ESTIMATING THE PROPORTION OF BENEFICIAL MUTATIONS THAT ARE NOT ADAPTIVE IN MAMMALS

T. Latrille[1][†] , **J. Joseph**[2][†] , **D. A. Hartasánchez**[1] , **N. Salamin**[1]

[1]Department of Computational Biology, Université de Lausanne, Lausanne, Switzerland
[2]Laboratoire de Biométrie et Biologie Evolutive, UMR5558, Université Lyon 1, Villeurbanne, France
[†]These authors contributed equally to this work
thibault.latrille@ens-lyon.org

April 26, 2024

Abstract

¹ Mutations can be beneficial by bringing innovation to their bearer, allowing them to adapt
² to environmental change. These mutations are typically unpredictable since they respond to
³ an unforeseen change in the environment. However, mutations can also be beneficial because
⁴ they are simply restoring a state of higher fitness that was lost due to genetic drift in a stable
⁵ environment. In contrast to adaptive mutations, these beneficial non-adaptive mutations can
⁶ be predicted if the underlying fitness landscape is stable and known. The contribution of such
⁷ non-adaptive mutations to molecular evolution has been widely neglected mainly because
⁸ their detection is very challenging. We have here reconstructed protein-coding-gene fitness
⁹ landscapes shared between mammals, using mutation-selection models and a multi-species
¹⁰ alignments across 87 mammals. These fitness landscapes have allowed us to predict the
¹¹ fitness effect of polymorphisms found in 28 mammalian populations. Using methods that
¹² quantify selection at the population level, we have confirmed that beneficial non-adaptive
¹³ mutations are indeed positively selected in extant populations. Our work confirms that
¹⁴ deleterious substitutions are accumulating in mammals and are being reverted, generating
¹⁵ a balance in which genomes are damaged and restored simultaneously at different loci.
¹⁶ We observe that beneficial non-adaptive mutations represent between 15% and 45% of all
¹⁷ beneficial mutations in 24 of 28 populations analyzed, suggesting that a substantial part
¹⁸ of ongoing positive selection is not driven solely by adaptation to environmental change in
¹⁹ mammals.

²⁰ **Keywords** Adaptation · Nearly-neutral · Phylogenetics · Population-genetics · Codon models

Significance statement

The extent to which adaptation to changing environments is shaping genomes is a central question in molecular evolution. To quantify the rate of adaptation, population geneticists have typically used signatures of positive selection. However, mutations restoring an ancestral state of higher fitness lost by genetic drift are also positively selected, but they do not respond to a change in the environment. In this study, we have managed to distinguish beneficial mutations that are due to changing environments and those that are restoring pre-existing functions in mammals. We show that a substantial proportion of beneficial mutations cannot be interpreted as adaptive.

Introduction

Adaptation is one of the main processes shaping the diversity of forms and functions across the tree of life [1]. Evolutionary adaptation is tightly linked to environmental change and species responding to this change [2, 3]. For adaptation to occur, there must be variation within populations, which mostly appears via mutations in the DNA sequence. While neutral mutations will not impact an individual's fitness, deleterious mutations have a negative effect, and beneficial mutations improve their bearer's fitness. A beneficial mutation is thus more likely than a neutral mutation to invade the population and reach fixation, resulting in a substitution at the species level. Upon environmental change, because adaptive beneficial mutations toward new fitness optima are more likely, the number of substitutions also increases (fig. 1A). An increased substitution rate is thus commonly interpreted as a sign of adaptation [4–6]. The availability of large-scale genomic data and the development of theoretical models have enabled the detection and quantification of substitution rate changes across genes and lineages [7–9]. These approaches, now common practice in evolutionary biology, have helped better understand the processes underpinning the rates of molecular evolution, contributing to disentangling the effects of mutation, selection and drift in evolution [10]. However, a collateral effect has been conflating beneficial mutations with adaptive evolution when adaptive evolution is not the only process that can lead to beneficial mutations [11–13].

Beneficial yet non-adaptive mutations

In a constant environment, a deleterious mutation can reach fixation by genetic drift [14]. A new mutation restoring the ancestral fitness will thus be beneficial (fig. 1B), even though the environment has not changed [12, 15–18]. We will refer to as beneficial non-adaptive mutations to those mutations that restore the ancestral fitness under the assumption that the fitness landscape has not changed [11, 19]. Such mutations can happen through a mutation at a different locus, in which case it is called a compensatory mutation [12, 16]. While compensatory mutations change the sequence and thus induce genetic diversification, beneficial non-adaptive mutations at the locus of the initial mutation reduce genetic diversity and do not contribute to genetic innovation, which are the focus of this manuscript. Although Tomoko Ohta considered beneficial non-adaptive mutations negligible in her nearly-neutral theory [14], their importance has now been acknowledged for expanding populations [11]. However, differentiating between an adaptive mutation and a beneficial non-adaptive mutation remains challenging [20]. Indeed, an adaptive mutation responding to a change in the

environment and a beneficial non-adaptive mutation have equivalent fitness consequences for their bearer [11]. Similarly, at the population level, both types of mutations will result in a positive transmission bias of the beneficial allele. However, at the macro-evolutionary scale, the consequences of these two types of mutations are fundamentally different. While adaptive mutations promote phenotype diversification (fig. 1C), beneficial non-adaptive mutations promote phenotype stability and may help preserve well-established biological systems (fig. 1D). Additionally, the direction of adaptive evolution is unpredictable because it is caused by an unforeseen change in the environment and, hence, in the underlying fitness landscape [21]. On the other hand, beneficial non-adaptive mutations are predictable because, under a stable fitness landscape, any change from non-optimal to optimal amino acids will move back the site toward the equilibrium expected under the fitness landscape [22–24]. They can then be distinguished from truly novel beneficial mutations because the latter are not expected to mutate toward the amino acids of higher fitnesses defined by the stable fitness landscape but rather mutate to amino acids showing a diversified pattern (fig. 1).

Fitness landscape reconstruction

The mutation-selection framework permits to link the patterns of substitution along a phylogenetic tree with the underlying fitness landscape [25, 26]. Such mutation-selection models applied to protein-coding DNA sequences at the codon level allow us to estimate relative fitnesses for all amino acids for each site of the sequence, explicitly assuming that the underlying fitness landscape is stable along the phylogenetic tree [27–29]. Moreover, effective population size (N_e) is considered constant along the phylogenetic tree precisely because of the fixed fitness landscape assumption, the consequences of which are detailed in the Discussion. Importantly, because mutation-selection codon models at the phylogenetic scale are based on population-genetics equations, their estimates of selection coefficients are directly interpretable as fitness effects at the population scale; and because they work at the DNA level, we are able to account for mutational bias in DNA and structure of the genetic code. The model further integrates the shared evolutionary history between samples and their divergence, which, together, allow us to estimate fitness effects in mammalian phylogenetic trees even though sequences are not independent samples and might not represent the equilibrium distribution of amino acids (see section 1.2 in Materials & Methods, model parameters in section S1 and fig. S1).

Theoretically, we can thus use large-scale genomic data to assess whether the fitness estimated at the phylogenetic scale predicts the fitness effect at the population scale for both deleterious and beneficial non-adaptive mutations. The placental mammals represent an excellent study system to perform such analysis. Having originated ∼102 million years ago, they diversified quickly [30]. Additionally, polymorphism data are available for many species [31], as are high quality protein-coding DNA alignments across the genome [32, 33]. By performing our analysis on 14,509 orthologous protein-coding genes across 87 species, we focus on genes shared across all mammals in our dataset and not newly functionalized genes in a lineage.

For each gene, fitting the mutation-selection model to the multi-species sequence alignment, assuming that the underlying fitness landscape is stable along the phylogenetic tree, allows us to obtain relative fitnesses for all amino acids for each site of the alignment (fig. 2A). Given these relative fitnesses (F) for each amino acid, the difference in fitness between a pair of amino acids is the scaled selection coefficient ($S_0 = \Delta F$), which is formally the product of the selection coefficient at the individual level (s) and the effective population size

(N_e), as $S_0 = 4N_e \times s$. The value of S_0 informs us on the strength of selection exerted on amino acids changes.

Thus, according to its S_0 value, we can classify any mutation as either a deleterious mutation toward a less

fit amino acid ($\mathcal{D}_0 \coloneqq S_0 < -1$), a nearly-neutral mutation ($\mathcal{N}_0 \coloneqq -1 < S_0 < 1$), or a mutation toward a

known fitter amino acid constituting thus a beneficial non-adaptive mutation ($\mathcal{B}_0 \coloneqq S_0 > 1$).

Having identified which potential DNA changes represent beneficial non-adaptive mutations (fig. 2B), we

retrieved polymorphism data from 28 wild and domesticated populations belonging to six genera (*Equus*,

Bos, *Capra*, *Ovis*, *Chlorocebus*, and *Homo*) to assess the presence of beneficial non-adaptive mutations at

the population scale. We focused on mutations currently segregating within populations and substitutions

in the terminal branches, and checked if any of these observed changes were indeed beneficial (fig. 2C-E).

A similar approach demonstrated the presence of beneficial non-adaptive mutations in humans [22, 23] and

in plants [24]. However, the model used to reconstruct the static fitness landscape in these studies can only

be applied to deeply conserved protein domains in the tree of life, which corresponds to a subpart of the

proteome that evolves slowly. The mutation-selection model used in the present work integrates phylogenetic

relationships, and thus allows us to estimate the fitness landscape in shallower phylogenetic trees, and

therefore can be applied almost exome-wide [34].

