

1 **Palmitoylethanolamide shows limited efficacy in controlling cerebral cryptococcosis *in vivo*.**

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38 **ABSTRACT**

39 *Cryptococcus neoformans* (*Cn*) is an encapsulated neurotropic fungal pathogen and the causative
40 agent of cryptococcal meningoencephalitis (CME) in humans. Recommended treatment for CME
41 is Amphotericin B (AmpB) and 5-fluorocytosine (5-FC). Though effective, AmpB has displayed
42 numerous adverse side effects due to its potency and nephrotoxicity, prompting investigation
43 into alternative treatments. Palmitoylethanolamide (PEA) is an immunomodulatory compound
44 capable of promoting neuroprotection and reducing inflammation. To investigate the efficacy of
45 PEA as a therapeutic alternative for CME, we intracerebrally infected mice with *Cn* and treated
46 them with PEA or AmpB alone or in combination. Our results demonstrate that PEA alone does
47 not significantly prolong survival nor reduce fungal burden, but when combined with AmpB,
48 PEA exerts an additive effect and promotes both survivability and fungal clearance. However,
49 we compared this combination to traditional AmpB and 5-FC treatment in a survivability study
50 and observed lower efficacy. Overall, our study revealed that PEA alone is not effective as an
51 antifungal agent in the treatment of CME. Importantly, we describe the therapeutic capability of
52 PEA in the context of *Cn* infection and show that its immunomodulatory properties may confer
53 limited protection when combined with an effective fungicidal agent.

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55 **KEYWORDS:** amphotericin B, *Cryptococcus neoformans*, fungal brain infection,
56 meningoencephalitis, microglia, palmitoylethanolamide, 5-fluorocytosine

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61 INTRODUCTION

62 *Cryptococcus neoformans* (*Cn*) is an encapsulated neurotropic fungal pathogen and the
63 causative agent of cryptococcosis in humans. *Cn* causes opportunistic disease in HIV-infected
64 individuals due to low counts of CD4⁺ T cells, with this mycosis accounting for approximately
65 15 to 19% of AIDS-related deaths (1, 2). Cryptococcal meningoencephalitis (CME) is the most
66 severe manifestation of the disease and results in an estimated 181,100 deaths annually
67 worldwide. CME is a major cause of death in sub-Saharan Africa, where 2.5 million individuals
68 are positive for HIV, over 58% of the global HIV-positive population (3). In fact, sub-Saharan
69 Africa carries an estimated 73% of the global deaths related to CME annually (2). Despite the
70 efficacy of and increasing accessibility to antifungal therapy, the high incidence of death from
71 cryptococcal infection is associated with low adherence to antiretroviral therapy (4), as well as
72 the lack of licensed and available treatment options (5).

73 The World Health Organization places cryptococcosis as a high priority mycosis and
74 recommends a combination of amphotericin B (AmpB) and 5-fluorocytosine (5-FC), followed by
75 fluconazole as the therapeutic management of CME in severely immunosuppressed individuals
76 (6). There are limitations to this treatment regimen, particularly with AmpB being highly toxic
77 causing nephrotoxicity, phlebitis, hypokalaemia, and anaemia (7), often requiring hospitalization
78 (8), and the high costs and limited accessibility of 5-FC (9). Various formulations of AmpB have
79 been tested, such as single-dose liposomal AmpB (10), which has shown similar efficacy to
80 conventional AmpB with fewer complications, and AmpB colloidal dispersion (11). Different
81 combinations of antifungal therapies with AmpB have also been reviewed, such as tamoxifen
82 (12), but fungal clearance and recovery rates have not been as effective.

83 Palmitoylethanolamide (PEA) is an endogenous lipid compound capable of controlling
84 and reducing neuroinflammation (13, 14). PEA downregulates the expression of inducible nitric
85 oxide synthase and NF- κ B nuclear translocation through interaction with cellular receptors,
86 notably the peroxisome-proliferator-activated receptor alpha, present in many cell types
87 including microglia (15). Modulation of microglial phenotypes to promote phagocytosis and
88 migration have been observed with PEA treatment (16, 17), as well as anti-inflammatory effects,
89 neuroprotection, reduced apoptosis, and prolonged neuronal survival (18-20). PEA enhances
90 survival in mice infected with *Escherichia coli* by modulating inflammation and stimulating
91 bacterial phagocytosis by microglia (21). Interestingly, PEA also acts on several molecular
92 targets both in the central and peripheral nervous systems, making it an attractive therapeutic
93 agent for many central nervous system-related diseases (22). In fact, a clinical trial in the 1970s
94 in the former Czechoslovakia involving 3,600 patients demonstrated that PEA had no adverse
95 effects at daily doses of 600 to 1,800 mg (23, 24).

96 The incidence of CME and limited availability of accessible, safe, and effective
97 treatments warrant further investigation into other potential therapeutic agents. Hence, in this
98 study, we investigated the efficacy of PEA alone or combined with other commonly used
99 antifungal drugs (e.g., AmpB and 5-FC) during *Cn* brain infection. Using a stereotaxic model of
100 intracerebral (i.c.) mouse infection we evaluated the potential of PEA as a candidate for the
101 clinical management of CME.

