Synaptopodin is necessary for *Shigella flexneri* intercellular spread.

Short title: Synaptopodin and bacterial infection

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Abstract

For many intracellular pathogens, their virulence depends on an ability to spread

between cells of an epithelial layer. For intercellular spread to occur, these pathogens

deform the plasma membrane into a protrusion structure that is engulfed by the

neighboring cell. Although the polymerization of actin is essential for spread, how these

pathogens manipulate the actin cytoskeleton in a manner that enables protrusion

formation is still incompletely understood. Here, we identify the mammalian actin binding

protein synaptopodin as required for efficient intercellular spread. Using a model cytosolic

pathogen, *Shigella flexneri,* we show that synaptopodin contributes to organization of

actin around bacteria and increases the length of the actin tail at the posterior pole of the

bacteria. We show that synaptopodin presence enables protrusions to form and to resolve

at a greater rate, indicating that greater stability of the actin tail enables the bacteria to

push against the membrane with greater force. We demonstrate that synaptopodin

recruitment around bacteria requires the bacterial protein IcsA, and we show that this

recruitment is further enhanced in a type 3 secretion system dependent manner. These

data establish synaptopodin as required for intracellular bacteria to reprogram the actin

cytoskeleton in a manner that enables efficient protrusion formation and enhance our

understanding of the cellular function of synaptopodin.

Keywords: Synaptopodin; *Shigella flexneri*; cell-to-cell spread; intercellular spread;

intracellular pathogens; IcsA; Spa15; plasma membrane; protrusions; type 3 secretion

system

Authors Summary

Intercellular spread is essential for many cytosolic dwelling pathogens during their

infectious life cycle. Despite knowing the steps required for intercellular spread, relatively

little is known about the host-pathogen interactions that enable these steps to occur.

Here, we identify a requirement for the actin binding protein synaptopodin during

intercellular spread by cytosolic bacteria. We show synaptopodin is necessary for the

stability and recruitment of polymerized actin around bacteria. We also demonstrate

synaptopodin is necessary to form plasma membrane structures known as protrusions

that are necessary for the movement of these bacteria between cells. Thus, these findings

implicate synaptopodin as an important actin-binding protein for the virulence of

intracellular pathogens that require the actin cytoskeleton for their spread between cells.

Introduction

Many cytosolic-dwelling pathogens recruit actin-associated proteins to enable intercellular spread between mammalian cells (1), including *Listeria* spp*., Rickettsia* spp*., Burkholderia* spp*., Mycobacterium marinum, Shigella* spp*.,* and poxviruses. The forces generated from the polymerization of actin enable their intracellular motility and movement between cells (2, 3). In order to polymerize actin, these organisms subvert preexisting mammalian cytoskeletal pathways. Whereas the ability to repurpose the cellular cytoskeleton is critical for their virulence, the molecular mechanisms that enable actin motility among these pathogens are still incompletely understood (4-6).

Synaptopodin is the founding member of a family of natively unfolded proteins. Approximately 20% of synaptopodin is composed of prolines, which prevent the assembly of most secondary structures (7). Synaptopodin can function as a molecular scaffold that interacts with multiple binding partners, including actin (8, 9). The mechanisms of synaptopodin function remain poorly described. It is implicated in promoting actin fiber formation through recruitment of Nck1 and through interaction with RhoA GTPase (10). It promotes barrier integrity of the intestinal epithelium in response to butyrate by localizing to tight junctions, where it interacts with actin fibers (11). In MDCK cells, synaptopodin promotes cellular extrusion by forming a complex known as a contractomere, which comprises synaptopodin, α-actinin-4, β-catenin, and myosin IIb and generates contractile forces along the cell junction (12). Due to the critical role of actin-binding proteins during infection by cytosolic pathogens, we sought to test whether and how synaptopodin contributes to infection.

To examine the role of synaptopodin, we focused on interrogating its function during

infection by the model cytosolic pathogen *Shigella flexneri.* This Gram-negative bacterium

is a leading cause of bacillary dysentery, a form of bloody diarrhea (6). *S. flexneri* causes

disease by invading cells of the colonic epithelium and by spreading between cells in this

epithelial layer (13, 14). Cytosolic *S. flexneri* express IcsA at one bacterial pole (15). IcsA

binds Neural Wiskott-Aldrich syndrome protein (N-WASP), which then recruits the Actin

Related Protein 2/3 complex (Arp2/3) and promotes actin nucleation (16). The

polymerization of actin enables the bacteria to move in the cytosol of the cell (17). At the

periphery of the cell, some bacteria deform the plasma membrane into a protrusion

structure that pushes into the neighboring (recipient) cell (18), where it is actively

engulfed. In the recipient cell, these protrusions are resolved into double membrane

vacuoles. The bacteria quickly escape the double membrane vacuole into the cytosol,

where they can repeat this cycle of intercellular spread (19). Intercellular spread allows

the bacterium to access nutrients while evading the immune system, and both the

invasion of the colonic epithelium and the spread between cells are essential for

pathogenesis (5, 20-23). Defining the molecular mechanisms that promote the

intercellular spread of *Shigella* is essential to understand how this organism causes

disease.

Here, we identify the mammalian protein synaptopodin as required for *S.*

flexneri intercellular spread by enabling the formation of protrusions. Synaptopodin

promotes greater recruitment of actin around the bacteria in the cytosol and enables the

generation of tail structures with more optimized force vectors for generating protrusions.

Synaptopodin is recruited to bacteria in a manner that is dependent on the bacterial

protein IcsA, and its recruitment is additionally enhanced by a Spa15-dependent bacterial

protein. We show that synaptopodin function likely occurs in a manner distinct from

previously described pathways. Together, these data, using *S. flexneri* as a model,

identify synaptopodin as a critical cellular component that enables intercellular spread by

cytosolic pathogens.

Results

Synaptopodin is required for efficient intercellular spread by *S. flexneri*.

