Synaptopodin is required for efficient intercellular spread by bacterial pathogens.

Short title: Synaptopodin and bacterial infection

Authors: Jenna M. Vickery[1], Jody D. Toperzer[1], Julie E. Raab[1], Desmond J. Hamilton[1],

Tucker B. Harju[1], Thao N. Huynh[1], Laurel L. Lenz[1], Liheng Zhou[2], Sean P. Colgan[2], Brian

C. Russo[1]*

1. Department of Immunology and Microbiology, University of Colorado School of

Medicine, Aurora, CO 80045, USA

2. Division of Gastroenterology and Hepatology, Department of Medicine, University of

Colorado School of Medicine, Aurora, CO 80045, USA

*Corresponding author

Email: brian.russo@cuanschutz.edu

Abstract

For many intracellular pathogens, their virulence depends on an ability to spread between cells of an epithelial layer. For intercellular spread to occur, these pathogens deform the plasma membrane into a protrusion structure that is engulfed by the neighboring cell. Although the polymerization of actin is essential for spread, how these pathogens manipulate the actin cytoskeleton in a manner that enables protrusion formation is still incompletely understood. Here, we show that butyrate responsive pathways promote intercellular spread by *Shigella flexneri*. We identify the mammalian actin binding protein synaptopodin, a butyrate responsive gene, as required for efficient intercellular spread of *S. flexneri* and *Listeria monocytogenes*. We show synaptopodin enhances the recruitment of actin to bacteria and stabilizes the actin tail. We show that, for *S. flexneri,* synaptopodin presence enables protrusions to form and to resolve at a greater rate, indicating that greater stability of the actin tail enables the bacteria to push against the membrane with greater force. We demonstrate that synaptopodin recruitment around bacteria requires the bacterial protein IcsA, and we show that this recruitment is further enhanced in a type 3 secretion system dependent manner. These data establish synaptopodin as required for intracellular bacteria to stabilize the actin cytoskeleton in a manner that enables efficient protrusion formation and identify for the first time that synaptopodin contributes to bacterial pathogenesis.

38   **Keywords:** Synaptopodin; *Shigella flexneri*; cell-to-cell spread; intercellular spread;

39   intracellular pathogens; IcsA; Spa15; plasma membrane; protrusions; type 3 secretion

40   system; butyrate

Introduction

Many cytosolic-dwelling pathogens recruit actin-associated proteins to enable intercellular spread between mammalian cells (1), including *Listeria* spp*., Rickettsia* spp*., Burkholderia* spp*., Mycobacterium marinum, Shigella* spp*.,* and poxviruses. The forces generated from the polymerization of actin enable their intracellular motility and movement between cells (2, 3). In order to polymerize actin, these organisms subvert preexisting mammalian cytoskeletal pathways. Whereas the ability to repurpose the cellular cytoskeleton is critical for their virulence, the molecular mechanisms that enable actin motility among these pathogens are still incompletely understood (4-6).

To gain new insights about how intracellular bacteria spread between cells, we focused on studying the model cytosolic pathogen *Shigella flexneri.* This gram-negative bacterium is a leading cause of bacillary dysentery, a form of bloody diarrhea (6). *S. flexneri* causes disease by invading cells of the colonic epithelium and by spreading between cells in this epithelial layer (7, 8). Cytosolic *S. flexneri* express IcsA at one bacterial pole (9); IcsA binds Neural Wiskott-Aldrich syndrome protein (N-WASP), which then recruits the Actin Related Protein 2/3 complex (Arp2/3) and promotes actin nucleation (10). The polymerization of actin enables the bacteria to move in the cytosol of the cell (11). At the periphery of the cell, some bacteria deform the plasma membrane into a protrusion structure that pushes into the neighboring (recipient) cell (12), where it is actively engulfed. In the recipient cell, these protrusions are resolved into double membrane vacuoles. The bacteria quickly escape the double membrane vacuole into the cytosol, where they can repeat this cycle of intercellular spread (13). Intercellular spread allows the bacterium to access nutrients while evading the immune system, and both the

invasion of the colonic epithelium and the spread between cells are essential for

pathogenesis (5, 14-17). Defining the molecular mechanisms that promote the

intercellular spread of *Shigella* is essential to understand how this organism causes

disease.

Butyrate is produced by the microbiota and is rapidly metabolized by intestinal epithelial

cells (18-20). In these cells, butyrate results in a variety of changes, as it is a potent

histone deacetylase (20-22). The pathways regulated by butyrate include a variety of

cellular processes, such as energy consumption, hypoxia inducible factors, wound

healing, inflammation, and barrier function. We reasoned that many of the targets of

butyrate could be relevant during infection and that we could leverage the cellular

response to butyrate as a way to uncover new genes and pathways relevant for infection.

Here, we show that butyrate promotes *S. flexneri* intercellular spread in intestinal

epithelial cells. Based on previous RNAseq studies, we show that synaptopodin, a gene

upregulated by butyrate, is important for intercellular spread of *S. flexneri* and *L.*

monocytogenes. We show protrusion formation and actin tail stability depend on

synaptopodin presence. Synaptopodin is recruited to bacteria in a manner that is

dependent on the bacterial protein IcsA, and its recruitment is additionally enhanced by

a Spa15-dependent bacterial protein. We show that synaptopodin function likely occurs

in a manner distinct from previously described pathways. Together, these data, using *S.*

flexneri as a model, identify synaptopodin as a critical cellular component that enables

efficient intercellular spread by cytosolic pathogens.

Results

Synaptopodin is required for efficient intercellular spread by *S. flexneri*.

To identify new proteins and pathways required for intercellular spread, we manipulated cellular function by adding the short chain fatty acid, butyrate, to the culture media. We compared the effect of butyrate on the efficiency of spread for *S. flexneri* through a monolayer of human colonic adenocarcinoma epithelial (T84) cells using a plaque assay. In this assay, infected cells are killed by the bacteria as they spread, creating clearings in the monolayer, known as "plaques". The number of plaques is a function of the efficiency of invasion, and the area of the plaque is a function of the efficiency of intercellular spread. We observed larger plaques in the presence of butyrate (Fig. 1A-B), demonstrating butyrate enables more efficient spread by *S. flexneri* in these cells. On its own, butyrate did not change the replication of *S. flexneri* (Fig. S1), suggesting that the increased efficiency of spread is independent of bacterial replication and that butyrate may alter cellular pathways necessary to promote intercellular spread.

Previous RNA sequencing of T84 cells identified genes whose expression was altered by butyrate and identified Synaptopodin (23). We show that butyrate caused a 3-fold increase in synaptopodin protein in our assays (Fig. 1C-D). Synaptopodin is an actin binding protein that alters the efficiency of actin polymerization and interacts with cell-cell junction proteins. Its robust induction by butyrate, its subcellular localization at sites of intercellular spread, and its regulation of actin-dependent processes indicated that synaptopodin could have roles during *S. flexneri* intercellular spread*.*

To investigate this, a control or synaptopodin specific shRNA was introduced into

T84 cells, and the efficiency of intercellular spread was determined by a plaque assay.

Synaptopodin protein abundance was reduced in the presence of the synaptopodin-

specific shRNA (23), and *S. flexneri* formed smaller plaques in Synpo knockdown cells

compared to control cells (Fig. 2A-B). These data suggest that synaptopodin promotes

intercellular spread by *S. flexneri*.

The effect of synaptopodin on intercellular spread was not specific to T84 cells;

plaques were significantly smaller in Madin-Darby canine kidney (MDCK) cells producing

a control shRNA compared to MDCK cells producing a synaptopodin-specific shRNA (Fig.

2C-D). Synaptopodin was efficiently knocked-down in these cells [Fig. S2A-B, (23, 24)].

The ability of *S. flexneri* to spread through monolayers of HeLa cells producing a control

shRNA or one of five synaptopodin-specific shRNAs was also investigated. Plaques

formed in monolayers of HeLa cells producing four of the five synaptopodin-specific

shRNAs were smaller than plaques formed in cells producing the control shRNA (Fig. 2E-

F and S2C-D). The four cell lines displaying reduced plaque size also demonstrated a

reduction in synaptopodin protein level (Fig. S2E-F). Thus, the smaller plaque size

observed above was unlikely the result of non-specific effects of an individual shRNA. *S.*

flexneri replicated at a similar efficiency in T84, MDCK, and HeLa cells that produced or

lacked synaptopodin (Fig. S2G-L), indicating that the impact of synaptopodin on plaque

size is not due to differences in bacterial replication. Moreover, since similar results were

observed in T84, MDCK, and HeLa cells, these data indicate that the requirement of

synaptopodin for *S. flexneri* spread is unlikely to be specific for a particular cell type.