102

103 **RESULTS**

104 **AmpB and PEA combination extend the survival of C57BL/6 mice i.c.-infected with *Cn*.** We
105 first assessed the impact of PEA alone or combined with AmpB in combating cerebral

106 cryptococcosis (Fig. 1). Using a stereotaxic apparatus (Fig. 1A), we i.c.-infected 10^4 *Cn* strain
107 H99 cells into the mouse striatum ($n = 7$ mice per group, 6-8 weeks old, female), following the
108 brain coordinates described previously (25). The striatum is a region in the basal ganglia of the
109 brain that coordinates multiple aspects of cognition and motor function. We used it as the site of
110 infection because this brain region is frequently affected in patients with CME (26) with
111 cryptococcoma formation around the Virchow-Robin spaces (i.e., perivascular fluid-filled
112 cavities that surround perforating blood vessels in the brain parenchyma) (27). One day post-
113 infection (dpi), sterile saline (untreated), minocycline (0.5 mg/kg/d; an inhibitor of microglia
114 activation), PEA (0.5 mg/kg/d), AmpB (3 mg/kg/d), or a combination of AmpB (3 mg/kg/d) +
115 PEA (0.5 mg/kg/d) were administered via intraperitoneal injection (i.p.) in different groups of
116 mice followed by every other day treatment for 28-dpi. The survivability of the untreated and
117 treated *Cn*-infected mice was closely monitored throughout the duration of the protocol (Fig.
118 1B). On average but not statistically significant, PEA-treated mice that developed
119 neurocryptococcosis survived longer (median: 13-dpi) than those in the untreated (median: 11-
120 dpi) and minocycline-treated (median: 10-dpi) groups. Similarly, AmpB-treated animals showed
121 much longer survival trend (median: 18-dpi) than PEA-treated mice, although this trend was not
122 statistically significant. Interestingly, *Cn*-infected mice treated with combination of AmpB and
123 PEA survived the longest (median: 26-dpi) with 3 out of 7 mice (approximately 42.9%) reaching
124 to the end of the experiment (28-dpi; vs. untreated, $P < 0.001$; minocycline, $P < 0.003$; AmpB,
125 not significant or ns; PEA, $P < 0.002$). In this regard, only one mouse in the AmpB group
126 survived the whole experiment whereas all the untreated, minocycline-treated, and PEA-treated
127 animals died by 15-, 24-, and 18-dpi, respectively. Clinical observations resulting from *Cn*
128 infection included respiratory distress, neurological impairment, seizures, loss of mobility, and

129 particularly, weight loss, which was a clear indicator of disease progression and mortality (Fig.
130 1C). These results indicate that while PEA alone had limited effect in extending the life of mice
131 that developed cerebral cryptococcosis, when combined with AmpB, PEA showed a
132 considerable additive effect.

133

134 **AmpB and PEA combination significantly reduces fungal burden in *Cn*-infected brains.**

135 Coronal brain tissue sections were stained with Periodic acid-Schiff to identify the morphology
136 of *Cn* in the host tissue during infection (Fig. 2). Untreated *Cn*-infected brains exhibit red-stained
137 cryptococci (arrows) in the ventricular and the caudate nucleus (Fig. 2A). Minocycline- and
138 PEA-treated brains displayed yeast cells accumulated in the margin of the cryptococcoma
139 adhering to striatal tissue. Notably, brain tissue excised from mice treated with AmpB show
140 minimal fungal colonization. *Cn*-infected mice treated with combination of PEA and AmpB
141 displayed fungal cells in the lumen of the lateral ventricle. Mice i.c.-challenged with *Cn* [$n = 6$
142 mice per group; 6 colony forming unit (CFU) plates per animal were plotted] and treated with
143 saline (untreated), minocycline, AmpB, PEA, or combination AmpB + PEA were evaluated for
144 brain fungal load (Fig. 2B). There were no differences between the groups in fungal burden at 3-
145 dpi. However, AmpB (mean: 3.72×10^6 CFU/g tissue)- and AmpB + PEA (mean: 1 CFU/g
146 tissue)-treated brains showed significantly lower fungal burden than untreated (9.14×10^6 CFU/g
147 tissue; $P < 0.0001$) or minocycline (8.04×10^6 CFU/g tissue; $P < 0.0001$)-treated brain tissue at
148 7-dpi. The AmpB + PEA combination brains exhibited the lowest CFU number reduction of all
149 the groups at the chosen dilutions. There were no differences in fungal burden between
150 untreated, minocycline-and PEA-treated mice. Overall, our findings indicate that PEA is not
151 fungicidal, although it enhances cryptococcal killing when combined with AmpB.

152

153 **AmpB and PEA combination stimulate strong glial cell responses around the brain region**

154 **of infection.** We have previously shown that *Cn* forms cryptococcomas in mouse striatal tissue

155 after i.c. infection, mimicking CME in humans, particularly those cases with brain parenchyma

156 involvement (28). Thus, we examined morphological changes in all saline (untreated),

157 minocycline, AmpB, PEA, or AmpB + PEA treated *Cn*-infected mice. Brain tissue was

158 processed for histology and sections were stained with hematoxylin & eosin, which allows us to

159 observe tissue morphology. All treatment groups display encephalomalacia or cryptococcoma

160 formation in the striatum (Fig. 3). Untreated brain tissue showed extensive necrosis that

161 expanded throughout the basal ganglia (e.g., striatum, globus pallidus, and caudate nucleus; Fig.