Since *S. flexneri* requires actin polymerization for intercellular spread (6) and since

synaptopodin is an actin-binding protein recently demonstrated to be essential for the

function of epithelial actin (11), we hypothesized that synaptopodin may contribute to *S.*

flexneri intercellular spread in intestinal epithelial cells. To test this, a plaque assay was

used to compare the efficiency of *S. flexneri* intercellular spread through a monolayer of

cells that produce synaptopodin to the efficiency of spread through monolayers that lack

synaptopodin. In this assay, the bacteria kill the cells as they spread, creating a zone of

clearance in the monolayer known as a "plaque". Whereas the number of plaques is a

function of the efficiency of bacterial invasion, the area of the plaques is a function of the

efficiency of intercellular spread. We measured the area of plaques formed in T84 human

colonic adenocarcinoma epithelial (T84) cells and Madin-Darby canine kidney (MDCK)

cells that either produced a control shRNA or a shRNA specific to synaptopodin (11, 12).

Synaptopodin protein levels are reduced by 80% in the T84 cells (11) and 85% in MDCK

cells (Fig. S1A-B). The plaques formed in monolayers of these cells were significantly

smaller when synaptopodin was knocked down compared to plaques formed in

monolayers of cells producing wild-type levels of synaptopodin (Fig. 1A-D).

We also compared the ability of *S. flexneri* to spread through monolayers of HeLa

cells, which are a model cell line to investigate *S. flexneri* infection. We used HeLa cells

producing a control shRNA or one of five synaptopodin-specific shRNAs. We observed

that plaques formed in monolayers of HeLa cells producing four of the five synaptopodin

specific shRNA were smaller than plaques formed in cells producing the control shRNA

(Fig. 1E-F and Fig. S1C-D). The four cell lines displaying reduced plaque size also

demonstrated a reduction in synaptopodin protein level as measured by western blot (Fig.

S1E-F). Thus, the smaller plaque size observed above was unlikely the result of non-

specific effects of an individual shRNA. *S. flexneri* replicated at a similar efficiency in T84,

MDCK, and HeLa cells that produced or lacked synaptopodin (Fig. S1G-L), indicating that

the reduction in plaque size is not due to differences in bacterial replication. Moreover,

since similar results were observed in T84, MDCK, and HeLa cells, these data indicate

that the requirement of synaptopodin for *S. flexneri* spread is unlikely to be specific for a

particular cell type.

We hypothesized that the spread defect observed with *S. flexneri* in synaptopodin

knockdown cells would be applicable to other pathogens that nucleate actin. *Listeria*

monocytogenes is a Gram positive bacterium that, like *Shigella,* requires actin-based

motility for intercellular spread (24). We compared the ability of *L. monocytogenes* to

spread through a monolayer of HeLa cells producing a control shRNA compared to cells

producing a shRNA specific to synaptopodin and used fluorescent microscopy to

measure the area of spread. Similar to the results observed with *S. flexneri, L.*

monocytogenes infection resulted in smaller areas of clearing in synaptopodin knockdown

cells compared to the control cells (Fig. S2), demonstrating that synaptopodin is required

for intercellular spread of *Listeria*. Together, these data show that *S. flexneri* and *L.*

monocytogenes require synaptopodin for efficient intercellular spread and that the

requirement of synaptopodin may be a general feature of intracellular bacterial pathogens

that spread.

Synaptopodin is required for protrusion formation by *S. flexneri*

To investigate how synaptopodin contributes to efficient intercellular spread, we

focused on aspects of the bacterial intracellular life cycle that require actin. We assessed

the ability of bacteria to form plasma membrane protrusions in HeLa cells producing either

a control or a synaptopodin-specific shRNA. We determined the percentage of bacteria

present in a protrusion at 90 minutes of infection by examining the manner of actin

polymerized at the posterior pole of bacteria by immunofluorescence microscopy. A

smaller percentage of bacteria in synaptopodin knockdown cells were present in plasma

membrane protrusions compared the percentage of bacteria in protrusions in control cells

(Fig. 2A-B), demonstrating that synaptopodin is required for efficient protrusion formation.

Synaptopodin is associated with the bundling and elongation of actin filaments in

cells (25, 26), but actin intensity at the plasma membrane near protrusions was similar in

the presence and absence of synaptopodin (Fig. 2C), indicating that the protrusion defect

is not due to defects in the amount of actin recruited to protrusions. Protrusion formation

is also dependent on actin that is polymerized by formins. The formin mDia1 is required

for formation of protrusions by *S. flexneri* and *L. monocytogenes* (27, 28). mDia1 was

efficiently recruited to protrusions formed in control or synaptopodin knockdown cells (Fig.

S3), indicating reduced mDia1 levels around bacteria are not driving the reduction in

protrusion formation in the relative absence of synaptopodin. The length of the protrusion

is more generally associated with the efficiency of intercellular spread (29). Protrusion

lengths were similar irrespective of synaptopodin levels in HeLa cells (Fig. 2D), indicating

that the requirement for synaptopodin was not associated with protrusion length.

We next investigated the kinetics of protrusion formation by *S. flexneri* to further

clarify the role of synaptopodin in the development of membrane protrusions. To visualize

the formation of protrusions, intracellular bacteria were tracked by time-lapsed

microscopy during infection of HeLa cells that produce a YFP that is anchored to the

plasma membrane (30). Bacteria in control cells formed protrusions at a greater velocity

than bacteria in cells lacking synaptopodin (Fig. 2E-F). Protrusions formed in the

presence of synaptopodin were also faster to resolve, lasting an average of 18 min in

control cells compared to 27 min in synaptopodin deficient cells (Fig. 2G). These data

show synaptopodin enables more rapid formation and resolution of protrusions.

Synaptopodin regulates actin tail formation by *S. flexneri*

The ability to efficiently assemble an actin tail in the cell cytosol is associated with

efficient protrusion formation at the plasma membrane (31). We hypothesized that the

defects in protrusion formation were the result of aberrant actin tail formation. To test this,

we infected HeLa cells with *S. flexneri* and characterized the actin tails. Although a similar

percentage of bacteria formed actin tails in the control and synaptopodin knockdown cells

(Fig. 3A-B), actin tails that formed in the synaptopodin knockdown cells were significantly

shorter than actin tails in the control cells (Fig. 3C). In MDCK cells, the actin tails formed

by *S. flexneri* in the control cells were also significantly longer than tails in the

synaptopodin knockdown cells (Fig. S4A-B). Previous studies have shown that the length

of the actin tails correlates with the rate of actin polymerization and the speed bacteria

move in the cytosol (32). Since we observed shorter tails in HeLa and MDCK cells, it

suggested to us that the rate of actin polymerization could be reduced in the absence of

synaptopodin and would result in *S. flexneri* moving more slowly through the cytosol of

the cells. To test this, time-lapsed microscopy was performed on intracellular bacteria in

HeLa cells to evaluate the efficiency of actin-based motility. In contrast to our expectation

based on the length of the actin tails, the bacterial velocity was similar in the control and

synaptopodin knockdown cells (Fig. 3D-E).

