Sequence-specific interactions determine viscoelasticity and aging dynamics of protein condensates

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Abstract

Biomolecular condensates are viscoelastic materials. Here, we report results from investigations into molecular-scale determinants of sequence-encoded and age-dependent viscoelasticity of condensates formed by prion-like low-complexity domains (PLCDs). The terminally viscous forms of PLCD condensates are Maxwell fluids. Measured viscoelastic moduli of these condensates are reproducible using a Rouse-Zimm model that accounts for the network-like organization engendered by reversible physical crosslinks among PLCDs in the dense phase. Measurements and computations show that the strengths of aromatic inter-sticker interactions determine the sequence-specific amplitudes of elastic and viscous moduli as well as the timescales over which elastic properties dominate. PLCD condensates also undergo physical aging on sequence-specific timescales. This is driven by mutations to spacer residues that weaken the metastability of terminally viscous phases. The aging of PLCD condensates is accompanied by disorder-to-order transitions, leading to the formation of non-fibrillar, beta-sheet-containing, semi-crystalline, terminally elastic, Kelvin-Voigt solids. Our results suggest that sequence grammars, which refer to the identities of stickers versus spacers in PLCDs, have evolved to afford control over the metastabilities of terminally viscous fluid phases of condensates. This selection can, in some cases, render barriers for conversion from metastable fluids to globally stable solids to be insurmountable on functionally relevant timescales.

Macromolecular phase transitions give rise to compositionally distinct membraneless bodies in cells that are known as biomolecular condensates [1, 2, 3]. There is a growing realization that condensates form via a blend of segregative transitions (phase separation) and associative transitions (percolation) [4]. These processes can give rise to condensates with structural inhomogeneity defined by internal physical crosslinks that impart a network-like organization to condensates [5, 6, 7, 8, 9]. Structural inhomogeneities and physical crosslinking of molecules give rise to viscoelasticity[10, 11, 12, 13, 14], whereby network connectivity, combined with the timescales for making and breaking crosslinks and the timescales for molecular transport jointly determine viscoelastic moduli [15]. The current thinking is that there is an intimate connection between time-dependent viscoelastic moduli of condensates and the functions or pathologies they influence in cells [16, 17, 18, 19].

Physical aging of fluid-like condensates is characterized by time-dependent slowdowns of internal dynamics, arrested fusion, and the appearance of irregular morphologies for condensates [12, 20, 21]. We shall designate the relevant timescale to be t_{obs}, which is the timescale after condensate preparation when the measurement of interest is performed. For a given value of t_{obs}, specific measurements are used to probe specific dynamical processes. For a given t_{obs}, the material properties quantified by measuring dynamical processes can be terminally viscous or elastic depending on the modulus that dominates the long timescale asymptotic behaviors in the measurements. As t_{obs} increases, condensates can become dynamically arrested due to high crosslinking density and the mismatch of timescales associated with making and breaking of physical crosslinks versus molecular transport [7, 22, 23]. This can lead to a decoupling of percolation and phase separation, and a manifestation of percolation (gelation) as arrested phase separation [7, 24, 25, 26, 27].

Age-dependent dynamical arrest of biomolecular condensates can be described as a glass transition [12]. In this picture, the terminal material states of condensates at all ages are those of dominantly viscous, albeit dynamically frozen liquids. Glasses are disordered systems and glassy behaviors, which represent a loss of ergodicity [28] and mobility of molecules, have been attributed [12] to the ruggedness of energy landscapes captured by the random energy model [29]. The second form of aging is associated with the conversion of disordered fluids to ordered solids [30, 31, 32]. The morphologies of solid states are typically gleaned from a combination of structural analyses [20, 26, 33], mobility measurements, and measurements of increased fluorescence of molecular rotors such as thioflavin T (ThT). The conversion to ordered amyloid fibrils is the current working model for an equilibrium liquid-to-solid description of physical aging.

What are the rules that connect sequence-encoded interactions to viscoelasticities of condensates? Are all physically aged condensates disordered, terminally viscous glasses [12], or can aging be a signature of disorder-to-order transitions that generate terminally elastic equilibrium solids? Are the equilibrium solids always amyloid fibers? And what are the sequence-encoded properties that determine the timescales of condensate aging? To answer these questions, we quantified the connections between sequence-encoded interactions and time-dependent material properties of condensates formed *in vitro* by different intrinsically disordered prion-like low complexity domains (PLCDs) [8, 34, 35].

The stickers-and-spacers framework [6] has been useful for modeling and explaining the origins of sequence-specific driving forces for condensate formation by PLCDs [8, 34, 35]. Aromatic residues are stickers that form reversible physical crosslinks [8, 34, 35]. Spacers in PLCDs are primarily Gly, Ser, Asn, and Gln residues. They affect overall solubility while influencing the coupling

between phase separation and percolation [8, 34, 35]. Recent lattice-based coarse-grained simulations
reproduced the measured phase behaviors for thirty different variants of A1-LCD [8], the PLCD
derived from the RNA binding protein hnRNP A1. These computations showed that PLCDs within
condensates form physically crosslinked networks with hub-and-spoke-like structures.
Multimolecular hubs are defined by the extent of intermolecular physical crosslinking mediated
by aromatic stickers, and the spokes are governed by spacer-mediated transport of molecules
between hubs, which also requires the breaking of crosslinks [8, 9]. The interplay between sticker-
and spacer-mediated effects leads to spatially inhomogeneous organization of PLCD molecules.
Here, our focus is on understanding how network-like structures within PLCD condensates and
reconfigurations of these networks determine frequency-dependent viscoelasticity, specifically the
storage (elastic) and loss (viscous) moduli [10, 12, 13, 14, 36, 37].

Results

Measured viscoelastic moduli are governed by network structures of condensates.

We employed passive microrheology with optical tweezers (pMOT) [38] (**Fig. 1a**) to measure
viscoelastic moduli of different PLCD condensates. These experiments yield frequency-dependent
storage (G') and loss (G'') moduli, which are estimated by analyzing thermal fluctuations of the
positions of optically trapped polystyrene particles within condensates (**Extended Data Fig. 1a**).
Passive measurements ensure that the laser power of the trap is kept at a minimal, non-perturbing
level [11]. Frequency-dependent moduli were calculated via Fourier transformation of the position
autocorrelation functions of the beads and the optical trap stiffness [38] (**Extended Data Fig. 1b**).

We designate the wild-type A1-LCD, which also features a nuclear localization signal, as
WT^{+NLS}. For $t_{obs} \approx 5$ min, measurements of condensates formed by WT^{+NLS} yield dynamical moduli
across a frequency range that spans over two orders of magnitude (**Fig. 1b**). We find that the loss
modulus of WT^{+NLS} condensates is an order of magnitude larger than the storage modulus at the
lower end of experimental frequencies (0.1-10 Hz), whereas these moduli become equivalent at
the crossover timescale of $\sim 10^{-2}$ seconds. Since the crossover frequency is close to the upper limit
of experimentally accessible frequencies in pMOT measurements, we further employed fast video
particle tracking (VPT) microrheology to extract mean squared displacements (MSDs) of 200 nm
probe particles embedded within WT^{+NLS} condensates. The corresponding MSD curve reveals
diffusive motions of the particles at timescales longer than 10 ms (**Extended Data Fig. 1c**). This
is consistent with the pMOT results and suggests that at timescales faster than 10 ms, these
condensates are dominantly elastic.

To uncover the sequence-specific connections between condensate structure and measured
moduli, we leveraged the results from lattice-based simulations of condensate structures [8]. Our
quantifications of moduli, which are based on simulated structures of condensates, use a graph-
theoretic adaptation [39, 40] of Rouse-Zimm theory [41, 42] for polymer dynamics. The standard
implementation of Rouse-Zimm theory is a bead-and-spring model for the dynamics of a single
chain [41, 42]. Key ingredients are: (i) the friction of the medium; (ii) the mobility tensor, including
contributions from hydrodynamic interactions; (iii) the Zimm matrix whose elements are
determined by the specific interactions of the chain; and (iv) the stochastic contributions due to
Brownian motion. Since our focus is on the contributions of equilibrium internal structures of
condensates to their viscoelastic moduli, we adopted the simplification of the Rouse-Zimm theory
due to Peticolas[43] and focused exclusively on the eigenvalue spectrum of the Zimm matrix, which

is equivalent to a graph Laplacian [44]. This theory is useful because the solvent is implicit in our
simulations, meaning that our Zimm matrices do not account for hydrodynamic interactions.