162 3, top panels). Microgliosis and *Cn*-induced necrosis (red arrow) were also evident around the

163 border of the cryptococcoma. In the minocycline-treated brains, extensive encephalomalacia that

164 extended to the overlying cerebral cortex was observed (Fig 3, second panel row from the top).

165 In addition, *Cn* invaded the tissue surrounding the cryptococcoma causing ischemic neuronal

166 necrosis (blue arrow) and weak microglial response (red arrow), which is characteristic of GXM

167 accumulation and the direct negative effect of minocycline in these glial cells (25). Interestingly,

168 tissue from AmpB-treated mice evinced marked microgliosis (blue arrow) and astrocytic

169 response (red arrow) in tissue adjacent to the cryptococcoma or encephalomalacia (middle row

170 panels), while tissue from PEA-treated mice displayed noticeable microgliosis (red arrow) and

171 evident swollen endothelial cells (blue arrow). Lastly, *Cn*-infected mice and treated with

172 combination of AmpB + PEA exhibited microgliosis (red arrow) around the margin of the

173 cryptococcoma (Fig. 3, lower panels). In summary, analysis of our histological data demonstrate

174 that AmpB + PEA stimulate robust glial cell responses that may be critical to combat *Cn* brain
175 infection.

176

177 **AmpB and PEA combination reduces *Cn* GXM released in brain tissue.** *Cn* GXM is
178 abundantly secreted during infection resulting in immunosuppressive effects for the host. Hence,
179 we examined the impact of these various drug treatments on GXM accumulation in tissue during
180 cerebral cryptococcosis (Fig. 4). GXM was red-pink stained in brain tissue using the specific
181 monoclonal antibody (mAb) 18B7 (Fig. 4A). The GXM intensity in tissue sections was analyzed
182 using NIH Image J color deconvolution tool software. Immunolabeling of untreated *Cn*-infected
183 brain tissue evinced extensive GXM accumulation that diffused inside the lateral ventricle.
184 Minocycline-injected animals displayed GXM concentrated in the area of encephalomalacia that
185 spread to surrounding brain tissue. In contrast, *Cn*-infected brains from PEA treated mice
186 showed localized polysaccharide accumulation inside the cryptococcoma without dissemination
187 to surrounding tissue (Fig. 4A, middle panels). Interestingly, AmpB-treated groups (either alone
188 or in combination with PEA) demonstrated a significant reduction in GXM accumulation in
189 brain tissue (Fig. 4A and B). Further, brains from mice treated with AmpB + PEA combination
190 showed positive immunostaining exclusively in plug-like structures (arrow) formed and adhered
191 to ependymal cells in the lateral ventricle, without brain parenchyma involvement (Fig. 4A,
192 lower panels). Analysis of the intensity of GXM staining in brain tissue images from *Cn*-infected
193 mice after the various drug treatments revealed that AmpB alone and in combination with PEA
194 had significantly lower GXM intensity or accumulation in tissues than minocycline- ($P < 0.05$)
195 and PEA-treated ($P < 0.01$) groups (Fig. 4B). Our data show that AmpB regulates fungal

196 capsular polysaccharide release, which may have important implications for impacting the
197 progression of neurocryptococcosis.

198

199 **PEA has no effect in reducing *Cn* capsular volume *in vivo*.** The capsule of *Cn* is the primary
200 virulence factor of the fungus and is incredibly dynamic and responsive to changes in the
201 microenvironment. Large capsule volume is correlated with a robust inflammatory response and
202 respiratory distress (29). Also, capsular enlargement reduces phagocytosis and enhances *Cn*
203 survival during infection (30). To validate our results indicating that AmpB treatment reduces *Cn*
204 GXM released in brain tissue, we assessed the impact of the different drug treatments on
205 capsular size and volume in brain tissue homogenates using India ink staining and light
206 microscopy (Fig. 5A). Quantification of microscopic images ($n = 3$ mice and ≥ 200 cells per
207 group; Fig. 5B) confirmed that treatment with AmpB ($1,208.2 \mu\text{m}^3$; $P < 0.05$) and AmpB + PEA
208 ($1,259.9 \mu\text{m}^3$; $P < 0.05$) significantly reduced *Cn* capsular volume compared to minocycline
209 treatment ($1,643.2 \mu\text{m}^3$). Surprisingly, no differences in capsular volume were observed between
210 untreated ($1,394.6 \mu\text{m}^3$), PEA ($1,350.1 \mu\text{m}^3$), AmpB ($1,208.2 \mu\text{m}^3$), and AmpB + PEA ($1,259.9$
211 μm^3). Our results suggest that AmpB, on average, has a negative effect on cryptococcal capsular
212 production and release in brain tissue, thus, facilitating fungal clearance during infection.