L. monocytogenes is a gram-positive bacterium that, like *S. flexneri,* requires actin-

based motility for intercellular spread (25). The ability of *L. monocytogenes* to spread

through a monolayer of HeLa cells producing a control shRNA was compared to its ability

to spread through cells producing a synaptopodin-specific shRNA by fluorescence

microscopy. Similar to the observations with *S. flexneri,* plaques formed by *L.*

monocytogenes were larger in the presence of synaptopodin (Fig. S3), demonstrating

that synaptopodin is required for intercellular spread of *Listeria*. Together, these data

show that *S. flexneri* and *L. monocytogenes* require synaptopodin for efficient intercellular

spread and indicate the requirement for synaptopodin may be a general feature of

intracellular bacterial pathogens that spread.

Synaptopodin is required for protrusion formation by *S. flexneri*

To investigate how synaptopodin contributes to efficient intercellular spread, we

focused on aspects of the bacterial intracellular life cycle that require actin. We assessed

the ability of bacteria to form plasma membrane protrusions in HeLa cells producing either

a control or a synaptopodin-specific shRNA. We determined the percentage of bacteria

present in a protrusion at 90 minutes of infection by examining the manner of actin

polymerized at the posterior pole of bacteria by immunofluorescence microscopy. We

performed similar studies in which a membrane-anchored YFP was introduced into cells

and used to mark the plasma membrane. For both approaches, a smaller percentage of

bacteria in synaptopodin knockdown cells were present in plasma membrane protrusions

compared to the percentage of bacteria in protrusions in control cells (Fig. 3A-B and S4),

demonstrating that synaptopodin is required for efficient protrusion formation.

Synaptopodin is associated with the bundling and elongation of actin filaments in

cells (26, 27), but actin intensity at the plasma membrane near protrusions was similar in

the presence and absence of synaptopodin (Fig. 3C), indicating that the protrusion defect

is not due to defects in the amount of actin recruited to protrusions. Protrusion formation

is also dependent on actin that is polymerized by formins. The formin mDia1 is required

for formation of protrusions by *S. flexneri* and *L. monocytogenes* (28, 29). mDia1 was

efficiently recruited to protrusions formed in control or synaptopodin knockdown cells (Fig.

S5), indicating reduced mDia1 levels around bacteria are not driving the reduction in

protrusion formation in the relative absence of synaptopodin. The length of the protrusion

is more generally associated with the efficiency of intercellular spread (30). Protrusion

lengths were similar irrespective of synaptopodin levels in HeLa cells (Fig. 3D), indicating

that the requirement for synaptopodin was not associated with protrusion length.

We next investigated the kinetics of protrusion formation by *S. flexneri* to further

clarify the role of synaptopodin in the development of membrane protrusions. To visualize

the formation of protrusions, intracellular bacteria were tracked by time-lapsed

microscopy during infection of HeLa cells that produce a YFP that is anchored to the

plasma membrane (31). Bacteria in control cells formed protrusions at a greater velocity

than bacteria in cells lacking synaptopodin (Fig. 3E-F). Protrusions formed in the

presence of synaptopodin were also faster to resolve, lasting an average of 18 min in

control cells compared to 27 min in synaptopodin knockdown cells (Fig. 3G). These data

show synaptopodin enables more rapid formation and resolution of protrusions.

Synaptopodin regulates actin tail formation by *S. flexneri*

The ability to efficiently assemble an actin tail in the cell cytosol is associated with

efficient protrusion formation at the plasma membrane (32). We hypothesized that the

defects in protrusion formation were the result of aberrant actin tail formation. To test this,

we infected HeLa cells with *S. flexneri* and characterized the actin tails. Although a similar

percentage of bacteria formed actin tails in the control and synaptopodin knockdown cells

(Fig. 4A-B), actin tails that formed in the synaptopodin knockdown cells were significantly

shorter than actin tails in the control cells (Fig. 4C). In MDCK cells, the actin tails formed

by *S. flexneri* in the control cells were also significantly longer than tails in the

synaptopodin knockdown cells (Fig. S6A-B). Previous studies have shown that the length

of the actin tails correlates with the rate of actin polymerization and the speed bacteria

move in the cytosol (33). Since we observed shorter tails in HeLa and MDCK cells, it

suggested to us that the rate of actin polymerization could be reduced in the absence of

synaptopodin and would result in *S. flexneri* moving more slowly through the cytosol of

cells. To test this, time-lapsed microscopy was performed on intracellular bacteria in HeLa

cells to evaluate the efficiency of actin-based motility. In contrast to our expectation based

on the length of the actin tails, the bacterial velocity was similar in the control and

synaptopodin knockdown cells (Fig. 4D-E). Since bacteria were moving at a similar

speed, it suggested that the rate of actin polymerization was similar in the presence and

absence of synaptopodin and indicated that synaptopodin stabilizes the polymerized actin

tail resulting in longer actin tails in the control cells.

In addition to differing in length, the width of the actin tails at the base of the

bacteria was wider in control HeLa cells than in synaptopodin knockdown HeLa cells (Fig.

S7A-B). Interestingly, actin tails at the base of the bacteria in MDCK cells were not

significantly different in width between control and synaptopodin knockdown cells (Fig.

S6C). We also noted additional phenotypic changes to the tails in HeLa cells lacking

synaptopodin. Polymerized actin was more frequently present along the lateral sides of

the posterior end of bacteria in the control cells compared to in synaptopodin knockdown

cells (Fig. S7C). During bacterial infection or when examining actin polymerization around

lipid vesicles, the actin on the sides of the bacteria or vesicle creates an inward force at

the base that is predicted to contribute to the propulsive force (34, 35). Seeing that there

was no difference in the velocity at which *S. flexneri* traveled whether or not actin

extended along the sides of the bacteria, we hypothesized that the additional actin may

stabilize the tail and keep the actin tail in line with the bacteria, which we anticipated would

stabilize the path along which the bacteria travels. To investigate this, we measured the

angle at which the actin tail extended from the posterior pole of the bacteria. We set actin

tails that formed completely in line with the longitudinal axis of the bacteria at 0° and

deviations from this alignment resulted in an increased angle. In the synaptopodin

knockdown cells, the actin tails were less aligned with the bacteria's longitudinal axis than

the tails associated with bacteria in the control cells, which resulted in a greater angle

from the longitudinal axis for bacteria in synaptopodin knockdown cells (Fig. S7D). These

data show that synaptopodin enables actin presence along the lateral sides near the

posterior end of the bacteria and that synaptopodin enables the actin tail to be more in

line with the bacteria. We theorized that the angle of the actin tail would decrease the

forward momentum that the actin nucleation creates at the base of the bacteria. We used

the formula, [*sin (angle of the tail(θ)) + cos (angle of the tail(θ))*], to calculate the total force

of the actin tail on the bacteria. We then calculated the percentage of force that

contributed to the forward momentum of the bacteria by the formula, [*(cos (angle of the*

tail(θ)) / total force) * 100]. The percentage of the theoretical forward movement of

bacteria in the control cells is higher than in the synaptopodin knockdown cell lines (Fig.

S7E). We hypothesized that the defects in the actin tail length, width, organization, and

angle of attachment would lead to a defect in the linear trajectory of the bacteria in the

absence of synaptopodin. We tracked intracellular bacteria with time-lapsed microscopy

to evaluate the linear trajectory. We calculated the distance an individual bacteria traveled

and divided it by the distance of the theoretical most efficient path – a straight line. A

bacterium that took the most efficient path would have a linear trajectory ratio of 1.0. We

observed that bacteria deviated further from an ideal path in cells lacking synaptopodin

compared to control cells (Fig. S7F), which showed that bacteria traveled along a

straighter path in the presence of synaptopodin.

We asked whether the defects associated with the actin tails were specific to *S.*

flexneri or a more general result of pathogens that spread between cells with lower levels

of synaptopodin. We tested whether the length of actin tails was similarly decreased

during *L. monocytogenes* infection of HeLa cells. Similar to *S. flexneri,* actin tails formed

by *L. monocytogenes* were longer in the presence of synaptopodin compared to the actin

tails formed in the absence of synaptopodin (Fig. S8).