The spectrum of eigenvalues defines the relaxation times due to interconversions of the
network defined by molecules that are physically crosslinked. For a given chain conformation, the
diagonal elements of Zimm matrices are the degree, defined as the number of edges incident on a
node, where a node is a residue in a chain. The off-diagonal elements specify the connectivity.
These are set to –1 if there is an edge between two nodes or 0 if there is no edge. From the published
simulations [8], we extracted ensembles of condensate-specific graph Laplacians and computed their
eigenvalue spectra, which are the relaxation times. The Fourier transform of the superposition of
relaxation times shows that the simulated condensates have frequency-dependent storage and loss
moduli with a single, system-specific crossover frequency. To put the computed moduli on the
same scale as the measurements, we scaled the computed crossover frequency to match
experimentally derived values. No other information from the experiment was used in comparing
computations to experiments.

Are the dynamics of a single chain in an effective solvent sufficient for explaining
measured viscoelastic moduli of PLCD condensates or must one account for the sequence-specific
network structures within condensates? We answered this question by comparing measured and
computed complex moduli for condensates formed by WT^{+NLS}. For the computations, we used two
versions of the Zimm matrix namely, the "single-chain model" and the "collective model". In the
"single-chain model", the nodes represent residues on a single chain within the condensate, and
the edges are defined by bonded and non-bonded intra-chain contacts. The Zimm matrix was
calculated as $Z = BB^T$ where the unoriented incidence matrix B has elements B_{ij}. For $j \neq i$, the
elements B_{ij} are set to 1 if there is an edge between nodes i and j; otherwise, B_{ij} equals zero. For
$j=i$, B_{ij} equals the degree, defined as the number of edges incident on the node i [45]. For the
"collective model", we calculated the Zimm matrices from a graph where the nodes are individual
chains, and the edges define any inter-residue contacts between chains. In this model, the collection
of molecules in the condensate-spanning network are modeled as a single chain.

The striking observation is that despite not accounting for hydrodynamic effects, the
equilibrium ensemble-averaged properties of condensates contain most of the information that is
necessary for the faithful reproduction of measured moduli. The only adjustable parameter is the
value of the crossover frequency, which we fix using measured values. For condensates formed by
WT^{+NLS}, the moduli computed using the collective model show very good agreement with the
measured moduli (**Fig. 1b; Extended Data Fig. 1d, 1e**). This stands in contrast to the single-chain
model (**Extended Data Fig. 1f**). These results suggest that the moduli, especially the storage
modulus, are governed by details of network structures that define how the WT^{+NLS} molecules are
organized within the condensate. Our results suggest that viscoelastic moduli are collective
properties, defined by the network of intra- and intermolecular interactions. This cannot be
captured fully by probing the motions of a single chain [46]. Instead, the network of molecules
becomes an effective single chain in our instantiation of the Rouse-Zimm model that reproduces
measured moduli.

Sticker strengths determine the viscoelastic moduli of PLCD condensates.

165   The measured and computed moduli show a distinct set of features. These are highlighted
166 using the rescaled computed moduli for WT^{+NLS}, which enables analysis over a frequency range
167 that spans five orders of magnitude (**Fig. 1c**). There is a single crossover frequency ($\omega_{crossover}$) such

that $G' < G''$ below $\omega_{crossover}$ and $G' > G''$ above $\omega_{crossover}$. This points to dominantly viscous behaviors at long timescales whereas elastic behaviors dominate at short timescales. The storage modulus plateaus above $\omega_{crossover}$ and varies as ω^2 below $\omega_{crossover}$. The loss modulus varies linearly with ω below $\omega_{crossover}$, and as ω^{-1} above $\omega_{crossover}$. The presence of a single crossover frequency and the specific functional forms we extract for the frequency dependencies above and below $\omega_{crossover}$ imply that WT[+NLS] condensates probed at $t_{obs} \approx 5$ min are viscoelastic Maxwell fluids [12, 38]. The apparent deviations from Maxwell-like behaviors at low frequencies (**Fig. 1b**) are likely due to unavoidable noise in the long-time position autocorrelation functions measured using pMOT.

Aromatic stickers follow a hierarchy of strengths whereby Trp is the strongest sticker, Phe is the weakest sticker, and Tyr has strengths that lie between those of Trp and Phe [8, 10, 22, 35, 47, 48]. Similar distinctions have been observed between purine and pyrimidine moieties in RNA[22, 27]. We designed variants of A1-LCD, where the aromatic stickers were replaced by Phe (allF), Tyr (allY), or Trp (allW) (**Extended Data Fig. 1g**). We also studied variants where only Phe (FtoW), or Tyr (YtoW) residues were replaced by Trp. Finally, in W-, all stickers were Trp residues, and the total number of stickers was reduced by a factor of 0.35 (**Extended Data Fig. 1g**).

Replacing all the aromatic residues in WT[+NLS] with Phe increases the crossover frequency and lowers the storage and loss moduli (**Fig. 1d**). The increase in $\omega_{crossover}$ is substantial, thus preventing its direct measurement using pMOT (**Fig. 1d**). Therefore, we used a numerical method whereby we estimated $\omega_{crossover}$ for condensates formed by allF by quantifying it as the value where the curves for $G'(\omega)$ and $G''(\omega)$ intersect. Using this method, we estimated $\omega_{crossover}$ to be ≈ 4853 Hz (**Extended Data Fig. 2a**). Overall, we observed systematic downshifts of $\omega_{crossover}$ as the strengths of stickers increase with the actual values being $> 10^2$ Hz for YtoW, 80 Hz for W-, 70 Hz for allY, 60 Hz for FtoW, and 7 Hz for allW (**Fig. 1d-g**, **Extended Data Fig. 2b-2d**). Taken together, we find that $\omega_{crossover}$ changes by three orders of magnitude, being the highest for allF and lowest for allW.

The totality of inferences from pMOT measurements for seven variants including WT[+NLS] can be summarized in three different ways. The loss tangent is a commonly used quantity. It is defined as the ratio of G'' to G', which we plot as a function of frequency (**Fig. 1g**). The frequency dependence of this quantity helps identify the timescales for which the condensates are dominantly viscous – loss tangent greater than one – versus timescales for which the condensates are dominantly elastic – loss tangent less than one (**Fig. 1g**). Crossover to predominantly elastic regimes occurs at frequencies that are sequence-specific and encoded by sticker valence and strength.

We can also generate a diagram-of-material-states using variant-specific values of G'' and G' at a fixed frequency of 10 Hz (**Fig. 1h**). This analysis shows a one-to-one correspondence between frequency-dependent G'' and G' values. The stickers follow a hierarchy whereby Trp is stronger than Tyr, which is stronger than Phe [8, 10, 22, 35, 47, 48]. As the sticker strengths increase, the values of G' and G'' are upshifted, thus showing that the magnitudes of the moduli provide a proxy readout of the strengths of physical crosslinks between stickers. Finally, an alternative depiction of the diagram-of-material-states can be generated to identify the variant-specific relaxation times that correspond to dominantly viscous versus dominantly elastic regimes (**Fig. 1i**). This shows that the timescales corresponding to dominantly elastic behaviors shift toward larger values as sticker strengths increase.