In addition to differing in length, the width of the actin tails at the base of the

bacteria was wider in control HeLa cells than in synaptopodin knockdown HeLa cells (Fig.

S5A-B). Interestingly, actin tails at the base of the bacteria in MDCK cells not significantly

different in width between control and synaptopodin knockdown cells (Fig. S4C). We also

noted additional phenotypic changes to the tails in HeLa cells lacking synaptopodin.

Polymerized actin was more frequently present along the lateral sides of the posterior

end of bacteria in the control cells compared to in synaptopodin knockdown cells (Fig.

S5C). During bacterial infection or when examining actin polymerization around lipid

vesicles, the actin on the sides of the bacteria or vesicle creates an inward force at the

base that is predicted to contribute to the propulsive force (33, 34). Seeing that there was

no difference in the velocity at which *S. flexneri* traveled whether or not actin extended

along the sides of the bacteria, we hypothesized that the additional actin may stabilize

the tail and keep the actin tail in line with the bacteria, which we anticipated would stabilize

the path along which the bacteria travels. To investigate this, we measured the angle at

which the actin tail extended from the posterior pole of the bacteria. We set actin tails that

formed completely in line with the longitudinal axis of the bacteria at 0° and deviations

from this alignment resulted in an increased angle. In the synaptopodin knockdown cells,

the actin tails were less aligned with the bacteria's longitudinal axis than the tails

associated with bacteria in the control cells, which resulted in a greater angle from the

longitudinal axis for bacteria in synaptopodin knockdown cells (Fig. S5D). These data

show that synaptopodin enables actin presence along the lateral sides near the posterior

end of the bacteria and that synaptopodin enables the actin tail to be more in line with the

bacteria. We theorized that the angle of the actin tail would decrease the forward

momentum that the actin nucleation creates at the base of the bacteria. We used the

formula $[sin\,(angle\,of\,the\,tail(\theta))\,+\,cos(angle\,of\,the\,tail(\theta))]$ to calculate the force of

the actin tail on the bacteria. We then calculated the percentage of force that contributed

to the forward momentum of the bacteria by the formula $[cos\,(angle\,of\,the\,tail(\theta))\,/$

$total\,force] * 100$. The percentage of the theoretical forward movement of bacteria in

the control cells is higher than in the synaptopodin knockdown cell lines (Fig. S5E). We

hypothesized that the defects in the actin tail length, width, organization, and angle of

attachment would lead to a defect in the linear trajectory of the bacteria in the absence of

synaptopodin. We tracked intracellular bacteria with time-lapsed microscopy to evaluate

the linear trajectory. We calculated the distance an individual bacteria traveled and

divided it by the distance of the theoretical most efficient path – a straight line. A bacterium

that took the most efficient path would have a linear trajectory ratio of 1.0. We observed

that bacteria deviated further from an ideal path in cells lacking synaptopodin compared

to control cells (Fig. S5F), which showed that bacteria traveled along a straighter path in

the presence of synaptopodin.

Since we show that *L. monocytogenes* also requires synaptopodin to efficiently

spread between cells, we also tested whether the length of actin tails was similarly

decreased during *L. monocytogenes* infection of HeLa cells. Similar to *S. flexneri,* actin

tails formed by *L. monocytogenes* were longer in the presence of synaptopodin compared

to the actin tails formed in the absence of synaptopodin (Fig. S6).

Altogether, these data show that synaptopodin regulates the length of actin tails

during bacterial intercellular spread (Fig. 3F) and that in HeLa cells there are additional

defects in actin tails formed by *S. flexneri* in the absence of synaptopodin (Fig. S5G).

Interestingly, these shorter tails did not cause a defect in the velocity of actin-based

motility for *S. flexneri* in the cytosol.

Synaptopodin colocalizes with actin around *S. flexneri*

Based on the requirement for synaptopodin in organizing the actin tail and in

forming protrusions, we hypothesized that *S. flexneri* would recruit synaptopodin during

intracellular infection. To test this, we infected HeLa and MDCK cells with *S. flexneri* and

used immunofluorescence microscopy to visualize synaptopodin localization in cells.

Both cell lines showed that synaptopodin was recruited to bacteria in the cytosol (Fig. S7-

8). Furthermore, synaptopodin localizes to bacteria that also displayed actin recruitment,

but synaptopodin was not observed around bacteria that failed to recruit actin (Fig. S7-

8). These data show that synaptopodin is recruited to bacteria that nucleate actin

polymerization.

Knockdown of synaptopodin caused fewer bacteria to recruit synaptopodin (Fig.

S7A-B), and among the bacteria that showed synaptopodin recruitment, there was a

reduction in the intensity of synaptopodin (Fig. S7C). Although loss of synaptopodin did

not reduce the percentage of bacteria that formed an actin tail (Fig. 3B), the knockdown

of synaptopodin significantly reduced the number of bacteria that recruited actin (Fig.

S7D), yet there was not a significant difference in the intensity of the actin signal among

the bacteria that recruited actin in the presence or absence of synaptopodin in these

experiments (Fig. S7E). These data show that synaptopodin is recruited to intracellular

bacteria and promotes actin polymerization around bacteria.

Synaptopodin promotes myosin IIb recruitment around *S. flexneri*.