213

214 **PEA causes similar microglia morphological changes than minocycline during *Cn* brain**
215 **infection.** Microglia are the principal immune cell in the brain responsible for phagocytosis,
216 immune cell recruitment, and communication via cytokine signaling (31). We recently reported
217 that microglia can take diverse morphological phenotypes after *Cn* i.c.-infection, ramified,
218 activated, phagocytic/amoeboid, dystrophic, or rod-shaped, which may be associated with

219 neurocryptococcosis progression and outcome (28). Therefore, we monitored the impact of each
220 drug treatment on the phenotypic landscape of microglia during cryptococcal infection (Fig. 6).
221 Microglia and GXM were immunolabeled using ionized calcium binding adaptor molecule-1
222 (Iba-1; brown)- and 18B7 (pink-red)-binding mAbs, respectively (Fig. 6A). Images of each
223 group treatment were visualized under the microscope and the microglia morphology
224 documented as previously described (25). *Cn*-infected brains from untreated mice presented the
225 following microglia phenotype distribution: activated (38.52%) > ramified (31.03%) > rod-
226 shaped (15.46%) > phagocytic (11.59%) > dystrophic (3.4%) (Fig. 6B). Although minocycline
227 treatment inhibited microglial activation (32.46%), this drug resulted in the highest percentage of
228 phagocytic (42.8%) and dystrophic (9.58%) microglia and the lowest percentage of ramified
229 (6.03%) microglia. In addition, brains from minocycline-treated mice had the second lowest
230 percentage of rod-shaped (9.12%) microglia after AmpB-treated (8.46%) mice. Furthermore,
231 AmpB-treatment resulted in the highest percentage of ramified (44.58%) microglia and the
232 lowest percentage of activated (22.78%) microglia. Tissue from AmpB-treated mice also had
233 20.93% and 3.25% of phagocytic and dystrophic microglia, respectively. The phenotypic profile
234 of microglia in PEA-treated tissue was similar to those observed in the minocycline group
235 including 39.32% phagocytic, 35.77% activated, 11.69% rod-shaped, 10.37% ramified, and
236 2.85% dystrophic morphology. Moreover, AmpB + PEA-treated animals evinced similar
237 microglia morphological patterns than untreated mice including 32.48% activated, 30.18%
238 ramified, 14.86% rod-shaped, 20.18% phagocytic, and 2.29% dystrophic cells. Our findings
239 suggest that *Cn* brain infection and different drug treatments causes phenotypic microglial
240 alterations, which may have important consequences in their responses to fungal infection and
241 clearance.

242
243 **PEA and AmpB combination prolong i.c.-infected mouse survival, but with less efficacy to**
244 **current standard of treatment.** Since AmpB and 5-FC are standard of treatment for individuals
245 with CME, we compared the efficacy of PEA and AmpB combination and AmpB and 5-FC
246 combination in extending *Cn*-infected mice survival (Fig. 7). On average, *Cn*-infected and
247 AmpB + PEA-treated mice exhibited higher survivability (median: 20-dpi) relative to untreated
248 (median: 12-dpi; $P < 0.03$) and PEA + 5-FC (median: 14-dpi; trend but ns) animals (Fig. 7A).
249 All untreated mice and PEA + 5-FC-treated groups died by 20-dpi. On the contrary, all mice
250 infected with *Cn* and treated with AmpB + 5-FC survived (100%; vs. Untreated, $P < 0.001$; PEA
251 + 5-FC, $P < 0.001$) whereas only 33% (2 out of 6) of the animals in the AmpB + PEA group ($P <$
252 0.02) survived for 28-dpi when the experiment was finalized. Body weight was monitored and
253 was also a clear indicator of disease progression, with mortality being associated with 25%
254 weight loss (Fig. 7B). These results show that while the combination of AmpB and PEA has
255 positive effects in prolonging the life of mice with cerebral cryptococcosis, this effect is limited
256 when compared with the efficacy of AmpB and 5-FC, the current standard of patient care.

257
258 **DISCUSSION**

259 In this study, we demonstrated that PEA has limited effect in prolonging murine
260 survivability upon direct brain infection with *Cn*. PEA is an immunomodulatory molecule, and
261 its effects in extending mouse survival are related to the high activation of microglia in brain
262 tissue that may aid in combating *Cn* infection. Our data show that 75% of microglia during *Cn*
263 brain infection had an activated or phagocytic phenotype, which is critical for microbial
264 clearance (32). For example, PEA increases microglia-mediated phagocytosis of bacteria without

265 inducing considerable inflammation (33), prevents rheumatic fever in susceptible children (34),
266 and alters the course of influenza infection (24). However, its limitation in controlling *Cn*
267 infection is because PEA has no direct effect in killing the fungus, reducing cryptococcoma
268 formation, or decreasing fungal capsular volume and GXM secretion. Interestingly, PEA
269 provides a substantial additive effect in combating cerebral cryptococcosis when combined with
270 AmpB, which although toxic to the host, is a potent anti-cryptococcal agent, validating the
271 critical importance of antimicrobial compounds in stimulating the host immunity. Combination
272 of AmpB and PEA significantly and surprisingly decreased CFU numbers in *Cn* brain infected
273 mice relative to all the other tested groups. Despite cryptococcoma formation in brain tissue of
274 animals treated with AmpB and PEA combination, histopathology shows considerable
275 microgliosis surrounding the brain-lesions, which is consistent with fungal clearance. Although
276 i.c. infected mice treated with either AmpB or PEA elicited a strong glial response, it is plausible
277 to consider that the AmpB and PEA combination provides an ideal balance between the potency
278 of the antifungal drug and the lipid in killing the fungus. It is possible that PEA, by being a
279 hydrophobic molecule, binds to the cell membrane ergosterol and serves as a vehicle in
280 facilitating AmpB-mediated pore formation, killing the cell (35). These hypotheses are possible
281 given that untreated and minocycline-treated brains showed moderate to weak glial responses
282 and the untreated tissue exhibited ischemic necrosis, a manifestation reported in patients with
283 CME (36, 37) and in this model of infection (25).