Fig. 1: PLCD condensates are viscoelastic Maxwell fluids defined by sequence-specific, frequency-dependent storage (G') and loss (G'') moduli. (a) Setup for pMOT measurements. The image shows an optically trapped 1 μm polystyrene bead within a condensate formed by WT[+NLS] A1-LCD. In the schematic, the condensate is shown in blue, the optical trap as a red, hourglass-shaped object, and the bead in white. **(b)** Dynamical moduli for WT[+NLS] condensates. The figure shows comparisons between measured and computed moduli, where computations use the collective model. **(c)** Dynamical moduli computed from simulations using the collective model for WT[+NLS] condensates. This highlights the frequency-dependent scaling of storage and loss moduli above and below the crossover frequency, which is annotated by the blue dashed line. $G' = G''$ at the crossover frequency. **(d-f)** Measured dynamical moduli of condensates formed by three sequence variants: **(d)** allF, **(e)** allY, and **(f)** allW. The computed moduli for allF are shown in **Extended Data Fig. 2a**. In panel (e) we see that the collective model provides an accurate accounting of the measured moduli. We lack a coherent LaSSI model for coarse-grained lattice simulations of Trp-containing sequences (see Discussion). For panels (b), and (d)-(f), the error bars for measured data represent standard deviations about the mean that was computed using data for 20 condensates. For panels (b) and (e), the error bands for computed data are standard deviations across 3 replicates. **(g)** Loss tangent plotted against the frequency for condensates formed by seven variants. **(h)** A diagram-of-states based on measured moduli at 10 Hz. **(i)** Delineation of the dominantly viscous versus elastic regimes in terms of relaxation times, computed as the inverse of the crossover frequency, for condensates formed by each of the seven variants.

Bulk viscosities in condensates are inversely correlated with saturation concentrations.

Next, we used computations to quantify the temperature dependence of viscosities within PLCD condensates. These viscosities were computed by tracking the timescale associated with the motions of the centers of mass of the molecules within condensates. For all PLCD sequences

studied to date, the concentrations of PLCDs in condensates change minimally with temperature
except near the critical temperature [35]. Accordingly, the temperature-dependent saturation
concentrations (c_{sat}) can be used to quantify the free energy change associated with transferring
PLCD molecules across the temperature- and variant-specific phase boundary [35].

Is there a connection between temperature-dependent intra-condensate viscosities and c_{sat}
values? We answered this question by quantifying the correlation between computed viscosities
and c_{sat} values for twenty different PLCD variants across seven different simulation temperatures
(**Fig. 2a**). The variants were chosen to ensure that the two-phase regimes span the accessible range
of temperatures in the measurements. We observed an inverse correlation between the computed
viscosities and c_{sat} (**Fig. 2a**). The Pearson r-value is negative with a value of –0.996. Strikingly,
the computational results for all variants, across all simulation temperatures, collapsed onto a
master curve, without requiring any adjustable parameters or fitting. This shows a clear and strong
one-to-one correspondence between viscosity and c_{sat} and suggests an apparent universality as
opposed to system-specificity.

We tested the robustness of the computational results by quantifying the strength of the
correlation between dynamical bulk viscosity and c_{sat}. We measured mean squared displacements
(MSDs) of probe particles within PLCD condensates using video particle tracking (VPT) as a
function of temperature (**Extended Data Fig. 3a**). The VPT measurements allow us to monitor
the motions of 200 nm probe particles in condensates for longer timescales (hundreds of seconds)
and over longer distances that are not constrained by the optical trap. This enabled us to measure
viscosities at longer timescales, with improved statistics afforded by being able to track tens to
hundreds of independent probe particles (**Extended Data Fig. 3b**). For each of the seven variants,
the measurements showed clear negative correlations between viscosity and c_{sat} (**Fig. 2b**). The
Pearson r-values are akin to those we estimate from computations. However, unlike the
computations, we now observe that plots of measured viscosity versus c_{sat} do not collapse onto a
single master curve. This cannot be due to discrepancies between computed and measured c_{sat}
values, because these are essentially identical to one another [8]. Instead, the variant-specific slopes
and intercepts in the measurements point to intra-condensate hydrodynamic effects, which are
missing in the simulations, and are likely the result of correlations between solvent-mediated,
system-specific interactions in condensates.

The differences between computations and measurements allow us to quantify the
magnitudes of proposed hydrodynamic contributions using a method of comparative slopes. Here,
we denote m_0 to be the slope of the master curve derived from the plot of ln(viscosity) versus
ln(c_{sat}) using computations. Next, we denote m_i as the slope for variant i derived using system-
specific measurements. The ratio $s_i = (m_i / m_0)$ quantifies the contribution from hydrodynamics for
variant i. A value of s_i that is less than unity implies that hydrodynamic interactions weaken the
correspondence between dynamical properties of condensates and the free energy of transfer
between the dilute and dense phases. A value of s_i that is greater than unity implies that a favorable
transfer free energy from dilute to dense phases (lower c_{sat} values) is amplified by intra-condensate
hydrodynamic interactions. From comparisons of measurements and computations, we find that
the s_i values are 0.7, 1.5, and 1.9, for allY, allF, and WT[+NLS], respectively. The implication is that
hydrodynamic and thermodynamic effects show negative cooperativity for allY and positive
cooperativity for allF and WT[+NLS]. These effects do not follow the hierarchy of sticker-sticker
interactions. Instead, they appear to be governed by a system-specific interplay of solvent-chain,

and chain-chain interactions within condensates whereby variants with a higher relative Phe or Trp
contents show steeper slopes, while variants with higher Tyr contents exhibit shallower slopes.

Fig. 2: Internal viscosity of condensates and the driving forces for phase separation are inversely correlated.
(a) Plot of computed, temperature- and variant-dependent viscosity and c_{sat} values. The data for different temperatures
and variants collapse, without any adjustments, onto a single master curve. The red line is a linear fit to the plot of
ln(viscosity) versus ln(c_{sat}). **(b)** Plots of the measured temperature-dependent viscosities versus c_{sat} for seven different
systems (see legend). However, while there is a strong negative correlation between ln(viscosity) versus ln(c_{sat}), the
slopes are variant-specific. **(c)** Computed flow activation energies for allY, allF and WT[+NLS]. **(d)** Measured flow
activation energies for allY, allF, WT[+NLS], and allW. Error bars in **(c)** and **(d)** represent the error obtained from the
linear fit.

For a given temperature, viscosities quantify the frictional effects that arise due to the
molecular and mesoscale interactions among molecules that are solvent-mediated. The
temperature dependence of viscosity quantifies the energy barrier to reconfiguration of the network
of crosslinked molecules. This can be extracted using thermorheology [49, 50]. These barriers are
referred to as flow activation energies because they represent the thermal energy required to
overcome the barrier to enable the flow of molecules. To quantify flow activation energies, we
measured MSDs of probe particles within PLCD condensates using VPT as a function of
temperature. This allowed us to derive temperature dependencies of viscosities of different
condensates (**Extended Data Figs. 3c, 3d**). The measured viscosities show an exponential
dependence on temperature that is consistent with an Arrhenius relationship (**Extended Data Fig.
3e**) [50, 51]. Similar results were obtained using computations (**Extended Data Fig. 3f**). The
Arrhenius relationship highlights the presence of a single, system-specific barrier to network
reconfiguration.

From fits to the Arrhenius relationships, we extracted flow activation energies using data
from measurements and computations in units of RT, where $T = 25°C$ and R is the ideal gas
constant. We compared the magnitudes of the flow activation energies derived from computations
(**Fig. 2c** and **Extended Data Fig. 3g**) to those derived from VPT measurements (**Fig. 2d**). To
enable the comparisons, we denote the computed barrier for condensates formed by sequence i as
$E_{F,0i}$. The computed values do not account for hydrodynamic effects, and hence they can only
quantify the contributions of network structures that form within condensates. The values we
obtain are sequence-specific, although they are narrowly distributed between 26 RT and 32 RT
(**Fig. 2c**, **Extended Data Fig. 3g**). The values we obtain for $E_{F,0i}$ reflect the similar small-world
network topologies and the sequence-specificity of extent of crosslinking within simulated
condensates [8]. As shown previously, the extent of crosslinking does not correlate strongly with c_{sat}.
This is true of the computed values of $E_{F,0i}$ as well.