We first quantified the likelihood of any DNA mutation to be a beneficial non-adaptive mutation, that

is, whenever a DNA mutation increases fitness under a stable fitness landscape ($\mathcal{B}_0$). Subsequently, by

quantifying the total amount of beneficial mutations in the current population across all types of DNA

mutations ($\mathcal{D}_0$, $\mathcal{N}_0$ and $\mathcal{B}_0$), we could tease apart beneficial non-adaptive from adaptive mutations resulting

from a change in the fitness landscape. Altogether, in this study, by integrating large-scale genomic datasets

at both phylogenetic and population scales, we propose a way to explicitly quantify the contribution of

beneficial non-adaptive mutations to positive selection across the entire exome of the six genera (figs. 2F-G).

Results

Selection along the terminal branches

First, we assessed whether fitness effects derived from the mutation-selection model at the phylogenetic scale

predict selection occurring in terminal branches. We recovered the mutations that reached fixation in the

terminal branches of the six genera. We only considered mutations fixed in a population as substitutions in

the corresponding branch by discarding mutations segregating in our population samples. We classified each

substitution identified in the terminal branches as either $\mathcal{D}_0$, $\mathcal{N}_0$, or $\mathcal{B}_0$ depending on its S_0 value obtained

at the phylogenetic scale (fig. 2A-C). Because estimation S_0 was based on the assumption that the fitness

landscape is stable across mammals, $\mathcal{B}_0$ mutations (i.e., with $S_0 > 1$) bring the bearer of this mutation

toward an amino acid predicted to be fitter across mammals. Importantly, the mammalian alignment used

to estimate the amino acid fitness landscape did not include the six focal genera and their sister species. This

ensures independence between, on the one hand, the fitness landscape estimated, and on the other hand, both

substitutions that occurred in the terminal branches, and segregating polymorphisms of the focal populations.

Example substitutions in the terminal lineage of *Chlorocebus sabaeus* which are classified as $\mathcal{B}_0$ are shown

in supplementary materials (section S2). For instance, in the mammalian protein-coding DNA alignment of

gene *SELE*, the nucleotide at site 1722 has mutated (from T to C) at the base of Simiiformes (monkeys and
apes), modifying the corresponding amino acid from Serine to Proline, but has been subsequently reverted
in the branch of *Chlorocebus sabaeus* (fig. S2). However, other substitutions classified as $\mathcal{B}_0$ in the terminal
branch of *Chlorocebus sabaeus* cannot be clearly interpreted as reversions along the terminal branch, and
show several transitions to this amino acid across the mammalian phylogeny, as for instance site 3145 of
gene *THSD7A* (fig. S3).

Among all the substitutions found in each terminal branch, between 10 and 13% were $\mathcal{B}_0$, while $\mathcal{B}_0$
mutations only represent between 0.9 and 1.2% of all non-synonymous mutations (table S1 and fig. 3A-B for
humans). Furthermore, since in principle, $\mathcal{B}_0$ mutations are bound to reach fixation more often than neutral
mutations, we calculated the d_N/d_S ratio of non-synonymous over synonymous divergence for all terminal
lineages, focusing on the non-synonymous changes predicted as $\mathcal{B}_0$ mutations $(d_N(\mathcal{B}_0)/d_S)$. We obtained
values between 1.17 and 1.75 in the different lineages (table S2), meaning that $\mathcal{B}_0$ mutations reach fixation
slightly more frequently than synonymous mutations that are supposed to be neutral, consistent with these
$\mathcal{B}_0$ mutations being weakly beneficial.

This result further indicates that using d_N/d_S as an estimate of adaptation is biased due to the presence
of beneficial non-adaptive mutations among the non-synonymous substitutions. By discarding all beneficial
non-adaptive mutations we can obtain an estimate of d_N/d_S which is not inflated. By comparing these
two ways of calculating d_N/d_S (see section 1.5 in Materials & Methods), we calculated that beneficial non-
adaptive mutations inflate d_N/d_S values by between 9 and 12% across genera. This represents a substantial
increase when considering that beneficial non-adaptive mutations only represent between 0.9 and 1.2% of
non-synonymous mutational opportunities (table S3).

Selection in populations

Second, we assessed whether our calculated S_0 values predicted at the phylogenetic scale were also indicative
of the selective forces exerted at the population level. We retrieved single nucleotide polymorphisms (SNPs)
segregating in 28 mammalian populations. To determine if SNPs were ancestral of derived, we reconstructed
the ancestral exome of each population. We then classified every non-synonymous SNP as either $\mathcal{D}_0$, $\mathcal{N}_0$, or
$\mathcal{B}_0$ according its S_0 value (fig. 2B-C).

First, $\mathcal{B}_0$ SNPs are spread across the genomes and not strongly associated to the ontology terms of
their respective genes (table S4, fig. S4). In humans, some SNPs have been associated with specific clinical
prognosis terms obtained by clinical evaluation of the impact of variants on human Mendelian disorders [35].
Although this classification also relies on deep protein alignments and therefore cannot be considered an
independent result from our own, it does provide a consistency check if the effect of a mutation on human
health is in line with its fitness effect predicted by our method. Therefore, we investigated whether the
non-synonymous SNPs classified as $\mathcal{D}_0$ or $\mathcal{B}_0$ showed enrichment in specific clinical terms compared to SNPs
classified as $\mathcal{N}_0$. Our results show that SNPs predicted as deleterious are associated with clinical terms such
as *Likely Pathogenic* and *Pathogenic*, implying that, in general, the selective pressure of a mutation exerted
across mammals is also predictive of its clinical effect in humans (table S5) [36]. Conversely, $\mathcal{B}_0$ mutations

are associated with clinical terms such as *Benign* and *Likely Benign*, which shows that $\mathcal{B}_0$ mutations are less
likely to be functionally damaging (table S6).

In addition to clinical prognosis, frequencies at which SNPs are segregating within populations provide
information on their selective effects. For instance, deleterious SNPs usually segregate at lower frequencies
because of purifying selection, which tends to remove them from the population (fig. 3C for humans). By
gathering information across many SNPs, it is possible to estimate the distribution of fitness effects (DFE)
at the population scale, taking synonymous SNPs as a neutral expectation [37–40]. From the estimated DFE,
we can derive the proportion of beneficial mutations ($\mathbb{P}[\mathcal{B}]$), nearly-neutral mutations ($\mathbb{P}[\mathcal{N}]$) and deleterious
mutations ($\mathbb{P}[\mathcal{D}]$) at the population scale (see section 1.6 in Materials & Methods). These approaches offer
a unique opportunity to contrast selection coefficients estimated at the population scale (S) and at the
phylogenetic scale (S_0).

Across our selection classes ($\mathcal{D}_0$, $\mathcal{N}_0$ and $\mathcal{B}_0$), one can ultimately estimate the proportion of correct and
incorrect predictions, leading to an estimation of *precision* and *recall* (fig. 2F-G and section 1.7 in Materials
& Methods). Across 28 populations of different mammal species, mutations predicted to be deleterious at the
phylogenetic scale ($\mathcal{D}_0$) were indeed purged at the population scale, with a *precision* in the range of 90–97%
(table 1 and fig. 3D for humans). Conversely, a *recall* in the range of 96–100% implied that mutations found
to be deleterious at the population scale were most likely also predicted to be deleterious at the phylogenetic
scale (table 1). Altogether, purifying selection is largely predictable and amino acids with negative fitness
across mammals have been effectively purged away in each population.

Mutations predicted as $\mathcal{N}_0$ were effectively composed of a mix of neutral and selected mutations with
varying *precision* (36–63%) and *recall* (32–45%) across the different populations (table 1, fig. 3D for humans).
The variable proportions between populations can be explained by the effective number of individuals in the
population (N_e), a major driver of selection efficacy. Moreover, estimates of mutation rate per generation
(u), from Bergeron *et al.* [41] and Orlando *et al.* [42], and Watterson's θ obtained from the synonymous SFS
as in Achaz [43], allow us to obtain N_e through $N_\mathrm{e} = \theta/4u$). Using correlation analyses that accounted for
phylogenetic relationship (see section 1.8 in Materials & Methods), we found that higher N_e was associated
with a smaller proportion of nearly-neutral mutations ($r^2 = 0.31$, $p = 0.001$, fig. 4A). This result follows
the prediction of the nearly-neutral theory and suggests that in populations with higher diversity (e.g., *Bos*
or *Ovis*), discrimination between beneficial and deleterious mutations is more likely to occur (figs. S3-S5).
Conversely, many more mutations are effectively neutral in populations with lower diversity (e.g., *Homo*).

Finally, mutations predicted to be $\mathcal{B}_0$ were indeed beneficial for individuals bearing them, with a *precision*
(fig. 2F) in the range of 19–87% (table 1 and fig. 3D for humans). This result confirms that selection toward
amino acids restoring existing functions is ongoing in these populations. Importantly, the *recall* value in
this case, computed as $\mathbb{P}[\mathcal{B}_0 \mid \mathcal{B}]$, is the probability for a beneficial mutation at the population scale to be
a non-adaptive, i.e., going toward a fitter amino acid given a stable fitness landscape (fig. 2G, table S7).
In other words, the *recall* value quantifies the number of beneficial mutations restoring damaged genomes
instead of creating adaptive innovations. Across the 28 populations, this proportion is in the range of 11–82%
(table 1).

Additionally, we controlled that these estimations are not affected by SNP mispolarization (figs. S6-S7). Moreover, because the phylogenetic mutation-selection codon model should fit better for genes with uniformly conserved functions, as a control, we filtered out genes under pervasive adaptation [44], and indeed we found an increase in the proportion of beneficial mutations that are non-adaptive ($\mathbb{P}[\mathcal{B}_0 \mid \mathcal{B}]$), consistent with our expectation (Wilcoxon signed-rank, $s = 80$, $p = 0.002$, table S8).