284 Untreated and minocycline- or PEA-treated *Cn* infected brains exhibited extensive
285 accumulation of GXM in tissue. Additionally, cryptococci isolated from the brains of these
286 groups showed large capsule size and volume relative to the AmpB-treated groups of animals.
287 Enlargement of the capsule reduces phagocytosis during infection and dramatically enhances

288 virulence through oxidative stress resistance (30, 38). However, cryptococcal GXM
289 accumulation showed different patterns with untreated and minocycline-treated tissue displaying
290 polysaccharide intensity throughout tissue surrounding the cryptococcoma, whereas PEA-treated
291 tissue exhibited higher GXM intensity inside of cryptococcomas or region of encephalomalacia.
292 It is conceivable that differential glial cell responses (e.g., microglia and astrocytes) between
293 these groups modulate the extension (e.g., untreated and minocycline) of GXM secretion from or
294 containment (e.g., PEA) within the cryptococcoma. This is important because GXM inhibits T
295 cell proliferation and reduces leukocyte recruitment needed for fungal clearance (39). Notably,
296 AmpB and AmpB + PEA brains infected with the fungus evinced little or localized tissue
297 secretion of GXM, respectively, which is likely due to the smaller capsular volume shown by the
298 cryptococci and reduction in proliferation or killing of the fungi. AmpB reduces capsule size and
299 serum polysaccharide, a described mechanism for this antifungal drug efficacy in cryptococcosis
300 (40). Regardless of its high toxicity, AmpB has been used for the treatment of disseminated
301 cryptococcal disease for over 70 years (41), and novel anti-cryptococcal compounds causing
302 minimal toxicity are urgently needed.

303 Microglia are dynamic resident immune cells of the central nervous system that can
304 modify their phenotype based on their responses to various pathological insults (42). Microglia
305 engulf cryptococci, which can survive and replicate inside these cells (43), avoiding immune
306 recognition. The morphological distribution of microglia in brain tissue after *Cn* brain infection
307 and the various treatments differed among the groups and may have important predictor
308 implications in reducing mortality. For instance, untreated *Cn*-infected brains showed the highest
309 and lowest percentages of rod-shaped and phagocytic morphologies by microglia, respectively.
310 Descriptions of rod-shaped microglia, which present elongated nuclei, few processes, and are

311 most notable in chronic neurological disorders, are scarce. The function of these cells remains
312 under investigation, but it is believed that they may provide neuroprotection and trophic support
313 (44, 45). Hypertrophic microglia are thought to be actively responding to injury (46, 47) and
314 were most abundant in untreated *Cn*-infected brains mostly due to tissue destruction related to
315 encephalomalacia. Hypertrophic microglial densities are directly related to cortical atrophy in
316 Alzheimer's disease and inversely related to high density of functional neurons in tissue (48).
317 Thus, accumulation of activated microglia may occur in damaged blood vessels or
318 microinfarctions during cryptococcal infection. It is also possible that GXM accumulation makes
319 activated microglia anergic or unresponsive, thus, the low phagocytic or amoeboid morphology
320 displayed, which may facilitate the proliferation and survival of the fungus, enhancing the
321 progression of the cerebral disease. Both minocycline- and PEA-treated tissues presented
322 approximately three quarters of all microglial cells activated and phagocytic, but animals in both
323 groups have low number of ramified microglia. Activated or hypertrophic microglia has been
324 linked to oxidative stress and inflammation in neurological diseases such Alzheimer's (49),
325 Parkinson's (50), stroke (51), and others. Moreover, minocycline-treated animals exhibited the
326 highest number of dystrophic microglia, which have fragmented processes, probably due to cell
327 dysfunction. Dystrophic microglia are found in high numbers in vulnerable individuals who
328 suffer from brain degeneration (52, 53) or senescence (44) due to aging or neurological diseases.
329 Interestingly, brains excised from AmpB and combination of AmpB and PEA groups showed
330 similarly balanced activated, phagocytic, ramified microglia distribution percentages. It is
331 conceivable that the highest number of ramified and rod-shaped microglia present in AmpB- and
332 combination-treated animals, respectively, makes a difference in the fungal persistence or
333 clearance observed in these groups, possibilities that can be tested in future studies. Elucidating

334 the impact of microglial responses or phenotypes in brain tissue infected with *Cn* is necessary
335 given their central role in many neurodegenerative diseases, including CME, which leads to
336 cognitive decline and mortality in patients (54).