Next, denoting $E_{F,i}$ (**Fig. 2d**) as the measured flow activation energy for system i, we
computed the ratio $E_F' = (E_{F,i} / E_{F,0i})$. This quantifies system-specific hydrodynamic contributions
to the flow activation energy that are not present in the lattice simulations. If E_F' equals unity, there
are negligible contributions from hydrodynamic effects to the energy barrier for network
reconfiguration. Conversely, if E_F' is less than unity, then hydrodynamic effects lower the barrier,
and the opposite is true if E_F' is greater than unity. From comparisons of measurements and
computations, we find that the E_F' values are $\approx$ 1.1, 1.4, and 1.6 for allY, allF, and WT[+NLS],
respectively. The implication is that hydrodynamic effects play a minor role in determining the
flow activation barrier for allY, and they increase the barriers for allF and WT[+NLS]. Taken together
with the comparative slope analysis, we find that there is negative cooperativity between
hydrodynamic effects and the strengths of intermolecular interactions in determining the viscosity
of allY condensates. However, the barrier to flow activation is negligibly affected by
hydrodynamic effects. For the allF and WT[+NLS] condensates, there is positive cooperativity
between hydrodynamic effects and the strengths of intermolecular interactions as determinants of
bulk condensate viscosity, and an enhancement of the barrier to network reconfiguration by
hydrodynamic effects. Taken together, our results highlight an intimate, and hitherto unappreciated
interplay between molecular grammars and hydrodynamic effects that break apparently universal
relationships, doing so in system-specific manners.

Mutations to spacers that weaken the drive for condensation can drive dynamical arrest.

Previous studies showed that the replacement of Gly residues with Ser weakens the driving
forces for condensation of PLCDs [35]. This effect could be explained by the higher effective
solvation volume of Ser over Gly [52]. However, even though substitutions of Gly to Ser weakened
the driving forces for condensation, simulations showed that the extent of crosslinking within
condensates remained on a par with or was even higher than what was observed for condensates
formed by WT and allY [8]. These observations point to a separation of functions between
networking and density transitions that can be unmasked via mutations to spacers [8]. The extent of
internal crosslinking within condensates, which is governed by the associativity of multivalent
macromolecules [4], does not have to follow the driving forces for phase separation, which are
segregative transitions driven by solubility considerations. To test the proposal of separation of
functions, we measured the dynamical properties of condensates formed by variants of A1-LCD
where different numbers of Gly residues were replaced with Ser (**Extended Data Fig. 4a).**

Fig. 3: Mutations that alter spacers of A1-LCD accelerate the dynamical arrest of condensates. (a) Relative changes in viscosities within condensates at $t_{obs} \approx 5$ min, calibrated against the allY system, and quantified as a function of different numbers of Gly to Ser substitutions. Data are shown for relative viscosities from measurements and computations, where the latter uses the collective model for the Zimm matrix. Error bars represent the standard deviation in the estimate of the mean relative viscosity. Experimental viscosities are obtained from at least 5 experiments featuring at least 50 tracked particles in each measurement. c_{sat} values shown for ≈ 20 °C. **(b)** Average diffusion coefficient of 200 nm polystyrene beads within WT[30GtoS] condensates measured as a function of time following the start of sample imaging. The black line shows an exponential decay fit with the characteristic decay times τ_{decay} as indicated. **(c)** Same as **(b)** but for allY[30GtoS] condensates. **(d)** Histograms for the Root Mean Squared Displacement (RMSD) of 200 nm polystyrene beads measured at 10 s lag times within condensates at $t_{obs} \approx 5$ min and $t_{obs} \approx 24$ hrs. The top, middle, and bottom panels show histograms for condensates at different times of t_{obs} (ages of condensates are in the legends) formed by allY, allY[20GtoS], allY[30GtoS], respectively. **(e)** Ensemble-averaged MSD of 200 nm beads in allY condensates at $t_{obs} \approx 5$ min (blue) and $t_{obs} \approx 24$ hrs (red). The solid black line is the fit to the equation $MSD(\tau) = 4D\tau^{\alpha} + N$. The value of the exponent obtained from the fit shows diffusive motion. **(f)** Same as **(e)** but for allY[30GtoS] condensates. The values of the exponents show the onset of sub-diffusive motion **(g)** Temperature-dependent compliance computed from the simulations for condensates formed by allY and allY[30GtoS]. We use the collective model for computing the Zimm matrix. Error bars are standard deviations of the mean compliance values computed using 3 replicates.

VPT measurements and computations showed that in allY, allY[20GtoS], and allY[30GtoS] condensates studied at $t_{obs} \approx 5$ min, the bulk viscosities of condensates decrease with weakened driving forces for phase separation (**Fig. 3a**). Condensates formed by the variant WT[30GtoS] are highly dynamic at early time points, as seen by the motion of embedded 200 nm polystyrene

particles. However, they showed evidence of dynamical arrest within t_{obs} < 10 min (**Movie S1,**
Extended Data Fig. 4b). We quantified the average diffusion coefficients of multiple probe
particles within WT^{30GtoS} condensates as a function of t_{obs}. The average diffusion coefficient decays
to zero rapidly with increasing t_{obs} (**Fig. 3b**). This indicates that Gly-to-Ser mutations accelerate
the aging behavior compared to WT^{+NLS} condensates (**Extended Data Fig. 4b**). This accelerated
aging prevented quantitative measurements of viscosity and viscoelastic properties of WT^{30GtoS}
condensates. However, introducing Gly-to-Ser substitutions into the allY variant (allY^{30GtoS}) leads
to a decay of the average diffusion coefficient of the probe particles to zero within t_{obs} ~1.5 hrs
(**Fig. 3c**). Importantly, we were able to tune the timescales for the onset of dynamical arrest in the
allY system by titrating the Gly-to-Ser substitutions. This is shown in root mean squared
displacement (RMSD) histograms collected from particle tracking measurements of more than 10^3
probe particles within different condensates for t_{obs} < 1 hrs and at t_{obs} ≈ 3 hrs or 24 hrs (**Fig. 3d,**
top, middle, and **bottom**).

In the absence of spacer mutations, the ensemble-averaged MSDs of probe particles within
allY condensates did not show any significant alterations even after 24 hrs (**Fig. 3e**). In contrast,
the MSD measurements showed age-dependent dynamics for condensates formed by the allY^{20GtoS}
and allY^{30GtoS} variants (**Extended Data Fig. 4c, d,** and **Fig. 3f**). For t_{obs} ≈ 5 min, the particles
within allY^{30GtoS} condensates showed diffusive behavior as expected for a material that behaves as
a viscous fluid at long timescales. However, after t_{obs} ≈ 3 hr, the observed MSD curves were
sublinear (**Fig. 3f**), indicating sub-diffusive motion of the probe particles. The flatness of the MSD
curves at longer lag-times indicates that the translational diffusion of probe particles becomes
caged due to the onset of stable elastic networks [20, 53, 54, 55] in condensates formed by allY^{30GtoS}.
Indeed, the histogram of RMSDs, which initially showed a peak around an RMSD of ~0.25 μm,
showed a sharp peak near zero within 3 hours, indicating complete dynamical arrest of the
condensate (**Fig. 3d, bottom**).

Taken together, the picture that emerges is as follows: Gly-to-Ser substitutions on a
common allY background of stickers weaken the driving forces for condensate formation.
Viscosities of condensates observed at t_{obs} ≈ 5 min are lowered with increased number of Gly-to-
Ser substitutions. However, because the sticker valence remains the same as in the allY system,
the extent of crosslinking within condensates remains high. Therefore, the Gly-to-Ser substitutions
show a combination of high early-time mobility and high degrees of crosslinking. This
combination leads to unexpected behaviors such as the onset of dynamical arrest and accelerated
physical aging of the dense phase. Notably, the timescales for complete dynamical arrest decrease
with increasing numbers of Gly to Ser substitutions, highlighting the programmability of
dynamical arrest through mutations to spacers (**Fig. 3d**).