Altogether, these data show that synaptopodin presence stabilizes polymerized

actin tails resulting in longer actin tails and that, in HeLa cells, synaptopodin additionally

enables actin accumulation at the bacterial pole in a manner that generates more directed

forward momentum.

Synaptopodin colocalizes around *S. flexneri*

Based on the requirement for synaptopodin in organizing the actin tail and in

forming protrusions, we hypothesized that *S. flexneri* would recruit synaptopodin to its

pole during intracellular infection. To test this, we infected HeLa and MDCK cells with *S.*

flexneri and used immunofluorescence microscopy to visualize synaptopodin localization

in cells. Synaptopodin was recruited to bacteria in the cytosol (Fig. S9A-C and S10). This

recruitment of synaptopodin mirrored that of actin and was observed at the poles, the

lateral sides of the bacteria, or both. Furthermore, synaptopodin localizes to bacteria that

also displayed actin recruitment, but synaptopodin was not observed around bacteria that

failed to recruit actin (Fig. S9-S10). These data show that synaptopodin is recruited to

bacteria that nucleate actin polymerization.

Knockdown of synaptopodin caused fewer bacteria to recruit synaptopodin (Fig.

S9A-B), and among the bacteria that showed synaptopodin recruitment, there was a

reduction in the intensity of synaptopodin (Fig. S9C). Although loss of synaptopodin did

not reduce the percentage of bacteria that formed an actin tail (Fig. 4B), the knockdown

of synaptopodin significantly reduced the number of bacteria that recruited actin (Fig.

S9D), yet there was not a significant difference in the intensity of the actin signal among

the bacteria that recruited actin in the presence or absence of synaptopodin in these

experiments (Fig. S9E). These data show that synaptopodin is recruited to the poles and

sides of intracellular bacteria that polymerize actin and synaptopodin presence enhances

the number of bacteria that recruit actin.

Synaptopodin promotes myosin IIb recruitment around *S. flexneri*.

The localization of IcsA to the posterior pole of *S. flexneri* results in the recruitment

of N-WASP and the Arp2/3 complex and enables the initiation of actin polymerization and

bacterial motility (10). Synaptopodin is known to regulate this process through another

protein Nck1 (36). Synaptopodin promotes Nck1 abundance in cells by blocking c-Cbl-

mediated ubiquitination of Nck1, and Nck1 assists in N-WASP and Arp2/3 recruitment

during vaccina virus infection (36, 37). We tested whether the defect in actin recruitment

in cells lacking synaptopodin was due to a disruption in this synaptopodin-Nck1-Arp2

pathway. We observed a similar percentage of bacteria that recruited Arp2, and these

bacteria were associated with similar levels of Arp2 as measured by the intensity of the

fluorescent signal of Arp2 around bacteria (Fig. S11A-C). We tested whether Nck1 was

recruited to the bacteria during intracellular infection. We found no evidence of Nck1

recruitment in our cells (Fig. S11D). We examined the ability of *S. flexneri* to recruit N-

WASP and observed a similar percentage of bacteria recruited N-WASP (Fig. S11E-F).

Among the bacteria that recruited N-WASP, the amount of N-WASP was similar

irrespective of synaptopodin levels (Fig. S11G). Consistent with our findings above that

Synaptopodin likely stabilizes the polymerized actin in the tail rather than altering the rate

of actin polymerization, here, we did not see defects in the recruitment of key proteins

required to intiate actin polymerization at the posterior pole of the bacteria.

We further sought to examine whether we could identify interactions that were

important for the formation of the protrusion. Synaptopodin is described to interact with

non-muscle myosin IIb (myosin IIb) and α-actinin-4 at the plasma membrane, where

together they form the contractomere complex that generates force so as to enable the

extrusion of cells from a monolayer (24). Recent work shows that α-actinin-4 is present

at actin structures formed during *S. flexneri* infection (1). We tested for the recruitment of

myosin IIb and α-actinin-4 by immunofluorescence microscopy, and observed both were

efficiently recruited to *S. flexneri.* Interestingly, a smaller percentage of bacteria recruited

myosin IIb in the absence of synaptopodin (Fig. 5A-B), but among the bacteria that

recruited myosin IIb, there was a similar abundance of myosin IIb as measured by

fluorescent intensity irrespective of synaptopodin levels (Fig. 5C). We observed similar

levels of α-actinin-4 recruited to bacteria and similar abundance of α-actinin-4 around the

bacteria as measured by fluorescent intensity in control and synaptopodin knockdown

cells (Fig. 5D-F). Altogether, these data indicate that synaptopodin presence enhances

myosin IIb recruitment around *S. flexneri*.

IcsA and the type 3 secretion system regulate synaptopodin recruitment around *S.*

flexneri.

S. flexneri requires a type three secretion system (T3SS) for intercellular spread (38-40).

This type 3 secretion system delivers over 30 bacterial virulence proteins (effectors) into

the cell (41). The delivered effectors coopt cellular signaling pathways and enable *S.*

flexneri to thrive in the intracellular environment. Here, we sought to determine whether

synaptopodin was recruited around the bacteria indirectly due to the high concentrations

of polymerized actin around the bacteria, as a result of direct recruitment by *S.*

flexneri secreted proteins, or both. To do so, we tested whether IcsA or the type 3

secreted effector proteins contributed to synaptopodin recruitment by investigating

synaptopodin localization during cellular infection by several bacterial mutants: *S. flexneri*

$\triangle$*icsA* is unable to polymerize actin; *S. flexneri* $\triangle$*spa15* lacks a chaperone for nine type 3

secreted effector proteins – the absence of Spa15 results in these proteins being unstable

and degraded (42); *S. flexneri* △*mxiE* lacks the MxiE transcription factor that is necessary

to transcriptionally activate the expression of more than 25 effectors – in the absence of

MxiE these effectors are not produced in the bacteria (43-45). Together, the absence of

Spa15 and MxiE enabled us to examine whether more than 30 effectors contribute to

synaptopodin recruitment as two pooled groups. We infected HeLa cells with these

mutants and quantified the percentage of bacteria that showed recruitment of

synaptopodin and/or actin, and we measured the intensities of these recruited proteins.

As expected, *S. flexneri* △*icsA* did not recruit actin or form actin tails during intracellular

infection (Fig. 6A-B). Interestingly, bacteria lacking IcsA also did not recruit synaptopodin

(Fig. 6C). A similar percentage of wild-type bacteria and bacteria lacking MxiE recruited

actin and synaptopodin (Fig. 6A-C). Loss of Spa15 resulted in a smaller percentage of

bacteria that recruited actin compared to wild-type bacteria, but a similar percentage of

wild-type and Spa15 deficient bacteria recruited synaptopodin (Fig. 6C). When we

examined the amount of actin and synaptopodin recruited around bacteria by comparing

the intensity of fluorescent signal, we observed that except for the *icsA* mutant, actin was

efficiently recruited around bacteria (Fig. 6D). Yet, when we examined the amount of

synaptopodin around bacteria, we observed that bacteria lacking Spa15 or IcsA recruited

less synaptopodin than wildtype bacteria (Fig. 6E). Altogether these data show that

bacterial recruitment of synaptopodin is dependent on *S. flexneri* protein IcsA and is

enhanced in a type 3 secretion-dependent manner.

Discussion

Many cytosolic-dwelling pathogens require the subversion of actin and host

proteins for intracellular motility. These pathogens remodel the cytoskeleton and plasma

membrane resulting in the formation of protrusions, which facilitate intercellular spread.

Here, we show that butyrate responsive pathways enhance *S. flexneri* intercellular

spread. We identify that the butyrate responsive protein synaptopodin promotes *S.*

flexneri and *L. monocytogenes* intercellular spread. We show that synaptopodin function

is required to stabilize actin tails and to promote efficient protrusion kintecs, and we show

that synaptopodin is recruited to bacteria in a manner that is dependent on the bacterial

protein IcsA and the type 3 secretion system. Thus, these findings identify that bacterial

pathogens, such as *S. flexneri* and *L. monocytogenes,* drive changes in the subcellular

localization of synaptopodin in a manner that promotes actin tail stability, protrusion

formation, and intercellular spread (Fig. 7).