337 Treatment of *Cn*-infected mice with combination of AmpB + PEA revealed less efficacy
338 than the recommended standard combination of AmpB + 5-FC. All the mice treated with the
339 standard of care combination survived through the duration (28-dpi) of the experiment. However,
340 mortality associated with CME in humans even with optimal treatment remains high (55).
341 Therefore, novel treatments that rapidly improve the clinical manifestation associated with CME
342 such as intracranial pressure and high fungal burden in the cerebrospinal fluid. Here, we
343 demonstrated that PEA is not an effective antifungal drug but may be beneficial in modulating
344 the immune response in combination with an effective fungicidal drug. Further pre-clinical
345 studies investigating the efficacy of immunomodulator molecules for the treatment of CME
346 could provide medical professionals with additional cost-effective and safe antifungal therapy
347 options of care especially in developing countries.

348

349 **MATERIALS AND METHODS**

350 **Ethics statement.** All animal studies were conducted according to the experimental practices
351 and standards approved by the Institutional Animal Care and Use Committee (IACUC) at the
352 University of Florida (Protocol #: 202011067). The IACUC at the University of Florida
353 approved this study.

354

355 *Cn. Cn* strain H99 (serotype A) was isolated and kindly provided by John Perfect at Duke
356 University. Yeasts were grown in Sabouraud dextrose broth (pH 5.6; BD Difco) for 24 h at 30°C
357 in an orbital shaker (Thermo Fisher) set at 150 rpm (to early stationary phase).

358
359 **i.c. infection with *Cn.*** C57BL/6 female mice (6-8 weeks old; Envigo) were anesthetized using
360 isoflurane (3–5% for induction and 1–2% maintenance; model: VetFlo Vaporizer Single Channel
361 Anesthesia System, Kent Scientific), placed in prone position over a heating pad (model:
362 RightTemp Jr., Kent Scientific), and prepped using standard aseptic techniques. A local
363 anesthetic, bupivacaine or ropivacaine (0.05%; Covetrus), was administered subcutaneously in
364 the incision. The fur on the skull was carefully shaved off and the animal was securely placed in
365 a stereotaxic apparatus (model: 940; Kopf Instruments).

366 Using a small hand-held microdrill (model: Ideal microdrill; Braintree Scientific), the
367 skull was thinned until the underlying dura mater was visible and a 26 G Hamilton syringe was
368 brought to the correct stereotaxic position and lowered until it touched the exposed dura. The
369 craniotomy was around 1 mm in diameter and the correct brain coordinates were identified using
370 a stereotaxic brain atlas (e.g., The Allen Mouse Brain Atlas; [https://mouse.brain-](https://mouse.brain-map.org/static/atlas)
371 [map.org/static/atlas](https://mouse.brain-map.org/static/atlas)). Based on our recent study (25) and others (56, 57) using the *Cn* H99 strain,
372 a 1-μL suspension containing 10⁴ cryptococci in sterile saline was injected into the striatum
373 [Stereotaxic coordinates: x (medial/lateral), -2; y (anterior/posterior), 0.2; z (dorsal/ventral), -
374 3.5]] using a 26 G Hamilton syringe connected to a pump (model: UltraMicroPump3; World
375 Precision Instruments). We injected the fungal inoculum in a 1-μL volume to avoid tissue
376 damage or diffusion of the cryptococci to other regions of the brain. The skin incision on the

377 dorsal head was closed with sterile nylon suture and 2-4% topical chlorhexidine solution was be
378 applied over the closed incision. After the surgery, mice were placed on a clean recovery cage.

379

380 **Administration of drug treatments.** One-dpi, mice were injected with a 100 μ L solution of
381 sterile saline, minocycline (0.5 mg/kg/day (d); diluted in sterile saline; ACROS Organics),
382 AmpB (3 mg/kg/d; diluted in sterile saline; AmpB; Gibco), PEA (0.5 mg/kg/d; diluted in sterile
383 saline; Tokyo Chemical Industry), or AmpB (3 mg/kg/d) + PEA (0.5 mg/kg/d) combination i.p.
384 every other day and monitored for survivability. In separate infections, mice were euthanized at
385 determined time points via CO₂ inhalation and brain tissues were excised for processing for
386 determination of CFU numbers and histopathological studies. Similarly, 5-fluorocytosine (100
387 mg/kg/d; diluted in sterile saline; 5-FC; ThermoFisher) was used in combination with PEA (0.5
388 mg/kg/d) or AmpB (3 mg/kg/d) and survivability was determined. The survival end points were
389 inactivity, tachypnea, or loss of $\geq 25\%$ of body weight from baseline weight. We monitored the
390 mice twice daily for clinical signs, dehydration, and weight loss. Animals showing signs of
391 dehydration or that lost more than 10% weight received supportive care such as 1 mL of
392 parenteral fluid supplementation (saline) and moist chow on the cage floor was provided.

393

394 **CFU determinations.** Brains were excised from euthanized mice and weighed 3- and 7-dpi. The
395 brain tissue was homogenized in 5 mL of sterile phosphate buffered saline, serially diluted, a 100
396 μ L suspension was plated on Sabouraud dextrose agar (BD Difco) and incubated at 30°C for 48
397 h. Quantification of viable yeast cells from infected animals were determined by CFU counting
398 of two dilutions per animal ($n = 6$ per day).