What may be the physical origin of accelerated dynamical arrest caused by Gly-to-Ser
substitutions? Increasing the number of Gly-to-Ser substitutions increases the compliance of
networks formed within condensates that are dominantly viscous (**Fig. 3g**). This was inferred from
simulation results. The zero-shear compliance quantifies the maximal network reconfiguration
achievable at a given stress. Across all temperatures, the compliance was found to be
systematically higher for variants with increased numbers of Gly-to-Ser substitutions (**Fig. 3g**).
Increased compliance should enable facile network rearrangements. However, these facile network
rearrangements, which happen in a material with a high degree of internal crosslinking, appear to
engender a mismatch in timescales whereby rapid mobilities are hindered by the high density of
crosslinks, thus leading to dynamical arrest [7] and physical aging. If this prediction is valid, then

the allY^{30GtoS} condensates should become dominantly elastic as t_{obs} increases. We tested this
prediction by calculating viscoelastic properties as a function of t_{obs} via analysis of MSDs of the
probe particles (see Supplementary Material) [56, 57]. Upon converting the measured values of MSDs
to complex moduli, we find that allY^{30GtoS} condensates are primarily viscous at $t_{obs} \approx 5$ min
(**Extended Data Fig. 5a-5c**). Specifically, the loss modulus is an order of magnitude higher than
the storage modulus within the experimental frequency range (~0.1 to 10 Hz). The elastic modulus
is on the order of ~0.01 Pa, and its rapid fluctuation reflects the noise of the MSD measurement at
long lag times where the time-averaged statistics are much lower than for short lag times.
Importantly, we find that, upon physical aging, the elastic modulus increases dramatically for
condensates of allY^{30GtoS}, which are dynamically arrested at $t_{obs} \approx 3$ hrs. The overall shapes of the
frequency-dependent viscoelastic moduli resemble that of Kelvin-Voigt solids (**Extended Data
Fig. 5d-f**) and confirm that allY^{30GtoS} condensates are dominantly elastic at long observation times
($t_{obs} \geq 3$ hrs).

Active microrheology affirms the terminally elastic nature of aging condensates.

To further investigate the nature of the dynamical transitions that accompany condensate
aging upon mutations of spacer residues, we employed active microrheology using an optical
tweezer-based creep test [58] (**Fig. 4a** and **Extended Data Fig. 6a**). In the creep tests, a polystyrene
particle is trapped within the condensate and dragged through the condensate at a constant velocity
(**Fig. 4a**). This ensures a constant strain rate within the condensate. We recorded how the particle
follows the traveling optical trap, and simultaneously measured the forces exerted on the particle
by the internal networks of condensates. The expected response of a material with terminally
viscous behavior is of a particle that follows the trap until the optical trap is stopped, and remains
at the new position once the trap is stopped [59] (**Fig. 4b, top** and **Extended Data Fig. 6a, bottom**).
For a terminally viscous Maxwell fluid, the bead will also follow the trap but with a lag time that
is governed by the terminal relaxation time of the fluid [59] (**Fig. 4b, middle** and **Extended Data
Fig. 6a, middle**). Finally, for a terminally elastic material such as a Kelvin-Voigt viscoelastic solid,
the particle will follow the trap to a certain extent before recoiling to its initial position [59] (**Fig. 4b,
bottom** and **Extended Data Fig. 6a, top**). Local motions of the particle at short timescales are
allowed whereas, at longer timescales, the particle is constrained within physical cages that are set
up by elastic networks that form on system-specific length scales [60].

We performed optical tweezer-based creep tests on allY and allY^{20GtoS} condensates. At t_{obs}
≈ 5 min, both condensates showed terminally viscous fluid behavior where the bead traveled along
with the optical trap for the entire traveling distance of 5 μm (**Fig. 4c**). At $t_{obs} \approx 24$ hrs, the allY
condensates still displayed terminally viscous behaviors (**Movie S2, Fig. 4d, top**). However, the
allY^{20GtoS} condensates exhibited behaviors consistent with viscoelastic solids (**Movie S3, Fig. 4d,
bottom**). Specifically, the probe particle was lost from the optical trap at ~1 μm. Upon being lost
from the trap, the probe particle recoiled back to its original position as expected for a Kelvin-
Voigt solid.

We also measured the forces exerted on the probe particle by condensate networks during
creep test experiments. In nascent allY and allY^{20GtoS} condensates, the saturation of the force is a
characteristic of the viscous drag force [61], which depends on the velocity of the trap, and the
viscosity of the condensate, but is independent of the distance (**Fig. 4e, top**). While this behavior
is preserved for the allY condensates investigated at $t_{obs} \approx 24$ hrs (**Fig. 4e, bottom**), the profile is
very different for the aged condensates formed by allY^{20GtoS} (**Fig. 4f, top** versus **bottom**). We
systematically increased the stiffness of the trap by increasing the trapping power and observed

that the maximum displacements traversed (**Extended Data Figs. 6b, 6c**) and the force traces for
the bead within allY condensates do not show changes over 24 hours (**Extended Data Figs. 6f,**
6g). In contrast, the maximum distance traveled as well as the maximum force experienced by the
particle increased for allY^{20GtoS} condensates over time (**Extended Data Figs. 6d, 6h, 6e, 6i**). This
indicates that the restoring force responsible for the particle recoil in aged allY^{20GtoS} condensates
is predominantly elastic. Taken together with the viscoelastic moduli estimated using MSD data
(**Extended Data Figs. 5d, 5e, 5f**), we conclude that physically aged condensates are terminally
elastic solids. Note that aging was promoted by mutations to spacers, and hence the extent of
crosslinking between different condensates should not change. However, the spacer-mediated
compliance of the networks can change, and this enables facile transitions to terminally elastic
materials.

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Fig. 4: Dynamically arrested PLCD condensates resemble Kelvin-Voigt solids with terminally elastic behavior.
(a) Schematic of the optical tweezer-based creep test microrheology experiment. A bead is trapped within a condensate
using an optical trap. The trap is programmed to move a set distance (here 5 μm) at a constant velocity (0.5 μm/s).
The bead position and the force exerted by the condensate on the bead are monitored via a camera and a quadrant
photodetector, respectively. **(b)** Expected bead position in response to the trap movement during the creep test for a

viscous liquid, a viscoelastic Maxwell fluid, and a Kelvin-Voigt solid. **(c)** Bead position as a function of time in
response to the programmed trap movement in allY and allY^{20GtoS} condensates at $t_{obs} \approx 5$ min. **(d)** Same as **(c)** but for
aged allY and aged allY^{20GtoS} condensates ($t_{obs} \approx 24$ hrs). Note that the bead in allY^{20GtoS} condensate recoils back to
its initial position after ~1 μm travel, indicating that the condensate is exerting an elastic force that overpowers the
force exerted by the optical trap. As shown in panel **(b)**, this response is characteristic of a viscoelastic solid. **(e)** Force
exerted on the bead by the condensate network during the creep test experiment. Data are shown for allY and allY^{20GtoS}
condensates at $t_{obs} \approx 5$ min. The saturation of the force is a characteristic of the viscous drag force, which depends on
the velocity of the trap, the viscosity of the condensate, and the size of the bead. **(f)** Same as **(e)** but for condensates
at $t_{obs} \approx 24$ hr. The data in the bottom of panel **(f)** indicate that aged condensates formed by allY^{20GtoS} behave like
Kelvin-Voigt solids. Comparison with the top panel highlights the fact that these condensates transition from being
Maxwell fluids at early time points to elastic, Kelvin-Voigt solids as they age.

Terminally elastic condensates are non-fibrillar, semi-crystalline solids.

Next, we asked if dynamical arrest induces changes to the mesoscale morphologies of
condensates. Differential interference contrast (DIC) microscopy (**Fig. 5a**) shows that despite
undergoing a transition from a Maxwell fluid to a Kelvin-Voigt solid (**Figs. 4c, 4d**), the micron-
scale appearance of nascent versus aged condensates formed by allY^{20GtoS} remain essentially the
same (**Fig. 5a**). Previous studies showed that fluid-to-solid transitions can be accompanied by the
formation of amyloid fibrils [30, 31]. To test for this possibility, we applied the amyloid-sensitive dye
ThT to aged condensates formed by different sequence variants of A1-LCD. While this dye shows
positive staining for fibrils formed by a positive control, insulin, at $t_{obs} \approx 24$ hrs, it does not show
positive staining for any of the aged PLCD condensates studied in this work (**Fig. 5b**). These
results suggest that fluid-to-solid transitions observed for condensates formed by variants such as
allY^{20GtoS} result in the formation of non-fibrillar, elastic solids.

