Hydrogel Microdroplet-Based Digital Quantitative Polymerase Chain Reaction

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Abstract

Droplet digital PCR (ddPCR) is accurate in nucleic acid quantification due to owing to its linearity and high sensitivity. Amplification of nucleic acid in droplets, however, is limited by the stability of droplets against thermal cycling. While the use of fluorinated oil or supplementation of surfactant could improve the stability of droplets, this process has also greatly increased the cost of ddPCR and limited post-PCR analysis. Here, we report a novel method to prepare hydrogel microdroplets encapsulating PCR reaction mix, conducting PCR reaction, and readout by either qPCR system or fluorescence microplate reader. We demonstrate the approach by comparing our method to existing method, i.e., quantitative PCR or vortex ddPCR. Our approach results in higher fluorescence intensity compared to ddPCR suggesting higher sensitivity of the system. As hydrogel microdroplets are more stable than droplets in fluorinated oil throughout thermal cycling, all droplets can be quantified, thus preventing the loss of information from low-concentration samples. Our approach should extend to all droplet-based PCR method, which includes digital PCR and isothermal amplification. Generally, our approach has greatly improved ddPCR by increasing droplets stability and sensitivity, and reducing the cost of ddPCR, which help to remove the barrier of ddPCR in settings with limited resources.

Keywords: hydrogel; droplet digital polymerase chain reaction; nucleic acid quantification; gel droplet digital polymerase chain reaction

Competing Interests

The authors declare no competing interests.

Technologies for nucleic acid quantification are important for science, industry, public health, and medical diagnosis.

Quantitative polymerase chain reaction (qPCR), which measures the relative concentration of target nucleic acid by

monitoring the exponential rise of nucleic acid amplification within each enzymatic reaction cycle[1, 2] has emerged as the

gold standard for its wide dynamic range and high specificity depends on probe. However, cumbersome optimization process

is required for qPCR to obtain reliable and reproducible result[3]. Absolute quantification of nucleic acid based on qPCR can

be further complicated and misleading due to unique background and contamination derived from polymerase[4]. In contrast,

digital PCR (dPCR) based on limiting dilution of sample, such that each part of sample contains only one or no target molecule,

detect sample after end-point amplification, enumerate number of positive parts of sample and yield concentration of target

by statistics[5–7]. dPCR possess numerous advantages compared to qPCR, including absolute quantification without the needs

of calibration curve, enhanced accuracy for small concentration (samples with quantification cycle, $C_q \geq 29$)[8, 9], increased

resistance against reaction inhibition[10], and ability to differentiate fragmented from intact molecules[11, 12], which make

dPCR a valuable tool for clinical applications.

Droplet dPCR (ddPCR) is a variation of dPCR which rely on active emulsification method to compartmentalize samples into

small volume of monodisperse droplets in oil[13, 14]. While ddPCR is exhibit an improved accuracy compared to other PCR

approaches, requirement of equipment for active emulsification increases the cost of PCR and the barrier of adoption, which

has limited the widespread of this technology. Furthermore, concerns remained for the stability of droplets throughout multiple

thermal cycles required for nucleic acid amplification. While previous study has suggested that interaction of sodium bis(2-

ethylhexyl) sulfosuccinate or polyglycerol polyricinoleate with bovine serum albumin at the interface of droplets could

stabilize droplet during thermal cycle[15], use of proteins is not favorable, as autofluorescence from proteins might affect

sensitivity of ddPCR system. To address this issue, fluorinated oil and fluorinated surfactant were used to reduce droplet

coalescence during thermal cycling. Nevertheless, fluorinated surfactant does not completely prevent coalescence of droplets,

i.e., fluorinated oils have densities between $1.4 - 1.9$ g cm^{-3}, e.g., FluoOil series by Emulseo has density ranging from $1.61 -$

1.85 g cm^{-3} [16], which results in the floating of droplets on oil, and can cause aggregation and coalescence. Furthermore,

global supply of fluorinated surfactant and fluorinated oil is limited, and the cost is high. For instance, 10 ml 2% fluorinated

surfactant (FluoSurf by Emulseo) in fluorinated oil (Novec HFE 7500 by 3M) cost US$ 240.00 [17] (12th January 2023). On

the other hand, irreversible interfacial stability provided by fluorinated oil has limited the downstream application of droplets,

e.g., next generation sequencing due to complexity in nucleic acid recovery. To further improve the stability of droplet, to

reduce the cost of ddPCR, and to expand potential application of ddPCR by enabling post-ddPCR droplet manipulation, thus

yield its benefit for wide range of applications, a new approach for droplets stabilization is required.