The localization of IcsA to the posterior pole of *S. flexneri* results in the recruitment

of N-WASP and the Arp2/3 complex and enables the initiation of actin polymerization and

bacterial motility (16). Synaptopodin is known to regulate this process through another

protein Nck1 (35). Synaptopodin promotes Nck1 abundance in cells by blocking c-Cbl-

mediated ubiquitination of Nck1, and Nck1 assists in N-WASP and Arp2/3 recruitment

during vaccina virus infection (35, 36). We tested whether the defect in actin recruitment

in cells lacking synaptopodin was due to a disruption in this synaptopodin-Nck1-Arp2

pathway. We observed a similar percentage of bacteria that recruited Arp2, and these

bacteria were associated with similar levels of Arp2 as measured by the intensity of the

fluorescent signal of Arp2 around bacteria (Fig. S9A-C). We tested whether Nck1 was

recruited to the bacteria during intracellular infection. We found no evidence of Nck1

recruitment in our cells (Fig. S9D). We examined the ability of *S. flexneri* to recruit N-

WASP and observed a similar percentage of bacteria recruited N-WASP (Fig. S9E-F).

Among the bacteria that recruited N-WASP, the amount of N-WASP was similar

irrespective of synaptopodin levels (Fig. S9G). Together, these data show that

synaptopodin facilitates actin organization around the bacteria, but it remains uncertain

how synaptopodin alters the organization of actin in our system.

We further sought to examine whether we could identify interactions that were

important for the formation of the protrusion. Synaptopodin is described to interact with

non-muscle myosin IIb (myosin IIb) and α-actinin-4 at the plasma membrane, where

together they form the contractomere complex that generates force so as to enable the

extrusion of cells from a monolayer (12). Recent work shows that α-actinin-4 is present

at actin structures formed during *S. flexneri* infection (1). We tested for the recruitment of

myosin IIb and α-actinin-4 by immunofluorescence microscopy. Interestingly, a smaller

percentage of bacteria recruited myosin IIb in the absence of synaptopodin (Fig. 4A and

B), but among the bacteria that recruited myosin IIb, there was a similar abundance of

myosin IIb as measured by fluorescent intensity irrespective of synaptopodin levels (Fig.

4C). We observed similar levels of α-actinin-4 recruited to bacteria and similar abundance

of α-actinin-4 around the bacteria as measured by fluorescent intensity in control and

synaptopodin knockdown cells (Fig. 4D-F). Altogether, these data indicate that

synaptopodin presence enhances myosin IIb recruitment around *S. flexneri*.

IcsA and the type 3 secretion system regulate synaptopodin recruitment around *S.*

flexneri.

S. flexneri requires a type three secretion system (T3SS) for intercellular spread (37-39).

This type 3 secretion system delivers over 30 bacterial virulence proteins (effectors) into

the cell (40). The delivered effectors coopt cellular signaling pathways and enable *S.*

flexneri to thrive in the intracellular environment. Here, we sought to determine whether

synaptopodin was recruited around the bacteria indirectly due to the high concentrations

of polymerized actin around the bacteria, as a result of direct recruitment by *S.*

flexneri secreted proteins, or both. To do so, we tested whether IcsA or the type 3

secreted effector proteins contributed to synaptopodin recruitment by investigating

synaptopodin localization during cellular infection by several bacterial mutants: *S. flexneri*

△*icsA* is unable to polymerize actin; *S. flexneri* △*spa15* lacks a chaperone for nine type 3

secreted effector proteins – the absence of Spa15 results in these proteins being unstable

and degraded (41); *S. flexneri* △*mxiE* lacks the MxiE transcription factor that is necessary

to transcriptionally activate the expression of more than 25 effectors – in the absence of

MxiE these effectors are not produced in the bacteria (42-44). Together, the absence of

Spa15 and MxiE enabled us to examine whether more than 30 effectors contribute to

synaptopodin recruitment as two pooled groups. We infected HeLa cells with these

mutants and quantified the percentage of bacteria that showed recruitment of

synaptopodin and/or actin, and we measured the intensities of these recruited proteins.

As expected, *S. flexneri* △*icsA* did not recruit actin or form actin tails during intracellular

infection (Fig. 5A-B). Interestingly, bacteria lacking IcsA also did not recruit synaptopodin

(Fig. 5C). A similar percentage of wild-type bacteria and bacteria lacking MxiE recruited

actin and synaptopodin (Fig. 5A-C). Loss of Spa15 resulted in a smaller percentage of

bacteria that recruited actin compared to wild-type bacteria, but a similar percentage of

wild-type and Spa15 deficient bacteria recruited synaptopodin (Fig. 5C). When we

examined the amount of actin and synaptopodin recruited around bacteria by comparing

the intensity of fluorescent signal, we observed that except for the *icsA* mutant, actin was

efficiently recruited around bacteria (Fig. 5D). Yet when we examined the amount of

synaptopodin around bacteria, we observed that bacteria lacking Spa15 or IcsA, but not

MxiE, recruited less synaptopodin than wildtype bacteria (Fig. 5E). Altogether these data

show that bacterial recruitment of synaptopodin is dependent on *S. flexneri* protein IcsA

and one or more type 3 secretion system effector proteins regulated by Spa15.

Discussion

Many cytosolic-dwelling pathogens require the subversion of actin and host

proteins for intracellular motility. These pathogens remodel the cytoskeleton and plasma

membrane resulting in the formation of protrusions, which facilitate intercellular spread.

Here, we show that the mammalian protein synaptopodin is recruited to *S. flexneri* in a

manner that is dependent on the bacterial protein IcsA and the type 3 secretion system.

We show that synaptopodin enables efficient *S. flexneri* intercellular spread by increasing

the velocity at which the plasma membrane protrusions form and resolve.

Previous studies have shown that the length of the actin tail formed by *Listeria*

monocytogenes directly correlates with the rate of actin polymerization and the

intracellular velocity of the bacteria (32). Although synaptopodin presence enabled longer

actin tails to form (Fig. 3C, S4, and S6), synaptopodin loss did not alter the speed the

bacteria moved in the cytosol (Fig. 3D-E). Moreover, proteins associated with actin

nucleation, such as N-WASP and Arp2, were efficiently recruited to bacteria irrespective

of synaptopodin (Fig. S9A-C and E-G). These findings suggest that rather than altering

the rate of actin polymerization, synaptopodin may stabilize the actin filaments that are

already formed leading to the generation of longer actin tails. Similar to our findings, the

stabilization of F-actin by synaptopodin enables the formation of dendritic spines in

neurons (26, 45). Although the tail length did not correlate with bacterial speed in the

cytosol, protrusions formed more slowly in the absence of synaptopodin (Fig. 2F). We

speculate that this could occur because the rate of addition of new actin monomers as

well as the rate of loss of old actin monomers may both contribute to the speed at which

the protrusions form.