Here, we used butyrate as a tool to manipulate epithelial cell function. Whereas it

is unclear whether this short chain fatty acid would have direct effects on intercellular

spread during intestinal infection, there is reason to belive that *S. flexneri* infection would

create conditions where butyrate responsive pathways in epithelial cells are relevant for

spread. Butryate treatment is known to stabilize hypoxia indicble factor 1a (HIF1a) (22,

46). HIF is degraded under normoxia, but is stabilized and active under hypoxic

conditions. *S. flexneri* infection is known to create hypoxic conditions in the intestinal

epithelium (47, 48). Moreover, the stabilization of HIF is associated with increased levels

of synaptopodin. We speculate that a consequence of *S. flexneri* induced hypoxia is the

stabilization of HIF and upregulation of synaptopodin such that intercellular spread

becomes more efficient.

Previous studies have shown that the length of the actin tail formed by *L.*

monocytogenes directly correlates with the rate of actin polymerization and the

intracellular velocity of the bacteria (33). Although synaptopodin presence enabled longer

actin tails to form (Fig. 4C, S6, and S8), synaptopodin loss did not alter the speed the

bacteria moved in the cytosol (Fig. 4D-E). Moreover, proteins associated with actin

nucleation, such as N-WASP and Arp2, were efficiently recruited to bacteria irrespective

of synaptopodin (Fig. S11A-C and E-G). These findings suggest that rather than altering

the rate of actin polymerization, synaptopodin stabilizes the actin filaments that are

already formed leading to the generation of longer actin tails. Similar to our findings, the

stabilization of F-actin by synaptopodin enables the formation of dendritic spines in

neurons (27, 49). Although the bacterial velocity is associated with actin monomer

addition in the cytosol, it is likely that the rate of addition of new actin monomers as well

as the rate of loss of old actin monomers may both contribute to the speed at which the

protrusions form. Consistent with our model, the tail length did not correlate with bacterial

speed in the cytosol, but was asocciated with a decreased rate of protrusion formation in

the absence of synaptopodin (Fig. 3F).

Along with shorter actin tails, bacterial tails formed in the synaptopodin knockdown

HeLa cells were less aligned with the longitudinal axis of the bacteria and lacked actin

recruitment along the sides of the bacteria. Here, our data indicate that the additional

actin provides a stabilizing effect by maintaining actin polymerization in line with the

bacterial longitudinal axis and enabling the bacteria to move in a more directed manner

forward (Fig. S7F). In MDCK cells, synaptopodin was associated with decreased length

of actin tails, but not the width (Fig. S6). Our data indicate that a reduction of actin on the

sides of the bacteria does not affect the velocity of cytosolic bacteria (Fig. 4). Rather, we

speculate that this specific synaptopodin-dependent localization of actin in HeLa cells

may be necessary at the membrane where the bacteria experience additional forces

during the formation of the protrusion.

Previous studies have shown that synaptopodin forms a force-generating complex

with α-actinin-4 and myosin IIb that pulls from the pointed-end toward the barbed-end of

the actin filaments. This force generation results in the buckling of actin filaments and

pulls on the plasma membrane in a manner that causes cells to extrude from a monolayer

(24). One role for synaptopodin could be to function as a force-generating complex that

pushes actin filaments into the protrusion structure and enables protrusion formation to

be more efficient, but we anticipate this is unlikely to occur during infection. The barbed

end of the filaments would be proximal to the bacteria where the incorporation of new

actin monomers occurs. Thus, force generation by synaptopodin as described for the

contractomere complex would generate a resistive force against protrusion formation by

pulling the barbed end of actin back into the cell rather than pushing them out of the cell.

Yet, we observe protrusions form faster with synaptopodin (Fig. 3E-G). An intriguing

possibility is that synaptopodin, as part of the contractomere complex, is anchored at the

plasma membrane and pulls the membrane along the actin filaments toward the bacteria.

By pulling membrane into the protrusion, the contractomere complex would both create

some slack in the membrane so as to enable the bacteria to more efficiently form the

protrusion structure and would provide some mechanism for how the significant amount

of plasma membrane is redirected into the protrusion. Although we have not seen

previous descriptions of myosin IIb associating with bacteria during *S. flexneri* infection,

previous reports do indicate roles for myosin IIa and myosin X (30, 50), and we

hypothesize that myosin IIb could function in a similar manner by pulling the plasma

membrane into the protrusion (30). A second possibility is that the presence of

synaptopodin simply stabilizes the actin fibers, as described above, so that the loss of

actin monomers is less efficient and the fibers remain longer in the protrusion for a greater

period of time, thereby promoting the formation of the protrusion structure.

Shigella spp.*, Listeria* spp.*, Rickettsia* spp.*, Burkholderia* spp.*, Mycobacterium*

marinum, and pox viruses such as vaccina virus are all examples of pathogens that

require actin nucleation for their virulence. Recent studies show that mitochondria use

similar mechanisms of motility by generating actin comet tails so as to enable organelle

segregation during mitosis (51). Our findings show that synaptopodin is a critical regulator

of actin polymerization and organization during *S. flexneri* and *L. monocytogenes*

intercellular spread, and we anticipate that our findings represent a more general role of

synaptopodin-dependent regulation of actin dynamics in cells and during infection.

METHODS:

Bacterial Culture:
415

S. flexneri strain 2457T is used in this study; all mutants are isogenic to it (8). *S. flexneri*

strains were cultured in trypticase soy broth (TCS) at 37°C and at 250 rpm. Bacteria were

transformed with pROEX-Aqua [Addgene; plasmid #42889, (52)] or pBR322-mCherry for

live and fixed microscopy. *L. monocytogenes* strain 10403S is used in this study (53). *L.*

monocytogenes strains were cultured in trypticase soy broth (TCS) at 37°C.

Cell Culture:

HeLa cells, MDCK cells (gift of Vivian Tang), and T84 cells were maintained at 37°C in

5% CO_2. HeLa and MDCK cells were grown in Dulbecco's modified Eagle's Medium

(DMEM) supplemented with 10% fetal bovine serum (FBS). T84 cells were grown in

Advance DMEM supplemented with 10% FBS and 1% L-glutamine. The generation of

cells producing control or synaptopodin specific shRNA were previously described for T84

cells (23) and MDCK cells (24). HeLa cells producing shRNA targeting synaptopodin were

generated using retroviral transduction followed by selection with 5 µg/mL puromycin.

Virus Preparation:

3 million 293T cells were seeded in 100 mm dishes in DMEM supplemented with 10%

FBS for 24 hours prior to transduction. Cells were transduced with psPAX2 (Addgene,

12260), pVSVg, and either pLKO.5 (SHC216) for control shRNA or a synaptopodin

specific shRNA (TRCN0000218429, TRCN0000230911, TRCN0000230913,

TRCN0000230912, TRCN0000218782), or pmbYFP (Gift of Hervé Agaisse). Plasmids

were transfected into cells using calcium phosphate. The next day, the media was

replaced with fresh DMEM supplemented with 10% FBS. After incubation for an additional

24 hours, the culture supernatant containing the viral particles was collected, passed

through a 0.45 µm filter, and stored at -20°C.

Viral Transduction:

3×10^5 HeLa cells in 6-well plates were treated with 2 mL of filtered 293 supernatant

containing 4mM polybrene and centrifuged for 2 hours at 1000 g at 30°C. Cells were

incubated at 37°C for 48 hours, and then treated with 5 µg/mL puromycin. Resistant cells

were expanded. For cells additionally transduced with virus encoding the membrane

anchored YFP, cells were sorted at the Flow Cytometry Shared Resource Laboratory in

the Department of Immunology and Microbiology to enrich for YFP positive cells.

Plaque Assay:

8×10^5 cells per well were seeded in 6-well plates. The next day, cells were infected with

S. flexneri at a multiplicity of infection (MOI) of 0.2 for HeLa cells or a MOI of 20 for MDCK

cells and T84 cells. Bacteria were centrifuged onto cells at 800 g for 10 minutes and

incubated at 37°C in 5% CO_2 for 90 min. Media was replaced with DMEM containing 10%

FBS, 25 µg/mL gentamicin, and 0.5% agarose, and the cells were incubated for 48 hours.

To visualize plaques, a second overlay was added with 0.7% agarose in DMEM with 10%

FBS, 25 µg/mL gentamicin, 0.1% neutral red. Following incubation for at least 4 hours,

the plates were imaged with an ImmunoSpot S6 Universal Visible/Fluorescent Analyzer

(Cellular Technology Limited). Analysis of the plaque area was performed using a pipeline

generated in ImageJ in which images were thresholded to remove background, pixel

intensity was converted to a binary, and the images were segmented into objects; objects

matching plaques on unmodified images were selected, and their area was quantified, as

done previously (39). For experiments with butyrate, 5 mM butyrate was added 1 hour

prior to infection and maintained throughout the infection.

