosed polyps (183 and 231 hpf) (Fig 1A). Six individuals were added
to each microplate well filled with 1 μm FSW and sealed with glass coverslips. Oxygen production

(photosynthesis) was first measured under light conditions (~500 PAR) followed by measurement
of light-enhanced dark respiration (LEDR, hereafter referred to as "respiration"). All
measurements were conducted at 28°C. Light levels during photosynthesis measurements are
within the saturating irradiance for adults of this species (89), but photosynthesis-irradiance
curves were not conducted at the early life stages and therefore, we only focus on relative
comparisons between life stages in this study. Photosynthesis and respiration rates were
extracted using localized linear regressions and calculated as nmol O_2 individual^{-1} min^{-1}.
Photosynthesis:respiration ratios (P:R) were calculated as gross photosynthesis divided by
respiration. Normality of residual and homogeneity of variance were assessed using quantile-
quantile plots and Levene's tests in the *car* package, respectively (90) in R Statistical
Programming v4.2.2 (91). Metabolic rates were then analyzed using non-parametric Kruskal-
Wallis tests with time point as the main effect.

C. Size and symbiont cell density

At each time point (Fig 1A), individuals were collected across multiple rearing vessels (*n*
= 3-5 conicals or bins), pooled, fixed in 4% paraformaldehyde for 24-36 h then stored in 70%
ethanol at 4°C (*n* = 4 samples per time point; approx. 100 individuals per sample) for size and
symbiont density measurements. Samples were digitally photographed using a dissecting light
microscope with a stage micrometer. Size was calculated as the volume of randomly selected
individuals (*n* = 15) from each sample in ImageJ (92). We did not measure the size of attached
recruits on plugs because recruits often settled in aggregation, preventing measurement of
individual size. We tested for differences in size between life stage time points using a non-
parametric Kruskal Wallis test.

Symbiont cell density at each developmental time point (Fig 1A) was measured by
conducting replicate cell counts (n = 6-8) of homogenized tissue using a hemocytometer and
normalizing to the number of individuals in the sample (egg through metamorphosed polyps; cells
individual^{-1}), or total surface area of tissue sampled (attached recruits; cells mm^{-2}). Symbiont
densities were analyzed using a one-way ANOVA test with developmental time point as the main
effect. Differences in symbiont cell densities between time points in attached recruits (symbiont
cells per mm^2) were analyzed separately using a non-parametric Kruskal Wallis test.

D. Gene expression in the coral host

Samples were preserved in DNA/RNA Shield (Zymo Research) or obtained from tissue
scraped from settlement plugs that were snap-frozen in liquid nitrogen (Fig 1A). RNA and DNA
extractions were performed with the Quick DNA/RNA Miniprep Plus Kit (Zymo Research Catalog
#7003) according to the manufacturer's instructions (see protocol in data repository; (88)). We
sequenced RNA using TagSeq, which is a 3' short transcript method that is a cost-effective
alternative to RNAseq and allows for accurate estimates of transcript abundance (50). Library
preparation was adapted for sequencing on one lane of Illumina NovaSeq 6000 SR100 with
standard coverage of 3-5 million 100 bp single end reads (University of Texas Austin, Genomic
Sequencing and Analysis Facility). Sequence reads were trimmed and filtered for quality control
and aligned and mapped to the *M. capitata* reference assembly (93) to generate a gene count
matrix (SI Appendix, Supplementary Methods). Gene expression across developmental time
points was first visualized using a principal component analysis (PCA) and tested using a
permutational analysis of variance (PERMANOVA) in the *vegan* package (94). Gene expression
was then analyzed using a weighted gene co-expression network analysis (WGCNA) in the
WGCNA package (52) and assigned to modules by expression pattern. Functional enrichment of
genes in each module was conducted by analyzing the list of genes associated with each
ontogenetic pattern using gene ontology (GO) enrichment analysis in GOSeq (95) and published
functional annotation accompanying the reference genome (93). Significantly enriched GO terms

were filtered to select terms of interest related to carbohydrate metabolism, lipid metabolism, and
communication and transport (SI Appendix, Supplementary Methods).

E. Metabolomics
509

Samples for metabolomic analysis were snap-frozen in liquid nitrogen and stored at -
80°C (Fig 1A). Metabolites were extracted from the coral host fraction according to (51) and
identified and quantified at the Rutgers Cancer Institute of New Jersey Metabolomics facility using
hydrophilic interaction liquid chromatography separation and liquid chromatography-mass
spectrometry (LC-MS) quantification (SI Appendix, Supplementary Methods). Ion counts for
identified metabolites were center normalized to the respective sample median and $\log_{10}$
transformed. We examined metabolomic profiles across development using supervised partial
least squares discriminant analysis (PLS-DA) in the *mixOmics* package (96). To detect
metabolites that correlated with developmental time points, we conducted a weighted correlation
network analysis (WCNA) in the *WGCNA* package (52) Metabolites were then analyzed for
enrichment of compound class and KEGG pathways using the list of metabolites associated with
each ontogenetic pattern in MetaboAnalyst v5.0 web interface (97).