In this study, we demonstrate droplet stabilization with hydrogel. Rather than stabilization of phase interface, reversible

solidification of reactor will provide higher mechanical and thermal stability to droplets. We mix the nucleic acid and PCR

reagent with sodium alginate and crosslink sodium alginate gel with group 2 metal ion. We have selected barium as crosslinker

against calcium. Whilst calcium has been widely used to crosslink alginate hydrogel, it is known to be a polymerase inhibitor.

Compression of hydrogel microdroplets against 2 pieces of glass slides suggested that the hydrogel microdroplets is stable

against mechanical forces. With this stability, we could generate and maintain droplet in soybean oil or mineral oil, which the

price is $< 10^{-3} - 10^{-4}$-fold of fluorinated oil with fluorinated surfactant, even after considering the price of alginate salt. We

demonstrate this method by quantifying influenza A virus (IAV) nucleic acid in hydrogel microdroplets by vortex ddPCR

(vddPCR)[18]. While we use vddPCR as an example, our method should apply to any dPCR approach in which the reactors

can be sealed, polymerization can be easily reversed, and the samples can be easily recovered.

Experimental

Preparation of barium alginate hydrogel microdroplet

Barium chloride (Wako Pure Chemical, Cat # 023-00195, Osaka, Japan) was dissolved in soybean oil (Wako Pure Chemical, Cat # 190-03776, Osaka, Japan) at final concentration of 20 mmol L^{-1}. While stirring, dropped 2% (w/v) sodium alginate (Wako Pure Chemical, Cat # 194-13321, Osaka, Japan) with or without red dye into soybean oil with barium chloride. The mixture was stirred for 60 s and observed with an optical microscope. To conduct qualitative analysis of compression of hydrogel microdroplet, hydrogel microdroplets were sandwiched between 2 pieces of glass slides. Then, stress was applied at the end of glass slide with a pair of clamps. The mechanical stability of hydrogel microdroplets was evaluated by observation of compression and leakage of content from hydrogel microdroplets with microscope when the diameter of hydrogel microdroplets increased by at least 10%.

qPCR and Bulk Readouts of ddPCR

Hydrolysis probe based on fluorescein and carboxytetramethylrhodamine was used in qPCR. The TaqMan Assays were rigorously designed, and the specificity of these assays were determined by the vendor (Thermofisher Scientific). The reaction mixtures were prepared by mixing 4× TaqMan Fast Virus 1-Setp Master Mix (Thermofisher Scientific, Ref # 4444427, Vilnus, Lithuania), 10^7 copies mL^{-1} influenza A virus standard DNA, primers and probes for matrix protein of IAV as in instruction. For qPCR and vddPCR assays, distilled deionized water (Nippon Gene, Cat # 318-90105, Toyama, Japan) was used as diluent, while 2% (w/v) sodium alginate solution in distilled deionized water (1% (w/v) final concentration) was used as diluent for gddPCR assays. For each assay, 20 μL reaction mix was used.

To generate droplets for ddPCR, reaction mix were vortex in 15 μL Automated Droplet Generation Oil for Probes (Bio-Rad, Cat # 1864110, USA) for 5 min, followed by addition of 15 μL Automated Droplet Generation Oil for Probes with barium chloride and vortex for another 5 min. For qPCR assays, the reaction mix were covered with 30 μL Automated Droplet Generation Oil for Probes with barium chloride to prevent measurement bias. These assays were incubated in qPCR system (Roche, LightCycler 96, Switzerland) as described in manufacturer's instruction of 4× TaqMan Fast Virus 1-Setp Master Mix, and the C$_q$ were recorded.