Along with shorter actin tails, bacterial tails formed in the synaptopodin knockdown

HeLa cells were less aligned with the longitudinal axis of the bacteria and lacked actin

recruitment along the sides of the bacteria. Here, our data indicate that the additional

actin provides a stabilizing effect by maintaining actin polymerization in line with the

bacterial longitudinal axis and enabling the bacteria to move in a more directed manner

forward (Fig. S5F). In MDCK cells, synaptopodin was associated with decreased length

of actin tails, but not the width (Fig. S4). Our data indicate that a reduction of actin on the

sides of the bacteria does not affect the velocity of cytosolic bacteria (Fig. 3). Rather, we

speculate that this specific synaptopodin-dependent localization of actin in HeLa cells

may be necessary at the membrane where the bacteria experience additional forces

during the formation of the protrusion.

Previous studies have shown that synaptopodin forms a force-generating complex

with α-actinin-4 and myosin IIb that pulls from the pointed-end toward the barbed-end of

the actin filaments. This force generation results in the buckling of actin filaments and

pulls on the plasma membrane in a manner that causes cells to extrude from a monolayer

(12). One role for synaptopodin could be to function as a force-generating complex that

pushes actin filaments into the protrusion structure and enables protrusion formation to

be more efficient, but we anticipate this is unlikely to occur during infection. The barbed

end of the filaments would be proximal to the bacteria where the incorporation of new

actin monomers occurs. Thus, force generation by synaptopodin as described for the

contractomere complex would generate a resistive force against protrusion formation by

pulling the barbed end of actin back into the cell rather than pushing them out of the cell.

Yet, we observe protrusions form faster with synaptopodin (Fig. 2E-G). An intriguing

possibility is that synaptopodin, as part of the contractomere complex, is anchored at the

plasma membrane and pulls the membrane along the actin filaments toward the bacteria.

By pulling membrane into the protrusion, the contractomere complex would both create

some slack in the membrane so as to enable the bacteria to more efficiently form the

protrusion structure and would provide some mechanism for how the significant amount

of plasma membrane is redirected into the protrusion. Although we have not seen

descriptions of myosin IIb during *S. flexneri* infection, previous reports do indicate roles

for myosin IIa and myosin X (29, 46), and hypothesize that these myosins could function

in a similar manner by pulling the plasma membrane into the protrusion (29). A second

possibility is that the presence of synaptopodin simply stabilizes the actin fibers, as

described above, so that the loss of actin monomers is less efficient and the fibers remain

longer in the protrusion for a greater period of time, thereby promoting the formation of

the protrusion structure.

Shigella spp.*, Listeria* spp.*, Rickettsia* spp.*, Burkholderia* spp.*, Mycobacterium*

marinum, and pox viruses such as vaccina virus are all examples of pathogens that

require actin nucleation for their virulence. Recent studies show that mitochondria use

similar mechanisms of motility by generating actin comet tails so as to enable organelle

segregation during mitosis (47). Our findings show that synaptopodin is a critical regulator

of actin polymerization and organization during *S. flexneri* intercellular spread, and we

anticipate that our findings represent a more general role of synaptopodin-dependent

regulation of actin dynamics in cells and during infection.

METHODS:

Bacterial Culture:

S. flexneri strain 2457T is used in this study, and all mutants are derived from this strain

(14). *S. flexneri* strains were cultured in trypticase soy broth (TCS) at 37°C and shaken

at 250 rpm. Bacteria were transformed with pROEX-Aqua [Addgene; plasmid #42889,

(48)] or pBR322-mCherry for live and fixed microscopy. *L. monocytogenes* strain 10403S

is used in this study (49). *L. monocytogenes* strains were cultured in trypticase soy broth

(TCS) at 37°C.

Cell Culture:

HeLa cells, MDCK cells (gift of Vivian Tang), and T84 cells were maintained at 37°C in

5% CO_2. HeLa and MDCK cells were grown in Dulbecco's modified Eagle's Medium

(DMEM) supplemented with 10% fetal bovine serum (FBS). T84 cells were grown in

Advance DMEM supplemented with 10% FBS and 1% L-glutamine. The generation of

T84 cells producing control or synaptopodin specific shRNA were previously described

(11), and the generation of MDCK cells producing control or synaptopodin specific shRNA

were previously described (12). HeLa cells producing shRNA targeting synaptopodin

were generated using retroviral transduction followed by selection with 5 µg/mL

puromycin.

Virus Preparation:

3 million 293T cells were seeded in 100 mm dishes in DMEM supplemented with 10%

FBS for 24 hours prior to transduction. Cells were transduced with psPAX2 (Addgene,

12260), pVSVg, and either pLKO.5 (SHC216) for control shRNA or a synaptopodin

specific   shRNA   (TRCN0000218429,   TRCN0000230911,   TRCN0000230913,

TRCN0000230912, TRCN0000218782), or pmbYFP (Gift of Hervé Agaisse). Plasmids

were transfected into cells using calcium phosphate, which was added dropwise to 293

cells, which were then left to incubate at 37°C for 24 hours. The next day, the cells were

washed twice, and the media was replaced with fresh DMEM supplemented with 10%

FBS. After incubation for an additional 24 hours, the culture supernatant containing the

viral particles was collected, passed through a 0.45 µm filter, and stored at -20°C.

Viral Transduction:

3×10^5 HeLa cells were seeded in 6-well plates and 2 mL of filtered 293 supernatant

containing 4mM polybrene was added to the cells and centrifuged for 2 hours at 1000 g

at 30°C. Cells then were incubated at 37°C for 48 hours, and the media was replaced

with DMEM supplemented 10% FBS and 5 µg/mL puromycin. Resistant cells were

expanded. For cells transduced with virus encoding the membrane anchored YFP, cells

were sorted at the Flow Cytometry Shared Resource Laboratory in the Department of

Immunology and Microbiology to enrich for YFP positive cells.