Spread Assay by Microscopy:

Cells were seeded at 7×10^5 cells per well in 6-well plates onto sterile coverslips. The

next day, cells were infected with *L. monocytogenes* at a MOI of 15. The bacteria were

centrifuged onto cells at room temperature at 800 g for 10 minutes. The co-culture was

incubated at 37°C with 5% CO_2 for 45 mins. Cells were washed and remaining

extracellular bacteria were killed by DMEM supplemented with 10% FBS and 25 µg/mL

gentamicin. The infection was incubated for an additional 24 hours and fixed with 3.7%

paraformaldehyde. The cells were permeabilized with 1% triton X-100 in PBS and washed

five times with PBS. Cells were stained with phalloidin conjugated to Alexa Flour 750

(Invitrogen A30105), washed with PBS, stained with Hoechst 33342 (Biotech No. 5117),

washed twice with PBS, and mounted with Prolong Diamond Antifade Mountant

(ThermoFisher, P36930). Images were taken at random at 20x magnification. Five fields

of view were analyzed per condition per experiment and area of spread was measured

with NIS elements.

Quantification of Intracellular Bacteria:

T84 cells were seeded at 8×10^5 cells per well, and HeLa or MDCK cells were seeded at

4×10^5 cells per well in a 6-well plate. The next day, cells were infected with *S. flexneri*

at an MOI of 200, by centrifugation at at 800 g for 10 minutes. The co-culture was

incubated at 37°C with 5% CO_2 for 45 minutes. Excess bacteria were removed by three

washes with HBSS. Extracellular bacteria were killed by DMEM supplemented with 10%

FBS and 25 µg/mL gentamicin. The infection was incubated for an additional 1, 2, or 3

hours. The cells were washed three times with HBSS, and then the cells were lysed with

0.02% SDS in HBSS. The cell lysates with intact bacteria were serially diluted in TCS

broth and plated onto TCS agar to determine the intracellular CFU.

Western Blots:

SDS-PAGE gels were transferred to nitrocellulose using a Turbo semi dry transfer

apparatus (BioRad). For detection of antigen, 1:100 rabbit anti-synaptopodin (Abcam,

ab224491) was incubated overnight at 4°C in 5% milk. The next day, blots were incubated

at room temperature with 1:5,000 goat anti-rabbit (Jackson Immuno Research Labs, 111-

035-144) for 2 hours or 1:10,000 anti-β-actin conjugated to HRP (Sigma A3854) for 1

hour. Western blots were developed, and the signal was acquired by a G:Box (Syngene).

Band intensity was measured using ImageJ (NIH) with the background subtracted.

Localization of Host Proteins:

HeLa cells or MDCK cells were seeded at 8 X 10^5 cells per well in a 6-well plate and

cultured for 24 hours (HeLa) or 48 hours (MDCK). Cells were infected with designated

strains of *S. flexneri* harboring pROEX-Aqua by centrifugation at 800 *g* for 10 minutes

and incubated at 37°C in 5% CO_2. At 45 minutes of infection, cells were washed three

times with HBSS, and media was replaced with DMEM with 10% FBS, 25 µg/mL

gentamicin, and 100 mM IPTG. After an additional 45 minutes, cells were fixed with 3.7%

paraformaldehyde. The cells were permeabilized with 1% triton X-100 in PBS for 30

minutes at room temperature. The cells were washed five times with PBS and incubated

in PBS with 10% FBS and 1:100 rabbit anti-synaptopodin (Abcam, ab224491), 1:1000

rabbit anti-N-WASP (Santa Cruz Biotechnology Inc, sc100964), 1:500 rabbit anti-α-

actinin-4 (Abcam, ab108198), 1:50 rabbit anti-mDia1 (Abcam, AB129167), 1:500 mouse

anti-myosin IIb (Santa Cruz Biotechnology Inc, sc-376942), or 1:50 goat anti-Arp 2 (Novus

Biologicals, NB100-1037) overnight at 4°C. The cells were washed with PBS, incubated

with 1:100 donkey anti-rabbit-Alexa Fluor 594 (ThermoFisher, A-21207), goat anti-rabbit-

Alexa Fluor 750 (ThermoFisher, A21039), donkey anti-mouse-Alexa Fluor 594

(Invitrogen, A32744), or donkey anti-goat-Alexa Fluor 594 (ThermoFisher, A32758) for 2

hours at room temperature, and washed with PBS. Cells were stained with phalloidin-

Alexa Flour 750 (Invitrogen A30105) or Alexa Fluor 647 (Invitrogen, A22287), washed

with PBS, stained with Hoechst 33342 (Biotech No. 5117), washed twice with PBS, and

mounted with Prolong Diamond Antifade Mountant (ThermoFisher, P36930).

Live Imaging for Speed of Cytosolic Bacteria and of Protrusion Formation:

HeLa cells expressing a membrane-anchored yellow fluorescent protein were seeded at

8 X 10^5 cells per well on Ibidi 2-well chamber slides (Ibidi, 80286). The next day, cells

were infected with designated strains of *S. flexneri* harboring the pROEX-Aqua plasmid

at an MOI of 400 by centrifugation at 800 x*g* for 10 minutes. At 1 hour of infection, cells

were washed with HBSS 10 times, and media was replaced with DMEM supplemented

with 10% FBS, 25 µg/mL gentamicin, and 100 mM IPTG. A time-lapsed Z-stack of images

was collected with a Nikon Eclipse Ti-2 inverted light microscope at 37°C and 5% CO_2 at

10-second intervals for 10 minutes. Images were deconvolved using a Richardson-Lucy

algorithm with 20 iterations and all slices within a stack were collapsed into a single image

based upon the maximum intensity of pixels in each slice using NIS elements software.

For time-lapsed series, in which some focal drift occurred in the XY position, FIJI plugin:

Linear Stack Alignment with SIFT, was used to realign timepoints. NIS elements particle

tracking software was used to track in-frame bacteria throughout the video to calculate

protrusion velocities. Speed was determined for each bacterium by measuring the

distance traveled over the duration of time bacterium was in focus.

Live-cell Imaging Analysis for Protrusions Duration:

HeLa cells expressing a membrane-anchored yellow fluorescent protein were seeded at

2×10^5 cells per well on Ibidi 8-well chamber slides (Ibidi, 80826). The next day, media

was replaced with DMEM and 10% FBS and cells were infected with designated strains

of *S. flexneri* expressing mCherry at an MOI of 200. At 1 hour of infection, cells were

washed with HBSS 10 times, and media was replaced with DMEM supplemented with

10% FBS. A time-lapsed Z-stack of images was taken with a Nikon Eclipse Ti-2 inverted

light microscope at 37°C and 5% CO_2 at 5-minute intervals for 2.5 hours to examine

protrusion duration. Images were deconvolved using a Richardson-Lucy algorithm with

20 iterations and all slices within a stack were collapsed into a single image based upon

the maximum intensity of pixels in each slice using NIS elements software. Protrusion

duration was measured by quantifying the amount of time the bacteria were in each

protrusion stage (54).

Quantification of the length of actin tails formed by *L. monocytogenes*

HeLa cells were seeded at 8×10^5 cells per well in a 6-well plate and cultured for 24

hours. The next day, cells were infected with *L. monocytogenes* harboring pGFP (55) at

an MOI of 1,500. Bacteria were centrifuged onto cells at 800 g for 10 minutes and

incubated at 37°C in 5% CO_2. At 90 minutes of infection, cells were washed three times

with HBSS, and media was replaced with DMEM with 10% FBS and 25 µg/mL gentamicin.

After an additional 3.5 hours, cells were fixed with 3.7% paraformaldehyde for at least 20

minutes at room temperature. The cells were permeabilized with 1% triton X-100 in PBS

for 30 minutes at room temperature. The cells were washed 5 times with PBS. Cells were

stained with phalloidin conjugated to Alexa Flour 750 (Invitrogen A30105), washed with

PBS, stained with Hoechst 33342 (Biotech No. 5117), washed twice with PBS, and

mounted with Prolong Diamond Antifade Mountant (ThermoFisher, P36930).