After incubation, the assays were transferred into a black, flat-bottom 96-well plate, and the fluorescence intensity with excitation/emission wavelength at 488/530 nm was measured with fluorescence microplate reader (Thermo Scientific, VarioSkan Lux, Singapore).

Comparison of gddPCR in Fluorinated Oil and Soybean Oil

Hydrogel microdroplets were prepared with either fluorinated oil or soybean oil as described in previous section. Then, the hydrogel microdroplets were incubated in thermal cycler. After incubation, the fluorescence intensity with excitation/emission wavelength at 488/530 nm was measured with fluorescence microplate reader. The fluorescence intensity of equal volume of fluorinated oil and soybean oil were also measured to evaluate autofluorescence. After measurement, the hydrogel microdroplet from each condition was observed with fluorescence microscope (Olympus, BX3-RFAS, China; objective lens: Olympus, UPFLN10X2, Tokyo, Japan; fluorescence mirror unit: Evident Corporation, U-FBW, Nagano, Japan; illuminator: ThorLabs, M455F1, New Jersey, USA; complementary metal-oxide semiconductor camera: Hamamatsu Photonics, C13440-20CU, Hamamatsu, Japan).

Results and Discussion

ddPCR is more sensitive than qPCR due to its nature of linearity, which allow it to accurately quantify nucleic acid, particularly at low copy number. However, high temperature will decrease viscosity of oil and increase kinetic energy of droplets, which results in increased probability of droplet coalescence. Condensation of droplets increases surface charge, which attract small droplets, and further increased the probability of coalescence. While it has been demonstrated that fluorinated oil with fluorinated surfactant could increase stability of droplets throughout PCR, some properties, e.g., high density, low surface tension, and high evaporation rates of fluorinated oil[19] will expose droplets to air, and result in evaporation of droplets during PCR, in addition to its high cost. Furthermore, stability of fluorinated oil at low temperature limits demulsification of droplets, thus limited further analysis of post-PCR products. By adding sodium alginate into reaction mix, and polymerize droplets divalent ions[20], it is possible to stabilize droplets without fluorinated oil, while increasing mechanical stability of droplets (Figure 1). In our study, barium was used instead of other divalent ions as these ions are PCR inhibitors[21]. Furthermore, conventional calcium alginate is sensitive to the presence of phosphate, citrate, sodium, and magnesium which will result in gel swelling followed by leakage of content.

Furthermore, we have also demonstrated that barium alginate is stable against mechanical stress. Compression has resulted in increased in diameter of hydrogel microdroplets from 6.65 μm to 7.38 μm. Despite of the deformation, no leakage of dye from hydrogel microdroplet was observed (Figure 1b, c), which suggested that hydrogel microdroplet is stable against mechanical stress. Moreover, a layer of shell-like structure was observed under high magnification when the hydrogel microdroplet was compressed, which suggested that surface polymerization might have occurred, and formed a barium alginate gel shell bead. Mørch et al. has investigated the distribution of alginate after cross-linking with various types of type 2 metal ions. Their study suggested that with low concentration of type 2 metal ions[22], i.e., ≤ 20 mmol L^{-1}, a rapid gelling could occur, which results in accumulation of alginate at the outer layer. In our study, we have provided evident that a gel shell might have formed at the outer layer of gel microdroplets based on the difference of color between core and outer layer, which stemmed from the difference in optical properties of gel and sol, and their response toward mechanical stress. Formation of gel shell bead with liquid core is more favorable than complete polymerization of alginate hydrogel as lower density of gel core could facilitate rapid reaction compared to solid core. Furthermore, supplementation of chelating agent, i.e., ethylenediaminetetraacetic acid to barium alginate gel could dissolved the gel shell (Figure S1) of gel microdroplets, which will enable post-analysis manipulation of droplets.

Figure 1 Mechanical stability of barium alginate hydrogel microdroplets. (a) barium alginate hydrogel microdroplets generated with soybean oil. Black arrows show the positions of gel microdroplets. Mechanical stability of gel against

mechanical stress was evaluated by micrographs of hydrogel microdroplets encapsulating red dye (b) before and (c) during

compression. Expansion of droplets due to compression was compared with black dashed line. The scale bars are 10 μm.