Plaque Assay:

Cells were seeded at 8×10^5 cells per well in 6-well plates. The next day, cells were

infected with *S. flexneri* at a multiplicity of infection (MOI) of 0.2 for HeLa cells or a MOI

of 20 for MDCK cells and T84 cells. Bacteria were centrifuged onto cells at 800 g for 10

minutes and incubated at 37°C in 5% CO_2 for 90 min. Media was replaced with DMEM

containing 10% FBS, 25 µg/mL gentamicin, and 0.5% agarose, and the cells were

incubated for 48 hours. To visualize plaques, a second overlay was added with 0.7%

agarose in DMEM with 10% FBS, 25 µg/mL gentamicin, 0.1% neutral red. Following

incubation for at least 4 hours, the plates were imaged with an ImmunoSpot S6 Universal

Visible/Fluorescent Analyzer (Cellular Technology Limited). Analysis of the plaque area

was performed using a pipeline generated in ImageJ in which images were thresholded

to remove background, pixel intensity was converted to a binary, and the images were

segmented into objects; objects matching plaques on unmodified images were selected,

and their area was quantified, as done previously (38).

Spread Assay by Microscopy:

Cells were seeded at 7×10^5 cells per well in 6-well plates onto sterile coverslips. The

next day, cells were infected with *Listeria monocytogenes* at a MOI of 15 in PBS. The

bacteria were centrifuged onto cells at room temperature at 800 *g* for 10 minutes. The co-

culture was incubated at 37°C with 5% CO_2 for 45 mins. Excess bacteria were removed

by three successive washes with HBSS. Any remaining extracellular bacteria were killed

by incubation in DMEM supplemented with 10% FBS and 25 µg/mL gentamicin. The

infection was incubated for an additional 24 or 48 hours and then were fixed with 3.7%

paraformaldehyde for at least 20 minutes at room temperature. The cells were

permeabilized with 1% triton X-100 in PBS for 30 minutes at room temperature. The cells

were washed 5 times with PBS. Cells were stained with phalloidin conjugated to Alexa

Flour 750 (Invitrogen A30105) washed with PBS, stained with Hoechst 33342 (Biotech

No. 5117), washed twice with PBS, and mounted with Prolong Diamond Antifade

Mountant (ThermoFisher, P36930). Images were taken at random at 20x magnification.

5 fields of view of infection were analyzed per condition per experiment and area of spread

was measured with NIS elements.

Quantification of Intracellular Bacteria:

T84 cells were seeded at 8×10^5 cells per well, and HeLa cells and MDCK cells were

seeded at 4×10^5 cells per well in a 6-well plate. The next day, cells were infected with

S. flexneri at an MOI of 200. The bacteria were centrifuged onto cells at room temperature

at 800 *g* for 10 minutes. The co-culture was incubated at 37°C with 5% CO_2 for 45

minutes. Excess bacteria were removed by three successive washes with HBSS. Any

remaining extracellular bacteria were killed by incubation in DMEM supplemented with

10% FBS and 25 µg/mL gentamicin. The infection was incubated for an additional 1, 2,

or 3 hours. The cells were washed three times with HBSS, and then the cells were lysed

with 0.02% SDS in HBSS. The cell lysates with intact bacteria were serially diluted in TCS

broth and plated onto TCS agar to determine the intracellular CFU.

Western Blots:

SDS-PAGE gels were transferred to nitrocellulose using a Turbo semi dry transfer

apparatus (BioRad). For detection of antigen, 1:100 rabbit anti-synaptopodin (Abcam,

ab224491) was incubated overnight at 4°C in 5% milk. The next day, blots were incubated

with 1:5,000 goat anti-rabbit (Jackson Immuno Research Labs, 111-035-144) for 2 hours

at room temperature or 1:10,000 anti-β-actin conjugated to HRP (Sigma A3854) for 1 hour

at room temperature. Western blots were developed, and the signal was acquired by a

G:Box (Syngene). Band intensity was measured using ImageJ (NIH) with the background

subtracted.

Localization of Host Proteins:

HeLa cells or MDCK cells were seeded at 8 X 10^5 cells per well in a 6-well plate and cultured for 24 hours (HeLa) or 48 hours (MDCK). On the day of the infection, media was replaced with DMEM with 10% FBS and 100 mM IPTG. Cells were infected with designated strains of *S. flexneri* harboring pROEX-Aqua. Bacteria were centrifuged onto cells at 800 *g* for 10 minutes and incubated at 37°C in 5% CO_2. At 45 minutes of infection, cells were washed three times with HBSS, and media was replaced with DMEM with 10% FBS, 25 µg/mL gentamicin, and 100 mM IPTG. After an additional 45 minutes, cells were fixed with 3.7% paraformaldehyde for at least 20 minutes at room temperature. The cells were permeabilized with 1% triton X-100 in PBS for 30 minutes at room temperature. The cells were washed 5 times with PBS and incubated in PBS with 10% FBS and 1:100 rabbit anti-synaptopodin (Abcam, ab224491), 1:1000 rabbit anti-N-WASP (Santa Cruz Biotechnology Inc, sc100964), 1:500 rabbit anti-α-actinin-4 (Abcam, ab108198), 1:50 rabbit anti-mDia1 (Abcam, AB129167), 1:500 mouse anti-myosin IIb (Santa Cruz Biotechnology Inc, sc-376942), or 1:50 goat anti-Arp 2 (Novus Biologicals, NB100-1037) overnight at 4°C. The cells were washed with PBS, incubated with 1:100 donkey anti-rabbit conjugated with Alexa Fluor 594 (ThermoFisher, A-21207), goat anti-rabbit conjugated with Alexa Fluor 750 (ThermoFisher, A21039), donkey anti-mouse conjugated with Alexa Fluor 594 (Invitrogen, A32744), or donkey anti-goat conjugated with Alexa Fluor 594 (ThermoFisher, A32758) for 2 hours at room temperature, and washed with PBS. Cells were stained with phalloidin conjugated to Alexa Flour 750 (Invitrogen A30105) or Alexa Fluor 647 (Invitrogen, A22287), washed with PBS, stained with Hoechst

33342 (Biotech No. 5117), washed twice with PBS, and mounted with Prolong Diamond

Antifade Mountant (ThermoFisher, P36930).