Microscopy:

Fluorescent images were acquired on a Nikon Eclipse Ti-2 inverted light microscope

equipped with an Orca Fusion BT cMOS camera (Hammamatsu), an IRIS 15 cMOS

camera (Photometrics), Semrock Brightline filters, and an Oco stage top incubator

chamber that enables regulation of temperature, CO_2, and humidity. NIS elements

software (Nikon) was used for image acquisition and analysis. Images were deconvolved

using a Richardson-Lucy algorithm with 20 iterations. Microscopic images were pseudo-

colored and assembled using Adobe photoshop or FIJI (NIH). Images were collected

randomly across the coverslip using an automated imaging pipeline created in NIS

elements or the samples were blinded prior to imaging. A minimum of five Z-stacks were

collected per coverslip with 0.25 µm step size. To display representative images, all slices

within a stack were collapsed into a single image based upon the maximum intensity of

pixels in each slice using NIS elements software.

Intensity Analysis:

The signal intensity of random spots of synaptopodin, actin, mDia, Arp2, N-WASP, α-

actinin-4 and myosin IIb around bacteria was measured using NIS elements. Three spots

were analyzed at each bacterium, and 5-30 bacteria were measured per condition per

experiment, and the average intensity was recorded per experiment.

Statistical Analysis:

Statistical difference between means was analyzed with Graph Pad Prism 9. Statistical

difference of two means was determined either by Student's t-test or a paired t-test.

Unless indicated otherwise, the differences between the means of multiple groups were

determined either by two-way ANOVA with Sidak *post hoc* test or by one-way ANOVA

with either a Holm-Sidak's *post hoc* test or a Dunnett's *post hoc* test.

Acknowledgements

We would like to thank Marcia Goldberg, Vivian Tang, Cammie Lesser, and Hervé

Agaisse for reagents. We would like to thank Marcia Goldberg, Cristina Penaranda, Lilian

Radoshevich, Marijke Keestra-Gounder and the Keestra-Gounder lab for helpful

discussions. We would like to thank Tinalyn Kupfer and the CU | AMC ImmunoMicro Flow

Cytometry Shared Resource, RRID:SCR_021321, for assistance with cell sorting. This

work was funded by K22 AI137296, the GI and Liver Innate Immune Program at the

University of Colorado, and the University of Colorado start-up funds to BCR. JER was

funded by T32 AI052066.

Author Contributions

J.M.V and B.C.R wrote the initial draft of the manuscript. J.M.V, D.J.H, T.B.H, T.N.H.

S.P.C., L.L.L., and B.C.R designed experiments. J.M.V, J.D.T, B.C.R, D.J.H, T.B.H,

T.N.H. L.Z.,and J.E.R preformed experiments. All authors discussed the results and

commented on the manuscript.

COMPETING FINANCIAL INTEREST

The authors declare no competing financial interest.

REFERENCES

1.   Dhanda AS, Guttman JA. 2022. Localization of host endocytic and actin-associated proteins during Shigella flexneri intracellular motility and intercellular spreading. Anat Rec (Hoboken) doi:10.1002/ar.24955.

2.   Stevens JM, Galyov EE, Stevens MP. 2006. Actin-dependent movement of bacterial pathogens. Nat Rev Microbiol 4:91-101.

3.   Hiller G, Weber K, Schneider L, Parajsz C, Jungwirth C. 1979. Interaction of assembled progeny pox viruses with the cellular cytoskeleton. Virology 98:142-53.

4.   Lamason RL, Welch MD. 2017. Actin-based motility and cell-to-cell spread of bacterial pathogens. Curr Opin Microbiol 35:48-57.

5.   Weddle E, Agaisse H. 2018. Principles of intracellular bacterial pathogen spread from cell to cell. PLoS Pathog 14:e1007380.

6.   Agaisse H. 2016. Molecular and Cellular Mechanisms of Shigella flexneri Dissemination. Front Cell Infect Microbiol 6:29.

7.   Hale TL. 1991. Genetic basis of virulence in Shigella species. Microbiol Rev 55:206-24.

8.   Labrec EH, Schneider H, Magnani TJ, Formal SB. 1964. Epithelial Cell Penetration as an Essential Step in the Pathogenesis of Bacillary Dysentery. J Bacteriol 88:1503-18.

9.   Goldberg MB, Barzu O, Parsot C, Sansonetti PJ. 1993. Unipolar localization and ATPase activity of IcsA, a Shigella flexneri protein involved in intracellular movement. Infect Agents Dis 2:210-1.

10.   Egile C, Loisel TP, Laurent V, Li R, Pantaloni D, Sansonetti PJ, Carlier MF. 1999.

622   Activation of the CDC42 effector N-WASP by the Shigella flexneri IcsA protein

623   promotes actin nucleation by Arp2/3 complex and bacterial actin-based motility. J

624   Cell Biol 146:1319-32.

625   11.   Bernardini ML, Mounier J, d'Hauteville H, Coquis-Rondon M, Sansonetti PJ.

626   1989. Identification of icsA, a plasmid locus of Shigella flexneri that governs

627   bacterial intra- and intercellular spread through interaction with F-actin. Proc Natl

628   Acad Sci U S A 86:3867-71.

629   12.   Kadurugamuwa JL, Rohde M, Wehland J, Timmis KN. 1991. Intercellular spread

630   of Shigella flexneri through a monolayer mediated by membranous protrusions

631   and associated with reorganization of the cytoskeletal protein vinculin. Infect

632   Immun 59:3463-71.

633   13.   Campbell-Valois FX, Sachse M, Sansonetti PJ, Parsot C. 2015. Escape of

634   Actively Secreting Shigella flexneri from ATG8/LC3-Positive Vacuoles Formed

635   during Cell-To-Cell Spread Is Facilitated by IcsB and VirA. mBio 6:e02567-14.

636   14.   Sansonetti PJ, Arondel J, Fontaine A, d'Hauteville H, Bernardini ML. 1991. OmpB

637   (osmo-regulation) and icsA (cell-to-cell spread) mutants of Shigella flexneri:

638   vaccine candidates and probes to study the pathogenesis of shigellosis. Vaccine

639   9:416-22.

640   15.   Suzuki T, Sasakawa C. 2001. Molecular basis of the intracellular spreading of

641   Shigella. Infect Immun 69:5959-66.

16. Yum LK, Byndloss MX, Feldman SH, Agaisse H. 2019. Critical role of bacterial

dissemination in an infant rabbit model of bacillary dysentery. Nat Commun

10:1826.

17. Mitchell PS, Roncaioli JL, Turcotte EA, Goers L, Chavez RA, Lee AY, Lesser CF,

Rauch I, Vance RE. 2020. NAIP-NLRC4-deficient mice are susceptible to

shigellosis. Elife 9.

18. Chriett S, Dabek A, Wojtala M, Vidal H, Balcerczyk A, Pirola L. 2019. Prominent

action of butyrate over beta-hydroxybutyrate as histone deacetylase inhibitor,

transcriptional modulator and anti-inflammatory molecule. Sci Rep 9:742.

19. Singh V, Lee G, Son H, Koh H, Kim ES, Unno T, Shin JH. 2022. Butyrate

producers, "The Sentinel of Gut": Their intestinal significance with and beyond

butyrate, and prospective use as microbial therapeutics. Front Microbiol

13:1103836.

20. Lozupone CA, Stombaugh JI, Gordon JI, Jansson JK, Knight R. 2012. Diversity,

stability and resilience of the human gut microbiota. Nature 489:220-30.

21. Ornelas A, Welch N, Countess JA, Zhou L, Wang RX, Dowdell AS, Colgan SP.

2023. Mimicry of microbially-derived butyrate reveals templates for potent

intestinal epithelial HIF stabilizers. Gut Microbes 15:2267706.

22. Wang RX, Henen MA, Lee JS, Vogeli B, Colgan SP. 2021. Microbiota-derived

butyrate is an endogenous HIF prolyl hydroxylase inhibitor. Gut Microbes

13:1938380.

23.   Wang RX, Lee JS, Campbell EL, Colgan SP. 2020. Microbiota-derived butyrate

664   dynamically regulates intestinal homeostasis through regulation of actin-

665   associated protein synaptopodin. Proc Natl Acad Sci U S A 117:11648-11657.

666   24.   Morris T, Sue E, Geniesse C, Brieher WM, Tang VW. 2022. Synaptopodin stress

667   fiber and contractomere at the epithelial junction. J Cell Biol 221.

668   25.   Robbins JR, Barth AI, Marquis H, de Hostos EL, Nelson WJ, Theriot JA. 1999.

669   Listeria monocytogenes exploits normal host cell processes to spread from cell to

670   cell. J Cell Biol 146:1333-50.

671   26.   Ichimura K, Kurihara H, Sakai T. 2003. Actin filament organization of foot

672   processes in rat podocytes. J Histochem Cytochem 51:1589-600.