Recently, Abate's group has demonstrated accurate quantitation of severe acute respiratory syndrome coronavirus 2 sequences

with vddPCR[18]. The process is convenient as it does not required microfluidics, and it can be conducted entirely in bulk

processing. Furthermore, the quantitative property of vddPCR was also demonstrated by Abate's group. In this study, we have

compared our proposed method, gel ddPCR (gddPCR) to vddPCR. To ensure that all reactions were conducted under similar

conditions, fluorinated oil with barium chloride was supplemented to all assays, either to cover the reaction mix or as

continuous phase to disperse droplets. Prior study has described that dispersion of reaction mix, even with vortex

emulsification could reduce C_q of qPCR[18]. Our result has confirmed the effect of compartmentalization in reducing C_q of

qPCR (Figure 2a). Endpoint measurement with fluorescence microplate reader has shown significant increase in fluorescence

intensity in vddPCR and gddPCR assay compared to qPCR assay, while no statistical significant was observed between

vddPCR and gddPCR assay (Figure 2b). Considered both the C_q and fluorescence intensity, although supplementation of

hydrogel into reaction mix has significantly increased C_q of qPCR, however, it did not increase the fluorescence intensity,

suggesting that the difference in C_q is not practical significant. These results suggested that both vddPCR and gddPCR could

increase sensitivity of qPCR.

Figure 2 Gellification of droplets retain the efficiency of vddPCR. (a) qPCR readout of vddPCR and gddPCR suggested that

both vddPCR and gddPCR are more sensitive than qPCR. (b) Endpoint measurement of each assay. vddPCR and gddPCR

produced stronger fluorescence intensity compared to qPCR. The boxplots represent statistical analysis of data obtained from

6 independent tests. Statistical significance was evaluated by one-way analysis of variance followed by post-hoc Tukey honest

significance difference test. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$. ns indicates not significant.

While it is generally regarded that higher viscosity of hydrogel (> 80 mPa s) compared to water (10 mPa s) will result in

retarded reaction rate, in our study, PCR efficiency remained the same for both vddPCR and gddPCR as diffusion length of

reactant in droplets is short enough to overcome the effect of viscosity. On the other hand, larger variability of C_q and

fluorescence intensity were observed for gddPCR, which might be due to larger size distribution of hydrogel microdroplets

resulted from higher viscosity of sodium alginate sol compared to water. Nevertheless, higher viscosity of sodium alginate

sol will result in generation of microdroplets with larger size, which will result in production of more PCR products per target

molecule, thus increase the sensitivity of system. Higher sensitivity and signal intensity from microdroplets with larger size

has compensated the viscosity of sodium alginate sol, which results in similar efficiency between vddPCR and gddPCR.

Another advantage of gddPCR is its capability to maintain its stability without the needs of fluorinated oil or surfactant.

However, it remained uncertain whether hydrogel microdroplets generated with soybean oil without surfactant can be used in

ddPCR. To evaluate the effect of oil on gddPCR, endpoint measurement PCR products after thermal cycling of hydrogel

microdroplets generated with fluorinated oil and soybean oil were conducted (Figure 3).

Figure 3 gddPCR in soybean oil. (a) The effect of oil on gddPCR. The boxplots represent statistical analysis of data obtained

from 11 independent tests. Statistical significance was evaluated by Student's t-test. * $p < 0.05$, ** $p < 0.01$. (b) Micrographs

of hydrogel microdroplets after gddPCR. The hydrogel microdroplets from each condition was observed under fluorescence

filter and merged image of brightfield and fluorescence micrographs. Green in merge channel was signal originated from

fluorescein in fluorescence channel. The scale bars are 100 μm.