Next, we used Fourier transform infrared (FTIR) spectroscopy to study condensates at
different values of t_{obs}. Details of how the samples were prepared for these measurements are
described in the Supplementary Material. Peaks in FTIR spectra, and the signals at different wave
numbers can be referenced to extant basis sets to assign the contents of different types of secondary
structures (**Extended Data Fig. 7a**). Condensates characterized at $t_{obs} \approx 5$ min are disordered as
evidenced by the equivalent contributions of different structural motifs to the measured FTIR
spectra (**Extended Data Figs. 7b, 7c, 7d** and **7e**). While the FTIR spectra change minimally for
allY over a 24-hour period (**Fig. 5c**), the spectra for allY^{30GtoS} show a clear change as a function of
time (**Fig. 5d**).

Time-dependent changes in FTIR spectra for allY^{30GtoS} are consistent with a disorder-to-
order transition. To emphasize this point, we plotted difference spectra, referenced to $t_{obs} \approx 5$ min.
We observed an increase in beta-sheet content and the changes are concordant with a two-state
transition [62] as evidenced by the presence of an isosbestic point (**Fig. 5e**). Our positive control,
insulin amyloid fibers that form upon overnight incubation, show FTIR spectra that bear
qualitative resemblance to the aged condensates of allY^{30GtoS} (**Fig. 5d** versus **Extended Data Fig.**
7h). However, there are quantitative differences, and this is made clear by plotting the second
derivative spectra, and the contributions of different components of the basis sets to the second
derivatives. The area under the peak corresponding to "aggregated beta sheets" increases with t_{obs}
for allY^{30GtoS} condensates (**Extended Data Figs. 7e, 7f, 7g**). However, the beta-sheet-contents of
insulin amyloid fibers, which are known to feature cross-beta-sheet architectures (**Extended Data**
Figs. 7h, 7i), is more than two-fold higher when compared to the condensates of allY^{30GtoS} that
were studied at equivalent values of t_{obs}. In general, the beta-sheet-contents increase with time, and
this represents a disorder-to-order transition as a function of t_{obs} (**Extended Data Fig. 7j**).

However, the DIC images and lack of ThT staining suggest that the supramolecular structures are not those of amyloid fibers that originate from cross-beta-sheeted networks. To gain further insights, we used freeze-fracture, deep-etch electron microscopy (EM) to probe the supramolecular organization of terminally elastic condensates formed by allY^{30GtoS} (**Fig. 5f**). The structures reveal a dense dark region that is consistent with an amorphous as opposed to crystalline organization (region I in **Fig. 5g**). However, the material is semi-crystalline, as evidenced by the lamellar ordering at the interface (region II in **Fig. 5g**). The materials are soft, and this causes a roll over that creates a halo as the sample is reoriented for deep etch EM imaging (region III in **Fig. 5g**). Overall, the picture that emerges is of beta-sheet-containing, non-fibrillar semi-crystalline materials that form as the condensates age. The disorder-to-order transitions and the semi-crystallinity lead to the terminally elastic, Kelvin-Voigt solids that we inferred from our passive and active microrheology measurements.

Fig. 5: Disorder-to-order transitions drive the formation of beta-sheet-containing non-fibrillar, semi-crystalline solids as t_{obs} increases. (a) Representative images from DIC microscopy of different condensates at $t_{obs} \approx 5$ min and at $t_{obs} \approx 24$ hrs. Insulin fibrils are shown as positive control. **(b)** ThT fluorescence ratios of the maximal / minimal intensities for freshly prepared condensates and condensates at $t_{obs} \approx 24$ hrs for various A1-LCD variants. No changes were observed in ThT staining for condensates formed as a function of aging. As a positive control, we show data for amyloid fibrils formed by insulin after 24 hrs from sample preparation. **(c)** FTIR spectra for allY condensates at $t_{obs} \approx 5$ min and $t_{obs} \approx 23$ hrs. **(d)** t_{obs}-dependent FTIR spectra for condensates of allY^{30GtoS}. **(e)** Difference spectra referenced to $t_{obs} \approx 5$ min, show a decrease in signal for non-beta-sheeted regions and an increase in signal for beta-sheets, specifically aggregated beta-sheets (see **Extended Data Fig. 7a**). The difference spectra also reveal the presence of

542 an isosbestic point, which is suggestive of a two-state disorder-to-order transition. **(f)** Freeze fracture deep-etch EM
543 images of condensates of allY[30GtoS] imaged at $t_{obs} \approx 24$ hrs. **(g)** Zoom-in image of a semi-crystalline material formed
544 by allY[30GtoS]. The semi-crystalline morphology is annotated by the presence of three regions labeled I, II, and III,
545 which refer to an amorphous core (I), a lamellar crystalline region (II), and a halo generated by the reorientation of
546 the samples during imaging, which originates due to the softness of the materials.

Discussion

In this work, we have provided systematic assessments, via joint computational and
experimental investigations, of sequence-specific and age-dependent viscoelasticity of
condensates formed by PLCDs. We find that terminally viscous condensates are Maxwell fluids.
The crossover timescale between dominantly elastic (short timescale) and dominantly viscous
(long timescale) behaviors is governed by the strengths of sticker-mediated interactions. The
storage and loss moduli increase by at least an order of magnitude as sticker strengths increase.

On a technical note, the LaSSI model used in this work employs a learning paradigm as
opposed to a one-size-fits-all transferrable model. Specifically, we use a machine learning
approach [65], which for single component systems leverages available experimental data such as
small-angle X-ray scattering data [35] for the single chains in the one-phase regime [8]. Alternatively,
atomistic simulations of the R_g distributions with Tyr-to-Trp and Phe-to-Trp substitutions will
suffice. However, at this juncture, neither input is available because of the ultra-low saturation
concentrations associated with systems featuring multiple Trp residues. Molecular mechanics-
based simulations of Trp containing systems are of questionable accuracy because of the double-
ring systems, and the polarization effects induced by Trp. Absent a reliable parameterization of
the interactions involving Trp residues, we cannot perform coarse-grained LaSSI simulations for
variants where Phe and Tyr residues are replaced with Trp. Our preliminary simulations based on
polarizable models suggest that Trp, as a sticker, has an effective valence that is greater than one
[66]. This hypothesis, which explains why Trp, like other systems with five- and six-membered rings
such as purine nucleobases [67, 68] make for stronger stickers than Tyr and Phe, will need systematic
measurements of thermodynamic parameters and additional calibrations.

Both computations and measurements reveal a strong one-to-one correspondence between
bulk viscosity within condensates and c_{sat}, which quantifies the driving forces for phase separation.
In computations, all the data collapse onto a single master curve without any rescaling or
adjustments. The computations provide a purely thermodynamic description of condensates and
the driving forces for condensation. The experimental data show a maintenance of the one-to-one
correspondence, but instead of the data collapsing onto a single master curve, we find system-
specific inverse correlations between viscosity and c_{sat}. These deviations are attributable to
hydrodynamic effects within condensates, and comparative analyses allow us to uncover the
magnitudes of these effects. The physical aging of condensates can be accelerated by mutations to
spacers, which also weaken the driving forces for forming terminally viscous condensates. Recent
coarse-grained molecular dynamics simulations have established a one-to-one correspondence
between the radii of gyration (R_g) of disordered proteins in dilute phases and the viscosities in
condensates [63]. There is also a well-established positive, one-to-one correspondence between c_{sat}
values and dilute phase R_g values [8, 34, 35, 64]. Clearly, computations based on coarse-grained models
predict a strong, master-curve-like one-to-one correspondence between viscosity and c_{sat}.
However, while the strong negative correlation is preserved in the experiments, the quantitative
one-to-one correspondence is in fact system-specific. Simulations and theories that might be able
to explain this observation are currently unavailable. Our findings provide the impetus for further
exploring the origins of the system-specificity of hydrodynamic interactions.

Upon aging, we observe a disorder-to-order transition leading to semi-crystalline, non-
fibrillar, beta-sheet-containing terminally elastic materials that are congruent with being Kelvin-
Voigt solids. Our data are concordant with terminally viscous fluid-like states of condensates being
metastable, disordered phases. Disorder-to-order transitions enable a conversion from metastable
fluids to globally stable solids. Interestingly, in the absence of mutations to spacers, the activation
barriers for network reconfiguration of fluid-like phases can be prohibitive, being on the order of
30 RT or twice as large depending on the sticker identities. This suggests that naturally occurring
sticker and spacer grammars ensure enhanced metastability of PLCD condensates, which might
explain why fluid phases are so readily observed in live cells, and why considerable attention has
focused on the functional relevance of fluid forms of condensates.