399

400 **Brain histology.** The brains were harvested and immersed in 4% paraformaldehyde (Fisher)
401 overnight. Then, brains were washed 3X with sterile saline for 1 h, embedded in paraffin, 4 μ m
402 coronal sections were serially cut using a cryostat (Tanner Scientific, model: TN50), fixed onto
403 glass slides, and subjected to hematoxylin & eosin or Periodic acid-Schiff staining to examine
404 tissue or fungal morphology, respectively. GXM (MAb 18B7 is an anti-cryptococcal GXM IgG1
405 generated and generously provided by Arturo Casadevall at the Johns Hopkins Bloomberg
406 School of Public Health; 1:1,000 dilution) and Iba-1 (rabbit anti-human Iba-1; 1:1,000 dilution;
407 FujiFilm Wako) specific Ab (conjugated to horseradish peroxidase; dilution: 1:1,000; Santa Cruz
408 Biotechnology) immunostaining to assess capsular release and distribution and microglial
409 phenotype, respectively, near cryptococcomas. The slides were visualized using a Leica DMI8
410 inverted microscope, and images were captured with a Leica DFC7000 digital camera using LAS
411 X digital imaging software. GXM distribution in tissue sections at 10X magnification ($n = 15$
412 fields per brain) was calculated using NIH Image J color deconvolution tool software (version
413 1.53q). The mean color intensity of the GXM for each treatment group was plotted in Prism
414 version 9.5 (GraphPad). The images were examined and analyzed by Dr. Mohamed F. Hamed, a
415 veterinary pathologist.

416
417 **Capsule measurements with India ink.** The capsules of cryptococci present in the brain tissue
418 of infected mice were measured from 10- μ L of homogenates prepared in phosphate-buffered
419 saline. India ink stain (BD Scientific) was diluted 1:5 in sterile milli-Q water and used to
420 visualize the capsules under light microscopy. Images were taken with a Leica DMI8 inverted
421 microscope and DFC7000 T digital camera. The diameters of both capsule and cell body were
422 measured using the Leica software platform LAS X. Capsule volume was calculated for ≥ 200

423 cells per group ($n = 3$ animal per group) using the volume formula, where R = radius of capsule
424 and r = radius of cell body: capsule volume (V) = $4/3 \pi(R^2-r^2)$.

425
426 **Statistical analysis.** All data were subjected to statistical analysis using Prism 9.5 (GraphPad).
427 Differences in survival rates were analyzed by the log-rank test (Mantel-Cox). P values for
428 multiple comparisons were calculated by one-way analysis of variance (ANOVA) and were
429 adjusted by use of the Tukey's *post-hoc* analysis. P values of <0.05 were considered significant.

430
431 **FIGURE LEGENDS**

432 **Fig. 1. Palmitoylethanolamide (PEA) treatment prolongs survival of C57BL/6 mice infected**
433 **with *C. neoformans* (*Cn*) when combined with Amphotericin B (AmpB). (A)** Experimental
434 timeline for the intracerebral (i.c.) *Cn* infection and every other day intraperitoneal (i.p.)
435 treatment model used in this study. Mice ($n=7$ animals per group) were infected with 10^4 *Cn*
436 strain H99 and administered treatments (e.g., saline (untreated), minocycline, AmpB, PEA, and
437 AmpB + PEA) by i.p. injection every other day. Then, survival studies and colony forming units
438 (CFU) determinations, histopathology, and microscopy were performed 3- and 7-days post-
439 infection (dpi). The diagram was created with BioRender.com by Melissa E. Munzen. **(B)**
440 Survival differences of C57BL/6 mice i.c. infected. Significance ($P < 0.05$) was calculated by
441 log-rank (Mantel-Cox) analysis. *, #, and X indicate statistically different than untreated,
442 minocycline-, and PEA-treatment groups, respectively. **(C)** Body weight was monitored for
443 changes and development of clinical symptoms indicative of mice nearing endpoint. Each time
444 point corresponds to mean weight and error bars denote standard deviations (SDs).

445

446 **Fig. 2. PEA and AmpB combination reduces cryptococcal burden in brains of mice 7 days**
447 **post-infection (dpi). (A)** Periodic acid-Schiff-stained 4 μm brain sections indicating infection by
448 *Cn* in C57BL/6 mice ($n = 3$ mice per group). Mouse brains were excised 7-dpi. Representative
449 10X (left panel), 20X (left center panel), 40X (right center panel), and 100X (right panel)
450 magnifications (red-stained *Cn* cell wall; scale bar: 50 μm) are shown. Panel images are a
451 magnification of the black rectangle in the corresponding left-stained section to display tissue
452 morphology surrounding cryptococcoma in each treatment group. Arrows indicate cryptococci.
453 **(B)** Fungal burden (CFU) in brains collected from *Cn* H99-infected mice ($n = 6$ mice per group)
454 at 3- and 7-dpi. Quantification of viable yeast cells from infected animals were determined by
455 CFU counting from two dilutions per mouse ($n = 6$ plates per animal) in phosphate-buffered
456 saline (PBS). CFU determinations are based on detectable colonies at the defined concentrations
457 in PBS (for 3-dpi, 1:1,000 and 1:10,000; for 7-dpi, 1: 10,000 and 1:50,000). Each symbol
458 represents a single CFU determination ($n = 36$ plates per group). Bars and error bars denote
459 means and SDs, respectively. Significance (****, $P < 0.0001$; ***, $P < 0.001$) was calculated by
460 one-way analysis of variance (ANOVA) and adjusted using Tukey's *post hoc* analysis. ns
461 denotes comparisons which are not statistically significant.