Discussion

Beneficial mutations are not necessarily adaptive

This study represents an essential step toward integrating the different evolutionary scales necessary to understand the combined effects of mutation, selection, and drift on genome evolution. In particular, we have been able to quantify the proportion of beneficial mutations that are non-adapative (i.e., not a response to a change in fitness landscape), which has only been achievable by combining exome-wide data from both phylogenetic and population scales. At the phylogenetic scale, codon diversity at each site of a protein-coding DNA alignment allows for reconstructing an amino-acid fitness landscape, assuming that this landscape is stable along the phylogenetic tree. These amino-acid fitness landscapes allow us to predict any mutation's selection coefficient (S_0) along a protein-coding sequence. We have compared these selective effects to observations at the population level (figs. S8-10), and by doing so, we have confirmed that mutations predicted to be deleterious ($\mathcal{D}_0 \coloneqq S_0 < -1$) are generally purified away in extant populations. Our results concur with previous studies showing that SIFT scores [45, 46], based on amino acid alignments across species, also inform on the deleterious fitness effects exerted at the population scale [24]. However, contrary to SIFT scores, our mutation-selection model is parameterized by a fitness function such that changes are directly interpretable as fitness effects (see also section S7). In this regard, an interesting prediction of our model is that some deleterious mutations reach fixation due to genetic drift, while beneficial non-adaptive mutations are restoring states of higher fitness. We have tested this hypothesis and have found that a substantial part of these predicted non-adaptive mutations ($\mathcal{B}_0 \coloneqq S_0 > 1$) are indeed beneficial in extant populations. We estimate that between 11 and 82% of all beneficial mutations in mammalian populations are not adaptive. More specifically, in 24 out of 28 populations analyzed, the percentage of beneficial mutations estimated to be non-adaptive falls between 15 and 45%. These results suggest that many beneficial mutations are not adaptive, but rather restore states of higher fitness. Hence, we can correctly estimate the extent of adaptive evolution only if we account for the number of beneficial non-adaptive mutations [47, 48]. Altogether, we argue that we should dissociate positive selection from adaptive evolution and limit the use of adaptive mutations to those that are associated with adaptation to environmental change as such [11, 12].

The influence of effective population size

Across the genome, beneficial non-adaptive mutations and deleterious mutations reaching fixation create a balance in which genomes are constantly damaged and restored simultaneously at different loci due to drift. Since the probability of fixation of mutations depends on the effective population size (N_e), the history of N_e plays a crucial role in determining the number of beneficial non-adaptive mutations compensating for

deleterious mutations [49]. For example, a population size expansion will increase the efficacy of selection, and a larger proportion of mutations will be beneficial (otherwise effectively neutral), thus increasing the number of beneficial non-adaptive mutations. On the other hand, a population that has experienced a high N_e throughout its history should be closer to an optimal state under a stable fitness landscape, having suffered fewer fixations of deleterious mutations and therefore decreasing the probability of beneficial non-adaptive mutations [50]. Overall, we expect the proportion of beneficial non-adaptive mutations to be more dependent on N_e's long-term expansions and contractions than on the short-term ones [11, 50]. Accounting for phylogenetic relationships, we found no correlation between the proportion of beneficial non-adaptive mutations and estimates of N_e based on genetic diversity ($r^2 = 0.00$, $p = 0.772$, fig. 4B).

Moreover, because our model assumes a fixed fitness landscape, it implicitly assumes that N_e is constant along the phylogenetic tree. Fluctuations due to changes in the fitness landscape or in N_e will be averaged out by the assumption of the current model that N_e is constant across lineages. It was recently shown [49], using computer intensive mutation-selection models with fluctuating N_e, that relaxing the assumption of a constant N_e results in more extreme estimates of amino-acid fitnesses than with the standard model used in this study. In other words, by assuming a constant N_e, we are underpowered to detect beneficial non-adaptive mutations since amino acids will have more similar fitnesses. As a consequence, some of the beneficial non-adaptive mutations currently segregating in population will be incorrectly classified as nearly-neutral by the mutation-selection model, and thus be wrongly interpreted as adaptive. This ultimately results in lower estimates of the proportion of beneficial non-adaptive mutations. Given this inflation of missed predictions due to change in population sizes [13, 51, 52], our estimated proportion of beneficial non-adaptive mutations among adaptive ones is likely to be an underestimation.

The role of epistasis and compensatory mutations

Our model assumes that amino-acid fitness landscapes are site-specific and also independent of one another, whereas under pervasive epistasis, the fitness effect of any mutation at a particular site would depend on the amino acids present at other sites. Epistasis has been shown to play a role in the evolution of protein-coding genes, with amino-acid residues in contact within a protein or between proteins tending to co-evolve [53–55]. Particularly, the residues in contact co-evolve to become more compatible with each other generating an entrenchment [56–58]. Epistasis therefore allows for compensatory mutations, which restore fitness through mutations at loci different from where deleterious mutations took place, representing another case of non-adaptive beneficial mutations, but one which is not accounted for by our method. Hence, the beneficial mutations that we classify as putatively adaptive might in fact be compensatory mutations, making our estimation of the rate of non-adaptive beneficial mutations conservative.

Despite epistasis being an important factor in protein evolution, several deep-mutational scanning experiments have revealed that a site-specific fitness landscape predicts the evolution of sequences in nature with considerable accuracy [59–61]. Additionally, the fact that we observe such a high proportion of beneficial non-adaptive mutations suggests that the underlying assumptions of our model, namely site-independence, implying no epistasis, and a static fitness landscape, are a reasonable approximation for the underlying fitness landscape of proteins. Our results imply that the fitness effects of new mutations are mostly conserved across

mammalian orthologs, in agreement with other studies showing that for conserved orthologs with similar structures and functions, models without epistasis provide a reasonable estimate of fitness effects in protein coding genes [62, 63].

Other assumptions and methodological limitations

The exact estimation of the contribution of beneficial non-adaptive mutations to positive selection relies on some hypotheses at both the phylogenetic and population scales and is sensitive to methodological limitations. Indeed, data quality and potentially inadequate modeling choices of both the fitness landscape (at the phylogenetic scale) and fitness effects (at the population scale) might also lead to missed prediction [9]. To be conservative, we considered that any mutation under positive selection at the population scale ($\mathcal{B}$) but not predicted as such at the phylogenetic scale (not $\mathcal{B}_0$) is potentially an adaptation. In practice, we obtained different values of the proportion of non-adaptive beneficial mutations depending on the model used to infer the fitness effects at the population scale, and the filtering or not of CpG mutations [64] (tables S8-14). It appears that our estimation can be sensitive to model misspecification and overall, while we provide an order of magnitude for the contribution of beneficial non-adaptive mutations to positive selection, methodological improvement on the estimation of the distribution of fitness effects is needed to increase the precision of this value.

Importantly, if there are several substitutions toward the same amino acid along the mammalian tree, (see fig. S3) our mutation-selection model cannot formally distinguish between a scenario where mammals have fixed deleterious mutations that are reverted in several lineages, from more complex scenarios involving convergent adaptation across mammals. In a first scenario, repeated changes of fitness landscapes in the same direction could occur along several lineages, leading to repeated substitutions in multiple lineages (parallel or convergent adaptation). In a second scenario, an environmental change that occurred near the root of placental mammals ($\sim$100 Mys ago), to which extant populations are currently responding independently through weakly adaptive mutations could also lead to repeated substitutions toward the same amino acids. Importantly, we usually expect that adaptive convergent mutation are linked to particular converging phenotypes across mammals, and should not massively affect the whole genome as we find (table S4, fig. S4). Moreover, after filtering out genes usually associated to recurrent adaptation (e.g. immune genes), we recover an even higher proportion of beneficial back-mutations (table S8). For these reasons, we argue that the signal of predictable positive selection we recover in extant population is indeed mainly driven by non-adaptive evolution.

Detecting adaptation above the nearly-neutral background

A long-standing debate in molecular evolution is whether the variations we observe between species in protein-coding genes are primarily due to nearly-neutral mutations reaching fixation by drift or primarily due to adaptation [14, 65–67]. Here we provide evidence that in mammalian orthologs, many substitutions occur through fixation of both deleterious mutations and beneficial non-adaptive mutations. However, detecting adaptation above this background of nearly-neutral substitutions remains a challenge [65, 68].

One first strategy is precisely to use a nearly-neutral substitution model as a null model of evolution. Under a strictly neutral evolution of protein-coding sequence, we expect the ratio of non-synonymous over synonymous substitutions (d_N/d_S) to be equal to one. Deviations from this neutral expectation, such as $d_N/d_S > 1$, which can be generated by an excess of non-synonymous substitutions, is generally interpreted as a sign of adaptation. However, as shown in this study, a $d_N/d_S > 1$ is not necessarily a signature of adaptation but can be due to beneficial non-adaptive mutations. So, by relaxing the strict neutrality and assuming a stable fitness landscape instead, one can predict the expected rate of evolution, called ω_0 [69, 70]. Adaptation can thus be considered as evolution under a changing fitness landscape and tested as such by searching for the signature of $d_N/d_S > \omega_0$ [18, 29, 71]. Using a stable fitness landscape as a null model of evolution, thus accounting for selective constraints exerted on the different amino acids, increased the statistical power in testing for adaptation [44]. Instead of relying solely on summary statistics (such as d_N/d_S or ω_0), another strategy to detect adaptation is to include changes in the fitness landscapes inherently within the mutation-selection framework [72]. Such mechanistic models could be more general than site-specific fitness landscapes, including epistasis and changing fitness landscapes [57, 73].