Based on the totality of our observations, we propose that the condensation of PLCDs is
best described using a bistable model whereby the free energies of dense phases are written in
terms of an order parameter ($\Phi \mid c_{dense}$), which quantifies the extent of structural ordering on the
manifold of fixed density (c_{dense}) (**Fig. 6**). We propose that terminally viscous Maxwell fluids are
metastable, disordered phases defined by low values of the order parameter. Fluid-to-solid
transitions are disorder-to-order transitions and the likelihood of realizing this transition will be
governed by the height of the barrier between the Maxwell fluid and Kelvin-Voigt solid (**Fig. 6**).
Our current data are consistent with the metastability of fluid states being weakened by mutations
to spacers.

Extent of structural ordering of dense phases

Fig. 6: Proposed free energy profile showing bistability and intra-well ruggedness. The well corresponding to
low values of the order parameter is a disordered, terminally viscous Maxwell fluid. The well on the right,
corresponding to high values of the order parameter is the ordered, Kelvin-Voigt solid. The barrier for disorder-to-
order transitions is expected to be high, > 30RT, for condensates formed by naturally occurring PLCDs. This barrier
is lowered, by destabilizing fluid-like states via mutations to spacers that increase their effective solvation volumes.
Within the metastable and globally stable wells, we expect there to be ruggedness due to polymorphisms in the solid
phase, and the contributions from conformational heterogeneity in the fluid phase.

The free energy profiles in **Fig. 6** are annotated by two features. The terminally fluid and
solid phases are represented using a standard linear solid or Zener model [69]. In this model, a time-
dependent rise of the elasticity of the E1 element captures the transitions from a dominant

Maxwell-type behavior of nascent condensates ($E1 < E_2$) to a Kelvin-Voigt-type behavior as
condensates age ($E1 \gg E_2$). We also allow for the possibility that increased metastability of the
fluid state arises from ruggedness within the well that corresponds to low values of Φ. Our proposal
represents a combination of the Landau picture [70] of transitions along ($\Phi \mid c_{\text{dense}}$) and the Zwanzig
picture [71] of roughness within a well.

Our findings and the resultant proposals stand in contrast to those of Jawerth et al. They
used active microrheology and fluorescence recovery after photobleaching to characterize
condensates formed by the protein PGL3 [12]. Jawerth et al., found that fluid-like condensates
formed by this protein are Maxwell fluids, a result we recapitulate for PLCDs. They also found
that aged condensates continue to behave as Maxwell fluids, even though the condensates no
longer fused, and rheology measurements suggested that the condensates were dynamically
arrested upon aging. Based on their observations, Jawerth et al., proposed that the PGL3
condensates were "Maxwell glasses" defined as Maxwell fluids showing age-dependent terminal
relaxation times [12]. Our data, based on direct measurements of terminal states, leads to a different
picture. We propose that viscoelastic Maxwell fluids are metastable. Weakening the metastability
of terminally viscous states unmasks the transition to a globally stable, terminally elastic state,
which for the PLCD systems appears to be a Kelvin-Voigt, non-fibrillar solid.

Recent bioinformatics analyses showed an inverse correlation between sticker and spacer
identities [35]. Increasing the number of Tyr stickers is positively correlated with increased numbers
of Gly residues as spacers. In contrast, increased numbers of Phe stickers are accompanied by
increased number of Ser residues as spacers. Measurements of PLCDs that form solids in cellular
systems have also documented a preference for high numbers of Phe stickers and Ser residues as
spacers [72]. Taken together, these trends suggest an evolutionarily encoded preference whereby
there is either a selection for enhanced metastability of fluid-like phases (positive correlation
between Tyr and Gly contents) or a selection for facile transitions to solid phases (positive
correlation between Phe and Ser contents). How this plays out for condensates formed by mixtures
of PLCDs with compositionally distinct preferences will need further investigation [9]. Importantly,
being able to compute moduli from simulations of the network structures of condensates [8] should
allow us to design PLCD sequences with bespoke material properties [9, 73].

Previous work showed that the linear patterning of aromatic stickers affects the formation
of fluid- versus solid-like PLCD condensates [34, 74]. In full-length proteins with PLCDs, Wang et al.
showed that mutations to spacers can have a direct impact on the time-dependent changes to
mobilities in dense phases[21]. Given the large barriers we estimate for network rearrangements (**Fig.
2c, 2d**), it appears that for many naturally occurring systems, including PLCDs, the barrier to
conversion from terminally viscous fluids to terminally elastic solids might be insurmountable on
biologically relevant timescales, especially for those that are turned over rapidly. This might
explain why "dynamicity" is often invoked as a key determinant of condensate functions in cells
[16, 18, 19]. In contrast to condensates that turn over, there are long-lived condensates such as Balbiani
bodies [75], where the sticker grammars and choice of spacers appear to enable facile conversion to
terminally elastic solid phases [74]. Likewise, the sequence grammars of scaffolds of solid phase
condensates such as A-bodies in nuclei of stressed cells [76] might be such that the barriers to
conversion from fluids to solids is readily negotiated on functionally relevant timescales. Our work
highlights the need to uncover the connections between sequence-encoded interactions and the
time-dependent material properties of condensate-forming systems both in vitro and in vivo. Our
work also invites detailed structural characterizations of metastable fluids and globally stable solid

phases, to investigate how the interplay of homotypic and heterotypic interactions influence material states and structures in multicomponent mixtures [9, 13, 23, 77].

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Author contributions

Conceptualization: P.R.B., R.V.P., and T.M.; Methodology: P.R.B., I.A., W.M.B., S.R.C., R.V.P., and T.M.; Investigation: I.A., W.M.B., S.R.C., A.E.P., M.F., A.S., A.B., G.S., D.T.T., P.R.B., R.V.P., and T.M.; Resources: P.R.B., R.V.P., and T.M.; Writing – original draft and revisions: P.R.B., R.V.P., and T.M.; Writing – reviewing and editing: all authors; Funding acquisition: P.R.B., R.V.P., and T.M.

Competing interests

RVP is a member of the scientific advisory board and shareholder in Dewpoint Therapeutics. These affiliations did not influence the work reported here. PRB is a member of the Biophysics Reviews (AIP Publishing) editorial board. This affiliation did not influence the work reported here. All other authors have no conflicts to report.

Data and materials availability

All data are available in the manuscript or the supplementary materials. All expression plasmids are available from T.M. under a material transfer agreement with St. Jude Children's Hospital. Codes for microrheology data analysis are available on GitHub (see https://github.com/BanerjeeLab-repertoire/Material-properties). All simulation results and the code for the computation of moduli are available via the Pappu Lab Github (see https://github.com/Pappulab/material-properties).

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Extended Data Fig. 1. (a) Representative positional trajectory, tracked along the horizontal axis, of a bead thermally
fluctuating within the optical trap inside the condensate. **(b)** The normalized autocorrelation function of positional
fluctuations of a bead, confined by the optical trap, inside a condensate. The correlation functions measured along the
horizontal and vertical axes are shown. **(c)** Ensemble-averaged MSD of 200 nm beads in condensates formed by
WT^{+NLS}. The solid line is a fit to the equation $MSD(\tau) = 4D\tau^{\alpha} + N$ and reveals that at longer timescales (>10ms) the
beads are diffusive. However, at shorter timescales (<10 ms), the beads are sub-diffusive, indicating that the
condensates are dominated by an elastic response. **(d)** Residuals between computed and measured storage moduli for
WT^{+NLS} condensates. These residuals are shown for the single-chain model (red) and collective model (magenta). The
residuals were computed as the absolute values of differences between the logarithms of the computed and measured
moduli. Values of zero imply exact matches, values of one imply a discrepancy of an order of magnitude, and so on.
At low frequencies, the sharp increase in residuals for the collective model is due to increased noise in the
experimentally derived storage moduli. **(e)** Residuals between computed and measured loss moduli using the single
chain (blue) or collective chain models (black). The residuals were computed as in panel (d). **(f)** Comparison of
computed and measured dynamical moduli for WT^{+NLS} condensates. The computations use the single-chain model.
The computed crossover frequency was rescaled to match the experimental value. No other adjustments or fitting of
the data was performed. The inadequacy of the single-chain model is made clear by the fact that this model
overestimates the storage modulus by almost two orders of magnitude. Similar overestimates were found for other
systems, and they stand in contrast to the results obtained using the collective model shown in **Fig. 1b**. **(g)** A schematic
diagram of the constructs deployed in the various measurements in this work is summarized. Grey represents non-
aromatic spacer residues, whereas colored stripes represent the locations of the indicated aromatic residues.