F. ITS2 amplicon sequencing
523

ITS2 amplicon sequencing was conducted to identify Symbiodiniaceae communities from
extracted DNA across time points (Fig 1A). A two-step PCR protocol was used to prepare PCR
products for sequencing according to a modification of the Illumina 16S Metagenomic
Sequencing Library Preparation protocol (see protocol in data repository; (88)) to amplify the ITS2
region of Symbiodiniaceae nuclear ribosomal DNA using published primers (98). Samples were
sequenced on an Illumina MiSeq platform (Illumina, San Diego, CA) using 2x300 bp paired-end
sequencing at the RI-INBRE Molecular Informatics Core (Kingston, RI). Sequences were quality
controlled and subsampled to even sequencing depth and analyzed locally to identify
Symbiodiniaceae Defining Intragenomic Variants (DIVs) that determine ITS2 type profiles using
the SymPortal workflow (35). Relative abundance was calculated and visualized for DIVs at >1%
relative abundance. Alpha diversity of DIVs was calculated using Shannon and Inverse Simpson
indices and analyzed using one-way ANOVA with time point as the main effect. Shifts in
Symbiodiniaceae communities (Bray-Curtis dissimilarity) were visualized across ontogeny using a
non-metric multidimensional scaling analysis (NMDS) in the *phyloseq* package (99).

G. 16S rRNA amplicon sequencing
539

To identify microbial communities, we conducted 16S rRNA amplicon sequencing across
development (Fig 1A). Extracted DNA was prepared using a two-step PCR protocol using
published primers for the 16S rRNA V4 variable region (100). Samples were then sequenced on
an Illumina MiSeq (Illumina, San Diego, CA) for 2x300 bp paired-end sequencing at the RI-
INBRE Molecular Informatics Core. We conducted data analysis using the *mothur* analytical
pipeline (v1.46.1) (101) including filtering, alignment to the Silva database (release 138.1; (102)),
removal of chimeras, and subsampling (900 sequences) to quantify operational taxonomic units
(OTU). Due to low bacterial sequences, 13 out of 39 samples were removed after subsampling.
The removed samples included egg (1 hpf), embryo (5 hpf), and half of the samples at 38 and 65
hpf stages, indicating low bacterial sequences generated from the earliest life stages in the time
series, which corresponded to samples with low DNA concentration during extraction. Shifts in
bacterial communities (Bray-Curtis dissimilarity) across ontogeny were visualized using a non-
metric multidimensional scaling analysis (NMDS) in the *phyloseq* package (99). Taxa abundance
was calculated as percent relative abundance and filtered to those present at >0.5% for
visualization at the genus level. Alpha diversity was calculated using Shannon and Inverse
Simpson indices. Changes in alpha diversity across development were analyzed using a one-way
ANOVA with time point as the main effect.

Acknowledgments

We are grateful for the logistical support provided by the Coral Resilience Lab and the Hawaiʻi Institute of Marine Biology. We acknowledge Margaret Schedl for RNA extraction, Craig Nelson and Shayle Matsuda for discussions on 16S bacterial analyses, David Beck for assistance with integrative analysis and computing, Eric Chiles and Xiaoyang Su for metabolomics discussions, and the Putnam (University of Rhode Island) and Roberts Labs (University of Washington) for feedback on earlier versions of this manuscript. We acknowledge use of the computational resources of the URI Center for Computational Research for this work. As guests, we recognize and give thanks for the land and water resources of the 'āina and the traditional owners of the land, kānaka 'ōiwi, both past and present, as well as future generations, on which this experimental work was conducted in the Kāneʻohe Ahupua'a and the islands of Hawai'i.

Funding

This research was supported by the National Science Foundation Ocean Sciences Postdoctoral Fellowship to ASH (award no. 2205966), US-Israeli Binational Science Foundation to HMP and TM (award no. BSF 2016-321), National Science Foundation Rules of Life-Epigenetics (award no. EF-1921465) and a gift of the Washington Research Foundation to the University of Washington eScience Institute.