Conclusions

Here, we have provided empirical evidence that an evolutionary model assuming a stable fitness landscape at the mammalian scale allows us to predict the fitness effects of mutations in extant populations and individuals, acknowledging the balance between deleterious and beneficial non-adaptive mutations. We argue that such a model would represent a null expectation for the evolution of protein-coding genes in the absence of adaptation. Altogether, because a substantial part of positive selection can be explained by beneficial non-adaptive mutations, but not its entirety, we argue that the mammalian exome is shaped by both adaptive and non-adaptive processes, and that none of them alone is sufficient to explain the observed patterns of changes. In that sense, to avoid conflating beneficial mutations with adaptive evolution, the term "adaptation" should retain its original meaning associated with a change in the underlying fitness landscape and be modelled as such.

1 Materials & Methods

1.1 Phylogenetic dataset

Protein-coding DNA sequence alignments in placental mammals and their corresponding gene trees come from the OrthoMaM database and were processed as in Latrille *et al.* [44]. OrthoMaM contains a total of 116 mammalian reference sequences in v10c [32, 33, 74].

Genes located on the X and Y chromosomes and on the mitochondrial genome were discarded from the analysis because the level of polymorphism – which is necessary for population-based analyses – is expected to be different in these three regions compared to the autosomal genome. Sequences of species for which we used population-level polymorphism (see section 1.3) and their sister species, were removed from the analysis to ensure independence between the data used in the phylogenetic and population scales. Sites in the alignment

352 containing more than 10% of gaps across the species were discarded. Altogether, our genome-wide dataset
353 contains 14,509 protein-coding DNA sequences in 87 placental mammals.

1.2 Selection coefficient (S_0) in a phylogeny-based method

We analyzed the phylogenetic-level data using mutation-selection models. These models assume the protein-
coding sequences are at mutation-selection balance under a fixed fitness landscape characterized by a fitness
vector over the 20 amino acids at each site [25, 27, 75]. Mathematically, the rate of non-synonymous sub-
stitution from codon a to codon b ($q^{(i)}_{a \mapsto b}$) at site i of the sequence is equal to the rate of mutation of the
underlying nucleotide change ($\mu_{a \mapsto b}$) multiplied by the scaled probability of mutation fixation ($\mathbb{P}^{(i)}_{a \mapsto b}$). The
probability of fixation depends on the difference between the scaled fitness of the amino acid encoded by the
mutated codon ($F^{(i)}_b$) and the amino acid encoded by the original codon ($F^{(i)}_a$) at site i [76, 77].

The rate of substitution from codon a to b at a site i is thus:

$$\begin{cases} q^{(i)}_{a \mapsto b} & = 0 \text{ if codons } a \text{ and } b \text{ are more than one mutation away,} \\ q^{(i)}_{a \mapsto b} & = \mu_{a \mapsto b} \text{ if codons } a \text{ and } b \text{ are synonymous, and} \\ q^{(i)}_{a \mapsto b} & = \mu_{a \mapsto b} \dfrac{F^{(i)}_b - F^{(i)}_a}{1 - \mathrm{e}^{F^{(i)}_a - F^{(i)}_b}} \text{ if codons } a \text{ and } b \text{ are non-synonymous.} \end{cases} \tag{1}$$

Fitting the mutation-selection model on a multi-species sequence alignment leads to an estimation of
the gene-wide 4×4 nucleotide mutation rate matrix ($\boldsymbol{\mu}$) as well as the 20 amino-acid fitness landscape
($\boldsymbol{F^{(i)}}$) at each site i. The priors and full configuration of the model are given in section S1. From a technical
perspective, the Bayesian estimation is a two-step procedure [78]. The first step is a data augmentation of
the alignment, consisting in sampling a detailed substitution history along the phylogenetic tree for each site,
given the current value of the model parameters. In the second step, the parameters of the model can then be
directly updated by a Gibbs sampling procedure, conditional on the current substitution history. Alternating
between these two sampling steps yields a Markov chain Monte-Carlo (MCMC) procedure whose equilibrium
distribution is the posterior probability density of interest [78, 79]. Additionally, across-site heterogeneities
in amino-acid fitness profiles are captured by a Dirichlet process. More precisely, the number of amino-acid
fitness profiles estimated is lower than the number of sites in the alignment. Consequently each profile has
several sites assigned to it, resulting in a particular configuration of the Dirichlet process. Conversely, sites
with similar signatures are assigned to the same fitness profile. This configuration of the Dirichlet process
is resampled through the MCMC to estimate a posterior distribution of amino acid profiles for each site
specifically [34, 80]. From a more mechanistic perspective, even though not all amino acids occur at every
single codon site of the DNA alignment, we can nevertheless estimate the distribution of amino-acid fitnesses
by generalizing the information recovered across sites and across amino acids based on the phylogenetic
relationship among samples. In particular, synonymous substitutions along the tree contain the signal to
estimate branch lengths and the nucleotide transition matrix, while non-synonymous substitutions contain
information on fitness difference between codons connected by single nucleotide changes [34].

The selection coefficient for a mutation from codon a to codon b at site i is defined as:

$$S^{(i)}_0(a \mapsto b) = \Delta F^{(i)} = F^{(i)}_b - F^{(i)}_a. \tag{2}$$

In our subsequent derivation the source (a) and target (b) codons as well as the site (i) are implicit and thus
never explicitly written.

We used the Bayesian software *BayesCode* (https://github.com/ThibaultLatrille/bayescode,
v1.3.1) to estimate the selection coefficients for each protein-coding gene in the mammalian dataset. We
ran the MCMC algorithm implemented in BayesCode for $2,000$ generations as described in Latrille *et al.*
[44]. For each gene, after discarding a burn-in period of $1,000$ generations of MCMC, we obtained posterior
mean estimates (over the $1,000$ generations left of MCMC) of the mutation rate matrix ($\boldsymbol{\mu}$) as well as the
20 amino-acid fitness landscape ($\boldsymbol{F^{(i)}}$) at each site i.

1.3   Polymorphism dataset

The genetic variants representing the population level polymorphisms were obtained from the following
species and their available datasets: *Equus caballus* (EquCab2 assembly in the EVA study PRJEB9799 [81]),
Bos taurus (UMD3.1 assembly in the NextGen project: https://projects.ensembl.org/nextgen/), *Ovis*
aries (Oar_v3.1 assembly in the NextGen project), *Capra hircus* (CHIR1 assembly in the NextGen project),
converted to ARS1 assembly with dbSNP identifiers [82]), *Chlorocebus sabaeus* (ChlSab1.1 assembly in the
EVA project PRJEB22989 [83]), *Homo sapiens* (GRCh38 assembly in the 1000 Genomes Project [84]). In
total, we analyzed 28 populations across the 6 different species with polymorphism data. The data was
processed as described in Latrille *et al.* [44].

Only bi-allelic single nucleotide polymorphisms (SNPs) found within a gene were in our polymorphism
dataset, while nonsense variants and indels were discarded. To construct the dataset, we first recovered
the location of each SNP (represented by its chromosome, position, and strand) in the focal species and
matched it to its corresponding position in the coding sequence (CDS) using gene annotation files (GTF
format) downloaded from Ensembl (ensembl.org). We then verified that the SNP downloaded from Ensembl
matched the reference in the CDS in FASTA format. Next, the position in the CDS was converted to
the corresponding position in the multi-species sequence alignment (containing gaps) from the OrthoMaM
database (see section 1.2) for the corresponding gene by doing a global pairwise alignment (Biopython
function pairwise2). This conversion from genomic position to alignment position was only possible when
the assembly used for SNP-calling was the same as the one used in the OrthoMaM alignment, the GTF
annotations, and the FASTA sequences. SNPs were polarized using the three closest outgroups found in the
OrthoMaM alignment with est-usfs v2.04 [85], and alleles with a probability of being derived lower than 0.99
were discarded.

1.4   Mutational opportunities

The mutational opportunities of any new mutation refer to its likelihood of falling into a specific category
(synonymous, deleterious, nearly-neutral, or beneficial). Deriving such opportunities is necessary to esti-
mate the strength of selection exerted at the population scale since different categories might have different
mutational opportunities, and thus polymorphism and divergence need to be corrected accordingly (see sec-
tions 1.5, 1.6, and 1.7). To calculate mutational opportunities, we reconstructed the ancestral exome of each

of the 28 populations by using the most likely ancestral state from est-usfs (see section 1.3), which differs
from the corresponding species reference exome since it accounts for the variability present in the specific
population.