Live Imaging for Speed of Cytosolic Bacteria and of Protrusion Formation:

HeLa cells expressing a membrane-anchored yellow fluorescent protein were seeded at

8 X 10^5 cells per well on Ibid 2-well chamber slides (Ibidi, 80286). The next day, media

was replaced with DMEM supplemented with 10% FBS and 100 mM IPTG, cells were

infected with designated strains of *S. flexneri* harboring the pROEX-Aqua plasmid at an

MOI of 400. At 1 hour of infection, cells were washed with HBSS 10 times, and media

was replaced with DMEM supplemented with 10% FBS, 25 µg/mL gentamicin, and 100

mM IPTG. A time-lapsed Z-stack of images was collected with a Nikon Eclipse Ti-2

inverted light microscope at 37°C and 5% CO_2 at 10-second intervals for 10 minutes.

Images were deconvolved using a Richardson-Lucy algorithm with 20 iterations and all

slices within a stack were collapsed into a single image based upon the maximum

intensity of pixels in each slice using NIS elements software. For time-lapsed series, in

which some focal drift occurred in the XY position, FIJI plugin: Linear Stack Alignment

with SIFT, was used to realign timepoints. NIS elements particle tracking software was

used to track in-frame bacteria throughout the video to calculate protrusion velocities.

Speed was determined for each bacterium by measuring the distance traveled over the

duration of time bacterium was in focus.

Live-cell Imaging Analysis for Protrusions Duration:

HeLa cells expressing a membrane-anchored yellow fluorescent protein were seeded at

2 X 10^5 cells per well on Ibidi 8-well chamber slides (Ibidi, 80826). The next day, media

was replaced with DMEM and 10% FBS and cells were infected with designated strains

of *S. flexneri* expressing mCherry at an MOI of 200. At 1 hour of infection, cells were

washed with HBSS 10 times, and media was replaced with DMEM supplemented with

10% FBS. A time-lapsed Z-stack of images was taken with a Nikon Eclipse Ti-2 inverted

light microscope at 37°C and 5% CO_2 at 5-minute intervals for 2.5 hours to examine

protrusion duration. Images were deconvolved using a Richardson-Lucy algorithm with

20 iterations and all slices within a stack were collapsed into a single image based upon

the maximum intensity of pixels in each slice using NIS elements software. Protrusion

duration was measured by quantifying the amount of time the bacteria were in each

protrusion stage (50).

Quantification of the length of actin tails formed by *L. monocytogenes*

HeLa cells were seeded at 8 X 10^5 cells per well in a 6-well plate and cultured for 24

hours. The next day, cells were infected with *L. monocytogenes* harboring pGFP (51) at

an MOI of 1,500. Bacteria were centrifuged onto cells at 800 *g* for 10 minutes and

incubated at 37°C in 5% CO_2. At 90 minutes of infection, cells were washed three times

with HBSS, and media was replaced with DMEM with 10% FBS and 25 µg/mL gentamicin.

After an additional 3.5 hours, cells were fixed with 3.7% paraformaldehyde for at least 20

minutes at room temperature. The cells were permeabilized with 1% triton X-100 in PBS

for 30 minutes at room temperature. The cells were washed 5 times with PBS. Cells were

stained with phalloidin conjugated to Alexa Flour 750 (Invitrogen A30105), washed with

PBS, stained with Hoechst 33342 (Biotech No. 5117), washed twice with PBS, and

mounted with Prolong Diamond Antifade Mountant (ThermoFisher, P36930).

Microscopy:

Fluorescent images were acquired on a Nikon Eclipse Ti-2 inverted light microscope equipped with an Orca Fusion BT cMOS camera (Hammamatsu), an IRIS 15 cMOS camera (Photometrics), Semrock Brightline filters, and an Oco stage top incubator chamber that enables regulation of temperature, CO_2, and humidity. NIS elements software (Nikon) was used for image acquisition and analysis. Images were deconvolved using a Richardson-Lucy algorithm with 20 iterations. Microscopic images were pseudo-colored and assembled using Adobe photoshop or FIJI (NIH). Images were collected randomly across the coverslip using an automated imaging pipeline created in NIS elements or the samples were blinded prior to imaging. A minimum of five Z-stacks were collected per coverslip with 0.25 μm step size. To display representative images, all slices within a stack were collapsed into a single image based upon the maximum intensity of pixels in each slice using NIS elements software.

Intensity Analysis:

The signal intensity of random spots of synaptopodin, actin, mDia, Arp2, N-WASP, α-actinin-4 and myosin IIb around bacteria was measured using NIS elements. Three spots were analyzed at each bacterium, and 5-30 bacteria were measured per condition per experiment, and the average intensity was recorded per experiment.

Statistical Analysis:

Statistical difference between means was analyzed with Graph Pad Prism 9. Statistical difference of two means was determined either by Student's t-test or a paired t-test.

569   Unless indicated otherwise, the differences between the means of multiple groups were

570   determined either by two-way ANOVA with Sidak *post hoc* test or by one-way ANOVA

571   with either a Holm-Sidak's *post hoc* test or a Dunnett's *post hoc* test.

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Author Contributions

J.M.V and B.C.R wrote the initial draft of the manuscript. J.M.V, S.P.C., L.L.L., and B.C.R

designed experiments. J.M.V, J.D.T, B.C.R, and J.E.R preformed experiments. All

authors discussed the results and commented on the manuscript.

COMPETING FINANCIAL INTEREST

The authors declare no competing financial interest.

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FIGURE LEGENDS

Figure 1: Synaptopodin is required for efficient intercellular spread of *S. flexneri*

Monolayers of T84 (A-B), MDCK (C-D), or HeLa (E-F) cells that produce a control or synaptopodin specific shRNA were infected with *S. flexneri* and stained with neutral red at 48 hours of infection. (A, C, and E) Representative images. Dotted lines indicate plaque boundary. Scale bar, 0.5 mm. (B, D, and F) Quantification of the area of plaques from images represented in A, C, and E. 15-60 plaques measured per condition per experiment. Dots are independent experiments. *, $p<0.05$ by paired t-test (B and D) or by one-way ANOVA with Dunnett's *post hoc* test (F). Data are mean $\pm$ SEM.