673   27.   Yap K, Drakew A, Smilovic D, Rietsche M, Paul MH, Vuksic M, Del Turco D,

674   Deller T. 2020. The actin-modulating protein synaptopodin mediates long-term

675   survival of dendritic spines. Elife 9.

676   28.   Heindl JE, Saran I, Yi CR, Lesser CF, Goldberg MB. 2010. Requirement for

677   formin-induced actin polymerization during spread of Shigella flexneri. Infect

678   Immun 78:193-203.

679   29.   Fattouh R, Kwon H, Czuczman MA, Copeland JW, Pelletier L, Quinlan ME,

680   Muise AM, Higgins DE, Brumell JH. 2015. The diaphanous-related formins

681   promote protrusion formation and cell-to-cell spread of Listeria monocytogenes. J

682   Infect Dis 211:1185-95.

683   30.   Bishai EA, Sidhu GS, Li W, Dhillon J, Bohil AB, Cheney RE, Hartwig JH,

684   Southwick FS. 2013. Myosin-X facilitates Shigella-induced membrane

685   protrusions and cell-to-cell spread. Cell Microbiol 15:353-367.

31.   Dragoi AM, Agaisse H. 2014. The serine/threonine kinase STK11 promotes

Shigella flexneri dissemination through establishment of cell-cell contacts

competent for tyrosine kinase signaling. Infect Immun 82:4447-57.

32.   Monack DM, Theriot JA. 2001. Actin-based motility is sufficient for bacterial

membrane protrusion formation and host cell uptake. Cell Microbiol 3:633-47.

33.   Theriot JA, Mitchison TJ, Tilney LG, Portnoy DA. 1992. The rate of actin-based

motility of intracellular Listeria monocytogenes equals the rate of actin

polymerization. Nature 357:257-60.

34.   Gerbal F, Chaikin P, Rabin Y, Prost J. 2000. An elastic analysis of Listeria

monocytogenes propulsion. Biophys J 79:2259-75.

35.   Giardini PA, Fletcher DA, Theriot JA. 2003. Compression forces generated by

actin comet tails on lipid vesicles. Proc Natl Acad Sci U S A 100:6493-8.

36.   Buvall L, Rashmi P, Lopez-Rivera E, Andreeva S, Weins A, Wallentin H, Greka

A, Mundel P. 2013. Proteasomal degradation of Nck1 but not Nck2 regulates

RhoA activation and actin dynamics. Nat Commun 4:2863.

37.   Moreau V, Frischknecht F, Reckmann I, Vincentelli R, Rabut G, Stewart D, Way

M. 2000. A complex of N-WASP and WIP integrates signalling cascades that

lead to actin polymerization. Nat Cell Biol 2:441-8.

38.   Schuch R, Sandlin RC, Maurelli AT. 1999. A system for identifying post-invasion

functions of invasion genes: requirements for the Mxi-Spa type III secretion

pathway of Shigella flexneri in intercellular dissemination. Mol Microbiol 34:675-

89.

39.   Duncan-Lowey JK, Wiscovitch AL, Wood TE, Goldberg MB, Russo BC. 2020.

Shigella flexneri Disruption of Cellular Tension Promotes Intercellular Spread.

Cell Rep 33:108409.

40.   Kuehl CJ, Dragoi AM, Agaisse H. 2014. The Shigella flexneri type 3 secretion

system is required for tyrosine kinase-dependent protrusion resolution, and

vacuole escape during bacterial dissemination. PLoS One 9:e112738.

41.   Nasser A, Mosadegh M, Azimi T, Shariati A. 2022. Molecular mechanisms of

Shigella effector proteins: a common pathogen among diarrheic pediatric

population. Mol Cell Pediatr 9:12.

42.   Ernst NH, Reeves AZ, Ramseyer JE, Lesser CF. 2018. High-Throughput

Screening of Type III Secretion Determinants Reveals a Major Chaperone-

Independent Pathway. mBio 9.

43.   Gall TL, Mavris M, Martino MC, Bernardini ML, Denamur E, Parsot C. 2005.

Analysis of virulence plasmid gene expression defines three classes of effectors

in the type III secretion system of Shigella flexneri. Microbiology (Reading)

151:951-962.

44.   Kane CD, Schuch R, Day WA, Jr., Maurelli AT. 2002. MxiE regulates intracellular

expression of factors secreted by the Shigella flexneri 2a type III secretion

system. J Bacteriol 184:4409-19.

45.   Hall CP, Jadeja NB, Sebeck N, Agaisse H. 2022. Characterization of MxiE- and

H-NS-Dependent Expression of ipaH7.8, ospC1, yccE, and yfdF in Shigella

flexneri. mSphere 7:e0048522.

46.   Kelly CJ, Zheng L, Campbell EL, Saeedi B, Scholz CC, Bayless AJ, Wilson KE,

731   Glover LE, Kominsky DJ, Magnuson A, Weir TL, Ehrentraut SF, Pickel C, Kuhn

732   KA, Lanis JM, Nguyen V, Taylor CT, Colgan SP. 2015. Crosstalk between

733   Microbiota-Derived Short-Chain Fatty Acids and Intestinal Epithelial HIF

734   Augments Tissue Barrier Function. Cell Host Microbe 17:662-71.

735   47.   Tinevez JY, Arena ET, Anderson M, Nigro G, Injarabian L, Andre A, Ferrari M,

736   Campbell-Valois FX, Devin A, Shorte SL, Sansonetti PJ, Marteyn BS. 2019.

737   Shigella-mediated oxygen depletion is essential for intestinal mucosa

738   colonization. Nat Microbiol 4:2001-2009.

739   48.   Arena ET, Tinevez JY, Nigro G, Sansonetti PJ, Marteyn BS. 2017. The infectious

740   hypoxia: occurrence and causes during Shigella infection. Microbes Infect

741   19:157-165.

742   49.   Vlachos A, Korkotian E, Schonfeld E, Copanaki E, Deller T, Segal M. 2009.

743   Synaptopodin regulates plasticity of dendritic spines in hippocampal neurons. J

744   Neurosci 29:1017-33.

745   50.   Lum M, Morona R. 2014. Myosin IIA is essential for Shigella flexneri cell-to-cell

746   spread. Pathog Dis 72:174-87.

747   51.   Moore AS, Coscia SM, Simpson CL, Ortega FE, Wait EC, Heddleston JM,

748   Nirschl JJ, Obara CJ, Guedes-Dias P, Boecker CA, Chew TL, Theriot JA,

749   Lippincott-Schwartz J, Holzbaur ELF. 2021. Actin cables and comet tails

750   organize mitochondrial networks in mitosis. Nature 591:659-664.

52.   Erard M, Fredj A, Pasquier H, Beltolngar DB, Bousmah Y, Derrien V, Vincent P,

Merola F. 2013. Minimum set of mutations needed to optimize cyan fluorescent

proteins for live cell imaging. Mol Biosyst 9:258-67.

53.   Eshleman EM, Bortell N, McDermott DS, Crisler WJ, Lenz LL. 2020. Myeloid cell

responsiveness to interferon-gamma is sufficient for initial resistance to Listeria

monocytogenes. Curr Res Immunol 1:1-9.

54.   Weddle EA, Koseoglu VK, DeVasure BA, Agaisse HF. 2022. The type three

secretion system effector protein IpgB1 promotes Shigella flexneri cell-to-cell

spread through double-membrane vacuole escape. PLoS Pathog 18:e1010380.

55.   Cole C, Thomas S, Filak H, Henson PM, Lenz LL. 2012. Nitric oxide increases

susceptibility of Toll-like receptor-activated macrophages to spreading Listeria

monocytogenes. Immunity 36:807-20.

 FIGURES

Figure 1: Butyrate promotes efficient *S. flexneri* intercellular spread.

(A-B) Monolayers of T84 cells were infected with *S. flexneri* in the presence of 0 or 5 mM

butyrate, stained with neutral red at 48 hours of infection, and imaged. (A) Representative

images. Dotted lines show plaque boundary; scale bar, 0.6 mm. (B) Quantification of the

area of plaques from images represented in A, >50 plaques were measured per condition

per experiment. Dots are independent experiments. (C,D) T84 cells were treated with 0

or 5 mM butyrate for 24 hours, and Synaptopodin abundance was determined with

western blot. (B,D) ***, p<0.001; *, p<0.05 by paired t-test. Data are mean ± SEM.