From the reconstructed ancestral exome, all possible mutations were computed, weighted by the instan-
taneous rate of change between nucleotides obtained from the mutation rate matrix ($\boldsymbol{\mu}$, see section 1.2),
summing to μ_{tot} across the whole exome, and to μ_{syn} when restricted to synonymous mutations. Finally, the
mutational opportunities for synonymous mutations were computed as the total number of sites across the
exome (L_{tot}) weighted by the proportion of synonymous mutations among all possible mutations as:

$$L_{\mathrm{syn}} = L_{\mathrm{tot}} \frac{\mu_{\mathrm{syn}}}{\mu_{\mathrm{tot}}}. \tag{3}$$

428 Similarly, for non-synonymous mutations, the total mutation rate for each class of selection $x \in$
429 $\{\mathcal{D}_0, \mathcal{N}_0, \mathcal{B}_0\}$, called $\mu(x)$, was estimated as the sum across all non-synonymous mutations if their selec-
430 tion coefficient at the phylogenetic scale is in the class $S_0 \in x$. Accordingly, the mutational opportunities
431 ($L(x)$) for each class of selection coefficient (x) was finally computed as the total number of sites across the
432 exome (L_{tot}) weighted by the ratio of the aggregated mutations rates falling in the class $\mu(x)$:

$$L(x) = L_{\mathrm{tot}} \frac{\mu(x)}{\mu_{\mathrm{tot}}}. \tag{4}$$

433 Finally, $\mathbb{P}[x]$ is the probability for a non-synonymous mutation to be in the class x, thus computed as:

$$\mathbb{P}[x] = \frac{L(x)}{\sum_{y \in \{\mathcal{D}_0, \mathcal{N}_0, \mathcal{B}_0\}} L(y)}. \tag{5}$$

434 ## 1.5 Substitution mapping and d_N/d_S in the terminal branch

We inferred the protein-coding DNA sequences for each node of the 4-taxa tree containing the focal species
and the three closest outgroups species found in the OrthoMaM alignment by applying the M5 codon model
(gamma site rate variation) as implemented in FastML.v3.11 [86]. Consequently, for each focal species we
reconstructed the protein coding DNA sequence of the whole exome at the base of the terminal branch
before the split from the sister species. We considered *Ceratotherium simum simum* as *Equus caballus'* sister
species; *Bison bison bison* as *Bos taurus'* sister species; *Pantholops hodgsonii* as *Ovis aries'* sister species;
Pantholops hodgsonii as *Capra hircus'* sister species; *Macaca mulatta* as *Chlorocebus sabaeus'* sister species
and finally, we considered *Pan troglodytes* as *Homo sapiens'* sister species. From this reconstructed exome,
we determined the direction of the substitution occurring along the terminal branch of the phylogenetic
tree toward each extant population. SNPs segregating in the population were discarded, and the most likely
ancestral state from est-usfs (see section 1.3) was used as the reference for each extant population. For each
substitution, we recovered its S_0 value as calculated through the phylogeny-based method (see section 1.2).
Finally, the rate of non-synonymous over synonymous substitutions for a given class of selection coefficient
($x \in \{\mathcal{D}_0, \mathcal{N}_0, \mathcal{B}_0\}$) was computed as:

$$\begin{cases} d_N(x) &= \dfrac{D(x)}{L(x)}, \\ d_S &= \dfrac{D_{\mathrm{syn}}}{L_{\mathrm{syn}}}, \end{cases} \tag{6}$$

where $D(x)$ was the number of non-synonymous substitutions in class x, D_{syn} was the number of synonymous
substitutions across the exome, while $L(x)$ and L_{syn} were the numbers of non-synonymous and synonymous
mutational opportunities, respectively, as defined in section 1.4. $\delta(d_N/d_S)$ was computed as the difference
between d_N/d_S computed over all substitutions and d_N/d_S when we removed beneficial non-adaptive mu-
tations $d_N(S_0 < 1)/d_S$, normalized by d_N/d_S. Note that the quantities $\delta(d_N/d_S)$ and $\delta(d_N)$ are equivalent
due to the simplification of the factor d_S:

$$\delta(d_N/d_S) = \frac{d_N/d_S - d_N(S_0 < 1)/d_S}{d_N/d_S} = \frac{d_N - d_N(S_0 < 1)}{d_N} = \delta(d_N). \tag{7}$$

1.6   Scaled selection coefficients (S) in a population-based method

To obtain a quantitative estimate of the distribution of selection coefficients for each category of SNPs, we
used the polyDFE model [40, 87]. This model uses the count of derived alleles to infer the distribution of
fitness effects (DFE). The probability of sampling an allele at a given frequency (before fixation or extinction)
is informative of its scaled selection coefficient at the population scale (S). Therefore, pooled across many
sites, the site-frequency spectrum (SFS) provides information on the underlying S of mutations. However,
estimating a single S for all sampled mutations is biologically unrealistic, and a DFE of mutations is usually
assumed [37, 38]. The polyDFE[40, 87] software implements a mixture of a Γ and exponential distributions
to model the DFE of non-synonymous mutations, while synonymous mutations are considered neutral. The
model estimates the parameters β_d, b, p_b and β_b for non-synonymous mutations as:

$$\phi\left(S; \beta_d, b, p_b, \beta_b\right) = \begin{cases} (1 - p_b)\, f_\Gamma(-S; -\beta_d, b) & \text{if } S \leq 0, \\ p_b f_e(S; \beta_b) & \text{if } S > 0, \end{cases} \tag{8}$$

where $\beta_d \leq -1$ is the estimated mean of the DFE for $S \leq 0$; $b \geq 0.2$ is the estimated shape of the Γ
distribution; $0 \leq p_b \leq 1$ is the estimated probability that $S > 0$; $\beta_b \geq 1$ is the estimated mean of the DFE
for $S > 0$; and $f_\Gamma(S; m, b)$ is the density of the Γ distribution with mean m and shape b, while $f_e(S; m)$ is
the density of the exponential distribution with mean m.

PolyDFE requires one SFS for non-synonymous mutations and one for synonymous mutations (neutral
expectation), as well as the number of sites on which each SFS was sampled. For populations containing
more than 8 individuals, the SFS was subsampled down to 16 chromosomes (8 diploid individuals) without
replacement (hyper-geometric distribution) to alleviate the effect of different sampling depths in the 28 pop-
ulations. Altogether, for each class of selection ($x \in \{\mathcal{D}_0, \mathcal{N}_0, \mathcal{B}_0\}$) of non-synonymous SNPs, we aggregated
all the SNPs in the selection class x as an SFS. The number of sites on which each SFS was sampled is
given by $L(x)$ for the non-synonymous SFS and L_{syn} for the synonymous SFS respectively. For each class
of selection x, once fitted to the data using maximum likelihood with polyDFE, the parameters of the DFE
$(\beta_d, b, p_b, \beta_b)$ were used to compute $\mathbb{P}[\mathcal{D} \mid x]$, $\mathbb{P}[\mathcal{N} \mid x]$, and $\mathbb{P}[\mathcal{B} \mid x]$ as:

$$\mathbb{P}[\mathcal{D} \mid x] = \mathbb{P}[S < -1 \mid x] = (1 - p_b) \int_1^{+\infty} f_\Gamma(S; -\beta_d, b)\mathrm{d}S, \tag{9}$$

$$\mathbb{P}[\mathcal{N} \mid x] = \mathbb{P}[-1 < S < 1 \mid x] = p_b \int_0^1 f_e(S; \beta_b)\mathrm{d}S + (1 - p_b) \int_0^1 f_\Gamma(S; -\beta_d, b)\mathrm{d}S, \tag{10}$$

$$\mathbb{P}[\mathcal{B} \mid x] = \mathbb{P}[S > 1 \mid x] = p_b \int_1^{+\infty} f_e(S; \beta_b)\mathrm{d}S. \tag{11}$$

1.7 *Precision* and *recall*

For readability, we give here *precision* and *recall* for beneficial mutations ($\mathcal{B}_0$ and $\mathcal{B}$), but it can be obtained using the same derivation for the deleterious mutations ($\mathcal{D}_0$ and $\mathcal{D}$) and nearly-neutral mutations ($\mathcal{N}_0$ and $\mathcal{N}$).

Precision is the proportion of mutations correctly predicted as beneficial ($\mathbb{P}[\mathcal{B} \cap \mathcal{B}_0]$) out of all predicted as beneficial non-adaptive mutations ($\mathbb{P}[\mathcal{B}_0]$), which can be written as a conditional probability:

$$\frac{\mathbb{P}[\mathcal{B} \cap \mathcal{B}_0]}{\mathbb{P}[\mathcal{B}_0]} = \mathbb{P}[\mathcal{B} \mid \mathcal{B}_0]. \tag{12}$$

Namely, *precision* corresponds to the probability for a $\mathcal{B}_0$ mutation to be effectively beneficial at the population level ($\mathcal{B}$). This probability, computed from eq. 11, is obtained by restricting our analysis to SNPs that are predicted to be beneficial non-adaptive mutations (yellow fill for the category $\mathcal{B}_0$ in fig. 3D).

Recall is the proportion of mutations correctly predicted as beneficial ($\mathbb{P}[\mathcal{B} \cap \mathcal{B}_0]$) out of all beneficial mutations ($\mathbb{P}[\mathcal{B}]$), which can be written as a conditional probability:

$$\frac{\mathbb{P}[\mathcal{B} \cap \mathcal{B}_0]}{\mathbb{P}[\mathcal{B}]} = \mathbb{P}[\mathcal{B}_0 \mid \mathcal{B}]. \tag{13}$$

Namely, *recall* corresponds to the probability for a beneficial mutation at the population level ($\mathcal{B}$) to be a beneficial non-adaptive mutation ($\mathcal{B}_0$). Using Bayes theorem, *recall* can be re-written as:

$$\mathbb{P}[\mathcal{B}_0 \mid \mathcal{B}] = \frac{\mathbb{P}[\mathcal{B} \mid \mathcal{B}_0] \times \mathbb{P}[\mathcal{B}_0]}{\mathbb{P}[\mathcal{B}]}, \tag{14}$$

where $\mathbb{P}[\mathcal{B} \mid \mathcal{B}_0]$ and $\mathbb{P}[\mathcal{B}_0]$ can be calculated using equations 12 and 5, respectively, and $\mathbb{P}[\mathcal{B}]$ is the probability of a mutation to be beneficial at the level of the population, which can be computed from the law of total probabilities as:

$$\mathbb{P}[\mathcal{B}] = \sum_{x \in \{\mathcal{D}_0, \mathcal{N}_0, \mathcal{B}_0\}} \mathbb{P}[\mathcal{B} \mid x] \times \mathbb{P}[x]. \tag{15}$$

1.8 Correlation with effective population size ($N_\mathbf{e}$)

Genetic diversity estimator Watterson's θ_S was obtained for each population from the synonymous SFS as in Achaz [43]. For each popuation, N_e was estimated from the equation $N_e = \theta_S/(4 \times u)$, where u is the mutation rate per generation. Estimates for u were averaged per species across the pedigree-based estimation in Bergeron *et al.* [41] for *Homo*, *Bos*, *Capra* and *Chlorocebus*. For *Ovis* we used the estimated u of *Capra*. For

485 *Equus*, we used u as estimated in Orlando *et al.* [42] ($u = 7.24 \times 10^{-9}$). Because a correlation must account
486 for phylogenetic relationship and non-independence of samples, we fitted a Phylogenetic Generalized Linear
487 Model in *R* with the package `caper` [88]. The mammalian dated tree was obtained from TimeTree [89] and
488 pruned to include only the species analysed in this study, with multi-furcation of the different populations
489 from each species placed at the same divergence time as the species (section S4.1).