Extended Data Fig. 2. (a) Computed dynamical moduli for condensates formed by allF. The crossover frequency analysis of the simulation results was performed using the collective model. The crossover frequency was calculated numerically by estimating where the curves corresponding to the storage and loss modulus intersect. The value of $\omega_{crossover}$ obtained by extrapolation is indicated in the legend. The error band for the computed data represents the standard deviation from 3 replicates. **(b)** Measured dynamical moduli (symbols) for condensates formed by the YtoW variant. Error bars represent the standard deviation as calculated from the moduli of 20 condensates. **(c, d)** Measured dynamical moduli for condensates formed by W- and FtoW variants, respectively. Error bars are standard deviations as calculated from the moduli of 20 condensates.

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Extended Data Fig. 3. (a) Schematic for the temperature-dependent VPT measurements. Diffusion of multiple 200 nm polystyrene beads is recorded at distinct temperatures. **(b)** Room-temperature bulk dynamical viscosity of condensates formed by different sequence variants as measured by VPT compared to pMOT. Data were collected from at least five trials featuring at least ~50 tracked particles per trial. Error bars represent ±1 standard deviation. Although the viscosity values obtained from these two independent experimental measurements are in good agreement with one another, we note that the terminal zero-shear viscosity, obtained from the slope of the frequency-dependent loss modulus in pMOT measurements, is an asymptotic property, which means that this quantity is difficult to estimate for viscoelastic materials when the elastic and viscous moduli become similar, even below the crossover frequency. The low-frequency limit of the measurement (about 0.1 Hz which corresponds to ~10s) may not be low enough to estimate the zero-shear viscosity, especially for condensates with high viscoelasticity, such as for variants with Trp residues as stickers. This explains the minor discrepancy in the viscosity values obtained from VPT and pMOT measurements. **(c)** Representative plots of the ensemble-averaged MSD of 200 nm polystyrene beads within condensates formed by allF. Measurements were performed using VPT-based microrheology at different temperatures as set by a custom-made thermal stage attached to the microscope. **(d)** Measured temperature-dependent viscosities for the condensates formed by different sequence variants of A1-LCD. **(e)** Arrhenius plots of measured viscosities for condensates formed by allW, WT^{+NLS}, allY, and allF. **(f)** Arrhenius plots using temperature-dependent viscosities from simulations analyzed using the collective model. Data are shown for condensates of allF, WT^{+NLS}, and allY. **(g)** Flow activation energies estimated from computations. These energies are shown in units of RT, where $T = 25$ ˚C and R is the ideal gas constant in units of kcal / mol-K. The variant names were taken from the work of Bremer et al., (ref. 35) and Farag et al., (ref. 8).

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Extended Data Fig. 4. (a) Schematic denoting the position of Glycine to Serine substitution in the WT[+NLS] and allY
sequence backgrounds. **(b)** Trajectories of a 200 nm bead within condensates of WT[30GtoS]. Two different trajectories
are shown, one for $t_{obs} \approx 5$ min (blue) and the other for $t_{obs} \approx 7$ min (red). These data show that WT[30GtoS] condensates
undergo rapid dynamical arrest within a short time. **(c)** Ensemble-averaged MSD of 200 nm beads diffusing within
allY[20GtoS] condensates tracked at a high acquisition rate of 500 fps. The solid blue line is a fit to the equation $MSD(\tau) =$
$4D\tau^{\alpha} + N$. Also plotted is the average noise floor (black). These data show that allY[20GtoS] condensates are viscoelastic
Maxwell fluids at small t_{obs}, with a terminal behavior of a viscous fluid ($\alpha = 1$). **d)** Ensemble-averaged MSD of 200
nm beads (tracked at an acquisition rate of 10 fps) in condensates formed by allY[20GtoS]. The MSDs were measured at
different values of t_{obs}. Solid lines are the fits to the equation $MSD(\tau) = 4D\tau^{\alpha} + N$. Also indicated are the values of
the exponents obtained from the fits, which show a clear deviation from the linear behavior for the aged condensates,
and the onset of sub-diffusive motions.

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1037 **Extended Data Fig. 5. (a-c)** Storage (G') and loss (G'') moduli of allY^{30GtoS} condensates at $t_{obs} \approx 5$ min as calculated
1038 from the measured MSDs of embedded 200 nm probe particles (**Fig. 3f** in the main text). The calculations were
1039 performed following the Evans method **(a)** and the Mason method (**b**, see Supplementary Material). A comparison
1040 between the results obtained from the two methods is shown in **(c)**. **(d-f)** Same as **(a-c)** but for allY^{30GtoS} condensates
1041 at $t_{obs} \approx 3$ hrs.

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Extended Data Fig. 6. (a) Schematic showing the expected outcomes of a particle embedded within a viscoelastic Kelvin-Voigt solid (top), viscoelastic Maxwell fluid (middle), and viscous liquid (bottom) upon creep deformation by an optical trap. As the optical trap exerts a force to drag a particle embedded within the material, the dashpot element applies a dissipative drag force while the spring element applies a restoring force. Except for the viscoelastic solid, the creep deformation is irreversible (the final bead position is distinct from the initial bead position X_0, indicated by the red vertical line). In the case of a viscoelastic solid, the bead recoils back to its initial position due to the stored energy within the elastic element. In both viscoelastic fluids and viscous liquids, the deformation energy is eventually dissipated through the dashpot or the viscous element, giving rise to a terminally viscous behavior. **(b)** Bead position as a function of time in response to the programmed trap movement in allY condensates at $t_{obs} \approx 5$ min at increasing power levels of the trapping laser. **(c)** Same as **(b)** but for the allY condensates at $t_{obs} \approx 24$ hrs. **(d)** Bead position as a function of time in response to the programmed trap movement in allY[20GtoS] condensates $t_{obs} \approx 5$ min at increasing power levels of the trapping laser. **(e)** Same as **(d)** but for the allY[20GtoS] condensates at $t_{obs} \approx 24$ hrs. **(f)** The force exerted on the bead by the allY condensate network in **(b)**. **(g)** The force exerted on the bead by the allY condensate network in **(c)**. **(h)** The force exerted on the bead by the allY[20GtoS] condensate network in **(d)**. **(i)** The force exerted on the bead by the allY[20GtoS] condensate network in **(e)**.

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Extended Data Fig. 7. (a) Peaks in FTIR spectra correspond to the presence of specific types of secondary structures. **(b)** FTIR spectra for condensates formed by WT[+NLS]. The spectra are shown for $t_{obs} \approx 5$ min and $t_{obs} \approx 3$ hrs. **(c)** Inverse second derivatives of the measured FTIR spectra and contributions from different members of the basis set. The orange shading quantifies the area under the peak that corresponds to aggregated beta sheets. Data are shown here for WT[+NLS] condensates for $t_{obs} \approx 5$ min. **(d)** The inverse second derivative of FTIR spectra and contributions from different members of the basis set to data obtained for allY condensates at $t_{obs} \approx 5$ min. **(e)** – **(g)** Second derivative of FTIR spectra obtained at different values of t_{obs} for condensates formed by allY[30GtoS]. **(h)** FTIR spectra for amyloid fibers of insulin collected at $t_{obs} \approx 24$ hrs. **(i)** Second derivative of the measured FTIR spectra for insulin fibers and contributions from different members of the basis set. The orange shading quantifies the area under the peak that corresponds to aggregated beta sheets. **(j)** Stacked plots of secondary structure contents for allY[30GtoS] condensates plotted as a function of time, where the abscissa refers to different values of t_{obs}.