462
463 **Fig. 3. Robust glial cell responses were observed around the brain region of infection of**
464 **mice treated with AmpB and PEA combination.** Hematoxylin & eosin (7-dpi)-stained brain
465 sections (4 μm thickness) from i.c. infected mice with *Cn* H99 ($n = 3$ per group) and treated with
466 saline (untreated), minocycline, AmpB, PEA, or AmpB + PEA. Representative 10X (left panel),
467 20X (left center panel), 40X (right center panel), and 100X (right panel) magnifications images

468 are shown. Arrows indicate histological changes described in the result section text. Scale bars:
469 50 μm .

470

471 **Fig. 4. C57BL/6 mice treated with AmpB or AmpB + PEA showed significant reduction in**
472 ***Cn* glucuronoxylomannan (GXM) secretion. (A)** Representative images of brain tissue
473 sections (7-dpi) from *Cn* H99-infected mice treated with saline (untreated), minocycline, AmpB,
474 PEA, or AmpB + PEA co-stained with GXM-specific monoclonal antibody (mAb 18B7; red-
475 pink) and ionized calcium binding adaptor molecule-1 (Iba-1; brown) marker for microglia.
476 Representative 10X (left panel), 20X (left center panel), 40X (right center panel), and 100X
477 (right panel) magnifications are shown. Panel images are a magnification of the black rectangle
478 in the corresponding left-stained section to display tissue morphology surrounding
479 cryptococcoma in each treatment group. Arrow indicates plugs adhered to the ependymal cells.
480 Scale bars: 50 μm . **(B)** Quantification of GXM intensity. Regions of GXM release were
481 measured ($n = 15$ fields per group). Boxes and whiskers denote means and SDs, respectively.
482 Significance (**, $P < 0.01$; *, $P < 0.05$) was calculated by one-way ANOVA and adjusted using
483 Tukey's *post hoc* analysis. ns denotes comparisons which are not statistically significant.

484

485 **Fig. 5. Brains from C57BL/6 mice treated with AmpB or AmpB + PEA exhibit cryptococci**
486 **with considerable capsule size decrease. (A)** Images of brain homogenates (7-dpi) from mice
487 i.c. infected with 10^4 *Cn* cells and treated with saline (untreated), minocycline, AmpB, PEA, or
488 AmpB + PEA. Fungal cells were stained with India Ink. Each image was examined by light
489 microscopy using a Leica DMI8 inverted microscope and images captured with a Leica
490 DFC7000 digital camera using LAS X digital imaging software. **(B)** Capsule volume ($V = 4/3$

491 $\pi(R^2-r^2)$ for *Cn* cells in brain homogenates from each group was calculated using Leica LAS X
492 software. Brain homogenates from 3 mice per group were analyzed, and ≥ 200 cells were
493 measured. Bars and error bars denote means and SDs, respectively. Significance (*, $P < 0.05$)
494 was calculated by one-way ANOVA and adjusted using Tukey's *post hoc* analysis. ns denotes
495 comparisons which are not statistically significant.

496

497 **Fig. 6. Differential microglial morphology in brain tissue infected with *Cn* after treatment**

498 **with AmpB, PEA, or combination. (A)** Representative images of brain tissue sections (7-dpi)

499 from *Cn* H99-infected mice ($n = 3$ mice per group) treated with saline (untreated), minocycline,

500 AmpB, PEA, or AmpB + PEA co-stained with mAb 18B7 (GXM, red-pink) and Iba-1

501 (microglia, brown). Representative 10X (left panel), 20X (left center panel), 40X (right center

502 panel), and 100X (right panel) magnifications are shown. Panel images are a magnification of the

503 black rectangle in the corresponding left-stained section to display microglia morphological

504 changes near a cryptococcoma in each treatment group. Scale bars: 50 μm . **(B)** Pie charts

505 showing the percentage of microglial morphology distribution (e.g., activated, ramified,

506 dystrophic, phagocytic/amoeboid, and rod-shaped cells) in brain tissue during infection with *Cn*

507 H99 and different treatments. Microglial phenotype abundance was visualized using light

508 microscopy and classified according to their morphology.

509

510 **Fig. 7. Combination of AmpB and PEA prolongs survival of C57BL/6 mice, although not**

511 **with efficacy comparable to AmpB and 5-Fluorocytosine (5-FC).** (A) Survival differences of

512 C57BL/6 mice i.c. infected with 10^4 *Cn* strain H99 ($n = 6$ per group) and every other day given

513 i.p. treatment with saline (untreated), AmpB + PEA, PEA + 5-FC, or AmpB + 5-FC.

514 Significance ($P < 0.05$) was calculated by log-rank (Mantel-Cox) analysis. *, #, and X indicate
515 statistically different than untreated, AmpB + PEA-, and PEA + 5-FC-treatment groups,
516 respectively. **(B)** Body weight was monitored for changes and development of clinical symptoms
517 indicative of mice nearing endpoint. Each time point corresponds to mean weight and error bars
518 denote SDs.

519

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529 **AUTHORSHIP CONTRIBUTIONS**

530 All authors contributed to the project design and experimental procedures, analyzed data,
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532

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