Data availability

491 The data underlying this article are available at https://doi.org/10.5281/zenodo.7878953. Snakemake
492 pipeline, analysis scripts and documentation are available at github.com/ThibaultLatrille/SelCoeff.

Acknowledgements

We gratefully acknowledge the help of Mélodie Bastian, Nicolas Lartillot, Carina Farah Mugal, Laurent Duret,
Alexandre Reymond, Daniele Silvestro and Nicolas Gambardella for their advice and reviews concerning
this manuscript. This work was performed using the computing facilities of the CC LBBE/PRABI. This
study makes use of data generated by the NextGen Consortium. Funding: Université de Lausanne; Agence
Nationale de la Recherche, Grant ANR-19-CE12-0019 / HotRec. The European Union's Seventh Framework
Programme (FP7/2010-2014) provided funding for the project under grant agreement no 244356 - "NextGen".

Competing interests

501 The authors declare no conflicts of interest.

Author information

503 Original idea: T.L. and J.J.; Model conception: T.L., J.J. and N.S.; Code: T.L.; Data analyses: T.L. and
504 J.J.; Interpretation: T.L., J.J., D.A.H. and N.S.; First draft: T.L. and J.J.; Editing and revisions: T.L., J.J.,
505 D.A.H. and N.S. Project management and funding: N.S.

References

1. Darwin, C. *On the Origin of Species by Means of Natural Selection, or the Preservation of Favoured*
Races in the Struggle for Life (John Murray, 1859).

2. Merrell, D. J. *The Adaptive Seascape: The Mechanism of Evolution* 284 pp. (U of Minnesota Press,
1994).

3. Gavrilets, S. & Losos, J. B. Adaptive Radiation: Contrasting Theory with Data. *Science* **323,** 732–737
(2009).

4. McDonald, J. H. & Kreitman, M. Adaptative Protein Evolution at Adh Locus in Drosophila. *Nature*
351, 652–654 (1991).

5. Smith, N. G. & Eyre-Walker, A. Adaptive Protein Evolution in Drosophila. *Nature* **415,** 1022–1024 (2002).

6. Welch, J. J. Estimating the Genomewide Rate of Adaptive Protein Evolution in Drosophila. *Genetics* **173,** 821–837 (2006).

7. Yang, Z. & Bielawski, J. R. Statistical Methods for Detecting Molecular Adaptation. *Trends in Ecology and Evolution* **15,** 496–503 (2000).

8. Eyre-Walker, A. The Genomic Rate of Adaptive Evolution. *Trends in Ecology & Evolution* **21,** 569–575 (2006).

9. Moutinho, A. F., Bataillon, T. & Dutheil, J. Y. Variation of the Adaptive Substitution Rate between Species and within Genomes. *Evolutionary Ecology* **34,** 315–338 (2019).

10. Lynch, M. Mutation Pressure, Drift, and the Pace of Molecular Coevolution. *Proceedings of the National Academy of Sciences* **120,** e2306741120 (2023).

11. Charlesworth, J. & Eyre-Walker, A. The Other Side of the Nearly Neutral Theory, Evidence of Slightly Advantageous Back-Mutations. *Proceedings of the National Academy of Sciences* **104,** 16992–16997 (2007).

12. Mustonen, V. & Lässig, M. From Fitness Landscapes to Seascapes: Non-Equilibrium Dynamics of Selection and Adaptation. *Trends in genetics* **25,** 111–119 (2009).

13. Jones, C. T., Youssef, N., Susko, E. & Bielawski, J. P. Shifting Balance on a Static Mutation–Selection Landscape: A Novel Scenario of Positive Selection. *Molecular Biology and Evolution* **34,** 391–407 (2017).

14. Ohta, T. The Nearly Neutral Theory of Molecular Evolution. *Annual Review of Ecology and Systematics* **23,** 263–286 (1992).

15. Gillespie, J. H. On Ohta's Hypothesis: Most Amino Acid Substitutions Are Deleterious. *Journal of Molecular Evolution* **40,** 64–69 (1995).

16. Hartl, D. L. & Taubes, C. H. Compensatory Nearly Neutral Mutations: Selection without Adaptation. *Journal of Theoretical Biology* **182,** 303–309 (1996).

17. Sella, G. & Hirsh, A. E. The Application of Statistical Physics to Evolutionary Biology. *Proceedings of the National Academy of Sciences of the United States of America* **102,** 9541–9546 (2005).

18. Cvijović, I., Good, B. H., Jerison, E. R. & Desai, M. M. Fate of a Mutation in a Fluctuating Environment. *Proceedings of the National Academy of Sciences* **112,** E5021–E5028 (2015).

19. Piganeau, G. & Eyre-Walker, A. Estimating the Distribution of Fitness Effects from DNA Sequence Data: Implications for the Molecular Clock. *Proceedings of the National Academy of Sciences of the United States of America* **100,** 10335–10340 (2003).

20. Chi, P. B., Kosater, W. M. & Liberles, D. A. Detecting Signatures of Positive Selection against a Backdrop of Compensatory Processes. *Molecular Biology and Evolution* **37,** 3353–3362 (2020).

21. Bazykin, G. A. Changing Preferences: Deformation of Single Position Amino Acid Fitness Landscapes and Evolution of Proteins. *Biology letters* **11,** 20150315 (2015).

22. Moses, A. M. & Durbin, R. Inferring Selection on Amino Acid Preference in Protein Domains. *Molecular Biology and Evolution* **26,** 527–536 (2009).

23. Fischer, A., Greenman, C. & Mustonen, V. Germline Fitness-Based Scoring of Cancer Mutations. *Genetics* **188,** 383–393 (2011).

24. Chen, J., Bataillon, T., Glémin, S. & Lascoux, M. Hunting for Beneficial Mutations: Conditioning on SIFT Scores When Estimating the Distribution of Fitness Effect of New Mutations. *Genome Biology and Evolution* (2021).

25. Halpern, A. L. & Bruno, W. J. Evolutionary Distances for Protein-Coding Sequences: Modeling Site-Specific Residue Frequencies. *Molecular Biology and Evolution* **15,** 910–917 (1998).

26. McCandlish, D. M. & Stoltzfus, A. Modeling Evolution Using the Probability of Fixation: History and Implications. *Quarterly Review of Biology* **89,** 225–252 (2014).

27. Rodrigue, N. & Philippe, H. Mechanistic Revisions of Phenomenological Modeling Strategies in Molecular Evolution. *Trends in Genetics* **26,** 248–252 (2010).

28. Tamuri, A. U. & Goldstein, R. A. Estimating the Distribution of Selection Coefficients from Phylogenetic Data Using Sitewise Mutation-Selection Models. *Genetics* **190,** 1101–1115 (2012).

29. Rodrigue, N. & Lartillot, N. Detecting Adaptation in Protein-Coding Genes Using a Bayesian Site-Heterogeneous Mutation-Selection Codon Substitution Model. *Molecular Biology and Evolution* **34,** 204–214 (2017).

30. Foley, N. M. *et al.* A Genomic Timescale for Placental Mammal Evolution. *Science* **380,** eabl8189 (2023).

31. Howe, K. L. *et al.* Ensembl 2021. *Nucleic Acids Research* **49,** D884–D891 (2021).

32. Ranwez, V. *et al.* OrthoMaM: A Database of Orthologous Genomic Markers for Placental Mammal Phylogenetics. *BMC Evolutionary Biology* **7,** 1–12 (2007).

33. Scornavacca, C. *et al.* OrthoMaM V10: Scaling-up Orthologous Coding Sequence and Exon Alignments with More than One Hundred Mammalian Genomes. *Molecular Biology and Evolution* **36** (ed Tamura, K.) 861–862 (2019).

34. Rodrigue, N., Philippe, H. & Lartillot, N. Mutation-Selection Models of Coding Sequence Evolution with Site-Heterogeneous Amino Acid Fitness Profiles. *Proceedings of the National Academy of Sciences of the United States of America* **107,** 4629–34 (2010).

35. Landrum, M. J. *et al.* ClinVar: Improving Access to Variant Interpretations and Supporting Evidence. *Nucleic Acids Research* **46,** D1062–D1067 (2018).

36. Sullivan, P. F. *et al.* Leveraging Base-Pair Mammalian Constraint to Understand Genetic Variation and Human Disease. *Science* **380,** eabn2937 (2023).

37. Eyre-Walker, A., Woolfit, M. & Phelps, T. The Distribution of Fitness Effects of New Deleterious Amino Acid Mutations in Humans. *Genetics* **173,** 891–900 (2006).