Figure 2: Synaptopodin is required for efficient intercellular spread of *S. flexneri*

Monolayers of T84 (A-B), MDCK (C-D), or HeLa (E-F) cells that produce a control or

synaptopodin specific shRNA were infected with *S. flexneri* and stained with neutral red

at 48 hours of infection. (A, C, and E) Representative images. Dotted lines indicate plaque

boundary. Scale bar, 0.5 mm. (B, D, and F) Quantification of the area of plaques from

images represented in A, C, and E. 15-60 plaques measured per condition per

experiment. Dots are independent experiments. *, p<0.05 by paired t-test (B and D) or by

one-way ANOVA with Dunnett's *post hoc* test (F). Data are mean ± SEM.

Figure 3: Synaptopodin is required for protrusion formation by *S. flexneri*

(A) Representative images of HeLa cells infected with *S. flexneri.* Cyan, *S. flexneri;*

magenta, actin; blue, DNA. Arrows, bacteria in protrusions. Scale bar, 5 µM. 5-10 fields

were analyzed per condition per experiment. (B) Quantification of the percentage of

intracellular bacteria within a protrusion. (C) Quantification of the intensity of actin in

protrusions. (B and C) Dots are independent experiments. (D) Quantification of the length

of protrusions. Tukey method used to define whiskers. (B-D) N.S., not significant; *,

$p<0.05$ by one-way ANOVA with Holm-Sidak's *post hoc* test. (E-G) Time lapse images

from videos of bacteria forming plasma membrane protrusions. (E) Representative

images of protrusion formation. Cyan, S. *flexneri;* green, plasma membrane. Scale bar 5

µM. Arrows, bacteria in protrusions; dot, protrusion origination point; dotted line,

progression of protrusion formation. (F) Quantification of the speed of protrusion

formation from videos represented in E. (G) Quantification of the duration bacteria remain

in protrusions. (F-G) Dots are individual bacteria, pooled from 3 independent experiments.

*, $p<0.05$ by Student's t-test. Data are mean $\pm$ SEM.

Figure 4: Synaptopodin regulates actin tail formation by *S. flexneri*

Infection of HeLa cells infected with *S. flexneri* for 90 min. (A) Representative images.

Cyan, *S. flexneri;* magenta, actin; blue, DNA. Arrows, bacteria with actin tails. Dotted line,

trace of actin tail. Scale bar, 5 µM. (B) Quantification of percentage of bacteria with actin

tails. (C) Quantification of the length of actin tails. (D-E) Time-lapsed microscopy of HeLa

cells producing a membrane anchored YFP infected with *S. flexneri* producing CFP. (D)

Representative still images from time-lapsed videos for 2 minutes from initial observation

of motility. Cyan, *S. flexneri*; green, plasma membrane. Dots are the position of bacteria

at each time point, dotted line is arbitrary straight line between dots showing bacterial

progression over time. Scale bar, 5 µM. (E) Quantification of the speed at which bacteria

move in the cytosol from videos represented in E. Mean indicated by bar. (B, C) 5-10

fields were analyzed per experiment. Dots are independent experiments. Data are mean

± SEM. N.S., not significant; *, p<0.05; **, p<0.1; ***, p<0.001 by one-way ANOVA with

Dunnett's *post hoc* test. (E) N.S., not significant; *, p<0.05 by Student's t-test. Dots are

individual bacteria pooled together from three experiments. (F) Schematic depicting

shorter tails are formed in cells lacking synaptopodin compared to tails formed in control

cells. Generated with BioRender.

Figure 5: Synaptopodin is required for myosin IIb recruitment around bacteria

HeLa cells were infected with *S. flexneri* for 90 min. (A) Representative images*.* Cyan, *S.*

flexneri; magenta, actin; red, myosin IIb; blue, DNA. Arrows, bacteria with myosin IIb.

Scale bar, 5 µM. (B) Quantification of percentage of bacteria with myosin IIb. (C)

Quantification of the intensity of myosin IIb around bacteria. (D) Representative images

depicting α-actinin-4 recruitment around bacteria. Cyan, *S. flexneri;* magenta, actin; red,

α-actinin-4; blue, DNA. Arrows, bacteria with α-actinin-4. Scale bar, 5 µM. (E)

Quantification of the percentage of bacteria with α-actinin-4. (F) Quantification of the

intensity of α-actinin-4. (B-C and E-F) 5-10 fields were analyzed per condition per

experiment. Dots are independent experiments. Data are mean ± SEM. NS, not

significant; *, p<0.05; **, p<0.01 by one-way ANOVA with Dunnett's *post hoc* test.

Figure 6: Synaptopodin is recruited around *S. flexneri* in an IcsA and a type 3

secretion system dependent manner

Control HeLa cells were infected for 90 min with *S. flexneri* strains. (A) Representative

images*.* Cyan, *S. flexneri*; magenta, actin; red, synaptopodin (synpo); blue, DNA. Arrows,

bacteria with actin and synaptopodin. Scale bar, 5 µM. (B) Quantification of the

percentage of bacteria with actin. (C) Quantification of the percentage of bacteria with

synaptopodin. (D) Quantification of the intensity of actin around bacteria. (E)

Quantification of intensity of synaptopodin around bacteria. (B-E) 5-10 fields were

analyzed per condition per experiment. Dots are independent experiments. Data are

mean $\pm$ SEM. N.D., not detected. NS, not significant; *, p<0.05; **, p<0.01 by one-way

ANOVA with Dunnett's *post hoc* test.

Figure 7. Schematic of *S. flexneri* intercellular spread in control versus

synaptopodin knockdown cell lines.

Schematic of *S. flexneri* intercellular lifecycle*.* (I) *S. flexneri* induces its uptake into cells.

(II) Following uptake, it is present in a vacuole. (III) It escapes the vacuole into the cytosol

where the bacteria replicate. A portion of the bacteria nucleate the polymerization of actin,

which enables the bacteria to move in the cell cytosol. (V) Bacteria near the cell periphery

deform the plasma membrane into a protrusion. (VI) The protrusion resolves into a double

membrane vacuole. (VII) The bacteria escape the double membrane vacuole into the

cytosol. (A) Cells with synaptopodin enabled bacteria to form actin tails that are longer

and more aligned with the bacteria than cells lacking synaptopodin. Bacteria in cells with

synaptopodin form protrusions at a higher velocity that resolve more quickly (V). (B) In

cells lacking synaptopodin, the actin tails are shorter. Protrusions are formed at a slower

velocity and take longer to resolve into a double membrane vacuole (V). (A-B) 1. Bacteria

lacking IcsA do not polymerize actin or recruit synaptopodin. 2. Polar localization of IcsA

is associated with synaptopodin recruitment, and IcsA recruits N-WASP and Apr2/3

irrespective of synaptopodin abundance in cells. 3. Synaptopodin recruitment to bacteria

is further enhanced in a type 3 secretion dependent manner. Created with biorender.com

A

butyrate −

butyrate +

C

butyrate
− +

Synpo

β-actin

B

Plaque area (A.U.)

***

− +
butyrate

D

Fold change

*

− +
butyrate

A T84

C MDCK

E HeLa

Control

KD

B

Plaque area (A.U.)

Control   KD

T84

D

Plaque area (A.U.)

Control   KD

MDCK

F

Plaque area (A.U.)

Control   KD 1   KD 2

HeLa

A

	S. flexneri	Actin	Merge
Control			
KD 1			
KD 2			

B

Bacteria with actin tails (%)

N.S. N.S.

Control   KD 1   KD 2

C

Length of actin tails (µm)

***   ***

Control   KD 1   KD 2

D

Control   0:00   1:00   2:00

KD 1   0:00   1:00   2:00

E

Speed [µm/s]

N.S.

Control   KD 1

F

A

	S. flexneri	Actin	Synpo	Merge
WT				
Δ*mxiE*				
Δ*spa15*				
Δ*icsA*				

B Bacteria with actin (%)

WT, Δ*mxiE* (N.S.), Δ*spa15* (*), Δ*icsA* (*)

C Bacteria with synpo (%)

WT, Δ*mxiE* (N.S.), Δ*spa15* (N.S.), Δ*icsA* (**)

D Intensity of actin (A.U.)

WT, Δ*mxiE* (N.S.), Δ*spa15* (N.S.), Δ*icsA* (N.D.)

E Intensity of synpo (A.U.)

WT, Δ*mxiE* (N.S.), Δ*spa15* (*), Δ*icsA* (N.D.)