Although the fluorescence intensity of PCR products encapsulated in hydrogel microdroplets generated with soybean oil was

higher than those encapsulated in hydrogel microdroplets generated with fluorinated oil, the variance was also larger (Figure

3a). The difference of variance of fluorescence intensity might be resulted from larger droplet size dispersity for droplets

generated with soybean oil compared to fluorinated oil (Figure 3b). Previous studies have experimentally shown that viscosity

of continuous phase (oil) is a parameter of droplet size and its distribution[23, 24]. Higher viscosity of continuous phase will

result in larger size dispersity of droplets. Consider the viscosity of soybean oil at 25°C is 50.09 mPa s, which is 12.5 – 41.7-

fold higher than fluorinated oil (1.2 – 4 mPa s), thus, hydrogel microdroplets generated with soybean oil will have larger

dispersity compared to hydrogel microdroplets generated with fluorinated oil. The variance can be reduced by generating

droplets with active emulsification methods which produce higher monodispersity of droplets.

On the other hand, the density of soybean oil (0.917 g cm^{-3}) approximates the density of water and lower than fluorinated oil

(1.4 – 1.6 g cm^{-3}). While barium alginate hydrogel microdroplets float on fluorinated oil, they distributed evenly in soybean

oil (Figure S2), which results in efficient amplification of nucleic acid due to even heating of hydrogel microdroplets. Efficient

amplification results in higher signal intensity, hence, the fluorescence intensity of PCR products from hydrogel microdroplets

generated with soybean oil is higher than those generated with fluorinated oil.

Table 1 Autofluorescence of oils. Statistical analysis of fluorescence intensity of fluorinated oil and soybean oil from 3

independent tests.

	Mean	Median	Standard deviation
Fluorinated oil	0.16	0.15	0.014
Soybean oil	0.29	0.27	0.048

Furthermore, the autofluorescence of fluorinated oil and soybean oil was confirmed (Table 1). Autofluorescence of soybean

oil originated from fatty acid chain is a concern in fluorescence measurement. Although the autofluorescence intensity of

soybean oil is higher than fluorinated oil by 2-fold, the autofluorescence is negligible compared to the fluorescence intensity

generated from PCR products (Figure 3a). As fluorescent tag binds to nucleic acid, and the phosphate backbone of nucleic

acid which expose to the external environment is hydrophilic, leakage of fluorescent tag into oil is negligible. These results

suggested that higher fluorescence intensity from hydrogel microdroplets generated with soybean oil was the result of even

distribution of droplets in oil.

Conclusions

Our approach is a major advance because it has greatly enhanced the stability of droplets, reduced the cost of ddPCR, and

provided the option for post-PCR droplet manipulation. This method is compatible with various droplet generation

approaches, e.g., microfluidic-based droplets generation, membrane emulsification and droplet generation in turbulent flow.

While hydrogel increases the stability of microdroplets, viscosity of sol could also increase the pressure on membrane when

membrane with small pore size was used in emulsification. For the case when smaller droplet size is required, microfluidic

device[25, 26] or low viscosity sol can be used. The stability provided by hydrogel microdroplets affords other valuable

benefits, including the ability to alter the composition of continuous phase to ensure even distribution of droplets and heat

conduction, reduce scattering at the edge of droplets, and post-quantification analysis of microdroplets of interest, e.g.,

isolating and sequencing of nucleic acid encapsulated in droplets. Furthermore, owing to the benefit of high mechanical

stability of gel microdroplets, high-throughput fluorescence-activated cell sorter or fluorescence-activated droplet sorter can

be used to analyze and isolate droplets[25, 26] of interest at throughput of > 500 kHz[27]. These features are particularly

useful in clinical diagnosis and to investigate mutation in sequence. Moreover, even distribution of droplets in oil could ensure

even heat transfer to all droplets, which results in even reaction. Even amplification reaction in turn increases the yield of

amplicon (fluorescence intensity), which can help to reduce false positive test results by setting a higher threshold value.

Hydrogel microdroplets have demonstrated high mechanical and thermal resistance without surfactant, which could greatly

reduce the cost of ddPCR, and helps to accelerate employment of ddPCR method even in settings with limited resources.

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Author Contributions

Conceptualization: TF and ZLT; Experimental design and data curation: ZLT, TF, MY; Data analysis: ZLT; Interpretation of results: ZLT, MY, TF, YH, HA; Funding and administration: TF, MY; Writing – Original draft: ZLT, MY, TF; Writing – Review and editing: HA, YH, TF, MY, ZLT

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