38. Eyre-Walker, A. & Keightley, P. D. Estimating the Rate of Adaptive Molecular Evolution in the Presence of Slightly Deleterious Mutations and Population Size Change. *Molecular Biology and Evolution* **26,** 2097–2108 (2009).

39. Galtier, N. Adaptive Protein Evolution in Animals and the Effective Population Size Hypothesis. *PLoS Genetics* **12,** e1005774 (2016).

40. Tataru, P., Mollion, M., Glémin, S. & Bataillon, T. Inference of Distribution of Fitness Effects and Proportion of Adaptive Substitutions from Polymorphism Data. *Genetics* **207,** 1103–1119 (2017).

41. Bergeron, L. A. *et al.* Evolution of the Germline Mutation Rate across Vertebrates. *Nature,* 1–7 (2023).

42. Orlando, L. *et al.* Recalibrating Equus Evolution Using the Genome Sequence of an Early Middle Pleistocene Horse. *Nature* **499,** 74–78 (7456 2013).

43. Achaz, G. Frequency Spectrum Neutrality Tests: One for All and All for One. *Genetics* **183,** 249–258 (2009).

44. Latrille, T., Rodrigue, N. & Lartillot, N. Genes and Sites under Adaptation at the Phylogenetic Scale Also Exhibit Adaptation at the Population-Genetic Scale. *Proceedings of the National Academy of Sciences of the United States of America* **120,** e2214977120 (2023).

45. Ng, P. C. & Henikoff, S. SIFT: Predicting Amino Acid Changes That Affect Protein Function. *Nucleic Acids Research* **31,** 3812–3814 (2003).

46. Vaser, R., Adusumalli, S., Leng, S. N., Sikic, M. & Ng, P. C. SIFT Missense Predictions for Genomes. *Nature Protocols* **11,** 1–9 (1 2016).

47. Keightley, P. D. & Eyre-Walker, A. What Can We Learn about the Distribution of Fitness Effects of New Mutations from DNA Sequence Data? *Philosophical Transactions of the Royal Society B: Biological Sciences* **365,** 1187–1193 (2010).

48. Rice, D. P., Good, B. H. & Desai, M. M. The Evolutionarily Stable Distribution of Fitness Effects. *Genetics* **200,** 321–329 (2015).

49. Latrille, T., Lanore, V. & Lartillot, N. Inferring Long-Term Effective Population Size with Mutation–Selection Models. *Molecular Biology and Evolution* **38,** 4573–4587 (2021).

50. Huber, C. D., Kim, B. Y., Marsden, C. D. & Lohmueller, K. E. Determining the Factors Driving Selective Effects of New Nonsynonymous Mutations. *Proceedings of the National Academy of Sciences* **114,** 4465–4470 (2017).

51. Lanfear, R., Kokko, H. & Eyre-Walker, A. Population Size and the Rate of Evolution. *Trends in Ecology and Evolution* **29,** 33–41 (2014).

52. Platt, A., Weber, C. C. & Liberles, D. A. Protein Evolution Depends on Multiple Distinct Population Size Parameters. *BMC Evolutionary Biology* **18,** 1–9 (2018).

53. Morcos, F. *et al.* Direct-Coupling Analysis of Residue Coevolution Captures Native Contacts across Many Protein Families. *Proceedings of the National Academy of Sciences* **108,** E1293–E1301 (2011).

54. Marks, D. S., Hopf, T. A. & Sander, C. Protein Structure Prediction from Sequence Variation. *Nature Biotechnology* **30,** 1072–1080 (11 2012).

55. Starr, T. N. & Thornton, J. W. Epistasis in Protein Evolution. *Protein Science* **25,** 1204–1218 (2016).

56. Goldstein, R. A., Pollard, S. T., Shah, S. D. & Pollock, D. D. Nonadaptive Amino Acid Convergence Rates Decrease over Time. *Molecular Biology and Evolution* **32,** 1373–1381 (2015).

57. Goldstein, R. A. & Pollock, D. D. Sequence Entropy of Folding and the Absolute Rate of Amino Acid Substitutions. *Nature Ecology & Evolution* **1,** 1923–1930 (2017).

58. Park, Y., Metzger, B. P. H. & Thornton, J. W. Epistatic Drift Causes Gradual Decay of Predictability in Protein Evolution. *Science* **376,** 823–830 (2022).

59. Ashenberg, O., Gong, L. I. & Bloom, J. D. Mutational Effects on Stability Are Largely Conserved during Protein Evolution. *Proceedings of the National Academy of Sciences of the United States of America* **110,** 21071–21076 (2013).

60. Doud, M. B., Ashenberg, O. & Bloom, J. D. Site-Specific Amino Acid Preferences Are Mostly Conserved in Two Closely Related Protein Homologs. *Molecular Biology and Evolution* **32,** 2944–2960 (2015).

61. Bloom, J. D. Identification of Positive Selection in Genes Is Greatly Improved by Using Experimentally Informed Site-Specific Models. *Biology Direct* **12,** 1–24 (2017).

62. Youssef, N., Susko, E. & Bielawski, J. P. Consequences of Stability-Induced Epistasis for Substitution Rates. *Molecular Biology and Evolution* (2020).

63. Vigué, L. *et al.* Deciphering Polymorphism in 61,157 Escherichia Coli Genomes via Epistatic Sequence Landscapes. *Nature Communications* **13,** 4030 (2022).

64. Eyre-Walker, A. & Eyre-Walker, Y. C. How Much of the Variation in the Mutation Rate along the Human Genome Can Be Explained? *G3: Genes, Genomes, Genetics* **4,** 1667–1670 (2014).

65. Kimura, M. Evolutionary Rate at the Molecular Level. *Nature* **217,** 624–626 (1968).

66. Jensen, J. D. *et al.* The Importance of the Neutral Theory in 1968 and 50 Years on: A Response to Kern and Hahn 2018. *Evolution* **73,** 111–114 (2019).

67. Gillespie, J. H. Substitution Processes in Molecular Evolution. III. Deleterious Alleles. *Genetics* **138,** 943–952 (1994).

68. Ohta, T. & Gillespie, J. H. Development of Neutral and Nearly Neutral Theories. *Theoretical Population Biology* **49,** 128–142 (1996).

69. Spielman, S. J. & Wilke, C. O. The Relationship between dN/dS and Scaled Selection Coefficients. *Molecular biology and evolution* **32,** 1097–1108 (2015).

70. Dos Reis, M. How to Calculate the Non-Synonymous to Synonymous Rate Ratio of Protein-Coding Genes under the Fisher-Wright Mutation-Selection Framework. *Biology Letters* **11,** 20141031 (2015).

71. Rodrigue, N., Latrille, T. & Lartillot, N. A Bayesian Mutation-Selection Framework for Detecting Site-Specific Adaptive Evolution in Protein-Coding Genes. *Molecular Biology and Evolution* **38,** 1199–1208 (2021).

72. Tamuri, A. U. & dos Reis, M. A Mutation-Selection Model of Protein Evolution under Persistent Positive Selection. *Molecular Biology and Evolution* (2021).

73. Stolyarova, A. V. *et al.* Senescence and Entrenchment in Evolution of Amino Acid Sites. *Nature Communications* **11,** 4603 (1 2020).

74. Douzery, E. J. *et al.* OrthoMaM v8: A Database of Orthologous Exons and Coding Sequences for Comparative Genomics in Mammals. *Molecular Biology and Evolution* **31,** 1923–1928 (2014).

75. Yang, Z. & Nielsen, R. Mutation-Selection Models of Codon Substitution and Their Use to Estimate Selective Strengths on Codon Usage. *Molecular Biology and Evolution* **25,** 568–579 (2008).

76. Wright, S. Evolution in Mendelian Populations. *Genetics* **16,** 97–159 (1931).

77. Fisher, R. A. *The Genetical Theory of Natural Selection* (The Clarendon Press, 1930).

78. Rodrigue, N., Lartillot, N. & Philippe, H. Bayesian Comparisons of Codon Substitution Models. *Genetics* **180,** 1579–1591 (2008).

79. Lartillot, N. A Bayesian Mixture Model for Across-Site Heterogeneities in the Amino-Acid Replacement Process. *Molecular biology and evolution* **21,** 1095–1109 (2004).

80. Lartillot, N. *Inférence Probabiliste Pour La Phylogénie, La Génomique Comparative et Les Sciences de La Macro-Évolution* (2013).

81. Al Abri, M. A., Holl, H. M., Kalla, S. E., Sutter, N. B. & Brooks, S. A. Whole Genome Detection of Sequence and Structural Polymorphism in Six Diverse Horses. *PLoS ONE* **15,** e0230899 (2020).

82. Sherry, S. T. *et al.* dbSNP: The NCBI Database of Genetic Variation. *Nucleic Acids Research* **29,** 308–311 (2001).

83. Svardal, H. *et al.* Ancient Hybridization and Strong Adaptation to Viruses across African Vervet Monkey Populations. *Nature Genetics* **49,** 1705–1713 (2017).

84. Zheng-Bradley, X. *et al.* Alignment of 1000 Genomes Project Reads to Reference Assembly GRCh38. *GigaScience* **6,** gix038 (2017).

85. Keightley, P. D. & Jackson, B. C. Inferring the Probability of the Derived vs the Ancestral Allelic State at a Polymorphic Site. *Genetics* **209,** 897–906 (2018).

86. Ashkenazy, H. *et al.* FastML: A Web Server for Probabilistic Reconstruction of Ancestral Sequences. *Nucleic Acids Research* **40,** W580–W584 (2012).