Data Availability

Data and scripts are available on GitHub at https://github.com/AHuffmyer/EarlyLifeHistory_Energetics/releases/tag/v1.0.0 and Open Science Framework (OSF) (88). Raw sequence files (TagSeq, ITS2, and 16S) are stored at the NCBI Sequence Read Archive under project PRJNA900235. Raw and processed metabolomic data are archived at OSF (88).

Author Contributions

Author contributions: A.S.H. and H.M.P. designed research; A.S.H. performed research and sample collection; A.S.H., K.H.W., D.M.B., and E.S. collected and analyzed data; A.S.H. wrote the manuscript and K.H.W, D.M.B., E.S., T.M., and H.M.P. revised the manuscript. All authors approved the final submission.

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Figure 1. Study overview and physiological responses across ontogeny. (A) Variables measured
across *Montipora capitata* development. Filled squares indicate response variable was sampled
at the respective time point; white squares indicate the response was not measured or data is not
available. Color corresponds to major life history grouping (eggs=brown, embryos=yellow,
larvae=cyan, metamorphosed polyps=green, attached recruits=pink). hpf indicates hours-post-
fertilization. (B) Photographs of 1 – *M. capitata* colony; 2 - Conical larval rearing chambers, photo
credit: Josh Hancock; 3 - Planula larvae, note pigmentation due to presence of symbiont cells,
scale bar indicates 1 mm; 4 - Close up image of attached recruits on settlement plug, scale bar
indicates 1 mm. (C) Respiration (filled squares; oxygen consumed (note that lower values
indicate higher oxygen consumption); μmol O$_2$ larva^{-1} min^{-1}), gross photosynthesis (open circles;
oxygen produced; μmol O$_2$ larva^{-1} min^{-1}), and photosynthesis:respiration ratio (closed diamonds;
oxygen produced:oxygen consumed; P:R on the secondary y-axis) during development in *M.*
capitata. P:R displayed as mean ± standard error of mean. Dashed line is plotted at zero on the y
axis; dotted line indicates P:R ratio of 1:1. Developmental time point indicated on the x axis with
colors indicating life stage. (D) Symbiont cells per individual across development in eggs through
metamorphosed polyps. (E) Symbiont cells per mm^2 surface area in attached recruits.

Figure 2. Gene expression across *Montipora capitata* ontogeny. (A) WGCNA analysis with
modules of genes (y axis) with positive eigengene expression (red) and negative expression
(blue) correlated with life stage (x axis). Bold values indicate a module is significantly related to
the respective life stage ($P<0.05$). (B) Modules were characterized by the ontogenetic pattern of
eigengene expression (y axis) - decreasing across development, peaking in mid-development, or
increasing across development. Life stage groupings indicated by colors (eggs=brown,
embryos=yellow, larvae=cyan, metamorphosed polyps=green, attached recruits=pink). Trends
lines were plotted using the loess method. Genes in modules of each ontogenetic pattern were
functionally annotated using GOSeq at Biological Process ontology. Significantly enriched GO
terms ($P<0.001$) displayed for terms related to (C) carbohydrate metabolism, (D) lipid
metabolism, and (E) communication and transport. Point size indicates number of genes included
in category; color indicates adjusted p-value.

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Figure 3. Metabolomics across *Montipora capitata* ontogeny. (A) WCNA analysis with modules of
metabolites (y axis) with positive eigengene expression (red) and negative expression (blue)
correlated with life stage (x axis). Bold values indicate a module is significantly related to the
respective life stage (P<0.05). (B) Modules were characterized by ontogenetic pattern of
eigengene expression (y axis) - decreasing across development, peaking in mid-development, or
increasing across development. Life stage groupings indicated by colors (eggs=brown,
embryos=yellow, larvae=cyan, metamorphosed polyps=green, attached recruits=pink). Trends
were plotted using the loess method. Metabolites in modules of each ontogenetic pattern were
functionally annotated to (C) compound classes and (D) KEGG pathway levels. Point size
indicates number of metabolites ("Hits") included in category; color indicates adjusted p-value.
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Figure 4. Relative change in response variables across a *Montipora capitata* developmental time series. Responses are characterized as energy demand (black; size and respiration), metabolomic responses (blue; metabolomic ontogenetic patterns with key functional enrichment terms), molecular responses (red; gene expression ontogenetic patterns with key functional enrichment terms), microbiome diversity (gray; Symbiodiniaceae ITS2 alpha diversity and bacterial 16S alpha diversity), and photosynthetic capacity (orange; gross photosynthesis [P gross] and symbiont density). Loess lines were plotted to indicate trends across life stages. Dashed line indicates no relative change. Relative change calculated from the earliest available life stage in each data set. TAG = triacylglycerides.