Figure 2: Synaptopodin is required for protrusion formation by *S. flexneri*

(A) Representative images of HeLa cells infected with *S. flexneri.* Cyan, *S. flexneri;* magenta, actin; blue, DNA. Arrows, bacteria in protrusions. Scale bar, 5 μM. 5-10 fields were analyzed per condition per experiment. (B) Quantification of the percentage of intracellular bacteria within a protrusion. (C) Quantification of the intensity of actin in protrusions. (B and C) Dots are independent experiments. (D) Quantification of the length of protrusions. Tukey method used to define whiskers. (B-D) N.S., not significant; *, $p<0.05$ by one-way ANOVA with Holm-Sidak's *post hoc* test. (E-G) Time lapse images videos of bacteria forming plasma membrane protrusions. (E) Representative images of protrusion formation. Cyan, S. *flexneri;* green, plasma membrane. Scale bar 5 μM. Arrows, bacteria in protrusions; dot, protrusion origination point; dotted line, progression of protrusion formation. (F) Quantification of the speed of protrusion formation from videos represented in E. (G) Quantification of the duration bacteria remain in protrusions. (F-G)

756 Dots are individual bacteria, pooled from 3 independent experiments. *, p<0.05 by

757 Student's t-test. Data are mean $\pm$ SEM.

Figure 3: Synaptopodin regulates actin tail formation by *S. flexneri*

Infection of HeLa cells infected with *S. flexneri* for 90 min. (A) Representative images.

Cyan, *S. flexneri;* magenta, actin; blue, DNA. Arrows, bacteria with actin tails. Dotted line,

trace of actin tail. Scale bar, 5 µM. (B) Quantification of percentage of bacteria with actin

tails. (C) Quantification of the length of actin tails. (D-E) Time-lapsed microscopy of HeLa

cells producing a membrane anchored YFP infected with *S. flexneri* producing CFP. (D)

Representative still images from time-lapsed videos for 2 minutes from initial observation

of motility. Cyan, *S. flexneri*; green, plasma membrane. Dots are the position of bacteria

at each time point, dotted line is arbitrary straight line between dots showing bacterial

progression over time. Scale bar, 5 µM. (E) Quantification of the speed at which bacteria

move in the cytosol from videos represented in E. Mean indicated by bar. (B, C) 5-10

fields were analyzed per experiment. Dots are independent experiments. Data are mean

$\pm$ SEM. N.S., not significant; *, p<0.05; **, p<0.1; ***, p<0.001 by one-way ANOVA with

Dunnett's *post hoc* test. (E) N.S., not significant; *, p<0.05 by Student's t-test. Dots are

individual bacteria pooled together from three experiments. (F) Schematic depicting

shorter tails are formed in cells lacking synaptopodin compared to tails formed in control

cells. Generated with BioRender.

Figure 4: Synaptopodin is required for Myosin IIb recruitment around bacteria

HeLa cells were infected with *S. flexneri* for 90 min. (A) Representative images. Cyan, *S.*

flexneri; magenta, actin; red, myosin IIb; blue, DNA. Arrows, bacteria with myosin IIb.

Scale bar, 5 µM. (B) Quantification of percentage of bacteria with myosin IIb. (C)

Quantification of the intensity of myosin IIb around bacteria. (D) Representative images

depicting α-actinin-4 recruitment around bacteria. Cyan, *S. flexneri;* magenta, actin; red,

α-actinin-4; blue, DNA. Arrows, bacteria with α-actinin-4. Scale bar, 5 µM. (E)

Quantification of the percentage of bacteria with α-actinin-4. (F) Quantification of the

intensity of α-actinin-4. (B-C and E-F) 5-10 fields were analyzed per condition per

experiment. Dots are independent experiments. Data are mean $\pm$ SEM. NS, not

significant; *, $p<0.05$; **, $p<0.01$ by one-way ANOVA with Dunnett's *post hoc* test.

Figure 5: Synaptopodin is recruited around *S. flexneri* in an IcsA and a type 3

secretion system dependent manner

Control HeLa cells were infected for 90 min with *S. flexneri* strains. (A) Representative

images*.* Cyan, *S. flexneri*; magenta, actin; red, synaptopodin (synpo); blue, DNA. Arrows,

bacteria with actin and synaptopodin. Scale bar, 5 µM. (B) Quantification of the

percentage of bacteria with actin. (C) Quantification of the percentage of bacteria with

synaptopodin. (D) Quantification of the intensity of actin around bacteria. (E)

Quantification of intensity of synaptopodin around bacteria. (B-E) 5-10 fields were

analyzed per condition per experiment. Dots are independent experiments. Data are

mean $\pm$ SEM. N.D., not detected. NS, not significant; *, $p<0.05$; **, $p<0.01$ by one-way

ANOVA with Dunnett's *post hoc* test.

Fig. 6. Schematic of *S. flexneri* intercellular spread in control versus

synaptopodin knockdown cell lines.

Schematic of *S. flexneri* intercellular lifecycle. (I) *S. flexneri* induces its uptake into cells.

(II) Following uptake, it is present in a vacuole. (III) It escapes the vacuole into the cytosol

where the bacteria replicate. A portion of the bacteria nucleate the polymerization of actin,

which enables the bacteria to move in the cell cytosol. (V) Bacteria near the cell periphery

deform the plasma membrane into a protrusion. (VI) The protrusion resolves into a double

membrane vacuole. (VII) The bacteria escape the double membrane vacuole into the

cytosol. (A) Cells with synaptopodin enabled bacteria to form actin tails that are longer

and more aligned with the bacteria than cells lacking synaptopodin. Bacteria in cells with

synaptopodin form protrusions at a higher velocity that resolve more quickly (V). (B) In

cells lacking synaptopodin, the actin tails are shorter. Protrusions are formed at a slower

velocity and take longer to resolve into a double membrane vacuole (V). (A-B) 1. Bacteria

lacking IcsA do not polymerize actin or recruit synaptopodin. 2. Polar localization of IcsA

is associated with synaptopodin recruitment, and IcsA recruits N-WASP and Apr2/3

irrespective of synaptopodin abundance in cells. 3. Synaptopodin recruitment to bacteria

is further enhanced in a type 3 secretion dependent manner. Created with biorender.com