87. Tataru, P. & Bataillon, T. *polyDFE: Inferring the Distribution of Fitness Effects and Properties of Beneficial Mutations from Polymorphism Data* in *Methods in Molecular Biology* 125–146 (Humana Press Inc., 2020).

88. Orme, D. *et al.* The Caper Package: Comparative Analysis of Phylogenetics and Evolution in R. *R package version* **5,** 1–36 (2013).

89. Kumar, S., Stecher, G., Suleski, M. & Hedges, S. B. TimeTree: A Resource for Timelines, Timetrees, and Divergence Times. *Molecular Biology and Evolution* **34,** 1812–1819 (2017).

Figure 1: (A & B) For a given codon position of a protein-coding DNA sequence, amino acids (x-axis) have different fitness values (y-axis). Under a fluctuating fitness landscape (A), these fitnesses change with time. The protein sequence follows the moving target defined by the amino-acid fitnesses. Since substitutions are preferentially accepted if they are in the direction of this target, substitutions are, on average, adaptive. At the phylogenetic scale (C), beneficial substitutions are common (positive signs), promoting phenotype diversification across species. Under a stable fitness landscape (B), most mutations reaching fixation are either slightly deleterious reaching fixation due to drift or are beneficial non-adaptive mutations restoring a more optimal amino acid. At the phylogenetic scale (D), deleterious substitutions (negative signs) are often reverted via beneficial non-adaptive mutations (positive signs), promoting phenotype stability and preserving well-established biological systems. Even though, individually, any beneficial non-adaptive mutation might have a weak effect on its bearer, we expect them to be scattered across the genome and the genome-wide signature of beneficial non-adaptive mutations to be detectable and quantifiable.

Figure 2: Selection coefficients at the phylogenetic and population scales. At the phylogenetic scale (A), we estimated the amino-acid fitness for each site from protein-coding DNA alignments using mutation-selection codon models. For every possible mutation, the difference in amino-acid fitness before and after the mutation allows us to compute the selection coefficient at the phylogenetic scale (S_0). Depending on S_0 (B) mutations can be predicted as deleterious ($\mathcal{D}_0$), nearly-neutral ($\mathcal{N}_0$) or beneficial non-adaptive mutations ($\mathcal{B}_0$) toward a fitter amino acid and repairing existing functions. At the population scale, each observed single nucleotide polymorphism (SNP) segregating in the population can also be classified according to its S_0 value (C). Occurrence and frequency in the population of non-synonymous polymorphisms, contrasted to synonymous polymorphisms (deemed neutral) is used to estimate selection coefficients (D-E) at the population scale (S), for each class of selection ($\mathcal{D}_0$, $\mathcal{N}_0$, $\mathcal{B}_0$). We can thus assess whether S_0 predicts S and compute *precision* (F) and *recall* (G) for each class. The *recall* value for class $\mathcal{B}_0$ is the probability for beneficial mutations to be non-adaptive (G).

Figure 3: (A) Distribution of scaled selection coefficients (S_0), predicted for all possible non-synonymous DNA mutations away from the ancestral human exome (section 1.4). Mutations are divided into three classes of selection: deleterious $(\mathcal{D}_0)$, nearly-neutral $(\mathcal{N}_0)$ and beneficial $(\mathcal{B}_0,$ supposedly beneficial non-adaptive mutations) (B) Distribution of scaled selection coefficients (S_0) for all observed substitutions along the *Homo* branch after the *Homo-Pan* split (section 1.5). If there are fewer substitutions than expected, this class is thus undergoing purifying selection, as is the case for $\mathcal{D}_0$. (C) The site-frequency spectrum (SFS) in humans of African descent for a random sample of 16 alleles (means in solid lines and standard deviations in color shades) for each class of selection and for synonymous mutations, supposedly neutral (black). The SFS represents the proportion of mutations (y-axis) with a given number of derived alleles in the population (x-axis). At high frequencies, deleterious mutations are underrepresented. (D) Proportion of beneficial $\mathbb{P}[\mathcal{D}]$, nearly-neutral $\mathbb{P}[\mathcal{N}]$, and deleterious mutations $\mathbb{P}[\mathcal{B}]$ estimated at the population scale for each class of selection at the phylogenetic scale (section 1.6). Proportions depicted here are not weighted by their mutational opportunities.

Figure 4: Populations in circles, mean of the species across the populations as squares. (A) Proportion of nearly-neutral mutations at the population scale ($\mathbb{P}[\mathcal{N}]$ in the y-axis), shown as a function of estimated effective population size (N_{e} in the x-axis). (B) Proportion of beneficial non-adaptive mutations among all beneficial mutations ($\mathbb{P}[\mathcal{B}_0 \mid \mathcal{B}]$ in the y-axis), shown as a function of N_{e} in x-axis. Correlations account for phylogenetic relationship and non-independence of samples, through the fit of a Phylogenetic Generalized Linear Model (see section 1.6 in Materials & Methods).

Population	Species	N_{e}	Deleterious mutations $\mathcal{D} \coloneqq S < -1$ $\mathcal{D}_0 \coloneqq S_0 < -1$		Nearly-neutral mutations $\mathcal{N} \coloneqq -1 < S < 1$ $\mathcal{N}_0 \coloneqq -1 < S_0 < 1$		Beneficial mutations $\mathcal{B} \coloneqq S > 1$ $\mathcal{B}_0 \coloneqq S_0 > 1$	
			Precision $\mathbb{P}[\mathcal{D} \mid \mathcal{D}_0]$	Recall $\mathbb{P}[\mathcal{D}_0 \mid \mathcal{D}]$	Precision $\mathbb{P}[\mathcal{N} \mid \mathcal{N}_0]$	Recall $\mathbb{P}[\mathcal{N}_0 \mid \mathcal{N}]$	Precision $\mathbb{P}[\mathcal{B} \mid \mathcal{B}_0]$	Recall $\mathbb{P}[\mathcal{B}_0 \mid \mathcal{B}]$
Equus c.	Equus caballus	7.5×10^4	0.923	0.972	0.570	0.341	0.648	0.536
Iran	Bos taurus	5.6×10^4	0.915	1.000	0.632	0.358	0.873	0.243
Uganda	Bos taurus	1.3×10^5	0.951	0.969	0.495	0.414	0.576	0.415
Australia	Capra hircus	1.7×10^5	0.944	0.971	0.527	0.437	0.368	0.177
France	Capra hircus	1.9×10^5	0.946	0.971	0.508	0.423	0.368	0.190
Iran (C. aegagrus)	Capra hircus	1.9×10^5	0.948	0.969	0.486	0.444	0.368	0.165
Iran	Capra hircus	2.3×10^5	0.953	0.966	0.425	0.407	0.368	0.193
Italy	Capra hircus	1.9×10^5	0.947	0.971	0.551	0.439	0.368	0.243
Morocco	Capra hircus	2.2×10^5	0.950	0.970	0.527	0.440	0.368	0.245
Iran	Ovis aries	3.8×10^5	0.961	0.961	0.452	0.415	0.205	0.407
Iran (O. orientalis)	Ovis aries	4.5×10^5	0.964	0.960	0.420	0.445	0.193	0.190
Iran (O. vignei)	Ovis aries	3.7×10^5	0.967	0.959	0.361	0.470	0.190	0.110
Various	Ovis aries	4.1×10^5	0.962	0.962	0.433	0.440	0.229	0.222
Morocco	Ovis aries	4×10^5	0.962	0.961	0.462	0.424	0.211	0.514
Barbados	Chlorocebus sabaeus	1.1×10^5	0.935	0.975	0.565	0.402	0.648	0.293
Central Afr. Rep.	Chlorocebus sabaeus	1.7×10^5	0.948	0.971	0.508	0.423	0.535	0.275
Ethiopia	Chlorocebus sabaeus	1.4×10^5	0.935	0.975	0.580	0.416	0.552	0.245
Gambia	Chlorocebus sabaeus	1.4×10^5	0.944	0.975	0.654	0.437	0.577	0.821
Kenya	Chlorocebus sabaeus	1.5×10^5	0.946	0.972	0.538	0.453	0.588	0.257
Nevis	Chlorocebus sabaeus	1×10^5	0.933	0.976	0.629	0.412	0.599	0.358
South Africa	Chlorocebus sabaeus	1.8×10^5	0.944	0.971	0.548	0.423	0.574	0.341
Saint Kitts	Chlorocebus sabaeus	1.2×10^5	0.936	0.975	0.586	0.402	0.598	0.336
Zambia	Chlorocebus sabaeus	1.7×10^5	0.945	0.971	0.512	0.432	0.585	0.250
African	Homo sapiens	5.6×10^4	0.911	0.976	0.579	0.325	0.721	0.349
Admixed American	Homo sapiens	4.5×10^4	0.902	0.978	0.584	0.299	0.690	0.345
East Asian	Homo sapiens	4×10^4	0.905	0.978	0.585	0.325	0.688	0.249
European	Homo sapiens	4.2×10^4	0.906	0.978	0.584	0.329	0.688	0.248
South Asian	Homo sapiens	4.4×10^4	0.908	0.978	0.584	0.342	0.691	0.224

Table 1: *Precision* and *recall* for estimated selection coefficient of mutations given by mutation-selection models (S_0). *Precision* is the estimation of the selection coefficient at population scale (S) given that S_0 is known. Conversely, *recall* is the estimation of S_0 given selection coefficient at the population scale (S) is known. *Recall* for beneficial mutations ($\mathbb{P}[\mathcal{B}_0 \mid \mathcal{B}]$) is thus the proportion of beneficial non-adaptive mutations among all beneficial mutations. N_{e} is the estimated effective population size for each population.